



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2005

KANGOUROUS FILLES (1999 - 1998)

60 m				RC : 10.28	
1	Madani Sarah	98	12.45	18-06	resc
Longueur					
1	Madani Sarah	98	2m10	15-10	resc
Poids (1 kg)					
1	Madani Sarah	98	4m52	15-10	resc
Balle de hockey					
1	Madani Sarah	98	6m55	20-05	resc

BENJAMINES FILLES (1997 - 1996)

60 m				RC : 9.30	
1	Englebert Yolaine	96	9.56	03-09	oeh
2	Paulus Jessie	96	10.26	28-05	csf
3	Yazghi Sabrina	96	10.28	28-05	csf
4	Declerck Katlyne	96	10.47	18-06	resc
	Potemans Charlotte	96	10.47	01-05	rsca
6	Van De Sype Chloe	97	10.83	18-06	resc
7	Castrop Sara	96	10.85	24-09	rcas
8	Nicodeme Maelle	97	11.11	03-09	oeh
9	Domicent Mathilda	97	11.76	16-05	rsca
10	El Hadi Sarah	97	13.36	01-10	resc
11	Umbach Alice	97	13.61	07-05	resc
12	Bah Yate Binta	97	14.18	18-06	resc
1000 m					
				RC : 3.48.40	
1	Castrop Sara	96	4.00.97	24-09	rcas
2	Potemans Charlotte	96	4.10.18	28-05	csf
3	Van De Sype Chloe	97	4.15.40	04-09	vita
4	Declerck Katlyne	96	4.19.84	18-06	resc
5	Englebert Yolaine	96	4.21.87	16-05	rsca
6	Yazghi Sabrina	96	4.23.72	28-05	csf
7	Paulus Jessie	96	4.37.74	28-05	csf
8	Domicent Mathilda	97	4.42.75	16-05	rsca
9	Nicodeme Maelle	97	4.49.36	07-05	resc
10	Umbach Alice	97	5.02.74	07-05	resc
11	El Hadi Sarah	97	5.03.00	01-10	resc
Hauteur					
				RC : 1m17	
1	Van De Sype Chloe	97	1m10	02-07	rcas
2	Yazghi Sabrina	96	1m05	20-05	resc
3	Castrop Sara	96	0m98	02-07	rcas
4	Englebert Yolaine	96	0m95	12-08	resc
5	Potemans Charlotte	96	0m92	22-10	rcb
6	Nicodeme Maelle	97	0m90	20-05	resc
	Paulus Jessie	96	0m90	11-06	ws
Longueur					
				RC : 3m88	
1	Englebert Yolaine	96	3m72	30-10	rsca
2	Yazghi Sabrina	96	3m56	28-05	csf
3	Van De Sype Chloe	97	3m40	26-06	rcb
4	Castrop Sara	96	3m11	24-09	rcas
5	Potemans Charlotte	96	3m10	10-09	rcas
6	Declerck Katlyne	96	3m03	18-06	resc
7	Paulus Jessie	96	2m94	07-05	resc
8	Nicodeme Maelle	97	2m67	09-04	resc
9	Domicent Mathilda	97	2m50	16-05	rsca
10	Bah Yate Binta	97	2m42	15-10	resc
11	Umbach Alice	97	2m13	07-05	resc
Poids (1 kg)					
				RC : 8m63	
1	Paulus Jessie	96	8m30	23-10	csf
2	Englebert Yolaine	96	8m15	17-09	hf
3	Van De Sype Chloe	97	6m46	15/10	resc
4	Yazghi Sabrina	96	6m15	28-05	csf



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5	Castrop Sara	96	5m72	15-10	resc
6	Potemans Charlotte	96	4m97	25-06	dacm
7	Bah Yate Binta	97	4m90	15-10	resc
8	Nicodeme Maelle	97	4m05	15-10	resc
9	Umbach Alice	97	3m53	07-05	resc
10	Domicent Mathilda	97	2m86	16-05	rsca

Balle de hockey RC : 28m96

1	Paulus Jessie	96	21m09	31-07	lebb
2	Van De Sype Chloe	97	21m02	02-07	rcas
3	Yazghi Sabine	96	17m58	20-05	resc
4	Castrop Sara	96	16m54	02-07	rcas
5	Potemans Charlotte	96	15m87	22-10	rcb
6	Englebert Yolaine	96	15m86	20-05	resc
7	El Hadi Sarah	97	14m52	01-10	resc
8	Nicodeme Maelle	97	11m26	02-07	rcas

Tetrathlon RC : 1332 p

1	Englebert Yolaine	96	1221 p	17-09	hf
2	Yazghi Sabine	96	1151 p	28-05	csf
3	Castrop Sara	96	1034 p	24-09	rcas
4	Paulus Jessie	96	956 p	28-05	csf
	Van De Sype Chloe	97	956 p	16-10	ws
6	Potemans Charlotte	96	915 p	28-05	csf
7	Nicodeme Maelle	97	420 p	28-05	csf
8	Domicent Mathilda	97	407 p	16-05	rsca
9	Umbach Alice	97	205 p	07-05	resc

PUPILLES FILLES (1995 - 1994)

60 m RC : 8.74

1	Halewyck Marie	94	9.67	24-09	rcas
2	Van Der Perren Jessica	94	9.71	16-10	ws
3	Maidane Yasmine	95	10.14	11-09	rsca
4	Sleiderink Marilou	94	10.44	17-04	ws
5	Carpentier Marine	95	10.57	24-09	rcas
6	Frederic Laurie	95	10.63	18-06	resc
7	Raih Hind	94	11.03	28-05	csf
8	Fernandez Victoria	95	11.10	18-06	resc
9	Berardinis Alyssa	95	11.23	01-10	resc
10	Sere Ana Ines	94	11.68	18-06	resc
11	Ayala Laura Isabel	95	12.10	18-06	resc

1000 m RC : 3.29.00

1	Van Der Perren Jessica	94	3.38.97	01-10	resc
2	Halewyck Marie	94	4.02.00	11-09	rsca
3	Frederic Laurie	95	4.05.99	18-06	resc
4	Raih Hind	94	4.11.17	28-05	csf
5	Maidane Yasmine	95	4.13.50	02-07	rcas
6	Fernandez Victoria	95	4.36.05	18-06	resc
7	Ayala Laura Isabel	95	4.54.62	11-06	ws
8	Berardinis Alyssa	95	5.00.18	01-10	resc
9	Sere Ana Ines	94	5.15.74	18-06	resc

60 m haies (76 cm) RC : 11.04

1	Van Der Perren Jessica	94	13.36	10-09	rcas
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Hauteur RC : 1m31

1	Van Der Perren Jessica	94	1m17	28-05	csf
2	Halewyck Marie	94	1m15	11-09	rsca
3	Maidane Yasmine	95	1m08	02-07	rcas
4	Sleiderink Marilou	94	1m05	20-05	resc
5	Fernandez Victoria	95	0m93	16-05	rsca
6	Ayala Laura Isabel	95	0m90	12-08	resc
	Sere Ana Ines	94	0m90	20-05	resc

Longueur RC : 4m48

1	Van Der Perren Jessica	94	3m80	24-09	rcas
2	Halewyck Marie	94	3m68	24-09	rcas
3	Maidane Yasmine	95	3m33	11-09	rsca
4	Carpentier Marine	95	3m00	24-09	rcas



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5	Sleiderink Marilou	94	2m90	17-04	ws
6	Fernandez Victoria	95	2m72	09-04	resc
7	Ayala Laura Isabel	95	2m43	11-09	rscs
8	Sere Ana Ines	94	2m07	18-06	resc

Poids (2 kg)

RC : 9m41

1	Raih Hind	94	6m40	28-05	csf
2	Maidane Yasmine	95	6m13	16-05	rscs
3	Van Der Perren Jessica	94	6m06	12-08	resc
4	Halewyck Marie	94	5m97	07-05	resc
5	Carpentier Marine	95	4m56	24-09	rcas
6	Ayala Laura Isabel	95	3m97	25-06	dacm
7	Fernandez Victoria	95	3m90	16-05	rscs
8	Frederic Laurie	95	2m83	16-05	rscs

Disque (600 gr)

RC : 23m00

1	Maidane Yasmine	95	11m40	01-10	resc
2	Van Der Perren Jessica	94	10m97	01-10	resc
3	Sere Ana Ines	94	9m35	20-05	resc
4	Raih Hind	94	8m07	20-05	resc
5	Berardinis Alyssa	95	7m67	01-10	resc
6	Ayala Laura Isabel	95	6m02	20-05	resc

Balle de hockey

RC : 35m47

1	Halewyck Marie	94	28m04	11-09	rscs
2	Van Der Perren Jessica	94	22m60	22-10	rcb
3	Maidane Yasmine	95	18m43	02-07	rcas
4	Ayala Laura Isabel	95	12m34	11-09	rscs

Tetrathlon

RC : 1935 p

1	Van Der Perren Jessica	94	1527 p	24-09	rcas
2	Halewyck Marie	94	1314 p	24-09	rcas
3	Maidane Yasmine	95	1079 p	25-06	dacm
4	Raih Hind	94	850 p	28-05	csf
5	Carpentier Marine	95	636 p	28-05	rcas
6	Frederic Laurie	95	620 p	16-05	rscs
7	Fernandez Victoria	95	478 p	16-05	rscs
8	Ayala Laura Isabel	95	310 p	25-06	dacm

MINIMES FILLES (1993 - 1992)

80 m

RC : 10.64

1	Perrini Stephanie	92	11.19	25-06	dacm
2	Fomenko Lisa	92	11.54	30/10	rscs
3	Codrea Beatrix	92	11.91	25-06	dacm
4	Tong Aline	93	12.01	25-06	dacm
5	Kebdani Nora	92	12.44	28-05	csf
6	Burlet Elodie	92	12.57	16-05	rscs
7	Van Damme Joelle	92	12.62	25-06	dacm
8	Benoit Margaux	92	12.77	25-06	dacm
9	De Groote Estelle	93	13.09	17-09	csf
10	Meysman Gaelle	92	13.22	22-10	rcb
11	Cherqui Dounya	92	13.74	07-05	resc
12	Mahy Deborah	93	16.81	25-06	dacm

150 m

RC : 20.13

1	Fomenko Lisa	92	22.44	17-09	csf
2	Codrea Beatrix	92	23.03	11-06	ws
3	Tong Aline	93	23.29	11-06	ws
4	Kebdani Nora	92	23.60	18-06	resc
5	De Groote Estelle	93	24.58	11-06	ws
6	Benoit Margaux	92	25.23	18-06	resc
7	Mahy Deborah	93	32.84	11-06	ws

300 m

RC : 44.36

1	Perrini Stephanie	92	47.07	01-10	resc
2	Fomenko Lisa	92	47.80	23-10	csf
3	De Groote Estelle	93	52.02	01-10	resc
4	Benoit Margaux	92	53.85	01-10	resc
5	Tong Aline	93	55.12	15-08	vs



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1000 m		RC : 3.19.90			
1	Codrea Beatrix	92	3.23.42	11-06	ws
2	De Groote Estelle	93	3.26.08	28-05	csf
3	Perrini Stephanie	92	3.36.76	16-05	rsca
4	Fomenko Lisa	92	3.38.02	16-10	ws
5	Kebdani Nora	92	3.50.64	28-05	csf
6	Benoit Margaux	92	3.55.80	11-09	rsca
7	Burlet Elodie	92	3.59.05	16-05	rsca
8	Tong Aline	93	4.02.80	11-09	rsca
9	Van Damme Joelle	92	4.13.45	25-06	dacm
10	Meysman Gaelle	92	4.38.16	22-10	rcb
11	Cherqui Dounya	92	4.41.46	07-05	resc
12	Mahy Deborah	93	5.39.30	11-06	ws

60 m haies (76 cm)		RC : 10.05			
1	Fomenko Lisa	92	11.58	23-10	csf
2	Tong Aline	93	11.79	03/09	oeh
3	De Groote Estelle	93	13.47	18-06	resc
4	Codrea Beatrix	92	13.98	24-09	rcas
5	Kebdani Nora	92	14.45	02-07	rcas
6	Benoit Margaux	92	14.94	11-09	rsca

Hauteur		RC : 1m57			
1	Perrini Stephanie	92	1m35	25-06	dacm
2	Fomenko Lisa	92	1m29	16-10	ws
3	Kebdani Nora	92	1m26	28-05	csf
4	Tong Aline	93	1m25	28-08	vs
5	Burlet Elodie	92	1m24	16-05	rsca
	De Groote Estelle	93	1m24	16-05	rsca
7	Codrea Beatrix	92	1m21	24-09	rcas
8	Benoit Margaux	92	1m17	25-06	dacm
9	Vanderbreetstraeten Audrey	93	1m15	12-08	resc
10	Hulin Estelle	93	1m10	20-05	resc
11	Meysman Gaelle	92	1m09	22-10	rcb
12	Cherqui Dounya	92	1m06	07-05	resc
13	Van Damme Joelle	92	1m05	25-06	dacm

Longueur		RC : 5m00			
1	Perrini Stephanie	92	4m22	01-10	resc
2	Codrea Beatrix	92	4m13	22-10	rcb
3	Tong Aline	93	4m10	01-10	resc
4	Fomenko Lisa	92	3m91	01-10	resc
5	De Groote Estelle	93	3m77	18-06	resc
6	Burlet Elodie	92	3m72	22-10	rcb
7	Kebdani Nora	92	3m71	18-06	resc
8	Meysman Gaelle	92	3m39	22-10	rcb
9	Benoit Margaux	92	3m31	18-06	resc

Perche		RC : 2m40			
1	Tong Aline	93	2m10	15-08	vs
2	Fomenko Lisa	92	2m03	23-10	csf
3	De Groote Estelle	93	1m40	18-06	resc

Poids (2 kg)		RC : 13m12			
1	Tong Aline	93	9m29	24-09	rcas
2	Benoit Margaux	92	8m43	09-10	paris
3	Codrea Beatrix	92	8m28	24-09	rcas
4	Fomenko Lisa	92	7m84	16-10	ws
5	Burlet Elodie	92	7m63	16-05	rsca
6	Cherqui Dounya	92	7m58	07-05	resc
7	Perrini Stephanie	92	7m52	20-08	mac
8	Ketels Mary	93	6m97	20-05	resc
9	De Groote Estelle	93	6m67	24-09	rcas
10	Kebdani Nora	92	6m52	07-05	resc
11	Van Damme Joelle	92	6m25	25-06	dacm
12	Hulin Estelle	93	5m82	20-05	resc
13	Vanderbreetstraeten Audrey	93	4m55	12-08	resc
14	Mahy Deborah	93	3m37	28-05	csf



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Disque (600 gr)		RC : 32m53			
1	Fomenko Lisa	92	21m54	30-10	rsca
2	Tong Aline	93	18m24	15-10	resc
3	Codrea Beatrix	92	16m45	15-10	resc
4	Benoit Margaux	92	12m94	30-10	rsca

Javelot (400 gr)		RC : 29m98			
1	Codrea Beatrix	92	24m59	25-06	dacm
2	Tong Aline	93	21m42	15-10	resc
3	Burlet Elodie	92	18m13	16-05	rsca
4	Perrini Stephanie	92	16m45	17-09	hf
5	Fomenko Lisa	92	15m95	16-05	rsca
6	Benoit Margaux	92	14m47	16-05	rsca
7	Kebdani Nora	92	14m25	02-07	rcas
8	De Groote Estelle	93	13m25	16-05	rsca
9	Van Damme Joelle	92	10m56	25-06	dacm
10	Meysman Gaelle	92	10m44	22-10	rcb
11	Cherqui Dounya	92	8m62	07-05	resc
12	Mahy Deborah	93	6m17	25-06	dacm

Pentathlon		RC : 3021 p			
1	Codrea Beatrix	92	2302 p	25-06	dacm
2	Fomenko Lisa	92	2286 p	16-10	ws
3	Perrini Stephanie	92	2202 p	25-06	dacm
4	Burlet Elodie	92	1895 p	16-05	rsca
5	Tong Aline	93	1856 p	25-06	dacm
6	De Groote Estelle	93	1823 p	28-05	csf
7	Kebdani Nora	92	1812 p	28-05	csf
8	Benoit Margaux	92	1605 p	25-06	dacm
9	Van Damme Joelle	92	1381 p	25-06	dacm
10	Cherqui Dounya	92	1114 p	07-05	resc
11	Meysman Gaelle	92	1023 p	22-10	rcb
12	Mahy Deborah	93	111 p	28-05	csf

4 x 80 m		RC : 42.69			
Benoit, Tong, Perrini, Codrea		46.98	25-06	dacm	

CADETTES FILLES (1991 - 1990)

100 m		RC : 12.64			
1	Carlott Sarah	91	13.19	18-06	resc
2	Mouzon Emmanuelle	91	13.20	30-10	rsca
3	Meys Jessica	91	13.21	30-10	rsca
4	Hostyn Priscilla	90	13.49	28-05	csf
5	Archambeau Aline	90	13.89	29-05	spvi
6	Speeckaert Morgane	91	14.94	28-05	csf
7	De Groote Coralie	91	15.03	18-06	resc

200 m		RC : 26.14			
1	Carlott Sarah	91	27.68	23-04	csf
2	Meys Jessica	91	28.28	30-04	rfcl
3	Archambeau Aline	90	28.71	29-05	spvi
4	Verlaine Sarah	91	30.88	07-05	resc

300 m		RC : 42.65			
1	Carlott Sarah	91	44.28	18-06	resc
2	Meys Jessica	91	46.35	23-10	csf
3	De Groote Coralie	91	53.25	18-06	resc

400 m		RC : 57.61			
1	Verlaine Sarah	91	72.12	30-04	rfcl
2	Speeckaert Morgane	91	74.81	28-05	csf

800 m		RC : 2.22.80			
1	Mouzon Emmanuelle	91	2.26.19	08-05	herv
2	Hostyn Priscilla	90	2.42.68	25-09	rcas
3	Vanden Broeck Nolwen	91	2.43.91	29-05	spvi
4	Archambeau Aline	90	2.47.53	28-08	flac
5	De Groote Coralie	91	3.13.65	30-04	rfcl



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1000 m		RC : 3.12.93			
1	Vanden Broeck Nolwen	91	3.29.92	17-07	dac
1500 m		RC : 5.02.54			
1	Vanden Broeck Nolwen	91	5.38.14	30-04	rfcl
80 m haies (76 cm)		RC : 11.95			
1	Mouzon Emmanuelle	91	12.91	24-09	rcas
2	Hostyn Priscilla	90	13.17	23-04	csf
3	Archambeau Aline	90	13.46	27-08	flac
300 m haies (76 cm)		RC : 45.51			
1	Mouzon Emmanuelle	91	47.75	30-04	rfcl
Hauteur		RC : 1m68			
1	Hostyn Priscilla	90	1m50	30-04	rfcl
2	Archambeau Aline	90	1m46	09-10	paris
3	Mouzon Emmanuelle	91	1m39	24-09	rcas
Longueur		RC : 5m74			
1	Hostyn Priscilla	90	5m27	18-06	resc
2	Mouzon Emmanuelle	91	4m88	18-06	resc
3	Meys Jessica	91	4m76	18-06	resc
4	Archambeau Aline	90	4m75	18-06	resc
5	Carlot Sarah	91	4m71	09-10	paris
6	De Grootte Coralie	91	3m39	18-06	resc
Triple saut		RC : 11m71			
1	Hostyn Priscilla	90	10m98	04-09	cabw
2	Archambeau Aline	90	10m50	15-08	damp
3	Speeckaert Morgane	91	7m94	28-05	csf
4	Vanden Broeck Nolwen	91	7m83	23-04	csf
Perche		RC : 3m26			
1	Mouzon Emmanuelle	91	2m73	23-10	csf
2	Archambeau Aline	90	2m03	23-10	csf
Poids (3 kg)		RC : 12m10			
1	Archambeau Aline	90	11m05	23-10	csf
2	Mouzon Emmanuelle	91	10m05	24-09	rcas
3	Hostyn Priscilla	90	9m13	27-08	flac
4	Villanueva Lais	91	7m71	26-06	rcb
5	Speeckaert Morgane	91	6m22	16-05	rsca
Disque (1 kg)		RC : 37m60			
1	Archambeau Aline	90	22m19	30-10	rsca
2	Villanueva Lais	91	20m73	30-04	rfcl
3	Mouzon Emmanuelle	91	19m04	30-10	rsca
Javelot (500 gr)		RC : 36m86			
1	Mouzon Emmanuelle	91	30m56	28-08	flac
2	Hostyn Priscilla	90	25m27	28-08	flac
3	Archambeau Aline	90	23m46	28-08	flac
Hexathlon		RC : 3625 p			
1	Mouzon Emmanuelle	91	3262 p	28-08	flac
2	Hostyn Priscilla	90	3188 p	28-08	flac
3	Archambeau Aline	90	3030 p	28-08	flac
4 x 100 m		RC : 50.59			
Hostyn, Archambeau, Mouzon, Meys		52.02	18-09	vs	

SCOLAIRES FEMMES (1989 - 1988)

100 m		RC : 12.41			
1	Ndiaye Saran	88	14.35	23-04	csf
2	De Grootte Florence	88	14.62	23-04	csf
3	Dorsimont Virginie	89	15.04	30-04	rfcl



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200 m				RC : 25.34	
1	De Grootte Florence	88	30.46	24-09	rcas
300 m				RC : 39.65	
1	De Grootte Florence	88	47.67	18-06	resc
400 m				RC : 56.03	
1	Dikoume Jaelle	89	64.66	23-04	csf
800 m				RC : 2.15.60	
1	De Grootte Florence	88	2.46.36	29-05	spvi
2	Steffens Emilie	89	3.14.07	30-04	rfcl
3000 m				RC : 10.43.20	
1	Scanu Sofia	89	13.06.16	30-04	rfcl
100 m haies (76 cm)				RC : 13.92	
1	De Grootte Florence	88	16.90	30-04	rfcl
400 m haies (76 cm)				RC : 68.18	
1	De Grootte Florence	88	75.73	30-04	rfcl
Hauteur				RC : 1m68	
1	De Grootte Florence	88	1m33	24-09	rcas
Longueur				RC : 6m08	
1	De Grootte Florence	88	4m39	18-06	resc
2	Naji Afaf	89	4m20	30-04	rfcl
Triple saut				RC : 12m15	
1	Naji Afaf	89	8m62	30-04	rfcl
Poids (4 kg)				RC : 12m19	
1	De Meyer Laurence	88	9m13	30-04	rfcl
2	De Grootte Florence	88	8m00	24-09	rcas
Disque (1 kg)				RC : 47m99	
1	De Meyer Laurence	88	24m79	30-04	rfcl
Javelot (600 gr)				RC : 36m78	
1	Kebdani Nadia	89	21m31	30-04	rfcl
2	De Grootte Florence	88	18m86	25-09	rcas
Heptathlon				RC : 2847 p	
1	De Grootte Florence	88	2894 p	25-09	rcas

JUNIORS FEMMES (1987 - 1986)

Javelot (600 gr)				RC : 38m45	
1	Huybrechts Isabelle	87	29m29	08-05	herv

ESPOIRS FEMMES (1985 - 1984 - 1983)

100 m				RC : 12.11	
1	Brion Sophie	85	13.17	11-06	ws
200 m				RC : 24.65	
1	Brion Sophie	85	27.77	08-05	herv
300 m				RC : 39.65	
1	Brion Sophie	85	46.31	11-06	ws
100 m haies (84 cm)				RC : 13.82	
1	Brion Sophie	85	17.47	11-09	vac
Longueur				RC : 6m08	
1	Brion Sophie	85	4m52	03-09	volh



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2005

SENIORS FEMMES (1985 - 1971)

100 m				RC : 11.84	
1	Guillet Laurence	80	12.52	23-04	csf
2	Dewitte Valerie	80	13.01	18-06	resc
3	Brion Sophie	85	13.17	11-06	ws
4	Vanhove Karolien	78	13.22	14-08	ea
5	Adam Benedicte	78	13.40	02-07	vs
6	Bonvin Draps Nathalie	80	13.88	08-05	herv
200 m				RC : 24.03	
1	Guillet Laurence	80	25.54	27-08	flac
2	Dewitte Valerie	80	26.40	12-06	vac
3	Adam Benedicte	78	27.02	02-07	vs
4	Vanhove Karolien	78	27.65	27-08	azw
5	Brion Sophie	85	27.77	08-05	herv
6	Fundu Masi Sandra	83	28.93	29-05	spvi
300 m				RC : 39.65	
1	Dewitte Valerie	80	41.16	11-06	ws
2	Guillet Laurence	80	41.79	11-06	ws
3	Adam Benedicte	78	42.80	11-06	ws
4	Brion Sophie	85	46.31	11-06	ws
400 m				RC : 56.03	
1	Dewitte Valerie	80	57.51	09-07	bxl
2	Adam Benedicte	78	59.21	30-07	vita
3	Guillet Laurence	80	59.43	04-06	dcla
800 m				RC : 2.05.85	
1	Adam Benedicte	78	2.21.44	23-09	rcb
2	Guillet Laurence	80	2.27.72	28-05	achl
1500 m				RC : 4.12.85	
1	Cawet Daphne	80	5.17.85	18-06	resc
10 000 m				RC : 32.23.39	
1	De Buyst Nadia	73	48.02.88	16-10	ws
Semi marathon				RC : -	
1	De Buyst Nadia	73	1h45.40	07-08	BEL
Marathon				RC : 3h50.32	
1	De Buyst Nadia	73	4h08.38	28-08	bxl
1 heure				RC : 12 936 m	
1	De Buyst Nadia	73	12 418 m	16-10	ws
100 m haies (84 cm)				RC : 13.82	
1	Guillet Laurence	80	14.02	09-07	bxl
2	Brion Sophie	85	17.47	11-09	vac
3	Reynaerts Stephanie	80	21.20	24-09	rcas
Hauteur				RC : 1m95	
1	Guillet Laurence	80	1m40	27-08	flac
2	Reynaerts Stephanie	80	1m39	24-09	rcas
Longueur				RC : 6m28	
1	Guillet Laurence	80	5m27	28-08	flac
2	Adam Benedicte	78	5m09	25-09	usbw
3	Bonvin Draps Nathalie	80	5m08	23-04	csf
4	Brion Sophie	85	4m52	03-09	volh
Poids (4 kg)				RC : 13m12	
1	Reynaerts Stephanie	80	9m90	23-04	csf
2	Adam Benedicte	78	8m74	12-06	vac
3	Guillet Laurence	80	8m53	28-05	achl
4	De Buyst Nadia	73	7m65	23-04	csf
5	Bonvin Draps Nathalie	80	7m63	23-04	csf



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Disque (1 kg)		RC : 47m99			
1	Reynaerts Stephanie	80	31m09	23-04	csf
2	De Buyst Nadia	73	28m39	23-04	csf
Javelot (600 gr)		RC : 38m45			
1	Reynaerts Stephanie	80	31m98	23-04	csf
2	Adam Benedicte	78	31m91	08-05	herv
3	Guillet Laurence	80	26m30	07-08	dac
4	De Buyst Nadia	73	20m39	23-04	csf
Heptathlon		RC : 3974 p			
1	Guillet Laurence	80	4418 p	28-08	flac
4 x 100 m		RC : 46.95			
Carlot, Brion, Bonvin Draps, Meys		53.16	08-05	herv	
4 x 400 m		RC : 3.54.68			
Bonvin Draps, Adam, Guillet, Dewitte		4.00.98	18-09	vs	

MASTERS FEMMES 35

400 m		RC : 65.52			
1	Castellana Corine	68	81.12	05-06	usbw
800 m		RC : 2.14.21			
1	Collard Florence	66	2.23.91	23-09	rcb
1500 m		RC : 4.36.30			
1	Collard Florence	66	5.00.48	25-09	usbw
2	Castellana Corine	68	6.02.48	18-06	resc
2000 m		RC : 8.23.70			
1	Castellana Corine	68	7.58.97	11-06	ws
3000 m		RC : 9.29.60			
1	Collard Florence	66	11.10.06	08-05	herv
2	Castellana Corine	68	12.22.37	08-05	herv
5000 m		RC : 16.48.60			
1	Castellana Corine	68	21.15.49	23-04	csf
10 000 m		RC : 46.43.03			
1	Castellana Corine	68	50.02.38	16-10	ws
1 heure		RC : 12 936 m			
1	Castellana Corine	68	12 065 m	16-10	ws
Hauteur		RC : 1m25			
1	Collard Florence	66	1m25	05-06	usbw
Poids (4 kg)		RC : 5m63			
1	Bosson Karin	66	5m61	28-07	rfcl
4 x 100 m		RC : 62.58			
Collard, Vandendael, Castellana, Michaux		63.35	05-06	usbw	

MASTERS FEMMES 40

100 m		RC : -			
1	Michaux Dominique	60	15.84	05-06	usbw

MASTERS FEMMES 45

Disque (1 kg)		RC : 24m37			
1	Quicke Evelyne	57	24m31	23-04	csf
Javelot (600 gr)		RC : 22m00			
1	Quicke Evelyne	57	20m93	05-06	usbw



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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MASTERS FEMMES 50

Longueur		RC : 3m45			
1	Vandendael Alice	53	3m40	05-06	usbw

KANGOUROUS GARÇONS (1999 - 1998)

60 m		RC : 10.31			
1	Gonzalez Nicolas	98	11.37	03-09	oeh
2	Castrop Steven	98	12.30	02-07	rcas

1000 m		RC : 3.56.95			
1	Gonzalez Nicolas	98	4.28.95	11-06	ws
2	Castrop Steven	98	4.35.84	03-09	oeh

Longueur		RC : 3m24			
1	Gonzalez Nicolas	98	2m88	02-07	rcas
2	Castrop Steven	98	2m48	12-08	resc
3	Delferriere Dorian	98	2m32	09-04	resc

Poids (1 kg)		RC : 7m40			
1	Castrop Steven	98	5m26	11-09	rsca
2	Gonzalez Nicolas	98	4m30	01-05	rsca
3	Delferriere Dorian	98	4m25	09-04	resc

Balle de hockey		RC : 24m58			
1	Castrop Steven	98	13m44	22-10	rcb
2	Gonzalez Nicolas	98	11m22	16-05	rsca

Tetrathlon		RC : 541 p			
1	Gonzalez Nicolas	98	559 p	02-07	rcas
2	Castrop Steven	98	358 p	02-07	rcas

BENJAMINS GARÇONS (1997 - 1996)

60 m		RC : 9.20			
1	Potemans Anton	96	9.64	16-07	mac
2	Renauld Quentin	96	9.95	30-10	rsca
3	Benoit Julien	96	9.97	01-10	resc
4	Crappe Martin	96	10.06	11-06	ws
5	Nijs Gaston	96	10.10	01-10	resc
6	De Coster Alexis	96	10.24	25-06	dacm
7	Van Cauter Guillian	96	10.25	25-06	dacm
8	Van Der Aa Maxime	97	10.64	11-06	ws
9	Watson William	97	10.76	01-05	rsca
10	Jacobs Maxime	96	10.92	11-06	ws
11	Mouraux Adib	97	10.98	25-06	dacm
12	Mahy Kevin	96	11.03	25-09	rcas
13	Madani Elias	96	11.34	11-06	ws
14	Fraccacreta Antonio	97	11.47	18-06	resc
15	Fernandez Tanguy	97	11.95	18-06	resc
16	Erkens Lucas	97	12.48	18-06	resc
17	Nicaise Alexandre	97	12.55	07-05	resc
18	Francois Clement	97	12.82	16-05	rsca
19	Lemonnier William	97	16.42	16-05	rsca

1000 m		RC : 3.32.40			
1	Potemans Anton	96	3.34.51	16-10	ws
2	Crappe Martin	96	3.35.87	01-10	resc
3	De Coster Alexis	96	3.41.04	18-06	resc
4	Nijs Gaston	96	3.44.78	01-10	resc
5	Renauld Quentin	96	3.45.41	22-10	rcb
6	Van Cauter Guillian	96	3.54.32	18-06	resc
7	Mahy Kevin	96	4.07.45	25-09	rcas
8	Benoit Julien	96	4.13.92	01-10	resc
9	Mouraux Adib	97	4.20.46	25-06	dacm
10	Watson William	97	4.32.71	28-05	csf
11	Jacobs Maxime	96	4.36.88	11-06	ws
12	Fraccacreta Antonio	97	4.42.52	16-05	rsca
13	Erkens Lucas	97	4.44.32	18-06	resc



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14	Van Der Aa Maxime	97	4.45.76	11-06	ws
15	Fernandez Tanguy	97	4.47.95	16-05	rsca
16	Madani Elias	96	4.53.66	11-06	ws
17	Nicaise Alexandre	97	4.59.90	07-05	resc
18	Francois Clement	97	5.02.26	18-06	resc
19	Lemonnier William	97	7.34.92	28-05	csf

Hauteur		RC : 1m23			
1	Nijs Gaston	96	1m00	17-09	csf
	Potemans Anton	96	1m00	01-05	rsca

Longueur		RC : 3m95			
1	Renauld Quentin	96	3m72	25-09	rcas
2	Potemans Anton	96	3m70	07-05	resc
3	Crappe Martin	96	3m48	25-06	dacm
4	Van Cauter Guillian	96	3m43	07-08	lebb
5	De Coster Alexis	96	3m40	25-09	rcas
6	Nijs Gaston	96	3m39	02-07	rcas
7	Benoit Julien	96	3m22	10-09	rcas
8	Watson William	97	3m00	16-05	rsca
9	Mahy Kevin	96	2m89	10-09	rcas
10	Madani Elias	96	2m84	15-10	resc
11	Jacobs Maxime	96	2m77	07-05	resc
12	Fernandez Tanguy	97	2m64	16-05	rsca
13	Mouraux Adib	97	2m50	25-06	dacm
14	Erziak Abdnour	97	2m28	12-08	resc
15	Francois Clement	97	2m27	16-05	rsca
16	Fraccacreta Antonio	97	2m25	09-04	resc
17	Erkens Lucas	97	2m23	16-05	rsca
18	Fontaine Julien	96	2m21	09-04	resc
19	Elkhettabi Marwan	96	2m16	09-04	resc
20	Nicaise Alexandre	97	1m97	07-05	resc
21	Souroudakis Christos	97	1m73	20-05	resc
22	Lemonnier William	97	1m28	28-05	csf

Poids (1 kg)		RC : 11m68			
1	Crappe Martin	96	9m78	15-10	resc
2	Potemans Anton	96	9m42	30-10	rsca
3	Van Cauter Guillian	96	9m04	21-07	vs
4	Renauld Quentin	96	8m90	30-10	rsca
5	Benoit Julien	96	8m55	10-09	rcas
6	Nijs Gaston	96	7m42	02-07	rcas
7	Madani Elias	96	7m06	11-06	ws
8	De Coster Alexis	96	6m25	15-10	resc
9	Jacobs Maxime	96	6m06	11-06	ws
10	Watson William	97	5m88	01-05	rsca
11	Mahy Kevin	96	5m85	10-09	rcas
12	Erziak Abdnour	97	5m74	15-10	resc
13	Fraccacreta Antonio	97	5m55	09-04	resc
14	Francois Clement	97	4m85	18-06	resc
15	Mouraux Adib	97	4m84	18-06	resc
16	Van Der Aa Maxime	97	4m70	11-06	ws
17	Fontaine Julien	96	4m34	09-04	resc
18	Elkhettabi Marwan	96	4m14	09-04	resc
19	Fernandez Tanguy	97	4m10	09-04	resc
20	Erkens Lucas	97	4m09	18-06	resc

Balle de hockey		RC : 38m73			
1	Potemans Anton	96	40m13	16-07	mac
2	Nijs Gaston	96	28m24	01-10	resc
3	Van Cauter Guillian	96	27m80	20-05	resc
4	Benoit Julien	96	27m27	03-09	oeh
5	Renauld Quentin	96	26m74	22-10	rcb
6	Crappe Martin	96	25m95	20-05	resc
7	De Coster Alexis	96	24m34	25-09	rcas
8	Mahy Kevin	96	20m54	25-06	dacm
9	Fraccacreta Antonio	97	19m25	16-05	rsca
10	Watson William	97	18m30	28-05	csf
11	Fernandez Tanguy	97	18m05	16-05	rsca
12	Madani Elias	96	15m11	20-05	resc
13	Erziak Abdnour	97	13m84	12-08	resc
14	Nicaise Alexandre	97	13m70	07-05	resc



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15	Jacobs Maxime	96	13m60	07-05	resc
16	Mouraux Adib	97	12m89	25-06	dacm
17	Francois Clement	97	11m75	16-05	rsca
18	Erkens Lucas	97	10m04	16-05	rsca
19	Lemonnier William	97	8m83	28-05	csf
20	Souroudakis Christos	97	5m78	20-05	resc

Tetrathlon RC : 1826 p

1	Potemans Anton	96	1716 p	16-07	mac
2	Renauld Quentin	96	1437 p	22-10	rcb
3	Nijs Gaston	96	1380 p	02-07	rcas
4	Van Cauter Guillian	96	1354 p	21-07	vs
5	De Coster Alexis	96	1298 p	25-06	dacm
6	Crappe Martin	96	1265 p	28-05	csf
7	Mahy Kevin	96	829 p	25-09	rcas
8	Watson William	97	675 p	28-05	csf
9	Mouraux Adib	97	617 p	25-06	dacm
10	Jacobs Maxime	96	543 p	07-05	resc
11	Fernandez Tanguy	97	423 p	16-05	rsca
12	Fraccacreta Antonio	97	412 p	16-05	rsca
13	Erkens Lucas	97	224 p	16-05	rsca
14	Nicaise Alexandre	97	196 p	07-05	resc
15	Francois Clement	97	167 p	16-05	rsca
16	Lemonnier William	97	14 p	28-05	csf

4 x 60 m RC : 37.27

Potemans, Crappe, De Coster, Van Cauter	40.65	25-06	dacm
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PUPILLES GARÇONS (1995 - 1994)

60 m RC : 8.42

1	Diallo Oumar	94	8.67	17-09	csf
2	Elsen Daan	94	8.84	20-08	mac
3	Englebert Cyril	94	9.21	03-09	oeh
4	Frenay Kevin	95	9.22	28-05	csf
5	Renauld Robin	94	9.31	30-10	rsca
6	Delatte Lionel	95	9.52	30-10	rsca
7	Van De Sype Arnaud	94	9.66	30-10	rsca
8	Valastro Alexandre	95	9.69	11-06	ws
9	Lebailly Killian	95	9.81	01-10	resc
10	Gonzalez Alexandre	95	9.84	17-09	cff
11	Langsberg Nathan	95	9.85	25-06	dacm
12	Nicodeme Romain	95	9.87	25-06	dacm
13	Bennouali Abdellah	94	9.94	20-08	mac
14	El Mellouki Younes	94	9.99	25-06	dacm
15	Watson Ian	94	10.04	01-05	rsca
16	Peeters Ludovic	94	10.07	01-10	resc
17	Ysenbaert Zito	95	10.22	16-05	rsca
18	Beeckman Amaury	95	10.24	28-05	csf
19	Ben Abdallah Slim	94	10.67	07-05	resc
20	Auspert Kylian	95	10.72	07-05	resc
21	Aldridge Jordan	94	10.80	07-05	resc
22	El Mellouki Soufiane	94	10.88	25-06	dacm
23	Dubois Kevin	94	10.98	25-06	dacm
24	Van Osselt Kevin	94	11.22	07-05	resc
25	Denolf Arik	95	11.23	17-04	ws
26	S'Heeren Pierrick	95	11.92	17-04	ws

1000 m RC : 3.17.22

1	Nicodeme Romain	95	3.25.91	05-05	rcas
2	Elsen Daan	94	3.28.36	21-07	vs
3	Diallo Oumar	94	3.37.53	16-10	ws
4	Bennouali Abdellah	94	3.37.66	07-05	resc
5	Lebailly Killian	95	3.41.27	16-10	ws
6	Delatte Lionel	95	3.50.34	30-10	rsca
7	Aldridge Jordan	94	3.52.65	07-05	resc
8	Englebert Cyril	94	3.52.67	30-10	rsca
9	El Mellouki Younes	94	3.55.55	28-05	csf
10	Renauld Robin	94	3.59.49	22-10	rcb
11	Gonzalez Alexandre	95	4.00.91	25-09	rcas
12	Ben Abdallah Slim	94	4.03.49	07-05	resc



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13	Langsberg Nathan	95	4.04.37	16-05	rsc
14	Valastro Alexandre	95	4.05.64	16-05	rsc
15	Frenay Kevin	95	4.08.02	20-08	herv
16	Watson Ian	94	4.14.22	16-05	rsc
17	Ysenbaert Zito	95	4.14.63	16-05	rsc
18	Dubois Kevin	94	4.19.43	01-10	resc
19	Beeckman Amaury	95	4.20.17	18-06	resc
20	Van De Sype Arnaud	94	4.20.41	16-10	ws
21	El Mellouki Soufiane	94	4.27.75	28-05	csf
22	Peeters Ludovic	94	4.30.88	01-10	resc
23	Denolf Arik	95	5.01.22	07-05	resc
24	Van Osselt Kevin	94	5.16.17	07-05	resc

60 m haies (76 cm)

RC : 10.24

1	Diallo Oumar	94	11.06	23-10	csf
2	Elsen Daan	94	11.72	18-06	resc
3	Nicodeme Romain	95	12.84	11-09	rsc
4	Delatte Lionel	95	13.14	23-10	csf
5	Van De Sype Arnaud	94	13.64	26-06	rcb
6	Lebailly Killian	95	13.84	18-06	resc
7	Gonzalez Alexandre	95	14.00	10-09	rcas
8	Langsberg Nathan	95	15.41	18-06	resc
9	Englebert Cyril	94	17.46	18-06	resc
10	Dubois Kevin	94	19.84	18-06	resc

Hauteur

RC : 1m48

1	Elsen Daan	94	1m30	10-08	ws
2	Van De Sype Arnaud	94	1m27	15-10	resc
3	Frenay Kevin	95	1m20	15-10	resc
4	Beeckman Amaury	95	1m15	15-10	resc
	Diallo Oumar	94	1m15	11-09	rsc
	Nicodeme Romain	95	1m15	11-09	rsc
7	Englebert Cyril	94	1m10	20-08	mac
	Watson Ian	94	1m10	01-05	rsc
9	Delatte Lionel	95	1m05	20-08	mac
	Gonzalez Alexandre	95	1m05	01-05	rsc
11	Bennouali Abdellah	94	0m95	20-08	mac
	Dubois Kevin	94	0m95	20-08	mac
13	El Mellouki Soufiane	94	0m90	17-09	csf
	Peeters Ludovic	94	0m90	17-09	csf

Longueur

RC : 4m66

1	Elsen Daan	94	4m65	09-04	resc
2	Diallo Oumar	94	4m16	16-10	ws
3	Englebert Cyril	94	3m93	12-08	resc
4	Van De Sype Arnaud	94	3m87	16-10	ws
5	Renauld Robin	94	3m85	22-10	rcb
6	Nicodeme Romain	95	3m79	11-09	rsc
7	Frenay Kevin	95	3m72	16-05	rsc
8	Delatte Lionel	95	3m65	29-09	spvi
9	Valastro Alexandre	95	3m60	28-05	csf
10	Lebailly Killian	95	3m50	12-08	resc
11	Watson Ian	94	3m44	28-05	csf
12	Bennouali Abdellah	94	3m42	09-04	resc
13	El Mellouki Younes	94	3m38	11-09	rsc
14	Gonzalez Alexandre	95	3m30	25-09	rcas
15	Peeters Ludovic	94	3m26	12-08	resc
16	Aldridge Jordan	94	3m22	20-05	resc
17	Langsberg Nathan	95	3m20	25-06	dacm
18	Beeckman Amaury	95	3m06	28-05	csf
19	Ysenbaert Zito	95	3m05	16-05	rsc
20	Van Osselt Kevin	94	2m93	07-05	resc
21	Auspert Kylian	95	2m90	07-05	resc
22	Dubois Kevin	94	2m88	12-08	resc
23	Pannecoucke Cantor	94	2m84	20-05	resc
24	El Mellouki Soufiane	94	2m81	16-05	rsc
25	Olszewski Adrien	95	2m56	09-04	resc
26	Ben Abdallah Slim	94	2m54	07-05	resc
27	Denolf Arik	95	2m48	17-04	ws
28	S'Heeren Pierrick	95	2m35	17-04	ws



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Poids (2 kg) RC : 10m58

1	Diallo Oumar	94	11m71	31-07	lebb
2	Elsen Daan	94	9m91	10-08	ws
3	Nicodeme Romain	95	8m68	02-07	rcas
4	Van De Sype Arnaud	94	8m42	10-08	ws
5	Englebert Cyril	94	8m21	12-08	resc
6	Delatte Lionel	95	7m73	11-09	rsca
7	El Mellouki Younes	94	7m56	11-09	rsca
8	Beeckman Amaury	95	7m37	15-10	resc
9	El Mellouki Soufiane	94	7m06	11-09	rsca
10	Renauld Robin	94	6m52	30-10	rsca
11	Frenay Kevin	95	6m48	15-10	resc
12	Valastro Alexandre	95	6m46	11-06	ws
13	Peeters Ludovic	94	6m16	15-10	resc
14	Dubois Kevin	94	6m13	15-10	resc
15	Lebailly Killian	95	6m00	12-08	resc
16	Watson Ian	94	5m67	01-05	rsca
17	Langsberg Nathan	95	5m28	11-09	rsca
18	Auspert Kylian	95	5m25	09-04	resc
19	Olszewski Adrien	95	5m23	09-04	resc
20	Bennouali Abdellah	94	5m10	09-04	resc
21	Gonzalez Alexandre	95	3m84	02-07	rcas

Disque (600 gr) RC : 29m21

1	Elsen Daan	94	31m14	03-09	oeh
2	Diallo Oumar	94	27m01	01-10	resc
3	Van De Sype Arnaud	94	22m72	16-07	olse
4	Englebert Cyril	94	20m20	01-10	resc
5	Nicodeme Romain	95	17m38	03-09	oeh
6	El Mellouki Younes	94	16m61	01-10	resc
7	Delatte Lionel	95	15m07	23-10	csf
8	El Mellouki Soufiane	94	14m37	17-09	csf
9	Dubois Kevin	94	13m77	17-09	csf
10	Frenay Kevin	95	13m68	23-10	csf
11	Peeters Ludovic	94	11m74	01-10	resc
12	Gonzalez Alexandre	95	8m94	17-09	csf

Balle de hockey RC : 46m12

1	Elsen Daan	94	46m50	20-05	resc
2	Nicodeme Romain	95	38m02	31-07	lebb
3	Van De Sype Arnaud	94	33m07	10-09	vac
4	Englebert Cyril	94	30m60	20-05	resc
5	Renauld Robin	94	29m78	22-10	rcb
6	Valastro Alexandre	95	28m87	28-05	csf
7	Delatte Lionel	95	28m58	25-06	dacm
8	Aldridge Jordan	94	28m05	20-05	resc
9	El Mellouki Younes	94	27m65	25-09	rcas
10	Diallo Oumar	94	27m37	28-05	csf
11	Watson Ian	94	26m21	28-05	csf
12	Bennouali Abdellah	94	26m17	16-05	rsca
13	Dubois Kevin	94	23m98	16-05	rsca
14	Olszewski Adrien	95	23m29	20-05	resc
15	Beeckman Amaury	95	23m05	28-05	csf
16	Frenay Kevin	95	22m75	20-05	resc
17	Langsberg Nathan	95	22m20	11-09	rsca
18	El Mellouki Soufiane	94	22m03	03-09	oeh
19	Ben Abdallah Slim	94	20m05	07-05	resc
20	Gonzalez Alexandre	95	19m86	25-09	rcas
21	Auspert Kylian	95	19m00	07-05	resc
22	Ysenbaert Zito	95	17m23	07-05	resc
23	Van Osselt Kevin	94	16m26	07-05	resc
24	Pannecoucke Cantor	94	13m73	20-05	resc
25	Denolf Arik	95	13m23	07-05	resc

Tetrathlon RC : 2222 p

1	Diallo Oumar	94	2307 p	16-10	ws
2	Elsen Daan	94	2282 p	21-07	vs
3	Nicodeme Romain	95	1700 p	05-05	rcas
4	Delatte Lionel	95	1551 p	16-10	ws
5	Renauld Robin	94	1492 p	22-10	rcb
6	Van De Sype Arnaud	94	1453 p	16-10	ws
7	Englebert Cyril	94	1413 p	16-05	rsca



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8	Frenay Kevin	95	1372 p	28-05	csf
9	Lebailly Killian	95	1366 p	16-10	ws
10	Bennouali Abdellah	94	1305 p	16-05	rsca
11	Valastro Alexandre	95	1195 p	28-05	csf
12	Gonzalez Alexandre	95	1176 p	25-09	rcas
13	El Mellouki Younes	94	1148 p	28-05	csf
14	Aldridge Jordan	94	1128 p	07-05	resc
15	Watson Ian	94	1121 p	28-05	csf
16	Langsberg Nathan	95	1059 p	25-09	rcas
17	Beeckman Amaury	95	969 p	28-05	csf
18	Ysenbaert Zito	95	933 p	16-05	rsca
19	Ben Abdallah Slim	94	872 p	07-05	resc
20	Dubois Kevin	94	748 p	02-07	rcas
21	El Mellouki Soufiane	94	670 p	25-06	dacm
22	Van Osselt Kevin	94	465 p	07-05	resc
23	Denolf Arik	95	388 p	07-05	resc

4 x 60 m	RC : 33.25
Diallo, Nicodeme, Delatte, Elsen	35.48 03-09 oeh

MINIMES GARÇONS (1993 - 1992)

80 m	RC : 9.96				
1	Paulus Gary	92	10.39	28-05	csf
2	Lins Sebastien	92	10.72	16-10	ws
3	Lebailly Kevin	92	10.79	16-10	ws
4	Omombo Jean David	92	11.07	16-05	rsca
5	Oliveira Da Silva Raphael	92	11.45	01-10	resc
6	Castellana Bryan	92	11.46	16-10	ws
7	Wellemans Olivier	93	11.65	01-10	resc
8	Lohombo Louis	93	11.71	07-05	resc
9	Wampach Florent	92	11.82	25-06	dacm
10	Nicodeme Thibault	92	12.14	25-06	dacm
11	Caluwe Morgan	93	12.15	30-10	rsca
12	Crouze Ronald	93	12.18	16-05	rsca
13	Elkhettabi Mehdi	93	12.45	17-09	csf
14	Govaert Thomas	93	12.69	01-10	resc
15	Amelynck Sylvain	93	12.70	16-05	rsca
16	Denys Gregory	93	12.72	25-06	dacm
17	Van De Sype Vincent	93	13.03	16-10	ws
18	Clouwaert Maxime	92	13.05	07-05	resc
19	Van Damme Francois	92	13.28	25-06	dacm
20	Walravens Sylvain	93	13.77	01-10	resc
21	De Beer Boukhaima Mehdi	93	13.87	28-05	csf

150 m	RC : 18.54				
1	Paulus Gary	92	19.32	11-06	ws
2	Lins Sebastien	92	19.88	11-06	ws
3	Lebailly Kevin	92	20.53	31-07	lebb
4	Lohombo Louis	93	21.51	11-06	ws
5	Oliveira Da Silva Raphael	92	21.75	01-10	resc
6	Castellana Bryan	92	22.26	11-06	ws
7	Nicodeme Thibault	92	22.82	31-07	lebb
8	Govaert Thomas	93	23.90	01-10	resc
9	Caluwe Morgan	93	24.32	01-10	resc
10	Van De Sype Vincent	93	24.46	01-10	resc
11	Denys Gregory	93	24.53	01-10	resc
12	Clouwaert Maxime	92	24.77	01-10	resc

300 m	RC : 41.91				
1	Paulus Gary	92	42.31	23-10	csf
2	Lebailly Kevin	92	43.17	15-08	vs
3	Lins Sebastien	92	45.57	18-06	resc
4	Wampach Florent	92	48.89	18-06	resc
5	Castellana Bryan	92	50.26	18-06	resc
6	Crouze Ronald	93	50.34	18-06	resc
7	Nicodeme Thibault	92	51.00	03-09	oeh
8	Oliveira Da Silva Raphael	92	51.86	18-06	resc
9	Denys Gregory	93	55.20	09-10	riaac
10	Vanden Broeck Maxance	93	55.40	18-06	resc
11	Clouwaert Maxime	92	55.64	03-09	oeh



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12 Van De Sype Vincent 93 57.07 29-09 spvi

1000 m RC : 3.02.25

1	Lebailly Kevin	92	3.02.09	01-10	resc
2	Lins Sebastien	92	3.08.58	17-09	hf
3	Nicodeme Thibault	92	3.25.71	02-07	rcas
4	Castellana Bryan	92	3.30.75	11-06	ws
5	Wampach Florent	92	3.33.61	16-05	rsca
6	Paulus Gary	92	3.34.49	11-06	ws
7	Oliveira Da Silva Raphael	92	3.35.57	18-06	resc
8	Elkhattabi Mehdi	93	3.39.08	17-09	csf
9	Omombo Jean David	92	3.41.09	16-05	rsca
10	Denys Gregory	93	3.51.02	16-05	rsca
11	Govaert Thomas	93	3.52.94	25-06	dacm
12	Vanden Broeck Maxance	93	3.53.46	18-06	resc
13	Wellemans Olivier	93	3.53.71	28-05	csf
14	Caluwe Morgan	93	3.54.84	16-05	rsca
15	Van De Sype Vincent	93	3.56.13	30-10	rsca
16	Crouze Ronald	93	3.57.22	02-07	rcas
17	Lohombo Louis	93	3.58.13	11-06	ws
18	Amelynck Sylvain	93	3.59.12	16-05	rsca
19	Van Damme Francois	92	4.02.59	25-06	dacm
20	De Beer Boukhaima Mehdi	93	4.06.93	28-05	csf
21	Clouwaert Maxime	92	4.23.51	07-05	resc

80 m haies (84 cm) RC : 12.00

1	Lins Sebastien	92	14.60	18-06	resc
2	Lebailly Kevin	92	14.64	18-06	resc
3	Nicodeme Thibault	92	14.74	31-07	lebb
4	Oliveira Da Silva Raphael	92	16.14	18-06	resc
5	Van De Sype Vincent	93	17.19	28-05	oeh
6	Crouze Ronald	93	18.30	02-07	rcas
7	Denys Gregory	93	19.33	25-09	rcas

Hauteur RC : 1m65

1	Lebailly Kevin	92	1m50	16-10	ws
2	Lins Sebastien	92	1m45	01-10	resc
	Nicodeme Thibault	92	1m45	01-10	resc
4	Castellana Bryan	92	1m42	03-09	oeh
5	Wampach Florent	92	1m40	18-06	resc
6	Paulus Gary	92	1m35	01-10	resc
7	Van De Sype Vincent	93	1m32	16-10	ws
8	Oliveira Da Silva Raphael	92	1m30	01-10	resc
9	Crouze Ronald	93	1m26	02-07	rcas
10	Clouwaert Maxime	92	1m15	01-10	resc
11	Denys Gregory	93	1m14	16-10	ws
12	Caluwe Morgan	93	1m10	09-04	resc
13	Ouehhabi Ilias	92	1m05	09-04	resc

Longueur RC : 5m73

1	Lins Sebastien	92	5m02	09-10	paris
2	Omombo Jean David	92	4m80	16-05	rsca
	Paulus Gary	92	4m80	23-10	csf
4	Lebailly Kevin	92	4m76	12-08	resc
5	Wampach Florent	92	4m46	16-05	rsca
6	Nicodeme Thibault	92	4m42	20-05	resc
7	Oliveira Da Silva Raphael	92	4m15	11-09	rsca
8	Castellana Bryan	92	4m09	16-10	ws
9	Van De Sype Vincent	93	4m00	20-05	resc
10	Clouwaert Maxime	92	3m86	20-05	resc
11	Crouze Ronald	93	3m83	16-05	rsca
	Lohombo Louis	93	3m83	07-05	resc
	Wellemans Olivier	93	3m83	12-08	resc
14	Denys Gregory	93	3m73	12-08	resc
15	Palem Simon	93	3m72	20-05	resc
16	Amelynck Sylvain	93	3m71	16-05	rsca
17	Caluwe Morgan	93	3m51	16-05	rsca
18	Elkhattabi Mehdi	93	3m49	16-05	rsca
19	Govaert Thomas	93	3m46	28-05	csf
20	De Beer Boukhaima Mehdi	93	3m23	16-05	rsca
21	De Lombaert Quentin	93	3m13	20-05	resc
22	Van Damme Francois	92	2m77	25-06	dacm



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Perche		RC : 2m90			
1	Nicodeme Thibault	92	2m65	01-10	resc
2	Van De Sype Vincent	93	2m20	01-10	resc

Poids (3 kg)		RC : 13m97			
1	Omombo Jean David	92	10m73	20-05	resc
2	Paulus Gary	92	10m60	28-05	csf
3	Oliveira Da Silva Raphael	92	10m07	03-09	oeh
4	Lins Sebastien	92	9m46	16-10	ws
5	Lebailly Kevin	92	8m79	16-10	ws
6	Clouwaert Maxime	92	8m66	02-10	rsca
7	Crouze Ronald	93	8m32	02-07	rcas
8	Castellana Bryan	92	8m10	28-05	csf
9	Van De Sype Vincent	93	7m99	16-10	ws
10	Nicodeme Thibault	92	7m74	02-07	rcas
11	Wampach Florent	92	7m41	20-05	resc
12	Denys Gregory	93	7m06	02-10	rsca
13	Wellemans Olivier	93	6m65	28-05	csf
14	Amelynck Sylvain	93	5m89	16-05	rsca
15	De Beer Boukhaima Mehdi	93	5m54	11-06	ws
16	Govaert Thomas	93	5m50	28-05	csf
17	Elkhattabi Mehdi	93	5m44	16-05	rsca
18	Caluwe Morgan	93	5m12	02-07	rcas
19	De Lombaert Quentin	93	4m59	20-05	resc
20	Van Damme Francois	92	4m42	25-06	dacm

Disque (1 kg)		RC : 31m60			
1	Nicodeme Thibault	92	22m32	31-07	lebb
2	Oliveira Da Silva Raphael	92	21m78	02-10	rsca
3	Clouwaert Maxime	92	21m62	03-09	oeh
4	Paulus Gary	92	21m17	31-07	lebb
5	Van De Sype Vincent	93	20m48	23-10	csf
6	Castellana Bryan	92	20m37	15-10	resc
7	Wellemans Olivier	93	19m38	20-08	mac
8	Denys Gregory	93	16m80	29-05	spvi
9	De Beer Boukhaima Mehdi	93	16m63	15-10	resc
10	Elkhattabi Mehdi	93	12m34	17-09	csf
11	Vanden Broeck Maxance	93	12m08	15-10	resc
12	Govaert Thomas	93	11m27	15-10	resc
13	Caluwe Morgan	93	7m93	17-09	csf

Javelot (400 gr)		RC : 39m81			
1	Oliveira Da Silva Raphael	92	35m43	02-10	rsca
2	Clouwaert Maxime	92	30m33	03-09	oeh
3	Lebailly Kevin	92	30m10	17-09	hf
4	Wampach Florent	92	29m53	25-06	dacm
5	Lins Sebastien	92	28m62	17-09	hf
6	Paulus Gary	92	26m87	17-09	hf
7	Nicodeme Thibault	92	26m49	29-09	spvi
8	Denys Gregory	93	22m99	02-10	rsca
9	Van De Sype Vincent	93	22m75	17-04	asvo
10	Castellana Bryan	92	20m92	28-05	csf
11	Omombo Jean David	92	20m37	16-05	rsca
12	Ouehhab Ilias	92	20m33	09-04	resc
13	Lohombo Louis	93	20m30	07-05	resc
14	Wellemans Olivier	93	19m44	20-08	mac
15	Elkhattabi Mehdi	93	18m17	16-05	rsca
16	Crouze Ronald	93	17m66	16-05	rsca
17	Caluwe Morgan	93	14m84	25-06	dacm
18	Vanden Broeck Maxance	93	14m75	15-10	resc
19	Van Damme Francois	92	14m25	25-06	dacm
20	Govaert Thomas	93	13m96	25-06	dacm
21	Amelynck Sylvain	93	13m86	16-05	rsca
22	De Beer Boukhaima Mehdi	93	11m92	16-05	rsca

Pentathlon		RC : 3262 p			
1	Lebailly Kevin	92	3248 p	16-10	ws
2	Lins Sebastien	92	3175 p	16-10	ws
3	Paulus Gary	92	2940 p	17-09	hf
4	Omombo Jean David	92	2700 p	16-05	rsca
5	Castellana Bryan	92	2638 p	16-10	ws



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6	Nicodeme Thibault	92	2627 p	02-07	rcas
7	Wampach Florent	92	2341 p	16-05	rsca
8	Oliveira Da Silva Raphael	92	2302 p	07-05	resc
9	Govaert Thomas	93	2144 p	28-05	csf
10	Van De Sype Vincent	93	1990 p	16-10	ws
11	Wellemans Olivier	93	1844 p	28-05	csf
12	Crouze Ronald	93	1778 p	16-05	rsca
13	Clouwaert Maxime	92	1759 p	07-05	resc
14	Denys Gregory	93	1641 p	16-10	ws
15	Elkhettabi Mehdi	93	1605 p	16-05	rsca
16	Lohombo Louis	93	1603 p	07-05	resc
17	Amelynck Sylvain	93	1554 p	16-05	rsca
18	Caluwe Morgan	93	1373 p	16-05	rsca
19	Van Damme Francois	92	1161 p	25-06	dacm
20	De Beer Boukhaima Mehdi	93	1066 p	28-05	csf

4 x 80 m	RC : 41.24
Lins, Castellana, Paulus, Oliveira	43.33 03-09 oeh

CADETS GARÇONS (1991 - 1990)

100 m	RC : 11.39				
1	Dogan Mervan	90	11.82	18-06	resc
2	Winderickx Ingmar	91	12.26	24-09	rcas
3	Sekelsky Maros	90	12.45	27-08	flac
4	Errouchi Ayoub	90	12.48	24-09	rcas
5	Belsack Gaetan	90	12.64	07-05	resc
6	Rinaldi Jean	90	13.30	23-04	csf
7	Frenay Anthony	91	13.46	06-08	spvi
8	Bonneure Morgan	91	13.60	18-06	resc
9	Bouzian Yassine	91	13.80	28-05	csf
10	Caluwe Arnaud	91	13.88	26-06	rcb
11	Wavreil Cedric	91	13.99	30-04	rfcl
12	Denys Jonathan	90	14.11	29-06	wrc
13	El Mellouki Ilias	91	14.38	28-05	csf
14	Hinck Mathieu	91	14.39	17-04	ws

200 m	RC : 23.14				
1	Dogan Mervan	90	23.95	29-05	spvi
2	Sekelsky Maros	90	24.93	21-05	herv
3	Belsack Gaetan	90	26.09	07-05	rfcl
4	Frenay Anthony	91	28.17	06-08	spvi
5	Caluwe Arnaud	91	28.29	17-09	csf
6	Rinaldi Jean	90	28.58	20-08	herv
7	Bouzian Yassine	91	28.79	16-05	ea

300 m	RC : 36.86				
1	Dogan Mervan	90	38.19	18-06	resc
2	Van Waasdijk Guillain	90	38.91	18-06	resc
3	Sekelsky Maros	90	40.55	11-06	achl
4	Pholien Lionel	91	46.04	18-06	resc
5	Denys Jonathan	90	47.28	18-06	resc

400 m	RC : 52.24				
1	Dogan Mervan	90	55.68	16-05	ea
2	Errouchi Ayoub	90	57.26	30-04	rfcl
3	Denys Jonathan	90	70.24	01-10	resc
4	Frenay Anthony	91	70.96	28-05	csf

800 m	RC : 1.59.30				
1	Van Waasdijk Guillain	90	2.04.47	03-09	cabw
2	Pholien Lionel	91	2.23.33	29-05	spvi
3	Massaad Michael	91	2.26.89	23-04	csf
4	Denys Jonathan	90	2.36.32	30-04	rfcl

1000 m	RC : 2.43.18				
1	Van Waasdijk Guillain	90	2.52.44	07-05	resc
2	Massaad Michael	91	2.52.62	17-07	dac
3	Barberoux Valentin	90	2.54.73	07-05	resc
4	Pholien Lionel	91	3.06.28	07-05	resc
5	Winderickx Ingmar	91	3.08.19	25-09	rcas



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6	Denys Jonathan	90	3.27.64	17-07	dac
7	Wavreil Cedric	91	3.29.18	25-09	rcas
8	Sekelsky Maros	90	3.29.51	28-08	flac

1500 m RC : 4.10.90

1	Barberoux Valentin	90	4.37.90	23-04	csf
2	Winderickx Ingmar	91	4.51.21	30-04	rfcl
3	Sekelsky Maros	90	5.12.98	21-05	herv

100 m haies (91 cm) RC : 14.04

1	Sekelsky Maros	90	15.90	30-04	rfcl
2	Winderickx Ingmar	91	17.84	25-09	rcas
3	Wavreil Cedric	91	18.55	25-09	rcas
4	Caluwe Arnaud	91	20.62	10-09	rcas
5	Denys Jonathan	90	21.37	19-06	csf

300 m haies (76 cm) RC : 40.07

1	Sekelsky Maros	90	43.78	15-08	damp
2	Denys Jonathan	90	52.64	20-08	herv

1500 m steeple (76 cm) RC : -

1	Denys Jonathan	90	6.05.87	23-10	csf
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Hauteur RC : 1m91

1	Winderickx Ingmar	91	1m51	24-09	rcas
2	Rinaldi Jean	90	1m45	26-06	rcb
	Sekelsky Maros	90	1m45	27-08	flac
4	Caluwe Arnaud	91	1m35	23-04	csf
	Wavreil Cedric	91	1m35	23-04	csf
6	Denys Jonathan	90	1m30	26-07	hco
	Hinck Mathieu	91	1m30	23-04	csf

Longueur RC : 6m70

1	Winderickx Ingmar	91	5m78	09-10	paris
2	Sekelsky Maros	90	5m49	11-06	achl
3	Rinaldi Jean	90	5m03	23-04	csf
4	Frenay Anthony	91	4m60	23-10	csf
5	Caluwe Arnaud	91	4m52	23-04	csf
6	Errouchi Ayoub	90	4m51	24-09	rcas
7	Wavreil Cedric	91	4m40	24-09	rcas
8	Denys Jonathan	90	3m80	24-09	rcas

Triple saut RC : 13m52

1	Hinck Mathieu	91	10m05	30-04	rfcl
2	Caluwe Arnaud	91	10m04	10-08	ws
3	Wavreil Cedric	91	9m39	17-04	ws

Perche RC : 3m71

1	Wavreil Cedric	91	2m70	18-06	resc
2	Sekelsky Maros	90	2m40	28-08	flac
3	Denys Jonathan	90	2m10	28-05	csf

Poids (4 kg) RC : 13m84

1	Denys Jonathan	90	10m75	02-10	rsca
2	Duchatel Florian	91	10m02	30-04	rfcl
3	Errouchi Ayoub	90	9m34	24-09	rcas
4	Frenay Anthony	91	9m20	20-08	herv
5	Winderickx Ingmar	91	9m08	24-09	rcas
6	Sekelsky Maros	90	8m49	27-08	flac
7	Caluwe Arnaud	91	6m54	10-09	rcas
8	Wavreil Cedric	91	6m06	24-09	rcas

Disque (1 kg) RC : 44m92

1	Denys Jonathan	90	37m10	30-10	rsca
2	Sekelsky Maros	90	24m99	21-05	herv
3	Massaad Michael	91	22m47	23-04	csf
4	Caluwe Arnaud	91	16m97	30-10	rsca



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2005

Javelot (600 gr)		RC : 43m12			
1	Sekelsky Maros	90	37m64	21-05	herv
2	Duchatel Florian	91	37m38	09-10	paris
3	Winderickx Ingmar	91	33m51	25-09	rcas
4	Denys Jonathan	90	32m81	02-10	rsca
5	El Mellouki Ilias	91	21m67	28-05	csf
6	Wavreil Cedric	91	21m30	25-09	rcas
7	Caluwe Arnaud	91	20m80	28-05	csf

Marteau (4 kg)		RC : 46m37			
1	Denys Jonathan	90	29m24	18-09	rfcl

Octathlon		RC : 4312 p			
1	Winderickx Ingmar	91	3302 p	25-09	rcas
2	Sekelsky Maros	90	3277 p	28-08	flac
3	Wavreil Cedric	91	2344 p	25-09	rcas
4	Denys Jonathan	90	1969 p	25-09	rcas

4 x 100 m		RC : 45.63			
Rinaldi, Errouchi, Winderickx, Dogan		47.14	18-09	vs	

SCOLAIRES HOMMES (1989 - 1988)

100 m		RC : 11.08			
1	Hermann Gilles	88	11.34	16-05	ea
2	Castermane Julien	88	11.64	03-09	cabw
3	Diallo Mamadou	88	11.68	29-05	spvi
4	Lenglet Kevin	89	11.79	30-04	rfcl
5	Naga Djihed	88	11.90	29-05	spvi
6	Preumont Maurice	88	11.94	23-10	csf
7	Massaad Jean	89	12.65	24-09	rcas

200 m		RC : 22.02			
1	Hermann Gilles	88	23.15	21-05	usta
2	Castermane Julien	88	23.89	09-09	cabw
3	Naga Djihed	88	23.91	29-05	spvi
4	Lenglet Kevin	89	24.69	29-05	spvi
5	Preumont Maurice	88	25.20	07-05	resc
6	Massaad Jean	89	26.06	23-04	csf

300 m		RC : 36.24			
1	Castermane Julien	88	36.76	18-06	resc
2	Hasselmans Jerome	88	39.32	18-06	resc
3	Lenglet Kevin	89	39.75	17-07	dac
4	Massaad Jean	89	40.31	17-07	dac
5	Maingain François	89	40.61	18-06	resc
6	De Groote Jonathan	89	40.90	18-06	resc

400 m		RC : 49.92			
1	Castermane Julien	88	50.74	04-09	cabw

800 m		RC : 1.55.41			
1	Demeester Thijs	89	2.02.39	23-07	heus
2	Maingain François	89	2.07.36	23-04	csf
3	Lecomte Baptiste	89	2.12.98	29-05	spvi
4	De Groote Jonathan	89	2.22.39	23-04	csf

1000 m		RC : 2.32.80			
1	Kebdani Samir	88	2.39.88	07-05	resc
2	Demeester Thijs	89	2.43.50	07-05	resc
3	Lecomte Baptiste	89	2.57.00	07-05	resc

1500 m		RC : 4.00.79			
1	Demeester Thijs	89	4.10.12	30-07	vita
2	Kebdani Samir	88	4.13.29	23-04	csf
3	Naga Djihed	88	5.03.80	25-09	rcas
4	Massaad Jean	89	5.26.74	25-09	rcas

3000 m		RC : 8.33.14			
1	Kebdani Samir	88	9.17.79	30-04	rfcl



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2005

110 m haies (91 cm)		RC : 13.65			
1	Naga Djihed	88	17.14	25-09	rcas
2	Diallo Mamadou	88	18.81	30-04	rfcl
3	Massaad Jean	89	23.80	25-09	rcas
400 m haies (84 cm)		RC : 56.69			
1	Diallo Mamadou	88	57.03	30-04	rfcl
Hauteur RC : 2m05					
1	Massaad Jean	89	1m63	25-09	rcas
2	Naga Djihed	88	1m51	25-09	rcas
Longueur RC : 7m59					
1	Naga Djihed	88	6m37	18-06	resc
2	Preumont Maurice	88	5m95	23-10	csf
3	Massaad Jean	89	5m16	24-09	rcas
Triple saut RC : 15m64					
1	Naga Djihed	88	12m71	30-04	rfcl
Perche RC : 4m36					
1	Naga Djihed	88	4m00	11-06	ws
Poids (5 kg) RC : 14m19					
1	Naga Djihed	88	8m99	25-09	rcas
	Sedki Zakaria	88	8m99	30-04	rfcl
3	Massaad Jean	89	8m46	25-09	rcas
Disque (1,5 kg) RC : 44m44					
1	Kebdani Samir	88	31m41	30-04	rfcl
2	Naga Djihed	88	21m95	25-09	rcas
3	Massaad Jean	89	16m89	25-09	rcas
Javelot (700 gr) RC : 52m73					
1	Naga Djihed	88	26m04	25-09	rcas
2	Massaad Jean	89	24m53	25-09	rcas
Marteau (5 kg) RC : 53m41					
1	Sedki Zakaria	88	41m93	30-04	rfcl
Enneathlon RC : 5828 p					
1	Naga Djihed	88	4327 p	25-09	rcas
2	Massaad Jean	89	2789 p	25-09	rcas
4 x 100 m RC : 43.01					
Lenglet, Castermane, Diallo, Hermann		44.28	18-09	vs	

JUNIORS HOMMES (1987 - 1986)

100 m RC : 10.71					
1	Linongi Makowe Patrick	87	11.75	29-05	spvi
2	Hostyn Laurent David	87	12.34	15-04	csf
400 m RC : 47.92					
1	Hostyn Laurent David	87	56.43	27-08	flac
1000 m RC : 2.26.76					
1	Vaillant Thibaud	87	2.40.00	07-05	resc
1500 m RC : 3.48.90					
1	Hostyn Laurent David	87	5.02.37	28-08	flac
110 m haies (99 cm) RC : 14.68					
1	Hostyn Laurent David	87	17.19	28-08	flac
3000 m steeple (91 cm) RC : 9.31.70					
1	Vaillant Thibaud	87	10.43.50	15-05	rfcl



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES OUTDOOR 2005

Hauteur		RC : 2m14			
1	Hostyn Laurent David	87	1m75	27-08	flac
Longueur		RC : 7m86			
1	Hostyn Lauren -David	87	6m03	15-04	csf
Triple saut		RC : 15m79			
1	Hostyn Laurent David	87	12m22	10-08	ws
Perche		RC : 5m00			
1	Hostyn Laurent David	87	3m21	10-08	ws
Poids (6 kg)		RC : 15m27			
1	Hostyn Laurent David	87	10m42	27-08	flac
Disque (1,75 kg)		RC : 43m08			
1	Hostyn Laurent David	87	33m19	28-08	flac
Javelot (800 gr)		RC : 53m14			
1	Hostyn Laurent David	87	30m82	28-08	flac
Decathlon		RC : 6936 p			
1	Hostyn Laurent David	87	5074 p	28-08	flac

ESPOIRS HOMMES (1985 - 1984 - 1983)

100 m		RC : 10.53			
1	Broothaerts Damien	83	10.97	11-08	vs
2	Vervloet Gregory	83	10.98	29-06	wrc
	Xhonneux Frederic	83	11.28	09-08	FIN
4	Diallo Saliou	85	11.44	18-06	resc
200 m		RC : 21.14			
1	Broothaerts Damien	83	22.01	11-06	SUI
2	Vervloet Gregory	83	22.21	29-06	wrc
3	Diallo Saliou	85	22.56	02-07	vs
4	Xhonneux Frederic	83	22.64	02-07	vs
300 m		RC : 34.00			
1	Vervloet Gregory	83	34.37	17-07	dac
2	Diallo Saliou	85	35.47	18-06	resc
400 m		RC : 47.64			
1	Vervloet Gregory	83	47.54	10-07	bxl
2	Xhonneux Frederic	83	48.92	14-07	GER
3	Diallo Saliou	85	50.19	11-09	vac
800 m		RC : 1.50.88			
1	Dewitte Sebastien	85	1.55.79	15-05	rfcl
1000 m		RC : 2.23.92			
1	Dewitte Sebastien	85	2.30.07	17-07	dac
1500 m		RC : 3.46.01			
1	Dewitte Sebastien	85	3.50.95	02-07	vs
2	Xhonneux Frederic	83	4.14.45	15-07	GER
5000 m		RC : 13.56.92			
1	Dewitte Sebastien	85	14.56.88	27-08	olse
110 m haies (106 cm)		RC : 13.93			
1	Broothaerts Damien	83	13.94	25-06	cabw
2	Xhonneux Frederic	83	14.76	15-07	GER
400 m haies (91 cm)		RC : 50.29			
1	Xhonneux Frederic	83	53.72	25-06	cabw
2	Vervloet Gregory	83	53.89	07-05	resc



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2005

Hauteur		RC : 2m21			
1	Xhonneux Frederic	83	2m03	09-08	FIN
Longueur		RC : 7m86			
1	Xhonneux Frederic	83	7m26	10-07	bxl
Triple saut		RC : 16m01			
1	Xhonneux Frederic	83	14m78	15-05	rfcl
Perche		RC : 5m11			
1	Xhonneux Frederic	83	4m80	25-06	cabw
2	Leyman David	85	3m40	23-04	csf
Poids (7,26 kg)		RC : 13m67			
1	Xhonneux Frederic	83	13m52	23-04	csf
2	Leyman David	85	9m69	23-04	csf
Disque (2 kg)		RC : 44m06			
1	Xhonneux Frederic	83	40m66	05-06	FRA
2	Droesbeke Sebastien	85	33m23	23-07	vac
Javelot (800 gr)		RC : 53m99			
1	Xhonneux Frederic	83	58m05	15-07	GER
2	Droesbeke Sebastien	85	53m78	04-09	ea
Decathlon		RC : 7040 p			
1	Xhonneux Frederic	83	7902 p	05-06	FRA

SENIORS HOMMES (1985 - 1971)

100 m		RC : 10.02			
1	Ferro Anthony	80	10.43	11-06	SUI
2	Kabuya Serge	77	10.82	02-08	oeh
3	Broothaerts Damien	83	10.97	11-08	vs
4	Vervloet Gregory	83	10.98	29-06	wrc
5	Moral Miguel	81	11.01	11-06	ws
6	Lissassi Arnaud	76	11.28	28-05	csf
	Xhonneux Frederic	83	11.28	09-08	FIN
8	Lambert John	80	11.42	04-06	dcla
9	Diallo Saliou	85	11.44	18-06	resc
10	Xhonneux Marc	80	12.15	29-06	wrc
200 m		RC : 20.66			
1	Ferro Anthony	80	20.99	02-07	vs
2	Kabuya Serge	77	21.90	21-05	usta
3	Moral Miguel	81	21.97	09-07	bxl
4	Broothaerts Damien	83	22.01	11-06	SUI
5	Vervloet Gregory	83	22.21	29-06	wrc
6	Diallo Saliou	85	22.56	02-07	vs
7	Xhonneux Frederic	83	22.64	02-07	vs
8	Lambert John	80	23.55	12-06	vac
9	Lissassi Arnaud	76	23.5	12-06	vac
10	Xhonneux Marc	80	24.30	29-06	wrc
300 m		RC : 34.00			
1	Moral Miguel	81	34.28	11-06	ws
2	Vervloet Gregory	83	34.37	17-07	dac
3	Kabuya Serge	77	35.23	17-07	dac
4	Diallo Saliou	85	35.47	18-06	resc
5	Lissassi Arnaud	76	36.77	11-06	ws
6	Xhonneux Marc	80	38.14	18-06	resc
7	Lambert John	80	38.19	11-06	ws
400 m		RC : 46.47			
1	Vervloet Gregory	83	47.54	10-07	bxl
2	Xhonneux Frederic	83	48.92	14-07	GER
3	Diallo Saliou	85	50.19	11-09	vac
4	Xhonneux Marc	80	51.90	23-04	csf
5	Bouziane Abdelhakim	68	52.61	06-08	spvi



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OUTDOOR 2005

800 m				RC : 1.48.30	
1	Dewitte Sebastien	85	1.55.79	15-05	rfcl
2	Van Den Broeck Wout	73	1.57.52	23-04	csf
1000 m				RC : 2.23.10	
1	Dewitte Sebastien	85	2.30.07	17-07	dac
1500 m				RC : 3.40.30	
1	Dewitte Sebastien	85	3.50.95	02-07	vs
2	Van Den Broeck Wout	73	3.58.97	15-05	rfcl
3	Xhonneux Frederic	83	4.14.45	15-07	GER
5000 m				RC : 13.22.81	
1	Dewitte Sebastien	85	14.56.88	27-08	olse
2	Van Den Broeck Wout	73	15.12.84	27-08	olse
110 m haies (106 cm)				RC : 13.48	
1	Broothaerts Damien	83	13.94	25-06	cabw
2	Xhonneux Frederic	83	14.76	15-07	GER
400 m haies (91 cm)				RC : 48.91	
1	Xhonneux Frederic	83	53.72	25-06	cabw
2	Vervloet Gregory	83	53.89	07-05	resc
Hauteur				RC : 2m21	
1	Xhonneux Frederic	83	2m03	09-08	FIN
Longueur				RC : 7m94	
1	Xhonneux Frederic	83	7m26	10-07	bxl
2	Guellet Yassin	74	6m72	15-05	rfcl
3	Moral Miguel	81	6m12	25-09	usbw
4	Kabuya Serge	77	5m51	25-09	usbw
Triple saut				RC : 16m86	
1	Xhonneux Frederic	83	14m78	15-05	rfcl
Perche				RC : 5m25	
1	Xhonneux Frederic	83	4m80	25-06	cabw
2	Biot Olivier	72	4m40	15-05	rfcl
3	Leyman David	85	3m40	23-04	csf
Poids (7,26 kg)				RC : 15m08	
1	Xhonneux Frederic	83	13m52	23-04	csf
2	Guellet Yassin	74	12m43	15-05	rfcl
3	Lambert John	80	11m37	21-05	usta
4	Leyman David	85	9m69	23-04	csf
Disque (2 kg)				RC : 51m56	
1	Xhonneux Frederic	83	40m66	05-06	FRA
2	Droesbeke Sebastien	85	33m23	23-07	vac
Javelot (800 gr)				RC : 70m78	
1	Xhonneux Frederic	83	58m05	15-07	GER
2	Droesbeke Sebastien	85	53m78	04-09	ea
Decathlon				RC : 7040 p	
1	Xhonneux Frederic	83	7902 p	05-06	FRA
4 x 100 m				RC : 40.69	
Moral, Kabuya, Vervloet, Ferro			41.32	18-09	vs
4 x 200 m				RC : 1.25.09	
Moral, Kabuya, Ferro, Vervloet			1.25.57	18-09	vs
4 x 400 m				RC : 3.10.20	
Kabuya, Vervloet, Moral, Xhonneux F			3.17.08	15-05	rfcl
4 x 1500 m				RC : 13.34.88	
Miller, Cowlshaw, Van Den Broeck, Dewitte			16.04.56	18-09	vs



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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MASTERS HOMMES 35

1500 m		RC : 3.54.39			
1	Cowlishaw David	65	4.01.37	02-09	ESP
5000 m		RC : 14.48.24			
1	Meganck Richard	67	17.52.74	23-04	csf
Marathon		RC : 2h21.10			
1	Meganck Richard	67	3h09.44	10-04	NDL
2	Messeant Raphael	67	3h14.48	10-0	NDL
Marteau (7,26 kg)		RC : 50m10			
1	Metens Armand	67	52m93	15-05	rfcl

MASTERS HOMMES 40

100 m		RC : 11.43			
1	De Groote Jacques	61	13.97	23-04	csf
1000 m		RC : 2.33.70			
1	Verheirstraeten Johnny	63	3.14.59	17-07	dac
1500 m		RC : 4.04.51			
1	Verheirstraeten Johnny	63	5.04.35	15-04	csf
Mile		RC : 4.59.17			
1	Verheirstraeten Johnny	63	5.37.94	12-04	riaac
3000 m		RC : 9.02.48			
1	Van Der Perren Marc	65	11.07.96	05-06	usbw
2	Caluwe Luc	61	12.21.02	07-05	resc
5000 m		RC : 15.26.80			
1	Van Der Perren Marc	65	19.10.26	18-06	resc
2	Verheirstraeten Johnny	63	20.07.25	17-09	csf
3	Caluwe Luc	61	21.07.43	30-10	rsca
4	Dierickx Stephane	60	24.41.11	18-06	resc
10 000 m		RC : 32.29.80			
1	Van Der Perren Marc	65	38.31.90	01-10	resc
2	Van Der Hoeven Yves	65	39.55.63	01-10	resc
3	De Groote Jacques	61	44.12.70	01-10	resc
4	Caluwe Luc	61	44.19.55	01-10	resc
5	Verheirstraeten Johnny	63	44.31.69	16-10	ws
Semi marathon		RC : -			
1	Dierickx Stephane	60	1h45.40	07-08	BEL
Marathon		RC : 3h06.03			
1	Verheirstraeten Johnny	63	3h21.08	28-08	bxl
2	Caluwe Luc	61	4h03.50	28-08	bxl
1 heure		RC : 16 343 m			
1	Verheirstraeten Johnny	63	13 473 m	16-10	ws
Hauteur		RC : 1m75			
1	De Groote Jacques	61	1m45	05-06	usbw
Longueur		RC : 5m65			
1	De Groote Jacques	61	4m64	05-06	usbw
Javelot (800 gr)		RC : 50m58			
1	Paulus Christian	61	27m11	05-06	usbw
4 x 400 m		RC : 3.51.10			
Hasselmans, Hasselmans, Van Der Perren, Demol				4.12.84	05-06usbw



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MASTERS HOMMES 45

100 m				RC : 11.64	
1	Hasselmanns Thierry	59	12.44	05-06	usbw
200 m				RC : 23.84	
1	Vervloet Marc	56	28.88	05-06	usbw
400 m				RC : 59.12	
1	Hasselmanns Thierry	59	56.82	23-04	csf
1500 m				RC : 4.36.60	
1	Hasselmanns Jean Luc	59	4.53.15	05-06	usbw
5000 m				RC : 16.02.69	
1	Hasselmanns Jean Luc	59	17.29.17	23-04	csf
2	Bechet Jean Pierre	56	18.01.47	23-04	csf
3	Lebailly Philippe	58	22.19.82	18-06	resc
4	Valastro Giovanni	59	22.43.46	18-06	resc
10 000 m				RC : 34.24.98	
1	Hasselmanns Jean Luc	59	37.49.34	16-10	ws
2	Bechet Jean Pierre	56	37.50.06	01-10	resc
3	Lebailly Philippe	58	44.39.87	01-10	resc
4	Dierickx Stephane	60	47.29.15	01-10	resc
Marathon				RC : 2h41.07	
1	Dierickx Stephane	60	3h55.56	28-08	bxl
2	Lebailly Philippe	58	4h02.50	28-08	bxl
1 heure				RC : 17 309 m	
1	Hasselmanns Jean Luc	59	15 748 m	16-10	ws
2	Bechet Jean Pierre	56	15 638 m	16-10	ws
3000 m steeple (91 cm)				RC : 15.12.92	
1	Hasselmanns Jean Luc	59	11.27.98	23-10	csf
Poids (7,26 kg)				RC : 15m08	
1	Denys Jacques	59	9m11	23-07	vac
4 x 200 m				RC : -	
Hasselmanns, Bechet, Hasselmanns, Demol			1.56.81	09-10	riaac
4 x 800 m				RC : -	
Hasselmanns, Bechet, Hasselmanns, Demol			9.53.17	09-10	riaac
4 x 1500 m				RC : -	
Hasselmanns, Bechet, Hasselmanns, Demol			19.43.22	09-10	riaac

MASTERS HOMMES 50

3000 m				RC : 9.41.58	
1	Demol Guy	53	10.03.62	07-05	resc
2	Hovarlet Jacques	53	12.21.04	07-05	resc
5000 m				RC : 16.35.07	
1	Demol Guy	53	16.30.87	05-06	usbw
10 000 m				RC : 33.46.10	
1	Demol Guy	53	34.37.29	16-10	ws
Marathon				RC : 2h35.54	
1	Demol Guy	53	2h32.05	01-10	hco
2	Hovarlet Jacques	53	3h37.51	10-04	NDL
1 heure				RC : 17 211 m	
1	Demol Guy	53	17 188 m	16-10	ws



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2005

MASTERS HOMMES 55

Disque (2 kg)

RC : 45m49

1	Van Schoor Robert	46	44m22	15-05	rfcl
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