



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2012

KANGOUROUS FILLES (2006 - 2005)

60 m		RC : 10.28				
1	Restrepo Lina	05	12.13	01-04	resc	
2	De Ridder Daphne	05	12.65	01-09	rcas	
600 m		RC : 2.16.12				
1	De Ridder Daphne	05	3.06.05	18-08	resc	
2	Restrepo Lina	05	3.59.61	01-04	resc	
Longueur		RC : 3m64				
1	De Ridder Daphne	05	1m91	01-09	rcas	
2	Restrepo Lina	05	1m20	01-04	resc	
Poids (1 kg)		RC : 5m63				
1	De Ridder Daphne	05	3m48	18-08	resc	
Balle de hockey		RC : 16m33				
1	Restrepo Lina	05	6m09	01-04	resc	
Tetrathlon		RC : 965 p				
1	Restrepo Lina	05	80 p	01-04	resc	

BENJAMINES FILLES (2004 - 2003)

60 m		RC : 9.30				
1	Lambert Kylie	04	9.95	12-08	vs	
2	Bah Mariama	03	10.29	06-05	resc	
3	Van Ex Alexia	04	10.34	06-04	ws	
4	Huygens Cloe	03	10.44	28-05	cabw	
5	Merino Noemie	04	10.71	06-05	resc	
6	Venant Lea	03	10.88	29-09	rcas	
7	Hadj Faraji Zaia	03	11.50	06-05	resc	
8	Beyaert Marine	04	12.06	09-06	csf	
9	Belleflamme Astou	03	12.65	01-04	resc	
600 m		RC : 2.16.12				
1	Lambert Kylie	04	2.11.04	12-08	vs	
2	Huygens Cloe	03	2.11.73	20-10	ws	
3	Van Ex Alexia	04	2.23.87	18-08	resc	
4	Merino Noemie	04	2.29.21	06-05	resc	
5	Venant Lea	03	2.34.07	29-09	rcas	
6	Hadj Faraji Zaia	03	2.35.84	18-05	csf	
7	Bah Mariama	03	2.40.53	06-05	resc	
8	Beyaert Marine	04	2.50.65	09-06	csf	
9	Belleflamme Astou	03	3.06.02	01-04	resc	
Hauteur		RC : 1m18				
1	Huygens Cloe	03	0m95	07-07	mac	
2	Lambert Kylie	04	0m85	12-08	vs	
	Merino Noemie	04	0m85	14-04	rcas	
Longueur		RC : 3m88				
1	Huygens Cloe	03	3m12	15-09	ram	
2	Lambert Kylie	04	3m02	28-05	cabw	
3	Van Ex Alexia	04	2m62	20-10	ws	
4	Venant Lea	03	2m47	29-09	rcas	
5	Beyaert Marine	04	2m36	25-08	spvi	
6	Bah Mariama	03	2m04	01-04	resc	
7	Belleflamme Astou	03	1m69	01-04	resc	
Poids (1 kg)		RC : 8m63				
1	Huygens Cloe	03	6m74	29-09	rcas	
2	Lambert Kylie	04	4m91	18-08	resc	
3	Venant Lea	03	4m45	29-09	rcas	
4	Van Ex Alexia	04	4m14	20-10	ws	
5	Beyaert Marine	04	3m64	25-08	spvi	



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Balle de hockey RC : 28m96

1	Huygens Cloe	03	21m71	28-10	rsca
2	Lambert Kylie	04	13m90	06-05	resc
3	Merino Noemie	04	13m46	06-04	ws
4	Bah Mariama	03	13m33	01-04	resc
5	Belleflamme Astou	03	9m08	06-05	resc
6	Beyaert Marine	04	8m87	26-05	mac
7	Van Ex Alexia	04	8m08	01-04	resc

Tetrathlon RC : 1505 p

1	Huygens Cloe	03	1132 p	29-09	rcas
2	Lambert Kylie	04	974 p	28-05	cabw
3	Van Ex Alexia	04	669 p	20-10	ws
4	Venant Lea	03	650 p	29-09	rcas
5	Merino Noemie	04	601 p	14-04	rcas
6	Bah Mariama	03	438 p	01-04	resc
7	Beyaert Marine	04	197 p	29-09	rcas
8	Belleflamme Astou	03	48 p	01-04	resc

PUPILLES FILLES (2002 - 2001)

60 m RC : 8.74

1	Verriez Laura	01	9.98	28-10	rsca
2	Ifemah Ngozika Estelle	02	10.02	06-04	ws
3	Becker Violette	02	10.08	29-09	rcas
4	Taraft Elsa	02	10.40	29-09	rcas
5	Belleflamme Nour Adama	02	10.63	01-04	resc
6	Achak Sirine	02	10.78	28-10	rsca
7	Pieters Coralie	02	11.53	06-05	resc
8	Hadj Faraji Kenza	01	11.60	06-05	resc
9	Pigeolet Elena	02	12.79	06-05	resc
10	Khamal Chaima	02	12.95	01-04	resc

1000 m RC : 3.27.87

1	Verriez Laura	01	3.56.17	22-07	vs
2	Ifemah Ngozika Estelle	02	4.14.21	06-05	resc
3	Becker Violette	02	4.14.54	06-05	resc
4	Belleflamme Nour Adama	02	4.19.72	01-04	resc
5	Pieters Coralie	02	4.20.37	06-05	resc
6	Hadj Faraji Kenza	01	4.20.64	18-05	csf
7	Achak Sirine	02	4.30.20	28-10	rsca
8	Taraft Elsa	02	4.31.99	29-09	rcas
9	Lippens Aurelie	02	5.07.61	18-05	csf
10	Pigeolet Elena	02	5.43.60	06-05	resc
11	Khamal Chaima	02	5.55.51	01-04	resc

60 m haies (76 cm) RC : 11.04

1	Becker Violette	02	14.48	18-05	csf
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Hauteur RC : 1m31

1	Verriez Laura	01	1m00	26-05	mac
2	Ifemah Ngozika Estelle	02	0m95	06-04	ws
	Taraft Elsa	02	0m95	26-05	mac
4	Pieters Coralie	02	0m90	06-05	resc

Longueur RC : 4m48

1	Verriez Laura	01	3m47	28-10	rsca
2	Becker Violette	02	3m17	09-06	csf
3	Taraft Elsa	02	2m75	29-09	rcas
4	Achak Sirine	02	2m61	28-10	rsca
5	Belleflamme Nour Adama	02	2m30	01-04	resc

Poids (2 kg) RC : 9m75

1	Verriez Laura	01	5m04	22-07	vs
2	Ifemah Ngozika Estelle	02	4m06	31-08	ws
3	Taraft Elsa	02	3m87	02-06	rcas
4	Becker Violette	02	3m34	29-09	rcas



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Balle de hockey RC : 40m58

1	Hadj Faraji Kenza	01	16m65	18-05	csf
2	Verriez Laura	02	16m46	09-06	csf
3	Khamal Chaima	02	14m98	01-04	resc
4	Belleflamme Nour Adama	02	14m57	01-04	resc
5	Taraft Elsa	02	13m87	06-10	resc
6	Ifemah Ngozika Estelle	02	13m84	06-04	ws
7	Becker Violette	02	13m29	01-04	resc
8	Lippens Aurelie	02	11m85	18-05	csf

Tetrathlon RC : 1935 p

1	Verriez Laura	01	1249 p	22-07	vs
2	Becker Violette	02	976 p	29-09	rcas
3	Taraft Elsa	02	759 p	29-09	rcas
4	Belleflamme Nour Adama	02	678 p	01-04	resc
5	Khamal Chaima	02	105 p	01-04	resc

MINIMES FILLES (2000 - 1999)

80 m RC : 10.64

1	Taraft Ines	99	11.19	20-10	ws
2	Henry Morgane	99	11.40	20-10	ws
3	Micheli Dimitra	00	11.94	09-06	csf
4	Sudi Sauda Daniella	99	12.16	20-10	ws
5	Muls Camille	99	12.42	26-05	mac
6	Beyaert Amelie	00	12.49	09-06	csf
7	Cuypers Estelle	00	13.23	22-04	riaac
8	Aragones Melhem Elena	00	13.43	20-10	ws

150 m RC : 20.13

1	Taraft Ines	99	21.23	07-10	rcas
2	Henry Morgane	99	22.49	31-08	ws
3	Muls Camille	99	23.58	06-05	resc
4	Ouali Sirine	00	23.81	06-05	resc
5	Merino Noelia	99	23.99	06-05	resc
6	Sudi Sauda Daniella	99	24.04	06-05	resc
7	Micheli Dimitra	00	24.07	06-05	resc
8	Beyaert Amelie	00	24.21	06-05	resc
9	Aragones Melhem Elena	00	26.12	06-05	resc

300 m RC : 44.36

1	Taraft Ines	99	48.54	18-08	resc
2	Henry Morgane	99	51.07	18-08	resc

1000 m RC : 3.14.33

1	Muls Camille	99	3.25.54	20-10	ws
2	Henry Morgane	99	3.45.85	18-05	csf
3	Taraft Ines	99	3.47.32	20-10	ws
4	Micheli Dimitra	00	3.48.25	09-06	csf
5	Aragones Melhem Elena	00	3.56.45	20-10	ws
6	Merino Noelia	99	3.55.60	06-04	ws
7	Cuypers Estelle	00	4.15.02	22-04	riaac
8	Beyaert Amelie	00	4.19.37	09-06	csf
9	Sudi Sauda Daniella	99	4.28.03	20-10	ws

60 m haies (76 cm) RC : 10.05

1	Henry Morgane	99	11.32	14-04	rcas
2	Taraft Ines	99	11.61	06-05	resc
3	Micheli Dimitra	00	12.32	07-10	rcas
4	Sudi Sauda Daniella	99	12.85	06-05	resc
5	Ouali Sirine	00	13.62	06-05	resc
6	Muls Camille	99	13.63	06-05	resc
7	Beyaert Amelie	00	14.09	29-09	rcas
8	Merino Noelia	99	14.36	14-04	rcas
9	Aragones Melhem Elena	00	15.18	29-09	rcas

150 m haies (76 cm) RC : 22.78

1	Henry Morgane	99	24.00	06-04	ws
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Hauteur		RC : 1m57			
1	Henry Morgane	99	1m32	20-10	ws
2	Sudi Sauda Daniella	99	1m29	20-10	ws
3	Taraft Ines	99	1m26	20-10	ws
4	Muls Camille	99	1m23	29-09	rcas
5	Ouali Sirine	00	1m20	06-05	resc
6	Aragones Melhem Elena	00	1m11	29-09	rcas
	Beyaert Amelie	00	1m11	29-09	rcas
8	Merino Noelia	99	1m10	31-08	ws
9	Micheli Dimitra	00	1m05	06-05	resc

Longueur		RC : 5m00			
1	Henry Morgane	99	4m21	01-04	resc
2	Taraft Ines	99	3m80	20-10	ws
3	Muls Camille	99	3m76	20-10	ws
4	Merino Noelia	99	3m60	06-04	ws
5	Sudi Sauda Daniella	99	3m55	20-10	ws
6	Cuyppers Estelle	00	3m42	22-04	riac
7	Micheli Dimitra	00	3m34	26-05	mac
8	Beyaert Amelie	00	3m33	09-06	csf
9	Aragones Melhem Elena	00	3m02	29-09	rcas

Poids (2 kg)		RC : 13m12			
1	Henry Morgane	99	8m11	29-09	rcas
2	Taraft Ines	99	7m61	29-09	rcas
3	Sudi Sauda Daniella	99	7m57	20-10	ws
4	Beyaert Amelie	00	7m37	06-10	resc
5	Muls Camille	99	6m60	22-04	riac
6	Merino Noelia	99	6m53	14-04	rcas
7	Micheli Dimitra	00	5m88	09-06	csf
8	Aragones Melhem Elena	00	5m00	29-09	rcas
9	Cuyppers Estelle	00	4m80	22-04	riac

Disque (600 gr)		RC : 32m53			
1	Henry Morgane	99	12m15	01-04	resc
2	Sudi Sauda Daniella	99	11m17	09-06	csf
3	Micheli Dimitra	00	9m21	09-06	csf
4	Beyaert Amelie	00	8m92	01-04	resc

Javelot (400 gr)		RC : 30m13			
1	Taraft Ines	00	17m63	31-08	ws
2	Henry Morgane	99	15m70	18-08	resc
3	Sudi Sauda Daniella	99	13m47	18-05	csf
4	Muls Camille	99	13m36	26-05	mac
5	Micheli Dimitra	00	11m39	18-05	csf
6	Merino Noelia	99	8m68	14-04	rcas
7	Beyaert Amelie	00	6m58	26-05	mac
8	Aragones Melhem Elena	00	5m90	18-05	csf

Pentathlon		RC : 3021 p			
1	Taraft Ines	99	2302 p	20-10	ws
2	Henry Morgane	99	2293 p	20-10	ws
3	Muls Camille	99	2059 p	20-10	ws
4	Sudi Sauda Daniella	99	1820 p	20-10	ws
5	Micheli Dimitra	00	1589 p	09-06	csf
6	Beyaert Amelie	00	1309 p	09-06	csf
7	Aragones Melhem Elena	00	1255 p	20-10	ws
8	Merino Noelia	99	1011 p	14-04	rcas

CADETTES FILLES (1998 - 1997)

100 m		RC : 12.64			
1	Van Der Veken Cindy	97	12.72	26-05	herv
2	Van Der Veken Noemie	97	13.30	22-04	riac
3	Noel Nehemie Keysha	98	13.46	26-05	herv
4	Peij Jenna	97	13.58	28-04	csf
5	Lokomba Ngoie Christine	98	14.07	26-05	herv
6	Montilla Morgane	98	14.26	09-06	vac
7	Bah Yaye Binta	97	14.83	23-06	csf
8	Lecocq Elodie	97	14.89	06-05	resc
9	Griffet Celia	97	14.97	06-04	ws



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10	Fanari Sibylle	97	16.57	06-10	resc
11	Van Hoey Lina	98	16.65	22-04	riaac

200 m RC : 26.14

1	Van Der Veken Cindy	97	26.77	21-07	vita
2	Peij Jenna	97	27.75	26-05	herv
3	Van Der Veken Noemie	97	27.95	28-10	rsca
4	Noel Nehemie Keysha	98	28.91	11-08	spvi
5	Lokomba Ngoie Christine	98	29.40	26-05	herv
6	Montilla Morgane	98	29.42	18-05	csf
7	Bah Yaye Binta	97	30.00	28-04	csf
8	Lecocq Elodie	97	31.15	28-04	csf
9	Griffet Celia	97	31.47	06-10	resc
10	Fanari Sibylle	97	36.35	28-04	csf

300 m RC : 42.65

1	Montilla Morgane	98	46.96	14-04	rcas
2	Van De Sype Chloe	97	49.81	05-07	volh

400 m RC : 57.61

1	Montilla Morgane	98	67.82	05-05	cabw
2	Griffet Celia	97	69.43	06-04	ws
3	Noel Nehemie Keysha	98	76.09	06-04	ws
4	Lokomba Ngoie Christine	98	76.87	21-04	cabw
5	Fanari Sibylle	97	83.62	06-05	resc

800 m RC : 2.21.88

1	Pirtynis Alicja	97	2.41.64	05-05	cabw
2	Montilla Morgane	98	2.46.46	09-06	vac
3	Van Der Veken Noemie	97	2.52.34	01-07	resc
4	Van De Sype Chloe	97	2.52.39	01-07	resc

1000 m RC : 3.01.95

1	Pirtynis Alicja	97	3.48.81	07-010	rcas
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1500 m RC : 4.53.37

1	El Kamlichi Widad	97	5.38.38	05-05	cabw
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Mile RC : 5.37.33

1	El Kamlichi Widad	97	6.27.41	31-08	ws
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80 m haies (76 cm) RC : 11.95

1	Van Der Veken Noemie	97	12.39	26-05	herv
2	Van De Sype Chloe	97	13.40	25-08	hf
3	Montilla Morgane	98	14.66	18-08	resc
4	Noel Nehemie Keysha	98	16.36	30-06	resc
5	Pirtynis Alicja	97	16.71	30-06	resc

300 m haies (76 cm) RC : 45.51

1	Bah Yaye Binta	97	53.50	28-04	csf
2	Montilla Morgane	98	57.40	28-04	csf

Hauteur RC : 1m68

1	Van Der Veken Cindy	97	1m61	02-06	rcas
2	Van Der Veken Noemie	97	1m49	30-06	resc
3	Montilla Morgane	98	1m41	30-09	rcas
4	Van De Sype Chloe	97	1m40	25-08	hf
5	Pirtynis Alicja	97	1m30	28-04	csf

Longueur RC : 5m74

1	Van Der Veken Noemie	97	4m90	07-07	lier
2	Van De Sype Chloe	97	4m78	01-07	resc
3	Lecomte Christina	98	4m71	05-05	cabw
4	Montilla Morgane	98	4m19	09-06	vac
5	Pirtynis Alicja	97	3m84	01-07	resc
6	Fanari Sibylle	97	3m29	06-05	resc

Triple saut RC : 11m71

1	Van De Sype Chloe	97	10m20	06-10	resc
2	Lecomte Christina	98	9m85	28-04	csf



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Perche		RC : 3m26			
1	Van De Sype Chloe	97	3m20	11-08	hf
2	Montilla Morgane	98	1m83	02-06	rcas
Poids (3 kg)		RC : 12m10			
1	Van De Sype Chloe	97	11m02	30-06	resc
2	Montilla Morgane	98	8m99	30-06	resc
3	Van Der Veken Noemie	97	7m18	30-06	resc
4	Pirtynis Alicja	97	6m72	30-06	resc
5	Fanari Sibylle	97	5m52	28-04	csf
6	Noel Nehemie Keysha	98	5m32	30-06	resc
Disque (1 kg)		RC : 37m60			
1	Van Der Veken Noemie	97	30m03	23-09	csf
2	Van De Sype Chloe	97	28m58	09-08	acw
3	Montilla Morgane	98	23m73	21-10	rcas
Javelot (500 gr)		RC : 36m86			
1	Montilla Morgane	98	32m69	30-09	rcas
2	Van De Sype Chloe	97	26m68	26-08	hf
3	Van Der Veken Noemie	97	19m91	01-07	resc
4	Pirtynis Alicja	97	14m63	01-07	resc
Marteau (3 kg)		RC : 32m60			
1	Montilla Morgane	98	18m38	20-05	acme
Pentathlon		RC : 2500 p			
1	Montilla Morgane	98	2285 p	09-06	vac
Hexathlon		RC : 3625 p			
1	Van De Sype Chloe	97	3077 p	26-08	hf
2	Van Der Veken Noemie	97	2913 p	01-07	resc
3	Montilla Morgane	98	2779 p	30-09	rcas
4	Pirtynis Alicja	97	1556 p	01-07	resc
4 x 100 m		RC : 50.59			
Lecomte, Van Der Veken, Van Der Veken, Peij			52.89	28-04	csf

SCOLAIRES FEMMES (1996 - 1995)

100 m		RC : 12.41			
1	Klai Anissa	96	13.00	05-05	cabw
2	Guisse Saliyya	96	13.50	22-04	riaac
3	Kassianoff Sylvie	96	14.23	22-04	riaac
4	Igbinovia Eva	95	14.53	28-04	csf
5	Legein Emilie	95	14.62	06-05	resc
6	Twahirwa Tracy	96	15.20	28-04	csf
200 m		RC : 25.34			
1	Klai Anissa	96	26.27	21-07	vita
2	Badji Jalika	96	27.97	05-05	cabw
3	Guisse Saliyya	96	28.34	30-09	rcas
4	Kassianoff Sylvie	96	28.80	07-07	usta
5	Igbinovia Eva	95	29.57	18-05	csf
6	Legein Emilie	95	30.26	28-04	csf
7	Luypaert Naomy	95	31.99	30-09	rcas
400 m		RC : 56.03			
1	Klai Anissa	96	58.68	02-09	vs
2	Badji Jalika	96	64.50	08-09	usbw
800 m		RC : 2.15.60			
1	Tshiasuma Jessie	96	2.22.71	16-06	resc
2	Guisse Saliyya	96	2.54.70	30-09	rcas
3	Luypaert Naomy	95	3.04.29	30-09	rcas
1000 m		RC : 3.01.95			
1	Tshiasuma Jessie	96	3.09.71	23-09	usbw



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1500 m			RC : 4.50.73		
1	Tshiasuma Jessie	96	5.02.06	12-05	damp
2	Imbo Kristel	96	5.26.17	26-05	herv
3	Igbinovia Eva	95	6.37.71	05-05	cabw
Mile			RC : 5.37.33		
1	Tshiasuma Jessie	96	5.22.27	06-10	resc
2000 m			RC : 7.02.18		
1	Tshiasuma Jessie	96	7.26.67	14-04	rcas
3000 m			RC : 10.43.20		
1	Tshiasuma Jessie	96	11.42.08	05-05	cabw
100 m haies (76 cm)			RC : 13.92		
1	Guisse Saliyya	96	16.41	08-09	usbw
2	Luypaert Naomy	95	21.89	30-09	rcas
400 m haies (76 cm)			RC : 68.18		
1	Badji Jalika	96	68.52	26-05	herv
2	Kassianoff Sylvie	96	70.70	28-04	csf
Hauteur			RC : 1m68		
1	Guisse Saliyya	96	1m44	30-09	rcas
2	Kassianoff Sylvie	96	1m35	28-04	csf
3	Luypaert Naomy	95	1m29	30-09	rcas
Longueur			RC : 6m08		
1	Guisse Saliyya	96	5m34	25-08	mac
2	Luypaert Naomy	95	4m09	23-09	csf
3	Kassianoff Sylvie	96	4m78	05-05	cabw
Triple saut			RC : 12m15		
1	Guisse Saliyya	96	11m14	06-10	resc
Perche			RC : 3m36		
1	Luypaert Naomy	95	2m12	27-06	resc
Poids (3 kg)			RC : 12m64		
1	Guisse Saliyya	96	8m03	30-09	rcas
2	Twahirwa Tracy	96	6m72	28-04	csf
3	Luypaert Naomy	95	6m19	30-09	rcas
Disque (1 kg)			RC : 47m99		
1	Luypaert Naomy	94	14m71	05-05	cabw
2	Legein Emilie	95	13m36	28-04	csf
Javelot (500 gr)			RC : 36m86		
1	Guisse Saliyya	96	20m46	30-09	rcas
2	Legein Emilie	95	13m75	05-05	cabw
3	Luypaert Naomy	95	11m20	30-09	rcas
Marteau (3 kg)			RC : 43m80		
1	Guisa Saliyya	96	15m82	17-03	cabw
Heptathlon			RC : 4701 p		
1	Guisse Saliyya	96	3496 p	30-09	rcas
2	Luypaert Naomy	95	1879 p	30-09	rcas
4 x 100 m			RC : 48.97		
Kassianoff, Badji, Klai, Guisse			51.71	05-05	cabw

JUNIORS FEMMES (1994 - 1993)

100 m			RC : 12.11		
1	Diwani Alison	93	12.64	16-06	resc
2	Lins Noemie	94	13.41	28-04	csf
3	Stalins Philippine	94	13.51	06-04	ws
4	El Idrissi Lina	93	13.97	06-05	resc



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5	Petit Cecile	93	14.37	06-05	resc
6	Guennou Amelie	93	14.11	28-04	csf
7	Guisse Shaena	94	15.09	30-09	rcas
8	Passagez Anne Miriam	94	15.23	27-10	csf

200 m		RC : 24.65			
1	Diwani Alison	93	27.10	28-04	csf
2	Lins Noemie	94	28.05	28-04	csf
3	Guennou Amelie	93	28.48	28-04	csf
4	El Idrissi Lina	93	28.51	28-04	csf
5	Passagez Anne Miriam	94	30.83	18-05	csf
6	Guisse Shaena	94	30.86	30-06	resc

300 m		RC : 39.65			
1	Lins Noemie	94	46.76	26-06	spvi

400 m		RC : 56.03			
1	Guennou Amelie	93	62.70	19-05	cabw
2	Lins Noemie	94	67.95	30-09	rcas
3	Guisse Shaena	94	81.31	30-09	rcas

800 m		RC : 2.11.36			
1	Guisse Shaena	94	3.06.26	01-07	resc

1500 m		RC : 4.30.09			
1	Lins Noemie	94	6.52.12	30-09	rcas
2	Guisse Shaena	94	7.31.36	30-09	rcas

100 m haies (84 cm)		RC : 13.99			
1	Guisse Shaena	94	19.55	30-06	resc
2	Lins Noemie	94	19.72	30-09	rcas

Hauteur		RC : 1m81			
1	Philippart de Foy Pauline	94	1m40	28-04	csf
2	Guisse Shaena	94	1m34	30-06	resc
3	Lins Noemie	94	1m31	30-09	rcas

Longueur		RC : 6m08			
1	Lins Noemie	94	5m05	25-08	csf
2	Vlerick Ophelia	94	4m55	28-04	csf
3	Guisse Shaena	94	3m97	18-05	csf

Triple saut		RC : 12m15			
1	Guisse Shaena	94	9m03	28-04	csf

Perche		RC : 3m54			
1	Vlerick Ophelia	94	2m27	27-06	resc
2	Lins Noemie	94	1m88	30-09	rcas
3	Guisse Shaena	94	1m78	30-09	rcas

Poids (4 kg)		RC : 13m12			
1	Guisse Shaena	94	8m57	30-06	resc
2	Lins Noemie	94	7m27	30-09	rcas

Disque (1 kg)		RC : 47m99			
1	Guisse Shaena	94	28m69	24-06	usbw
2	Lins Noemie	94	17m28	30-09	rcas

Javelot (600 gr)		RC : 30m13			
1	Vlerick Ophelia	94	22m85	28-04	csf
2	Guisse Shaena	94	20m18	28-04	csf
3	Lins Noemie	94	18m20	30-09	rcas

Marteau (4 kg)		RC : 56m30			
1	Guisse Shaena	94	24m52	19-05	cabw

Heptathlon		RC : 3405 p			
1	Guisse Shaena	94	2462 p	01-07	resc



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Decathlon		RC : 4863 p			
1	Lins Noemie	94	3587 p	30-09	rcas
2	Guisse Shaena	94	2737 p	30-09	rcas

4 x 100 m		RC : 48.00			
Lins, Miri, Vlerick, Diwani		51.28		28-04	csf

ESPOIRS FEMMES (1992 - 1991 - 1990)

100 m		RC : 12.11			
1	Zagre Anne	90	11.42	16-06	resc
2	Hostyn Priscilla	90	13.04	01-05	vs
3	Van Rossem Nicky	92	13.21	28-04	csf
4	Archambeau Aline	90	13.35	01-05	vs

200 m		RC : 24.65			
1	Hostyn Priscilla	90	26.53	30-06	resc
2	Archambeau Aline	90	27.42	30-06	resc
3	Van Rossem Nicky	92	27.66	01-05	vs

800 m		RC : 2.11.36			
1	Hostyn Priscilla	90	2.29.44	01-07	resc
2	Archambeau Aline	90	2.44.08	01-07	resc

3000 m		RC : 9.36.90			
1	Van Damme Joelle	92	11.39.10	12-05	damp

100 m haies (84 cm)		RC : 13.82			
1	Zagre Anne	90	12.79	12-07	CH
2	Hostyn Priscilla	90	14.99	30-06	resc
2	Archambeau Aline	90	15.97	30-06	resc

Hauteur		RC : 1m88			
1	Hostyn Priscilla	90	1m70	12-08	vita
2	Archambeau Aline	90	1m65	18-08	resc
3	Van Rossem Nicky	92	1m45	28-04	csf

Longueur		RC : 6m08			
1	Hostyn Priscilla	90	5m77	17-06	resc
2	Archambeau Aline	90	5m14	01-07	resc

Triple saut		RC : 12m52			
1	Hostyn Priscilla	90	11m19	12-05	damp
2	Van Rossem Nicky	92	10m38	01-05	vs

Poids (4 kg)		RC : 13m12			
1	Archambeau Aline	90	10m41	06-05	resc
2	Mouzon Emmanuelle	91	9m82	12-05	damp
3	Hostyn Priscilla	90	9m34	18-08	dcla

Disque (1 kg)		RC : 47m99			
1	Mouzon Emmanuelle	91	25m10	28-04	csf

Javelot (600 gr)		RC : 38m45			
1	Hostyn Priscilla	90	33m44	01-07	resc
2	Mouzon Emmanuelle	91	31m60	12-05	damp
3	Archambeau Aline	90	25m40	18-08	resc
4	Segers Natacha	92	14m61	28-04	csf

Heptathlon		RC : 3366 p			
1	Hostyn Priscilla	90	4804 p	01-07	resc
2	Archambeau Aline	90	4194 p	01-07	resc

4 x 100 m		RC : 48.00			
Diwani, Klai, Zagre, Hostyn		48.51		12-05	damp



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SENIORS FEMMES (1992 - 1978)

100 m				RC : 11.42		
1	Sende Patricia	85	12.95	28-06	ws	
2	Guillet Laurence	80	13.01	26-05	vs	
3	Reynaerts Stephanie	80	16.01	30-09	rcas	
200 m				RC : 24.03		
1	Guillet Laurence	80	26.60	01-05	vs	
2	Sende Patricia	85	27.40	16-06	resc	
3	Reynaerts Stephanie	80	35.09	30-06	resc	
300 m				RC : 39.65		
1	Guillet Laurence	80	42.28	28-05	avlo	
400 m				RC : 56.03		
1	Guillet Laurence	80	60.48	26-05	vs	
2	Reynaerts Stephanie	80	86.70	30-09	rcas	
800 m				RC : 2.05.85		
1	Gillet Delphine	86	2.13.37	18-08	dcla	
2	Reynaerts Stephanie	80	3.30.88	01-07	resc	
1500 m				RC : 4.12.85		
1	Reynaerts Stephanie	80	7.19.01	30-09	rcas	
100 m haies (84 cm)				RC : 12.79		
1	Guillet Laurence	80	14.86	17-06	resc	
2	Reynaerts Stephanie	80	19.61	30-06	resc	
400 m haies (76 cm)				RC : 60.08		
1	Guillet Laurence	80	62.87	19-05	cabw	
Hauteur				RC : 1m95		
1	Reynaerts Stephanie	80	1m37	30-06	resc	
Longueur				RC : 6m28		
1	Reynaerts Stephanie	80	4m00	01-07	resc	
Perche				RC : 3m54		
1	Reynaerts Stephanie	80	1m78	30-09	rcas	
Poids (4 kg)				RC : 13m12		
1	Adam Benedicte	78	9m86	19-05	cabw	
2	Reynaerts Stephanie	80	9m75	28-04	csf	
Disque (1 kg)				RC : 47m99		
1	Reynaerts Stephanie	80	33m52	12-05	damp	
Javelot (600 gr)				RC : 38m45		
1	Reynaerts Stephanie	80	30m73	18-08	resc	
2	Adam Benedicte	78	21m36	19-05	cabw	
Marteau (4 kg)				RC : 56m30		
1	Reynaerts Stephanie	80	34m28	12-05	damp	
Heptathlon				RC : 4804 p		
1	Reynaerts Stephanie	80	2385 p	01-07	resc	
Decathlon				RC : 5847 p		
1	Reynaerts Stephanie	80	3080 p	30-09	rcas	
4 x 400 m				RC : 3.54.68		
Miri, Cardenas, Badji, Guillet			4.08.48	12-05	damp	



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MASTERS FEMMES 35

100 m	RC : 13.37					
1	Cardenas Ojito Janet	73	13.92	28-06	ws	
2	Debaillie Isabelle	74	15.15	06-05	resc	
3	Antoine Cecile	73	16.92	06-05	resc	
200 m	RC : 27.44					
1	Cardenas Ojito Janet	73	28.17	21-07	vita	
300 m	RC : -					
1	Cardenas Ojito Janet	73	45.36	28-06	ws	
400 m	RC : 65.52					
1	Cardenas Ojito Janet	73	62.95	10-06	volh	
2	Debaillie Isabelle	74	70.76	28-04	csf	
800 m	RC : 2.14.21					
1	Cardenas Ojito Janet	73	2.27.31	16-08	TCH	
2	Debaillie Isabelle	74	2.52.44	25-07	vac	
2000 m	RC : 7.58.97					
1	Cardenas Ojito Janet	73	7.32.72	14-04	rcas	
100 m haies (84 cm)	RC : 20.89					
1	Cardenas Ojito Janet	73	19.81	16-08	TCH	
2	Debaillie Isabelle	74	20.55	30-09	rcas	
400 m haies (76 cm)	RC : -					
1	Debaillie Isabelle	74	84.41	25-08	csf	
Hauteur	RC : 1m30					
1	Cardenas Ojito Janet	73	1m42	16-08	TCH	
2	Debaillie Isabelle	74	1m25	28-04	csf	
Longueur	RC : 5m26					
1	Cardenas Ojito Janet	73	4m06	30-06	resc	
2	Debaillie Isabelle	74	3m98	06-05	resc	
3	Antoine Cecile	73	3m08	03-06	hf	
Poids (4 kg)	RC : 7m86					
1	Debaillie Isabelle	74	8m22	28-04	csf	
2	Cardenas Ojito Janet	73	7m43	28-04	csf	
3	De Buyst Nadia	73	7m08	28-04	csf	
Disque (1 kg)	RC : 27m77					
1	De Buyst Nadia	73	25m66	09-06	volh	
Javelot (600 gr)	RC : 22m18					
1	Cardenas Ojito Janet	73	21m57	10-06	volh	
2	De Buyst Nadia	73	19m49	03-06	hf	
3	Debaillie Isabelle	74	15m51	06-05	resc	
Pentathlon	RC : 1371 p					
1	Cardenas Ojito Janet	73	1903 p	01-07	resc	
2	Debaillie Isabelle	74	1601 p	30-09	rcas	
Heptathlon	RC : -					
1	Cardenas Ojito Janet	73	2920 p	05-08	dac	
4 x 100 m	RC : 60.28					
Boonaert, Debaillie, Antoine, Cardenas Ojito			58.98	28-04	csf	
Relais suédois	RC : 3.00.57					
Cardenas Ojito, Debaillie, Boonaert, Cardoso Da Rocha			2.44.55	03-06	hf	



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MASTERS FEMMES 45

100 m				RC : 14.01		
1	Boonaert Caroline	64	14.51	03-06	hf	
400 m				RC : 69.93		
1	Boonaert Caroline	64	70.86	06-05	resc	
800 m				RC : 3.20.65		
1	Covens Benedicte	67	2.46.99	06-05	resc	
2	Cardoso Da Rocha Maria Joao	64	3.13.82	25-07	vac	
1000 m				RC : -		
1	Cardoso Da Rocha Maria Joao	64	4.26.68	22-04	riac	
Mile				RC : -		
1	Covens Benedicte	67	6.05.94	11-08	spvi	
2	Cardoso Da Rocha Maria Joao	64	7.11.40	31-08	ws	
2000 m				RC : -		
1	Cardoso Da Rocha Maria Joao	64	9.38.54	14-04	rcas	
3000 m				RC : -		
1	Covens Benedicte	67	11.54.98	03-06	hf	
2	Castellana Corine	68	13.24.65	25-07	vac	
3	Cardoso Da Rocha Maria Joao	64	14.35.98	28-04	csf	
10 000 m				RC : -		
1	Covens Benedicte	67	42.05.27	27-10	csf	
2	Castellana Corine	68	46.54.13	27-10	csf	
Marathon				RC : -		
1	Covens Benedicte	67	3h17.16	07-10	bxl	

KANGOUROUS GARÇONS (2006 - 2005)

600 m				RC : 2.25.18		
1	Saadi Mohamed	05	2.52.14	06-05	resc	

BENJAMINS GARÇONS (2004 - 2003)

60 m				RC : 9.17		
1	Medan Marko	03	9.36	18-08	resc	
2	Cuyppers Florian	03	9.58	01-05	fcha	
3	Codutti Axel	03	10.00	30-09	rcas	
4	Demagnet Lounis	03	10.18	18-05	csf	
5	De Tollenaere Tom	03	10.22	18-08	resc	
6	Taieb Rayane	03	10.44	14-09	rfcl	
7	Bouclier Lukas	03	10.83	18-08	resc	
8	Kamara Sanael	04	10.87	18-08	resc	
9	Van Der Linden Xavier	04	11.15	01-04	resc	
10	Van Elsuwe Alexis	04	11.20	27-10	csf	
11	Thauvoye Cedric	04	11.26	30-09	resc	
12	Pigeolet Nicolas	04	12.50	01-04	resc	
600 m				RC : 1.58.56		
1	Cuyppers Florian	03	2.03.87	30-09	rcas	
2	Medan Marko	03	2.05.85	06-05	resc	
3	Demagnet Lounis	03	2.07.13	18-05	csf	
4	De Tollenaere Tom	03	2.11.12	20-10	ws	
5	Kamara Sanael	04	2.11.42	20-10	ws	
6	Codutti Axel	03	2.16.21	20-10	ws	
7	Taieb Rayane	03	2.18.15	07-10	csf	
8	Van Elsuwe Alexis	04	2.20.18	30-09	rcas	
9	Thauvoye Cedric	04	2.25.43	30-09	rcas	
10	Van Der Linden Xavier	04	2.25.95	01-04	resc	
11	Bouclier Lukas	03	2.26.97	30-09	rcas	
12	Pigeolet Nicolas	04	3.11.40	06-05	resc	



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Hauteur		RC : 1m25			
1	Cuypers Florian	03	1m08	22-04	riaac
2	Taieb Rayane	03	1m00	21-04	huy
3	Van Der Linden Xavier	04	0m95	06-04	ws
4	De Tollenaere Tom	03	0m81	22-04	riaac

Longueur		RC : 4m19			
1	Medan Marko	03	3m84	25-08	spvi
2	Cuypers Florian	03	3m60	01-05	fcha
3	Codutti Axel	03	3m24	06-10	resc
4	De Tollenaere Tom	03	3m03	20-10	ws
5	Bouclier Lukas	03	2m90	18-08	resc
6	Taieb Rayane	03	2m85	31-08	ws
7	Van Der Linden Xavier	04	2m84	01-04	resc
8	Kamara Sanael	04	2m52	06-10	resc
	Van Elsuwe Alexis	04	2m52	30-09	rcas
10	Thauvoye Cedric	04	2m41	30-09	rcas
11	Demagnet Lounis	03	2m21	01-04	resc

Poids (1 kg)		RC : 11m68			
1	Taieb Rayane	03	8m61	31-08	ws
2	Cuypers Florian	03	8m28	15-09	rcas
3	De Tollenaere Tom	03	7m33	20-10	ws
4	Van Der Linden Xavier	04	6m83	01-04	resc
5	Codutti Axel	03	6m28	20-10	ws
6	Bouclier Lukas	03	5m72	31-08	ws
7	Medan Marko	03	5m67	01-04	resc
8	Demagnet Lounis	03	5m53	01-04	resc
9	Kamara Sanael	04	5m41	20-10	ws
10	Van Elsuwe Alexis	04	5m16	27-10	csf
11	Pigeolet Nicolas	04	4m33	01-04	resc

Balle de hockey		RC : 40m13			
1	Taieb Rayane	03	28m94	14-09	rfcl
2	Medan Marko	03	26m14	25-08	spvi
3	Cuypers Florian	03	24m90	30-09	rcas
4	Van Der Linden Xavier	04	23m72	06-04	ws
5	Demagnet Lounis	03	21m76	06-05	resc
6	Codutti Axel	03	17m96	30-09	rcas
7	Bouclier Lukas	03	16m67	30-09	rcas
8	Pigeolet Nicolas	04	13m24	06-05	resc
9	Thauvoye Cedric	04	12m15	30-09	rcas
10	Kamara Sanael	04	10m17	30-09	rcas
11	Van Elsuwe Alexis	04	8m33	30-09	rcas

Tetrathlon		RC : 2099 p			
1	Cuypers Florian	03	1603 p	01-05	fcha
2	Medan Marko	03	1403 p	01-04	resc
3	De Tollenaere Tom	03	1242 p	20-10	ws
4	Codutti Axel	03	1150 p	20-10	ws
5	Demagnet Lounis	03	980 p	01-04	resc
6	Taieb Rayane	03	939 p	21-04	huy
7	Van Der Linden Xavier	04	896 p	01-04	resc
8	Kamara Sanael	04	882 p	20-10	ws
9	Bouclier Lukas	03	617 p	30-09	rcas
10	Van Elsuwe Alexis	04	579 p	01-04	resc
11	Thauvoye Cedric	04	536 p	30-09	rcas
12	Pigeolet Nicolas	04	218 p	01-04	resc

PUPILLES GARÇONS (2002 - 2001)

60 m		RC : 8.42			
1	Teklal Liam	01	9.44	18-08	resc
2	Beyaert Corentin	02	9.66	09-06	csf
3	Srifi Kanfaoui Reda	01	9.74	20-10	ws
4	Schoonen Maximilien	01	9.83	18-08	resc
5	Fasquel Neo	02	9.88	30-09	rcas
6	Montilla Alexis	02	9.98	27-10	csf
7	Schoonen Alexandre	01	10.10	18-08	resc
8	Dakir Adnan	02	10.13	18-08	resc
9	Guassim Taha	01	10.15	28-10	rsca



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10	Gruson Baptiste	02	10.30	01-04	resc
11	Laruelle Gauthier	02	10.53	22-04	riaac
12	Delplan Gilles	01	10.60	06-05	resc
	Wust Antoine	02	10.60	06-10	resc
14	Raineri Ryan	02	10.78	06-05	resc
15	Nolleaux Louis	02	11.00	01-04	resc
16	Khamal Nadir	01	11.16	01-04	resc
17	Beggar Adhane	02	12.37	01-04	resc

1000 m RC : 3.14.18

1	Beyaert Corentin	02	3.35.40	09-06	csf
2	Dakir Adnan	02	3.36.10	01-04	resc
3	Srifi Kanfaoui Reda	01	3.37.55	18-05	csf
4	Teklal Liam	01	3.38.76	01-04	resc
5	Montilla Alexis	02	3.39.71	01-05	fcha
6	Laruelle Gauthier	02	3.50.63	06-05	resc
7	Delplan Gilles	01	3.59.31	06-05	resc
8	Fasquel Neo	02	4.05.21	20-10	ws
9	Guassim Taha	01	4.06.17	28-10	rsca
10	Schoonen Maximilien	01	4.11.32	18-05	csf
11	Schoonen Alexandre	01	4.17.51	06-05	resc
12	Gruson Basptiste	02	4.19.51	01-04	resc
13	Nolleaux Louis	02	4.19.86	01-04	resc
14	Wust Antoine	02	4.33.57	06-05	resc
15	Khamal Nadir	01	4.49.51	01-04	resc

60 m haies (76 cm) RC : 10.24

1	Teklal Liam	01	12.55	01-09	rcas
2	Beyaert Corentin	02	12.89	06-05	resc
3	Montilla Alexis	02	13.44	22-09	vita
4	Schoonen Maximilien	01	13.46	01-09	rcas
5	Srifi Kanfaoui Reda	01	13.64	06-05	resc
6	Schoonen Alexandre	01	14.37	01-09	rcas
7	Laruelle Gauthier	02	14.45	06-05	resc
8	Dakir Adnan	02	15.19	06-05	resc
9	Delplan Gilles	01	16.18	06-05	resc

Hauteur RC : 1m49

1	Montilla Alexis	02	1m17	15-09	dac
2	Srifi Kanfaoui Reda	01	1m15	06-10	resc
	Teklal Liam	01	1m15	07-07	mac
4	Beyaert Corentin	02	1m10	09-06	csf
	Schoonen Alexandre	01	1m10	06-10	resc
6	Fasquel Neo	02	1m05	06-10	resc
	Schoonen Maximilien	01	1m05	31-08	ws
8	Laruelle Gauthier	02	0m96	22-04	riaac

Longueur RC : 4m75

1	Srifi Kanfaoui Reda	01	3m65	20-10	ws
2	Teklal Liam	01	3m64	20-10	ws
3	Montilla Alexis	02	3m52	22-09	vita
4	Fasquel Neo	02	3m38	20-10	ws
5	Schoonen Maximilien	01	3m37	01-09	rcas
6	Beyaert Corentin	02	3m35	30-09	rcas
7	Schoonen Alexandre	01	3m18	20-10	ws
8	Laruelle Gauthier	02	3m16	06-05	resc
9	Raineri Ryan	02	2m94	06-05	resc
10	Delplan Gilles	01	2m81	06-05	resc
11	Dakir Adnan	02	2m68	06-04	ws

Poids (2 kg) RC : 11m71

1	Montilla Alexis	02	7m77	22-09	vita
2	Srifi Kanfaoui Reda	01	7m55	09-06	csf
3	Beyaert Corentin	02	6m63	09-06	csf
4	Teklal Liam	01	6m53	27-10	csf
5	Schoonen Maximilien	01	5m67	09-06	csf
6	Schoonen Alexandre	01	5m46	20-10	ws
7	Fasquel Neo	02	4m82	20-10	ws
8	Laruelle Gauthier	02	4m80	22-04	riaac
9	Dakir Adnan	02	4m67	18-05	csf
	Khamal Nadir	01	4m67	01-04	resc



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11	Nollevaux Louis	02	4m56	01-04	resc
12	Gruson Basptiste	02	4m43	01-04	resc
13	Van Grimbergen Thomas	01	4m21	02-06	rcas
14	Beggar Adnane	02	3m67	01-04	resc

Disque (600 gr)

RC : 31m14

1	Montilla Alexis	02	19m89	27-10	csf
2	Beyaert Corentin	02	15m31	25-08	spvi
3	Teklal Liam	01	14m61	27-10	csf
4	Schoonen Alexandre	01	13m35	18-08	resc

Balle de hockey

RC : 46m50

1	Montilla Alexis	02	38m45	30-09	rcas
2	Guassim Taha	01	32m16	28-10	rsca
3	Fasquel Neo	02	28m05	06-10	resc
4	Beyaert Corentin	02	26m75	06-10	resc
5	Srifi Kanfaoui Reda	01	25m45	06-10	resc
6	Teklal Liam	01	20m39	30-09	rcas
7	Dakir Adnan	02	16m00	06-04	resc

Tetrathlon

RC : 2516 p

1	Beyaert Corentin	02	1680 p	09-06	csf
2	Srifi Kanfaoui Reda	01	1672 p	20-10	ws
3	Montilla Alexis	02	1617 p	01-05	fcha
4	Teklal Liam	01	1543 p	09-06	csf
5	Fasquel Neo	02	1203 p	20-10	ws
6	Schoonen Maximilien	01	1159 p	20-10	ws
7	Dakir Adnan	02	1060 p	01-04	resc
8	Laruelle Gauthier	02	1051 p	22-04	riaac
9	Schoonen Alexandre	01	1027 p	20-10	ws
10	Gruson Basptiste	02	805 p	01-04	resc
11	Nollevaux Louis	02	682 p	01-04	resc
12	Khamal Nadir	01	517 p	01-04	resc
13	Delplan Gilles	01	275 p	22-04	riaac
14	Beggar Adnane	02	187 p	01-04	resc

MINIMES GARÇONS (2000 - 1999)

80 m

RC : 9.66

1	Okeowo Peredjo	99	10.31	20-10	ws
2	Taiwo Eniola	00	10.39	07-10	rcas
3	Nkiere Danfuname Rene	99	10.66	07-10	rcas
4	Stodolski Michael	00	11.15	23-06	csf
5	Geerts Gregory	99	11.42	09-06	csf
6	Verriez Jonathan	99	11.55	09-06	csf
7	Petitjean Nicolas	99	11.84	23-06	csf
8	Riffi Tamsamani Ayoub	99	12.58	22-04	riaac
9	Belleflamme Kevin	99	13.00	01-04	resc
10	De Ridder Nathan	99	13.59	01-04	resc
11	Diallo Ibrahim	00	14.36	01-04	resc
12	Bogaerts Nathan	00	14.38	26-05	mac

150 m

RC : 18.43

1	Okeowo Peredjo	99	19.73	31-08	ws
2	Stodolski Michael	00	20.77	07-10	rcas
3	Nkiere Danfuname Rene	99	20.79	31-08	ws
4	Taiwo Eniola	00	20.80	06-05	resc
5	Verriez Jonathan	99	21.57	07-10	rcas
6	Geerts Gregory	99	21.97	06-05	resc
7	Riffi Tamsamani Ayoub	99	22.84	06-05	resc
8	Belleflamme Kevin	99	23.81	06-05	resc

300 m

RC : 40.86

1	Taiwo Eniola	00	43.05	18-08	resc
2	Nkiere Danfuname Rene	99	45.22	18-08	resc
3	Stodolski Michael	00	47.38	18-08	resc
4	Verriez Jonathan	99	48.62	27-10	csf
5	De Ridder Nathan	99	56.26	18-08	resc



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1000 m		RC : 3.01.77			
1	Nkiere Danfuname Rene	99	3.15.36	20-10	ws
2	Okeowo Peredjo	99	3.17.89	23-06	csf
3	Verriez Jonathan	99	3.33.27	23-06	csf
4	Stodolski Michael	00	3.33.73	23-06	csf
5	Taiwo Eniola	00	3.34.09	26-05	mac
6	Riffi Tamsamani Ayoub	99	3.38.68	06-05	resc
7	Belleflamme Kevin	99	3.45.46	06-05	resc
8	De Ridder Nathan	99	3.48.57	18-08	resc
9	Petitjean Nicolas	99	3.49.19	22-04	riaac
10	Geerts Gregory	99	4.03.19	06-05	resc
11	Moens Cyprien	00	4.16.98	09-06	csf
12	Diallo Ibrahim	00	4.21.40	01-04	resc
13	Bogaerts Nathan	00	5.01.21	26-05	mac

80 m haies (84 cm)		RC : 12.00			
1	Okeowo Predjo	99	12.70	07-10	rcas
2	Taiwo Eniola	00	14.92	01-09	rcas
3	Nkiere Danfuname Rene	99	15.60	30-09	rcas
4	Geerts Gregory	99	15.89	07-10	rcas
5	Stodolski Michael	00	16.02	30-09	rcas
6	Verriez Jonathan	99	16.83	30-09	rcas
7	Riffi Tamsamani Ayoub	99	16.95	30-09	rcas

150 m haies (76 cm)		RC : 20.54			
1	Okeowo Peredjo	99	21.91	06-04	ws
2	Stodolski Michael	00	22.46	06-10	resc
3	Nkiere Danfuname Rene	99	23.93	06-04	ws
4	Verriez Jonathan	99	24.31	06-04	ws
5	Petitjean Nicolas	99	24.36	02-06	cabw
6	Riffi Tamsamani Ayoub	99	25.41	06-04	ws

Hauteur		RC : 1m68			
1	Okeowo Peredjo	99	1m60	02-06	rcas
2	Petitjean Nicolas	99	1m42	01-04	resc
3	Stodolski Michael	00	1m40	02-06	rcas
	Taiwo Eniola	00	1m40	02-06	rcas
5	Nkiere Danfuname Rene	99	1m39	20-10	ws
6	Geerts Gregory	00	1m35	09-06	csf
7	Verriez Jonathan	99	1m30	28-05	cabw
8	Riffi Tamsamani Ayoub	99	1m21	22-04	riaac
9	De Ridder Nathan	99	1m09	01-04	resc
10	Belleflamme Kevin	99	1m06	01-04	resc
11	Moens Cyprien	00	1m05	09-06	csf
12	Diallo Ibrahim	00	1m03	01-04	resc

Longueur		RC : 5m73			
1	Okeowo Peredjo	99	5m30	06-05	resc
2	Nkiere Danfuname Rene	99	4m42	30-09	rcas
3	Taiwo Eniola	00	4m38	06-05	resc
4	Stodolski Michael	00	4m18	30-09	rcas
5	Petitjean Nicolas	99	4m10	07-10	rcas
6	Verriez Jonathan	99	4m09	30-09	rcas
7	Riffi Tamsamani Ayoub	99	3m89	30-09	rcas
8	Geerts Gregory	99	3m75	26-05	mac
9	De Ridder Nathan	99	3m31	01-09	rcas
10	Bogaerts Nathan	00	2m76	26-05	mac

Perche		RC : 3m21			
1	Nkiere Danfuname Rene	99	1m60	18-08	resc
	Stodolski Michael	00	1m60	18-08	resc

Poids (3 kg)		RC : 14m71			
1	Okeowo Peredjo	99	11m47	30-09	rcas
2	Petitjean Nicolas	99	10m27	07-10	rcas
3	Nkiere Danfuname Rene	99	9m71	07-10	rcas
4	Riffi Tamsamani Ayoub	99	7m83	22-04	riaac
5	Taiwo Eniola	00	7m82	26-05	mac
6	Geerts Greogry	99	7m41	09-06	csf
7	Stodolski Michael	00	7m02	20-10	ws
8	Verriez Jonathan	99	7m01	14-04	rcas



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9	Diallo Ibrahim	00	6m53	01-04	resc
10	Belleflamme Kevin	99	5m44	01-04	resc
11	Bogaerts Nathan	00	5m06	26-05	mac
12	De Ridder Nathan	99	4m57	01-04	resc

Disque (1 kg) RC : 41m07

1	Okeowo Peredjo	99	24m96	15-09	rcas
2	Nkiere Danfuname Rene	99	24m00	15-09	rcas
3	Petitjean Nicolas	99	17m30	01-04	resc
4	Verriez Jonathan	99	16m72	27-10	csf
5	Geerts Gregory	99	14m29	09-06	csf
6	Stodolski Michael	00	12m69	01-04	resc
7	Belleflamme Kevin	99	10m99	01-04	resc
8	De Ridder Nathan	99	10m52	01-04	resc

Javelot (400 gr) RC : 45m91

1	Okeowo Peredjo	99	34m86	30-09	rcas
2	Nkiere Danfuname Rene	99	30m95	31-08	ws
3	Taiwo Eniola	99	29m66	18-08	resc
4	Stodolski Michael	00	22m42	31-08	ws
5	Verriez Jonathan	99	19m32	31-08	ws
6	De Ridder Nathan	99	17m96	18-08	resc
7	Riffi Tamsamani Ayoub	99	17m60	30-09	rcas
8	Geerts Gregory	99	15m36	26-05	mac
9	Bogaerts Nathan	00	12m64	26-05	mac

Pentathlon RC : 4135 p

1	Okeowo Peredjo	99	3655 p	20-10	ws
2	Nkiere Danfuname Rene	99	3021 p	20-10	ws
3	Taiwo Eniola	00	2424 p	26-05	mac
4	Stodolski Michael	00	2234 p	20-10	ws
5	Petitjean Nicolas	99	2211 p	01-04	resc
6	Verriez Jonathan	99	2183 p	20-10	ws
7	Riffi Tamsamani Ayoub	99	1892 p	22-04	riaac
8	Geerts Gregory	99	1731 p	09-06	csf
9	Belleflamme Kevin	99	1414 p	01-04	resc
10	De Ridder Nathan	99	1264 p	01-04	resc
11	Diallo Ibrahim	00	955 p	01-04	resc
12	Bogaerts Nathan	00	721 p	26-05	mac

4 x 80 m RC : 41.24

Geerts, Nkiere, Taiwo, Okeowo	41.08	07-10	rcas
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CADETS GARÇONS (1998 - 1997)

100 m RC : 11.31

1	Tshitwenu Florian	97	11.50	23-06	csf
2	Vanhamme Arno	97	11.67	23-06	csf
3	Hoorens Christopher	97	12.20	23-09	csf
4	Montilla Dimitri	98	12.45	22-04	riaac
5	Sergeef Martin	98	12.53	03-08	damp
6	Massamba Kazadi Floribert	97	12.77	23-09	csf
7	Mohr Dorian	97	12.81	28-04	csf
8	El Amoum Mouad	97	12.98	06-04	ws
9	Chaouche Maxime	97	13.03	05-05	cabw
	Loens Sam	97	13.03	30-09	rcas
11	Schrurs Simon	97	13.24	28-04	csf
12	Zenfour Mouad	97	13.61	25-08	csf
13	Buyl Boris	97	13.82	20-04	csf
14	Boussar Rayan	97	13.98	20-04	csf
15	Degreffe Nicolas	97	14.05	22-04	riaac
16	Legros Camerrone	97	15.64	21-04	cabw

200 m RC : 23.14

1	Tshitwenu Florian	97	23.18	08-09	usbw
2	Vanhamme Arno	97	24.07	28-04	csf
3	Montilla Dimitri	98	25.28	18-05	csf
4	Sergeef Martin	98	25.44	18-05	csf
5	El Amoum Mouad	97	26.67	21-04	cabw
6	Massamba Kazadi Floribert	97	26.77	06-10	resc
7	Zenfour Mouad	97	27.88	06-10	resc



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8	Degreffe Nicolas	97	28.72	22-04	riaac
300 m		RC : 36.86			
1	Tshitwenu Florian	97	38.07	18-07	dac
2	Montilla Dimitri	98	39.48	14-04	rcas
3	El Amoum Mouad	97	41.35	18-07	dac
400 m		RC : 52.24			
1	Vanhamme Arno	97	56.13	08-09	usbw
2	El Amoum Mouad	97	56.58	26-05	herv
3	Zenfour Mouad	97	62.20	23-09	csf
800 m		RC : 1.59.30			
1	El Amoum Mouad	97	2.12.58	05-05	cabw
2	Boussar Rayan	97	2.37.62	20-04	csf
1000 m		RC : 2.43.18			
1	Loens Sam	97	3.03.40	01-07	resc
1500 m		RC : 4.10.90			
1	Boussar Rayane	97	5.15.65	05-05	cabw
2	Zenfour Mouad	97	5.25.15	28-04	csf
100 m haies (91 cm)		RC : 14.04			
1	Montilla Dimitri	98	15.49	28-04	csf
2	Loens Sam	97	15.96	07-10	rcas
300 m haies (76 cm)		RC : 40.07			
1	Kabuya Hugues	97	47.69	05-05	cabw
Hauteur		RC : 1m91			
1	Montilla Dimitri	98	1m76	26-05	herv
2	Loens Sam	97	1m60	07-10	rcas
Longueur		RC : 6m70			
1	Hoorens Christopher	97	5m96	18-08	resc
2	Montilla Dimitri	98	5m89	05-05	cabw
3	Tshitwenu Florian	97	5m65	18-07	dac
4	Loens Sam	97	5m61	30-06	resc
5	Sergeef Martin	98	4m79	18-08	resc
6	Massamba Kazadi Floribert	97	4m47	06-05	resc
7	Zenfour Mouad	97	4m20	06-05	resc
8	Legros Camerrone	97	4m04	06-05	resc
Triple saut		RC : 13m52			
1	Hoorens Christopher	97	12m18	26-05	herv
2	Loens Sam	97	11m50	23-09	csf
3	Buyl Boris	97	10m30	28-04	csf
Perche		RC : 3m71			
1	Montilla Dimitri	98	3m53	02-06	rcas
2	Loens Sam	97	3m50	01-09	vs
Poids (4 kg)		RC : 14m42			
1	Montilla Dimitri	98	11m98	20-05	acme
2	Hoorens Christopher	97	10m54	28-04	csf
3	Loens Sam	97	10m05	30-06	resc
4	Buyl Boris	97	9m37	28-04	csf
5	Shrurs Simon	97	8m75	28-04	csf
6	Mohr Dorian	97	7m80	28-04	csf
Disque (1 kg)		RC : 48m77			
1	Montilla Dimitri	98	39m74	20-05	acme
2	Loens Sam	97	31m61	23-09	csf
3	Buyl Boris	97	22m95	28-04	csf
Javelot (600 gr)		RC : 44m54			
1	Montilla Dimitri	98	40m83	14-04	rcas
2	Loens Sam	97	34m93	01-07	resc
3	Sergeef Martin	98	32m26	05-05	cabw



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Marteau (4 kg)		RC : 46m37			
1	Chaouche Maxime	97	23m05	05-05	cabw
Pentathlon		RC : 2549 p			
1	Montilla Dimitri	98	1596 p	09-06	vac
Octathlon		RC : 4868 p			
1	Loens Sam	97	3790 p	01-07	resc
4 x 100 m		RC : 45.42			
Vanhamme, Hoorens, Sergeef, Tshitwenu		45.53	16-09	rfcl	

SCOLAIRES HOMMES (1996 - 1995)

100 m		RC : 10.83			
1	Badji Asanti	95	11.52	26-05	herv
2	Castanier Nathan	95	11.89	26-05	herv
3	Vandenhoeke Arthur	96	11.99	25-08	csf
4	Beeckman Amaury	95	12.18	30-09	rcas
5	Valastro Alexandre	95	12.33	28-04	csf
6	Nicodeme Romain	95	12.40	30-09	rcas
7	Petitjean Simon	96	12.47	30-06	resc
8	Potemans Anton	96	12.52	06-05	resc
9	Massamba Yohe Davys	95	12.57	28-04	csf
10	Nijs Gaston	96	12.66	25-08	csf
11	Puku Toku Christian	96	12.74	21-04	cabw
12	Thumelaire Maxime	96	12.89	23-09	csf
13	Gaban Renaud	96	13.00	06-05	resc
14	Suetens Jonathan	96	13.12	25-08	csf
15	Kalibiona Raphael	96	13.45	31-08	ws
200 m		RC : 22.02			
1	Badji Asanti	95	23.09	05-05	cabw
2	Vandenhoeke Arthur	96	23.96	28-04	csf
3	Vandenhoeke Victor	96	24.85	18-05	csf
4	Castanier Nathan	95	25.00	18-05	csf
5	Nijs Gaston	96	25.52	06-10	resc
6	Gaban Renaud	96	26.34	28-04	csf
7	Delatte Lionel	95	26.43	28-04	csf
8	Puku Toku Christian	96	26.45	06-05	resc
9	Suetens Jonathan	96	27.08	06-05	resc
10	Kalibiona Raphael	96	27.98	06-10	resc
300 m		RC : 36.24			
1	Philippon Raphael	95	38.77	22-06	smac
2	Nijs Gaston	96	39.73	29-09	cabw
400 m		RC : 49.48			
1	Badji Asanti	95	49.82	16-06	resc
2	Vandenhoeke Arhur	96	51.51	26-05	herv
3	Puku Toku Christian	96	55.68	23-09	csf
4	Nijs Gaston	96	55.87	23-09	csf
5	Gaban Renaud	96	61.71	21-04	cabw
6	Thumelaire Maxime	96	64.48	31-08	ws
800 m		RC : 1.55.41			
1	Philippon Raphael	95	2.04.82	28-04	csf
2	Petitjean Simon	96	2.06.00	18-05	csf
3	Dillen Maxime	95	2.06.01	28-04	csf
4	Puku Toku Christian	96	2.13.07	28-04	csf
5	Kalibiona Raphael	96	2.25.99	28-04	csf
1500 m		RC : 4.00.79			
1	Petitjean Simon	96	4.24.06	05-05	cabw
2	Nicodeme Romain	95	5.00.80	01-07	resc
3	Beeckman Amaury	95	5.04.56	01-07	resc
Mile		RC : 4.52.70			
1	Petitjean Simon	96	4.39.15	06-10	resc



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3000 m		RC : 8.33.14			
1	Petitjean Simon	96	9.33.98	12-07	vita
2	Philippon Raphael	95	10.17.98	05-05	cabw
110 m haies (91 cm)		RC : 13.65			
1	Nicodeme Romain	95	16.14	01-09	vs
2	Beeckman Amaury	95	16.56	01-07	resc
3	Potemans Anton	96	16.84	28-04	csf
4	Petitjean Simon	96	18.30	01-07	resc
400 m haies (84 cm)		RC : 56.69			
1	Badji Asanti	95	56.13	05-05	cabw
2000 m steeple (91 cm)		RC : 6.10.20			
1	Dillen Maxime	95	7.14.10	05-05	cabw
Hauteur		RC : 2m05			
1	Beeckman Amaury	95	1m81	01-07	resc
2	Nicodeme Romain	95	1m67	30-09	rcas
3	Petitjean Simon	96	1m30	01-07	resc
Longueur		RC : 7m59			
1	Nicodeme Romain	95	6m04	23-09	csf
2	Castanier Nathan	95	6m01	05-05	cabw
3	Beeckman Amaury	95	5m83	30-06	resc
4	Potemans Anton	96	5m45	28-04	csf
5	Puku Toku Christian	96	5m18	28-04	csf
6	Petitjean Simon	96	5m05	30-06	resc
7	Gaban Renaud	96	4m58	28-04	csf
8	Thumelaire Maxime	96	4m47	28-04	csf
9	Suetens Jonathan	96	4m33	06-05	resc
Triple saut		RC : 15m64			
1	Valastro Alexandre	95	11m45	28-04	csf
2	Castanier Nathan	95	10m62	28-04	csf
3	Huisman Romain	95	10m42	28-04	csf
4	Suetens Jonathan	96	9m42	28-04	csf
Perche		RC : 4m36			
1	Beeckman Amaury	95	3m30	25-08	hf
2	Nicodeme Romain	95	3m25	30-09	rcas
3	Potemans Anton	96	3m02	27-06	resc
4	Petitjean Simon	96	2m45	30-06	resc
Poids (5 kg)		RC : 14m35			
1	Beeckman Amaury	95	13m51	30-06	resc
2	Potemans Anton	96	11m30	28-05	ram
3	Nicodeme Romain	95	10m76	25-07	vac
4	Castanier Nathan	95	9m34	30-06	resc
5	Petitjean Simon	96	8m84	30-06	resc
Disque (1,5 kg)		RC : 44m44			
1	Beeckman Amaury	95	35m62	01-07	resc
2	Potemans Anton	96	30m10	18-08	resc
3	Nicodeme Romain	95	27m36	30-09	rcas
4	Delatte Lionel	95	26m16	28-04	csf
5	Huisman Romain	95	22m51	28-04	csf
6	Petitjean Simon	96	22m22	01-07	resc
Javelot (700 gr)		RC : 52m73			
1	Beeckman Amaury	95	46m85	01-07	resc
2	Potemans Anton	96	45m02	05-05	cabw
3	Nicodeme Romain	95	35m09	23-09	csf
4	Nijs Gaston	96	32m92	20-05	acme
5	Delatte Lionel	95	30m46	28-04	csf
6	Petitjean Simon	96	24m06	01-07	resc
Marteau (5 kg)		RC : 53m41			
1	Benlamkaddem Ilyas	95	19m38	05-05	cabw



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OUTDOOR 2012

Enneathlon		RC : 6120 p			
1	Beeckman Amaury	95	5235 p	01-07	resc
2	Nicodeme Romain	95	4371 p	01-07	resc
3	Petitjean Simon	96	3650 p	01-07	resc

4 x 100 m		RC : 43.01			
Badji, Vandenhoeke, Potemans, Vandenhoeke		45.45		05-05	cabw

4 x 400 m		RC : 3.58.80			
Puku Toku, Suetens, Gaban, El Amoum		4.02.67		28-04	csf

4 x 800 m		RC : 8.09.11			
Petitjean, Philippon, Dillen, Puku Toku		8.42.90		16-09	rfcl

JUNIORS HOMMES (1994 - 1993)

100 m		RC : 10.71			
1	Niesen Charles	94	11.08	28-06	ws
2	Elsen Daan	94	11.40	24-07	asvo
3	Diallo Oumar	94	11.81	30-09	rcas
4	Gibella Massimo	94	11.83	06-10	resc
5	Lopez Velazquez Simon	94	11.96	28-04	csf
6	Ilunga Carl	93	12.00	28-04	csf
7	Takkal Zackaria	94	12.02	07-10	csf
8	Petitjean Mathieu	94	12.03	26-05	vs

200 m		RC : 21.24			
1	Niesen Charles	94	22.33	16-06	resc
2	Gibella Massimo	94	24.03	06-10	resc
3	Petitjean Mathieu	94	24.16	28-04	csf
4	Lopez Velazquez Simon	94	24.35	06-05	resc
5	Takkal Zackaria	94	24.80	06-10	resc
6	Ilunga Carl	93	24.91	25-08	csf

300 m		RC : 34.67			
1	Niesen Charles	94	35.23	28-06	ws
2	Takkal Zackaria	94	40.02	26-10	csf

400 m		RC : 47.92			
1	Niesen Charles	94	50.32	23-06	cabw
2	Petitjean Mathieu	94	53.76	06-05	resc
3	Elsen Daan	94	54.77	30-06	resc
4	Ilunga Carl	93	58.03	30-06	resc
5	Diallo Oumar	94	63.42	30-09	rcas

800 m		RC : 1.52.66			
1	Sassi Mohamed	93	2.05.50	25-07	vac
2	Segers Mathieu	94	2.10.95	06-05	resc

1000 m		RC : 2.26.76			
1	Segers Mathieu	94	2.56.59	22-04	riaac

1500 m		RC : 3.48.90			
1	Bouissane Youssef	94	4.01.61	28-04	csf
2	Sassi Moahmed	93	4.19.98	21-07	vita
3	Govaert Thomas	93	4.29.51	28-04	csf
4	Segers Mathieu	94	4.49.30	06-04	ws
5	Niesen Charles	94	4.59.14	30-09	rcas
6	Ilunga Carl	93	5.34.49	30-09	rcas
7	Diallo Oumar	94	6.06.94	30-09	rcas

Mile		RC : 4.22.82			
1	Sassi Mohamed	93	4.47.44	11-08	spvi
2	Segers Mathieu	94	5.15.97	11-08	spvi

2000 m		RC : 5.17.72			
1	Sassi Mohamed	93	6.19.74	14-04	rcas
2	Imbo Gil	93	6.36.78	14-04	rcas
3	Segers Mathieu	94	6.45.65	14-04	rcas



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2012

3000 m		RC : 8.14.64			
1	Bouissane Youssef	94	8.41.08	23-06	cabw
2	Sassi Mohamed	93	9.36.98	28-04	csf
3	Imbo Gil	93	10.13.94	28-04	csf
110 m haies (99 cm)		RC : 14.68			
1	Elsen Daan	94	14.43	18-08	resc
2	Niesen Charles	94	18.04	30-09	rcas
3	Diallo Oumar	94	19.86	30-09	rcas
4	Ilunga Carl	93	22.87	30-09	rcas
3000 m steeple (91 cm)		RC : 9.31.70			
1	Bouissane Youssef	94	9.08.42	17-06	resc
2	Sassi Mohamed	93	11.10.35	13-05	volh
Hauteur		RC : 2m14			
1	Diallo Oumar	94	1m71	30-09	rcas
2	Ilunga Carl	93	1m59	30-09	rcas
3	Niesen Charles	94	1m56	30-09	rcas
Longueur		RC : 7m86			
1	Diallo Oumar	94	5m85	30-09	rcas
2	Niesen Charles	94	5m77	30-09	rcas
3	Ilunga Carl	93	4m92	30-09	rcas
Perche		RC : 5m00			
1	Elsen Daan	94	4m60	15-08	ser
2	Diallo Oumar	94	2m08	30-09	rcas
3	Niesen Charles	94	1m88	30-09	rcas
4	Ilunga Carl	93	1m58	30-09	rcas
Poids (6 kg)		RC : 15m79			
1	Diallo Oumar	94	12m60	30-09	rcas
2	Bernard Tom	93	11m94	21-10	rfcl
3	Elsen Daan	94	11m82	12-08	vita
4	Niesen Charles	94	10m48	30-09	rcas
5	Ilunga Carl	93	8m42	30-09	rcas
Disque (1,75 kg)		RC : 43m08			
1	Elsen Daan	94	36m66	01-07	resc
2	Bernard Tom	93	32m83	21-10	rfcl
3	Niesen Charles	94	31m09	30-09	rcas
4	Diallo Oumar	94	22m59	30-09	rcas
5	Ilunga Carl	93	17m94	30-09	rcas
Javelot (800 gr)		RC : 53m14			
1	Bernard Tom	93	48m52	13-05	volh
2	Niesen Charles	94	45m08	30-09	rcas
3	Diallo Oumar	94	29m80	30-09	rcas
Marteau (6 kg)		RC : 51m82			
1	Bernard Tom	93	56m04	13-10	aca
Marteau (7,26 kg)		RC : 44m36			
1	Bernard Tom	93	47m37	17-03	cabw
Decathlon		RC : 6936 p			
1	Niesen Charles	94	5201 p	30-09	rcas
2	Diallo Oumar	94	4110 p	30-09	rcas
3	Ilunga Carl	93	3075 p	30-09	rcas
4 x 100 m		RC : 42.37			
Gibella, Niesen, Ilunga, Diallo		43.51	01-09	vs	

ESPOIRS HOMMES (1992 - 1991 - 1990)

100 m		RC : 10.53			
1	Lins Sebastien	92	10.92	19-05	cabw
2	Bassir Achraf	91	11.43	28-04	csf
	Caluwe Arnaud	91	11.43	28-04	csf



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2012

4	Ponce Lionel	90	11.80	06-10	resc
5	De Ridder Frederic	90	11.73	09-09	jsmc
6	Delobelle Mathia	91	12.18	22-04	riaac
7	Denys Jonathan	90	12.27	22-04	riaac

200 m RC : 21.14

1	Lins Sebastien	92	21.86	19-05	cabw
2	Bassir Achraf	91	22.91	28-07	oeh
3	Caluwe Arnaud	91	23.34	28-04	csf
4	De Ridder Frederic	90	23.89	06-10	resc
5	Ponce Lionel	90	24.37	18-08	resc
6	Denys Jonathan	90	24.73	28-04	csf
7	Delobelle Mathia	91	24.90	22-04	riaac

300 m RC : 33.30

1	Lins Sebastien	92	35.18	23-06	vac
2	Campener Corentin	90	37.29	25-08	usta
3	De Ridder Frederic	90	38.24	23-09	usbw
4	Denys Jonathan	90	40.29	14-04	rcas

400 m RC : 46.28

1	Lins Sebastien	92	47.43	16-06	resc
2	Balhan Pierre Antoine	92	48.16	19-05	cabw
3	De Ridder Frederic	90	52.94	08-06	vita
4	Denys Jonathan	91	58.17	21-10	rcas

800 m RC : 1.50.88

1	Balhan Pierre Antoine	92	1.46.60	05-07	rfcl
2	Lejeune Emmanuel	92	1.58.47	28-04	csf

1500 m RC : 3.46.01

1	Balhan Pierre Antoine	92	3.42.78	21-07	vita
2	Lejeune Emmanuel	92	3.55.66	28-07	oeh
3	Denys Jonathan	91	4.59.20	30-09	rcas

Mile RC : 4.13.94

1	Vereertbrugghen Nicolas	92	5.12.28	11-08	spvi
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2000 m RC : 5.17.12

1	Lejeune Emmanuel	92	5.34.30	21-04	cabw
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3000 m RC : 8.07.66

1	Lejeune Emmanuel	92	8.22.69	13-05	volh
2	Nicodeme Thibault	92	10.18.54	25-07	vac
3	Vereertbrugghen Nicolas	92	10.30.50	28-04	csf

5000 m RC : 13.56.92

1	Lejeune Emmanuel	92	14.18.16	21-07	vita
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110 m haies (106 cm) RC : 13.93

1	Denys Jonathan	90	17.89	01-09	rcas
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400 m haies (91 cm) RC : 50.29

1	Denys Jonathan	90	60.28	28-04	csf
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3000 m steeple (91 cm) RC : 9.08.42

1	Denys Jonathan	90	11.29.94	20-10	ws
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Hauteur RC : 2m21

1	Campener Corentin	90	2m00	25-08	usta
2	Denys Jonathan	90	1m65	18-08	resc
3	Guillaume Jonathan	92	1m51	01-04	bbs

Longueur RC : 7m86

1	Campener Corentin	90	7m57	01-05	vs
2	Caluwe Arnaud	91	7m16	19-05	cabw
3	Denys Jonathan	90	5m81	18-08	resc



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2012

Triple saut			RC : 16m01		
1	Campener Corentin	90	14m30	17-06	resc
2	Caluwe Arnaud	91	13m67	19-05	cabw
Perche			RC : 5m11		
1	Campener Corentin	90	3m21	30-08	macw
2	Denys Jonathan	90	3m29	01-09	rcas
Poids (7,26 kg)			RC : 13m90		
1	Guillaume Jonathan	92	14m35	18-08	resc
2	Denys Jonathan	91	9m86	30-09	rcas
Disque (2 kg)			RC : 44m06		
1	Denys Jonathan	91	30m62	21-10	rcas
Javelot (800 gr)			RC : 58m05		
1	Denys Jonathan	90	46m61	25-08	csf
Decathlon			RC : 7902 p		
1	Denys Jonathan	90	4631 p	30-09	rcas

SENIORS HOMMES (1992 - 1978)

100 m			RC : 10.02		
1	Broothaerts Damien	83	10.53	17-06	resc
2	Ammar Khodja Brahim	84	11.01	16-06	resc
3	Wuillaume Laurent	89	11.26	03-06	rfcl
4	Vandecapelle Mattijs	89	11.29	30-06	resc
5	Vervloet Gregory	83	11.51	28-04	csf
6	Zahedi Pouyan	88	12.00	23-06	csf
200 m			RC : 20.66		
1	Broothaerts Damien	83	21.09	21-07	vita
2	Ammar Khodja Brahim	84	21.77	17-06	resc
3	Wuillaume Laurent	89	22.25	12-07	vita
4	Vervloet Gregory	83	22.99	28-04	csf
5	Zahedi Pouyan	88	25.47	06-05	resc
300 m			RC : 33.30		
1	Gillet Antoine	88	33.66	05-07	rfcl
2	Ammar Khodja Brahim	84	35.95	18-07	dac
400 m			RC : 46.17		
1	Gillet Antoine	88	46.03	17-06	resc
2	Ghislain Arnaud	88	46.78	16-06	resc
3	Vandecapelle Mattijs	89	49.84	30-06	resc
4	Ammar Khodja Brahim	84	50.07	19-05	cabw
800 m			RC : 1.46.60		
1	Maingain François	89	1.57.02	16-06	resc
1000 m			RC : 2.23.10		
1	Idamre Mohamed	86	2.34.33	27-06	vita
1500 m			RC : 3.40.30		
1	Chahbi Youness	82	4.07.82	13-05	volh
2	Maingain François	89	4.19.38	27-05	SLO
3	Vandecapelle Mattijs	89	4.26.36	26-08	hf
Mile			RC : 4.01.10		
1	Najjari Faouzi	89	5.25.25	11-08	spvi
2000 m			RC : 5.13.09		
1	Coenraets Vincent	78	6.20.81	14-04	rcas
3000 m			RC : 7.51.46		
1	Hernould Franky	86	8.27.06	23-06	cabw
2	Vandenbussche Jeremie	78	11.39.97	28-04	csf



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2012

5000 m		RC : 13.22.81			
1	Hernould Franky	86	14.58.86	13-05	volh
10 000 m		RC : 28.24.95			
1	Coenraets Vincent	78	35.25.85	27-10	csf
110 m haies (106 cm)		RC : 13.48			
1	Broothaerts Damien	83	13.69	26-05	vs
2	Wuillaume Laurent	89	14.91	17-06	resc
3	Vandecapelle Mattijs	89	15.36	18-08	resc
400 m haies (91 cm)		RC : 48.91			
1	Vervloet Gregory	83	54.01	19-05	cabw
Hauteur		RC : 2m21			
1	Wuillaume Laurent	89	1m95	13-05	volh
2	Vandecapelle Mattijs	89	1m82	30-06	resc
Longueur		RC : 7m94			
1	Vandecapelle Mattijs	89	6m92	30-06	resc
Perche		RC : 5m25			
1	Vandecapelle Mattijs	89	4m35	01-07	resc
Poids (7,26 kg)		RC : 15m08			
1	Xhonneux Frederic	83	13m59	24-06	usbw
2	Vandecapelle Mattijs	89	11m98	30-06	resc
3	Hoffman Nils	86	11m86	28-04	csf
Disque (2 kg)		RC : 51m56			
1	Hoffman Nils	86	40m35	27-05	SLO
2	Vandecapelle Mattijs	89	35m69	01-07	resc
Javelot (800 gr)		RC : 70m78			
1	Vandecapelle Mattijs	89	46m68	01-07	resc
Decathlon		RC : 8142 p			
1	Vandecapelle Mattijs	89	6993 p	01-07	resc
4 x 100 m		RC : 40.60			
Moral, Ammar Khodja, Wuillaume, Broothaerts			41.82	13-05	volh
4 x 200 m		RC : 1.24.15			
Niesen, Wuillaume, Ammar Khodja, Broothaerts			1.27.71	16-09	rfcl
4 x 400 m		RC : 3.10.20			
Ammar Khodja, Vervloet, Balhan, Lins			3.14.76	13-05	volh

MASTERS HOMMES 35

100 m		RC : 12.00			
1	Lissassi Arnaud	76	11.74	28-07	oeh
2	Gilson Benoit	74	13.91	27-10	csf
200 m		RC : 24.35			
1	Redzepovski Selman	74	28.69	01-07	resc
300 m		RC : 37.95			
1	Gilson Benoit	74	47.15	29-09	cabw
800 m		RC : 1.59.64			
1	Redzepovski Selman	74	2.27.98	03-06	hf
2	Foulon Didier	73	2.31.38	07-10	csf
1000 m		RC : 2.40.38			
1	Guenoun Abderrahim	72	2.46.68	26-06	vita



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2012

1500 m				RC : 3.54.39	
1	Guenoun Abderrahim	72	4.24.10	21-07	vita
2	Foulon Didier	73	5.11.55	23-06	csf
3	Redzepovski Selman	74	5.17.26	01-07	resc
Mile				RC : 5.25.83	
1	Guenoun Abderrahim	72	4.52.89	11-08	spvi
2000 m				RC : 6.58.44	
1	Guenoun Abderrahim	72	6.06.54	06-07	spvi
3000 m				RC : 9.14.30	
1	Guenoun Abderrahim	72	9.32.92	25-07	vac
2	Njema lmed	75	10.20.79	28-04	csf
3	July Denis Michael	77	10.55.25	28-04	csf
Longueur				RC : 6m65	
1	Redzepovski Selman	74	4m48	01-07	resc
2	Gilson Benoit	74	4m37	12-10	csf
Disque (2 kg)				RC : 45m72	
1	Redzepovski Selman	74	10m79	01-07	resc
Javelot (800 gr)				RC : 62m75	
1	Redzepovski Selman	74	22m34	01-07	resc
Pentathlon				RC : -	
1	Redzepovski Selman	74	1381 p	01-07	resc
10 000 m marche				RC : -	
1	Foulon Didier	73	1h00.33	22-09	aclo
Relais suédois				RC : 2.18.79	
De Ridder, July Denis, Redzepovski, Bux			2.27.90	03-06	hf

MASTERS HOMMES 40

100 m				RC : 11.43	
1	De Ridder Alain	68	13.53	03-06	hf
200 m				RC : 23.24	
1	De Ridder Alain	68	26.15	01-07	resc
2	Lemonnier Thierry	68	30.31	01-07	resc
400 m				RC : 56.72	
1	Lemonnier Thierry	68	66.21	03-06	hf
1500 m				RC : 4.04.51	
1	De Ridder Alain	68	4.52.32	01-07	resc
2	Lemonnier Thierry	68	5.17.88	06-05	resc
Longueur				RC : 5m65	
1	De Ridder Alain	68	4m40	01-07	resc
2	Lemonnier Thierry	68	4m19	25-08	hf
Poids (7,26 kg)				RC : 14m47	
1	Lemonnier Thierry	68	6m32	03-06	hf
Disque (2 kg)				RC : 51m56	
1	Lemonnier Thierry	68	17m77	01-07	resc
2	Pieters Serge	71	17m75	03-06	hf
3	De Ridder Alain	68	14m32	01-07	resc
Javelot (800 gr)				RC : 53m90	
1	Lemonnier Thierry	68	25m81	06-05	resc
2	De Ridder Alain	68	20m71	01-07	resc



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES OUTDOOR 2012

Pentathlon		RC : 1501 p			
1	De Ridder Alain	68	1729 p	01-07	resc
2	Lemonnier Thierry	68	1478 p	25-08	hf

MASTERS HOMMES 45

200 m		RC : 23.84			
1	Bux Antonio	64	27.93	01-07	resc
2	Schoonen Laurent	65	29.08	18-08	resc
3	Segers Philippe	65	30.62	30-09	rcas

400 m		RC : 56.82			
1	Bux Antonio	64	62.32	03-06	hf

800 m		RC : 2.15.36			
1	Verheirstraeten Johnny	63	2.43.11	25-08	csf

1500 m		RC : 4.36.60			
1	Bux Antonio	64	5.11.95	03-06	hf
2	Segers Philippe	65	5.44.61	30-09	rcas

Mile		RC : 5.53.15			
1	Segers Philippe	65	6.11.92	31-08	ws

2000 m		RC : 7.06.35			
1	Segers Philippe	65	8.35.57	14-04	rcas

3000 m		RC : 8.46.40			
1	Bux Antonio	64	11.17.13	22-04	riaac
2	Segers Philippe	65	12.47.92	25-07	vac

Marathon		RC : 2h41.07			
1	Schoonen Laurent	65	3h31.12	07-10	bxl

Hauteur		RC : 1m60			
1	Schoonen Laurent	65	1m45	18-08	resc

Longueur		RC : 5m40			
1	Schoonen Laurent	65	4m37	18-08	resc
2	Segers Philippe	65	4m09	01-07	resc
3	Bux Antonio	64	3m82	01-07	resc

Poids (7,26 kg)		RC : 15m08			
1	Segers Philippe	65	8m55	28-04	csf

Disque (2 kg)		RC : 5m08			
1	Segers Philippe	65	18m57	30-09	rcas
2	Bux Antonio	64	16m19	01-07	resc

Javelot (800 gr)		RC : 30m73			
1	Segers Philippe	65	27m16	06-05	resc
2	Bux Antonio	64	20m04	01-07	resc

Pentathlon		RC : -			
1	Bux Antonio	64	1406 p	01-07	resc
2	Segers Philippe	65	1203 p	30-09	rcas

MASTERS HOMMES 50

100 m		RC : 13.00			
1	Maniquet Rudi	61	12.84	27-06	vita
2	Lins Alain	63	14.35	03-06	hf

200 m		RC : 27.07			
1	Maniquet Rudi	61	25.79	18-08	resc
2	Lins Alain	63	29.56	03-06	hf

300 m		RC : -			
1	Maniquet Rudi	61	40.78	26-06	spvi



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2012

400 m				RC : 59.18	
1	Maniquet Rudi	61	58.63	06-05	resc
3000 m				RC : 9.41.58	
1	Tillieux Guy	58	11.16.40	28-04	csf
Poids (6 kg)				RC : 9m40	
1	Denys Jacques	59	8m76	28-04	csf
Disque (1,5 kg)				RC : 50m86	
1	Denys Jacques	59	25m53	21-10	rcas
Disque (2 kg)				RC : 47m69	
1	Denys Jacques	59	22m98	03-06	hf
Javelot (700 gr)				RC : 22m11	
1	Denys Jacques	59	22m73	28-04	csf
Javelot (800 gr)				RC : 28m67	
1	Denys Jacques	59	19m83	03-06	hf

MASTERS HOMMES 55

800 m				RC : 2.43.05	
1	Maurissen Pierre	55	2.44.94	03-06	hf
Longueur				RC : -	
1	Maurissen Pierre	55	3m49	03-06	hf