



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 1995

BENJAMINS FILLES (1987 - 1986)

60 m		RC : 9.44			
1	Gilson Anais	86	10.44	20-05	resc
	Huybrechts Isabelle	87	10.44	20-05	resc
3	Huybrechts Catherine	87	10.54	20-05	resc
4	Giolo Anna	86	10.64	10-06	resc
5	Bodart Marie	87	11.04	07-10	resc
6	Van De Zande Florence	87	11.54	13-10	resc
1000 m		RC : 4.05.10			
1	Huybrechts Isabelle	87	4.05.20	28-07	abes
2	Gilson Anais	86	4.16.05	15-10	rfcl
3	Bodart Marie	87	4.31.60	07-10	resc
4	Huybrechts Catherine	87	4.45.80	28-07	abes
Hauteur		RC : 1m17			
1	Gilson Anais	86	0m85	22-04	resc
Longueur		RC : 3m56			
1	Huybrechts Isabelle	87	3m01	21-10	ws
2	Gilson Anais	86	2m86	14-04	resc
3	Van De Zande Florence	87	2m71	13-10	resc
4	Huybrechts Catherine	87	2m46	16-09	vs
5	Mostmans Yora	87	1m93	14-04	resc
Poids (1 kg)		RC : 7m90			
1	Giolo Anna	86	6m27	10-06	resc
2	Huybrechts Isabelle	87	6m08	21-10	ws
3	Kaufmann Isabelle	87	6m03	10-06	resc
4	Speroni Jennifer	86	5m80	05-05	resc
5	Gilson Anais	86	5m35	01-09	resc
6	Huybrechts Catherine	87	5m33	21-07	vs
7	Van De Zande Florence	87	4m77	05-05	resc
8	Craps Stephanie	87	3m40	05-05	resc
Balle de hockey		RC : 28m96			
1	Huybrechts Isabelle	87	17m64	16-09	vs
2	Van De Zande Florence	87	14m02	05-05	resc
3	Huybrechts Catherine	87	13m48	01-09	resc
4	Gilson Anais	86	13m10	05-05	resc
5	Mostmans Yora	87	11m06	03-09	spbo
6	Craps Stephanie	87	8m28	05-05	resc
Triathlon		RC : 1058 p			
1	Huybrechts Isabelle	87	817 p	21-10	ws
2	Huybrechts Catherine	87	558 p	21-07	vs
3	Gilson Anais	86	515 p	14-04	resc

PUPILLES FILLES (1985 - 1984)

60 m		RC : 8.74			
1	Kompany Christel	84	9.24	21-10	ws
2	Gilson Adeline	84	9.37	16-09	vs
3	Brion Sophie	85	9.57	15-08	vs
4	Meeus Valerie	84	9.64	07-10	resc
5	El Boubsi Maryam	84	9.74	10-06	resc
6	Degives Emily Jane	85	9.84	07-10	resc
	Hallems Julie	85	9.84	15-04	hco
	Maridor Julie	84	9.84	10-06	resc
9	Marnef Aline	85	10.14	15-08	vs
10	De Soete Marie Cecile	85	10.44	20-05	resc
11	Vaillant Fanny	84	10.84	07-10	resc
12	Sabbar Leila	85	11.74	20-05	resc
13	Laghar Saida	85	13.24	07-10	resc
1000 m		RC : 3.36.89			
1	El Boubsi Maryam	84	3.41.50	13-10	resc
2	Hallems Julie	85	3.59.62	04-06	lebb
3	Kompany Christel	84	4.01.00	22-10	resc



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4	Brion Sophie	85	4.02.00	17-06	mac
5	Degives Emily Jane	85	4.02.50	22-10	resc
6	Gilson Adeline	84	4.08.97	15-10	rfcl
7	De Soete Marie Cecile	85	4.23.30	02-04	ws
8	Devos Julie	00	4.26.00	22-10	resc

60 m haies (76 cm)

RC : 11.04

1	Kompany Christel	84	11.84	07-10	resc
2	Meeus Valerie	84	12.54	07-10	resc
3	Brion Sophie	85	12.94	24-06	ws
4	Degives Emily Jane	85	13.14	07-10	resc
5	Gilson Adeline	84	13.74	07-10	resc
6	Marnef Aline	85	13.94	19-08	dac
7	El Boubsi Maryam	84	14.04	06-05	mac
8	De Soete Marie Cecile	85	23.44	22-04	resc

Hauteur

RC : 1m29

1	El Boubsi Maryam	84	1m15	05-05	resc
	Hallems Julie	85	1m15	25-06	dcla
	Marnef Aline	85	1m15	19-08	dac
4	Brion Sophie	85	1m10	15-08	vs
	Kompany Christel	84	1m10	24-06	ws
	Maridor Julie	84	1m10	05-05	resc
7	Degives Emily Jane	85	1m00	05-05	resc
	Gilson Adeline	84	1m00	05-05	resc
	Meeus Valerie	84	1m00	05-05	resc
10	De Soete Marie Cecile	85	0m90	24-06	ws
	Sabbar Leila	85	0m90	05-05	resc

Longueur

RC : 4m48

1	Kompany Christel	84	4m15	01-09	resc
2	Gilson Adeline	84	3m68	02-04	ws
3	Maridor Julie	84	3m56	14-04	resc
4	El Boubsi Maryam	84	3m55	13-08	csf
5	Marnef Aline	85	3m51	01-09	resc
6	Ben Mohamed Louisa	84	3m50	14-04	resc
7	Hallems Julie	85	3m20	01-09	resc
8	Brion Sophie	85	3m19	15-08	vs
9	Vaillant Fanny	84	3m12	01-09	resc
10	Mostmans Lien	85	3m07	14-04	resc
11	Degives Emily	85	2m92	01-09	resc
12	De Soete Marie-Cecile	85	2m71	01-09	resc
13	Laghar Saida	85	1m91	14-04	resc

Poids (2 kg)

RC : 7m67

1	Kompany Christel	84	8m27	21-10	ws
2	Maridor Julie	84	6m87	05-05	resc
3	El Boubsi Maryam	84	6m75	29-10	csf
4	Hallems Julie	85	6m52	23-06	resc
5	Meeus Valerie	84	5m93	07-10	resc
6	Gilson Adeline	84	5m62	16-09	vs
7	De Soete Marie Cecile	85	5m23	16-09	resc
8	Brion Sophie	85	5m20	16-09	vs
9	Vaillant Fanny	84	5m13	07-10	resc
10	Laghar Saida	85	4m99	13-10	resc
11	Sabbar Leila	85	4m90	05-05	resc
12	Degives Emily Jane	85	4m55	05-05	resc

Balle de hockey

RC : 31m22

1	Hallems Julie	85	33m26	23-06	resc
2	El Boubsi Maryam	84	29m46	03-09	spbo
3	Kompany Christel	84	27m74	02-09	dac
4	Maridor Julie	84	26m18	10-06	resc
5	Marnef Aline	85	21m86	01-09	resc
6	Brion Sophie	85	21m66	03-09	spbo
7	Mostmans Lien	85	20m18	03-09	spbo
8	Gilson Adeline	84	18m56	23-06	resc
9	De Soete Marie Cecile	85	18m02	24-06	ws
10	Ben Mohamed Louisa	84	16m72	14-04	resc
11	Meeus Valerie	84	16m18	20-05	resc
12	Buifrahi Yasmina	84	15m96	20-05	resc



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13	Vaillant Fanny	84	15m02	01-09	resc
14	Sabbar Leila	85	12m86	05-05	resc
15	Degives Emily Jane	85	12m00	01-09	resc
16	Laghar Saida	85	11m90	14-04	resc

Triathlon RC : 1143 p

1	Kompany Christel	84	1321 p	21-10	ws
2	Hallems Julie	85	1056 p	25-06	dcla
3	Gilson Adeline	84	1053 p	16-09	vs
4	Maridor Julie	84	960 p	10-06	resc
5	Marnef Aline	85	956 p	24-09	rscs
6	El Boubsi Maryam	84	941 p	13-08	csf
7	Brion Sophie	85	853 p	16-09	vs
8	Degives Emily Jane	85	690 p	16-09	vs

4 x 60 m RC : 35.70

Degives, El Boubsi, Gilson, Kompany	37.42	22-10	resc
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MINIMES FILLES (1983 - 1982)

80 m RC : 10.64

1	Giuliani Alexandra	82	10.74	21-10	ws
2	Kill Françoise	83	11.64	21-10	ws
3	De Cock Aline	82	12.08	11-06	vita
4	La Rou Cecile	82	12.14	02-04	ws
5	Cherpion Fiona	82	12.47	17-04	vs
6	Ruyssinck Kelly	83	12.50	17-04	vs
7	Pauly Benedicte	83	12.74	20-05	resc
	Verheyden Kim	82	12.74	20-05	resc
9	Batardy Laetitia	83	12.94	20-05	resc
10	Delire Celine	82	13.24	22-04	resc
11	Sorel Aurelie	82	13.76	16-09	vs

150 m RC : 20.44

1	Giuliani Alexandra	82	21.54	07-10	resc
	La Rou Cecile	82	21.54	07-10	resc
3	Kill Françoise	83	22.24	07-10	resc
4	De Cock Aline	82	22.74	07-10	resc
5	Pauly Benedicte	83	23.04	07-10	resc
6	Ruyssinck Kelly	83	23.34	07-10	resc
7	Dewitte Caroline	82	24.34	07-10	resc
8	Sorel Aurelie	82	24.94	07-10	resc

1000 m RC : 3.34.00

1	Dewitte Caroline	82	3.33.30	22-10	resc
2	La Rou Cecile	82	3.34.30	22-10	resc
3	Pauly Benedicte	83	3.34.60	13-10	resc
4	Ruyssinck Kelly	83	3.40.10	17-06	mac
5	Kill Françoise	83	3.40.90	22-10	resc
6	Giuliani Alexandra	82	3.41.80	22-10	resc
7	Sorel Aurelie	82	4.04.00	13-10	resc

60 m haies (76 cm) RC : 10.05

1	De Cock Aline	82	10.74	07-10	resc
2	Giuliani Alexandra	82	10.94	07-10	resc
	La Rou Cecile	82	10.94	07-10	resc
4	Dewitte Caroline	82	11.74	07-10	resc
5	Pauly Benedicte	83	12.24	07-10	resc
6	Kill Françoise	83	12.94	24-06	ws
7	Delire Celine	82	13.14	22-04	resc
8	Cherpion Fiona	82	13.24	06-05	mac
	Sorel Aurelie	82	13.24	06-05	mac
10	Ruyssinck Kelly	83	14.54	07-10	resc

Hauteur RC : 1m57

1	De Cock Aline	82	1m35	01-09	resc
	Giuliani Alexandra	82	1m35	01-09	resc
3	Kill Françoise	83	1m30	24-06	rcas
4	Pauly Benedicte	83	1m25	01-09	resc
5	Cherpion Fiona	82	1m20	06-05	mac
	La Rou Cecile	82	1m20	01-09	resc



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	Sorel Aurelie	82	1m20	07-10	resc
8	Dewitte Caroline	82	1m15	01-09	resc
9	Ruyssinck Kelly	83	1m10	05-05	resc

Longueur RC : 4m90

1	Giuliani Alexandra	82	4m40	28-10	rcb
2	De Cock Aline	82	4m22	07-10	resc
3	La Rou Cecile	82	4m14	20-05	resc
4	Pauly Benedicte	83	4m08	20-05	resc
	Kill Françoise	83	4m08	28-10	rcb
6	Batardy Laetitia	83	3m91	20-05	resc
7	Verheyden Kim	82	3m84	20-05	resc
8	Cherpion Fiona	82	3m78	06-05	mac
9	Sorel Aurelie	82	3m58	13-10	resc
10	Dewitte Caroline	82	3m56	07-10	resc
11	Ruyssinck Kelly	83	3m49	07-10	resc
12	Delire Celine	82	2m90	22-04	resc

Poids (2 kg) RC : 10m38

1	Giuliani Alexandra	82	7m87	29-10	csf
2	Pauly Benedicte	83	7m84	23-06	resc
3	Kill Françoise	83	7m76	29-10	csf
4	Ruyssinck Kelly	83	7m63	05-05	resc
5	La Rou Cecile	82	7m55	10-06	resc
6	De Cock Aline	82	7m44	16-09	vs
7	Delire Celine	82	6m66	10-06	resc
8	Sorel Aurelie	82	6m51	10-06	resc
9	Cherpion Fiona	82	6m46	16-09	vs
10	Delire Lucie	83	6m45	05-05	resc
11	Verheyden Kim	82	5m60	05-05	resc

Disque (600 gr) RC : 29m24

1	La Rou Cecile	82	19m74	01-09	resc
2	Kill Françoise	83	18m36	01-09	resc
3	Cherpion Fiona	82	17m30	06-05	mac
4	Delire Celine	82	16m48	14-04	resc
5	De Cock Aline	82	16m34	01-09	resc
6	Giuliani Alexandra	82	15m88	01-09	resc
7	Pauly Benedicte	83	15m12	01-09	resc
8	Ruyssinck Kelly	83	13m82	01-09	resc
9	Sorel Aurelie	82	12m86	06-05	mac
10	Delire Lucie	83	12m14	14-04	resc
11	Dewitte Caroline	82	11m08	01-09	resc

Javelot (400 gr) RC : 24m88

1	De Cock Aline	82	22m24	03-09	spbo
2	La Rou Cecile	82	18m54	23-06	resc
3	El Hammouti Soraya	82	17m34	02-04	ws
4	Kill Françoise	83	16m74	13-08	csf
5	Ruyssinck Kelly	83	15m74	03-09	spbo
6	Sorel Aurelie	82	15m70	28-10	rcb
7	Giuliani Alexandra	82	14m88	03-09	spbo
8	Delire Lucie	83	14m58	14-04	resc
9	Delire Celine	82	13m90	14-04	resc
10	Pauly Benedicte	83	11m94	23-06	resc
11	Batardy Laetitia	83	9m42	14-04	resc

Tetrathlon RC : 2167 p

1	Giuliani Alexandra	82	1973 p	21-10	ws
2	La Rou Cecile	82	1802 p	07-10	resc
3	De Cock Aline	82	1798 p	07-10	resc
4	Pauly Benedicte	83	1574 p	07-10	resc
5	Kill Françoise	83	1511 p	16-09	vs
6	Cherpion Fiona	82	1382 p	16-09	vs
7	Ruyssinck Kelly	83	1370 p	21-07	vs
8	Dewitte Caroline	82	1339 p	07-10	resc
9	Sorel Aurelie	82	1197 p	16-09	vs

4 x 80 m RC : 42.87

Dewitte, Kill, Giuliani, La Rou	44.72	22-10	resc
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CADETTES FILLES (1981 - 1980)

100 m		RC : 12.64			
1	Bonvin Draps Nathalie	80	13.11	10-09	vs
2	Keita Aissa	81	13.44	27-05	csf
	Leplat Anabelle	81	13.44	27-05	csf
4	Guillet Laurence	80	13.48	27-05	csf
5	Sacre Laetitia	80	13.52	15-08	dcla
6	Leplat Severine	81	13.85	03-06	aclo
7	Vandenbrande Nathalie	81	14.14	08-10	csdy
8	Gilson Aurore	81	14.18	03-09	ws
9	Reynaerts Stephanie	80	15.37	26-08	rcg

200 m		RC : 26.40			
1	Bonvin Draps Nathalie	80	27.10	17-09	resc
2	Sacre Laetitia	80	27.38	17-09	resc
3	Leplat Anabelle	81	27.42	30-04	ea
4	Guillet Laurence	80	27.64	28-05	csf
5	Keita Aissa	81	28.10	02-07	smac
6	Leplat Severine	81	28.12	30-04	ea

300 m		RC : 42.84			
1	Bonvin Draps Nathalie	80	44.32	24-06	ea
2	Leplat Anabelle	81	45.19	01-05	vs
3	Leplat Severine	81	45.87	01-05	vs
4	Guillet Laurence	80	47.77	24-09	riwa
5	Gilson Aurore	81	49.54	01-05	vs
6	Reynaerts Stephanie	80	56.32	23-09	usbw

400 m		RC : 59.02			
1	Leplat Severine	81	63.80	03-09	ws
2	Sacre Laetitia	80	65.65	25-06	ws

800 m		RC : 2.22.80			
1	Cawet Daphne	80	2.25.42	17-09	resc
2	Delbecque Laure	80	2.27.98	17-09	resc
3	Dewitte Valerie	80	2.30.90	03-06	aclo
4	Leplat Severine	81	2.45.62	17-09	resc
5	Van Zeebroeck Griet	80	2.48.08	17-09	resc
6	Leplat Anabelle	81	2.50.83	17-09	resc
7	Boghmans Katarina	81	3.11.15	03-09	ws

1000 m		RC : 3.17.00			
1	Cawet Daphne	80	3.12.94	08-04	rcb
2	Dewitte Valerie	80	3.35.16	08-04	rcb

1500 m		RC : 5.06.80			
1	Cawet Daphne	80	5.02.54	03-06	aclo
2	Dewitte Valerie	80	5.41.10	27-05	csf

80 m haies (76 cm)		RC : 11.95			
1	Guillet Laurence	80	12.19	28-06	vita
2	Leplat Anabelle	81	13.36	03-06	aclo
3	Leplat Severine	81	14.24	27-05	csf
4	Gilson Aurore	81	14.35	17-09	csf
5	Keita Aissa	81	14.43	15-10	rfcl
6	Reynaerts Stephanie	80	16.20	17-09	resc

300 m haies (76 cm)		RC : 45.51			
1	Van Zeebroeck Griet	80	48.53	03-06	aclo
2	Bonvin Draps Nathalie	80	53.07	12-08	vs
3	Gilson Aurore	81	54.15	03-06	aclo
4	Guillet Laurence	80	54.45	12-08	vs

Hauteur		RC : 1m68			
1	Vandenbrande Nathalie	81	1m40	13-05	cabw



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Longueur		RC : 5m74			
1	Sacre Laetitia	80	4m92	27-05	csf
2	Bonvin Draps Nathalie	80	4m62	15-08	dcla
3	Guillet Laurence	80	4m56	05-08	spvi
4	Van Zeebroeck Griet	80	4m48	30-04	ea
5	Keita Aissa	81	4m30	05-08	spvi
6	Leplat Severine	81	4m19	30-04	ea
7	Gilson Aurore	81	4m18	30-04	ea
8	Leplat Anabelle	81	4m07	15-08	dcla
9	Reynaerts Stephanie	80	3m96	05-08	spvi

Triple saut		RC : 9m80			
1	Van Zeebroeck Griet	80	10m07	02-07	smac
2	Vandenbrande Nathalie	81	9m86	29-10	csf
3	Sacre Laetitia	80	9m28	03-06	aclo

Perche		RC : 2m63			
1	Van Zeebroeck Griet	80	3m26	29-10	csf
2	Van Remoortel Anouchka	80	2m80	17-09	resc

Poids (3 kg)		RC : 11m74			
1	Reynaerts Stephanie	80	10m69	28-05	csf
2	Vandenbrande Nathalie	81	9m02	29-10	csf
3	Gilson Aurore	81	7m50	27-04	spvi
4	Leplat Anabelle	81	7m28	27-04	spvi
5	Leplat Severine	81	6m76	22-04	resc

Disque (1 kg)		RC : 37m60			
1	Vandenbrande Nathalie	81	28m04	03-09	ws

Javelot (500 gr)		RC : 30m66			
1	Reynaerts Stephanie	80	32m82	23-09	usbw
2	Van Zeebroeck Griet	80	22m02	13-05	cabw

Marteau (3 kg)		RC : 22m14			
1	Van Remoortel Anouchka	80	26m14	03-06	aclo

4 x 100 m		RC : 50.70			
Keita, Sacre, Bonvin Draps, Guillet			50.59	01-10	spvi

4 x 800 m		RC : 10.29.87			
Sacre, Delbecque, Dewitte, Cawet			10.17.08	01-10	spvi

SCOLAIRES FEMMES (1979 - 1978)

100 m		RC : 12.41			
1	La Rou Jennifer	78	12.77	12-08	vs
2	Adam Benedicte	78	13.41	19-07	rcg
3	Fonteyn Astrid	79	14.57	03-09	ws

200 m		RC : 25.34			
1	La Rou Jennifer	78	25.82	28-06	vita
2	Adam Benedicte	78	26.90	28-05	csf
3	De Decker Annelies	78	27.44	03-06	aclo

300 m		RC : 42.84			
1	La Rou Jennifer	78	41.29	26-08	rcg

400 m		RC : 57.32			
1	La Rou Jennifer	78	58.29	15-07	vs
2	Adam Benedicte	78	59.31	07-05	olse
3	Fonteyn Astrid	79	69.68	03-09	ws

800 m		RC : 2.15.60			
1	Vermotte Axele	78	2.39.50	13-05	cabw
2	Lambot Stephanie	78	3.03.30	13-05	cabw

1500 m		RC : 4.54.30			
1	Fonteyn Astrid	79	6.01.40	13-05	cabw



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100 m haies (76 cm)		RC : 13.92			
1	De Decker Annelies	78	16.12	03-06	aclo
300 m haies (76 cm)		RC : 44.88			
1	La Rou Jennifer	78	43.97	03-06	aclo
2	De Decker Annelies	78	49.33	24-08	rfcl
Longueur		RC : 6m08			
1	La Rou Jennifer	78	5m28	27-05	csf
2	Adam Benedicte	78	4m99	24-06	ws
Perche		RC : 3m26			
1	Fonteyn Astrid	79	2m70	02-07	smac
Poids (3 kg)		RC : 11m95			
1	Adam Benedicte	78	11m91	03-09	ws
2	Vandenbroeck Elke	78	8m39	13-05	cabw
Disque (1 kg)		RC : 38m44			
1	Chamberod Anne	79	17m66	13-05	cabw
Javelot (600 gr)		RC : 37m36			
1	Adam Benedicte	78	31m70	13-05	cabw
2	Vandenbroeck Elke	78	15m68	07-05	olse
4 x 100 m		RC : 49.65			
Fonteyn, Adam, La Rou, De Decker			52.72	13-05	cabw

JUNIORS FEMMES (1977 - 1976)

100 m		RC : 12.11			
1	Rogers Valerie	77	14.42	08-04	rcb
2	Braus Ingrid	77	15.58	27-04	spvi
200 m		RC : 24.65			
1	Rogers Valerie	77	30.85	08-04	rcb
2	Braus Ingrid	77	33.01	17-09	resc
100 m haies (84 cm)		RC : 13.99			
1	Delbecque Maud	77	21.38	07-05	olse
400 m haies (76 cm)		RC : 65.29			
1	Braus Ingrid	77	85.38	07-05	olse
Hauteur		RC : 1m81			
1	Delbecque Maud	77	1m40	03-05	csf
Poids (4 kg)		RC : 13m12			
1	Vandenbroeck Elke	78	7m54	07-05	olse
Disque (1 kg)		RC : 45m60			
1	Braus Ingrid	77	21m70	30-04	ea

ESPOIRS FEMMES (1975 - 1974 - 1973)

800 m		RC : 2.11.36			
1	Debaillie Isabelle	74	2.38.21	24-06	ws
1500 m		RC : 4.29.00			
1	De Buyst Nadia	73	7.15.96	07-05	olse
3000 m		RC : 9.36.90			
1	Potvlieghe An	75	11.27.26	27-08	vita
5000 m		RC : 18.09.70			
1	Potvlieghe An	75	20.11.30	14-10	dac
400 m haies (76 cm)		RC : 64.12			
1	Debaillie Isabelle	74	71.93	07-05	olse



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Disque (1 kg)		RC : 46m94			
1	De Buyst Nadia	73	29m18	30-04	ea

Marteau (4 kg)		RC : 40m46			
1	De Buyst Nadia	73	25m12	28-06	cabw

SENIORS FEMMES (1975 - 1961)

100 m		RC : 11.84			
1	Carpentier Nathalie	71	13.70	01-05	lebb

200 m		RC : 24.03			
1	Algoet Cecile	71	28.92	28-05	csf

400 m		RC : 57.02			
1	Van Collie Heidi	69	60.29	25-06	ws

800 m		RC : 2.05.85			
1	Debaillie Isabelle	74	2.38.21	24-06	ws

1500 m		RC : 4.12.85			
1	Potvlieghe An	75	5.01.93	07-05	olse
2	De Buyst Nadia	73	7.15.96	07-05	olse

3000 m		RC : 8.49.85			
1	Potvlieghe An	75	11.27.26	27-08	vita

5000 m		RC : 15.41.24			
1	Potvlieghe An	75	20.11.30	14-10	dac

100 m haies (84 cm)		RC : 13.82			
1	Algoet Cecile	71	17.88	07-05	olse

400 m haies (76 cm)		RC : 60.08			
1	Debaillie Isabelle	74	71.93	07-05	olse

Hauteur		RC : 1m92			
1	Jonckheere Natalja	70	1m95	29-07	GB

Longueur		RC : 6m28			
1	Van Collie Heidi	69	5m43	28-05	csf
2	Algoet Cecile	71	5m35	28-05	csf
3	Muyls Jacqueline	65	5m04	07-05	olse
4	Carpentier Nathalie	71	4m99	01-05	lebb

Triple saut		RC : 12m52			
1	Van Collie Heidi	69	12m66	24-06	ea
2	Algoet Cecile	71	10m25	02-07	smac

Poids (4 kg)		RC : 13m12			
1	Jonckheere Natalja	69	9m13	07-05	olse

Disque (1 kg)		RC : 46m94			
1	De Buyst Nadia	73	29m18	30-04	ea

Marteau (4 kg)		RC : 40m46			
1	De Buyst Nadia	73	25m12	28-06	cabw

4 x 100 m		RC : 46.95			
Muyls, De Vrye, La Rou, Algoet			52.11	07-05	olse

4 x 400 m		RC : 3.54.68			
Debaillie, Vermotte, Adam, Jonckheere			4.17.12	07-05	olse



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MASTERS FEMMES 35

100 m		RC : 14.74			
1	De Vrye Corinne	60	13.37	07-05	olse

200 m		RC : -			
1	De Vrye Corinne	60	27.44	07-05	olse

BENJAMINS GARCONS (1987 - 1986)

60 m		RC : 9.20			
1	Kompany Vincent	86	9.64	24-06	ws
2	Bontemps Richard	86	9.94	29-04	damp
3	Browaey David	86	10.34	10-06	resc
	Miny Gaetan	86	10.34	07-10	resc
5	Wouters Maxime	87	10.44	13-10	resc
6	Vaillant Thibaud	87	10.54	07-10	resc
7	De Ruyver Julien	86	10.64	08-07	grim
	Fromont David	87	10.64	13-10	resc
9	Guarneri Renato	87	10.84	07-10	resc
	Tosti Bruno	88	10.84	13-10	resc
11	Dal Gaston	87	10.94	10-06	resc
12	Verstraeten Cedric	86	11.24	20-05	resc
	Van De Weerde Sebastien	87	11.24	07-10	resc
14	Houssame Issame	86	11.34	22-04	resc
15	Foucart Adrien	88	11.44	24-06	ws
	Van Nieuwenburgh Vincent	87	11.44	22-04	resc
17	Leyman Jeremy	87	11.84	07-10	resc

1000 m		RC : 3.46.81			
1	Bontemps Richard	86	3.32.40	15-10	caf
2	Kompany Vincent	86	3.38.40	24-06	ws
3	Wouters Maxime	87	3.50.40	22-10	resc
4	Verstraeten Cedric	86	3.54.30	22-10	resc
5	Fromont David	87	4.04.30	22-10	resc
6	Vaillant Thibaud	87	4.04.60	07-10	resc
7	De Ruyver Julien	86	4.07.80	22-10	resc
8	Van Nieuwenburgh Vincent	87	4.14.60	22-10	resc
9	Browaey David	86	4.16.70	24-06	ws
10	Miny Gaetan	86	4.18.10	22-10	resc
11	Foucart Adrien	88	4.26.70	07-10	resc
12	Leyman Jeremy	87	4.28.00	22-10	resc
13	Guarneri Renato	87	4.35.10	07-10	resc

Hauteur		RC : 1m23			
1	Bontemps Richard	86	1m05	17-09	olse
	De Ruyver Julien	86	1m05	14-04	resc
	Kompany Vincent	86	1m05	24-06	ws
4	Guarneri Renato	87	0m92	14-04	resc
	Verstraeten Cedric	86	0m92	20-05	resc
6	Miny Gaetan	86	0m90	24-06	ws
	Wouters Maxime	87	0m90	24-06	ws
8	Browaey David	86	0m89	20-05	resc
9	Leyman Jeremy	87	0m86	20-05	resc
10	Foucart Adrien	88	0m80	20-05	resc
	Tosti Bruno	88	0m80	20-05	resc

Longueur		RC : 3m80			
1	Bontemps Richard	86	3m52	08-10	cabw
2	Browaey David	86	3m45	23-06	resc
3	Kompany Vincent	86	3m40	23-06	resc
4	De Ruyver Julien	86	3m38	23-06	resc
5	Guarneri Renato	87	3m22	17-04	vs
6	Houssame Issame	86	3m00	22-04	resc
7	Miny Gaetan	86	2m95	23-06	resc
8	Foucart Adrien	88	2m84	23-06	resc
9	Vaillant Thibaud	87	2m82	13-10	resc
10	Van De Weerde Sebastien	87	2m77	23-06	resc
11	Tosti Bruno	88	2m68	13-10	resc
12	Fromont David	87	2m55	13-10	resc
13	Bottiglieri Laszlo	87	2m40	23-06	resc



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14	Leyman Jeremy	87	2m32	05-05	resc
15	Van Nieuwenburgh Vincent	87	2m18	22-04	resc

Poids (1 kg) RC : 9m90

1	Bontemps Richard	86	8m70	15-09	wibo
2	Kompany Vincent	86	8m18	23-06	resc
3	Guarneri Renato	87	7m85	13-08	csf
4	De Ruyver Julien	86	7m80	23-06	resc
5	Browaey David	86	7m53	24-06	ws
6	Tosti Bruno	88	7m23	01-09	resc
7	Miny Gaetan	86	6m28	24-06	ws
8	Houssame Issame	86	6m09	14-04	resc
9	Van De Weerde Sebastien	87	5m84	23-06	resc
10	Verstraeten Cedric	86	5m77	20-05	resc
11	Leyman Jeremy	87	5m74	01-09	resc
12	Wouters Maxime	87	5m63	01-09	resc
13	Vaillant Thibaud	87	5m42	01-09	resc
14	Foucart Adrien	88	5m33	01-09	resc
15	Miller Benoit	87	5m09	01-09	resc
16	Croiselet Nicolas	87	4m40	01-09	resc
17	Bottiglieri Laszlo	87	4m20	23-06	resc
18	Leclercq Damien	87	3m98	01-09	resc
19	Bienfait Julien	87	3m49	14-04	resc

Balle de hockey RC : 36m22

1	Kompany Vincent	86	32m56	03-09	spbo
2	Guarneri Renato	87	29m30	03-09	spbo
3	Browaey David	86	26m78	03-09	spbo
4	Tosti Bruno	88	24m58	15-08	vs
5	Bontemps Richard	86	23m86	17-09	olse
6	De Ruyver Julien	86	22m06	17-06	mac
7	Foucart Adrien	88	17m74	01-09	resc
8	Wouters Maxime	87	17m06	01-09	resc
9	Vaillant Thibaud	87	16m46	01-09	resc
10	Miller Benoit	87	15m76	01-09	resc
11	Leyman Jeremy	87	15m34	08-07	grim
12	Fromont David	87	15m24	17-06	mac
13	Bottiglieri Laszlo	87	15m04	06-05	mac
14	Dal Gaston	87	14m86	10-06	resc
15	Van De Weerde Sebastien	87	14m76	10-06	resc
16	Leclercq Damien	87	11m62	01-09	resc
17	Croiselet Nicolas	87	9m24	01-09	resc

Triathlon RC : 1247 p

1	Bontemps Richard	86	1048 p	01-10	add
2	De Ruyver Julien	86	863 p	26-08	rcas
3	Guarneri Renato	87	794 p	20-05	resc
4	Browaey David	86	783 p	20-05	resc
5	Verstraeten Cedric	86	685 p	20-05	resc
6	Tosti Bruno	88	618 p	20-05	resc
7	Foucart Adrien	88	494 p	20-05	resc
8	Leyman Jeremy	87	473 p	20-05	resc
9	Bottiglieri Laszlo	87	245 p	06-05	mac

4 x 60 m RC : 37.73

Miny, De Ruyver, Browaey, Verstraeten	42.32	22-10	resc
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PUPILLES GARCONS (1985 - 1984)

60 m RC : 8.44

1	Vaessen Fabian	84	9.34	10-06	resc
2	Kill Michel	84	9.44	07-10	resc
3	Brolet Benjamin	84	9.54	07-10	resc
4	Van Keerberghen Michael	84	9.64	20-05	resc
5	Bontemps Reno	84	9.84	29-04	damp
	Closset Christophe	84	9.84	10-06	resc
	Guarneri Renato	84	9.84	08-10	csdy
	Haymans Thomas	85	9.84	07-10	resc
	Leyman David	85	9.84	08-07	grim
10	Hermann Gilles	84	9.94	07-10	resc
	Mahoungou Gregory	84	9.94	10-06	resc



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	Sorel Renaud	84	9.94	10-06	resc
13	Brolet Mathieu	84	10.14	07-10	resc
	Dewitte Sebastien	85	10.14	24-06	ws
15	Gaspar Anthony	84	10.34	10-06	resc
16	Huybrechts Xavier	85	10.44	21-10	ws
17	Carbonez François	84	10.94	20-05	resc
18	Droesbeke Sebastien	85	11.04	20-05	resc
	Houssame Fayçal	84	11.04	22-04	resc
20	Goossens Thomas	85	11.24	20-05	resc

1000 m RC : 3.19.70

1	Kill Michel	84	3.36.50	13-10	resc
2	Dewitte Sebastien	85	3.37.10	13-10	resc
3	Sorel Renaud	84	3.39.00	22-10	resc
4	Closset Christophe	84	3.42.50	13-10	resc
5	Haymans Thomas	85	3.43.00	13-10	resc
6	Van Keerberghen Michael	84	3.44.70	13-10	resc
7	Brolet Benjamin	84	3.49.00	02-04	ws
8	Mahougou Gregory	84	3.49.70	13-10	resc
9	Leyman David	85	3.51.40	02-04	ws
10	Brolet Mathieu	84	3.58.60	13-10	resc
11	Huybrechts Xavier	85	4.00.70	13-10	resc
12	Droesbeke Sebastien	85	4.01.00	13-10	resc
13	Suami Lino	84	4.01.70	08-07	grim
14	Bontemps Reno	84	4.02.13	03-06	duff
15	Guarneri Salvatore	84	4.09.90	02-04	csdy
16	Moreau Manuel	84	4.11.90	13-10	resc
17	Van Roosbroeck Frederic	84	4.13.40	13-10	resc
18	Gaspar Anthony	84	4.33.70	13-10	resc

60 m haies (76 cm) RC : 10.24

1	Kill Michel	84	11.74	07-10	resc
	Vaessen Fabian	84	11.74	07-10	resc
3	Guarneri Salvatore	84	12.54	24-06	ws
4	Huybrechts Xavier	85	13.04	24-06	ws
5	Sorel Renaud	84	13.14	07-10	resc
6	Mahougou Gregory	84	13.54	22-04	resc
7	Leyman David	85	13.74	07-10	resc
8	Hermann Gilles	84	14.14	07-10	resc
9	Dewitte Sebastien	85	14.24	07-10	resc
10	Gaspar Anthony	84	15.94	07-10	resc

Hauteur RC : 1m48

1	Mahougou Gregory	84	1m35	15-08	vs
2	Kill Michel	84	1m25	24-06	ws
3	Leyman David	85	1m20	01-09	resc
4	Bontemps Reno	84	1m17	01-10	add
5	Brolet Benjamin	84	1m15	01-09	resc
6	Vaessen Fabian	84	1m14	10-06	resc
7	Guarneri Salvatore	84	1m11	13-08	csf
8	Huybrechts Xavier	85	1m10	01-09	resc
	Sorel Renaud	84	1m10	01-09	resc
10	Gaspar Anthony	84	1m05	24-06	ws
	Haymans Thomas	85	1m05	14-04	resc
	Hermann Gilles	84	1m05	01-09	resc
13	Closset Christophe	84	1m02	10-06	resc
14	Brolet Mathieu	84	1m00	01-09	resc
	Dewitte Sebastien	85	1m00	14-04	resc
	Houssame Fayçal	84	1m00	14-04	resc
	Moreau Manuel	84	1m00	01-09	resc

Longueur RC : 4m66

1	Van Keerberghen Michael	84	4m08	20-05	resc
2	Kill Michel	84	4m07	26-08	rcas
3	Guarneri Salvatore	84	4m03	20-05	resc
4	Mahougou Gregory	84	3m99	01-09	resc
5	Vaessen Fabian	84	3m83	16-09	vs
6	Brolet Benjamin	84	3m61	20-05	resc
	Haymans Thomas	85	3m53	05-05	resc
8	Hermann Gilles	84	3m53	01-09	resc
9	Sorel Renaud	84	3m52	05-05	resc
10	Dewitte Sebastien	85	3m46	05-05	resc



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11	Leyman David	85	3m41	01-09	resc
12	Bontemps Reno	84	3m35	01-07	resc
13	Moreau Manuel	84	3m30	01-09	resc
14	Goossens Thomas	85	3m23	05-05	resc
15	Droesbeke Sebastien	85	3m21	01-09	resc
16	Brolet Mathieu	84	3m19	01-09	resc
17	Carbonez François	84	3m15	20-05	resc
18	Huybrechts Xavier	85	3m12	05-05	resc
19	Vanderstraeten Amaury	85	2m94	05-05	resc

Poids (2 kg)

RC : 10m14

1	Guarneri Salvatore	84	8m98	13-10	resc
2	Van Keerberghen Michael	84	8m66	13-10	resc
3	Vaessen Fabian	84	8m34	10-06	resc
4	Kill Michel	84	8m24	29-10	csf
5	Hermann Gilles	84	7m84	07-10	resc
6	Bontemps Reno	84	7m36	07-05	rfcl
7	Gaspar Anthony	84	7m25	13-10	resc
8	Closset Christophe	84	7m21	13-10	resc
9	Moreau Manuel	84	6m76	08-07	grim
	Sorel Renaud	84	6m76	13-10	resc
11	Mahoungou Gregory	84	6m69	13-10	resc
12	Droesbeke Sebastien	85	6m44	13-10	resc
13	Huybrechts Xavier	85	6m09	07-10	resc
14	Brolet Mathieu	84	6m05	13-10	resc
15	Brolet Benjamin	84	5m84	23-06	resc
	Leyman David	85	5m84	07-10	resc
17	Suami Lino	84	5m82	08-07	grim
18	Dewitte Sebastien	85	5m38	07-10	resc
19	Houssame Fayçal	84	4m86	14-04	resc

Balle de hockey

RC : 44m86

1	Guarneri Salvatore	84	43m00	24-06	ws
2	Kill Michel	84	39m26	15-08	vs
3	Vaessen Fabian	84	37m64	16-09	vs
4	Mahoungou Gregory	84	37m46	03-09	spbo
5	Leyman David	85	32m40	03-09	spbo
6	Hermann Gilles	84	31m58	16-09	vs
7	Brolet Benjamin	84	27m72	23-06	resc
8	Sorel Renaud	84	25m92	28-10	rcb
9	Gaspar Anthony	84	24m84	24-06	ws
10	Brolet Mathieu	84	24m74	03-09	spbo
11	Huybrechts Xavier	85	24m52	16-09	vs
12	Goossens Thomas	85	20m92	05-05	resc
13	Haymans Thomas	85	20m56	05-05	resc
14	Vanderstraeten Amaury	85	20m48	05-05	resc
15	Dewitte Sebastien	85	19m70	05-05	resc
16	Houssame Fayçal	84	19m28	22-04	resc
17	Bontemps Reno	84	18m90	03-06	duff

Triathlon

RC : 1613 p

1	Vaessen Fabian	84	1270 p	10-06	resc
2	Kill Michel	84	1266 p	26-08	rcas
3	Mahoungou Gregory	84	1143 p	10-06	resc
4	Guarneri Salvatore	84	1139 p	26-08	rcas
5	Closset Christophe	84	1036 p	10-06	resc
6	Bontemps Reno	84	1015 p	29-04	damp
7	Hermann Gilles	84	979 p	13-08	csf
8	Sorel Renaud	84	978 p	10-06	resc
9	Gaspar Anthony	84	916 p	10-06	resc
10	Brolet Benjamin	84	892 p	16-09	vs
11	Haymans Thomas	85	818 p	16-09	vs
12	Huybrechts Xavier	85	817 p	10-06	resc
13	Dewitte Sebastien	85	782 p	10-06	resc
14	Brolet Mathieu	84	757 p	16-09	vs

4 x 60 m

RC : 33.25

Brolet, Mahoungou, Kill, Vaessen	37.11	16-09	vs
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MINIMES GARCONS (1983 - 1982)

80 m		RC : 9.96			
1	Schepens Cedric	82	10.94	21-10	ws
2	Goossens Christopher	2	11.04	13-10	resc
	Vaillant Jean Baptiste	82	11.04	13-10	resc
4	Guillet Lionel	82	11.14	13-10	resc
5	Broothaerts Damien	83	11.64	13-10	resc
	Vervloet Gregory	83	11.64	08-07	grim
7	Cawet Cedric	83	11.74	13-10	resc
	Xhonneux Frederic	83	11.74	21-10	ws
9	Naif Jerome	83	11.78	17-04	vs
10	De Waeghe Bruno	82	11.84	20-05	resc
11	De Ruyver Laurent	82	11.94	13-08	csf
12	Debot Michael	82	11.99	16-09	vs
13	Smeyers Julien	83	12.04	08-07	grim
14	D'Haene Thomas	82	12.24	13-10	resc
15	Degives Jean Baptiste	83	12.34	08-07	grim
	Tosti Flavio	83	12.34	20-05	resc
	Van Zeebroeck Bert	82	12.34	13-10	resc
18	Foucart François	82	12.44	16-09	vs
19	Franco Christian	82	12.54	13-10	resc
20	Carbonez Gilles	82	12.64	20-05	resc
21	Sputaels Benoit	83	13.04	13-10	resc
22	Malherbe Didier	82	14.04	22-04	resc
23	De Becker Renaud	83	14.54	02-04	ws

150 m		RC : 18.54			
1	Schepens Cedric	82	20.24	13-09	csf
2	Broothaerts Damien	83	21.54	25-06	dcla
	Goossens Christopher	82	21.54	02-09	dac
4	Guillet Lionel	82	21.64	24-06	ws
5	Foucart François	82	21.74	25-06	dcla
	Xhonneux Frederic	83	21.74	25-06	dcla
7	Vervloet Gregory	83	22.30	17-04	vs
8	Cawet Cedric	83	22.34	25-06	dcla
9	De Ruyver Laurent	82	22.54	24-06	ws
10	Naif Jerome	83	22.63	08-04	rcb
11	Degives Jean François	83	22.67	17-04	vs
12	Sputaels Benoit	83	23.64	25-06	dcla
13	Van Zeebroeck Bert	82	23.74	10-06	resc
14	D'Haene Thomas	82	26.24	10-06	resc
15	Dal Michel	82	27.64	10-06	resc

1000 m		RC : 3.10.10			
1	Naif Jerome	83	3.09.30	07-10	resc
2	Schepens Cedric	82	3.09.80	07-10	resc
3	Vaillant Jean Baptiste	82	3.11.30	07-10	resc
4	Vervloet Gregory	83	3.19.90	07-10	resc
5	Foucart François	82	3.21.90	27-08	rcas
6	Krier Jean François	82	3.25.80	07-10	resc
7	Guillet Lionel	82	3.27.80	07-10	resc
8	Xhonneux Frederic	83	3.28.30	07-10	resc
9	Cawet Cedric	83	3.29.70	07-10	resc
10	Van Zeebroeck Bert	82	3.30.50	07-10	resc
11	Degives Jean Baptiste	83	3.31.30	07-10	resc
12	Franco Christian	82	3.31.80	07-10	resc
13	Smeyers Julien	83	3.34.30	22-10	resc
14	De Ruyver Laurent	82	3.34.50	17-06	mac
15	Broothaerts Damien	83	3.34.70	07-10	resc
16	Goossens Christopher	82	3.36.30	22-10	resc
17	D'Haene Thomas	82	4.02.50	22-10	resc
18	De Becker Renaud	83	4.02.70	02-04	ws

80 m haies (84 cm)		RC : 12.00			
1	Xhonneux Frederic	83	14.54	25-06	dcla
2	Schepens Cedric	82	14.74	24-06	ws
3	Guillet Lionel	82	14.84	13-10	resc
4	Vaillant Jean Baptiste	82	15.04	23-06	resc
5	Cawet Cedric	83	15.24	13-10	resc
	Vervloet Gregory	83	15.24	13-10	resc



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7	Naif Jerome	83	15.54	13-10	resc
8	De Ruyver Laurent	82	15.74	13-10	resc
9	Broothaerts Damien	83	15.94	25-06	dcla
10	Van Zeebroeck Bert	82	16.44	13-10	resc
11	Foucart François	82	16.54	25-06	dcla
12	Franco Christian	82	17.44	13-10	resc
13	Sputaels Benoit	83	17.74	17-06	mac
14	Degives Jean Baptiste	83	18.34	13-10	resc
15	De Waeghe Bruno	82	18.44	13-10	resc
16	D'Haene Thomas	82	20.24	13-10	resc
17	Tosti Flavio	83	20.60	01-05	abes

Hauteur		RC : 1m65			
1	Guillet Lionel	82	1m45	13-10	resc
	Xhonneux Frederic	83	1m45	15-08	vs
3	Schepens Cedric	82	1m40	27-08	vs
4	Cawet Cedric	83	1m37	17-06	mac
5	Foucart François	82	1m35	23-06	resc
6	Debot Michael	82	1m33	16-09	vs
	De Ruyver Laurent	82	1m33	13-10	resc
8	Naif Jerome	83	1m30	13-10	resc
9	Broothaerts Damien	83	1m25	06-05	mac
10	Degives Jean Baptiste	83	1m24	13-10	resc
	Vaillant Jean Baptiste	82	1m24	13-10	resc
	Vervloet Gregory	83	1m24	13-10	resc
13	Sputaels Benoit	83	1m19	17-06	mac
14	D'Haene Thomas	82	1m18	13-10	resc
15	De Waeghe Bruno	82	1m15	23-06	resc
	Franco Christian	82	1m15	16-09	vs
17	Van Zeebroeck Bert	82	1m12	13-10	resc
18	Harckmans Thomas	83	1m10	23-06	resc
19	Malherbe Didier	82	1m05	23-06	resc
	Tosti Flavio	83	1m05	01-05	abes

Longueur		RC : 5m73			
1	Schepens Cedric	82	4m92	23-06	resc
2	Guillet Lionel	82	4m65	23-06	resc
3	Naif Jerome	83	4m46	05-05	resc
4	Foucart François	82	4m42	05-05	resc
5	Xhonneux Frederic	83	4m37	23-06	resc
6	Broothaerts Damien	83	4m36	23-06	resc
7	Vervloet Gregory	83	4m17	23-06	resc
8	Cawet Cedric	83	4m16	05-05	resc
9	De Waeghe Bruno	82	4m15	23-06	resc
10	Debot Michael	82	4m07	16-09	vs
11	De Ruyver Laurent	82	4m00	05-05	resc
12	Goossens Christopher	82	3m98	02-09	dac
13	Vaillant Jean Baptiste	82	3m95	16-09	vs
14	Degives Jean Baptiste	83	3m93	16-09	vs
	Smeyers Julien	83	3m93	08-07	grim
16	Van Zeebroeck Bert	82	3m70	23-06	resc
17	Sputaels Benoit	83	3m58	16-09	vs
18	Malherbe Didier	82	3m53	15-08	vs
19	Tosti Flavio	83	3m48	15-08	vs
20	Harckmans Thomas	83	3m32	23-06	resc
21	D'Haene Thomas	82	3m28	16-09	vs
	Franco Christian	82	3m28	16-09	vs

Perche		RC : 2m90			
1	Van Zeebroeck Bert	82	2m75	01-09	resc
2	De Ruyver Laurent	82	2m20	01-09	resc
	Foucart François	82	2m20	01-09	resc
4	Xhonneux Frederic	83	2m10	01-09	resc
5	Cawet Cedric	83	2m01	29-10	resc
6	Schepens Cedric	82	1m80	01-09	resc
7	Vervloet Gregory	83	1m75	14-04	resc
8	Guillet Lionel	82	1m65	14-04	resc

Poids (3 kg)		RC : 13m18			
1	Schepens Cedric	82	9m47	16-09	vs
2	Goossens Christopher	82	9m26	13-10	resc
3	Xhonneux Frederic	83	8m96	20-08	caf



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4	Cawet Cedric	83	8m95	13-10	resc
5	Van Zeebroeck Bert	82	8m27	13-10	resc
6	Foucart François	82	8m16	16-09	vs
7	Naif Jerome	83	8m07	16-09	vs
8	Guillet Lionel	82	8m01	13-10	resc
9	Tosti Flavio	83	7m76	20-05	resc
10	Vaillant Jean Baptiste	82	7m63	07-10	resc
11	De Ruyver Laurent	82	7m56	13-10	resc
12	D'Haene Thomas	82	7m20	07-10	resc
13	Degives Jean Baptiste	83	7m12	13-10	resc
14	Franco Christian	82	7m06	13-08	csf
15	Malherbe Didier	82	6m93	01-09	resc
16	Broothaerts Damien	83	6m77	07-10	resc
17	Debot Michael	82	6m76	16-09	vs
18	Franco Christian	82	6m69	16-09	vs
19	Krier Jean François	82	6m58	07-10	resc
20	Vervloet Gregory	83	6m43	16-09	vs
21	De Waeghe Bruno	82	6m23	16-09	vs
22	Carbonez Gilles	82	5m94	20-05	resc
23	Sputaels Benoit	83	5m90	16-09	vs
24	De Becker Renaud	83	4m48	14-04	resc

Disque (1 kg)

RC : 31m60

1	Xhonneux Frederic	83	23m88	24-09	riwa
2	Goossens Christopher	82	21m76	02-09	dac
3	Henderickx Wim	82	20m74	05-05	resc
4	Naif Jerome	83	17m14	06-05	mac
5	Van Zeebroeck Bert	82	15m48	05-05	resc
6	Guillet Lionel	82	14m98	06-05	mac
7	Broothaerts Damien	83	14m60	06-05	mac
8	De Ruyver Laurent	82	14m18	05-05	resc
9	Malherbe Didier	82	13m60	05-05	resc
10	Cawet Cedric	83	13m10	06-05	mac
11	Vervloet Gregory	83	12m66	05-05	resc
12	Foucart François	82	10m60	05-05	resc
13	Degives Jean Baptiste	83	10m46	05-05	resc
14	Sputaels Benoit	83	10m02	06-05	mac

Javelot (400 gr)

RC : 36m80

1	Van Zeebroeck Bert	82	33m96	03-09	spbo
2	Broothaerts Damien	83	30m16	03-09	spbo
3	Xhonneux Frederic	83	29m98	17-06	mac
4	Cawet Cedric	83	28m06	17-06	mac
5	Malherbe Didier	82	25m24	15-08	vs
6	Vervloet Gregory	83	23m72	10-06	resc
7	De Ruyver Laurent	82	23m48	03-09	spbo
8	Foucart François	82	22m66	27-08	rcas
9	Schepens Cedric	82	22m10	26-08	vmol
10	Tosti Flavio	83	21m58	08-07	grim
11	Guillet Lionel	82	20m36	02-04	ws
12	Smeyers Julien	83	17m48	08-07	grim
13	De Becker Renaud	83	17m08	02-04	ws
14	Goossens Christopher	82	16m02	22-04	resc
15	Sputaels Benoit	83	15m94	25-06	dcla
16	Degives Jean Baptiste	83	14m08	08-07	grim
17	D'Haene Thomas	82	13m70	10-06	resc

Tetrathlon

RC : 2900 p

1	Schepens Cedric	82	2217 p	27-06	vs
2	Guillet Lionel	82	2078 p	13-10	resc
3	Xhonneux Frederic	83	1963 p	13-10	resc
4	Cawet Cedric	83	1929 p	13-10	resc
5	Vaillant Jean Baptiste	82	1834 p	13-10	resc
6	Broothaerts Damien	83	1817 p	25-06	dcla
7	Foucart François	82	1797 p	27-08	rcas
8	De Ruyver Laurent	82	1767 p	13-10	resc
9	Naif Jerome	83	1761 p	13-10	resc
10	Debot Michael	82	1737 p	16-09	vs
11	Vervloet Gregory	83	1704 p	13-10	resc
12	Goossens Christopher	82	1694 p	02-09	dac
13	De Waeghe Bruno	82	1572 p	16-09	vs
14	Van Zeebroeck Bert	82	1549 p	13-10	resc



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15	Degives Jean Baptiste	83	1470 p	16-09	vs
16	Franco Christian	82	1350 p	13-10	resc
17	D'Haene Thomas	82	1335 p	13-10	resc
18	Sputaels Benoit	83	1269 p	16-09	vs

4 x 80 m	RC : 41.24
Naif, Goossens, Guillet, Schepens	43.22 22-10 resc

CADETS GARCONS (1981 - 1980)

100 m	RC : 11.39				
1	Fontenoy Serge	80	12.14	09-09	vs
2	Levacq Corentin	81	12.61	15-10	rfcl
3	Schroeven Bruno	80	12.96	15-10	rfcl
4	Delhaye Jeremy	81	12.97	20-08	spvi
5	Alexiou Efstratios	80	13.16	06-05	csdy
6	Moral Miguel	81	13.41	27-05	csf
7	Naif Nicolas	80	13.42	08-04	rcb
8	Gonzales Edouardo	81	13.48	06-05	csdy
9	Thiry Stephane	81	13.68	27-04	spvi
10	Xhonneux Marc	80	14.00	26-08	dac
11	Ben Mohamed Younes	81	14.01	06-05	csdy
12	Bouali Younes	80	14.22	06-05	csdy
13	Scala Dimitri	81	14.77	06-05	csdy

200 m	RC : 23.14				
1	Fontenoy Serge	80	25.33	17-09	resc
2	Moral Miguel	81	26.05	17-09	resc
3	Schroeven Bruno	80	26.10	17-09	resc
4	Delhaye Jeremy	81	26.63	17-09	resc
5	Naif Nicolas	80	27.07	08-04	rcb
6	Thys Alain	81	27.64	30-04	ea
7	Xhonneux Marc	80	27.97	17-09	resc
8	Alexiou Efstratios	80	28.68	08-04	rcb

300 m	RC : 36.94				
1	Fontenoy Serge	80	43.14	24-09	riwa
2	Naif Nicolas	80	43.24	01-05	vs
3	Thys Alain	81	43.74	01-05	vs
4	Thiry Stephane	81	44.67	01-05	vs
5	Moral Miguel	81	45.27	01-05	vs
6	Xhonneux Marc	80	48.15	01-05	vs

400 m	RC : 52.24				
1	Schroeven Bruno	80	56.69	25-6	ws
2	Naif Nicolas	80	59.22	03-09	ws
3	Delhaye Jeremy	81	63.98	06-05	csdy
4	Xhonneux Marc	80	66.88	26-08	dac

800 m	RC : 2.02.70				
1	Schroeven Bruno	80	2.07.95	15-10	rfcl
2	Levacq Corentin	81	2.09.19	15-10	rfcl
3	Naif Nicolas	80	2.15.83	17-09	resc
4	Bentheim Ronald	81	2.17.09	03-06	csdy
5	Scala Dimitri	81	2.34.06	06-05	csdy
6	Xhonneux Marc	80	2.37.27	03-09	ws

1500 m	RC : 4.10.90				
1	Bentheim Ronald	81	4.44.59	24-06	ws

100 m haies (91 cm)	RC : 14.23				
1	Fontenoy Serge	80	15.11	10-09	vs
2	Naif Nicolas	80	15.59	15-10	rfcl
3	Thys Alain	81	16.66	01-05	vs
4	Xhonneux Marc	80	18.89	15-10	rfcl

300 m haies (76 cm)	RC : 40.07				
1	Thys Alain	81	45.07	15-08	dcla
2	Naif Nicolas	80	45.33	03-06	csdy
3	Fontenoy Serge	80	45.83	12-08	vs
4	Xhonneux Marc	80	51.27	15-08	dcla



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Hauteur		RC : 1m91			
1	Thys Alain	81	1m63	15-08	dcla
2	Clais Marc	81	1m50	14-10	dac
	Delhayé Jeremy	81	1m50	17-09	resc
4	Moral Miguel	91	1m45	17-09	resc
	Xhonneux Marc	80	1m45	08-10	csdy

Longueur		RC : 6m70			
1	Thiry Stephane	81	5m19	27-04	spvi
2	Xhonneux Marc	80	4m59	15-10	rfcl
3	Naif Nicolas	80	4m53	26-08	rcas

Triple saut		RC : 13m52			
1	Bouali Younes	80	10m88	06-05	csdy
2	Xhonneux Marc	80	10m29	03-09	ws
3	Clais Marc	81	9m87	27-05	csf

Perche		RC :			
1	Thys Alain	81	3m00	06-05	csdy

Poids (4 kg)		RC : 13m52			
1	Thys Alain	81	9m79	06-05	csdy
2	Halleman Yannick	81	7m88	03-09	ws

Disque (1 kg)		RC : 36m18			
1	Fontenoy Serge	80	37m32	03-09	ws
2	Halleman Yannick	81	30m64	22-10	resc

Javelot (600 gr)		RC : 37m02			
1	Halleman Yannick	81	29m82	19-04	lebb
2	Thys Alain	81	26m60	30-04	ea
3	Moral Miguel	81	26m50	30-04	ea

Marteau (4 kg)		RC : 40m44			
1	Alexiou Efstratios	80	39m96	27-09	cabw
2	Fontenoy Serge	80	28m94	03-06	csdy

4 x 100 m		RC : 45.63			
Delhayé, Fontenoy, Naif, Moral			50.69	03-09	ws

4 x 800 m		RC : 8.44.20			
Bentheim, Naif, Schroeven, Xhonneux			9.22.91	01-10	spvi

SCOLAIRES HOMMES (1979 - 1978)

100 m		RC : 11.08			
1	Squiflet Pierre	79	11.82	03-05	csf
2	Zaanan Nordin	79	12.94	06-05	csdy
3	D'Haene David	78	13.39	08-04	rcb

200 m		RC : 22.02			
1	Martins Fernandes Joao	79	26.23	06-05	csdy
2	D'Haene David	78	26.96	08-04	rcb

400 m		RC : 49.92			
1	Van Caekenbergh Koen	79	60.67	06-05	csdy

800 m		RC : 1.58.47			
1	Zaanan Nordin	79	2.05.40	15-10	dac
2	Marbais Michael	78	2.33.82	06-05	csdy

1500 m		RC : 4.00.79			
1	Zaanan Nordin	79	4.24.63	25-06	ws

3000 m		RC : 8.33.14			
1	Martins Fernandes Joao	79	10.06.33	06-05	csdy



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110 m haies (99 cm)		RC : 14.94			
1	Squiflet Pierre	79	16.22	06-05	csdy
300 m haies (84 cm)		RC : 38.03			
1	Squiflet Pierre	79	46.21	03-05	csf
2	D'Haene David	78	47.32	06-05	csdy
Longueur		RC : 7m59			
1	D'Haene David	78	4m79	06-05	csdy
Triple saut		RC : 15m64			
1	Van Caekenbergh Koen	79	10m63	06-05	csdy
Perche		RC : 4m36			
1	Biot Pascal	79	3m70	17-09	resc
Poids (5 kg)		RC : 14m19			
1	Squiflet Pierre	79	12m60	06-05	csdy
Disque (1,5 kg)		RC : 37m11			
1	Marbais Michael	78	29m54	03-06	csdy
Javelot (700 gr)		RC : 44m52			
1	Biot Pascal	79	34m22	06-05	csdy
Marteau (5 kg)		RC : 44m14			
1	Marbais Michael	78	51m72	30-08	cabw
Marteau (7,26 kg)		RC : -			
1	Marbais Michael	78	38m46	14-05	avka
4 x 100 m		RC : 43.01			
Marbais, D'Haene, Fernandes, Squiflet		48.89		06-05	csdy

JUNIORS HOMMES (1977 - 1976)

100 m		RC : 10.71			
1	Schoonjans Patrick	77	11.23	03-05	csf
2	Vanderhaeghen Olivier	77	11.57	23-07	vs
200 m		RC : 21.24			
1	Schoonjans Patrick	77	22.73	24-09	resc
2	Vanderhaeghen Olivier	77	23.34	05-08	zwat
3	Rombaut Wesley	77	24.04	14-10	dac
300 m		RC : 35.89			
1	Schoonjans Patrick	77	36.49	25-05	spvi
400 m		RC : 47.92			
1	Schoonjans Patrick	77	51.50	27-05	csf
2	Fonteyne Brendan	77	53.64	07-05	rfcl
800 m		RC : 1.52.66			
1	Hovelacque Benoit	77	1.55.45	02-09	rfcl
2	Fonteyne Brendan	77	2.00.22	29-07	vita
3	Ouamari Aabid	77	2.00.37	27-04	spvi
1500 m		RC : 3.48.90			
1	Ouamari Aabid	77	3.56.55	02-09	rfcl
2	Hovelacque Benoit	77	4.05.06	22-09	lebb
3000 m		RC : 8.14.64			
1	Ouamari Aabid	77	8.38.04	17-09	resc
5000 m		RC : 14.35.11			
1	Ouamari Aabid	77	14.56.21	24-09	resc
400 m haies (91 cm)		RC : 42.70			
1	Schoonjans Patrick	77	60.30	14-05	avka



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Hauteur		RC : 2m14			
1	Deray Tom	77	1m80	17-09	resc
2	Schoonjans Patrick	77	1m65	08-04	add
3	Rombaut Wesley	77	1m60	28-05	csf

Longueur		RC : 7m86			
1	Vanderhaeghen Olivier	77	6m14	27-05	csf

Triple saut		RC : 15m79			
1	Vanderhaeghen Olivier	77	12m18	16-09	olse
2	Rombaut Wesley	77	11m94	28-05	csf
3	Jacobs David	76	11m65	29-10	csf

Perche		RC : 4m85			
1	Rombaut Wesley	77	4m60	02-09	rfcl
2	Vanderhaeghen Olivier	77	3m21	29-10	csf

Poids (6 kg)		RC : 15m27			
1	Jacobs David	76	11m88	29-04	dac
2	Rombaut Wesley	77	10m63	14-10	dac
3	Vanderhaeghen Olivier	77	9m09	14-10	dac

Disque (1,75 kg)		RC : 43m08			
1	Jacobs David	76	32m26	29-04	dac
2	Rombaut Wesley	77	31m06	29-04	dac
3	Vanderhaeghen Olivier	77	24m56	14-10	dac

Javelot (800 gr)		RC : 49m26			
1	Rombaut Wesley	77	42m80	26-08	dac

4 x 400		RC : 3.17.65			
Schoonjans, Vanderhaeghen, Ouamari, Hovelacque		3.31.39	10-09	vs	

ESPOIRS HOMMES (1975 - 1974 - 1973)

100 m		RC : 10.53			
1	Guellet Yassin	74	10.76	04-08	rcg
2	Malungu Michael	74	11.45	19-08	cabw

200 m		RC : 21.14			
1	Guellet Yassin	74	22.26	02-07	smac

Hauteur		RC : 2m21			
1	Guellet Yassin	74	1m93	17-09	resc

Longueur		RC : 7m86			
1	Guellet Yassin	74	7m58	19-08	tess

Triple saut		RC : 16m01			
1	Guellet Yassin	74	15m10	15-07	vs
2	Malungu Michael	74	12m94	02-07	smac

5 000 m marche		RC : 20.19.34			
1	Leroy Benjamin	73	20.18.00	01-05	FRA

10 000 m marche		RC : 41.21.40			
1	Leroy Benjamin	73	42.26.50	09-04	cabw

20 km marche		RC : 1h28.35			
1	Leroy Benjamin	73	1h32.02	21-05	smac

50 km marche		RC : -			
1	Leroy Benjamin	73	4h23.29	15-08	asvo

1 heure marche		RC : -			
1	Leroy Benjamin	73	13 789 m	19-03	NED

2 heures marche		RC : -			
1	Leroy Benjamin	73	24 999 m	29-07	NED



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SENIORS HOMMES (1975 - 1961)

100 m			RC : 10.02		
1	Thomas Samy	71	10.59	16-07	vs
2	Amery Ronald	69	10.70	19-08	cabw
3	Eyenga Lokilo Jean Claude	63	10.73	09-07	ws
4	Sekanyambo Ilunga Olivier	71	10.74	21-07	avka
5	Guellet Yassin	74	10.76	04-08	rcg
6	Debeir Olivier	71	11.06	14-05	avka
7	Asselman Frank	72	11.24	29-07	vita
8	De Medina Louis	71	11.36	15-04	vita
9	Vanlancker Rudi	71	11.42	05-08	spvi
10	Malungu Michael	74	11.45	19-08	cabw
200 m			RC : 20.66		
1	Amery Ronald	69	21.56	05-08	spvi
2	Thomas Samy	71	21.87	14-05	avka
3	Eyenga Lokilo Jean Claude	63	21.92	09-07	ws
4	Sekanyambo Ilunga Olivier	71	22.10	09-07	ws
5	Guellet Yassin	74	22.26	02-07	smac
6	Asselman Frank	72	22.38	29-07	vita
300 m			RC : 34.01		
1	Sekanyambo Ilunga Olivier	71	34.99	21-07	avka
2	Asselman Frank	72	35.10	20-09	cabw
400 m			RC : 46.67		
1	Dollendorf Marc	66	46.47	08-07	LUX
2	Amery Ronald	69	48.50	16-07	vs
3	Asselman Frank	72	48.99	25-06	ws
4	Bayens Joachim	70	50.28	14-05	avka
800 m			RC : 1.48.30		
1	Heremans Nick	72	1.56.87	06-08	lebb
1500 m			RC : 3.40.30		
1	Heremans Nick	72	3.45.64	19-08	cabw
2	Stroobants Jean Marie	63	4.07.55	14-05	avka
2000 m			RC : 5.54.90		
1	Ben Mohamed Rachid	72	5.35.45	24-06	ws
3000 m			RC : 7.51.46		
1	Heremans Nick	72	8.03.03	26-08	vmol
2	Rousseau Stephane	67	8.21.75	05-08	herv
3	De Smet Franck	70	8.25.60	21-04	csdy
4	Ben Mohamed Rachid	72	8.31.84	17-09	resc
5	Jordens Stephane	65	8.41.69	17-09	resc
6	Stroobants Jean Marie	63	8.50.98	05-08	spvi
7	Liegeois Laurent	71	9.24.66	17-09	resc
5 000 m			RC : 13.22.81		
1	Rousseau Stephane	67	14.10.81	29-07	vita
2	Heremans Nick	72	14.13.68	14-05	avka
3	De Smet Franck	70	14.20.61	29-07	vita
4	Jordens Stephane	65	15.24.78	14-05	avka
10 000 m			RC : 28.24.95		
1	Heremans Nick	72	29.38.60	13-09	csf
2	Rousseau Stephane	67	30.19.28	14-05	avka
3	Liegeois Laurent	71	34.34.30	30-09	dcla
Marathon			RC : 2h13.15		
1	Jordens Stephane	65	2h24.50	09-04	BEL
110 m haies (106 cm)			RC : 14.02		
1	Asselman Frank	72	13.82	23-07	vs
2	Sanglier Olivier	72	15.22	27-05	csf



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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400 m haies (91cm)		RC : 49.05			
1	Dollendorf Marc	66	49.11	12-07	FRA
2	Asselman Frank	72	51.32	05-06	keve
3000 m steeple (91 cm)		RC : 8.24.90			
1	Ben Mohamed Rachid	72	9.34.40	14-05	avka
2	Stroobants Jean Marie	63	10.16.40	14-05	avka
Hauteur		RC : 2m21			
1	Sandron Dominique	69	2m01	14-05	avka
2	Guellet Yassin	74	1m93	17-09	resc
Longueur		RC : 7m94			
1	Vanlancker Rudi	71	7m64	16-07	vs
2	Guellet Yassin	74	7m58	19-08	tess
3	Sanglier Olivier	72	6m48	27-05	csf
Triple saut		RC : 16m86			
1	Guellet Yassin	74	15m10	15-07	vs
2	Sandron Dominique	69	13m44	14-05	avka
3	Malungu Michael	74	12m94	02-07	smac
Perche		RC : 5m25			
1	Biot Olivier	72	4m80	14-05	avka
Poids (7,26 kg)		RC : 15m08			
1	Rogers Vincent	75	13m28	20-05	duff
2	Metens Armand	67	12m87	17-06	vita
Javelot (800 gr)		RC : 70m78			
1	Stockmans Franck	63	63m46	14-05	avka
Marteau (7,26 kg)		RC : 61m66			
1	Metens Armand	67	61m34	17-06	vita
5 000 m marche		RC : 20.19.34			
1	Leroy Benjamin	73	20.18.00	01-05	FRA
10 000 m marche		RC : 41.21.40			
1	Leroy Benjamin	73	42.26.50	09-04	cabw
20 km marche		RC : 1h28.35			
1	Leroy Benjamin	73	1h32.02	21-05	smac
50 km marche		RC : -			
1	Leroy Benjamin	73	4h23.29	15-08	asvo
1 heure marche		RC : -			
1	Leroy Benjamin	73	13 789 m	19-03	NED
2 heures marche		RC : -			
1	Leroy Benjamin	73	24 999 m	29-07	NED
4 x 100 m		RC : 40.72			
Vanlancker, Guellet, Debeir, Thomas			41.78	14-05	avka
4 x 200 m		RC : 1.25.55			
Thomas, Amery, Asselman, Guellet			1.26.64	01-10	spvi
4 x 400 m		RC : 3.10.20			
Bayens, Sekanyambo, Asselman, Dollendorf			3.18.72	14-05	avka

MASTERS HOMMES 35

5000 m		RC : 14.48.24			
1	Tillieux Guy	58	17.32.09	28-06	vita
Triple saut		RC : -			
1	Cincinatis Yves	59	13m99	19-08	cabw



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MASTERS HOMMES 40

Disque (2 kg)			RC : 51m56		
1	De Cock Daniel	52	42m06	14-05	avka

Marteau (7,26 kg)			RC : -		
1	Bontemps Rene	55	36m16	05-06	tess

MASTERS HOMMES 45

Perche			RC : 4m30		
1	Dewil Jef	49	4m10	17-06	FRA

Poids (7,26 kg)			RC : 15m08		
1	Van Schoor Robert	46	12m87	14-05	avka

Disque (2 kg)			RC : 50m08		
1	Van Schoor Robert	46	46m82	23-09	usbw