



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 1997

KANGOUROUS FILLES (1991 - 1990)

60 m		RC : 10.54			
1	Cincinatis Lucie	90	10.28	21-09	rsca
1000 m		RC : 4.25.90			
1	Hermant Kalila	90	4.57.60	22-06	resc
Longueur		RC : 2m97			
1	Cincinatis Lucie	90	3m31	19-10	resc
2	Hermant Kalila	90	2m62	02-05	resc
Balle de hockey		RC : 14m98			
1	Hermant Kalila	90	12m44	22-06	resc

BENJAMINS FILLES (1989 - 1988)

60 m		RC : 9.44			
1	De Buyl Salima	88	10.17	18-05	resc
2	De Meyer Laurence	88	10.34	20-04	resc
3	Sonon Aurore	88	10.61	28-09	vs
4	Pirard Andrea	88	10.84	18-05	resc
5	Decostere Phultje	89	11.00	05-10	resc
6	Verhoeven Aurelie	88	11.05	15-06	vs
7	De Cree Ella	88	11.14	05-10	resc
8	Carola Anais	88	11.51	15-08	vs
1000 m		RC : 3.54.29			
1	Sonon Aurore	88	3.58.54	28-09	vs
2	De Buyl Salima	88	3.59.40	25-05	resc
3	De Meyer Laurence	88	4.07.25	15-06	ws
4	Verhoeven Aurelie	88	4.15.40	25-05	resc
5	De Cree Ella	88	4.50.70	25-05	resc
6	Carola Anais	88	4.56.70	25-05	resc
7	Decostere Phultje	89	5.02.18	05-10	resc
Hauteur		RC : 1m17			
1	De Buyl Salima	88	1m05	21-09	rsca
2	Sonon Aurore	88	1m00	21-09	rsca
3	De Cree Ella	88	0m90	19-09	resc
	Decostere Phultje	89	0m90	19-09	resc
	Verhoeven Aurelie	88	0m90	19-09	resc
6	Carola Anais	88	0m85	01-05	rsca
	De Meyer Laurence	88	0m85	01-05	rsca
Longueur		RC : 3m57			
1	De Buyl Salima	88	3m40	02-05	resc
2	De Meyer Laurence	88	3m21	29-08	resc
3	De Cree Ella	88	3m20	20-04	resc
4	Sonon Aurore	88	3m13	20-04	resc
5	Verhoeven Aurelie	88	3m11	15-08	vs
6	Carola Anais	88	2m76	15-08	vs
Poids (1 kg)		RC : 8m46			
1	De Meyer Laurence	88	7m05	28-09	vs
2	Verhoeven Aurelie	88	6m56	27-06	resc
3	De Buyl Salima	88	5m80	25-05	resc
4	De Cree Ella	88	5m13	19-09	resc
5	Sonon Aurore	88	4m88	20-04	resc
6	Carola Anais	88	4m64	25-05	resc
7	Decostere Phultje	89	3m20	19-09	resc
Balle de hockey		RC : 28m96			
1	De Meyer Laurence	88	22m78	21-09	rsca
2	Verhoeven Aurelie	88	19m70	02-05	resc
3	De Buyl Salima	88	17m82	12-09	rcas
4	Carola Anais	88	16m48	18-05	resc
5	Sonon Aurore	88	15m56	30-08	rcas
6	De Cree Ella	88	11m34	18-05	resc



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Triathlon		RC : 1058 p			
1	De Meyer Laurence	88	770 p	06-09	dacm
2	De Buyl Salima	88	647 p	20-04	resc
3	Verhoeven Aurelie	88	529 p	20-04	resc
4	Sonon Aurore	88	522 p	30-08	rcas
5	De Cree Ella	88	495 p	20-04	resc
6	Carola Anais	88	325 p	20-04	resc

4 x 60 m		RC : 41.22			
Sonon, De Meyer, Cincinatis, De Buyl		42.34		21-09	rsca

PUPILLES FILLES (1987 - 1986)

60 m		RC : 8.74			
1	Huybrechts Isabelle	87	9.64	11-10	dacm
2	Riganello Adriana	87	9.74	11-10	dacm
3	Bodart Marie	87	9.93	18-05	resc
4	Graftiaux Chloe	87	10.14	26-04	ws
5	Urbain Fanny	87	10.21	05-10	resc
6	Gilson Anais	86	10.24	20-04	resc
7	Huybrechts Catherine	87	10.54	05-07	grim
8	De Buyl Myriam	87	10.64	20-04	resc
	Haddad Samira	86	10.64	20-04	resc
10	Bonus Helen	87	10.95	05-10	resc

1000 m		RC : 3.36.89			
1	Huybrechts Isabelle	87	3.52.10	12-07	dacm
2	Riganello Adriana	87	3.53.55	15-06	ws
3	Gilson Anais	86	3.58.93	25-05	resc
4	Urbain Fanny	87	3.59.90	06-09	dacm
5	Bodart Marie	87	4.16.60	30-08	dacm
6	Bonus Helen	87	4.30.31	05-10	resc
7	De Buyl Myriam	87	4.34.40	25-05	resc
8	Huybrechts Catherine	87	4.39.59	15-08	vs

60 m haies (76 cm)		RC : 11.04			
1	Huybrechts Isabelle	87	12.74	19-10	resc
2	Graftiaux Chloe	87	13.92	21-09	rsca
3	Gilson Anais	86	14.57	21-09	rsca
4	Bodart Marie	87	14.63	18-05	resc
5	Riganello Adriana	87	14.84	19-10	resc

Hauteur		RC : 1m30			
1	Huybrechts Isabelle	87	1m20	20-04	resc
2	Riganello Adriana	87	1m11	06-09	dacm
3	Graftiaux Chloe	87	1m10	26-04	ws
	Haddad Samira	86	1m10	20-04	resc
5	Gilson Anais	86	1m05	19-09	resc
6	Bodart Marie	87	1m00	19-09	resc
	De Buyl Myriam	87	1m00	21-09	rsca
8	Delaleu Carole	?	0m95	19-09	resc

Longueur		RC : 4m48			
1	Huybrechts Isabelle	87	3m93	27-07	vs
2	Riganello Adriana	87	3m67	22-06	resc
3	Gilson Anais	86	3m52	22-06	resc
4	Graftiaux Chloe	87	3m33	21-09	rsca
5	De Buyl Myriam	87	3m23	23-05	resc
6	Urbain Fanny	87	2m84	15-08	vs
7	Bodart Marie	87	2m64	18-05	resc

Poids (2 kg)		RC : 8m27			
1	Huybrechts Isabelle	87	6m62	30-08	rcas
2	Riganello Adriana	87	5m74	30-08	rcas
3	Urbain Fanny	87	5m70	06-09	dacm
4	Gilson Anais	86	4m27	02-05	resc
5	Graftiaux Chloe	87	4m14	02-05	resc
6	De Buyl Myriam	87	4m06	30-05	rcas
7	Bodart Marie	87	3m21	30-08	rcas



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Disque (600 gr)			RC : -		
1	Huybrechts Isabelle	87	18m76	19-10	resc
2	Riganello Adriana	87	12m72	11-10	dacm
3	Gilson Anais	86	11m98	19-10	resc
4	De Buyl Myriam	87	11m70	19-10	resc
5	Urbain Fanny	87	9m50	15-08	vs

Balle de hockey			RC : 33m74		
1	Huybrechts Isabelle	87	33m24	04-10	rcb
2	Riganello Adriana	87	18m92	19-09	resc
3	Delaleu Carole	?	18m06	19-09	resc
4	Gilson Anais	86	17m90	19-09	resc
5	Bodart Marie	87	15m62	19-09	resc
6	De Buyl Myriam	87	14m52	12-09	rcas
7	Huybrechts Catherine	87	12m76	05-07	grim

Tetrathlon			RC : -		
1	Huybrechts Isabelle	87	1519 p	06-09	dacm
2	Riganello Adriana	87	1256 p	06-09	dacm
3	Gilson Anais	86	1020 p	22-06	resc
4	Urbain Fanny	87	1007 p	06-09	dacm
5	Bodart Marie	87	653 p	30-08	rcas

4 x 60 m			RC : 35.70		
Urbain, Graftiaux, Riganello, Huybrechts			38.45	21-09	rsca

MINIMES FILLES (1985 - 1984)

80 m			RC : 10.64		
1	Kompany Christel	84	11.14	26-10	dacm
2	Gilson Adeline	84	11.95	28-09	vs
3	Brion Sophie	85	12.00	14-06	ws
4	El Boubsi Maryam	84	12.04	26-10	dacm
5	Martinez Belen	85	12.14	05-07	grim

150 m			RC : 20.44		
1	Kompany Christel	84	20.92	05-10	resc
2	Gilson Adeline	84	21.94	18-05	resc
3	Brion Sophie	85	22.27	18-05	resc
4	Martinez Belen	85	22.67	18-05	resc
5	Meeus Valerie	84	22.87	05-10	resc
6	El Boubsi Maryam	84	22.98	12-08	spvi

1000 m			RC : 3.25.05		
1	El Boubsi Maryam	84	3.29.05	15-08	vs
2	Kompany Christel	84	3.30.80	31-08	rcas
3	Martinez Belen	85	3.47.80	19-10	resc
4	Meeus Valerie	84	3.48.40	19-10	resc
5	Vaillant Fanny	84	3.51.48	21-09	rsca
6	Brion Sophie	85	4.00.85	18-05	resc
7	Marnef Aline	85	4.10.30	25-05	resc
8	Gilson Adeline	84	4.13.40	25-05	resc
9	Gabele Emilie	85	4.46.30	25-05	resc
10	Verhoeven Letitia	85	5.11.50	19-10	resc
11	Lachgar Saida	85	5.38.00	25-05	resc

60 m haies (76 cm)			RC : 10.05		
1	Kompany Christel	84	10.51	28-09	vs
2	Gilson Adeline	84	11.54	25-05	resc
3	Brion Sophie	85	12.54	25-05	resc
	El Boubsi Maryam	84	12.54	25-05	resc
	Martinez Belen	85	12.54	25-05	resc
6	Meeus Valerie	84	12.74	26-04	ws
7	Marnef Aline	85	12.84	25-05	resc

Hauteur			RC : 1m57		
1	Kompany Christel	84	1m45	21-09	rsca
2	Marnef Aline	85	1m35	21-09	rsca
3	El Boubsi Maryam	84	1m27	25-05	resc
4	Brion Sophie	85	1m25	21-07	?
	Hallems Julie	85	1m25	02-05	resc



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5	Meeus Valerie	84	1m18	25-05	resc
6	Martinez Belen	85	1m15	25-05	resc
7	Gabele Emilie	85	1m09	25-05	resc
8	Gilson Adeline	84	1m03	25-05	resc

Longueur

RC : 4m90

1	Kompany Christel	84	5m00	19-09	resc
2	Gilson Adeline	84	4m45	19-09	resc
3	Marnef Aline	85	4m24	21-09	rsca
4	El Boubsi Maryam	84	4m02	19-09	resc
5	Brion Sophie	85	3m89	19-07	mac
6	Meeus Valerie	84	3m79	05-10	resc
7	Hallems Julie	85	3m56	23-05	resc
8	Martinez Belen	85	3m25	23-05	resc
9	Gabele Emilie	85	2m91	25-05	resc
10	Verhoeven Letitia	85	2m56	19-09	resc
11	Lachgar Saida	85	2m53	25-05	resc

Poids (2 kg)

RC : 10m42

1	Kompany Christel	84	11m79	19-09	resc
2	Hallems Julie	85	9m21	03-06	acg
3	El Boubsi Maryam	84	9m02	31-08	rcas
4	Meeus Valerie	84	8m38	25-05	resc
5	Martinez Belen	85	7m54	02-05	resc
6	Marnef Aline	85	7m37	19-09	resc
7	Lachgar Saida	85	7m20	21-09	rsca
8	Gilson Adeline	84	7m15	25-05	resc
9	Verhoeven Letitia	85	6m70	19-09	resc
10	Brion Sophie	85	6m65	25-05	resc
11	Gabele Emilie	85	5m38	25-05	resc

Disque (600 gr)

RC : 31m80

1	Kompany Christel	84	31m36	31-08	rcas
2	Hallems Julie	85	23m38	21-09	rsca
3	El Boubsi Maryam	84	20m60	31-08	rcas
4	Gilson Adeline	84	18m12	27-10	rsca
5	Boogmans Sarah	84	18m00	18-05	resc
6	Brion Sophie	85	12m78	01-06	csf
7	Verhoeven Letitia	85	12m28	20-04	resc

Javelot (400 gr)

RC : 24m88

1	Hallems Julie	85	30m50	16-08	lebb
2	Kompany Christel	84	21m72	29-08	resc
3	El Boubsi Maryam	84	16m10	22-06	resc
4	Boogmans Sarah	84	15m48	23-05	resc
5	Brion Sophie	85	13m60	29-08	resc
6	Lachgar Saida	85	12m84	15-08	vs
7	Martinez Belen	85	8m88	23-05	resc

Pentathlon

RC : -

1	Kompany Christel	84	2897 p	06-09	dacm
2	El Boubsi Maryam	84	2183 p	31-08	rcas
3	Brion Sophie	85	1865 p	21-07	?
4	Marnef Aline	85	1803 p	25-05	resc
5	Gilson Adeline	84	1777 p	25-05	resc
6	Meeus Valerie	84	1764 p	25-05	resc
7	Martinez Belen	85	1653 p	02-05	resc
8	Gabele Emilie	85	764 p	25-05	resc
9	Lachgar Saida	85	391 p	02-05	resc

4 x 80 m

RC : 42.87

El Boubsi, Martinez, Meeus, Brion	47.82	26-04	ws
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CADETTES FILLES (1983 - 1982)

100 m

RC : 12.64

1	Giuliani Alexandra	82	13.17	18-05	resc
2	Cherpion Fiona	82	13.55	13-09	resc
3	De Cock Aline	82	13.93	18-05	resc
4	Pauly Benedicte	83	14.60	20-04	resc
5	Kill Françoise	83	14.81	08-05	ws



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200 m		RC : 26.14				
1	Giuliani Alexandra	82	26.86	18-05	resc	
2	De Cock Aline	82	28.43	05-10	resc	
300 m		RC : 42.65				
1	Giuliani Alexandra	82	44.34	01-05	rsc	
2	Ruyssinck Kelly	83	50.11	01-05	rsc	
400 m		RC : 57.61				
1	Giuliani Alexandra	82	66.02	16-08	cabw	
2	Cherpion Fiona	82	67.97	13-09	resc	
3	Pauly Benedicte	83	68.52	20-04	resc	
4	Ruyssinck Kelly	83	70.07	24-05	aclo	
800 m		RC : 2.22.80				
1	Dewitte Caroline	82	2.30.17	06-06	duff	
2	Pauly Benedicte	83	2.34.09	18-05	resc	
3	Ruyssinck Kelly	83	2.49.78	18-05	resc	
1000 m		RC : 3.12.94				
1	Dewitte Caroline	82	3.12.93	11-07	rcg	
1500 m		RC : 5.02.54				
1	Dewitte Caroline	82	5.21.13	13-09	resc	
80 m haies (76 cm)		RC : 11.95				
1	Giuliani Alexandra	82	12.54	26-04	ws	
2	Kill Françoise	83	13.73	05-10	resc	
300 m haies (76 cm)		RC : 45.51				
1	Giuliani Alexandra	82	49.42	13-09	resc	
Hauteur		RC : 1m68				
1	Dewitte Caroline	82	1m20	08-05	ws	
Longueur		RC : 5m74				
1	De Cock Aline	82	4m90	26-10	dacm	
2	Giuliani Alexandra	82	4m76	20-04	resc	
Triple saut		RC : 10m88				
1	Mambo Myota Phaela	83	9m44	13-09	resc	
2	Pauly Benedicte	83	8m86	18-05	resc	
Poids (3 kg)		RC : 11m74				
1	Kill Françoise	83	8m75	18-05	resc	
2	Pauly Benedicte	83	8m37	18-05	resc	
3	Ruyssinck Kelly	83	7m88	08-05	ws	
Disque (1 kg)		RC : 37m60				
1	Kill Françoise	83	27m60	13-09	resc	
Javelot (500 gr)		RC : 32m82				
1	Pauly Benedicte	83	26m46	13-09	resc	
4 x 100 m		RC : 50.59				
Dewitte, Giuliani, Cherpion, De Cock			53.94	13-09	resc	

SCOLAIRES FEMMES (1981 - 1980)

100 m		RC : 12.41				
1	Leplat Severine	81	12.74	18-05	resc	
2	Guillet Laurence	80	12.85	18-05	resc	
3	Leplat Anabelle	81	13.02	26-07	vs	
4	Bonvin Draps Nathalie	80	13.07	11-07	rcg	
5	Gilson Aurore	81	13.32	28-06	ws	
6	Keita Aissa	81	13.40	18-05	resc	
7	Savelsberg Julie	80	14.82	05-10	resc	
8	Silverans Veerle	81	15.41	08-05	ws	
9	Silverans Els	80	15.64	08-05	ws	



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10	Lillywhite Nancy	80	15.73	08-05	ws
200 m		RC : 25.34			
1	Leplat Anabelle	81	25.84	05-10	herv
2	Leplat Severine	81	26.39	12-07	rsca
3	Bonvin Draps Nathalie	80	27.07	21-08	vs
4	Guillet Laurence	80	27.34	04-05	acw
5	Gilson Aurore	81	28.12	28-06	ws
6	Keita Aissa	81	28.59	28-06	ws
7	Kisir Ikkal	80	30.44	27-04	riwa
300 m		RC : 41.29			
1	Leplat Anabelle	81	42.83	21-07	olse
2	Bonvin Draps Nathalie	80	44.32	21-07	olse
400 m		RC : 57.32			
1	Leplat Severine	81	58.04	16-08	cabw
2	Leplat Anabelle	81	61.63	12-07	rsca
3	Bonvin Draps Nathalie	80	66.12	12-07	rsca
4	Kisir Ikkal	80	67.37	26-04	ws
5	Gilson Aurore	81	68.05	26-04	ws
800 m		RC : 2.15.60			
1	Cawet Daphne	80	2.20.30	27-04	riwa
2	Dewitte Valerie	80	2.34.21	03-09	csf
3	Delbecque Laure	80	2.39.36	13-09	resc
4	Kisir Ikkal	80	2.40.95	08-05	ws
1000 m		RC : 3.10.60			
1	Cawet Daphne	80	3.05.42	27-09	csdy
2	Dewitte Valerie	80	3.22.34	21-07	dac
1500 m		RC : 4.54.30			
1	Cawet Daphne	80	4.50.73	05-10	herv
3000 m		RC : 10.48.10			
1	Cawet Daphne	80	10.43.20	18-10	ws
2	Dewitte Valerie	80	11.42.07	13-09	resc
100 m haies (76 cm)		RC : 13.92			
1	Guillet Laurence	80	14.90	05-10	herv
2	Leplat Anabelle	81	15.46	24-05	aclo
100 m haies (84 cm)		RC : 14.16			
1	Guillet Laurence	80	15.70	16-08	cabw
2	Van Zeebroeck Griet	80	17.91	04-05	acw
300 m haies (76 cm)		RC : 43.97			
1	Leplat Severine	81	45.81	18-05	resc
2	Leplat Anabelle	81	46.14	13-09	resc
3	Van Zeebroeck Griet	80	48.85	27-04	riwa
4	Kisir Ikkal	80	51.21	08-05	ws
Hauteur		RC : 1m68			
1	Van Zeebroeck Griet	80	1m35	27-04	riwa
2	Gilson Aurore	81	1m20	13-09	resc
	Silverans Veerle	81	1m20	08-05	ws
Longueur		RC : 6m08			
1	Bonvin Draps Nathalie	80	4m77	13-09	resc
Triple saut		RC : 10m88			
1	Kisir Ikkal	80	10m00	18-05	resc
Perche		RC : 3m36			
1	Van Zeebroeck Griet	80	3m05	18-05	resc
Poids (3 kg)		RC : 12m20			
1	Reynaerts Stephanie	80	12m64	03-08	acme
2	Vandenbrande Nathalie	81	11m62	27-04	riwa



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Poids (4 kg)			RC : 11m25		
1	Reynaerts Stephanie	80	10m11	04-05	ws

Disque (1 kg)			RC : 38m44		
1	Vandenbrande Nathalie	81	38m00	07-06	crac
2	Van Remoortel Anouchka	80	25m20	24-05	aclo
3	Reynaerts Stephanie	80	21m72	27-09	usbw
4	Gilson Aurore	81	17m08	13-09	resc

Javelot (600 gr)			RC : 37m36		
1	Reynaerts Stephanie	80	35m34	27-09	usbw

4 x 100 m			RC : 49.65		
Bonvin Draps, Guillet, Leplat, Leplat			48.97	21-09	rfcl

4 x 800 m			RC : 10.17.08		
Dewitte, Dewitte, Delbecque, Cawet			10.14.59	21-09	rfcl

JUNIORS FEMMES (1979 - 1978)

100 m			RC : 12.11		
1	Adam Benedicte	78	12.76	21-07	olse
2	De Maeyer Aurelie	79	13.50	26-07	vs

200 m			RC : 24.65		
1	Adam Benedicte	78	26.20	21-08	vs
2	De Maeyer Aurelie	79	27.98	02-08	vita

300 m			RC : 41.29		
1	Adam Benedicte	78	42.39	21-07	olse
2	De Maeyer Aurelie	79	44.82	16-06	acw

400 m			RC : 57.32		
1	Adam Benedicte	78	57.82	04-05	acw

Longueur			RC : 6m08		
1	Adam Benedicte	78	4m87	20-04	resc
2	De Maeyer Aurelie	79	4m85	30-08	looi

Javelot (600 gr)			RC : 41m94		
1	Adam Benedicte	78	37m50	27-04	riwa

4 x 400 m			RC : -		
Van Zeebroeck, Cawet, Kisir, Adam			4.11.60	04-05	acw

ESPOIRS FEMMES (1977 - 1976 - 1975)

1000 m			RC : 2.52.74		
1	Potvlieghe An	75	3.22.18	21-07	dac

1500 m			RC : 4.29.00		
1	Potvlieghe An	75	5.16.26	04-05	acw
2	Vandenmuisenberg Sabine	75	5.19.40	04-05	acw

SENIORS FEMMES (1977 - 1963)

100 m			RC : 11.84		
1	Casimir Amida	64	12.55	16-08	cabw

200 m			RC : 24.03		
1	Casimir Amida	64	25.74	21-08	vs

300 m			RC : 41.09		
1	Casimir Amida	64	41.71	05-10	resc

400 m			RC : 57.02		
1	Casimir Amida	64	63.72	04-05	acw



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 1997

1000 m		RC : 2.43.67			
1	Potvlieghe An	75	3.22.18	21-07	dac
1500 m		RC : 4.12.85			
1	Potvlieghe An	75	5.16.26	04-05	acw
2	Vandenmuisenberg Sabine	75	5.19.40	04-05	acw
Hauteur		RC : 1m95			
1	Carpentier Nathalie	71	1m40	04-05	acw
Longueur		RC : 6m28			
1	Carpentier Nathalie	71	4m77	04-05	acw
2	Casimir Amida	64	4m07	28-09	riwa
Triple saut		RC : 12m66			
1	Van Collie Heidi	69	11m57	25-06	cabw
Poids (4 kg)		RC : 13m12			
1	De Buyst Nadia	73	8m90	04-05	acw
Disque (1 kg)		RC : 46m94			
1	De Buyst Nadia	73	33m14	20-04	resc
2	Vanden Berghen Sylvie	71	23m88	04-05	acw
Javelot (600 gr)		RC : 43m52			
1	De Buyst Nadia	73	24m38	27-04	riwa
2	Casimir Amida	64	12m52	28-09	riwa
4 x 100 m		RC : 46.95			
Gilson, Adam, De Maeyer , Casimir			49.97	21-09	rfcl
4 x 200 m		RC : 1.40.73			
Keita, De Maeyer, Adam, Casimir			1.47.69	21-09	rfcl

KANGOUROUS GARCONS (1991 - 1990)

60 m		RC : 10.54			
1	Honore Joffrey	90	11.04	20-04	resc
1000 m		RC : 4.12.90			
1	Bastin Michael	90	5.10.00	22-06	resc
2	Honore Joffrey	90	5.12.95	20-04	resc
Hauteur		RC : 0m90			
1	Honore Joffrey	90	0m90	29-08	resc
Poids (1 kg)		RC : 7m40			
1	Dogan Mervan	90	4m81	23-05	resc
2	Honore Joffrey	90	3m60	29-08	resc
Balle de hockey		RC : 24m58			
1	Honore Joffrey	90	15m16	20-04	resc
2	Dogan Mervan	90	14m66	23-05	resc
Triathlon		RC : 715 p			
1	Honore Joffrey	90	216 p	20-04	resc

BENJAMINS GARCONS (1989 - 1988)

60 m		RC : 9.20			
1	Hermann Gilles	88	9.84	26-09	rcas
2	Gerard Benjamin	88	10.14	20-04	resc
3	Foucart Adrien	88	10.19	05-10	resc
4	Pauly Cedric	89	10.33	18-05	resc
5	Hautot Quentin	89	10.64	31-05	ws
6	Vanden Wijngaert Pierre	88	10.65	01-05	rsca
7	Broche Jimmy	89	10.91	18-05	resc
8	Douglas Harold	89	11.13	02-05	resc
9	Lepage Alexandre	88	11.28	28-09	vs



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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10	Heymans Arnaud	88	11.35	05-10	resc
11	Kremer Julien	89	11.45	05-10	resc

1000 m RC : 3.32.40

1	Hasselmanns Jerome	88	3.44.57	21-09	rsca
2	Pauly Cedric	89	4.08.20	25-05	resc
3	Hermann Gilles	88	4.12.92	15-06	ws
4	Hautot Quentin	89	4.14.96	05-10	resc
5	Gerard Benjamin	88	4.16.00	25-05	resc
6	Foucart Adrien	88	4.19.68	05-10	resc
7	Douglas Harold	89	4.26.85	02-05	resc
8	Bissot Antoine	89	4.29.60	25-05	resc
9	Kremer Julien	89	4.31.05	05-10	resc
10	Heymans Arnaud	88	4.31.26	05-10	resc
11	Broche Jimmy	89	4.34.20	25-05	resc

Hauteur RC : 1m23

1	Hasselmanns Jerome	88	1m10	21-09	rsca
2	Foucart Adrien	88	1m07	06-09	dacm
3	Gerard Benjamin	88	1m05	26-09	rcas
4	Hermann Gilles	88	1m00	26-09	rcas
	Pauly Cedric	89	1m00	22-06	resc
6	Hautot Quentin	89	0m98	06-09	dacm
7	Douglas Harold	89	0m95	02-05	resc
8	Kremer Julien	89	0m80	22-06	resc

Longueur RC : 3m80

1	Gerard Benjamin	88	3m68	19-09	resc
2	Hermann Gilles	88	3m48	15-08	vs
3	Pauly Cedric	89	3m30	19-09	resc
	Hautot Quentin	89	3m30	19-10	resc
	Vanden Wijngaert Pierre	88	3m30	19-09	resc
6	Hasselmanns Jerome	88	3m24	19-09	resc
7	Foucart Adrien	88	3m18	19-09	resc
8	Kremer Julien	89	3m00	19-10	resc

Poids (1 kg) RC : 10m42

1	Gerard Benjamin	88	8m90	11-10	dacm
2	Hermann Gilles	88	6m58	29-08	resc
3	Hasselmanns Jerome	88	6m47	02-05	resc
4	Hautot Quentin	89	6m31	29-08	resc
5	Douglas Harold	89	6m14	02-05	resc
6	Pauly Cedric	89	5m88	25-05	resc
7	Vanden Wijngaert Pierre	88	5m47	23-05	resc
8	Broche Jimmy	89	5m10	25-05	resc
9	Heymans Arnaud	88	5m07	21-09	rsca
10	Bissot Antoine	89	4m08	25-05	resc
11	Kremer Julien	89	3m61	26-04	ws

Balle de hockey RC : 36m22

1	Gerard Benjamin	88	32m78	27-09	usbw
2	Hasselmanns Jerome	88	30m54	02-08	hco
3	Foucart Adrien	88	25m50	06-09	dacm
4	Pauly Cedric	89	24m64	19-09	resc
5	Douglas Harold	89	23m58	23-05	resc
6	Hermann Gilles	88	20m24	06-09	dacm
7	Vanden Wijngaert Pierre	88	18m46	19-09	resc
8	Hautot Quentin	89	17m86	19-09	resc
9	Heymans Arnaud	88	15m34	21-09	rsca
10	Kremer Julien	89	9m40	20-04	resc

Triathlon RC : 1247 p

1	Gerard Benjamin	88	1084 p	11-10	dacm
2	Hermann Gilles	88	734 p	30-08	rcas
3	Foucart Adrien	88	683 p	06-09	dacm
4	Hautot Quentin	89	632 p	30-08	rcas
5	Vanden Wijngaert Pierre	88	340 p	20-04	resc
6	Kremer Julien	89	145 p	20-04	resc

4 x 60 m RC : 37.73

Gerard, Hautot, Foucart, Hermann	39.16	05-10	resc
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ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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PUPILLES GARCONS (1987 - 1986)

60 m		RC : 8.44			
1	Coomans Werner	86	8.84	26-10	dacm
2	Sonon Lionel	87	9.17	01-05	rsca
3	Onekanda Jean Michel	86	9.22	14-06	ws
4	De Wilde Julien	86	9.32	04-10	rcb
5	Mertens Tom	86	9.40	01-05	rsca
6	Bontemps Richard	86	9.44	26-10	csf
	Vaillant Thibaud	87	9.44	06-09	dacm
8	Mwaso Yvan	86	9.64	06-09	dacm
9	Wauters Maxime	87	9.79	01-05	rsca
10	Van Nieuwenburgh Victor	87	9.86	18-05	resc
11	Crevecoeur Ambroise	86	9.89	18-05	resc
12	Browaey David	86	9.94	11-10	dacm
13	Pauly Gauthier	86	9.99	18-05	resc
14	De Decker Mathieu	87	10.04	20-04	resc
	Guarneri Renato	87	10.04	12-07	dacm
16	Vanderweerden Sebastien	87	10.11	14-06	ws
17	Franco Marc	86	10.24	12-07	dacm
	Vandenbroucke Alexis	86	10.24	22-06	resc
19	Verstraeten Cedric	86	10.44	06-09	dacm
20	De Ruyver Julien	86	10.47	05-11	resc
21	Gerard Jeremy	87	10.72	05-10	resc
22	Lepage Nicolas	86	10.94	20-04	resc
	Miller Benoit	87	10.94	06-09	dacm
24	Leyman Jeremy	87	11.04	20-04	resc
25	Bienfait Julien	87	11.08	05-10	resc

1000 m		RC : 3.19.32			
1	Crevecoeur Ambroise	86	3.23.88	21-09	rsca
2	Bontemps Richard	86	3.25.80	26-10	csf
3	Vaillant Thibaud	87	3.32.50	25-05	resc
4	Mertens Tom	86	3.34.00	11-10	dacm
5	Sonon Lionel	87	3.38.00	25-05	resc
6	Wauters Maxime	87	3.39.00	19-07	mac
7	Pauly Gauthier	86	3.44.90	25-05	resc
8	Coomans Werner	86	3.47.40	25-05	resc
9	De Wilde Julien	86	3.52.30	25-05	resc
10	Miller Benoit	87	3.57.20	25-05	resc
11	Van Nieuwenburgh Victor	87	3.57.91	15-06	ws
12	Franco Marc	86	3.58.40	18-04	dacm
13	Meeus Guillaume	87	3.58.80	25-05	resc
14	Verstraeten Cedric	86	3.58.95	28-09	vs
15	Vanderweerden Sebastien	87	3.59.00	25-05	resc
16	Onekanda Jean Michel	86	4.04.10	22-06	resc
17	Gerard Jeremy	87	4.08.86	05-10	resc
18	Leyman Jeremy	87	4.11.30	25-05	resc
19	Guarneri Renato	87	4.12.00	12-07	dacm
20	Mwaso Yvan	86	4.16.10	30-08	rcas
21	Browaey David	86	4.17.02	05-10	resc
22	Bienfait Julien	87	4.17.70	05-07	grim
23	Leclercq Damien	87	4.21.70	25-05	resc
24	Vandenbroucke Alexis	86	4.36.00	22-06	resc

60 m haies (76 cm)		RC : 10.24			
1	Coomans Werner	86	12.24	19-10	resc
2	De Wilde Julien	86	12.34	19-10	resc
3	Mwaso Yvan	86	12.51	04-10	rcb
4	Mertens Tom	86	13.04	19-10	resc
5	De Ruyver Julien	86	13.13	01-05	rsca
6	Wauters Maxime	87	13.31	01-05	rsca
7	Verstraeten Cedric	86	13.45	28-09	vs
8	Sonon Lionel	87	13.65	18-05	resc
9	Vanderweerden Sebastien	87	13.83	18-05	resc
10	Van Nieuwenburgh Victor	87	13.84	19-10	resc
11	Crevecoeur Ambroise	86	13.86	18-05	resc
12	Browaey David	86	14.14	19-10	resc
13	Guarneri Renato	87	14.27	18-05	resc
14	Lepage Nicolas	86	14.92	28-09	vs
15	Pauly Gauthier	86	14.93	18-05	resc



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16	Leyman Jeremy	87	15.64	19-10	resc
17	Bienfait Julien	87	15.86	18-05	resc

Hauteur		RC : 1m48			
1	Coomans Werner	86	1m36	21-09	rsca
	Mertens Tom	86	1m36	21-09	rsca
3	De Wilde Julien	86	1m25	18-04	dacm
4	Browaey David	86	1m16	11-10	dacm
5	Mwaso Yvan	86	1m14	22-06	resc
6	Sonon Lionel	87	1m10	28-09	vs
	Vanderweerden Sebastien	87	1m10	23-05	resc
8	Gerard Jeremy	87	1m05	17-08	huy
	Guarneri Renato	87	1m05	23-05	resc
	Vandenbroucke Alexis	86	1m05	22-06	resc
	Van Nieuwenburgh Victor	87	1m05	22-06	resc
	Wauters Maxime	87	1m05	19-07	mac
13	Crevecoeur Ambroise	86	1m02	22-06	resc
14	Franco Marc	86	1m00	23-05	resc
	Miller Benoit	87	1m00	23-05	resc
16	Leyman Jeremy	87	0m96	22-06	resc
17	Onekanda Jean Michel	86	0m93	22-06	resc

Longueur		RC : 4m66			
1	De Wilde Julien	86	4m33	04-10	rcb
2	Coomans Werner	86	4m24	04-10	rcb
3	Mertens Tom	86	4m12	15-08	vs
4	Vaillant Thibaud	87	3m88	25-05	resc
5	Browaey David	86	3m59	06-09	dacm
	Sonon Lionel	87	3m59	21-09	rsca
7	Guarneri Renato	87	3m58	28-09	vs
8	Mwaso Yvan	86	3m45	06-09	dacm
9	Crevecoeur Ambroise	86	3m44	26-04	resc
10	Pauly Gauthier	86	3m43	23-05	resc
11	Franco Marc	86	3m41	28-09	vs
12	Vanderweerden Sebastien	87	3m37	25-05	resc
13	Meeus Guillaume	87	3m34	25-05	resc
	Verstraeten Cedric	86	3m34	06-09	dacm
15	Miller Benoit	87	3m26	25-05	resc
16	Bontemps Richard	86	3m25	21-09	avt
17	Wauters Maxime	87	3m14	25-05	resc
18	Leyman Jeremy	87	3m05	25-05	resc
19	Gerard Jeremy	87	3m00	25-05	resc
20	Leclercq Damien	87	2m91	25-05	resc
21	Bienfait Julien	87	2m83	25-05	resc

Poids (2 kg)		RC : 11m71			
1	Mertens Tom	86	9m90	17-05	mac
2	Bontemps Richard	86	9m38	06-09	lace
3	Guarneri Renato	87	8m92	04-10	rcb
4	Gerard Jeremy	87	8m86	27-09	usbw
5	De Wilde Julien	86	8m82	27-09	usbw
6	Browaey David	86	8m63	04-10	rcb
7	Coomans Werner	86	8m40	26-10	dacm
8	De Ruyver Julien	86	7m73	02-05	resc
9	Vanderweerden Sebastien	87	6m93	26-10	csf
10	Verstraeten Cedric	86	6m38	02-05	resc
11	Mwaso Yvan	86	6m37	30-08	rcas
12	Franco Marc	86	6m35	02-05	resc
	Sonon Lionel	87	6m35	29-08	resc
14	Vaillant Thibaud	87	5m73	23-05	resc
15	Crevecoeur Ambroise	86	5m23	02-05	resc
16	Pauly Gauthier	86	5m06	29-08	resc
17	Leyman Jeremy	87	4m82	23-05	resc
18	Miller Benoit	87	4m44	23-05	resc
19	Bienfait Julien	87	4m43	05-07	grim
20	Leclercq Damien	87	3m79	02-05	resc

Disque (600 gr)		RC : -			
1	De Wilde Julien	86	25m10	19-10	resc
2	Mertens Tom	86	22m92	04-10	rcb
3	Coomans Werner	86	21m28	20-04	resc
4	Guarneri Renato	87	19m18	18-05	resc



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5	Bontemps Richard	86	18m66	19-09	resc
6	Vanderweerden Sebastien	87	18m32	19-09	resc
7	De Ruyver Julien	86	17m60	20-04	resc
8	Vaillant Thibaud	87	15m74	19-09	resc
9	Franco Marc	86	15m68	18-05	resc
10	Gerard Jeremy	87	14m34	19-10	resc
11	Mwaso Yvan	86	14m20	20-04	resc
12	Sonon Lionel	87	14m18	19-09	resc
13	Browaey David	86	13m88	19-09	resc
14	Miller Benoit	87	13m26	19-09	resc
15	Leyman Jeremy	87	12m84	19-09	resc
16	Crevecoeur Ambroise	86	12m74	18-05	resc
17	Verstraeten Cedric	86	12m28	06-09	dacm
18	Bienfait Julien	87	7m30	20-04	resc
19	De Decker Mathieu	87	7m20	20-04	resc

Balle de hockey

RC : 44m86

1	Guarneri Renato	87	39m56	04-10	rcb
2	Browaey David	86	37m02	04-10	rcb
3	Mertens Tom	86	33m12	22-06	resc
4	De Ruyver Julien	86	32m50	19-09	resc
5	Miller Benoit	87	30m84	19-09	resc
6	Verstraeten Cedric	86	30m02	02-05	resc
7	Franco Marc	86	29m38	12-07	dacm
8	Gerard Jeremy	87	29m30	12-09	cas
9	Vandenbroucke Alexis	86	29m18	22-06	resc
10	Sonon Lionel	87	28m90	19-09	resc
11	De Wilde Julien	86	28m84	19-09	resc
12	Coomans Werner	86	28m66	26-04	ws
13	Onekanda Jean Michel	86	27m02	22-06	resc
14	Wauters Maxime	87	26m16	19-07	mac
15	Crevecoeur Ambroise	86	24m90	02-05	resc
16	Bontemps Richard	86	24m40	19-09	resc
17	Leyman Jeremy	87	23m90	02-05	resc
18	Vanderweerden Sebastien	87	22m98	02-05	resc
19	Mwaso Yvan	86	22m28	22-06	resc
20	Vaillant Thibaud	87	22m00	19-09	resc
21	Bienfait Julien	87	19m80	22-06	resc
22	Pauly Gauthier	86	19m26	19-09	resc
23	Leclercq Damien	87	16m34	02-05	resc

Tetrathlon

RC : -

1	Coomans Werner	86	2023 p	26-10	rsca
2	Mertens Tom	86	1999 p	11-10	dacm
3	De Wilde Julien	86	1785 p	26-10	dacm
4	Vaillant Thibaud	87	1554 p	06-09	dacm
5	Sonon Lionel	87	1511 p	22-06	resc
6	Wauters Maxime	87	1388 p	19-07	mac
7	Browaey David	86	1378 p	11-10	dacm
8	Crevecoeur Ambroise	86	1360 p	22-06	resc
9	Mwaso Yvan	86	1218 p	22-06	resc
10	Guarneri Renato	87	1180 p	22-06	resc
11	Onekanda Jean Michel	86	1136 p	22-06	resc
12	Vandenbroucke Alexis	86	1053 p	22-06	resc
13	Verstraeten Cedric	86	1024 p	06-09	dacm
14	Van Nieuwenburgh Victor	87	998 p	22-06	resc
15	Franco Marc	86	995 p	06-09	dacm
16	Gerard Jeremy	87	954 p	11-10	dacm
17	Miller Benoit	87	868 p	06-09	dacm
18	Leyman Jeremy	87	748 p	22-06	resc
19	Bienfait Julien	87	488 p	22-06	resc

4 x 60 m

RC : 33.25

Coomans, Sonon, Mwaso, De Wilde	35.90	21-09	rsca
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MINIMES GARCONS (1985 - 1984)

80 m		RC : 9.96			
1	Ba Gabriel	84	10.77	28-09	vs
2	Kill Michel	84	11.44	26-10	dacm
3	Vaessen Fabian	84	11.46	21-09	rsca
4	Mertens Ken	84	11.54	05-07	grim
5	Pire Alexandre	84	11.64	06-09	dacm
6	Savelsberg Michael	84	11.82	15-08	vs
7	Haymans Thomas	85	12.09	01-06	csf
8	Leyman David	85	12.15	15-08	vs
9	Droesbeke Sebastien	85	12.28	15-08	vs
10	Guarneri Salvatore	84	12.34	12-07	dacm
11	Huybrechts Xavier	85	12.64	04-10	rcb
	Sorel Renaud	84	12.64	26-10	dacm
13	Dewitte Sebastien	85	12.94	06-09	dacm
14	Bontemps Reno	84	13.34	26-10	csf

150 m		RC : 18.54			
1	Ba Gabriel	84	19.92	05-10	resc
2	Pire Alexandre	84	20.92	05-10	resc
3	Brame Lucas	85	21.04	05-10	resc
4	Kill Michel	84	21.61	18-05	resc
5	Savelsberg Michael	84	22.12	15-08	vs
6	Leyman David	85	22.23	18-05	resc
7	Droesbeke Sebastien	85	23.01	18-05	resc
8	Guarneri Salvatore	84	23.08	18-05	resc
9	Haymans Thomas	85	23.11	05-10	resc
10	Fabre Xavier	85	23.24	18-05	resc
11	Mertens Ken	84	23.61	15-08	vs
12	Dewitte Sebastien	85	23.94	20-04	resc
13	Sorel Renaud	84	24.04	18-05	resc
14	Garfinkiel Youri	85	25.10	18-05	resc
15	Huybrechts Xavier	85	25.75	01-05	rsca
16	Bontemps Reno	84	26.04	06-09	lace

300 m		RC : -			
1	Mertens Ken	84	49.85	28-09	vs

1000 m		RC : 3.09.30			
1	Simons Gregory	84	3.08.60	26-10	csf
2	Dewitte Sebastien	85	3.21.36	15-06	ws
3	Haymans Thomas	85	3.21.94	21-09	rsca
4	Mertens Ken	84	3.26.00	06-09	dacm
	Pire Alexandre	84	3.26.00	06-09	dacm
6	Leyman David	85	3.29.00	19-10	resc
7	Sorel Renaud	84	3.36.90	26-10	dacm
8	Kill Michel	84	3.38.10	26-10	dacm
9	Ba Gabriel	84	3.43.00	06-09	dacm
10	Huybrechts Xavier	85	3.45.60	12-07	dacm
11	Guarneri Salvatore	84	4.02.33	18-05	resc
12	Bontemps Reno	84	4.27.10	12-09	resc

80 m haies (84 cm)		RC : 12.00			
1	Kill Michel	84	14.35	28-09	vs
2	Leyman David	85	15.74	19-10	resc
3	Huybrechts Xavier	85	16.14	19-10	resc
4	Pire Alexandre	84	16.44	25-05	resc
5	Sorel Renaud	84	16.64	19-10	resc
6	Guarneri Salvatore	84	17.24	25-05	resc
7	Haymans Thomas	85	17.44	01-06	csf
8	Mertens Ken	84	17.54	19-10	resc
9	Dewitte Sebastien	85	17.84	26-04	ws

Hauteur		RC : 1m65			
1	Kill Michel	84	1m43	26-10	dacm
2	Pire Alexandre	84	1m30	21-09	rsca
3	Mertens Ken	84	1m28	26-10	dacm
	Sorel Renaud	84	1m28	25-05	resc
5	Huybrechts Xavier	85	1m25	28-09	vs
6	Guarneri Salvatore	84	1m22	25-05	resc



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	Leyman David	85	1m22	25-05	resc
8	Simons Gregory	84	1m20	28-09	vs
9	Dewitte Sebastien	85	1m19	25-05	resc

Longueur		RC : 5m73			
1	Kill Michel	84	4m82	23-05	resc
2	Ba Gabriel	84	4m47	21-09	rsca
3	Haymans Thomas	85	4m46	23-05	resc
4	Brame Lucas	85	4m32	05-10	resc
5	Leyman David	85	4m29	23-05	resc
6	Vaessen Fabian	84	4m24	19-09	resc
7	Mertens Ken	84	4m23	19-09	resc
8	Guarneri Salvatore	84	4m19	23-05	resc
9	Pire Alexandre	84	4m16	06-09	dacm
10	Sorel Renaud	84	4m03	06-09	dacm
11	Savelsberg Michael	84	4m01	19-09	resc
12	Fabre Xavier	85	3m96	19-09	resc
13	Simons Gregory	84	3m92	19-09	resc
14	Dewitte Sebastien	85	3m71	25-05	resc
15	Droesbeke Sebastien	85	3m67	19-09	resc
	Huybrechts Xavier	85	3m67	06-09	dacm

Perche		RC : 2m90			
1	Kill Michel	84	1m90	23-05	resc
2	Guarneri Salvatore	84	1m80	29-08	resc
	Huybrechts Xavier	85	1m80	28-09	vs

Poids (3 kg)		RC : 13m18			
1	Guarneri Salvatore	84	9m13	21-09	rsca
2	Droesbeke Sebastien	85	8m18	15-08	vs
3	Bontemps Reno	84	8m00	26-10	csf
4	Mertens Ken	84	7m53	28-09	vs
5	Kill Michel	84	7m51	20-04	resc
6	Leyman David	85	6m63	20-04	resc
7	Huybrechts Xavier	85	6m62	31-08	rcas
8	Pire Alexandre	84	6m30	31-08	rcas
9	Fabre Xavier	85	5m74	20-04	resc
10	Sorel Renaud	84	5m64	20-04	resc
11	Dewitte Sebastien	85	5m27	20-04	resc

Disque (1 kg)		RC : 31m60			
1	Guarneri Salvatore	84	24m02	21-09	rsca
2	Kill Michel	84	22m72	26-10	dacm
3	Sorel Renaud	84	19m22	26-10	dacm
4	Mertens Ken	84	18m88	06-09	dacm
5	Pire Alexandre	84	15m76	31-08	rcas
6	Leyman David	85	15m08	19-09	resc
7	Brolet Mathieu	84	14m96	02-05	resc
8	Droesbeke Sebastien	85	14m74	19-09	resc
9	Dewitte Sebastien	85	14m36	06-09	dacm
10	Huybrechts Xavier	85	13m40	31-08	rcas
11	Brolet Benjamin	84	12m78	02-05	resc
12	Ba Gabriel	84	12m46	06-09	dacm
13	Fabre Xavier	85	11m82	19-09	resc
14	Garfinkiel Youri	85	11m28	02-05	resc

Javelot (400 gr)		RC : 36m80			
1	Guarneri Salvatore	84	28m54	04-10	rcb
2	Kill Michel	84	28m22	02-05	resc
3	Sorel Renaud	84	24m98	29-08	resc
4	Mertens Ken	84	21m34	05-07	grim
5	Leyman David	85	21m20	25-05	resc
6	Droesbeke Sebastien	85	19m98	02-05	resc
7	Brolet Benjamin	84	18m86	02-05	resc
8	Huybrechts Xavier	85	17m68	28-09	vs
9	Pire Alexandre	84	16m58	29-08	resc
10	Dewitte Sebastien	85	15m92	29-08	resc
11	Garfinkiel Youri	85	14m92	02-05	resc



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Pentathlon		RC : -			
1	Kill Michel	84	2637 p	26-10	dacm
2	Mertens Ken	84	2229 p	21-07	vs
3	Leyman David	85	2019 p	25-05	resc
4	Pire Alexandre	84	1948 p	25-05	resc
5	Sorel Renaud	84	1944 p	26-10	dacm
6	Guarneri Salvatore	84	1872 p	25-05	resc
7	Ba Gabriel	84	1855 p	06-09	dacm
8	Dewitte Sebastien	85	1718 p	25-05	resc
9	Huybrechts Xavier	85	1473 p	29-06	csf

4 x 80 m		RC : 41.24		
Ba, Mertens, Kill, Haymans		45.67	05-10	resc

CADETS GARCONS (1983 - 1982)

100 m		RC : 11.39			
1	Schepens Cedric	82	12.13	25-10	rcb
2	Guillet Lionel	82	12.27	25-10	rcb
3	De Bot Michael	82	12.34	06-09	ob
4	Tollenaers David	83	12.79	16-08	cabw
5	Smeyers Julien	83	12.82	25-10	rcb
6	Broothaerts Damien	83	12.90	16-08	cabw
7	De Ruyver Laurent	82	13.13	26-04	ws
8	Foucart François	82	13.54	30-08	rcas
9	Franco Christian	82	14.04	26-04	ws
	Xhonneux Frederic	83	14.04	30-08	rcas
11	Vervloet Gregory	83	14.45	24-08	rsca

200 m		RC : 23.14			
1	Schepens Cedric	82	24.71	05-10	resc
2	Guillet Lionel	82	25.06	05-10	resc
3	De Bot Michael	82	25.24	05-10	resc
4	Tollenaers David	83	25.80	05-10	resc
5	De Ruyver Laurent	82	26.13	05-10	resc
6	Broothaerts Damien	83	26.68	30-08	dac

300 m		RC : 36.86			
1	Broothaerts Damien	83	43.34	01-05	rsca
2	Xhonneux Frederic	83	43.67	01-05	rsca

400 m		RC : 52.24			
1	Schepens Cedric	82	55.61	12-10	atac
2	Guillet Lionel	82	58.89	26-04	ws
3	Naif Jerome	83	61.98	20-04	resc
4	Broothaerts Damien	83	64.69	20-04	resc

800 m		RC : 1.59.30			
1	Foucart François	82	2.17.45	13-09	resc
2	Xhonneux Frederic	83	2.21.50	11-10	dacm
3	Naif Jerome	83	2.25.06	13-09	resc
4	Degives Jean Baptiste	83	2.32.86	27-04	riwa

1000 m		RC : 2.43.18			
1	Xhonneux Frederic	83	3.32.10	31-08	rcas

1500 m		RC : 4.10.90			
1	Vaillant Jean Baptiste	82	4.44.26	13-09	resc
2	Xhonneux Frederic	83	5.12.35	15-06	ws

100 m haies (91 cm)		RC : 14.23			
1	Broothaerts Damien	83	15.64	07-09	ob
2	Xhonneux Frederic	83	16.78	05-10	resc
3	Naif Jerome	83	16.96	05-10	resc
4	Vervloet Gregory	83	18.18	05-10	resc
5	Foucart François	82	19.34	31-08	rcas



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300 m haies (76 cm)			RC : 40.07		
1	Broothaerts Damien	83	44.36	06-09	ob
2	Naif Jerome	83	46.48	27-04	riwa
3	Xhonneux Frederic	83	49.06	18-05	resc

Hauteur			RC : 1m91		
1	Guillet Lionel	82	1m60	24-08	rsca
2	Xhonneux Frederic	83	1m50	30-08	rcas
3	Foucart François	82	1m47	30-08	rcas
4	De Ruyver Laurent	82	1m45	26-04	ws
5	Vervloet Gregory	83	1m30	24-08	rsca

Longueur			RC : 6m70		
1	Schepens Cedric	82	5m66	25-06	cabw
2	Guillet Lionel	82	5m55	13-09	resc
3	Xhonneux Frederic	83	4m96	11-10	dacm
4	Naif Jerome	83	4m90	18-05	resc
5	Foucart François	82	4m88	30-08	rcas
6	De Ruyver Laurent	82	4m64	27-04	riwa
7	Broothaerts Damien	83	4m59	01-05	rsca
8	Smeyers Julien	83	4m23	25-10	rcb

Triple saut			RC :13m52		
1	Xhonneux Frederic	83	11m14	03-05	csf
2	Broothaerts Damien	83	11m02	05-10	resc
3	Naif Jerome	83	10m95	13-09	resc
4	Vervloet Gregory	83	10m30	05-10	resc

Perche			RC : 3m71		
1	De Ruyver Laurent	82	2m80	13-09	resc
2	Xhonneux Frederic	83	2m60	27-04	riwa
3	Cawet Cedric	83	2m03	26-10	csf

Poids (4 kg)			RC : 13m52		
1	Xhonneux Frederic	83	10m39	30-08	rcas
2	Cawet Cedric	83	9m03	26-09	rcas
3	Foucart François	82	8m83	30-08	rcas
4	Franco Christian	82	7m31	26-04	ws

Disque (1 kg)			RC : 37m64		
1	Xhonneux Frederic	83	30m82	10-10	rcas
2	Cawet Cedric	83	29m74	10-10	rcas
3	De Ruyver Laurent	82	27m52	20-04	resc
4	Guillet Lionel	82	24m24	20-04	resc

Javelot (600 gr)			RC : 37m52		
1	Cawet Cedric	83	36m14	03-05	csf
2	Xhonneux Frederic	83	35m52	31-08	rcas
3	Broothaerts Damien	83	29m78	27-04	riwa
4	Naif Jerome	83	23m94	27-04	riwa

Marteau (4 kg)			RC : 40m44		
1	Foucart François	82	20m10	13-09	resc

Octathlon			RC : -		
1	Xhonneux Frederic	83	3021 p	31-08	rcas

4 x 100 m			RC : 45.63		
Tollenaers, Schepens, Guillet, De Bot			47.25	21-09	rfcl

SCOLAIRES HOMMES (1981 - 1980)

100 m			RC : 11.08		
1	Moral Miguel	81	11.83	28-09	riwa
2	Naif Nicolas	80	11.91	18-05	resc
3	Fontenoy Serge	80	12.21	16-08	cabw
4	Sebbahi Ahmed	80	12.26	20-04	resc
5	De Nutte David	81	12.32	18-05	resc
6	Billong Serge	80	12.51	28-09	riwa
7	Rochez Christophe	80	12.56	20-04	resc



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8	Thiry Stephane	81	12.78	25-10	rcb
9	Xhonneux Marc	80	13.00	25-10	rcb

200 m RC : 22.02

1	Moral Miguel	81	23.73	07-09	ob
2	Naif Nicolas	80	24.17	21-08	vs
3	De Nutte David	81	24.79	18-05	resc
4	Fontenoy Serge	80	25.44	11-07	rcg
5	Billong Serge	80	26.47	09-08	resc

300 m RC : 36.24

1	Bentheim Ronald	81	38.50	05-10	resc
2	Rochez Christophe	80	40.21	05-10	resc
3	Xhonneux Marc	80	40.85	05-10	resc

400 m RC : 49.92

1	Levacq Corentin	81	51.87	24-05	aclo
2	Naif Nicolas	80	53.73	20-04	resc
3	Bentheim Ronald	81	54.18	20-04	resc
4	Schroeven Bruno	80	55.21	20-04	resc
5	Rochez Christophe	80	56.95	20-04	resc
6	De Nutte David	81	57.34	20-04	resc
7	Xhonneux Marc	80	57.74	20-04	resc
8	Mangold Dimitri	81	58.48	20-04	resc
9	Van Stichel Hugues	80	60.52	26-04	ws

800 m RC : 1.56.95

1	Levacq Corentin	81	1.55.41	15-06	ws
2	Schroeven Bruno	80	2.00.24	11-07	rcg
3	Bentheim Ronald	81	2.02.40	03-09	csf
4	Brolet Bertrand	81	2.03.46	03-09	csf
5	Van Stichel Hugues	80	2.15.25	18-05	resc
6	De Nutte David	81	2.20.46	13-09	resc

1500 m RC : 4.00.79

1	Levacq Corentin	81	4.12.17	23-08	mol
2	Bentheim Ronald	81	4.14.00	13-09	resc
3	Schroeven Bruno	80	4.15.29	02-08	vita
4	Mignon Baptiste	81	4.56.27	20-04	resc

3000 m RC : 8.33.14

1	Levacq Corentin	81	9.15.00	18-10	ws
2	Bentheim Ronald	81	9.20.60	18-10	ws
3	Van Stichel Hugues	80	10.11.52	13-09	resc
4	Sattay Youssef	80	10.34.25	03-05	csf

110 m haies (99 cm) RC : 14.68

1	Naif Nicolas	80	15.51	07-09	ob
2	Fontenoy Serge	80	18.73	24-08	rsca
3	Xhonneux Marc	80	19.45	20-04	resc

300 m haies (84 cm) RC : 38.03

1	Naif Nicolas	80	39.36	24-05	aclo
2	Fontenoy Serge	80	44.05	18-05	resc
3	Rochez Christophe	80	44.33	18-05	resc
4	Xhonneux Marc	80	45.62	18-05	resc

400 m haies (91 cm) RC : 55.63

1	Naif Nicolas	80	58.09	28-06	ws
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2000 m steeple (91 cm) RC : 6.10.20

1	Schroeven Bruno	80	7.24.18	13-09	resc
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Hauteur RC : 2m05

1	Moral Miguel	81	1m74	13-09	resc
2	Mangold Dimitri	81	1m50	20-04	resc



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Longueur		RC : 7m59			
1	Thiry Stephane	81	5m62	03-05	csf
2	Rochez Christophe	80	5m32	01-05	rsca
3	Xhonneux Marc	80	5m28	31-08	vita
4	De Nutte David	81	5m13	27-04	riwa
Triple saut		RC : 15m64			
1	Rochez Christophe	80	11m54	18-05	resc
2	Xhonneux Marc	80	11m15	18-05	resc
Perche		RC : 4m36			
1	Rochez Christophe	80	2m60	13-09	resc
Poids (5 kg)		RC : 14m19			
1	Hallemons Yannick	81	10m55	20-09	dac
2	Fontenoy Serge	80	10m35	13-09	resc
Disque (1,5 kg)		RC : 37m11			
1	Hallemons Yannick	81	34m80	13-09	resc
Javelot (700 gr)		RC : 44m52			
1	Hallemons Yannick	81	40m76	13-09	resc
Marteau (5 kg)		RC : 51m72			
1	Alexiou Efstratios	80	41m28	03-08	acme
2	Hallemons Yannick	81	28m08	18-05	resc
4 x 100 m		RC : 43.01			
De Nutte, Fontenoy, Morak, Naif		45.45		21-09	rfcl
4 x 800 m		RC : 8.11.01			
Bentheim, Brolet, Schroeven, Levacq		8.17.78		21-09	rfcl
JUNIORS HOMMES (1979 - 1978)					
100 m		RC : 10.71			
1	Van de Velde Frank	79	11.32	20-09	ws
2	Bornauw Carl	79	12.38	20-04	resc
200 m		RC : 21.24			
1	Van de Velde Frank	79	22.99	30-08	looi
2	Delay Benoit	79	25.59	27-04	riwa
300 m		RC : 35.89			
1	Van de Velde Frank	79	35.77	05-10	resc
2	Metian Marc	79	37.82	05-10	resc
800 m		RC : 1.52.66			
1	Metian Marc	79	1.54.00	15-06	ws
1000 m		RC : 2.26.76			
1	Metian Marc	79	2.30.49	21-07	dac
1500 m		RC : 3.48.90			
1	Metian Marc	79	3.56.52	25-05	acw
2	Zaanan Nordin	79	4.06.20	23-05	dcla
110 m haies (106 cm)		RC : 14.44			
1	Van de Velde Frank	79	14.74	14-09	duff
Hauteur		RC : 2m14			
1	Van de Velde Frank	79	1m99	14-09	duff
2	Delay Benoit	79	1m65	27-04	riwa
Marteau (6 kg)		RC : 51m82			
1	Marbais Michael	78	48m76	12-07	cabw
Marteau (7,26 kg)		RC : 43m22			
1	Marbais Michael	78	44m36	28-06	ws



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ESPOIRS HOMMES (1977 - 1976 - 1975)

100 m			RC : 10.53		
1	Schoonjans Patrick	77	11.17	03-05	ea
2	Elengesa Salama Claude	76	11.23	17-05	duff
3	Canvat Thibaut	76	11.27	17-09	cabw
4	Jacobs David	76	11.58	23-07	rcg
200 m			RC : 21.14		
1	Schoonjans Patrick	77	22.57	07-05	dcla
2	Canvat Thibaut	76	22.61	01-05	vs
3	Elengesa Salama Claude	76	22.66	24-05	zwat
4	Kabuya Serge	77	23.24	27-04	rsca
300 m			RC : 34.01		
1	Kabuya Serge	77	36.63	21-07	olse
2	Vanderhaeghen Olivier	77	39.09	05-10	resc
3	De Proft Kurt	75	40.26	05-10	resc
400 m			RC : 47.64		
1	Canvat Thibaut	76	49.83	11-05	damp
2	Schoonjans Patrick	77	51.15	26-04	ws
3	Kabuya Serge	77	55.01	11-07	rcg
4	Vanderhaeghen Olivier	77	55.28	?	?
800 m			RC : 1.50.88		
1	Hovelacque Benoit	77	1.55.66	14-09	ea
2	Vanderhaeghen Olivier	77	2.07.50	03-09	csf
1000 m			RC : 2.23.92		
1	Ouamari Aabid	77	2.27.71	21-07	dac
2	Minet Sebastien	76	2.33.11	21-07	dac
3	Harvent Sebastien	75	2.37.78	21-07	dac
4	Liegeois Laurent	75	2.43.57	21-07	dac
1500 m			RC : 3.46.18		
1	Ouamari Aabid	77	3.48.40	05-09	dcla
2	Minet Sebastien	76	3.58.60	05-09	dcla
3	Hovelacque Benoit	77	4.00.80	05-09	dcla
4	Harvent Sebastien	75	4.02.52	12-08	spvi
2000 m			RC : 5.51.64		
1	Ouamari Aabid	77	5.17.12	11-07	rcg
3000 m			RC : 8.08.40		
1	Ouamari Aabid	77	8.14.08	23-08	mol
2	Minet Sebastien	76	8.32.01	17-05	duff
3	Harvent Sebastien	75	8.54.83	20-04	resc
4	Liegeois Laurent	75	9.13.28	27-09	csdy
5000 m			RC : 13.56.92		
1	Ouamari Aabid	77	14.50.17	05-10	resc
2	Minet Sebastien	76	15.24.53	05-10	resc
400 m haies (91cm)			RC : 50.29		
1	Schoonjans Patrick	77	57.32	07-05	dcla
3000 m steeple (91 cm)			RC : 9.10.30		
1	Minet Sebastien	76	9.51.80	11-05	damp
Longueur			RC : 7m86		
1	Schoonjans Patrick	77	6m02	08-08	ea
2	Vanderhaeghen Olivier	77	5m85	20-04	resc
Perche			RC : 5m11		
1	Rombaut Wesley	77	5m05	03-08	zwat
2	Jacobs David	76	4m60	25-05	acw
Poids (7,26kg)			RC : 13m67		
1	Rogers Vincent	75	12m80	07-06	crac



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Disque (2 kg)		RC : 44m06			
1	Rombaut Wesley	77	34m40	03-08	zwat
2	Rogers Vincent	75	30m58	01-05	rsca

Javelot (800 gr)		RC : 49m26			
1	Rombaut Wesley	77	47m24	11-05	damp
2	Rogers Vincent	75	45m10	01-05	rsca
3	Jacobs David	76	41m98	11-05	damp

SENIORS HOMMES (1977 - 1963)

100 m		RC : 10.02			
1	Reets Andrew	68	10.39	16-08	cabw
2	Sekanyambo Ilunga Olivier	71	10.56	24-08	osga
3	De Medina Louis	71	10.89	17-05	duff
4	Guellet Yassin	74	11.02	03-05	ea
5	Asselman Frank	72	11.07	12-07	rsca
6	Vanlancker Rudi	71	11.10	17-05	duff
7	Schoonjans Patrick	77	11.17	03-05	ea
8	Amery Ronald	69	11.23	11-05	damp
	Elengesa Salama Claude	76	11.23	17-05	duff
10	Canvat Thibaut	76	11.27	17-09	cabw
11	Jacobs David	76	11.58	23-07	rcg
12	Pinchart Alain	73	12.35	30-08	dac

200 m		RC : 20.66			
1	Reets Andrew	68	22.00	27-04	rsca
2	Sekanyambo Ilunga Olivier	71	22.29	12-07	rsca
3	Asselman Frank	72	22.34	24-05	zwat
4	Amery Ronald	69	22.55	11-05	damp
5	Schoonjans Patrick	77	22.57	07-05	dcla
6	De Medina Louis	71	22.60	24-05	zwat
7	Canvat Thibaut	76	22.61	01-05	vs
8	Elengesa Salama Claude	76	22.66	24-05	zwat
9	Kabuya Serge	77	23.24	27-04	rsca

300 m		RC : 34.01			
1	Sekanyambo Ilunga Olivier	71	34.95	05-10	resc
2	Asselman Frank	72	35.48	08-08	ea
3	Kabuya Serge	77	36.63	21-07	olse
4	Vanderhaeghen Olivier	77	39.09	05-10	resc
5	De Proft Kurt	75	40.26	05-10	resc

400 m		RC : 46.47			
1	Canvat Thibaut	76	49.83	11-05	damp
2	Asselman Frank	72	50.43	26-07	vs
3	Schoonjans Patrick	77	51.15	26-04	ws
4	Kabuya Serge	77	55.01	11-07	rcg
5	Vanderhaeghen Olivier	77	55.28	?	?

800 m		RC : 1.48.30			
1	Van Den Broek Wout	73	1.50.68	15-06	ws
2	Hovelacque Benoit	77	1.55.66	14-09	ea
3	Vanderhaeghen Olivier	77	2.07.50	03-09	csf

1000 m		RC : 2.23.10			
1	Van Den Broek Wout	73	2.26.39	17-09	?
2	Ouamari Aabid	77	2.27.71	21-07	dac
3	Minet Sebastien	76	2.33.11	21-07	dac
4	Harvent Sebastien	75	2.37.78	21-07	dac
5	Liegois Laurent	75	2.43.57	21-07	dac

1500 m		RC : 3.40.30			
1	Van Den Broek Wout	73	3.43.28	16-08	cabw
2	Ouamari Aabid	77	3.48.40	05-09	dcla
3	Minet Sebastien	76	3.58.60	05-09	dcla
4	Hovelacque Benoit	77	4.00.80	05-09	dcla
5	Harvent Sebastien	75	4.02.52	12-08	spvi
6	Van Den Broeck Rigo	71	4.04.17	15-06	ws



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2000 m		RC : 5.22.44			
1	Ouamari Aabid	77	5.17.12	11-07	rcg
3000 m		RC : 7.51.46			
1	Ouamari Aabid	77	8.14.08	23-08	mol
2	Minet Sebastien	76	8.32.01	17-05	duff
3	Van Den Broeck Rigo	71	8.49.30	20-04	resc
4	Harvent Sebastien	75	8.54.83	20-04	resc
5	Liegeois Laurent	75	9.13.28	27-09	csdy
5000 m		RC : 13.22.81			
1	Faille Gregory	72	14.23.41	11-05	damp
2	Rousseau Stephane	67	14.32.22	11-05	damp
3	Ouamari Aabid	77	14.50.17	05-10	resc
4	Cowlishaw David	67	15.21.02	05-10	resc
5	Minet Sebastien	76	15.24.53	05-10	resc
110 m haies (106 cm)		RC : 13.48			
1	Asselman Frank	72	13.73	03-09	MDG
400 m haies (91cm)		RC : 48.91			
1	Dollendorf Marc	66	49.56	13-06	GER
2	Asselman Frank	72	52.46	10-08	olse
3	Schoonjans Patrick	77	57.32	07-05	dcla
3000 m steeple (91 cm)		RC : 8.24.90			
1	Minet Sebastien	76	9.51.80	11-05	damp
Hauteur		RC : 2m21			
1	Pinchart Alain	73	1m77	30-08	dac
2	Haerynck Philippe	72	1m75	11-05	damp
Longueur		RC : 7m94			
1	Vanlancker Rudi	71	7m14	01-05	vs
2	Reets Andrew	68	6m69	11-05	damp
3	Schoonjans Patrick	77	6m02	08-08	ea
4	Vanderhaeghen Olivier	77	5m85	20-04	resc
Triple saut		RC : 16m86			
1	Pinchart Alain	73	12m65	11-05	damp
Perche		RC : 5m25			
1	Rombaut Wesley	77	5m05	03-08	zwat
2	Biot Olivier	72	4m60	01-06	csf
	Jacobs David	76	4m60	25-05	acw
Poids (7,26kg)		RC : 15m08			
1	Rogers Vincent	75	12m80	07-06	crac
2	Metens Armand	67	12m35	11-05	damp
Disque (2 kg)		RC : 51m56			
1	Rombaut Wesley	77	34m40	03-08	zwat
2	Rogers Vincent	75	30m58	01-05	rsca
Javelot (800 gr)		RC : 70m78			
1	Rombaut Wesley	77	47m24	11-05	damp
2	Rogers Vincent	75	45m10	01-05	rsca
3	Jacobs David	76	41m98	11-05	damp
Marteau (7,26 kg)		RC : 61m66			
1	Metens Armand	67	55m18	11-05	damp
4 x 100 m		RC : 40.72			
Elengesa S. Sekanyambo I., Cancat, Reets		41.52	21-09	rfcl	
4 x 400 m		RC : 3.10.20			
Schoonjans, Hovelacque, Canvat, Dollendorf		3.22.92	11-05	damp	
4 x 1500 m		RC : 15.34.88			
Metian, Minet, Ouamari, Van Den Broeck		15.59.96	21-09	rfcl	



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MASTERS HOMMES 35

100 m				RC : 12.94		
1	Maniquet Rudi	61	12.00	10-08	olse	
200 m				RC : 25.14		
1	Maniquet Rudi	61	24.35	10-08	olse	
300 m				RC : -		
1	Maniquet Rudi	61	38.15	08-08	ea	
Triple saut				RC : 14m26		
1	Cincinatis Yves	59	14m20	05-07	resc	

MASTERS HOMMES 50

Disque (2 kg)				RC : -		
1	Van Schoor Robert	46	47m12	27-09	usbw	

MASTERS HOMMES 65

Hauteur				RC : -		
1	Van Assche Denis	32	1m33	?	?	