



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2011

KANGOUROUS FILLES (2005 - 2004)

60 m		RC : 10.28			
1	Lambert Kylie	04	10.45	08-05	resc
2	Merino Nohemi	04	11.18	08-05	resc
3	Van Ex Alexia	04	11.39	18-06	csf
4	Merino Clara	04	12.43	13-06	ws
5	Beyaert Marine	04	13.14	27-08	vac

600 m		RC : -			
1	Lambert Kylie	04	2.16.12	21-07	vs
2	Merino Nohemi	04	2.33.07	08-05	resc
3	Beyaert Marine	04	2.52.92	17-09	dac

Longueur		RC : 3m64			
1	Lambert Kylie	04	2m83	21-07	vs
2	Beyaert Marine	04	2m05	27-08	vac
3	Merino Nohemi	04	2m03	08-05	resc

Poids (1 kg)		RC : 5m63			
1	Lambert Kylie	04	4m64	02-06	acw
2	Merino Nohemi	04	4m12	03-04	resc
3	Merino Clara	04	3m21	03-04	resc
4	Beyaert Marine	04	3m20	27-08	vac

Balle de hockey		RC : 16m33			
1	Lambert Kylie	04	13m34	25-06	oeh
2	Beyaert Marine	04	5m92	17-09	dac

Tetrathlon		RC : 432 p			
1	Lambert Kylie	04	965 p	21-07	vs
2	Merino Nohemi	04	454 p	16-04	rcas
3	Beyaert Marine	04	125 p	29-10	rcas

BENJAMINES FILLES (2003 - 2002)

60 m		RC : 9.30			
1	Ifemah Estelle	02	10.57	28-05	csf
2	Belleflamme Nour Adama	02	10.83	24-09	rcas
3	Huygens Cloe	03	11.10	20-08	resc
4	Pieters Coralie	02	11.13	08-05	resc
5	Bailador Clara	03	11.19	03-04	resc
6	Vanden Broeck Anaëlle	02	11.34	03-04	resc
7	Badji Aniandine	03	11.57	01-10	resc
8	Saadi Marwa	03	11.89	08-05	resc
9	Laurent Melissa	03	12.60	03-04	resc

600 m		RC : -			
1	Belleflamme Nour Adama	02	2.20.66	24-09	rcas
2	Huygens Cloe	03	2.24.59	20-08	resc
3	Ifemah Estelle	02	2.26.52	22-05	riaac
4	Pieters Coralie	02	2.28.84	08-05	resc
5	Vanden Broeck Anaëlle	02	2.32.70	20-08	resc
6	Saadi Marwa	03	3.07.50	08-05	resc

Hauteur		RC : 1m18			
1	Pieters Coralie	02	0m85	01-07	resc
	Vanden Broeck Anaëlle	02	0m85	01-07	resc

Longueur		RC : 3m88			
1	Huygens Cloe	03	2m55	20-08	resc
2	Badji Aniandine	03	2m53	20-08	resc
3	Vanden Broeck Anaëlle	02	2m47	20-08	resc
4	Pieters Coralie	02	2m26	08-05	resc
5	Ifemah Estelle	02	2m14	28-05	csf
6	Belleflamme Nour Adama	02	2m13	24-09	rcas



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Poids (1 kg)		RC : 8m63			
1	Ifemah Estelle	02	5m89	22-05	riaac
2	Huygens Cloe	03	5m70	01-10	resc
3	Pieters Coralie	02	3m65	03-04	resc
4	Belleflamme Nour Adama	02	3m52	24-09	rcas
5	Vanden Broeck Anaëlle	02	2m91	03-04	resc
6	Badji Aniandine	03	2m84	03-04	resc
7	Belleflamme Astou	03	2m38	03-04	resc

Balle de hockey		RC : 28m96			
1	Huygens Cloe	03	16m23	30-10	rsca
2	Vanden Broeck Nolwen	02	12m75	01-07	resc
3	Badji Aniandine	03	10m29	01-10	resc
4	Pieters Coralie	02	9m06	01-07	resc

Tetrathlon		RC : 1505 p			
1	Belleflamme Nour Adama	02	691 p	24-09	rcas
2	Ifemah Estelle	02	689 p	28-05	csf
3	Huygens Cloe	03	629 p	29-10	rcas

PUPILLES FILLES (2001 - 2000)

60 m		RC : 8.74			
1	Bashirova Regina	00	9.49	08-05	resc
2	Beyaert Amelie	00	9.70	13-06	ws
3	Winerlak Noemie	00	9.74	08-05	resc
4	Cuypers Estelle	00	10.21	20-08	resc
5	Aragones Elena	00	10.51	08-05	resc

1000 m		RC : 3.27.87			
1	Bashirova Regina	00	3.57.97	16-04	rcas
2	Aragones Elena	00	4.05.84	08-05	resc
3	Cuypers Estelle	00	4.07.76	24-09	cabw
4	Beyaert Amelie	00	4.22.83	22-04	ws

60 m haies (76 cm)		RC : 11.04			
1	Bashirova Regina	00	13.58	08-05	resc
2	Cuypers Estelle	00	14.70	20-08	resc

Hauteur		RC : 1m31			
1	Cuypers Estelle	00	1m20	20-08	resc
2	Beyaert Amelie	00	1m00	13-06	ws

Longueur		RC : 4m48			
1	Bashirova Regina	00	3m59	08-05	resc
2	Beyaert Amelie	00	3m48	08-05	resc
3	Aragones Elena	00	3m36	08-05	resc
4	Cuypers Estelle	00	3m16	18-06	csf
5	Winerlak Noemie	00	3m15	08-05	resc

Poids (2 kg)		RC : 9m75			
1	Beyaert Amelie	00	6m07	22-04	ws
2	Bashirova Regina	00	5m94	16-04	rcas
3	Cuypers Estelle	00	4m57	22-05	riaac
4	Aragones Elena	00	4m17	16-04	rcas

Disque (600 gr)		RC : 23m00			
1	Beyaert Amelie	00	10m34	29-10	rcas

Balle de hockey		RC : 40m58			
1	Cuypers Estelle	00	16m72	01-07	resc
2	Beyaert Amelie	00	16m69	27-08	vac

Tetrathlon		RC : 1935 p			
1	Bashirova Regina	00	1384 p	16-04	rcas
2	Beyaert Amelie	00	900 p	29-10	rcas
3	Aragones Elena	00	892 p	16-04	rcas
4	Cuypers Estelle	00	805 p	22-05	riaac



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MINIMES FILLES (1999 - 1998)

80 m		RC : 10.64			
1	Lecomte Christina	98	11.21	10-09	hf
2	Robert Emma	98	11.26	03-04	resc
3	Taraft Ines	99	11.31	15-10	ws
4	Montilla Morgane	98	11.52	28-05	csf
5	Henry Morgane	99	11.84	15-10	ws
6	Bashirova Alisa	98	12.04	03-04	resc
7	Muls Camille	99	12.62	28-05	csf
8	De Backer Tatiana	98	12.84	03-04	resc
9	Nkandu Mupanji Alice	99	13.00	22-05	riaac
10	Merino Noelia	99	13.32	03-04	resc

150 m		RC : 20.13			
1	Robert Emma	98	21.50	08-05	resc
2	Lecomte Christina	98	21.78	20-08	resc
3	Montilla Morgane	98	21.82	20-08	resc
4	Taraft Ines	99	22.47	20-08	resc
5	Henry Morgane	99	22.91	20-08	resc
6	Bashirova Alisa	98	23.41	08-05	resc
7	Merino Noelia	99	25.34	08-05	resc
8	De Backer Tatiana	98	25.36	08-05	resc

300 m		RC : 44.36			
1	Lecomte Christina	98	46.34	01-10	resc
2	Montilla Morgane	98	46.38	14-08	vs
3	Taraft Ines	99	50.55	01-10	resc
4	Henry Morgane	99	51.02	03-04	resc
5	Muls Camille	99	51.73	03-04	resc
6	Bashirova Alisa	98	52.64	03-04	resc
7	De Backer Tatiana	98	54.12	01-10	resc
8	Merino Noelia	99	55.48	03-04	resc

1000 m		RC : 3.14.33			
1	Lecomte Christina	98	3.30.68	24-09	rcas
2	Montilla Morgane	98	3.31.87	08-08	dac
3	Muls Camille	99	3.32.87	28-05	csf
4	Henry Morgane	99	3.42.67	22-05	riaac
5	Taraft Ines	99	3.44.00	24-09	rcas
6	Bashirova Alisa	98	4.04.86	16-04	rcas
7	Merino Noelia	99	4.08.07	16-04	rcas
8	De Backer Tatiana	98	4.13.63	24-09	rcas
9	Nkandu Mupanji Alice	99	4.14.90	22-05	riaac

50 m haies (76 cm)		RC : -			
1	Lecomte Christina	98	9.99	09-10	FRA

60 m haies (76 cm)		RC : 10.05			
1	Lecomte Christina	98	10.41	24-09	rcas
2	Montilla Morgane	98	10.95	02-09	vac
3	Taraft Ines	99	11.68	24-09	rcas
4	Henry Morgane	99	11.95	24-09	rcas
5	De Backer Tatiana	98	13.06	24-09	rcas
6	Bashirova Alisa	98	13.41	16-04	rcas
7	Merino Noelia	99	13.83	16-04	rcas

150 m haies (76 cm)		RC : 22.78			
1	Montilla Morgane	98	23.74	20-08	resc
2	Lecomte Christina	98	24.23	20-08	resc
3	Henry Morgane	99	24.95	20-08	resc
4	Taraft Ines	99	26.36	22-04	ws

Hauteur		RC : 1m57			
1	Lecomte Christina	98	1m43	10-09	hf
	Montilla Morgane	98	1m43	29-10	rcas
3	Henry Morgane	99	1m33	15-10	ws
4	Bashirova Alisa	98	1m23	16-04	rcas
5	De Backer Tatiana	98	1m22	24-09	rcas
6	Taraft Ines	99	1m21	15-10	ws
7	Muls Camille	99	1m15	28-05	csf



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Longueur		RC : 5m00			
1	Lecomte Christina	98	4m68	24-09	rcas
2	Montilla Morgane	98	4m12	15-10	ws
3	Bodart Zoe	98	3m93	08-05	resc
4	Bashirova Alisa	98	3m85	08-05	resc
5	De Backer Tatiana	98	3m74	03-09	rcas
6	Henry Morgane	99	3m66	24-09	rcas
7	Muls Camille	99	3m63	22-05	riac
8	Taraft Ines	99	3m61	24-09	rcas
9	Merino Noelia	99	3m10	16-04	rcas
10	Nkandu Mupanji Alice	99	2m86	22-05	riac

Perche		RC : 2m43			
1	Montilla Morgane	98	1m84	22-10	csf

Poids (2 kg)		RC : 13m12			
1	Montilla Morgane	98	10m40	10-09	hf
2	Lecomte Christina	98	9m67	24-09	rcas
3	Bashirova Alisa	98	8m48	16-04	rcas
4	De Backer Tatiana	98	8m37	03-04	resc
5	Henry Morgane	99	6m68	15-10	ws
6	Taraft Ines	99	6m29	24-09	rcas
7	Nkandu Mupanji Alice	99	5m64	22-05	riac
8	Merino Noelia	99	5m61	03-04	resc
9	Muls Camille	99	5m24	22-05	riac

Disque (600 gr)		RC : 32m53			
1	Montilla Morgane	98	26m76	29-10	rcas
2	Lecomte Christina	98	23m20	29-10	rcas

Disque (750 gr)		RC : 24m14			
1	Montilla Morgane	98	25m78	25-09	acw

Javelot (400 gr)		RC : 29m98			
1	Montilla Morgane	98	30m13	28-05	csf
2	Lecomte Christina	98	23m12	01-10	resc
3	De Backer Tatiana	98	17m35	22-05	riac
4	Nkandu Mupanji Alice	99	14m48	22-05	riac
5	Henry Morgane	99	12m89	01-10	resc
6	Taraft Ines	99	12m16	01-10	resc
7	Muls Camille	99	9m08	28-05	csf

Pentathlon		RC : 3021 p			
1	Lecomte Christina	98	2966 p	24-09	rcas
2	Montilla Morgane	98	2804 p	29-10	rcas
3	Henry Morgane	99	2059 p	15-10	ws
4	Taraft Ines	99	1998 p	15-10	ws
5	Bashirova Alisa	98	1749 p	16-04	rcas
6	De Backer Tatiana	98	1711 p	24-09	rcas
7	Muls Camille	99	1655 p	28-05	csf
8	Nkandu Mupanji Alice	99	1223 p	22-05	riac
9	Merino Noelia	99	1021 p	16-04	rcas

CADETTES FILLES (1997 - 1996)

100 m		RC : 12.64			
1	Klai Anissa	96	13.01	03-04	resc
2	Guisse Saliyya	96	13.30	28-05	cabw
3	Van Der Veken Noemie	97	13.54	10-07	resc
4	Van Der Veken Cindy	97	13.60	10-07	resc
5	Badji Jalika	96	13.66	01-10	resc
6	Peij Jenna	97	13.82	01-10	resc
7	Lecocq Elodie	97	14.06	22-05	lyra
8	Van De Sype Chloe	97	14.24	03-04	resc
9	Imbo Kristel	96	14.60	18-06	csf
10	Pirtynis Alicja	97	14.92	30-04	csf
11	Twahirwa Tracy	96	14.93	30-04	csf
12	Bah Yaye Binta	97	14.99	30-04	csf
13	Griffet Celia	97	15.41	03-04	resc
14	Bailador Luna	97	15.51	03-04	resc
15	Zapico Zazie	97	15.78	08-05	resc



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16	Moulila Maryam	96	16.08	30-04	csf
17	Echaibi Yousra	97	16.63	03-04	resc

200 m RC : 26.14

1	Klai Anissa	96	26.63	30-04	csf
2	Van Der Veken Noemie	97	28.10	10-07	resc
3	Van Der Veken Cindy	97	28.65	01-10	resc
4	Guisse Saliyya	96	29.08	10-07	resc
5	Van De Sype Chloe	97	29.16	20-08	resc
6	Peij Jenna	96	29.25	02-08	vs
7	Lecocq Elodie	97	29.60	26-06	rcb
8	Imbo Kristel	96	29.73	10-07	resc
9	Bah Yaye Binta Binta	97	30.73	01-10	resc
10	Pirtynis Alicja	97	31.54	01-10	resc

300 m RC : 42.65

1	Van De Sype Chloe	97	46.54	23-06	wrc
2	Guisse Saliyya	96	49.10	23-06	wrc
3	Imbo Kristel	96	52.86	30-07	vmol

400 m RC : 57.61

1	Klai Anissa	96	58.92	28-05	cabw
2	Van De Sype Chloe	97	66.99	10-07	resc
3	Van Der Veken Noemie	97	69.21	22-04	ws
4	Imbo Kristel	96	79.36	22-05	aco

800 m RC : 2.22.80

1	Tshiasuma Jessie	96	2.21.88	01-10	resc
2	Badji Jalika	96	2.44.52	25-09	rcas
3	Imbo Kristel	96	2.46.14	25-09	rcas
4	Van De Sype Chloe	97	2.46.66	03-07	macw
5	Guisse Saliyya	96	2.52.17	25-09	rcas
6	Lecocq Elodie	97	2.55.94	30-04	csf
7	Van Der Veken Noemie	97	3.01.69	25-09	rcas

1000 m RC : 3.09.50

1	Tshiasuma Jessie	96	3.01.95	17-09	mac
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1500 m RC : 4.59.25

1	Tshiasuma Jessie	96	4.53.37	23-07	resc
2	Imbo Kristel	96	6.28.53	22-04	ws

Mile RC : 5.56.70

1	Tshiasuma Jessie	96	5.37.33	29-10	rcas
2	Imbo Kristel	96	6.28.31	29-10	rcas

2000 m RC : 7.28.38

1	Tshiasuma Jessie	96	7.02.18	16-04	rcas
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80 m haies (76 cm) RC : 11.95

1	Badji Jalika	96	12.82	09-10	FRA
2	Van Der Veken Noemie	97	13.13	01-10	resc
3	Guisse Saliyya	96	13.22	01-10	resc
4	Van De Sype Chloe	97	13.32	25-09	rcas
5	Imbo Kristel	96	15.55	13-08	rcas

300 m haies (76 cm) RC : 45.51

1	Badji Jalika	96	48.02	04-09	jsmc
2	Van De Sype Chloe	97	51.94	03-04	resc
3	Imbo Kristel	96	59.00	03-04	resc

1500 m steeple (76 cm) RC : 6.17.24

1	Imbo Kristel	96	6.37.08	01-05	csf
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Hauteur RC : 1m68

1	Van Der Veken Cindy	97	1m57	28-05	cabw
2	Van Der Veken Noemie	97	1m45	29-10	rcas
3	Van De Sype Chloe	97	1m35	27-08	avt
4	Guisse Saliyya	96	1m34	25-09	rcas
5	Badji Jalika	96	1m31	25-09	rcas



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6 Imbo Kristel 96 1m30 20-08 resc

Longueur RC : 5m74

1	Guisse Saliyya	96	4m75	18-08	vita
2	Van De Sype Chloe	97	4m68	01-05	csf
3	Van Der Veken Noemie	97	4m56	25-09	rcas
4	Bah Yaye Binta	97	4m25	01-05	csf
5	Badji Jalika	96	4m24	25-09	rcas
6	Pirtynis Alicja	97	4m05	08-05	resc
7	Imbo Kristel	96	3m99	24-09	rcas

Triple saut RC : 11m71

1	Guisse Saliyya	96	10m55	13-08	rcas
2	Van De Sype Chloe	97	9m75	13-06	ws
3	Imbo Kristel	96	7m70	25-04	bbs

Perche RC : 3m26

1	Imbo Kristel	96	2m86	25-08	vs
2	Van De Sype Chloe	97	2m73	20-08	resc
3	Guisse Saliyya	96	1m90	01-10	resc

Poids (3 kg) RC : 12m10

1	Van De Sype Chloe	97	10m20	28-05	cabw
2	Imbo Kristel	96	8m77	25-09	rcas
3	Badji Jalika	96	8m39	25-09	rcas
4	Van Der Veken Noemie	97	8m26	25-09	rcas
5	Guisse Saliyya	96	7m35	25-09	rcas

Disque (750 gr) RC : 25m78

1	Van Der Veken Noemie	97	22m26	09-10	FRA
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Disque (1 kg) RC : 37m60

1	Van Der Veken Noemie	97	23m56	06-08	vita
2	Imbo Kristel	96	20m48	26-07	hco

Javelot (500 gr) RC : 36m86

1	Van De Sype Chloe	97	27m02	10-09	avt
2	Imbo Kristel	96	25m97	27-08	avt
3	Van Der Veken Noemie	97	20m74	25-09	rcas
4	Badji Jalika	96	19m18	25-09	rcas
5	Guisse Saliyya	96	14m12	01-05	csf

Marteau (3 kg) RC : 32m60

1	Imbo Kristel	96	20m31	09-07	arch
2	Van De Sype Chloe	97	19m22	02-10	rsca
3	Guisse Saliyya	96	16m90	02-10	rsca

Hexathlon RC : 3625 p

1	Van De Sype Chloe	97	2896 p	28-08	avt
2	Van Der Veken Noemie	97	2740 p	25-09	rcas
3	Badji Jalika	96	2739 p	25-09	rcas
4	Guisse Saliyya	96	2530 p	25-09	rcas
5	Imbo Kristel	96	2459 p	25-09	rcas

4 x 100 m RC : 50.59

Badji, Klai, Van Der Veken N, Guisse	52.05	07-05	herv
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SCOLAIRES FEMMES (1995 - 1994)

100 m RC : 12.41

1	Lins Noemie	94	13.49	10-09	avt
2	Vlerick Ophelia	94	13.71	03-04	resc
3	Legein Emilie	95	14.55	01-10	resc

200 m RC : 25.34

1	Miri Yasmina	94	26.77	20-08	resc
2	Lins Noemie	94	28.08	26-06	rcb
3	Vlerick Ophelia	94	28.53	22-05	lyra
4	Legein Emilie	95	30.26	28-05	cabw



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400 m		RC : 56.03			
1	Miri Yasmina	94	59.76	10-09	avt
800 m		RC : 2.15.60			
1	Murerwa Larissa	94	2.37.41	07-05	herv
2	Miri Yasmina	94	2.38.91	28-05	cabw
3	Vlerick Ophelia	94	2.45.19	25-09	rcas
4	Guisse Shaena	94	2.58.86	30-04	csf
1500 m		RC : 4.50.73			
1	Guisse Shaena	94	6.46.19	22-04	ws
2	Passagez Anne Myriam	94	6.53.63	07-05	herv
3000 m		RC : 10.43.20			
1	Joris Anael	94	17.10.70	07-05	herv
100 m haies (76 cm)		RC : 13.92			
1	Vlerick Ophelia	94	16.97	22-05	lyra
400 m haies (76 cm)		RC : 68.18			
1	Murerwa Larissa	94	76.38	07-05	herv
2	Lins Noemie	94	76.62	27-08	olse
Hauteur		RC : 1m68			
1	Vlerick Ophelia	94	1m50	07-05	herv
Longueur		RC : 6m08			
1	Vlerick Ophelia	94	4m61	25-09	rcas
2	Lins Noemie	94	4m58	20-08	resc
3	Philippart de Foy Pauline	94	4m33	01-05	csf
4	Legein Emilie	95	3m80	01-05	csf
Perche		RC : 3m36			
1	Vlerick Ophelia	94	2m40	30-04	csf
Poids (4 kg)		RC : 12m19			
1	Guisse Shaena	94	7m83	03-07	usbw
2	Vlerick Ophelia	94	7m40	25-09	rcas
3	Lins Noemie	94	6m89	01-05	csf
Disque (1 kg)		RC : 47m99			
1	Guisse Shaena	94	25m85	27-07	vac
2	Lins Noemie	94	18m11	30-04	csf
Javelot (600 gr)		RC : 36m78			
1	Vlerick Ophelia	94	24m00	25-09	rcas
2	Guisse Shaena	94	21m21	25-08	vs
3	Lins Noemie	94	17m73	07-05	herv
Marteau (4 kg)		RC : 50m43			
1	Guisse Shaena	94	22m79	25-09	cabw
Heptathlon		RC : 4701 p			
1	Vlerick Ophelia	94	3259 p	25-09	rcas
4 x 100 m		RC : 48.97			
Legein, Miri, Vlerick, Lins		53.94		07-05	herv
4 x 200 m		RC : 1.49.97			
Guisse, Lins, Guisse, Legein		2.01.57		01-05	csf

JUNIORS FEMMES (1993 - 1992)

100 m		RC : 12.11			
1	Diwani Alison	93	12.98	08-05	resc
2	Van Rossem Nicky	92	13.01	08-05	resc



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2011

200 m		RC : 24.65				
1	Diwani Alison	93	27.18	30-04	csf	
2	Van Rossem Nicky	92	27.20	14-05	usbw	
800 m		RC : 2.11.36				
1	Van Rossem Nicky	92	2.50.67	25-09	rcas	
3000 m		RC : 9.36.90				
1	Van Damme Joelle	92	11.38.45	14-05	usbw	
100 m haies (84 cm)		RC : 13.99				
1	Van Rossem Nicky	92	16.61	11-09	vac	
Hauteur		RC : 1m81				
1	Van Rossem Nicky	92	1m51	24-09	rcas	
Longueur		RC : 6m08				
1	Van Rossem Nicky	92	4m75	25-09	rcas	
Poids (4 kg)		RC : 13m12				
1	Van Rossem Nicky	92	6m68	24-09	rcas	
Javelot (600 gr)		RC : 38m45				
1	Van Rossem Nicky	92	17m07	24-09	rcas	
Heptathlon		RC : 3274 p				
1	Van Rossem Nicky	92	3405 p	24-09	rcas	

ESPOIRS FEMMES (1991 - 1990 - 1989)

100 m		RC : 12.11				
1	Hostyn Priscilla	90	13.25	28-06	vita	
2	Archambeau Aline	90	13.58	30-04	csf	
3	Cok Evelyn	91	14.23	30-04	csf	
200 m		RC : 24.65				
1	Cok Evelyne	91	29.63	30-04	csf	
2	Archambeau Aline	90	29.99	24-09	rcas	
300 m		RC : 39.65				
1	Cok Evelyne	91	50.26	17-09	mac	
400 m		RC : 56.03				
1	Cok Evelyn	91	69.76	22-04	ws	
800 m		RC : 2.11.36				
1	Vanden Broeck Nolwen	91	2.41.31	03-04	resc	
2	Archambeau Aline	90	2.51.58	25-09	rcas	
3000 m		RC : 9.36.90				
1	Vanden Broeck Nolwen	91	12.54.02	30-04	csf	
100 m haies (84 cm)		RC : 13.82				
1	Hostyn Priscilla	90	15.20	27-08	olse	
2	Archambeau Aline	90	18.83	24-09	rcas	
Hauteur		RC : 1m88				
1	Archambeau Aline	90	1m64	14-05	usbw	
2	Hostyn Priscilla	90	1m57	30-04	csf	
Longueur		RC : 6m08				
1	Mouzon Emmanuelle	91	5m46	08-05	resc	
2	Hostyn Priscilla	90	5m40	08-05	resc	
3	Archambeau Aline	90	4m97	01-05	csf	
Poids (4 kg)		RC : 13m12				
1	Mouzon Emmanuelle	91	10m39	07-05	usbw	
2	Archambeau Aline	90	10m21	01-05	csf	



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2011

Javelot (600 gr)		RC : 38m45			
1	Mouzon Emmanuelle	91	30m49	01-05	csf
2	Archambeau Aline	90	22m90	25-09	rcas

Heptathlon		RC : -			
1	Archambeau Aline	90	3366 p	25-09	rcas

SENIORS FEMMES (1991 - 1977)

100 m		RC : 11.84			
1	Guillet Laurence	80	12.73	30-04	csf
	Sende Patricia	85	12.73	10-07	resc
3	Hostyn Priscilla	90	13.25	28-06	vita
4	Archambeau Aline	90	13.58	30-04	csf
5	Cok Evelyn	91	14.23	30-04	csf
6	Silberfeld Sophie	87	14.99	30-04	csf
7	Reynaerts Stephane	80	15.66	24-09	rcas

200 m		RC : 24.03			
1	Sende Patricia	85	26.39	04-06	lier
2	Cok Evelyne	91	29.63	30-04	csf
3	Archambeau Aline	90	29.99	24-09	rcas

300 m		RC : 39.65			
1	Cok Evelyne	91	50.26	17-09	mac

400 m		RC : 56.03			
1	Guillet Delphine	86	57.77	08-05	resc
2	Guillet Laurence	80	59.17	14-05	usbw
3	Cok Evelyn	91	69.76	22-04	ws
4	Silberfeld Sophie	87	71.76	24-09	rcas
5	Reynaerts Stephanie	80	85.53	24-09	rcas

800 m		RC : 2.05.85			
1	Guillet Delphine	86	2.12.46	29-05	FRA
2	Adam Benedicte	78	2.22.66	21-05	herv
3	Vanden Broeck Nolwen	91	2.41.31	03-04	resc
4	Archambeau Aline	90	2.51.58	25-09	rcas
5	Gillis Caroline	78	3.18.03	03-04	resc

1500 m		RC : 4.12.85			
1	Silberfeld Sophie	87	6.41.15	25-09	rcas
2	Reynaerts Stephanie	80	7.41.68	25-09	rcas

3000 m		RC : 8.49.85			
1	Vanden Broeck Nolwen	91	12.54.02	30-04	csf

100 m haies (84 cm)		RC : 13.82			
1	Guillet Laurence	80	14.72	21-05	herv
2	Hostyn Priscilla	90	15.20	27-08	olse
3	Archambeau Aline	90	18.83	24-09	rcas
4	Reynaerts Stephanie	80	20.19	25-09	rcas
5	Silberfeld Sophie	87	21.83	25-09	rcas

200 m haies (76 cm)		RC : 29.04			
1	Guillet Laurence	80	30.11	kape	13-08

400 m haies (76 cm)		RC : 60.08			
1	Guillet Laurence	80	62.90	resc	24-07

Hauteur		RC : 1m95			
1	Archambeau Aline	90	1m64	14-05	usbw
2	Hostyn Priscilla	90	1m57	30-04	csf
3	Reynaerts Stephanie	80	1m39	25-09	rcas
4	Silberfeld Sophie	87	1m36	25-09	rcas

Longueur		RC : 6m28			
1	Mouzon Emmanuelle	91	5m46	08-05	resc
2	Hostyn Priscilla	90	5m40	08-05	resc
3	Guillet Laurence	80	5m20	01-05	csf



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2011

4	Archambeau Aline	90	4m97	01-05	csf
5	Silberfeld Sophie	87	4m11	04-06	lier
6	Reynaerts Stephanie	80	3m91	25-09	rcas

Perche		RC : 3m54			
1	Reynaerts Stephanie	80	1m87	24-09	rcas

Poids (4 kg)		RC : 13m12			
1	Mouzon Emmanuelle	91	10m39	07-05	usbw
2	Archambeau Aline	90	10m21	01-05	csf
3	Reynaerts Stephanie	80	9m58	02-10	rsca
4	Adam Benedicte	78	9m34	02-10	rsca
5	Silberfeld Sophie	87	5m16	25-09	rcas

Disque (1 kg)		RC : 47m99			
1	Reynaerts Stephanie	80	32m05	14-05	usbw
2	Colle Magali	86	30m99	28-05	csf
3	Adam Benedicte	78	14m83	30-04	csf
4	Silberfeld Sophie	87	14m09	24-09	rcas

Javelot (600 gr)		RC : 38m45			
1	Reynaerts Stephanie	80	32m31	20-08	resc
2	Adam Benedicte	78	31m21	14-05	usbw
3	Mouzon Emmanuelle	91	30m49	01-05	csf
4	Guillet Laurence	80	26m29	01-05	csf
5	Archambeau Aline	90	22m90	25-09	rcas
6	Silberfeld Sophie	87	13m52	24-09	rcas

Marteau (4 kg)		RC : 56m30			
1	Reynaerts Stephanie	80	28m83	02-10	rsca
2	Colle Magali	86	27m69	02-10	rsca
3	Adam Benedicte	78	20m74	02-10	rsca

Heptathlon		RC : 4418 p			
1	Archambeau Aline	90	3366 p	25-09	rcas

Decathlon		RC : 5847 p			
1	Reynaerts Stephanie	80	3218 p	25-09	rcas
2	Silberfeld Sophie	87	2433 p	25-09	rcas

4 x 100 m		RC : 46.95			
Sende, Van Rossem, Hostyn, Guillet		50.66	18-09	ob	

4 x 200 m		RC : 1.40.73			
Sende, Hostyn, Gillet, Guillet		1.46.56	18-09	ob	

4 x 400 m		RC : 3.54.68			
Klai, Guillet, Badji, Gillet		4.03.16	14-05	usbw	

MASTERS FEMMES 35

100 m		RC : 13.37			
1	Debaillie Isabelle	74	15.42	03-04	resc
2	De Buyst Nadia	73	15.64	30-04	csf

400 m		RC : 65.52			
1	Debaillie Isabelle	74	74.38	13-06	ws

800 m		RC : 2.14.21			
1	De Buyst Nadia	73	3.05.97	30-04	csf
2	Debaillie Isabelle	74	3.22.13	24-09	rcas

1500 m		RC : 4.36.30			
1	Aboulhacen Mounia	72	5.14.33	14-05	usbw

3000 m		RC : 9.29.60			
1	Aboulhacen Mounia	72	12.20.27	14-05	usbw



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES OUTDOOR 2011

100 m haies (84 cm)			RC : -		
1	Debaillie Isabelle	74	20.89	24-09	rcas

Hauteur			RC : 1m25		
1	Debaillie Isabelle	74	1m30	03-04	resc

Longueur			RC : 5m26		
1	De Buyst Nadia	73	3m62	01-05	csf
2	Debaillie Isabelle	74	3m58	24-09	rcas

Poids (4 kg)			RC : 7m48		
1	Debaillie Isabelle	74	7m86	29-10	rcas
2	De Buyst Nadia	73	7m40	02-10	rsca
3	Chevalier Colette	74	4m53	05-06	csf

Disque (1 kg)			RC : 27m77		
1	De Buyst Nadia	73	26m67	28-06	vita

Javelot (600 gr)			RC : 22m18		
1	De Buyst Nadia	73	21m05	01-05	csf
2	Debaillie Isabelle	74	16m19	05-06	csf

Marteau (4 kg)			RC : 21m89		
1	De Buyst Nadia	73	22m25	02-10	rsca

Pentathlon			RC : -		
1	Debaillie Isabelle	74	1371 p	24-09	rcas

Relais suédois			RC : -		
Covens, Debaillie, Boonaert, Cardoso			3.00.57	05-06	csf

MASTERS FEMMES 40

400 m			RC : 74.11		
1	Covens Benedicte	67	79.69	13-06	ws

800 m			RC : 2.24.29		
1	Covens Benedicte	67	2.47.96	03-04	resc

1500 m			RC : 4.48.11		
1	Covens Benedicte	67	5.36.92	20-08	resc

3000 m			RC : 10.34.47		
1	Covens Benedicte	67	13.09.32	05-06	csf

MASTERS FEMMES 45

100 m			RC : 14.53		
1	Boonaert Caroline	64	14.01	04-05	resc

200 m			RC : -		
1	Boonaert Caroline	64	30.74	20-08	resc

400 m			RC : 72.10		
1	Boonaert Caroline	64	69.93	08-05	resc

800 m			RC : 3.30.79		
1	Cardoso Da Rocha Maria Joao	64	3.20.65	05-06	csf

KANGOUROUS GARÇONS (2005 - 2004)

60 m			RC : 10.31		
1	Van Der Linden Xavier	04	10.77	08-08	dac
2	Kamara Sanael	04	11.92	20-08	resc
3	Saadi Mohamed	05	12.72	08-05	resc



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2011

600 m			RC : -			
1	Van Der Linden Xavier	04	2.25.18	08-05	resc	
2	Saadi Mohamed	05	2.50.98	08-05	resc	
Hauteur			RC : 1m00			
1	Van Der Linden Xavier	04	0m95	22-05	riac	
Longueur			RC : 3m24			
1	Van Der Linden Xavier	04	2m86	08-08	dac	
2	Kamara Sanael	04	2m35	03-04	resc	
Poids (1 kg)			RC : 7m40			
1	Van Der Linden Xavier	04	5m82	16-04	rcas	
2	Kamara Sanael	04	5m13	20-08	resc	
Balle de hockey			RC : 24m58			
1	Van Der Linden Xavier	04	17m96	08-08	dac	
2	Kamara Sanael	04	12m17	01-07	resc	
3	Zoumis Neal	05	6m14	01-07	resc	
Tetrathlon			RC : 1055 p			
1	Van Der Linden Xavier	04	756 p	22-05	riac	

BENJAMINS GARÇONS (2003 - 2002)

60 m			RC : 9.17			
1	Medan Marko	03	9.67	20-08	resc	
2	Beyaert Corentin	02	9.89	27-08	vac	
3	Montilla Alexis	02	9.95	10-09	hf	
4	Cuyppers Florian	03	10.01	08-05	resc	
5	Fasquel Neo	02	10.37	01-10	resc	
6	Taieb Rayane	03	10.49	02-06	rfcl	
7	Codutti Axel	03	10.57	01-10	resc	
8	Cosentino Lorenzo	03	12.78	22-05	riac	
600 m			RC : 2.05.07			
1	Beyaert Corentin	02	1.58.56	29-10	rcas	
2	Montilla Alexis	02	2.02.46	15-10	ws	
3	Cuyppers Florian	03	2.07.50	08-05	resc	
4	Medan Marko	03	2.13.64	27-06	rcb	
5	Taieb Rayane	03	2.21.99	22-04	ws	
6	Codutti Axel	03	2.22.51	20-08	resc	
7	Cosentino Lorenzo	03	2.47.96	08-05	resc	
Hauteur			RC : 1m25			
1	Montilla Alexis	02	1m07	22-05	riac	
2	Beyaert Corentin	02	1m05	22-04	ws	
3	Taieb Rayane	03	1m00	08-10	rcb	
4	Cuyppers Florian	03	0m98	22-05	riac	
5	Cosentino Lorenzo	03	0m83	22-05	riac	
Longueur			RC : 4m19			
1	Cuyppers Florian	03	3m43	08-05	resc	
2	Montilla Alexis	02	3m40	08-05	resc	
3	Medan Marko	03	3m27	08-08	dac	
4	Beyaert Corentin	02	3m25	08-05	resc	
5	Taieb Rayane	03	3m17	08-05	resc	
6	Fasquel Neo	02	2m97	01-10	resc	
7	Cosentino Lorenzo	03	2m15	16-04	rcas	
Poids (1 kg)			RC : 11m68			
1	Montilla Alexis	02	10m12	29-10	rcas	
2	Beyaert Corentin	02	9m90	29-10	rcas	
3	Taieb Rayane	03	7m40	02-06	rfcl	
4	Cuyppers Florian	03	6m40	20-08	resc	
5	Medan Marko	03	5m16	26-06	rcb	
6	Cosentino Lorenzo	03	4m58	22-04	ws	



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2011

Balle de hockey		RC : 40m13			
1	Beyaert Corentin	02	34m21	27-08	vac
2	Montilla Alexis	02	32m33	10-09	hf
3	Fasquel Neo	02	28m11	01-10	resc
4	Taieb Rayane	03	23m72	10-04	huy
5	Medan Marko	03	17m34	08-08	dac
6	Cuyppers Florian	03	15m98	01-07	resc
7	Cosentino Lorenzo	03	13m07	01-07	resc

Tetrathlon		RC : 2099 p			
1	Beyaert Corentin	02	1686 p	29-10	rcas
2	Montilla Alexis	02	1623 p	15-10	ws
3	Medan Marko	03	1560 p	27-06	rcb
4	Cuyppers Florian	03	1248 p	22-05	riaac
5	Cosentino Lorenzo	03	280 p	22-05	riaac

4 x 60 m		RC : 37.27			
Cosentino, Taieb, Montilla, Beyaert		44.88	22-04	ws	

PUPILLES GARÇONS (2001 - 2000)

60 m		RC : 8.42			
1	Taiwo Eniola	00	8.48	01-10	resc
2	Stodolski Michael	00	8.63	24-09	cabw
3	Luis Vieira Igor	01	9.24	22-05	riaac
4	Teklal Liam	01	9.57	08-05	resc
5	Coman Alex	00	9.81	08-05	resc
6	Badji Toumane	01	10.05	20-08	resc
7	Delarge Mathieu	00	10.10	03-04	resc
8	Moens Cyprien	00	10.14	03-04	resc
9	Ould Kerkoub Yonas	00	10.38	08-05	resc
10	Echaibi Imran	01	10.84	08-05	resc
11	Laurent Maxime	00	11.30	03-04	resc

1000 m		RC : 3.14.18			
1	Stodolski Michael	00	3.37.46	25-09	rcas
2	Teklal Liam	01	3.39.33	25-09	rcas
3	Luis Vieira Igor	01	3.47.30	22-04	ws
4	Badji Toumane	01	4.02.27	20-08	resc
5	Delarge Mathieu	00	4.06.93	08-05	resc
6	Coman Alex	00	4.12.61	08-05	resc
7	Ould Kerkoub Yonas	00	4.29.46	08-05	resc

60 m haïes (76 cm)		RC : 10.24			
1	Stodolski Michael	00	12.08	20-08	resc
2	Teklal Liam	01	13.99	20-08	resc
3	Badji Toumane	01	14.07	13-06	ws

Hauteur		RC : 1m49			
1	Luis Vieira Igor	01	1m10	08-05	resc
2	Badji Toumane	01	1m05	13-06	ws
	Teklal Liam	01	1m05	22-05	riaac

Longueur		RC : 4m75			
1	Taiwo Eniola	00	4m20	01-10	resc
2	Stodolski Michael	00	4m09	01-10	resc
3	Teklal Liam	01	3m62	03-09	rcas
4	Moens Cyprien	00	3m36	01-07	resc
5	Badji Toumane	01	3m35	01-10	resc
	Luis Vieira Igor	01	3m35	03-04	resc
7	Delarge Mathieu	00	2m97	03-04	resc
8	Degreffé Esteban	01	2m69	01-07	resc

Poids (2 kg)		RC : 11m71			
1	Stodolski Michael	00	7m93	20-08	resc
2	Badji Toumane	01	7m23	20-08	resc
3	Luis Vieira Igor	01	5m63	22-05	riaac
4	Teklal Liam	01	4m91	20-08	resc



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2011

Balle de hockey RC : 46m50

1	Stodolski Michael	00	28m68	25-09	rcas
2	Moens Cyprien	00	25m85	01-07	resc
3	Luis Vieira Igor	01	24m48	01-07	resc
4	Teklal Liam	01	19m14	01-07	resc
5	Degreffe Esteban	01	15m69	01-07	resc

Tetralthlon RC : 2516 p

1	Stodolski Michael	00	1830 p	25-09	rcas
2	Luis Vieira Igor	01	1487 p	22-05	riaac
3	Teklal Liam	01	1335 p	25-09	rcas

MINIMES GARÇONS (1999 - 1998)

50 m RC : -

1	Sergeef Martin	98	6.88	09-10	FRA
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80 m RC : 9.66

1	Sergeef Martin	98	10.13	30-07	lyra
2	Montilla Dimitri	98	10.42	22-05	riaac
3	Okeowo Peredjo	99	11.12	18-09	ea
4	Geerts Gregory	99	11.72	30-10	rsca
5	Petitjean Nicolas	99	11.85	18-06	csf
6	Michiels Matthias	98	12.15	03-04	resc
7	Riffi Tamsamani Ayoub	99	12.80	03-04	resc
8	Tasiaux Jonathan	98	12.88	22-05	riaac
9	De Ridder Nathan	99	13.34	03-04	resc
10	Ben Zahraa Ikrima	99	13.35	03-04	resc
11	Tollenaire Jonathan	98	13.39	03-04	resc
12	Timmermans Cyril	99	13.45	01-05	caf
13	Taieb Elias	98	13.91	10-04	huy
14	Jordens Kilian	99	14.03	03-04	resc

150 m RC : 18.43

1	Sergeef Martin	98	19.07	30-09	csf
2	Montilla Dimitri	98	19.13	08-05	resc
3	Okeowo Peredjo	99	20.79	20-08	resc
4	Boistel Julien	98	20.86	08-05	resc
5	Michiels Mathias	98	22.17	08-05	resc
6	Geerts Gregory	99	21.87	08-05	resc
7	Petitjean Nicolas	99	22.60	29-05	rsca
8	Riffi Tamsamani Ayoub	99	22.80	08-05	resc
9	Tasiaux Jonathan	98	24.48	08-05	resc
10	Ben Zahraa Ikrima	99	25.49	08-05	resc
11	De Ridder Nathan	99	25.74	08-05	resc
12	Taieb Elias	98	27.38	08-05	resc
13	Jordens Kilian	99	29.35	08-05	resc

300 m RC : 41.31

1	Montilla Dimitri	98	40.86	14-08	vs
2	Sergeef Martin	98	42.02	01-10	resc
3	Boistel Julien	98	46.06	01-10	resc
4	Okeowo Peredjo	99	47.75	18-09	ea
5	Petitjean Nicolas	99	49.40	01-10	resc
6	Geerts Gregory	99	50.66	01-10	resc
7	Michiels Mathias	98	50.92	01-10	resc
8	Riffi Tamsamani Ayoub	99	52.28	03-04	resc
9	Ben Zahraa Ikrima	99	55.35	03-04	resc
10	Tasiaux Jonathan	98	57.23	03-04	resc
11	De Ridder Nathan	99	57.45	03-04	resc
12	Jordens Kilian	99	58.32	03-04	resc

1000 m RC : 3.02.09

1	Montilla Dimitri	98	3.01.77	29-10	rcas
2	Sergeef Martin	98	3.33.52	08-08	dac
3	Okeowo Peredjo	99	3.35.55	25-09	rcas
4	Petitjean Nicolas	99	3.36.96	18-06	csf
5	Riffi Tamsamani Ayoub	99	3.38.71	16-04	rcas
6	Jordens Kilian	99	3.44.09	08-05	resc
7	De Ridder Nathan	99	3.49.61	08-05	resc
8	Ben Zahraa Ikrima	99	3.55.00	16-04	rcas



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9	Tasiaux Jonathan	98	4.01.06	25-09	rcas
10	Taieb Elias	98	4.41.28	22-04	ws

50 m haies (84 cm)

RC : -

1	Montilla Dimitri	98	7.98	09-10	FRA
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80 m haies (84 cm)

RC : 12.00

1	Montilla Dimitri	98	12.79	29-10	rcas
2	Okeowo Peredjo	99	13.98	30-09	csf
3	Riffi Tamsamani Ayoub	99	16.40	08-05	resc
4	Vanhoeke Martin	99	16.65	08-05	resc
5	Petitjean Nicolas	99	17.67	13-06	ws
6	Tollenaire Jonathan	98	18.21	08-05	resc
7	Tasiaux Jonathan	98	18.35	25-09	rcas
8	Michiels Mathias	98	18.44	08-05	resc
9	Geerts Gregory	99	18.64	08-05	resc
10	Jordens Killian	99	20.00	16-04	rcas
11	Ben Zahraa Ikrima	99	20.11	08-05	resc
12	Taieb Elias	98	21.61	08-05	resc

150 m haies (76 cm)

RC : 20.97

1	Montilla Dimitri	98	20.54	20-08	resc
2	Okeowo Peredjo	99	23.27	20-08	resc
3	Tasiaux Jonathan	98	27.20	22-04	ws
4	Taieb Elias	98	30.73	22-04	ws

Hauteur

RC : 1m65

1	Montilla Dimitri	98	1m68	21-07	vs
2	Sergeef Martin	98	1m46	08-05	resc
3	Okeowo Peredjo	99	1m45	26-06	rcb
4	Petitjean Nicolas	99	1m40	08-05	resc
5	Riffi Tamsamani Ayoub	99	1m20	08-05	resc
6	Tasiaux Jonathan	98	1m15	22-05	riaac
7	Ben Zahraa Ikrima	99	1m10	08-05	resc
	Taieb Elias	98	1m10	02-06	rfcl
9	Jordens Kilian	99	1m02	16-04	rcas
10	De Ridder Nathan	99	0m99	16-04	rcas

Longueur

RC : 5m73

1	Montilla Dimitri	98	5m57	01-07	resc
2	Sergeef Martin	98	5m17	01-07	resc
3	Okeowo Peredjo	99	4m72	01-07	resc
4	Petitjean Nicolas	99	4m24	01-07	resc
5	Riffi Tamsamani Ayoub	99	3m79	25-09	rcas
6	Tasiaux Jonathan	98	3m71	28-05	csf
7	De Ridder Nathan	99	3m39	01-07	resc
8	Taieb Elias	98	3m22	02-06	rfcl
9	Timmermans Cyril	99	3m17	01-05	caf
10	Ben Zahraa Ikrima	99	3m03	16-04	rcas
11	Jordens Kilian	99	3m01	16-04	rcas

Perche

RC : 2m90

1	Montilla Dimitri	98	3m21	30-09	csf
2	Okeowo Peredjo	88	2m01	20-08	resc
3	Petitjean Nicolas	99	1m90	13-06	ws

Poids (3 kg)

RC : 14m62

1	Montilla Dimitri	98	14m71	08-08	dac
2	Sergeef Martin	98	10m40	10-09	hf
3	Okeowo Peredjo	99	9m61	25-09	rcas
4	Petitjean Nicolas	99	8m38	22-05	riaac
5	Riffi Tamsamani Ayoub	99	6m07	25-09	rcas
6	Taieb Elias	98	5m92	02-06	rfcl
7	Timmermans Cyril	99	5m33	01-05	caf
8	Tasiaux Jonathan	98	5m20	28-05	csf
9	De Ridder Nathan	99	4m96	16-04	rcas
10	Ben Zahraa Ikrima	99	4m30	16-04	rcas
11	Jordens Kilian	99	3m36	16-04	rcas

Disque (750 gr)

RC : 29m92

1	Montilla Dimitri	98	45m01	18-09	ea
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Disque (1 kg) RC : 41m07

1	Montilla Dimitri	98	39m84	29-10	rcas
2	Taieb Elias	98	12m56	02-06	rfcl

Javelot (400 gr) RC : 42m68

1	Montilla Dimitri	98	45m91	25-09	acw
2	Sergeef Martin	98	38m71	08-08	dac
3	Okeowo Peredjo	99	26m97	22-05	riaac
4	Petitjean Nicolas	99	21m94	22-05	riaac
5	Tasiaux Jonathan	98	14m78	22-05	riaac
6	Taieb Elias	98	12m56	02-06	rfcl

Pentathlon RC : 3937 p

1	Montilla Dimitri	98	4135 p	27-08	ob
2	Sergeef Martin	98	3291 p	10-09	hf
3	Okeowo Peredjo	99	2651 p	25-09	rcas
4	Petitjean Nicolas	99	2357 p	22-05	riaac
5	Riffi Temsamani Ayoub	99	1708 p	16-04	rcas
6	Tasiaux Jonathan	98	1477 p	22-05	riaac
7	Jordens Killian	99	1078 p	16-04	rcas
8	De Ridder Nathan	99	996 p	16-04	rcas
9	Ben Zahraa Ikrima	99	954 p	16-04	rcas

3 x 600 m RC : 6.21.15

Sergeef, Okeowo, Montilla	5.45.67	18-09	ea
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4 x 80 m RC : 41.24

De Ridder, Tasiaux, Okeowo, Taieb	51.05	22-04	ws
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CADETS GARÇONS (1997 - 1996)

100 m RC : 11.31

1	Vandenhoeke Arthur	96	11.95	01-10	resc
2	Vandenhoeke Victor	96	12.00	28-05	cabw
3	Tshitwenu Florian	97	12.14	01-10	resc
4	Potemans Anton	96	12.50	25-09	rcas
5	Hoorens Christopher	97	12.59	01-10	resc
6	Petitjean Simon	96	12.86	03-07	macw
7	Van Acker Jordan	97	12.93	30-04	csf
8	Lahmouni Ahmed Shadi	97	13.05	08-05	resc
9	Nijs Gaston	96	13.31	03-04	resc
10	Loens Sam	97	13.44	25-09	rcas
11	Kabuya Hugues	97	14.02	27-08	ws

200 m RC : 23.14

1	Vandenhoeke Arthur	96	23.96	01-10	resc
2	Tshitwenu Florian	97	24.44	10-09	avt
3	Vandenhoeke Victor	96	24.71	01-10	resc
4	Hoorens Christopher	97	25.67	20-08	resc
5	Nijs Gaston	96	27.08	20-08	resc
6	Kabuya Hugues	97	28.30	20-08	resc

300 m RC : 36.86

1	Nijs Gaston	96	42.89	13-08	rcas
2	Kabuya Hugues	97	44.43	13-08	rcas

400 m RC : 52.24

1	Vandenhoeke Arthur	96	53.31	04-09	jsmc
2	Petitjean Simon	96	56.89	27-08	csdy
3	Vandenhoeke Victor	96	57.46	30-04	csf
4	Nijs Gaston	96	59.27	25-08	vs
5	Kabuya Hugues	97	65.58	27-08	ws

800 m RC : 1.59.30

1	Petitjean Simon	96	2.05.74	01-10	resc
2	Vandenhoeke Arthur	96	2.10.50	25-06	cabw
3	Echaara Souhail	96	2.12.42	28-05	cabw
4	Van Cauter Guillian	96	2.12.64	27-08	lebb
5	Van Acker Jordan	97	2.49.51	16-04	rcas



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1000 m		RC : 2.43.18			
1	Petitjean Simon	96	2.46.13	09-10	FRA
2	Potemans Anton	96	2.58.60	25-09	rcas
3	Loens Sam	97	3.15.96	25-09	rcas
4	Nijs Gaston	96	3.19.95	25-09	rcas
1500 m		RC : 4.10.90			
1	Petitjean Simon	96	4.24.38	30-04	csf
2	Echaara Souhail	96	4.37.13	30-04	csf
2000 m		RC : 7.14.23			
1	Petitjean Simon	96	6.24.58	06-04	cabw
100 m haies (91 cm)		RC : 14.04			
1	Potemans Anton	96	14.60	09-10	FRA
2	Loens Sam	97	16.02	09-10	FRA
3	Petitjean Simon	97	16.04	03-07	macw
4	Nijs Gaston	96	21.06	25-09	rcas
300 m haies (76 cm)		RC : 40.07			
1	Nijs Gaston	96	45.62	10-09	avt
2	Loens Sam	97	48.87	03-04	resc
3	Hoorens Christopher	97	49.49	03-04	resc
Hauteur		RC : 1m91			
1	Potemans Anton	96	1m66	09-10	FRA
2	Petitjean Simon	96	1m60	31-08	cabw
3	Hoorens Christopher	97	1m55	07-05	herv
4	Loens Sam	97	1m51	09-10	FRA
5	Nijs Gaston	96	1m35	01-05	csf
Longueur		RC : 6m70			
1	Potemans Anton	96	5m55	01-10	resc
2	Hoorens Christopher	97	5m52	01-10	resc
3	Van Acker Jordan	97	5m12	30-04	csf
4	Loens Sam	97	5m08	25-09	rcas
5	Petitjean Simon	96	5m01	03-07	macw
6	Nijs Gaston	96	4m33	25-09	rcas
Triple saut		RC : 13m52			
1	Hoorens Christopher	97	11m65	29-10	rcas
2	Loens Sam	97	11m52	29-10	rcas
Perche		RC : 3m71			
1	Loens Sam	97	3m10	01-09	cabw
2	Potemans Anton	96	3m07	25-09	rcas
3	Petitjean Simon	96	1m92	03-07	macw
Poids (4 kg)		RC : 14m42			
1	Potemans Anton	96	11m72	13-08	rcas
2	Nijs Gaston	96	10m61	08-10	usbw
3	Van Acker Jordan	97	10m60	16-04	rcas
4	Petitjean Simon	96	9m42	03-07	macw
5	Loens Sam	96	8m65	25-09	rcas
6	Hoorens Christopher	97	8m38	09-10	FRA
7	Tshitwenu Florian	97	6m78	03-04	resc
Disque (1 kg)		RC : 48m77			
1	Van Acker Jordan	97	16m42	07-05	herv
Javelot (600 gr)		RC : 44m54			
1	Potemans Anton	96	43m46	03-07	macw
2	Vandenhoeke Arthur	96	42m27	10-09	avt
3	Nijs Gaston	96	30m41	30-04	csf
4	Loens Sam	96	29m29	25-09	rcas
5	Petitjean Simon	96	24m09	03-07	macw
Marteau (4 kg)		RC : 46m37			
1	Nijs Gaston	96	17m84	07-05	herv



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Octathlon		RC : 4868 p			
1	Potemans Anton	96	4329 p	25-09	rcas
2	Petitjean Simon	96	3494 p	03-07	macw
3	Loens Sam	97	3279 p	25-09	rcas
4	Nijs Gaston	96	2290 p	25-09	rcas

4 x 60 m		RC : 31.42			
Tshitwenu, Hoorens, Vandenhoeke V, Potemans		30.19	09-10	FRA	

4 x 100 m		RC : 45.42			
Tshitwenu, Vandenhoeke A, Potemans, Hoorens		46.58	18-09	ob	

4 x 800 m		RC : 8.43.82			
Potemans, Petitjean, Van Cauter, Vandenhoeke A		8.47.41	18-09	ob	

SCOLAIRES HOMMES (1995 - 1994)

100 m		RC : 11.08			
1	Diallo Oumar	94	10.83	25-07	TUR
2	Niesen Charles	94	11.25	23-06	wrc
3	Elsen Daan	94	11.44	27-08	avt
4	Petitjean Mathieu	94	12.02	01-10	resc
5	Badji Asanti	95	12.04	22-05	lyra
6	Valastro Alexandre	95	12.10	28-05	cabw
7	Gibella Massimo	94	12.13	01-10	resc
8	Beeckman Amaury	95	12.56	03-07	macw
9	Segers Mathieu	94	12.91	08-05	resc
10	Van De Sype Arnaud	94	13.27	25-09	rcas
11	Zenfour Soufiane	94	13.21	03-04	resc
12	Nicodeme Romain	94	13.47	25-09	rcas
13	Schouleur Alex	94	13.62	01-10	resc

200 m		RC : 22.02			
1	Niesen Charles	94	22.61	10-07	resc
2	Diallo Oumar	94	22.64	04-06	vs
3	Petitjean Mathieu	94	23.95	01-10	resc
4	Badji Asanti	95	24.28	13-06	ws
5	Gibella Massimo	94	24.73	01-09	cabw
6	Valastro Alexandre	95	24.87	28-05	cabw
7	Massamba Yohe Davys	95	25.81	20-08	resc
8	Schouleur Alex	94	28.86	01-10	resc

300 m		RC : 36.24			
1	Niesen Charles	94	36.67	23-06	wrc
2	Petitjean Mathieu	94	39.29	06-04	cabw
3	Massamba Yohe Davys	95	43.02	13-08	rcas

400 m		RC : 49.48			
1	Badji Asanti	95	52.64	02-07	vs
2	Niesen Charles	94	52.67	27-08	ws
3	Petitjean Mathieu	94	54.18	28-05	cabw
4	Gibella Massimo	94	56.29	25-08	vs
5	Dillen Maxime	95	56.72	29-10	rcas
6	Zenfour Soufiane	94	65.66	30-04	csf

800 m		RC : 1.55.41			
1	Philippon Raphael	95	2.04.40	10-09	avt
2	Dillen Maxime	95	2.09.27	28-05	cabw
3	Segers Mathieu	94	2.16.15	30-04	csf
4	Gibella Massimo	94	2.19.48	01-10	resc

1000 m		RC : 2.32.80			
1	Segers Mathieu	94	3.01.63	28-06	vac

1500 m		RC : 4.00.79			
1	Dillen Maxime	95	4.41.75	07-05	herv
2	Segers Mathieu	94	5.00.41	22-04	ws
3	Elsen Daan	94	5.04.07	28-08	avt
4	Nicodeme Romain	95	5.38.08	25-09	rcas
5	Beeckman Amaury	95	5.49.45	25-09	rcas



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6	Van De Sype Arnaud	94	5.57.92	25-09	rcas
7	Diallo Oumar	94	6.33.37	25-09	rcas

Mile RC : 4.52.70

1	Segers Mathieu	94	5.13.58	27-08	ws
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3000 m RC : 8.33.14

1	Segers Mathieu	94	10.54.01	07-05	herv
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110 m haies (91 cm) RC : 13.65

1	Elsen Daan	94	14.34	28-08	avt
2	Diallo Oumar	94	17.19	25-09	rcas
3	Beeckman Amaury	95	18.34	25-09	rcas
4	Nicodeme Romain	95	18.51	01-10	resc
5	Van De Sype Arnaud	94	19.40	25-09	rcas

400 m haies (84 cm) RC : 56.69

1	Badji Asanti	95	58.17	10-09	avt
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2000 m steeple (91 cm) RC : 6.10.20

1	Abou Messaoud Faouzi	94	7.29.40	07-05	herv
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Hauteur RC : 2m05

1	Elsen Daan	94	1m85	28-08	avt
2	Beeckman Amaury	95	1m65	01-05	csf
	Van De Sype Arnaud	94	1m65	01-05	csf
4	Diallo Oumar	94	1m63	25-09	rcas
5	Nicodeme Romain	95	1m57	25-09	rcas
6	Dillen Maxime	95	1m50	22-05	lyra

Longueur RC : 7m59

1	Diallo Oumar	94	6m49	10-09	avt
2	Elsen Daan	94	6m34	27-08	avt
3	Van De Sype Arnaud	94	5m62	25-09	rcas
4	Beeckman Amaury	96	5m44	25-09	rcas
5	Badji Asanti	95	5m22	22-05	lyra
6	Nicodeme Romain	94	4m95	27-08	csdy
7	Segers Mathieu	94	4m73	08-05	resc

Triple saut RC : 15m64

1	Badji Asanti	95	12m58	07-05	herv
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Perche RC : 4m36

1	Elsen Daan	94	4m10	27-08	avt
2	Beeckman Amaury	95	2m97	25-09	rcas
3	Nicodeme Romain	95	2m77	25-09	rcas
4	Van De Sype Arnaud	94	2m40	03-07	macw
5	Diallo Oumar	94	2m17	25-09	rcas

Poids (5 kg) RC : 14m19

1	Diallo Oumar	94	14m35	09-07	samc
2	Elsen Daan	94	13m65	04-06	GER
3	Beeckman Amaury	95	12m57	28-05	cabw
4	Van De Sype Arnaud	94	9m91	13-08	rcas
5	Nicodeme Romain	94	8m75	25-09	rcas

Disque (1,5 kg) RC : 44m44

1	Elsen Daan	94	43m10	05-06	GER
2	Diallo Oumar	94	36m05	25-09	rcas
3	Beeckman Amaury	95	35m44	25-09	rcas
4	Van De Sype Arnaud	94	29m08	22-05	lyra
5	Nicodeme Romain	95	23m55	25-09	rcas

Javelot (700 gr) RC : 52m73

1	Elsen Daan	94	47m88	28-08	avt
2	Beeckman Amaury	95	37m18	25-09	rcas
3	Van De Sype Arnaud	94	35m09	03-07	macw
4	Nicodeme Romain	95	29m55	25-09	rcas
5	Diallo Oumar	94	25m96	25-09	rcas



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6 Dillen Maxime 95 21m58 30-04 csf

Marteau (5 kg) RC : 53m41

1 Abou Messaoud Faouzi 94 24m01 07-05 herv

Enneathlon RC : 5828 p

1 Elsen Daan 94 6120 p 28-08 avt

2 Diallo Oumar 94 4292 p 25-09 rcas

3 Beeckman Amaury 95 4096 p 25-09 rcas

4 Van De Sype Arnaud 94 3414 p 25-09 rcas

5 Nicodeme Romain 95 3330 p 25-09 rcas

4 x 100 m RC : 43.01

Badji, Niesen, Elsen, Diallo 43.63 16-09 resc

4 x 800 m RC : 8.09.11

Dillen, Abou Messaoud, Segers, Philippon 9.00.88 21-08 rfcf

JUNIORS HOMMES (1993 - 1992)

100 m RC : 10.71

1 Lins Sebastien 92 11.22 25-08 vs

2 Tephany Sasha 93 12.09 03-04 resc

3 Ilunga Carl 93 12.60 27-08 ws

4 Van De Sype Vincent 93 13.24 01-10 resc

200 m RC : 21.24

1 Lins Sebastien 92 22.22 25-08 vs

2 Ilunga Carl 93 25.36 28-05 csf

400 m RC : 47.92

1 Lins Sebastien 92 48.21 11-09 vac

2 Tephany Sacha 93 52.91 27-08 ws

800 m RC : 1.52.66

1 Govaert Thomas 93 2.09.30 03-04 resc

2 Vereertbrugghen Nicolas 92 2.09.50 03-04 resc

3 Imbo Gil 93 2.18.78 03-04 resc

1500 m RC : 3.48.90

1 Govaert Thomas 93 4.27.25 08-05 resc

2 Vereertbrugghen Nicolas 92 4.34.85 30-04 csf

3 Imbo Gil 93 4.49.34 09-08 hco

2000 m RC : 5.17.72

1 Lejuste Tom 93 6.04.58 06-04 cabw

2000 m steeple (91 cm) RC : 6.08.96

1 Lejuste Tom 93 6.59.12 02-08 vs

Hauteur RC : 2m14

1 Van De Sype Vincent 93 1m65 01-10 resc

Longueur RC : 7m86

1 Imbo Gil 93 4m78 08-05 resc

2 Govaert Thomas 93 4m52 08-05 resc

Poids (6 kg) RC : 15m27

1 Guillaume Jonathan 92 15m79 11-09 vac

2 Van De Sype Vincent 93 10m10 02-10 rsca

Poids (7,26 kg) RC : 13m28

1 Guillaume Jonathan 92 13m90 15-05 cabw

Disque (1,75 kg) RC : 43m08

1 Guillaume Jonathan 92 40m00 28-08 FRA



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Javelot (800 gr)		RC : 53m14			
1	Van De Sype Vincent	93	39m65	02-10	rsca
2	Guillaume Jonathan	92	39m30	28-08	FRA
3	Vereertbrugghen Nicolas	92	21m07	30-04	csf
4	Imbo Gil	93	18m95	09-08	hco

Marteau (6 kg)		RC : 51m82			
1	Guillaume Jonathan	92	37m36	28-08	FRA
2	Van De Sype Vincent	93	21m82	02-10	rsca

ESPOIRS HOMMES (1991 - 1990 - 1989)

100 m		RC : 10.53			
1	Campener Corentin	90	11.29	10-07	resc
	Wuillaume Laurent	89	11.29	16-04	rfcl
2	Vandecapelle Mattijs	89	11.43	04-06	GER
3	Caluwe Arnaud	91	11.55	08-05	resc
4	Hissette François	91	11.59	23-06	wrc
5	Ponce Lionel	90	11.68	01-10	resc
6	Debongnie Wanis	90	11.84	08-05	resc
7	De Ridder Frederic	90	11.90	08-05	resc
8	Chioua Soufiane	91	12.08	30-04	csf
9	Denys Jonathan	90	12.37	10-07	resc

200 m		RC : 21.14			
1	Campener Corentin	90	22.35	10-07	resc
2	Wuillaume Laurent	89	22.51	01-05	vs
3	Caluwe Arnaud	91	23.43	10-07	resc
	Hissette François	91	23.43	20-08	resc
5	De Ridder Frederic	90	23.68	10-07	resc
6	Debongnie Wanis	90	24.21	28-05	csf
7	Chioua Soufiane	91	24.45	30-04	csf
8	Ponce Lionel	90	24.47	01-10	resc
9	Denys Jonathan	90	25.07	20-08	resc

300 m		RC : 33.30			
1	Caluwe Arnaud	91	37.67	26-07	asvo
2	De Ridder Frederic	90	37.93	23-06	wrc
3	Hissette François	91	38.15	13-08	rcas
4	Ponce Lionel	90	39.55	17-09	mac
5	Denys Jonathan	90	41.30	23-06	wrc

400 m		RC : 46.28			
1	Vandecapelle Mattijs	89	51.29	07-08	dac
2	Maingain François	89	52.29	22-04	ws
3	Wuillaume Laurent	89	52.31	25-05	vita
4	De Ridder Frederic	90	52.82	27-08	ws
5	Debongnie Wanis	90	53.74	08-05	resc
6	Chioua Soufiane	91	54.50	08-05	resc
7	Hissette François	91	55.39	27-08	ws
8	Denys Jonathan	90	58.77	24-09	rcas

800 m		RC : 1.50.88			
1	Maingain François	89	1.55.89	01-05	vs

1000 m		RC : 2.23.92			
1	Maingain François	89	2.34.15	23-06	wrc

1500 m		RC : 3.46.01			
1	Denys Jonathan	90	4.56.06	25-09	rcas

110 m haies (106 cm)		RC : 13.93			
1	Wuillaume Laurent	89	15.11	08-05	resc
2	Vandecapelle Mattijs	89	15.88	08-05	resc
4	Denys Jonathan	90	18.81	25-09	rcas

400 m haies (91 cm)		RC : 50.29			
1	Vandecapelle Mattijs	89	55.47	15-05	cabw
2	Denys Jonathan	90	63.92	23-07	resc



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3000 m steeple (91 cm)		RC : 9.10.30			
1	Denys Jonathan	90	11.23.75	15-10	ws
Hauteur		RC : 2m21			
1	Campener Corentin	90	1m95	15-05	cabw
2	Caluwe Arnaud	91	1m85	10-07	resc
3	Wuillaume Laurent	89	1m80	22-07	rfcl
4	Vandecapelle Mattijs	89	1m70	25-05	vita
5	Denys Jonathan	90	1m64	24-09	rcas
Longueur		RC : 7m86			
1	Campener Corentin	90	7m54	08-05	resc
2	Caluwe Arnaud	91	6m95	26-07	asvo
3	Vandecapelle Mattijs	89	6m53	08-05	resc
4	Denys Jonathan	90	5m55	24-09	rcas
Triple saut		RC : 16m01			
1	Campener Corentin	90	14m52	21-05	herv
2	Caluwe Arnaud	91	13m35	11-09	vac
Perche		RC : 5m11			
1	Vandecapelle Mattijs	89	4m20	08-05	resc
2	Denys Jonathan	90	3m23	03-09	rcas
Poids (7,26 kg)		RC : 13m90			
1	Vandecapelle Mattijs	89	11m98	04-06	GER
2	Campener Corentin	90	10m95	09-07	rusta
3	Denys Jonathan	90	10m20	24-09	rcas
4	Caluwe Arnaud	91	8m42	26-07	asvo
Disque (2 kg)		RC : 44m06			
1	Vandecapelle Mattijs	89	39m42	22-05	bree
2	Denys Jonathan	90	22m79	25-09	rcas
Javelot (800 gr)		RC : 58m05			
1	Vandecapelle Mattijs	89	48m23	29-05	avlo
2	Campener Corentin	90	46m27	20-08	osga
3	Denys Jonathan	90	41m32	25-09	rcas
Decathlon		RC : 7902 p			
1	Denys Jonathan	90	4729 p	25-09	rcas

SENIORS HOMMES (1991 - 1977)

100 m		RC : 10.02			
1	Broothaerts Damien	83	10.46	16-07	avt
2	Moral Miguel	81	11.01	30-04	csf
3	Ghislain Arnaud	88	11.06	21-05	herv
4	Ammar Khodja Brahim	84	11.17	21-05	herv
5	Bux Anthony	87	11.23	30-04	csf
6	Vervloet Gregory	83	11.25	03-09	rcas
7	Campener Corentin	90	11.29	10-07	resc
	Wuillaume Laurent	89	11.29	16-04	rfcl
9	Vandecapelle Mattijs	89	11.43	04-06	GER
10	Caluwe Arnaud	91	11.55	08-05	resc
11	Hissette François	91	11.59	23-06	wrc
12	Ponce Lionel	90	11.68	01-10	resc
13	Xhonneux Frederic	83	11.70	23-06	wrc
14	Debongnie Wanis	90	11.84	08-05	resc
15	De Ridder Frederic	90	11.90	08-05	resc
16	Chioua Soufiane	91	12.08	30-04	csf
17	Idamre Mohamed	86	12.09	08-05	resc
18	Denys Jonathan	90	12.37	10-07	resc
19	Gennuso Jonathan	88	13.55	08-05	resc
200 m		RC : 20.66			
1	Gillet Antoine	88	21.25	23-07	resc
2	Broothaerts Damien	83	21.63	21-05	herv
3	Ghislain Arnaud	88	21.81	21-05	herv
4	Moral Miguel	81	21.89	21-05	herv



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5	Ammar Khodja Brahim	84	22.02	02-07	vs
6	Campener Corentin	90	22.35	10-07	resc
7	Bux Anthony	87	22.49	01-05	vs
8	Wuillaume Laurent	89	22.51	01-05	vs
9	Xhonneux Frederic	83	23.34	18-05	cabw
10	Caluwe Arnaud	91	23.43	10-07	resc
	Hissette François	91	23.43	20-08	resc
12	De Ridder Frederic	90	23.68	10-07	resc
13	Debongnie Wanis	90	24.21	28-05	csf
14	Chioua Soufiane	91	24.45	30-04	csf
15	Ponce Lionel	90	24.47	01-10	resc
16	Idamre Mohamed	86	24.51	06-05	vac
17	Denys Jonathan	90	25.07	20-08	resc

300 m RC : 33.30

1	Ammar Khodja Brahim	84	35.00	29-05	avlo
2	Xhonneux Frederic	83	36.13	23-06	wrc
3	Idamre Mohamed	86	37.49	11-06	vac
4	Caluwe Arnaud	91	37.67	26-07	asvo
5	De Ridder Frederic	90	37.93	23-06	wrc
6	Hissette François	91	38.15	13-08	rcas
7	Ponce Lionel	90	39.55	17-09	mac
8	Denys Jonathan	90	41.30	23-06	wrc

400 m RC : 46.28

1	Gillet Antoine	88	46.17	03-07	CH
2	Ghislain Arnaud	88	46.66	08-05	resc
3	Broothaerts Damien	83	48.82	27-08	avt
4	Ammar Khodja Brahim	84	49.40	08-05	resc
5	Xhonneux Frederic	83	49.58	04-06	GER
6	Vervloet Gregory	83	50.83	25-06	cabw
7	Vandecapelle Mattijs	89	51.29	07-08	dac
8	Idamre Mohamed	86	51.98	04-05	resc
9	Maingain François	89	52.29	22-04	ws
10	Wuillaume Laurent	89	52.31	25-05	vita
11	De Ridder Frederic	90	52.82	27-08	ws
12	Debongnie Wanis	90	53.74	08-05	resc
13	Chioua Soufiane	91	54.50	08-05	resc
14	Hissette François	91	55.39	27-08	ws
15	Denys Jonathan	90	58.77	24-09	rcas
16	Gennuso Jonathan	88	66.95	08-05	resc

800 m RC : 1.48.30

1	Byl Jean Charles	78	1.53.45	21-05	herv
2	Maingain François	89	1.55.89	01-05	vs
3	Idamre Mohamed	86	1.56.98	23-07	resc
4	Vastemans Vincent	80	2.22.24	03-04	resc

1000 m RC : 2.23.10

1	Maingain François	89	2.34.15	23-06	wrc
2	Idamre Mohamed	86	2.34.96	28-06	vac

1500 m RC : 3.40.30

1	Byl Jean Charles	78	3.49.01	02-07	vs
2	Idamre Mohamed	86	4.08.88	10-07	resc
3	Xhonneux Frederic	83	4.17.78	05-06	GER
4	Denys Jonathan	90	4.56.06	25-09	rcas
5	Broothaerts Damien	83	5.40.91	28-08	avt

3000 m RC : 7.51.46

1	Sihamane Abdel	82	8.19.73	02-07	vs
2	Hernould Franky	86	8.19.79	25-06	cabw
3	Dewitte Sebastien	85	8.52.69	15-05	cabw

5000 m RC : 13.22.81

1	Hernould Franky	86	14.31.93	04-06	vs
2	Sihamane Abdel	82	14.37.60	16-07	avt

110 m haies (106 cm) RC : 13.48

1	Broothaerts Damien	83	13.67	16-07	avt
2	Xhonneux Frederic	83	15.07	03-07	ITA



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3	Wuillaume Laurent	89	15.11	08-05	resc
4	Vandecapelle Mattijs	89	15.88	08-05	resc
5	Lambert John	80	18.74	08-05	resc
6	Denys Jonathan	90	18.81	25-09	rcas

400 m haies (91 cm)

RC : 48.91

1	Vandecapelle Mattijs	89	55.47	15-05	cabw
2	Lambert John	80	63.36	21-05	herv
3	Denys Jonathan	90	63.92	23-07	resc

3000 m steeple (91 cm)

RC : 8.24.90

1	Chahbi Youness	82	9.13.02	15-05	cabw
2	Denys Jonathan	90	11.23.75	15-10	ws

Hauteur

RC : 2m21

1	Xhonneux Frederic	83	1m99	07-08	dac
2	Campener Corentin	90	1m95	15-05	cabw
3	Caluwe Arnaud	91	1m85	10-07	resc
4	Wuillaume Laurent	89	1m80	22-07	rfcl
5	Vandecapelle Mattijs	89	1m70	25-05	vita
6	Denys Jonathan	90	1m64	24-09	rcas
7	Broothaerts Damien	83	1m60	27-08	avt

Longueur

RC : 7m94

1	Campener Corentin	90	7m54	08-05	resc
2	Xhonneux Frederic	83	7m19	02-07	ITA
3	Caluwe Arnaud	91	6m95	26-07	asvo
4	Naga Djihed	88	6m93	15-05	cabw
5	Broothaerts Damien	83	6m88	28-08	avt
6	Vandecapelle Mattijs	89	6m53	08-05	resc
7	Denys Jonathan	90	5m55	24-09	rcas

Triple saut

RC : 16m86

1	Campener Corentin	90	14m52	21-05	herv
2	Caluwe Arnaud	91	13m35	11-09	vac

Perche

RC : 5m25

1	Xhonneux Frederic	83	4m81	18-06	waco
2	Vandecapelle Mattijs	89	4m20	08-05	resc
3	Denys Jonathan	90	3m23	03-09	rcas

Poids (7,26 kg)

RC : 15m08

1	Xhonneux Frederic	83	14m20	17-09	FRA
2	Vandecapelle Mattijs	89	11m98	04-06	GER
3	Hoffman Nils	86	11m97	30-04	csf
4	Lambert John	80	11m90	21-05	herv
5	Broothaerts Damien	83	11m22	27-08	avt
6	Campener Corentin	90	10m95	09-07	rusta
7	Denys Jonathan	90	10m20	24-09	rcas
8	Caluwe Arnaud	91	8m42	26-07	asvo

Disque (2 kg)

RC : 51m56

1	Xhonneux Frederic	83	42m68	29-05	avlo
2	Hoffman Nils	86	39m61	09-04	uac
3	Vandecapelle Mattijs	89	39m42	22-05	bree
4	Broothaerts Damien	83	26m05	28-08	avt
5	Denys Jonathan	90	22m79	25-09	rcas

Javelot (800 gr)

RC : 70m78

1	Xhonneux Frederic	83	61m30	21-05	herv
2	Vandecapelle Mattijs	89	48m23	29-05	avlo
3	Campener Corentin	90	46m27	20-08	osga
4	Broothaerts Damien	83	42m84	28-08	avt
5	Denys Jonathan	90	41m32	25-09	rcas
6	Hoffman Nils	86	39m90	30-04	csf

Marteau (7,26 kg)

RC : 61m66

1	Xhonneux Frederic	83	36m23	02-10	rsca
2	Hoffman Nils	86	34m27	02-10	rsca



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Decathlon		RC : 8142 p			
1	Xhonneux Frederic	83	7760 p	08-08	dac
2	Broothaerts Damien	83	5846 p	28-08	avt
3	Denys Jonathan	90	4729 p	25-09	rcas

4 x 100 m		RC : 40.60			
Ammar Khodja, Lins, Vervloet, Broothaerts		42.00		21-08	rfcl

4 x 200 m		RC : 1.24.60			
Moral, Ghislain, Gillet, Broothaerts		1.24.15		08-05	resc

4 x 400 m		RC : 3.10.20			
Gillet, Vervloet, Ghislain, Lins		3.12.53		18-09	ob

MASTERS HOMMES 35

100 m		RC : 12.00			
1	Hsaine Jawad	75	12.46	28-06	vac
2	Gilson Benoit	74	13.66	22-04	ws
3	Pieters Serge	71	13.86	03-04	resc

200 m		RC : 24.35			
1	Hsaine Jawad	75	24.68	06-05	vac

300 m		RC : 38.15			
1	Hsaine Jawad	75	37.95	28-06	vac

400 m		RC : 52.31			
1	Hsaine Jawad	75	52.50	02-07	vs
2	Foulon Didier	73	63.33	05-06	csf

800 m		RC : 2.00.79			
1	Hsaine Jawad	75	1.59.64	25-06	cabw

1000 m		RC : 3.02.68			
1	Hsaine Jawad	75	2.40.38	20-07	dac

1500 m		RC : 3.54.39			
1	Van Elsuwe Cedric	75	5.15.46	03-07	usbw

3000 m		RC : 9.14.30			
1	Guenoun Abderrahim	72	9.40.06	05-06	csf

Hauteur		RC : 1m70			
1	Van Elsuwe Cedric	75	1m35	05-06	csf

Longueur		RC : 6m65			
1	Gilson Benoit	74	4m39	24-09	caf
2	Van Elsuwe Cedric	75	4m24	30-04	csf

Poids (7,26 kg)		RC : 12m86			
1	Pieters Serge	71	8m61	30-04	csf
2	Van Elsuwe Cedric	75	6m72	03-07	usbw

Disque (2 kg)		RC : 45m72			
1	Van Elsuwe Cedric	75	18m53	01-05	csf

Javelot (800 gr)		RC : 62m75			
1	Van Elsuwe Cedric	75	18m53	07-08	dac

Marteau (7,26 kg)		RC : 52m93			
1	Van Elsuwe Cedric	75	11m78	02-10	rsca

Relais suédois		RC : -			
Hsaine, Guenoun, Cavalier, Maniquet		2.18.79		05-06	csf



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MASTERS HOMMES 40

100 m				RC : 11.43		
1	De Ridder Alain	68	13.12	22-04	ws	
2	Lemonnier Thierry	68	14.60	22-04	ws	
200 m				RC : 23.24		
1	De Ridder Alain	68	26.63	05-06	csf	
2	Lemonnier Thierry	68	30.00	20-08	resc	
400 m				RC : 56.72		
1	Lemonnier Thierry	68	64.83	05-06	csf	
800 m				RC : 2.01.50		
1	De Ridder Alain	68	2.13.50	16-04	rcas	
2	Lemonnier Thierry	68	2.31.22	30-10	rsca	
3	De Ridder Urbain	69	2.40.29	03-04	resc	
1500 m				RC : 4.04.51		
1	De Ridder Alain	68	4.53.13	30-04	csf	
2	Lemonnier Thierry	68	5.00.89	12-06	vita	
3	Cavelier Frederic	68	5.07.20	05-06	csf	
3000 m				RC : 9.02.48		
1	De Ridder Urbain	69	12.22.58	05-06	csf	
110 m haies (106 cm)				RC : -		
1	Lemonnier Thierry	68	26.11	01-05	csf	
400 m haies (91 cm)				RC : 74.91		
1	Lemonnier Thierry	68	77.74	17-04	vita	
Hauteur				RC : 1m75		
1	Lemonnier Thierry	68	1m30	17-09	riem	
Longueur				RC : 5m65		
1	Lemonnier Thierry	68	4m40	12-06	vita	
Poids (7,26 kg)				RC : 14m47		
1	Lemonnier Thierry	68	6m90	17-09	riem	
Disque (2 kg)				RC : 51m56		
1	Pieters Serge	71	21m57	05-06	csf	
2	Lemonnier Thierry	68	17m83	29-06	csdy	
Javelot (800 gr)				RC : 50m58		
1	Parfenov Vladimir	70	53m90	15-05	cabw	
2	Lemonnier Thierry	68	26m79	07-08	dac	
3	De Ridder Alain	68	21m57	30-04	csf	
Pentathlon				RC : 1452 p		
1	Lemonnier Thierry	68	1501 p	27-08	avt	
4 x 100 m				RC : 55.36		
	Maniquet, Lemonnier, Bux, De Ridder		52.52	22-04	ws	

MASTERS HOMMES 45

800 m				RC : 2.15.36		
1	Bux Antonio	64	2.19.22	16-04	rcas	
2	Segers Philippe	65	3.01.37	03-04	resc	
1500 m				RC : 4.36.60		
1	Bux Antonio	64	4.53.40	30-04	csf	
2	Segers Philippe	65	6.27.11	22-04	ws	
2000 m				RC : 7.06.35		
1	Segers Philippe	65	8.51.37	16-04	rcas	



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Hauteur		RC : 1m60			
1	Caluwe Luc	61	1m25	05-06	csf

Longueur		RC : 5m40			
1	Caluwe Luc	61	3m98	05-06	csf

Javelot (800 gr)		RC : 30m73			
1	Segers Philippe	65	21m05	30-04	csf
2	Bux Antonio	64	17m19	30-04	csf

MASTERS HOMMES 50

100 m		RC : 14m04			
1	Maniquet Rudi	61	13.00	16-04	rcas

200 m		RC : -			
1	Maniquet Rudi	61	27.07	11-06	vita

400 m		RC : 68.83			
1	Maniquet Rudi	61	59.18	22-04	ws

800 m		RC : -			
1	Huygens Guy	60	2.27.26	03-04	resc
2	Valastro Giovanni	59	2.59.54	03-04	resc

1500 m		RC : 5.01.71			
1	Huygens Guy	60	4.58.80	08-05	resc

3000 m		RC : 9.41.58			
1	Huygens Guy	60	11.03.00	30-04	csf

Poids (6 kg)		RC : 9m27			
1	Denys Jacques	59	9m40	30-04	csf

Poids (7,26 kg)		RC : 13m44			
1	Denys Jacques	59	8m58	05-06	csf

Disque (1,5 kg)		RC : 50m86			
1	Denys Jacques	59	26m74	20-08	resc

Disque (2 kg)		RC : 47m69			
1	Denys Jacques	59	21m67	05-06	csf

Javelot (700 gr)		RC : -			
1	Denys Jacques	59	22m11	30-04	csf

Javelot (800 gr)		RC : 23m42			
1	Lins Alain	63	28m67	05-06	csf
2	Denys Jacques	59	22m83	01-10	resc

MASTERS HOMMES 55

800 m		RC : -			
1	Maurissen Pierre	55	2.43.05	03-04	resc

MASTERS HOMMES 60

Marteau (5 kg)		RC : 32m29			
1	Van De Sype Richard	48	21m19	02-10	rsca