



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 1996

BENJAMINES FILLES (1988 - 1987)

60 m		RC : 9.44			
1	Huybrechts Isabelle	87	9.82	27-10	rsc
2	De Buyl Myriam	87	10.47	20-10	resc
3	De Buyl Salima	88	10.53	20-10	resc
4	De Meyer Laurence	88	10.64	27-09	resc
5	Verhoeven Aurelie	88	10.98	20-10	resc
6	Graftiaux Chloe	87	11.04	17-08	resc
7	Sonon Aurore	88	11.34	27-09	resc
8	De Cree Ella	88	11.64	17-08	resc
9	Van De Zande Florence	87	11.93	27-05	rsc
10	Carola Anais	88	12.10	20-10	resc
11	Vandenheede Charlotte	88	12.44	27-04	ws

1000 m		RC : 4.05.10			
1	Huybrechts Isabelle	87	3.54.29	06-10	resc
2	Graftiaux Chloe	87	3.58.97	15-09	rsc
3	De Buyl Salima	88	4.13.63	20-10	resc
4	Bodart Marie	87	4.18.63	06-10	resc
5	De Buyl Myriam	87	4.29.75	06-10	resc
6	Verhoeven Aurelie	88	4.34.76	06-10	resc
7	Carola Anais	88	5.14.72	20-10	resc

Hauteur		RC : 1m17			
1	Huybrechts Isabelle	87	1m10	21-06	resc
2	Graftiaux Chloe	87	1m05	15-09	rsc
3	Bodart Marie	87	1m00	15-09	rsc
4	Van De Zande Florence	87	0m80	13-09	resc

Longueur		RC : 3m56			
1	Huybrechts Isabelle	87	3m57	26-10	rsc
2	Graftiaux Chloe	87	2m81	25-05	resc
3	De Meyer Laurence	88	2m76	27-09	resc
4	Verhoeven Aurelie	88	2m60	06-10	resc
5	Sonon Aurore	88	2m54	27-09	resc
6	Bodart Marie	87	2m41	06-10	resc
7	Van De Zande Florence	87	2m31	27-05	rsc
8	De Cree Ella	88	2m27	27-09	resc
9	Vandenheede Charlotte	88	2m24	27-05	rsc
10	Carola Anais	88	2m08	27-09	resc

Poids (1 kg)		RC : 7m90			
1	Huybrechts Isabelle	87	8m46	25-08	rsc
2	Van De Zande Florence	87	6m30	27-05	rsc
3	Graftiaux Chloe	87	4m71	20-04	resc
4	De Meyer Laurence	88	4m31	31-08	rcas
5	De Cree Ella	88	4m12	03-05	resc
6	Vandenheede Charlotte	88	3m98	27-04	ws
7	Bodart Marie	87	3m54	15-09	rsc

Balle de hockey		RC : 28m96			
1	Huybrechts Isabelle	87	24m72	28-09	csf
2	Carola Anais	88	17m84	25-05	resc
3	Van De Zande Florence	87	15m30	13-09	resc
4	Graftiaux Chloe	87	13m64	08-06	resc
5	Verhoeven Aurelie	88	13m04	13-09	resc
6	De Meyer Laurence	88	12m78	13-09	resc
7	Vandenheede Charlotte	88	9m84	25-05	resc
8	Bodart Marie	87	9m44	21-06	resc
9	De Cree Ella	88	7m66	17-08	resc

Triathlon		RC : 1058 p			
1	Huybrechts Isabelle	87	921 p	31-08	rcas
2	De Meyer Laurence	88	503 p	31-08	rcas
3	Van De Zande Florence	87	436 p	27-05	rsc
4	Graftiaux Chloe	87	272 p	25-05	resc
5	Carola Anais	88	150 p	25-05	resc
6	Vandenheede Charlotte	88	69 p	25-05	resc



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4 x 60 m	RC : 41.22
De Cree, Graftiaux, De Meyer, Huybrechts	42.41 15-09 rsca

PUPILLES FILLES (1986 - 1985)

60 m	RC : 8.74
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1	Brion Sophie	85	9.44	30-06	rsca
2	Marnef Aline	85	9.54	08-06	resc
3	Degives Emily	85	9.63	30-06	rsca
4	Hallems Julie	85	10.12	17-04	lebb
5	Vervloet Virginie	85	10.23	15-09	rsca
6	Gilson Anais	86	10.63	07-09	vs
7	Bertrand Aude	86	11.44	25-05	resc
8	Lachgar Saida	85	12.10	20-10	resc

1000 m	RC : 3.36.89
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1	Brion Sophie	85	3.50.80	16-05	dac
2	Gilson Anais	86	3.56.38	20-10	resc
3	Degives Emily	85	4.05.68	06-10	resc
4	Marnef Aline	85	4.07.40	16-05	dac
5	Bertrand Aude	86	4.08.90	06-10	resc
6	Hallems Julie	85	4.27.70	17-08	resc
7	Lachgar Saida	85	5.22.73	06-10	resc

60 m haies (76 cm)	RC : 11.04
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1	Marnef Aline	85	12.47	06-10	resc
2	Brion Sophie	85	13.04	16-06	mac
3	Degives Emily	85	13.96	06-10	resc
4	Gilson Anais	86	14.42	15-09	rsca
5	De Soete Marie Celine	85	15.52	06-10	resc

Hauteur	RC : 1m29
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1	Marnef Aline	85	1m30	21-09	dacm
2	Hallems Julie	85	1m24	01-09	rsca
3	Brion Sophie	85	1m15	05-04	resc
4	Gilson Anais	86	0m95	05-04	resc
5	Lachgar Saida	85	0m80	05-04	resc

Longueur	RC : 4m48
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1	Marnef Aline	85	3m95	17-08	resc
2	Brion Sophie	85	3m80	17-08	resc
3	Degives Emily	85	3m54	17-08	resc
4	Hallems Julie	85	3m47	18-08	csf
5	Gilson Anais	86	3m24	18-08	csf
6	Vervloet Virginie	85	2m98	27-05	rsca
7	Bertrand Aude	86	2m64	25-05	resc
8	Lachgar Saida	85	2m40	13-09	resc

Poids (2 kg)	RC : 8m27
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1	Hallems Julie	85	7m92	06-10	resc
2	Marnef Aline	85	7m11	27-05	rsca
3	Lachgar Saida	85	6m61	15-09	rsca
4	Degives Emily	85	5m88	06-10	resc
5	Brion Sophie	85	5m63	27-05	rsca
6	De Soete Marie Celine	85	5m42	06-10	resc
7	Vervloet Virginie	85	4m68	15-09	rsca
8	Gilson Anais	86	4m42	25-08	rsca
9	Bertrand Aude	86	4m38	06-10	resc

Balle de hockey	RC : 33m26
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1	Hallems Julie	85	33m74	15-09	rsca
2	Marnef Aline	85	27m00	15-09	rsca
3	Brion Sophie	85	24m10	27-04	ws
4	Lachgar Saida	85	19m24	26-10	rcb
5	Gilson Anais	86	15m24	18-08	csf
6	Degives Emily	85	11m76	08-06	resc
7	Vervloet Virginie	85	11m14	21-06	resc



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Triathlon		RC : 1321 p			
1	Marnef Aline	85	1085 p	27-05	rsca
2	Hallemsans Julie	85	1068 p	15-06	spvi
3	Brion Sophie	85	937 p	27-05	rsca
4	Degives Emily	85	913 p	31-08	rcas
5	Vervloet Virginie	85	640 p	27-05	rsca
6	Gilson Anais	86	503 p	18-08	csf
7	Lachgar Saida	85	208 p	04-05	mac

4 x 60 m		RC : 35.70			
Hallemsans, Degives, Brion, Marnef		37.40		15-09	rsca

MINIMES FILLES (1984 - 1983)

80 m		RC : 10.64			
1	Kompany Christel	84	11.64	15-06	ws
	Pauly Benedicte	83	11.64	25-05	resc
3	Kill Françoise	83	11.74	25-05	resc
4	Gouverneur Julie	84	12.04	25-05	resc
5	Brabant Aurelie	83	12.13	28-09	csf
6	Gilson Adeline	84	12.30	07-09	vs
7	Ruyssinck Kelly	83	12.54	25-05	resc
8	Denis Sarah	83	13.44	08-06	resc

150 m		RC : 20.44			
1	Kompany Christel	84	20.94	27-10	rsca
2	Pauly Benedicte	83	21.52	20-10	resc
3	Kill Françoise	83	21.74	20-10	resc
4	Gilson Adeline	84	21.94	27-10	rsca
5	Ruyssinck Kelly	83	23.19	20-10	resc
6	Gouverneur Julie	84	23.54	27-04	ws
7	El Boubsi Maryam	84	23.74	27-09	resc
8	Meeus Valerie	84	24.91	15-09	rsca

1000 m		RC : 3.33.30			
1	Pauly Benedicte	83	3.25.05	15-09	rsca
2	Meeus Valerie	84	3.28.13	06-10	resc
3	El Boubsi Maryam	84	3.38.09	15-06	resc
4	Ruyssinck Kelly	83	3.38.48	06-10	resc
5	Kompany Christel	84	3.42.20	06-10	resc
6	Kill Françoise	83	3.43.79	06-10	resc
7	Brabant Aurelie	83	4.13.48	06-10	resc
8	Gilson Adeline	84	4.23.70	11-10	rcas

60 m haies (76 cm)		RC : 10.05			
1	Kompany Christel	84	11.16	26-10	rcb
2	Kill Françoise	83	11.26	26-10	rcb
3	Pauly Benedicte	83	11.48	06-10	resc
4	Gilson Adeline	84	11.76	06-10	resc
5	Brabant Aurelie	83	11.84	27-09	resc
6	Gouverneur Julie	84	12.36	06-10	resc
7	Meeus Valerie	84	13.12	06-10	resc
8	Ruyssinck Kelly	83	14.14	25-05	resc

Hauteur		RC : 1m57			
1	Kompany Christel	84	1m37	01-09	rcas
2	Pauly Benedicte	83	1m29	15-09	rsca
3	Kill Françoise	83	1m25	01-09	rcas
4	Ruyssinck Kelly	83	1m12	04-05	mac
5	El Boubsi Maryam	84	1m11	15-09	rsca
6	Gilson Adeline	84	1m10	05-04	resc
7	Meeus Valerie	84	1m05	05-04	resc
8	Boogmans Sarah	84	1m00	05-04	resc

Longueur		RC : 4m90			
1	Kompany Christel	84	4m45	26-06	csf
2	Pauly Benedicte	83	4m27	08-06	resc
3	Gilson Adeline	84	4m18	15-09	rsca
4	Kill Françoise	83	4m16	13-09	resc
5	Brabant Aurelie	83	3m77	2-09	csf
6	Ruyssinck Kelly	83	3m65	27-05	rsca



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7	Meeus Valerie	84	3m54	20-04	resc
8	El Boubsi Maryam	84	3m50	16-06	mac
9	Denis Sarah	83	3m24	08-06	resc

Poids (2 kg)

RC : 10m38

1	Kompany Christel	84	10m42	15-09	rsca
2	Pauly Benedicte	83	9m92	06-10	resc
3	Ruyssinck Kelly	83	9m24	06-10	resc
4	Kill Françoise	83	8m61	06-10	resc
5	El Boubsi Maryam	84	7m64	17-08	resc
6	Meeus Valerie	84	7m01	13-09	resc
7	Gilson Adeline	84	6m93	06-10	resc
8	Gouverneur Julie	84	6m67	25-05	resc
9	Brabant Aurelie	83	6m63	13-09	resc
10	Boogmans Sarah	84	4m72	05-04	resc

Disque (600 gr)

RC : 29m24

1	Kill Françoise	83	31m80	15-09	rsca
2	Kompany Christel	84	26m86	21-06	resc
3	El Boubsi Maryam	84	19m26	16-06	mac
4	Ruyssinck Kelly	83	17m74	03-05	resc
5	Meeus Valerie	84	17m40	15-09	rsca
6	Pauly Benedicte	83	16m90	21-06	resc
7	Gilson Adeline	84	16m60	27-10	rsca
8	Gouverneur Julie	84	14m80	03-05	resc
9	Boogmans Sarah	84	12m30	03-05	resc

Javelot (400 gr)

RC : 24m88

1	Pauly Benedicte	83	19m76	03-05	resc
2	Ruyssinck Kelly	83	19m36	26-06	csf
3	Kill Françoise	83	17m94	27-05	rsca
4	Kompany Christel	84	17m70	21-06	resc
5	Gouverneur Julie	84	14m88	03-05	resc
6	Meeus Valerie	84	13m40	03-05	resc
7	Boogmans Sarah	84	11m62	03-05	resc
8	El Boubsi Maryam	84	10m36	03-05	resc
9	Gilson Adeline	84	10m24	18-08	csf

Tetrathlon

RC : 2167 p

1	Kompany Christel	84	2054 p	01-09	rcas
2	Kill Françoise	83	1813 p	27-10	rsca
3	Ruyssinck Kelly	83	1359 p	27-05	rsca
4	Gilson Adeline	84	1335 p	27-10	rsca
5	El Boubsi Maryam	84	1119 p	17-08	resc

4 x 80 m

RC : 42.87

Ruyssinck, Pauly, Kill, Kompany	45.56	20-10	resc
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CADETTES FILLES (1982 - 1981)

100 m

RC : 12.64

1	Keita Aissa	81	12.83	31-08	cabw
2	Leplat Severine	81	12.86	31-08	cabw
3	Leplat Anabelle	81	13.13	25-05	damp
4	Gilson Aurore	81	13.47	03-08	cabw
5	Vandenbrande Nathalie	81	13.58	26-04	resc
6	La Rou Cecile	82	13.76	18-05	csf
7	Giuliani Alexandra	82	13.84	18-08	csf
8	Cherpion Fiona	82	14.24	18-05	csf
9	Legrand Julie	81	14.48	18-05	csf
10	De Cock Aline	82	14.61	18-05	csf
11	Revael Cindy	81	15.08	14-09	rfcl

200 m

RC : 26.40

1	Leplat Anabelle	81	26.14	14-09	rfcl
2	Leplat Severine	81	26.63	14-07	vita
3	Keita Aissa	81	27.02	07-09	dcla
4	Gilson Aurore	81	27.43	06-10	resc
5	La Rou Cecile	82	28.00	06-10	resc
6	Giuliani Alexandra	82	28.62	01-09	csf
7	De Cock Aline	82	29.47	06-10	resc



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300 m		RC : 42.84			
1	Leplat Severine	81	42.65	01-05	rsca
2	Leplat Anabelle	81	44.16	01-05	rsca
3	Gilson Aurore	81	44.62	15-05	csf
4	La Rou Cecile	82	44.68	01-05	rsca
5	Keita Aissa	81	45.05	01-05	rsca
6	Giuliani Alexandra	82	48.58	01-05	rsca
400 m		RC : 59.02			
1	Leplat Severine	81	57.61	08-09	dcla
2	Gilson Aurore	81	64.45	18-05	csf
3	La Rou Cecile	82	64.92	06-09	resc
4	Leplat Anabelle	81	64.94	18-05	csf
5	Keita Aissa	81	67.53	16-06	ws
6	Boutaarourt Karima	81	70.43	31-08	cabw
800 m		RC : 2.22.80			
1	Leplat Severine	81	2.32.36	14-09	rfcl
2	Dewitte Caroline	82	2.39.71	28-08	resc
3	Boutaarourt Karima	81	2.47.00	28-08	resc
1000 m		RC : 3.12.94			
1	Dewitte Caroline	82	3.26.80	18-08	csf
1500 m		RC : 5.02.54			
1	Dewitte Caroline	82	5.32.41	06-09	resc
2	Boutaarourt Karima	81	5.33.68	06-09	resc
3	Boogmans Katarina	81	6.22.77	11-05	cabw
80 m haies (76 cm)		RC : 11.95			
1	Leplat Anabelle	81	12.44	14-09	rfcl
2	Vandenbrande Nathalie	81	13.47	18-09	resc
3	De Cock Aline	82	13.82	18-09	resc
4	Giuliani Alexandra	82	13.85	18-09	resc
300 m haies (76 cm)		RC : 45.51			
1	Leplat Severine	81	48.21	06-10	resc
2	La Rou Cecile	82	50.56	19-05	csf
3	Giuliani Alexandra	82	53.42	19-05	csf
4	Leplat Anabelle	81	53.67	06-10	resc
5	Legrand Julie	81	53.91	19-05	csf
6	Cherpion Fiona	82	54.00	19-05	csf
Hauteur		RC : 1m68			
1	Vandenbrande Nathalie	81	1m50	15-05	vita
2	De Cock Aline	82	1m30	11-05	cabw
	Giuliani Alexandra	82	1m30	14-09	rfcl
Longueur		RC : 5m74			
1	Leplat Severine	81	4m84	14-09	rfcl
2	Vandenbrande Nathalie	81	4m83	06-10	resc
3	Keita Aissa	81	4m76	18-08	ea
4	Giuliani Alexandra	82	4m59	18-05	csf
5	De Cock Aline	82	4m57	21-06	resc
6	Leplat Anabelle	81	4m39	06-10	resc
7	Cherpion Fiona	82	4m31	18-05	csf
8	Legrand Julie	81	4m29	18-05	csf
Triple saut		RC : 10m07			
1	Vandenbrande Nathalie	81	10m88	20-10	resc
2	La Rou Cecile	82	9m60	14-09	rfcl
3	De Cock Aline	82	9m59	20-10	resc
4	Giuliani Alexandra	82	9m03	28-08	resc
Poids (3 kg)		RC : 11m74			
1	Vandenbrande Nathalie	81	10m98	26-06	csf
2	Revael Cindy	81	6m39	28-09	csf
Disque (1 kg)		RC : 37m60			
1	Vandenbrande Nathalie	81	36m48	28-09	csf



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Javelot (500 gr)		RC : 27m29			
1	De Cock Aline	82	21m80	14-09	rfcl
2	Revael Cindy	81	16m94	06-09	resc

Marteau (3 kg)		RC : 26m14			
1	Vandenbrande Nathalie	81	32m60	20-10	resc

4 x 100 m		RC : 50.59			
Gilson, Leplat A, Leplat S, Vandenbrande		50.90		22-09	cabw

SCOLAIRES FEMMES (1980 - 1979)

100 m		RC : 12.41			
1	Bonvin Draps Nathalie	80	12.96	17-08	vs
2	Guillet Laurence	80	13.43	18-05	csf
3	Sacre Laetitia	80	13.63	28-09	csf
4	Platteau Gwenaelle	80	14.29	18-05	csf
5	Van Zeebroeck Griet	80	14.34	26-04	resc
6	Reynaerts Stephanie	80	15.47	26-04	resc

200 m		RC : 25.34			
1	Bonvin Draps Nathalie	80	27.08	01-09	csf
2	Sacre Laetitia	80	28.13	14-09	rfcl
3	Guillet Laurence	80	28.36	27-06	vita
4	Fonteyn Astrid	79	29.18	26-06	dcla
5	Platteau Gwenaelle	80	30.04	19-05	csf

300 m		RC : 41.29			
1	Bonvin Draps Nathalie	80	44.38	01-05	rsca
2	Guillet Laurence	80	46.92	15-05	csf

400 m		RC : 57.32			
1	Delbecque Laure	80	63.82	18-05	csf
2	Platteau Gwenaelle	80	68.54	14-09	rfcl
3	Bonvin Draps Nathalie	80	69.54	21-07	dac

800 m		RC : 2.15.60			
1	Cawet Daphne	80	2.23.35	17-08	cabw
2	Delbecque Laure	80	2.27.66	06-10	resc
3	Dewitte Valerie	80	2.35.36	14-09	rfcl

1000 m		RC : 3.12.94			
1	Delbecque Laure	80	3.10.60	20-10	resc
2	Cawet Daphne	80	3.12.59	26-04	resc

1500 m		RC : 4.54.30			
1	Cawet Daphne	80	5.04.77	03-08	vita
2	Dewitte Valerie	80	5.36.56	25-08	rsca

3000 m		RC : 10.48.10			
1	Delbecque Laure	80	12.19.62	14-09	rfcl
2	Dewitte Valerie	80	13.09.65	28-08	resc

100 m haies (76 cm)		RC : 13.92			
1	Guillet Laurence	80	15.31	11-05	cabw

300 m haies (76 cm)		RC : 43.97			
1	Van Zeebroeck Griet	80	50.07	11-05	cabw
2	Fonteyn Astrid	79	53.63	14-09	rfcl

Hauteur		RC : 1m68			
1	Van Zeebroeck Griet	80	1m40	11-05	cabw
2	Delbecque Laure	80	1m35	14-09	rfcl

Longueur		RC : 6m08			
1	Bonvin Draps Nathalie	80	5m07	18-08	ea
2	Van Zeebroeck Griet	80	4m98	21-06	resc
3	Guillet Laurence	80	4m61	11-05	cabw



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Triple saut		RC : 10m28			
1	Fonteyn Astrid	79	9m79	14-09	rfl
Perche		RC : 3m26			
1	Van Zeebroeck Griet	80	3m36	26-06	dcla
2	Fonteyn Astrid	79	3m00	07-07	csf
Poids (3 kg)		RC : 11m95			
1	Reynaerts Stephanie	80	12m20	26-04	resc
Poids (4 kg)		RC : 11m25			
1	Reynaerts Stephanie	80	9m98	07-07	csf
Disque (1 kg)		RC : 38m44			
1	Van Remoortel Anouchka	80	22m54	11-05	cabw
2	Reynaerts Stephanie	80	21m34	26-06	csf
Javelot (600 gr)		RC : 37m36			
1	Reynaerts Stephanie	80	32m76	11-05	cabw
Marteau (3 kg)		RC : 43m80			
1	Van Remoortel Anouchka	80	21m56	25-05	damp
4 x 100 m		RC : 49.65			
Van Zeebroeck, Sacre, Bonvin Draps, Guillet		52.29		11-05	cabw
4 x 800 m		RC : 10.17.08			
Fonteyn, Delbecque, Dewitte, Cawet		10.31.03		22-09	cabw

JUNIORS FEMMES (1978 - 1977)

100 m		RC : 12.11			
1	Adam Benedicte	78	12.78	29-06	dac
2	La Rou Jennifer	78	13.32	18-05	csf
3	Nkumu Bakuba Nancy	77	13.54	18-05	csf
200 m		RC : 24.65			
1	Adam Benedicte	78	25.89	18-09	resc
2	Nkumu Bakuba Nancy	77	26.61	19-05	csf
3	Mangold Nadia	78	30.73	18-09	resc
300 m		RC : 41.29			
1	Adam Benedicte	78	41.42	15-05	csf
2	La Rou Jennifer	78	42.44	01-05	rsca
400 m		RC : 57.32			
1	Adam Benedicte	78	58.48	18-05	csf
2	La Rou Jennifer	78	60.76	18-05	csf
3	Nkumu Bakuba Nancy	77	63.87	18-05	csf
400 m haies (76 cm)		RC : 65.29			
1	La Rou Jennifer	78	67.58	26-04	resc
2	Mangold Nadia	78	73.50	19-05	csf
Triple saut		RC : 10m28			
1	Delbecque Maud	77	10m11	14-04	burcht
Poids (4 kg)		RC : 13m12			
1	Vandenbroecke Elke	78	7m54	07-05	olse
Javelot (600 gr)		RC : 41m94			
1	Adam Benedicte	78	34m24	01-05	rsca
5000 m marche		RC : -			
1	Delbecque Maud	77	36.30.10	15-05	csf
4 x 100 m		RC : 48.00			
Nkumu Bakuba, Adam, La Rou, Bonvin Draps		50.23		22-09	cabw



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SENIORS FEMMES (1976 - 1962)

Hauteur	RC : 1m95				
1	Jonckheere Natalja	70	1m86	15-06	ws
Longueur	RC : 6m28				
1	Carpentier Nathalie	71	5m05	08-06	spvi
Triple saut	RC : 12m66				
1	Van Collie Heidi	69	11m88	16-05	SVN
Poids (4 kg)	RC : 13m12				
1	De Buyst Nadia	73	8m85	18-05	csf
Disque (1 kg)	RC : 46m94				
1	De Buyst Nadia	73	31m10	28-09	acme
Javelot (600 gr)	RC : 43m52				
1	De Buyst Nadia	73	25m60	06-09	resc
Marteau (4 kg)	RC : 40m46				
1	De Buyst Nadia	73	29m90	20-10	resc
4 x 200 m	RC : 1.40.73				
Nkumu, Bonvin Draps, La Rou, Adam			1.45.59	22-09	cabw

BENJAMINS GARCONS (1988 - 1987)

60 m	RC : 9.20				
1	Sonon Lionel	87	9.54	27-09	resc
2	Guarneri Renato	87	10.34	13-07	grim
	Van Nieuwenburgh Vincent	87	10.34	27-09	resc
	Wouters Maxime	87	10.34	13-07	grim
5	Vanderweerden Sebastien	87	10.49	20-10	resc
6	Gerard Benjamin	88	10.61	20-10	resc
7	Kompany François	89	10.77	27-10	rsca
8	Gerard Jeremy	87	11.04	27-09	resc
	Leyman Jeremy	87	11.04	27-09	resc
10	Bienfait Julien	87	11.14	17-08	resc
11	Gouverneur Yannick	88	11.34	25-05	resc
12	Leclercq Damien	87	11.44	27-09	resc
13	Pauly Cedric	89	11.74	25-05	resc
1000 m	RC : 3.32.40				
1	Wouters Maxime	87	3.43.56	15-09	rsca
2	Fromont David	87	3.52.55	06-10	resc
3	Vanderweerden Sebastien	87	4.06.55	28-09	csf
4	Leyman Jeremy	87	4.16.21	06-10	resc
5	Guarneri Renato	87	4.17.24	06-10	resc
6	Bienfait Julien	87	4.20.05	20-10	resc
7	Pauly Cedric	89	4.23.45	06-10	resc
8	Gerard Jeremy	87	4.31.10	20-10	resc
9	Gerard Benjamin	88	4.32.19	20-10	resc
10	Kompany François	89	4.40.00	15-06	ws
11	Lepage Alexandre	88	4.45.86	06-10	resc
12	Heymans Arnaud	88	4.49.50	20-10	resc
13	Leclercq Damien	87	5.00.20	08-06	resc
Hauteur	RC : 1m23				
1	Wouters Maxime	87	1m05	13-09	resc
2	Gerard Jeremy	87	1m00	13-09	resc
	Vanderweerden Sebastien	87	1m00	28-09	csf
4	Foucart Adrien	88	0m95	13-09	resc
	Gouverneur Yannick	88	0m95	15-09	rsca
	Guarneri Renato	87	0m95	03-05	resc
7	Leyman Jeremy	87	0m90	03-05	resc
8	Leclercq Damien	87	0m85	03-05	resc
9	Bienfait Julien	87	0m83	25-05	resc
10	Gerard Benjamin	88	0m80	25-05	resc



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Longueur		RC : 3m80			
1	Guarneri Renato	87	3m37	28-09	csf
2	Vanderweerden Sebastien	87	3m20	05-04	resc
3	Van Nieuwenburgh Vincent	87	3m17	21-06	resc
4	Foucart Adrien	88	2m98	05-04	resc
	Gerard Benjamin	88	2m98	01-09	rcas
6	Leyman Jeremy	87	2m97	03-05	resc
7	Gerard Jeremy	87	2m90	01-09	rcas
8	Kompany François	89	2m85	21-06	resc
9	Gouverneur Yannick	88	2m80	08-04	rsca
10	Bienfait Julien	87	2m76	21-06	resc
11	Fromont David	87	2m69	06-10	resc
12	Leclercq Damien	87	2m57	21-06	resc
13	Pauly Cedric	89	2m30	06-10	resc
14	Heymans Arnaud	88	1m99	06-10	resc
15	Amary Samir	88	1m48	03-05	resc

Poids (1 kg)		RC : 9m90			
1	Guarneri Renato	87	10m42	21-06	resc
2	Gerard Jeremy	87	9m62	01-09	rcas
3	Vanderweerden Sebastien	87	7m71	25-05	resc
4	Gerard Benjamin	88	7m16	01-09	rcas
5	Wouters Maxime	87	6m20	25-05	resc
6	Gouverneur Yannick	88	5m90	25-05	resc
7	Leyman Jeremy	87	5m55	25-05	resc
8	Kompany François	89	4m81	21-06	resc
9	Bienfait Julien	87	4m63	25-05	resc
10	Leclercq Damien	87	4m17	21-06	resc
11	Pauly Cedric	89	4m13	25-05	resc

Balle de hockey		RC : 36m22			
1	Guarneri Renato	87	33m18	28-09	csf
2	Gerard Jeremy	87	24m72	08-06	resc
3	Pauly Cedric	89	22m68	05-04	resc
4	Foucart Adrien	88	22m14	05-04	resc
5	Vanderweerden Sebastien	87	21m98	05-04	resc
6	Leyman Jeremy	87	21m88	04-05	mac
7	Wouters Maxime	87	21m00	13-09	resc
8	Gerardy Jeremie	87	18m62	13-09	resc
9	Gerard Benjamin	88	18m46	08-06	resc
10	Kompany François	89	18m34	27-10	rsca
11	Bienfait Julien	87	15m30	08-06	resc
12	Leclercq Damien	87	15m02	13-09	resc
13	De Ro Gilles	87	14m48	13-09	resc

Triathlon		RC : 1247 p			
1	Guarneri Renato	87	1022 p	20-07	mac
2	Gerard Jeremy	87	795 p	01-09	rcas
3	Vanderweerden Sebastien	87	736 p	25-05	resc
4	Wouters Maxime	87	734 p	25-05	resc
5	Gerard Benjamin	88	675 p	01-09	rcas
6	Leyman Jeremy	87	606 p	04-05	mac
7	Gouverneur Yannick	88	579 p	25-05	resc
8	Bienfait Julien	87	402 p	25-05	resc
9	Leclercq Damien	87	311 p	25-05	resc
10	Pauly Cedric	89	284 p	25-05	resc

4 x 60 m		RC : 37.73		
Bienfait, Guarneri, Kompany, Wouters		41.61	15-09	rsca

PUPILLES GARCONS (1986 - 1985)

60 m		RC : 8.44			
1	Kompany Vincent	86	8.85	27-10	rsca
2	Coomans Werner	86	9.14	20-10	resc
3	Leyman David	85	9.34	20-10	resc
4	Haymans Thomas	85	9.67	26-10	rcb
5	Fabre Xavier	85	9.74	20-10	resc
6	Bontemps Richard	86	9.84	27-04	rfcl
	Mertens Tom	86	9.84	15-08	vs
8	Browaey David	86	9.85	26-06	csf



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9	Dewitte Sebastien	85	9.94	26-06	csf
10	Droesbeke Sebastien	85	10.04	27-04	ws
11	Pauly Gauthier	86	10.14	20-10	resc
12	Huybrechts Xavier	85	10.24	15-06	ws
	Verstraeten Cedric	86	10.24	31-08	rcas
14	Miny Gaetan	86	10.34	20-04	resc
15	Auria Ludovic	86	10.44	08-06	resc
16	De Ruyver Julien	86	10.64	08-06	resc
17	Franco Marc	86	10.83	28-09	csf
18	Lepage Nicolas	86	10.94	20-10	resc
19	Deprez Jerome	86	11.44	25-05	resc
20	Vandersande Jonathan	86	11.64	25-05	resc

1000 m

RC : 3.19.70

1	Dewitte Sebastien	85	3.19.32	26-10	rcb
2	Haymans Thomas	85	3.28.13	06-10	resc
3	Mertens Tom	86	3.33.57	15-09	rsca
4	Leyman David	85	3.35.59	06-10	resc
5	Bontemps Richard	86	3.36.11	22-08	rfcl
6	Kompany Vincent	86	3.40.56	26-06	csf
7	Fabre Xavier	85	3.45.66	20-10	resc
8	Pauly Gauthier	86	3.46.42	06-10	resc
9	Huybrechts Xavier	85	3.49.50	15-06	ws
10	Verstraeten Cedric	86	3.53.39	26-10	rcb
11	De Ruyver Julien	86	3.58.30	06-10	resc
12	Franco Marc	86	4.03.00	13-07	grim
13	Miny Gaetan	86	4.05.30	17-08	resc
14	El Jaouani Anouar	85	4.06.62	20-10	resc
15	Droesbeke Sebastien	85	4.09.90	17-08	resc
16	Browaews David	86	4.23.58	20-10	resc
17	Lepage Nicolas	86	4.24.20	16-06	mac

60 m haies (76 cm)

RC : 10.24

1	Haymans Thomas	85	12.14	16-06	mac
2	Leyman David	85	12.47	15-09	rsca
3	Huybrechts Xavier	85	12.78	26-10	rcb
4	Dewitte Sebastien	85	12.84	27-09	resc
5	Coomans Werner	86	13.44	16-06	mac
6	Miny Gaetan	86	13.80	04-05	mac
7	De Ruyver Julien	86	13.84	27-09	resc
8	Fabre Xavier	85	14.34	27-09	resc
9	Pauly Gauthier	86	14.57	06-10	resc
10	Browaews David	86	14.64	27-09	resc
11	Mertens Tom	86	14.84	27-09	resc
12	Dalli Faki	85	15.04	06-10	resc
13	Vandersande Jonathan	86	15.84	25-05	resc
14	Franco Marc	86	16.94	20-07	mac
15	Stas Bruno	86	17.44	27-09	resc

Hauteur

RC : 1m48

1	Haymans Thomas	85	1m29	08-06	resc
2	Fabre Xavier	85	1m25	15-09	rsca
	Kompany Vincent	86	1m25	21-09	spvi
4	Coomans Werner	86	1m23	08-06	resc
5	Bontemps Richard	86	1m20	08-09	spbo
	De Ruyver Julien	86	1m20	08-06	resc
	Huybrechts Xavier	85	1m20	15-06	ws
	Mertens Tom	86	1m20	21-06	resc
9	Dewitte Sebastien	85	1m15	21-06	resc
	Leyman David	85	1m15	21-06	resc
11	Miny Gaetan	86	1m10	25-05	resc
12	Franco Marc	86	1m07	18-08	csf
13	Browaews David	86	1m05	21-06	resc
14	Auria Ludovic	86	0m96	08-06	resc
15	Deprez Jerome	86	0m90	25-05	resc

Longueur

RC : 4m66

1	Coomans Werner	86	4m04	21-06	resc
2	Fabre Xavier	85	4m00	15-09	rsca
3	Kompany Vincent	86	3m97	21-06	resc
4	Leyman David	85	3m88	13-09	resc
5	Haymans Thomas	85	3m79	21-06	resc



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6	Stas Bruno	86	3m73	27-09	resc
7	Dewitte Sebastien	85	3m70	21-06	resc
8	Bontemps Richard	86	3m66	21-06	resc
	Mertens Tom	86	3m66	15-08	vs
10	Browaey David	86	3m60	13-09	resc
11	Huybrechts Xavier	85	3m52	13-09	resc
12	Droesbeke Sebastien	85	3m49	21-06	resc
13	De Ruyver Julien	86	3m38	13-09	resc
14	Miny Gaetan	86	3m31	27-04	ws
15	Franco Marc	86	3m22	13-09	resc
16	Auria Ludovic	86	3m11	21-06	resc
17	Verstraeten Cedric	86	3m10	31-08	rcas
18	Dalli Faki	85	3m03	13-09	resc
19	Pauly Gauthier	86	2m67	20-04	resc
20	Deprez Jerome	86	2m55	21-06	resc

Poids (2 kg)

RC : 10m14

1	Mertens Tom	86	8m31	17-08	resc
2	Bontemps Richard	86	8m00	08-09	spbo
3	Huybrechts Xavier	85	7m72	08-06	resc
4	Kompany Vincent	86	7m55	08-06	resc
5	Droesbeke Sebastien	85	7m22	06-10	resc
6	Leyman David	85	7m17	17-08	resc
7	Haymans Thomas	85	6m95	08-06	resc
8	Coomans Werner	86	6m69	13-07	grim
9	Verstraeten Cedric	86	6m65	31-08	rcas
10	Miny Gaetan	86	6m41	10-05	resc
11	Dewitte Sebastien	85	6m36	25-08	rsca
12	Browaey David	86	6m34	08-06	resc
13	De Ruyver Julien	86	6m30	08-06	resc
14	Lepage Nicolas	86	6m20	06-10	resc
15	Franco Marc	86	6m18	18-08	csf
16	Auria Ludovic	86	5m28	08-06	resc
17	Klass Gwenael	86	4m90	10-05	resc
18	Deprez Jerome	86	4m85	10-05	resc
19	Vandenbroucke Alexis	86	4m78	05-04	resc
20	Pauly Gauthier	86	4m62	08-06	resc
21	Vandersande Jonathan	86	4m29	10-05	resc

Balle de hockey

RC : 44m86

1	Kompany Vincent	86	42m38	27-10	rsca
2	Browaey David	86	37m70	15-09	rsca
3	Leyman David	85	32m14	15-09	rsca
4	Huybrechts Xavier	85	29m30	05-04	resc
5	Mertens Tom	86	28m90	10-05	resc
6	Dewitte Sebastien	85	28m82	13-09	resc
7	Droesbeke Sebastien	85	25m38	13-09	resc
8	Vandenbroucke Alexis	86	25m16	05-04	resc
9	Franco Marc	86	24m64	27-10	rsca
10	Bontemps Richard	86	24m48	03-08	arch
11	Dalli Faki	85	24m46	13-09	resc
12	De Ruyver Julien	86	23m48	13-09	resc
13	Klass Gwenael	86	23m12	10-05	resc
14	Auria Ludovic	86	22m02	05-04	resc
15	Fabre Xavier	85	21m94	13-09	resc
16	Miny Gaetan	86	20m90	10-05	resc
17	Pauly Gauthier	86	20m28	10-05	resc
18	Deprez Jerome	86	18m80	10-05	resc
19	Vandersande Jonathan	86	10m68	10-05	resc

Triathlon

RC : 1613 p

1	Kompany Vincent	86	1506 p	27-10	rsca
2	Haymans Thomas	85	1281 p	08-06	resc
3	Coomans Werner	86	1275 p	08-06	resc
4	Leyman David	85	1131 p	08-06	resc
5	Mertens Tom	86	1098 p	31-08	rcas
6	Bontemps Richard	86	1041 p	08-06	resc
7	Huybrechts Xavier	85	1031 p	08-06	resc
8	De Ruyver Julien	86	965 p	08-06	resc
9	Dewitte Sebastien	85	956 p	08-06	resc
10	Droesbeke Sebastien	85	953 p	31-08	rcas
11	Verstraeten Cedric	86	857 p	31-08	rcas



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12	Browaeyts David	86	815 p	08-06	resc
13	Franco Marc	86	770 p	18-08	csf
14	Miny Gaetan	86	762 p	08-06	resc
15	Auria Ludovic	86	730 p	08-06	resc
16	Pauly Gauthier	86	433 p	08-06	resc
17	Deprez Jerome	86	253 p	04-05	mac

4 x 60 m			RC : 33.25		
Mertens, Dewitte, Kompany, Wauters		41.61		15-09	rsca

MINIMES GARCONS (1984 - 1983)

80 m			RC : 9.96		
1	Broothaerts Damien	83	11.32	15-09	rsca
2	Vervloet Gregory	83	11.39	26-10	rcb
3	Naif Jerome	83	11.44	27-09	resc
4	Xhonneux Frederic	83	11.54	15-06	ws
5	Cawet Cedric	83	11.84	27-09	resc
6	Vaessen Fabian	84	11.94	08-06	resc
7	Kill Michel	84	12.00	27-05	rsca
8	Degives Jean-Baptiste	83	12.04	18-06	resc
9	Mertens Ken	84	12.19	15-08	vs
10	Guarneri Salvatore	84	12.24	15-06	ws
11	Brolet Benjamin	84	12.44	27-09	resc
12	Moreau Manuel	84	12.65	15-08	vs
13	Sorel Renaud	84	12.83	26-06	csf
14	Sputael Baudine Benoit	83	12.84	08-06	resc
15	Mahoungou Gregory	84	12.89	26-06	csf
16	Closset Christophe	84	13.14	20-04	resc
17	Brolet Mathieu	84	13.34	27-09	resc
18	Bontemps Reno	84	13.39	20-04	damp

150 m			RC : 18.54		
1	Broothaerts Damien	83	20.92	20-10	resc
2	Vervloet Gregory	83	21.03	27-10	rsca
3	Xhonneux Frederic	83	21.36	27-10	rsca
4	Naif Jerome	83	21.41	21-09	spvi
5	Degives Jean-Baptiste	83	21.88	30-06	rsca
6	Cawet Cedric	83	21.94	30-06	rsca
7	Kill Michel	84	22.53	20-10	resc
8	Vaessen Fabian	84	22.54	17-08	resc
9	Mertens Ken	84	23.03	20-10	resc
10	Moreau Manuel	84	23.24	27-04	ws
11	Guarneri Salvatore	84	23.74	15-06	ws
12	Sorel Renaud	84	24.44	27-04	ws
13	Bontemps Reno	84	25.73	07-09	dein

1000 m			RC : 3.09.30		
1	Xhonneux Frederic	83	3.10.08	20-10	resc
2	Naif Jerome	83	3.10.50	06-10	resc
3	Degives Jean-Baptiste	83	3.14.30	06-10	resc
4	Vaessen Fabian	84	3.16.56	06-10	resc
5	Broothaerts Damien	83	3.22.95	06-10	resc
6	Vervloet Gregory	83	3.25.22	20-10	resc
7	Mertens Ken	84	3.29.24	20-10	resc
8	Sorel Renaud	84	3.34.30	06-10	resc
9	Kill Michel	84	3.34.40	20-10	resc
10	Brolet Benjamin	84	3.38.98	20-10	resc
11	Cawet Cedric	83	3.39.06	20-10	resc
12	Brolet Mathieu	84	3.53.34	20-10	resc
13	Guarneri Salvatore	84	3.54.27	20-10	resc
14	Moreau Manuel	84	3.55.21	06-10	resc
15	Sputael Baudine Benoit	83	3.57.38	06-10	resc
16	Bontemps Reno	84	4.10.96	20-04	damp

80 m haies (84 cm)			RC : 12.00		
1	Broothaerts Damien	83	13.75	26-10	rcb
2	Xhonneux Frederic	83	13.90	26-10	rcb
3	Naif Jerome	83	14.00	06-10	resc
4	Vervloet Gregory	83	14.56	26-10	rcb
5	Cawet Cedric	83	15.44	01-05	rsca



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6	Kill Michel	84	16.33	06-10	resc
7	Guarneri Salvatore	84	17.34	27-09	resc
8	Brolet Benjamin	84	17.64	27-09	resc
	Sorel Renaud	84	17.64	16-06	mac
10	Sputael Baudine Benoit	83	18.03	06-10	resc
11	Degives Jean-Baptiste	83	18.23	25-08	rsca
12	Mahoungou Gregory	84	19.34	25-05	resc
13	Mertens Ken	84	20.04	25-05	resc
14	Brolet Mathieu	84	25.24	27-09	resc

Hauteur RC : 1m65

1	Xhonneux Frederic	83	1m50	10-05	resc
2	Naif Jerome	83	1m47	13-09	resc
3	Cawet Cedric	83	1m45	16-05	dac
4	Broothaerts Damien	83	1m36	18-08	csf
5	Mahoungou Gregory	84	1m35	26-06	csf
6	Kill Michel	84	1m33	15-09	rsca
7	Degives Jean-Baptiste	83	1m30	01-09	rcas
8	Sorel Renaud	84	1m25	16-06	mac
9	Guarneri Salvatore	84	1m21	04-05	mac
10	Vaessen Fabian	84	1m20	15-08	resc
	Vervloet Gregory	83	1m20	13-09	resc
12	Bontemps Reno	84	1m15	30-06	bbs
	Brolet Benjamin	84	1m15	13-09	resc
	Mertens Ken	84	1m15	01-09	rcas
15	Brolet Mathieu	84	1m10	13-09	resc
	Moreau Manuel	84	1m10	13-09	resc

Longueur RC : 5m73

1	Xhonneux Frederic	83	4m68	25-05	resc
2	Naif Jerome	83	4m66	25-08	rsca
3	Broothaerts Damien	83	4m46	18-08	csf
4	Vaessen Fabian	84	4m36	08-06	resc
5	Kill Michel	84	4m33	15-09	rsca
6	Vervloet Gregory	83	4m24	01-09	rcas
7	Degives Jean-Baptiste	83	4m21	08-06	resc
8	Cawet Cedric	83	4m12	18-08	csf
9	Guarneri Salvatore	84	4m02	28-09	csf
10	Mahoungou Gregory	84	3m96	08-06	resc
11	Mertens Ken	84	3m92	01-09	rcas
12	Sputael Baudine Benoit	83	3m91	08-06	resc
13	Sorel Renaud	84	3m82	20-04	resc
14	Closset Christophe	84	3m80	20-04	resc
15	Bontemps Reno	84	3m50	27-04	damp
16	Moreau Manuel	84	3m49	27-04	ws
17	Brolet Mathieu	84	3m32	08-06	resc

Perche RC : 2m90

1	Xhonneux Frederic	83	2m40	15-06	ws
2	Vervloet Gregory	83	2m00	20-04	resc
3	Kill Michel	84	1m95	15-06	ws
4	Cawet Cedric	83	1m90	06-10	resc
	Guarneri Salvatore	84	1m90	20-04	resc
6	Mahoungou Gregory	84	1m70	20-04	resc
7	Naif Jerome	83	1m60	21-06	resc
	Sorel Renaud	84	1m60	20-04	resc

Poids (3 kg) RC : 13m18

1	Xhonneux Frederic	83	10m34	27-10	rsca
2	Cawet Cedric	83	9m45	13-09	resc
3	Naif Jerome	83	8m82	27-09	resc
4	Broothaerts Damien	83	8m63	01-09	rcas
5	Guarneri Salvatore	84	7m82	15-09	rsca
6	Degives Jean-Baptiste	83	7m64	25-08	rsca
7	Kill Michel	84	7m12	13-09	resc
8	Vervloet Gregory	83	6m96	01-09	rcas
9	Moreau Manuel	84	6m88	13-09	resc
10	Bontemps Reno	84	6m66	03-08	arch
11	Mahoungou Gregory	84	6m40	15-08	vs
12	Sputael Baudine Benoit	83	6m24	13-09	resc
13	Mertens Ken	84	6m22	01-09	rcas
14	Sorel Renaud	84	5m82	13-09	resc



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15	Brolet Mathieu	84	5m77	13-09	resc
16	Brolet Benjamin	84	4m96	27-09	resc

Disque (1 kg)

RC : 31m60

1	Xhonneux Frederic	83	25m36	01-05	rsca
2	Cawet Cedric	83	24m06	27-10	rsca
3	Broothaerts Damien	83	18m56	17-08	resc
4	Guarneri Salvatore	84	18m42	15-09	rsca
5	Naif Jerome	83	17m52	05-04	resc
6	Vervloet Gregory	83	17m34	27-10	rsca
7	Kill Michel	84	16m76	05-04	resc
8	Degives Jean-Baptiste	83	14m02	05-04	resc
9	Sorel Renaud	84	13m84	05-04	resc
10	Bontemps Reno	84	13m42	08-09	spbo
11	Brolet Mathieu	84	12m84	05-04	resc
12	Moreau Manuel	84	12m80	17-08	resc
13	Brolet Benjamin	84	11m82	05-04	resc

Javelot (400 gr)

RC : 36m80

1	Cawet Cedric	83	36m36	12-10	riwa
2	Xhonneux Frederic	83	31m92	16-05	dac
3	Broothaerts Damien	83	29m30	13-07	grim
4	Guarneri Salvatore	84	27m90	16-06	mac
5	Degives Jean-Baptiste	83	26m08	05-04	resc
6	Kill Michel	84	25m82	16-06	mac
7	Naif Jerome	83	24m98	05-04	resc
8	Sorel Renaud	84	23m56	26-06	csf
9	Vaessen Fabian	84	21m36	17-08	resc
10	Mahoungou Gregory	84	21m14	05-04	resc
11	Vervloet Gregory	83	19m96	26-06	csf
12	Mertens Ken	84	19m58	26-10	rcb
13	Brolet Benjamin	84	16m36	05-04	resc
14	Moreau Manuel	84	14m30	17-08	resc
15	Bontemps Reno	84	12m18	22-08	rfcl
16	Brolet Mathieu	84	12m04	05-04	resc

Tetrathlon

RC : 2900 p

1	Naif Jerome	83	2363 p	27-09	resc
2	Xhonneux Frederic	83	2341 p	27-09	resc
3	Cawet Cedric	83	2112 p	12-10	riwa
4	Broothaerts Damien	83	2063 p	27-09	resc
5	Vervloet Gregory	83	1741 p	01-09	rcas
6	Degives Jean-Baptiste	83	1726 p	01-09	rcas
7	Kill Michel	84	1720 p	27-05	rsca
8	Guarneri Salvatore	84	1456 p	27-09	resc
9	Mertens Ken	84	1428 p	01-09	rcas
10	Brolet Benjamin	84	1302 p	27-09	resc
11	Sorel Renaud	84	1240 p	27-09	resc
12	Bontemps Reno	84	957 p	27-04	damp
13	Sputael Baudine Benoit	83	908 p	27-09	rsca
14	Brolet Mathieu	84	833 p	05-04	resc

4 x 80 m

RC : 41.24

Naif, Xhonneux, Broothaerts, Vervloet	44.41	15-09	rsca
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CADETS GARCONS (1982 - 1981)

100 m

RC : 11.39

1	Delhaye Jeremy	81	11.98	27-04	ws
2	Moral Miguel	81	11.99	26-04	resc
3	Thiry Stephane	81	12.99	15-06	ws
4	Schepens Cedric	82	13.02	26-04	resc
5	Mangold Dimitri	81	13.58	26-08	resc
6	Guillet Lionel	82	13.81	26-04	resc
7	De Ruyver Laurent	82	14.14	08-04	rsca
8	Foucart François	82	14.46	26-04	resc
9	Franco Christian	82	14.61	28-08	resc



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200 m		RC : 23.14			
1	Moral Miguel	81	24.20	14-09	rfcl
2	Bentheim Ronald	81	25.44	18-09	resc
3	Schepens Cedric	82	26.56	08-06	spvi
4	Mangold Dimitri	81	26.94	06-10	resc
5	Deltour Antoon	82	28.97	26-06	dcla
6	Franco Christian	82	30.26	18-09	resc
7	Van Zeebroeck Bert	82	30.95	26-06	dcla
300 m		RC : 36.94			
1	Levacq Corentin	81	36.86	20-10	resc
2	De Nutte David	81	40.12	20-10	resc
3	Mangold Dimitri	81	41.64	20-10	resc
4	Foucart François	82	46.22	15-05	csf
5	Guillet Lionel	82	46.52	15-05	csf
400 m		RC : 52.24			
1	Levacq Corentin	81	52.34	28-09	csf
2	Thys Alain	81	55.52	16-06	ws
3	Bentheim Ronald	81	57.37	18-05	csf
4	Brolet Bertrand	81	57.84	14-09	rfcl
5	Vaillant Jean Baptiste	82	59.51	31-08	cabw
6	Schepens Cedric	82	59.54	06-09	resc
7	Foucart François	82	62.13	11-07	spvi
800 m		RC : 2.02.70			
1	Levacq Corentin	81	1.59.30	06-10	resc
2	Bentheim Ronald	81	2.05.77	08-09	dcla
3	Brolet Bertrand	81	2.14.09	06-10	resc
4	Vaillant Jean Baptiste	82	2.26.33	28-08	resc
5	Vandenbroucke Nicolas	82	2.34.56	06-10	resc
1000 m		RC : 2.48.00			
1	Levacq Corentin	81	2.43.18	26-04	resc
2	Brolet Bertrand	81	2.49.36	20-10	resc
3	Bentheim Ronald	81	2.54.48	26-04	resc
4	Vaillant Jean Baptiste	82	3.12.31	26-04	resc
1500 m		RC : 4.10.90			
1	Levacq Corentin	81	4.18.31	16-06	ws
2	Bentheim Ronald	81	4.35.69	08-06	spvi
3	Vaillant Jean Baptiste	82	4.57.04	06-09	resc
100 m haies (91 cm)		RC : 14.23			
1	Thys Alain	81	15.52	18-05	csf
2	Schepens Cedric	82	21.84	14-09	rfcl
300 m haies (76 cm)		RC : 40.07			
1	Levacq Corentin	81	41.50	14-09	rfcl
2	Thys Alain	81	43.34	07-09	dcla
3	Vaillant Jean Baptiste	82	46.09	06-10	resc
4	Mangold Dimitri	81	47.18	06-10	resc
Hauteur		RC : 1m91			
1	Thys Alain	81	1m73	25-05	damp
2	Moral Miguel	81	1m60	08-06	spvi
3	Mangold Dimitri	81	1m55	14-09	rfcl
4	Guillet Lionel	82	1m50	20-10	resc
5	De Ruyver Laurent	82	1m35	08-04	rsca
	Foucart François	82	1m35	15-05	csf
Longueur		RC : 6m70			
1	Thys Alain	81	5m52	06-09	resc
2	Thiry Stephane	81	5m35	19-05	csf
3	Schepens Cedric	82	5m32	19-05	csf
4	Moral Miguel	81	4m60	29-06	dac
5	Guillet Lionel	82	4m53	06-09	resc
6	Franco Christian	82	4m00	10-05	resc
Triple saut		RC : 13m52			
1	De Nutte David	81	11m16	04-05	ws



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Perche		RC : 3m71			
1	Thys Alain	81	3m60	08-06	resc
2	Van Zeebroeck Bert	82	2m80	08-06	resc
3	Foucart François	82	2m50	08-06	resc

Poids (4 kg)		RC : 13m52			
1	Hallems Yannick	81	10m94	20-10	resc
2	Levacq Corentin	81	10m60	16-06	ws
3	Thys Alain	81	10m34	16-06	ws
4	Schepens Cedric	82	8m89	04-05	ws
5	Ben Taha Evan	81	8m41	06-09	resc
6	Franco Christian	82	7m14	20-10	resc

Disque (1 kg)		RC : 37m32			
1	Hallems Yannick	81	37m64	05-10	ws
2	De Ruyver Laurent	82	26m00	06-10	resc
3	Franco Christian	82	16m62	06-10	resc

Javelot (600 gr)		RC : 37m02			
1	Hallems Yannick	81	37m52	18-09	resc
2	Van Zeebroeck Bert	82	33m90	26-06	dcla

Marteau (4 kg)		RC : 40m44			
1	Hallems Yannick	81	30m10	14-09	rfcl

4 x 100 m		RC : 45.63			
De Nutte, Levacq, Moral, Schepens		47.27	22-09	cabw	

4 x 800 m		RC : 8.44.20			
Vaillant, Bentheim, Brolet, Levacq		8.47.65	22-09	cabw	

SCOLAIRES HOMMES (1980 - 1979)

100 m		RC : 11.08			
1	Van de Velde Frank	79	11.45	30-06	rfcl
2	Gomes Bapa Marcel	80	12.01	18-05	csf
3	Bornauw Carl	79	12.17	04-05	ws
4	Fontenoy Serge	80	12.23	14-09	rfcl
5	Thielens Sebastien	79	12.28	26-04	resc
6	Van Caekenberghe Koen	79	12.49	04-05	ws
7	Naif Nicolas	80	12.77	26-04	resc
8	Schroeven Bruno	80	13.03	17-08	spvi
9	Xhonneux Marc	80	13.30	15-06	ws
10	Alexiou Efstratios	80	13.44	04-05	ws

200 m		RC : 22.02			
1	Van de Velde Frank	79	23.20	25-05	damp
2	Gomes Bapa Marcel	80	24.36	19-05	csf
3	Thielens Sebastien	79	24.83	26-04	resc
4	Bornauw Carl	79	24.89	29-06	dac
5	Fontenoy Serge	80	25.16	06-10	resc
6	Schroeven Bruno	80	25.54	19-05	csf
7	Van Caekenberghe Koen	79	26.07	06-10	resc
8	Xhonneux Marc	80	26.73	18-09	resc

300 m		RC : 36.24			
1	Xhonneux Marc	80	40.90	20-10	resc
2	Fontenoy Serge	80	41.02	15-05	csf

400 m		RC : 49.92			
1	Gomes Bapa Marcel	80	53.91	16-06	ws
2	Van de Velde Frank	79	54.20	16-06	ws
3	Schroeven Bruno	80	54.80	16-06	ws
4	Thielens Sebastien	79	54.96	06-09	resc
5	Bornauw Carl	79	56.03	06-09	resc
6	Van Caekenberghe Koen	79	56.22	04-05	ws
7	Xhonneux Marc	80	60.43	28-09	csf
8	Fontenoy Serge	80	60.83	06-09	resc



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES OUTDOOR 1996

800 m				RC : 1.58.47	
1	Metian Marc	79	1.56.95	06-10	resc
2	Schroeven Bruno	80	1.59.25	06-10	resc
3	Zaanan Nordin	79	2.02.04	06-10	resc
4	Mezouari Oussama	79	2.25.64	14-09	rfcl
1000 m				RC : 2.33.52	
1	Zaanan Nordin	79	2.38.64	20-10	resc
2	Schroeven Bruno	80	2.44.94	26-04	resc
3	Naif Nicolas	80	2.50.13	20-10	resc
4	Mezouari Oussama	79	3.07.41	26-04	resc
1500 m				RC : 4.00.79	
1	Metian Marc	79	4.02.62	18-09	resc
2	Zaanan Nordin	79	4.08.82	12-05	olse
3	Schroeven Bruno	80	4.22.06	06-09	resc
3000 m				RC : 8.33.14	
1	Zaanan Nordin	79	9.06.53	27-06	vita
2	Metian Marc	79	9.20.63	04-05	ws
3	Schroeven Bruno	80	9.31.54	28-08	resc
110 m haies (99 cm)				RC : 14.94	
1	Van de Velde Frank	79	14.68	08-09	dcla
2	Naif Nicolas	80	16.61	14-09	rfcl
3	Fontenoy Serge	80	17.01	18-05	csf
110 m haies (106 cm)				RC : 15.16	
1	Van de Velde Frank	79	15.18	10-08	vs
300 m haies (84 cm)				RC : 40.07	
1	Van de Velde Frank	79	40.39	19-05	csf
2	Naif Nicolas	80	41.58	14-09	rfcl
3	Xhonneux Marc	80	46.40	16-10	resc
2000 m steeple (91 cm)				RC : 6.10.20	
1	Duchatel Baptiste	80	7.21.56	14-09	rfcl
Hauteur				RC : 2m05	
1	Van de Velde Frank	79	1m86	26-04	resc
2	Delay Benoit	79	1m71	14-09	rfcl
3	Naif Nicolas	80	1m60	18-09	resc
4	Xhonneux Marc	80	1m45	18-09	resc
Longueur				RC : 7m59	
1	Van de Velde Frank	79	6m18	01-05	rsca
2	Gomes Bapa Marcel	80	5m99	14-09	rfcl
3	Schroeven Bruno	80	5m53	19-05	csf
4	Fontenoy Serge	80	5m31	18-08	ea
5	Xhonneux Marc	80	5m14	19-05	csf
Triple saut				RC : 15m64	
1	Bouali Younes	80	11m50	06-09	resc
2	Delay Benoit	79	11m23	14-09	rfcl
3	Thielens Sebastien	79	10m92	26-04	resc
Poids (5 kg)				RC : 14m19	
1	Gomes Bapa Marcel	80	12m99	16-06	ws
2	Van de Velde Frank	79	11m74	26-06	csf
3	Fontenoy Serge	80	10m77	06-09	resc
Disque (1,5 kg)				RC : 37m11	
1	Fontenoy Serge	80	27m34	31-08	cabw
Javelot (700 gr)				RC : 44m52	
1	Bornauw Carl	79	40m58	14-08	vita
Marteau (5 kg)				RC : 51m72	
1	Alexiou Efstratios	80	37m96	14-09	rfcl



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4 x 100 m	RC : 43.01
Thielens, Bornauw, Gomes Bapa, Van de Velde	46.11 26-04 resc

4 x 800 m	RC : 8.11.31
Naif, Zaanan, Schroeven, Metian	8.11.01 22-09 cabw

JUNIORS HOMMES (1978 - 1977)

100 m	RC : 10.71
1 Schoonjans Patrick	77 11.27 25-08 avt
2 Kabuya Serge	77 11.46 22-08 vs
3 Rombaut Wesley	77 11.64 13-10 atac
4 Vanderhaeghen Olivier	77 11.98 18-08 ea

200 m	RC : 21.24
1 Schoonjans Patrick	77 22.87 02-06 smac
2 Kabuya Serge	77 23.31 15-08 vs
3 Rombaut Wesley	77 23.40 13-07 ws
4 Vanderhaeghen Olivier	77 24.20 19-05 csf

300 m	RC : 35.89
1 Schoonjans Patrick	77 36.36 20-10 resc
2 Rombaut Wesley	77 37.75 14-04 zwat

400 m	RC : 47.92
1 Kabuya Serge	77 51.85 06-09 resc
2 Schoonjans Patrick	77 52.42 03-08 vita
3 Vanderhaeghen Olivier	77 53.32 16-06 ws

800 m	RC : 1.52.66
1 Ouamari Aabid	77 1.55.82 26-04 resc
2 Hovelacque Benoit	77 1.59.58 12-05 olse
3 Fonteyne Brendan	77 2.04.97 26-04 resc

1000 m	RC : 2.26.76
1 Vanderhaeghen Olivier	77 2.41.25 20-10 resc

1500 m	RC : 3.48.90
1 Hovelacque Benoit	77 4.04.66 15-09 olse

Mile	RC : -
1 Hovelacque Benoit	77 4.29.40 05-10 dac

3000 m	RC : 8.14.64
1 Ouamari Aabid	77 8.56.54 28-08 resc

5000 m	RC : 14.35.11
1 Ouamari Aabid	77 15.19.58 15-09 olse

400 m haies (91 cm)	RC : 52.70
1 Schoonjans Patrick	77 57.55 12-05 olse

Longueur	RC : 7m86
1 Vanderhaeghen Olivier	77 6m64 18-05 csf

Triple saut	RC : 15m79
1 Vanderhaeghen Olivier	77 12m99 19-05 csf
2 Schoonjans Patrick	77 12m92 19-05 csf

Perche	RC : 4m85
1 Rombaut Wesley	77 5m00 20-08 looi

Poids (6 kg)	RC : 15m27
1 Rombauts Wesley	77 12m03 13-10 tuac

Disque (1,75 kg)	RC : 43m08
1 Rombauts Wesley	77 35m36 13-10 tuac



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Disque (2 kg)		RC : 42m28			
1	Rombauts Wesley	77	31m62	13-07	ws
Marteau (6 kg)		RC : 39m36			
1	Marbais Michael	78	51m82	28-09	acme
Marteau (7,26 kg)		RC : 43m22			
1	Marbais Michael	78	38m46	14-05	aart
4 x 100 m		RC : 42.37			
Rombauts, Schoonjans, Vanderhaeghen, Kabuya		43.55	08-09	dcla	
4 x 400 m		RC : 3.17.65			
Schoonjans, Rombaut, Ouamari, Hovelacque		3.28.28	08-09	dcla	
ESPOIRS HOMMES (1976 - 1975 - 1974)					
100 m		RC : 10.53			
1	Canvat Thibaut	76	11.47	26-04	resc
2	Jacobs David	76	12.12	13-10	atac
200 m		RC : 21.14			
1	Guellet Yassin	74	22.08	12-05	olse
2	Elengesa Salama Claude	76	22.85	18-08	ea
3	Canvat Thibaut	76	23.39	14-07	vita
4	Malungu Michael	74	24.54	01-09	csf
300 m		RC : 34.01			
1	Elengesa Salama Claude	76	36.44	15-09	riwa
2	Malungu Michael	74	36.97	14-04	zwat
400 m		RC : 47.64			
1	Canvat Thibaut	76	50.25	21-07	dac
800 m		RC : 1.50.88			
1	Minet Sebastien	76	2.02.77	16-06	ws
2	Bakach Lanrji Rachid	76	2.08.18	26-04	resc
1500 m		RC : 3.46.18			
1	Minet Sebastien	76	4.03.17	18-09	resc
2000 m		RC : 5.56.40			
1	Minet Sebastien	76	5.51.64	18-08	smac
3000 m		RC : 8.08.40			
1	Minet Sebastien	76	8.42.90	31-08	tess
2	Liegeois Laurent	75	9.32.58	26-04	resc
5000 m		RC : 13.56.92			
1	Minet Sebastien	76	15.39.21	?	?
2	Liegeois Laurent	75	16.31.07	06-09	resc
Longueur		RC : 7m86			
1	Guellet Yassin	74	6m56	12-05	olse
Triple saut		RC : 16m01			
1	Malungu Michael	74	13m17	28-09	csf
Perche		RC : 5m11			
1	Jacobs David	76	4m40	20-08	tess
2	Dewil Ben	75	4m03	21-07	dac
Poids (7,26kg)		RC : 13m67			
1	Rogers Vincent	75	13m23	21-09	usbw
2	Jacobs David	76	11m22	13-10	atac
Disque (2 kg)		RC : 44m06			
1	Rogers Vincent	75	39m96	21-09	usbw
2	Jacobs David	76	30m40	27-06	vita



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Javelot (800 gr)		RC : 49m26			
1	Rogers Vincent	75	30m40	27-06	vita

SENIORS HOMMES (1976 - 1962)

100 m		RC : 10.02			
1	Eyenga Lokilo Jean Claude	63	10.65	16-06	ws
2	Sekanyambo Ilunga Olivier	71	10.80	11-08	vs
3	Asselman Frank	72	11.21	27-07	vs
4	Vanlancker Rudi	71	11.24	26-06	csf
5	Canvat Thibaut	76	11.47	26-04	resc
6	Nimy Djo	?	11.82	21-07	dac
7	Jacobs David	76	12.12	13-10	atac
8	Franco Luc	?	13.82	28-09	csf

200 m		RC : 20.66			
1	Eyenga Lokilo Jean Claude	63	21.79	10-08	vs
2	Asselman Frank	72	21.98	01-06	dac
3	Guellet Yassin	74	22.08	12-05	olse
4	Sekanyambo Ilunga Olivier	71	22.14	18-08	ea
5	Elengesa Salama Claude	76	22.85	18-08	ea
6	Canvat Thibaut	76	23.39	14-07	vita
7	Malungu Michael	74	24.54	01-09	csf
8	Franco Luc	?	27.99	28-09	csf

300 m		RC : 34.01			
1	Amery Ronald	69	35.42	01-05	rsca
2	Sekanyambo Ilunga Olivier	71	36.38	15-09	riwa
3	Elengesa Salama Claude	76	36.44	15-09	riwa
4	Malungu Michael	74	36.97	14-04	zwat

400 m		RC : 46.47			
1	Dollendorf Marc	66	47.16	04-05	IND
2	Canvat Thibaut	76	50.25	21-07	dac
3	Sekanyambo Ilunga Olivier	71	51.13	16-06	ws
4	Amery Ronald	69	51.25	12-05	olse

800 m		RC : 1.48.30			
1	Heremans Nick	72	1.54.98	01-05	smac
2	Van Den Broek Wout	73	1.58.87	12-05	olse
3	Minet Sebastien	76	2.02.77	16-06	ws
4	Bakach Lanrji Rachid	76	2.08.18	26-04	resc

1500 m		RC : 3.40.30			
1	Heremans Nick	72	3.48.50	06-06	UK
2	Van Den Broek Wout	73	3.58.45	06-09	resc
3	Minet Sebastien	76	4.03.17	18-09	resc

2000 m		RC : 5.35.45			
1	De Smet Franck	70	5.22.44	09-06	vita
2	Heremans Nick	72	5.33.90	16-06	ws
3	Minet Sebastien	76	5.51.64	18-08	smac

3000 m		RC : 7.51.46			
1	Heremans Nick	72	8.19.26	12-05	olse
2	De Smet Franck	70	8.25.18	19-04	aclo
3	Meziani Rachid	71	8.32.83	26-04	resc
4	Jordens Stephane	65	8.41.75	28-08	resc
5	Minet Sebastien	76	8.42.90	31-08	tess
6	Stroobants Jean Marie	63	8.51.13	26-04	resc
7	Liegeois Laurent	75	9.32.58	26-04	resc

5000 m		RC : 13.22.81			
1	De Smet Franck	70	14.20.83	27-06	vita
2	Heremans Nick	72	14.26.32	27-05	GER
3	Rousseau Stephane	67	14.28.63	12-05	olse
4	Vanderstraeten Marc	69	14.34.95	12-05	olse
5	Minet Sebastien	76	15.39.21	?	?
6	Liegeois Laurent	75	16.31.07	06-09	resc



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5000 m		RC : -			
1	De Smet Franck	70	1h08.40	22-09	FRA
110 m haies (106 cm)		RC : 13.82			
1	Asselman Frank	72	13.48	16-06	ws
2	Sanglier Olivier	72	16.32	01-05	smac
400 m haies (91cm)		RC : 49.05			
1	Dollendorf Marc	66	48.91	01-08	USA
2	Asselman Frank	72	52.20	27-04	hf
3000 m steeple (91 cm)		RC : 8.24.90			
1	Meziani Rachid	71	9.28.37	12-05	olse
2	Muyldermans Stephane	68	9.45.88	01-05	smac
Hauteur		RC : 2m21			
1	Sandron Dominique	69	1m96	16-06	ws
Longueur		RC : 7m94			
1	Vanlancker Rudi	71	7m42	11-08	vs
2	Guellet Yassin	74	6m56	12-05	olse
3	Sanglier Olivier	72	5m88	01-05	smac
4	Franco Luc	?	4m14	31-08	rcas
Triple saut		RC : 16m86			
1	Dotrengre Alexandre	70	13m63	12-05	olse
2	Malungu Michael	74	13m17	28-09	csf
Perche		RC : 5m25			
1	Biot Olivier	72	5m02	07-07	csf
2	Jacobs David	76	4m40	20-08	tess
3	Dewil Ben	75	4m03	21-07	dac
Poids (7,26kg)		RC : 9m90			
1	Rogers Vincent	75	13m23	21-09	usbw
2	Jacobs David	76	11m22	13-10	atac
3	Franco Luc	?	6m79	31-08	rcas
Disque (2 kg)		RC : 51m56			
1	Rogers Vincent	75	39m96	21-09	usbw
2	Metens Armand	67	35m96	12-05	olse
3	Jacobs David	76	30m40	27-06	vita
Javelot (800 gr)		RC : 70m78			
1	Stockmans Franck	63	60m30	12-05	olse
2	Rogers Vincent	75	30m40	27-06	vita
Marteau (7,26 kg)		RC : 61m66			
1	Metens Armand	67	57m82	31-08	rcg
5000 m marche		RC : 20.18.00			
1	Leroy Benjamin	73	20.08.24	30-06	FRA
20 000 m marche		RC : 1h28.35			
1	Leroy Benjamin	73	1h35.51	01-05	smac
50 km marche		RC : 4h23.29			
1	Leroy Benjamin	73	4h11.46	?	?
4 x 100 m		RC : 40.72			
Eyenga, Guellet, Elengesa, Sekanyambo		42.53	12-05	olse	

MASTERS HOMMES 35

10 000 m		RC : 31.25.40			
1	Tillieux Guy	58	36.31.20	05-10	dac
Triple saut		RC : 13m99			
1	Cincinatis Yves	59	14m26	11-07	spvi



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MASTERS HOMMES 40

Marteau (7,26 kg)		RC : 36m16			
1	Bontemps Rene	55	31m70	09-06	smac

MASTERS HOMMES 45

Perche		RC : 4m30			
1	Dewil Jef	49	3m83	21-07	dac

Poids (7,26kg)		RC : 15m08			
1	Van Schoor Robert	46	12m66	12-05	olse

Disque (2 kg)		RC : 50m08			
1	Van Schoor Robert	46	48m52	04-06	crac

MASTERS HOMMES 50

Disque (1,5 kg)		RC : -			
1	Van Schoor Robert	46	50m86	?	?