



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2003

KANGOUROUS FILLES (1997 - 1996)

60 m	RC : 10.28				
1	Vega Ines	96	13.34	13-04	rsca
Longueur					
RC : 3m64					
1	Vega Ines	96	2m17	30-05	resc
Balle de hockey					
RC : 14m98					
1	Vega Ines	96	6m99	30-05	resc

BENJAMINES FILLES (1995 - 1994)

60 m	RC : 9.30				
1	Halewyck Marie	94	9.87	26-10	rsca
2	Van Der Perren Jessica	94	10.38	04-10	resc
3	Moors Nathalie	95	10.69	24-05	resc
4	Maidane Yasmine	95	10.81	27-09	rcas
5	Pholien Alexandra	95	10.99	19-04	resc
6	Dolianitis Alexandra	95	11.13	17-05	csf
7	Winderickx Tanne	95	12.04	05-04	resc
1000 m	RC : 3.48.40				
1	Van Der Perren Jessica	94	4.01.93	27-09	rcas
2	Halewyck Marie	94	4.03.33	26-10	rsca
3	Dolianitis Alexandra	95	4.24.57	07-06	resc
4	Moors Nathalie	95	4.27.12	24-05	resc
5	Maidane Yasmine	95	4.31.19	07-06	resc
6	Pholien Alexandra	95	4.37.98	19-04	resc
Hauteur	RC : 1m17				
1	Van Der Perren Jessica	94	1m01	19-09	resc
2	Dolianitis Alexandra	95	0m86	17-05	csf
3	Maidane Yasmine	95	0m85	19-09	resc
Longueur	RC : 3m88				
1	Van Der Perren Jessica	94	3m37	04-10	resc
2	Halewyck Marie	94	3m32	26-10	rsca
3	Moors Nathalie	95	3m22	24-05	resc
4	Maidane Yasmine	95	3m13	04-10	resc
5	Pholien Alexandra	95	2m95	19-04	resc
6	Winderickx Tanne	95	2m65	05-04	resc
Poids (1 kg)	RC : 8m63				
1	Van Der Perren Jessica	94	6m69	18-10	ws
2	Halewyck Marie	94	6m43	26-10	rsca
3	Maidane Yasmine	95	5m86	27-09	rcas
4	Dolianitis Alexandra	95	5m27	17-05	csf
5	Winderickx Tanne	95	4m39	19-09	resc
Balle de hockey	RC : 28m96				
1	Van Der Perren Jessica	94	15m63	16-08	mac
2	Maidane Yasmine	95	12m81	19-09	resc
3	Winderickx Tanne	95	12m10	19-09	resc
4	Pholien Alexandra	95	10m98	19-04	resc
Tetrathlon	RC : 1317 p				
1	Halewyck Marie	94	1332 p	26-10	rsca
2	Van Der Perren Jessica	94	1175 p	26-10	rsca
3	Maidane Yasmine	95	734 p	26-10	rsca
4	Dolianitis Alexandra	95	714 p	17-05	csf
5	Pholien Alexandra	95	574 p	19-04	resc

PUPILLES FILLES (1993 - 1992)

60 m	RC : 8.74				
1	Fomenko Lisa	92	9.45	18-10	ws
2	Robert Laura	93	9.49	17-05	csf
3	Tong Aline	93	9.83	09-06	rsca
4	Legasse Alison	92	10.08	04-10	resc



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5	Kebdani Nora	92	10.40	04-10	resc
6	De Grootte Estelle	93	10.48	09-06	rsca
7	Ringoot Florence	93	10.60	24-05	resc
8	Waegemans Ariane	93	10.64	17-05	csf
9	Chefneux Laetitia	93	11.10	07-06	resc
10	Boigelot Muriel	92	11.31	04-10	resc

1000 m RC : 3.34.90

1	De Grootte Estelle	93	3.34.85	07-06	resc
2	Robert Laura	93	3.52.05	09-06	rsca
3	Fomenko Lisa	92	3.53.22	27-09	rcas
4	Tong Aline	93	4.09.49	09-06	rsca
5	Waegemans Ariane	93	4.12.64	24-05	resc
6	Legasse Alison	92	4.15.69	04-10	resc
7	Kebdani Nora	92	4.29.93	07-06	resc
8	Chefneux Laetitia	93	4.43.63	07-06	resc
9	Boigelot Muriel	92	4.44.82	04-10	resc

60 m haies (76 cm) RC : 11.04

1	Fomenko Lisa	92	14.04	05-04	resc
2	Boigelot Muriel	92	23.14	05-04	resc

Hauteur RC : 1m31

1	Fomenko Lisa	92	1m15	30-05	resc
	Tong Aline	93	1m15	21-06	dacm
3	De Grootte Estelle	93	1m10	19-09	resc
	Legasse Alison	92	1m10	19-09	resc
5	Robert Laura	93	1m02	19-04	resc
	Waegemans Ariane	93	1m02	17-05	csf
7	Kebdani Nora	92	0m95	30-05	resc

Longueur RC : 4m48

1	Waegemans Ariane	93	3m53	09-05	resc
2	Tong Aline	93	3m49	21-06	dacm
3	Fomenko Lisa	92	3m43	30-05	resc
4	De Grootte Estelle	93	3m32	07-05	cabw
5	Robert Laura	93	3m25	09-05	resc
6	Legasse Alison	92	3m21	09-05	resc
7	Kebdani Nora	92	2m97	30-05	resc
8	Boigelot Muriel	92	2m61	09-05	resc

Poids (2 kg) RC : 9m41

1	Robert Laura	93	6m68	17-05	csf
2	Tong Aline	93	6m39	09-06	rsca
3	Fomenko Lisa	92	6m14	18-10	ws
4	Waegemans Ariane	93	5m94	17-05	csf
5	Legasse Alison	92	5m68	05-04	resc
6	Lenaerts Manon	92	4m79	19-09	resc
7	Kebdani Nora	92	4m75	30-05	resc
8	De Grootte Estelle	93	4m54	09-05	resc
9	Boigelot Muriel	92	4m48	19-09	resc

Disque (600 gr) RC : 23m00

1	Fomenko Lisa	92	11m76	05-04	resc
2	Tong Aline	93	11m27	24-05	resc
3	Legasse Alison	92	10m98	19-09	resc
4	Waegemans Ariane	93	9m39	24-05	resc
5	De Grootte Estelle	93	9m12	24-05	resc
6	Lenaerts Manon	92	8m82	19-09	resc

Balle de hockey RC : 35m15

1	Tong Aline	93	28m77	07-06	resc
2	Waegemans Ariane	93	25m97	09-05	resc
3	De Grootte Estelle	93	19m60	07-06	resc
4	Robert Laura	93	19m10	09-05	resc
5	Legasse Alison	92	16m83	24-08	rsca
6	Fomenko Lisa	92	13m92	24-05	resc
7	Kebdani Nora	92	13m42	24-05	resc



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Tetrathlon RC : 1935 p

1	Fomenko Lisa	92	1458 p	17-05	csf
2	Tong Aline	93	1409 p	09-06	rsca
3	Robert Laura	93	1404 p	09-06	rsca
4	De Groote Estelle	93	1211 p	27-09	rcas
5	Waegemans Ariane	93	980 p	17-05	csf

MINIMES FILLES (1991 - 1990)

80 m RC : 10.64

1	Hostyn Priscilla	90	11.03	21-07	vs
2	Carlot Sarah	91	11.15	09-06	rsca
3	Cincinatis Lucie	90	11.20	29-05	rfcl
4	Dolianitis Dina	91	11.56	07-06	resc
5	Mouzon Emmanuelle	91	11.61	14-06	ws
6	Meys Jessica	91	11.64	13-04	rsca
7	Waegemans Aurore	90	12.05	07-06	resc
8	Archambeau Aline	90	12.06	24-05	resc
9	Verlaine Maureen	90	12.32	24-05	resc
10	Pena Loreto Rayen	91	12.33	07-06	resc
11	Goutte Alexandra	91	12.61	07-06	resc
12	Bonsir Audrey	91	12.76	07-06	resc
13	Mjoti Chaimaa	90	13.04	05-04	resc
14	Pereira Vanina	91	13.14	13-04	rsca
15	Verlaine Sarah	91	13.15	07-06	resc
16	Vanden Broeck Nolwen	91	13.64	18-10	ws

150 m RC : 20.44

1	Hostyn Priscilla	90	20.72	21-06	dacm
2	Cincinatis Lucie	90	21.12	13-09	avr
3	Carlot Sarah	91	21.13	21-06	dacm
4	Mouzon Emmanuelle	91	21.67	14-06	ws
5	Archambeau Aline	90	23.06	13-09	avr
6	Meys Jessica	91	23.54	19-04	resc
7	Verlaine Sarah	91	24.25	21-06	dacm
8	Verlaine Maureen	90	24.69	19-04	resc

300 m RC : 46.32

1	Hostyn Priscilla	90	44.97	28-06	wrc
2	Carlot Sarah	91	45.61	19-10	csf
3	Cincinatis Lucie	90	46.21	28-06	wrc
4	Mouzon Emmanuelle	91	49.41	21-06	dacm
5	Verlaine Maureen	90	52.22	05-04	resc
6	Verlaine Sarah	91	57.12	05-04	resc
7	Vanden Broeck Nolwen	91	58.02	05-04	resc
8	Mjoti Chaimaa	90	59.12	05-04	resc

1000 m RC : 3.22.48

1	Mouzon Emmanuelle	91	3.27.46	04-10	resc
2	Hostyn Priscilla	90	3.32.72	21-07	vs
3	Verlaine Maureen	90	3.33.03	21-06	dacm
4	Carlot Sarah	91	3.43.22	17-05	csf
5	Archambeau Aline	91	3.46.25	04-10	resc
6	Vanden Broeck Nolwen	91	3.50.36	07-06	resc
7	Waegemans Aurore	90	3.50.72	24-05	resc
8	Meys Jessica	91	3.55.56	07-06	resc
9	Verlaine Sarah	91	4.01.30	07-06	resc
10	Dolianitis Dina	91	4.01.43	17-05	csf
11	Bonsir Audrey	91	4.10.22	07-06	resc
12	Pena Loreto Rayen	91	4.12.20	07-06	resc
13	Goutte Alexandra	91	4.51.23	07-06	resc

60 m haies (76 cm) RC : 10.05

1	Cincinatis Lucie	90	10.24	06-07	rfcl
2	Hostyn Priscilla	90	11.01	14-06	ws
3	Mouzon Emmanuelle	91	11.57	14-06	ws
4	Archambeau Aline	90	11.94	13-04	rsca
5	Carlot Sarah	91	12.06	05-09	spvi
6	Waegemans Aurore	90	12.13	23-08	rcas
7	Meys Jessica	91	12.44	13-04	rsca
8	Verlaine Maureen	90	13.14	13-04	rsca



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9 Vanden Broeck Nolwen 91 15.24 27-09 rcas

Hauteur RC : 1m57

1	Hostyn Priscilla	90	1m45	28-06	wrc
2	Archambeau Aline	90	1m42	04-10	resc
3	Mouzon Emmanuelle	91	1m35	27-09	rcas
4	Dolianitis Dina	91	1m32	17-05	csf
5	Carlot Sarah	91	1m30	19-04	resc
6	Waegemans Aurore	90	1m29	23-08	rcas
7	Meys Jessica	91	1m27	07-06	resc
	Pena Loreto Rayen	91	1m27	07-06	resc
9	Verlaine Maureen	90	1m21	07-06	resc
10	Goutte Alexandra	91	1m18	07-06	resc
11	Bonsir Audrey	91	1m15	19-04	resc
12	Vanden Broeck Nolwen	91	1m11	27-09	rcas
13	Verlaine Sarah	91	1m10	19-04	resc

Longueur RC : 5m00

1	Cincinatis Lucie	90	4m87	15-08	avt
	Hostyn Priscilla	90	4m87	27-09	cabw
3	Carlot Sarah	91	4m30	30-05	resc
4	Mouzon Emmanuelle	91	4m25	07-06	resc
5	Meys Jessica	91	4m15	07-06	resc
6	Verlaine Maureen	90	4m03	07-06	resc
7	Archambeau Aline	90	3m91	05-09	spvi
	Dolianitis Dina	91	3m91	07-06	resc
9	Waegemans Aurore	90	3m82	30-05	resc
10	Pena Loreto Rayen	91	3m78	07-06	resc
11	Bonsir Audrey	91	3m77	30-05	resc
12	Verlaine Sarah	91	3m67	30-05	resc
13	Mjoti Chaimaa	90	3m47	30-05	resc
14	Goutte Alexandra	91	3m28	07-06	resc
15	Bodart Alice	90	3m20	30-05	resc
16	Vanden Broeck Nolwen	91	3m07	18-10	ws

Perche RC : 2m00

1	Hostyn Priscilla	90	2m25	26-07	vac
2	Archambeau Aline	90	2m20	27-09	cabw
3	Verlaine Maureen	90	1m60	09-05	resc
4	Bonsir Audrey	91	1m40	09-05	resc
	Meys Jessica	91	1m40	09-05	resc
	Waegemans Aurore	90	1m40	09-05	resc

Poids (2 kg) RC : 11m79

1	Waegemans Aurore	90	13m12	12-10	FRA
2	Goutte Alexandra	91	10m38	12-10	FRA
3	Mouzon Emmanuelle	91	9m95	19-09	resc
4	Hostyn Priscilla	90	9m72	26-10	rsca
5	Cincinatis Lucie	90	9m52	16-08	add
6	Archambeau Aline	90	9m14	14-09	rsca
7	Dolianitis Dina	91	8m50	07-06	resc
8	Carlot Sarah	91	8m00	13-09	avr
9	Pena Loreto Rayen	91	7m75	07-06	resc
10	Meys Jessica	91	7m74	19-09	resc
11	Verlaine Maureen	90	7m27	07-06	resc
12	Bonsir Audrey	91	6m23	07-06	resc
13	Verlaine Sarah	91	5m49	07-06	resc
14	Vanden Broeck Nolwen	91	5m23	19-09	resc

Disque (600 gr) RC : 31m80

1	Waegemans Aurore	90	32m53	30-05	resc
2	Hostyn Priscilla	90	24m76	25-05	rcas
3	Mouzon Emmanuelle	91	22m82	19-09	resc
4	Carlot Sarah	91	20m02	13-09	avr
5	Archambeau Aline	90	18m71	19-09	resc
6	Verlaine Maureen	90	17m89	30-05	resc
7	Meys Jessica	91	17m49	19-09	resc
8	Verlaine Sarah	91	15m21	30-05	resc
9	Bonsir Audrey	91	13m44	09-05	resc
10	Dolianitis Dina	91	12m77	17-05	csf
11	Bodart Alice	90	11m30	30-05	resc



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12	Mjoti Chaimaa	90	11m20	09-05	resc
13	Vanden Broeck Nolwen	91	11m00	19-09	resc

Javelot (400 gr)

RC : 29m28

1	Mouzon Emmanuelle	91	23m79	12-10	FRA
2	Waegemans Aurore	90	21m34	12-10	FRA
3	Archambeau Aline	90	18m86	21-06	dacm
4	Carlot Sarah	91	17m21	13-09	avr
5	Goutte Alexandra	91	15m46	12-10	FRA
6	Hostyn Priscilla	90	15m26	09-06	rsca
7	Verlaine Sarah	91	14m12	30-05	resc
8	Dolianitis Dina	91	13m97	17-05	csf
9	Bonsir Audrey	91	11m67	30-05	resc
10	Verlaine Maureen	90	10m61	09-05	resc
11	Vanden Broeck Nolwen	91	9m74	30-05	resc
12	Bodart Alice	90	7m54	30-05	resc

Pentathlon

RC : 2897 p

1	Hostyn Priscilla	90	2904 p	21-07	vs
2	Mouzon Emmanuelle	91	2580 p	07-06	resc
3	Waegemans Aurore	90	2347 p	23-08	rcas
4	Carlot Sarah	91	2264 p	09-06	rsca
5	Meys Jessica	91	2237 p	07-06	resc
6	Dolianitis Dina	91	2140 p	07-06	resc
7	Verlaine Maureen	90	2102 p	07-06	resc
8	Archambeau Aline	91	2028 p	23-08	rcas
9	Pena Loreto Rayen	91	1922 p	07-06	resc
10	Goutte Alexandra	91	1590 p	07-06	resc
11	Bonsir Audrey	91	1578 p	07-06	resc
12	Verlaine Sarah	91	1459 p	07-06	resc
13	Vanden Broeck Nolwen	91	1273 p	07-06	resc

4 x 80 m

RC : 42.87

Carlot, Cincinatis, Hostyn, Archambeau	42.79	27-09	cabw
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CADETTES FILLES (1989 - 1988)

100 m

RC : 12.64

1	Bapu Kabuya Andrea	88	13.32	29-05	hf
2	Ciulla Debora	88	13.38	14-06	ws
3	De Groote Florence	88	14.54	13-04	rsca

200 m

RC : 26.14

1	Boswell Audrey	88	27.41	17-05	cabw
2	Ciulla Debora	88	27.92	06-04	rcas
3	Bapu Kabuya Andrea	88	28.22	29-05	hf
4	Dikoume Jaelle	89	28.67	18-05	csf

300 m

RC : 42.65

1	Bapu Kabuya Andrea	88	46.07	19-10	csf
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400 m

RC : 57.61

1	Dikoume Jaelle	89	66.25	06-09	lebb
	Bapu Kabuya Andrea	88	66.25	17-05	cabw

800 m

RC : 2.22.80

1	De Groote Florence	88	2.52.75	28-09	rcas
2	Ciulla Debora	88	2.55.12	19-10	csf

1000 m

RC : 3.12.93

1	Dikoume Jaelle	89	3.25.76	13-09	ea
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1500 m

RC : 5.02.54

1	Dikoume Jaelle	89	5.37.45	06-09	lebb
2	Duchatel Coralie	88	7.12.35	17-05	cabw

80 m haies (76 cm)

RC : 11.95

1	De Groote Florence	88	13.53	26-04	ws
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300 m haies (76 cm)		RC : 45.51			
1	De Grootte Florence	88	53.20	17-05	cabw
Hauteur		RC : 1m68			
1	De Grootte Florence	88	1m25	05-04	cabw
	Mbugi Maylor	88	1m25	17-05	cabw
Longueur		RC : 5m74			
1	Ciulla Debora	88	4m43	17-05	cabw
2	De Grootte Florence	88	4m23	12-04	spvi
Triple saut		RC : 11m71			
1	Boswell Audrey	88	10m03	17-05	cabw
Poids (3 kg)		RC : 12m10			
1	De Meyer Laurence	88	10m82	29-05	hf
2	De Grootte Florence	88	9m39	12-10	FRA
Disque (1 kg)		RC : 37m60			
1	De Meyer Laurence	88	24m00	23-08	spvi
2	De Grootte Florence	88	22m41	05-04	cabw
3	Kebdani Nadia	89	17m53	17-05	cabw
Javelot (500 gr)		RC : 36m86			
1	De Meyer Laurence	88	25m93	17-05	cabw
2	De Grootte Florence	88	19m87	12-10	FRA
Hexathlon		RC : 3625 p			
1	De Grootte Florence	88	2432 p	28-09	rcas
4 x 100 m		RC : 50.59			
De Grootte, Kabuya, Ciulla, Dikoume			54.03	20-09	vs
SCOLAIRES FEMMES (1987 - 1986)					
100 m		RC : 12.41			
1	Urbain Fanny	87	13.84	24-05	resc
2	Bruyere Julie	86	14.06	17-05	cabw
3	Levy Daphne	87	14.19	24-05	resc
200 m		RC : 25.34			
1	Bruyere Julie	86	28.70	17-05	cabw
2	Urbain Fanny	87	28.72	24-08	rsca
300 m		RC : 39.65			
1	Velma Maria	86	51.98	19-10	csf
400 m		RC : 56.03			
1	Boussar Hanan	87	64.37	24-05	resc
2	Silberfeld Sophie	87	64.90	24-05	resc
3	Urbain Fanny	87	65.78	16-08	vs
4	Toufik Ilhame	86	68.57	03-05	resc
5	Tikent Hajar	86	73.34	24-05	resc
800 m		RC : 2.15.60			
1	Boussar Hanan	87	2.38.27	12-09	abes
2	Silberfeld Sophie	87	2.41.95	17-05	cabw
1500 m		RC : 4.50.73			
1	Boussar Hanan	87	5.12.24	17-05	cabw
3000 m		RC : 10.43.20			
1	Boussar Hanan	87	11.55.64	17-05	cabw
100 m haies (76 cm)		RC : 13.92			
1	Urbain Fanny	87	20.87	17-05	cabw
400 m haies (76 cm)		RC : 68.18			
1	Urbain Fanny	87	76.18	17-05	cabw



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Longueur			RC :		
1	Klein Françoise	87	4m37	17-05	cabw
Triple saut			RC : 12m15		
1	Velma Maria	86	8m89	17-05	cabw
Poids (4 kg)			RC : 12m19		
1	Levy Daphne	87	6m26	17-05	cabw
Disque (1 kg)			RC : 47m99		
1	Velma Maria	86	12m00	17-05	cabw
Javelot (600 gr)			RC : 36m78		
1	Tikent Hajar	86	14m12	17-05	cabw
4 x 100 m			RC : 48.97		
Toufik, Urbain, Klein, Levy			54.08	20-09	vs

JUNIORS FEMMES (1985 - 1984)

100 m			RC : 12.11		
1	Brion Sophie	85	12.96	21-06	cabw
2	Sende Patricia	85	13.15	04-05	damp
200 m			RC : 24.65		
1	Brion Sophie	85	26.93	06-06	csf
2	Sende Patricia	85	27.29	24-05	resc
100 m haies (84 cm)			RC : 13.92		
1	Brion Sophie	85	16.16	15-08	cabw
Hauteur			RC : 1m81		
1	Brion Sophie	85	1m35	04-05	damp
Longueur			RC : 6m08		
1	Brion Sophie	85	4m40	16-08	vs
Disque (1 kg)			RC : 47m99		
1	Hallems Julie	85	30m51	04-05	damp
Javelot (600 gr)			RC : 38m45		
1	Hallems Julie	85	31m70	04-05	damp

ESPOIRS FEMMES (1983 - 1982 - 1981)

100 m			RC : 12.11		
1	Sustelo Irina	83	14.18	24-06	spvi
2	Giuliani Alexandra	82	14.22	14-06	ws
800 m			RC : 2.11.36		
1	Dewitte Caroline	82	2.43.86	04-05	damp
Longueur			RC : 6m08		
1	Giuliani Alexandra	82	4m21	04-05	damp
Poids (4 kg)			RC : 13m12		
1	Sustelo Irina	83	12m82	21-05	sacn
Disque (1 kg)			RC : 47m99		
1	Sustelo Irina	83	46m89	21-05	atac
Javelot (600 gr)			RC : 38m45		
1	Sustelo Irina	83	35m94	20-09	eah
Marteau (4 kg)			RC : 56m30		
1	Sustelo Irina	83	52m56	09-06	rfcl



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SENIORS FEMMES (1983 - 1969)

100 m		RC : 11.84			
1	Guillet Laurence	80	12.63	13-09	ea
2	Vanhove Karolien	78	13.09	24-08	azw
3	Dewitte Valerie	80	13.11	14-06	ws
4	Adam Benedicte	78	13.13	14-06	ws
	Bonvin Draps Nathalie	80	13.13	14-06	ws
6	Sustelo Irina	85	14.18	24-06	spvi
7	Giuliani Alexandra	82	14.22	14-06	ws
200 m		RC : 24.03			
1	Adam Benedicte	78	26.23	13-08	acbr
2	Guillet Laurence	80	26.32	24-08	rsca
3	Dewitte Valerie	80	26.75	29-05	resc
4	Bonvin Draps Nathalie	80	27.14	29-05	acw
5	Vanhove Karolien	78	28.63	13-07	avka
6	Cawet Daphne	80	29.91	27-09	rcas
7	De Buyst Nadia	80	32.31	27-09	rcas
8	Reynaerts Stephanie	80	32.61	27-09	rcas
300 m		RC : 39.65			
1	Dewitte Valerie	80	41.56	14-06	ws
2	Adam Benedicte	78	41.76	01-05	duff
3	Guillet Laurence	80	42.54	17-09	cabw
400 m		RC : 56.03			
1	Adam Benedicte	78	57.49	09-08	smac
2	Dewitte Valerie	80	59.09	09-06	rfcl
3	Guillet Laurence	80	64.87	12-07	vac
800 m		RC : 2.05.85			
1	Cawet Daphne	80	2.26.86	04-05	damp
2	Guillet Laurence	80	2.35.68	28-09	rcas
3	Dewitte Caroline	82	2.43.86	04-05	damp
4	De Buyst Nadia	73	2.51.10	28-09	rcas
5	Castellana Corine	68	2.57.44	30-07	ws
6	Reynaerts Stephanie	80	3.13.96	28-09	rcas
1500 m		RC : 4.12.85			
1	De Buyst Nadia	73	5.44.56	04-05	damp
Mile		RC : 4.44.36			
1	Cawet Daphne	80	5.30.35	24-05	resc
2000 m		RC : 5.55.66			
1	Castellana Corine	68	8.23.70	24-06	spvi
3000 m		RC : 8.49.85			
1	Cawet Daphne	80	11.22.59	29-06	herv
2	De Buyst Nadia	73	12.22.80	06-04	rcas
3	Castellana Corine	68	13.05.00	12-09	csf
10 000 m		RC : 32.23.39			
1	De Buyst Nadia	73	49.20.24	18-10	ws
1 heure		RC : -			
1	De Buyst Nadia	73	11 700 m	18-10	ws
100 m haies (84 cm)		RC : 13.92			
1	Guillet Laurence	80	14.56	14-06	ws
2	Reynaerts Stephanie	80	18.20	27-09	rcas
3	Cawet Daphne	80	19.69	27-09	rcas
4	De Buyst Nadia	73	21.15	27-09	rcas
Hauteur		RC : 1m95			
1	Reynaerts Stephanie	80	1m45	04-10	jsmc
2	Guillet Laurence	80	1m38	27-09	rcas
3	De Buyst Nadia	73	1m30	04-05	damp
4	Cawet Daphne	80	1m23	27-09	rcas



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Longueur		RC : 6m28			
1	Bonvin Draps Nathalie	80	5m47	29-06	herv
2	Guillet Laurence	80	5m19	31-08	vs
3	Adam Benedicte	78	4m80	04-05	damp
4	Vanhove Karolien	78	4m50	31-08	vs
5	Reynaerts Stephanie	80	4m36	24-08	rsca
6	Cawet Daphne	80	4m34	28-09	rcas
7	Giuliani Alexandra	82	4m21	04-05	damp
8	De Buyst Nadia	73	3m76	28-09	rcas

Perche		RC : 3m54			
1	Reynaerts Stephanie	80	1m83	19-10	csf

Poids (4 kg)		RC : 13m12			
1	Sustelo Irina	83	12m82	21-05	sacn
2	Reynaerts Stephanie	80	10m64	04-05	damp
3	De Buyst Nadia	73	7m80	12-10	rsca
4	Guillet Laurence	80	7m43	27-09	rcas
5	Cawet Daphne	80	6m14	27-09	rcas

Disque (1 kg)		RC : 47m99			
1	Sustelo Irina	83	46m89	21-05	atac
2	De Buyst Nadia	73	29m51	12-10	rsca
3	Reynaerts Stephanie	80	28m86	05-04	cabw

Javelot (600 gr)		RC : 38m45			
1	Sustelo Irina	83	35m94	20-09	eah
2	Adam Benedicte	78	34m35	11-10	rcg
3	Reynaerts Stephanie	80	32m88	19-07	rcas
4	De Buyst Nadia	73	21m89	28-09	rcas
5	Guillet Laurence	80	19m29	28-09	rcas
6	Cawet Daphne	80	11m94	28-09	rcas

Marteau (4 kg)		RC : 56m30			
1	Sustelo Irina	83	52m56	09-06	rfcl
2	Reynaerts Stephanie	80	31m29	05-04	cabw
3	De Buyst Nadia	73	22m39	05-04	cabw

Heptathlon		RC : 2191 p			
1	Guillet Laurence	80	3974 p	28-09	rcas
2	Reynaerts Stephanie	80	2937 p	28-09	rcas
3	Cawet Daphne	80	2666 p	28-09	rcas
4	De Buyst Nadia	73	2347 p	28-09	rcas

4 x 100 m		RC : 46.95			
Sende, Adam, Brion, Guillet		49.03	20-09	vs	

4 x 200 m		RC : 1.40.73			
Kabuya, Brion, Adam, Guillet		1.44.92	20-09	vs	

4 x 400 m		RC : 3.54.68			
Guillet, Dewitte, Boussar, Adam		4.08.64	04-05	damp	

MASTERS FEMMES 35

800 m		RC : 2.14.21			
1	Castellana Corine	68	2.57.44	30-07	ws

2000 m		RC : -			
1	Castellana Corine	68	8.23.70	24-06	spvi

3000 m		RC : 9.29.60			
1	Castellana Corine	68	13.05.00	12-09	csf



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KANGOUROUS GARÇONS (1997 - 1996)

60 m		RC : 10.31			
1	De Coster Alexis	96	11.35	07-06	resc
2	Van Rechem Adrien	96	12.82	04-10	resc
3	Arnauts Robin	96	13.02	19-04	resc
1000 m		RC : 3.56.95			
1	De Coster Alexis	96	3.59.39	04-10	resc
2	Van Rechem Adrien	96	5.15.75	04-10	resc
Longueur		RC : 3m24			
1	De Coster Alexis	96	2m87	30-05	esc
2	Van Rechem Adrien	96	2m17	04-10	resc
Poids (1 kg)		RC : 7m40			
1	Van Rechem Adrien	96	3m84	19-07	rcas
Balle de hockey		RC : 24m58			
1	De Coster Alexis	96	16m06	16-08	mac
Tetrathlon		RC : 423 p			
1	De Coster Alexis	96	541 p	16-08	mac
2	Van Rechem Adrien	96	171 p	19-07	rcas

BENJAMINS GARÇONS (1995 - 1994)

60 m		RC : 9.20			
1	Elsen Daan	94	9.43	04-10	resc
2	Gorski Anthony	94	10.15	24-05	resc
3	Lozet Joshua	95	10.31	18-10	ws
4	Van De Sype Arnaud	94	10.54	18-10	ws
5	Valastro Alexandre	95	11.01	07-06	resc
6	Dubois Kevin	94	11.06	18-10	ws
7	Lebailly Killian	95	11.08	28-09	rcas
	Nicodeme Romain	95	11.08	19-07	rcas
9	Struckmeyer Lucas	94	11.16	24-05	resc
10	Watson Ian	94	11.49	19-04	resc
11	Laruelle Thomas	95	12.30	07-06	resc
12	Bensch Peter	95	12.31	19-04	resc
1000 m		RC : 3.32.40			
1	Elsen Daan	94	3.34.14	20-09	rfcl
2	Lozet Joshua	95	3.51.35	18-10	ws
3	Nicodeme Romain	95	3.54.03	19-07	rcas
4	Gorski Anthony	94	4.02.79	14-06	ws
5	Lebailly Killian	95	4.10.79	28-09	rcas
6	Struckmeyer Lucas	94	4.14.19	07-06	resc
7	Dubois Kevin	94	4.14.52	18-10	ws
8	Watson Ian	94	4.18.20	24-05	resc
9	Valastro Alexandre	95	4.23.54	07-06	resc
10	Van De Sype Arnaud	94	4.36.67	04-10	resc
11	Bensch Peter	95	5.56.20	19-04	resc
Hauteur		RC : 1m23			
1	Elsen Daan	94	1m15	07-06	resc
2	Van De Sype Arnaud	94	1m10	26-10	rsca
3	Gorski Anthony	94	1m05	13-04	rsca
4	Lozet Joshua	95	0m95	07-06	resc
5	Valastro Alexandre	95	0m90	07-06	resc
6	Dubois Kevin	94	0m85	19-09	resc
7	Laruelle Thomas	95	0m80	07-06	resc
Longueur		RC : 3m94			
1	Elsen Daan	94	3m95	30-05	resc
2	Gorski Anthony	94	3m51	17-05	csf
3	Nicodeme Romain	95	3m44	05-09	spvi
4	Watson Ian	94	3m37	30-05	resc
5	Van De Sype Arnaud	94	3m26	04-10	resc
6	Lozet Joshua	95	3m21	12-07	vs



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7	Valastro Alexandre	95	3m12	30-05	resc
8	Struckmeyer Lucas	94	2m86	24-05	resc
9	Dubois Kevin	94	2m70	19-07	rcas
10	Bensch Peter	95	2m12	19-04	resc

Poids (1 kg)

RC : 10m42

1	Elsen Daan	94	11m68	19-09	resc
2	Lozet Joshua	95	8m24	18-10	ws
3	Van De Sype Arnaud	94	7m97	18-10	ws
4	Nicodeme Romain	95	6m48	19-07	rcas
5	Dubois Kevin	94	6m30	19-09	resc
6	Gorski Anthony	94	6m27	30-05	resc
7	Valastro Alexandre	95	6m11	30-05	resc
8	Watson Ian	94	5m23	09-05	resc

Balle de hockey

RC : 36m22

1	Elsen Daan	94	38m73	20-09	rfcl
2	Lozet Joshua	95	31m85	28-09	rcas
3	Gorski Anthony	94	25m73	17-05	csf
4	Nicodeme Romain	95	24m03	14-09	rsca
5	Dubois Kevin	94	21m55	23-08	rcas
6	Van De Sype Arnaud	94	20m65	19-07	lier
7	Valastro Alexandre	95	17m78	30-05	resc
8	Lebailly Killian	95	15m46	28-09	rcas
9	Bensch Peter	95	12m75	19-04	resc
10	Watson Ian	94	12m20	30-05	resc

Tetralthlon

RC : 1697 p

1	Elsen Daan	94	1826 p	20-09	rfcl
2	Lozet Joshua	95	1383 p	18-10	ws
3	Nicodeme Romain	95	1105 p	19-07	rcas
	Gorski Anthony	94	1105 p	17-05	csf
5	Van De Sype Arnaud	94	1050 p	26-10	rsca
6	Dubois Kevin	94	849 p	18-10	ws
7	Watson Ian	94	649 p	19-04	resc
8	Lebailly Killian	95	632 p	28-09	rcas
9	Bensch Peter	95	136 p	19-04	resc

PUPILLES GARÇONS (1993 - 1992)

60 m

RC : 8.42

1	Paulus Gary	92	8.67	07-06	resc
2	Lebailly Kevin	92	9.04	28-09	rcas
3	Schils Martin	92	9.43	04-10	resc
4	Crouze Ronald	93	9.56	17-05	csf
5	Lins Sebastien	92	9.57	07-06	resc
6	Lozet Nathan	92	9.65	18-10	ws
7	Castellana Bryan	92	9.74	13-04	rsca
	Giot Thomas	92	9.74	13-04	rsca
	Omombo Jean David	92	9.74	05-04	resc
10	Denys Gregory	93	9.88	18-10	ws
11	Nicodeme Thibault	92	9.94	05-07	grim
12	Van Droogenbroeck Sven	93	10.00	24-05	resc
13	Clouwaert Maxime	92	10.14	04-10	resc
14	Elkhettabi Mehdi	93	10.18	17-05	csf
15	Laruelle Martin	93	10.26	07-06	resc
16	Dupont Tim	93	10.27	17-05	csf
17	Caluwe Morgan	93	10.44	17-05	csf
18	De Lombaert Quentin	93	10.49	04-10	resc
19	Van De Sype Vincent	93	10.62	28-09	rcas
20	Vega Javier	93	10.64	05-04	resc
21	Nicaise Jeremie	92	10.70	04-10	resc
22	Vanden Broeck Maxance	93	10.73	18-10	ws
23	Kesmarki Thomas	93	10.74	07-06	resc
24	Soto Moral Fabian	93	10.75	24-05	resc
25	Moncourrier Alexandre	93	11.19	07-06	resc
26	Goies Jeremie	92	11.23	19-04	resc



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1000 m		RC : 3.19.32			
1	Lebailly Kevin	92	3.17.22	28-09	rcas
2	Nicodeme Thibault	92	3.27.95	09-06	rsca
3	Paulus Gary	92	3.33.92	07-06	resc
4	Denys Gregory	93	3.38.76	09-06	rsca
5	Omombo Jean David	92	3.45.27	24-05	resc
6	Elkhattabi Mehdi	93	3.45.86	17-05	csf
7	Lins Sebastien	92	3.46.32	07-06	resc
8	Castellana Bryan	92	3.46.51	14-06	ws
9	De Lombaert Quentin	93	3.52.77	04-10	resc
10	Vanden Broeck Maxance	93	3.53.89	24-05	resc
11	Schils Martin	92	3.58.09	24-05	resc
12	Crouze Ronald	93	3.59.28	26-10	rsca
13	Lozet Nathan	92	4.03.57	28-09	rcas
14	Caluwe Morgan	93	4.06.41	24-05	resc
15	Soto Moral Fabian	93	4.08.09	04-10	resc
16	Van De Sype Vincent	93	4.08.29	28-09	rcas
17	Goies Jeremie	92	4.09.40	19-04	resc
18	Giot Thomas	92	4.11.20	19-04	resc
19	Clouwaert Maxime	92	4.15.44	05-07	grim
20	Van Droogenbroeck Sven	93	4.15.90	07-06	resc
21	Laruelle Martin	93	4.17.50	07-06	resc
22	Moncourrier Alexandre	93	4.19.67	07-06	resc
23	Dupont Tim	93	4.27.86	17-05	csf
24	Nicaise Jeremie	92	4.28.81	04-10	resc
25	Kesmarki Thomas	93	4.50.40	24-05	resc

60 m haies (76 cm)		RC : 10.24			
1	Nicodeme Thibault	92	12.89	14-09	rsca
2	Van De Sype Vincent	93	14.24	05-04	resc
3	Clouwaert Maxime	92	14.63	21-06	dacm
4	Lozet Nathan	92	14.64	05-04	resc
5	Castellana Bryan	92	15.64	14-06	ws
6	Soto Moral Fabian	93	16.44	05-04	resc
7	Vanden Broeck Maxance	93	25.94	05-04	resc

Hauteur		RC : 1m48			
1	Castellana Bryan	92	1m34	04-10	resc
2	Paulus Gary	92	1m29	04-10	resc
3	Nicodeme Thibault	92	1m27	26-10	rsca
4	Van De Sype Vincent	92	1m26	04-10	resc
5	Lebailly Kevin	92	1m25	28-09	rcas
	Omombo Jean David	92	1m25	30-05	resc
7	Lins Sebastien	92	1m23	19-09	resc
8	Clouwaert Maxime	92	1m15	04-10	resc
9	Crouze Ronald	93	1m15	05-07	grim
	Schils Martin	92	1m15	04-10	resc
11	Giot Thomas	92	1m12	19-04	resc
12	Lozet Nathan	92	1m10	19-09	resc
13	De Lombaert Quentin	93	1m05	19-09	resc
	Denys Gregory	93	1m05	13-04	rrsca
	Soto Moral Fabian	93	1m05	30-05	resc
16	Elkhattabi Mehdi	93	1m00	19-09	resc
17	Caluwe Morgan	93	0m98	28-09	rcas
18	Nicaise Jeremie	92	0m95	04-10	resc

Longueur		RC : 4m66			
1	Paulus Gary	92	4m24	21-06	dacm
2	Nicodeme Thibault	92	3m86	09-05	resc
3	Omombo Jean David	92	3m85	19-09	resc
4	Van De Sype Vincent	93	3m58	19-09	resc
5	Lozet Nathan	92	3m57	12-07	vs
6	Crouze Ronald	93	3m51	19-09	resc
7	Denys Gregory	93	3m46	19-10	csf
8	Schils Martin	92	3m45	09-05	resc
9	Castellana Bryan	92	3m38	05-09	spvi
10	Elkhattabi Mehdi	93	3m36	17-05	csf
11	Clouwaert Maxime	92	3m32	19-09	resc
12	Lins Sebastien	92	3m22	19-09	resc
13	Vega Javier	93	3m12	30-05	resc
14	Caluwe Morgan	93	3m05	30-05	resc
	Dupont Tim	93	3m05	09-05	resc



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16	De Lombaert Quentin	93	2m95	19-09	resc
17	Soto Moral Fabian	93	2m87	09-06	rsca
18	Vanden Broeck Maxance	93	2m76	18-10	ws
19	Moncourrier Alexandre	93	2m69	30-05	resc

Poids (2 kg)

RC : 10m58

1	Lozet Nathan	92	9m72	12-10	rsca
2	Omombo Jean David	92	9m45	30-05	resc
3	Lebailly Kevin	92	9m41	16-08	mac
4	Van De Sype Vincent	93	8m22	18-10	ws
5	Nicodeme Thibault	92	8m10	19-07	rcas
6	Schils Martin	92	7m99	09-05	resc
7	Clouwaert Maxime	92	7m98	16-08	mac
8	Soto Moral Fabian	93	7m97	18-10	ws
9	Denys Gregory	93	6m99	19-07	rcas
10	Castellana Bryan	92	6m62	16-08	mac
11	Paulus Gary	92	6m20	05-04	resc
12	Crouze Ronald	93	6m08	26-10	rsca
13	Giot Thomas	92	5m53	19-04	resc
14	Goies Jeremie	92	5m37	19-04	resc
15	Elkhettabi Mehdi	93	5m26	26-10	rsca
16	Dupont Tim	93	5m17	09-05	resc
17	Vega Javier	93	5m10	30-05	resc
18	Van Droogenbroeck Sven	93	5m01	05-04	resc
19	Vanden Broeck Maxance	93	4m64	09-05	resc
20	Caluwe Morgan	93	4m36	28-06	wrc
21	De Lombaert Quentin	93	4m03	09-05	resc
22	Moncourrier Alexandre	93	3m85	30-05	resc

Disque (600 gr)

RC : 29m21

1	Nicodeme Thibault	92	20m04	19-09	resc
2	Lozet Nathan	92	20m01	05-04	resc
3	Clouwaert Maxime	92	19m20	19-09	resc
4	Van De Sype Vincent	93	18m30	19-09	resc
5	Denys Gregory	93	17m64	12-10	rsca
6	Schils Martin	92	17m11	24-05	resc
7	Crouze Ronald	93	16m00	19-09	resc
8	Lins Sebastien	92	15m49	07-06	resc
9	Omombo Jean David	92	14m39	24-05	resc
10	Soto Moral Fabian	93	13m98	24-05	resc
11	Elkhettabi Mehdi	93	13m07	19-09	resc
12	Vanden Broeck Maxance	93	12m31	19-09	resc
13	Castellana Bryan	92	11m14	07-06	resc
14	Moncourrier Alexandre	93	10m82	07-06	resc
15	Van Droogenbroeck Sven	93	9m89	07-06	resc
16	Caluwe Morgan	93	9m65	19-09	resc

Balle de hockey

RC : 46m12

1	Lozet Nathan	92	45m45	12-10	rsca
2	Schils Martin	92	41m45	09-05	resc
3	Clouwaert Maxime	92	38m94	14-09	rsca
4	Nicodeme Thibault	92	36m65	14-09	rsca
5	Lebailly Kevin	92	33m12	28-09	rcas
6	Van De Sype Vincent	93	31m69	28-09	rcas
7	Denys Gregory	93	31m58	12-10	rsca
8	Dupont Tim	93	31m34	09-05	resc
9	Elkhettabi Mehdi	93	29m52	17-05	csf
10	Paulus Gary	92	27m08	24-05	resc
11	Crouze Ronald	93	26m68	17-05	csf
12	Omombo Jean David	92	23m65	24-05	resc
13	Soto Moral Fabian	93	23m59	24-05	resc
14	De Lombaert Quentin	93	23m48	17-05	csf
15	Castellana Bryan	92	22m65	26-07	vac
16	Vanden Broeck Maxance	93	18m10	09-05	resc
17	Caluwe Morgan	93	15m01	28-09	rcas

Tetrathlon

RC : 2222 p

1	Lebailly Kevin	92	2134 p	28-09	rcas
2	Nicodeme Thibault	92	1736 p	26-10	rsca
3	Lozet Nathan	92	1561 p	18-10	ws
4	Castellana Bryan	92	1515 p	16-08	mac
5	Crouze Ronald	93	1470 p	26-10	rsca



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6	Denys Gregory	93	1374 p	18-10	ws
	Elkhettabi Mehdi	93	1365 p	17-05	csf
8	Van De Sype Vincent	93	1299 p	26-10	rsca
9	Giot Thomas	92	1237 p	19-04	resc
10	Clouwaert Maxime	92	1193 p	23-08	rcas
11	Soto Moral Fabian	93	1063 p	18-10	ws
12	Dupont Tim	93	973 p	17-05	csf
13	De Lombaert Quentin	93	946 p	17-05	csf
14	Caluwe Morgan	93	917 p	28-09	rcas
15	Vanden Broeck Maxance	93	897 p	18-10	ws
16	Goies Jeremie	92	762 p	19-04	resc
17	Moncourrier Alexandre	93	406 p	19-04	resc

4 x 60 m			RC : 33.25		
Soto Moral, Clouwaert, Nicodeme, Denys		41.05		21-06	dacm

MINIMES GARÇONS (1991 - 1990)

80 m			RC : 9.96		
1	Dogan Mervan	90	10.50	04-10	resc
2	Winderickx Ingmar	91	11.45	07-06	resc
3	Caluwe Arnaud	91	11.56	28-06	wrc
4	Barberoux Valentin	90	11.76	18-10	ws
5	Wavreil Cedric	91	11.84	13-04	rsca
6	Fransen Laurent	91	11.94	13-04	rsca
7	Pholien Lionel	91	11.96	13-04	resc
8	Gabriel Laurent	90	12.01	24-05	resc
9	Hinck Matthieu	91	12.34	07-06	resc
10	Abou Messaoud Marwane	90	12.44	05-04	resc
11	Willockx Mats	90	12.63	04-10	resc
12	Dagry Julien	90	12.80	24-05	resc
13	Duchatel Florian	91	13.23	09-06	rsca
14	Denys Jonathan	90	13.34	18-10	ws
	Vega Miguel	91	13.34	13-04	rsca
16	Boigelot Vincent	90	13.62	04-10	resc

150 m			RC : 18.54		
1	Hinck Matthieu	91	22.96	19-04	resc
2	Wavreil Cedric	91	23.17	19-04	resc
3	Pholien Lionel	91	23.19	19-04	resc
4	Fransen Laurent	91	23.25	19-04	resc
5	Willockx Mats	90	23.95	19-04	resc
6	Denys Jonathan	90	26.58	24-08	vmol

300 m			RC : 42.19		
1	Dogan Mervan	91	41.91	19-10	csf
2	Wavreil Cedric	91	48.09	28-06	wrc
3	Winderickx Ingmar	91	48.14	05-04	resc
4	Pholien Lionel	91	48.29	19-10	csf
5	Barberoux Valentin	90	49.14	05-04	resc
6	Caluwe Arnaud	91	50.09	19-10	csf
7	Hinck Matthieu	91	52.64	05-04	resc
8	Duchatel Florian	91	53.74	05-04	resc
9	Denys Jonathan	90	61.41	28-06	wrc
10	Boigelot Vincent	90	62.74	05-04	resc

1000 m			RC : 3.02.25		
1	Barberoux Valentin	90	3.09.92	18-10	ws
2	Louf Valentin	91	3.18.87	24-05	resc
3	Winderickx Ingmar	91	3.19.44	21-06	dacm
4	Dogan Mervan	90	3.20.88	18-10	ws
5	Pholien Lionel	91	3.27.44	04-10	resc
6	Wavreil Cedric	91	3.29.73	07-06	resc
7	Gabriel Laurent	90	3.29.88	04-10	resc
8	Caluwe Arnaud	91	3.34.08	24-05	resc
9	Hinck Matthieu	91	3.35.34	19-07	rcas
10	Dagry Julien	90	3.38.82	24-05	resc
11	Duchatel Florian	91	3.48.84	09-06	rsca
12	Denys Jonathan	90	3.50.89	17-05	csf
13	Fransen Laurent	91	3.51.53	07-06	resc
14	Boigelot Vincent	90	4.04.73	04-10	esc



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15 Willockx Mats 90 4.10.75 21-07 vs

80 m haies (84 cm)

RC : 12.00

1	Dogan Mervan	90	14.72	28-09	rcas
2	Wavreil Cedric	91	15.77	28-06	wrc
3	Caluwe Arnaud	91	16.26	28-09	rcas
4	Winderickx Ingmar	91	17.04	05-04	resc
5	Pholien Lionel	91	17.14	28-06	wrc
6	Fransen Laurent	91	17.54	13-04	rsca
7	Hinck Matthieu	91	17.93	19-07	rcas
8	Denys Jonathan	90	18.89	14-09	rsca
9	Boigelot Vincent	90	22.64	05-04	resc

Hauteur

RC : 1m65

1	Dogan Mervan	90	1m51	04-10	resc
2	Wavreil Cedric	91	1m35	13-04	rsca
3	Caluwe Arnaud	91	1m30	28-06	wrc
4	Barberoux Valentin	90	1m25	04-10	resc
	Fransen Laurent	91	1m25	13-04	rsca
	Pholien Lionel	91	1m25	28-06	wrc
	Willockx Mats	90	1m25	04-10	resc
	Winderickx Ingmar	91	1m25	24-05	resc
9	Hinck Matthieu	91	1m23	19-07	rcas
10	Dagry Julien	90	1m20	24-05	resc
	Duchatel Florian	91	1m20	16-08	mac
	Gabriel Laurent	90	1m20	04-10	resc
13	Denys Jonathan	90	1m15	18-10	ws

Longueur

RC : 5m73

1	Dogan Mervan	90	4m89	19-10	csf
2	Winderickx Ingmar	91	4m61	19-09	resc
3	Caluwe Arnaud	91	4m58	19-07	rcas
4	Barberoux Valentin	90	4m47	18-10	ws
5	Pholien Lionel	91	4m34	19-09	resc
6	Wavreil Cedric	91	4m32	19-09	resc
7	Hinck Matthieu	91	4m20	19-04	resc
8	Gabriel Laurent	90	3m94	19-09	resc
9	Fransen Laurent	91	3m75	19-04	resc
10	Willockx Mats	90	3m70	30-05	resc
11	Duchatel Florian	91	3m64	19-09	resc
12	Dagry Julien	90	3m61	24-05	resc
13	Denys Jonathan	90	3m21	25-05	rcas
14	Boigelot Vincent	90	3m16	19-09	resc
15	Vega Miguel	91	3m07	30-05	resc

Perche

RC : 2m90

1	Wavreil Cedric	91	2m10	28-06	wrc
2	Gabriel Laurent	90	1m90	09-05	resc
	Winderickx Ingmar	91	1m90	09-05	resc
4	Pholien Lionel	91	1m63	9-10	csf
5	Denys Jonathan	90	1m60	09-05	resc

Poids (3 kg)

RC : 13m97

1	Dogan Mervan	90	10m59	28-09	rcas
2	Duchatel Florian	91	9m65	19-09	resc
3	Barberoux Valentin	90	9m12	12-10	FRA
4	Fransen Laurent	91	8m41	07-06	resc
5	Wavreil Cedric	91	7m96	19-09	resc
6	Winderickx Ingmar	91	7m68	19-09	resc
7	Willockx Mats	90	7m45	21-07	vs
8	Denys Jonathan	90	7m35	12-10	rsca
9	Gabriel Laurent	90	6m81	19-09	resc
10	Hinck Matthieu	91	6m40	19-07	rcas
11	Caluwe Arnaud	91	6m15	19-07	rcas
12	Boigelot Vincent	90	5m73	19-09	resc
13	Pholien Lionel	91	5m42	16-08	mac

Disque (1 kg)

RC : 31m60

1	Winderickx Ingmar	91	22m56	04-10	resc
2	Barberoux Valentin	90	21m28	04-10	resc
3	Duchatel Florian	91	20m82	16-08	mac



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4	Denys Jonathan	90	20m55	19-10	csf
5	Abou Messaoud Marwane	90	16m39	05-04	resc
6	Wavreil Cedric	91	15m42	30-05	resc
7	Willockx Mats	90	15m06	30-05	resc
8	Boigelot Vincent	90	14m08	09-05	resc
9	Hinck Matthieu	91	13m80	05-04	resc
10	Fransen Laurent	91	13m10	05-04	resc
11	Caluwe Arnaud	91	12m47	19-10	csf
12	Gabriel Laurent	90	11m97	04-10	resc
13	Pholien Lionel	91	11m31	16-08	mac

Javelot (400 gr)

RC : 36m80

1	Willockx Mats	90	29m82	30-05	resc
2	Duchatel Florian	91	25m68	19-09	resc
3	Winderickx Ingmar	91	25m40	19-09	resc
4	Dogan Mervan	90	24m52	19-09	resc
5	Wavreil Cedric	91	23m81	19-09	resc
6	Gabriel Laurent	90	22m86	30-05	resc
7	Fransen Laurent	91	21m88	19-09	resc
8	Pholien Lionel	91	21m15	24-08	rsca
9	Caluwe Arnaud	91	20m95	19-09	resc
10	Denys Jonathan	90	18m71	12-10	rsca
11	Hinck Matthieu	91	14m84	07-06	resc
12	Barberoux Valentin	90	13m35	17-05	csf
13	Vega Miguel	91	9m54	09-05	resc
14	Boigelot Vincent	90	9m33	19-09	resc

Pentathlon

RC : 3238 p

1	Dogan Mervan	90	3262 p	18-10	ws
2	Barberoux Valentin	90	2715 p	18-10	ws
3	Winderickx Ingmar	91	2392 p	07-06	resc
4	Wavreil Cedric	91	2270 p	07-06	resc
5	Caluwe Arnaud	91	2172 p	19-07	rcas
6	Fransen Laurent	91	2037 p	07-06	resc
7	Pholien Lionel	91	2019 p	07-06	resc
8	Hinck Matthieu	91	1929 p	19-07	rcas
9	Willockx Mats	90	1778 p	21-07	vs
10	Duchatel Florian	91	1772 p	16-08	mac
11	Denys Jonathan	90	1528 p	18-10	ws

4 x 80 m

RC : 41.24

Wavreil, Caluwe, Hinck, Winderickx	46.11	21-06	dacm
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CADETS GARÇONS (1989 - 1988)

100 m

RC : 11.39

1	Diallo Mamadou	88	12.00	24-06	spvi
2	Hermann Gilles	88	12.05	29-05	hf
3	Preumont Maurice	88	12.44	14-06	ws
4	Sustelo Antonio	88	13.09	09-07	oeh
5	Detournay Jean Marc	88	13.44	13-04	rsca
	Karrouch Mohamed	89	13.44	13-04	rsca
7	Kiekens Jonathan	88	13.47	31-08	vs
8	Naga Djihed	88	13.71	21-04	vita
9	Najjari Faouzi	89	15.00	21-04	vita

200 m

RC : 23.14

1	Diallo Mamadou	88	24.57	24-05	resc
2	Preumont Maurice	88	25.29	29-05	hf
3	Naga Djihed	88	26.58	26-10	rsca
4	Kiekens Jonathan	88	26.66	31-08	vs
5	Sustelo Antonio	88	27.04	22-06	fac
6	Karrouch Mohamed	89	27.99	21-04	vita

300 m

RC : 36.86

1	Sustelo Antonio	88	43.67	21-07	dac
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400 m

RC : 52.24

1	Azaoum Najib	89	57.66	17-05	cabw
2	Kebdani Samir	88	57.67	24-05	resc
3	Huppez Jonathan	88	59.19	24-05	resc



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4	Naga Djihed	88	60.53	29-05	hf
5	Maingain François	89	63.28	24-05	resc
6	Karrouch Mohamed	89	65.86	03-05	resc

800 m RC : 1.59.30

1	Huppez Jonathan	88	2.09.78	14-06	ws
2	Azaoum Najib	89	2.09.86	19-10	csf
3	Kebdani Samir	88	2.10.14	14-06	ws
4	Demeester Thijs	89	2.17.14	12-09	abes
5	Maingain François	89	2.30.76	30-07	ws
6	Naga Djihed	88	2.34.12	21-04	vita

1000 m RC : 2.43.18

1	Kebdani Samir	88	2.47.95	03-05	resc
2	Azaoum Najib	89	2.48.73	03-05	resc
3	Huppez Jonathan	88	2.54.93	03-05	resc
4	Diallo Mamadou	88	3.11.26	28-09	rcas
5	Sustelo Antonio	88	3.25.58	28-09	rcas

1500 m RC : 4.10.90

1	Kebdani Samir	88	4.26.08	07-09	cabw
2	Huppez Jonathan	88	4.49.10	13-04	rsca

100 m haies (91 cm) RC : 14.04

1	Diallo Mamadou	88	14.91	07-09	cabw
2	Sustelo Antonio	88	17.72	28-09	rcas

300 m haies (76 cm) RC : 40.07

1	Diallo Mamadou	88	43.33	06-04	rcas
2	Sustelo Antonio	88	47.42	09-07	grim
3	Naga Djihed	88	48.04	17-05	cabw

Hauteur RC : 1m91

1	Diallo Mamadou	88	1m62	27-09	rcas
2	Sustelo Antonio	88	1m50	27-09	rcas
3	Kiekens Jonathan	88	1m45	24-08	rsca
4	Olivier Raphaël	89	1m40	06-04	rcas
5	Karrouch Mohamed	89	1m35	17-05	cabw

Longueur RC : 6m70

1	Preumont Maurice	88	5m57	21-04	vita
2	Diallo Mamadou	88	5m30	21-04	vita
3	Sustelo Antonio	88	4m88	27-09	rcas
4	Naga Djihed	88	4m75	26-10	rsca

Triple saut RC : 13m52

1	Kiekens Jonathan	88	9m69	17-05	cabw
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Perche RC : 3m71

1	Kebdani Samir	88	2m30	17-05	cabw
2	Diallo Mamadou	88	2m24	28-09	rcas
3	Sustelo Antonio	88	1m64	28-09	rcas

Poids (4 kg) RC : 13m52

1	Diallo Mamadou	88	13m84	12-10	FRA
2	Sustelo Antonio	88	12m62	30-08	hale

Disque (1 kg) RC : 39m12

1	Sustelo Antonio	88	44m92	20-09	hale
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Javelot (600 gr) RC : 43m12

1	Sustelo Antonio	88	39m04	11-10	smac
2	Diallo Mamadou	88	29m92	28-09	rcas
3	Najjari Faouzi	89	21m33	06-04	rcas

Marteau (4 kg) RC : 40m44

1	Sustelo Antonio	88	46m37	17-09	cabw
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Octathlon		RC : 4312 p			
1	Diallo Mamadou	88	3946 p	28-09	rcas
2	Sustelo Antonio	88	3212 p	28-09	rcas

4 x 100 m		RC : 45.63			
Kiekens, Hermann, Diallo, Preumont		47.41		20-09	vs

4 x 800 m		RC : 8.43.82			
Demeester, Kebdani, Huppez, Azaoum		8.48.94		20-09	vs

SCOLAIRES HOMMES (1987 - 1986)

100 m		RC : 11.08			
1	Ettetuani Adil	86	11.67	24-05	resc
2	Simon Philippe	87	11.79	29-05	hf
3	Weemaels Matthias	86	11.95	03-05	resc
4	Coomans Werner	86	12.18	24-05	resc
5	Theunissen Nicolas	87	12.63	03-05	resc
6	Sonon Lionel	87	12.70	27-04	hf
7	Hostyn Laurent David	87	12.81	24-06	spvi

200 m		RC : 22.02			
1	Ettetuani Adil	86	23.03	24-05	resc
2	Simon Philippe	87	24.11	29-05	hf
3	De Wilde Julien	86	25.23	06-04	rcas
4	Coomans Werner	86	25.36	31-08	vs
5	Kawsar Amin	86	25.50	06-04	rcas
6	Hostyn Laurent David	87	26.14	26-10	rsca

300 m		RC : 36.24			
1	Ettetuani Adil	86	36.43	14-06	ws
2	Hostyn Laurent David	87	40.55	24-06	spvi

400 m		RC : 49.92			
1	Ettetuani Adil	86	50.96	17-05	cabw
2	El Yattouti Younes	86	52.88	24-05	resc
3	Coomans Werner	86	54.36	24-05	resc
4	Miller Benoit	87	54.82	24-05	resc
5	Azaoum Rachid	86	54.97	24-05	resc
6	Vaillant Thibaud	87	56.05	24-05	resc
7	Hostyn Laurent David	87	58.13	26-04	ws
8	Mjoti Mahmoud	86	60.49	24-05	resc

800 m		RC : 1.55.41			
1	El Yattouti Younes	86	1.59.21	05-07	kks
2	Tiaz Younes	86	2.02.08	24-08	rsca
3	Miller Benoit	87	2.03.57	12-09	abes
4	Azaoum Rachid	86	2.04.41	05-07	kks
5	Vaillant Thibaud	87	2.06.95	12-09	abes
6	Leyman Jeremy	87	2.13.34	12-09	abes
7	Jamli Tarek	86	2.13.52	17-05	cabw
8	Aallali Hassan	87	2.22.77	19-10	csf
9	Mjoti Mahmoud	86	2.24.45	17-05	cabw

1000 m		RC : 2.32.80			
1	El Yattouti Younes	86	2.35.60	03-05	resc
2	Tiaz Younes	86	2.38.66	03-05	resc
3	Miller Benoit	87	2.39.56	03-05	resc
4	Vaillant Thibaud	87	2.43.38	03-05	resc
5	Azaoum Rachid	86	2.43.40	03-05	resc
6	Leyman Jeremy	87	2.48.45	03-05	resc
7	Jamli Tarek	86	2.51.58	03-05	resc
8	Aallali Hassan	87	3.03.42	03-05	resc

1500 m		RC : 4.00.79			
1	Miller Benoit	87	4.18.25	17-05	cabw
2	Vaillant Thibaud	87	4.24.57	25-04	lebb
3	Tiaz Younes	86	4.27.01	29-05	hf
4	Leyman Jeremy	87	4.29.95	12-07	vac
5	Hostyn Laurent David	87	5.04.36	12-07	vac



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6 Jamli Tarek 86 5.06.76 05-04 cabw

Mile RC : 4.54.70

1	Leyman Jeremy	87	4.52.70	24-05	resc
2	Jamli Tarek	86	5.04.53	24-05	resc
3	Aallali Hassan	87	5.06.64	24-05	resc

3000 m RC : 8.33.14

1	Vaillant Thibaud	87	9.49.71	17-05	cabw
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110 m haies (91 cm) RC : 13.65

1	Coomans Werner	86	15.40	29-05	hf
2	De Wilde Julien	86	16.43	03-05	resc

400 m haies (84 cm) RC : 56.69

1	Coomans Werner	86	58.94	06-04	rcas
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2000 m steeple (91 cm) RC : 6.10.20

1	El Yattouti Younes	86	6.51.21	19-10	csf
2	Leyman Jeremy	87	7.15.14	05-10	csf

Hauteur RC : 2m05

1	Hostyn Laurent David	87	1m83	17-05	cabw
2	De Wilde Julien	86	1m70	06-04	rcas

Longueur RC : 7m59

1	De Wilde Julien	86	5m84	03-05	resc
2	Hostyn Laurent David	87	5m72	12-07	vac

Triple saut RC : 15m64

1	Hostyn Laurent David	87	11m88	17-05	cabw
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Perche RC : 4m36

1	De Wilde Julien	86	3m00	17-05	resc
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Poids (5 kg) RC : 14m19

1	Hostyn Laurent David	87	10m91	19-07	rcas
2	Mjoti Mahmoud	86	6m32	17-05	cabw

Disque (1,5 kg) RC : 40m11

1	Hostyn Laurent David	87	29m55	26-10	rsca
2	Jamli Tarek	86	16m85	17-05	cabw

Javelot (700 gr) RC : 52m73

1	Browaays David	86	49m47	12-09	csf
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Marteau (5 kg) RC : 51m72

1	Browaays David	86	46m69	18-05	cabw
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4 x 100 m RC : 43.01

Weemaels, Coomans, Simon, Ettetuani	45.17	20-09	vs
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4 x 800 m RC : 8.11.01

Azaoum, Miller, Tiaz, El Yattouti	8.09.11	20-09	vs
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JUNIORS HOMMES (1985 - 1984)

100 m RC : 10.71

1	Diallo Saliou	85	11.45	14-06	ws
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200 m RC : 21.24

1	Diallo Saliou	85	23.05	24-05	resc
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300 m RC : 34.67

1	Diallo Saliou	85	36.58	14-06	ws
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400 m				RC : 47.92	
1	Haymans Thomas	85	51.16	24-05	resc
2	Diallo Saliou	85	52.08	21-07	at84
3	Gomez Y Montez Mateo	84	52.82	24-05	resc
4	Vandervorst Jonathan	85	55.80	24-05	resc
800 m				RC : 1.52.66	
1	Dewitte Sebastien	85	1.55.53	29-05	acw
2	Haymans Thomas	85	1.58.14	12-04	spvi
3	Gomez Y Montes Mateo	84	1.58.65	29-05	acw
4	Vandervorst Jonathan	85	2.10.45	14-06	ws
1000 m				RC : 2.26.76	
1	Dewitte Sebastien	85	2.32.00	03-05	resc
2	Vandervorst Jonathan	85	2.47.02	03-05	resc
1500 m				RC : 3.48.90	
1	Dewitte Sebastien	85	4.01.36	12-07	vac
2	Gomez Y Montes Mateo	84	4.10.08	25-04	lebb
Mile				RC : 4.29.40	
1	Dewitte Sebastien	85	4.22.82	24-05	resc
3000 m				RC : 8.14.64	
1	Dewitte Sebastien	85	8.40.07	30-08	looi
Hauteur				RC : 2m14	
1	Leyman David	85	1m60	03-05	resc
Longueur				RC : 7m86	
1	Leyman David	85	5m58	06-04	rcas
Perche				RC : 5m00	
1	Leyman David	85	3m60	24-05	resc
Poids (6 kg)				RC : 15m27	
1	Leyman David	85	12m23	05-04	cabw
Javelot (800 gr)				RC : 49m26	
1	Droesbeke Sebastien	85	50m88	29-06	herv
2	Leyman David	85	37m88	06-04	rcas
4 x 400 m				RC : 3.17.65	
Diallo, Gomez Y Montes, Dewitte, Haymans			3.26.78	07-09	cabw

ESPOIRS HOMMES (1983 - 1982 - 1981)

100 m				RC : 10.53	
1	Broothaerts Damien	83	10.92	22-06	lier
	Moral Miguel	81	10.92	24-05	resc
3	Schepens Cedric	82	11.23	03-05	resc
4	Vervloet Gregory	83	11.52	27-09	rcas
5	Xhonneux Frederic	83	12.02	20-09	AUT
200 m				RC : 21.14	
1	Broothaerts Damien	83	21.44	14-06	CH
2	Moral Miguel	81	21.67	24-05	resc
3	Schepens Cedric	82	22.61	11-05	cabw
4	Vervloet Gregory	83	22.87	06-04	rcas
300 m				RC : 34.01	
1	Moral Miguel	81	34.00	24-06	spvi
2	Vervloet Gregory	83	35.28	14-06	ws
400 m				RC : 47.64	
1	Vervloet Gregory	83	50.04	11-05	cabw
2	Xhonneux Frederic	83	51.14	20-09	AUT



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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800 m		RC : 1.50.88			
1	Levacq Corentin	81	1.54.92	29-05	acw
1000 m		RC : 2.23.92			
1	Levacq Corentin	81	2.31.36	03-05	resc
1500 m		RC : 3.46.01			
1	Levacq Corentin	81	3.57.92	11-05	cabw
2	Xhonneux Frederic	83	4.18.47	21-09	AUT
3	Roze Steven	81	4.44.76	12-07	vac
4	Vervloet Gregory	83	5.21.07	28-09	rcas
Mile		RC : 4.23.90			
1	Levacq Corentin	81	4.20.19	24-05	esc
3000 m		RC : 8.07.66			
1	Levacq Corentin	81	9.02.72	30-08	looi
110 m haies (106 cm)		RC : 14.15			
1	Broothaerts Damien	83	14.13	05-07	kks
2	Xhonneux Frederic	83	15.44	28-09	rcas
3	Vervloet Gregory	83	16.45	28-09	rcas
400 m haies (91 cm)		RC : 50.29			
1	Broothaerts Damien	83	56.44	13-09	flac
2	Vervloet Gregory	83	56.47	06-04	rcas
3000 m steeple (91 cm)		RC : 9.10.30			
1	Xhonneux Frederic	83	10.52.69	01-10	ws
2	Vervloet Gregory	83	13.20.62	01-10	ws
Hauteur		RC : 2m21			
1	Xhonneux Frederic	83	2m00	20-09	AUT
2	Vervloet Gregory	83	1m70	06-09	lebb
Longueur		RC : 7m86			
1	Xhonneux Frederic	83	6m66	20-09	AUT
2	Moral Miguel	81	6m21	06-04	rcas
3	Vervloet Gregory	83	6m00	27-09	rcas
Triple saut		RC : 16m01			
1	Xhonneux Frederic	83	14m79	10-08	smac
2	Vervloet Gregory	83	12m94	01-10	ws
Perche		RC : 5m11			
1	Xhonneux Frederic	83	4m54	28-09	rcas
2	Vervloet Gregory	83	3m04	28-09	rcas
Poids (7,26 kg)		RC : 13m67			
1	Xhonneux Frederic	83	11m74	24-08	achl
2	Vervloet Gregory	83	9m60	27-09	rcas
Disque (2 kg)		RC : 44m06			
1	Xhonneux Frederic	83	36m63	28-09	rcas
2	Vervloet Gregory	83	23m84	28-09	rcas
Javelot (800 gr)		RC : 50m88			
1	Xhonneux Frederic	83	50m75	28-09	rcas
2	Malherbe Didier	82	41m23	06-04	rcas
3	Vervloet Gregory	83	39m50	28-09	rcas
Decathlon		RC : 6889 p			
1	Xhonneux Frederic	83	6992 p	21-09	AUT
2	Vervloet Gregory	83	5315 p	28-09	rcas



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SENIORS HOMMES (1983 - 1969)

100 m		RC : 10.02			
1	Sekanyambo Olivier	71	10.74	27-07	vita
2	Broothaerts Damien	83	10.92	22-06	lier
	Moral Miguel	81	10.92	24-05	resc
4	Schepens Cedric	82	11.23	03-05	resc
5	Lissassi Arnaud	76	11.33	14-06	ws
6	Guellet Yassin	74	11.41	24-05	resc
7	Vervloet Gregory	83	11.52	27-09	rcas
8	Xhonneux Frederic	83	12.02	20-09	AUT
9	Xhonneux Marc	80	12.04	01-05	dcla
10	Fontenoy Serge	80	12.56	14-06	ws

200 m		RC : 20.66			
1	Broothaerts Damien	83	21.44	14-06	CH
2	Moral Miguel	81	21.67	24-05	resc
3	Schepens Cedric	82	22.61	11-05	cabw
4	Lissassi Arnaud	76	22.78	24-05	resc
5	Vervloet Gregory	83	22.87	06-04	rcas
6	Xhonneux Marc	80	23.85	16-08	vs

300 m		RC : 34.01			
1	Moral Miguel	81	34.00	24-06	spvi
2	Vervloet Gregory	83	35.28	14-06	ws
3	Naif Nicolas	80	35.58	24-06	spvi
4	Payen Serge	76	36.25	01-05	duff
5	Lissassi Arnaud	76	36.40	14-06	ws
6	Strypstein Olivier	75	36.84	01-05	duff
7	Xhonneux Marc	80	37.20	14-06	ws
8	Fontenoy Serge	80	41.90	21-07	dac

400 m		RC : 46.47			
1	Naif Nicolas	80	49.62	09-06	rfcl
2	Vervloet Gregory	83	50.04	11-05	cabw
3	Payen Serge	76	50.25	21-06	cabw
4	Strypstein Olivier	75	50.42	21-07	at84
5	Xhonneux Frederic	83	51.14	20-09	AUT
6	Xhonneux Marc	80	52.37	24-05	resc
7	Guellet Yassin	74	54.84	27-09	rcas

800 m		RC : 1.48.30			
1	Levacq Corentin	81	1.54.92	29-05	acw
2	Schroeven Bruno	80	2.00.99	06-04	rcas
3	Payen Serge	76	2.02.00	12-09	abes

1000 m		RC : 2.23.10			
1	Levacq Corentin	81	2.31.36	03-05	resc
2	Schroeven Bruno	80	2.34.13	03-05	resc
3	Schepens Patrick	75	2.45.98	03-05	resc

1500 m		RC : 3.40.30			
1	Levacq Corentin	81	3.57.92	11-05	cabw
2	Cowlishaw David	67	4.03.93	29-06	herv
3	Schroeven Bruno	80	4.12.98	25-04	lebb
4	Vanneste Benny	75	4.14.52	29-08	lebb
5	Xhonneux Frederic	83	4.18.47	21-09	AUT
6	Mezouari Oussama	79	4.35.51	12-07	vac
7	Roze Steven	81	4.44.76	12-07	vac
8	Xhonneux Marc	80	4.55.72	28-09	rcas
9	Vervloet Gregory	83	5.21.07	28-09	rcas
10	Guellet Yassin	74	6.21.79	28-09	rcas

Mile		RC : 4.01.10			
1	Levacq Corentin	81	4.20.19	24-05	esc

3000 m		RC : 7.51.56			
1	Levacq Corentin	81	9.02.72	30-08	looi



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5000 m		RC : 13.22.81			
1	Cowlishaw David	67	16.22.62	11-05	cabw
110 m haies (106 cm)		RC : 13.48			
1	Broothaerts Damien	83	14.13	05-07	kks
2	Xhonneux Frederic	83	15.44	28-09	rcas
3	Guellet Yassin	74	16.29	28-09	rcas
4	Vervloet Gregory	83	16.45	28-09	rcas
5	Xhonneux Marc	80	18.38	06-09	lebb
400 m haies (91 cm)		RC : 48.91			
1	Naif Nicolas	80	53.86	29-06	herv
2	Broothaerts Damien	83	56.44	13-09	flac
3	Vervloet Gregory	83	56.47	06-04	rcas
3000 m steeple (91 cm)		RC : 8.24.90			
1	Schroeven Bruno	80	10.17.32	11-05	cabw
2	Xhonneux Frederic	83	10.52.69	01-10	ws
3	Vervloet Gregory	83	13.20.62	01-10	ws
Hauteur		RC : 2m21			
1	Xhonneux Frederic	83	2m00	20-09	AUT
2	Guellet Yassin	74	1m86	27-09	rcas
3	Vervloet Gregory	83	1m70	06-09	lebb
4	Xhonneux Marc	80	1m59	27-09	rcas
Longueur		RC : 7m94			
1	Vanlancker Rudi	71	6m93	03-05	resc
2	Guellet Yassin	74	6m85	27-09	rcas
3	Xhonneux Frederic	83	6m66	20-09	AUT
4	Moral Miguel	81	6m21	06-04	rcas
5	Vervloet Gregory	83	6m00	27-09	rcas
6	Xhonneux Marc	80	5m56	27-09	rcas
Triple saut		RC : 16m86			
1	Xhonneux Frederic	83	14m79	10-08	smac
2	Guellet Yassin	74	13m38	24-05	resc
3	Vervloet Gregory	83	12m94	01-10	ws
Perche		RC : 5m25			
1	Xhonneux Frederic	83	4m54	28-09	rcas
2	Biot Olivier	72	4m20	11-05	cabw
3	Guellet Yassin	74	3m60	24-05	resc
4	Vervloet Gregory	83	3m04	28-09	rcas
5	Xhonneux Marc	80	2m34	28-09	rcas
Poids (7,26 kg)		RC : 15m08			
1	Guellet Yassin	74	12m85	27-09	rcas
2	Xhonneux Frederic	83	11m74	24-08	achl
3	Metens Armand	67	10m56	11-05	cabw
4	Vervloet Gregory	83	9m60	27-09	rcas
5	Xhonneux Marc	80	8m74	27-09	rcas
Disque (2 kg)		RC : 51m56			
1	Xhonneux Frederic	83	36m63	28-09	rcas
2	Guellet Yassin	74	28m70	28-09	rcas
3	Xhonneux Marc	80	23m87	28-09	rcas
4	Vervloet Gregory	83	23m84	28-09	rcas
Javelot (800 gr)		RC : 70m78			
1	Xhonneux Frederic	83	50m75	28-09	rcas
2	Guellet Yassin	74	47m05	28-09	rcas
3	Malherbe Didier	82	41m23	06-04	rcas
4	Vervloet Gregory	83	39m50	28-09	rcas
5	Xhonneux Marc	80	32m79	28-09	rcas
Marteau (7,26 kg)		RC : 61m66			
1	Metens Armand	67	51m46	11-05	cabw
2	Marbais Michael	78	43m19	29-06	herv



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Decathlon		RC : 6889 p			
1	Xhonneux Frederic	83	6992 p	21-09	AUT
2	Guellet Yassin	74	5594 p	28-09	rcas
3	Vervloet Gregory	83	5315 p	28-09	rcas
4	Xhonneux Marc	80	4611 p	28-09	rcas

4 x 100 m		RC : 40.69			
Moral, Schepens, Broothaerts, Sekanyambo		41.39		11-05	cabw

4 x 200 m		RC : 1.25.09			
Moral, Sekanyambo, Schepens, Broothaerts		1.26.85		20-09	vs

4 x 400 m		RC : 3.10.20			
Naif, Lissassi, Payen, Broothaerts		3.22.51		11-05	cabw

4 x 800 m		RC : 7.38.00			
Payen, Dewitte, Gomez Y Montes, Levacq		7.51.08		20-09	vs

MASTERS HOMMES 35

800 m		RC : 2.01.20			
1	Cowlishaw David	67	2.15.48	11-05	cabw
2	Van Der Perren Marc	65	2.28.79	24-08	rsca

3000 m		RC : 9.14.30			
1	Van Der Perren Marc	65	10.33.27	26-10	rsca

1 heure		RC : 16 517 m			
1	Vander Perren Marc	65	15 744 m	18-10	ws

MASTERS HOMMES 40

100 m		RC : 11.43			
1	Hasselmans Thierry	59	12.47	24-06	spvi

200 m		RC : 23.24			
1	Verheirstraeten Johnny	63	29.86	08-06	aclo

400 m		RC : 57.21			
1	Hasselmans Thierry	59	56.72	08-06	aclo

800 m		RC : 2.01.50			
1	Huygens Guy	60	2.20.14	03-08	lebb
2	Verheirstraeten Johnny	63	2.23.77	24-08	rsca

1000 m		RC : 2.33.70			
1	Huygens Guy	60	3.05.83	21-07	dac
2	Verheirstraeten Johnny	63	3.11.00	21-07	dac

1500 m		RC : 4.04.51			
1	Hasselmans Jean Luc	59	4.29.91	08-06	aclo
2	Huygens Guy	60	4.43.16	17-08	ea
3	Verheirstraeten Johnny	63	4.57.46	17-08	ea

2000 m		RC : -			
1	Hasselmans Jean Luc	59	6.13.44	30-07	ws
2	Huygens Guy	60	6.28.88	30-07	ws

3000 m		RC : 9.02.48			
1	Hasselmans Jean Luc	59	10.03.32	26-10	rsca
2	Huygens Guy	60	10.04.50	12-09	csf
3	Hasselmans Thierry	59	10.39.43	26-10	rsca
4	Verheirstraeten Johnny	63	10.58.30	12-09	csf

5000 m		RC : 15.26.80			
1	Hasselmans Jean Luc	59	16.58.30	17-05	csf
2	Huygens Guy	60	17.55.76	24-06	spvi
3	Verheirstraeten Johnny	63	18.01.51	02-09	rfcl



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10 000 m				RC : 32.29.80	
1	Hasselmanns Jean Luc	59	36.45.68	19-10	csf
2	Verheirstraeten Johnny	63	44.09.33	19-10	csf
Hauteur				RC : 1m75	
1	Cincinatis Yves	59	1m75	08-06	aclo
Longueur				RC : 5m56	
1	Cincinatis Yves	59	5m65	08-06	aclo
Poids (7,26 kg)				RC : 14m47	
1	Desadeleer Christian	63	9m89	08-06	aclo
Javelot (800 gr)				RC : -	
1	Desadeleer Christian	63	50m58	14-09	rfcl
4 x 100 m				RC : 55.76	
Verheirstraeten, Huygens, De Grootte, Mage			55.36	07-09	ixel
4 x 200 m				RC : -	
Verheirstraeten, Huygens, De Grootte, Mage			1.56.02	07-09	ixel
4 x 400 m				RC : 3.51.10	
Verheirstraeten, Mage, Huygens, De Buyst			4.40.73	08-06	aclo
4 x 1500 m				RC : 19.21.87	
Huygens, De Grootte, Mage, Verheirstraeten			20.58.39	07-09	ixel

MASTERS HOMMES 45

800 m				RC : 2.17.68	
1	Mage Alain	57	2.36.15	24-08	rsca
1000 m				RC : -	
1	Mage Alain	57	3.23.66	21-07	dac
1500 m				RC : 4.36.60	
1	Mage Alain	57	5.03.44	31-08	fcha
3000 m				RC : 8.46.40	
1	Bechet Jean Pierre	56	10.26.74	26-10	rsca
2	Mage Alain	57	11.07.20	12-09	csf
5000 m				RC : 16.02.69	
1	Mage Alain	57	21.19.78	17-05	csf
10 000 m				RC : 34.24.98	
1	Bechet Jean Pierre	56	37.05.63	19-10	csf

MASTERS HOMMES 50

2000 m				RC : -	
1	Demol Guy	53	6.24.24	24-06	spvi
5000 m				RC : -	
1	Demol Guy	53	16.40.88	08-06	aclo
10 000 m				RC : 37.47.60	
1	Demol Guy	53	34.43.54	19-10	csf
1 heure				RC : -	
1	Demol Guy	53	17 211 m	18-10	ws

MASTERS HOMMES 55

Disque (2 kg)				RC : 44m14	
1	Van Schoor Robert	46	45m49	07-05	crac



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MASTERS HOMMES 60

Poids (5 kg)			RC : -		
1	Sustelo Antonio P.	38	9m22	13-04	rfcl
Disque (1 kg)			RC : 31m47		
1	Sustelo Antonio P.	38	30m65	13-04	rfcl
Disque (2 kg)			RC : 26m44		
1	Sustelo Antonio P.	38	22m24	08-06	aclo
Marteau (5 kg)			RC : 32m29		
1	Sustelo Antonio P.	38	29m98	07-05	cabw
Marteau (7,26 kg)			RC : 25m44		
1	Sustelo Antonio P.	38	24m96	05-04	cabw

MASTERS HOMMES 65

Poids (7,26 kg)			RC : -		
1	Sustelo Antonio P.	38	7m39	05-10	rfcl
Disque (2 kg)			RC : -		
1	Sustelo Antonio P.	38	21m44	05-10	rfcl
Javelot (800 gr)			RC : -		
1	Sustelo Antonio P.	38	24m22	11-10	smac
Marteau (7,26 kg)			RC : -		
1	Sustelo Antonio P.	38	24m94	04-10	rfcl