



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME PARA OUTDOOR HOMMES

TOUTES CATEGORIES HOMMES

TC Javelot (800 gr) avant 1992

1	Chollot Marcel	26m10	1979
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MASTERS HOMMES 55

M55 100 m

1	Denys Jacques	35.53	2019
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M55 Poids (6 kg)

1	Denys Jacques	6m53	2019
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M55 Disque (1,5 kg)

1	Denys Jacques	17m80	2017
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M55 Javelot (700 gr)

1	Denys Jacques	11m62	2019
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MASTERS HOMMES 60

M60 100 m

1	Denys Jacques	29.37	2022
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M60 Poids (5 kg)

1	Denys Jacques	6m65	2019
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M60 Poids (6 kg)

1	Denys Jacques	5m56	2022
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M60 Disque (1 kg)

1	Denys Jacques	20m61	2019
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M60 Disque (1,5 kg)

1	Denys Jacques	15m90	2022
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M60 Disque (2 kg)

1	Denys Jacques	15m81	2019
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M60 Javelot (600 gr)

1	Denys Jacques	12m34	2020
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M60 Javelot (700 gr)

1	Denys Jacques	12m76	2019
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M60 Javelot (800 gr)

1	Denys Jacques	13m05	2020
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M60 Marteau (5 kg)

1	Denys Jacques	15m69	2019
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MASTERS HOMMES 65

M65 100 m

1	Denys Jacques	31.15	2024
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M65 200 m

1	Denys Jacques	71.94	2025
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M65 Disque (1,5 kg)

1	Denys Jacques	14m48	2025
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M65 Disque (2 kg)

1	Denys Jacques	11m70	2024
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