



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2019

BENJAMINES FILLES (2011 - 2010)

40 m		RC : 7.34			
1	Varela Carla	10	7.98	05-01	cabw
2	Wanyu Naomie	10	8.08	05-01	cabw
60 m		RC : 9.64			
1	Squiflet Emelynn	10	9.59	16-02	rcg
2	Dzou Lesly Kayla	10	9.75	16-02	rcg
3	Schroeven Camille	11	10.43	15-12	ws
4	Bourgeois Jacquet Lily	11	10.67	16-02	rcg
5	Wanyu Naomie	10	11.48	15-12	ws
6	De Vrye Bella June	10	11.53	15-12	ws
7	Olemans Maia	10	11.88	15-12	ws
Hauteur		RC : 1m10			
1	Dzou Lesly Kayla	10	1m00	15-12	ws
2	Wanyu Naomie	10	0m80	05-01	cabw
3	Varela Carla	10	0m75	05-01	cabw
Longueur		RC : 3m51			
1	Squiflet Emelynn	10	3m25	10-02	rcg
Poids (1 kg)		RC : 7m04			
1	Dzou Lesly Kayla	10	7m71	16-02	rcg
2	Squiflet Emmelynn	10	7m11	22-12	ws
3	Wanyu Naomie	10	5m89	05-01	cabw
4	Bourgeois Jacquet Lily	11	4m79	16-02	rcg
5	Schroeven Camille	11	3m90	22-12	ws
4 x 200 m		RC : 2.35.33			
Dzou, Schroeven, Bourgeois Jacquet, Squiflet		2.31.24	16-02	rcg	

PUPILLES FILLES (2009 - 2008)

40 m		RC : 6.44			
1	Wanyu Diane	08	7.75	05-01	cabw
60 m		RC : 8.89			
1	Sweetlove Celine	08	9.40	15-12	ws
2	Khrauph Aya	08	9.55	22-12	ws
3	Wanyu Diane	08	9.84	15-12	ws
4	Radermacher Sarah	09	9.86	16-02	rcg
5	Carlier Ophelie	08	10.11	22-12	ws
6	Gerard Emma	08	10.13	16-02	rcg
7	Barry Diariou	08	10.15	16-02	rcg
8	Agacseven Lina	08	10.22	16-02	rcg
9	Krautli Charlotte	09	10.33	15-12	ws
10	Sibourg Celya	09	10.38	16-02	rcg
11	Tollenaire Tia	08	10.64	16-02	rcg
12	Sandron Elise	08	10.93	16-02	rcg
13	Lauwers Manon	08	11.55	16-02	rcg
14	Bersis Maissa	08	11.64	22-12	ws
40 mhaies (76 cm)		RC : 7.81			
1	Wanyu Diane	08	10.88	05-01	cabw
60 m haies (76 cm)		RC : 11.48			
1	Radermacher Sarah	09	13.37	22-12	ws
2	Gerard Emma	08	13.72	15-12	ws
3	Sibourg Celya	09	14.00	29-12	rcg
Hauteur		RC : 1m25			
1	Wanyu Diane	08	1m05	15-12	ws
2	Radermacher Sarah	09	1m00	15-12	ws
3	Agacseven Lina	08	0m95	15-12	ws
	Sandron Elise	08	0m95	15-12	ws
	Sibourg Celya	09	0m95	15-12	ws



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Longueur		RC : 3m81			
1	Radermacher Sarah	09	3m22	16-02	rcg
2	Wanyu Diane	08	3m20	16-02	rcg
3	Sibourg Celya	09	3m06	29-12	rcg
4	Agacseven Lina	08	2m90	16-02	rcg
5	Gerard Emma	08	2m78	16-02	rcg
	Sandron Elise	08	2m78	16-02	rcg
7	Krautli Charlotte	09	2m00	16-02	rcg

Poids (2 kg)		RC : 9m87			
1	Wanyu Diane	08	5m68	05-01	cabw
2	Sibourg Celya	09	5m28	13-01	haki
3	Radermacher Sarah	09	5m07	22-12	ws
4	Bersis Maissa	08	4m64	22-12	ws

4 x 200 m		RC : 2.10.13			
Agacseven, Radermacher, Gerard, Wanyu		2.21.55	16-02	rcg	

MINIMES FILLES (2007 - 2006)

40 m		RC : 6.10			
1	Kubiak Joanna	06	6.40	05-01	cabw
2	Aguza Vieira Olivia	06	6.66	05-01	cabw
3	Mjahed Maya	07	7.04	05-01	cabw

60 m		RC : 8.29			
1	Kubiak Joanna	06	8.97	16-02	rcg
2	Aguza Vieira Olivia	06	9.03	16-02	rcg
3	Mjahed Maya	07	9.42	16-02	rcg
4	Van Ex Elvira	06	9.49	16-02	rcg
5	Sanchez Elisa	07	9.82	15-12	ws
6	Noblesse Pauline	07	9.99	16-02	rcg
7	El Mrabet Lina	07	11.70	16-02	rcg

40 m haies (76 cm)		RC : 7.06			
1	Aguza Vieira Olivia	06	8.68	05-01	cabw

60 m haies (76 cm)		RC : 9.70			
1	Aguza Vieira Olivia	06	13.02	24-11	moha

Hauteur		RC : 1m55			
1	Mjahed Maya	07	1m20	15-12	ws
2	Kubiak Joanna	06	1m15	15-12	ws
3	Sanchez Elisa	07	1m05	15-12	ws

Longueur		RC : 4m48			
1	Aguza Vieira Olivia	06	4m48	24-11	moha
2	Kubiak Joanna	06	3m69	16-02	rcg
3	Mjahed Maya	07	3m23	16-02	rcg
4	Van Ex Elvira	06	3m05	16-02	rcg
5	Noblesse Pauline	07	2m95	16-02	rcg
6	El Mrabet Lina	07	1m74	16-02	rcg

Poids (2 kg)		RC : 10m50			
1	Mjahed Maya	07	7m81	05-01	cabw
2	Kubiak Joanna	06	6m77	05-01	cabw
3	Aguza Vieira Olivia	06	5m93	20-01	riwa
4	El Mrabet Lina	07	4m67	16-02	rcg

4 x 200 m		RC : 1.57.33			
Aguza Vieira, Van Ex, Mjahed, Kubiak		2.10.62	16-02	rcg	

CADETTES FILLES (2005 - 2004)

60 m		RC : 8.02			
1	Mpinga Mulowayi Alexia	04	8.20	03-03	rcg
2	Dossey Jennifer Stefania	04	8.27	26-12	rcg
3	Leonard Elise	05	8.47	19-01	rcg
4	Tshanga Diomi Roline	04	8.51	16-02	rcg
5	Lucas Clara	04	8.62	26-12	rcg



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6	Martins Junior Magaly	04	8.64	15-12	ws
7	Van Ex Alexia	04	8.88	16-02	rcg
8	Molamba Aloti Medine	05	8.93	15-12	ws
9	Vanden Avont Camille	04	9.07	29-12	rcg
10	Dennison Chrystal	05	9.18	16-02	rcg
11	De Gendt Oriane	05	9.51	26-12	rcg
12	Sandron Charline	05	10.18	15-12	ws

200 m RC : 26.72

1	Tshanga Diomi Roline	04	28.11	19-01	rcg
2	Mpinga Mulowayi Alexia	04	28.24	19-01	rcg
3	Muylaert Bregje	04	31.15	12-01	rcg

300 m RC : 45.41

1	Merino Nohemi	04	47.04	29-12	rcg
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400 m RC : 60.92

1	Merino Nohemi	04	66.82	19-01	rcg
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800 m RC : 2.23.33

1	Lucas Clara	04	2.47.95	12-01	rcg
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60 m haies (76 cm) RC : 9.13

1	Lucas Clara	04	9.87	02-03	rcg
2	Vanden Avont Camille	04	12.03	29-12	rcg
3	Merino Nohemi	04	12.30	22-12	rcg

Hauteur RC : 1m63

1	Lucas Clara	04	1m35	15-12	ws
2	Sandron Charline	05	1m10	15-12	ws

Longueur RC : 5m23

1	Dossey Jennifer Stefania	04	5m41	03-03	rcg
2	Lucas Clara	04	4m95	29-12	rcg
3	Merino Nohemi	04	4m43	22-12	rcg
4	Leonard Elise	05	4m05	26-12	rcg
5	De Gendt Oriane	05	3m74	26-12	rcg
6	Vanden Avont Camille	04	3m58	29-12	rcg

Triple saut RC : 11m24

1	Dossey Jennifer Stefania	04	11m64	03-03	rcg
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Poids (3 kg) RC : 12m16

1	Mathieu Julia	05	13m98	03-03	rcg
2	Merino Nohemi	04	8m65	29-12	rcg
3	Lucas Clara	04	8m65	29-12	rcg
4	Vanden Avont Camille	04	6m63	29-12	rcg

Pentathlon RC : 3168 p

1	Lucas Clara	04	2384 p	02-03	rcg
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4 x 200 m RC : 1.57.33

Leonard, Mpinga Mulowayi, Dennison, Tshanga Diomi	1.55.27	16-02	rcg
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SCOLAIRES FEMMES (2003 - 2002)

60 m RC : 7.92

1	Sielinou Lisa	03	8.28	16-02	rcg
2	Perez Montero Ariadna	03	10.48	16-02	rcg

200 m RC : 25.61

1	Sielinou Lisa	03	26.67	03-03	rcg
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800 m RC : 2.17.13

1	Joblin Marine	02	2.18.78	03-03	rcg
2	Haouari Farrah	03	2.39.27	22-12	rcg
3	Nachtergal Marine	02	2.41.72	22-12	rcg
4	Kurza Klaudia	02	2.52.24	22-12	rcg



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1500 m		RC : 4.51.47			
1	Haouari Farrah	03	5.22.81	19-01	rcg
2	Nachtergal Marine	02	5.25.03	19-01	rcg
3	Kurza Klaudia	02	5.44.13	19-01	rcg

Hauteur		RC : 1m65			
1	Golfa Sambay Clara	03	1m63	03-03	rcg
	Viaene Luna	03	1m63	19-01	rcg

Poids (3 kg)		RC : 13m98			
1	Iven Kayla	02	12m22	19-01	rcg

4 x 200 m		RC : 1.47.49			
Molamba Aloti, Mpinga Mulowayi, Tshanga Diomi, Viaene					
			1.57.73	19-01	rcg

JUNIORS FEMMES (2001 - 2000)

800 m		RC : 2.09.93			
1	Tcacenco Dumitrita	01	2.46.32	22-12	rcg

1500 m		RC : 4.32.85			
1	Tcacenco Dumitrita	01	5.53.61	26-01	rcg

Longueur		RC : 5m73			
1	Kizito Prisca	01	5m14	12-01	rcg

Triple saut		RC : 11m75			
1	Vanden Bergh Joy	00	9m96	09-03	rcg

ESPOIRS FEMMES (1999 - 1998 - 1997)

60 m		RC : 7.49			
1	Morency Poilvache Alizee	98	7.86	09-03	rcg
2	Schauwers Manon	99	8.38	21-12	rcg
3	Tshibangu Schekina	99	8.56	05-01	moha
4	Bouvy Naomi	99	9.19	09-03	rcg

200 m		RC : 24.35			
1	Morency Poilvache Alizee	98	25.64	02-03	rcg

800 m		RC : 2.09.60			
1	Muls Camille	99	2.06.50	17-02	rcg

1500 m		RC : 4.32.85			
1	Muls Camille	99	4.27.28	09-03	rcg

60 m haies (84 cm)		RC : 8.11			
1	Schauwers Manon	99	8.86	26-01	rcg

Longueur		RC : 5m90			
1	Tshibangu Schekina	99	4m64	26-12	rcg
2	Bouvy Naomi	99	3m53	26-12	rcg

Triple saut		RC : 12m58			
1	Tshibangu Schekina	99	8m94	05-01	moha

Perche		RC : 4m10			
1	Van De Sype Chloe	97	3m10	02-03	rcg

SENIORS FEMMES (1999 - 1985)

60 m		RC : 7.49			
1	Morency Poilvache Alizee	98	7.86	09-03	rcg
2	Guisse Saliyya	96	7.87	09-03	rcg
3	Badji Jalika	96	8.05	09-03	rcg
4	Cok Evelyn	91	8.36	09-02	rcg
5	Schauwers Manon	99	8.38	21-12	rcg
6	Tshibangu Schekina	99	8.56	05-01	moha



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7	Bouvy Naomi	99	9.19	09-03	rcg
200 m		RC : 24.35			
1	Badji Jalika	96	25.35	09-03	rcg
2	Morency Poilvache Alizee	98	25.64	02-03	rcg
3	Cok Evelyn	91	27.79	12-01	rcg
400 m		RC : 54.34			
1	Claes Hanne	91	53.66	10-02	FRA
2	Badji Jalika	96	56.75	17-02	rcg
3	Gillet Delphine	86	58.03	26-01	rcg
4	Klai Anissa	96	59.34	09-03	rcg
800 m		RC : 2.09.60			
1	Muls Camille	99	2.06.50	17-02	rcg
2	Gillet Delphine	86	2.11.25	17-02	rcg
1500 m		RC : 4.18.20			
1	Muls Camille	99	4.27.28	09-03	rcg
60 m haies (84 cm)		RC : 7.98			
1	Zagre Anne	90	8.30	10-02	FRA
2	Schauwers Manon	99	8.86	26-01	rcg
Longueur		RC : 6m08			
1	Guisse Saliyya	96	6m01	26-01	rcg
2	Tshibangu Schekina	99	4m64	26-12	rcg
3	Bouvy Naomi	99	3m53	26-12	rcg
Triple saut		RC : 12m58			
1	Guisse Saliyya	96	13m17	17-02	rcg
2	Tshibangu Schekina	99	8m94	05-01	moha
Perche		RC : 4m22			
1	Henry Chloe	87	4m25	17-02	rcg
2	Van De Sype Chloe	97	3m10	02-03	rcg
Poids (4 kg)		RC : 13m16			
1	Boumkwo Jolien	93	14m60	26-01	rcg
4 x 200 m		RC : 1.39.78			
Claes, Badji, Schauwers, Morency		1.40.88		09-02	rcg

MASTERS FEMMES 35

60 m		RC : 8.15			
1	Bonvin Draps Nathalie	80	8.95	10-03	rcg
200 m		RC : 27.08			
1	Bonvin Draps Nathalie	80	29.74	10-03	rcg
300 m		RC : 47.50			
1	Bonvin Draps Nathalie	80	48.52	23-02	rcg
Poids (4 kg)		RC : 11m10			
1	Reynaerts Stephanie	80	9m13	22-12	ws

MASTERS FEMMES 40

Poids (4 kg)		RC : 7m50			
1	Adam Benedicte	78	10m56	22-12	ws

MASTERS FEMMES 45

Poids (4 kg)		RC : -			
1	De Buyst Nadia	73	6m92	22-12	ws



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MASTERS FEMMES 50

60 m		RC : 8.85			
1	Boonaert Caroline	64	9.29	10-03	rcg

200 m		RC : 29.94			
1	Boonaert Caroline	64	31.99	10-03	rcg

BENJAMINS GARÇONS (2011 - 2010)

40 m		RC : 7.04			
1	Ben Ahmed Yanis	10	7.01	05-01	cabw
2	Chekem Amon Re	11	7.26	05-01	cabw
3	Kehl Nicolas	10	7.74	05-01	cabw
4	Arys Lucas	10	8.14	05-01	cabw
5	Oulhaj Milan	11	8.58	05-01	cabw

60 m		RC : 9.56			
1	Ben Ahmed Yanis	10	9.85	16-02	rcg
2	Guellet Elijah	10	9.99	22-12	rcg
3	Ouattara Noham	10	10.05	16-02	rcg
4	Mbuyi Kalonda Benjamin	10	10.28	16-02	rcg
5	Sanchez Diego	10	10.68	15-12	ws
6	Chekem Amon Re	11	10.70	16-02	rcg
7	Xhonneux Raphael	10	11.11	16-02	rcg
8	Kehl Nicolas	10	11.15	16-02	rcg
9	Mievis Lionel	11	11.27	15-12	ws
10	Maaroufi Ismael	11	11.33	22-12	ws
11	Arys Luca	10	11.52	15-12	ws
12	Oulhaj Milan	11	11.73	16-02	rcg
13	Rozzi Arthur	11	11.78	22-12	ws
14	Segers Lucas	11	12.05	15-12	ws
15	Coppy Yannic	11	12.14	15-12	ws
16	Philips Raphael	11	12.23	22-12	ws
17	Hendrichs Hadrien	10	12.80	15-12	ws
18	Hendrichs Victor	10	13.52	15-12	ws

Hauteur		RC : 1m16			
1	Kehl Nicolas	10	0m90	05-01	cabw
2	Arys Lucas	10	0m85	05-01	cabw
3	Chekem Amon Re	11	0m75	05-01	cabw

Longueur		RC : 3m67			
1	Ben Ahmed Yanis	10	3m33	16-02	rcg
2	Ouattara Noham	10	3m12	16-02	rcg
3	Xhonneux Raphael	10	2m71	16-02	rcg
4	Chekem Amon Re	11	2m27	16-02	rcg
5	Kehl Nicolas	10	2m25	16-02	rcg

Poids (1 kg)		RC : 9m08			
1	Ben Ahmed Yanis	10	7m45	05-01	cabw
2	Hendrichs Hadrien	10	6m56	15-12	ws
3	Arys Luca	10	6m15	15-12	ws
4	Hendrichs Victor	11	6m12	15-12	ws
5	Chekem Amon Re	11	5m98	29-12	rcg
6	Guellet Elijah	10	5m96	22-12	rcg
7	Philips Raphael	11	4m49	22-12	ws
8	Mievis Lionel	11	4m40	15-12	ws
9	Xhonneux Raphael	10	4m35	22-12	ws
10	Segers Lucas	11	4m24	15-12	ws
11	Kehl Nicolas	10	4m21	05-01	cabw

4 x 200 m		RC : 2.30.50			
Ben Ahmed, Ouattara, Xhonneux, Oulhaj			2.36.10	16-02	rcg



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PUPILLES GARÇONS (2009 - 2008)

40 m		RC : 6.73			
1	Kubiak Joachim	09	6.82	05-01	cabw
2	Balcaen Oscar	08	6.93	05-01	cabw
3	Oulhaj Hugo	08	7.00	05-01	cabw
4	Delneufcourt Hugo	09	7.23	05-01	cabw
5	Guerron Sebastian	09	7.28	05-01	cabw
6	Delneufcourt Noah	09	7.34	05-01	cabw
7	De Gendt Lucien	08	7.40	05-01	cabw

60 m		RC : 8.79			
1	Ouattara Reda	08	8.70	16-02	rcg
2	Soudon Jules	08	9.25	16-02	rcg
3	Kubiak Joachim	09	9.40	16-02	rcg
4	Oulhaj Hugo	08	9.61	23-03	ds
5	Philips Bastien	09	9.92	23-03	ds
6	Maaroufi Zakaria	08	9.96	16-02	rcg
7	Arifi Rayane	08	9.97	15-12	ws
8	Guerron Sebastian	09	10.00	16-02	rcg
9	Balcaen Oscar	08	10.01	16-02	rcg
10	Coppy Kenneth	08	10.09	15-12	ws
11	Delneufcourt Noah	09	10.21	16-02	rcg
12	Delneufcourt Hugo	09	10.22	16-02	rcg
13	Abdellaoui Ismael	09	11.17	15-12	ws

40 m haies (76 cm)		RC : 9.64			
1	Kubiak Joachim	09	11.01	05-01	cabw

Hauteur		RC : 1m44			
1	De Gendt Lucien	08	1m15	05-01	cabw
2	Kubiak Joachim	09	1m05	05-01	cabw
3	Delneufcourt Hugo	09	1m00	22-12	ws
4	Oulhaj Hugo	08	1m00	22-12	ws
	Philips Bastien	09	1m00	22-12	ws
6	Delneufcourt Noah	09	0m95	15-12	ws

Poids (2 kg)		RC : 10m01			
1	Arifi Rayane	08	8m16	15-12	ws
2	Kubiak Joachim	09	5m84	15-12	ws
3	Balcaen Olscar	08	5m31	05-01	cabw
4	Delneufcourt Noah	09	4m81	05-01	cabw
5	Delneufcourt Hugo	09	4m47	16-02	rcg
6	Guerron Sebastian	09	3m94	16-02	rcg

4 x 200 m		RC : 2.15.56			
Kubiak, Ouattara, Maaroufi Z, Soudon			2.09.95	16-02	rcg

MINIMES GARÇONS (2007- 2006)

40 m		RC : 6.34			
1	Mbuyi Tshinyongolo Tresor	06	6.12	05-01	cabw
2	Tshanga Diumba John Ross	07	6.59	05-01	cabw
3	Van Mossevelde Sami	07	7.18	05-01	cabw
4	De Greef Guillaume	07	7.22	05-01	cabw
5	Vilain Nicolas	07	7.23	05-01	cabw
6	Vanden Avont Gauthier	06	7.62	20-01	riwa

60 m		RC : 7.88			
1	Mbuyi Tshinyongolo Tresor	06	8.43	16-02	rcg
2	Guellet Shadi	07	8.71	27-01	haki
3	Taieb Hilel	07	8.74	22-12	ws
4	Tshanga Diumba John Ross	07	9.08	16-02	rcg
7	Maaroufi Elias	07	9.21	16-02	rcg
5	Mertens de Wilmars Raphael	07	9.22	16-02	rcg
6	Ezzedine Adam	07	9.33	16-02	rcg
8	Verriez Ludovic	06	9.68	16-02	rcg
9	Mvulu Kimana Steve	07	9.69	22-12	ws
10	De Greef Guillaume	07	9.71	16-02	rcg
11	Nizigama Denzel	07	9.77	16-02	rcg



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	Vilain Nicolas	07	9.77	16-02	rcg
12	Meguellati Younes	07	10.38	22-12	ws
23	Vanden Avont Gauthier	06	10.74	29-12	rcg

150 m			RC : 19.59		
1	Guellet Shadi	07	21.38	10-02	rcg

1000 m			RC : 3.07.08		
1	Guellet Shadi	07	3.22.53	22-12	rcg

40 m haies (84 cm)			RC : 7.38		
1	Mbuyi Tshinyongolo Tresor	06	8.09	05-01	cabw

60 m haies (84 cm)			RC : 9.68		
1	Meguellati Younes	07	13.76	22-12	ws

Hauteur			RC : 1m62		
1	Guellet Shadi	07	1m30	27-01	haki
2	Meguellati Younes	07	1m25	22-12	ws
3	Vilain Nicolas	07	1m10	22-12	ws
4	De Greef Guillaume	07	1m00	22-12	ws

Longueur			RC : 5m14		
1	Guellet Shadi	07	4m23	22-12	rcg
2	Maaroufi Elias	07	3m12	16-02	rcg
3	De Greef Guillaume	07	3m11	16-02	rcg
4	Vilain Nicolas	07	2m87	16-02	rcg
5	Nizigama Denzel	07	2m69	16-02	rcg
6	Ezzedine Adam	07	2m21	16-02	rcg

Poids (3 kg)			RC : 13m94		
1	Guellet Shadi	07	7m58	19-01	rcg
2	Vanden Avont Gauthier	06	6m69	29-12	rcg
3	Tshanga Diumba John Ross	07	5m99	16-02	rcg
4	De Greef Guillaume	07	4m83	16-02	rcg
5	Ezzedine Adam	07	4m69	16-02	rcg
6	Van Mossevelde Sami	07	4m44	05-01	cabw
7	Vilain Nicolas	07	4m24	05-01	cabw

4 x 200 m			RC : 1.59.25		
Mbuyi Tshinyongolo, Tshanga Diumba, Maaroufi, De Greef					
			2.04.50	16-02	rcg

CADETS GARÇONS (2005 - 2004)

60 m			RC : 7.20		
1	Gruson Augustin	04	7.65	12-01	rcg
2	Sibourg Valentin	04	7.66	03-03	rcg
3	Mbuyi Bodika William	04	7.70	19-01	rcg
4	Englebert Timothee	04	7.81	22-12	rcg
5	Biala Kenny-Felder	05	7.97	03-03	rcg
6	Ivens Filip	04	8.25	22-12	rcg
7	Ruelle Arthur	04	8.29	26-12	rcg
8	Arifi Ilias	04	8.37	15-12	ws
9	Van Elsuwe Alexis	04	8.59	26-12	rcg
10	Maaroufi Ayoub	05	8.71	16-02	rcg

200 m			RC : 23.68		
1	Mbuyi Bodika William	04	24.91	19-01	rcg
2	Gruson Augustin	04	25.24	12-01	rcg
3	Biala Kenny-Felder	05	25.74	03-03	rcg
4	Ruelle Arthur	04	26.51	26-12	rcg
5	Van Elsuwe Alexis	04	28.44	26-12	rcg

1000 m			RC : 2.52.82		
1	Gruson Augustin	04	2.56.03	03-03	rcg
2	Arifi Ilias	04	2.58.40	03-03	rcg
3	Englebert Timothee	04	3.00.39	03-03	rcg



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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60 m haies (91 cm)		RC : 8.62			
1	Arifi Ilias	04	9.39	03-03	rcg
2	Sibourg Valentin	04	9.55	19-01	rcg
3	Gruson Augustin	04	10.46	03-03	rcg
4	Englebert Timothee	04	11.08	03-03	rcg
5	Ivens Filip	04	11.64	12-01	rcg

Hauteur		RC : 1m77			
1	Englebert Timothee	04	1m77	26-12	rcg
2	Arifi Ilias	04	1m55	22-12	ws
3	Gruson Augustin	04	1m45	02-03	rcg
4	Sibourg Valentin	04	1m40	22-12	ws

Longueur		RC : 6m10			
1	Englebert Timothee	04	6m19	03-03	rcg
2	Gruson Augustin	04	6m01	03-03	rcg
3	Arifi Ilias	04	5m38	12-01	rcg
4	Ivens Filip	04	5m30	22-12	rcg
5	Sibourg Valentin	04	4m75	29-12	rcg
6	Van Elsuwe Alexis	04	4m47	06-01	moha

Perche		RC : 3m36			
1	Englebert Timothee	04	3m00	02-03	rcg
2	Van Elsuwe Alexis	04	2m65	06-02	moha
3	Arifi Ilias	04	2m60	02-03	rcg
4	Gruson Augustin	04	2m00	02-03	rcg

Poids (4 kg)		RC : 14m30			
1	Englebert Timothee	04	13m25	19-01	rcg
2	Arifi Ilias	04	9m89	15-12	ws
3	Gruson Augustin	04	9m43	02-03	rcg
4	Ivens Filip	04	8m14	15-12	ws
5	Sibourg Valentin	04	8m12	15-12	ws

Hexathlon		RC : 3374 p			
1	Englebert Timothee	04	3145 p	03-02	rcg
2	Gruson Augustin	04	2639 p	03-02	rcg
3	Arifi Ilias	04	2167 p	03-02	rcg

SCOLAIRES HOMMES (2003 - 2002)

60 m		RC : 6.99			
1	Doudouhi Reda	02	7.48	26-12	rcg
2	Manuel Duarte Ivan	02	7.51	03-03	rcg
3	Yahni Sayat	02	7.56	19-01	rcg
4	Medan Marko	03	7.63	12-01	rcg
5	Liley Kevin	02	7.77	16-02	rcg
6	Montilla Alexis	02	7.96	29-12	rcg
7	De Tollenaere Tom	03	8.06	26-12	rcg
8	Chekem Ramses	03	8.09	26-12	rcg
9	Vanden Avont Olivier	02	9.03	29-12	rcg

200 m		RC : 22.33			
1	Doudouhi Reda	02	24.21	26-12	rcg
2	Yahni Sayat	02	24.44	19-01	rcg
3	Montilla Alexis	02	25.61	12-01	rcg
4	Chekem Ramses	03	26.24	12-01	rcg
5	Liley Kevin	02	26.50	26-12	rcg
6	De Tollenaere Tom	03	26.71	12-01	rcg

300 m		RC : 36.97			
1	Vanden Avont Olivier	02	49.07	29-12	rcg

800 m		RC : 1.56.95			
1	Willems Dorian	02	2.13.97	22-12	rcg

1500 m		RC : 4.10.45			
1	Willems Dorian	02	4.35.79	19-01	rcg
2	Lafnachi Reda	02	4.47.49	19-01	rcg



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2019

Longueur		RC : 7m18			
1	Chekem Ramses	03	6m04	09-03	GER
2	Montilla Alexis	02	5m89	19-01	rcg
3	De Tollenaere Tom	03	5m57	19-01	rcg

Poids (5 kg)		RC : 14m55			
1	Montilla Alexis	02	11m89	19-01	rcg
2	De Tollenaere Tom	03	11m04	19-01	rcg
3	Chekem Ramses	03	10m09	29-12	rcg

4 x 200 m		RC : 1.34.65			
Yahni, Sibourg, Doudouhi, Mbuyi Bodika			1.40.13	19-01	rcg

JUNIORS HOMMES (2001 - 2000)

60 m		RC : 6.93			
1	Kasmi Amine	00	6.91	02-03	rcg

200 m		RC : 21.74			
1	Kasmi Amine	00	21.74	26-01	rcg

ESPOIRS HOMMES (1999 - 1998 - 1997)

60 m		RC : 6.76			
1	Tshitwenu Florian	97	6.86	09-02	rcg
2	Caty Dylan	97	6.98	22-12	rcg
	Kalmen Adam	98	6.98	23-02	rcg
4	Okeowo Peredjo	99	7.16	10-02	ds
5	Szerman Melvin	97	7.27	22-12	rcg

200 m		RC : 21.50			
1	Szerman Melvin	97	23.07	26-01	rcg

400 m		RC : 47.92			
1	Borlee Rayane	99	50.42	02-03	rcg
2	Kabuya Hugues	97	50.43	02-03	rcg

800 m		RC : 1.48.92			
1	Chergui Mouhsine	99	2.16.56	09-03	rcg

60 m haies (106 cm)		RC : 7.81			
1	Caty Dylan	97	7.87	10-02	FRA

Hauteur		RC : 2m20			
1	Gamuela Ngamunguela Jos	98	2m06	02-03	rcg

Longueur		RC : 7m63			
1	Montilla Dimitri	98	6m82	02-03	rcg

Triple saut		RC : 15m96			
1	Geerts Gregory	99	14m24	02-03	rcg

Poids (7,26 kg)		RC : 14m84			
1	Montilla Dimitri	98	12m84	23-02	rcg

SENIORS HOMMES (1999 - 1985)

60 m		RC : 6.56			
1	Tshitwenu Florian	97	6.86	09-02	rcg
2	Caty Dylan	97	6.98	22-12	rcg
	Kalmen Adam	98	6.98	23-02	rcg
4	Okeowo Peredjo	99	7.16	10-02	ds
5	Szerman Melvin	97	7.27	22-12	rcg
6	Gets Florent	91	7.60	06-02	moha
7	Balsen Julien	86	7.72	09-02	rcg

200 m		RC : 21.14			
1	Niesen Charles	94	22.19	22-12	rcg
2	Szerman Melvin	97	23.07	26-01	rcg



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2019

400 m		RC : 46.95			
1	Badji Asamti	95	47.84	17-02	rcg
2	Lins Sebastien	92	48.93	26-01	rcg
3	Borlee Rayane	99	50.42	02-03	rcg
4	Kabuya Hugues	97	50.43	02-03	rcg
5	Ilunga Carl	93	58.35	09-03	rcg
800 m		RC : 1.48.65			
1	Chergui Mouhsine	99	2.16.56	09-03	rcg
1500 m		RC : 3.40.73			
1	Moukrime Tarik	92	3.41.90	30-01	FRA
60 m haies (106 cm)		RC : 7.68			
1	Caty Dylan	97	7.87	10-02	FRA
2	Ruffacq Quentin	89	7.89	17-02	rcg
3	Gets Florent	91	8.55	26-01	rcg
Hauteur		RC : 2m21			
1	Gamuela Jos	98	2m06	02-03	rcg
Longueur		RC : 7m74			
1	Campener Corentin	90	7m70	17-02	rcg
2	Caluwe Arnaud	91	7m14	12-01	rcg
3	Montilla Dimitri	98	6m82	02-03	rcg
4	Fassil Aboubaker	91	5m93	06-01	moha
Triple saut		RC : 16m57			
1	Geerts Gregory	99	14m24	02-03	rcg
2	Fassil Aboubaker	91	12m70	05-01	moha
Poids (7,26 kg)		RC : 15m05			
1	Guillaume Jonathan	92	15m87	26-01	rcg
2	Gets Florent	91	13m86	26-01	rcg
3	Montilla Dimitri	98	12m84	23-02	rcg
4 x 200 m		RC : 1.27.16			
Tshitwenu, Lins, Badji, Kasmi			1.27.59	09-02	rcg

MASTERS HOMMES 35

200 m		RC : 24.52			
1	Broothaerts Damien	83	22.13	29-03	POL
60 m haies (99 cm)		RC : 9.46			
1	Broothaerts Damien	83	7.97	29-03	POL

MASTERS HOMMES 45

60 m		RC : 7.87			
1	Fellemans Emmanuel	70	7.97	10-03	rcg
200 m		RC : 26.21			
1	Fellemans Emmanuel	70	26.07	10-03	rcg
2	Verriez Stephane	70	28.26	10-03	rcg

MASTERS HOMMES 50

60 m		RC : 8.54			
1	Schoonen Laurent	65	8.89	12-01	rcg
200 m		RC : 28.22			
1	Schoonen Laurent	65	28.88	12-01	rcg
2	Louis Philippe	65	29.28	10-03	rcg
800 m		RC : -			
1	Schoonen Laurent	65	2.47.31	12-01	rcg



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
INDOOR 2019

1000 m			RC : 3.34.91		
1	Schoonen Laurent	65	3.30.49	03-03	rcg
1500 m			RC : -		
1	Schoonen Laurent	65	5.39.94	10-03	rcg
60 m haies (91 cm)			RC : 11.63		
1	Schoonen Laurent	65	12.11	03-03	rcg
Hauteur			RC : 1m46		
1	Schoonen Laurent	65	1m40	03-03	rcg
Longueur			RC : 4m39		
1	Schoonen Laurent	65	4m32	12-01	ds
Poids (6 kg)			RC : 9m57		
1	Schoonen Laurent	65	7m40	03-03	rcg
Pentathlon			RC : 2363 p		
1	Schoonen Laurent	65	2250 p	03-02	rcg

PARA MASTERS HOMMES 55

Poids (6 kg)			RC : 6m31		
1	Denys Jacques	59	6m57	09-12	rcg