



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
OUTDOOR 1993

**KANGOUROUS FILLES (1987 - 1986)**

60 m		RC : 10.54			
1	Bonvin Draps Audrey	86	12.04	19-06	mac
2	Gilson Anais	86	12.44	09-10	resc
Longueur		RC : 2m97			
1	Gilson Anais	86	2m26	02-04	resc
2	Bonvin Draps Audrey	86	2m18	11-06	resc
Poids (1 kg)		RC : 5m00			
1	Gilson Anais	86	3m75	30-04	resc
2	Van Den Haute Pascale	86	3m43	30-04	resc
3	Bonvin Draps Audrey	86	3m20	31-05	rsca
Balle de hockey		RC : 13m16			
1	Gilson Anais	86	12m50	17-09	resc

**BENJAMINES FILLES (1985 - 1984)**

60 m		RC : 9.44			
1	Kompany Christel	84	10.04	02-10	ws
2	Hallems Julie	85	10.24	02-10	ws
	Mostmans Lien	85	10.24	02-10	ws
4	Ben Mohamed Louisa	84	10.34	25-09	ws
5	Gilson Adeline	84	10.44	18-09	ws
	Meeus Valerie	84	10.44	09-10	resc
7	Maridor Julie	84	10.89	30-10	rcb
8	El Boubsi Maryam	84	11.24	09-10	resc
9	Moyson Virginie	84	11.54	27-08	resc
1000 m		RC : -			
1	Ben Mohamed Louisa	84	4.05.10	21-08	vita
2	Hallems Julie	85	4.22.46	25-09	vac
3	Gilson Adeline	84	4.39.80	14-08	resc
Hauteur		RC : 1m10			
1	Hallems Julie	85	1m00	25-06	resc
2	Meeus Valerie	84	0m95	08-05	resc
	Maridor Julie	84	0m95	17-09	resc
	Mostmans Lien	85	0m95	25-06	resc
5	Ben Mohamed Louisa	84	0m90	30-04	resc
	El Boubsi Maryam	84	0m90	17-09	resc
	Gilson Adeline	84	0m90	25-06	resc
Longueur		RC : 3m56			
1	Gilson Adeline	84	3m33	30-10	rcb
2	Maridor Julie	84	3m26	30-10	rcb
3	Kompany Christel	84	3m17	27-08	resc
4	Mostmans Lien	85	3m15	11-09	vs
5	Hallems Julie	85	3m11	27-08	resc
6	Ben Mohamed Louisa	84	2m88	11-06	resc
7	Meeus Valerie	84	2m73	04-09	vs
8	Moyson Virginie	84	2m57	27-08	resc
Poids (1 kg)		RC : 7m28			
1	Kompany Christel	84	7m74	06-08	resc
2	Hallems Julie	85	7m60	02-10	ws
3	Meeus Valerie	84	5m57	08-05	resc
4	Novis Alicia	85	5m40	06-08	resc
5	Gilson Adeline	84	5m28	11-06	resc
6	Ben Mohamed Louisa	84	5m23	08-05	resc
7	Mostmans Lien	85	4m84	02-10	ws
Balle de hockey		RC : 20m72			
1	Hallems Julie	85	20m48	25-09	vac
2	Kompany Christel	84	19m74	17-09	resc
3	Maridor Julie	84	17m60	17-09	resc
4	El Boubsi Maryam	84	16m00	17-09	resc
5	Ben Mohamed Louisa	84	14m84	17-09	resc



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6	Meeus Valerie	84	14m08	17-09	resc
7	Gilson Adeline	84	13m58	06-08	resc
8	Mostmans Lien	85	12m70	11-09	vs
9	Novis Alicia	85	12m16	06-08	resc

Triathlon		RC : 983 p			
1	Hallems Julie	85	857 p	22-05	dac
2	Gilson Adeline	84	800 p	18-09	ws
3	Meeus Valerie	84	706 p	08-05	resc
4	Mostmans Lien	85	650 p	11-09	vs
5	Kompany Christel	84	645 p	11-09	vs
6	Ben Mohamed Louisa	84	563 p	08-05	resc

4 x 60 m		RC : 42.10		
Kompany, Ben Mohamed, Gilson, Hallems		41.22	04-09	vs

### PUPILLES FILLES (1983 - 1982)

60 m		RC : 8.74			
1	Missia Mbolli Marie	82	9.24	23-10	resc
2	Vanderhaeghen Jessica	83	9.34	15-05	resc
3	La Rou Cecile	82	9.84	23-10	resc
	Ruyssinck Kelly	83	9.84	19-06	mac
5	Verheyden Kim	82	10.04	30-10	rcb
6	De Cock Aline	82	10.24	23-10	resc
	Dewitte Caroline	82	10.24	23-10	resc
8	Kaisin Angelique	83	10.28	19-09	rsca
9	Pauly Benedicte	83	10.34	27-08	resc
10	François Isabelle	83	10.44	27-08	resc
11	De Ridder Marie Julie	82	11.24	15-05	resc
12	Tytens Stephanie	83	12.14	11-05	resc

1000 m		RC : 3.50.00			
1	Ruyssinck Kelly	83	3.44.90	19-09	rsca
2	Vanderhaeghen Jessica	83	3.57.80	08-05	resc
3	Van Hamme Cindy	83	4.49.80	08-05	resc

60 m haies (76 cm)		RC : 11.04			
1	De Cock Aline	82	11.74	23-10	resc
2	Vanderhaeghen Jessica	83	12.44	09-10	resc
3	La Rou Cecile	82	13.14	19-09	rsca
4	Dewitte Caroline	82	13.24	23-10	resc
5	Missia Mbolli Marie	82	13.34	23-10	resc
6	Ruyssinck Kelly	83	14.24	23-10	resc
7	François Isabelle	83	14.74	23-10	resc

Hauteur		RC : 1m29			
1	Vanderhaeghen Jessica	83	1m15	06-08	resc
2	Verheyden Kim	82	1m01	15-05	resc
3	De Ridder Marie Julie	82	1m00	11-06	resc
	Ruyssinck Kelly	83	1m00	06-08	resc
5	François Isabelle	83	0m95	30-04	resc
	Geens Florence	82	0m95	11-06	resc
7	Tytens Stephanie	83	0m90	08-05	resc

Longueur		RC : 4m48			
1	Vanderhaeghen Jessica	83	3m94	02-04	resc
2	De Cock Aline	82	3m72	17-09	resc
3	Verheyden Kim	82	3m50	30-10	rcb
4	La Rou Cecile	82	3m30	09-10	resc
5	Ruyssinck Kelly	83	3m28	02-04	resc
6	Dewitte Caroline	82	3m26	17-09	resc
7	De Ridder Marie Julie	82	3m14	25-06	resc
8	Pauly Benedicte	83	3m12	17-09	resc
9	Kaisin Angelique	83	2m99	17-09	resc
10	Geens Florence	82	2m90	25-06	resc
11	François Isabelle	83	2m87	19-09	rsca
12	Tytens Stephanie	83	2m86	02-04	resc
13	Bruggeman Julie	82	2m77	02-04	resc
14	Ville Julie	83	1m15	17-09	resc



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Poids (2 kg)		RC : 7m67			
1	Vanderhaeghen Jessica	83	6m41	02-04	resc
2	De Ridder Marie Julie	82	5m75	25-06	resc
3	Ruyssinck Kelly	83	5m49	25-06	resc
4	Kaisin Angelique	83	5m13	19-09	rsca
5	Bruggeman Julie	82	5m07	02-04	resc
6	Verheyden Kim	82	4m35	15-05	resc
7	Geens Florence	82	3m95	25-06	resc
8	Tytens Stephanie	83	3m10	08-05	resc

Balle de hockey		RC : 24m12			
1	Pauly Benedicte	83	26m74	17-09	resc
2	Vanderhaeghen Jessica	83	25m62	27-08	resc
3	François Isabelle	83	23m84	30-04	resc
4	Ruyssinck Kelly	83	22m74	17-09	resc
5	De Cock Aline	82	22m14	17-09	resc
6	Geens Florence	82	17m86	11-06	resc
7	De Ridder Marie Julie	82	17m24	11-06	resc
8	Kaisin Angelique	83	15m96	17-09	resc
9	Dewitte Caroline	82	14m84	17-09	resc
10	La Rou Cecile	82	12m56	27-08	resc
11	Ville Julie	83	7m42	17-09	resc

Triathlon		RC : 1107 p			
1	Vanderhaeghen Jessica	83	1080 p	15-05	resc
2	Ruyssinck Kelly	83	874 p	21-07	vs
3	Verheyden Kim	82	758 p	15-05	resc
4	De Ridder Marie Julie	82	682 p	15-05	resc
5	Tytens Stephanie	83	198 p	15-05	resc

4 x 60 m		RC : 35.70			
Ruyssinck La Rou, Kaisin, François		38.50	19-09	rsca	

**MINIMES FILLES (1981 - 1980)**

80 m		RC : 10.64			
1	Bonvin Draps Nathalie	80	10.94	19-09	rsca
2	Guillet Laurence	80	11.24	23-10	resc
3	Sacre Laetitia	80	11.54	23-10	resc
4	Vandenbrande Nathalie	81	11.84	27-08	resc
5	Van Remoortel Anouchka	80	11.92	30-10	rcb
6	Gilson Aurore	81	12.14	12-04	rsca
7	Leplat Severine	81	12.21	04-09	vs
8	Delbecque Laure	80	12.24	16-07	grim
	Leplat Anabelle	81	12.24	27-08	resc
10	Cawet Daphne	80	12.34	23-10	resc
	Dewitte Valerie	80	12.34	23-10	resc
12	Van Zeebroeck Griet	80	12.54	27-08	resc
13	Reynaerts Stephanie	80	12.74	12-04	rsca

150 m		RC : 21.14			
1	Guillet Laurence	80	20.44	27-06	dcla
2	Bonvin Draps Nathalie	80	20.64	27-06	dcla
3	Sacre Laetitia	80	20.94	27-06	dcla
4	Van Remoortel Anouchka	80	22.54	11-06	mac
5	Gilson Aurore	81	22.64	19-09	rsca
	Rabyns Eefje	81	22.64	08-05	resc
	Vandenbrande Nathalie	81	22.64	19-06	mac
8	Leplat Severine	81	22.94	19-09	rsca
9	Delbecque Laure	80	23.04	19-06	mac
10	Van Zeebroeck Griet	80	23.34	19-06	mac
11	Reynaerts Stephanie	80	25.24	08-05	resc
12	Pierens Aurore	81	26.84	08-05	resc

1000 m		RC : 3.40.62			
1	Delbecque Laure	80	3.34.00	19-10	resc
2	Guillet Laurence	80	3.38.64	25-09	vac
3	Leplat Anabelle	81	3.40.80	19-09	rsca
4	Sacre Laetitia	80	3.47.30	09-10	resc
5	Van Remoortel Anouchka	80	3.47.43	25-09	vac
6	Leplat Severine	81	3.51.30	15-05	resc



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7	Van Zeebroeck Griet	80	4.01.70	15-05	resc
8	Gilson Aurore	81	4.02.38	08-08	rsca
9	Bonvin Draps Nathalie	80	4.02.40	15-05	resc
10	Reynaerts Stephanie	80	4.20.70	29-08	rsca

60 m haies (76 cm)

RC : 10.05

1	Guillet Laurence	80	10.36	30-10	rcb
2	Vandenbrande Nathalie	81	11.00	19-06	mac
3	Bonvin Draps Nathalie	80	11.24	27-06	dcla
4	Sacre Laetitia	80	11.44	23-10	resc
	Van Remoortel Anouchka	80	11.44	23-10	resc
6	Gilson Aurore	81	11.45	30-10	rcb
7	Reynaerts Stephanie	80	11.48	30-10	rcb
8	Van Zeebroeck Griet	80	11.64	23-10	resc
9	Delbecque Laure	80	11.74	08-05	resc
10	Cawet Daphne	80	12.14	23-10	resc
11	Dewitte Valerie	80	12.44	23-10	resc
12	Leplat Severine	81	14.04	23-10	resc
13	Pierens Aurore	81	15.84	08-05	resc

Hauteur

RC : 1m57

1	Guillet Laurence	80	1m42	19-06	mac
2	Bonvin Draps Nathalie	80	1m41	19-09	rsca
3	Van Zeebroeck Griet	80	1m35	11-09	vita
4	Delbecque Laure	80	1m30	23-10	resc
5	Reynaerts Stephanie	80	1m26	19-09	rsca
6	Vandenbrande Nathalie	81	1m24	23-10	resc
7	Sacre Laetitia	80	1m21	23-10	resc
	Van Remoortel Anouchka	80	1m21	23-10	resc
8	Gilson Aurore	81	1m18	23-10	resc
9	Cawet Daphne	80	1m15	23-10	resc
	Dewitte Valerie	80	1m15	23-10	resc
10	Leplat Severine	81	1m09	23-10	resc

Longueur

RC : 4m90

1	Guillet Laurence	80	4m73	19-09	rsca
2	Bonvin Draps Nathalie	80	4m44	09-10	resc
3	Sacre Laetitia	80	4m25	15-05	resc
4	Leplat Anabelle	81	4m16	09-10	resc
5	Van Remoortel Anouchka	80	4m14	09-10	resc
6	Gilson Aurore	81	4m12	09-10	resc
7	Van Zeebroeck Griet	80	4m07	11-09	vita
8	Delbecque Laure	80	4m02	11-06	resc
9	Leplat Severine	81	3m94	11-09	resc
10	Reynaerts Stephanie	80	3m79	08-05	resc
11	Vandenbrande Nathalie	81	3m63	11-06	resc
12	Pierens Aurore	81	3m45	11-06	resc

Perche

RC : 1m50

1	Van Zeebroeck Griet	80	1m90	23-10	resc
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Poids (2 kg)

RC : 9m21

1	Reynaerts Stephanie	80	9m74	19-09	rsca
2	Bonvin Draps Nathalie	80	9m73	16-07	grim
3	Vandenbrande Nathalie	81	8m85	23-10	resc
4	Sacre Laetitia	80	8m82	04-09	vs
5	Guillet Laurence	80	8m81	23-10	resc
6	Van Remoortel Anouchka	80	8m12	02-04	resc
7	Delbecque Laure	80	7m62	23-10	resc
8	Van Zeebroeck Griet	80	7m49	11-06	resc
9	Leplat Anabelle	81	7m42	11-06	resc
10	Gilson Aurore	81	7m19	17-09	resc
11	Leplat Severine	81	7m16	04-09	vs
12	Cawet Daphne	80	6m96	17-09	resc
13	Dewitte Valerie	80	5m43	17-09	resc
14	Pierens Aurore	81	4m67	11-06	resc



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Disque (600 gr)		RC : 29m24			
1	Van Remoortel Anouchka	80	19m08	17-09	resc
2	Sacre Laetitia	80	19m02	02-04	resc
3	Bonvin Draps Nathalie	80	18m24	25-06	resc
4	Reynaerts Stephanie	80	18m08	25-06	resc
5	Van Zeebroeck Griet	80	16m80	17-09	resc
6	Leplat Anabelle	81	16m50	17-09	resc
7	Guillet Laurence	80	16m10	17-09	resc
8	Vandenbrande Nathalie	81	15m92	25-06	resc
9	Gilson Aurore	81	15m42	25-06	resc
10	Delbecque Laure	80	14m96	17-09	resc
11	Cawet Daphne	80	14m32	17-09	resc
12	Leplat Severine	81	12m78	25-06	resc
13	Dewitte Valerie	80	7m82	17-09	resc

Javelot (400 gr)		RC : 24m88			
1	Van Zeebroeck Griet	80	17m96	30-04	resc
2	Delbecque Laure	80	17m92	25-09	vac
3	Guillet Laurence	80	15m58	30-04	resc
4	Reynaerts Stephanie	80	14m72	06-08	resc
5	Leplat Severine	81	14m60	06-08	resc
6	Bonvin Draps Nathalie	80	14m52	25-06	resc
7	Sacre Laetitia	80	13m04	06-08	resc
8	Gilson Aurore	81	13m02	06-08	resc
9	Vandenbrande Nathalie	81	12m64	25-06	resc
10	Leplat Anabelle	81	12m34	06-08	resc
11	Van Remoortel Anouchka	80	11m24	30-04	resc

Tetrathlon		RC : 1824 p			
1	Bonvin Draps Nathalie	80	2167 p	21-07	vs
2	Guillet Laurence	80	2008 p	23-10	resc
3	Sacre Laetitia	80	1786 p	23-10	resc
4	Vandenbrande Nathalie	81	1746 p	23-10	resc
5	Van Remoortel Anouchka	80	1720 p	23-10	resc
6	Van Zeebroeck Griet	80	1715 p	11-09	vita
7	Reynaerts Stephanie	80	1657 p	23-10	resc
8	Delbecque Laure	80	1580 p	23-10	resc
9	Gilson Aurore	81	1571 p	23-10	resc
10	Cawet Daphne	80	1496 p	23-10	resc
11	Dewitte Valerie	80	1375 p	23-10	esc
12	Leplat Severine	81	1240 p	23-10	resc

2000 m marche		RC : 13.51.98			
1	Gilson Aurore	81	14.23.20	17-10	cabw

4 x 80 m		RC : 42.87			
Van Remoortel, Sacre, Bonvin Draps, Guillet			43.32	27-06	dcla

**CADETTES FILLES (1979 - 1978)**

100 m		RC : 12.64			
1	La Rou Jennifer	78	13.19	08-05	csdy
2	De Decker Annelies	78	13.41	11-07	resc
3	Lecompte Ellen	78	13.74	29-08	rsca
4	Adam Benedicte	78	14.02	26-09	vita
5	Vandenbroeck Elke	78	14.04	11-07	resc
6	Descamps Vanessa	79	14.38	08-05	csdy
7	Alexiou Helene	78	14.44	24-04	ws
8	Ghayati Nadia	79	14.73	27-06	dac
9	Binon Christelle	79	17.04	12-04	rsca

200 m		RC : 26.40			
1	La Rou Jennifer	78	26.58	02-10	resc
2	De Decker Annelies	78	27.34	29-08	rsca
3	Lecompte Ellen	78	28.34	27-06	dac
4	Adam Benedicte	78	28.47	27-06	dac
5	Vandenbroeck Elke	78	29.52	22-08	vac
6	Ghayati Nadia	79	29.89	27-06	dac
7	Alexiou Helene	78	30.02	01-05	resc
8	Descamps Vanessa	79	30.96	01-05	resc



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300 m		RC : 42.84			
1	Adam Benedicte	78	45.79	26-09	vita
400 m		RC : 59.02			
1	La Rou Jennifer	78	59.84	18-09	resc
2	Adam Benedicte	78	64.05	18-09	resc
3	Lecompte Ellen	78	67.08	22-05	ws
4	Alexiou Helene	78	73.99	18-09	resc
800 m		RC : 2.22.80			
1	Adam Benedicte	78	2.27.70	29-08	rsca
2	Schoos Nathalie	78	2.45.95	22-05	ws
3	Lambot Stephanie	78	3.08.90	01-05	resc
1500 m		RC : 5.06.80			
1	Adam Benedicte	78	5.42.47	08-05	csdy
2	Van Nuffelen Lietje	79	5.57.69	22-05	ws
3	Fonteyn Astrid	79	6.12.50	04-09	ws
80 m haies (76 cm)		RC : 11.95			
1	La Rou Jennifer	78	12.83	02-10	resc
2	De Decker Annelies	78	13.39	15-08	dcla
300 m haies (76 cm)		RC : 46.50			
1	La Rou Jennifer	78	45.51	12-09	cabw
2	De Decker Annelies	78	46.42	04-09	ws
3	Adam Benedicte	78	49.73	22-05	ws
4	Chamberod Anne	79	53.65	18-09	resc
Hauteur		RC : 1m68			
1	Ghayati Nadia	79	1m40	19-05	resc
2	Vandenbroeck Elke	78	1m35	22-05	ws
Longueur		RC : 5m74			
1	La Rou Jennifer	78	4m58	08-05	csdy
	Vandenbroeck Elke	78	4m58	14-07	vs
3	De Decker Annelies	78	4m57	28-05	wibo
4	Adam Benedicte	78	4m35	11-07	resc
	Descamps Vanessa	79	4m35	22-05	ws
6	Lecompte Ellen	78	4m10	28-05	wibo
Triple saut		RC : -			
1	Vandenbroeck Elke	78	9m80	08-08	rsca
Poids (3 kg)		RC : 11m74			
1	Adam Benedicte	78	10m06	01-05	resc
2	Vandenbroeck Elke	78	9m03	04-09	ws
3	Binon Christelle	79	6m76	01-05	resc
Disque (1 kg)		RC : 37m60			
1	Binon Christelle	79	19m12	22-05	ws
Javelot (500 gr)		RC : 30m48			
1	Adam Benedicte	78	30m66	04-09	ws
2	Vandenbroeck Elke	78	24m58	04-06	avka
3	Binon Christelle	79	16m40	25-09	rsca
Javelot (600 gr)		RC : 35m00			
1	Vandenbroeck Elke	78	23m52	13-08	vita
Marteau (3 kg)		RC : -			
1	Adam Benedicte	78	20m70	21-08	cabw
4 X 100 m		RC : 51.12			
Lecompte, Vanden Broeck, La Rou, De Decker			50.70	19-09	usta



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SCOLAIRES FEMMES (1977 - 1976)

100 m		RC : 12.41			
1	Clermont Nathalie	76	12.71	08-05	csdy
2	Costa Nathalie	76	13.21	11-07	resc
3	Antipina Nastasia	77	14.34	24-04	ws
4	Robson Stephany	76	14.74	22-05	ws
200 m		RC : 25.34			
1	Clermont Nathalie	76	26.64	22-05	ws
2	Costa Nathalie	76	27.56	11-07	resc
3	Antipina Nastasia	77	28.12	12-05	vs
4	Dewavre Laurence	76	28.61	08-05	csdy
5	Robson Stephany	76	29.63	08-05	csdy
6	Largueche Nour	76	30.29	01-05	resc
7	Notermane Helene	77	31.42	01-05	resc
300 m		RC : 42.84			
1	Antipina Nastasia	77	46.41	11-06	vita
2	Delbecque Maud	77	48.06	04-06	avka
400 m		RC : 57.32			
1	Costa Nathalie	76	65.27	18-09	resc
2	Dewavre Laurence	76	65.85	22-05	ws
3	Robson Stephany	76	74.91	04-09	ws
800 m		RC : 2.15.60			
1	Dewavre Laurence	76	2.41.50	16-05	rcg
2	Delbecque Maud	77	2.54.24	22-05	ws
1500 m		RC : 4.54.30			
1	Delbecque Maud	77	6.06.03	08-05	csdy
2	Ringoot Sophie	77	6.15.44	22-05	ws
3000 m		RC : 10.48.10			
1	Fonteyn Katrien	76	14.04.21	04-09	ws
100 m haies (76 cm)		RC : 13.92			
1	Clermont Nathalie	76	14.14	29-08	fcha
2	Antipina Nastasia	77	16.12	12-05	vs
100 m haies (84 cm)		RC : 14.16			
1	Clermont Nathalie	76	14.58	31-05	avka
300 m haies (76 cm)		RC : 45.42			
1	Antipina Nastasia	77	48.60	08-05	csdy
2	Costa Nathalie	76	49.72	04-06	avka
Hauteur		RC : 1m68			
1	Delbecque Maud	77	1m35	19-05	resc
2	Antipina Nastasia	77	1m30	08-05	csdy
Longueur		RC : 6m08			
1	Antipina Nastasia	77	5m00	?	LTU
2	Costa Nathalie	76	4m43	22-05	ws
Triple saut		RC : 9m05			
1	Antipina Nastasia	77	9m93	19-05	resc
Poids (3 kg)		RC : 11m74			
1	Dewavre Laurence	76	10m25	08-05	csdy
Disque (1 kg)		RC : 38m44			
1	Dewavre Laurence	76	26m00	04-09	ws
2	Robson Stephany	76	21m20	22-05	ws
Javelot (600 gr)		RC : 37m36			
1	Chovanova Helena	76	23m00	16-05	rcg



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4 x 100 m	RC : 49.65
Antipina, Dewavre, Costa, Clermont	52.68 04-09 ws

**JUNIORS FEMMES (1975 - 1974)**

100 m	RC : 12.11
1 De Pauw Margot	75 13.82 19-05 resc
2 Debaillie Isabelle	74 14.22 19-05 resc
3 Michotte Carole	75 14.51 08-05 csdy

200 m	RC : 24.65
1 De Pauw Margot	75 27.84 27-06 dac
2 Debaillie Isabelle	74 29.47 21-08 cabw
3 Michotte Carole	75 30.24 01-05 resc

400 m	RC : 57.32
1 De Pauw Margot	75 62.35 16-05 rcg
2 Vanden Eede Isabelle	75 63.75 16-05 rcg
3 Debaillie Isabelle	74 64.42 11-07 resc
4 Vandenmuysenberg Sabine	75 64.86 29-06 vita

800 m	RC : 2.11.36
1 Vandenmuysenberg Sabine	75 2.27.56 10-07 vac
2 Potvlieghe An	75 2.35.68 01-05 resc
3 Vandermeulen Nathalie	74 2.43.57 01-05 resc

1000 m	RC : 2.52.74
1 Vandenmuysenberg Sabine	75 3.11.60 21-07 dac
2 Potvlieghe An	75 3.15.90 21-07 dac

1500 m	RC : 4.30.09
1 Vandenmuysenberg Sabine	75 5.12.97 16-05 rcg
2 Potvlieghe An	75 5.21.33 16-05 rcg

3000 m	RC : 9.36.90
1 Potvlieghe An	75 10.52.70 ? ?
2 Vandermeulen Nathalie	74 12.19.30 16-05 rcg

100 m haies (84 cm)	RC : 13.99
1 Vanden Eede Isabelle	75 16.21 19-05 resc

400 m haies (76 cm)	RC : 65.29
1 Smith Cindi	75 69.87 01-05 resc
2 Debaillie Isabelle	74 69.98 16-05 rcg
3 Vanden Eede Isabelle	75 70.04 01-05 resc
4 De Pauw Margot	75 70.40 31-05 avka

Poids ( 4 kg)	RC : 13m12
1 Debaillie Isabelle	74 9m02 01-05 resc
2 Michotte Carole	75 7m66 01-05 resc

Disque (1 kg)	RC : 45m60
1 Michotte Carole	75 24m42 10-07 vac

Javelot (600 gr)	RC : 41m94
1 Ramos Daphne	75 22m80 16-05 rcg

Marteau (4 kg)	RC : 33m70
1 Ramos Daphne	75 40m46 27-06 moha

4 x 100 m	RC : 48.00
Ramos, Vanden Eede, Debaillie, De Pauw	53.26 12-09 cabw

4 x 800 m	RC : 10.24.44
Vandenmuysenberg, Potvlieghe, Vandermeulen, Debaillie	10.39.29 12-09 cabw





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ESPOIRS FEMMES (1973 – 1972 - 1971)

100 m			RC : 12.11		
1	Kohl Olivia	73	12.58	04-07	aclo
2	Carpentier Nathalie	71	13.39	?	?
3	De Buyst Nadia	73	13.54	29-08	rsca
200 m			RC : 24.65		
1	Kohl Olivia	73	26.17	16-05	rcg
2	De Buyst Nadia	73	27.32	01-05	resc
400 m			RC : 57.32		
1	De Buyst Nadia	73	62.54	08-05	csdy
800 m			RC : 2.11.36		
1	De Buyst Nadia	73	2.32.47	16-05	rcg
100 m haies (84 cm)			RC : 13.99		
1	Kohl Olivia	73	13.82	31-05	avka
Hauteur			RC : 1m88		
1	Carpentier Nathalie	71	1m40	16-05	rcg
Longueur			RC : 6m08		
1	Carpentier Nathalie	71	5m28	16-05	rcg
2	De Buyst Nadia	73	4m53	08-05	csdy
Poids (4 kg)			RC : 13m12		
1	De Buyst Nadia	73	8m31	01-05	resc
2	Vanden Berghen Sylvie	71	7m42	01-05	resc
Disque (1 kg)			RC : 46m94		
1	De Buyst Nadia	73	29m12	26-09	vita
2	Vanden Berghen Sylvie	71	25m02	11-07	resc

SENIORS FEMMES (1973 - 1959)

100 m			RC : 11.85		
1	Carette Anne	68	11.84	15-06	resc
2	De Vrye Corinne	60	12.05	21-08	cabw
3	Kohl Olivia	73	12.58	04-07	aclo
4	Carpentier Nathalie	71	13.39	?	?
5	De Buyst Nadia	73	13.54	29-08	rsca
6	Vangehuchten Suzanne	66	14.14	19-05	resc
200 m			RC : 24.65		
1	Carette Anne	68	24.03	15-06	resc
2	Kohl Olivia	73	26.17	16-05	rcg
3	De Buyst Nadia	73	27.32	01-05	resc
4	Vangehuchten Suzanne	66	29.69	01-05	resc
300 m			RC : 41.09		
1	Vangehuchten Suzanne	66	46.40	18-06	vita
400 m			RC : 57.02		
1	De Buyst Nadia	73	62.54	08-05	csdy
2	Vangehuchten Suzanne	66	64.21	29-06	vita
800 m			RC : 2.05.85		
1	De Buyst Nadia	73	2.32.47	16-05	rcg
100 m haies (84 cm)			RC : 13.90		
1	Kohl Olivia	73	13.82	31-05	avka
2	De Vrye Corinne	60	13.83	22-06	NLD
Hauteur			RC : 1m92		
1	Jonckheere Natalja	70	1m90	04-09	vs
2	Carpentier Nathalie	71	1m40	16-05	rcg



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Longueur			RC : 6m28		
1	De Vrye Corinne	60	6m26	16-05	rcg
2	Carpentier Nathalie	71	5m28	16-05	rcg
3	De Buyst Nadia	73	4m53	08-05	csdy

Triple saut			RC : 12m52		
1	Muyls Jacqueline	65	11m44	24-07	resc

Poids (4 kg)			RC : 13m12		
1	Jonckheere Natalja	69	9m28	16-05	rcg
2	De Buyst Nadia	73	8m31	01-05	resc
3	Vanden Berghen Sylvie	71	7m42	01-05	resc

Disque (1 kg)			RC : 46m94		
1	De Buyst Nadia	73	29m12	26-09	vita
2	Vanden Berghen Sylvie	71	25m02	11-07	resc

4 X 100 m			RC : 47.61		
Clermont, De Vrye, Carette, Kohl			46.95	19-09	usta

4 X 200 m			RC : 1.40.73		
Clermont, De Vrye, Carette, Kohl			1.41.87	19-09	usta

4 X 400 m			RC : 3.54.68		
Vangehuchten, Debaille, De Pauw, De Buyst			4.16.01	16-05	rcg

### KANGOUROUS GARÇONS (1987 - 1986)

60 m			RC : 10.84		
1	Bontemps Richard	86	10.94	09-10	resc
2	Van Hamme Steve	86	11.24	08-05	resc
3	Opdebeeck Quentin	86	12.04	15-05	resc
4	Guffens Fabian	86	12.24	27-08	resc
5	Wauters Maxime	87	12.54	23-10	resc
6	Bienfait Julien	87	13.84	09-10	resc

Longueur			RC : 2m93		
1	Vanhamme Steve	86	2m95	08-05	resc
2	Opdebeeck Quentin	86	2m19	08-05	resc
3	Bontemps Richard	86	2m15	27-08	resc
4	Guffens Fabian	86	1m89	27-08	resc

Poids (1 kg)			RC : 4m70		
1	Vanhamme Steve	86	5m87	08-05	resc
2	Bontemps Richard	86	5m30	10-10	rsca
3	Opdebeeck Quentin	86	4m78	08-05	resc

Triathlon			RC : 619 p		
1	Vanhamme Steve	86	715 p	08-05	resc
2	Opdebeeck Quentin	86	391 p	08-05	resc

### BENJAMINS GARÇONS (1985 - 1984)

60 m			RC : 9.20		
1	Bontemps Reno	84	10.32	10-10	rsca
2	Guarneri Salvatore	84	10.34	27-08	resc
3	Brolet Benjamin	84	10.53	04-09	vs
4	Brolet Mathieu	84	10.64	27-06	dcla
5	Haymans Thomas	85	10.94	09-10	resc
6	Faveyst Christophe	84	11.11	30-10	rcb
7	Huybrechts Xavier	84	11.43	04-09	vs
8	Goossens Thomas	85	11.84	23-10	resc

1000 m			RC : -		
1	Guarneri Salvatore	84	4.22.60	16-07	grim
2	Huybrechts Xavier	84	4.25.26	04-09	vs



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Hauteur		RC : 1m23			
1	Guarneri Salvatore	84	1m05	25-06	resc
2	Bontemps Reno	84	1m00	03-10	rsca
3	Brolet Benjamin	84	0m89	02-04	resc
4	Brolet Mathieu	84	0m86	02-04	resc
5	Huybrechts Xavier	84	0m85	17-09	resc
6	Droesbeke Sebastien	85	0m83	02-04	resc

Longueur		RC : 3m80			
1	Guarneri Salvatore	84	3m26	30-04	resc
2	Vincke Kevin	85	3m20	06-08	resc
3	Bontemps Reno	84	2m89	27-08	resc
	Brolet Mathieu	84	2m89	11-06	resc
5	Brolet Benjamin	84	2m86	30-04	resc
6	Faveyst Christophe	84	2m79	30-04	resc
7	Hannecart Didier	85	2m70	30-04	resc
8	Droesbeke Sebastien	85	2m69	30-04	resc
9	Huybrechts Xavier	84	2m48	06-08	resc
10	Stas Bruno	85	2m42	30-04	resc

Poids (1 kg)		RC : 9m90			
1	Guarneri Salvatore	84	7m80	04-09	vs
2	Brolet Mathieu	84	6m87	25-06	resc
3	Bontemps Reno	84	6m80	10-10	rsca
4	Huybrechts Xavier	84	5m90	31-05	rsca
5	Brolet Benjamin	84	5m73	30-04	resc
6	Browaey David	84	5m60	25-06	resc
7	Hannecart Didier	85	5m23	30-04	resc
8	Faveyst Christophe	84	5m01	30-04	resc
9	Stas Bruno	85	4m44	30-04	resc

Balle de hockey		RC : 36m22			
1	Guarneri Salvatore	84	29m72	02-04	resc
2	Brolet Benjamin	84	24m84	11-09	vita
3	Brolet Mathieu	84	21m10	11-09	vita
4	Fabre Xavier	85	19m54	02-04	resc
5	Vincke Kevin	85	19m24	06-08	resc
6	Huybrechts Xavier	84	17m18	11-09	vita
7	Droesbeke Sebastien	85	15m34	11-06	resc
8	Faveyst Christophe	84	13m04	11-06	resc

Triathlon		RC : 1247 p			
1	Guarneri Salvatore	84	832 p	21-07	vs
2	Brolet Mathieu	84	597 p	08-05	resc
3	Brolet Benjamin	84	594 p	08-05	resc
4	Faveyst Christophe	84	520 p	08-05	resc
5	Huybrechts Xavier	84	458 p	08-05	resc

4 X 60 m		RC : 37.73			
Brolet, Brolet, Guarneri, Huybrechts		42.75		04-09	vs

**PUPILLES GARÇONS (1983 - 1982)**

60 m		RC : 8.44			
1	Schepens Cedric	82	8.73	10-10	rsca
2	Guillet Lionel	82	8.99	19-09	rsca
3	Vrebos Stephane	83	9.34	23-10	resc
4	Henderickx Wim	82	9.40	25-09	vac
5	Cawet Cedric	83	9.44	23-10	resc
6	Carbonez Gilles	82	9.54	27-08	resc
	Foucart François	82	9.54	27-08	resc
	Naif Jerome	83	9.54	23-10	resc
	Van Malderen Jeroen	82	9.54	11-09	vita
	Vervloet Gregory	83	9.54	23-10	resc
11	Xhonneux Frederic	83	9.59	01-08	vs
12	Smeyers Julien	83	9.74	23-10	resc
13	Batjoens Pierre Olivier	83	9.94	23-10	resc
	Degives Jean Baptiste	83	9.94	23-10	resc
15	Van Zeebroeck Bert	82	10.07	11-09	vita
16	Van De Zande Christopher	83	10.19	11-09	vita
17	Opdebeeck Nicolas	83	10.34	23-10	resc



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18	Moya Julien	82	10.44	23-10	resc
19	Quertinmont Valery	83	10.94	27-08	resc
20	Van Oudenhoven Karl	82	11.14	27-08	resc

1000 m RC : 3.19.70

1	Foucart François	82	3.21.60	19-09	rsca
2	Schepens Cedric	82	3.27.36	20-06	rsca
3	Van Malderen Jeroen	82	3.29.17	19-09	rsca
4	Xhonneux Frederic	83	3.43.10	10-10	rsca
5	Vrebos Stephane	83	3.46.70	15-05	resc
6	Henderickx Wim	82	3.53.10	12-04	rsca
7	Guillet Lionel	82	4.01.80	15-05	resc
8	Carbonez Gilles	82	4.03.40	15-05	resc
9	Batjoens Pierre Olivier	83	4.08.80	15-05	resc
	Opdebeeck Nicolas	83	4.08.80	15-05	resc
11	Van De Zande Christopher	83	4.21.40	29-08	rsca

60 m haies (76 cm) RC : 10.24

1	Guillet Lionel	82	11.84	29-08	rsca
	Schepens Cedric	82	11.84	10-07	abes
3	Xhonneux Frederic	83	12.04	23-10	resc
4	Naif Jerome	83	12.44	09-10	resc
5	Vrebos Stephane	83	12.94	08-05	resc
6	Foucart François	82	13.04	23-10	resc
	Vervloet Gregory	83	13.04	23-10	resc
8	Smeyers Julien	83	13.24	23-10	resc
9	Cawet Cedric	83	13.44	23-10	resc
	Van Malderen Jeroen	82	13.44	08-05	resc
11	Henderickx Wim	82	13.54	08-05	resc
12	Batjoens Pierre Olivier	83	13.84	23-10	resc
13	Van Zeebroeck Bert	82	13.94	09-10	resc
14	Degives Jean Baptiste	83	14.04	23-10	resc
15	Opdebeeck Nicolas	83	14.14	09-10	resc
16	Van Oudenhoven Karl	82	16.64	23-10	resc
17	Van De Zande Christopher	83	17.14	08-05	resc

Hauteur RC : 1m48

1	Guillet Lionel	82	1m30	29-08	rsca
2	Schepens Cedric	82	1m25	06-02	spbo
	Henderickx Wim	82	1m25	19-09	rsca
	Vrebos Stephane	83	1m25	19-09	rsca
	Xhonneux Frederic	83	1m25	29-08	rsca
6	Foucart François	82	1m15	02-04	resc
	Naif Jerome	83	1m15	09-10	resc
8	Carbonez Gilles	82	1m10	09-10	resc
	Van Malderen Jeroen	82	1m10	02-04	resc
	Vervloet Gregory	83	1m10	09-10	resc
11	Van De Zande Christopher	83	1m00	02-04	resc

Longueur RC : 4m66

1	Guillet Lionel	82	4m59	27-08	resc
2	Schepens Cedric	82	4m42	17-09	resc
3	Xhonneux Frederic	83	4m13	17-09	resc
4	Henderickx Wim	82	4m11	25-09	vac
5	Carbonez Gilles	82	3m93	27-09	resc
6	Van Malderen Jeroen	82	3m85	17-09	resc
7	Foucart François	82	3m83	27-08	resc
8	Vrebos Stephane	83	3m75	15-05	resc
9	Cawet Cedric	83	3m65	17-09	resc
10	Van Zeebroeck Bert	82	3m60	17-09	resc
11	Naif Jerome	83	3m39	17-09	resc
12	Batjoens Pierre Olivier	83	3m34	15-05	resc
13	Van De Zande Christopher	83	3m28	30-04	resc
	Van Driessche Jonathan	83	3m28	17-09	resc
15	Moya Julien	82	3m09	17-09	resc
	Opdebeeck Nicolas	83	3m09	30-04	resc
17	Vervloet Gregory	83	2m92	11-09	vita
18	Malherbe Didier	82	2m89	17-09	resc
19	Quertinmont Valery	83	2m75	30-04	resc



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Poids (2 kg)		RC : 10m14			
1	Henderickx Wim	82	8m88	25-09	vac
2	Schepens Cedric	82	8m57	25-09	vac
3	Van Malderen Jeroen	82	8m10	08-05	resc
4	Guillet Lionel	82	7m96	21-08	vita
5	Xhonneux Frederic	83	7m94	21-08	vita
6	Ginkels Sam	83	7m58	08-05	resc
8	Van Zeebroeck Bert	82	7m33	27-08	resc
9	Foucart François	82	6m59	27-08	resc
10	Naif Jerome	83	6m25	27-08	resc
11	Van De Zande Christopher	83	6m24	04-09	vs
12	Vrebos Stephane	83	6m07	08-05	resc
13	Carbonez Gilles	82	6m05	27-08	resc
14	Quertinmont Valery	83	4m68	27-08	resc

Balle de hockey		RC : 42m32			
1	Van Zeebroeck Bert	82	39m38	11-09	vita
2	Xhonneux Frederic	83	36m98	11-09	vita
3	Vrebos Stephane	83	36m70	11-06	resc
4	Henderickx Wim	82	35m14	30-10	rcb
5	Van Malderen Jeroen	82	34m92	12-08	vs
6	Guillet Lionel	82	33m20	11-09	vita
7	Schepens Cedric	82	31m16	18-07	dcla
8	Vervloet Gregory	83	27m50	11-09	vita
9	Foucart François	82	25m70	11-06	resc
10	Quertinmont Valery	83	23m82	30-04	resc
11	Van De Zande Christopher	83	21m78	11-09	vita
12	Tielemans Denis	83	18m08	30-04	resc
13	Batjoens Pierre Olivier	83	16m26	30-04	resc

Triathlon		RC : 1613 p			
1	Guillet Lionel	82	1472 p	27-08	resc
2	Schepens Cedric	82	1314 p	22-05	ob
3	Xhonneux Frederic	83	1266 p	27-08	resc
4	Foucart François	82	1178 p	27-08	resc
5	Van Malderen Jeroen	82	1167 p	11-09	vita
6	Carbonez Gilles	82	1165 p	27-08	resc
7	Van Zeebroeck Bert	82	1008 p	11-09	vita
8	Vervloet Gregory	83	920 p	11-09	vita
9	Van De Zande Christopher	83	769 p	11-09	vita
10	Naif Jerome	83	634 p	27-08	resc
12	Quertinmont Valery	83	607 p	27-08	resc

4 x 60 m		RC : 33,25			
Vrebos, Carbonez, Xhonneux, Guillet		35.66		04-09	vs

**MINIMES GARÇONS (1981 - 1980)**

80 m		RC : 9.96			
1	Fontenoy Serge	80	10.84	09-10	resc
2	Moral Miguel	81	11.34	19-09	rsca
	Thiry Stephane	81	11.34	19-06	rcb
4	Schroeven Bruno	80	11.44	12-04	rsca
5	Bruggeman Nicolas	80	11.64	09-10	resc
6	Ben Mohamed Younes	81	11.67	19-09	rsca
7	Blondiau Fabian	81	11.74	12-04	rsca
	Naif Nicolas	80	11.74	09-10	resc
	Thys Alain	81	11.74	09-10	resc
10	De Veirman Didier	80	12.04	09-10	resc
11	Alexiou Efstratios	80	12.14	27-08	resc
	Xhonneux Marc	80	12.14	09-10	resc
13	Brolet Bertrand	81	12.17	04-09	vs
14	Duchatel Baptiste	80	12.34	11-09	vita
15	Raman Jean François	80	12.74	09-10	resc
	Ville Gaetan	80	12.74	09-10	resc
17	Clais Marc	81	12.94	09-10	resc
18	Halleman Yannick	81	13.04	22-05	dac



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150 m		RC : 18.54			
1	Fontenoy Serge	80	19.94	23-10	resc
2	Thiry Stephane	81	21.24	27-06	dcla
3	Bruggeman Nicolas	80	21.44	08-05	resc
4	Schroeven Bruno	80	21.64	23-10	resc
5	Moral Miguel	81	21.74	08-05	resc
6	Thys Alain	81	21.84	27-06	dcla
7	Naif Nicolas	80	22.34	23-10	resc
8	Brolet Bertrand	81	22.44	27-06	dcla
	Duchatel Baptiste	80	22.44	27-06	dcla
10	Xhonneux Marc	80	22.46	19-09	rsca
11	Ben Mohamed Younes	81	22.54	27-06	dcla
12	Blondiau Fabian	81	22.74	08-05	resc
13	De Veirman Didier	80	23.04	08-05	resc
14	Alexiou Efstratios	80	23.74	23-10	resc
15	Clais Marc	81	24.24	01-05	rsca
16	Beguín Nicolas	81	24.30	01-05	rsca
17	Raman Jean François	80	24.64	23-10	resc
18	Halleman Yannick	81	25.24	10-04	hco

1000 m		RC : 3.10.10			
1	Mignon Baptiste	81	3.17.67	19-09	rsca
2	Clais Marc	81	3.23.28	19-09	rsca
3	Schroeven Bruno	80	3.23.50	12-04	rsca
4	Raman Jean François	80	3.27.53	25-09	vac
5	Duchatel Baptiste	80	3.28.20	15-05	resc
6	Thys Alain	81	3.31.40	29-08	rsca
7	Xhonneux Marc	80	3.32.70	10-10	rsca
8	Thiry Stephane	81	3.33.70	31-05	rsca
9	Hamelynck Hugues	80	3.36.70	19-06	mac
10	De Veirman Didier	80	3.37.00	15-05	resc
11	Blondiau Fabian	81	3.38.80	12-04	rsca
12	Moral Miguel	81	3.40.10	20-06	rsca
13	Bruggeman Nicolas	80	3.43.80	15-05	resc
14	Halleman Yannick	81	4.00.80	24-04	dac
15	Fontenoy Serge	80	4.16.90	15-05	resc

80 m haies (84 cm)		RC : 12.00			
1	Fontenoy Serge	80	14.04	23-10	resc
2	Thys Alain	81	14.84	11-06	mac
3	Thiry Stephane	81	14.94	27-06	dcla
4	De Veirman Didier	80	15.64	09-10	resc
	Naif Nicolas	80	15.64	23-10	resc
6	Duchatel Baptiste	80	15.94	27-06	dcla
	Xhonneux Marc	80	15.94	23-10	resc
8	Mignon Baptiste	81	16.44	19-06	mac
9	Bruggeman Nicolas	80	16.64	23-10	resc
10	Moral Miguel	81	16.74	23-10	resc
11	Blondiau Fabian	81	16.84	09-10	resc
12	Schroeven Bruno	80	17.14	23-10	resc
13	Ben Mohamed Younes	81	17.54	09-10	resc
14	Brolet Bertrand	81	17.74	27-06	dcla
	Raman Jean François	80	17.74	09-10	resc
	Ville Gaetan	80	17.74	09-10	resc
17	Clais Marc	81	17.94	27-06	dcla
18	Beguín Nicolas	81	18.24	23-10	resc
19	Alexiou Efstratios	80	18.34	23-10	resc
20	Halleman Yannick	81	19.69	04-09	vs

Hauteur		RC : 1m65			
1	Thys Alain	81	1m53	09-10	resc
2	Clais Marc	81	1m45	11-09	vita
3	De Veirman Didier	80	1m41	04-09	vs
4	Ben Mohamed Younes	81	1m40	11-06	mac
5	Thiry Stephane	81	1m39	20-06	rsca
6	Fontenoy Serge	80	1m35	25-06	resc
	Moral Miguel	81	1m35	09-10	resc
8	Bruggeman Nicolas	80	1m30	25-06	resc
	Ville Gaetan	80	1m30	09-10	resc
	Xhonneux Marc	80	1m30	10-10	rsca
11	Duchatel Baptiste	80	1m25	25-06	resc
	Geens Robin	80	1m25	25-06	resc



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	Mignon Baptiste	81	1m25	25-06	resc
	Naif Nicolas	80	1m25	11-09	vita
	Raman Jean François	80	1m25	15-05	resc
16	Blondiau Fabian	81	1m20	12-04	rsca
	Schroeven Bruno	80	1m20	12-04	rsca
18	Brolet Bertrand	81	1m15	25-06	resc
	Halleman Yannick	81	1m15	04-04	hco

Longueur

RC : 5m73

1	Thiry Stephane	81	4m99	11-06	resc
2	Fontenoy Serge	80	4m80	06-08	resc
3	De Veirman Didier	80	4m70	06-08	resc
4	Thys Alain	81	4m64	29-08	rsca
5	Moral Miguel	81	4m48	21-07	vs
6	Ben Mohamed Younes	81	4m32	11-06	resc
7	Xhonneux Marc	80	4m30	29-08	rsca
8	Bruggeman Nicolas	80	4m27	11-09	vs
9	Blondiau Fabian	81	4m13	02-04	resc
10	Clais Marc	81	4m11	06-08	resc
11	Duchatel Baptiste	80	4m08	27-06	dcla
12	Alexiou Efstratios	80	3m94	30-10	rcb
13	Brolet Bertrand	81	3m84	27-06	dcla
14	Geens Robin	80	3m78	11-06	resc
15	Raman Jean François	80	3m77	21-08	vita
16	Mignon Baptiste	81	3m74	11-06	resc
17	Naif Nicolas	80	3m66	11-09	vita
18	Hamelynck Hugues	80	3m61	11-06	resc
19	Halleman Yannick	81	3m52	24-04	dac
20	Beguín Nicolas	81	3m51	02-04	resc

Perche

RC : 2m90

1	Thys Alain	81	2m25	29-08	resc
2	Ben Mohamed Younes	81	1m85	29-08	resc
3	De Veirman Didier	80	1m80	08-05	resc
4	Xhonneux Marc	80	1m70	08-05	resc
5	Beguín Nicolas	81	1m60	08-05	resc

Poids (3 kg)

RC : 13m18

1	Fontenoy Serge	80	10m58	09-10	resc
2	Halleman Yannick	81	8m50	19-09	rsca
3	Thys Alain	81	7m80	11-09	vita
4	Duchatel Baptiste	80	7m76	31-05	rsca
5	De Veirman Didier	80	7m48	09-10	resc
6	Bruggeman Nicolas	80	7m45	17-09	resc
7	Alexiou Efstratios	80	7m20	06-08	resc
8	Xhonneux Marc	80	7m17	11-09	vita
9	Brolet Bertrand	81	7m13	11-09	vita
10	Schroeven Bruno	80	6m81	30-04	resc
11	Hamelynck Hugues	80	6m70	19-06	mac
12	Thiry Stephane	81	6m62	30-04	resc
13	Clais Marc	81	6m57	31-05	rsca
14	Raman Jean François	80	6m46	09-10	resc
15	Moral Miguel	81	6m31	11-09	vita
16	Beguín Nicolas	81	6m20	30-04	resc
17	Ville Gaetan	80	6m14	09-10	resc
18	Geens Robin	80	5m87	30-04	resc
19	Ben Mohamed Younes	81	5m78	11-09	vita
	Mignon Baptiste	81	5m78	11-06	resc
21	Blondiau Fabian	81	5m75	09-10	resc
22	Naif Nicolas	80	5m66	17-09	resc
23	Swinnen Fabrice	80	5m31	17-09	resc

Disque (1 kg)

RC : 31m60

1	Halleman Yannick	81	18m84	25-09	vac
2	Thys Alain	81	18m58	19-06	mac
3	Duchatel Baptiste	80	17m14	04-09	vs
4	Xhonneux Marc	80	16m60	19-06	mac
5	Brolet Bertrand	81	16m46	27-06	dcla
6	Moral Miguel	81	13m20	29-05	ws
7	De Veirman Didier	80	12m84	04-09	vs
8	Beguín Nicolas	81	12m48	02-04	resc
9	Ben Mohamed Younes	81	11m42	27-06	dcla



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10	Thiry Stephane	81	11m40	27-06	dcla
11	Blondiau Fabian	81	11m12	02-04	resc
12	Hamelynck Hugues	80	10m44	19-06	mac
13	Clais Marc	81	9m84	27-06	dcla

Javelot (400 gr)

RC : 36m80

1	Hallems Yannick	81	30m74	10-04	hco
2	Thys Alain	81	27m10	21-08	vita
3	Ben Mohamed Younes	81	21m12	25-06	resc
4	Fontenoy Serge	80	20m50	25-06	resc
5	De Veirman Didier	80	20m40	30-04	resc
6	Moral Miguel	81	20m36	16-07	grim
7	Thiry Stephane	81	18m30	25-06	resc
8	Xhonneux Marc	80	17m76	16-07	grim
9	Duchatel Baptiste	80	17m70	25-06	resc
10	Brolet Bertrand	81	16m76	25-06	resc
11	Beguिन Nicolas	81	16m38	30-04	resc
12	Geens Robin	80	15m36	30-04	resc
13	Schroeven Bruno	80	14m28	25-06	resc
14	Clais Marc	81	13m74	30-04	resc
15	Alexiou Efstratios	80	11m92	30-04	resc
16	Bruggeman Nicolas	80	9m52	25-06	resc

Tetrathlon

RC : 2900 p

1	Fontenoy Serge	80	2119 p	09-10	resc
2	Thys Alain	81	1955 p	09-10	resc
3	Moral Miguel	81	1821 p	21-07	vs
4	De Veirman Didier	80	1813 p	09-10	resc
5	Thiry Stephane	81	1807 p	11-09	vita
6	Bruggeman Nicolas	80	1764 p	11-09	vita
7	Xhonneux Marc	80	1624 p	09-10	resc
8	Duchatel Baptiste	80	1622 p	11-09	vita
9	Naif Nicolas	80	1603 p	09-10	resc
10	Ben Mohamed Younes	81	1546 p	11-09	vita
11	Clais Marc	81	1545 p	11-09	vita
12	Blondiau Fabian	81	1477 p	09-10	resc
13	Brolet Bertrand	81	1467 p	11-09	vita
	Hallems Yannick	81	1467 p	22-05	dac
15	Ville Gaetan	80	1430 p	09-10	resc
16	Raman Jean François	80	1376 p	09-10	resc

4 X 80 m

RC : 41.24

Moral, Ben Mohamed, Fontenoy, Thiry	44.22	19-09	rsca
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CADETS GARÇONS (1979 - 1978)

100 m

RC : 11.39

1	Squiflet Pierre	79	11.85	04-09	ws
2	Mercier Yves	79	12.31	19-05	resc
3	Beerens Gregory	78	12.71	19-05	resc
4	Thielens Sebastien	79	13.01	19-05	resc
5	Donvil Nicolas	78	13.05	19-05	resc
6	Marbais Michael	78	13.15	11-07	resc
7	Dosunmu Samuel	79	13.19	15-08	dcla
8	Dosunmu Thibault	78	13.73	04-06	avka

200 m

RC : 23.14

1	Squiflet Pierre	79	24.87	22-08	osga
2	Adriaens Frederic	78	24.94	02-10	resc
3	Mercier Yves	79	25.00	01-05	resc
4	Dosunmu Samuel	79	26.09	02-10	resc
5	Beerens Gregory	78	26.83	16-04	vita
6	Thielens Sebastien	79	26.87	15-05	riwa
7	Marbais Michael	78	27.74	29-08	rsca
8	Pelemans Ivo	79	27.87	27-06	dac

300 m

RC : 36.94

1	Dosunmu Samuel	79	48.33	04-06	avka
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400 m		RC : 52.24				
1	Mercier Yves	79	58.31	25-04	ws	
2	Dosunmu Thibault	78	59.71	04-09	ws	
3	Dosunmu Samuel	79	62.48	15-05	riwa	
800 m		RC : 2.02.70				
1	Pelemans Ivo	79	2.19.25	15-05	riwa	
2	Zaanan Nordin	79	2.22.27	11-07	resc	
3	Mignon Thomas	78	2.39.67	15-05	riwa	
1500 m		RC : 4.10.90				
1	Zaanan Nordin	79	4.58.21	19-05	resc	
2	Pelemans Ivo	79	5.01.22	19-05	resc	
100 m haies (91 cm)		RC : 14.23				
1	Squiflet Pierre	79	14.49	21-08	cabw	
2	Beerens Gregory	78	16.21	12-09	cabw	
300 m haies (76 cm)		RC : 40.07				
1	Dosunmu Samuel	79	45.38	11-09	cabw	
2	Beerens Gregory	78	45.79	18-09	resc	
3	Mercier Yves	79	48.50	15-05	riwa	
Hauteur		RC : 1m91				
1	Beerens Gregory	78	1m78	25-09	vac	
2	Squiflet Pierre	79	1m50	15-08	crac	
Longueur		RC : 6m70				
1	Beerens Gregory	78	5m97	29-08	rsca	
2	Squiflet Pierre	79	5m70	15-08	crac	
3	Marbais Michael	78	4m63	16-09	vita	
Triple saut		RC : 13m52				
1	Beerens Gregory	78	11m29	31-10	csf	
2	Adriaens Frederic	78	10m74	04-09	ws	
3	Mercier Yves	79	10m47	08-05	csdy	
Perche		RC : 3m71				
1	Biot Pascal	79	2m90	19-08	rfcl	
Poids (4 kg)		RC : 11m86				
1	Squiflet Pierre	79	12m75	01-08	vs	
2	Dosunmu Thibault	78	11m95	15-08	dcla	
3	Donvil Nicolas	78	10m90	15-08	dcla	
4	Beerens Gregory	78	8m31	18-07	dac	
Disque (1 kg)		RC : 33m68				
1	Donvil Nicolas	78	32m94	25-08	mol	
Javelot (600 gr)		RC : 34m30				
1	Beerens Gregory	78	37m02	10-10	riwa	
2	Squiflet Pierre	79	31m78	15-08	crac	
3	Dosunmu Thibault	78	29m18	15-05	riwa	
4	Dosunmu Samuel	79	26m06	04-09	vs	
Marteau (4 kg)		RC : 30m44				
1	Marbais Michael	78	40m44	02-10	resc	
Pentathlon		RC : 2153 p				
1	Squiflet Pierre	79	2549 p	15-08	crac	
2	Beerens Gregory	78	2434 p	10-10	riwa	
4 x 100 m		RC : 45.63				
Dosunmu, Dosunmu, Beerens, Squiflet		78	47.86	19-09	usta	



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SCOLAIRES HOMMES (1977 - 1976)

100 m				RC : 11.08	
1	Mambo Djeke	77	11.41	28-08	cabw
2	Schoonjans Patrick	77	11.78	27-06	dac
3	Lebrun Frederic	77	12.10	11-07	resc
4	Fonteyne Brendan	77	12.64	29-08	rsca
	Vanderhaeghen Olivier	77	12.64	29-08	rsca
200 m				RC : 22.02	
1	Mambo Djeke	77	22.72	01-05	resc
2	Schoonjans Patrick	77	23.75	02-10	resc
3	Rudman David	76	24.06	23-04	aclo
4	Lebrun Frederic	77	24.22	11-07	resc
5	Vanderhaeghen Olivier	77	25.56	02-10	resc
6	Thielens Pierre Jacques	76	25.79	02-10	resc
7	Ernst Gaetan	76	26.62	15-05	riwa
300 m				RC : 36.45	
1	Mambo Djeke	77	36.24	25-04	vs
2	Lebrun Frederic	77	38.90	04-06	avka
400 m				RC : 49.92	
1	Schoonjans Patrick	77	53.68	18-09	resc
2	Lebrun Frederic	77	57.21	04-09	ws
3	Vanderhaeghen Olivier	77	57.32	18-09	resc
800 m				RC : 1.59.40	
1	Adam Olivier	76	2.01.89	02-10	resc
2	Vanderhaeghen Olivier	77	2.14.51	15-05	riwa
3	Ramos Perreira Bruno	77	2.30.08	15-05	riwa
1500 m				RC : 4.00.79	
1	Adam Olivier	76	4.28.92	15-08	dcla
2	Hovelacque Benoit	77	4.31.84	04-09	ws
3000 m				RC : 8.33.14	
1	Hallouzi Rachid	76	10.08.12	01-05	resc
2	Ramos Perreira Bruno	77	11.12.35	04-09	ws
3	Van Nuffelen Stef	77	12.14.96	15-05	riwa
110 m haies (99 cm)				RC : 14.94	
1	Mambo Djeke	77	14.94	16-04	vita
2	Rudman David	76	16.53	05-05	csdy
3	Schoonjans Patrick	77	17.86	02-10	resc
4	Vanderhaeghen Olivier	77	18.36	02-10	resc
110 m haies (106 cm)				RC : 15.16	
1	Mambo Djeke	77	15.34	08-05	azw
300 m haies (84cm)				RC : 38.04	
1	Mambo Djeke	77	38.52	01-05	resc
2	Rudman David	76	41.37	01-05	resc
3	Schoonjans Patrick	77	42.47	01-05	resc
4	Vanderhaeghen Olivier	77	43.60	01-05	resc
2000 m steeple (91 cm)				RC : 6.10.20	
1	Vanderhaeghen Olivier	77	8.01.38	04-09	ws
Hauteur				RC : 2m05	
1	Deray Tom	77	1m75	01-05	resc
2	Vanderhaeghen Olivier	77	1m65	29-08	rsca
Longueur				RC : 7m59	
1	Vanderhaeghen Olivier	77	5m68	29-05	avka
2	Thielens Pierre Jacques	76	5m57	15-05	riwa



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Triple saut		RC : 15m28			
1	Mambo Djeke	77	13m98	18-09	crac
2	Thielens Pierre Jacques	76	12m13	01-05	resc
3	Vanderhaeghen Olivier	77	11m40	01-05	resc
Perche		RC : 4m36			
1	Vanderhaeghen Olivier	77	3m00	15-05	riwa
Poids (5 kg)		RC : 14m19			
1	Vanden Eede Hughes	77	10m50	15-05	riwa
Disque (1,5 kg)		RC : 37m11			
1	Deflem Olivier	76	30m10	04-09	ws
Javelot (700 gr)		RC : 40m04			
1	Verschoren Quentin	77	29m76	04-09	ws
2	Van Nuffelen Stef	77	27m60	15-05	riwa
Marteau (5 kg)		RC : 31m06			
1	Vanden Eede Hughes	77	28m80	28-08	cabw
4 x 100 m		RC : 43.01			
Fonteyne, Schoonjans, Rudman, Mambo		44.96	19-09	usta	

**JUNIORS HOMMES (1975 - 1974)**

100 m		RC : 10.71			
1	Guellet Yassin	74	10.79	26-06	duff
2	Mambo Kedjeloba	74	10.92	25-04	vs
3	Van Pottelsberghe Guillaume	74	10.98	19-05	resc
4	Vanderhaeghen David	74	11.12	11-07	vita
200 m		RC : 21.24			
1	Guellet Yassin	74	21.84	24-04	ws
2	Vanderhaeghen David	74	22.23	11-07	resc
300 m		RC : 35.89			
1	Vanderhaeghen David	74	36.09	25-04	vs
400 m		RC : 47.92			
1	Guellet Yassin	74	50.17	25-09	dac
800 m		RC : 1.52.66			
1	Largueche Rachid	75	2.15.88	01-05	resc
2	Henken Laurent	75	2.20.40	09-05	csdy
1500 m		RC : 3.48.90			
1	Guellet Yassin	74	4.48.90	26-09	dac
110 m haies (106 cm)		RC : 14.44			
1	Mambo Kedjeloba	74	14.89	24-04	ws
2	Guellet Yassin	74	15.33	26-09	dac
400 m haies (91 cm)		RC : 52.70			
1	Vanderhaeghen David	74	53.32	05-06	NDL
Hauteur		RC : 2m14			
1	Guellet Yassin	74	1m98	25-09	rsca
Longueur		RC : 7m79			
1	Guellet Yassin	74	7m86	23-05	olse
2	Vanderhaeghen David	74	7m19	01-05	resc
3	Mambo Kedjeloba	74	7m00	05-09	rcg
Triple saut		RC : 15m22			
1	Mambo Kedjeloba	74	15m79	18-09	ws
2	Vanderhaeghen David	74	15m55	04-07	aclo



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Perche		RC : 4m85			
1	Guellet Yassin	74	3m40	26-09	dac
Poids (7,26 kg)		RC : 12m49			
1	Guellet Yassin	74	11m24	25-09	dac
Disque (1,75 kg)		RC : 43m08			
1	Guellet Yassin	74	35m34	16-04	vita
Disque (2 kg)		RC : 42m28			
1	Guellet Yassin	74	33m94	26-09	dac
Javelot (800 gr)		RC : 47m08			
1	Guellet Yassin	74	45m00	23-05	olse
Decathlon		RC : 5099 p			
1	Guellet Yassin	74	6724 p	26-09	dac
4 x 100 m		RC : 42.37			
Van Pottelsberghe, Guellet, Vanderhaeghen, Mambo		42.87	12-09	cabw	
4 x 400 m		RC : 3.17.65			
Van Pottelsberghe, Guellet, Vanderhaeghen, Mambo		3.24.75	12-09	cabw	

**ESPOIRS HOMMES (1973 - 1972 - 1971)**

100 m		RC : 10.53			
1	Thomas Samy	71	10.61	19-05	resc
2	Debeir Olivier	71	10.85	19-05	resc
3	Asselman Frank	72	11.35	11-07	resc
4	Sanglier Olivier	72	11.62	09-10	riwa
5	Simonet Yvan	73	11.68	19-05	resc
6	Rusura Olivier	71	11.98	27-06	dac
7	Mfunyi Ndala Bruno	73	12.17	08-08	rsca
8	Haerynck Philippe	72	12.54	12-04	rsca
200 m		RC : 21.14			
1	Thomas Samy	71	22.18	23-05	olse
2	Asselman Frank	72	22.36	21-08	cabw
3	Debeir Olivier	71	22.53	01-05	resc
4	Van Lancker Rudi	71	22.89	28-05	wibo
5	Simonet Yvan	73	23.70	16-04	vita
6	Desmedt Frederic	71	24.08	26-09	vita
7	Rusura Olivier	71	24.76	01-05	resc
8	Haerynck Philippe	72	25.41	16-04	vita
400 m		RC : 47.64			
1	Asselman Frank	72	50.15	14-08	lebb
2	Desmedt Frederic	71	51.56	22-09	cabw
3	Sanglier Olivier	72	59.62	09-10	riwa
800 m		RC : 1.51.30			
1	Desmedt Frederic	71	1.52.72	18-08	ea
1000 m		RC : 2.24.80			
1	Desmedt Frederic	71	2.26.05	18-09	resc
1500 m		RC : 3.48.90			
1	Desmedt Frederic	71	3.46.18	28-08	cabw
2	Ben Mohamed Rachid	71	3.54.92	15-06	resc
3	Asselman Frank	72	4.38.30	10-10	riwa
4	Sanglier Olivier	72	5.39.28	10-10	riwa
5000 m		RC : 14.18.80			
1	Heremans Nick	72	13.56.92	10-07	NDL
2	Ben Mohamed Rachid	71	14.20.63	29-06	vita



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OUTDOOR 1993

10 000 m		RC : 29.46.89			
1	Heremans Nick	72	29.33.94	18-08	tact
2	Leroy Benjamin	73	34.49.10	23-05	olse
110 m haies (106 cm)		RC : 14.15			
1	Asselman Frank	72	14.34	15-06	resc
2	Sanglier Olivier	72	14.70	31-05	avka
3	Pinchart Alain	73	15.77	08-05	csdy
4	Vanden Berghen Yves	73	16.12	15-06	resc
400 m haies (91 cm)		RC : 50.29			
1	Asselman Frank	72	51.69	05-06	NDL
2	Vanden Berghen Yves	73	59.15	09-06	NDL
Hauteur		RC : 2m21			
1	Haerynck Philippe	72	1m90	16-04	vita
2	Sanglier Olivier	72	1m85	18-09	resc
3	Asselman Frank	72	1m79	09-10	riwa
Longueur		RC : 7m86			
1	Vanlancker Rudi	71	7m56	23-05	olse
2	Bayens Joachim	71	6m74	25-04	vs
3	Sanglier Olivier	72	6m63	18-09	resc
4	Asselman Frank	72	6m48	18-09	resc
Triple saut		RC : 15m28			
1	Sanglier Olivier	72	12m49	02-10	resc
2	Haerynck Philippe	72	12m29	31-05	avka
Perche		RC : 5m11			
1	Biot Olivier	72	4m90	19-08	rfcl
2	Ons Bart	72	4m70	21-07	dac
3	Sanglier Olivier	72	2m80	10-10	riwa
4	Asselman Frank	72	2m00	10-10	riwa
Poids (7,26 kg)		RC : 13m67			
1	Sanglier Olivier	72	10m29	09-10	riwa
2	Asselman Frank	72	9m36	09-10	riwa
Disque (2 kg)		RC : 44m06			
1	Asselman Frank	72	22m46	10-10	riwa
2	Sanglier Olivier	72	20m22	10-10	riwa
Javelot (800 gr)		RC : 47m08			
1	Sanglier Olivier	72	36m38	10-10	riwa
2	Asselman Frank	72	35m00	10-10	riwa
Decathlon		RC : -			
1	Asselman Frank	72	5662 p	10-10	riwa
2	Sanglier Olivier	72	4709 p	10-10	riwa
10 000 m marche		RC : -			
1	Leroy Benjamin	73	41.58.80	02-05	cabw
20 000 m marche		RC : -			
1	Leroy Benjamin	73	1h28.35	24-04	FRA

**SENIORS HOMMES (1973 - 1959)**

100 m		RC : 10.02			
1	Thomas Samy	71	10.61	19-05	resc
2	Eyenga Lokilo Jean Claude	63	10.67	19-05	resc
3	Debeir Olivier	71	10.85	19-05	resc
4	Amery Ronald	69	10.88	24-07	resc
5	Tshinyama Paul	70	11.02	19-05	resc
6	Dollendorf Marc	66	11.11	25-09	dac
7	Bayens Joachim	70	11.12	16-04	vita
8	Cincinatis Yves	59	11.46	19-05	resc
9	Dotrenghe Sacha	70	11.32	25-04	vs
10	Asselman Frank	72	11.35	11-07	resc



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES  
OUTDOOR 1993

11	Maniquet Rudi	61	11.40	22-08	olse
12	Sanglier Olivier	72	11.62	09-10	riwa
13	Simonet Yvan	73	11.68	19-05	resc
14	Mambo Molo	70	11.93	10-10	rsca
15	Sandron Dominique	69	11.96	09-10	riwa
16	Rusura Olivier	71	11.98	27-06	dac
17	Mfunyi Ndala Bruno	73	12.17	08-08	rsca
18	Haerynck Philippe	72	12.54	12-04	rsca

200 m

RC : 20.66

1	Dollendorf Marc	66	21.33	21-09	LUX
2	Amery Ronald	69	21.71	24-07	resc
3	Thomas Samy	71	22.18	23-05	olse
4	Eyenga Lokilo Jean Claude	63	22.22	15-06	resc
5	Bayens Joachim	70	22.29	16-04	vita
6	Asselman Frank	72	22.36	21-08	cabw
7	Debeir Olivier	71	22.53	01-05	resc
8	Van Lancker Rudi	71	22.89	28-05	wibo
9	Maniquet Rudi	61	23.64	22-08	olse
10	Simonet Yvan	73	23.70	16-04	vita
11	Desmedt Frederic	71	24.08	26-09	vita
12	Mambo Molo	70	24.28	02-10	resc
13	Rusura Olivier	71	24.76	01-05	resc
14	Haerynck Philippe	72	25.41	16-04	vita
15	Maier Bernd	70	25.73	26-09	vita

300 m

RC : 34.01

1	Dotrenghe Sacha	70	34.72	25-04	vs
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400 m

RC : 47.22

1	Dollendorf Marc	66	46.67	26-06	duff
2	Bayens Joachim	70	48.25	23-05	olse
3	Dotrenghe Sacha	70	49.77	23-05	olse
4	Asselman Frank	72	50.15	14-08	lebb
5	Desmedt Frederic	71	51.56	22-09	cabw
6	Maier Bernd	70	53.88	18-09	resc
7	Sandron Dominique	69	55.52	09-10	riwa
8	Sanglier Olivier	72	59.62	09-10	riwa

800 m

RC : 1.48.30

1	Desmedt Frederic	71	1.52.72	18-08	ea
2	D'Hondt Jacky	59	1.56.60	23-05	olse
3	Maier Bernd	70	1.59.17	02-10	resc

1000 m

RC : 2.23.10

1	Desmedt Frederic	71	2.26.05	18-09	resc
2	Maier Bernd	70	2.38.73	07-07	lebb

1500 m

RC : 3.40.30

1	Desmedt Frederic	71	3.46.18	28-08	cabw
2	Ben Mohamed Rachid	71	3.54.92	15-06	resc
3	Jordens Stephane	65	4.03.31	22-08	vac
4	Stroobants Jean Marie	63	4.08.54	23-05	olse
5	Asselman Frank	72	4.38.30	10-10	riwa
6	Dollendorf Marc	66	4.40.30	26-09	dac
7	Sandron Dominique	69	5.20.06	10-10	riwa
8	Sanglier Olivier	72	5.39.28	10-10	riwa

3000 m

RC : 7.51.46

1	Stroobant Jean Marie	63	8.31.39	18-06	vita
2	Jordens Stephane	65	8.42.20	09-07	dcda

5000 m

RC : 13.22.81

1	Heremans Nick	72	13.56.92	10-07	NDL
2	Ben Mohamed Rachid	71	14.20.63	29-06	vita
3	Jordens Stephane	65	14.43.32	28-07	vita
4	Stroobants Jean Marie	63	15.11.75	?	?



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OUTDOOR 1993

10 000 m		RC : 28.24.95			
1	Heremans Nick	72	29.33.94	18-08	tact
2	Jordens Stephane	65	30.43.82	05-08	rfcl
3	Stroobants Jean Marie	63	32.58.80	01-10	abes
4	Leroy Benjamin	73	34.49.10	23-05	olse
Marathon		RC : 2h13.15			
1	Van Overbeke Geert	63	2h23.32	10-01	MAR
110 m haies (106 cm)		RC : 14.02			
1	Asselman Frank	72	14.34	15-06	resc
2	Sanglier Olivier	72	14.70	31-05	avka
3	Dollendorf Marc	66	14.70	26-09	dac
4	Dotrenghe Sacha	70	15.04	24-07	resc
5	Pinchart Alain	73	15.77	08-05	csdy
6	Vanden Berghen Yves	73	16.12	15-06	resc
7	Sandron Dominique	69	18.28	10-10	riwa
400 m haies (91 cm)		RC : 49.64			
1	Dollendorf Marc	66	49.82	12-06	resc
2	Asselman Frank	72	51.69	05-06	NDL
3	Vanden Berghen Yves	73	59.15	09-06	NDL
Hauteur		RC : 2m21			
1	Sandron Dominique	69	2m15	24-07	resc
2	Maenhoudt Dimitri	69	2m09	24-07	resc
3	Haerynck Philippe	72	1m90	16-04	vita
4	Dollendorf Marc	66	1m89	25-09	dac
5	Sanglier Olivier	72	1m85	18-09	resc
6	Asselman Frank	72	1m79	09-10	riwa
Longueur		RC : 7m94			
1	Vanlancker Rudi	71	7m56	23-05	olse
2	Dollendorf Marc	66	7m05	25-09	dac
3	Bayens Joachim	71	6m74	25-04	vs
4	Sanglier Olivier	72	6m63	18-09	resc
5	Asselman Frank	72	6m48	18-09	resc
	Sandron Dominique	69	6m48	09-10	riwa
Triple saut		RC : 16m86			
1	Cincinatis Yves	59	13m38	23-05	olse
2	Mambo Molo	70	13m14	02-10	resc
3	Sanglier Olivier	72	12m49	02-10	resc
4	Haerynck Philippe	72	12m29	31-05	avka
Perche		RC : 5m25			
1	Biot Olivier	72	4m90	19-08	rfcl
2	Ons Bart	72	4m70	21-07	dac
3	Dollendorf Marc	66	3m20	26-09	dac
4	Sandron Dominique	69	2m80	10-10	riwa
	Sanglier Olivier	72	2m80	10-10	riwa
6	Asselman Frank	72	2m00	10-10	riwa
Poids (7,26 kg)		RC : 15m08			
1	Stockmans Franck	63	11m98	23-05	olse
2	Dollendorf Marc	66	10m91	25-09	dac
3	Loris Gilbert	62	10m57	25-09	rsca
4	Sanglier Olivier	72	10m29	09-10	riwa
5	Asselman Frank	72	9m36	09-10	riwa
6	Sandron Dominique	69	9m30	09-10	riwa
Disque (2 kg)		RC : 51m56			
1	Loris Gilbert	62	32m78	18-09	resc
2	Dollendorf Marc	66	32m00	26-09	dac
3	Sandron Dominique	69	27m44	10-10	riwa
4	Asselman Frank	72	22m46	10-10	riwa
5	Sanglier Olivier	72	20m22	10-10	riwa



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OUTDOOR 1993

Javelot (800 gr)		RC : 70m78			
1	Stockmans Franck	63	66m48	19-06	FRA
2	Loris Gilbert	62	39m14	25-09	rsca
3	Sanglier Olivier	72	36m38	10-10	riwa
4	Dollendorf Marc	66	36m14	26-09	dac
5	Asselman Frank	72	35m00	10-10	riwa
6	Sandron Dominique	69	33m76	10-10	riwa

Marteau (7,26 kg)		RC : 61m66			
1	Metens Armand	67	56m40	17-10	moha

Decathlon		RC : -			
1	Dollendorf Marc	66	6691 p	26-09	dac
2	Asselman Frank	72	5662 p	10-10	riwa
3	Sandron Dominique	69	5119 p	10-10	riwa
4	Sanglier Olivier	72	4709 p	10-10	riwa

10 000 m marche		RC : -			
1	Leroy Benjamin	73	41.58.80	02-05	cabw

20 000 m marche		RC : -			
1	Leroy Benjamin	73	1h28.35	24-04	FRA

4 x 100 m		RC : 40.72			
Debeir, Guellet, Amery, Thomas		41.49	19-09	usta	

4 x 200 m		RC : 1.25.55			
Guellet, Bayens, Amery, Dollendorf		1.25.94	19-09	usta	

4 x 400 m		RC : 3.10.20			
Vanderhaeghen, Asselman, Bayens, Dollendorf		3.17.91	19-09	usta	

4 x 1500 m		RC : 15.34.88			
Jordens, Ben Mohamed, Herremans, Desmedt		16.00.22	19-09	usta	

**MASTERS HOMMES 35**

Marteau (7,26 kg)		RC : 37m66			
1	Bontemps Rene	55	35m40	23-05	olse

**MASTERS HOMMES 40**

Perche		RC : 4m75			
1	Dewil Jef	49	4m20	19-08	rfcl

Disque (2 kg)		RC : 51m56			
1	De Cock Daniel	52	40m18	23-05	olse

**MASTERS HOMMES 45**

Poids (7,26 kg)		RC : 15m08			
1	Van Schoor Robert	46	13m46	26-06	NDL

Disque (2 kg)		RC : 50m08			
1	Van Schoor Robert	46	48m76	18-09	resc