



## ROYAL EXCELSIOR SPORTS CLUB BRUXELLES TOP 20 ALL TIME OUTDOOR FEMMES

Premiers temps électroniques en 1975.  
Changement de modèles de javelot : 01-04-1999.

### KANGOUROUS FILLES - U8

#### KAN 30 m

1	De Groote Noelia	6.84	2024
2	Marchal Zoe	7.34	2024

#### KAN 60 m

1	Cincinatis Lucie	10.28	1997
2	Meys Jessica	10.34	1998
3	Lambert Kylie	10.45	2011
	Bongwele Jade	10.45	2014
5	Halleman Julie	10.54	1992
6	Ba Djana	10.82	1999
7	Gilson Adeline	10.94	1991
8	Van De Sype Chloe	11.04	2004
9	Van Der Perren Jessica	11.10	2001
10	Purusi Emma Grace	11.15	2014
11	Merino Nohemi	11.18	2011
12	Taraft Romane	11.32	2013
13	Van Ex Coelmont Alexia	11.39	2011
14	Huybrechts Isabelle	11.44	1994
15	La Rou Cecile	11.54	1989
16	Van Ex Coelmont Elvira	11.59	2013
17	Bonsir Audrey	11.64	1998
18	Di Maio Zoe	11.80	2006
19	Dolianitis Alexandra	11.84	2002
20	Bonvin Draps Audrey	12.04	1993
	Huybrechts Catherine	12.04	1994

#### KAN 600 m

1	Lambert Kylie	2.16.12	2011
2	Merino Nohemi	2.33.07	2011
3	Van Ex Coelmont Elvira	2.39.09	2013
4	Khader Samia	2.40.43	2013
5	Purusi Emma Grace	2.41.23	2014
6	Bongwele Jade	2.47.67	2014
7	Schietecatte Maite	2.49.75	2013
8	Hannani Salma	2.50.60	2014
9	Beyaert Marine	2.52.92	2011
10	Taraft Romane	2.54.46	2013
11	De Ridder Daphne	3.06.05	2012
12	Restrepo Lina	3.59.61	2012

#### KAN 1000 m

1	Meys Jessica	4.22.20	1998
2	Huybrechts Catherine	4.25.90	1994
3	De Soete Marie Cecile	4.27.40	1994
4	Van De Sype Chloe	4.29.12	2004
5	Huybrechts Isabelle	4.29.20	1994
6	Ba Djana	4.31.68	1999
7	Van Der Perren Jessica	4.32.10	2001
8	Dolianitis Alexandra	4.39.80	2002
9	Hermant Kalila	4.57.60	1997
10	Bonsir Audrey	5.08.70	1998
11	Meunier Cassandra	5.25.70	2000
12	Van De Zande Florence	5.38.10	1994

#### KAN Hauteur

1	Van De Sype Chloe	1m01	2004
2	Meys Jessica	0m90	1998
3	Ba Djana	0m86	1999
4	Bonsir Audrey	0m80	1998
	Van Der Perren Jessica	0m80	2001
6	Gilson Adeline	0m75	1991

#### KAN Longueur

1	Meys Jessica	3m64	1998
2	Cincinatis Lucie	3m31	1997



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

3	Ba Djana	3m03	1999
4	Van De Sype Chloe	3m01	2004
5	Hallems Julie	2m97	1992
6	Van Der Perren Jessica	2m90	2001
7	Lambert Kylie	2m83	2011
8	Lumen Bianca	2m68	1998
9	Hermant Kalila	2m62	1997
10	Dolianitis Alexandra	2m56	2002
11	Di Maio Zoe	2m55	2006
12	Huybrechts Isabelle	2m47	1994
13	Di Maio Emma	2m33	2006
14	Martiat Dorothee	2m32	1994
15	La Rou Cecile	2m31	1989
16	Gilson Anais	2m26	1993
	Bonsir Audrey	2m26	1998
18	Huybrechts Catherine	2m23	1994
19	Bonvin Draps Audrey	2m18	1993
	Van De Zande Florence	2m18	1994

KAN Poids (1 kg)

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1	Huybrechts Isabelle	5m63	1994
2	Dolianitis Alexandra	5m13	2002
3	Van De Sype Chloe	5m03	2004
4	Hallems Julie	5m00	1992
5	Meys Jessica	4m81	1998
6	Taraft Romane	4m80	2013
7	Van De Zande Florence	4m75	1994
8	Van Der Perren Jessica	4m66	2001
9	Lambert Kylie	4m64	2011
10	Madani Sarah	4m52	2005
11	Huybrechts Catherine	4m21	1994
12	Merino Nohemi	4m12	2011
13	Van Ex Coelmont Elvira	3m92	2013
14	Gilson Anais	3m75	1993
15	Martiat Dorothee	3m62	1994
16	Bonsir Audrey	3m54	1998
17	De Ridder Daphne	3m48	2012
18	Di Maio Emma	3m46	2006
19	Van Den Haute Pascale	3m43	1993
20	Di Maio Zoe	3m30	2006

KAN Balle de hockey

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1	Van De Sype Chloe	16m33	2004
2	Huybrechts Isabelle	14m98	1994
3	Dolianitis Alexandra	13m73	2002
4	Ba Djana	13m38	1999
5	Lambert Kylie	13m34	2011
6	Hallems Julie	13m16	1992
7	Gilson Anais	12m50	1993
8	Hermant Kalila	12m44	1997
9	Taraft Romane	12m04	2013
10	Gilson Adeline	10m96	1991
11	Meys Jessica	10m15	1998
12	Cumps Cathy	10m08	1990
13	Van Der Perren Jessica	9m44	2001
14	Huybrechts Catherine	9m12	1994
15	Roesems Binke	8m48	1990
16	Lumen Bianca	8m38	1998
17	Van Ex Coelmont Elvira	7m12	2013
18	Martiat Dorothee	7m04	1994
19	Vega Ines	6m99	2003
20	Bonsir Audrey	6m97	1998

KAN Triathlon

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1	Van De Sype Chloe	630 p	2004
2	Meys Jessica	586 p	1998
3	Hallems Julie	577 p	1992
4	Ba Djana	453 p	1999
5	Huybrechts Isabelle	442 p	1994
6	Huybrechts Catherine	355 p	1994
7	Van De Zande Florence	292 p	1994
8	Martiat Dorothee	291 p	1994



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9	Gilson Adeline	259 p	1990
10	Bonsir Audrey	232 p	1998
11	Roesems Binke	25 p	1990

KAN Tetrathlon

1	Lambert Kylie	965 p	2011
2	Merino Nohemi	454 p	2011
3	Van Der Perren Jessica	432 p	2001
4	Dolianitis Alexandra	424 p	2002
5	Van Ex Coelmont Elvira	378 p	2013
6	Purusi Emma Grace	340 p	2014
7	Schietecatte Maite	211 p	2013
8	Beyaert Marine	125 p	2011
9	Restrepo Lina	80 p	2012

BENJAMINES FILLES - U10

BEN 30 m

1	De Groote Noelia	6.84	2024
2	Marchal Zoe	7.34	2024

BEN 40 m

1	Bellaari Nouria	8.54	2024
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BEN 60 m

1	Dolianitis Dina	9.30	2000
2	Squiflet Emelynn	9.35	2019
3	Dzou Steffy Ann	9.38	2022
4	Godefroid Maud	9.44	1988
	Meys Jessica	9.44	2000
6	Lambert Kylie	9.48	2013
7	Medan Ivana	9.54	2021
8	Englebert Yolaine	9.56	2005
	Dzou Lesly Kayla	9.56	2019
10	Mouzon Emmanuelle	9.60	2000
11	Murray Shirley	9.64	2000
12	Ngandeu Tchambia Brenda	9.71	2016
	Schroeven Camille	9.71	2020
14	Cincinatis Lucie	9.74	1999
15	Lecomte Christina	9.81	2007
16	Huybrechts Isabelle	9.82	1996
	Strypstein Solena	9.82	2022
18	Robert Laura	9.84	2002
19	Halewyck Marie	9.87	2003
20	Boone Maya	9.88	2018

BEN 200 m

1	M'Rabet Salima	33.94	1981
2	Godefroid Maud	34.84	1988
3	Ghayati Anissa	35.74	1988
4	Ghayati Nadia	36.44	1988
5	De Buyst Nadia	37.14	1982
6	Delferriere Catherine	39.94	1985
7	Malengreaux Sylvie	42.64	1985

BEN 600 m

1	Strypstein Solena	1.57.65	2022
2	Lambert Kylie	2.00.94	2013
3	Squiflet Emelynn	2.07.24	2019
4	Beghin Joyce	2.09.21	2019
5	Popescu Raisa Gabriela	2.10.56	2020
6	Ngandeu Tchambia Brenda	2.10.62	2016
7	Schroeven Camille	2.10.70	2020
8	Huygens Cloe	2.11.73	2012
9	Radermacher Sarah	2.11.96	2018
10	Madani Zayneb	2.12.13	2024
11	Merino Nohemi	2.12.95	2013
12	Dzou Steffy Ann	2.13.95	2022
13	Dennison Chrystal	2.16.08	2014
14	Sibourg Celya	2.16.68	2018
15	Boone Tya	2.17.39	2015



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16	Wanyu Diane	2.18.01	2017
17	Ngandeu Tchambia Alexandra	2.18.73	2019
18	Van Ex Coelmont Alexia	2.19.01	2013
19	Khader Samia	2.19.38	2016
20	Agacseven Lina	2.19.70	2017

BEN 800 m

1	Godefroid Maud	3.01.30	1988
2	Lecompte Ellen	3.07.10	1988
3	La Rou Jennifer	3.08.70	1987
4	Ghayati Nadia	3.10.28	1988
5	Urbain Julie	3.11.11	1988
6	Delbecque Laure	3.14.90	1988
7	Ghayati Anissa	3.17.48	1988
8	Delfosse Pascale	3.18.90	1982
9	M'Rabet Salima	3.19.30	1981
10	De Buyst Nadia	3.21.00	1982
11	La Rou Emilie	3.35.00	1988
12	Muyls Tania	3.36.50	1980
13	Lecompte Ellen	3.38.30	1987
14	Malengreaux Sylvie	3.42.70	1985
15	Peeters Christelle	4.22.50	1982

BEN 1000 m

1	De Groote Estelle	3.48.40	2002
2	Lecomte Christina	3.53.95	2007
3	Mouzon Emmanuelle	3.54.06	2000
4	Huybrechts Isabelle	3.54.29	1996
5	Vanderhaeghen Caroline	3.54.41	2007
6	Murray Shirley	3.54.66	2000
7	Van De Sype Chloe	3.54.72	2006
8	Sonon Aureore	3.58.54	1997
9	Graftiaux Chloe	3.58.97	1996
10	De Buyl Salima	3.59.40	1997
11	Castrop Sara	4.00.97	2005
12	Van Der Perren Jessica	4.01.93	2003
13	Meys Jessica	4.02.00	2000
14	Robert Laura	4.02.58	2002
15	Halewyck Marie	4.03.33	2003
16	Ben Mohamed Louisa	4.05.10	1993
17	De Meyer Laurence	4.07.25	1997
18	Hostyn Priscilla	4.07.80	1999
19	Dolianitis Dina	4.08.60	2000
20	Potemans Charlotte	4.10.18	2005

BEN 60 m haies (76 cm)

1	M'Rabet Salima	13.84	1981
2	Urbain Julie	14.50	1988
3	Ghayati Anissa	14.55	1988

BEN Hauteur

1	Strypstein Solena	1m21	2022
2	Van De Sype Chloe	1m18	2006
3	Hallems Julie	1m17	1994
4	Hostyn Priscilla	1m12	1999
5	M'Rabet Salima	1m10	1981
	Soto Moral Helene	1m10	1991
	Huybrechts Isabelle	1m10	1996
	Beghin Joyce	1m10	2019
	Squiflet Emelynn	1m10	2019
10	Schroeven Camille	1m07	2020
11	Merino Nohemi	1m06	2013
	Dzou Steffy Ann	1m06	2022
13	Vanderhaeghen Jessica	1m05	1992
	Graftiaux Chloe	1m05	1996
	De Buyl Salima	1m05	1997
	Dolianitis Dina	1m05	1999
	Yazghi Sabrine	1m05	2005
	Dzou Lesly Kayla	1m05	2018
	Radermacher Sarah	1m05	2018
20	Arys Josephine	1m04	2022



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

BEN Longueur

1	Cincinatis Lucie	3m88	1999
2	Meys Jessica	3m85	2000
3	Van De Sype Chloe	3m80	2006
4	Englebert Yolaine	3m72	2005
5	Dolianitis Dina	3m70	2000
6	Squiflet Emelynn	3m67	2019
7	Lecomte Christina	3m65	2007
	Lambert Kylie	3m65	2013
9	Mouzon Emmanuelle	3m61	2000
10	Huybrechts Isabelle	3m57	1996
11	Godefroid Maud	3m56	1988
	Yazghi Sabrina	3m56	2005
13	Dzou Steffy Ann	3m53	2022
14	Strypstein Solena	3m46	2022
15	Maidane Yasmine	3m43	2004
16	Radermacher Sarah	3m42	2018
17	Borremans Nancy	3m41	2000
18	Vanderhaeghen Jessica	3m40	1992
	De Buyl Salima	3m40	1997
20	Hostyn Priscilla	3m39	1999

BEN Poids (1 kg)

1	Goutte Alexandra	8m63	2000
2	Montilla Morgane	8m53	2007
3	Huybrechts Isabelle	8m46	1996
4	Van De Sype Chloe	8m39	2006
5	Paulus Jessie	8m30	2005
6	Squiflet Emelynn	8m23	2019
7	Englebert Yolaine	8m15	2005
8	Meys Jessica	7m98	2000
9	Hallems Julie	7m90	1994
10	Lambert Kylie	7m81	2013
11	Dolianitis Dina	7m78	2000
12	Beghin Joyce	7m77	2019
13	Kompany Christel	7m74	1993
14	Maidane Yasmine	7m67	2004
15	Ngandeu Tchambia Brenda	7m59	2016
16	Arys Josephine	7m58	2022
17	Pholien Alexandra	7m51	2004
18	Dzou Lesly Kayla	7m43	2019
19	Waegemans Ariane	7m40	2002
20	Lecomte Christina	7m36	2007

BEN Poids (2 kg)

1	Ghayati Anissa	5m04	1988
2	M'Rabet Salima	4m78	1981
3	Godefroid Maud	4m67	1988
4	De Buyst Nadia	4m55	1982
5	Urbain Julie	4m32	1988
6	La Rou Emilie	4m10	1988
7	Delbecque Maud	4m09	1986
8	Delbecque Laure	4m06	1988
9	Ghayati Nadia	3m81	1988
10	La Rou Jennifer	3m74	1987
11	Lecompte Ellen	3m48	1987
12	Culot Sandrine	3m34	1981
13	Delferriere Catherine	3m23	1985
14	Delfosse Joelle	3m22	1982
15	De Crom Evelyne	2m95	1987
16	Malengreaux Sylvie	2m73	1985
17	Muyls Tania	2m68	1980
18	Blum Sandrine	1m63	1982

BEN Balle de hockey

1	Strypstein Solena	29m60	2022
2	Hallems Julie	28m96	1994
3	Van De Sype Chloe	27m79	2006
4	Dzou Lesly Kayla	25m76	2019
5	Huybrechts Isabelle	24m72	1996
6	Mouzon Emmanuelle	24m50	2000
7	Squiflet Emelynn	24m05	2019



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

8	Meys Jessica	23m87	2000
9	De Meyer Laurence	22m78	1997
10	Sibourg Celya	22m35	2018
11	Arys Josephine	22m25	2022
12	Goutte Alexandra	21m83	2000
13	Huygens Cloe	21m71	2012
14	Housiaux Lucie	21m48	2023
15	Vermeir Jade	21m12	2022
16	Paulus Jessie	21m09	2005
	Beghin Joyce	21m09	2019
18	Lambert Kylie	20m75	2013
19	Vanderhaeghen Jessica	20m72	1992
20	Cincinatis Lucie	20m71	1999

BEN Triathlon

1	Cincinatis Lucie	1113 p	1999
2	Hallems Julie	1058 p	1994
3	Vanderhaeghen Jessica	983 p	1992
4	Huybrechts Isabelle	921 p	1996
5	Gilson Adeline	800 p	1993
6	Soto Moral Helene	776 p	1991
7	De Meyer Laurence	770 p	1997
8	Meys Jessica	738 p	1999
9	Mostmans Lien	714 p	1994
10	Meeus Valerie	706 p	1993
11	François Isabelle	702 p	1992
12	De Buyl Salima	647 p	1997
13	Kompany Christel	645 p	1993
14	Gilson Aurore	644 p	1990
15	Godefroid Maud	628 p	1988
16	M'Rabet Salima	608 p	1981
17	Dolianitis Dina	593 p	1999
18	Meys Jessica	586 p	1998
19	Emmery Gaelle	565 p	1999
20	Ben Mohamed Louisa	563 p	1993

BEN Tetrathlon

1	Squiflet Emelynn	1652 p	2019
2	Strypstein Solena	1602 p	2022
3	Lambert Kylie	1601 p	2013
4	Lecomte Christina	1505 p	2007
5	Radermacher Sarah	1337 p	2018
6	Van De Sype Chloe	1335 p	2006
	Schroeven Camille	1335 p	2020
8	Halewyck Marie	1332 p	2003
9	Mouzon Emmanuelle	1317 p	2000
10	Popescu Raisa Gabriela	1287 p	2020
11	Meys Jessica	1286 p	2000
12	Merino Nohemi	1275 p	2013
13	Robert Laura	1245 p	2002
14	Englebert Yolaine	1221 p	2005
15	Dzou Steffy Ann	1220 p	2022
16	Dolianitis Dina	1184 p	2000
17	Van Der Perren Jessica	1175 p	2003
18	Dzou Lesly Kayla	1163 p	2019
19	Yazghi Sabrina	1151 p	2005
20	Huygens Cloe	1132 p	2012

BEN 4 x 60 m

1	Murray, Dolianitis, Mouzon, Meys	37.58	2000
2	Arys, Delneufcourt, Dzou, Strypstein	38.89	2022
3	Dzou, Schroeven, Ngandeu Tchambia, Squiflet	38.95	2019
4	Dzou, Gerard, Paques, Strypstein	41.10	2021
5	Mouzon, Hostyn, Dolianitis, Meys	41.14	1999
6	Kompany, Ben Mohamed, Gilson, Hallems	41.22	1993
7	Glottz, Evertz, Gilson, La Rou	42.10	1990
8	Dolianitis, Van Der Perren, De Groote, Robert	42.28	2002
9	Gilson, Huybrechts, Mostmans, Hallems	42.32	1994
10	Sonon, De Meyer, Cincinatis, De Buyl	42.34	1997
11	De Cree, Graftiaux, De Meyer, Huybrechts	42.41	1996
12	?	42.64	1998



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13	Joiris, Bellaari, Bouzekraoui, Neil	43.81	2024
14	Ruiz Tello, Gilson, François, Vanderhaeghen	43.92	1992
15	Baude, Soto Moral, Gilson, La Rou	44.92	1991
16	Potemans, Van De Sype, Pholien, Maidane	45.24	2004
17	Chafaoui, Montilla, Di Maio, Di Maio	50.23	2006

PUPILLES FILLES - U12

PUP 30 m

1	De Groote Noelia	6.84	2024
2	Marchal Zoe	7.34	2024

PUP 40 m

1	Bellaari Nouria	8.54	2024
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PUP 60 m

1	Lambert Kylie	8.55	2015
2	Squiflet Emelynn	8.61	2021
3	Popescu Raisa Gabriela	8.66	2022
4	Kohl Olivia	8.74	1984
5	Schroeven Camille	8.85	2022
6	Medan Ivana	8.87	2023
7	Irinkova Lora	8.89	2023
8	Dzou Lesly Kayla	8.90	2021
9	Carlot Sarah	8.97	2002
10	Godefroid Maud	9.05	1990
	Van Der Veken Cindy	9.05	2008
	Lecomte Christina	9.05	2009
13	Itoe Elisabeth	9.08	2014
14	Strypstein Maeva	9.09	2022
15	Tramoni Svenia	9.10	2016
	Dzou Steffy Ann	9.10	2024
17	Mouzon Emmanuelle	9.11	2002
	Strypstein Solena	9.11	2024
19	Henderickx Fabienne	9.14	1970
	Carpentier Nathalie	9.14	1982
	M'Rabet Salima	9.14	1983

PUP 200 m

1	Carpentier Nathalie	31.14	1982
2	Muyls Tania	32.24	1982
3	Uytterhaegen Isabelle	32.64	1981
4	Verhaegen Barbara	32.84	1985
5	M'Rabet Salima	33.14	1982
6	Ibanez Nadia	33.74	1987
	Frenay Anne	33.94	1986
	De Buyst Nadia	34.02	1984
9	Van Osselt Nathalie	34.14	1981
10	Vandermeulen Nathalie	34.64	1985
11	Wittevrongel Anne	34.84	1982
	Godefroid Maud	34.84	1988
13	Stevens Lien	35.14	1985
14	La Rou Jennifer	35.24	1988
15	Ghayati Anissa	35.74	1988
	Lecompte Ellen	35.74	1988
17	Ghayati Nadia	36.44	1988
18	Mattelaer Laurence	36.54	1982
19	Cacciatore Nathalie	36.64	1986
20	Lambrighs Sophie	36.74	1982

PUP 600 m

1	Strypstein Solena	1.57.65	2022
2	Lambert Kylie	2.00.94	2013
3	Squiflet Emelynn	2.07.24	2019
4	Beghin Joyce	2.09.21	2019
5	Popescu Raisa Gabriela	2.10.56	2020
6	Ngandeu Tchambia Brenda	2.10.62	2016
7	Schroeven Camille	2.10.70	2020
8	Huygens Cloe	2.11.73	2012
9	Radermacher Sarah	2.11.96	2018
10	Madani Zayneb	2.12.13	2024



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11	Merino Nohemi	2.12.95	2013
12	Dzou Steffy Ann	2.13.95	2022
13	Dennison Chrystal	2.16.08	2014
14	Sibourg Celya	2.16.68	2018
15	Boone Tya	2.17.39	2015
16	Wanyu Diane	2.18.01	2017
17	Ngandeu Tchambia Alexandra	2.18.73	2019
18	Van Ex Coelmont Alexia	2.19.01	2013
19	Khader Samia	2.19.38	2016
20	Agacseven Lina	2.19.70	2017

PUP 800 m

1	Frenay Anne	2.43.17	1986
2	Smith Cindi	2.45.00	1986
3	Potvlieghe Ann	2.46.50	1986
4	Vandermeulen Nathalie	2.46.70	1985
5	La Rou Jennifer	2.48.55	1989
6	Troisfontaines Valerie	2.50.98	1987
7	Stevens Lien	2.55.10	1985
8	Delbecque Laure	2.56.27	1990
9	M'Rabet Salima	2.56.40	1982
10	Fayt Laurence	2.56.50	1988
11	Verhaegen Barbara	2.57.30	1985
12	Van Collie Heidi	2.57.50	1980
13	Noben Christelle	2.58.30	1979
14	Schoos Nathalie	3.00.05	1989
15	Godefroid Maud	3.01.30	1988
16	Debaillie Isabelle	3.02.50	1985
17	Dewit Fabienne	3.03.70	1989
18	Urbain Julie	3.06.24	1989
19	Ghayati Nadia	3.06.30	1989
20	Lecompte Ellen	3.07.10	1988

PUP 1000 m

1	Popescu Raisa Gabriela	3.25.71	2022
2	Lambert Kylie	3.26.31	2015
3	Tshiasuma Jessie	3.27.87	2007
4	De Grootte Estelle	3.29.00	2004
5	Strypstein Solena	3.31.22	2024
6	Inconstant Elisa	3.34.76	2017
7	Mouzon Emmanuelle	3.34.90	2002
8	Iven Kayla	3.35.05	2013
9	Gingreau Virginie	3.35.93	1999
10	Pauly Benedicte	3.36.89	1994
11	Schroeven Camille	3.37.42	2022
12	Irinkova Lora	3.37.88	2023
13	De Grootte Florence	3.38.97	1999
	Van Der Perren Jessica	3.38.97	2005
15	Barry Diariou	3.39.18	2019
16	Lecomte Christina	3.40.68	2009
17	Dewaele Laura	3.40.86	2016
18	Nijs Juliette	3.40.97	2014
19	Sonon Aurore	3.41.19	1999
20	De Buyl Salima	3.41.08	1998

PUP 60 m haies (68 cm)

1	Squiflet Emelynn	10.35	2021
2	Dzou Steffy Ann	10.88	2024
3	Schroeven Camille	10.98	2022
4	Strypstein Maeva	10.99	2022
5	Dzou Lesly Kayla	11.13	2021
6	Popescu Raisa Gabriela	11.24	2022
7	De Cooman Lea	11.46	2022
8	Strypstein Solena	11.49	2024
9	Irinkova Lora	12.29	2023
10	Pereira Da Silva Sara	12.49	2024
11	Camara Elena	13.53	2024
12	Pereira Da Silva Isabelle	13.56	2024
13	Gerard Zoe	13.62	2023
14	Arys Josephine	13.73	2023
15	Housiaux Lucie	13.96	2024
16	Druart Andrea	14.24	2024





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17	Vermeir Jade	14.60	2024
18	Di Prima Nizet Colette	15.84	2024

PUP 60 m haies (76 cm)

1	Lambert Kylie	10.74	2015
2	Kohl Olivia	11.04	1984
3	M'Rabet Salima	11.14	1983
4	Frenay Anne	11.44	1986
	Huybrechts Isabelle	11.44	1998
6	De Cock Aline	11.74	1993
7	Van De Sype Chloe	11.81	2008
8	Kompany Christel	11.84	1995
9	Van Der Veken Noemie	11.88	2008
10	Sweetlove Celine	11.94	2019
11	De Groote Florence	11.96	1999
12	Carpentier Nathalie	12.04	1982
13	Smith Cindi	12.17	1986
14	Brouwers Cindy	12.24	1990
15	Hostyn Priscilla	12.26	2001
16	Vanderhaeghen Jessica	12.44	1993
17	Marnef Aline	12.47	1996
18	Meys Jessica	12.49	2002
19	Meeus Valerie	12.54	1995
20	Benachem Nisrine	12.62	2007

PUP Hauteur

1	Strypstein Solena	1m40	2023
2	Popescu Raisa Gabriela	1m37	2022
3	Strypstein Maeva	1m34	2022
4	Huybrechts Isabelle	1m31	1998
	Van Der Veken Noemie	1m31	2008
6	Marnef Aline	1m30	1996
	Lecomte Christina	1m30	2009
	Montilla Morgane	1m30	2009
	Lambert Kylie	1m30	2015
	Radermacher Sarah	1m30	2020
11	Carpentier Nathalie	1m29	1982
	Smith Cindi	1m29	1986
	Mouzon Emmanuelle	1m29	2002
14	Kohl Olivia	1m28	1984
	Hostyn Priscilla	1m28	2001
	Schroeven Camille	1m28	2022
17	M'Rabet Salima	1m27	1983
	De Cooman Lea	1m27	2022
19	Frenay Anne	1m26	1986
	Squiflet Emelynn	1m26	2021

PUP Longueur

1	Popescu Raisa Gabriela	4m57	2022
2	Smith Cindi	4m48	1986
3	Frenay Anne	4m36	1986
4	Medan Ivana	4m34	2023
5	Kohl Olivia	4m32	1984
6	Hostyn Priscilla	4m24	2001
7	Van De Sype Chloe	4m18	2008
	Squiflet Emelynn	4m18	2021
9	M'Rabet Salima	4m15	1983
	Kompany Christel	4m15	1995
11	Tramoni Svenia	4m13	2016
12	Carpentier Nathalie	4m12	1982
13	Lambert Kylie	4m11	2015
14	Cincinatis Lucie	4m07	2000
15	Hasani Geraldina	4m05	2006
	Radermacher Sarah	4m05	2020
17	Huybrechts Isabelle	4m03	1998
18	De Cooman Lea	4m02	2022
	Irinkova Lora	4m02	2023
20	Itoe Elisabeth	3m98	2014

PUP Poids (1 kg)

1	Goutte Alexandra	8m63	2000
2	Montilla Morgane	8m53	2007



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3	Huybrechts Isabelle	8m46	1996
4	Van De Sype Chloe	8m39	2006
5	Paulus Jessie	8m30	2005
6	Squiflet Emelynn	8m23	2019
7	Englebert Yolaine	8m15	2005
8	Meys Jessica	7m98	2000
9	Hallems Julie	7m90	1994
10	Lambert Kylie	7m81	2013
11	Dolianitis Dina	7m78	2000
12	Beghin Joyce	7m77	2019
13	Kompany Christel	7m74	1993
14	Maidane Yasmine	7m67	2004
15	Ngandeu Tchambia Brenda	7m59	2016
16	Arys Josephine	7m58	2022
17	Pholien Alexandra	7m51	2004
18	Dzou Lesly Kayla	7m43	2019
19	Waegemans Ariane	7m40	2002
20	Lecomte Christina	7m36	2007

PUP Poids (2 kg)

1	Hasani Geraldina	9m75	2006
2	Popescu Raisa Gabriela	9m67	2022
3	Goutte Alexandra	9m41	2002
4	Mouzon Emmanuelle	8m57	2002
5	Van De Sype Chloe	8m54	2008
6	Tong Aline	8m43	2004
7	Iven Kayla	8m37	2013
8	De Cooman Lea	8m35	2022
9	Dzou Lesly Kayla	8m28	2021
10	Kompany Christel	8m27	1995
11	Squiflet Emelynn	8m18	2021
12	Hallems Julie	7m92	1996
13	Wanyu Naomie Belle	7m87	2021
14	Strypstein Solena	7m85	2024
15	Arys Josephine	7m73	2024
	Dzou Steffy Ann	7m73	2024
17	Portzenheim Virginie	7m67	1989
18	Dolianitis Dina	7m65	2002
	Inconstant Elisa	7m65	2018
	Mjahed Maya	7m65	2018

PUP Poids (3 kg)

1	Padilla Louise	6m82	1977
2	Landerloo Françoise	5m45	1979
3	Noben Christelle	5m33	1979
4	Hulshagen V	4m32	1977
5	Nys G	3m15	1977

PUP Disque (600 gr)

1	Popescu Raisa Gabriela	26m15	2022
2	Squiflet Emelynn	24m96	2021
3	De Cooman Lea	23m71	2022
4	Strypstein Solena	23m31	2024
5	Huybrechts Isabelle	23m00	1998
6	Van De Sype Chloe	21m41	2008
7	Montilla Morgane	20m41	2009
8	Iven Kayla	19m47	2013
9	Radermacher Sarah	19m07	2020
10	De Meyer Laurence	18m45	1999
11	Van Der Veken Noemie	18m26	2008
	Strypstein Maeva	18m26	2022
13	Dzou Lesly Kayla	18m15	2021
14	Mouzon Emmanuelle	17m31	2002
15	Huygens Cloe	17m04	2014
16	Van Der Veken Cindy	16m98	2008
17	Pereira Da Silva Sara	16m48	2024
18	Medan Ivana	16m34	2022
19	Meys Jessica	16m07	2002
20	Schroeven Camille	15m90	2022

PUP Disque (1 kg)

1	Padilla Louise	11m05	1977
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2	Hulshagen V	10m21	1977
3	Weemaels N	6m89	1977
4	Schots L	6m69	1977
5	De Langhe	5m08	1977

PUP Balle de hockey

1	Iven Kayla	41m50	2013
2	Van De Sype Chloe	40m58	2008
3	Strypstein Solena	36m48	2024
4	Tong Aline	35m47	2004
5	Squiflet Emelynn	35m24	2021
6	Huybrechts Isabelle	35m15	1998
7	Dzou Lesly Kayla	34m75	2021
8	Hallems Julie	33m74	1996
9	Hasani Geraldina	33m73	2006
10	Meys Jessica	32m36	2002
11	Popescu Raisa Gabriela	32m06	2022
12	De Cooman Lea	32m04	2022
13	De Meyer Laurence	31m94	1999
14	Pauly Benedicte	31m22	1994
15	Goutte Alexandra	30m81	2002
16	El Boubsi Maryam	29m46	1995
17	Pereira Da Silva Sara	29m45	2024
18	Mouzon Emmanuelle	29m15	2002
19	Vermeir Jade	29m12	2024
20	Huygens Chloe	29m00	2014

PUP Vortex

1	Medan Ivana	27m16	2023
2	Vermeir Jade	21m29	2024
3	Arys Josephine	21m17	2023
4	Neil Emma	13m18	2024
5	Bellaari Nouria	9m20	2024
6	Arys Julia	7m31	2024
7	Madani Zayneb	5m66	2024
8	Diallo Mariam	5m48	2024

PUP Javelot (600 gr)

1	Padilla Louise	12m22	1977
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PUP Triathlon > avant 1979

1	Henderickx Fabienne	2408 p	1970
2	Padilla Louise	1557 p	1977
4	Schots L	1383 p	1977

PUP Triathlon > 1979 à 1988

1	Smith Cindi	847 p	1986
2	Carpentier Nathalie	839 p	1982
3	Frenay Anne	830 p	1986
4	Kohl Olivia	820 p	1984
5	M'Rabet Salima	780 p	1983
6	Van Collie Heidi	740 p	1980
7	Kelecom Joelle	715 p	1980
8	Ibanez Nadia	710 p	1987
9	Muyls Tania	688 p	1982
10	Vandermeulen Nathalie	675 p	1985
11	Debaillie Isabelle	663 p	1985
	Ibanez Nadia	663 p	1986
13	Van Osselt Nathalie	660 p	1981
14	Wittevrongel Anne	653 p	1982
15	De Buyst Nadia	643 p	1984
16	Troisfontaine Valerie	640 p	1987
	La Rou Jennifer	640 p	1988
18	Delbecque Maud	635 p	1988
19	Verhaegen Barbara	623 p	1985
20	Massart Alexandra	613 p	1986

PUP Triathlon > 1989 à

1	Kompany Christel	1321 p	1995
2	La Rou Jennifer	1107 p	1989
3	Marnef Aline	1085 p	1996



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4	Vanderhaeghen Jessica	1080 p	1993
5	Hallems Julie	1068 p	1996
6	Gilson Adeline	1053 p	1995
7	Kill Françoise	981 p	1994
8	Maridor Julie	960 p	1995
9	El Boubsi Maryam	941 p	1995
10	Brion Sophie	937 p	1996
11	Degives Emily	913 p	1996
12	Ruyssinck Kelly	874 p	1993
13	Mokassa Madeleine	866 p	1990
14	Godefroid Maud	847 p	1989
15	Meeus Valerie	841 p	1994
16	Brouwers Cindy	833 p	1989
17	Adam Benedicte	831 p	1989
18	Delbecque Laure	817 p	1991
19	Soto Moral Helene	806 p	1992
20	Ghayati Nadia	794 p	1989

PUP Tetrathlon

1	Popescu Raisa Gabriela	2127 p	2022
2	Lambert Kylie	2077 p	2015
3	Squiflet Emelynn	1941 p	2021
4	Mouzon Emmanuelle	1935 p	2002
5	Strypstein Solena	1847 p	2024
6	Lecomte Christina	1837 p	2009
7	Schroeven Camille	1813 p	2022
8	Meys Jessica	1811 p	2002
9	Irinkova Lora	1807 p	2023
10	Carlot Sarah	1801 p	2002
11	Iven Kayla	1728 p	2013
12	Van De Sype Chloe	1702 p	2008
13	Montilla Morgane	1699 p	2009
14	Medan Ivana	1650 p	2023
15	Nijs Juliette	1626 p	2014
16	Huybrechts Isabelle	1621 p	1998
17	Tong Aline	1612 p	2004
18	Strypstein Maeva	1609 p	2022
19	Dzou Steffy Ann	1604 p	2024
20	Radermacher Sarah	1590 p	2020

PUP 1000 m marche

1	Iven Kayla	6.20.58	2013
2	Gerard Zoe	6.50.97	2022
3	Delbecque Laure	6.53.70	1991
4	Schroeven Camille	6.55.37	2022
5	Strypstein Maeva	7.02.31	2022
6	Gilson Aureo	7.44.30	1991

PUP 4 x 60 m

1	Mpinga, Merino, Tshanga Diomi, Lambert	33.97	2015
2	Schroeven, Strypstein, Medan, Popescu	34.54	2022
3	Dolianitis, Meys, Mouzon, Carlot	35.44	2002
4	Delfosse P, Vandermeulen, De Buyst, Kohl	35.70	1984
5	Squiflet, Schroeven, Strypstein, Dzou	35.76	2021
6	Wittevrongel, M'Rabet, Muyls, Carpentier	35.84	1982
	Nijs, Huygens, Merino, Lambert	35.84	2014
8	Cacciatore, Ibanez, Frenay, Smith	35.92	1986
9	La Rou, Urbain, Van Beckhoven, Godefroid	36.10	1989
10	Wanyu, Khrauph, Sweetlove, Radermacher	36.74	2019
11	Strypstein, Pereira Da Silva, Pereira Sa Silva, Dzou	36.77	2024
12	Gerard, Strypstein, Dzou, Medan	36.88	2023
13	Girasa, Kohl, De Buyst, M'Rabet	37.12	1983
14	Ghayati N, Brouwers, Godefroid, Urbain	37.34	1990
	Murray, Mouzon, Meys, Hostyn	37.34	2001
16	Hallems, Degives, Brion, Marnef	37.40	1996
17	La Rou, Delbecque, Delannoy, Godefroid	37.42	1988
	Degives, El Boubsi, Gilson, Kompany	37.42	1995
19	Murray, Dolianitis, Mouzon, Meys	37.50	2000
20	Dennison, Dewaele, Chraibi, Demanet	37.51	2016



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MIN 30 m

1	De Groote Noelia	6.84	2024
2	Marchal Zoe	7.34	2024

MIN 40 m

1	Bellaari Nouria	8.54	2024
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MIN 50 m

1	Schroeven Camille	7.08	2024
2	Squiflet Emelynn	7.20	2022
3	Lambert Kylie	7.30	2016

MIN 60 m

1	Lambert Kylie	8.55	2015
2	Squiflet Emelynn	8.61	2021
3	Popescu Raisa Gabriela	8.66	2022
4	Vandendael Alice	8.74	1966
	Nollet Viviane	8.74	1968
	Kohl Olivia	8.74	1984
7	Henderickx Dominique	8.84	1969
8	Schroeven Camille	8.85	2022
9	Medan Ivana	8.87	2023
10	Irinkova Lora	8.89	2023
11	Dzou Lesly Kayla	8.90	2021
12	Carlot Sarah	8.97	2002
13	Godefroid Maud	9.05	1990
	Van Der Veken Cindy	9.05	2008
	Lecomte Christina	9.05	2009
16	Itoe Elisabeth	9.08	2014
17	Strypstein Maeva	9.09	2022
18	Tramoni Svenia	9.10	2016
	Dzou Steffy Ann	9.10	2024
20	Mouzon Emmanuelle	9.11	2002
	Strypstein Solena	9.11	2024

MIN 80 m

1	Squiflet Emelynn	10.47	2023
2	Kohl Olivia	10.64	1986
	Clermont Nathalie	10.64	1989
	Mpinga Mulowayi Alexia	10.64	2017
5	Carlot Sarah	10.73	2004
6	Carpentier Nathalie	10.74	1983
	Giuliani Alexandra	10.74	1995
8	Schroeven Camille	10.82	2024
9	Yech Chou Safia	10.85	2014
10	Lambert Kylie	10.86	2017
	Leonard Elise	10.86	2018
12	Callebaut Muriel	10.91	1985
13	Van Collie Heidi	10.94	1982
	Smith Cindi	10.94	1988
	Bonvin Draps Nathalie	10.94	1993
16	Van Der Veken Cindy	10.98	2010
	Merino Nohemi	10.98	2017
18	Pontara Lisa	11.00	2016
	Irinkova Lora	11.00	2024
20	Ciulla Debora	11.01	2001

MIN 100 m

1	Squiflet Emelynn	13.02	2023
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MIN 150 m

1	Squiflet Emelynn	19.94	2023
2	Carlot Sarah	20.13	2004
3	Mpinga Mulowayi Alexia	20.15	2017
4	Schroeven Camille	20.18	2024
5	Lambert Kylie	20.31	2017
6	Briand Celine	20.42	2010
7	Guillet Laurence	20.44	1993
8	Bonvin Draps Nathalie	20.64	1993
9	Hostyn Priscilla	20.72	2003



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10	Pontara Lisa	20.75	2016
11	Van Der Veken Cindy	20.81	2010
12	Merino Nohemi	20.84	2017
13	Irinkova Lora	20.89	2024
14	Kompany Christel	20.92	1997
15	Sacre Laetitia	20.94	1993
	Meys Jessica	20.94	2004
17	De Cooman Lea	20.99	2024
18	Ciulla Debora	21.01	2001
19	Van Der Veken Noemie	21.10	2010
	Dzou Lesly Kayla	21.10	2022

MIN 200 m

1	Callebaut Muriel	27.54	1985
2	Clermont Nathalie	28.32	1989
3	Nollet Viviane	28.44	1968
	Van Collie Heidi	28.44	1982
	Smith Cindi	28.44	1988
6	Henderickx Fabienne	28.54	1972
7	Ramos Daphne	28.60	1988
8	Carpentier Nathalie	28.64	1984
	Frenay Anne	28.64	1988
10	Muyls Tania	28.74	1984
11	Malfait Maritza	28.94	1982
12	Muyls Jacqueline	29.14	1978
13	Henderickx Dominique	29.24	1970
14	Portzenheim Virginie	29.33	1991
15	Brouwers Sandrine	29.66	1987
16	De Buyst Nadia	29.70	1986
17	Gilbert Fernanda	29.74	1991
18	M'Rabet Salima	30.04	1985
	Dewavre Laurence	30.04	1989
	La Rou Jennifer	30.04	1991

MIN 300 m

1	Schroeven Camille	43.46	2024
2	Lambert Kylie	43.85	2017
3	Carlot Sarah	44.36	2004
4	Hostyn Priscilla	44.97	2003
5	Gaajetaan Cordelia Avelyne	45.29	2024
6	Merino Nohemi	45.50	2017
7	De Cooman Lea	45.61	2024
8	Mouzon Emmanuelle	45.92	2004
9	Irinkova Lora	46.96	2024
10	Cincinatis Lucie	46.21	2003
11	Huybrechts Isabelle	46.32	2000
12	Lecomte Christina	46.34	2011
13	Montilla Morgane	46.38	2011
14	Van Der Veken Cindy	46.52	2010
15	Strypstein Maeva	46.88	2024
16	Van Der Veken Noemie	46.92	2010
17	Kubiak Joanna	46.97	2019
18	Klai Anissa	47.00	2009
19	Perrini Stephanie	47.07	2005
20	Urbain Fanny	47.14	2000

MIN 600 m

1	De Rijcke Dominique	1.44.70	1974
2	Henderickx Suzy	1.46.00	1974
3	Gyselincx Ingrid	1.57.20	1965
4	Strypstein Solena	1.57.65	2022
5	Lambert Kylie	2.00.94	2013
6	Squiflet Emelynn	2.07.24	2019
7	Beghin Joyce	2.09.21	2019
8	Popescu Raisa Gabriela	2.10.56	2020
9	Ngandeu Tchambia Brenda	2.10.62	2016
10	Schroeven Camille	2.10.70	2020
11	Huygens Cloe	2.11.73	2012
12	Radermacher Sarah	2.11.96	2018
13	Madani Zayneb	2.12.13	2024
14	Merino Nohemi	2.12.95	2013
15	Dzou Steffy Ann	2.13.95	2022



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16	Dennison Chrystal	2.16.08	2014
17	Sibourg Celya	2.16.68	2018
18	Boone Tya	2.17.39	2015
19	Wanyu Diane	2.18.01	2017
20	Ngandeu Tchambia Alexandra	2.18.73	2019

MIN 800 m

1	Frenay Anne	2.34.68	1988
2	Schraff Celine	2.35.10	1986
	Vandermeulen Nathalie	2.35.10	1987
4	Callebaut Muriel	2.35.40	1985
5	Van Collie Heidi	2.35.90	1982
6	Delferriere Laurence	2.40.17	1985
7	Brouwers Sandrine	2.40.20	1987
8	Adam Benedicte	2.40.62	1990
9	Malfait Maritza	2.43.50	1982
10	Ibanez Nadia	2.44.09	1988
11	Potvlieghe Ann	2.44.50	1987
12	Smith Cindi	2.45.00	1986
13	Fayt Laurence	2.46.06	1990
14	Dewavre Laurence	2.48.00	1989
15	La Rou Jennifer	2.48.55	1989
16	Troisfontaines Valerie	2.50.98	1987
17	Delfosse Pascale	2.51.10	1985
18	Vanden Eede Isabelle	2.51.40	1987
19	Kohl Olivia	2.51.70	1986
20	De Buyst Nadia	2.51.80	1986

MIN 1000 m

1	Schroeven Camille	3.13.18	2024
2	De Grootte Estelle	3.14.33	2006
3	Lambert Kylie	3.17.03	2017
4	Tshiasuma Jessie	3.17.91	2009
5	Mouzon Emmanuelle	3.19.90	2004
6	Klai Anissa	3.20.76	2009
7	Boussar Hanan	3.22.48	2000
8	Codrea Beatrix	3.23.42	2005
9	Iven Kayla	3.23.95	2014
10	Merino Nohemi	3.24.29	2017
11	Pauly Benedicte	3.25.05	1996
12	Irinkova Lora	3.25.23	2024
13	Muls Camille	3.25.54	2012
14	Popescu Raisa Gabriela	3.25.71	2022
15	Meeus Valerie	3.28.13	1996
16	El Boubsi Maryam	3.29.05	1997
17	Lecomte Christina	3.30.68	2011
18	Kompany Christel	3.30.80	1997
19	Montilla Morgane	3.30.90	2010
20	Carlot Sarah	3.31.18	2004

MIN 1500 m

1	De Rijcke Dominique	5.12.90	1974
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MIN 50 m haies (68 cm)

1	Lambert Kylie	8.04	2017
2	Strypstein Maeva	8.09	2024
3	Squiflet Emelynn	8.33	2022
4	Dzou Lesly Kayla	8.92	2022

MIN 50 m haies (76 cm)

1	Ouali Sirine	9.97	2013
2	Lecomte Christina	9.99	2011

MIN 60 m haies (68 cm)

1	Squiflet Emelynn	9.80	2023
2	Schroeven Camille	9.85	2024
3	Strypstein Maeva	9.98	2024
4	Popescu Raisa Gabriela	10.46	2024
5	Dzou Lesly Kayla	10.55	2023
6	De Cooman Lea	10.67	2024
7	Irinkova Lora	10.81	2024



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8	Dzou Steffy Ann	10.88	2024
9	Radermacher Sarah	11.05	2022
10	Sibourg Celya	11.23	2022
11	Strypstein Solena	11.49	2024
12	Gerard Zoe	11.53	2024
13	El Youssefi Asmae	12.36	2024
14	Pereira Da Silva Sara	12.49	2024
15	Janssen Jade	12.51	2023
16	Camara Elena	13.53	2024
17	Pereira Da Silva Isabelle	13.56	2024
18	Arys Josephine	13.73	2023
19	Chebout Nour	13.77	2024
20	Wanyu Diane Kylie	13.87	2021

MIN 60 m haies (76 cm)

1	Lambert Kylie	9.96	2017
2	Smith Cindi	10.05	1988
3	Huybrechts Isabelle	10.07	2000
4	Van Collie Heidi	10.14	1982
5	Mouzon Emmanuelle	10.20	2004
6	M'Rabet Salima	10.22	1985
7	Cincinatis Lucie	10.24	2003
8	Kohl Olivia	10.34	1986
9	Guillet Laurence	10.36	1993
10	Van Der Veken Cindy	10.37	2010
11	Lecomte Christina	10.41	2011
12	Van Der Veken Noemie	10.42	2010
13	Marloye Nadine	10.44	1971
	Uytterhaeghen Isabelle	10.44	1983
15	Kompany Christel	10.51	1997
16	Yech Chou Safia	10.62	2014
17	Frenay Anne	10.64	1988
18	Vanden Eede Isabelle	10.70	1988
19	Vlerick Ophelia	10.72	2007
20	De Cock Aline	10.74	1995

MIN 150 m haies (68 cm)

1	Squiflet Emelynn	21.33	2023
2	Schroeven Camille	21.64	2024
3	Radermacher Sarah	22.51	2022
4	Strypstein Maeva	22.56	2024
5	Irinkova Lora	22.62	2024
6	Gaajetaan Cordelia Avelyne	23.25	2024
7	De Cooman Lea	23.35	2023
8	Dzou Lesly Kayla	23.39	2023
9	Popescu Raisa Gabriela	23.62	2024
10	Sibourg Celya	23.92	2022
11	Irinkova Yoanna	24.02	2023
12	Gerard Zoe	26.05	2024

MIN 150 m haies (76 cm)

1	Lambert Kylie	21.56	2017
2	Yech Chou Safia	22.49	2014
3	Van Der Veken Cindy	22.78	2010
4	Badji Jalika	23.25	2009
5	Merino Nohemi	23.45	2017
6	Sandon Lisa	23.60	2014
7	Montilla Morgane	23.74	2011
8	Ngandeu Tchambia Brenda	23.79	2019
9	Mpinga Mulowayi Alexia	23.84	2016
10	Mayot Coiffard Hermine	23.91	2018
11	Henry Morgane	24.00	2012
12	Lecomte Christina	24.23	2011
13	Pontara Lisa	24.31	2015
14	Itoe Elisabeth	24.53	2015
15	Van Der Veken Noemie	24.83	2010
16	Mjahed Maya	24.91	2019
17	Tshiasuma Jessie	24.98	2009
18	Lins Noemie	25.08	2007
19	Huygens Cloe	25.29	2016
20	Itoe Cecile	25.41	2014





ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

MIN Hauteur

1	Van Collie Heidi	1m57	1982
2	Strypstein Maeva	1m51	2024
3	De Rijcke Dominique	1m50	1974
4	Schroeven Camille	1m49	2024
5	Smith Cindi	1m45	1988
	Clermont Nathalie	1m45	1989
	Kompany Christel	1m45	1997
	Huybrechts Isabelle	1m45	2000
	Hostyn Priscilla	1m45	2003
	Mouzon Emmanuelle	1m45	2004
	De Cooman Lea	1m45	2023
12	Lecomte Christina	1m43	2011
	Montilla Morgane	1m43	2011
	Lambert Kylie	1m43	2017
	Merino Nohemi	1m43	2017
16	Guillet Laurence	1m42	1993
	Archambeau Aline	1m42	2003
	Van Der Veken Cindy	1m42	2010
	Squiflet Emelynn	1m42	2023
20	Kohl Olivia	1m41	1986
	Bonvin Draps Nathalie	1m41	1993

MIN Longueur

1	Squiflet Emelynn	5m07	2023
2	Kompany Christel	5m00	1997
3	Van Collie Heidi	4m90	1982
4	Cincinatis Lucie	4m87	2003
	Hostyn Priscilla	4m87	2003
6	Carpentier Nathalie	4m86	1984
7	Carlot Sarah	4m78	2004
8	De Cooman Lea	4m77	2024
9	Uytterhaeghen Isabelle	4m74	1983
10	Guillet Laurence	4m73	1993
	Huybrechts Isabelle	4m73	2000
12	Meys Jessica	4m71	2004
13	Smith Cindi	4m70	1988
14	Yech Chou Safia	4m69	2014
	Schroeven Camille	4m69	2024
16	Lecomte Christina	4m68	2011
17	Frenay Anne	4m66	1988
18	Radermacher Sarah	4m64	2022
19	Lins Noemie	4m61	2007
20	Medan Ivana	4m59	2024

MIN Perche

1	Van De Sype Chloe	2m43	2010
2	Mouzon Emmanuelle	2m40	2004
3	Schroeven Camille	2m36	2024
4	Hostyn Priscilla	2m25	2003
	Squiflet Emelynn	2m25	2023
6	Strypstein Maeva	2m22	2024
7	Archambeau Aline	2m20	2003
	Imbo Kristel	2m20	2009
9	De Cooman Lea	2m12	2024
10	Tong Aline	2m10	2005
11	Fomenko Lisa	2m03	2005
12	Klai Anissa	2m02	2009
13	Huybrechts Isabelle	2m00	1999
14	Van Der Veken Noemie	2m00	2010
	Lambert Kylie	2m00	2016
16	Van Zeebroeck Griet	1m90	1993
17	Montilla Morgane	1m84	2011
18	Van Der Perren Jessica	1m75	2007
19	Tshiasuma Jessie	1m72	2009
20	Badji Jalika	1m70	2009

MIN Poids (1 kg)

1	Goutte Alexandra	8m63	2000
2	Montilla Morgane	8m53	2007
3	Huybrechts Isabelle	8m46	1996
4	Van De Sype Chloe	8m39	2006



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

5	Paulus Jessie	8m30	2005
6	Squiflet Emelynn	8m23	2019
7	Englebert Yolaine	8m15	2005
8	Meys Jessica	7m98	2000
9	Hallems Julie	7m90	1994
10	Lambert Kylie	7m81	2013
11	Dolianitis Dina	7m78	2000
12	Beghin Joyce	7m77	2019
13	Kompany Christel	7m74	1993
14	Maidane Yasmine	7m67	2004
15	Ngandeu Tchambia Brenda	7m59	2016
16	Arys Josephine	7m58	2022
17	Pholien Alexandra	7m51	2004
18	Dzou Lesly Kayla	7m43	2019
19	Waegemans Ariane	7m40	2002
20	Lecomte Christina	7m36	2007

MIN Poids (2 kg)

1	Squiflet Emelynn	13m46	2023
2	Waegemans Aurore	13m12	2003
3	Iven Kayla	12m89	2015
4	Dzou Lesly Kayla	12m01	2023
5	Popescu Raisa Gabriela	11m93	2024
6	Kompany Christel	11m79	1997
	Van De Sype Chloe	11m79	2010
8	De Cooman Lea	11m36	2024
9	Mouzon Emmanuelle	10m80	2004
10	Hallems Julie	10m78	1998
11	Huybrechts Isabelle	10m69	2000
12	Mayuma Marie	10m62	2021
13	Strypstein Maeva	10m52	2024
14	Montilla Morgane	10m40	2011
15	Vandenbrande Nathalie	10m38	1994
	Goutte Alexandra	10m38	2003
17	Squiflet Emelynn	10m06	2022
18	Mjahed Maya	9m94	2020
19	Pauly Benedicte	9m92	1996
20	Mayuma Maeva	9m83	2023

MIN Poids (3 kg)

1	Uytterhaegen Isabelle	8m43	1983
2	Debaillie Isabelle	8m17	1987
3	Clermont Nathalie	8m01	1989
4	Delheusy Veronique	7m96	1980
5	Hoste Corinne	7m81	1973
6	Carpentier Nathalie	7m78	1984
7	De Buyst Nadia	7m75	1986
8	Dewavre Laurence	7m58	1989
9	Lebois Valerie	7m51	1981
10	Frenay Anne	7m29	1988
11	Smith Cindi	7m25	1988
12	Massart Alexandra	7m18	1988
13	Padilla Louise	7m10	1979
14	Schraff Celine	7m05	1986
15	Dewavre Laurence	7m03	1988
16	Vandermeulen Nathalie	7m00	1987
17	Van Collie Heidi	6m80	1982
18	M'Rabet Salima	6m61	1985
19	Kohl Olivia	6m60	1986
20	Muyls Jacqueline	6m51	1978

MIN Disque (600 gr)

1	Waegemans Aurore	32m53	2003
2	Kill Françoise	31m80	1996
3	Kompany Christel	31m36	1997
4	Van Der Veken Noemie	30m28	2010
5	De Buyst Nadia	29m24	1986
6	Huybrechts Isabelle	27m96	2000
7	Montilla Morgane	27m01	2010
8	Popescu Raisa Gabriela	26m15	2022
9	Gilson Aurore	25m74	1994
10	Van De Sype Chloe	25m24	2009



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

11	Squiflet Emelynn	24m96	2021
12	Hostyn Priscilla	24m76	2003
13	De Grootte Florence	24m41	2001
14	Vanden Berghen Sylvie	24m40	1984
15	Gilbert Fernanda	23m92	1991
16	Hallems Julie	23m87	1998
17	Dewavre Laurence	23m80	1989
18	De Cooman Lea	23m71	2022
19	Vandenbrande Nathalie	23m40	1994
20	Strypstein Solena	23m31	2024

MIN Disque (750 gr)

1	De Cooman Lea	33m81	2024
2	Popescu Raisa Gabriela	29m30	2024
3	Iven Kayla	27m29	2015
4	Mayuma Marie	26m13	2021
5	Montilla Morgane	25m78	2011
6	Huygens Cloe	25m56	2016
7	Radermacher Sarah	24m93	2022
8	Merino Nohemi	24m54	2017
9	Mayuma Maeva	24m48	2023
10	Squiflet Emelynn	24m14	2023
11	Mjahed Maya	24m00	2020
12	Van Der Veken Noemie	23m66	2010
13	Van De Sype Chloe	23m51	2010
14	Imbo Kristel	21m65	2009
15	Tshiasuma Jessie	20m04	2009
16	Van Der Veken Cindy	19m76	2010
17	Badji Jalika	19m45	2009
18	Strypstein Maeva	19m42	2023
19	Mpinga Mulowayi Alexia	19m40	2017
20	Medan Ivana	19m33	2024

MIN Disque (1 kg)

1	Padilla Louise	17m86	1978
2	Loris C	15m04	1977
3	Muyls Jacqueline	13m40	1978
4	Wouters S	12m52	1978
5	Verbeke S	11m62	1977
6	Peyskens Bernadette	11m35	1977
7	Beeckman N	11m12	1978
8	Vuylsteke S	10m42	1978
9	Hulshagen V	10m21	1977
10	Baeten P	10m00	1978
11	Verhaeghen Ilse	7m70	1977
12	Weemaels N	6m89	1977
13	Schots L	6m69	1977
14	De Langhe	5m08	1977

MIN Balle de hockey

1	Iven Kayla	41m50	2013
2	Van De Sype Chloe	40m58	2008
3	Strypstein Solena	36m48	2024
4	Tong Aline	35m47	2004
5	Squiflet Emelynn	35m24	2021
6	Huybrechts Isabelle	35m15	1998
7	Dzou Lesly Kayla	34m75	2021
8	Hallems Julie	33m74	1996
9	Hasani Geraldina	33m73	2006
10	Meys Jessica	32m36	2002
11	Popescu Raisa Gabriela	32m06	2022
12	De Cooman Lea	32m04	2022
13	De Meyer Laurence	31m94	1999
14	Pauly Benedicte	31m22	1994
15	Goutte Alexandra	30m81	2002
16	El Boubsi Maryam	29m46	1995
17	Pereira Da Silva Sara	29m45	2024
18	Mouzon Emmanuelle	29m15	2002
19	Vermeir Jade	29m12	2024
20	Huygens Chloe	29m00	2014

MIN Vortex



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

1	Medan Ivana	27m16	2023
2	Vermeir Jade	21m29	2024
3	Arys Josephine	21m17	2023
4	Neil Emma	13m18	2024
5	Bellaari Nouria	9m20	2024
6	Arys Julia	7m31	2024
7	Madani Zayneb	5m66	2024
8	Diallo Mariam	5m48	2024

MIN Javelot (400 gr) *avant 1999*

1	Hallemans Julie	31m01	1998
2	Adam Benedicte	24m88	1991
3	De Cock Aline	22m24	1995
4	Kompany Christel	21m72	1997
5	Binon Christelle	20m94	1992
6	Pauly Benedicte	19m76	1996
7	Ruyssinck Kelly	19m36	1996
8	La Rou Cecile	18m54	1995
9	El Hammouti Soraya	18m20	1994
10	Van Zeebroek Griet	17m96	1993
11	Kill Françoise	17m94	1996
12	Delbecque Laure	17m92	1993
13	Gilbert Fernanda	16m94	1991
14	Gilson Aurore	16m82	1994
15	Leplat Severine	16m14	1994
16	El Boubsi Maryam	16m10	1997
17	La Rou Jennifer	16m00	1991
18	Vandenbroek Elke	15m72	1991
19	Sorel Aurelie	15m70	1995
20	Guillet Laurence	15m58	1993

MIN Javelot (400 gr) *depuis 1999*

1	Squiflet Emelynn	37m36	2023
2	Iven Kayla	34m63	2015
3	Popescu Raisa Gabriela	31m57	2024
4	Radermacher Sarah	30m78	2022
5	De Cooman Lea	30m73	2024
6	Montilla Morgane	30m13	2011
7	Mouzon Emmanuelle	29m98	2004
8	Huybrechts Isabelle	29m28	2000
9	Mjahed Maya	28m12	2020
10	Van De Sype Chloe	26m45	2010
11	Huygens Cloe	25m88	2016
12	Mayuma Marie	24m77	2021
13	Codrea Beatrix	24m59	2005
14	Dzou Lesly Kayla	24m40	2023
15	Imbo Kristel	24m35	2009
16	Lecomte Christina	24m11	2010
17	De Meyer Laurence	23m48	2001
18	Badji Jalika	23m47	2009
19	Strypstein Maeva	23m31	2024
20	Klai Anissa	22m80	2009

MIN Javelot (500 gr) *avant 1999*

1	Uytterhaegen Isabelle	28m02	1983
2	De Buyst Nadia	22m42	1986
3	Troisfontaine Valerie	18m72	1989
4	Carpentier Nathalie	18m61	1984
5	Dewavre Laurence	18m02	1989
6	Debaillie Isabelle	17m80	1987
7	Duysens Tania	17m04	1986
8	Vanden Eede Isabelle	16m44	1988
9	Frenay Anne	16m42	1987
10	Clermont Nathalie	16m18	1989
11	Potvlieghe An	16m00	1988
12	Ramos Daphne	15m14	1988
13	M'Rabet Salima	15m06	1985
14	Van Belleghem Annick	14m28	1981
15	Van Collie Heidi	13m74	1982
16	Kersten Michele	13m50	1979
17	Collavo Caroline	13m40	1980
18	Noben Christelle	13m38	1981



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

	Schraff Celine	13m38	1986
20	Byl Leticia	13m14	1981

MIN Javelot (600 gr) avant 1979

1	Padilla Louise	13m28	1978
2	Muyls Jacqueline	10m60	1978
3	Stautemas V	9m88	1978
4	Beeckmans N	9m74	1978
5	Loris C	9m18	1977
6	Vuylsteke S	9m16	1978
7	Wouters S	8m08	1978

MIN Triathlon avant 1979

1	Muyls Jacqueline	1955 p	1978
	Padilla Louise	1955 p	1978
3	Peyskens Bernadette	1645 p	1977
4	Loris C	1501 p	1977
5	Nollet Viviane	1468 p	1968
6	Vandendael Alice	1430 p	1966
7	Verhaeghen Ilse	1347 p	1978
8	Van Den Abbeele N	1335 p	1977
9	Hulshagen V	745 p	1978

MIN Triathlon 1979 à 1988

1	Van Collie Heidi	889 p	1982
2	Smith Cindi	880 p	1988
3	Kohl Olivia	855 p	1986
4	Uytterhaegen Isabelle	843 p	1983
5	Carpentier Nathalie	838 p	1983
6	Debaillie Isabelle	797 p	1987
7	M'Rabet Salima	795 p	1985
	De Buyst Nadia	795 p	1986
9	Malfait Maritza	793 p	1982
10	Frenay Anne	792 p	1988
11	Lebois Valerie	770 p	1981
12	Duysens Tania	767 p	1986
13	Vanden Eede Isabelle	745 p	1988
14	Kelecom Joelle	732 p	1982
15	Byl Leticia	729 p	1981
16	Dewavre Laurence	712 p	1988
17	Noben Christelle	702 p	1980
18	Van Osselt Nathalie	684 p	1982
19	Vandermeulen Nathalie	683 p	1986
20	Schraff Celine	682 p	1986

MIN Triathlon depuis 1989

1	Clermont Nathalie	1684 p	1989
2	Dewavre Laurence	1341 p	1989
3	Schroeven Valerie	841 p	1989

MIN Tetrathlon

1	Bonvin Draps Nathalie	2167 p	1993
2	Kompany Christel	2054 p	1996
3	Brion Sophie	2053 p	1998
4	Guillet Laurence	2008 p	1993
5	Giuliani Alexandra	1973 p	1995
6	Gilbert Feranda	1824 p	1991
7	Kill Françoise	1813 p	1996
8	La Rou Cecile	1802 p	1995
9	De Cock Aline	1798 p	1995
10	Leplat Anabelle	1792 p	1994
11	Sacre Laetitia	1786 p	1993
12	Martinez Belen	1759 p	1998
13	Vandenbrande Nathalie	1746 p	1993
14	Van Remoortel Anouchka	1720 p	1993
15	Van Zeebroek Griet	1715 p	1993
16	Mokassa Madeleine	1701 p	1992
17	Gilson Aurore	1668 p	1994
18	Reynaerts Stephanie	1657 p	1993
19	Ghayati Anissa	1587 p	1992
20	Delbecque Laure	1580 p	1993



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

MIN Pentathlon

1	Squiflet Emelynn	3287 p	2023
2	Mouzon Emmanuelle	3021 p	2004
3	Lecomte Christina	2966 p	2011
4	Hostyn Priscilla	2904 p	2003
5	Kompany Christel	2897 p	1997
6	De Cooman Lea	2866 p	2024
7	Iven Kayla	2839 p	2015
8	Schroeven Camille	2835 p	2024
9	Montilla Morgane	2804 p	2011
10	Strypstein Maeva	2781 p	2024
11	Huybrechts Isabelle	2761 p	2000
12	Popescu Raisa Gabriela	2707 p	2024
13	Merino Nohemi	2673 p	2017
14	Lambert Kylie	2662 p	2017
15	Yech Chou Safia	2620 p	2014
16	Van De Sype Chloe	2576 p	2010
17	Van Der Veken Cindy	2556 p	2010
18	Radermacher Sarah	2506 p	2021
19	Dzou Lesly Kayla	2485 p	2023
20	Carlot Sarah	2476 p	2004

MIN 1000 m marche

1	Iven Kayla	6.20.58	2013
2	Gerard Zoe	6.50.97	2022
3	Delbecque Laure	6.53.70	1991
4	Schroeven Camille	6.55.37	2022
5	Strypstein Maeva	7.02.31	2022
6	Gilson Aurore	7.44.30	1991

MIN 2000 m marche

1	Van Der Veken Noemie	13.51.98	2009
2	Kersten Michele	14.07.50	1979
3	Gilson Aurore	14.23.20	1992

MIN 3 x 600 m

1	Strypstein, Schroeven, Squiflet	5.46.08	2023
2	Lecomte, Montilla, De Backer	6.21.61	2010
3	Van De Sype, Imbo, Tshiasuma	6.27.72	2009

MIN 4 x 60 m

1	Mpinga, Merino, Tshanga Diomi, Lambert	33.97	2015
2	Schroeven, Strypstein, Medan, Popescu	34.54	2022
3	Dolianitis, Meys, Mouzon, Carlot	35.44	2002
4	?	35.70	1984
5	Squiflet, Schroeven, Strypstein, Dzou	35.76	2021
6	Wittevrongel, M'Rabet, Muyls, Carpentier	35.84	1982
	Nijs, Huygens, Merino, Lambert	35.84	2014
8	Cacciatore, Ibanez, Frenay, Smith	35.92	1986
9	La Rou, Urbain, Van Beekhoven, Godefroid	36.10	1989
10	?	36.22	1968
11	Wanyu, Khrauph, Sweetlove, Radermacher	36.74	2019
12	Strypstein, Pereira Da Silva, Pereira Sa Silva, Dzou	36.77	2024
13	Gerard, Strypstein, Dzou, Medan	36.88	2023
14	Girasa, Kohl, De Buyst, M'Rabet	37.12	1983
15	Ghayati N, Brouwers, Godefroid, Urbain	37.34	1990
	Murray, Mouzon, Meys, Hostyn	37.34	2001
17	Hallems, Degives, Brion, Marnef	37.40	1996
18	La Rou, Delbecque, Delannoy, Godefroid	37.42	1988
	Degives, El Boubsi, Gilson, Kompany	37.42	1995
20	Dennison, Dewaele, Chraibi, Demanet	37.51	2016

MIN 4 x 80 m

1	Leonard, Merino, Mpinga Mulowayi, Lambert	41.33	2017
2	Pontara, Lambert, Mpinga Mulowayi, Nijs	42.22	2016
3	Mouzon, Carlot, Meys, Pena Loreto	42.69	2004
4	Carlot, Cincinatis, Hostyn, Archambeau	42.79	2003
5	Massart, Ramos, Frenay, Smith	42.87	1988
6	Inrinkova, De Cooman, Strypstein, Schroeven	43.17	2024
7	Van Remoortel, Sacre, Bonvin Draps, Guillet	43.32	1993



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8	?	43.64	1984
9	Squiflet, Dzou, Schroeven, De Cooman	43.99	2023
10	Dzou, Radermacher, Sibourg, Squiflet	44.04	2022
11	Antoine, Duysens, De Buyst, Kohl	44.54	1986
12	M'Rabet, De Buyst, Kohl, Callebaut	44.62	1985
13	?	44.72	1983
	Dewitte, Kill, Giuliani, La Rou	44.72	1995
15	Troisfontaine, Ibanez, Dewavre, Clermont	44.78	1989
16	Leplat, Leplat, La Rou, Gilson	44.87	1994
17	Uytterhaegen, Kelecom, Van Collie, Malfait	44.92	1982
18	Klein, Daoudi, Urbain, Huybrechts	44.93	2000
19	Debaillie, Brouwers, Frenay, Smith	44.94	1987
20	Schoos, Reylandt, Urbain, Gilbert	45.02	1991

MIN 4 x 200 m

1	Schraff, Duysens, De Buyst, Kohl	2.01.50	1986
2	Delfosse P, M'Rabet, De Buyst, Kohl	2.02.40	1985

CADETTES FILLES - U16

CAD 30 m

1	De Groote Noelia	6.84	2024
2	Marchal Zoe	7.34	2024

CAD 40 m

1	Bellaari Nouria	8.54	2024
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CAD 50 m

1	Schroeven Camille	7.08	2024
2	Squiflet Emelynn	7.20	2022
3	Lambert Kylie	7.30	2016

CAD 60 m

1	Henderickx Dominique	8.24	1971
2	Lambert Kylie	8.55	2015
3	Squiflet Eemlynn	8.61	2021
4	Popescu Raisa Gabriela	8.66	2022
5	Vandendael Alice	8.74	1966
	Nollet Viviane	8.74	1968
	Kohl Olivia	8.74	1984
8	Schroeven Camille	8.85	2022
9	Medan Ivana	8.87	2023
10	Irinkova Lora	8.89	2023
11	Dzou Lesly Kayla	8.90	2021
12	Carlot Sarah	8.97	2002
13	Godefroid Maud	9.05	1990
	Van Der Veken Cindy	9.05	2008
	Lecomte Christina	9.05	2009
16	Itoe Elisabeth	9.08	2014
17	Strypstein Maeva	9.09	2022
18	Tramoni Svenia	9.10	2016
	Dzou Steffy Ann	9.10	2024
20	Mouzon Emmanuelle	9.11	2002
	Strypstein Solena	9.11	2024

CAD 80 m

1	Radermacher Sarah	10.25	2024
2	Nollet Viviane	10.44	1970
3	Squiflet Emelynn	10.47	2023
4	Kohl Olivia	10.64	1986
	Clermont Nathalie	10.64	1989
	Mpinga Mulowayi Alexia	10.64	2017
7	Carlot Sarah	10.73	2004
8	Vandendael Alice	10.74	1968
	Henderickx Dominique	10.74	1970
	Carpentier Nathalie	10.74	1983
	Giuliani Alexandra	10.74	1995
12	Schroeven Camille	10.82	2024
13	Yech Chou Safia	10.85	2014
14	Lambert Kylie	10.86	2017
	Leonard Elise	10.86	2018



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

16	Callebaut Muriel	10.91	1985
17	Housiaux Colette	10.94	1964
	Van Collie Heidi	10.94	1982
	Smith Cindi	10.94	1988
	Bonvin Draps Nathalie	10.94	1993

CAD 100 m

1	Kohl Olivia	12.64	1988
2	Clermont Nathalie	12.67	1991
3	Van Der Veken Cindy	12.72	2012
4	Sielinou Lisa	12.78	2018
5	Keita Aïssa	12.83	1996
6	Minga Mulowayi Alexia	12.84	2018
7	Leplat Severine	12.86	1996
8	Van Collie Heidi	12.87	1984
9	Schauwers Manon	12.89	2014
10	Mouzon Emmanuelle	12.93	2006
	<b>Radermacher Sarah</b>	<b>12.93</b>	<b>2024</b>
12	Malfait Maritza	12.94	1984
13	Yech Chou Safia	12.95	2016
14	Klai Anissa	13.01	2011
15	Squiflet Emelynn	13.02	2023
16	Carlot Sarah	13.05	2006
17	<b>Irinkova Yoanna</b>	<b>13.09</b>	<b>2024</b>
18	Leonard Elise	13.10	2019
19	Bonvin Draps Nathalie	13.11	1995
	Noel Nehemie Keysha	13.11	2013

CAD 120 m

1	Sanchez Elisa	16.41	2022
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CAD 150 m

1	Nollet Viviane	19.94	1969
	Squiflet Emelynn	19.94	2023
3	Vandendael Alice	20.04	1968
4	Carlot Sarah	20.13	2004
5	Henderickx Dominique	20.14	1970
6	Mpinga Mulowayi Alexia	20.15	2017
7	<b>Schroeven Camille</b>	<b>20.18</b>	<b>2024</b>
8	Lambert Kylie	20.31	2017
9	Briand Celine	20.42	2010
10	Guillet Laurence	20.44	1993
11	Dierick Nadine	20.64	1966
	Bonvin Draps Nathalie	20.64	1993
13	Hostyn Priscilla	20.72	2003
14	Housiaux Colette	20.74	1964
15	Pontara Lisa	20.75	2016
16	Van Der Veken Cindy	20.81	2010
17	Merino Nohemi	20.84	2017
18	<b>Irinkova Lora</b>	<b>20.89</b>	<b>2024</b>
19	Kompany Christel	20.92	1997
20	Sacre Laetitia	20.94	1993
	Meys Jessica	20.94	2004

CAD 200 m

1	Leplat Anabelle	26.14	1996
2	Clermont Nathalie	26.40	1991
3	Muyls Tania	26.44	1986
4	Van Collie Heidi	26.50	1984
5	Kohl Olivia	26.56	1988
6	La Rou Jennifer	26.58	1993
7	Leplat Severine	26.63	1996
	Klai Anissa	26.63	2011
9	Wauters Marijke	26.74	1973
	Smith Cindi	26.74	1990
11	Van Der Veken Cindy	26.77	2012
12	Giuliani Alexandra	26.86	1997
13	<b>Radermacher Sarah</b>	<b>26.89</b>	<b>2024</b>
14	Henderickx Fabienne	26.94	1973
15	Schauwers Manon	27.00	2014
16	Keita Aïssa	27.02	1996
17	Sielinou Lisa	27.08	2018





ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
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18	Bonvin Draps Nathalie	27.10	1995
19	Malfait Maritza	27.13	1984
20	Meys Jessica	27.21	2006

CAD 300 m

1	Schauwers Manon	42.36	2014
2	Leplat Severine	42.65	1996
3	La Rou Jennifer	42.84	1992
4	Nollet Viviane	43.12	1970
5	Gilbert Fernanda	43.15	1992
6	Schroeven Camille	43.46	2024
7	Lambert Kylie	43.85	2017
8	Leplat Anabelle	44.16	1996
9	Carlot Sarah	44.28	2005
10	Bonvin Draps Nathalie	44.32	1995
11	Giuliani Alexandra	44.34	1997
12	Gilson Aurore	44.62	1996
13	La Rou Cecile	44.68	1996
14	Hostyn Priscilla	44.74	2004
15	Keita Aïssa	45.05	1996
16	Menama Matia Arnica Aby	45.11	2024
17	Vandendael Alice	45.22	1968
18	Gaajetaan Cordelia Avelyne	45.29	2024
19	Irinkova Yoanna	45.41	2024
20	Vlerick Ophelia	45.44	2008

CAD 400 m

1	Leplat Severine	57.61	1996
2	Klai Anissa	58.92	2011
3	Wauters Marijke	59.02	1973
4	Henderickx Fabienne	59.82	1973
5	La Rou Jennifer	59.84	1993
6	Malfait Maritza	61.22	1984
7	Lopez Gonzalez Chrystal	63.31	2023
8	Maron Nicole	63.42	1971
	Gilbert Fernanda	63.42	1992
10	De Buyst Nadia	63.52	1988
11	Badji Jalika	63.75	2010
12	Dikoume Jaelle	63.89	2004
	Iven Kayla	63.89	2017
14	Adam Benedicte	64.05	1993
15	Kohl Olivia	64.08	1988
16	Groffier Malak	64.09	2024
17	Boussar Hanan	64.10	2002
18	De Rijcke Dominique	64.12	1976
	Smith Cindi	64.12	1989
20	Merino Nohemi	64.30	2018

CAD 600 m

1	De Rijcke Dominique	1.44.70	1974
2	Nollet Viviane	1.44.90	1970
3	Henderickx Suzy	1.46.00	1974
4	Maron Nicole	1.46.50	1970
5	Gyselincx Ingrid	1.47.70	1966
6	Meersseman Geertje	1.49.50	1968
7	Strypstein Solena	1.57.65	2022
8	Lambert Kylie	2.00.94	2013
9	Squiflet Emelynn	2.07.24	2019
10	Beghin Joyce	2.09.21	2019
11	Popescu Raisa Gabriela	2.10.56	2020
12	Ngandeu Tchambia Brenda	2.10.62	2016
13	Schroeven Camille	2.10.70	2020
14	Huygens Cloe	2.11.73	2012
15	Radermacher Sarah	2.11.96	2018
16	Merino Nohemi	2.12.95	2013
17	Madani Zayneb	2.12.13	2024
18	Dzou Steffy Ann	2.13.95	2022
19	Dennison Chrystal	2.16.08	2014
20	Sibourg Celya	2.16.68	2018

CAD 800 m

1	Tshiasuma Jessie	2.21.88	2011
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ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

2	Wauters Marijke	2.22.80	1973
3	Inconstant Elisa	2.23.09	2022
4	Arnauts Els	2.24.30	1975
5	Schauwers Manon	2.24.47	2014
6	Cawet Daphne	2.25.42	1995
7	Boussar Hanan	2.25.57	2002
8	D'Hondt Helene	2.25.83	1999
9	Mouzon Emmanuelle	2.26.19	2005
10	Winckelmans Reinhilde	2.26.30	1972
11	Maron Nicole	2.27.50	1971
12	Adam Benedicte	2.27.70	1993
13	Muls Camille	2.27.86	2014
14	Delbecque Laure	2.27.98	1995
15	Groffier Malak	2.28.25	2024
16	Henderickx Fabienne	2.28.40	1973
17	Iven Kayla	2.30.05	2017
18	Dewitte Caroline	2.30.17	1997
19	Vandermeulen Nathalie	2.30.53	1988
20	Dewitte Valerie	2.30.90	1995

CAD 1000 m

1	Tshiasuma Jessie	3.01.95	2011
2	Inconstant Elisa	3.09.04	2022
3	Dewitte Caroline	3.12.93	1997
4	Cawet Daphne	3.12.94	1995
5	Schroeven Camille	3.13.18	2024
6	De Groote Estelle	3.14.33	2006
7	Adam Benedicte	3.17.00	1992
8	Lambert Kylie	3.17.03	2017
9	Potvlieghe An	3.17.90	1990
10	Boussar Hanan	3.18.85	2001
11	Schraff Celine	3.19.50	1987
12	Mouzon Emmanuelle	3.19.90	2004
13	Klai Anissa	3.20.76	2009
14	Vandermeulen Nathalie	3.21.70	1989
15	Codrea Beatrix	3.23.42	2005
16	Iven Kayla	3.23.95	2014
17	Merino Nohemi	3.24.29	2017
18	Van Der Perren Jessica	3.24.66	2009
19	Pauly Benedicte	3.25.05	1996
20	Irinkova Lora	3.25.23	2024

CAD 1500 m

1	Tshiasuma Jessie	4.53.37	2011
2	Cawet Daphne	5.02.54	1995
3	Potvlieghe An	5.06.80	1990
4	Boussar Hanan	5.07.19	2002
5	Schraff Celine	5.12.80	1987
6	De Rijcke Dominique	5.12.90	1974
7	Inconstant Elisa	5.17.63	2022
8	Codrea Beatrix	5.17.66	2006
9	Vandermeulen Nathalie	5.18.87	1988
10	Vanden Broeck Nolwen	5.19.89	2006
11	Dewitte Caroline	5.21.13	1997
12	Adam Benedicte	5.23.19	1992
13	Mattelaer Laurence	5.24.30	1987
14	Delbecque Laure	5.25.28	1994
15	Henderickx Fabienne	5.27.00	1974
16	Groffier Malak	5.29.46	2024
17	El Boubsi Maryam	5.32.09	1999
18	Boutaarourt Karima	5.33.68	1996
19	Verriez Laura	5.34.61	2016
20	Massot Marianne	5.34.80	1986

CAD Mile

1	Tshiasuma Jessie	5.37.33	2011
2	Muls Camille	5.48.60	2014
3	Vanden Broeck Nolwen	5.56.70	2006
4	Verriez Laura	6.13.72	2015
5	El Kamlichi Widad	6.27.41	2012
6	Imbo Kristel	6.28.31	2011



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

CAD 2000 m

1	Tshiasuma Jessie	7.02.18	2011
2	Codrea Beatrix	7.28.37	2006
3	Vanden Broeck Nolwen	7.30.59	2006

CAD 50 m haies (68 cm)

1	Lambert Kylie	8.04	2017
2	Strypstein Maeva	8.09	2024
3	Squiflet Emelynn	8.33	2022
4	Dzou Lesly Kayla	8.92	2022

CAD 50 m haies (76 cm)

1	Ouali Sirine	9.97	2013
2	Lecomte Christina	9.99	2011

CAD 60 m haies (68 cm)

1	Squiflet Emelynn	9.80	2023
2	Schroeven Camille	9.85	2024
3	Strypstein Maeva	9.98	2024
4	Popescu Raisa Gabriela	10.46	2024
5	Dzou Lesly Kayla	10.55	2023
6	De Cooman Lea	10.67	2024
7	Irinkova Lora	10.81	2024
8	Dzou Steffy Ann	10.88	2024
10	Radermacher Sarah	11.05	2022
11	Sibourg Celya	11.23	2022
12	Strypstein Solena	11.49	2024
13	Gerard Zoe	11.53	2024
14	El Youssoufi Asmae	12.36	2024
15	Pereira Da Silva Sara	12.49	2024
16	Janssen Jade	12.51	2023
17	Camara Elena	13.53	2024
18	Pereira Da Silva Isabelle	13.56	2024
19	Arys Josephine	13.73	2023
20	Chebout Nour	13.77	2024

CAD 60 m haies (76 cm)

1	Vandendael Alice	9.64	1968
2	Lambert Kylie	9.96	2017
3	Smith Cindi	10.05	1988
4	Huybrechts Isabelle	10.07	2000
5	Van Collie Heidi	10.14	1982
6	Mouzon Emmanuelle	10.20	2004
7	M'Rabet Salima	10.22	1985
8	Cincinatis Lucie	10.24	2003
9	Kohl Olivia	10.34	1986
10	Guillet Laurence	10.36	1993
11	Van Der Veken Cindy	10.37	2010
12	Lecomte Christina	10.41	2011
13	Van Der Veken Noemie	10.42	2010
14	Vidts Linda	10.44	1968
	Marloye Nadine	10.44	1971
	Uytterhaeghen Isabelle	10.44	1983
17	Kompany Christel	10.51	1997
18	Drieghe Maureen	10.54	1968
19	Yech Chou Safia	10.62	2014
20	Frenay Anne	10.64	1988

CAD 80 m haies (76 cm)

1	Schauwers Manon	11.88	2014
2	Kohl Olivia	11.95	1988
3	Clermont Nathalie	11.96	1991
4	Van Collie Heidi	12.18	1984
5	Smith Cindi	12.19	1990
	Guillet Laurence	12.19	1995
7	Gaeremynck Evelyne	12.26	1985
	Huybrechts Isabelle	12.26	2002
9	Van Der Veken Noemie	12.39	2012
10	Leplat Anabelle	12.44	1996
11	Squiflet Emelynn	12.52	2024
12	Giuliani Alexandra	12.54	1997



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

13	Mouzon Emmanuelle	12.56	2006
14	Marloye Nadine	12.64	1972
15	Badji Jalika	12.82	2011
16	La Rou Jennifer	12.83	1993
17	Nollet Viviane	12.84	1970
18	M'Rabet Salima	12.88	1987
19	Muyls Jacqueline	12.90	1980
	Van Rossem Nicky	12.90	2007

CAD 150 m haies (68 cm)

1	Squiflet Emelynn	21.33	2023
2	Schroeven Camille	21.64	2024
3	Radermacher Sarah	22.51	2022
4	Strypstein Maeva	22.56	2024
5	Irinkova Lora	22.62	2024
6	Gaajetaan Cordelia Avelyne	23.25	2024
7	De Cooman Lea	23.35	2023
8	Dzou Lesly Kayla	23.39	2023
9	Popescu Raisa Gabriela	23.62	2024
10	Sibourg Celya	23.92	2022
11	Irinkova Yoanna	24.02	2023
12	Gerard Zoe	26.05	2024

CAD 150 m haies (76 cm)

1	Lambert Kylie	21.56	2017
2	Yech Chou Safia	22.49	2014
3	Van Der Veken Cindy	22.78	2010
4	Badji Jalika	23.25	2009
5	Merino Nohemi	23.45	2017
6	Sandon Lisa	23.60	2014
7	Montilla Morgane	23.74	2011
8	Ngandeu Tchambia Brenda	23.79	2019
9	Mpinga Mulowayi Alexia	23.84	2016
10	Mayot Coiffard Hermine	23.91	2018
11	Henry Morgane	24.00	2012
12	Lecomte Christina	24.23	2011
13	Pontara Lisa	24.31	2015
14	Itoe Elisabeth	24.53	2015
15	Van Der Veken Noemie	24.83	2010
16	Mjahed Maya	24.91	2019
17	Tshiasuma Jessie	24.98	2009
18	Lins Noemie	25.08	2007
19	Huygens Cloe	25.29	2016
20	Itoe Cecile	25.41	2014

CAD 200 m haies (76 cm)

1	Ouali Sirine	37.39	2015
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CAD 300 m haies (76 cm)

1	La Rou Jennifer	45.51	1993
2	Schauwers Manon	45.77	2014
3	De Decker Annelies	46.42	1993
4	Van Collie Heidi	46.50	1984
5	Mouzon Emmanuelle	46.52	2006
6	Kohl Olivia	46.66	1988
7	Smith Cindi	46.90	1990
8	Gilbert Fernanda	47.04	1992
9	Radermacher Sarah	47.91	2024
10	Badji Jalika	48.02	2011
11	Leplat Severine	48.21	1996
12	Frenay Anne	48.26	1989
13	Van Zeebroeck Griet	48.53	1995
14	Martins Junior Magaly	48.67	2019
15	M'Rabet Salima	48.89	1986
16	Vanden Eede Isabelle	49.22	1990
17	Brion Sophie	49.33	2000
18	Giuliani Alexandra	49.42	1997
19	Gaeremynck Evelyne	49.72	1985
20	Adam Benedicte	49.73	1993

CAD 1500 m steeple (76 cm)



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

1	Van Der Perren Jessica	6.17.24	2009
2	Archambeau Aline	6.22.37	2004
3	Huygens Cloe	6.31.12	2017
4	Imbo Kristel	6.31.72	2010
5	Hostyn Priscilla	6.55.99	2004

CAD Hauteur

1	Van Collie Heidi	1m68	1984
2	Schauwers Manon	1m66	2014
3	De Rijcke Dominique	1m63	1976
	Golfa Sambah Clara	1m63	2017
5	Van Der Veken Cindy	1m61	2012
6	Smith Cindi	1m59	1990
7	Marloye Nadine	1m58	1973
8	Hoste Corinne	1m55	1975
	Kohl Olivia	1m55	1988
10	Kompany Christel	1m53	1999
	Viaene Luna	1m53	2018
12	Vlerick Ophelia	1m52	2009
13	Strypstein Maeva	1m51	2024
14	Vandenbrande Nathalie	1m50	1996
	Hostyn Priscilla	1m50	2005
	Van Rossem Nicky	1m50	2007
	Merino Nohemi	1m50	2018
18	Van Der Veken Noemie	1m49	2012
	Schroeven Camille	1m49	2024
20	Fomenko Lisa	1m48	2007
	Radermacher Sarah	1m48	2024

CAD Longueur

1	Van Collie Heidi	5m74	1984
2	Marloye Nadine	5m72	1973
3	Dossey Jennifer Stefania	5m45	2019
	Squiflet Emelynn	5m45	2024
5	Henderickx Dominique	5m39	1971
6	Schauwers Manon	5m37	2014
7	Malfait Maritza	5m34	1984
8	Kompany Christel	5m28	1999
9	Hostyn Priscilla	5m27	2005
10	Carpentier Nathalie	5m21	1986
11	Radermacher Sarah	5m15	2024
12	Smith Cindi	5m10	1989
13	Housiaux Colette	5m06	1964
	Muyls Jacqueline	5m06	1980
15	Clermont Nathalie	5m03	1990
16	Yech Chou Safia	5m00	2015
17	Mouzon Emmanuelle	4m98	2006
18	Vandendael Alice	4m95	1968
	Lucas Clara	4m95	2019
20	Carlot Sarah	4m94	2006

CAD Triple saut

1	Kompany Christel	11m71	1999
2	Dossey Jennifer Stefania	11m49	2019
3	Naji Afaf	11m05	2004
4	Hostyn Priscilla	10m98	2005
5	Fomenko Lisa	10m92	2007
6	Vandenbrande Nathalie	10m88	1996
7	Yech Chou Safia	10m73	2015
8	Guisse Saliyya	10m55	2011
9	Archambeau Aline	10m50	2005
10	Van De Sype Chloe	10m20	2012
11	Vanden Bergh Joy	10m14	2015
12	Van Zeebroeck Griet	10m07	1995
13	Boswell Audrey	10m03	2003
14	Sandon Lisa	10m01	2016
15	Lecomte Christina	9m98	2013
16	Pontara Lisa	9m88	2018
17	Vandenbroeck Elke	9m80	1993
18	Van Rossem Nicky	9m66	2007
19	La Rou Cecile	9m60	1996
20	De Cock Aline	9m59	1996



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
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CAD Perche

1	Van Zeebroeck Griet	3m26	1995
2	Van De Sype Chloe	3m20	2012
3	Imbo Kristel	2m86	2011
4	Van Remoortel Anouchka	2m80	1995
5	Mouzon Emmanuelle	2m75	2006
6	Huybrechts Isabelle	2m60	2002
7	Dzou Lesly Kayla	2m40	2024
8	Schroeven Camille	2m36	2024
9	Hostyn Priscilla	2m30	2004
	Fomenko Lisa	2m30	2007
11	Squiflet Emelynn	2m25	2023
12	Strypstein Maeva	2m22	2024
13	Archambeau Aline	2m20	2003
	Kaluza Isabelle	2m20	2013
15	De Cooman Lea	2m12	2024
16	Tong Aline	2m10	2005
17	Klai Anissa	2m02	2009
18	De Gunsch Marie	2m00	2008
	Van Der Veken Noemie	2m00	2010
	Lambert Kylie	2m00	2016
	Nachtergal Marine	2m00	2017

CAD Poids (1 kg)

1	Goutte Alexandra	8m63	2000
2	Montilla Morgane	8m53	2007
3	Huybrechts Isabelle	8m46	1996
4	Van De Sype Chloe	8m39	2006
5	Paulus Jessie	8m30	2005
6	Squiflet Emelynn	8m23	2019
7	Englebert Yolaine	8m15	2005
8	Meys Jessica	7m98	2000
9	Hallems Julie	7m90	1994
10	Lambert Kylie	7m81	2013
11	Dolianitis Dina	7m78	2000
12	Beghin Joyce	7m77	2019
13	Kompany Christel	7m74	1993
14	Maidane Yasmine	7m67	2004
15	Ngandeu Tchambia Brenda	7m59	2016
16	Arys Josephine	7m58	2022
17	Pholien Alexandra	7m51	2004
18	Dzou Lesly Kayla	7m43	2019
19	Waegemans Ariane	7m40	2002
20	Lecomte Christina	7m36	2007

CAD Poids (2 kg)

1	Squiflet Emelynn	13m46	2023
2	Waegemans Aurore	13m12	2003
3	Iven Kayla	12m89	2015
4	Dzou Lesly Kayla	12m01	2023
5	Popescu Raisa Gabriela	11m93	2024
6	Kompany Christel	11m79	1997
	Van De Sype Chloe	11m79	2010
8	De Cooman Lea	11m36	2024
9	Mouzon Emmanuelle	10m80	2004
10	Hallems Julie	10m78	1998
11	Huybrechts Isabelle	10m69	2000
12	Mayuma Marie	10m62	2021
13	Strypstein Maeva	10m52	2024
14	Montilla Morgane	10m40	2011
15	Vandenbrande Nathalie	10m38	1994
	Goutte Alexandra	10m38	2003
17	Squiflet Emelynn	10m06	2022
18	Mjahed Maya	9m94	2020
19	Pauly Benedicte	9m92	1996
20	Mayuma Maeva	9m83	2023

CAD Poids (3 kg)

1	Mathieu Julia	13m85	2019
2	Kompany Christel	12m10	1999
3	Mayuma Marie	11m84	2023



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4	Marloye Nadine	11m74	1973
5	Dzou Lesly Kayla	11m62	2024
6	Declerck Anne	11m18	1978
7	Mouzon Emmanuelle	11m42	2006
8	Iven Kayla	11m41	2017
9	Squiflet Emelynn	11m08	2024
10	Archambeau Aline	11m05	2005
11	Van De Sype Chloe	11m02	2012
12	Vandenbrande Nathalie	10m98	1996
13	Mjahed Maya	10m86	2022
14	De Meyer Laurence	10m82	2003
15	Hoste Corinne	10m79	1975
16	Reynaerts Stephanie	10m69	1995
17	Huybrechts Isabelle	10m62	2002
18	Uytterhaeghen Isabelle	10m49	1985
19	Hallems Julie	10m27	2000
20	Cavada Barros Bernadita	10m09	2023

CAD Poids (4 kg)

1	Hallems Julie	9m00	2000
2	Housiaux Norine	6m64	1966

CAD Disque (600 gr)

1	Waegemans Aurore	32m53	2003
2	Kill Françoise	31m80	1996
3	Kompany Christel	31m36	1997
4	Van Der Veken Noemie	30m28	2010
5	De Buyst Nadia	29m24	1986
6	Huybrechts Isabelle	27m96	2000
7	Montilla Morgane	27m01	2010
8	Popescu Raisa Gabriela	26m15	2022
9	Gilson Aurore	25m74	1994
10	Van De Sype Chloe	25m24	2009
11	Squiflet Emelynn	24m96	2021
12	Hostyn Priscilla	24m76	2003
13	De Groote Florence	24m41	2001
14	Vanden Berghen Sylvie	24m40	1984
15	Gilbert Fernanda	23m92	1991
16	Hallems Julie	23m87	1998
17	Dewavre Laurence	23m80	1989
18	De Cooman Lea	23m71	2022
19	Vandenbrande Nathalie	23m40	1994
20	Strypstein Solena	23m31	2024

CAD Disque (750 gr)

1	De Cooman Lea	33m81	2024
2	Popescu Raisa Gabriela	29m30	2024
3	Iven Kayla	27m29	2015
4	Mayuma Marie	26m13	2021
5	Montilla Morgane	25m78	2011
6	Huygens Cloe	25m56	2016
7	Radermacher Sarah	24m93	2022
8	Merino Nohemi	24m54	2017
9	Mayuma Maeva	24m48	2023
10	Squiflet Emelynn	24m14	2023
11	Mjahed Maya	24m00	2020
12	Van Der Veken Noemie	23m66	2010
13	Van De Sype Chloe	23m51	2010
14	Imbo Kristel	21m65	2009
15	Tshiasuma Jessie	20m04	2009
16	Van Der Veken Cindy	19m76	2010
17	Badji Jalika	19m45	2009
18	Strypstein Maeva	19m42	2023
19	Mpinga Muloway Alexia	19m40	2017
20	Medan Ivana	19m33	2024

CAD Disque (1 kg)

1	Marloye Nadine	37m60	1973
2	Vandenbrande Nathalie	36m48	1996
3	Mayuma Marie	31m62	2023
4	Mathieu Julia	31m59	2019
5	Hallems Julie	31m15	2000



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

6	Iven Kayla	30m81	2017
7	Kill Françoise	30m33	1998
8	Van Der Veken Noemie	30m03	2012
9	Vanden Berghen Sylvie	29m92	1985
10	Kompany Christel	29m33	1999
11	De Buyst Nadia	28m90	1988
12	Mayuma Maeva	28m79	2024
13	Van De Sype Chloe	28m58	2012
14	Mubarik Inaya	28m13	2023
15	Declerck Anne	28m08	1978
16	Mjahed Maya	27m72	2022
17	Hoste Corinne	26m34	1975
18	Van Israel Joelle	25m86	1972
19	Bastin Beatrice	25m52	1968
20	Housiaux Norine	25m38	1966

CAD Balle de hockey

1	Iven Kayla	41m50	2013
2	Van De Sype Chloe	40m58	2008
3	Strypstein Solena	36m48	2024
4	Tong Aline	35m47	2004
5	Squiflet Emelynn	35m24	2021
6	Huybrechts Isabelle	35m15	1998
7	Dzou Lesly Kayla	34m75	2021
8	Hallems Julie	33m74	1996
9	Hasani Geraldina	33m73	2006
10	Meys Jessica	32m36	2002
11	Popescu Raisa Gabriela	32m06	2022
12	De Cooman Lea	32m04	2022
13	De Meyer Laurence	31m94	1999
14	Pauly Benedicte	31m22	1994
15	Goutte Alexandra	30m81	2002
16	El Boubsi Maryam	29m46	1995
17	Pereira Da Silva Sara	29m45	2024
18	Mouzon Emmanuelle	29m15	2002
19	Vermeir Jade	29m12	2024
20	Huygens Chloe	29m00	2014

CAD Vortex

1	Medan Ivana	27m16	2023
2	Vermeir Jade	21m29	2024
3	Arys Josephine	21m17	2023
4	Neil Emma	13m18	2024
5	Bellaari Nouria	9m20	2024
6	Arys Julia	7m31	2024
7	Madani Zayneb	5m66	2024
8	Diallo Mariam	5m48	2024

CAD Javelot (400 gr) > avant 1999

1	Hallems Julie	31m01	1998
2	Adam Benedicte	24m88	1991
3	De Cock Aline	22m24	1995
4	Kompany Christel	21m72	1997
5	Binon Christelle	20m94	1992
6	Pauly Benedicte	19m76	1996
7	Ruyssinck Kelly	19m36	1996
8	La Rou Cecile	18m54	1995
9	El Hammouti Soraya	18m20	1994
10	Van Zeebroek Griet	17m96	1993
11	Kill Françoise	17m94	1996
12	Delbecque Laure	17m92	1993
13	Gilbert Fernanda	16m94	1991
14	Gilson Aurore	16m82	1994
15	Leplat Severine	16m14	1994
16	El Boubsi Maryam	16m10	1997
17	La Rou Jennifer	16m00	1991
18	Vandenbroek Elke	15m72	1991
19	Sorel Aurelie	15m70	1995
20	Guillet Laurence	15m58	1993

CAD Javelot (400 gr) > 1999 à

1	Squiflet Emelynn	37m36	2023
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ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

2	Iven Kayla	34m63	2015
3	Popescu Raisa Gabriela	31m59	2024
4	Radermacher Sarah	30m78	2022
5	De Cooman Lea	30m73	2024
6	Montilla Morgane	30m13	2011
7	Mouzon Emmanuelle	29m98	2004
8	Huybrechts Isabelle	29m28	2000
9	Mjahed Maya	28m12	2020
10	Van De Sype Chloe	26m45	2010
11	Huygens Cloe	25m88	2016
12	Mayuma Marie	24m77	2021
13	Codrea Beatrix	24m59	2005
14	Dzou Lesly Kayla	24m40	2023
15	Imbo Kristel	24m35	2009
16	Lecomte Christina	24m11	2010
17	De Meyer Laurence	23m48	2001
18	Badji Jalika	23m47	2009
19	Strypstein Maeva	23m31	2024
20	Klai Anissa	22m80	2009

CAD Javelot (500 gr) > avant 1999

1	Reynaerts Stephanie	32m82	1995
2	Adam Benedicte	30m66	1993
3	Uytterhaeghen Isabelle	30m48	1984
4	Pauly Benedicte	27m29	1998
5	Gilbert Lucy	26m78	1991
6	Carpentier Nathalie	26m26	1986
7	De Buyst Nadia	26m06	1988
8	Padilla Louise	24m60	1980
9	Vandenbroeck Elke	24m58	1993
10	Smith Cindi	23m72	1989
11	Van Collie Heidi	23m64	1984
	Vandendriessche Maja	23m64	1985
13	Ramos Daphne	23m48	1990
14	Gilbert Fernanda	22m68	1992
15	Van Zeebroeck Griet	22m02	1995
16	De Cock Aline	21m80	1996
17	Kompany Christel	21m42	1998
18	Debaillie Isabelle	20m00	1988
19	Fayt Laurence	18m88	1991
20	Troisfontaine Valerie	18m72	1989

CAD Javelot (500 gr) > 1999 à

1	Iven Kayla	41m46	2017
2	Squiflet Emelynn	40m94	2024
3	Hallems Julie	36m86	2000
4	Huybrechts Isabelle	36m67	2002
5	Montilla Morgane	34m38	2013
6	Mayuma Marie	33m74	2023
7	Mouzon Emmanuelle	32m37	2006
8	Radermacher Sarah	29m72	2023
9	Huygens Cloe	28m50	2018
10	Kompany Christel	27m62	1999
11	Mjahed Maya	27m55	2022
12	Cavada Barros Bernadita	27m24	2023
13	Van De Sype Chloe	27m02	2011
14	Imbo Kristel	25m97	2011
15	De Meyer Laurence	25m93	2003
16	Hostyn Priscilla	25m27	2005
17	Codrea Beatrix	24m65	2006
18	Dzou Lesly Kayla	24m40	2024
19	Merino Nohemi	23m92	2018
20	Archambeau Aline	23m46	2005

CAD Javelot (600 gr) > avant 1999

1	Declerck Anne	35m00	1978
2	Hoste Corinne	31m18	1974
3	Bastin Chantal	30m00	1969
4	Meskens Muriel	27m72	1976
5	Gilbert Lucy	26m06	1991
6	Marloye Nadine	23m56	1973
7	Vandenbroeck Elke	23m52	1993



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

8	Vandendael Alice	22m96	1968
9	Callebaut Claudine	21m50	1974
10	Mayenez Catherine	21m20	1978
11	Van Millis Paula	19m50	1965
12	Wilmotte Marie Jeanne	19m17	1971
13	Hoolans Annie	17m46	1969
14	Nollet Viviane	16m58	1969
15	Vandendael Marie Jeanne	16m55	1965
16	Padilla Louise	12m22	1977
17	Muyls Jacqueline	10m18	1977
18	Loris C	9m18	1977

CAD Javelot (600 gr) > 1999 à

1	Hallems Julie	29m91	1999
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CAD Marteau (3 kg)

1	Huygens Cloe	34m60	2018
2	Vandenbrande Nathalie	32m60	1996
3	Van Remoortel Anouchka	26m14	1995
4	Hallems Julie	24m28	1999
5	Adam Benedicte	20m70	1993
6	Fomenko Lisa	22m05	2007
7	Imbo Kristel	20m31	2011
8	Van De Sype Chloe	19m22	2011
9	Van Zeebroeck Griet	18m66	1994
10	Montilla Morgane	18m38	2012
11	Guisse Saliyya	16m90	2011
	Mubarik Inaya	16m90	2023

CAD Triathlon > avant 1979

1	Marloye Nadine	2034 p	1973
2	Vandendael Alice	1985 p	1968
3	Vidts Linda	1946 p	1968
4	Nollet Viviane	1883 p	1970
5	Hoste Corine	1767 p	1975
6	Drieghe Maureen	1524 p	1968
7	Hoolans Annie	1480 p	1969
8	De Wandeleer Danielle	1453 p	1970
9	Housiaux Norine	1446 p	1966
10	Bortels Anne Marie	1425 p	1966
11	Moreau Martine	1386 p	1966
12	Bastin Chantal	1198 p	1968

CAD Triathlon > 1979 à

1	Van Collie Heidi	2112 p	1984
2	Uytterhaegen Isabelle	1815 p	1984
3	Girasa Deborah	1553 p	1984
4	Overloop An	1398 p	1979
5	Noben Christelle	1372 p	1983
6	Delheusy Veronique	1151 p	1981
7	Lambert Viviane	905 p	1981

CAD Pentathlon > avant 1999

1	Van Collie Heidi	3384 p	1984
2	Uytterhaegen Isabelle	2784 p	1984
3	Carpentier Nathalie	2577 p	1986
4	Kohl Olivia	2407 p	1988
5	De Buyst Nadia	2402 p	1988
6	Fayt Laurence	2206 p	1991
7	Girasa Deborah	2165 p	1984
8	Vandendriessche Maja	2150 p	1985
9	M'Rabet Salima	2064 p	1986
10	Gaeremynck Evelyne	2056 p	1985
11	Gilbert Fernanda	2021 p	1992
12	Vandenbroeck Elke	1646 p	1992

CAD Pentathlon > 1999 à

1	Iven Kayla	2855 p	2017
2	Radermacher Sarah	2803 p	2024
3	Huybrechts Isabelle	2500 p	2001
4	Montilla Morgane	2285 p	2012



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

CAD Hexathlon

1	Schauwers Manon	3901 p	2014
2	Kompany Christel	3625 p	1999
3	Mouzon Emmanuelle	3482 p	2006
4	Huybrechts Isabelle	3426 p	2002
5	Squiflet Emelynn	3346 p	2024
6	Hostyn Priscilla	3188 p	2005
7	Kompany Christel	3159 p	1998
8	Van De Sype Chloe	3077 p	2012
9	Radermacher Sarah	3061 p	2023
10	Archambeau Aline	3030 p	2005
11	Vlerick Ophelia	2967 p	2009
12	Iven Kayla	2924 p	2016
13	Van Der Veken Noemie	2913 p	2012
14	Montilla Morgane	2896 p	2013
15	Lucas Clara	2832 p	2019
16	Lins Noemie	2768 p	2009
17	Badji Jalika	2739 p	2011
18	Merino Nohemi	2643 p	2018
19	Dzou Lesly Kayla	2534 p	2024
20	Guisse Saliyya	2530 p	2011

CAD 1000 m marche

1	Iven Kayla	6.20.58	2013
2	Gerard Zoe	6.50.97	2022
3	Delbecque Laure	6.53.70	1991
4	Schroeven Camille	6.55.37	2022
5	Strypstein Maeva	7.02.31	2022
6	Gilson Aurore	7.44.30	1991

CAD 2000 m marche

1	Van Der Veken Noemie	13.51.98	2009
2	Kersten Michele	14.07.50	1979
3	Gilson Aurore	14.23.20	1992

CAD 3000 m marche

1	Cuvelier Maela	21.19.14	2015
2	El Ouahmi Sirine	21.58.95	2015
3	Kersten Michele	22.06.90	1980
4	Biese Helena	24.09.94	2018

CAD 3 x 600 m

1	Strypstein, Schroeven, Squiflet	5.46.08	2023
2	Lecomte, Montilla, De Backer	6.21.61	2010
3	Van De Sype, Imbo, Tshiasuma	6.27.72	2009

CAD 4 x 60 m

1	Mpinga, Merino, Tshanga Diomi, Lambert	33.97	2015
2	Schroeven, Strypstein, Medan, Popescu	34.54	2022
3	Dolianitis, Meys, Mouzon, Carlot	35.44	2002
4	?	35.70	1984
5	Squiflet, Schroeven, Strypstein, Dzou	35.76	2021
6	Wittevrongel, M'Rabet, Muyls, Carpentier	35.84	1982
	Nijs, Huygens, Merino, Lambert	35.84	2014
8	Cacciatore, Ibanez, Frenay, Smith	35.92	1986
9	La Rou, Urbain, Van Beckhoven, Godefroid	36.10	1989
10	?	36.22	1968
11	Wanyu, Khrauph, Sweetlove, Radermacher	36.74	2019
12	Strypstein, Pereira Da Silva, Pereira Sa Silva, Dzou	36.77	2024
13	Gerard, Strypstein, Dzou, Medan	36.88	2023
14	Girasa, Kohl, De Buyst, M'Rabet	37.12	1983
15	Ghayati N, Brouwers, Godefroid, Urbain	37.34	1990
	Murray, Mouzon, Meys, Hostyn	37.34	2001
17	Hallems, Degives, Brion, Marnef	37.40	1996
18	La Rou, Delbecque, Delannoy, Godefroid	37.42	1988
	Degives, El Boubsi, Gilson, Kompany	37.42	1995
20	Dennison, Dewaele, Chraibi, Demanet	37.51	2016

CAD 4 x 80 m

1	Leonard, Merino, Mpinga Mulowayi, Lambert	41.33	2017
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ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

2	Pontara, Lambert, Mpinga Mulowayi, Nijs	42.22	2016
3	?	42.62	1970
4	Mouzon, Carlot, Meys, Pena Loreto	42.69	2004
5	Carlot, Cincinatis, Hostyn, Archambeau	42.79	2003
6	Massart, Ramos, Frenay, Smith	42.87	1988
7	Irinkova, De Cooman, Strypstein, Schroeven	43.17	2024
8	Stevens, Bortels, Servaes, Vandendael	43.22	1967
9	Van Remoortel, Sacre, Bonvin Draps, Guillet	43.32	1993
10	?	43.62	1966
11	?	43.64	1984
12	?	43.82	1968
13	Squiflet, Dzou, Schroeven, De Cooman	43.99	2023
14	Dzou, Radermacher, Sibourg, Squiflet	44.04	2022
15	Antoine, Duysens, De Buyst, Kohl	44.54	1986
16	M'Rabet, De Buyst, Kohl, Callebaut	44.62	1985
17	?	44.72	1983
	Dewitte, Kill, Giuliani, La Rou	44.72	1995
19	Troisfontaine, Ibanez, Dewavre, Clermont	44.78	1989
20	Leplat, Leplat, La Rou, Gilson	44.87	1994

CAD 4 x 100 m

1	Keita, Sacre, Bonvin Draps, Guillet	50.59	1995
2	Lecompte, Vanden Broeck, La Rou, De Decker	50.70	1993
3	Gilson, Leplat A, Leplat S, Vandenbrande	50.90	1996
4	Wauters, Gyselinck, Henderickx, Marloye	51.12	1973
5	Carlot, Van Rossem, Mouzon, Meys	51.21	2006
6	Irinkova, Radermacher, Menama Matia, Squiflet	51.42	2024
7	Camps, Sielinou, Tshanga Diomi, Mpinga Mulowayi	51.46	2018
8	Ramos, Costa, Clermont, Smith	51.50	1990
9	Mpinga Mulowayi, Tshanga Diomi, Leonard, Dossey	51.72	2019
10	Hostyn, Archambeau, Mouzon, Meys	52.02	2005
11	Badji, Klai, Van Der Veken N, Guisse	52.05	2011
12	Gaeremynck, Van Collie, Malfait, Uytterhaeghen	52.12	1984
13	Van Laethem, De Buyst, Gauditiaubois, Kohl	52.14	1988
14	Lecompte, Vandenbroeck, La Rou, Gilbert	52.17	1992
15	M'Rabet, Carpentier, Muyls, Callebaut	52.35	1985
16	Palalic, Cornali, Gerard, Radermacher	52.39	2023
17	Gaeremynck, Carpentier, Muyls, Van Osselt	52.43	1985
18	Archambeau, Hellemans, Tshupula Bitota, Hostyn	52.54	2004
19	Micheli, Vanden Bergh, Tshanga, Yech Chou	52.75	2015
20	Ramos, Brouwers, Frenay, Smith	52.89	1989
	Lecomte, Van Der Veken, Van Der Veken, Peij	52.89	2012

CAD 4 x 200 m

1	Imbo, Badji, Legein, Klai	1.54.89	2010
2	Murerwa, Kazadi, Lins, Vlerick	1.59.87	2009
3	Schraff, Duysens, De Buyst, Kohl	2.01.50	1986
4	Delfosse P, M'Rabet, De Buyst, Kohl	2.02.40	1985

CAD 4 x 800 m

1	Sacre, Delbecque, Dewitte, Cawet	10.17.08	1995
2	Van Zeebroeck, Delbecque, Dewitte, Cawet	10.29.87	1994
3	Iven, Verriez, Khattou, Derdari	10.46.71	2016
4	Derdari, Celik, Verriez, Itoe	11.36.19	2015
5	Denti, Houba, Ligocki, Cornez	12.57.60	1979

CAD Relais suédois

1	Badji, Klai, Guisse, Legein	2.32.85	2010
2	Lopez Gonzalez, Gerard, Radermacher, Cornali	2.34.30	2023

CAD Relais olympique

1	Groffier, Menama Matia, Irinkova, Radermacher	4.39.71	2024
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SCOLAIRES DAMES - U18

SCO 30 m

1	De Groote Noelia	6.84	2024
2	Marchal Zoe	7.34	2024

SCO 40 m

1	Bellaari Nouria	8.54	2024
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ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

SCO 50 m

1	Schroeven Camille	11	7.08	13-10	FRA
2	Squiflet Emelynn			7.20	2022
3	Lambert Kylie			7.30	2016

SCO 60 m

1	Nollet Viviane			8.04	1971
2	Van Eerdewegh Nicole			8.14	1971
3	Vandendael Alice			8.24	1970
	Henderickx Dominique			8.24	1971
5	Lambert Kylie			8.55	2015
6	Squiflet Eemlynn			8.61	2021
7	Popescu Raisa Gabriela			8.66	2022
	Kohl Olivia			8.74	1984
9	Schroeven Camille			8.85	2022
10	Medan Ivana			8.87	2023
11	Irinkova Lora			8.89	2023
12	Dzou Lesly Kayla			8.90	2021
13	Carlot Sarah			8.97	2002
14	Godefroid Maud			9.05	1990
	Van Der Veken Cindy			9.05	2008
	Lecomte Christina			9.05	2009
17	Itoe Elisabeth			9.08	2014
18	Strypstein Maeva			9.09	2022
19	Tramoni Svenia			9.10	2016
	Dzou Steffy Ann			9.10	2024

SCO 80 m

1	Radermacher Sarah			10.25	2024
2	Nollet Viviane			10.44	1970
3	Squiflet Emelynn			10.47	2023
4	Kohl Olivia			10.64	1986
	Clermont Nathalie			10.64	1989
	Mpinga Mulowayi Alexia			10.64	2017
7	Carlot Sarah			10.73	2004
8	Vandendael Alice			10.74	1968
	Henderickx Dominique			10.74	1970
	Carpentier Nathalie			10.74	1983
	Giuliani Alexandra			10.74	1995
12	Schroeven Camille			10.82	2024
13	Yech Chou Safia			10.85	2014
14	Lambert Kylie			10.86	2017
	Leonard Elise			10.86	2018
16	Callebaut Muriel			10.91	1985
17	Housiaux Colette			10.94	1964
	Van Collie Heidi			10.94	1982
	Smith Cindi			10.94	1988
	Bonvin Draps Nathalie			10.94	1993

SCO 100 m

1	Van Der Veken Cindy			12.33	2014
2	Vandendriessche Nadine			12.41	1982
3	Leplat Severine			12.43	1998
4	Malfait Maritza			12.48	1986
5	Kohl Olivia			12.57	1989
6	Leonard Elise			12.61	2022
7	Mouzon Emmanuelle			12.65	2008
8	Clermont Nathalie			12.67	1991
9	Noel Nehemie Keysha			12.70	2015
10	Nollet Viviane			12.74	1971
	Henderickx Dominique			12.74	1972
	Naples Michele			12.74	1981
13	La Rou Jennifer			12.77	1995
	Schauwers Manon			12.77	2016
15	Sielinou Lisa			12.78	2018
16	De Coster Alexandra			12.80	1982
17	Keita Aïssa			12.83	1996
18	Vandendael Alice			12.84	1970
	Minga Mulowayi Alexia			12.84	2018
20	Guillet Laurence			12.85	1997



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

SCO 120 m

1	Sanchez Elisa	16.41	2022
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SCO 150 m

1	Nollet Viviane	19.94	1969
	Squiflet Emelynn	19.94	2023
3	Vandendael Alice	20.04	1968
4	Carlot Sarah	20.13	2004
5	Henderickx Dominique	20.14	1970
6	Mpinga Mulowayi Alexia	20.15	2017
7	Schroeven Camille	20.18	2024
8	Lambert Kylie	20.31	2017
9	Briand Celine	20.42	2010
10	Guillet Laurence	20.44	1993
11	Dierick Nadine	20.64	1966
	Bonvin Draps Nathalie	20.64	1993
13	Hostyn Priscilla	20.72	2003
14	Housiaux Colette	20.74	1964
15	Pontara Lisa	20.75	2016
16	Van Der Veken Cindy	20.81	2010
17	Vandendael Marie Jeanne	20.84	1967
	Merino Nohemi	20.84	2017
19	Irinkova Lora	20.89	2024
20	Kompany Christel	20.92	1997

SCO 200 m

1	Vandendriessche Nadine	25.34	1981
2	Leplat Severine	25.38	1998
3	Van Der Veken Cindy	25.42	2014
4	Kohl Olivia	25.53	1990
5	Schauwers Manon	25.65	2016
6	Mouzon Emmanuelle	25.73	2008
7	Naples Michele	25.78	1982
8	La Rou Jennifer	25.82	1995
9	Leplat Anabelle	25.84	1997
10	De Coster Alexandra	25.94	1982
	Van Collie Heidi	25.94	1986
12	Malfait Maritza	25.98	1986
13	Henderickx Dominique	26.04	1973
14	Giuliani Alexandra	26.24	1998
15	Van Laethem Sandra	26.25	1989
16	Klai Anissa	26.27	2012
17	Van Eerdewegh Nicole	26.34	1971
	De Vrye Corine	26.34	1977
19	Clermont Nathalie	26.40	1991
20	Muyls Tania	26.44	1986

SCO 300 m

1	Leplat Severine	39.65	1998
2	La Rou Jennifer	41.29	1995
3	Schauwers Manon	41.68	2016
4	Klai Anissa	42.20	2013
5	Leplat Anabelle	42.37	1998
6	Kompany Christel	42.48	2000
7	Van Der Veken Cindy	42.74	2014
8	Nollet Viviane	43.12	1970
9	Gilbert Fernanda	43.15	1992
10	Schroeven Camille	43.46	2024
11	Vanden Eede Isabelle	43.61	1992
12	Giuliani Alexandra	43.84	1998
13	Lambert Kylie	43.85	2017
14	Carlot Sarah	44.28	2005
15	Bonvin Draps Nathalie	44.32	1995
16	Gilson Aureore	44.62	1996
17	Sende Patricia	44.64	2002
18	La Rou Cecile	44.68	1996
19	Hostyn Priscilla	44.74	2004
20	Keita Aissa	45.05	1996

SCO 400 m



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1	Leplat Severine	56.03	1998
2	Klai Anissa	57.07	2013
3	Van Collie Heidi	57.32	1986
4	La Rou Jennifer	58.29	1995
5	Malfait Maritza	58.58	1986
6	Schauwers Manon	58.90	2016
7	Wauters Marijke	59.02	1973
8	Adam Benedicte	59.31	1995
9	Miri Yasmina	59.76	2011
10	Henderickx Fabienne	59.82	1973
11	Vandendriessche Nadine	60.02	1981
12	Collard Florence	60.71	1983
13	Meersseman Geertje	60.82	1970
14	Van Damme Joelle	61.41	2009
15	Mortier Pascale	61.52	1972
	Vanden Eede Isabelle	61.52	1992
17	Leplat Anabelle	61.63	1997
18	Brion Sophie	61.74	2002
19	Gauditiaubois Christine	61.82	1989
	De Buyst Nadia	61.82	1990

SCO 600 m

1	De Rijcke Dominique	1.44.70	1974
2	Nollet Viviane	1.44.90	1970
3	Henderickx Suzy	1.46.00	1974
4	Maron Nicole	1.46.50	1970
5	Gyselincx Ingrid	1.47.70	1966
6	Meersseman Geertje	1.49.50	1968
7	Strypstein Solena	1.57.65	2022
8	Lambert Kylie	2.00.94	2013
9	Squiflet Emelynn	2.07.24	2019
10	Beghin Joyce	2.09.21	2019
11	Popescu Raisa Gabriela	2.10.56	2020
12	Ngandeu Tchambia Brenda	2.10.62	2016
13	Schroeven Camille	2.10.70	2020
14	Huygens Cloe	2.11.73	2012
15	Radermacher Sarah	2.11.96	2018
16	Madani Zayneb	2.12.13	2024
17	Merino Nohemi	2.12.95	2013
18	Dzou Steffy Ann	2.13.95	2022
19	Dennison Chrystal	2.16.08	2014
20	Sibourg Celya	2.16.68	2018

SCO 800 m

1	Muls Camille	2.14.88	2016
2	Meersseman Geertje	2.15.60	1970
3	Collard Florence	2.16.12	1983
4	Joblin Marine	2.16.41	2019
5	Van Den Bossche Inga	2.18.99	2017
6	Cawet Daphne	2.20.30	1997
7	Wauters Marijke	2.20.60	1974
8	Mortier Pascale	2.21.20	1973
9	Tshiasuma Jessie	2.21.88	2011
10	Boeren Michele	2.22.80	1974
11	Winckelmans Reinhilde	2.22.90	1974
	Van Collie Heidi	2.22.90	1986
13	Inconstant Elisa	2.23.09	2022
14	Schauwers Manon	2.24.07	2015
15	Arnauts Els	2.24.30	1975
16	Dewitte Caroline	2.25.46	1998
17	Boussar Hanan	2.25.57	2002
18	D'Hondt Helene	2.25.83	1999
19	Haouari Farrah	2.26.15	2020
20	Mouzon Emmanuelle	2.26.19	2005

SCO 1000 m

1	Joblin Marine	3.01.01	2019
2	Tshiasuma Jessie	3.01.95	2011
3	Muls Camille	3.05.34	2016
4	Cawet Daphne	3.05.42	1997
5	Haouari Farrah	3.08.82	2020
6	Inconstant Elisa	3.09.04	2022



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7	Delbecque Laure	3.10.60	1996
8	Van Den Bossche Inga	3.12.17	2017
9	Dewitte Caroline	3.12.93	1997
10	Potvlieghe An	3.13.00	1992
11	Schroeven Camille	3.13.18	2024
12	De Groote Estelle	3.14.33	2006
13	Mattelaer Laurence	3.15.50	1989
14	Adam Benedicte	3.17.00	1992
15	Lambert Kylie	3.17.03	2017
16	Boussar Hanan	3.18.85	2001
17	Byl Leticia	3.18.90	1984
18	Schraff Celine	3.19.50	1987
19	Mouzon Emmanuelle	3.19.90	2004
20	Klai Anissa	3.20.76	2009

SCO 1500 m

1	Van Den Bossche Inga	4.41.18	2017
2	Cawet Daphne	4.50.73	1997
3	Tshiasuma Jessie	4.53.37	2011
4	Winckelmans Reinhilde	4.54.30	1974
5	Collard Florence	4.55.00	1983
6	Muls Camille	4.55.13	2016
7	Mortier Pascale	4.57.00	1973
8	Wauters Marijke	4.59.90	1974
9	Boeren Michele	5.00.80	1973
10	Haouari Farrah	5.02.17	2020
11	Potvlieghe An	5.04.03	1991
12	Boussar Hanan	5.07.19	2002
13	Schraff Celine	5.12.80	1987
14	De Rijcke Dominique	5.12.90	1974
15	Gyselincq Ingrid	5.13.00	1968
16	Collys Martine	5.17.20	1973
17	Inconstant Elisa	5.17.63	2022
18	Codrea Beatrix	5.17.66	2006
19	Coutteau Katia	5.18.40	1978
20	Vandermeulen Nathalie	5.18.87	1988

SCO Mile

1	Tshiasuma Jessie	5.22.27	2012
2	Muls Camille	5.30.02	2015
3	Barhdadi Lina	5.48.48	2014
4	Vanden Broeck Nolwen	5.56.70	2006
5	Verriez Laura	6.13.72	2015
6	El Kamlichi Widad	6.27.41	2012
7	Imbo Kristel	6.28.31	2011

SCO 2000 m

1	Muls Camille	6.38.49	2016
2	Van Den Bossche Inga	6.38.60	2016
3	Tshiasuma Jessie	7.02.18	2011
4	Vanden Broeck Nolwen	7.24.32	2007
5	Codrea Beatrix	7.28.37	2006

SCO 3000 m

1	Van Den Bossche Inga	10.41.31	2017
2	Cawet Daphne	10.43.20	1997
3	Potvlieghe An	10.48.10	1992
4	Massot Marianne	11.22.17	1987
5	Tshiasuma Jessie	11.28.04	2013
6	Haouari Farrah	11.30.81	2019
7	Dewitte Valerie	11.42.07	1997
8	Vlaminck Karin	11.42.60	1982
9	Byl Laetitia	11.47.00	1984
10	Schraff Celine	11.53.07	1990
11	Boussar Hanan	11.55.64	2003
12	Delbecque Laure	12.19.62	1996
13	Goethals Lutgard	12.22.54	2018
14	Vanden Muysenberg Sabine	12.31.15	1992
15	Dewitte Caroline	12.31.52	1999
16	El Zoljami Imane	12.35.13	2015
17	Van Handenhoven Nadine	12.39.60	1980
18	Vanden Broeck Nolwen	12.40.85	2008





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19	Lopez Gonzalez Chrystal	12.47.61	2024
20	Kurza Klaudia	12.51.07	2019

SCO 50 m haies (68 cm)

1	Lambert Kylie	8.04	2017
2	Strypstein Maeva	8.09	2024
3	Squiflet Emelynn	8.33	2022
4	Dzou Lesly Kayla	8.92	2022

SCO 50 m haies (76 cm)

1	Ouali Sirine	9.97	2013
2	Lecomte Christina	9.99	2011

SCO 60 m haies (68 cm)

1	Squiflet Emelynn	9.80	2023
2	Schroeven Camille	9.85	2024
3	Strypstein Maeva	9.98	2024
4	Popescu Raisa Gabriela	10.46	2024
5	Dzou Lesly Kayla	10.55	2023
6	De Cooman Lea	10.67	2024
7	Irinkova Lora	10.81	2024
8	Dzou Steffy Ann	10.88	2024
9	Radermacher Sarah	11.05	2022
10	Sibourg Celya	11.23	2022
11	Strypstein Solena	11.49	2024
12	Gerard Zoe	11.53	2024
13	El Youssofi Asmae	12.36	2024
14	Pereira Da Silva Sara	12.49	2024
15	Janssen Jade	12.51	2023
16	Camara Elena	13.53	2024
17	Pereira Da Silva Isabelle	13.56	2024
18	Arys Josephine	13.73	2023
19	Chebout Nour	13.77	2024
20	Wanyu Diane Kylie	13.87	2021

SCO 60 m haies (76 cm)

1	Vandendael Alice	9.64	1968
2	Lambert Kylie	9.96	2017
3	Smith Cindi	10.05	1988
4	Huybrechts Isabelle	10.07	2000
5	Van Collie Heidi	10.14	1982
6	Mouzon Emmanuelle	10.20	2004
7	M'Rabet Salima	10.22	1985
8	Cincinatis Lucie	10.24	2003
9	Kohl Olivia	10.34	1986
10	Guillet Laurence	10.36	1993
11	Van Der Veken Cindy	10.37	2010
12	Lecomte Christina	10.41	2011
13	Van Der Veken Noemie	10.42	2010
14	Vidts Linda	10.44	1968
	Marloye Nadine	10.44	1971
	Uytterhaeghen Isabelle	10.44	1983
17	Kompany Christel	10.51	1997
18	Drieghe Maureen	10.54	1968
19	Yech Chou Safia	10.62	2014
20	Frenay Anne	10.64	1988

SCO 80 m haies (76 cm)

1	Vandendael Alice	11.84	1969
2	Schauwers Manon	11.88	2014
3	Kohl Olivia	11.95	1988
4	Clermont Nathalie	11.96	1991
5	Van Collie Heidi	12.18	1984
6	Smith Cindi	12.19	1990
	Guillet Laurence	12.19	1995
8	Gaeremynck Evelyne	12.26	1985
	Huybrechts Isabelle	12.26	2002
10	Van Der Veken Noemie	12.39	2012
11	Leplat Anabelle	12.44	1996
12	Squiflet Emelynn	12.52	2024
13	Giuliani Alexandra	12.54	1997



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14	Mouzon Emmanuelle	12.56	2006
15	Marloye Nadine	12.64	1972
16	Badji Jalika	12.82	2011
17	La Rou Jennifer	12.83	1993
18	Nollet Viviane	12.84	1970
19	M'Rabet Salima	12.88	1987
20	Muyls Jacqueline	12.90	1980
	Van Rossem Nicky	12.90	2007

SCO 100 m haies (76 cm)

1	Kohl Olivia	13.92	1990
2	Clermont Nathalie	14.14	1993
3	Mouzon Emmanuelle	14.30	2008
4	Schauwers Manon	14.38	2016
5	Van Collie Heidi	14.47	1986
6	Vanden Eede Isabelle	14.84	1991
7	Guillet Laurence	14.90	1997
8	Gaeremynck Evelyne	15.19	1986
9	Ruell Natacha	15.45	1988
10	Leplat Anabelle	15.46	1997
11	De Decker Annelies	15.70	1994
12	Caty Emeline	15.78	2015
13	Huybrechts Isabelle	15.83	2004
14	Kizito Prisca	15.89	2018
15	Antipina Nastasia	16.12	1993
16	Van Rossem Nicky	16.19	2009
17	Giuliani Alexandra	16.21	1998
18	Lucas Clara	16.26	2021
19	La Rou Jennifer	16.34	1994
20	Archambeau Aline	16.36	2006

SCO 100 m haies (84 cm)

1	Kohl Olivia	14.16	1990
2	Clermont Nathalie	14.58	1993
3	Gaeremynck Evelyne	15.22	1987
4	Van Eerdewegh Nicole	15.44	1971
5	Vanden Eede Isabelle	15.49	1991
6	Marloye Nadine	15.54	1974
7	Guillet Laurence	15.70	1997
8	Vandendael Alice	16.04	1970
9	Muyls Jacqueline	16.64	1981
10	Ruell Natacha	16.70	1988
11	Goessens Carine	17.44	1981
12	Riffart Dominique	17.52	1980
13	Naples Michele	17.66	1982
14	Van Zeebroeck Griet	17.91	1997
15	Nollet Viviane	18.34	1971
16	Meersseman Geertje	18.54	1970
17	Wilmotte Marie Jeanne	18.94	1973
18	De Vrye Corine	19.14	1977
19	De Rijcke Dominique	19.44	1977
20	Winckelmans Reinhilde	19.84	1974

SCO 150 m haies (68 cm)

1	Squiflet Emelynn	21.33	2023
2	Schroeven Camille	21.64	2024
3	Radermacher Sarah	22.51	2022
4	Strypstein Maeva	22.56	2024
5	Irinkova Lora	22.62	2024
6	Gaajetaan Cordelia Avelyne	23.25	2024
7	De Cooman Lea	23.35	2023
8	Dzou Lesly Kayla	23.39	2023
9	Popescu Raisa Gabriela	23.62	2024
10	Sibourg Celya	23.92	2022
11	Irinkova Yoanna	24.02	2023
12	Gerard Zoe	26.05	2024

SCO 150 m haies (76 cm)

1	Lambert Kylie	21.56	2017
2	Yech Chou Safia	22.49	2014
3	Van Der Veken Cindy	22.78	2010
4	Badji Jalika	23.25	2009



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5	Merino Nohemi	23.45	2017
6	Sandon Lisa	23.60	2014
7	Montilla Morgane	23.74	2011
8	Ngandeu Tchambia Brenda	23.79	2019
9	Mpinga Mulowayi Alexia	23.84	2016
10	Mayot Coiffard Hermine	23.91	2018
11	Henry Morgane	24.00	2012
12	Lecomte Christina	24.23	2011
13	Pontara Lisa	24.31	2015
14	Itoe Elisabeth	24.53	2015
15	Van Der Veken Noemie	24.83	2010
16	Mjahed Maya	24.91	2019
17	Tshiasuma Jessie	24.98	2009
18	Lins Noemie	25.08	2007
19	Huygens Cloe	25.29	2016
20	Itoe Cecile	25.41	2014

SCO 200 m haies (76 cm)

1	Ouali Sirine	37.39	2015
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SCO 300 m haies (76 cm)

1	La Rou Jennifer	43.97	1995
2	Kohl Olivia	45.42	1990
3	Goessens Carine	45.43	1980
4	Schauwers Manon	45.77	2014
5	Leplat Severine	45.81	1997
6	Vanden Eede Isabelle	46.02	1992
7	Leplat Anabelle	46.14	1997
8	De Decker Annelies	46.42	1993
9	Van Collie Heidi	46.50	1984
10	Mouzon Emmanuelle	46.52	2006
11	Smith Cindi	46.90	1990
12	Gilbert Fernanda	47.04	1992
13	Radermacher Sarah	47.91	2024
14	Badji Jalika	48.02	2011
15	Frenay Anne	48.26	1989
16	Van Zeebroeck Griet	48.53	1995
17	Antipina Anastasia	48.60	1993
18	Martins Junior Magaly	48.67	2019
19	M'Rabet Salima	48.89	1986
20	Gaeremynck Evelyne	49.06	1987

SCO 400 m haies (76 cm)

1	Schauwers Manon	62.36	2016
2	Goessens Carine	68.18	1981
3	Badji Jalika	68.52	2012
4	Kasianoff Sylvie	70.70	2012
5	Brion Sophie	70.78	2002
6	Silberfeld Sophie	72.43	2004
7	Lins Noemie	73.55	2010
8	Vlerick Ophelia	75.63	2010
9	De Groote Florence	75.73	2005
10	Urbain Fanny	76.18	2003
11	Murerwa Larissa	76.38	2011
12	Henry Morgane	76.50	2016
13	Bah Yaye Binta	76.73	2014
14	Van Rossem Nicky	76.92	2008
15	Deneyer Delphine	77.02	2024
16	Caty Emeline	77.86	2015
17	Jebari Ouassila	78.78	2000
18	Sivis Mulongo Juliana	79.66	2023
19	Suroçaj Loreta	81.21	2021
20	Koci Franceska	83.43	2017

SCO 1500 m steeple (76 cm)

1	Van Der Perren Jessica	6.17.24	2009
2	Archambeau Aline	6.22.37	2004
3	Huygens Cloe	6.31.12	2017
4	Imbo Kristel	6.31.72	2010
5	Hostyn Priscilla	6.55.99	2004



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SCO 2000 m steeple (76 cm)

1	Haouari Farrah	8.05.35	2019
2	Vanden Broeck Nolwen	8.45.82	2008
3	Kagu Gerta	8.48.32	2021
4	Van Der Perren Jessica	9.04.76	2010
5	Wyczynski Nathalia	11.56.28	2024

SCO Hauteur

1	Van Collie Heidi	1m68	1984
2	Schauwers Manon	1m67	2015
3	Marloye Nadine	1m66	1975
4	Ruell Natacha	1m65	1988
	Golfa Sambay Clara	1m65	2018
6	De Rijcke Dominique	1m63	1976
7	Van Der Veken Cindy	1m61	2012
8	Smith Cindi	1m59	1990
	Viaene Luna	1m59	2019
10	Kizito Prisca	1m58	2017
11	Hoste Corinne	1m57	1976
	Archambeau Aline	1m57	2006
13	Kompany Christel	1m56	2000
14	Vidts Linda	1m55	1970
	Winckelmans Reinilde	1m55	1974
	Naples Michele	1m55	1981
	Kohl Olivia	1m55	1988
18	Van Rossem Nicky	1m52	2009
	Vlerick Ophelia	1m52	2009
20	Michel Martine	1m51	1966
	Strypstein Maeva	1m51	2024

SCO Longueur

1	Marloye Nadine	6m08	1975
2	Van Collie Heidi	5m90	1986
3	Henderickx Dominique	5m68	1973
4	Malfait Maritza	5m60	1986
5	Housiaux Colette	5m56	1966
6	De Vrye Corine	5m49	1977
	Kompany Christel	5m49	2000
8	Dossey Jennifer Stefania	5m45	2019
	Squiflet Emelynn	5m45	2024
10	Vandendael Alice	5m44	1969
11	Muyls Jacqueline	5m42	1982
	Mouzon Emmanuelle	5m42	2008
	Schauwers Manon	5m42	2015
14	Kizito Prisca	5m39	2018
15	Guisse Saliyya	5m34	2012
16	Ruell Natacha	5m33	1988
17	Vidts Linda	5m32	1970
	Naples Michele	5m32	1981
19	La Rou Jennifer	5m28	1995
	De Cock Aline	5m28	1999

SCO Triple saut

1	Kompany Christel	12m15	2000
2	De Cock Aline	11m85	1999
3	Dossey Jennifer Stefania	11m50	2020
4	Guisse Saliyya	11m14	2012
5	Naji Afaf	11m05	2004
6	Hostyn Priscilla	10m98	2005
7	Fomenko Lisa	10m92	2007
8	Caty Emeline	10m91	2015
9	Vandenbrande Nathalie	10m88	1996
10	Madani Sarah	10m73	2015
	Yech Chou Safia	10m73	2015
12	Golfa Sambay Clara	10m71	2018
13	Van De Sype Chloe	10m62	2014
14	Archambeau Aline	10m53	2006
15	Vandenbroeck Elke	10m28	1994
16	Adam Benedicte	10m26	1994
	Vanden Bergh Joy	10m26	2017
18	Lucas Clara	10m20	2021
19	Van Zeebroeck Griet	10m07	1995



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20 Boswell Audrey 10m03 2003

SCO Perche

1	Van Zeebroeck Griet	3m36	1996
2	Van De Sype Chloe	3m21	2014
3	Fonteyn Astrid	3m00	1996
	Mouzon Emmanuelle	2m90	2007
5	Imbo Kristel	2m86	2011
6	Van Remoortel Anouchka	2m80	1995
7	Huybrechts Isabelle	2m60	2002
8	Vlerick Ophelia	2m40	2011
	Dzou Lesly Kayla	2m40	2024
10	Schroeven Camille	2m36	2024
11	Lacasse Camille	2m31	2015
12	Hostyn Priscilla	2m30	2004
	Fomenko Lisa	2m30	2007
14	Squiflet Emelynn	2m25	2023
15	Strypstein Maeva	2m22	2024
16	Archambeau Aline	2m20	2003
	Kaluza Isabelle	2m20	2013
18	Cole Anne Ramon	2m20	2021
19	Luypaert Naomy	2m12	2012
	De Cooman Lea	2m12	2024

SCO Poids (1 kg)

1	Goutte Alexandra	8m63	2000
2	Montilla Morgane	8m53	2007
3	Huybrechts Isabelle	8m46	1996
4	Van De Sype Chloe	8m39	2006
5	Paulus Jessie	8m30	2005
6	Squiflet Emelynn	8m23	2019
7	Englebert Yolaine	8m15	2005
8	Meys Jessica	7m98	2000
9	Hallems Julie	7m90	1994
10	Lambert Kylie	7m81	2013
11	Dolianitis Dina	7m78	2000
12	Beghin Joyce	7m77	2019
13	Kompany Christel	7m74	1993
14	Maidane Yasmine	7m67	2004
15	Ngandeu Tchambia Brenda	7m59	2016
16	Arys Josephine	7m58	2022
17	Pholien Alexandra	7m51	2004
18	Dzou Lesly Kayla	7m43	2019
19	Waegemans Ariane	7m40	2002
20	Lecomte Christina	7m36	2007

SCO Poids (2 kg)

1	Squiflet Emelynn	13m46	2023
2	Waegemans Aurore	13m12	2003
3	Iven Kayla	12m89	2015
4	Dzou Lesly Kayla	12m01	2023
5	Popescu Raisa Gabriela	11m93	2024
6	Kompany Christel	11m79	1997
	Van De Sype Chloe	11m79	2010
8	De Cooman Lea	11m36	2024
9	Mouzon Emmanuelle	10m80	2004
10	Hallems Julie	10m78	1998
11	Huybrechts Isabelle	10m69	2000
12	Mayuma Marie	10m62	2021
13	Strypstein Maeva	10m52	2024
14	Montilla Morgane	10m40	2011
15	Vandenbrande Nathalie	10m38	1994
	Goutte Alexandra	10m38	2003
17	Squiflet Emelynn	10m06	2022
18	Mjahed Maya	9m94	2020
19	Pauly Benedicte	9m92	1996
20	Mayuma Maeva	9m83	2023

SCO Poids (3 kg)

1	Mathieu Julia	14m76	2022
2	Reynaerts Stephanie	12m64	1997
3	Mayuma Marie	12m14	2024



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

4	Kompany Christel	12m10	1999
5	Vandenbrande Nathalie	11m96	1998
6	Adam Benedicte	11m95	1994
7	Van De Sype Chloe	11m85	2013
8	Marloye Nadine	11m74	1973
9	Dzou Lesly Kayla	11m62	2024
10	Mjahed Maya	11m55	2023
11	Iven Kayla	11m49	2018
12	Mouzon Emmanuelle	11m42	2006
13	Madani Sarah	10m30	2015
14	Declerck Anne	11m18	1978
15	Squiflet Emelynn	11m08	2024
16	Archambeau Aline	11m05	2005
17	Schauwers Manon	10m95	2015
18	Kizito Prisca	10m88	2018
19	De Meyer Laurence	10m82	2003
20	Hoste Corinne	10m79	1975

SCO Poids (4 kg)

1	Mathieu Julia	12m84	2022
2	Sustelo Irina	12m19	2000
3	Marloye Nadine	11m25	1974
4	Mayuma Marie	10m55	2024
5	Hoste Corinne	10m54	1977
5	Mouzon Emmanuelle	10m43	2008
7	Hallems Julie	10m40	2001
8	Van Camp Nicole	10m30	1981
9	Archambeau Aline	10m36	2007
10	Declerck Anne	10m20	1980
11	Reynaerts Stephanie	10m11	1997
12	De Meyer Laurence	9m45	2004
13	Rochette Christine	9m18	1969
14	Waegemans Aurore	9m06	2006
15	Adam Benedicte	9m03	1994
16	Michel Martine	8m82	1966
17	Vandenberghen Sylvie	8m75	1987
18	De Groote Florence	8m67	2004
19	Uytterhaegen Isabelle	8m61	1986
20	Ruell Natacha	8m53	1988

SCO Disque (600 gr)

1	Waegemans Aurore	32m53	2003
2	Kill Françoise	31m80	1996
3	Kompany Christel	31m36	1997
4	Van Der Veken Noemie	30m28	2010
5	De Buyst Nadia	29m24	1986
6	Huybrechts Isabelle	27m96	2000
7	Montilla Morgane	27m01	2010
8	Popescu Raisa Gabriela	26m15	2022
9	Gilson Aurore	25m74	1994
10	Van De Sype Chloe	25m24	2009
11	Squiflet Emelynn	24m96	2021
12	Hostyn Priscilla	24m76	2003
13	De Groote Florence	24m41	2001
14	Vanden Berghen Sylvie	24m40	1984
15	Gilbert Fernanda	23m92	1991
16	Hallems Julie	23m87	1998
17	Dewavre Laurence	23m80	1989
18	De Cooman Lea	23m71	2022
19	Vandenbrande Nathalie	23m40	1994
20	Strypstein Solena	23m31	2024

SCO Disque (750 gr)

1	De Cooman Lea	33m81	2024
2	Popescu Raisa Gabriela	29m30	2024
3	Iven Kayla	27m29	2015
4	Mayuma Marie	26m13	2021
5	Montilla Morgane	25m78	2011
6	Huygens Cloe	25m56	2016
7	Radermacher Sarah	24m93	2022
8	Merino Nohemi	24m54	2017
9	Mayuma Maeva	24m48	2023



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10	Squiflet Emelynn	24m14	2023
11	Mjahed Maya	24m00	2020
12	Van Der Veken Noemie	23m66	2010
13	Van De Sype Chloe	23m51	2010
14	Imbo Kristel	21m65	2009
15	Tshiasuma Jessie	20m04	2009
16	Van Der Veken Cindy	19m76	2010
17	Badji Jalika	19m45	2009
18	Strypstein Maeva	19m42	2023
19	Mpinga Mulowayi Alexia	19m40	2017
20	Medan Ivana	19m33	2024

SCO Disque (1 kg)

1	Sustelo Irina	47m99	2000
2	Vandenbrande Nathalie	40m45	1998
3	Marloye Nadine	38m44	1975
4	Hallems Julie	35m26	2001
5	Mayuma Marie	34m45	2024
6	Van Camp Nicole	32m40	1981
7	De Buyst Nadia	32m38	1990
8	Mathieu Julia	31m59	2019
9	Vanden Berghen Sylvie	31m04	1987
10	Iven Kayla	30m81	2017
11	Van Der Veken Noemie	30m39	2013
12	Kill Françoise	30m33	1998
13	Mjahed Maya	29m38	2023
14	Kompany Christel	29m33	1999
15	Van De Sype Chloe	29m05	2014
16	Mayuma Maeva	28m79	2024
17	Bastin Beatrice	28m44	1968
18	Mubarik Inaya	28m13	2023
19	Declerck Anne	28m08	1978
20	Mouzon Emmanuelle	27m48	2007

SCO Balle de hockey

1	Iven Kayla	41m50	2013
2	Van De Sype Chloe	40m58	2008
3	Strypstein Solena	36m48	2024
4	Tong Aline	35m47	2004
5	Squiflet Emelynn	35m24	2021
6	Huybrechts Isabelle	35m15	1998
7	Dzou Lesly Kayla	34m75	2021
8	Hallems Julie	33m74	1996
9	Hasani Geraldina	33m73	2006
10	Meys Jessica	32m36	2002
11	Popescu Raisa Gabriela	32m06	2022
12	De Cooman Lea	32m04	2022
13	De Meyer Laurence	31m94	1999
14	Pauly Benedicte	31m22	1994
15	Goutte Alexandra	30m81	2002
16	El Boubsi Maryam	29m46	1995
17	Pereira Da Silva Sara	29m45	2024
18	Mouzon Emmanuelle	29m15	2002
19	Vermeir Jade	29m12	2024
20	Huygens Chloe	29m00	2014

SCO Vortex

1	Medan Ivana	27m16	2023
2	Vermeir Jade	21m29	2024
3	Arys Josephine	21m17	2023
4	Neil Emma	13m18	2024
5	Bellaari Nouria	9m20	2024
6	Arys Julia	7m31	2024
7	Madani Zayneb	5m66	2024
8	Diallo Mariam	5m48	2024

SCO Javelot (400 gr) > avant 1999

1	Hallems Julie	31m01	1998
2	Adam Benedicte	24m88	1991
3	De Cock Aline	22m24	1995
4	Kompany Christel	21m72	1997
5	Binon Christelle	20m94	1992



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6	Pauly Benedicte	19m76	1996
7	Ruyssinck Kelly	19m36	1996
8	La Rou Cecile	18m54	1995
9	El Hammouti Soraya	18m20	1994
10	Van Zeebroek Griet	17m96	1993
11	Kill Françoise	17m94	1996
12	Delbecque Laure	17m92	1993
13	Gilbert Fernanda	16m94	1991
14	Gilson Aurore	16m82	1994
15	Leplat Severine	16m14	1994
16	El Boubsi Maryam	16m10	1997
17	La Rou Jennifer	16m00	1991
18	Vandenbroek Elke	15m72	1991
19	Sorel Aurelie	15m70	1995
20	Guillet Laurence	15m58	1993

SCO Javelot (400 gr) > 1999 à

1	Squiflet Emelynn	37m36	2023
2	Iven Kayla	34m63	2015
3	Popescu Raisa Gabriela	31m57	2024
4	Radermacher Sarah	30m78	2022
5	De Cooman Lea	30m73	2024
6	Montilla Morgane	30m13	2011
7	Mouzon Emmanuelle	29m98	2004
8	Huybrechts Isabelle	29m28	2000
9	Mjahed Maya	28m12	2020
10	Van De Sype Chloe	26m45	2010
11	Huygens Cloe	25m88	2016
12	Mayuma Marie	24m77	2021
13	Codrea Beatrix	24m59	2005
14	Dzou Lesly Kayla	24m40	2023
15	Imbo Kristel	24m35	2009
16	Lecomte Christina	24m11	2010
17	De Meyer Laurence	23m48	2001
18	Badji Jalika	23m47	2009
19	Strypstein Maeva	23m31	2024
20	Klai Anissa	22m80	2009

SCO Javelot (500 gr) > avant 1999

1	Reynaerts Stephanie	32m82	1995
2	Adam Benedicte	30m66	1993
3	Uytterhaeghen Isabelle	30m48	1984
4	Pauly Benedicte	27m29	1998
5	Gilbert Lucy	26m78	1991
6	Carpentier Nathalie	26m26	1986
7	De Buyst Nadia	26m06	1988
8	Padilla Louise	24m60	1980
9	Vandenbroeck Elke	24m58	1993
10	Smith Cindi	23m72	1989
11	Van Collie Heidi	23m64	1984
	Vandendriessche Maja	23m64	1985
13	Ramos Daphne	23m48	1990
14	Gilbert Fernanda	22m68	1992
15	Van Zeebroeck Griet	22m02	1995
16	De Cock Aline	21m80	1996
17	Kompany Christel	21m42	1998
18	Debaillie Isabelle	20m00	1988
19	Fayt Laurence	18m88	1991
20	Troisfontaine Valerie	18m72	1989

SCO Javelot (500 gr) > 1999 à

1	Iven Kayla	41m95	2019
2	Squiflet Emelynn	40m94	2024
3	Montilla Morgane	37m30	2014
4	Halleman Julie	36m86	2000
5	Huybrechts Isabelle	36m67	2002
6	Cavada Barros Trinidad	35m80	2023
7	Mayuma Marie	33m74	2023
8	Mouzon Emmanuelle	32m37	2006
9	Dennison Chrystal	31m22	2021
10	Van De Sype Chloe	31m14	2013
11	Radermacher Sarah	29m72	2023





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12	Huygens Cloe	28m50	2018
13	Mjahed Maya	28m39	2023
14	Kompany Christel	27m62	1999
15	Cavada Barros Bernadita	27m24	2023
16	Imbo Kristel	25m97	2011
17	De Meyer Laurence	25m93	2003
18	Hostyn Priscilla	25m27	2005
19	Codrea Beatrix	24m65	2006
20	Dzou Lesly Kayla	24m40	2024

SCO Javelot (600 gr) > avant 1999

1	Declerck Anne	37m36	1979
2	Hoste Corinne	36m96	1977
3	Reynaerts Stephanie	35m34	1997
4	Ruell Natacha	34m72	1989
5	Adam Benedicte	33m28	1994
6	Gilbert Lucy	33m08	1992
7	Bastin Chantal	31m78	1971
8	Meskens Muriel	28m30	1978
9	Uytterhaegen Isabelle	28m10	1986
10	Muyls Jacqueline	27m72	1982
11	Michel Martine	27m36	1966
12	Schoeters Karine	26m78	1975
13	Mayenez Katrien	26m22	1980
14	Werck Maggy	26m17	1968
15	Vandendael Alice	25m80	1969
16	Vandendael Marie Jeanne	25m27	1967
17	Binart Carinne	24m80	1985
18	Van Collie Heidi	24m62	1986
19	De Buyst Nadia	24m06	1989
20	Ramos Daphne	23m80	1991

SCO Javelot (600 gr) > 1999 à

1	Iven Kayla	39m06	2019
2	Hallems Julie	36m78	2001
3	Sustelo Irina	36m37	2000
4	Huybrechts Isabelle	32m68	2004
5	Mouzon Emmanuelle	32m23	2008
6	Pauly Benedicte	28m60	1999
7	Archambeau Aline	25m18	2006
8	Vlerick Ophelia	24m00	2011
9	De Groote Florence	22m15	2004
10	Kebdani Nadia	21m31	2005
11	Guisse Shaena	21m21	2011
12	Van Rossem Nicky	20m50	2009
13	Lins Noemie	18m23	2010
14	Martinez Belen	14m73	2002
15	Tikent Hajar	14m12	2003
16	Spironello Helene	10m48	2007
17	Klai Jehenne	9m40	2009
18	Vereertbrugghen Laura	8m10	2008

SCO Marteau (3 kg)

1	Ramos Daphne	43m80	1992
2	Huygens Cloe	34m60	2018
3	Vandenbrande Nathalie	32m60	1996
4	Van Remoortel Anouchka	26m14	1995
5	Mubarik Inaya	25m85	2024
6	Hallems Julie	24m28	1999
7	Fomenko Lisa	22m05	2007
8	Van De Sype Chloe	21m57	2014
9	Adam Benedicte	20m70	1993
10	Imbo Kristel	20m31	2011
11	Khader Firdaous	20m09	2019
12	Van Zeebroeck Griet	18m66	1994
13	Montilla Morgane	18m38	2012
14	Guisse Saliyya	16m90	2011

SCO Marteau (4 kg)

1	Sustelo Irina	50m43	2000
2	Ramos Daphne	33m70	1992
3	De Meyer Laurence	26m03	2004



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4	Adank Olivia	23m77	2002
5	Guisse Shaena	22m79	2011

SCO Triathlon > avant 1970

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1	Michel Martine	2035 p	1966
2	Housiaux Colette	1943 p	1966
3	Rochette Christine	1925 p	1969
4	Vandendael Alice	1924 p	1969
5	Vandendael Marie Jeanne	1657 p	1967
6	Moreau Martine	1569 p	1968
7	Drieghe Maureen	1551 p	1969
8	Stevens Rita	1548 p	1968
9	Housiaux Norine	1515 p	1967
10	Deckers Anne	1396 p	1966
11	Bastin Beatrice	1340 p	1968

SCO Pentathlon > 1970 à 1980

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1	Marloye Nadine	3756 p	1975
2	Vandendael Alice	3506 p	1970
3	Rifflart Dominique	2731 p	1980
4	De Rijcke Dominique	2625 p	1977
5	De Wandeleer Danielle	2555 p	1971
6	Winckelmans Reinhilde	2378 p	1974
7	Overloop An	2241 p	1980

SCO Heptathlon > 1981 à 1999

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1	Van Collie Heidi	4695 p	1986
2	Ruell Natacha	4152 p	1988
3	Muyls Jacqueline	3986 p	1982
4	Naples Michele	3871 p	1982
5	Goessens Carine	3827 p	1981
6	Carpentier Nathalie	3245 p	1987

SCO Heptathlon > 1999 à

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1	Mouzon Emmanuelle	4701 p	2008
2	Schauwers Manon	4591 p	2015
3	Kizito Prisca	4069 p	2018
4	Guisse Saliyya	3496 p	2012
5	Kassianoff Sylvie	3482 p	2013
6	Van De Sype Chloe	3437 p	2013
7	Van Rossem Nicky	3341 p	2009
8	Archambeau Aline	3278 p	2006
9	Vlerick Ophelia	3259 p	2011
10	Montilla Morgane	3217 p	2014
11	Dennison Chrystal	3135 p	2021
12	Ralembert Fleurine	3117 p	2013
13	Mjahed Maya	3080 p	2023
14	De Groote Florence	2894 p	2005
15	Lins Noemie	2891 p	2010
16	Leonard Elise	2669 p	2021
17	Hallems Julie	2609 p	2002
18	Beyaert Amelie	2169 p	2017
19	Luypaert Naomy	1879 p	2012
20	De Bruecker Lisaline	1869 p	2015

SCO 1000 m marche

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1	Iven Kayla	6.20.58	2013
2	Gerard Zoe	6.50.97	2022
3	Delbecque Laure	6.53.70	1991
4	Schroeven Camille	6.55.37	2022
5	Strypstein Maeva	7.02.31	2022
6	Gilson Aurore	7.44.30	1991

SCO 2000 m marche

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1	Van Der Veken Noemie	13.51.98	2009
2	Kersten Michele	14.07.50	1979
3	Gilson Aurore	14.23.20	1992

SCO 3000 m marche

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1	El Ouahmi Sirine	20.08.91	2016
2	Cuvelier Maela	21.19.14	2016



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TOP 20 ALL TIME OUTDOOR FEMMES

3	Kersten Michele	22.06.90	1980
4	Merino Noelia	22.14.38	2015
5	Biese Helena	24.09.94	2018
6	Boulaich Kawtar	24.32.64	2018

SCO 3 x 600 m

1	Strypstein, Schroeven, Squiflet	5.46.08	2023
2	Lecomte, Montilla, De Backer	6.21.72	2010
3	Van De Sype, Imbo, Tshiasuma	6.27.72	2009

SCO 4 x 60 m

1	Mpinga, Merino, Tshanga Diomi, Lambert	33.97	2015
2	Schroeven, Strypstein, Medan, Popescu	34.54	2022
3	Dolianitis, Meys, Mouzon, Carlot	35.44	2002
4	?	35.70	1984
5	Squiflet, Schroeven, Strypstein, Dzou	35.76	2021
6	Wittevrongel, M'Rabet, Muyls, Carpentier	35.84	1982
	Nijs, Huygens, Merino, Lambert	35.84	2014
8	Cacciatore, Ibanez, Frenay, Smith	35.92	1986
9	La Rou, Urbain, Van Beckhoven, Godefroid	36.10	1989
10	?	36.22	1968
11	Wanyu, Khrauph, Sweetlove, Radermacher	36.74	2019
12	Strypstein, Pereira Da Silva, Pereira Sa Silva, Dzou	36.77	2024
13	Gerard, Strypstein, Dzou, Medan	36.88	2023
14	Girasa, Kohl, De Buyst, M'Rabet	37.12	1983
15	Ghayati N, Brouwers, Godefroid, Urbain	37.34	1990
	Murray, Mouzon, Meys, Hostyn	37.34	2001
17	Hallems, Degives, Brion, Marnef	37.40	1996
18	La Rou, Delbecque, Delannoy, Godefroid	37.42	1988
	Degives, El Boubi, Gilson, Kompany	37.42	1995
20	Dennison, Dewaele, Chraibi, Demanet	37.51	2016

SCO 4 x 80 m

1	Leonard, Merino, Mpinga Mulowayi, Lambert	41.33	2017
2	Pontara, Lambert, Mpinga Mulowayi, Nijs	42.22	2016
3	?	42.62	1970
4	Mouzon, Carlot, Meys, Pena Loreto	42.69	2004
5	Carlot, Cincinatis, Hostyn, Archambeau	42.79	2003
6	Massart, Ramos, Frenay, Smith	42.87	1988
7	Irinkova, De Cooman, Strypstein, Schroeven	43.17	2024
8	Stevens, Bortels, Servaes, Vandendael	43.22	1967
9	Van Remoortel, Sacre, Bonvin Draps, Guillet	43.32	1993
10	?	43.62	1966
11	?	43.64	1984
12	?	43.82	1968
13	Squiflet, Dzou, Schroeven, De Cooman	43.99	2023
14	Dzou, Radermacher, Sibourg, Squiflet	44.04	2022
15	Antoine, Duysens, De Buyst, Kohl	44.54	1986
16	M'Rabet, De Buyst, Kohl, Callebaut	44.62	1985
17	?	44.72	1983
	Dewitte, Kill, Giuliani, La Rou	44.72	1995
19	Troisfontaine, Ibanez, Dewavre, Clermont	44.78	1989
20	Leplat, Leplat, La Rou, Gilson	44.87	1994

SCO 4 x 100 m

1	Bonvin Draps, Guillet, Leplat, Leplat	48.97	1997
2	Ralembert, Noel, Van Der Veken, Van Der Veken	49.32	2014
3	Muyls, Naples, De Coster, Vandendriessche	49.65	1981
4	Ralembert, Klai, Van Der Veken, Van Der Veken	49.71	2013
5	Vandenbrande, Leplat, Giuliani, Leplat	49.99	1998
6	Herman, Gaeremynck, Malfait, Van Collie	50.12	1986
7	Van Laethem, De Buyst, Brouwers, Kohl	50.46	1990
8	Keita, Sacre, Bonvin Draps, Guillet	50.59	1995
	Badji, Klai, Van Der Veken N, Guisse	50.59	2011
10	Lecompte, Vanden Broeck, La Rou, De Decker	50.70	1993
11	Lecompte, Vandenbroeck, La Rou, De Decker	50.87	1994
12	Gilson, Leplat A, Leplat S, Vandenbrande	50.90	1996
13	Henry, Morency Poilvache, Noel, Schauwers	50.91	2015
14	Wauters, Gyselinck, Henderickx, Marloye	51.12	1973
15	Van Laethem, De Buyst, Gauditiaubois, Kohl	51.14	1989
16	Byl, Van Collie, Malfait, Noben	51.15	1985
17	?	51.17	1988



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18	Carlot, Van Rossem, Mouzon, Meys	51.21	2006
19	Bahaid, Tshanga Diomi, Martins Junior, Leonard	51.22	2021
20	Irinkova, Radermacher, Menama Matia, Squiflet	51.42	2024

SCO 4 x 200 m

1	Diwani, Lins, Vlerick, Brutus	1.49.97	2010
2	Murerwa, Kazadi, Lins, Vlerick	1.59.87	2009
3	Schraff, Duysens, De Buyst, Kohl	2.01.50	1986
4	Guisse, Lins, Guisse, Legein	2.01.57	2011
5	Delfosse P, M'Rabet, De Buyst, Kohl	2.02.40	1985

SCO 4 x 400 m

1	Van Damme, Ozgul, Vereertbrugghen, Putmans	4.51.32	2008
2	Lins, Van Der Perren, Vlerick, Brutus	4.55.87	2010

SCO 4 x 800 m

1	Dewitte, Dewitte, Delbecque, Cawet	10.14.59	1997
2	Sacre, Delbecque, Dewitte, Cawet	10.17.08	1995
3	Frenay, Smith, Vandenmuysenberg, Potvlieghe	10.24.44	1992
4	Van Zeebroeck, Delbecque, Dewitte, Cawet	10.29.87	1994
5	Fonteyn, Delbecque, Dewitte, Cawet	10.31.03	1996
6	Iven, Verriez, Khattou, Dardari	10.46.71	2016
7	Hadj Faraji, Lacasse, Muls, Badibanga	10.49.70	2015
8	Van Handenhoven, Houba F, Declerck, Rigaux	11.49.50	1980
9	Denti, Houba, Ligocki, Cornez	12.57.60	1979

SCO Relais suédois

1	Badji, Klai, Guisse, Legein	2.32.85	2010
2	Lopez Gonzalez, Gerard, Radermacher, Cornali	2.34.30	2023

SCO Relais olympique

1	Groffier, Menama Matia, Irinkova, Radermacher	4.39.71	2024
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**JUNIORS DAMES - U20**

JUN 30 m

1	De Groote Noelia	6.84	2024
2	Marchal Zoe	7.34	2024

JUN 40 m

1	Bellaari Nouria	8.54	2024
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JUN 50 m

1	Schroeven Camille	11	7.08	13-10	FRA
2	Squiflet Emelynn			7.20	2022
3	Lambert Kylie			7.30	2016

JUN 60 m

1	Nollet Viviane	8.04	1971
	Marloye Nadine	8.04	1977
3	Van Eerdewegh Nicole	8.14	1971
4	Rochette Christine	8.24	1970
	Vandendael Alice	8.24	1970
	Henderickx Dominique	8.24	1971
7	Vidts Linda	8.44	1971
8	Lambert Kylie	8.55	2015
9	Squiflet Eemlynn	8.61	2021
10	Popescu Raisa Gabriela	8.66	2022
	Kohl Olivia	8.74	1984
12	Schroeven Camille	8.85	2022
13	Medan Ivana	8.87	2023
14	Irinkova Lora	8.89	2023
15	Dzou Lesly Kayla	8.90	2021
16	Carlot Sarah	8.97	2002
17	Godefroid Maud	9.05	1990
	Van Der Veken Cindy	9.05	2008
	Lecomte Christina	9.05	2009
20	Itoe Elisabeth	9.08	2014

JUN 80 m



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1	Radermacher Sarah	10.25	2024
2	Nollet Viviane	10.44	1970
3	Squiflet Emelynn	10.47	2023
4	Kohl Olivia	10.64	1986
	Clermont Nathalie	10.64	1989
	Mpinga Mulowayi Alexia	10.64	2017
7	Carlot Sarah	10.73	2004
8	Vandendael Alice	10.74	1968
	Henderickx Dominique	10.74	1970
	Carpentier Nathalie	10.74	1983
	Giuliani Alexandra	10.74	1995
12	Schroeven Camille	10.82	2024
13	Yech Chou Safia	10.85	2014
14	Lambert Kylie	10.86	2017
	Leonard Elise	10.86	2018
16	Callebaut Muriel	10.91	1985
17	Housiaux Colette	10.94	1964
	Van Collie Heidi	10.94	1982
	Smith Cindi	10.94	1988
	Bonvin Draps Nathalie	10.94	1993

JUN 100 m

1	Van Der Veken Cindy	12.03	2016
2	Vandendriessche Nadine	12.11	1984
3	Housiaux Colette	12.14	1968
4	Lepere Lola	12.37	2024
5	De Vrye Corine	12.42	1979
6	Leplat Severine	12.43	1998
7	Leonard Elise	12.46	2023
8	Muyls Jacqueline	12.48	1984
	Malfait Maritza	12.48	1986
10	Kohl Olivia	12.56	1992
11	Diwani Alison	12.64	2012
12	Mouzon Emmanuelle	12.65	2008
13	Clermont Nathalie	12.67	1991
14	Mwamine Robine	12.69	2015
15	Noel Nehemie Keysha	12.70	2015
16	Guillet Laurence	12.71	1999
17	Nollet Viviane	12.74	1971
	Henderickx Dominique	12.74	1972
	Naples Michele	12.74	1981
	Klai Anissa	12.74	2015

JUN 120 m

1	Sanchez Elisa	16.41	2022
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JUN 150 m

1	Nollet Viviane	19.94	1969
	Squiflet Emelynn	19.94	2023
3	Vandendael Alice	20.04	1968
4	Carlot Sarah	20.13	2004
5	Henderickx Dominique	20.14	1970
6	Mpinga Mulowayi Alexia	20.15	2017
7	Schroeven Camille	20.18	2024
8	Lambert Kylie	20.31	2017
9	Briand Celine	20.42	2010
10	Guillet Laurence	20.44	1993
11	Dierick Nadine	20.64	1966
	Bonvin Draps Nathalie	20.64	1993
13	Hostyn Priscilla	20.72	2003
14	Housiaux Colette	20.74	1964
15	Pontara Lisa	20.75	2016
16	Van Der Veken Cindy	20.81	2010
17	Vandendael Marie Jeanne	20.84	1967
	Merino Nohemi	20.84	2017
19	Irinkova Lora	20.89	2024
20	Kompany Christel	20.92	1997

JUN 200 m

1	Vandendriessche Nadine	24.65	1984
2	Van Der Veken Cindy	24.82	2016
3	Leplat Severine	25.38	1998



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

4	Tshanga Diomi Roline	25.51	2023
5	Klai Anissa	25.52	2015
6	Kohl Olivia	25.53	1990
7	Naples Michele	25.54	1983
8	Leonard Elise	25.63	2023
9	Schauwers Manon	25.65	2016
10	Mouzon Emmanuelle	25.73	2008
11	Le Rou Jennifer	25.82	1995
12	Leplat Anabelle	25.84	1997
13	Adam Benedicte	25.89	1996
14	De Coster Alexandra	26.04	1984
	Van Collie Heidi	25.94	1986
16	Malfait Maritza	25.98	1986
17	Badji Jalika	26.00	2015
18	Henderickx Dominique	26.04	1973
	De Vrye Corine	26.04	1979
20	Giuliani Alexandra	26.24	1998

JUN 300 m

1	Leplat Severine	39.65	1998
2	Klai Anissa	40.49	2015
3	La Rou Jennifer	41.29	1995
4	Adam Benedicte	41.42	1996
5	Schauwers Manon	41.54	2018
6	Van Der Veken Cindy	41.82	2015
7	Leplat Anabelle	42.37	1998
8	Kompany Christel	42.48	2000
9	Badji Jalika	42.55	2014
10	Guillet Laurence	42.66	1999
11	Nollet Viviane	43.12	1970
12	Gilbert Fernanda	43.15	1992
13	Schroeven Camille	43.46	2024
14	Kassianoff Sylvie	43.55	2014
15	Vanden Eede Isabelle	43.61	1992
16	Giuliani Alexandra	43.84	1998
17	Lambert Kylie	43.85	2017
18	Bonvin Draps Nathalie	44.23	1999
19	Carlot Sarah	44.28	2005
20	Dennison Chrystal	44.42	2024

JUN 400 m

1	Leplat Severine	56.03	1998
2	Klai Anissa	56.64	2015
3	Van Collie Heidi	57.32	1986
4	Muls Camille	57.81	2018
5	Adam Benedicte	57.82	1997
6	Tshanga Diomi Roline	58.07	2022
7	La Rou Jennifer	58.29	1995
8	Schauwers Manon	58.30	2018
9	Malfait Maritza	58.42	1988
10	Wauters Marijke	59.02	1973
11	Meersseman Geertje	59.12	1972
12	Joblin Marine	59.70	2020
13	Miri Yasmina	59.76	2011
14	Henderickx Fabienne	59.82	1973
15	Badji Jalika	59.85	2015
16	Vandendriessche Nadine	59.92	1983
17	De Wachter Didi	60.02	1982
18	Beckers Mireille	60.19	1984
19	Collard Florence	60.71	1983
20	Daems Denise	60.92	1978

JUN 600 m

1	De Rijcke Dominique	1.44.70	1974
2	Nollet Viviane	1.44.90	1970
3	Henderickx Suzy	1.46.00	1974
4	Maron Nicole	1.46.50	1970
5	Gyselincx Ingrid	1.47.70	1966
6	Meersseman Geertje	1.49.50	1968
7	Strypstein Solena	1.57.65	2022
8	Lambert Kylie	2.00.94	2013
9	Squiflet Emelynn	2.07.24	2019



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10	Beghin Joyce	2.09.21	2019
11	Popescu Raisa Gabriela	2.10.56	2020
12	Ngandeu Tchambia Brenda	2.10.62	2016
13	Schroeven Camille	2.10.70	2020
14	Huygens Cloe	2.11.73	2012
15	Radermacher Sarah	2.11.96	2018
16	Madani Zayneb	2.12.13	2024
17	Merino Nohemi	2.12.95	2013
18	Dzou Steffy Ann	2.13.95	2022
19	Dennison Chrystal	2.16.08	2014
20	Sibourg Celya	2.16.68	2018

JUN 800 m

1	Muls Camille	2.05.49	2018
2	Collard Veronique	2.11.36	1982
3	Schauwers Manon	2.13.16	2018
4	Meersseman Geertje	2.13.40	1972
5	Joblin Marine	2.13.80	2021
6	De Wachter Didi	2.14.79	1982
7	Collard Florence	2.16.12	1983
8	Cawet Daphne	2.16.21	1999
9	Kägu Gerta	2.18.06	2024
10	Van Den Bossche Inga	2.18.99	2017
11	Wauters Marijke	2.20.60	1974
12	Mortier Pascale	2.21.20	1973
13	Tshiasuma Jessie	2.21.88	2011
14	Bex Maria	2.22.60	1970
15	Boeren Michele	2.22.80	1974
16	Winckelmans Reinhilde	2.22.90	1974
	Van Collie Heidi	2.22.90	1986
18	Inconstant Elisa	2.23.09	2022
19	De Valck Ingrid	2.24.30	1982
20	Barhdadi Lina	2.24.41	2016

JUN 1000 m

1	Collard Veronique	2.52.74	1982
2	De Wachter Didi	2.53.10	1982
3	Muls Camille	2.55.79	2017
4	Joblin Marine	3.01.01	2019
5	Cawet Daphne	3.01.18	1998
6	Tshiasuma Jessie	3.01.95	2011
7	Haouari Farrah	3.08.82	2020
8	Inconstant Elisa	3.09.04	2022
9	Delbecque Laure	3.10.60	1996
10	Mattelaere Laurence	3.10.70	1991
11	Vanden Muysenberg Sabine	3.11.60	1993
12	Van Den Bossche Inga	3.12.17	2017
13	Dewitte Caroline	3.12.93	1997
14	Potvlieghe An	3.13.00	1992
15	Schroeven Camille	3.13.18	2024
16	De Groote Estelle	3.14.33	2006
17	Adam Benedicte	3.17.00	1992
18	Lambert Kylie	3.17.03	2017
19	Tshiasuma Jessie	3.17.91	2009
20	Boussar Hanan	3.18.85	2001

JUN 1500 m

1	Muls Camille	4.29.50	2018
2	Collard Veronique	4.30.09	1982
3	Meersseman Geertje	4.33.50	1972
4	De Wachter Didi	4.33.80	1982
5	Van Den Bossche Inga	4.41.18	2017
6	Cawet Daphne	4.50.73	1997
7	Bex Maria	4.52.20	1970
8	Tshiasuma Jessie	4.53.37	2011
9	De Valck Ingrid	4.53.90	1982
10	Winckelmans Reinhilde	4.54.30	1974
11	Collard Florence	4.55.00	1983
12	Mortier Pascale	4.57.00	1973
13	Wauters Marijke	4.59.90	1974
14	Boeren Michele	5.00.80	1973
15	Haouari Farrah	5.02.17	2020



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

16	Potvlieghe An	5.04.03	1991
17	Boussar Hanan	5.07.19	2002
18	Schraff Celine	5.12.80	1987
19	De Rijcke Dominique	5.12.90	1974
20	Vandenmuysenberg Sabine	5.12.97	1993

JUN Mile

1	Muls Camille	5.07.58	2017
2	De Valck Ingrid	5.15.10	1982
3	Cawet Daphne	5.21.54	1999
4	Tshiasuma Jessie	5.22.27	2012
5	Barhdadi Lina	5.48.48	2014
6	Vanden Broeck Nolwen	5.56.70	2006
7	Verriez Laura	6.13.72	2015
8	El Kamlichi Widad	6.27.41	2012
9	Imbo Kristel	6.28.31	2011

JUN 2000 m

1	Muls Camille	6.38.49	2016
2	Van Den Bossche Inga	6.38.60	2016
3	Tshiasuma Jessie	7.02.18	2011
4	Vanden Broeck Nolwen	7.24.32	2007
5	Codrea Beatrix	7.28.37	2006

JUN 3000 m

1	Collard Veronique	9.36.90	1982
2	De Wachter Didi	10.01.10	1982
3	De Valck Ingrid	10.15.05	1982
4	Van Den Bossche Inga	10.41.31	2017
5	Meersseman Geertje	10.42.80	1972
6	Cawet Daphne	10.43.20	1997
7	Potvlieghe An	10.48.10	1992
8	Imbo Kristel	11.14.33	2015
9	Massot Marianne	11.22.17	1987
10	Tshiasuma Jessie	11.28.04	2013
11	Haouari Farrah	11.30.81	2019
12	Van Damme Joelle	11.38.45	2011
13	Dewitte Valerie	11.42.07	1997
14	Vlaminck Karin	11.42.60	1982
15	Coutteau Katia	11.46.00	1979
16	Byl Laetitia	11.47.00	1984
17	Schraff Celine	11.53.07	1990
18	Boussar Hanan	11.55.64	2003
19	Vanden Broeck Nolwen	12.04.66	2009
20	Vandermeulen Nathalie	12.19.30	1993

JUN 5000 m

1	De Valck Ingrid	18.09.70	1982
2	Coutteau Katia	20.08.30	1979
3	Potvlieghe An	20.14.00	1994
4	Impatient Chantal	23.15.30	1980

JUN 50 m haies (68 cm)

1	Lambert Kylie	8.04	2017
2	Strypstein Maeva	8.09	2024
3	Squiflet Emelynn	8.33	2022
4	Dzou Lesly Kayla	8.92	2022

JUN 50 m haies (76 cm)

1	Ouali Sirine	9.97	2013
2	Lecomte Christina	9.99	2011

JUN 60 m haies (68 cm)

1	Squiflet Emelynn	9.80	2023
2	Schroeven Camille	9.85	2024
3	Strypstein Maeva	9.98	2024
4	Popescu Raisa Gabriela	10.46	2024
5	Dzou Lesly Kayla	10.55	2023
6	De Cooman Lea	10.67	2024
7	Irinkova Lora	10.81	2024
8	Dzou Steffy Ann	10.88	2024





ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

9	Radermacher Sarah	11.05	2022
10	Sibourg Celya	11.23	2022
11	Strypstein Solena	11.49	2024
12	Gerard Zoe	11.53	2024
13	El Youssefi Asmae	12.36	2024
14	Pereira Da Silva Sara	12.49	2024
15	Janssen Jade	12.51	2023
16	Camara Elena	13.53	2024
17	Pereira Da Silva Isabelle	13.56	2024
18	Gerard Zoe	13.62	2023
19	Arys Josephine	13.73	2023
20	Chebout Nour	13.77	2024

JUN 60 m haies (76 cm)

1	Vandendael Alice	9.64	1968
2	Lambert Kylie	9.96	2017
3	Smith Cindi	10.05	1988
4	Huybrechts Isabelle	10.07	2000
5	Van Collie Heidi	10.14	1982
6	Mouzon Emmanuelle	10.20	2004
7	M'Rabet Salima	10.22	1985
8	Cincinatis Lucie	10.24	2003
9	Kohl Olivia	10.34	1986
10	Guillet Laurence	10.36	1993
11	Van Der Veken Cindy	10.37	2010
12	Lecomte Christina	10.41	2011
13	Van Der Veken Noemie	10.42	2010
14	Vidts Linda	10.44	1968
	Marloye Nadine	10.44	1971
	Uytterhaeghen Isabelle	10.44	1983
17	Kompany Christel	10.51	1997
18	Drieghe Maureen	10.54	1968
19	Yech Chou Safia	10.62	2014
20	Frenay Anne	10.64	1988

JUN 80 m haies (76 cm)

1	Vandendael Alice	11.84	1969
2	Schauwers Manon	11.88	2014
3	Kohl Olivia	11.95	1988
4	Clermont Nathalie	11.96	1991
5	Van Collie Heidi	12.18	1984
6	Smith Cindi	12.19	1990
	Guillet Laurence	12.19	1995
8	Gaeremyck Evelyne	12.26	1985
	Huybrechts Isabelle	12.26	2002
10	Van Der Veken Noemie	12.39	2012
11	Leplat Anabelle	12.44	1996
12	Squiflet Emelynn	12.52	2024
13	Giuliani Alexandra	12.54	1997
14	Mouzon Emmanuelle	12.56	2006
15	Marloye Nadine	12.64	1972
16	Badji Jalika	12.82	2011
17	La Rou Jennifer	12.83	1993
18	Nollet Viviane	12.84	1970
19	M'Rabet Salima	12.88	1987
20	Muyls Jacqueline	12.90	1980
	Van Rossem Nicky	12.90	2007

JUN 100 m haies (76 cm)

1	Kohl Olivia	13.92	1990
2	Clermont Nathalie	14.14	1993
3	Mouzon Emmanuelle	14.30	2008
4	Schauwers Manon	14.38	2016
5	Van Collie Heidi	14.47	1986
6	Vanden Eede Isabelle	14.84	1991
7	Guillet Laurence	14.90	1997
8	Gaeremyck Evelyne	15.19	1986
9	Ruell Natacha	15.45	1988
10	Leplat Anabelle	15.46	1997
11	De Decker Annelies	15.70	1994
12	Caty Emeline	15.78	2015
13	Huybrechts Isabelle	15.83	2004



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

14	Kizito Prisca	15.89	2018
15	Antipina Nastasia	16.12	1993
16	Van Rossem Nicky	16.19	2009
17	Giuliani Alexandra	16.21	1998
18	Lucas Clara	16.26	2021
19	La Rou Jennifer	16.34	1994
20	Archambeau Aline	16.36	2006

JUN 100 m haies (84 cm)

1	Kohl Olivia	13.99	1992
2	Clermont Nathalie	14.58	1993
3	Van Eerdewegh Nicole	14.94	1973
4	Guillet Laurence	15.02	1999
5	Gaeremynck Evelyne	15.22	1987
6	Mouzon Emmanuelle	15.23	2009
7	Marloye Nadine	15.24	1977
8	Ruell Natacha	15.45	1988
9	Vanden Eede Isabelle	15.49	1991
10	Lepere Lola	15.58	2024
11	Guisse Saliyya	15.65	2015
12	De Vrye Corine	15.94	1979
13	Vandendael Alice	16.04	1970
14	Binart Nathalie	16.07	1985
15	Brion Sophie	16.16	2003
16	Muyls Jacqueline	16.28	1983
17	Schauwers Manon	16.54	2018
18	Van Rossem Nicky	16.61	2011
19	Locrel Anne Julie	16.62	2004
20	Caty Emeline	17.20	2017

JUN 150 m haies (68 cm)

1	Squiflet Emelynn	21.33	2023
2	Schroeven Camille	21.64	2024
3	Radermacher Sarah	22.51	2022
4	Strypstein Maeva	22.56	2024
5	Irinkova Lora	22.62	2024
6	Gaajetaan Cordelia Avelyne	23.25	2024
7	De Cooman Lea	23.35	2023
8	Dzou Lesly Kayla	23.39	2023
9	Popescu Raisa Gabriela	23.62	2024
10	Sibourg Celya	23.92	2022
11	Irinkova Yoanna	24.02	2023
12	Gerard Zoe	26.05	2024

JUN 150 m haies (76 cm)

1	Lambert Kylie	21.56	2017
2	Yech Chou Safia	22.49	2014
3	Van Der Veken Cindy	22.78	2010
4	Badji Jalika	23.25	2009
5	Merino Nohemi	23.45	2017
6	Sandon Lisa	23.60	2014
7	Montilla Morgane	23.74	2011
8	Ngandeu Tchambia Brenda	23.79	2019
9	Mpinga Mulowayi Alexia	23.84	2016
10	Mayot Coiffard Hermine	23.91	2018
11	Henry Morgane	24.00	2012
12	Lecomte Christina	24.23	2011
13	Pontara Lisa	24.31	2015
14	Itoe Elisabeth	24.53	2015
15	Van Der Veken Noemie	24.83	2010
16	Mjahed Maya	24.91	2019
17	Tshiasuma Jessie	24.98	2009
18	Lins Noemie	25.08	2007
19	Huygens Cloe	25.29	2016
20	Itoe Cecile	25.41	2014

JUN 200 m haies (76 cm)

1	Van Eerdewegh Nicole	30.04	1972
2	Vandendaele Alice	30.74	1971
3	Rochette Christine	31.04	1971
4	Nollet Viviane	31.74	1973
5	Meersseman Geertje	31.94	1972



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TOP 20 ALL TIME OUTDOOR FEMMES

6	De Wandeleer Danielle	33.94	1973
7	Vandendael Marie Jeanne	35.74	1969
8	Ouali Sirine	37.39	2015

JUN 300 m haies (76 cm)

1	La Rou Jennifer	43.97	1995
2	Kohl Olivia	45.42	1990
3	Goessens Carine	45.43	1980
4	Schauwers Manon	45.77	2014
5	Leplat Severine	45.81	1997
6	Vanden Eede Isabelle	46.02	1992
7	Leplat Anabelle	46.14	1997
8	De Decker Annelies	46.42	1993
9	Van Collie Heidi	46.50	1984
10	Mouzon Emmanuelle	46.52	2006
11	Smith Cindi	46.90	1990
12	Gilbert Fernanda	47.04	1992
13	Radermacher Sarah	47.91	2024
14	Badji Jalika	48.02	2011
15	Frenay Anne	48.26	1989
16	Van Zeebroeck Griet	48.53	1995
17	Antipina Anastasia	48.60	1993
18	Martins Junior Magaly	48.67	2019
19	M'Rabet Salima	48.89	1986
20	Gaeremynck Evelyne	49.06	1987

JUN 400 m haies (76 cm)

1	Schauwers Manon	62.13	2018
2	Badji Jalika	64.85	2015
3	Van Collie Heidi	65.29	1987
4	Daems Denise	66.82	1978
5	Kasianoff Sylvie	67.07	2014
6	La Rou Jennifer	67.58	1996
7	Goessens Carine	68.18	1981
8	Smith Cindi	69.87	1993
9	Debaillie Isabelle	69.98	1993
10	Vanden Eede Isabelle	70.04	1993
11	De Pauw Margot	70.40	1993
12	Kisir Ikbal	70.45	1999
13	Brion Sophie	70.78	2002
14	Abid Fatima	71.31	1987
15	Tilmans Mireille	71.77	1986
16	Silberfeld Sophie	72.43	2004
17	Goessens Carine	72.64	1982
18	De Buyst Nadia	72.71	1991
19	Mangold Nadia	73.50	1996
20	Lins Noemie	73.55	2010

JUN 1500 m steeple (76 cm)

1	Van Der Perren Jessica	6.17.24	2009
2	Archambeau Aline	6.22.37	2004
3	Huygens Cloe	6.31.12	2017
4	Imbo Kristel	6.31.72	2010
5	Hostyn Priscilla	6.55.99	2004

JUN 2000 m steeple (76 cm)

1	Haouari Farrah	8.05.35	2019
2	Vanden Broeck Nolwen	8.45.82	2008
3	Kagu Gerta	8.48.32	2021
4	Van Der Perren Jessica	9.04.76	2010
5	Wyczynski Nathalia	11.56.28	2024

JUN Hauteur

1	Marloye Nadine	1m81	1977
2	Van Collie Heidi	1m68	1984
3	Schauwers Manon	1m67	2015
4	Clippe Lana	1m66	2023
5	Ruell Natacha	1m65	1988
	Golfa Sambay Clara	1m65	2018
7	De Rijcke Dominique	1m63	1976
	Thiebot Oceane	1m63	2020



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TOP 20 ALL TIME OUTDOOR FEMMES

9	De Vrye Corine	1m62	1979
10	Locrel Anne Julie	1m61	2004
	Van Der Veken Cindy	1m61	2012
12	Smith Cindi	1m59	1990
	Viaene Luna	1m59	2019
14	Kizito Prisca	1m58	2017
15	Hoste Corinne	1m57	1976
	Archambeau Aline	1m57	2006
17	Kompany Christel	1m56	2000
18	Vidts Linda	1m55	1970
	Winckelmans Reinhilde	1m55	1974
	Naples Michele	1m55	1981
	Kohl Olivia	1m55	1988

JUN Longueur

1	Marloye Nadine	6m08	1975
2	Van Collie Heidi	5m90	1986
3	Muyls Jacqueline	5m72	1983
4	De Vrye Corine	5m70	1979
5	Henderickx Dominique	5m68	1973
	Malfait Maritza	5m68	1988
7	Housiaux Colette	5m61	1967
8	Van Der Veken Cindy	5m53	2016
9	Kompany Christel	5m49	2000
10	Guisse Saliyya	5m48	2015
	Caty Emeline	5m48	2017
12	Dossey Jenifer Stefania	5m45	2019
	Squiflet Emelynn	5m45	2024
14	Vandendael Alice	5m44	1969
	Vidts Linda	5m44	1971
16	Mouzon Emmanuelle	5m42	2007
	Schauwers Manon	5m42	2015
18	Kizito Prisca	5m39	2018
19	Lucas Clara	5m38	2023
20	Ruell Natacha	5m33	1988

JUN Triple saut

1	Ombeni Rachel	12m28	2020
2	Kompany Christel	12m15	2000
3	Guisse Saliyya	12m11	2014
4	De Cock Aline	11m85	1999
5	Dossey Jennifer Stefania	11m50	2020
6	Lucas Clara	11m23	2022
7	Naji Afaf	11m05	2004
8	Hostyn Priscilla	10m98	2005
9	Fomenko Lisa	10m92	2007
10	Caty Emeline	10m91	2015
11	Vandenbrande Nathalie	10m88	1996
12	Madani Sarah	10m73	2015
	Yech Chou Safia	10m73	2015
14	Golfa Sambah Clara	10m71	2018
15	Van De Sype Chloe	10m62	2014
16	Archambeau Aline	10m53	2006
17	Vandenbroeck Elke	10m28	1994
18	Adam Benedicte	10m26	1994
	Vanden Bergh Joy	10m26	2017
20	Delbecque Maud	10m11	1996

JUN Perche

1	Lepere Lola	4m16	2024
2	Quirin Margaux	3m90	2014
3	Van Zeebroeck Griet	3m54	1998
4	Van De Sype Chloe	3m21	2014
5	Fonteyn Astrid	3m00	1996
6	Mouzon Emmanuelle	2m90	2007
7	Van Remoortel Anouchka	2m80	1995
8	Imbo Kristel	2m86	2011
9	Huybrechts Isabelle	2m60	2002
10	Vlerick Ophelia	2m40	2011
	Dzou Lesly Kayla	2m40	2024
12	Schroeven Camille	2m36	2024
13	Lacasse Camille	2m31	2015



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
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14	Hostyn Priscilla	2m30	2004
	Fomenko Lisa	2m30	2007
16	Squiflet Emelynn	2m25	2023
17	Strypstein Maeva	2m22	2024
18	Archambeau Aline	2m20	2003
	Kaluza Isabelle	2m20	2013
	Luypaert Naomy	2m20	2014
	Cole Anne Ramon	2m20	2021

JUN Poids (1 kg)

1	Goutte Alexandra	8m63	2000
2	Montilla Morgane	8m53	2007
3	Huybrechts Isabelle	8m46	1996
4	Van De Sype Chloe	8m39	2006
5	Paulus Jessie	8m30	2005
6	Squiflet Emelynn	8m23	2019
7	Englebert Yolaine	8m15	2005
8	Meys Jessica	7m98	2000
9	Hallems Julie	7m90	1994
10	Lambert Kylie	7m81	2013
11	Dolianitis Dina	7m78	2000
12	Beghin Joyce	7m77	2019
13	Kompany Christel	7m74	1993
14	Maidane Yasmine	7m67	2004
15	Ngandeu Tchambia Brenda	7m59	2016
16	Arys Josephine	7m58	2022
17	Pholien Alexandra	7m51	2004
18	Dzou Lesly Kayla	7m43	2019
19	Waegemans Ariane	7m40	2002
20	Lecomte Christina	7m36	2007

JUN Poids (2 kg)

1	Squiflet Emelynn	13m46	2023
2	Waegemans Aurore	13m12	2003
3	Iven Kayla	12m89	2015
4	Dzou Lesly Kayla	12m01	2023
5	Popescu Raisa Gabriela	11m93	2024
6	Kompany Christel	11m79	1997
	Van De Sype Chloe	11m79	2010
8	De Cooman Lea	11m36	2024
9	Mouzon Emmanuelle	10m80	2004
10	Hallems Julie	10m78	1998
11	Huybrechts Isabelle	10m69	2000
12	Mayuma Marie	10m62	2021
13	Strypstein Maeva	10m52	2024
14	Montilla Morgane	10m40	2011
15	Vandenbrande Nathalie	10m38	1994
	Goutte Alexandra	10m38	2003
17	Squiflet Emelynn	10m06	2022
18	Mjahed Maya	9m94	2020
19	Pauly Benedicte	9m92	1996
20	Mayuma Maeva	9m83	2023

JUN Poids (3 kg)

1	Mathieu Julia	14m76	2022
2	Reynaerts Stephanie	12m64	1997
3	Mayuma Marie	12m14	2024
4	Kompany Christel	12m10	1999
5	Vandenbrande Nathalie	11m96	1998
6	Adam Benedicte	11m95	1994
7	Van De Sype Chloe	11m85	2013
8	Marloye Nadine	11m74	1973
9	Dzou Lesly Kayla	11m62	2024
10	Mjahed Maya	11m55	2023
11	Iven Kayla	11m49	2018
12	Mouzon Emmanuelle	11m42	2006
13	Squiflet Emelynn	11m08	2024
14	Madani Sarah	10m30	2015
15	Declerck Anne	11m18	1978
16	Archambeau Aline	11m05	2005
17	Schauwers Manon	10m95	2015
18	Kizito Prisca	10m88	2018



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19	De Meyer Laurence	10m82	2003
20	Hoste Corinne	10m79	1975

JUN Poids (4 kg)

1	Devos An	13m12	1987
2	Mathieu Julia	13m10	2023
3	Sustelo Irina	12m98	2001
4	Reynaerts Stephanie	11m36	1999
5	Marloye Nadine	11m25	1974
6	Van Camp Nicole	11m24	1983
7	Declerck Anne	11m00	1981
8	Mayuma Marie	10m55	2024
9	Hoste Corinne	10m54	1977
10	Mouzon Emmanuelle	10m43	2008
11	Hallems Julie	10m40	2001
12	Archambeau Aline	10m36	2007
13	Van De Sype Chloe	9m74	2015
14	De Meyer Laurence	9m45	2004
15	Michel Martine	9m39	1968
16	Dennison Chrystal	9m26	2023
17	Rochette Christine	9m18	1969
18	Waegemans Aurore	9m06	2006
19	Adam Benedicte	9m03	1994
20	Debaillie Isabelle	9m02	1993

JUN Disque (600 gr)

1	Waegemans Aurore	32m53	2003
2	Kill Françoise	31m80	1996
3	Kompany Christel	31m36	1997
4	Van Der Veken Noemie	30m28	2010
5	De Buyst Nadia	29m24	1986
6	Huybrechts Isabelle	27m96	2000
7	Montilla Morgane	27m01	2010
8	Popescu Raisa Gabriela	26m15	2022
9	Gilson Aurore	25m74	1994
10	Van De Sype Chloe	25m24	2009
11	Squiflet Emelynn	24m96	2021
12	Hostyn Priscilla	24m76	2003
13	De Groote Florence	24m41	2001
14	Vanden Berghen Sylvie	24m40	1984
15	Gilbert Fernanda	23m92	1991
16	Hallems Julie	23m87	1998
17	Dewavre Laurence	23m80	1989
18	De Cooman Lea	23m71	2022
19	Vandenbrande Nathalie	23m40	1994
20	Strypstein Solena	23m31	2024

JUN Disque (750 gr)

1	De Cooman Lea	33m81	2024
2	Popescu Raisa Gabriela	29m30	2024
3	Iven Kayla	27m29	2015
4	Mayuma Marie	26m13	2021
5	Montilla Morgane	25m78	2011
6	Huygens Cloe	25m56	2016
7	Radermacher Sarah	24m93	2022
8	Merino Nohemi	24m54	2017
9	Mayuma Maeva	24m48	2023
10	Squiflet Emelynn	24m14	2023
11	Mjahed Maya	24m00	2020
12	Van Der Veken Noemie	23m66	2010
13	Van De Sype Chloe	23m51	2010
14	Imbo Kristel	21m65	2009
15	Tshiasuma Jessie	20m04	2009
16	Van Der Veken Cindy	19m76	2010
17	Badji Jalika	19m45	2009
18	Strypstein Maeva	19m42	2023
19	Mpinga Mulowayi Alexia	19m40	2017
20	Medan Ivana	19m33	2024

JUN Disque (1 kg)

1	Sustelo Irina	47m99	2000
2	Devos An	45m60	1987



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3	Vandenbrande Nathalie	42m84	1999
4	Marloye Nadine	39m96	1977
5	Hallems Julie	35m26	2001
6	Mayuma Marie	34m45	2024
7	Van Camp Nicole	34m04	1983
8	De Buyst Nadia	34m02	1991
9	Vanden Berghen Sylvie	32m80	1989
10	Kertsen Michele	32m14	1985
11	Mathieu Julia	31m59	2019
12	Mouzon Emmanuelle	31m58	2009
13	Iven Kayla	30m81	2017
14	Bastin Beatrice	30m42	1970
15	Van Der Veken Noemie	30m39	2013
16	Kill Françoise	30m33	1998
17	Declerck Anne	29m84	1982
18	Mjahed Maya	29m38	2023
19	Kompany Christel	29m33	1999
20	Van De Sype Chloe	29m05	2014

JUN Balle de hockey

1	Iven Kayla	41m50	2013
2	Van De Sype Chloe	40m58	2008
3	Strypstein Solena	36m48	2024
4	Tong Aline	35m47	2004
5	Squiflet Emelynn	35m24	2021
6	Huybrechts Isabelle	35m15	1998
7	Dzou Lesly Kayla	34m75	2021
8	Hallems Julie	33m74	1996
9	Hasani Geraldina	33m73	2006
10	Meys Jessica	32m36	2002
11	Popescu Raisa Gabriela	32m06	2022
12	De Cooman Lea	32m04	2022
13	De Meyer Laurence	31m94	1999
14	Pauly Benedicte	31m22	1994
15	Goutte Alexandra	30m81	2002
16	El Boubsi Maryam	29m46	1995
17	Pereira Da Silva Sara	29m45	2024
18	Mouzon Emmanuelle	29m15	2002
19	Vermeir Jade	29m12	2024
20	Huygens Chloe	29m00	2014

JUN Vortex

1	Medan Ivana	27m16	2023
2	Vermeir Jade	21m29	2024
3	Arys Josephine	21m17	2023
4	Neil Emma	13m18	2024
5	Bellaari Nouria	9m20	2024
6	Arys Julia	7m31	2024
7	Madani Zayneb	5m66	2024
8	Diallo Mariam	5m48	2024

JUN Javelot (400 gr) > avant 1999

1	Hallems Julie	31m01	1998
2	Adam Benedicte	24m88	1991
3	De Cock Aline	22m24	1995
4	Kompany Christel	21m72	1997
5	Binon Christelle	20m94	1992
6	Pauly Benedicte	19m76	1996
7	Ruyssinck Kelly	19m36	1996
8	La Rou Cecile	18m54	1995
9	El Hammouti Soraya	18m20	1994
10	Van Zeebroek Griet	17m96	1993
11	Kill Françoise	17m94	1996
12	Delbecque Laure	17m92	1993
13	Gilbert Fernanda	16m94	1991
14	Gilson Aurore	16m82	1994
15	Leplat Severine	16m14	1994
16	El Boubsi Maryam	16m10	1997
17	La Rou Jennifer	16m00	1991
18	Vandenbroek Elke	15m72	1991
19	Sorel Aurelie	15m70	1995
20	Guillet Laurence	15m58	1993



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JUN Javelot (400 gr) > 1999 à

1	Squiflet Emelynn	37m36	2023
2	Iven Kayla	34m63	2015
3	Popescu Raisa Gabriela	31m57	2024
4	Radermacher Sarah	30m78	2022
5	De Cooman Lea	30m73	2024
6	Montilla Morgane	30m13	2011
7	Mouzon Emmanuelle	29m98	2004
8	Huybrechts Isabelle	29m28	2000
9	Mjahed Maya	28m12	2020
10	Van De Sype Chloe	26m45	2010
11	Huygens Cloe	25m88	2016
12	Mayuma Marie	24m77	2021
13	Codrea Beatrix	24m59	2005
14	Dzou Lesly Kayla	24m40	2023
15	Imbo Kristel	24m35	2009
16	Lecomte Christina	24m11	2010
17	De Meyer Laurence	23m48	2001
18	Badji Jalika	23m47	2009
19	Strypstein Maeva	23m31	2024
20	Klai Anissa	22m80	2009

JUN Javelot (500 gr) > avant 1999

1	Reynaerts Stephanie	32m82	1995
2	Adam Benedicte	30m66	1993
3	Uytterhaeghen Isabelle	30m48	1984
4	Pauly Benedicte	27m29	1998
5	Gilbert Lucy	26m78	1991
6	Carpentier Nathalie	26m26	1986
7	De Buyst Nadia	26m06	1988
8	Padilla Louise	24m60	1980
9	Vandenbroeck Elke	24m58	1993
10	Smith Cindi	23m72	1989
11	Van Collie Heidi	23m64	1984
12	Ramos Daphne	23m48	1990
13	Gilbert Fernanda	22m68	1992
14	Vandendriessche Maja	22m42	1986
15	Van Zeebroeck Griet	22m02	1995
16	De Cock Aline	21m80	1996
17	Kompany Christel	21m42	1998
18	Debaillie Isabelle	20m00	1988
19	Fayt Laurence	18m88	1991
20	Troisfontaine Valerie	18m72	1989

JUN Javelot (500 gr) > 1999 à

1	Iven Kayla	41m95	2019
2	Squiflet Emelynn	40m94	2024
3	Montilla Morgane	37m30	2014
4	Hallems Julie	36m86	2000
5	Huybrechts Isabelle	36m67	2002
6	Cavada Barros Trinidad	35m80	2023
7	Mayuma Marie	33m74	2023
8	Mouzon Emmanuelle	32m37	2006
9	Dennison Chrystal	31m22	2021
10	Van De Sype Chloe	31m14	2013
11	Radermacher Sarah	29m72	2023
12	Huygens Cloe	28m50	2018
13	Mjahed Maya	28m39	2023
14	Kompany Christel	27m62	1999
15	Cavada Barros Bernadita	27m24	2023
16	Imbo Kristel	25m97	2011
17	De Meyer Laurence	25m93	2003
18	Hostyn Priscilla	25m27	2005
19	Codrea Beatrix	24m65	2006
20	Dzou Lesly Kayla	24m40	2024

JUN Javelot (600 gr) > avant 1999

1	Declerck Anne	41m94	1981
2	Reynaerts Stephanie	37m83	1998
3	Adam Benedicte	37m50	1997
4	Hoste Corinne	36m96	1977





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5	Ruell Natacha	34m72	1989
6	Gilbert Lucy	33m08	1992
7	Reynaerts Stephanie	32m76	1996
8	Bastin Chantal	31m78	1971
9	Schoeters Karine	31m62	1976
10	Vandendael Marie Jeanne	31m42	1969
11	Michele Martine	31m20	1967
12	Mertens Martine	29m94	1973
13	Meskens Muriel	29m92	1979
14	Mayenez Catherine	29m76	1981
15	Schoeters Karine	28m40	1977
16	Uytterhaeghen Isabelle	28m10	1986
17	Muyls Jacqueline	27m72	1982
18	Werck Maggy	26m17	1968
19	Vandendael Alice	25m80	1969
20	De Buyst Nadia	25m78	1991

JUN Javelot (600 gr) > 1999 à

1	Iven Kayla	42m80	2021
2	Sustelo Irina	38m45	2001
3	Hallems Julie	36m78	2001
4	Reynaerts Stephanie	36m59	1999
5	Montilla Morgane	34m35	2017
6	Huybrechts Isabelle	32m68	2004
7	Mouzon Emmanuelle	32m23	2008
8	Locrel Anne Julie	30m59	2004
9	Pauly Benedicte	28m60	1999
10	Archambeau Aline	25m18	2006
11	Vlerick Ophelia	24m00	2011
12	Van De Sype Cloe	23m70	2015
13	De Groote Florence	22m15	2004
14	Dennison Chrystal	22m06	2023
15	Kebdani Nadia	21m31	2005
16	Guisse Shaena	21m21	2011
17	Van Rossem Nicky	20m50	2009
18	Guisse Saliyya	19m17	2014
19	Lins Noemie	18m23	2010
20	Martinez Belen	14m73	2002

JUN Marteau (3 kg)

1	Ramos Daphne	43m80	1992
2	Huygens Cloe	34m60	2018
3	Vandenbrande Nathalie	32m60	1996
4	Van Remoortel Anouchka	26m14	1995
5	Mubarik Inaya	25m85	2024
6	Hallems Julie	24m28	1999
7	Fomenko Lisa	22m05	2007
8	Van De Sype Chloe	21m57	2014
9	Adam Benedicte	20m70	1993
10	Imbo Kristel	20m31	2011
11	Khader Firdaous	20m09	2019
12	Van Zeebroeck Griet	18m66	1994
13	Montilla Morgane	18m38	2012
14	Guisse Saliyya	16m90	2011

JUN Marteau (4 kg)

1	Sustelo Irina	56m30	2001
2	Ramos Daphne	40m46	1993
3	Guisse Shaena	27m55	2013
4	Reynaerts Stephanie	26m57	1999
5	De Meyer Laurence	26m03	2004
6	Adank Olivia	23m77	2002
7	De Buyst Nadia	16m82	1991
8	Guisse Saliyya	12m29	2014

JUN Pentathlon > avant 1999

1	Marloye Nadine	3814 p	1977
2	Housiaux Colette	3569 p	1968
3	Michel Martine	3562 p	1968
4	Rochette Christine	3452 p	1971
5	De Vrye Corine	3284 p	1979
6	Vandendael Alice	3240 p	1971



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7 Van Eerdewegh Nicole 2919 p 1972

JUN Heptathlon > avant 1999

1	Muyls Jacqueline	4448 p	1984
2	Declerck Anne	3537 p	1981

JUN Heptathlon > 1999 à

1	Guisse Saliyya	3743 p	2015
2	Van Rossem Nicky	3405 p	2011
3	Archambeau Aline	3155 p	2008
4	Van De Sype Chloe	2995 p	2015
5	Reynaerts Stephanie	2684 p	1999
6	Guisse Shaena	2462 p	2012
7	Luypaert Naomy	1835 p	2013
8	El Holouany Hiba	923 p	2017

JUN Decathlon > 1999 à

1	Mouzon Emmanuelle	4863 p	2009
2	Van De Sype Chloe	3920 p	2015
3	Lins Noemie	3587 p	2012
4	Guisse Shaena	2737 p	2012

JUN 1000 m marche

1	Iven Kayla	6.20.58	2013
2	Gerard Zoe	6.50.97	2022
3	Delbecque Laure	6.53.70	1991
4	Schroeven Camille	6.55.37	2022
5	Strypstein Maeva	7.02.31	2022
6	Gilson Aurore	7.44.30	1991

JUN 2000 m marche

1	Van Der Veken Noemie	13.51.98	2009
2	Kersten Michele	14.07.50	1979
3	Gilson Aurore	14.23.20	1992

JUN 3000 m marche

1	El Ouahmi Sirine	20.08.91	2016
2	Cuvelier Maela	21.19.14	2016
3	Kersten Michele	22.06.90	1980
4	Merino Noelia	22.14.38	2015
5	Biese Helena	24.09.94	2018
6	Boulaich Kawtar	24.32.64	2018

JUN 5000 m marche

1	Delbecque Maud	36.30.10	1996
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JUN 3 x 600 m

1	Strypstein, Schroeven, Squiflet	5.46.08	2023
2	Lecomte, Montilla, De Backer	6.21.61	2010
3	Van De Sype, Imbo, Tshiasuma	6.27.72	2009

JUN 4 x 60 m

1	Mpinga, Merino, Tshanga Diomi, Lambert	33.97	2015
2	Schroeven, Strypstein, Medan, Popescu	34.54	2022
3	Dolianitis, Meys, Mouzon, Carlot	35.44	2002
4	?	35.70	1984
5	Squiflet, Schroeven, Strypstein, Dzou	35.76	2021
6	Wittevrongel, M'Rabet, Muyls, Carpentier	35.84	1982
7	Nijs, Huygens, Merino, Lambert	35.84	2014
8	Cacciatore, Ibanez, Frenay, Smith	35.92	1986
9	La Rou, Urbain, Van Beckhoven, Godefroid	36.10	1989
10	?	36.22	1968
11	Wanyu, Khrauph, Sweetlove, Radermacher	36.74	2019
12	Strypstein, Pereira Da Silva, Pereira Sa Silva, Dzou	36.77	2024
13	Gerard, Strypstein, Dzou, Medan	36.88	2023
14	Girasa, Kohl, De Buyst, M'Rabet	37.12	1983
15	Ghayati N, Brouwers, Godefroid, Urbain	37.34	1990
16	Murray, Mouzon, Meys, Hostyn	37.34	2001
17	Hallems, Degives, Brion, Marnef	37.40	1996
18	La Rou, Delbecque, Delannoy, Godefroid	37.42	1988
19	Degives, El Boubsi, Gilson, Kompany	37.42	1995



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
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20 Dennison, Dewaele, Chraibi, Demanet 37.51 2016

JUN 4 x 80 m

1	Leonard, Merino, Mpinga Mulowayi, Lambert	41.33	2017
2	Pontara, Lambert, Mpinga Mulowayi, Nijs	42.22	2016
3	?	42.62	1970
4	Mouzon, Carlot, Meys, Pena Loreto	42.69	2004
5	Carlot, Cincinatis, Hostyn, Archambeau	42.79	2003
6	Massart, Ramos, Frenay, Smith	42.87	1988
7	Irinkova, De Cooman, Strypstein, Schroeven	43.17	2024
8	Stevens, Bortels, Servaes, Vandendael	43.22	1967
9	Van Remoortel, Sacre, Bonvin Draps, Guillet	43.32	1993
10	?	43.62	1966
11	?	43.64	1984
12	?	43.82	1968
13	Squiflet, Dzou, Schroeven, De Cooman	43.99	2023
14	Dzou, Radermacher, Sibourg, Squiflet	44.04	2022
15	Antoine, Duysens, De Buyst, Kohl	44.54	1986
16	M'Rabet, De Buyst, Kohl, Callebaut	44.62	1985
17	?	44.72	1983
	Dewitte, Kill, Giuliani, La Rou	44.72	1995
19	Troisfontaine, Ibanez, Dewavre, Clermont	44.78	1989
20	Leplat, Leplat, La Rou, Gilson	44.87	1994

JUN 4 x 100 m

1	Guisse, Badji, Mawmine, Van Der Veken	47.82	2015
2	Muyls, Naples, De Coster, Vandendriessche	48.00	1984
3	Bonvin Draps, Guillet, Leplat, Leplat	48.97	1997
4	Ralembert, Noel, Van Der Veken, Van Der Veken	49.32	2014
5	Muyls, Naples, De Coster, Vandendriessche	49.65	1981
6	Ralembert, Klai, Van Der Veken, Van Der Veken	49.71	2013
7	Vandenbrande, Leplat, Giuliani, Leplat	49.99	1998
8	Herman, Gaeremynck, Malfait, Van Collie	50.12	1986
9	Nkumu Bakuba, Adam, La Rou, Bonvin Draps	50.23	1996
10	Van Laethem, De Buyst, Brouwers, Kohl	50.46	1990
11	Keita, Sacre, Bonvin Draps, Guillet	50.59	1995
12	Lecompte, Vanden Broeck, La Rou, De Decker	50.70	1993
13	Cornez, Naples, Muyls, Vandendriessche	50.78	1983
14	De Cock, Vanden Brande, Bonvin Draps, Guillet	50.85	1999
15	Lecompte, Vandenbroeck, La Rou, De Decker	50.87	1994
16	Wauters, Gyselinck, Henderickx, Marloye	51.12	1973
17	Van Laethem, De Buyst, Gauditiaubois, Kohl	51.14	1989
18	Byl, Van Collie, Malfait, Noben	51.15	1985
19	?	51.17	1988
20	Carlot, Van Rossem, Mouzon, Meys	51.21	2006

JUN 4 x 200 m

1	Vandendael, Meersseman, Vidts, Rochette	1.48.00	1971
2	Diwani, Lins, Vlerick, Brutus	1.49.97	2010
3	Murerwa, Kazadi, Lins, Vlerick	1.59.87	2009
4	Schraff, Duysens, De Buyst, Kohl	2.01.50	1986
5	Guisse, Lins, Guisse, Legein	2.01.57	2011
6	Delfosse P, M'Rabet, De Buyst, Kohl	2.02.40	1985

JUN 4 x 400 m

1	Van Zeebroeck, Cawet, Kisir, Adam	4.11.60	1997
2	Giuliani, Kisir, Dewitte, Leplat	4.27.43	1999
3	Van Damme, Ozgul, Vereertbrugghen, Putmans	4.51.32	2008
4	Lins, Van Der Perren, Vlerick, Brutus	4.55.87	2010

JUN 4 x 800 m

1	Dewitte, Dewitte, Delbecque, Cawet	10.14.59	1997
2	Sacre, Delbecque, Dewitte, Cawet	10.17.08	1995
3	Frenay, Smith, Vandenmuysenberg, Potvlieghe	10.24.44	1992
4	Van Zeebroeck, Delbecque, Dewitte, Cawet	10.29.87	1994
5	Fonteyn, Delbecque, Dewitte, Cawet	10.31.03	1996
6	Vandenmuysenberg, Potvlieghe, Vandermeulen, Debaille	10.39.29	1993
7	Iven, Verriez, Khattou, Derdari	10.46.71	2016
8	Hadj Faraji, Lacasse, Muls, Badibanga	10.49.70	2015
9	Van Handenhoven, Houba F, Declerck, Rigaux	11.49.50	1980



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

10 Denti, Houba, Ligocki, Cornez 12.57.60 1979

JUN Relais suédois

1	Badji, Klai, Guisse, Legein	2.32.85	2010
2	Lopez Gonzalez, Gerard, Radermacher, Cornali	2.34.30	2023

JUN Relais olympique

1	Groffier, Menama Matia, Irinkova, Radermacher	4.39.71	2024
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ESPOIRS DAMES - U23

ESP 30 m

1	De Groote Noelia	6.84	2024
2	Marchal Zoe	7.34	2024

ESP 40 m

1	Bellaari Nouria	8.54	2024
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ESP 50 m

1	Schroeven Camille	7.08	2024
2	Squiflet Emelynn	7.20	2022
3	Lambert Kylie	7.30	2016

ESP 60 m

1	Nollet Viviane	8.04	1971
	Marloye Nadine	8.04	1977
3	Van Eerdewegh Nicole	8.14	1971
4	Rochette Christine	8.24	1970
	Vandendael Alice	8.24	1970
	Henderickx Dominique	8.24	1971
7	Vidts Linda	8.44	1971
8	Lambert Kylie	8.55	2015
9	Squiflet Eemlynn	8.61	2021
10	Popescu Raisa Gabriela	8.66	2022
	Kohl Olivia	8.74	1984
12	Schroeven Camille	8.85	2022
13	Medan Ivana	8.87	2023
14	Irinkova Lora	8.89	2023
15	Dzou Lesly Kayla	8.90	2021
16	Carlot Sarah	8.97	2002
17	Godefroid Maud	9.05	1990
	Van Der Veken Cindy	9.05	2008
	Lecomte Christina	9.05	2009
20	Itoe Elisabeth	9.08	2014

ESP 80 m

1	Radermacher Sarah	10.25	2024
2	Nollet Viviane	10.44	1970
3	Squiflet Emelynn	10.47	2023
4	Kohl Olivia	10.64	1986
	Clermont Nathalie	10.64	1989
	Mpinga Mulowayi Alexia	10.64	2017
7	Carlot Sarah	10.73	2004
8	Vandendael Alice	10.74	1968
	Henderickx Dominique	10.74	1970
	Carpentier Nathalie	10.74	1983
	Giuliani Alexandra	10.74	1995
12	Schroeven Camille	10.82	2024
13	Yech Chou Safia	10.85	2014
14	Lambert Kylie	10.86	2017
	Leonard Elise	10.86	2018
16	Callebaut Muriel	10.91	1985
17	Housiaux Colette	10.94	1964
	Van Collie Heidi	10.94	1982
	Smith Cindi	10.94	1988
	Bonvin Draps Nathalie	10.94	1993

ESP 100 m

1	Nkansa Delphine	11.22	2023
2	Zagre Anne	11.42	2012
3	Oulare Maryam	11.51	2023



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

4	Ndijp Nyemeck Yanla	11.71	2023
5	Thery Demarque Lea	11.87	2024
6	Rani Nagels	11.88	2015
7	Morency Poilvache Alizee	12.02	2019
8	Van Der Veken Cindy	12.03	2016
9	Vandendriessche Nadine	12.11	1984
10	Housiaux Colette	12.14	1968
11	Guisse Saliyya	12.32	2017
12	De Vrye Corine	12.36	1980
13	Diwani Alison	12.37	2013
	Lepere Lola	12.37	2024
15	Leplat Severine	12.43	1998
16	Leonard Elise	12.46	2023
17	Muyls Jacqueline	12.48	1984
	Malfait Maritza	12.48	1986
19	Badji Jalika	12.52	2018
20	Kohl Olivia	12.56	1992

ESP 120 m

1	Sanchez Elisa	16.41	2022
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ESP 150 m

1	Nollet Viviane	19.94	1969
	Squiflet Emelynn	19.94	2023
3	Vandendael Alice	20.04	1968
4	Carlot Sarah	20.13	2004
5	Henderickx Dominique	20.14	1970
6	Mpinga Mulowayi Alexia	20.15	2017
7	Schroeven Camille	20.18	2024
8	Lambert Kylie	20.31	2017
9	Briand Celine	20.42	2010
10	Guillet Laurence	20.44	1993
11	Dierick Nadine	20.64	1966
	Bonvin Draps Nathalie	20.64	1993
13	Hostyn Priscilla	20.72	2003
14	Housiaux Colette	20.74	1964
15	Pontara Lisa	20.75	2016
16	Van Der Veken Cindy	20.81	2010
17	Vandendael Marie Jeanne	20.84	1967
	Merino Nohemi	20.84	2017
19	Irinkova Lora	20.89	2024
20	Kompany Christel	20.92	1997

ESP 200 m

1	Nkansa Delphine	23.03	2022
2	Oulare Mariam	23.35	2022
3	Thery Demarque Lea	23.91	2024
4	Nagels Rani	24.59	2015
5	Vandendriessche Nadine	24.65	1984
6	Morency Poilvache Alizee	24.79	2020
7	Van Der Veken Cindy	24.82	2016
8	Badji Jalika	24.99	2018
	Schoemaker Liefde	24.99	2023
10	Leplat Severine	25.38	1998
11	Tshanga Diomi Roline	25.51	2023
12	Klai Anissa	25.52	2015
13	Kohl Olivia	25.53	1990
14	Naples Michele	25.54	1983
15	Leonard Elise	25.63	2023
16	Schauwers Manon	25.65	2016
17	Mouzon Emmanuelle	25.73	2008
	Verheecke Hanna	25.73	2021
19	Le Rou Jennifer	25.82	1995
20	De Vrye Corine	25.84	1981

ESP 300 m

1	Nagels Rani	38.04	2015
2	Leplat Severine	39.65	1998
3	Vereecke Hanna	40.41	2021
4	Klai Anissa	40.49	2015
5	Badji Jalika	40.71	2016
6	Morency Poilvache Alizee	40.78	2019



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

7	Van Collie Heidi	41.09	1991
8	Elsought Sylvie Anne	41.17	2000
9	La Rou Jennifer	41.29	1995
10	Adam Benedicte	41.36	1998
11	Schauwers Manon	41.54	2018
12	Van Der Veken Cindy	41.82	2015
13	Guillet Laurence	42.14	2001
14	Leplat Anabelle	42.37	1998
15	Kompany Christel	42.48	2000
16	Nollet Viviane	43.12	1970
17	Gilbert Fernanda	43.15	1992
18	Schroeven Camille	43.46	2024
19	Bonvin Draps Nathalie	43.53	2001
20	Kassianoff Sylvie	43.55	2014

ESP 400 m

1	Schoemaker Liefde	52.88	2024
2	Thery Demarque Lea	53.19	2023
3	Rani Nagels	53.51	2015
4	Badji Jalika	55.77	2018
5	Leplat Severine	56.03	1998
6	Muls Camille	56.31	2019
7	Klai Anissa	56.64	2015
8	Vereecke Hanna	56.85	2021
9	Adam Benedicte	56.95	1998
10	Van Collie Heidi	57.32	1986
11	Schauwers Manon	57.84	2019
12	Tshanga Diomi Roline	58.07	2022
13	Morency Poilvache Alizee	58.20	2020
14	La Rou Jennifer	58.29	1995
15	Malfait Maritza	58.42	1988
16	Joblin Marine	58.45	2022
17	Meersseman Geertje	58.52	1973
18	Wauters Marijke	59.02	1973
19	Dewitte Valerie	59.04	2002
20	Daems Denise	59.72	1979

ESP 600 m

1	De Rijcke Dominique	1.44.70	1974
2	Nollet Viviane	1.44.90	1970
3	Henderickx Suzy	1.46.00	1974
4	Maron Nicole	1.46.50	1970
5	Gyselincx Ingrid	1.47.70	1966
6	Meersseman Geertje	1.49.50	1968
7	Strypstein Solena	1.57.65	2022
8	Lambert Kylie	2.00.94	2013
9	Squiflet Emelynn	2.07.24	2019
10	Beghin Joyce	2.09.21	2019
11	Popescu Raisa Gabriela	2.10.56	2020
12	Ngandeu Tchambia Brenda	2.10.62	2016
13	Schroeven Camille	2.10.70	2020
14	Huygens Cloe	2.11.73	2012
15	Radermacher Sarah	2.11.96	2018
16	Madani Zayneb	2.12.13	2024
17	Merino Nohemi	2.12.95	2013
18	Dzou Steffy Ann	2.13.95	2022
19	Dennison Chrystal	2.16.08	2014
20	Sibourg Celya	2.16.68	2018

ESP 800 m

1	Muls Camille	2.03.72	2019
2	Joblin Marine	2.09.44	2024
3	Nagels Rani	2.09.69	2016
4	Collard Veronique	2.11.36	1982
5	Meersseman Geertje	2.08.90	1974
6	Schauwers Manon	2.13.16	2018
7	De Wachter Didi	2.14.79	1982
8	Collard Florence	2.16.12	1983
9	Cawet Daphne	2.16.21	1999
10	Kägu Gerta	2.18.06	2024
11	Van Den Bossche Inga	2.18.99	2017
12	Wauters Marijke	2.20.60	1974



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

13	Tshiasuma Jessie	2.20.97	2016
14	Van Collie Heidi	2.21.04	1991
15	Mortier Pascale	2.21.20	1973
16	Van Haver Kris	2.21.94	1981
17	Bex Maria	2.22.60	1970
18	Boeren Michele	2.22.80	1974
19	Winckelmans Reinhilde	2.22.90	1974
20	Inconstant Elisa	2.23.09	2022

ESP 1000 m

1	Collard Veronique	2.52.74	1982
2	De Wachter Didi	2.53.10	1982
3	Muls Camille	2.55.79	2017
4	Joblin Marine	3.01.01	2019
5	Cawet Daphne	3.01.18	1998
6	Tshiasuma Jessie	3.01.95	2011
7	De Wachter Didi	3.05.30	1981
8	Haouari Farrah	3.08.82	2020
9	Inconstant Elisa	3.09.04	2022
10	Van Haver Kris	3.09.84	1981
11	Delbecque Laure	3.10.60	1996
12	Mattelaere Laurence	3.10.70	1991
13	Vanden Muysenberg Sabine	3.11.60	1993
14	Van Den Bossche Inga	3.12.17	2017
15	Dewitte Caroline	3.12.93	1997
16	Potvlieghe An	3.13.00	1992
17	Schroeven Camille	3.13.18	2024
18	De Groote Estelle	3.14.33	2006
19	Adam Benedicte	3.17.00	1992
20	Lambert Kylie	3.17.03	2017

ESP 1500 m

1	Muls Camille	4.12.35	2021
2	Collard Veronique	4.29.00	1983
3	Meersseman Geertje	4.32.30	1973
4	De Wachter Didi	4.33.80	1982
5	Van Lent Jana	4.34.73	2022
6	Van Den Bossche Inga	4.41.18	2017
7	Vienne Dorothee	4.50.22	1998
8	Cawet Daphne	4.50.73	1997
9	Bex Maria	4.52.20	1970
10	Tshiasuma Jessie	4.52.78	2016
11	De Valck Ingrid	4.53.90	1982
12	Winckelmans Reinhilde	4.54.30	1974
13	Collard Florence	4.55.00	1983
14	Mortier Pascale	4.57.00	1973
15	Wauters Marijke	4.59.90	1974
16	Boeren Michele	5.00.80	1973
17	Haouari Farrah	5.02.17	2020
18	Demol Christina	5.03.40	1973
	Van Haver Kris	5.03.40	1981
20	Potvlieghe An	5.04.03	1991

ESP Mile

1	Collard Veronique	5.00.80	1983
2	Muls Camille	5.07.58	2017
3	De Valck Ingrid	5.15.10	1982
4	Cawet Daphne	5.21.54	1999
5	Tshiasuma Jessie	5.22.27	2012
6	Barhdadi Lina	5.48.48	2014
7	Vanden Broeck Nolwen	5.56.70	2006
8	Verriez Laura	6.13.72	2015
9	El Kamlichi Widad	6.27.41	2012
10	Imbo Kristel	6.28.31	2011

ESP 2000 m

1	Muls Camille	6.38.49	2016
2	Van Den Bossche Inga	6.38.60	2016
3	Tshiasuma Jessie	7.02.18	2011
4	Vanden Broeck Nolwen	7.24.32	2007
5	Codrea Beatrix	7.28.37	2006



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

ESP 3000 m

1	Collard Veronique	9.36.90	1982
2	Van Lent Jana	9.54.69	2023
3	De Wachter Didi	10.01.10	1982
4	Meersseman Geertje	10.10.00	1973
5	De Valck Ingrid	10.15.05	1982
6	Goethals Lutgard	10.33.50	2022
7	Van Den Bossche Inga	10.41.31	2017
8	Cawet Daphne	10.43.20	1997
9	Potvlieghe An	10.48.10	1992
10	Vienne Dorothee	10.57.72	1998
11	Demol Christina	11.04.00	1973
12	Bourgeois Anne	11.12.04	1987
13	Imbo Kristel	11.14.33	2015
14	Massot Marianne	11.22.17	1987
15	Coutteau Katia	11.26.60	1981
16	Tshiasuma Jessie	11.28.04	2013
17	Haouari Farrah	11.30.81	2019
18	Van Damme Joelle	11.38.45	2011
19	Dewitte Valerie	11.42.07	1997
20	Vlaminck Karin	11.42.60	1982

ESP 5000 m

1	Van Lent Jana	16.21.71	2023
2	De Valck Ingrid	18.09.70	1982
3	Tshiasuma Jessie	19.55.25	2017
4	Coutteau Katia	20.08.30	1979
5	Potvlieghe An	20.11.30	1995
6	Impatient Chantal	22.17.80	1982

ESP 10 000 m

1	Van Lent Jana	34.14.95	2023
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ESP Semi marathon

1	Van Lent Jana	1h17.33	2023
2	Goethals Lutgard	1h20.34	2022

ESP 50 m haies (68 cm)

1	Lambert Kylie	8.04	2017
2	Strypstein Maeva	8.09	2024
3	Squiflet Emelynn	8.33	2022
4	Dzou Lesly Kayla	8.92	2022

ESP 50 m haies (76 cm)

1	Ouali Sirine	9.97	2013
2	Lecomte Christina	9.99	2011

ESP 60 m haies (68 cm)

1	Squiflet Emelynn	9.80	2023
2	Schroeven Camille	9.85	2024
3	Strypstein Maeva	9.98	2024
4	Popescu Raisa Gabriela	10.46	2024
5	Dzou Lesly Kayla	10.55	2023
6	De Cooman Lea	10.67	2024
7	Irinkova Lora	10.81	2024
8	Dzou Steffy Ann	10.88	2024
9	Radermacher Sarah	11.05	2022
10	Sibourg Celya	11.23	2022
11	Strypstein Solena	11.49	2024
12	Gerard Zoe	11.53	2024
13	El Youssofi Asmae	12.36	2024
14	Pereira Da Silva Sara	12.49	2024
15	Janssen Jade	12.51	2023
16	Camara Elena	13.53	2024
17	Pereira Da Silva Isabelle	13.56	2024
18	Arys Josephine	13.73	2023
19	Chebout Nour	13.77	2024
20	Wanyu Diane Kylie	13.87	2021

ESP 60 m haies (76 cm)

1	Vandendael Alice	9.64	1968
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ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

2	Lambert Kylie	9.96	2017
3	Smith Cindi	10.05	1988
4	Huybrechts Isabelle	10.07	2000
5	Van Collie Heidi	10.14	1982
6	Mouzon Emmanuelle	10.20	2004
7	M'Rabet Salima	10.22	1985
8	Cincinatis Lucie	10.24	2003
9	Kohl Olivia	10.34	1986
10	Guillet Laurence	10.36	1993
11	Van Der Veken Cindy	10.37	2010
12	Lecomte Christina	10.41	2011
13	Van Der Veken Noemie	10.42	2010
14	Vidts Linda	10.44	1968
	Marloye Nadine	10.44	1971
	Uytterhaeghen Isabelle	10.44	1983
17	Kompany Christel	10.51	1997
18	Drieghe Maureen	10.54	1968
19	Yech Chou Safia	10.62	2014
20	Frenay Anne	10.64	1988

ESP 80 m haies (76 cm)

1	Vandendael Alice	11.84	1969
2	Schauwers Manon	11.88	2014
3	Kohl Olivia	11.95	1988
4	Clermont Nathalie	11.96	1991
5	Van Collie Heidi	12.18	1984
6	Smith Cindi	12.19	1990
	Guillet Laurence	12.19	1995
8	Gaeremynck Evelyne	12.26	1985
	Huybrechts Isabelle	12.26	2002
10	Van Der Veken Noemie	12.39	2012
11	Leplat Anabelle	12.44	1996
12	Squiflet Emelynn	12.52	2024
13	Giuliani Alexandra	12.54	1997
14	Mouzon Emmanuelle	12.56	2006
15	Marloye Nadine	12.64	1972
16	Badji Jalika	12.82	2011
17	La Rou Jennifer	12.83	1993
18	Nollet Viviane	12.84	1970
19	M'Rabet Salima	12.88	1987
20	Muyls Jacqueline	12.90	1980
	Van Rossem Nicky	12.90	2007

ESP 100 m haies (76 cm)

1	Kohl Olivia	13.92	1990
2	Clermont Nathalie	14.14	1993
3	Mouzon Emmanuelle	14.30	2008
4	Schauwers Manon	14.38	2016
5	Van Collie Heidi	14.47	1986
6	Vanden Eede Isabelle	14.84	1991
7	Guillet Laurence	14.90	1997
8	Gaeremynck Evelyne	15.19	1986
9	Ruell Natacha	15.45	1988
10	Leplat Anabelle	15.46	1997
11	De Decker Annelies	15.70	1994
12	Caty Emeline	15.78	2015
13	Huybrechts Isabelle	15.83	2004
14	Kizito Prisca	15.89	2018
15	Antipina Nastasia	16.12	1993
16	Van Rossem Nicky	16.19	2009
17	Giuliani Alexandra	16.21	1998
18	Lucas Clara	16.26	2021
19	La Rou Jennifer	16.34	1994
20	Archambeau Aline	16.36	2006

ESP 100 m haies (84 cm)

1	Zagre Anne	12.79	2012
2	Ndijp Nyemeck Yanla	12.99	2023
3	Kohl Olivia	13.82	1993
4	Van Eerdewegh Nicole	14.34	1976
5	Clermont Nathalie	14.58	1993
6	Guillet Laurence	14.71	2001



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

7	De Vrye Corine	14.74	1981
8	Van Collie Heidi	14.78	1991
9	Schauwers Manon	14.98	2019
10	Hostyn Priscilla	14.99	2012
11	Gaeremynck Evelynne	15.22	1987
12	Mouzon Emmanuelle	15.23	2009
13	Marloye Nadine	15.24	1977
14	Jaime Suzanne	15.29	1988
15	Vanden Eede Isabelle	15.49	1991
16	Glowacki Anne	15.57	1986
17	Lepere Lola	15.58	2024
18	Guisse Saliyya	15.65	2015
19	Archambeau Aline	15.97	2012
20	Vandendael Alice	16.04	1970

ESP 150 m haies (68 cm)

1	Squiflet Emelynn	21.33	2023
2	Schroeven Camille	21.64	2024
3	Radermacher Sarah	22.51	2022
4	Strypstein Maeva	22.56	2024
5	Irinkova Lora	22.62	2024
6	Gaajetaan Cordelia Avelyne	23.25	2024
7	De Cooman Lea	23.35	2023
8	Dzou Lesly Kayla	23.39	2023
9	Popescu Raisa Gabriela	23.62	2024
10	Sibourg Celya	23.92	2022
11	Irinkova Yoanna	24.02	2023
12	Gerard Zoe	26.05	2024

ESP 150 m haies (76 cm)

1	Lambert Kylie	21.56	2017
2	Yech Chou Safia	22.49	2014
3	Van Der Veken Cindy	22.78	2010
4	Badji Jalika	23.25	2009
5	Merino Nohemi	23.45	2017
6	Sandon Lisa	23.60	2014
7	Montilla Morgane	23.74	2011
8	Ngandeu Tchambia Brenda	23.79	2019
9	Mpinga Mulowayi Alexia	23.84	2016
10	Mayot Coiffard Hermine	23.91	2018
11	Henry Morgane	24.00	2012
12	Lecomte Christina	24.23	2011
13	Pontara Lisa	24.31	2015
14	Itoe Elisabeth	24.53	2015
15	Van Der Veken Noemie	24.83	2010
16	Mjahed Maya	24.91	2019
17	Tshiasuma Jessie	24.98	2009
18	Lins Noemie	25.08	2007
19	Huygens Cloe	25.29	2016
20	Itoe Cecile	25.41	2014

ESP 200 m haies (76 cm)

1	Van Eerdewegh Nicole	29.04	1974
2	Vandendaele Alice	30.74	1971
3	Rochette Christine	31.04	1971
4	Meersseman Geertje	31.54	1974
5	Nollet Viviane	31.74	1973
6	Vandendael Marie Jeanne	33.64	1972
7	De Wandeleer Danielle	33.94	1973
8	Ouali Sirine	37.39	2015

ESP 300 m haies (76 cm)

1	La Rou Jennifer	43.97	1995
2	Kohl Olivia	45.42	1990
3	Goessens Carine	45.43	1980
4	Schauwers Manon	45.77	2014
5	Leplat Severine	45.81	1997
6	Vanden Eede Isabelle	46.02	1992
7	Leplat Anabelle	46.14	1997
8	De Decker Annelies	46.42	1993
9	Van Collie Heidi	46.50	1984
10	Mouzon Emmanuelle	46.52	2006



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

11	Smith Cindi	46.90	1990
12	Gilbert Fernanda	47.04	1992
13	Radermacher Sarah	47.91	2024
14	Badji Jalika	48.02	2011
15	Frenay Anne	48.26	1989
16	Van Zeebroeck Griet	48.53	1995
17	Antipina Anastasia	48.60	1993
18	Martins Junior Magaly	48.67	2019
19	M'Rabet Salima	48.89	1986
20	Gaeremynck Evelyne	49.06	1987

ESP 400 m haies (76 cm)

1	Badji Jalika	59.80	2018
	Schauwers Manon	59.80	2019
3	Meersseman Geertje	64.12	1974
4	Van Collie Heidi	64.39	1990
5	Daems Denise	64.71	1979
6	Guillet Laurence	66.64	2002
7	Kasianoff Sylvie	67.07	2014
8	La Rou Jennifer	67.58	1996
9	Abid Fatima	67.82	1988
10	Goessens Carine	68.18	1981
11	Smith Cindi	69.87	1993
12	Debaillie Isabelle	69.98	1993
13	Vanden Eede Isabelle	70.04	1993
14	De Pauw Margot	70.40	1993
15	Kisir Ikkal	70.45	1999
16	Brion Sophie	70.78	2002
17	Tilmans Mireille	71.77	1986
18	Cauwelier Ghislaine	71.84	1972
19	Silberfeld Sophie	72.43	2004
20	De Buyst Nadia	72.71	1991

ESP 1500 m steeple (76 cm)

1	Van Der Perren Jessica	6.17.24	2009
2	Archambeau Aline	6.22.37	2004
3	Huygens Cloe	6.31.12	2017
4	Imbo Kristel	6.31.72	2010
5	Hostyn Priscilla	6.55.99	2004

ESP 2000 m steeple (76 cm)

1	Haouari Farrah	8.05.35	2019
2	Vanden Broeck Nolwen	8.45.82	2008
3	Kagu Gerta	8.48.32	2021
4	Van Der Perren Jessica	9.04.76	2010
5	Wyczynski Nathalia	11.56.28	2024

ESP Hauteur

1	Jonckheere Natalja	1m88	1992
2	Marloye Nadine	1m81	1977
3	Hostyn Priscilla	1m70	2012
4	Glowacki Anne	1m69	1986
5	Van Collie Heidi	1m68	1984
	Thiebot Oceane	1m68	2023
6	Schauwers Manon	1m67	2015
8	Clippe Lana	1m66	2023
9	Cloetens Sabine	1m65	1986
	Ruell Natacha	1m65	1988
	Archambeau Aline	1m65	2012
	Golfa Sambay Clara	1m65	2018
13	De Rijcke Dominique	1m63	1976
14	De Vrye Corine	1m62	1979
15	Locrel Anne Julie	1m61	2004
	Van Der Veken Cindy	1m61	2012
17	Smith Cindi	1m59	1990
	Viaene Luna	1m59	2019
19	Jaime Suzanne	1m58	1987
	Kizito Prisca	1m58	2017

ESP Longueur

1	Marloye Nadine	6m08	1975
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ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
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2	Van Collie Heidi	5m98	1991
3	De Vrye Corine	5m85	1982
4	Hostyn Priscilla	5m77	2012
5	Malfait Maritza	5m76	1989
6	Guisse Saliyya	5m74	2018
7	Glowacki Anne	5m73	1986
8	Muyls Jacqueline	5m72	1983
9	Ombeni Rachel	5m70	2022
10	Henderickx Dominique	5m68	1973
11	Housiaux Colette	5m61	1967
12	Kizito Prisca	5m58	2021
13	Van Der Veken Cindy	5m53	2016
14	Kompany Christel	5m49	2000
15	Caty Emeline	5m48	2017
	Lucas Clara	5m48	2024
17	Mouzon Emmanuelle	5m46	2011
18	Dossey Jenifer Stefania	5m45	2019
	Squiflet Emelynn	5m45	2024
20	Vandendael Alice	5m44	1969
	Vidts Linda	5m44	1971

ESP Triple saut

1	Ombeni Rachel	13m00	2022
2	Guisse Saliyya	12m92	2018
3	Van Collie Heidi	12m52	1991
4	Kompany Christel	12m15	2000
5	De Cock Aline	11m85	1999
6	Dossey Jennifer Stefania	11m50	2020
7	Kalonji Angele	11m32	1992
8	Lucas Clara	11m23	2022
9	Hostyn Priscilla	11m19	2012
10	Naji Afaf	11m05	2004
11	Fomenko Lisa	10m92	2007
12	Caty Emeline	10m91	2015
13	Vandenbrande Nathalie	10m88	1996
14	Madani Sarah	10m73	2015
	Yech Chou Safia	10m73	2015
16	Golfa Sambay Clara	10m71	2018
17	Van De Sype Chloe	10m62	2014
18	Marx Inge	10m56	1991
19	Archambeau Aline	10m53	2006
20	Van Rossem Nicky	10m38	2012

ESP Perche

1	Quirin Margaux	4m05	2015
2	Van Zeebroeck Griet	3m54	1998
3	Marx Inge	3m50	1991
4	Van De Sype Chloe	3m30	2017
5	Fonteyn Astrid	3m00	1996
6	Mouzon Emmanuelle	2m90	2007
7	Van Remoortel Anouchka	2m80	1995
8	Imbo Kristel	2m86	2011
9	Huybrechts Isabelle	2m60	2002
10	Vlerick Ophelia	2m40	2011
11	Lacasse Camille	2m31	2015
12	Hostyn Priscilla	2m30	2004
	Fomenko Lisa	2m30	2007
14	Squiflet Emelynn	2m25	2023
15	Archambeau Aline	2m20	2003
	Kaluza Isabelle	2m20	2013
	Luybaert Naomy	2m20	2014
	Cole Anne Ramon	2m20	2021
19	Strypstein Maeva	2m13	2023
20	Tong Aline	2m10	2005

ESP Poids (1 kg)

1	Goutte Alexandra	8m63	2000
2	Montilla Morgane	8m53	2007
3	Huybrechts Isabelle	8m46	1996
4	Van De Sype Chloe	8m39	2006
5	Paulus Jessie	8m30	2005
6	Squiflet Emelynn	8m23	2019



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7	Englebert Yolaine	8m15	2005
8	Meys Jessica	7m98	2000
9	Hallems Julie	7m90	1994
10	Lambert Kylie	7m81	2013
11	Dolianitis Dina	7m78	2000
12	Beghin Joyce	7m77	2019
13	Kompany Christel	7m74	1993
14	Maidane Yasmine	7m67	2004
15	Ngandeu Tchambia Brenda	7m59	2016
16	Arys Josephine	7m58	2022
17	Pholien Alexandra	7m51	2004
18	Dzou Lesly Kayla	7m43	2019
19	Waegemans Ariane	7m40	2002
20	Lecomte Christina	7m36	2007

ESP Poids (2 kg)

1	Squiflet Emelynn	13m46	2023
2	Waegemans Aurore	13m12	2003
3	Iven Kayla	12m89	2015
4	Dzou Lesly Kayla	12m01	2023
5	Kompany Christel	11m79	1997
	Van De Sype Chloe	11m79	2010
7	Popescu Raisa Gabriela	11m25	2023
8	Mouzon Emmanuelle	10m80	2004
9	Hallems Julie	10m78	1998
10	Huybrechts Isabelle	10m69	2000
11	Mayuma Marie	10m62	2021
12	Montilla Morgane	10m40	2011
13	Vandenbrande Nathalie	10m38	1994
	Goutte Alexandra	10m38	2003
15	Squiflet Emelynn	10m06	2022
16	Mjahed Maya	9m94	2020
17	Pauly Benedicte	9m92	1996
18	Mayuma Maeva	9m83	2023
19	Villanueva Lais	9m82	2004
20	Wanyu Diane Kylie	9m81	2021

ESP Poids (3 kg)

1	Mathieu Julia	14m76	2022
2	Reynaerts Stephanie	12m64	1997
3	Mayuma Marie	12m14	2024
4	Kompany Christel	12m10	1999
5	Vandenbrande Nathalie	11m96	1998
6	Adam Benedicte	11m95	1994
7	Van De Sype Chloe	11m85	2013
8	Marloye Nadine	11m74	1973
9	Dzou Lesly Kayla	11m62	2024
10	Mjahed Maya	11m55	2023
11	Iven Kayla	11m49	2018
12	Mouzon Emmanuelle	11m42	2006
13	Squiflet Emelynn	11m08	2024
14	Madani Sarah	10m30	2015
15	Declerck Anne	11m18	1978
16	Archambeau Aline	11m05	2005
17	Schauwers Manon	10m95	2015
18	Kizito Prisca	10m88	2018
19	De Meyer Laurence	10m82	2003
20	Hoste Corinne	10m79	1975

ESP Poids (4 kg)

1	Devos An	13m12	1987
2	Mathieu Julia	13m10	2023
3	Sustelo Irina	12m98	2001
4	Glowacki Anne	12m45	1986
5	Van Camp Nicole	11m98	1984
6	Reynaerts Stephanie	11m36	1999
7	Marloye Nadine	11m25	1974
8	Declerck Anne	11m00	1981
9	Iven Kayla	10m78	2022
10	Jaime Suzanne	10m55	1988
	Mayuma Marie	10m55	2024
12	Hoste Corinne	10m54	1977



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13	Mouzon Emmanuelle	10m43	2008
14	Archambeau Aline	10m41	2012
15	Hallems Julie	10m40	2001
16	Marx Inge	10m33	1992
17	Van De Sype Chloe	9m93	2017
18	Michel Martine	9m85	1970
19	De Meyer Laurence	9m45	2004
20	Michel Martine	9m39	1968

ESP Disque (600 gr)

1	Waegemans Aurore	32m53	2003
2	Kill Françoise	31m80	1996
3	Kompany Christel	31m36	1997
4	Van Der Veken Noemie	30m28	2010
5	De Buyst Nadia	29m24	1986
6	Huybrechts Isabelle	27m96	2000
7	Montilla Morgane	27m01	2010
8	Popescu Raisa Gabriela	26m15	2022
9	Gilson Aurore	25m74	1994
10	Van De Sype Chloe	25m24	2009
11	Squiflet Emelynn	24m96	2021
12	Hostyn Priscilla	24m76	2003
13	De Groote Florence	24m41	2001
14	Vanden Berghen Sylvie	24m40	1984
15	Gilbert Fernanda	23m92	1991
16	Hallems Julie	23m87	1998
17	Dewavre Laurence	23m80	1989
18	De Cooman Lea	23m71	2022
19	Vandenbrande Nathalie	23m40	1994
20	Strypstein Solena	23m31	2024

ESP Disque (750 gr)

1	De Cooman Lea	33m81	2024
2	Popescu Raisa Gabriela	29m30	2024
3	Iven Kayla	27m29	2015
4	Mayuma Marie	26m13	2021
5	Montilla Morgane	25m78	2011
6	Huygens Cloe	25m56	2016
7	Radermacher Sarah	24m93	2022
8	Merino Nohemi	24m54	2017
9	Mayuma Maeva	24m48	2023
10	Squiflet Emelynn	24m14	2023
11	Mjahed Maya	24m00	2020
12	Van Der Veken Noemie	23m66	2010
13	Van De Sype Chloe	23m51	2010
14	Imbo Kristel	21m65	2009
15	Tshiasuma Jessie	20m04	2009
16	Van Der Veken Cindy	19m76	2010
17	Badji Jalika	19m45	2009
18	Strypstein Maeva	19m42	2023
19	Mpinga Mulowayi Alexia	19m40	2017
20	Medan Ivana	19m33	2024

ESP Disque (1 kg)

1	Sustelo Irina	47m99	2000
2	Glowacki Anne	46m94	1986
3	Devos An	46m24	1988
4	Vandenbrande Nathalie	42m84	1999
5	Marloye Nadine	39m96	1977
6	Van Camp Nicole	39m46	1984
7	Hallems Julie	35m26	2001
8	Mayuma Marie	34m45	2024
9	De Buyst Nadia	34m02	1991
10	Vanden Berghen Sylvie	32m80	1989
11	Werck Liliane	32m18	1968
12	Kertsen Michele	32m14	1985
13	Guisse Shaena	32m03	2014
14	Bastin Beatrice	31m64	1971
15	Mathieu Julia	31m59	2019
16	Mouzon Emmanuelle	31m58	2009
17	Kersten Michele	31m04	1986
18	Iven Kayla	30m81	2017



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19	Van Der Veken Noemie	30m39	2013
20	Kill Françoise	30m33	1998

### ESP Balle de hockey

1	Iven Kayla	41m50	2013
2	Van De Sype Chloe	40m58	2008
3	Strypstein Solena	36m48	2024
4	Tong Aline	35m47	2004
5	Squiflet Emelynn	35m24	2021
6	Huybrechts Isabelle	35m15	1998
7	Dzou Lesly Kayla	34m75	2021
8	Hallems Julie	33m74	1996
9	Hasani Geraldina	33m73	2006
10	Meys Jessica	32m36	2002
11	Popescu Raisa Gabriela	32m06	2022
12	De Cooman Lea	32m04	2022
13	De Meyer Laurence	31m94	1999
14	Pauly Benedicte	31m22	1994
15	Goutte Alexandra	30m81	2002
16	El Boubsi Maryam	29m46	1995
17	Pereira Da Silva Sara	29m45	2024
18	Mouzon Emmanuelle	29m15	2002
19	Vermeir Jade	29m12	2024
20	Huygens Chloe	29m00	2014

### ESP Vortex

1	Medan Ivana	27m16	2023
2	Vermeir Jade	21m29	2024
3	Arys Josephine	21m17	2023
4	Neil Emma	13m18	2024
5	Bellaari Nouria	9m20	2024
6	Arys Julia	7m31	2024
7	Madani Zayneb	5m66	2024
8	Diallo Mariam	5m48	2024

### ESP Javelot (400 gr) > avant 1999

1	Hallems Julie	30m50	1997
2	Adam Benedicte	24m88	1991
3	De Cock Aline	22m24	1995
4	Kompany Christel	21m72	1997
5	Binon Christelle	20m94	1992
6	Pauly Benedicte	19m76	1996
7	Ruyssinck Kelly	19m36	1996
8	La Rou Cecile	18m54	1995
9	El Hammouti Soraya	18m20	1994
10	Van Zeebroek Griet	17m96	1993
11	Kill Françoise	17m94	1996
12	Delbecque Laure	17m92	1993
13	Gilbert Fernanda	16m94	1991
14	Gilson Aurore	16m82	1994
15	Leplat Severine	16m14	1994
16	El Boubsi Maryam	16m10	1997
17	La Rou Jennifer	16m00	1991
18	Vandenbroek Elke	15m72	1991
19	Sorel Aurelie	15m70	1995
20	Guillet Laurence	15m58	1993

### ESP Javelot (400 gr) > 1999 à

1	Squiflet Emelynn	37m36	2023
2	Iven Kayla	34m63	2015
3	Popescu Raisa Gabriela	31m57	2024
4	Radermacher Sarah	30m78	2022
5	De Cooman Lea	30m73	2024
6	Montilla Morgane	30m13	2011
7	Mouzon Emmanuelle	29m98	2004
8	Huybrechts Isabelle	29m28	2000
9	Mjahed Maya	28m12	2020
10	Van De Sype Chloe	26m45	2010
11	Huygens Cloe	25m88	2016
12	Mayuma Marie	24m77	2021
13	Codrea Beatrix	24m59	2005
14	Dzou Lesly Kayla	24m40	2023



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15	Imbo Kristel	24m35	2009
16	Lecomte Christina	24m11	2010
17	De Meyer Laurence	23m48	2001
18	Badji Jalika	23m47	2009
19	Strypstein Maeva	23m31	2024
20	Klai Anissa	22m80	2009

ESP Javelot (500 gr) > avant 1999

1	Reynaerts Stephanie	32m82	1995
2	Adam Benedicte	30m66	1993
3	Uytterhaeghen Isabelle	30m48	1984
4	Pauly Benedicte	27m29	1998
5	Gilbert Lucy	26m78	1991
6	Carpentier Nathalie	26m26	1986
7	De Buyst Nadia	26m06	1988
8	Padilla Louise	24m60	1980
9	Vandenbroeck Elke	24m58	1993
10	Smith Cindi	23m72	1989
11	Van Collie Heidi	23m64	1984
	Vandendriessche Maja	23m64	1985
13	Ramos Daphne	23m48	1990
14	Gilbert Fernanda	22m68	1992
15	Van Zeebroeck Griet	22m02	1995
16	De Cock Aline	21m80	1996
17	Kompany Christel	21m43	1998
18	Debaillie Isabelle	20m00	1988
19	Fayt Laurence	18m88	1991
20	Troisfontaine Valerie	18m72	1989

ESP Javelot (500 gr) > 1999 à

1	Iven Kayla	41m95	2019
2	Squiflet Emelynn	40m94	2024
3	Montilla Morgane	37m30	2014
4	Hallems Julie	36m86	2000
5	Huybrechts Isabelle	36m67	2002
6	Cavada Barros Trinidad	35m80	2023
7	Mayuma Marie	33m74	2023
8	Mouzon Emmanuelle	32m37	2006
9	Dennison Chrystal	31m22	2021
10	Van De Sype Chloe	31m14	2013
11	Radermacher Sarah	29m72	2023
12	Huygens Cloe	28m50	2018
13	Mjahed Maya	28m39	2023
14	Kompany Christel	27m62	1999
15	Cavada Barros Bernadita	27m24	2023
16	Imbo Kristel	25m97	2011
17	De Meyer Laurence	25m93	2003
18	Hostyn Priscilla	25m27	2005
19	Codrea Beatrix	24m65	2006
20	Dzou Lesly Kayla	24m40	2024

ESP Javelot (600 gr) > avant 1999

1	Glowacki Anne	43m52	1986
2	Declerck Anne	41m94	1981
3	Reynaerts Stephanie	37m83	1998
4	Adam Benedicte	37m50	1997
5	Vandendael Marie Jeanne	37m22	1972
6	Hoste Corinne	36m96	1977
7	Ruell Natacha	34m72	1989
8	Marx Inge	34m20	1992
9	Gilbert Lucy	33m08	1992
10	Mertens Martine	32m26	1975
11	Bastin Chantal	31m78	1971
12	Schoeters Karine	31m62	1976
13	Michele Martine	31m60	1971
14	Meskens Muriel	29m92	1979
15	Mayenez Catherine	29m76	1981
16	Uytterhaeghen Isabelle	28m10	1986
17	Quicke Evelyne	28m30	1979
18	Muyls Jacqueline	27m72	1982
19	Bourgeois Anne	26m20	1987
20	Werck Maggy	26m17	1968





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ESP Javelot (600 gr) > 1999 à

1	Iven Kayla	45m14	2022
2	Smal Pauline	44m36	2020
3	Sustelo Irina	38m45	2001
4	Adam Benedicte	38m01	2000
5	Montilla Morgane	37m01	2018
6	Hallems Julie	36m78	2001
7	Reynaerts Stephanie	36m59	1999
8	Hostyn Priscilla	33m44	2012
9	Huybrechts Isabelle	32m68	2004
10	Mouzon Emmanuelle	32m23	2008
11	Locrel Anne Julie	30m59	2004
12	Pauly Benedicte	28m60	1999
13	Archambeau Aline	25m40	2012
14	Vlerick Ophelia	24m00	2011
15	Van De Sype Cloe	23m70	2015
16	Guisse Saliyya	22m39	2017
17	De Groote Florence	22m15	2004
18	Dennison Chrystal	22m06	2023
19	Guisse Shaena	21m21	2011
20	Van Rossem Nicky	20m50	2009

ESP Marteau (3 kg)

1	Ramos Daphne	43m80	1992
2	Huygens Cloe	34m60	2018
3	Vandenbrande Nathalie	32m60	1996
4	Van Remoortel Anouchka	26m14	1995
5	Mubarik Inaya	25m85	2024
6	Hallems Julie	24m28	1999
7	Fomenko Lisa	22m05	2007
8	Van De Sype Chloe	21m57	2014
9	Adam Benedicte	20m70	1993
10	Imbo Kristel	20m31	2011
11	Khader Firdaous	20m09	2019
12	Van Zeebroeck Griet	18m66	1994
13	Montilla Morgane	18m38	2012
14	Guisse Saliyya	16m90	2011

ESP Marteau (4 kg)

1	Sutelo Irina	56m30	2001
2	Sclavont Lastinie	50m94	2024
3	Ramos Daphne	40m46	1993
4	Guisse Shaena	27m55	2013
5	Reynaerts Stephanie	26m57	1999
6	De Meyer Laurence	26m03	2004
7	De Buyst Nadia	25m12	1995
8	Adank Olivia	23m77	2002
9	Guisse Saliyya	12m29	2014

ESP Pentathlon > avant 1980

1	Michel Martine	2995 p	1969
2	Vandendael Alice	2823 p	1975

ESP Heptathlon > 1980 à 1999

1	Glowacki Anne	4822 p	1986
2	Van Collie Heidi	4769 p	1991
3	Jaime Suzanne	3998 p	1988
4	Cloetens Sabine	3050 p	1986

ESP Heptathlon > 1999 à

1	Hostyn Priscilla	4804 p	2012
2	Archambeau Aline	4194 p	2012
3	Guisse Saliyya	3511 p	2017
4	Luypaert Naomy	2750 p	2015
5	Guisse Shaena	1806 p	2014
6	Pirtinis Alicja	1766 p	2017
7	Cok Evelyne	1671 p	2013

ESP Decathlon > 1999 à

1	Brion Sophie	3296 p	2007
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2 Guisse Shaena 2887 p 2015

ESP 1000 m marche

1	Iven Kayla	6.20.58	2013
2	Gerard Zoe	6.50.97	2022
3	Delbecque Laure	6.53.70	1991
4	Schroeven Camille	6.55.37	2022
5	Strypstein Maeva	7.02.31	2022
6	Gilson Aurore	7.44.30	1991

ESP 2000 m marche

1	Van Der Veken Noemie	13.51.98	2009
2	Kersten Michele	14.07.50	1979
3	Gilson Aurore	14.23.20	1992

ESP 3000 m marche

1	El Ouahmi Sirine	20.08.91	2016
2	Cuvelier Maela	21.19.14	2016
3	Kersten Michele	22.06.90	1980
4	Merino Noelia	22.14.38	2015
5	Biese Helena	24.09.94	2018
6	Boulaich Kawtar	24.32.64	2018

ESP 5000 m marche

1	Delbecque Maud	36.30.10	1996
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ESP 3 x 600 m

1	Strypstein, Schroeven, Squiflet	5.46.08	2023
2	Lecomte, Montilla, De Backer	6.21.61	2010
3	Van De Sype, Imbo, Tshiasuma	6.27.72	2009

ESP 4 x 60 m

1	Mpinga, Merino, Tshanga Diomi, Lambert	33.97	2015
2	Schroeven, Strypstein, Medan, Popescu	34.54	2022
3	Dolianitis, Meys, Mouzon, Carlot	35.44	2002
4	?	35.70	1984
5	Squiflet, Schroeven, Strypstein, Dzou	35.76	2021
6	Wittevrongel, M'Rabet, Muyls, Carpentier	35.84	1982
	Nijs, Huygens, Merino, Lambert	35.84	2014
8	Cacciatore, Ibanez, Frenay, Smith	35.92	1986
9	La Rou, Urbain, Van Beckhoven, Godefroid	36.10	1989
10	?	36.22	1968
11	Wanyu, Khrauph, Sweetlove, Radermacher	36.74	2019
12	Strypstein, Pereira Da Silva, Pereira Sa Silva, Dzou	36.77	2024
13	Gerard, Strypstein, Dzou, Medan	36.88	2023
14	Girasa, Kohl, De Buyst, M'Rabet	37.12	1983
15	Ghayati N, Brouwers, Godefroid, Urbain	37.34	1990
	Murray, Mouzon, Meys, Hostyn	37.34	2001
17	Hallems, Degives, Brion, Marnef	37.40	1996
18	La Rou, Delbecque, Delannoy, Godefroid	37.42	1988
	Degives, El Boubsi, Gilson, Kompany	37.42	1995
20	Dennison, Dewaele, Chraibi, Demanet	37.51	2016

ESP 4 x 80 m

1	Leonard, Merino, Mpinga Mulowayi, Lambert	41.33	2017
2	Pontara, Lambert, Mpinga Mulowayi, Nijs	42.22	2016
3	?	42.62	1970
4	Mouzon, Carlot, Meys, Pena Loreto	42.69	2004
5	Carlot, Cincinatis, Hostyn, Archambeau	42.79	2003
6	Massart, Ramos, Frenay, Smith	42.87	1988
7	Irinkova, De Cooman, Strypstein, Schroeven	43.17	2024
8	Stevens, Bortels, Servaes, Vandendael	43.22	1967
9	Van Remoortel, Sacre, Bonvin Draps, Guillet	43.32	1993
10	?	43.62	1966
11	?	43.64	1984
12	?	43.82	1968
13	Squiflet, Dzou, Schroeven, De Cooman	43.99	2023
14	Dzou, Radermacher, Sibourg, Squiflet	44.04	2022
15	Antoine, Duysens, De Buyst, Kohl	44.54	1986
16	M'Rabet, De Buyst, Kohl, Callebaut	44.62	1985
17	?	44.72	1983



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

	Dewitte, Kill, Giuliani, La Rou	44.72	1995
19	Troisfontaine, Ibanez, Dewavre, Clermont	44.78	1989
20	Leplat, Leplat, La Rou, Gilson	44.87	1994

ESP 4 x 100 m

1	Guisse, Badji, Mawmine, Van Der Veken	47.82	2015
2	Muyls, Naples, De Coster, Vandendriessche	48.00	1984
3	Diwani, Klai, Zagre, Hostyn	48.51	2012
4	Bonvin Draps, Guillet, Leplat, Leplat	48.97	1997
5	Kalonji, Van Collie, Clermont, Kohl	49.31	1991
6	Ralembert, Noel, Van Der Veken, Van Der Veken	49.32	2014
7	Muyls, Naples, De Coster, Vandendriessche	49.65	1981
8	Ralembert, Klai, Van Der Veken, Van Der Veken	49.71	2013
9	Vandenbrande, Leplat, Giuliani, Leplat	49.99	1998
10	Herman, Gaeremynck, Malfait, Van Collie	50.12	1986
11	Nkumu Bakuba, Adam, La Rou, Bonvin Draps	50.23	1996
12	Bonvin Draps, Guillet, Giuliani, Kompany	50.24	2001
13	Van Laethem, De Buyst, Brouwers, Kohl	50.46	1990
14	Keita, Sacre, Bonvin Draps, Guillet	50.59	1995
15	Lecompte, Vanden Broeck, La Rou, De Decker	50.70	1993
16	Cornez, Naples, Muyls, Vandendriessche	50.78	1983
17	De Cock, Vanden Brande, Bonvin Draps, Guillet	50.85	1999
18	Lecompte, Vandenbroeck, La Rou, De Decker	50.87	1994
19	Wauters, Gyselinck, Henderickx, Marloye	51.12	1973
20	Van Laethem, De Buyst, Gauditiaubois, Kohl	51.14	1989

ESP 4 x 200 m

1	Nagels, Schauwers, Badji, Van Der Veken	1.39.68	2016
2	Giuliani, Leplat, Adam, Leplat	1.41.96	1998
3	Vandendael, Meersseman, Vidts, Rochette	1.48.00	1971
4	Badji, Kassianoff, Lins, Mwamine	1.48.16	2014
5	Diwani, Lins, Vlerick, Brutus	1.49.97	2010
6	Murerwa, Kazadi, Lins, Vlerick	1.59.87	2009
7	Schraff, Duysens, De Buyst, Kohl	2.01.50	1986
8	Delfosse P, M'Rabet, De Buyst, Kohl	2.02.40	1985
9	Guisse, Lins, Guisse, Legein	2.01.57	2011

ESP 4 x 400 m

1	Cherpion, Leplat, Kisir, Adam	4.07.64	1998
2	Kalonji, Kohl, De Buyst, Van Collie	4.11.50	1991
3	Van Zeebroeck, Cawet, Kisir, Adam	4.11.60	1997
4	Giuliani, Kisir, Dewitte, Leplat	4.27.43	1999
5	Van Damme, Ozgul, Vereertbrugghen, Putmans	4.51.32	2008
6	Lins, Van Der Perren, Vlerick, Brutus	4.55.87	2010

ESP 4 x 800 m

1	Dewitte, Dewitte, Delbecque, Cawet	10.14.59	1997
2	Sacre, Delbecque, Dewitte, Cawet	10.17.08	1995
3	Frenay, Smith, Vandenmuysenberg, Potvlieghe	10.24.44	1992
4	Van Zeebroeck, Delbecque, Dewitte, Cawet	10.29.87	1994
5	Fonteyn, Delbecque, Dewitte, Cawet	10.31.03	1996
6	Dewitte, Silberfeld, Cawet, Boussar	10.39.21	2001
7	Vandenmuysenberg, Potvlieghe, Vandermeulen, Debaille	10.39.29	1993
8	Iven, Verriez, Khattou, Derdari	10.46.71	2016
9	Hadj Faraji, Lacasse, Muls, Badibanga	10.49.70	2015
10	Van Handenhoven, Houba F, Declerck, Rigaux	11.49.50	1980
11	Denti, Houba, Ligocki, Cornez	12.57.60	1979

ESP Relais suédois

1	Badji, Klai, Guisse, Legein	2.32.85	2010
2	Lopez Gonzalez, Gerard, Radermacher, Cornali	2.34.30	2023

ESP Relais olympique

1	Groffier, Menama Matia, Irinkova, Radermacher	4.39.71	2024
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TOUTES CATEGORIES DAMES

TC 30 m

1	De Groote Noelia	6.84	2024
2	Marchal Zoe	7.34	2024



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
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TC 40 m

1	Bellaari Nouria	8.54	2024
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TC 50 m

1	Schroeven Camille	7.08	2024
2	Squiflet Emelynn	7.20	2022
3	Lambert Kylie	7.30	2016

TC 60 m

1	Nollet Viviane	8.04	1971
	Marloye Nadine	8.04	1977
3	Van Eerdewegh Nicole	8.14	1971
4	Rochette Christine	8.24	1970
	Vandendael Alice	8.24	1970
	Henderickx Dominique	8.24	1971
7	Vidts Linda	8.44	1971
8	Lambert Kylie	8.55	2015
9	Squiflet Eemlynn	8.61	2021
10	Popescu Raisa Gabriela	8.66	2022
	Kohl Olivia	8.74	1984
12	Schroeven Camille	8.85	2022
13	Medan Ivana	8.87	2023
14	Irinkova Lora	8.89	2023
15	Dzou Lesly Kayla	8.90	2021
16	Carlot Sarah	8.97	2002
17	Godefroid Maud	9.05	1990
	Van Der Veken Cindy	9.05	2008
	Lecomte Christina	9.05	2009
20	Itoe Elisabeth	9.08	2014

TC 80 m

1	Radermacher Sarah	10.25	2024
2	Nollet Viviane	10.44	1970
3	Squiflet Emelynn	10.47	2023
4	Kohl Olivia	10.64	1986
	Clermont Nathalie	10.64	1989
	Mpinga Mulowayi Alexia	10.64	2017
7	Carlot Sarah	10.73	2004
8	Vandendael Alice	10.74	1968
	Henderickx Dominique	10.74	1970
	Carpentier Nathalie	10.74	1983
	Giuliani Alexandra	10.74	1995
12	Schroeven Camille	10.82	2024
13	Yech Chou Safia	10.85	2014
14	Lambert Kylie	10.86	2017
	Leonard Elise	10.86	2018
16	Callebaut Muriel	10.91	1985
17	Housiaux Colette	10.94	1964
	Van Collie Heidi	10.94	1982
	Smith Cindi	10.94	1988
	Bonvin Draps Nathalie	10.94	1993

TC 100 m

1	Nkansa Delphine	11.20	2024
2	Zagre Anne	11.42	2012
3	Oulare Mariam	11.51	2023
4	Morency Poilvache Alizee	11.66	2023
5	Ndijp Nyemeck Yanla	11.71	2023
6	Carette Anne	11.84	1993
7	De Vrye Corine	11.85	1985
8	Thery Demarque Lea	11.87	2024
9	Nagels Rani	11.88	2015
10	Gharafi Yasmine	11.95	2015
11	Van Der Veken Cindy	12.03	2016
12	Vandendriessche Nadine	12.11	1984
13	Housiaux Colette	12.14	1968
14	Guillet Laurence	12.20	2006
15	Badji Jalika	12.25	2022
16	Guisse Saliyya	12.32	2017
17	Diwani Alison	12.37	2013



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TOP 20 ALL TIME OUTDOOR FEMMES

	Lepere Lola	12.37	2024
19	Leplat Severine	12.43	1998
20	Leonard Elise	12.46	2023

TC 120 m

1	Sanchez Elisa	16.41	2022
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TC 150 m

1	Nollet Viviane	19.94	1969
	Squiflet Emelynn	19.94	2023
3	Vandendael Alice	20.04	1968
4	Carlot Sarah	20.13	2004
5	Henderickx Dominique	20.14	1970
6	Mpinga Mulowayi Alexia	20.15	2017
7	Schroeven Camille	20.18	2024
8	Lambert Kylie	20.31	2017
9	Briand Celine	20.42	2010
10	Guillet Laurence	20.44	1993
11	Dierick Nadine	20.64	1966
	Bonvin Draps Nathalie	20.64	1993
13	Hostyn Priscilla	20.72	2003
14	Housiaux Colette	20.74	1964
15	Pontara Lisa	20.75	2016
16	Van Der Veken Cindy	20.81	2010
17	Vandendael Marie Jeanne	20.84	1967
	Merino Nohemi	20.84	2017
19	Dewitte Valerie	20.85	2021
20	Irinkova Lora	20.89	2024

TC 200 m

1	Nkansa Delphine	23.03	2022
2	Oulare Mariam	23.35	2022
3	Claes Hanne	23.46	2018
4	Zagre Anne	23.56	2017
5	Thery Demarque Lea	23.91	2024
6	Carette Anne	24.03	1993
7	Morency Poilvache Alizee	24.12	2023
8	Gharafi Yasmine	24.34	2015
9	Badji Jalika	24.59	2022
10	Vandendriessche Nadine	24.65	1984
11	Nagels Rani	24.59	2015
12	Van Der Veken Cindy	24.82	2016
13	Schoemaker Liefde	24.99	2023
14	De Vrye Corine	25.04	1988
15	Leplat Severine	25.38	1998
16	Tshanga Diomi Roline	25.51	2023
17	Klai Anissa	25.52	2015
18	Kohl Olivia	25.53	1990
19	Naples Michele	25.54	1983
	Guillet Laurence	25.54	2005

TC 200 m en ligne droite

1	Gharafi Yasmine	26.88	2016
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TC 300 m

1	Nagels Rani	38.04	2015
2	Claes Hanne	38.34	2017
3	Morency Poilvache Alizee	39.10	2021
4	Badji Jalika	39.62	2019
5	Leplat Severine	39.65	1998
6	Verhecke Hanna	40.41	2021
7	Klai Anissa	40.49	2015
8	Dewitte Valerie	40.71	2006
9	Gillet Delphine	41.00	2017
10	Van Collie Heidi	41.09	1991
11	Elsought Sylvie Anne	41.17	2000
12	La Rou Jennifer	41.29	1995
13	Adam Benedicte	41.36	1998
14	Schauwers Manon	41.54	2018
15	Casimir Amida	41.71	1997
16	Guillet Laurence	41.79	2005



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17	Van Der Veken Cindy	41.82	2015
18	Leplat Anabelle	42.37	1998
19	Kompany Christel	42.48	2000
20	Nollet Viviane	43.12	1970

TC 400 m

1	Schoemaker Liefde	52.88	2024
2	Thery Demarque Lea	53.19	2023
3	Nagels Rani	53.51	2015
4	Badji Jalika	55.52	2019
5	Leplat Severine	56.03	1998
6	Muls Camille	56.31	2019
7	Gillet Delphine	56.49	2018
8	Klai Anissa	56.64	2015
9	Vereecke Hanna	56.85	2021
10	Adam Benedicte	56.95	1997
11	De Vrye Corine	57.02	1985
12	Daems Denise	57.32	1985
	Van Collie Heidi	57.32	1986
14	Dewitte Valerie	57.51	2005
15	Schauwers Manon	57.84	2019
16	Guillet Laurence	58.02	2010
17	Tshanga Diomi Roline	58.07	2022
18	Morency Poilvache Alizee	58.20	2020
19	La Rou Jennifer	58.29	1995
20	Malfait Maritza	58.42	1988

TC 600 m

1	De Rijcke Dominique	1.44.70	1974
2	Nollet Viviane	1.44.90	1970
3	Henderickx Suzy	1.46.00	1974
4	Maron Nicole	1.46.50	1970
5	Gyselincx Ingrid	1.47.70	1966
6	Meersseman Geertje	1.49.50	1968
7	Strypstein Solena	1.57.65	2022
8	Lambert Kylie	2.00.94	2013
9	Squiflet Emelynn	2.07.24	2019
10	Beghin Joyce	2.09.21	2019
11	Popescu Raisa Gabriela	2.10.56	2020
12	Ngandeu Tchambia Brenda	2.10.62	2016
13	Schroeven Camille	2.10.70	2020
14	Huygens Cloe	2.11.73	2012
15	Radermacher Sarah	2.11.96	2018
16	Madani Zayneb	2.12.13	2024
17	Merino Nohemi	2.12.95	2013
18	Dzou Steffy Ann	2.13.95	2022
19	Dennison Chrystal	2.16.08	2014
20	Sibourg Celya	2.16.68	2018

TC 800 m

1	Muls Camille	2.03.72	2019
2	Meersseman Geertje	2.05.85	1977
3	Steels Mimi	2.08.30	1980
4	Joblin Marine	2.09.44	2024
5	Collard Veronique	2.09.50	1986
6	Nagels Rani	2.09.69	2016
7	Pinter Eline	2.09.82	2024
8	Gillet Delphine	2.09.98	2019
9	Laurent Agnes	2.10.17	2017
10	Chylinski Marta Alexandra	2.12.37	2022
11	Schauwers Manon	2.13.16	2018
12	Delauw Patricia	2.13.42	1986
13	De Wachter Didi	2.14.79	1982
14	Mortier Pascale	2.15.70	1982
15	Collard Florence	2.16.12	1983
16	Cawet Daphne	2.16.21	1999
17	Boes Odette	2.16.50	1979
18	Kägu Gerta	2.18.06	2024
19	Van Den Bossche Inga	2.18.99	2017
20	Adam Benedicte	2.20.32	2007

TC 1000 m



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TOP 20 ALL TIME OUTDOOR FEMMES

1	Collard Veronique	2.43.67	1986
2	Chylinski Marta Alexandra	2.51.21	2022
3	Delauw Patricia	2.52.40	1986
4	De Wachter Didi	2.53.10	1982
5	Muls Camille	2.55.79	2017
6	Mortier Pascale	2.59.04	1982
7	Joblin Marine	3.01.01	2019
8	Cawet Daphne	3.01.18	1998
9	Tshiasuma Jessie	3.01.95	2011
10	De Wachter Didi	3.05.30	1981
11	Haouari Farrah	3.08.82	2020
12	Inconstant Elisa	3.09.04	2022
13	Van Haver Kris	3.09.84	1981
14	Delbecque Laure	3.10.60	1996
15	Mattelaere Laurence	3.10.70	1991
16	Vanden Muysenberg Sabine	3.11.60	1993
17	Van Den Bossche Inga	3.12.17	2017
18	Dewitte Caroline	3.12.93	1997
19	Potvlieghe An	3.13.00	1992
20	Schroeven Camille	3.13.18	2024

TC 1500 m

1	Muls Camille	4.12.35	2021
2	Collard Veronique	4.12.85	1987
3	Meersseman Geertje	4.16.20	1977
4	Laurent Agnes	4.19.68	2014
5	Pinter Eline	4.22.45	2024
6	Steels Mimi	4.23.90	1980
7	Delauw Patricia	4.27.66	1986
8	Chylinski Marta Alexandra	4.29.37	2021
9	De Wachter Didi	4.33.80	1982
10	Boes Odette	4.34.10	1979
11	Cauwelier Ghislaine	4.34.30	1979
12	Van Lent Jana	4.34.73	2022
13	Van Den Bossche Inga	4.41.18	2017
14	Mortier Pascale	4.46.70	1982
15	Collard Florence	4.48.11	2006
16	Vienne Dorothee	4.50.22	1998
17	Cawet Daphne	4.50.73	1997
18	Bex Maria	4.52.20	1970
19	Tshiasuma Jessie	4.52.78	2016
20	De Valck Ingrid	4.53.90	1982

TC Mile

1	Collard Veronique	4.44.36	1985
2	Chylinski Marta Alexandra	4.57.75	2022
3	Pinter Eline	4.58.17	2022
4	Muls Camille	5.07.58	2017
5	De Valck Ingrid	5.15.10	1982
6	Cawet Daphne	5.21.54	1999
7	Tshiasuma Jessie	5.22.27	2012
8	Barhdadi Lina	5.48.48	2014
9	Vanden Broeck Nolwen	5.56.70	2006
10	Covens Benedicte	6.05.79	2015
11	Verriez Laura	6.13.72	2015
12	El Kamlichi Widad	6.27.41	2012
13	Imbo Kristel	6.28.31	2011
14	Debaillie Isabelle	6.56.75	2014
15	Cardoso Da Rocha Maria Joao	7.11.40	2012

TC 2000 m

1	Collard Veronique	5.55.66	1988
2	Chylinski Marta Alexandra	6.22.26	2022
3	Muls Camille	6.38.49	2016
4	Van Den Bossche Inga	6.38.60	2016
5	Tshiasuma Jessie	7.02.18	2011
6	Vanden Broeck Nolwen	7.24.32	2007
7	Codrea Beatrix	7.28.37	2006
8	Cardenas Ojito Janet	7.32.72	2012
9	Castellana Corinne	7.58.97	2005
10	Stalins Philippine	8.35.15	2016
11	Cardoso Da Rocha Maria Joao	9.38.54	2012



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
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TC 3000 m

1	Collard Veronique	8.49.85	1989
2	Meersseman Geertje	9.11.30	1977
3	Steels Mimi	9.15.80	1980
4	Laurent Agnes	9.38.06	2014
5	Chylinski Marta Alexandra	9.44.78	2022
6	Delauw Patricia	9.45.00	1986
7	Pinter Eline	9.49.39	2024
8	Van Lent Jana	9.54.69	2023
9	De Wachter Didi	10.01.10	1982
10	Aboulahcen Mounia	10.12.14	2010
11	De Valck Ingrid	10.15.05	1982
12	Goethals Lutgard	10.33.50	2022
13	Collard Florence	10.34.47	2006
14	Van Den Bossche Inga	10.41.31	2017
15	Cawet Daphne	10.43.20	1997
16	Boes Odette	10.45.00	1977
17	Potvlieghe An	10.48.10	1992
18	Mortier Pascale	10.48.70	1981
19	Demol Christina	10.53.80	1974
20	Vienne Dorothee	10.57.72	1998

TC 5000 m

1	Van Lent Jana	15.21.46	2024
2	Collard Veronique	15.41.24	1989
3	Steels Mimi	16.48.60	1981
4	Chylinski Marta Alexandra	17.12.99	2020
5	De Valck Ingrid	18.09.70	1982
6	Imbo Kristel	19.19.21	2019
7	Tshiasuma Jessie	19.55.25	2017
8	Coutteau Katia	20.08.30	1979
9	Potvlieghe An	20.11.30	1995
10	Ertveldt Jacqueline	20.35.20	1982
11	Castellana Corinne	21.15.49	2005
12	Impatient Chantal	22.17.80	1982
13	Coukard Deborah	23.59.09	2008

TC 10 000 m

1	Van Lent Jana	31.59.56	2024
2	Collard Veronique	32.23.39	1989
3	Chylinski Marta Alexandra	36.35.14	2020
4	Covens Benedicte	42.05.27	2012
5	Castellana Corine	46.43.03	2004
6	De Buyst Nadia	48.02.88	2005
7	Debaillie Isabelle	50.16.31	2017

TC Semi marathon

1	Van Lent Jana	1h17.33	2023
2	Goethals Lutgard	1h20.34	2022
3	Covens Benedicte	1h43.29	2018
4	Norris Josephine	1h44.23	2019
5	De Buyst Nadia	1h45.40	2005
6	Lion Annick	1h53.56	2019
7	Gillis Caroline	2h06.24	2022
8	Nkandali Nkazabwa Marie	2h13.52	2018
9	Cardoso Da Rocha Maria Joao	2h30.16	2018
10	Becquevort Joelle	2h39.49	2017

TC Marathon

1	Carion Nathalie	3h11.44	2018
2	Covens Benedicte	3h17.15	2012
3	Castellana Corine	3h39.25	2009
4	Norris Josephine	3h42.16	2022
5	De Buyst Nadia	3h45.39	2006
6	De Smet Sara	3h50.32	2004
7	Nizet Adrienne	3h55.46	2022
8	Gillis Caroline	3h59.39	2018
9	Atkins Lisa	4h02.51	2006
10	Aaron Sabine	4h07.22	2009
11	Debaillie Isabelle	4h17.13	2018





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12	Watson Michele	4h19.09	2004
13	Cardoso Da Rocha Maria Joao	4h30.05	2014
	Lion Annick	4h30.05	2022

TC 1 heure

1	Castellana Corine	12 936 m	2004
2	De Buyst Nadia	12 418 m	2005
3	Coukard Deborah	11 218 m	2009

TC 50 m haies (68 cm)

1	Lambert Kylie	8.04	2017
2	Strypstein Maeva	8.09	2024
3	Squiflet Emelynn	8.33	2022
4	Dzou Lesly Kayla	8.92	2022

TC 50 m haies (76 cm)

1	Ouali Sirine	9.97	2013
2	Lecomte Christina	9.99	2011

TC 60 m haies (68 cm)

1	Squiflet Emelynn	9.80	2023
2	Schroeven Camille	9.85	2024
3	Strypstein Maeva	9.98	2024
4	Popescu Raisa Gabriela	10.46	2024
5	Dzou Lesly Kayla	10.55	2023
6	De Cooman Lea	10.67	2024
7	Irinkova Lora	10.81	2024
8	Dzou Steffy Ann	10.88	2024
9	Radermacher Sarah	11.05	2022
10	Sibourg Celya	11.23	2022
11	Strypstein Solena	11.49	2024
12	Gerard Zoe	11.53	2024
13	El Youssofi Asmae	12.36	2024
14	Pereira Da Silva Sara	12.49	2024
15	Janssen Jade	12.51	2023
16	Camara Elena	13.53	2024
17	Pereira Da Silva Isabelle	13.56	2024
18	Arys Josephine	13.73	2023
19	Chebout Nour	13.77	2024
20	Wanyu Diane Kylie	13.87	2021

TC 60 m haies (76 cm)

1	Vandendael Alice	9.64	1968
2	Lambert Kylie	9.96	2017
3	Smith Cindi	10.05	1988
4	Huybrechts Isabelle	10.07	2000
5	Van Collie Heidi	10.14	1982
6	Mouzon Emmanuelle	10.20	2004
7	M'Rabet Salima	10.22	1985
8	Cincinatis Lucie	10.24	2003
9	Kohl Olivia	10.34	1986
10	Guillet Laurence	10.36	1993
11	Van Der Veken Cindy	10.37	2010
12	Lecomte Christina	10.41	2011
13	Van Der Veken Noemie	10.42	2010
14	Vidts Linda	10.44	1968
	Marloye Nadine	10.44	1971
	Uytterhaeghen Isabelle	10.44	1983
17	Kompany Christel	10.51	1997
18	Drieghe Maureen	10.54	1968
19	Yech Chou Safia	10.62	2014
20	Frenay Anne	10.64	1988

TC 80 m haies (76 cm)

1	Vandendael Alice	11.84	1969
2	Schauwers Manon	11.88	2014
3	Kohl Olivia	11.95	1988
4	Clermont Nathalie	11.96	1991
5	Van Collie Heidi	12.18	1984
6	Smith Cindi	12.19	1990
	Guillet Laurence	12.19	1995



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8	Gaeremyck Evelyne	12.26	1985
	Huybrechts Isabelle	12.26	2002
10	Van Der Veken Noemie	12.39	2012
11	Leplat Anabelle	12.44	1996
12	Squiflet Emelynn	12.52	2024
13	Giuliani Alexandra	12.54	1997
14	Mouzon Emmanuelle	12.56	2006
15	Marloye Nadine	12.64	1972
16	Badji Jalika	12.82	2011
17	La Rou Jennifer	12.83	1993
18	Nollet Viviane	12.84	1970
19	M'Rabet Salima	12.88	1987
20	Muyls Jacqueline	12.90	1980
	Van Rossem Nicky	12.90	2007

TC 100 m haies (76 cm)

1	Kohl Olivia	13.92	1990
2	Clermont Nathalie	14.14	1993
3	Mouzon Emmanuelle	14.30	2008
4	Schauwers Manon	14.38	2016
5	Van Collie Heidi	14.47	1986
6	Vanden Eede Isabelle	14.84	1991
7	Guillet Laurence	14.90	1997
8	Gaeremyck Evelyne	15.19	1986
9	Ruell Natacha	15.45	1988
10	Leplat Anabelle	15.46	1997
11	De Decker Annelies	15.70	1994
12	Caty Emeline	15.78	2015
13	Huybrechts Isabelle	15.83	2004
14	Kizito Prisca	15.89	2018
15	Antipina Nastasia	16.12	1993
16	Van Rossem Nicky	16.19	2009
17	Giuliani Alexandra	16.21	1998
18	Lucas Clara	16.26	2021
19	La Rou Jennifer	16.34	1994
20	Archambeau Aline	16.36	2006

TC 100 m haies (84 cm)

1	Zagre Anne	12.71	2015
2	Ndijp Nyemeck Yanla	12.99	2023
3	Kohl Olivia	13.82	1993
4	De Vrye Corine	13.83	1993
5	Guillet Laurence	14.02	2005
6	Van Eerdewegh Nicole	14.34	1976
7	Clermont Nathalie	14.58	1993
8	Van Collie Heidi	14.78	1991
9	Hautenhave Jacqueline	14.94	1985
10	Schauwers Manon	14.98	2019
11	Hostyn Priscilla	14.99	2012
12	Gaeremyck Evelyne	15.22	1987
13	Glowacki Anne	15.23	1985
	Mouzon Emmanuelle	15.23	2009
15	Marloye Nadine	15.24	1977
16	Jaime Suzanne	15.29	1988
17	Vanden Eede Isabelle	15.49	1991
18	Lepere Lola	15.58	2024
19	Guisse Saliyya	15.65	2015
20	Daems Denise	15.83	1985

TC 150 m haies (68 cm)

1	Squiflet Emelynn	21.33	2023
2	Schroeven Camille	21.64	2024
3	Radermacher Sarah	22.51	2022
4	Strypstein Maeva	22.56	2024
5	Irinkova Lora	22.62	2024
6	Gaajetaan Cordelia Avelyne	23.25	2024
7	De Cooman Lea	23.35	2023
8	Dzou Lesly Kayla	23.39	2023
9	Popescu Raisa Gabriela	23.62	2024
10	Sibourg Celya	23.92	2022
11	Irinkova Yoanna	24.02	2023
12	Gerard Zoe	26.05	2024



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TC 150 m haies (76 cm)

1	Lambert Kylie	21.56	2017
2	Yech Chou Safia	22.49	2014
3	Van Der Veken Cindy	22.78	2010
4	Badji Jalika	23.25	2009
5	Merino Nohemi	23.45	2017
6	Sandon Lisa	23.60	2014
7	Montilla Morgane	23.74	2011
8	Ngandeu Tchambia Brenda	23.79	2019
9	Mpinga Mulowayi Alexia	23.84	2016
10	Mayot Coiffard Hermine	23.91	2018
11	Henry Morgane	24.00	2012
12	Lecomte Christina	24.23	2011
13	Pontara Lisa	24.31	2015
14	Itoe Elisabeth	24.53	2015
15	Van Der Veken Noemie	24.83	2010
16	Mjahed Maya	24.91	2019
17	Tshiasuma Jessie	24.98	2009
18	Lins Noemie	25.08	2007
19	Huygens Cloe	25.29	2016
20	Itoe Cecile	25.41	2014

TC 200 m haies (76 cm)

1	Van Eerdewegh Nicole	29.04	1974
2	Guillet Laurence	30.11	2011
3	Vandendaele Alice	30.74	1971
4	Rochette Christine	31.04	1971
5	Meersseman Geertje	31.54	1974
6	Nollet Viviane	31.74	1973
7	Vandendael Marie Jeanne	33.64	1972
8	De Wandeleer Danielle	33.94	1973
9	Ouali Sirine	37.39	2015

TC 200 m haies (76 cm) en ligne droite

1	Zagre Anne	28.28	2016
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TC 300 m haies (76 cm)

1	La Rou Jennifer	43.97	1995
2	Kohl Olivia	45.42	1990
3	Goessens Carine	45.43	1980
4	Schauwers Manon	45.77	2014
5	Leplat Severine	45.81	1997
6	Vanden Eede Isabelle	46.02	1992
7	Leplat Anabelle	46.14	1997
8	De Decker Annelies	46.42	1993
9	Van Collie Heidi	46.50	1984
10	Mouzon Emmanuelle	46.52	2006
11	Smith Cindi	46.90	1990
12	Gilbert Fernanda	47.04	1992
13	Radermacher Sarah	47.91	2024
14	Badji Jalika	48.02	2011
15	Frenay Anne	48.26	1989
16	Van Zeebroeck Griet	48.53	1995
17	Antipina Anastasia	48.60	1993
18	Martins Junior Magaly	48.67	2019
19	M'Rabet Salima	48.89	1986
20	Gaeremynck Evelyne	49.06	1987

TC 400 m haies (76 cm)

1	Claes Hanne	55.20	2018
2	Badji Jalika	59.53	2022
3	Schauwers Manon	59.80	2019
4	De Vrye Corine	60.08	1989
5	Guillet Laurence	61.44	2010
6	Daems Denise	62.44	1985
7	Meert Cynthia	63.56	2015
8	Meersseman Geertje	64.12	1974
9	Van Collie Heidi	64.39	1990
10	Dewitte Valerie	64.45	2008
11	Kassianoff Sylvie	67.07	2014



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12	La Rou Jennifer	67.58	1996
13	Abid Fatima	67.82	1988
14	Goessens Carine	68.18	1981
15	Smith Cindi	69.87	1993
16	Debaillie Isabelle	69.98	1993
17	Vanden Eede Isabelle	70.04	1993
18	De Pauw Margot	70.40	1993
19	Kisir Ikbal	70.45	1999
20	Winckelmans Reinhilde	70.62	1981

TC 1500 m steeple (76 cm)

1	Van Der Perren Jessica	6.17.24	2009
2	Archambeau Aline	6.22.37	2004
3	Huygens Cloe	6.31.12	2017
4	Imbo Kristel	6.31.72	2010
5	Hostyn Priscilla	6.55.99	2004

TC 2000 m steeple (76 cm)

1	Haouari Farrah	8.05.35	2019
2	Vanden Broeck Nolwen	8.45.82	2008
3	Kagu Gerta	8.48.32	2021
4	Van Der Perren Jessica	9.04.76	2010
5	Reynaerts Stephanie	11.00.24	2004
6	Wyczynski Nathalia	11.56.28	2024

TC 3000 m steeple (76 cm)

1	Laurent Agnes	10.36.98	2014
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TC Hauteur

1	Jonckheere Natalja	1m95	1995
2	Soetewey Chris	1m92	1982
3	Marloye Nadine	1m81	1977
4	Hostyn Priscilla	1m70	2012
5	Glowacki Anne	1m69	1986
6	Van Collie Heidi	1m68	1984
	Thiebot Oceane	1m68	2023
7	Schauwers Manon	1m67	2015
8	Archambeau Aline	1m66	2013
	Clippe Lana	1m66	2023
11	Cloetens Sabine	1m65	1986
	Ruell Natacha	1m65	1988
	Jaime Suzanne	1m65	1989
	Golfa Sambay Clara	1m65	2018
15	Winckelmans Reinhilde	1m64	1982
16	De Rijcke Dominique	1m63	1976
17	De Vrye Corine	1m62	1979
18	Hautenuve Jacqueline	1m61	1985
	Locrel Anne Julie	1m61	2004
	Van Der Veken Cindy	1m61	2012

TC Longueur

1	Guisse Saliyya	6m29	2024
2	De Vrye Corine	6m28	1985
3	Marloye Nadine	6m08	1975
4	Van Collie Heidi	5m98	1991
5	Hostyn Priscilla	5m77	2012
6	Malfait Maritza	5m76	1989
7	Glowacki Anne	5m73	1986
8	Muyls Jacqueline	5m72	1983
9	Ombeni Rachel	5m70	2022
10	Henderickx Dominique	5m68	1973
11	Housiaux Colette	5m61	1967
12	Kizito Prisca	5m58	2021
13	Van Der Veken Cindy	5m53	2016
14	Kompany Christel	5m49	2000
15	Caty Emeline	5m48	2017
	Lucas Clara	5m48	2024
17	Hautenuve Jacqueline	5m47	1985
	Bonvin Draps Nathalie	5m47	2003
19	Mouzon Emmanuelle	5m46	2011
20	Dossey Jenifer Stefania	5m45	2019



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Squiflet Emelynn	5m45	2024
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TC Triple saut

1	Guisse Saliyya	13m62	2024
2	Ombeni Rachel	13m00	2022
3	Van Collie Heidi	12m66	1995
4	Kompany Christel	12m15	2000
5	De Vrye Corine	12m13	1990
6	De Cock Aline	11m85	1999
7	Muyls Jacqueline	11m84	1992
8	Dossey Jennifer Stefania	11m50	2020
9	Kalonji Angele	11m32	1992
10	Lucas Clara	11m23	2022
11	Hostyn Priscilla	11m19	2012
12	Archambeau Aline	11m06	2013
13	Naji Afaf	11m05	2004
14	Fomenko Lisa	10m92	2007
15	Caty Emeline	10m91	2015
16	Vandenbrande Nathalie	10m88	1996
17	Madani Sarah	10m73	2015
	Yech Chou Safia	10m73	2015
19	Golfa Sambay Clara	10m71	2018
20	Van De Sype Chloe	10m62	2014

TC Perche

1	Henry Chloe	4m30	2021
2	Lepere Lola	4m16	2024
3	Quirin Margaux	4m05	2015
4	Van Zeebroeck Griet	3m54	1998
5	Marx Inge	3m50	1991
6	Van De Sype Chloe	3m42	2023
7	Fonteyn Astrid	3m00	1996
	Lilien Anouk	3m00	2009
9	Mouzon Emmanuelle	2m90	2007
10	Imbo Kristel	2m86	2011
11	Van Remoortel Anouchka	2m80	1995
12	Huybrechts Isabelle	2m60	2002
13	Vlerick Ophelia	2m40	2011
	Dzou Lesly Kayla	2m40	2024
15	Guillet Laurence	2m39	2009
16	Schroeven Camille	2m36	2024
17	Lacasse Camille	2m31	2015
18	Hostyn Priscilla	2m30	2004
	Fomenko Lisa	2m30	2007
20	Archambeau Aline	2m25	2017
	Squiflet Emelynn	2m25	2023

TC Poids (1 kg)

1	Goutte Alexandra	8m63	2000
2	Montilla Morgane	8m53	2007
3	Huybrechts Isabelle	8m46	1996
4	Van De Sype Chloe	8m39	2006
5	Paulus Jessie	8m30	2005
6	Squiflet Emelynn	8m23	2019
7	Englebert Yolaine	8m15	2005
8	Meys Jessica	7m98	2000
9	Hallems Julie	7m90	1994
10	Lambert Kylie	7m81	2013
11	Dolianitis Dina	7m78	2000
12	Beghin Joyce	7m77	2019
13	Kompany Christel	7m74	1993
14	Maidane Yasmine	7m67	2004
15	Ngandeu Tchambia Brenda	7m59	2016
16	Arys Josephine	7m58	2022
17	Pholien Alexandra	7m51	2004
18	Dzou Lesly Kayla	7m43	2019
19	Waegemans Ariane	7m40	2002
20	Lecomte Christina	7m36	2007

TC Poids (2 kg)

1	Squiflet Emelynn	13m46	2023
2	Waegemans Aurore	13m12	2003



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3	Iven Kayla	12m89	2015
4	Dzou Lesly Kayla	12m01	2023
5	Kompany Christel	11m79	1997
	Van De Sype Chloe	11m79	2010
7	Popescu Raisa Gabriela	11m25	2023
8	Mouzon Emmanuelle	10m80	2004
9	Hallems Julie	10m78	1998
10	Huybrechts Isabelle	10m69	2000
11	Mayuma Marie	10m62	2021
12	Montilla Morgane	10m40	2011
13	Vandenbrande Nathalie	10m38	1994
	Goutte Alexandra	10m38	2003
15	Squiflet Emelynn	10m06	2022
16	Mjahed Maya	9m94	2020
17	Pauly Benedicte	9m92	1996
18	Mayuma Maeva	9m83	2023
19	Villanueva Lais	9m82	2004
20	Wanyu Diane Kylie	9m81	2021

TC Poids (3 kg)

1	Mathieu Julia	14m76	2022
2	Reynaerts Stephanie	12m64	1997
3	Mayuma Marie	12m14	2024
4	Kompany Christel	12m10	1999
5	Vandenbrande Nathalie	11m96	1998
6	Adam Benedicte	11m95	1994
7	Van De Sype Chloe	11m85	2013
8	Marloye Nadine	11m74	1973
9	Dzou Lesly Kayla	11m62	2024
10	Mjahed Maya	11m55	2023
11	Iven Kayla	11m49	2018
12	Mouzon Emmanuelle	11m42	2006
13	Squiflet Emelynn	11m08	2024
14	Madani Sarah	10m30	2015
15	Declerck Anne	11m18	1978
16	Archambeau Aline	11m05	2005
17	Schauwers Manon	10m95	2015
18	Kizito Prisca	10m88	2018
19	De Meyer Laurence	10m82	2003
20	Hoste Corinne	10m79	1975

TC Poids (4 kg)

1	Boumkwo Jolien	14m84	2018
2	Devos An	13m12	1987
3	Mathieu Julia	13m10	2023
4	Sustelo Irina	12m98	2001
5	Glowacki Anne	12m60	1985
6	Kandi Masakadi Amandine	12m52	2017
7	Van Camp Nicole	11m98	1984
8	Reynaerts Stephanie	11m36	1999
9	Marloye Nadine	11m25	1974
10	Adam Benedicte	11m20	2022
11	Hautenauve Jacqueline	11m11	1985
12	Declerck Anne	11m00	1981
13	Iven Kayla	10m78	2022
14	Jaime Suzanne	10m55	1988
	Mayuma Marie	10m55	2024
16	Hoste Corinne	10m54	1977
	Zagre Anne	10m54	2018
18	Archambeau Aline	10m45	2013
19	Mouzon Emmanuelle	10m43	2008
20	Hallems Julie	10m40	2001

TC Disque (600 gr)

1	Waegemans Aurore	32m53	2003
2	Kill Françoise	31m80	1996
3	Kompany Christel	31m36	1997
4	Van Der Veken Noemie	30m28	2010
5	De Buyst Nadia	29m24	1986
6	Huybrechts Isabelle	27m96	2000
7	Montilla Morgane	27m01	2010
8	Popescu Raisa Gabriela	26m15	2022



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9	Gilson Aurore	25m74	1994
10	Van De Sype Chloe	25m24	2009
11	Squiflet Emelynn	24m96	2021
12	Hostyn Priscilla	24m76	2003
13	De Groote Florence	24m41	2001
14	Vanden Berghen Sylvie	24m40	1984
15	Gilbert Fernanda	23m92	1991
16	Hallems Julie	23m87	1998
17	Dewavre Laurence	23m80	1989
18	De Cooman Lea	23m71	2022
19	Vandenbrande Nathalie	23m40	1994
20	Strypstein Solena	23m31	2024

TC Disque (750 gr)

1	De Cooman Lea	33m81	2024
2	Popescu Raisa Gabriela	29m30	2024
3	Iven Kayla	27m29	2015
4	Mayuma Marie	26m13	2021
5	Montilla Morgane	25m78	2011
6	Huygens Cloe	25m56	2016
7	Radermacher Sarah	24m93	2022
8	Merino Nohemi	24m54	2017
9	Mayuma Maeva	24m48	2023
10	Squiflet Emelynn	24m14	2023
11	Mjahed Maya	24m00	2020
12	Van Der Veken Noemie	23m66	2010
13	Van De Sype Chloe	23m51	2010
14	Imbo Kristel	21m65	2009
15	Tshiasuma Jessie	20m04	2009
16	Van Der Veken Cindy	19m76	2010
17	Badji Jalika	19m45	2009
18	Strypstein Maeva	19m42	2023
19	Mpinga Mulowayi Alexia	19m40	2017
20	Medan Ivana	19m33	2024

TC Disque (1 kg)

1	Mrabet Jihane	52m56	2024
2	Pheulpin Anne	48m52	2022
3	Sustelo Irina	47m99	2000
4	Glowacki Anne	46m94	1986
5	Devos An	46m24	1988
6	Vandenbrande Nathalie	42m84	1999
7	Boumkwo Jolien	42m25	2019
8	Marloye Nadine	39m96	1977
9	Van Camp Nicole	39m46	1984
10	Hallems Julie	35m26	1999
11	Smal Pauline	34m52	2023
12	Mayuma Marie	34m45	2024
13	Reynaerts Stephanie	34m41	2014
14	De Buyst Nadia	34m02	1991
15	Vanden Berghen Sylvie	32m80	1989
16	Quicke Evelyne	32m62	1980
17	Werck Liliane	32m18	1968
18	Kersten Michele	32m14	1985
19	Adam Benedicte	32m12	2020
20	Guisse Shaena	32m03	2014

TC Balle de hockey

1	Iven Kayla	41m50	2013
2	Van De Sype Chloe	40m58	2008
3	Strypstein Solena	36m48	2024
4	Tong Aline	35m47	2004
5	Squiflet Emelynn	35m24	2021
6	Huybrechts Isabelle	35m15	1998
7	Dzou Lesly Kayla	34m75	2021
8	Hallems Julie	33m74	1996
9	Hasani Geraldina	33m73	2006
10	Meys Jessica	32m36	2002
11	Popescu Raisa Gabriela	32m06	2022
12	De Cooman Lea	32m04	2022
13	De Meyer Laurence	31m94	1999
14	Pauly Benedicte	31m22	1994



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15	Goutte Alexandra	30m81	2002
16	El Boubsi Maryam	29m46	1995
17	Pereira Da Silva Sara	29m45	2024
18	Mouzon Emmanuelle	29m15	2002
19	Vermeir Jade	29m12	2024
20	Huygens Chloe	29m00	2014

TC Vortex

1	Medan Ivana	27m16	2023
2	Vermeir Jade	21m29	2024
3	Arys Josephine	21m17	2023
4	Neil Emma	13m18	2024
5	Bellaari Nouria	9m20	2024
6	Arys Julia	7m31	2024
7	Madani Zayneb	5m66	2024
8	Diallo Mariam	5m48	2024

TC Javelot (400 gr) > avant 1999

1	Hallems Julie	31m01	1998
2	Adam Benedicte	24m88	1991
3	De Cock Aline	22m24	1995
4	Kompany Christel	21m72	1997
5	Binon Christelle	20m94	1992
6	Pauly Benedicte	19m76	1996
7	Ruyssinck Kelly	19m36	1996
8	La Rou Cecile	18m54	1995
9	El Hammouti Soraya	18m20	1994
10	Van Zeebroek Griet	17m96	1993
11	Kill Françoise	17m94	1996
12	Delbecque Laure	17m92	1993
13	Gilbert Fernanda	16m94	1991
14	Gilson Aurore	16m82	1994
15	Leplat Severine	16m14	1994
16	El Boubsi Maryam	16m10	1997
17	La Rou Jennifer	16m00	1991
18	Vandenbroek Elke	15m72	1991
19	Sorel Aurelie	15m70	1995
20	Guillet Laurence	15m58	1993

TC Javelot (400 gr) > 1999 à

1	Squiflet Emelynn	37m36	2023
2	Iven Kayla	34m63	2015
3	Popescu Raisa Gabriela	31m57	2024
4	Radermacher Sarah	30m78	2022
5	De Cooman Lea	30m73	2024
6	Montilla Morgane	30m13	2011
7	Mouzon Emmanuelle	29m98	2004
8	Huybrechts Isabelle	29m28	2000
9	Mjahed Maya	28m12	2020
10	Van De Sype Chloe	26m45	2010
11	Huygens Cloe	25m88	2016
12	Mayuma Marie	24m77	2021
13	Codrea Beatrix	24m59	2005
14	Dzou Lesly Kayla	24m40	2023
15	Imbo Kristel	24m35	2009
16	Lecomte Christina	24m11	2010
17	De Meyer Laurence	23m48	2001
18	Badji Jalika	23m47	2009
19	Strypstein Maeva	23m31	2024
20	Klai Anissa	22m80	2009

TC Javelot (500 gr) > avant 1999

1	Reynaerts Stephanie	32m82	1995
2	Adam Benedicte	30m66	1993
3	Uytterhaeghen Isabelle	30m48	1984
4	Gilbert Lucy	26m78	1991
5	Pauly Benedicte	27m29	1997
6	Carpentier Nathalie	26m26	1986
7	De Buyst Nadia	26m06	1988
8	Padilla Louise	24m60	1980
9	Vandenbroeck Elke	24m58	1993
10	Smith Cindi	23m72	1989





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11	Van Collie Heidi	23m64	1984
	Vandendriessche Maja	23m64	1985
13	Ramos Daphne	23m48	1990
14	Gilbert Fernanda	22m68	1992
15	Van Zeebroeck Griet	22m02	1995
16	De Cock Aline	21m80	1996
17	Kompany Christel	21m42	1997
18	Debaillie Isabelle	20m00	1988
19	Fayt Laurence	18m88	1991
20	Troisfontaine Valerie	18m72	1989

TC Javelot (500 gr) > 1999 à

1	Iven Kayla	41m95	2019
2	Squiflet Emelynn	40m94	2024
3	Montilla Morgane	37m30	2014
4	Hallems Julie	36m86	2000
5	Huybrechts Isabelle	36m67	2002
6	Cavada Barros Trinidad	35m80	2023
7	Mayuma Marie	33m74	2023
8	Mouzon Emmanuelle	32m37	2006
9	Dennison Chrystal	31m22	2021
10	Van De Sype Chloe	31m14	2013
11	Radermacher Sarah	29m72	2023
12	Huygens Cloe	28m50	2018
13	Mjahed Maya	28m39	2023
14	Kompany Christel	27m62	1999
15	Cavada Barros Bernadita	27m24	2023
16	Imbo Kristel	25m97	2011
17	De Meyer Laurence	25m93	2003
18	Hostyn Priscilla	25m27	2005
19	Codrea Beatrix	24m65	2006
20	Dzou Lesly Kayla	24m40	2024

TC Javelot (600 gr) > avant 1999

1	Glowacki Anne	43m52	1986
2	Declerck Anne	41m94	1981
3	Reynaerts Stephanie	37m83	1998
4	Adam Benedicte	37m50	1997
5	Vandendael Marie Jeanne	37m22	1972
6	Hoste Corinne	36m96	1977
7	Hautenauve Jacqueline	36m16	1985
8	Ruell Natacha	34m72	1989
9	Mertens Martine	34m24	1996
10	Marx Inge	34m20	1992
11	Gilbert Lucy	33m08	1992
12	Bastin Chantal	31m78	1971
13	Schoeters Karine	31m62	1976
14	Michel Martine	31m60	1971
15	Quicke Evelyne	31m40	1981
16	Meskens Muriel	29m92	1979
17	Mayenez Katrien	29m76	1981
18	Uytterhaeghen Isabelle	28m10	1986
19	Muyls Jacqueline	27m72	1982
20	Bourgeois Anne	26m20	1987

TC Javelot (600 gr) > 1999 à

1	Smal Pauline	53m24	2024
2	Iven Kayla	45m14	2022
3	Sustelo Irina	38m45	2001
4	Adam Benedicte	38m01	2000
5	Montilla Morgane	37m01	2018
6	Hallems Julie	36m78	2001
7	Reynaerts Stephanie	36m59	1999
8	Hostyn Priscilla	33m44	2012
9	Huybrechts Isabelle	32m68	2004
10	Mouzon Emmanuelle	32m23	2008
11	Locrel Anne Julie	30m59	2004
12	Pauly Benedicte	28m60	1999
13	Guillet Laurence	28m46	2009
14	Van De Sype Cloe	26m69	2024
15	Archambeau Aline	26m61	2013
16	De Buyst Nadia	25m13	2000



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17	Vlerick Ophelia	24m00	2011
18	Quicke Evelyne	23m46	2007
19	Guisse Saliyya	22m39	2017
20	Cardenas Ojito Janet	22m33	2014

TC Marteau (3 kg)

1	Ramos Daphne	43m80	1992
2	Huygens Cloe	34m60	2018
3	Vandenbrande Nathalie	32m60	1996
4	Van Remoortel Anouchka	26m14	1995
5	Mubarik Inaya	25m85	2024
6	Hallems Julie	24m28	1999
7	Fomenko Lisa	22m05	2007
8	Van De Sype Chloe	21m57	2014
9	Adam Benedicte	20m70	1993
10	Imbo Kristel	20m31	2011
11	Khader Firdaous	20m09	2019
12	Van Zeebroeck Griet	18m66	1994
13	Montilla Morgane	18m38	2012
14	Guisse Saliyya	16m90	2011

TC Marteau (4 kg)

1	Sustelo Irina	56m30	2001
2	Boumkwo Jolien	55m39	2018
3	Sclavont Lastinie	50m94	2024
4	Pheulpin Anne	42m78	2023
5	Ramos Daphne	40m46	1993
6	Reynaerts Stephanie	34m28	2012
7	De Buyst Nadia	29m90	1996
8	Adam Benedicte	27m95	2016
9	Colle Magali	27m69	2011
10	Guisse Shaena	27m55	2013
11	De Meyer Laurence	26m03	2004
12	Adank Olivia	23m77	2002
13	Mouzon Emmanuelle	22m71	2014
14	Milant Marilyn	12m85	2014
15	Guisse Saliyya	12m29	2014

TC Grand poids (9,08 kg)

1	Reynaerts Stephanie	9m51	2018
2	Adam Benedicte	9m43	2016
3	De Buyst Nadia	5m70	2023

TC Pentathlon de lancers

1	Reynaerts Stephanie	2249 p	2015
2	Adam Benedicte	2137 p	2015
3	De Buyst Nadia	1503 p	2023

TC Pentathlon > avant 1999

1	De Vrye Corine	3220 p	1980
2	Michel Martine	2995 p	1969
3	Vandendael Alice	2823 p	1975
4	Vandendael Marie Jeanne	2766 p	1973
5	Bogaerts Chantal	2152 p	1981

TC Heptathlon > avant 1999

1	Glowacki Anne	4949 p	1985
2	Hautenuve Jacqueline	4894 p	1985
3	Van Collie Heidi	4769 p	1991
4	De Vrye Corine	4651 p	1983
5	Jaime Suzanne	3998 p	1988
6	Quicke Evelyne	3642 p	1981
7	Cloetens Sabine	3050 p	1986

TC Heptathlon > 1999 à

1	Hostyn Priscilla	4804 p	2012
2	Guillet Laurence	4418 p	2005
3	Archambeau Aline	4194 p	2012
4	Guisse Saliyya	3511 p	2017
5	Van Rossem Nicky	3405 p	2011
6	Cardenas Ojito Janet	3291 p	2012



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7	Reynaerts Stephanie	2937 p	2003
	Brion Sophie	2937 p	2008
9	Luypaert Naomy	2750 p	2015
10	Cok Evelyn	2692 p	2016
11	Cawet Daphne	2666 p	2003
12	De Buyst Nadia	2347 p	2003
13	Guisse Shaena	1864 p	2017
14	Pirtinis Alicja	1766 p	2017

TC Decathlon > 1999 à

1	Guillet Laurence	5847 p	2009
2	Van De Sype Chloe	3817 p	2024
3	Brion Sophie	3570 p	2009
4	Reynaerts Stephanie	3218 p	2011
5	Guisse Shaena	2887 p	2015
6	Lilien Anouk	2849 p	2006
7	Silberfeld Sophie	2433 p	2011

TC 1000 m marche

1	Iven Kayla	6.20.58	2013
2	Gerard Zoe	6.50.97	2022
3	Delbecque Laure	6.53.70	1991
4	Schroeven Camille	6.55.37	2022
5	Strypstein Maeva	7.02.31	2022
6	Gilson Aurore	7.44.30	1991

TC 2000 m marche

1	Van Der Veken Noemie	13.51.98	2009
2	Kersten Michele	14.07.50	1979
3	Gilson Aurore	14.23.20	1992

TC 3000 m marche

1	El Ouahmi Sirine	20.08.91	2016
2	Cuvelier Maela	21.19.14	2016
3	Kersten Michele	22.06.90	1980
4	Merino Noelia	22.14.38	2015
5	Biese Helena	24.09.94	2018
6	Boulaich Kawtar	24.32.64	2018

TC 5000 m marche

1	Delbecque Maud	36.30.10	1996
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TC 3 x 600 m

1	Strypstein, Schroeven, Squiflet	5.46.08	2023
2	Lecomte, Montilla, De Backer	6.21.61	2010
3	Van De Sype, Imbo, Tshiasuma	6.27.72	2009

TC 4 x 600 m

1	Mpinga, Merino, Tshanga Diomi, Lambert	33.97	2015
2	Schroeven, Strypstein, Medan, Popescu	34.54	2022
3	Dolianitis, Meys, Mouzon, Carlot	35.44	2002
4	?	35.70	1984
5	Squiflet, Schroeven, Strypstein, Dzou	35.76	2021
6	Wittevrongel, M'Rabet, Muyls, Carpentier	35.84	1982
	Nijs, Huygens, Merino, Lambert	35.84	2014
8	Cacciatore, Ibanez, Frenay, Smith	35.92	1986
9	La Rou, Urbain, Van Beckhoven, Godefroid	36.10	1989
10	?	36.22	1968
11	Wanyu, Khrauph, Sweetlove, Radermacher	36.74	2019
12	Strypstein, Pereira Da Silva, Pereira Sa Silva, Dzou	36.77	2024
13	Gerard, Strypstein, Dzou, Medan	36.88	2023
14	Girasa, Kohl, De Buyst, M'Rabet	37.12	1983
15	Degives, El Boubsi, Gilson, Kompany	37.42	1995
16	Ghayati N, Brouwers, Godefroid, Urbain	37.34	1990
	Murray, Mouzon, Meys, Hostyn	37.34	2001
18	Hallems, Degives, Brion, Marnef	37.40	1996
19	La Rou, Delbecque, Delannoy, Godefroid	37.42	1988
20	Dennison, Dewaele, Chraibi, Demanet	37.51	2016

TC 4 x 80 m

1	Leonard, Merino, Mpinga Mulowayi, Lambert	41.33	2017
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TOP 20 ALL TIME OUTDOOR FEMMES

2	Pontara, Lambert, Mpinga Mulowayi, Nijs	42.22	2016
3	?	42.62	1970
4	Mouzon, Carlot, Meys, Pena Loreto	42.69	2004
5	Carlot, Cincinatis, Hostyn, Archambeau	42.79	2003
6	Massart, Ramos, Frenay, Smith	42.87	1988
7	Irinkova, De Cooman, Strypstein, Schroeven	43.17	2024
8	Stevens, Bortels, Servaes, Vandendael	43.22	1967
9	Van Remoortel, Sacre, Bonvin Draps, Guillet	43.32	1993
10	?	43.62	1966
11	?	43.64	1984
12	?	43.82	1968
13	Squiflet, Dzou, Schroeven, De Cooman	43.99	2023
14	Dzou, Radermacher, Sibourg, Squiflet	44.04	2022
15	Antoine, Duysens, De Buyst, Kohl	44.54	1986
16	M'Rabet, De Buyst, Kohl, Callebaut	44.62	1985
17	?	44.72	1983
	Dewitte, Kill, Giuliani, La Rou	44.72	1995
19	Troisfontaine, Ibanez, Dewavre, Clermont	44.78	1989
20	Leplat, Leplat, La Rou, Gilson	44.87	1994

TC 4 x 100 m

1	Morency Poilvache, Oulare, Badji, Zagre	45.98	2023
2	Badji, Gharafi, Van Der Veken, Zagre	46.60	2017
3	Nagels, Van Der Veken, Badji, Gharafi	46.86	2016
4	Clermont, De Vrye, Carette, Kohl	46.95	1993
	Morency Poilvache, Guisse, Badji, Zagre	46.95	2019
6	Lucas, Lepere, Badji, Zagre	47.16	2024
7	Badji, Guisse, Van Der Veken, Zagre	47.54	2018
8	Muyls, Vandendriessche, Naples, De Vrye	47.61	1984
9	Muysl, Naples, De Vrye, Vandendriessche	47.69	1983
10	Guisse, Badji, Mawmine, Van Der Veken	47.82	2015
11	Leonard, Oulare, Badji, Zagre	48.08	2022
12	Sende, Dewitte, Mouzon, Guillet	48.37	2007
13	Diwani, Klai, Zagre, Hostyn	48.51	2012
14	Muyls, Vandendriessche, Naples, De Vrye	48.72	1982
15	Sende, Van Rossem, Mouzon, Guillet	48.94	2010
16	Bonvin Draps, Guillet, Leplat, Leplat	48.97	1997
17	Van Der Veken, Klai, Van Der Veken, Zagre	49.02	2013
18	Sende, Adam, Brion, Guillet	49.03	2003
19	Sende, Dewitte, Mouzon, Guillet	49.05	2008
20	Kalonji, Van Collie, Clermont, Kohl	49.31	1991

TC 4 x 200 m

1	Nagels, Schauwers, Badji, Van Der Veken	1.39.68	2016
2	Daems, Vandendriessche, Naples, De Vrye	1.40.73	1984
3	Clermont, De Vrye, Carette, Kohl	1.41.87	1993
4	Giuliani, Leplat, Adam, Leplat	1.41.96	1998
5	De Coster, Naples, De Vrye, Vandendriessche	1.43.30	1982
6	Badji, Klai, Gillet, Van Der Veken	1.43.31	2015
7	Sende, Mouzon, Dewitte, Guillet	1.43.36	2007
8	Langenscheid, Daems, Goessens, De Vrye	1.44.10	1980
9	Mouzon, Dewitte, Adam, Guillet	1.44.44	2008
10	Kabuya, Brion, Adam, Guillet	1.44.92	2003
11	Nkumu Bakuba, Bonvin Draps, La Rou, Adam	1.45.59	1996
12	Van Den Hoeck, Bogaerts, De Vrye, Van Eerdewegh	1.46.00	1979
13	Sende, Dewitte, Brion, Guillet	1.46.22	2009
14	Sende, Hostyn, Gillet, Guillet	1.46.56	2011
15	?	1.46.67	1999
16	Diwani, Sende, Van Rossem, Guillet	1.47.32	2010
17	Keita, De Maeyer, Adam, Casimir	1.47.69	1997
18	Van Den Hoeck, Daems, Van Eerdewegh, De Vrye	1.47.90	1978
19	Vandendael, Meersseman, Vidts, Rochette	1.48.00	1971
20	Badji, Kassianoff, Lins, Mwamine	1.48.16	2014

TC 4 x 400 m

1	Schauwers, Gillet, Claes, Badji	3.48.08	2018
2	Badji, Muls, Joblin, Thery Demarque	3.50.04	2024
3	Schauwers, Gillet, Muls, Badji	3.50.28	2019
4	Badji, Muls, Tshanga Diomi, Vereecke	3.51.26	2021
5	Badji, Gillet, Schauwers, Claes	3.52.74	2017
6	Vereecke, Muls, Tshanga Diumba, Badji	3.53.93	2022
7	Schauwers, Gillet, Badji, Nagels	3.54.00	2016



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8	Vandendriessche, Collard, De Vrye, Daems	3.54.68	1985
9	Van Collie, Collard, Collard, Malfait	3.59.50	1987
10	?	4.00.30	1983
11	Mouzon, Adam, Guillet, Dewitte	4.00.74	2008
12	Bonvin Draps, Adam, Guillet, Dewitte	4.00.98	2005
13	Sende, Adam, Mouzon, Dewitte	4.02.20	2007
14	Adam, Guillet, Collard, Dewitte	4.02.90	2006
15	Dewitte, Adam, Kisir, Elsought	4.03.00	2000
16	Klai, Guillet, Badji, Gillet	4.03.16	2011
17	Dewitte, Adam, Van Damme, Guillet	4.03.68	2009
18	Guillet, Adam, Bonvin Draps, Dewitte	4.04.16	2001
19	Abid, Collard, Malfait, De Vrye	4.05.10	1989
20	Boes, Watticant, Meersseman, Daems	4.05.40	1979

TC 3 x 800 m

1	Dries, Werck, Bex	9.11.60	1969
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TC 4 x 800 m

1	Dewachter, Steels, Mortier, Collard	9.14.89	1982
2	Collard F, Daems, Mortier, Collard V	9.20.83	1983
3	Collard F, Daems, Bec kers, Collard V	9.25.13	1984
4	Derdari, Gillet, Van Den Bossche, Muls	9.35.94	2017
5	Van Haver, Mortier, De Wachter, Steels	9.36.99	1981
6	Adam, Gillet, Van Damme, Tshiasuma	9.49.32	2010
7	Daems, Van Audenhove, Watticant, Steels	9.52.00	1980
8	Arnauts, De Rijcke, Boeren, Meersseman	9.57.00	1975
9	Wauters, Demol, Winckelmans, Meersseman	9.57.70	1974
10	Winckelmans, Arnauts, Debuel, Meersseman	10.07.20	1976
11	Dewitte, Dewitte, Delbecque, Cawet	10.14.59	1997
12	Sacre, Delbecque, Dewitte, Cawet	10.17.08	1995
13	Frenay, Smith, Vandenmuysenberg, Potvlieghe	10.24.44	1992
14	Barhdadi, Luypaert, Laurent, Tshiasuma	10.24.56	2015
15	Van Zeebroeck, Delbecque, Dewitte, Cawet	10.29.87	1994
16	Fonteyn, Delbecque, Dewitte, Cawet	10.31.03	1996
17	Dewitte, Silberfeld, Cawet, Boussar	10.39.21	2001
18	Vandenmuysenberg, Potvlieghe, Vandermeulen, Debaille	10.39.29	1993
19	Iven, Verriez, Khattou, Derdari	10.46.71	2016
20	Adam, Dujardin, Nkumu Bakuba, Cardenas Ojito	10.51.30	2014

TC Relais suédois

1	Badji, Klai, Guisse, Legein	2.32.85	2010
2	Lopez Gonzalez, Gerard, Radermacher, Cornali	2.34.30	2023
3	Cardenas Ojito, Debaille, Boonaert, Cardoso Da Rocha	2.44.55	2012
4	Covens, Debaille, Boonaert, Cardoso	3.00.57	2011

TC Relais olympique

1	Groffier, Menama Matia, Irinkova, Radermacher	4.39.71	2024
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TC Ekiden

1	Lins, Van Lent, Joblin, Muls, Chylinski, Pinter	2.h37.36	2024
2	Lins, Van Lent, Joblin, Goethals, Chylinski, Muls	2h41.15	2022
3	Chylinski, Goethals, Laurent, Imbo, Joblin, Muls	2h46.15	2021
4	De Buyst, Collard F, Cawet, Lejeune, Boussar, Castellana	3h10.19	2004
5	De Buyst, Atkins, Vanden Broeck, Castellana, Cawet, Collard F	3h16.58	2006
6	Fomenko, Bechet, Castellana, De Buyst, Adam, Vanden Broeck	3h33.43	2008
7	Bechet, Aron, Adam, De Buyst, Castellana, Vanden Broeck	3h36.01	2009
8	Nkumu Bakuba, Covens, Cardenas Ojito, Cardoso Da Rocha, Boonaert, Dujardin	3h37.59	2015
9	Nkumu Bakuba, Adam, Boonaert, Cardoso Da Rocha, Cardenas Ojito, Debaille	3h40.52	2014



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W35 100 m

1	Guillet Laurence	12.73	2017
2	De Vrye Corinne	13.37	1995
3	Nkumu Bakuba Nancy	13.72	2013
4	Bonvin Draps Nathalie	13.91	2016
5	Cardenas Ojito Janet	13.92	2012
6	Dewitte Valerie	13.93	2019
7	Henry Chloe	14.24	2024
8	Rousseau Marie Claire	14.74	1978
9	Debaillie Isabelle	15.15	2012
10	De Buyst Nadia	15.64	2011
11	Antoine Cecile	16.92	2012
12	Castellana Corine	17.14	2004
13	Gillis Caroline	18.69	2017
14	Aron Sabine	19.25	2008

W35 200 m

1	Guillet Laurence	26.58	2016
2	De Vrye Corinne	27.44	1995
3	Guillet Laurence	27.55	2015
4	Cardenas Ojito Janet	28.17	2012
5	Dewitte Valerie	28.35	2019
6	Nkumu Bakuba Nancy	28.43	2014
7	Bonvin Draps Nathalie	29.14	2017
8	Reynaerts Stephanie	35.62	2017

W35 300 m

1	Guillet Laurence	44.04	2015
2	Dewitte Valerie	45.13	2019
3	Cardenas Ojito Janet	45.36	2012

W35 400 m

1	Nkumu Bakuba Nancy	60.68	2016
2	Chylinski Marta Alexandra	61.90	2023
3	Guillet Laurence	61.95	2017
4	Cardenas Ojito Janet	62.95	2012
5	Dewitte Valerie	63.75	2019
6	Rousseau Marie Claire	65.52	1978
7	Debaillie Isabelle	70.76	2012
8	Bonvin Draps Nathalie	72.39	2019
9	Fomenko Elena	73.15	2006
10	Castellana Corine	78.55	2004
11	Gillis Caroline	84.88	2017

W35 800 m

1	Chylinski Marta Alexandra	2.12.37	2022
2	Steels Mimi	2.14.21	1982
3	Collard Florence	2.23.91	2005
4	Cardenas Ojito Janet	2.25.82	2013
5	Nkuma Bakuba Nancy	2.29.34	2015
6	Debaillie Isabelle	2.52.44	2012
7	Castellana Corine	2.57.44	2003
8	De Buyst Nadia	3.05.97	2011
9	Watson Michele	3.06.72	2004
10	Aron Sabine	3.15.46	2008
11	Reynaerts Stephanie	3.34.24	2017

W35 1000 m

1	Chylinski Marta Alexandra	2.51.21	2022
2	Steels Mimi	2.55.49	1981
3	Debaillie Isabelle	3.53.00	2014
4	Castellana Corine	3.59.50	2006

W35 1500 m

1	Steels Mimi	4.36.30	1981
2	Chylinski Marta Alexandra	4.47.83	2024
3	Collard Florence	5.00.48	2005
4	Abouahcen Mounia	5.14.33	2011
5	Cardenas Ojito Janet	5.15.02	2013
6	Castellana Corine	5.59.53	2006
7	Debaillie Isabelle	6.12.53	2014



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8 Fomenko Elena 6.23.12 2007

W35 Mile

1	Chylinski Marta Alexandra	4.57.75	2022
2	Debaillie Isabelle	6.56.75	2014

W35 2000 m

1	Chylinski Marta Alexandra	6.22.26	2022
2	Cardenas Ojito Janet	7.32.72	2012
3	Castellana Corine	7.58.97	2005

W35 3000 m

1	Steels Mimi	9.29.60	1982
2	Chylinski Marta Alexandra	9.44.78	2022
3	Aboulahcen Mounia	10.12.14	2010
4	Collard Florence	11.02.58	2004
5	Cardenas Ojito Janet	11.55.61	2013
6	Castellana Corine	12.22.37	2005
7	Fomenko Elena	13.50.42	2007
8	Debaillie Isabelle	14.10.29	2013

W35 5000 m

1	Steels Mimi	16.48.60	1981
2	Chylinski Marta Alexandra	18.09.46	2023
3	Castellana Corine	21.15.49	2005

W35 10 000 m

1	Castellana Corine	46.43.03	2004
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W35 Semi marathon

1	Norris Josephine	1h44.23	2019
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W35 Marathon

1	Norris Josephine	3h42.16	2022
2	Nizet Adrienne	3h55.46	2022
3	De Buyst Nadia	3h57.19	2008
4	Castellana Corine	3h59.54	2004
5	Aaron Sabine	4h07.22	2009
6	Watson Michele	4h19.09	2004

W35 1 heure

1	Castellana Corine	12 936 m	2004
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W35 100 m haies (84 cm)

1	Guillet Laurence	14.50	2017
2	Cardenas Ojito Janet	19.81	2012
3	Debaillie Isabelle	20.55	2012
4	Reynaerts Stephanie	22.21	2017

W35 400 m haies (76 cm)

1	Guillet Laurence	65.33	2017
2	Debaillie Isabelle	84.41	2012

W35 Hauteur

1	Cardenas Ojito Janet	1m42	2012
2	Guillet Laurence	1m35	2017
3	Debaillie Isabelle	1m30	2011
	Reynaerts Stephanie	1m30	2018
5	Collard Florence	1m25	2004
	De Buyst Nadia	1m25	2009
7	Bonvin Draps Nathalie	1m20	2015
8	Castellana Corine	1m00	2004

W35 Longueur

1	De Vrye Corinne	5m26	1998
2	Guillet Laurence	5m14	2016
3	Adam Benedicte	4m91	2015
4	Bonvin Draps Nathalie	4m76	2016
5	Nkumu Bakuba Nancy	4m55	2014
6	Henry Chloe	4m39	2024



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7	Cardenas Ojito Janet	4m06	2012
8	Debaillie Isabelle	3m98	2012
9	De Buyst Nadia	3m69	2009
	Reynaerts Stephanie	3m69	2017
11	Fomenko Lisa	3m62	2006
12	Castellana Corine	3m36	2004
13	Antoine Cecile	3m08	2012

W35 Triple saut

1	Adam Benedicte	10m49	2017
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W35 Perche

1	Henry Chloe	3m90	2023
2	Reynaerts Stephanie	1m59	2015

W35 Poids (4 kg)

1	Adam Benedicte	11m09	2017
2	Reynaerts Stephanie	9m93	2018
3	Debaillie Isabelle	8m22	2012
4	Guillet Laurence	8m16	2015
5	De Buyst Nadia	7m48	2010
6	Cardenas Ojito Janet	7m43	2012
7	Bonvin Draps Nathalie	7m35	2015
8	Bosson Karin	5m63	2004
9	Castellana Corine	4m68	2006
10	Chevalier Colette	4m53	2011

W35 Disque (1 kg)

1	Reynaerts Stephanie	34m32	2016
2	Adam Benedicte	30m14	2018
3	De Buyst Nadia	27m77	2010
4	Debaillie Isabelle	17m16	2013
5	Castellana Corine	11m60	2007

W35 Javelot (600 gr)

1	Reynaerts Stephanie	29m63	2017
2	Adam Benedicte	29m60	2017
3	Cardenas Ojito Janet	21m57	2012
4	De Buyst Nadia	22m18	2010
5	Debaillie Isabelle	18m13	2014

W35 Marteau (4 kg)

1	Reynaerts Stephanie	33m35	2018
2	Adam Benedicte	27m95	2016
3	De Buyst Nadia	22m25	2011

W35 Grand poids (9,08 kg)

1	Reynaerts Stephanie	9m51	2018
2	Adam Benedicte	9m43	2016

W35 Pentathlon de lancers

1	Reynaerts Stephanie	2304 p	2018
2	Adam Benedicte	2137 p	2015

W35 Pentathlon

1	Cardenas Ojito Janet	1958 p	2013
2	Debaillie Isabelle	1601 p	2012

W35 Heptathlon > 1999 à

1	Cardenas Ojito Janet	2920 p	2012
2	Reynaerts Stephanie	2075 p	2017

W35 4 x 100 m

1	Boonaert, Dewitte, Bonvin Draps, Guillet	52.98	2017
2	Boonaert, Cardenas Ojito, Nkumu Bakuba, Guillet	53.26	2015
3	Boonaert, Dewitte, Bonvin Draps, Guillet	53.59	2016
4	Boonaert, Cardenas, Debaillie, Nkumu Bakuba	56.38	2014
5	Boonaert, Cardenas, Debaillie, Nkumu Bakuba	57.63	2013
6	Boonaert, Reynaerts, Debaillie, Nkumu Bakuba	58.68	2018
7	Bonvin Draps, Reynaerts, Debaillie, Boonaert	58.95	2019
8	Boonaert, Debaillie, Antoine, Cardenas Ojito	58.98	2012





**ROYAL EXCELSIOR SPORTS CLUB BRUXELLES**  
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9	Collard, Fomenko, Boonaert, Michaux	60.28	2007
10	Collard, Fomenko, Castellana, Michaux	62.20	2006
11	De Buyst, Quicke, Castellana, Boonaert	62.53	2009
12	Collard, Castellana, Vandendael, Michaux	62.58	2004
13	Collard, Vandendael, Castellana, Michaux	63.35	2005
14	Cardoso, Castellana, De Buyst, Bonnaert	64.61	2010
15	Quicke, Boonaert, Castellana, Michaux	64.62	2008

W35 4 x 200 m

1	Boonaert, Cardenas Ojito, Nkumu Bakuba, Guillet	1.53.15	2015
2	Boonaert, Bonvin Draps, Dewitte, Guillet	1.54.55	2017
3	Boonaert, Dewitte, Bonvin Draps, Guillet	1.55.31	2016

W35 4 x 400 m

1	Guillet, Cardenas, Debaillie, Nkumu Bakuba	4.42.09	2015
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W35 4 x 800 m

1	Adam, Dujardin, Nkumu Bakuba, Cardenas Ojito	10.51.30	2014
2	Nkumu Bakuba, Covens, Cardoso Da Rocha, Cardenas Ojito	11.30.82	2015

W35 Relais suédois

1	Cardenas Ojito, Debaillie, Boonaert, Cardoso Da Rocha	2.44.55	2012
2	Covens, Debaillie, Boonaert, Cardoso	3.00.57	2011

W35 Ekiden

1	Nkumu Bakuba, Covens, Cardenas Ojito, Cardoso Da Rocha, Boonaert, Dujardin	3h37.59	2015
2	Nkumu Bakuba, Adam, Boonaert, Cardoso Da Rocha, Cardenas Ojito, Debaillie	3h40.52	2014

**MASTERS DAMES 40**

W40 100 m

1	Nkumu Bakuba Nancy	13.54	2018
2	Dewitte Valerie	13.62	2021
3	Cardenas Ojito Janet	14.09	2014
4	Michaux Dominique	15.84	2005
5	Nkandali Nkazabwa Marie	19.60	2015
6	Gillis Caroline	18.84	2018

W40 150 m

1	Dewitte Valerie	20.85	2021
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W40 200 m

1	Nkumu Bakuba Nancy	27.41	2018
2	Dewitte Valerie	28.04	2022
3	Cardenas Ojito Janet	28.93	2014

W40 300 m

1	Nkumu Bakuba Nancy	43.89	2018
2	Dewitte Valerie	44.10	2021
3	Cardenas Ojito Janet	46.10	2014
4	Boonaert Caroline	50.11	2009

W40 400 m

1	Nkumu Bakuba Nancy	60.23	2018
2	Cardenas Ojito Janet	62.09	2013
3	Dewitte Valerie	63.28	2022
4	Boonaert Caroline	74.11	2009
5	Covens Benedicte	79.69	2011
6	Gillis Caroline	83.30	2018
7	Dujardin Sylvie	84.69	2015

W40 800 m

1	Collard Florence	2.24.29	2006
2	Cardenas Ojito Janet	2.24.50	2013
3	Covens Benedicte	2.47.96	2011
4	Lange Trameni Claudia	2.50.69	2016
5	Debaillie Isabelle	2.52.94	2019



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
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6 Lion Annick 3.23.92 2018

W40 1500 m

1	Collard Florence	4.48.11	2006
2	Covens Benedicte	5.36.92	2011
3	Debaillie Isabelle	6.16.60	2015
4	Lange Trameni Claudia	6.17.27	2016
5	Castellana Corine	6.19.23	2010

W40 2000 m

1	Cardenas Ojito Janet	8.08.00	2017
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W40 3000 m

1	Collard Florence	10.34.47	2006
2	Carion Nathalie	12.04.24	2018
3	Castellana Corine	12.41.01	2009
4	Cornelis Brigitte	12.47.10	2007
5	Covens Benedicte	13.09.32	2011
6	Coukard Deborah	13.28.44	2023
7	Debaillie Isabelle	13.57.41	2018
8	Nkandali Nkazabwa Marie	16.09.74	2015

W40 10 000 m

1	Debaillie Isabelle	50.16.31	2017
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W40 Semi marathon

1	Lion Annick	1h54.40	2018
2	Gillis Caroline	2h06.24	2022

W40 Marathon

1	Carion Nathalie	3h11.44	2018
2	Castellana Corine	3h39.25	2009
3	Gillis Caroline	3h59.39	2018
4	Debaillie Isabelle	4h17.13	2018

W40 80 m haies (76 cm)

1	Cardenas Ojito Janet	16.00	2013
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W40 100 m haies (84 cm)

1	Cardenas Ojito Janet	20.00	2013
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W40 Hauteur

1	Cardenas Ojito Janet	1m36	2015
2	Collard Florence	1m25	2006
	Reynaerts Stephanie	1m25	2023
4	Lange Trameni Claudia	1m20	2015
5	Boonaert Caroline	1m10	2007

W40 Longueur

1	De Vrye Corinne	4m96	2000
2	Nkumu Bakuba Nancy	4m31	2018
3	Cardenas Ojito Janet	4m02	2014
4	Bonvin Draps Nathalie	3m97	2023
5	Castellana Corine	3m08	2010
6	Adam Benedicte	2m36	2019
7	Nkandali Nkazabwa Marie	2m11	2015

W40 Poids (4 kg)

1	Adam Benedicte	11m20	2022
2	Bee Delphine	9m79	2021
3	Reynaerts Stephanie	8m89	2022
4	Cardenas Ojito Janet	7m53	2015
5	De Buyst Nadia	7m52	2014
	Debaillie Isabelle	7m52	2015
7	Bosson Karin	5m80	2008
8	Castellana Corine	5m36	2010
9	Milants Marilyn	4m82	2015

W40 Disque (1 kg)

1	Adam Benedicte	32m12	2020
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**ROYAL EXCELSIOR SPORTS CLUB BRUXELLES**  
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2	Reynaerts Stephanie	29m57	2022
3	Bee Delphine	27m92	2019
4	De Buyst Nadia	26m81	2013
5	Debaillie Isabelle	18m24	2015
6	Cardenas Ojito Janet	18m23	2014

W40 Javelot (600 gr)

1	Adam Benedicte	26m68	2019
2	Reynaerts Stephanie	25m58	2023
3	Cardenas Ojito Janet	22m33	2014
4	De Buyst Nadia	19m39	2013
5	Debaillie Isabelle	18m03	2015
6	Milants Marilyn	9m38	2015

W40 Marteau (4 kg)

1	Reynaerts Stephanie	30m94	2024
2	Milants Marilyn	12m85	2014

W40 Grand poids (9,08 kg)

1	Reynaerts Stephanie	8m73	2024
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W40 Pentathlon de lancers

1	Reynaerts Stephanie	2249 p	2022
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W40 Pentathlon

1	Cardenas Ojito Janet	2397 p	2015
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W40 Heptathlon

1	Cardenas Ojito Janet	3572 p	2014
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**MASTERS DAMES 45**

W45 100 m

1	Boonaert Caroline	14.01	2011
2	Michaux Dominique	16.01	2006

W45 200 m

1	Boonaert Caroline	29.93	2014
2	Cardenas Ojito Janet	30.91	2018

W45 400 m

1	Boonaert Caroline	69.93	2011
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W45 800 m

1	Covens Benedicte	2.46.99	2012
2	Lange Trameni Claudia	3.04.64	2017
3	Cardoso Da Rocha Maria Joao	3.13.82	2012

W45 1000 m

1	Cardoso Da Rocha Maria Joao	4.26.68	2012
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W45 Mile

1	Covens Benedicte	6.05.79	2015
2	Cardoso Da Rocha Maria Joao	7.11.40	2012

W45 2000 m

1	Cardoso Da Rocha Maria Joao	9.38.54	2012
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W45 3000 m

1	Covens Benedicte	11.54.98	2012
2	Castellana Corine	13.24.65	2012
3	Cardoso Da Rocha Maria Joao	14.21.64	2013
4	Romanowska Margareth	15.45.34	2024

W45 10 000 m

1	Covens Benedicte	42.05.27	2012
2	Castellana Corine	46.54.13	2012

W45 Semi marathon



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
TOP 20 ALL TIME OUTDOOR FEMMES

1	Lion Annick	1h53.56	2019
2	Nkandali Nkazabwa Marie	2h13.52	2018
3	Becquevort Joelle	2h39.49	2017

W45 Marathon

1	Covens Benedicte	3h20.03	2015
2	Lion Annick	4h30.05	2022

W45 Longueur

1	Lange Trameni Claudia	3m54	2017
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W45 Poids (4 kg)

1	Bee Delphine	10m09	2023
	<b>Adam Benedicte</b>	<b>10m09</b>	<b>2024</b>
3	Quicke Evelyne	8m36	2007
4	Cardenas Ojito Janet	6m97	2022
5	De Buyst Nadia	6m89	2019

W45 Disque (1 lg)

1	Quicke Evelyne	27m03	2006
2	Bee Delphine	26m12	2023
3	De Buyst Nadia	24m49	2019
4	Cardenas Ojito Janet	16m38	2022
5	Cardoso Da Rocha Maria Joao	13m31	2013

W45 Javelot (600 gr)

1	Quicke Evelyne	23m46	2007
2	Cardenas Ojito Janet	17m50	2022
3	De Buyst Nadia	14m79	2023

W45 Marteau (4 kg)

1	De Buyst Nadia	20m63	2023
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W45 Grand poids (9,08 kg)

1	De Buyst Nadia	5m70	2023
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W45 Pentathlon de lancers

1	De Buyst Nadia	1503 p	2023
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MASTERS DAMES 50

W50 100 m

1	Boonaert Caroline	14.01	2016
2	Vandendael Alice	16.87	2004

W50 200 m

1	Boonaert Caroline	29.60	2016
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W50 400 m

1	Boonaert Caroline	77.88	2018
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W50 800 m

1	Covens Benedicte	3.28.73	2018
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W50 3000 m

1	Covens Benedicte	13.12.38	2017
2	Cardoso Da Rocha Maria Joao	14.08.13	2014

W50 Semi marathon

1	Covens Benedicte	1h43.29	2018
2	Cardoso Da Rocha Maria Joao	2h30.16	2018

W50 Marathon

1	Covens Benedicte	3h37.16	2018
2	Cardoso Da Rocha Maria Joao	4h30.05	2014

W50 Longueur

1	Vandendael Alice	3m45	2004
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**ROYAL EXCELSIOR SPORTS CLUB BRUXELLES**  
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W50 Poids (3 kg)

1	Cardenas Ojito Janet	7m74	2024
2	De Buyst Nadia	7m32	2024

W50 Poids (4 kg)

1	Quicke Evelyne	8m08	2008
2	Cardoso Da Rocha Maria Joao	4m88	2017

W50 Disque (1 kg)

1	Quicke Evelyne	24m49	2008
2	De Buyst Nadia	21m67	2024
3	Cardoso Da Rocha Maria Joao	12m58	2015

W50 Javelot (500 gr)

1	Cardenas Ojito Janet	18m65	2024
2	De Buyst Nadia	15m05	2024

W50 Javelot (600 gr)

1	Quicke Evelyne	21m92	2009
2	Vandendael Alice	12m84	2007

**MASTERS DAMES 55**

W55 100 m

1	Boonaert Caroline	14.49	2023
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W55 200 m

1	Boonaert Caroline	30.58	2023
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W55 3000 m

1	Cardoso Da Rocha Maria Joao	16.26.05	2019
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W55 Marathon

1	Cardoso Da Rocha Maria Joao	5h06.45	2019
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W55 Longueur

1	Vandendael Alice	2m93	2008
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