



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME OUTDOOR FEMMES

KANGOUROUS FILLES - U8

60 m	Cincinatis Lucie	10.28	1997
600 m	Lambert Kylie	2.16.12	2011
1000 m	Meys Jessica	4.22.20	1998
Hauteur	Van De Sype Chloe	1m01	2004
Longueur	Meys Jessica	3m64	1998
Poids (1 kg)	Huybrechts Isabelle	5m63	1994
Balle de hockey	Van De Sype Chloe	16m33	2004
Triathlon	Van De Sype Chloe	630 p	2004
Tetrathlon	Lambert Kylie	965 p	2011

BENJAMINES FILLES - U10

60 m	Dolianitis Dina	9.30	2000
200 m	M'Rabet Salima	33.94	1981
600 m	Strypstein Solena	1.57.65	2022
800 m	Godefroid Maud	3.01.30	1988
1000 m	De Groote Estelle	3.48.40	2002
60 m haies (76 cm)	M'Rabet Salima	13.84	1981
Hauteur	Strypstein Solena	1m21	2022
Longueur	Cincinatis Lucie	3m88	1999
Poids (1 kg)	Goutte Alexandra	8m63	2000
Poids (2 kg)	Ghayati Anissa	5m04	1988
Balle de hockey	Strypstein Solena	29m60	2022
Triathlon	Cincinatis Lucie	1113 p	1999
Tetrathlon	Squiflet Emelynn	1652 p	2019
4 x 60 m	Murray, Dolianitis, Mouzon, Meys	37.58	2000

PUPILLES FILLES - U12

60 m	Lambert Kylie	8.55	2015
200 m	Carpentier Nathalie	31.14	1982
600 m	Strypstein Solena	1.57.65	2022
800 m	Frenay Anne	2.43.17	1986
1000 m	Popescu Raisa Gabriela	3.25.71	2022
60 m haies (68 cm)	Squiflet Emelynn	10.35	2021
60 m haies (76 cm)	Lambert Kylie	10.74	2015
Hauteur	Strypstein Solena	1m40	2023
Longueur	Popescu Raisa Gabriela	4m57	2022
Poids (1 kg)	Goutte Alexandra	8m63	2000
Poids (2 kg)	Hasani Geraldina	9m75	2006
Poids (3 kg)	Padilla Louise	6m82	1977
Disque (600 gr)	Popescu Raisa Gabriela	26m15	2022
Disque (1 kg)	Padilla Louise	11m05	1977
Balle de hockey	Iven Kayla	41m50	2013
Vortex	Medan Ivana	27m16	2023
Javelot (600 gr)	Padilla Louise	12m22	1977
Triathlon <small>avant 1979</small>	Henderickx Fabienne	2408 p	1970
Triathlon <small>avant 1989</small>	Smith Cindi	847 p	1986
Triathlon <small>apd 1989</small>	Kompany Christel	1321 p	1995
Tetrathlon	Popescu Raisa Gabriela	2127 p	2022
1000 m marche	Iven Kayla	6.20.58	2013
4 x 60 m	Mpinga, Merino, Tshanga Diomi, Lambert	33.97	2015



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
TOP 20 ALL TIME OUTDOOR FEMMES

MINIMES FILLES - U14

50 m	Squiflet Emelynn	7.20	2022
60 m	Lambert Kylie	8.55	2015
80 m	Squiflet Emelynn	10.47	2023
100 m	Squiflet Emelynn	13.02	2023
150 m	Squiflet Emelynn	19.94	2023
200 m	Callebaut Muriel	27.54	1985
300 m	Lambert Kylie	43.85	2017
600 m	De Rijcke Dominique	1.44.70	1974
800 m	Frenay Anne	2.34.68	1988
1000 m	De Grootte Estelle	3.14.33	2006
1500 m	De Rijcke Dominique	5.12.90	1974
50 m haies (68 cm)	Lambert Kylie	8.04	2017
50 m haies (76 cm)	Ouali Sirine	9.97	2013
60 m haies (68 cm)	Squiflet Emelynn	9.80	2023
60 m haies (76 cm)	Lambert Kylie	9.96	2017
150 m haies (68 cm)	Squiflet Emelynn	21.33	2023
150 m haies (76 cm)	Lambert Kylie	21.56	2017
Hauteur	Van Collie Heidi	1m57	1982
Longueur	Squiflet Emelynn	5m07	2023
Perche	Van De Sype Chloe	2m43	2010
Poids (1 kg)	Goutte Alexandra	8m63	2000
Poids (2 kg)	Squiflet Emelynn	13m46	2023
Poids (3 kg)	Uytterhaegen Isabelle	8m43	1983
Disque (600 gr)	Waegemans Aurore	32m53	2003
Disque (750 gr)	Popescu Raisa Gabriela	28m54	2023
Disque (1 kg)	Padilla Louise	17m86	1978
Balle de hockey	Iven Kayla	41m50	2013
Vortex	Medan Ivana	27m16	2023
Javelot (400 gr) <small>avant 1999</small>	Hallems Julie	31m01	1998
Javelot (400 gr) <small>à pd 1999</small>	Squiflet Emelynn	37m36	2023
Javelot (500 gr) <small>avant 1999</small>	Uytterhaegen Isabelle	28m02	1983
Javelot (600 gr) <small>avant 1979</small>	Padilla Louise	13m28	1978
Triathlon <small>avant 1979</small>	Muyls Jacqueline	1955 p	1978
Triathlon <small>1979 à 1988</small>	Van Collie Heidi	889 p	1982
Triathlon <small>à pd 1989</small>	Clermont Nathalie	1684 p	1989
Tetrathlon	Bonvin Draps Nathalie	2167 p	1993
Pentathlon	Squiflet Emelynn	3287 p	2023
1000 m marche	Iven Kayla	6.20.58	2013
2000 m marche	Van Der Veken Noemie	13.51.98	2009
3 x 600 m	Strypstein, Schroeven, Squiflet	5.46.08	2023
4 x 60 m	Mpinga, Merino, Tshanga Diomi, Lambert	33.97	2015
4 x 80 m	Leonard, Merino, Mpinga Mulowayi, Lambert	41.33	2017
4 x 200 m	Schraff, Duysens, De Buyst, Kohl	2.01.50	1986



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CADETTES FILLES - U16

50 m	Squiflet Emelynn	7.20	2022
60 m	Henderickx Dominique	8.24	1971
80 m	Nollet Viviane	10.44	1970
100 m	Kohl Olivia	12.64	1988
120 m	Sanchez Elisa	16.41	2022
150 m	Nollet Viviane	19.94	1969
	Squiflet Emelynn	19.94	2023
200 m	Leplat Anabelle	26.14	1996
300 m	Schauwers Manon	42.36	2014
400 m	Leplat Severine	57.61	1996
600 m	De Rijcke Dominique	1.44.70	1974
800 m	Tshiasuma Jessie	2.21.88	2011
1000 m	Tshiasuma Jessie	3.01.95	2011
1500 m	Tshiasuma Jessie	4.53.37	2011
Mile	Tshiasuma Jessie	5.37.33	2011
2000 m	Tshiasuma Jessie	7.02.18	2011
50 m haies (68 cm)	Lambert Kylie	8.04	2017
50 m haies (76 cm)	Ouali Sirine	9.97	2013
60 m haies (68 cm)	Squiflet Emelynn	9.80	2023
60 m haies (76 cm)	Vandendael Alice	9.64	1968
80 m haies (76 cm)	Schauwers Manon	11.88	2014
150 m haies (68 cm)	Squiflet Emelynn	21.33	2023
150 m haies (76 cm)	Lambert Kylie	21.56	2017
200 m haies (76 cm)	Ouali Sirine	37.39	2015
300 m haies (76 cm)	La Rou Jennifer	45.51	1993
1500 m steeple (76 cm)	Van Der Perren Jessica	6.17.24	2009
Hauteur	Van Collie Heidi	1m68	1984
Longueur	Van Collie Heidi	5m74	1984
Triple saut	Kompany Christel	11m71	1999
Perche	Van Zeebroeck Griet	3m26	1995
Poids (1 kg)	Goutte Alexandra	8m63	2000
Poids (2 kg)	Squiflet Emelynn	13m46	2023
Poids (3 kg)	Mathieu Julia	13m85	2019
Poids (4 kg)	Hallems Julie	9m00	2000
Disque (600 gr)	Waegemans Aurore	32m53	2003
Disque (750 gr)	Popescu Raisa Gabriela	28m54	2023
Disque (1 kg)	Marloye Nadine	37m60	1973
Balle de hockey	Iven Kayla	41m50	2013
Vortex	Medan Ivana	27m16	2023
Javelot (400 gr) <small>avant 1999</small>	Hallems Julie	31m01	1998
Javelot (400 gr) <small>à pd 1999</small>	Squiflet Emelynn	37m36	2023
Javelot (500 gr) <small>avant 1999</small>	Reynaerts Stephanie	32m82	1995
Javelot (500 gr) <small>à pd 1999</small>	Iven Kayla	41m46	2017
Javelot (600 gr) <small>avant 1999</small>	Declerck Anne	35m00	1978
Javelot (600 gr) <small>à pd 1999</small>	Hallems Julie	29m91	1999
Marteau (3 kg)	Huygens Cloe	34m60	2018
Triathlon <small>avant 1979</small>			
Triathlon <small>à pd 1979</small>	Van Collie Heidi	2112 p	1984
Pentathlon <small>avant 1999</small>	Van Collie Heidi	3384 p	1984
Pentathlon <small>à pd 1999</small>	Iven Kayla	2855 p	2017
Hexathlon	Schauwers Manon	3901 p	2014
1000 m marche	Iven Kayla	6.20.58	2013
2000 m marche	Van Der Veken Noemie	13.51.98	2009
3000 m marche	Cuvelier Maela	21.19.14	2015
3 x 600 m	Strypstein, Schroeven, Squiflet	5.46.08	2023
4 x 60 m	Mpinga, Merino, Tshanga Diomi, Lambert	33.97	2015
4 x 80 m	Leonard, Merino, Mpinga Mulowayi, Lambert	41.33	2017
4 x 100 m	Keita, Sacre, Bonvin Draps, Guillet	50.59	1995
4 x 200 m	Imbo, Badji, Legein, Klai	1.54.89	2010
4 x 800 m	Sacre, Delbecque, Dewitte, Cawet	10.17.08	1995
Relais suédois	Badji, Klai, Guisse, Legein	2.32.85	2010



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SCOLAIRES DAMES - U18

50 m	Squiflet Emelynn	7.20	2022
60 m	Nollet Viviane	8.04	1971
80 m	Nollet Viviane	10.44	1970
100 m	Van Der Veken Cindy	12.33	2014
120 m	Sanchez Elisa	16.41	2022
150 m	Nollet Viviane	19.94	1969
	Squiflet Emelynn	19.94	2023
200 m	Vandendriessche Nadine	25.34	1981
300 m	Leplat Severine	39.65	1998
400 m	Leplat Severine	56.03	1998
600 m	De Rijcke Dominique	1.44.70	1974
800 m	Muls Camille	2.14.88	2016
1000 m	Joblin Marine	3.01.01	2019
1500 m	Van Den Bossche Inga	4.41.18	2017
Mile	Tshiasuma Jessie	5.22.27	2012
2000 m	Muls Camille	6.38.49	2016
3000 m	Van Den Bossche Inga	10.41.31	2017
50 m haies (68 cm)	Lambert Kylie	8.04	2017
50 m haies (76 cm)	Ouali Sirine	9.97	2013
60 m haies (68 cm)	Squiflet Emelynn	9.80	2023
60 m haies (76 cm)	Vandendael Alice	9.64	1968
80 m haies (76 cm)	Vandendael Alice	11.84	1969
100 m haies (76 cm)	Kohl Olivia	13.92	1990
100 m haies (84 cm)	Kohl Olivia	14.16	1990
150 m haies (68 cm)	Squiflet Emelynn	21.33	2023
150 m haies (76 cm)	Lambert Kylie	21.56	2017
200 m haies (76 cm)	Ouali Sirine	37.39	2015
300 m haies (76 cm)	La Rou Jennifer	43.97	1995
400 m haies (76 cm)	Schauwers Manon	62.36	2016
1500 m steeple (76 cm)	Van Der Perren Jessica	6.17.24	2009
2000 m steeple (76 cm)	Haouari Farrah	8.05.35	2019
Hauteur	Van Collie Heidi	1m68	1984
Longueur	Marloye Nadine	6m08	1975
Triple saut	Kompany Christel	12m15	2000
Perche	Van Zeebroeck Griet	3m36	1996
Poids (1 kg)	Goutte Alexandra	8m63	2000
Poids (2 kg)	Squiflet Emelynn	13m46	2023
Poids (3 kg)	Mathieu Julia	14m76	2022
Poids (4 kg)	Mathieu Julia	12m84	2022
Disque (600 gr)	Waegemans Aurore	32m53	2003
Disque (750 gr)	Popescu Raisa Gabriela	28m54	2023
Disque (1 kg)	Sustelo Irina	47m99	2000
Balle de hockey	Iven Kayla	41m50	2013
Vortex	Medan Ivana	27m16	2023
Javelot (400 gr) <small>avant 1999</small>	Hallems Julie	31m01	1998
Javelot (400 gr) <small>à pd 1999</small>	Squiflet Emelynn	37m36	2023
Javelot (500 gr) <small>avant 1999</small>	Reynaerts Stephanie	32m82	1995
Javelot (500 gr) <small>à pd 1999</small>	Iven Kayla	41m95	2019
Javelot (600 gr) <small>avant 1999</small>	Declerck Anne	37m36	1979
Javelot (600 gr) <small>à pd 1999</small>	Iven Kayla	39m06	2019
Marteau (3 kg)	Ramos Daphne	43m80	1992
Marteau (4 kg)	Sustelo Irina	50m43	2000
Triathlon <small>avant 1970</small>	Michel Martine	2035 p	1966
Pentathlon <small>1970 à 1980</small>	Marloye Nadine	3756 p	1975
Heptathlon <small>1981 à 1999</small>	Van Collie Heidi	4695 p	1986
Heptathlon <small>à pd 1999</small>	Mouzon Emmanuelle	4701 p	2008
1000 m marche	Iven Kayla	6.20.58	2013
2000 m marche	Van Der Veken Noemie	13.51.98	2009
3000 m marche	El Ouahmi Sirine	20.08.91	2016
3 x 600 m	Strypstein, Schroeven, Squiflet	5.46.08	2023
4 x 60 m	Mpinga, Merino, Tshanga Diomi, Lambert	33.97	2015
4 x 80 m	Leonard, Merino, Mpinga Mulowayi, Lambert	41.33	2017
4 x 100 m	Bonvin Draps, Guillet, Leplat, Leplat	48.97	1997
4 x 200 m	Diwani, Lins, Vlerick, Brutus	1.49.97	2010
4 x 400 m	Van Damme, Ozgul, Vereertbrugghen, Putmans	4.51.32	2008
4 x 800 m	Dewitte, Dewitte, Delbecque, Cawet	10.14.59	1997
Relais suédois	Badji, Klai, Guisse, Legein	2.32.85	2010



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JUNIORS DAMES - U20

50 m	Squiflet Emelynn	7.20	2022
60 m	Nollet Viviane	8.04	1971
	Marloye Nadine	8.04	1977
80 m	Nollet Viviane	10.44	1970
100 m	Van Der Veken Cindy	12.03	2016
120 m	Sanchez Elisa	16.41	2022
150 m	Nollet Viviane	19.94	1969
	Squiflet Emelynn	19.94	2023
200 m	Vandendriessche Nadine	24.65	1984
300 m	Leplat Severine	39.65	1998
400 m	Leplat Severine	56.03	1998
600 m	De Rijcke Dominique	1.44.70	1974
800 m	Muls Camille	2.05.49	2018
1000 m	Collard Veronique	2.52.74	1982
1500 m	Muls Camille	4.29.50	2018
Mile	Muls Camille	5.07.58	2017
2000 m	Muls Camille	6.38.49	2016
3000 m	Collard Veronique	9.36.90	1982
5000 m	De Valck Ingrid	18.09.70	1982
50 m haies (68 cm)	Lambert Kylie	8.04	2017
50 m haies (76 cm)	Ouali Sirine	9.97	2013
60 m haies (68 cm)	Squiflet Emelynn	9.80	2023
60 m haies (76 cm)	Vandendael Alice	9.64	1968
80 m haies (76 cm)	Vandendael Alice	11.84	1969
100 m haies (76 cm)	Kohl Olivia	13.92	1990
100 m haies (84 cm)	Kohl Olivia	13.99	1992
150 m haies (68 cm)	Squiflet Emelynn	21.33	2023
150 m haies (76 cm)	Lambert Kylie	21.56	2017
200 m haies (76 cm)	Van Eerdewegh Nicole	30.04	1972
300 m haies (76 cm)	La Rou Jennifer	43.97	1995
400 m haies (76 cm)	Schauwers Manon	62.13	2018
1500 m steeple (76 cm)	Van Der Perren Jessica	6.17.24	2009
2000 m steeple (76 cm)	Haouari Farrah	8.05.35	2019
Hauteur	Marloye Nadine	1m81	1977
Longueur	Marloye Nadine	6m08	1975
Triple saut	Ombeni Rachel	12m28	2020
Perche	Quirin Margaux	3m90	2014
Poids (1 kg)	Goutte Alexandra	8m63	2000
Poids (2 kg)	Squiflet Emelynn	13m46	2023
Poids (3 kg)	Mathieu Julia	14m76	2022
Poids (4 kg)	Devos An	13m12	1987
Disque (600 gr)	Waegemans Aurore	32m53	2003
Disque (750 gr)	Popescu Raisa Gabriela	28m54	2023
Disque (1 kg)	Sustelo Irina	47m99	2000
Balle de hockey	Iven Kayla	41m50	2013
Vortex	Medan Ivana	27m16	2023
Javelot (400 gr) <small>avant 1999</small>	Hallems Julie	31m01	1998
Javelot (400 gr) <small>à pd 1999</small>	Squiflet Emelynn	37m36	2023
Javelot (500 gr) <small>avant 1999</small>	Reynaerts Stephanie	32m82	1995
Javelot (500 gr) <small>à pd 1999</small>	Iven Kayla	41m95	2019
Javelot (600 gr) <small>avant 1999</small>	Declerck Anne	41m94	1981
Javelot (600 gr) <small>à pd 1999</small>	Iven Kayla	42m80	2021
Marteau (3 kg)	Ramos Daphne	43m80	1992
Marteau (4 kg)	Sustelo Irina	56m30	2001
Pentathlon <small>avant 1999</small>	Marloye Nadine	3814 p	1977
Heptathlon <small>avant 1999</small>	Muyls Jacqueline	4448 p	1984
Heptathlon <small>à pd 1999</small>	Guisse Saliyya	3743 p	2015
Decathlon <small>à pd 1999</small>	Mouzon Emmanuelle	4863 p	2009
1000 m marche	Iven Kayla	6.20.58	2013
2000 m marche	Van Der Veken Noemie	13.51.98	2009
3000 m marche	El Ouahmi Sirine	20.08.91	2016
5000 m marche	Delbecque Maud	36.30.10	1996
3 x 600 m	Strypstein, Schroeven, Squiflet	5.46.08	2023
4 x 60 m	Mpinga, Merino, Tshanga Diomi, Lambert	33.97	2015
4 x 80 m	Leonard, Merino, Mpinga Mulowayi, Lambert	41.33	2017
4 x 100 m	Guisse, Badji, Mawmine, Van Der Veken	47.82	2015
4 x 200 m	Vandendael, Meersseman, Vidts, Rochette	1.48.00	1971
4 x 400 m	Van Zeebroeck, Cawet, Kisir, Adam	4.11.60	1997
4 x 800 m	Dewitte, Dewitte, Delbecque, Cawet	10.14.59	1997
Relais suédois	Badji, Klai, Guisse, Legein	2.32.85	2010



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ESPOIRS DAMES - U23

50 m	Squiflet Emelynn	7.20	2022
60 m	Nollet Viviane	8.04	1971
	Marloye Nadine	8.04	1977
80 m	Nollet Viviane	10.44	1970
100 m	Nkansa Delphine	11.22	2023
120 m	Sanchez Elisa	16.41	2022
150 m	Nollet Viviane	19.94	1969
	Squiflet Emelynn	19.94	2023
200 m	Nkansa Delphine	23.03	2022
300 m	Nagels Rani	38.04	2015
400 m	Thery Demarque Lea	53.19	2023
600 m	De Rijcke Dominique	1.44.70	1974
800 m	Muls Camille	2.03.72	2019
1000 m	Collard Veronique	2.52.74	1982
1500 m	Muls Camille	4.12.35	2021
Mile	Collard Veronique	5.00.80	1983
2000 m	Muls Camille	6.38.49	2016
3000 m	Collard Veronique	9.36.90	1982
5000 m	Van Lent Jana	16.21.71	2023
10 000 m	Van Lent Jana	34.14.95	2023
Semi marathon	Van Lent Jana	1h17.33	2023
50 m haies (68 cm)	Lambert Kylie	8.04	2017
50 m haies (76 cm)	Ouali Sirine	9.97	2013
60 m haies (68 cm)	Squiflet Emelynn	9.80	2023
60 m haies (76 cm)	Vandendael Alice	9.64	1968
80 m haies (76 cm)	Vandendael Alice	11.84	1969
100 m haies (76 cm)	Kohl Olivia	13.92	1990
100 m haies (84 cm)	Zagre Anne	12.79	2012
150 m haies (68 cm)	Squiflet Emelynn	21.33	2023
150 m haies (76 cm)	Lambert Kylie	21.56	2017
200 m haies (76 cm)	Van Eerdewegh Nicole	29.04	1974
300 m haies (76 cm)	La Rou Jennifer	43.97	1995
400 m haies (76 cm)	Badji Jalika	59.80	2018
	Schauwers Manon	59.80	2019
1500 m steeple (76 cm)	Van Der Perren Jessica	6.17.24	2009
2000 m steeple (76 cm)	Haouari Farrah	8.05.35	2019
Hauteur	Jonckheere Natalja	1m88	1992
Longueur	Marloye Nadine	6m08	1975
Triple saut	Ombeni Rachel	13m00	2022
Perche	Quirin Margaux	4m05	2015
Poids (1 kg)	Goutte Alexandra	8m63	2000
Poids (2 kg)	Squiflet Emelynn	13m46	2023
Poids (3 kg)	Mathieu Julia	14m76	2022
Poids (4 kg)	Devos An	13m12	1987
Disque (600 gr)	Waegemans Aurore	32m53	2003
Disque (750 gr)	Popescu Raisa Gabriela	28m54	2023
Disque (1 kg)	Sustelo Irina	47m99	2000
Balle de hockey	Iven Kayla	41m50	2013
Vortex	Medan Ivana	27m16	2023
Javelot (400 gr) <small>avant 1999</small>	Hallems Julie	30m50	1997
Javelot (400 gr) <small>à pd 1999</small>	Squiflet Emelynn	37m36	2023
Javelot (500 gr) <small>avant 1999</small>	Reynaerts Stephanie	32m82	1995
Javelot (500 gr) <small>à pd 1999</small>	Iven Kayla	41m95	2019
Javelot (600 gr) <small>avant 1999</small>	Glowacki Anne	43m52	1986
Javelot (600 gr) <small>à pd 1999</small>	Iven Kayla	45m14	2022
Marteau (3 kg)	Ramos Daphne	43m80	1992
Marteau (4 kg)	Sutelo Irina	56m30	2001
Pentathlon <small>avant 1980</small>	Michel Martine	2995 p	1969
Heptathlon <small>1980 à 1999</small>	Glowacki Anne	4822 p	1986
Heptathlon <small>à pd 1999</small>	Hostyn Priscilla	4804 p	2012
Decathlon <small>à pd 1999</small>	Brion Sophie	3296 p	2007
1000 m marche	Iven Kayla	6.20.58	2013
2000 m marche	Van Der Veken Noemie	13.51.98	2009
3000 m marche	El Ouahmi Sirine	20.08.91	2016
5000 m marche	Delbecque Maud	36.30.10	1996



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ESPOIRS DAMES - U23

3 x 600 m	Strypstein, Schroeven, Squiflet	5.46.08	2023
4 x 60 m	Mpinga, Merino, Tshanga Diomi, Lambert	33.97	2015
4 x 80 m	Leonard, Merino, Mpinga Mulowayi, Lambert	41.33	2017
4 x 100 m	Guisse, Badji, Mawmine, Van Der Veken	47.82	2015
4 x 200 m	Nagels, Schauwers, Badji, Van Der Veken	1.39.68	2016
4 x 400 m	Cherpion, Leplat, Kisir, Adam	4.07.64	1998
4 x 800 m	Dewitte, Dewitte, Delbecque, Cawet	10.14.59	1997
Relais suédois	Badji, Klai, Guisse, Legein	2.32.85	2010



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TOUTES CATEGORIES DAMES

50 m	Squiflet Emelynn	7.20	2022
60 m	Nollet Viviane	8.04	1971
	Marloye Nadine	8.04	1977
80 m	Nollet Viviane	10.44	1970
100 m	Nkansa Delphine	11.22	2023
120 m	Sanchez Elisa	16.41	2022
150 m	Nollet Viviane	19.94	1969
	Squiflet Emelynn	19.94	2023
200 m	Nkansa Delphine	23.03	2022
200 m en ligne droite	Gharafi Yasmine	26.88	2016
300 m	Nagels Rani	38.04	2015
400 m	Thery Demarque Lea	53.19	2023
600 m	De Rijcke Dominique	1.44.70	1974
800 m	Muls Camille	2.03.72	2019
1000 m	Collard Veronique	2.43.67	1986
1500 m	Muls Camille	4.12.35	2021
Mile	Collard Veronique	4.44.36	1985
2000 m	Collard Veronique	5.55.66	1988
3000 m	Collard Veronique	8.49.85	1989
5000 m	Collard Veronique	15.41.24	1989
10 000 m	Collard Veronique	32.23.39	1989
Semi marathon	Van Lent Jana	1h17.33	2023
Marathon	Carion Nathalie	3h11.44	2018
1 heure	Castellana Corine	12 936 m	2004
50 m haies (68 cm)	Lambert Kylie	8.04	2017
50 m haies (76 cm)	Ouali Sirine	9.97	2013
60 m haies (68 cm)	Squiflet Emelynn	9.80	2023
60 m haies (76 cm)	Vandendael Alice	9.64	1968
80 m haies (76 cm)	Vandendael Alice	11.84	1969
100 m haies (76 cm)	Kohl Olivia	13.92	1990
100 m haies (84 cm)	Zagre Anne	12.71	2015
150 m haies (68 cm)	Squiflet Emelynn	21.33	2023
150 m haies (76 cm)	Lambert Kylie	21.56	2017
200 m haies (76 cm)	Van Eerdewegh Nicole	29.04	1974
200 m haies (76 cm) en ligne droite	Zagre Anne	28.28	2016
300 m haies (76 cm)	La Rou Jennifer	43.97	1995
TC 400 m haies (76 cm)	Claes Hanne	55.20	2018
1500 m steeple (76 cm)	Van Der Perren Jessica	6.17.24	2009
2000 m steeple (76 cm)	Haouari Farrah	8.05.35	2019
3000 m steeple (76 cm)	Laurent Agnes	10.36.98	2014
Hauteur	Jonckheere Natalja	1m95	1995
Longueur	De Vrye Corine	6m28	1985
Triple saut	Guisse Saliyya	13m38	2019
Perche	Henry Chloe	4m30	2021
Poids (1 kg)	Goutte Alexandra	8m63	2000
Poids (2 kg)	Squiflet Emelynn	13m46	2023
Poids (3 kg)	Mathieu Julia	14m76	2022
Poids (4 kg)	Boumkwo Jolien	14m84	2018
Disque (600 gr)	Waegemans Aurore	32m53	2003
Disque (750 gr)	Popescu Raisa Gabriela	28m54	2023
Disque (1 kg)	Pheulpin Anne	48m52	2022
Balle de hockey	Iven Kayla	41m50	2013
Vortex	Medan Ivana	27m16	2023
Javelot (400 gr) <small>avant 1999</small>	Hallems Julie	31m01	1998
Javelot (400 gr) <small>à pd 1999</small>	Squiflet Emelynn	37m36	2023
Javelot (500 gr) <small>avant 1999</small>	Reynaerts Stephanie	32m82	1995
Javelot (500 gr) <small>à pd 1999</small>	Iven Kayla	41m95	2019
Javelot (600 gr) <small>avant 1999</small>	Glowacki Anne	43m52	1986
Javelot (600 gr) <small>à pd 1999</small>	Smal Pauline	52m10	2023
Marteau (3 kg)	Ramos Daphne	43m80	1992
Marteau (4 kg)	Sustelo Irina	56m30	2001
Grand poids (9,08 kg)	Reynaerts Stephanie	9m51	2018
Pentathlon de lancers	Reynaerts Stephanie	2249 p	2015
Pentathlon <small>avant 1999</small>	De Vrye Corine	3220 p	1980
Heptathlon <small>avant 1999</small>	Glowacki Anne	4949 p	1985
Heptathlon <small>à pd 1999</small>	Hostyn Priscilla	4804 p	2012
Decathlon <small>à pd 1999</small>	Guillet Laurence	5847 p	2009



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TOUTES CATEGORIES DAMES

1000 m marche	Iven Kayla	6.20.58	2013
2000 m marche	Van Der Veken Noemie	13.51.98	2009
3000 m marche	El Ouahmi Sirine	20.08.91	2016
5000 m marche	Delbecque Maud	36.30.10	1996
3 x 600 m	Strypstein, Schroeven, Squiflet	5.46.08	2023
3 x 800 m	Dries, Werck, Bex	9.11.60	1969
4 x 60 m	Mpinga, Merino, Tshanga Diomi, Lambert	33.97	2015
4 x 80 m	Leonard, Merino, Mpinga Mulowayi, Lambert	41.33	2017
4 x 100 m	Morency Poilvache, Oulare, Badji, Zagre	45.98	2023
4 x 200 m	Nagels, Schauwers, Badji, Van Der Veken	1.39.68	2016
4 x 400 m	Schauwers, Gillet, Claes, Badji	3.48.08	2018
4 x 800 m	Dewachter, Steels, Mortier, Collard	9.14.89	1982
Relais suédois	Badji, Klai, Guisse, Legein	2.32.85	2010
Ekiden	Lins, Van Lent, Joblin, Goethals, Chylinski, Muls	2h41.15	2022



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MASTERS DAMES 35

100 m	Guillet Laurence	12.73	2017
200 m	Guillet Laurence	26.58	2016
300 m	Guillet Laurence	44.04	2015
400 m	Nkumu Bakuba Nancy	60.68	2016
800 m	Chylinski Marta Alexandra	2.12.37	2022
1000 m	Chylinski Marta Alexandra	2.51.21	2022
1500 m	Steels Mimi	4.36.30	1981
Mile	Chylinski Marta Alexandra	4.57.75	2022
2000 m	Chylinski Marta Alexandra	6.22.26	2022
3000 m	Steels Mimi	9.29.60	1982
5000 m	Steels Mimi	16.48.60	1981
10 000 m	Castellana Corine	46.43.03	2004
Semi marathon	Norris Josephine	1h44.23	2019
Marathon	Norris Josephine	3h42.16	2022
1 heure	Castellana Corine	12 936 m	2004
100 m haies (84 cm)	Guillet Laurence	14.50	2017
400 m haies (76 cm)	Guillet Laurence	65.33	2017
Hauteur	Cardenas Ojito Janet	1m42	2012
Longueur	De Vrye Corinne	5m26	1998
Triple saut	Adam Benedicte	10m49	2017
Perche	Henry Chloe	3m90	2023
Poids (4 kg)	Adam Benedicte	11m09	2017
Disque (1 kg)	Reynaerts Stephanie	34m32	2016
Javelot (600 gr)	Reynaerts Stephanie	29m63	2017
Marteau (4 kg)	Reynaerts Stephanie	33m35	2018
Grand poids (9,08 kg)	Reynaerts Stephanie	9m51	2018
Pentathlon de lancers	Reynaerts Stephanie	2304 p	2018
Pentathlon	Cardenas Ojito Janet	1958 p	2013
Heptathlon ^{à pd 1999}	Cardenas Ojito Janet	2920 p	2012
4 x 100 m	Boonaert, Dewitte, Bonvin Draps, Guillet	52.98	2017
4 x 200 m	Boonaert, Cardenas Ojito, Nkumu Bakuba, Guillet	1.53.15	2015
4 x 400 m	Guillet, Cardenas, Debaillie, Nkumu Bakuba	4.42.09	2015
4 x 800 m	Adam, Dujardin, Nkumu Bakuba, Cardenas Ojito	10.51.30	2014
Relais suédois	Cardenas Ojito, Debaillie, Boonaert, Cardoso Da Rocha	2.44.55	2012
Ekiden	Nkumu Bakuba, Covens, Cardenas Ojito, Cardoso Da Rocha, Boonaert, Dujardin	3h37.59	2015

MASTERS DAMES 40

100 m	Nkumu Bakuba Nancy	13.54	2018
150 m	Dewitte Valerie	20.85	2021
200 m	Nkumu Bakuba Nancy	27.41	2018
300 m	Nkumu Bakuba Nancy	43.89	2018
400 m	Nkumu Bakuba Nancy	60.23	2018
800 m	Collard Florence	2.24.29	2006
1500 m	Collard Florence	4.48.11	2006
2000 m	Cardenas Ojito Janet	8.08.00	2017
3000 m	Collard Florence	10.34.47	2006
10 000 m	Debaillie Isabelle	50.16.31	2017
Semi marathon	Lion Annick	1h54.40	2018
Marathon	Carion Nathalie	3h11.44	2018
80 m haies (76 cm)	Cardenas Ojito Janet	16.00	2013
100 m haies (84 cm)	Cardenas Ojito Janet	20.00	2013
Hauteur	Cardenas Ojito Janet	1m36	2015
Longueur	De Vrye Corinne	4m96	2000
Poids (4 kg)	Adam Benedicte	11m20	2022
Disque (1 kg)	Adam Benedicte	32m12	2020
Javelot (600 gr)	Adam Benedicte	26m68	2019
Marteau (4 kg)	Reynaerts Stephanie	27m31	2023
Grand poids (9,08 kg)	Reynaerts Stephanie	8m64	2022
Pentathlon de lancers	Reynaerts Stephanie	2249 p	2022
Pentathlon	Cardenas Ojito Janet	2397 p	2015
Heptathlon	Cardenas Ojito Janet	3572 p	2014



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MASTERS DAMES 45

100 m	Boonaert Caroline	14.01	2011
200 m	Boonaert Caroline	29.93	2014
400 m	Boonaert Caroline	69.93	2011
800 m	Covens Benedicte	2.46.99	2012
1000 m	Cardoso Da Rocha Maria Joao	4.26.68	2012
Mile	Covens Benedicte	6.05.79	2015
2000 m	Cardoso Da Rocha Maria Joao	9.38.54	2012
3000 m	Covens Benedicte	11.54.98	2012
10 000 m	Covens Benedicte	42.05.27	2012
Semi marathon	Lion Annick	1h53.56	2019
Marathon	Covens Benedicte	3h20.03	2015
Longueur	Lange Tramonni Claudia	3m54	2017
Poids (4 kg)	Bee Delphine	10m09	2023
Disque (1 lg)	Quicke Evelyne	27m03	2006
Javelot (600 gr)	Quicke Evelyne	23m46	2007
Marteau (4 kg)	De Buyst Nadia	20m63	2023
Grand poids (9,08 kg)	De Buyst Nadia	5m70	2023
Pentathlon de lancers	De Buyst Nadia	1503 p	2023

MASTERS DAMES 50

100 m	Boonaert Caroline	14.01	2016
200 m	Boonaert Caroline	29.60	2016
400 m	Boonaert Caroline	77.88	2018
800 m	Covens Benedicte	3.28.73	2018
3000 m	Covens Benedicte	13.12.38	2017
Semi marathon	Covens Benedicte	1h43.29	2018
Marathon	Covens Benedicte	3h37.16	2018
Longueur	Vandendael Alice	3m45	2004
Poids (4 kg)	Quicke Evelyne	8m08	2008
Disque (1 kg)	Quicke Evelyne	24m49	2008
Javelot (600 gr)	Quicke Evelyne	21m92	2009

MASTERS DAMES 55

100 m	Boonaert Caroline	14.49	2023
200 m	Boonaert Caroline	30.58	2023
3000 m	Cardoso Da Rocha Maria Joao	16.26.05	2019
Marathon	Cardoso Da Rocha Maria Joao	5h06.45	2019
Longueur	Vandendael Alice	2m93	2008