



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2015

BENJAMINES FILLES (2007 -2006)

BEN - 60 m		RC : 9.30			
1	Boone Tya	06	9.92	01-05	csf
2	Bongwele Wula Jade	07	10.16	03-05	resc
3	Zola Kanagila Nicole	07	10.23	03-10	resc
4	Purusi Emma Grace	07	10.84	03-05	resc
5	Van Ex Elvira	06	10.88	03-05	resc
6	Verleyen Marthe	06	11.61	03-05	resc
7	Vermeiren Mattie	07	11.68	03-05	resc
8	Lantaki Ines	06	11.97	05-04	resc
9	Khader Samia	07	11.98	03-05	resc
10	Karoun Yasmine	07	12.12	05-04	resc

BEN - 600 m		RC : 2.00.94			
1	Boone Tya	06	2.17.39	05-04	resc
2	Zola Kanagila Nicole	07	2.22.60	05-04	resc
3	Van Ex Elvira	06	2.23.29	26-09	rcas
4	Khader Samia	07	2.25.39	03-05	resc
5	Purusi Emma Grace	07	2.29.30	03-05	resc
6	Bongwele Wula Jade	07	2.34.00	31-05	dacm
7	Vermeiren Mattie	07	2.37.21	03-05	resc
8	Verleyen Marthe	06	2.43.98	03-05	resc
9	Karoun Yasmine	07	3.01.51	05-04	resc
10	Lantaki Ines	06	3.01.75	05-04	resc

BEN - Hauteur		RC : 1m18			
1	Bongwele Jade	07	0m95	08-08	resc

BEN - Longueur		RC : 3m88			
1	Van Ex Elvira	06	2m86	03-05	resc
2	Boone Tya	06	2m72	05-04	resc
3	Bongwele Wula Jade	07	2m60	31-05	dacm
4	Khader Samia	07	2m41	03-05	resc
5	Zola Kanagila Nicole	07	2m21	06-06	csf
6	Karoun Yasmine	07	2m01	05-04	resc
7	Lantaki Ines	06	1m96	05-04	resc

BEN - Poids (1 kg)		RC : 8m63			
1	Bongwele Jade	07	5m88	08-08	resc
2	Van Ex Elvira	06	5m52	26-09	rcas
3	Zola Kanagila Nicole	07	4m96	06-06	csf

BEN - Balle de hockey		RC : 28m96			
1	Van Ex Elvira	06	17m80	01-05	csf
2	Lantaki Ines	06	14m97	05-04	resc
3	Bongwele Wula Jade	07	13m15	09-08	csf
4	Karoun Yasmine	07	12m57	05-04	resc
5	Zola Kanagila Nicole	07	12m06	03-10	resc
6	Boone Tya	06	11m31	05-04	resc

BEN - Tetrathlon		RC : 1601 p			
1	Boone Tya	06	897 p	05-04	resc
2	Van Ex Elvira	06	868 p	26-09	rcas
3	Zola Kanagila Nicole	07	860 p	06-06	csf
4	Lantaki Ines	06	198 p	05-04	resc
5	Karoun Yasmine	07	155 p	05-04	resc

PUPILLES FILLES (2005 - 2004)

PUP - 60 m		RC : 8.74			
1	Lambert Kylie	04	8.55	26-09	cabw
2	Tshanga Diomi Roline	04	9.17	05-04	resc
3	Mpinga Mulowayi Alexia	04	9.19	12-07	oeh
4	Merino Nohemi	04	9.24	03-05	resc
5	Van Ex Alexia	04	9.64	10-10	rcb
6	Louis Emilie	04	9.73	03-10	resc
7	Lufuando Sakaneno Plamedi	05	9.74	03-10	resc
8	Mayot Coiffard Hermine	05	9.95	31-05	dacm
9	Asumani Lumbe N. Didine	04	9.96	05-04	resc



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10	Sleewaegen Eline	04	10.18	05-04	resc
11	Dennison Chrystal	05	10.33	05-04	resc
12	Hayoun Roba	04	10.56	05-04	resc
13	Beyaert Marine	04	11.28	03-10	resc
14	Khader Houda	05	12.35	03-05	resc

PUP - 1000 m

RC : 3.27.87

1	Lambert Kylie	04	3.26.31	19-09	herv
2	Merino Nohemi	04	3.47.80	05-04	resc
3	Tshanga Diomi Roline	04	3.53.44	05-04	resc
4	Sleewaegen Eline	04	3.59.64	05-04	resc
5	Van Ex Alexia	04	4.01.57	03-05	resc
6	Mayot Coiffard Hermine	05	4.04.33	31-05	dacm
7	Hayoun Roba	04	4.06.98	05-04	resc
8	Dennison Chrystal	05	4.16.56	05-04	resc
9	Louis Emilie	04	4.21.03	03-05	resc
10	Mpinga Mulowayi Alexia	04	4.21.33	03-05	resc
11	Lufuando Sakaneno Plamedi	05	4.23.96	05-04	resc
12	Beyaert Marine	04	4.36.09	05-04	resc
13	Asumani Lumbe N. Didine	04	4.39.49	05-04	resc
14	Khader Houda	05	4.54.39	03-05	resc

PUP - 60 m haies (76 cm)

RC : 11.04

1	Lambert Kylie	04	10.74	26-09	cabw
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PUP - Hauteur

RC : 1m31

1	Lambert Kylie	04	1m30	22-07	dac
2	Lufuando Sakaneno Plamedi	05	1m25	08-08	resc
3	Merino Nohemi	04	1m20	22-07	dac
	Tshanga Diomi Roline	04	1m20	12-07	oeh
5	Louis Emilie	04	1m11	03-05	resc
6	Asumani Lumbe N. Didine	04	1m10	08-08	resc
7	Sleewaegen Eline	04	1m06	03-05	resc
8	Van Ex Alexia	04	1m00	01-05	csf
9	Mayot Coiffard Hermine	05	0m98	31-05	dacm
10	Beyaert Marine	04	0m91	03-05	resc

PUP - Longueur

RC : 4m48

1	Lambert Kylie	04	4m11	03-07	aca
2	Tshanga Diomi Roline	04	3m95	05-04	resc
3	Merino Nohemi	04	3m85	05-04	resc
4	Sleewaegen Eline	04	3m44	05-04	resc
5	Asumani Lumbe N. Didine	04	3m19	05-04	resc
6	Van Ex Alexia	04	3m07	10-10	rcb
7	Lufuando Sakaneno Plamedi	05	2m89	05-04	resc
8	Dennison Chrystal	05	2m78	05-04	resc
9	Hayoun Roba	04	2m70	05-04	resc
10	Beyaert Marine	04	2m56	05-09	rcas

PUP - Poids (2 kg)

RC : 9m75

1	Lufuando Sakaneno Plamedi	05	7m44	08-08	resc
2	Asumani Lumbe N. Didine	04	7m23	08-08	resc
3	Merino Nohemi	04	6m86	10-04	csf
4	Lambert Kylie	04	6m63	12-09	lebb
5	Tshanga Diomi Roline	04	5m77	10-04	csf
6	Van Ex Alexia	04	5m30	26-09	rcas
7	Sleewaegen Eline	04	5m04	19-09	csf
8	Louis Emilie	04	4m48	08-08	resc
9	Mayot Coiffard Hermine	05	4m21	31-05	dacm

PUP - Disque (600 gr)

RC : 23m00

1	Dennison Chrystal	05	10m42	01-05	csf
2	Lambert Kylie	04	10m39	23-05	dac
3	Merino Nohemi	04	10m36	01-05	csf
4	Van Ex Alexia	04	8m89	01-05	csf



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PUP - Balle de hockey RC : 41m50

1	Lambert Kylie	04	28m37	20-09	vita
2	Lufuando Sakaneno Plamedi	05	26m03	03-10	resc
3	Dennison Chrystal	05	24m80	05-04	resc
4	Merino Nohemi	04	21m08	05-04	resc
5	Tshanga Diomi Roline	04	18m84	05-04	resc
6	Van Ex Alexia	04	18m17	10-10	rcb
7	Beyaert Marine	04	14m46	03-10	resc
8	Asumani Lumbe N. Didine	04	13m88	05-04	resc
9	Hayoun Roba	04	13m02	05-04	resc
10	Sleewaegen Eline	04	12m22	05-04	resc
11	Louis Emilie	04	12m18	03-10	resc

PUP - Tetrathlon RC : 1935 p

1	Lambert Kylie	04	2077 p	19-09	herv
2	Merino Nohemi	04	1559 p	05-04	resc
3	Tshanga Diomi Roline	04	1538 p	05-04	resc
4	Van Ex Alexia	04	1168 p	26-09	rcas
5	Mayot Coiffard Hermine	05	1139 p	31-05	dacm
6	Sleewaegen Eline	04	1061 p	05-04	resc
7	Dennison Chrystal	05	954 p	05-04	resc
8	Lufuando Sakaneno Plamedi	05	882 p	05-04	resc
9	Asumani Lumbe N. Didine	04	845 p	05-04	resc
10	Hayoun Roba	04	808 p	05-04	resc
11	Beyaert Marine	04	418 p	05-04	resc

PUP - 4 x 60 m RC : 35.44

Mpinga, Merino, Tshanga Diomi, Lambert	33.97	30-08	resc
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MINIMES FILLES (2002 - 2003)

MIN - 80 m RC : 10.64

1	Pontara Lisa	03	11.33	03-10	resc
2	Iven Kayla	02	11.67	18-10	ws
3	Bah Mariame	02	11.91	06-06	csf
4	Mugerin Elisabeth	02	11.97	03-10	resc
5	Kazadi Prescillia	03	12.03	03-10	resc
6	Itoe Elisabeth	03	12.09	03-10	resc
7	Dakir Maria	03	12.45	03-10	resc
8	Pola Divine Jackie	02	12.50	05-04	resc
9	Huygens Cloe	03	12.63	29-08	acw
10	Becker Violette	02	13.25	05-04	resc
11	Hayoun Nadha	02	14.62	05-04	resc

MIN - 150 m RC : 20.13

1	Itoe Elisabeth	03	22.49	03-05	resc
2	Bah Mariame	02	22.56	25-05	ws
3	Mugerin Elisabeth	02	23.43	25-05	ws
	Pola Divine Jackie	02	23.43	25-05	ws
5	Huygens Chloe	03	24.00	20-09	vita
6	Matthys Lucie	03	26.82	03-05	resc
7	Khader Firdaous	03	27.73	03-05	resc
8	Becker Violette	02	29.69	03-05	resc

MIN - 300 m RC : 44.36

1	Iven Kayla	02	47.98	10-10	rcb
3	Huygens Cloe	03	51.99	18-10	csf
2	Mugerin Elisabeth	02	52.25	09-08	csf

MIN - 1000 m RC : 3.14.33

1	Iven Kayla	02	3.24.91	05-09	dac
2	Huygens Cloe	03	3.36.86	10-10	cabw
3	Bah Mariame	02	3.45.53	06-06	csf
4	Itoe Elisabeth	03	3.53.33	05-04	resc
5	Pontara Lisa	03	4.06.41	05-04	resc
6	Mugerin Elisabeth	02	4.13.76	06-06	csf
7	Khader Firdaous	03	4.32.61	03-05	resc
8	Becker Violette	02	4.35.70	05-04	resc
9	Pola Divine Jackie	02	4.36.77	05-04	resc
10	Hayoun Nadha	02	5.13.98	05-04	resc



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MIN - 60 m haies (76 cm)			RC : 10.05		
1	Huygens Cloe	03	13.89	16-08	vita
2	Becker Violette	02	14.44	03-05	resc
3	Itoe Elisabeth	03	14.45	03-05	resc

MIN - 150 m haies (76 cm)			RC : 22.49		
1	Pontara Lisa	03	24.31	03-10	resc
2	Itoe Elisabeth	03	24.53	01-05	csf
3	Iven Kayla	02	25.66	01-05	csf
4	Dakir Maria	03	25.84	03-10	resc
5	Huygens Cloe	03	26.03	18-10	csf
6	Becker Violette	02	27.80	01-05	csf

MIN - Hauteur			RC : 1m57		
1	Pontara Lisa	03	1m32	18-10	ws
2	Iven Kayla	02	1m26	18-10	ws
3	Mugerin Elisabeth	02	1m23	18-10	ws
4	Bah Mariame	02	1m21	03-05	resc
5	Huygens Cloe	03	1m20	01-08	dac
6	Becker Violette	02	1m16	03-05	resc
7	Khader Firdaous	03	1m01	03-05	resc
8	Matthys Lucie	03	0m96	03-05	resc

MIN - Longueur			RC : 5m00		
1	Iven Kayla	02	4m49	08-08	resc
2	Mugerin Elisabeth	02	4m35	03-10	resc
3	Pontara Lisa	03	4m28	03-10	resc
4	Bah Mariame	02	4m11	08-08	resc
5	Huygens Cloe	03	3m84	22-08	acko
6	Pola Divine Jackie	02	3m79	08-08	resc
7	Itoe Elisabeth	03	3m68	05-04	resc
8	Becker Violette	02	3m44	05-04	resc
9	Hayoun Nadha	02	3m04	05-04	resc

MIN - Poids (2 kg)			RC : 13m12		
1	Iven Kayla	02	12m89	11-10	rsca
2	Huygens Cloe	03	8m32	31-10	rcas
3	Mugerin Elisabeth	02	7m77	06-06	csf
4	Bah Mariame	02	7m54	18-10	ws
5	Pontara Lisa	03	7m06	18-10	ws
6	Hayoun Nadha	02	6m45	05-04	resc
7	Itoe Elisabeth	03	5m82	10-04	csf
8	Pola Divine Jackie	02	5m70	05-04	resc
9	Becker Violette	02	4m54	05-04	resc

MIN - Disque (750 gr)			RC : 25m78		
1	Iven Kayla	02	27m29	23-05	dac
2	Huygens Cloe	03	20m29	31-10	rcas

MIN - Javelot (400 gr)			RC : 30m47		
1	Iven Kayla	02	34m63	11-10	rsca
2	Huygens Cloe	03	22m53	04-10	FRA
3	Pontara Lisa	03	15m74	08-08	resc
4	Bah Mariame	02	15m63	09-08	csf
5	Mugerin Elisabeth	02	15m55	06-06	csf
6	Pola Divine Jackie	02	12m97	05-04	resc
7	Becker Violette	02	12m62	08-08	resc
8	Hayoun Nadha	02	11m32	05-04	resc
9	Itoe Elisabeth	03	7m92	05-04	resc

MIN - Pentathlon			RC : 3021 p		
1	Iven Kayla	02	2839 p	19-09	herv
2	Pontara Lisa	03	2231 p	18-10	ws
3	Bah Mariame	02	1951 p	06-06	csf
4	Huygens Cloe	03	1855 p	01-08	dac
5	Mugerin Elisabeth	02	1745 p	18-10	ws
6	Itoe Elisabeth	03	1540 p	05-04	resc
7	Pola Divine Jackie	02	1269 p	05-04	resc
8	Becker Violette	02	1017 p	05-04	resc
9	Hayoun Nadha	02	774 p	05-04	resc



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MIN - 4 x 80 m	RC : 42.69
Itoe, Huygens, Pontara, Kenaiti	45.92 26-09 cabw

CADETTES FILLES (2001 - 2000)

CAD - 100 m	RC : 12.64
1 Yech Chou Safia	01 13.25 02-05 herv
2 Tshanga Diumba Robiane	01 13.80 10-04 csf
3 Celik Pelin	01 14.05 03-05 resc
4 Itoe Cecile	01 14.57 10-04 csf
5 Ouali Sirine	00 14.67 10-04 csf
6 Beyaert Amelie	00 14.77 10-04 csf
7 Van Dessel Manon	00 15.09 10-04 csf
8 Ben Brahim Cherine	01 16.34 10-04 csf

CAD - 200 m	RC : 26.14
1 Tshanga Robiane	01 28.88 03-05 resc
2 Camara Fiona	00 29.27 03-10 resc
3 Itoe Cecile	01 30.08 03-10 resc
4 Celik Pelin	01 30.36 03-10 resc
5 Micheli Dimitra	00 30.50 18-04 ws
6 Beyaert Amelie	00 31.36 03-05 resc
7 Saadi Marwa	01 31.83 03-10 resc

CAD - 400 m	RC : 57.61
1 Itoe Cecile	01 66.70 25-05 ws
2 Mabsoute Lazim Iman	00 67.09 31-05 usbw
3 Saadi Marwa	01 78.48 18-04 ws
4 Beyaert Amelie	01 83.73 10-04 csf

CAD - 800 m	RC : 2.21.88
1 Verriez Laura	01 2.38.54 18-04 ws
2 Dardari Yasmine	01 2.42.39 18-04 ws

CAD - 1500 m	RC : 4.53.37
1 Verriez Laura	01 5.42.82 10-04 csf

CAD - Mile	RC : 5.37.33
1 Verriez Laura	01 6.13.72 03-10 resc

CAD - 80 m haies (76 cm)	RC : 11.88
1 Micheli Dimitra	00 14.36 02-05 herv
2 Dardari Yasmine	01 16.62 26-09 rcas

CAD - 200 m haies (76 cm)	RC : -
1 Ouali Sirine	00 37.39 04-10 FRA

CAD - 300 m haies (76 cm)	RC : 45.51
1 Ouali Sirine	00 53.37 12-09 vita

CAD - Hauteur	RC : 1m68
1 Tshanga Diumba Robiane	01 1m30 10-04 csf
2 Ouali Sirine	00 1m20 18-04 ws
3 Dardari Yasmine	01 1m18 26-09 rcas

CAD - Longueur	RC : 5m74
1 Yech Chou Safia	01 5m00 23-05 hf
2 Vanden Bergh Joy	00 4m19 09-08 csf
3 Micheli Dimitra	00 3m93 18-04 ws
4 Tshanga Diumba Robiane	01 3m79 09-10 csf
5 Ouali Sirine	00 3m72 18-04 ws
6 Itoe Cecile	01 3m51 18-04 ws
7 Celik Pelin	01 3m02 18-04 ws
Beyaert Amelie	00 3m02 03-05 resc
9 El Ouahmi Sirine	00 2m94 18-04 ws



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CAD - Triple saut			RC : 11m71		
1	Yech Chou Safia	01	10m73	22-08	csf
2	Vanden Bergh Joy	00	10m14	20-06	rcb
CAD - Perche			RC : 3m26		
1	Beyaert Amelie	00	1m60	02-05	herv
CAD - Poids (3 kg)			RC : 12m10		
1	Beyaert Amelie	00	8m91	04-10	FRA
2	Itoe Cecile	01	7m05	25-05	ws
3	Saadi Marwa	01	6m76	18-04	ws
4	Tshanga Diumba Robiane	01	6m52	25-05	ws
5	Celik Pelin	01	6m29	23-04	rcb
CAD - Disque (1 kg)			RC : 37m60		
1	Saadi Marwa	01	15m03	18-04	ws
2	Beyaert Amelie	00	12m44	18-10	csf
CAD - Javelot (500 gr)			RC : 36m86		
1	Beyaert Amelie	00	16m62	31-10	rcas
2	Ouali Sirine	00	14m02	02-05	herv
3	Itoe Cecile	01	9m68	18-04	ws
4	Celik Pelin	01	9m19	18-04	ws
CAD - 3000 m marche			RC : 22.06.90		
1	El Ouahmi Sirine	00	21.58.95	02-05	herv
CAD - 4 x 100 m			RC : 50.59		
Micheli, Vanden Bergh, Tshanga, Yech Chou			52.75	20-09	riem
CAD - 4 x 800 m			RC : 10.17.08		
Derdari, Celik, Verriez, Itoe			11.36.19	30-08	resc

SCOLAIRES FEMMES (1999 - 1998)

SCO - 100 m			RC : 12.33		
1	Noel Nehemie Keysha	98	12.70	23-05	hf
2	Schauwers Manon	99	12.89	05-07	resc
3	Caty Emeline	98	13.42	13-06	csf
4	Morency Poilvache Alizee	98	13.43	28-06	lier
5	Henry Morgane	99	13.67	28-06	lier
6	Madani Sarah	98	13.77	28-06	lier
7	Salmon Charlotte	98	13.87	23-05	hf
8	De Bruecker Lisaline	98	15.25	09-08	csf
9	Makuza Kibeke Souza	98	16.60	18-04	csf
SCO - 200 m			RC : 25.34		
1	Schauwers Manon	99	26.25	28-06	lier
2	Noel Nehemie Keysha	98	27.05	25-05	ws
3	Caty Emeline	98	27.85	20-06	rcb
4	Salmon Charlotte	98	29.84	25-05	ws
5	Montilla Morgane	98	31.23	25-04	rcas
6	De Bruecker Lisaline	98	31.87	26-09	rcas
SCO - 300 m			RC : 39.65		
1	Salmon Charlotte	98	49.84	23-04	rcb
SCO - 400 m			RC : 56.03		
1	Salmon Charlotte	98	69.87	10-04	csf
SCO - 800 m			RC : 2.15.60		
1	Schauwers Manon	99	2.24.07	07-06	ESP
2	Muls Camille	99	2.25.03	23-05	hf
3	Hadj Faraji Soraya	99	2.33.57	23-05	hf
4	Montilla Morgane	98	2.57.18	27-09	rcas
5	Madani Sarah	98	3.00.06	25-05	ws
6	De Bruecker Lisaline	98	3.04.41	27-09	rcas



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SCO - 1500 m		RC : 4.50.73			
1	Muls Camille	99	5.02.61	12-09	vita
2	Hadj Faraji Soraya	99	5.29.87	10-04	csf
3	El Zoljami Imane	98	6.30.78	18-04	ws
SCO - Mile		RC : 5.22.27			
1	Muls Camille	99	5.30.02	03-10	resc
SCO - 3000 m		RC : 10.43.20			
1	El Zoljami Imane	98	12.35.13	02-05	herv
SCO - 100 m haies (76 cm)		RC : 13.92			
1	Schauwers Manon	99	14.90	23-05	hf
2	Caty Emeline	98	15.78	18-04	ws
3	Montilla Morgane	98	19.28	26-09	rcas
4	De Bruecker Lisaline	98	22.44	26-09	rcas
SCO - 400 m haies (76 cm)		RC : 68.18			
1	Caty Emeline	98	77.86	09-05	dcla
2	Henry Morgane	99	79.03	20-06	rcb
SCO - Hauteur		RC : 1m68			
1	Schauwers Manon	99	1m67	22-08	avt
2	Henry Morgane	99	1m40	18-04	ws
3	De Bruecker Lisaline	98	1m35	22-08	csf
	Montilla Morgane	98	1m35	25-04	rcas
SCO - Longueur		RC : 6m08			
1	Schauwers Manon	99	5m42	02-05	herv
2	Caty Emeline	98	4m94	13-06	csf
3	Madani Sarah	98	4m57	03-05	resc
4	De Bruecker Lisaline	98	4m16	27-09	rcas
5	Sudi Sauda Daniella	99	4m02	01-07	jsmc
6	Montilla Morgane	98	3m97	26-04	rcas
7	Makuza Kibeke Souza	98	3m03	18-04	ws
SCO - Triple saut		RC : 12m15			
1	Caty Emeline	98	10m91	01-07	FRA
2	Madani Sarah	98	10m73	20-06	rcb
3	Sudi Sauda Daniella	99	9m76	23-05	hf
4	De Bruecker Lisaline	98	9m52	20-06	rcb
5	Noel Nehemie Keysha	98	9m05	22-08	csf
SCO - Perche		RC : 3m36			
1	Lacasse Camille	99	2m31	05-07	resc
2	Madani Sarah	98	2m03	31-05	usbw
SCO - Poids (3 kg)		RC : 12m64			
1	Madani Sarah	98	11m30	28-06	lier
2	Schauwers Manon	99	10m95	25-04	rcas
3	Montilla Morgane	98	9m27	19-09	csf
4	Noel Nehemie Keysha	98	6m53	25-05	ws
5	De Bruecker Lisaline	98	5m19	26-09	rcas
SCO - Disque (1 kg)		RC : 47m99			
1	Madani Sarah	98	27m07	18-04	ws
2	Sudi Sauda Daniella	99	15m78	18-04	ws
SCO - Javelot (500 gr)		RC : 37m30			
1	Montilla Morgane	98	37m09	03-10	resc
2	Schauwers Manon	99	24m39	18-04	ws
3	Madani Sarah	98	16m75	18-04	ws
4	Sudi Sauda Daniella	99	13m84	02-05	herv
5	De Bruecker Lisaline	98	8m51	27-09	rcas
SCO - Heptathlon		RC : 4701 p			
1	Schauwers Manon	99	4591 p	23-08	avt
2	Montilla Morgane	98	2681 p	26-04	rcas
3	De Bruecker Lisaline	98	1869 p	27-09	rcas



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2015

SCO - 3000 m marche		RC : 21.58.95			
1	Merino Noelia	99	22.14.38	02-05	herv
SCO - 4 x 100 m		RC : 48.97			
Henry, Morency Poilvache, Noel, Schauwers		50.91	30-08	resc	
4 x 800 m		RC : 10.14.59			
Hadj Faraji, Lacasse, Muls, Badibanga		10.49.70	30-08	resc	

JUNIORS FEMMES (1997 - 1996)

JUN - 100 m		RC : 12.11			
1	Van Der Veken Cindy	97	12.08	01-08	vita
2	Mwamine Robine	96	12.69	30-05	vs
3	Klai Anissa	96	12.74	01-08	vita
4	Guisse Saliyya	96	12.75	03-05	resc
5	Badji Jalika	96	12.91	03-05	resc
6	Gelbgras Moisa	97	13.15	03-05	resc
7	Barhdadi Lina	97	14.03	10-04	csf
8	Assina Madeleine	97	14.20	22-08	csf
9	Van De Sype Chloe	97	14.80	26-09	rcas
10	Stojanov Ivana	96	16.82	10-04	csf
JUN - 200 m		RC : 24.65			
1	Van Der Veken Cindy	97	24.94	09-05	usbw
2	Klai Anissa	96	25.52	05-09	volh
3	Badji Jalika	96	26.00	03-05	resc
4	Mwamine Robine	96	26.41	03-05	resc
5	Gelbgras Moisa	97	27.69	16-05	smac
6	Van De Sype Chloe	97	30.60	25-04	rcas
7	Assina Madeleine	97	31.06	25-05	ws
JUN - 300 m		RC : 39.65			
1	Klai Anissa	96	40.49	29-08	ws
2	Van Der Veken Cindy	97	41.82	27-09	usbw
JUN - 400 m		RC : 56.03			
1	Klai Anissa	96	56.64	13-09	ob
2	Badji Jalika	96	59.85	27-06	cabw
3	Tshiasuma Jessie	96	64.87	10-04	csf
4	Barhdadi Lina	97	64.92	10-04	csf
5	Bah Yaye Binta	97	69.52	03-05	resc
6	Van De Sype Chloe	97	79.25	26-09	rcas
JUN - 800 m		RC : 2.11.36			
1	Tshiasuma Jessie	96	2.24.02	03-05	resc
2	Barhdadi Lina	97	2.30.03	16-05	smac
3	Van De Sype Chloe	97	2.54.78	26-04	rcas
4	Guisse Saliyya	96	3.04.82	27-09	rcas
JUN - 1500 m		RC : 4.30.09			
1	Tshiasuma Jessie	96	5.02.58	09-05	usbw
2	Barhdadi Lina	97	5.15.22	09-05	usbw
3	Van De Sype Chloe	97	7.06.52	27-09	rcas
JUN - Mile		RC : 5.15.10			
1	Tshiasuma Jessie	96	5.32.64	03-10	resc
JUN - 3000 m		RC : 9.36.90			
1	Imbo Kristel	96	11.14.33	09-05	usbw
JUN - 100 m haies (84 cm)		RC : 13.99			
1	Guisse Saliyya	96	15.65	26-09	rcas
2	Van De Sype Chloe	97	17.97	27-09	rcas
JUN - 400 m haies (76 cm)		RC : 65.29			
1	Badji Jalika	96	64.85	05-07	resc



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES OUTDOOR 2015

JUN - Hauteur			RC : 1m81		
1	Guisse Saliyya	96	1m45	26-09	rcas
2	Van De Sype Chloe	97	1m39	27-09	rcas
JUN - Longueur			RC : 6m08		
1	Guisse Saliyya	96	5m48	05-07	resc
2	Van De Sype Chloe	97	4m52	27-09	rcas
JUN - Triple saut			RC : 12m15		
1	Guisse Saliyya	96	12m09	01-05	vs
2	Van De Sype Chloe	97	10m20	22-08	csf
JUN - Perche			RC : 3m90		
1	Van De Sype Chloe	97	3m00	13-09	ob
JUN - Poids (4 kg)			RC : 13m12		
1	Van De Sype Chloe	97	9m74	25-04	rcas
2	Assina Madeleine	97	8m35	25-05	ws
3	Guisse Saliyya	96	8m19	26-09	rcas
JUN - Disque (1 kg)			RC : 47m99		
1	Van De Sype Chloe	97	26m38	18-04	ws
JUN - Javelot (600 gr)			RC : 38m45		
1	Van De Sype Chloe	97	23m70	26-04	rcas
2	Guisse Saliyya	96	18m54	27-09	rcas
JUN - Heptathlon			RC : 3405 p		
1	Guisse Saliyya	96	3743 p	27-07	rcas
2	Van De Sype Chloe	97	2995 p	26-04	rcas
JUN - Decathlon			RC : 4863 p		
1	Van De Sype Chloe	97	3920 p	27-09	rcas
JUN - 4 x 100 m			RC : 48.00		
Guisse, Badji, Mawmine, Van Der Veken		47.82	30-08	resc	

ESPOIRS FEMMES (1995 - 1994 - 1993)

ESP - 100 m			RC : 11.42		
1	Nagels Rani	95	11.88	22-08	csf
2	Lins Noemie	94	13.66	09-08	csf
3	Assina Patricia	95	14.83	10-04	csf
4	Passagez Anne Miriam	94	14.90	20-06	rcb
5	Guisse Shaena	94	15.30	26-09	rcas
ESP - 200 m			RC : 24.65		
1	Nagels Rani	95	24.59	04-08	vs
2	Luypaert Naomy	95	27.92	30-05	vs
3	Passagez Anne Miriam	94	30.89	20-06	rcb
ESP - 300 m			RC : 39.65		
1	Nagels Rani	95	38.04	05-09	azw
ESP - 400 m			RC : 56.03		
1	Rani Nagels	95	53.51	05-07	resc
2	Passagez Anne Miriam	94	68.49	10-04	csf
3	Guisse Shaena	94	82.00	26-09	rcas
ESP - 800 m			RC : 2.11.36		
1	Luypaert Naomy	95	2.51.55	02-08	dac
ESP - 1500 m			RC : 4.29.00		
1	Guisse Shaena	94	7.57.28	27-09	rcas
ESP - 100 m haies (84 cm)			RC : 12.79		
1	Luypaert Naomy	95	19.43	01-08	dac
2	Guisse Shaena	94	19.93	27-09	rcas



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2015

ESP - Hauteur		RC : 1m88			
1	Luypaert Naomy	95	1m40	01-08	dac
2	Guisse Shaena	94	1m36	27-09	rcas
ESP - Longueur		RC : 6m08			
1	Lins Noemie	94	4m79	09-08	csf
2	Luypaert Naomy	95	4m26	03-05	resc
3	Guisse Shaena	94	3m82	27-09	rcas
ESP - Triple saut		RC : 12m52			
1	Guisse Shaena	94	9m21	20-06	rcb
ESP - Perche		RC : 3m90			
1	Quirin Margaux	95	4m05	27-05	smac
2	Guisse Shaena	94	1m90	22-08	csf
ESP - Poids (4 kg)		RC : 13m12			
1	Guisse Shaena	94	9m19	01-05	vs
2	Assina Patricia	95	7m25	18-04	ws
3	Luypaert Naomy	95	6m39	01-05	vs
ESP - Disque (1 kg)		RC : 47m99			
1	Guisse Shaena	94	28m28	01-05	vs
ESP - Javelot (600 gr)		RC : 38m45			
1	Guisse Shaena	94	19m68	31-10	rcas
2	Luypaert Naomy	95	16m40	27-09	rcas
ESP - Heptathlon		RC : 4804 p			
1	Luypaert Naomy	95	2750 p	02-08	dac
ESP - Decathlon		RC : 3296 p			
1	Guisse Shaena	94	2887 p	27-09	rcas
ESP - 4 x 100 m		RC : 48.00			
Guisse, Klai, Mwamine, Van Der Veken		48.30	20-09	riem	

SENIORS FEMMES (1995 - 1981)

SEN - 100 m		RC : 11.42			
1	Zagre Anne	90	11.49	26-07	resc
2	Nagels Rani	95	11.88	22-08	csf
3	Gharafi Yasmine	85	11.95	27-06	cabw
4	Lins Noemie	94	13.66	09-08	csf
5	Cok Evelyn	91	13.85	22-08	csf
6	Assina Patricia	95	14.83	10-04	csf
7	Passagez Anne Miriam	94	14.90	20-06	rcb
8	Guisse Shaena	94	15.30	26-09	rcas
SEN - 200 m		RC : 23.80			
1	Gharafi Yasmine	85	24.34	26-07	resc
2	Nagels Rani	95	24.59	04-08	vs
3	Gillet Delphine	86	26.34	29-08	bbs
4	Meert Cynthia	89	27.04	05-09	volh
5	Luypaert Naomy	95	27.92	30-05	vs
6	Cok Evelyn	91	28.33	16-08	ea
7	Passagez Anne Miriam	94	30.89	20-06	rcb
SEN - 300 m		RC : 39.65			
1	Nagels Rani	95	38.04	05-09	azw
2	Gillet Delphine	86	42.08	23-06	vita
3	Meert Cynthia	89	43.63	29-08	ws
4	Cok Evelyn	91	46.58	29-08	ws
SEN - 400 m		RC : 56.03			
1	Rani Nagels	95	53.51	05-07	resc
2	Gillet Delphine	86	58.17	25-07	resc
3	Passagez Anne Miriam	94	68.49	10-04	csf
4	Guisse Shaena	94	82.00	26-09	rcas



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES OUTDOOR 2015

SEN - 800 m		RC : 2.05.85			
1	Meert Cynthia	89	2.20.75	11-07	kks
2	Luypaert Naomy	95	2.51.55	02-08	dac
SEN - 1500 m		RC : 4.12.85			
1	Guisse Shaena	94	7.57.28	27-09	rcas
SEN - 3000 m		RC : 8.49.85			
1	Laurent Agnes	88	10.17.85	16-05	smac
SEN - 100 m haies (84 cm)		RC : 12.79			
1	Zagre Anne	90	12.71	18-07	avt
2	Luypaert Naomy	95	19.43	01-08	dac
3	Guisse Shaena	94	19.93	27-09	rcas
SEN - 400 m haies (76 cm)		RC : 60.08			
1	Meert Cynthia	89	63.56	01-08	vita
SEN - Hauteur		RC : 1m95			
1	Luypaert Naomy	95	1m40	01-08	dac
2	Guisse Shaena	94	1m36	27-09	rcas
3	Reynaerts Stephanie	80	1m30	10-04	csf
SEN - Longueur		RC : 6m28			
1	Lins Noemie	94	4m79	09-08	csf
2	Luypaert Naomy	95	4m26	03-05	resc
3	Guisse Shaena	94	3m82	27-09	rcas
4	Reynaerts Stephanie	80	3m64	18-04	ws
SEN - Triple saut		RC : 12m66			
1	Guisse Shaena	94	9m21	20-06	rcb
SEN - Perche		RC : 3m90			
1	Quirin Margaux	95	4m05	27-05	smac
2	Guisse Shaena	94	1m90	22-08	csf
SEN - Poids (4 kg)		RC : 13m12			
1	Reynaerts Stephanie	80	9m85	05-07	resc
2	Guisse Shaena	94	9m19	01-05	vs
3	Zagre Anne	90	8m97	31-10	rcas
4	Assina Patricia	95	7m25	18-04	ws
5	Luypaert Naomy	95	6m39	01-05	vs
SEN - Disque (1 kg)		RC : 47m99			
1	Reynaerts Stephanie	80	32m92	09-05	usbw
2	Guisse Shaena	94	28m28	01-05	vs
3	Mouzon Emmanuelle	91	26m02	05-07	resc
SEN - Javelot (600 gr)		RC : 38m45			
1	Reynaerts Stephanie	80	30m78	16-05	smac
2	Guisse Shaena	94	19m68	31-10	rcas
3	Luypaert Naomy	95	16m40	27-09	rcas
SEN - Marteau (4 kg)		RC : 56m30			
1	Reynaerts Stephanie	80	30m48	17-05	cabw
SEN - Heptathlon		RC : 4804 p			
1	Luypaert Naomy	95	2750 p	02-08	dac
SEN - Decathlon		RC : 5847 p			
1	Guisse Shaena	94	2887 p	27-09	rcas
SEN - 4 x 200 m		RC : 1.40.73			
Badji, Klai, Gillet, Van Der Veken			1.43.31	20-09	riem
SEN - 4 x 400 m		RC : 3.54.68			
Nkumu Bakuba, Badji, Lins, Klai			4.17.14	09-05	usbw



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2015

SEN - 4 x 800 m			RC : 9.14.89		
Barhdadi, Luypaert, Laurent, Tshiasuma	10.24.56	30-08		resc	

SEN - Ekiden			RC : 3h10.19		
Nkumu Bakuba, Covens, Cardenas Ojito, Cardoso Da Rocha, Boonaert, Dujardin	3h37.59	17-10		bxl	

MASTERS FEMMES 35

W35 - 100 m			RC : 13.37		
1 Guillet Laurence	80	13.06	14-07	asvo	
2 Nkumu Bakuba Nancy	77	13.90	22-08	csf	

W35 - 200 m			RC : 27.44		
1 Guillet Laurence	80	27.55	18-04	ws	
2 Nkumu Bakuba Nancy	77	28.51	18-04	ws	

W35 - 300 m			RC : 45.36		
1 Guillet Laurence	80	44.04	14-07	asvo	

W35 - 400 m			RC : 62.44		
1 Nkuma Bakuba Nancy	77	63.22	14-08	FRA	

W35 - 800 m			RC : 2.14.21		
1 Nkuma Bakuba Nancy	77	2.29.34	14-06	A	

W35 - 100 m haies (84 cm)			RC : 19.81		
1 Guillet Laurence	80	14.94	15-08	FRA	

W35 - 400 m haies (76 cm)			RC : 84.41		
1 Guillet Laurence	80	68.71	13-06	dein	

W35 - Hauteur			RC : 1m42		
1 Bonvin Draps Nathalie	80	1m20	07-06	rcas	

W35 - Longueur			RC : 5m26		
1 Guillet Laurence	80	5m05	03-05	resc	
2 Adam Benedicte	78	4m91	13-06	dein	
3 Nkumu Bakuba Nancy	77	4m12	13-06	dein	

W35 - Triple saut			RC : -		
1 Adam Benedicte	78	7m81	18-04	ws	

W35 - Perche			RC : -		
1 Reynaerts Stephanie	80	1m59	27-09	rcas	

W35 - Poids (4 kg)			RC : 10m50		
1 Adam Benedicte	78	10m76	16-05	smac	
2 Reynaerts Stephanie	80	9m38	03-10	rct	
3 Guillet Laurence	80	8m16	25-05	ws	
4 Bonvin Draps Nathalie	80	7m35	25-05	ws	

W35 - Disque (1 kg)			RC : 29m85		
1 Reynaerts Stephanie	80	31m62	03-10	rct	
2 Adam Benedicte	78	29m33	18-04	ws	

W35 - Javelot (600 gr)			RC : 25m00		
1 Adam Benedicte	78	28m66	09-05	usbw	
2 Reynaerts Stephanie	80	28m20	31-10	rcas	

W35 - Marteau (4 kg)			RC : 22m25		
1 Reynaerts Stephanie	80	28m58	03-10	rct	
2 Adam Benedicte	78	24m19	03-10	rct	

W35 - Grand poids (9,08 kg)			RC : -		
1 Reynaerts Stephanie	80	9m10	03-10	rct	
2 Adam Benedicte	78	8m80	03-10	rct	



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2015

W35 - Pentathlon de lancers			RC : -		
1	Reynaerts Stephanie	80	2223 p	03-10	rct
2	Adam Benedicte	78	2137 p	03-10	rct
W35 - 4 x 100 m			RC : 56.38		
Boonaert, Cardenas Ojito, Nkumu Bakuba, Guillet			53.26	30-08	resc
W35 - 4 x 200 m			RC : -		
Boonaert, Cardenas Ojito, Nkumu Bakuba, Guillet			1.53.15	30-08	resc
W35 - 4 x 400 m			RC : -		
Guillet, Cardenas, Debaillie, Nkumu Bakuba			4.42.09	18-04	ws
W35 - 4 x 800 m			RC : 10.51.30		
Nkumu Bakuba, Covens, Cardoso Da Rocha, Cardenas Ojito			11.30.82	20-09	riem
W35 - Ekiden			RC : 3h40.52		
Nkumu Bakuba, Covens, Cardenas Ojito, Cardoso Da Rocha, Boonaert, Dujardin			3h37.59	17-10	bxl

MASTERS FEMMES 40

W40 - 100 m			RC : 14.09		
1	Cardenas Ojito Janet	73	14.14	18-04	ws
2	Nkandali Nkazabwa Marie	72	19.60	07-06	rcas
W40 - 200 m			RC : 28.93		
1	Cardenas Ojito Janet	73	29.73	04-08	FRA
W40 - 300 m			RC : 46.10		
1	Cardenas Ojito Janet	73	47.11	11-07	dacm
W40 - 400 m			RC : 62.09		
1	Cardenas Ojito Janet	73	64.75	22-08	csf
2	Dujardin Sylvie	75	84.69	07-06	rcas
W40 - 800 m			RC : 2.24.29		
1	Cardenas Ojito Janet	73	2.31.16	09-05	usbw
2	Debaillie Isabelle	74	2.54.37	03-05	resc
3	Lange Tramonni Claudia	72	3.01.60	07-06	rcas
W40 - 1500 m			RC : 4.48.11		
1	Debaillie Isabelle	74	6.16.60	18-04	ws
W40 - 3000 m			RC : 10.34.47		
1	Nkandali Nkazabwa Marie	72	16.09.74	18-04	ws
W40 - 80 m haies (76 cm)			RC : 16.00		
1	Cardenas Ojito Janet	73	17.20	26-06	rcas
W40 - Hauteur			RC : 1m35		
1	Cardenas Ojito Janet	73	1m36	26-09	rcas
2	Lange Tramonni Claudia	72	1m20	07-06	rcas
W40 - Longueur			RC : 4m96		
1	Cardenas Ojito Janet	73	3m80	05-08	FRA
2	Nkandali Nkazabwa Marie	72	2m11	07-06	rcas
W40 - Poids (4 kg)			RC : 7m52		
1	Cardenas Ojito Janet	73	7m53	26-09	rcas
2	Debaillie Isabelle	74	7m52	06-09	rcas
3	De Buyst Nadia	73	7m23	18-04	ws
4	Milants Marilyn	74	4m82	07-06	rcas
W40 - Disque (1 kg)			RC : 26m81		
1	De Buyst Nadia	73	25m53	19-09	csf
2	Debaillie Isabelle	74	18m24	31-10	rcas



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2015

W40 - Javelot (600 gr)		RC : 22m33			
1	Cardenas Ojito Janet	73	20m22	04-08	FRA
2	De Buyst Nadia	73	18m12	18-04	ws
3	Debaillie Isabelle	74	18m03	03-05	resc
4	Milants Marilyn	74	9m38	07-06	rcas

W40 - Pentathlon		RC : -			
1	Cardenas Ojito Janet	73	2397 p	26-09	rcas

W40 - Heptathlon		RC : 3572 p			
1	Cardenas Ojito Janet	73	3029 p	07-08	FRA

MASTERS FEMMES 45

W45 - 800 m		RC : 2.46.99			
1	Covens Benedicte	67	3.03.25	03-05	resc

W45 - Mile		RC : 6.05.94			
1	Covens Benedicte	67	6.05.79	03-10	resc

W45 - 3000 m		RC : 11.54.98			
1	Covens Benedicte	67	12.20.00	07-06	rcas

W45 - Marathon		RC : -			
1	Covens Benedicte	67	3h20.03	11-10	NED

MASTERS FEMMES 50

W50 - 100 m		RC : 14.24			
1	Boonaert Caroline	64	14.16	14-06	dein

W50 - 200 m		RC : 29.97			
1	Boonaert Caroline	64	29.98	14-06	dein

W50 - 3000 m		RC : 14.08.13			
1	Cardoso Da Rocha Maria	64	14.38.54	07-06	rcas

W50 - Disque (1 kg)		RC : 24m49			
1	Cardoso Da Rocha Maria Joao	64	12m58	07-06	rcas

BENJAMINS GARÇONS (2007 - 2006)

BEN - 60 m		RC : 9.17			
1	Theys Norick	06	9.78	26-09	cabw
2	Tshanga Diumba John Ross	07	10.13	03-10	resc
3	Dakir Anis	06	10.22	03-10	resc
4	Huyghe Gauthier	07	10.50	03-05	resc
5	Verriez Ludovic	06	10.51	09-10	csf
6	Maaroufi Elias	07	10.52	09-10	csf
7	Purusi Arno	07	10.60	03-05	resc
8	Therssen Adrien	06	10.87	05-04	resc
9	Elangesa Auguste	06	11.92	03-05	resc

BEN - 600 m		RC : 1.58.56			
1	Dakir Anis	06	2.09.74	10-04	csf
2	Theys Norick	06	2.10.28	05-07	resc
3	Huyghe Gauthier	07	2.10.56	18-10	ws
4	Tshanga Diumba John Ross	07	2.14.22	25-05	ws
5	Verriez Ludovic	06	2.16.31	20-06	rcb
6	Purusi Arno	07	2.22.01	03-05	resc
7	Elangesa Auguste	06	2.45.10	03-05	resc

BEN - Hauteur		RC : 1m25			
1	Theys Norick	06	1m05	08-08	resc
2	Tshanga Diumba John Ross	07	1m00	08-08	resc
3	Huyghe Gauthier	07	0m95	08-08	resc



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BEN - Longueur		RC : 4m19			
1	Theys Norick	06	3m31	29-08	spi
2	Huyghe Gauthier	07	3m07	05-09	dac
3	Tshanga Diumba John Ross	07	2m99	12-07	oeh
4	Verriez Ludovic	06	2m94	08-08	macw
5	Dakir Anis	06	2m73	27-09	rcas

BEN - Poids (1 kg)		RC : 11m68			
1	Theys Norick	06	8m04	08-08	resc
2	Huyghe Gauthier	07	7m03	19-09	csf
3	Tshanga Diumba John Ross	07	5m94	05-04	resc
4	Verriez Ludovic	06	4m01	18-10	ws
5	Dakir Anis	06	3m46	05-04	resc

BEN - Balle de hockey		RC : 40m13			
1	Theys Norick	06	31m15	03-10	resc
2	Huyghe Gauthier	07	28m95	03-10	resc
3	Tshanga Diumba John Ross	07	19m45	10-04	csf
4	Dakir Anis	06	16m00	03-10	resc
5	Verriez Ludovic	06	15m25	03-10	resc

BEN - Tetrathlon		RC : 2099 p			
1	Theys Norick	06	1190 p	05-09	dac
2	Huyghe Gauthier	07	1135 p	18-10	ws
3	Tshanga Diumba John Ross	07	959 p	05-04	resc
4	Dakir Anis	06	868 p	05-04	resc
5	Verriez Ludovic	06	807 p	18-10	ws

BEN - 4 x 60 m		RC : 37.27			
Verriez, Huyghe, Tshanga Diumba, Chekem			40.68	12-07	oeh

PUPILLES GARÇONS (2005 - 2004)

PUP - 60 m		RC : 8.42			
1	Englebert Timothee	04	9.02	03-10	resc
2	Gruson Augustin	04	9.36	09-10	resc
3	Arifi Ilias	04	9.39	18-10	ws
4	Purusi Arthur	04	9.40	03-05	resc
5	Ivens Filip	04	9.50	03-10	resc
6	Derome Julien	04	9.52	05-04	resc
7	Sibourg Valentin	04	9.72	04-10	caf
8	Kamara Sanael	04	9.80	31-05	dacm
9	Smitckov Vlado	04	9.84	10-04	csf
10	Arifi Reda	04	9.85	10-04	csf
11	Boukria Jawad	05	9.94	05-04	resc
12	Harroud Ayman	05	10.03	10-10	rcb
13	Van Elsuwe Alexis	04	10.23	03-05	resc
14	Dubois Manoe	04	10.42	03-10	resc
15	Saadi Mohamed	05	10.83	03-10	resc
16	Elengesa Gaspard	04	11.10	03-05	resc
17	Karoun Adam	05	11.16	05-04	resc
18	Rivero Agra Mateo	05	11.48	03-05	resc
19	Rawski Vladimir	05	12.02	03-05	resc

PUP - 1000 m		RC : 3.14.18			
1	Kamara Sanael	04	3.18.23	06-06	csf
2	Arifi Reda	04	3.23.20	01-05	csf
3	Englebert Timothee	04	3.30.73	20-06	rcb
4	Van Elsuwe Alexis	04	3.32.45	01-05	csf
5	Derome Julien	04	3.33.69	27-09	rcas
6	Maaroufi Ayoub	05	3.34.64	03-05	resc
7	Arifi Ilias	04	3.35.66	05-07	resc
8	Gruson Augustin	04	3.43.03	05-04	resc
9	Sibourg Valentin	04	3.45.60	06-06	csf
10	Ivens Filip	04	3.50.29	31-05	dacm
11	Purusi Arthur	04	3.51.95	03-05	resc
12	Boukria Jawad	05	3.54.62	18-10	ws
13	Smitckov Vlado	04	4.10.46	10-04	csf
14	Elengesa Gaspard	04	4.26.82	03-05	resc
15	Karoun Adam	05	4.30.50	05-04	resc
16	Harroud Ayman	05	4.38.88	05-04	resc



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17 Rivero Agra Mateo 05 4.51.80 03-05 resc

PUP - 60 m haies (76 cm)

RC : 10.24

1	Englebert Timothee	04	12.06	20-06	rcb
2	Ivens Filip	04	13.54	03-05	resc
3	Derome Julien	04	13.56	03-05	resc
4	Gruson Augustin	04	13.66	03-05	resc
5	Purusi Arthur	04	13.77	03-05	resc
	Sibourg Valentin	04	13.77	03-05	resc
7	Arifi Ilias	04	14.01	03-05	resc
8	Boukria Jawad	05	14.22	06-09	rcas
9	Elengesa Gaspard	04	15.10	03-05	resc

PUP - Hauteur

RC : 1m49

1	Englebert Timothee	04	1m38	03-10	resc
2	Derome Julien	04	1m23	03-10	resc
	Gruson Augustin	04	1m23	03-10	resc
4	Sibourg Valentin	04	1m20	09-08	csf
5	Harroud Ayman	05	1m16	10-10	rcb
6	Ivens Filip	04	1m10	03-10	resc
7	Kamara Sanael	04	1m07	05-04	resc
8	Arifi Ilias	04	1m05	05-04	resc
	Boukria Jawad	05	1m05	03-10	resc
	Dubois Manoe	04	1m05	03-10	resc
	Van Elsuwe Alexis	04	1m05	03-10	resc
12	Arifi Reda	05	1m00	03-10	resc
13	Karoun Adam	05	0m95	05-04	resc

PUP - Longueur

RC : 4m75

1	Arifi Ilias	04	3m71	08-08	resc
2	Derome Julien	04	3m67	08-08	resc
3	Englebert Timothee	04	3m65	31-05	dacm
4	Kamara Sanael	04	3m56	31-05	dacm
5	Sibourg Valentin	04	3m48	08-08	resc
6	Ivens Filip	04	3m47	31-05	dacm
7	Arifi Reda	05	3m24	25-05	ws
9	Van Elsuwe Alexis	04	3m17	27-09	rcas
8	Harroud Ayman	05	3m16	06-06	csf
10	Boukria Jawad	05	3m01	08-08	resc

PUP - Poids (2 kg)

RC : 11m71

1	Englebert Timothee	04	9m94	19-09	csf
2	Kamara Sanael	04	7m95	12-07	oeh
3	Arifi Ilias	04	7m09	09-10	csf
4	Gruson Augustin	04	6m24	09-10	csf
5	Van Elsuwe Alexis	04	6m20	31-10	rcas
6	Ivens Filip	04	6m09	31-05	dacm
7	Arifi Reda	04	6m02	05-04	resc
8	Karoun Adam	05	6m00	05-04	resc
9	Derome Julien	04	5m93	31-05	dacm
10	Sibourg Valentin	04	5m78	05-09	dac
11	Harroud Ayman	05	5m53	05-04	resc
12	Boukria Jawad	05	4m85	05-04	resc

PUP - Disque (600 gr)

RC : 31m14

1	Englebert Timothee	04	26m01	31-10	rcas
2	Van Elsuwe Alexis	04	17m55	31-10	rcas
3	Kamara Sanael	04	15m48	03-07	oeh
4	Sibourg Valentin	04	14m43	19-09	csf

PUP - Balle de hockey

RC : 46m50

1	Sibourg Valentin	04	37m17	19-04	smac
2	Arifi Reda	05	37m07	18-10	ws
3	Beth Kinne Dilmon	04	36m98	18-10	ws
	Englebert Timothee	04	36m98	18-10	ws
5	Kamara Sanael	04	32m28	18-10	ws
6	Arifi Ilias	04	30m18	18-10	ws
7	Boukria Jawad	05	26m44	18-10	ws
8	Derome Julien	04	25m47	08-08	resc
9	Ivens Filip	04	25m26	25-10	rsca
10	Harroud Ayman	05	24m45	10-10	rcb



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11	Van Elsuwe Alexis	04	24m35	19-09	csf
12	Purusi Arthur	04	23m73	03-05	resc
13	Gruson Augustin	04	23m60	03-05	resc
14	Rivero Agra Mateo	05	16m49	03-05	resc
15	Rawski Valdimir	05	15m65	03-05	resc
16	Elengesa Gaspard	04	11m67	03-05	resc

PUP - Tetrathlon

RC : 2516 p

1	Englebert Timothee	04	1792 p	27-09	rcas
2	Kamara Sanael	04	1762 p	31-05	dacm
3	Arifi Reda	04	1599 p	18-10	ws
4	Derome Julien	04	1520 p	31-05	dacm
5	Ivens Filip	04	1498 p	31-05	dacm
6	Arifi Ilias	04	1488 p	18-10	ws
	Sibourg Valentin	04	1488 p	19-04	smac
8	Van Elsuwe Alexis	04	1285 p	27-09	rcas
9	Gruson Augustin	04	1270 p	05-04	resc
10	Boukria Jawad	05	1163 p	18-10	ws
11	Harroud Ayman	05	1054 p	05-04	resc
12	Karoun Adam	05	848 p	05-04	resc

PUP - 4 x 60 m

RC : 33.25

Sibourg, Kamara, Arifi, Englebert	36.68	30-08	resc
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MINIMES GARÇONS (2003 - 2002)

MIN - 50 m

RC : 6.66

1	Doudouhi Reda	02	6.95	04-10	FRA
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MIN - 80 m

RC : 9.66

1	Doudouhi Reda	02	10.53	05-04	resc
2	Medan Marko	03	10.84	19-07	vmol
3	Beyaert Corentin	02	11.36	06-09	rcas
4	Chekem Ramses	03	11.46	18-10	ws
5	Wilhelmsson Malte	02	11.49	26-06	ws
6	Le Mouillour Nathan	02	11.58	05-04	resc
7	Liessens Dujardin Milan	02	11.59	03-10	resc
8	D'Hautcourt Martin	02	11.60	03-10	resc
9	Iazzag Nathan	02	11.72	31-05	dacm
10	Demagnet Lounis	03	11.76	18-10	ws
11	Theys Nicolas	02	11.82	25-05	csdy
12	Lafnachi Reda	02	12.08	10-04	csf
13	Codutti Axel	03	12.19	10-10	rcb
14	Taghret Badr	03	12.38	13-06	rcas
15	Vanbellighen Sebastien	03	12.48	03-10	resc
16	Montilla Alexis	02	12.58	05-04	resc
17	Gruson Baptiste	02	12.59	03-10	resc
18	Dakir Adnan	02	12.64	03-10	resc
19	De Tollenaere Tom	03	12.66	18-10	ws
20	Laruelle Gauthier	02	12.78	03-10	resc
21	Hufty Dorian	02	12.82	05-04	resc
22	Balcaen Max	02	13.01	31-05	dacm
23	Talha Zakaria	03	13.07	05-04	resc
24	Deblauwe Rodrigue	03	13.13	03-10	resc
25	Boukria Ayoub	02	13.36	10-04	csf
26	Kassianoff Yvan	03	13.38	31-05	dacm
27	Fehli Hamza	02	13.59	05-04	resc
28	Kose Ilhan	03	13.60	05-04	resc
29	Verkoyen Jean Baptiste	03	14.29	03-10	resc

MIN - 150 m

RC : 18.43

1	Doudouhi Reda	02	19.77	25-05	ws
2	Medan Marko	03	20.43	04-10	FRA
3	Emmrechts Robin	02	20.80	25-05	ws
4	Iazzag Nathan	02	21.73	03-05	resc
5	Chekem Ramses	02	21.76	25-05	ws
6	Liessens Dujardin Milan	02	21.84	25-05	ws
7	Beyaert Corentin	02	22.02	25-05	ws
8	Demagnet Lounis	03	22.06	03-05	resc
9	Wilhelmsson Malte	02	22.28	25-05	ws
10	Lafnachi Reda	02	22.42	03-05	resc



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11	Theys Nicolas	02	22.62	03-05	resc
12	Codutti Axel	03	23.10	03-05	resc
13	Montilla Alexis	02	23.41	03-05	resc
14	Gruson Baptiste	02	23.79	03-05	resc
15	Taghret Badr	03	23.88	23-04	rcb
16	Balcaen Max	02	23.89	25-05	ws
17	Cambolor Esteban	03	23.98	03-05	resc
18	De Tollenaere Tom	03	24.06	25-05	ws
19	Fehli Hamza	02	26.06	09-10	csfc

MIN - 300 m

RC : 40.86

1	Beyaert Corentin	02	43.85	10-10	rcb
2	Chekem Ramses	03	47.09	12-07	oeh
3	Liessens Dujardin Milan	02	47.36	10-10	rcb
4	Demagnet Lounis	03	47.69	26-09	cabw
5	Lafnachi Reda	02	47.87	12-07	oeh
6	Codutti Axel	03	50.87	10-10	rcb
7	Taghret Badr	03	52.27	10-10	rcb
8	Kassianoff Yvan	03	59.27	09-08	csf

MIN - 1000 m

RC : 3.01.77

1	Beyaert Corentin	02	3.06.58	27-09	rcas
2	Lafnachi Reda	02	3.10.17	05-07	resc
3	Demagnet Lounis	03	3.16.29	25-10	rsca
4	Iazzag Nathan	02	3.21.12	03-05	resc
5	Chekem Ramses	03	3.21.82	22-07	dac
6	Dakir Adnan	02	3.25.72	05-04	resc
7	Huffy Dorian	02	3.27.83	05-04	resc
8	Liessens Dujardin Milan	02	3.27.87	27-09	rcas
9	Taghret Badr	03	3.28.60	25-05	ws
10	Montilla Alexis	02	3.30.92	31-05	dacm
11	Doudouhi Reda	02	3.31.60	05-04	resc
12	Mullender Sebastien	02	3.33.24	03-05	resc
13	Cambolor Esteban	03	3.34.56	25-05	ws
14	Theys Nicolas	02	3.36.30	06-06	csf
15	Wilhelmsson Malte	02	3.38.00	06-06	csf
16	Medan Marko	03	3.38.13	18-10	ws
17	D'Hautcourt Martin	02	3.43.01	05-04	resc
18	Talha Zakaria	03	3.43.33	05-04	resc
19	Emmereichs Robin	02	3.43.64	03-05	resc
20	Balcaen Max	02	3.44.61	25-05	ws
21	Codutti Axel	03	3.45.86	25-05	ws
22	De Tollenaere Tom	03	3.46.84	25-05	ws
23	Le Mouillour Nathan	02	3.55.02	05-04	resc
24	Kassianoff Yvan	03	3.57.84	31-05	dacm
25	Vanbellinghen Sebastien	03	4.14.02	06-06	csf
26	Verkoyen Jean Baptiste	03	4.20.06	05-04	resc
27	Boukria Ayoub	02	4.22.25	05-04	resc
28	Fehli Hamza	02	4.36.16	05-04	resc

MIN - 80 m haies (84 cm)

RC : 12.00

1	Beyaert Corentin	02	14.23	27-09	rcas
2	Demagnet Lounis	03	15.62	27-09	rcas
3	Chekem Ramses	03	16.44	12-07	oeh
4	Taghret Badr	03	16.64	27-09	rcas
5	De Tollenaere Tom	03	16.67	27-09	rcas
6	Lafnachi Reda	02	17.48	27-09	rcas
7	Liessens Dujardin Milan	02	17.62	27-09	rcas
8	Montilla Alexis	02	17.71	03-05	resc
9	Gruson Baptiste	02	18.35	03-05	resc
10	Fehli Hamza	02	24.54	03-05	resc

MIN - 150 m haies (76 cm)

RC : 20.54

1	Beyaert Corentin	02	21.76	18-10	csf
2	Iazzag Nathan	02	23.76	03-10	resc
3	Demagnet Lounis	03	23.90	25-10	rsca
4	Chekem Ramses	03	24.42	25-10	rsca
5	Liessens Dujardin Milan	02	24.52	25-10	rsca
6	Taghret Badr	03	25.24	28-06	usbw
7	De Tollenaere Tom	03	25.53	03-10	resc
8	Laruelle Gauthier	02	25.75	03-10	resc
9	Dakir Adnan	03	25.98	03-10	resc



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10	Theys Nicolas	02	26.02	01-05	resc
11	Deblauwe Rodrigue	03	27.09	03-10	resc
12	Doudouhi Reda	02	29.35	01-05	resc

MIN - Hauteur

RC : 1m68

1	Demagnet Lounis	02	1m36	18-10	ws
	Taghret Badr	03	1m36	04-10	FRA
3	Montilla Alexis	02	1m35	01-05	csf
4	Iazzag Nathan	02	1m31	10-10	rcb
5	Chekem Ramses	03	1m30	18-10	ws
6	D'Hautcourt Martin	02	1m28	31-05	dacm
	Medan Marko	03	1m28	31-05	dacm
	Theys Nicolas	02	1m28	31-05	dacm
9	Beyaert Corentin	02	1m26	10-10	rcb
10	Wilhelmsson Malte	02	1m22	31-05	dacm
11	De Tollenaere Tom	03	1m15	18-10	ws
	Doudouhi Reda	02	1m15	05-04	resc
	Liessens Dujardin Milan	02	1m15	05-04	resc
14	Balcaen Max	02	1m13	31-05	dacm
	Lafnachi Reda	02	1m13	31-05	dacm
16	Dakir Adnan	02	1m09	05-04	resc
	Le Mouillour Nathan	02	1m09	05-04	resc
	Talha Zakaria	03	1m09	05-04	resc
	Kassianoff Yvan	03	1m07	31-05	dacm
20	Codutti Axel	03	1m03	05-04	resc
21	Boukria Ayoub	02	1m00	05-04	resc
	Fehli Hamza	02	1m00	05-04	resc
	Kose Ilhan	03	1m00	05-04	resc
24	Van Bellinghen Sebastien	03	0m98	31-05	dacm

MIN - Longueur

RC : 5m73

1	Medan Marko	03	4m48	18-10	ws
2	Beyaert Corentin	02	4m37	06-09	rcas
3	Theys Nicolas	02	4m19	08-08	resc
4	De Tollenaere Tom	03	4m15	08-08	resc
5	Chekem Ramses	03	4m11	18-10	ws
6	Liessens Dujardin Milan	02	4m07	27-09	rcas
7	Doudouhi Reda	02	4m03	03-05	resc
8	Demagnet Lounis	03	4m02	27-09	rcas
9	Iazzag Nathan	02	4m00	08-08	resc
10	Emmerechts Robin	02	3m95	03-05	resc
11	Taghret Badr	03	3m92	06-06	csf
12	Mullender Sebastien	02	3m90	03-05	resc
	Wilhelmsson Malte	02	3m85	06-09	rcas
14	Boukria Ayoub	02	3m74	08-08	resc
15	Codutti Axel	03	3m73	08-08	resc
16	Montilla Alexis	02	3m60	25-05	ws
17	Dakir Adnan	02	3m49	10-04	csf
18	Lafnachi Reda	02	3m48	12-07	oehc
19	Cambolor Esteban	03	3m38	03-05	resc
20	Fehli Hamza	02	3m32	03-05	resc
21	Gruson Baptiste	02	3m17	03-05	resc
22	Balcaen Max	02	3m10	25-05	ws
23	Van Bellinghen Sebastien	03	2m74	06-06	csf

MIN - Perche

RC : 3m21

1	Beyaert Corentin	02	2m12	03-10	resc
2	De Tollenaere Tom	03	1m72	03-10	resc

MIN - Poids (3 kg)

RC : 14m71

1	Beyaert Corentin	02	9m39	25-10	rsca
2	Chekem Ramses	03	9m33	25-10	rsca
3	Montilla Alexis	02	8m97	31-10	rcas
4	Doudouhi Reda	02	7m77	01-05	csf
5	De Tollenaere Tom	03	7m57	27-09	rcas
6	Theys Nicolas	02	7m31	20-06	rcb
7	Lafnachi Reda	02	7m11	27-09	rcas
8	Taghret Badr	03	7m09	31-10	rcas
9	Medan Marko	03	6m82	18-10	ws
10	Boukria Ayoub	02	6m42	05-04	resc
11	Demagnet Lounis	03	6m40	27-09	rcas
12	Wilhelmsson Malte	02	6m33	26-06	ws



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13	Iazzag Nathan	02	6m29	26-06	ws
14	D'Hautcourt Martin	02	6m23	31-05	dacm
15	Liessens Dujardin Milan	02	6m17	25-10	rsca
16	Dakir Adnan	02	5m64	05-04	resc
17	Vanbellinghen Sebastien	03	5m63	31-05	dacm
18	Balcaen Max	02	5m62	19-09	csf
19	Fehli Hamza	02	5m60	09-10	csf
20	Le Mouillour Nathan	02	5m51	05-04	resc
21	Codutti Axel	03	5m35	05-04	resc
22	Talha Zakaria	03	4m71	05-04	resc
23	Verkoyen Jean Baptiste	03	3m84	05-04	resc
24	Kassianoff Yvan	03	3m70	31-05	dacm

MIN - Disque (750 gr)

RC : 45m01

1	Montilla Alexis	02	26m01	31-10	rcas
2	Theys Nicolas	02	23m36	29-08	spvi
3	Taghret Badr	03	23m21	10-10	rcb
4	Liessens Dujardin Milan	02	18m55	10-10	rcb
5	Beyaert Corentin	02	15m52	10-10	rcb
6	Balcaen Max	02	15m07	19-09	csf
7	Iazzag Nathan	02	14m13	10-10	rcb
8	Demagnet Lounis	03	13m73	10-10	rcb
9	Medan Marko	03	12m63	10-10	rcb
10	Codutti Axel	03	10m82	10-10	rcb

MIN - Javelot (400 gr)

RC : 45m91

1	Beyaert Corentin	02	29m75	03-10	resc
2	Montilla Alexis	02	27m09	03-10	resc
3	Medan Marko	03	26m96	31-05	dacm
4	Taghret Badr	03	25m80	27-09	rcas
5	Iazzag Nathan	02	25m41	08-08	resc
6	D'Hautcourt Martin	02	24m58	05-04	resc
7	De Tollenaere Tom	03	24m11	27-09	rcas
8	Theys Nicolas	02	22m91	03-10	resc
9	Gruson Baptiste	02	20m46	03-10	resc
10	Balcaen Max	02	19m15	31-05	dacm
11	Liessens Dujardin Milan	02	18m51	03-10	resc
12	Deblauwe Rodrigue	03	18m24	03-10	resc
13	Codutti Axel	03	16m67	05-04	resc
14	Lafnachi Reda	02	16m59	05-04	resc
15	Boukria Ayoub	02	16m45	08-08	resc
16	Demagnet Lounis	03	15m95	03-10	resc
17	Vanbellinghen Sebastien	03	15m80	03-10	resc
18	Dakir Adnan	02	15m71	03-10	resc
19	Laruelle Gauthier	02	15m60	03-10	resc
20	Wilhelmsson Malte	02	13m64	06-06	csf
21	Kose Ilhan	03	12m91	05-04	resc
22	Doudouhi Reda	02	12m31	05-04	resc
23	Le Mouillour Nathan	02	11m85	05-04	resc
24	Hufy Dorian	02	10m03	05-04	resc
25	Talha Zakaria	03	9m33	05-04	resc
26	Kassianoff Yvan	03	8m67	31-05	dacm
27	Verkoyen Jean Baptiste	03	7m52	05-04	resc
28	Fehli Hamza	02	7m22	08-08	resc

MIN - Pentathlon

RC : 4135 p

1	Beyaert Corentin	02	2894 p	27-09	rcas
2	Chekem Ramses	03	2603 p	18-10	ws
3	Medan Marko	03	2540 p	18-10	ws
4	Iazzag Nathan	02	2416 p	31-05	dacm
5	Demagnet Lounis	03	2388 p	18-10	ws
6	Montilla Alexis	02	2345 p	31-05	dacm
7	Doudouhi Reda	02	2311 p	05-04	resc
8	D'Hautcourt Martin	02	2146 p	05-04	resc
9	Theys Nicolas	02	2045 p	31-05	dacm
10	Taghret Badr	03	2029 p	27-09	rcas
11	Lafnachi Reda	02	1951 p	05-04	resc
12	Liessens Dujardin Milan	02	1873 p	27-09	rcas
13	De Tollenaere Tom	03	1860 p	18-10	ws
14	Dakir Adnan	02	1776 p	05-04	resc
15	Wilhelmsson Malte	02	1724 p	31-05	dacm
16	Le Mouillour Nathan	02	1718 p	05-04	resc



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17	Balcaen Max	02	1601 p	31-05	dacm
18	Codutti Axel	03	1577 p	05-04	resc
19	Talha Zakaria	03	1428 p	05-04	resc
20	Vanbellinghen Sebastien	03	1196 p	06-06	csf
21	Boukria Ayoub	02	1186 p	05-04	resc
22	Kassianoff yvan	03	1176 p	31-05	dacm
23	Hufty Dorian	02	1148 p	05-04	resc
24	Fehli Hamza	02	637 p	05-04	resc
25	Verkoyen Jean Baptiste	03	624 p	05-04	resc

MIN - 4 x 80 m	RC : 41.08
Beyaert, Iazzag, Medan, Doudouhi	41.37 26-09 cabw

CADETS GARÇONS (2001 - 2000)

CAD - 50 m	RC : 6.66
1 Taiwo Eniola	00 6.26 04-10 FRA

CAD - 100 m	RC : 11.31
1 Kasmi Amine	00 11.52 06-09 jsmc
2 Taiwo Eniola	00 11.59 23-05 hf
3 Salverius Mehdi	00 12.39 23-05 hf
4 Madoughri Sabri	01 13.00 20-06 rcb
5 Gharroudi Souleymane	01 13.27 26-09 rcas
6 Baltas Alexandre	00 13.90 02-05 herv
7 Sleewaegen Jerome	01 14.08 10-04 csf
8 Badji Toumane	01 14.27 26-09 rcas
9 Teklal Liam	01 14.52 10-04 csf
10 Huyghe Xavier	01 15.03 11-07 dacm

CAD - 200 m	RC : 23.14
1 Kasmi Amine	00 23.77 06-09 jsmc
2 Salverius Mehdi	00 25.37 25-05 ws
3 Gharroudi Souleymane	01 27.02 03-10 resc

CAD - 300 m	RC : 36.86
1 Madoughri Sabri	01 44.29 23-04 rcb

CAD - 400 m	RC : 52.24
1 Madoughri Sabri	01 56.38 02-05 herv
2 Bonte Louis	01 70.24 18-04 ws

CAD - 800 m	RC : 1.59.30
1 Tabbakh Yassine	00 2.09.12 02-05 herv
2 Gharroudi Souleymane	01 2.15.84 23-05 hf

CAD - 1000 m	RC : 2.43.18
1 Tabbakh Yassine	00 3.00.09 04-10 FRA
2 Gharroudi Souleymane	01 3.03.07 27-09 rcas
3 Badji Toumane	01 3.41.25 27-09 rcas

CAD - 1500 m	RC : 4.10.90
1 Teklal Liam	01 5.19.11 02-05 herv
2 Gharroudi Souleymane	01 5.26.78 18-04 ws
3 Delarge Mathieu	00 5.42.56 18-04 ws

CAD - Mile	RC : 5.22.67
1 Gharroudi Souleymane	01 5.25.21 03-10 resc

CAD - 100 m haies (91 cm)	RC : 14.02
1 Sleewaegen Jerome	01 18.81 02-05 herv
2 Badji Toumane	01 19.90 27-09 rcas
3 Gharroudi Souleymane	01 20.70 27-09 rcas
4 Teklal Liam	01 21.75 18-04 ws

CAD - 300 m haies (76 cm)	RC : 40.07
1 Sleewaegen Jerome	01 49.51 23-05 hf
2 Badji Toumane	01 51.27 18-04 ws



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CAD - Hauteur		RC : 1m91			
1	Gharroudi Souleymane	01	1m45	02-05	herv
2	Moens Cyprien	00	1m44	04-10	FRA
3	Badji Toumane	01	1m40	03-10	resc
	Sleewaegen Jerome	01	1m40	03-10	resc
5	Teklal Liam	01	1m30	18-04	ws
6	Huyghe Xavier	01	1m25	11-07	dacm
CAD - Longueur		RC : 6m70			
1	Taiwo Eniola	00	5m51	04-10	FRA
2	Badji Toumane	01	4m55	26-09	rcas
3	Gharroudi Souleymane	01	4m45	26-09	rcas
4	Huyghe Xavier	01	4m05	03-10	resc
CAD - Triple saut		RC : 13m52			
1	Kasmi Amine	00	11m09	02-05	herv
CAD - Perche		RC : 3m76			
1	Moens Cyprien	00	2m90	02-05	herv
2	Badji Toumane	01	2m40	18-04	ws
3	Sleewaegen Jerome	01	2m20	18-04	ws
CAD - Poids (4 kg)		RC : 14m42			
1	Baltas Alexandre	00	8m73	18-04	ws
2	Deweever Noe	01	8m47	02-05	herv
3	Gharroudi Souleymane	01	7m82	26-09	rcas
4	Badji Toumane	01	6m43	26-09	rcas
5	Huyghe Xavier	01	6m02	25-10	rsca
CAD - Disque (1 kg)		RC :			
1	Baltas Alexandre	00	19m55	18-04	ws
2	Huyghe Xavier	01	18m28	31-10	rcas
CAD - Javelot (600 gr)		RC : 44m54			
1	Moens Cyprien	00	27m55	02-05	herv
2	Gharroudi Souleymane	01	22m21	27-09	rcas
3	Huyghe Xavier	01	21m71	31-10	rcas
4	Badji Toumane	01	19m37	27-09	rcas
5	Teklal Liam	01	18m08	18-04	ws
CAD - Marteau (4 kg)		RC : 46m37			
1	Gharroudi Souleymane	01	12m70	02-05	herv
CAD - Octathlon		RC : 5037 p			
1	Gharroudi Souleymane	01	2425 p	27-09	rcas
2	Badji Toumane	01	2067 p	27-09	rcas
CAD - 3000 m marche		RC : 20.33.20			
1	Bonte Louis	01	22.18.39	02-05	herv
CAD - 4 x 100 m		RC : 44.36			
Gharroudi, Kasmi, Taiwo, Salverius			47.28	02-05	herv
CAD - 4 x 800 m		RC : 8.43.82			
Gharroudi, Delarge, Teklal, Tabbakh			10.03.06	30-08	resc

SCOLAIRES HOMMES (1999 - 1998)

SCO - 100 m		RC : 10.83			
1	Okeowo Peredjo	99	11.58	22-08	csf
2	Nkiere Danfuname Rene	99	11.82	31-05	usbw
3	Zaanani Soufian	98	11.98	02-05	herv
4	Kanfouh Mohamed	98	12.10	10-04	csf
5	Bouffioux Guylian	98	12.33	22-08	csf
	Vardar Alec	99	12.33	02-05	herv
7	De Ro Nicolas	99	12.50	13-06	csf
8	Ramiandrisoa Raphael	99	12.52	03-10	resc
9	Chergui Moushine	99	12.65	10-04	csf
10	Englebert Hadrien	99	12.84	03-10	resc



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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SCO - 200 m		RC : 22.02			
1	Nkiere Danfuname Rene	99	23.48	03-10	resc
2	Zaanani Soufian	98	24.39	02-05	herv
3	Assina Kevin	98	24.40	20-06	rcb
4	De Ro Nicolas	99	25.97	20-06	rcb
5	Bouffieux Guylian	98	26.11	25-05	ws
6	Vardar Alec	99	25.50	23-05	hf
7	Ramiandrisoa Raphael	99	25.88	03-10	resc
SCO - 400 m		RC : 49.48			
1	Nkiere Danfuname Rene	99	51.61	06-06	oeh
2	Zaanani Soufian	98	53.92	23-05	hf
3	Bouffieux Guylian	98	54.27	23-05	hf
4	De Ro Nicolas	99	58.45	03-01	resc
5	Verriez Jonathan	99	60.15	18-04	ws
SCO - 800 m		RC : 1.55.41			
1	Kanfouh Mohamed	98	2.04.90	02-05	herv
2	Siffi Salhi Anas	99	2.06.82	18-07	avt
3	Chergui Moushine	99	2.13.95	25-05	ws
SCO - 1000 m		RC : 2.32.80			
1	Siffi Salhi Anas	99	2.46.96	12-09	mac
2	Chergui Moushine	99	3.00.24	23-04	rcb
SCO - 1500 m		RC : 4.00.79			
1	Siffi Salhi Anas	99	4.37.97	22-08	csf
2	Chergui Moushine	99	4.58.24	02-05	herv
SCO - 3000 m		RC : 8.33.14			
1	Siffi Salhi Anas	99	11.22.62	02-05	herv
SCO - 100 m haies (91 cm)		RC : 14.02			
1	Okeowo Peredjo	99	14.81	23-05	hf
SCO - 400 m haies (84 cm)		RC : 56.13			
1	Assina Kevin	98	64.84	02-05	herv
SCO - 2000 m steeple (91 cm)		RC : 6.10.20			
1	Temsamani Ilias	99	9.07.38	02-05	herv
SCO - Hauteur		RC : 2m05			
1	Englebert Hadrien	99	1m71	20-06	rcb
2	Geerts Gregory	99	1m65	02-05	herv
SCO - Longueur		RC : 7m59			
1	Okeowo Peredjo	99	6m23	23-05	hf
2	Geerts Gregory	99	5m78	12-09	vita
3	Vardar Alec	99	4m35	18-04	ws
SCO - Triple saut		RC : 15m64			
1	Okeowo Peredjo	99	12m86	22-08	csf
2	Geerts Gregory	99	12m37	12-09	vita
SCO - Perche		RC : 4m36			
1	Bouffieux Guylian	98	2m60	23-05	hf
SCO - Poids (5 kg)		RC : 14m35			
1	Petitjean Nicolas	99	10m75	02-05	herv
2	Vardar Alec	99	7m66	18-04	ws
SCO - Disque (1,5 kg)		RC : 44m44			
1	Nkiere Danfuname Rene	99	27m65	02-05	herv
SCO - Javelot (700 gr)		RC : 52m73			
1	De Ro Nicolas	99	27m15	02-05	herv
SCO - Marteau (5 kg)		RC : 53m41			
1	Petitjean Nicolas	99	28m15	02-05	herv



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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SCO - 3000 m marche		RC : 20.33.20			
1	Englebert Hadrien	99	22.10.98	02-05	herv

SCO - 4 x 100 m		RC : 42.91			
Nkiere, Okeowo, Zaanani, Bouffioux		45.55	01-07	jsmc	

SCO - 4 x 800 m		RC : 8.09.11			
Siffi Salhi, Kanfouh, Tasiaux, Bouffioux		9.00.09	30-08	resc	

JUNIORS HOMMES (1997 - 1996)

JUN - 100 m		RC : 10.71			
1	Tshitwenu Florian	97	10.83	03-10	resc
2	Vanhamme Arno	97	10.92	26-07	resc
3	Caty Dylan	97	11.00	10-06	FRA
4	Szerman Melvin	97	11.39	06-06	oeh
5	Kalandula Fabiano	96	11.55	29-08	ws
6	Nijs Gaston	96	11.56	18-04	ws
7	Duzgun Mikail	96	11.68	03-05	resc
8	Massamba Kazadi Floribert	97	11.82	09-08	csf
9	Hoorens Christopher	97	11.87	09-08	csf
10	Fellemans Raphael	97	12.23	03-05	resc
11	Kalibiona Raphael	96	12.56	10-04	csf
12	Meuris Gregory	97	12.63	03-05	resc
13	Loens Sam	97	12.87	25-04	rcas

JUN - 200 m		RC : 21.24			
1	Tshitwenu Florian	97	21.71	03-10	resc
2	Vanhamme Arno	97	22.08	28-06	lier
3	Caty Dylan	97	22.55	03-05	resc
4	Nijs Gaston	96	22.85	18-04	ws
5	Szerman Melvin	97	23.01	03-10	resc
6	Kalandula Fabiano	96	23.80	26-08	vita
7	Duzgun Mikail	96	24.42	03-05	resc

JUN - 300 m		RC : 34.67			
1	Fellemans Raphael	97	41.91	23-04	rcb

JUN - 400 m		RC : 47.92			
1	Nijs Gaston	96	49.55	16-05	smac
2	Loens Sam	97	56.43	25-04	rcas
3	Kalandula Fabiano	96	60.53	26-09	rcas

JUN - 800 m		RC : 1.52.66			
1	Allouchi Najim	97	2.10.01	03-05	resc

JUN - 1500 m		RC : 3.48.90			
1	Petitjean Simon	96	3.52.87	08-08	dcla
2	Allouchi Najim	97	4.42.07	18-04	ws

JUN - 3000 m		RC : 8.14.64			
1	Petitjean Simon	96	8.38.86	03-05	resc

JUN - 110 m haies (99 cm)		RC : 14.43			
1	Caty Dylan	97	13.63	17-07	SWE

JUN - 110 m haies (106 cm)		RC : 14.18			
1	Caty Dylan	97	14.03	26-07	resc
2	Kalandula Fabiano	96	17.99	30-05	SLO

JUN - 400 m haies (91 cm)		RC : 52.70			
1	Caty Dylan	97	57.14	17-05	dcla

JUN - 3000 m steeple		RC : 9.08.42			
1	Petitjean Simon	96	9.28.30	10-05	smac



ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
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JUN - Hauteur		RC : 2m14			
1	Kalandula Fabiano	96	2m13	26-07	resc
2	Caty Dylan	97	1m75	17-05	dcla
	Loens Sam	97	1m75	22-08	csf

JUN - Longueur		RC : 7m86			
1	Hoorens Christopher	97	6m67	03-05	resc
2	Loens Sam	97	6m16	09-08	csf
3	Kalandula Fabiano	96	6m15	11-07	dacm
4	Gaufres Remy	97	4m89	28-06	lier

JUN - Triple saut		RC : 15m79			
1	Hoorens Christopher	97	14m13	22-08	csf
2	Fernandez D. Sebastien	97	10m12	03-10	resc

JUN - Poids (6 kg)		RC : 15m79			
1	Loens Sam	97	11m47	26-08	vita
2	Kalandula Fabiano	96	9m66	26-09	rcas

JUN - 4 x 100 m		RC : 42.37			
Vanhamme, Tshitwenu, Szerman, Caty			42.93	06-09	jsmc

JUN - 4 x 400 m		RC : 3.17.65			
Tshitwenu, Petitjean, Caty, Vanhamme			3.28.87	06-09	jsmc

ESPOIRS HOMMES (1995 - 1994 - 1993)

ESP - 100 m		RC : 10.53			
1	Niesen Charles	94	10.78	22-08	csf
2	Guassim Hamza	95	11.12	13-06	csf
3	Elsen Daan	94	11.22	14-07	asvo
4	Badji Asamti	95	11.24	20-08	vs
	Wellemans Olivier	93	11.24	20-08	vs
6	Shutsha Kasongo Emmanuel	95	11.29	13-09	ob
7	Boa Michael	95	11.52	31-05	usbw
8	Ilunga Carl	93	11.97	13-06	csf
9	Gressier Sacha	95	12.54	27-09	usbw
10	Segers Mathieu	94	12.59	10-04	csf
11	Heremans Bruno	94	13.43	09-08	csf

ESP - 200 m		RC : 21.14			
1	Niesen Charles	94	21.85	05-07	resc
2	Badji Asamti	95	22.24	18-04	ws
3	Guassim Hamza	95	22.47	05-07	resc
4	Nicodeme Romain	95	22.53	04-08	vs
5	Wellemans Olivier	93	22.64	16-08	ea
6	Shutsha Kasongo Emmanuel	95	22.97	03-10	resc
7	Ilunga Carl	93	24.51	06-06	oeh

ESP - 300 m		RC : 33.30			
1	Elsen Daan	94	36.15	14-07	asvo

ESP - 400 m		RC : 46.28			
1	Badji Asamti	95	48.10	23-05	vs
2	Nicodeme Romain	95	48.86	05-07	resc
3	Niesen Charles	94	49.83	11-07	kks
4	Wellemans Olivier	93	52.34	09-08	csf
5	Elsen Daan	94	52.63	25-04	rcas
6	Segers Mathieu	94	55.14	10-04	csf
7	Ilunga Carl	93	56.52	27-06	cabw

ESP - 800 m		RC : 1.46.60			
1	Tajaouart Hamza	95	2.05.39	25-05	ws
2	Segers Mathieu	94	2.05.69	05-09	azw
3	Boa Michael	95	2.10.06	23-05	vs

ESP - 1500 m		RC : 3.42.78			
1	Segers Mathieu	94	4.24.69	05-07	resc
2	Tajaouart Hamza	95	4.25.25	10-04	csf



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ESP - 110 m haies (106 cm)		RC : 13.93			
1	Elsen Daan	94	14.99	08-08	dcla
2	Soulemane Elias	94	15.57	22-08	olse
ESP - 400 m haies (91 cm)		RC : 50.29			
1	Nicodeme Romain	95	52.98	26-07	resc
ESP - Hauteur		RC : 2m21			
1	Elsen Daan	94	1m93	25-04	rcas
2	Boa Michael	95	1m80	11-07	dacm
ESP - Longueur		RC : 7m86			
1	Elsen Daan	94	7m17	01-08	vita
2	Boa Michael	95	6m30	18-04	ws
ESP - Perche		RC : 5m11			
1	Elsen Daan	94	4m90	21-07	ser
2	Boa Michael	95	3m51	05-07	resc
ESP - Poids (7,26 kg)		RC : 14m58			
1	Elsen Daan	94	13m12	05-07	resc
2	Boa Michael	95	11m52	20-06	rcb
ESP - Disque (2 kg)		RC : 44m06			
1	Elsen Daan	94	42m85	05-07	resc
2	Boa Michael	95	34m23	11-07	dacm
3	Bernard Tom	93	30m64	18-10	csf
ESP - Javelot (800 gr)		RC : 58m05			
1	Elsen Daan	94	53m95	04-08	vs
2	Boa Michael	95	51m20	05-07	resc
3	Niesen Charles	94	48m80	11-10	rsca
4	Bernard Tom	93	47m29	01-08	bbs
5	Nicodeme Romain	95	40m33	10-10	rcb
ESP - Marteau (7,26 kg)		RC : 61m66			
1	Bernard Tom	93	52m15	11-10	rsca

SENIORS HOMMES (1995 - 1981)

SEN - 100 m		RC : 10.02			
1	Boothaerts Damien	83	10.68	05-09	volh
2	Niesen Charles	94	10.78	22-08	csf
3	Ammar Khodja Brahim	84	10.94	23-05	vs
4	Lins Sebastien	92	11.07	20-08	vs
5	Guassim Hamza	95	11.12	13-06	csf
6	Elsen Daan	94	11.22	14-07	asvo
	Ruffacq Quentin	89	11.22	08-08	moha
8	Badji Asanti	95	11.24	20-08	vs
	Wellemans Olivier	93	11.24	20-08	vs
10	Shutsha Kasongo Emmanuel	95	11.29	13-09	ob
11	Boa Michael	95	11.52	31-05	usbw
12	Vandecapelle Mattijs	89	11.53	14-07	asvo
13	Ouchen Anass	92	11.56	13-06	csf
14	De Ridder Frederic	90	11.62	03-05	resc
15	Zahedi Pouyan	88	11.70	03-05	resc
16	Gets Florent	91	11.86	01-08	dac
17	Ilunga Carl	93	11.97	13-06	csf
18	Xhonneux Frederic	83	12.02	29-03	csf
19	Gressier Sacha	95	12.54	27-09	usbw
20	Segers Mathieu	94	12.59	10-04	csf
21	Heremans Bruno	94	13.43	09-08	csf
SEN - 200 m		RC : 20.66			
1	Gillet Antoine	88	21.12	04-08	vs
2	Broothaerts Damien	83	21.50	01-08	resc
3	Niesen Charles	94	21.85	05-07	resc
4	Amma Khodja Brahim	84	21.95	23-05	vs
5	Lins Sebastien	92	21.96	04-08	vs
6	Badji Asanti	95	22.24	18-04	ws



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7	Guassim Hamza	95	22.47	05-07	resc
8	Nicodeme Romain	95	22.53	04-08	vs
9	Wellemans Olivier	93	22.64	16-08	ea
10	Ruffacq Quentin	89	22.82	08-08	moha
11	Shutsha Kasongo Emmanuel	95	22.97	03-10	resc
12	De Ridder Frederic	90	23.46	19-07	avka
13	Ouchen Anass	92	23.66	03-10	resc
14	Zahedi Pouyan	88	24.15	05-07	resc
15	Gets Florent	91	24.42	08-08	moha
16	Ilunga Carl	93	24.51	06-06	oeh
17	Xhonneux Frederic	83	24.63	27-06	NED

SEN - 300 m RC : 33.10

1	Elsen Daan	94	36.15	14-07	asvo
2	Zahedi Pouyan	88	37.95	23-04	rcb
3	De Ridder Frederic	90	38.59	27-09	usbw

SEN - 400 m RC : 45.98

1	Gillet Antoine	88	46.25	05-07	CH
2	Badji Asanti	95	48.10	23-05	vs
3	Lins Sebastien	92	48.13	01-08	vita
4	Ghislain Arnaud	88	48.26	27-06	cabw
5	Ammar Khodja Brahim	84	48.33	16-05	smac
6	Nicodeme Romain	95	48.86	05-07	resc
7	Niesen Charles	94	49.83	11-07	kks
8	Gets Florent	91	52.33	01-08	dac
9	Wellemans Olivier	93	52.34	09-08	csf
10	Xhonneux Frederic	83	52.44	01-08	dac
11	Elsen Daan	94	52.63	25-04	rcas
12	Segers Mathieu	94	55.14	10-04	csf
13	Zahedi Pouyan	88	55.28	26-06	ws
14	Boa Michael	88	55.31	26-06	ws
15	Ilunga Carl	93	56.52	27-06	cabw
16	Gets Florent	91	58.75	29-03	csf

SEN - 800 m RC : 1.46.60

1	Froidmont Arnaud	89	1.49.01	23-05	vs
2	Tajaouart Hamza	95	2.05.39	25-05	ws
3	Segers Mathieu	94	2.05.69	05-09	azw
4	Boa Michael	95	2.10.06	23-05	vs
5	Xhonneux Frederic	83	2.11.13	19-09	NED
6	Vereertbrugghen Nicolas	92	2.23.83	25-05	ws
7	Errazzouki Samir	89	2.32.04	25-05	ws

SEN - 1500 m RC : 3.37.62

1	Ruell Kim	87	3.48.21	27-06	cabw
2	Balhan Pierre Antoine	92	3.50.34	30-05	SLO
3	Segers Mathieu	94	4.24.69	05-07	resc
4	Tajaouart Hamza	95	4.25.25	10-04	csf
5	Nicodeme Thibault	92	4.34.77	01-05	vs
6	Xhonneux Frederic	83	4.34.85	02-08	dac
7	Gets Florent	91	4.37.87	02-08	dac
8	Vereertbrugghen Nicolas	92	4.54.76	05-07	resc
9	Xhonneux Frederic	83	4.56.15	20-09	NED

SEN - Mile RC : 4.01.10

1	Ruell Kim	87	4.17.60	03-10	resc
2	Vereertbrugghen Nicolas	92	5.20.87	09-08	csf
3	Xhonneux Marc	80	5.30.32	03-10	resc

SEN - 3000 m RC : 7.51.46

1	Ruell Kim	87	8.05.91	24-06	riem
2	Lejeune Emmanuel	92	8.29.81	10-05	smac
3	Vereertbrugghen Nicolas	92	10.35.47	20-06	rcb
4	Xhonneux Frederic	83	10.51.98	20-09	NED

SEN - 5000 m RC : 13.22.81

1	Naert Koen	89	14.05.49	10-05	smac
2	Ruell Kim	87	14.26.28	08-08	dcla
3	Xhonneux Frederic	83	18.46.26	19-09	NED



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SEN - 10 000 m		RC : 28.24.95			
1	Xhonneux Frederic	83	44.22.23	20-09	NED
SEN - Marathon		RC : 2h13.15			
1	Naert Koen	89	2h10.31	27-09	GER
SEN - 110 m haies (106 cm)		RC : 13.48			
1	Broothaerts Damien	83	13.72	15-07	rfcl
2	Ruffacq Quentin	89	14.00	18-04	ws
3	Elsen Daan	94	14.99	08-08	dcla
4	Soulemane Elias	94	15.57	22-08	olse
5	Xhonneux Frederic	83	15.85	27-06	NED
6	Gets Florent	91	16.59	02-08	dac
SEN - 200 m haies (76 cm)		RC : 24.74			
1	Xhonneux Frederic	83	25.99	27-06	NED
SEN - 400 m haies (91 cm)		RC : 48.91			
1	Ghislain Arnaud	88	51.06	30-05	SLO
2	Nicodeme Romain	95	52.98	26-07	resc
3	Xhonneux Frederic	83	54.98	20-06	rcb
SEN - 3000 m steeple (91 cm)		RC : 8.24.90			
1	Ruell Kim	87	8.52.81	18-07	avt
2	Xhonneux Frederic	83	11.43.26	27-06	NED
SEN - Hauteur		RC : 2m21			
1	Elsen Daan	94	1m93	25-04	rcas
2	Xhonneux Frederic	83	1m90	01-08	dac
3	Boa Michael	95	1m80	11-07	dacm
4	Gets Florent	91	1m77	29-03	csf
SEN - Longueur		RC : 7m94			
1	Campener Corentin	90	7m82	27-06	FRA
2	Elsen Daan	94	7m17	01-08	vita
3	Vandecapelle Mattijs	89	6m66	05-07	resc
4	Xhonneux Frederic	83	6m49	27-06	NED
5	Boa Michael	95	6m30	18-04	ws
6	Gets Florent	91	6m14	29-08	ath
SEN - Triple saut		RC : 16m86			
1	Xhonneux Frederic	83	14m66	25-05	NED
2	Campener Corentin	90	13m52	10-05	smac
SEN - Perche		RC : 5m25			
1	Elsen Daan	94	4m90	21-07	ser
2	Xhonneux Frederic	83	4m25	30-05	SLO
3	Vandecapelle Mattijs	89	4m20	11-07	dacm
4	Gets Florent	91	3m89	27-09	rcas
5	Boa Michael	95	3m51	05-07	resc
SEN - Poids (7,26 kg)		RC : 15m08			
1	Xhonneux Frederic	83	14m02	10-05	smac
2	Guillaume Jonathan	92	13m91	11-10	rsca
3	Gets Florent	91	13m43	01-08	dac
4	Elsen Daan	94	13m12	05-07	resc
5	Vandecappelle Mattijs	89	12m75	26-08	vita
6	Boa Michael	95	11m52	20-06	rcb
7	Campener Corentin	90	10m84	25-04	usta
8	Ruell Kim	87	8m13	11-10	rsca
SEN - Disque (2 kg)		RC : 51m56			
1	Gets Florent	91	43m20	27-09	rcas
2	Elsen Daan	94	42m85	05-07	resc
3	Xhonneux Frederic	83	42m47	10-05	smac
4	Vandecapelle Mattijs	89	38m78	20-08	vs
5	Guillaume Jonathan	92	37m21	27-09	caf
6	Boa Michael	95	34m23	11-07	dacm
7	Bernard Tom	93	30m64	18-10	csf
8	Campener Corentin	90	27m99	25-04	usta



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SEN - Javelot (800 gr)		RC : 70m78			
1	Xhonneux Frederic	83	56m65	23-04	rcb
2	Gets Florent	91	55m05	27-09	rcas
3	Elsen Daan	94	53m95	04-08	vs
4	Boa Michael	95	51m20	05-07	resc
5	Niesen Charles	94	48m80	11-10	rsca
6	Vandecapelle Mattijs	89	47m59	04-08	vs
7	Bernard Tom	93	47m29	01-08	bbs
8	Nicodeme Romain	95	40m33	10-10	rcb
9	Ghislain Arnaud	88	34m29	01-07	jsmc

SEN - Marteau (7,26 kg)		RC : 61m66			
1	Bernard Tom	93	52m15	11-10	rsca
2	Xhonneux Frederic	83	38m25	27-06	NED

SEN - Decathlon		RC : 8142 p			
1	Xhonneux Frederic	83	6624 p	02-08	dac
2	Gets Florent	91	6316 p	02-08	dac

SEN - Decathlon en 1 heure		RC : -			
1	Xhonneux Frederic	83	6019 p	29-03	csf
2	Gets Florent	91	4702 p	29-03	csf

SEN - Icosathlon		RC : 14 285 p			
1	Xhonneux Frederic	83	12.399 p	20-09	NED

SEN - 4 x 100 m		RC : 40.60			
Gillet, Ammar Khodja, Lins, Broothaerts			40.93	10-05	smac

SEN - 4 x 200 m		RC : 1.24.15			
Tshitwenu, Lins, Guassim, Nijs			1.29.37	30-08	resc

SEN - 4 x 400 m		RC : 3.10.20			
Nicodeme, Badji, Nijs, Lins			3.14.86	20-09	riem

SEN - 4 x 800 m		RC : 7.38.00			
Vandenhoeke, Ruell, Petitjean, Froidmont			7.49.08	20-09	riem

SEN - Ekiden		RC : 2h16.39			
Ruell, Naert, Petitjean, Lejeune, Hernould, Lahbib			2h12.59	17-10	bxl

MASTERS HOMMES 35

M35 - 100 m		RC : 11.74			
1	Sakow Nicolas	77	11.95	11-07	dacm
2	Vanderbiest Joel	78	12.12	29-03	csf
3	Lambert John	80	14.56	13-06	dein

M35 - 200 m		RC : 24.35			
1	Sakow Nicolas	77	24.89	03-10	resc

M35 - 300 m		RC : 37.95			
1	Sakow Nicolas	77	39.86	11-07	dacm

M35 - 400 m		RC : 52.31			
1	Sakow Nicolas	77	56.33	26-06	ws
2	Vanderbiest Joel	78	60.62	29-03	csf
3	Schroeven Bruno	80	65.35	07-06	rcas

M35 - 800 m		RC : 1.59.64			
1	July Denis Michael	77	2.21.12	07-06	rcas
2	Ceux Benoit	78	2.26.28	07-06	rcas

M35 - 1500 m		RC : 3.54.39			
1	Sakow Nicolas	77	5.27.19	27-09	rcas
2	Vanderbiest Joel	78	5.28.26	29-03	csf



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M35 - 110 m haies (99 cm)		RC : -			
1	Vanderbiest Joel	78	21.13	29-03	csf
M35 - Hauteur		RC : 1m76			
1	Van de Velde Frank	79	1m86	05-07	resc
2	Vanderbiest Joel	78	1m59	29-03	csf
M35 - Longueur		RC : 6m65			
1	Vanderbiest Joel	78	5m66	07-06	rcas
2	Sakow Nicolas	77	5m22	27-09	rcas
3	Schroeven Bruno	80	5m15	07-06	rcas
M35 - Perche		RC : 4m00			
1	Vanderbiest Joel	78	2m50	29-03	csf
M35 - Poids (7,26 kg)		RC : 12m86			
1	Lambert John	80	12m01	07-06	rcas
2	Van de Velde Frank	79	9m54	20-06	rcb
3	Vanderbiest Joel	78	8m25	19-03	csf
M35 - Disque (2 kg)		RC : 45m72			
1	Lambert John	80	34m15	07-06	rcas
2	Fontenoy Serge	80	19m12	07-06	rcas
3	Sakow Nicolas	77	18m72	27-09	rcas
4	Vanderbiest Joel	78	18m00	29-03	csf
M35 - Javelot (800 gr)		RC : 62m75			
1	Sakow Nicolas	77	34m42	23-04	rcb
2	Vanderbiest Joel	78	26m66	29-03	csf
M35 - Pentathlon		RC : 2054 p			
1	Sakow Nicolas	77	2122 p	27-09	rcas
M35 - Decathlon en 1 heure		RC : -			
1	Vanderbiest Joel	78	3695 p	29-03	csf
M35 - 4 x 100 m		RC : 49.37			
Lambert, Fellemans, Van de Velde, Schroeven			49.11	30-08	resc
M35 - 4 x 400 m		RC : 4.01.44			
Debrabandere, Sakow, Njema, Fellemans		4.11.68	07-06		rcas
M35 - Ekiden		RC : 2h49.20			
Codutti, July Denis, Tillieux, Ceux, Vandenbussche, Debrabandere			2h42.55	21-03	rcg

MASTERS HOMMES 40

M40 - 100 m		RC : 11.43			
1	Fellemans Emmanuel	70	12.31	18-04	ws
2	Gilson Benoit	74	13.51	23-05	spvi
M40 - 200 m		RC : 23.24			
1	Fellemans Emmanuel	70	25.48	18-04	ws
2	Gilson Benoit	74	28.13	25-05	ws
M40 - 300 m		RC : 42.86			
1	Fellemans Emmanuel	70	40.59	23-04	rcb
M40 - 400 m		RC : 56.72			
1	Fellemans Emmanuel	70	61.23	07-06	rcas
M40 - 1500 m		RC : 4.04.51			
1	Njema Imed	75	4.33.14	07-06	rcas
M40 - 3000 m		RC : 9.02.48			
1	Njema Imed	75	9.56.20	03-05	resc



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M40 - Hauteur			RC : 1m75		
1	Van Elsuwe Cedric	75	1m30	07-06	rcas

M40 - Longueur			RC : 5m65		
1	Gilson Benoit	74	4m55	23-05	spvi

MASTERS HOMMES 45

M45 - 100 m			RC : 11.64		
1	Schoonen Laurent	65	13.43	28-06	ob
2	Verriez Stephane	70	13.59	10-04	csf

M45 - 200 m			RC : 23.84		
1	Verriez Stephane	70	28.12	23-05	spvi
2	Lemonnier Thierry	68	32.94	22-08	avt

M45 - 400 m			RC : 56.82		
1	Schoonen Laurent	65	63.05	30-05	achl

M45 - 1500 m			RC : 4.36.60		
1	Schoonen Laurent	65	5.40.67	25-04	rcas
2	Lemonnier Thierry	68	6.36.77	22-08	avt

M45 - Mile			RC : 5.53.15		
1	Debrabandere Amaury	69	5.14.09	03-10	resc
2	Codutti Marco	68	5.39.14	03-10	resc
3	Englebert Patrick	66	6.21.07	03-10	resc

M45 - 3000 m			RC : 8.46.40		
1	Debrabandere Amaury	69	10.21.69	07-06	rcas
2	Codutti Marco	68	10.55.74	07-06	rcas
3	Englebert Patrick	66	12.51.21	18-04	ws

M45 - Marathon			RC : 2h41.07		
1	Debrabandere Amaury	69	3h04.31	11-10	NED

M45 - 110 m haies (99 cm)			RC : 21.80		
1	Schoonen Laurent	65	22.07	30-05	achl

M45 - 400 m haies (91 cm)			RC : 72.77		
1	Schoonen Laurent	65	74.62	13-06	dein

M45 - Hauteur			RC : 1m60		
1	Schoonen Laurent	65	1m42	30-05	achl

M45 - Longueur			RC : 5m40		
1	Schoonen Laurent	65	4m65	05-07	rcg
2	Verriez Stephane	70	4m07	10-04	csf
3	Lemonnier Thierry	68	3m68	22-08	avt

M45 - Triple saut			RC : 9m17		
1	Schoonen Laurent	65	9m11	18-04	ws

M45 - Perche			RC : 4m30		
1	Schoonen Laurent	65	2m10	30-05	achl

M45 - Poids (7,26 kg)			RC : 15m08		
1	Schoonen Laurent	65	6m72	30-05	achl

M45 - Disque (2 kg)			RC : 50m08		
1	Schoonen Laurent	65	22m59	28-06	ob
2	Lemonnier Thierry	68	17m52	22-08	avt

M45 - Javelot (800 gr)			RC : 30m73		
1	Schoonen Laurent	65	29m38	14-06	dein
2	Lemonnier Thierry	68	23m04	22-08	avt



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M45 - Pentathlon		RC : 1857 p			
1	Schoonen Laurent	65	2245 p	05-07	rcg
2	Lemonnier Thierry	68	1304 p	22-08	avt

M45 - Decathlon		RC : 3635 p			
1	Schoonen Laurent	65	3730 p	31-05	achl

MASTERS HOMMES 50

M50 - 100 m		RC : 12.84			
1	Schoonen Laurent	65	13.61	29-08	ws

M50 - 200 m		RC : 25.79			
1	Schoonen Laurent	65	27.35	03-10	resc

M50 - 400 m		RC : 58.63			
1	Schoonen Laurent	65	63.23	26-09	rcas

M50 - 800 m		RC : 2.27.26			
1	Schoonen Laurent	65	2.54.01	08-08	moha

M50 - Mile		RC : 5.40.62			
1	Schoonen Laurent	65	6.41.64	09-08	csf

M50 - 10 000 m		RC : 33.46.10			
1	Schoonen Laurent	65	52.09.92	09-08	csf

M50 - 100 m haies (91 cm)		RC : -			
1	Schoonen Laurent	65	20.06	27-09	rcas

M50 - 400 m haies (84 cm)		RC : -			
1	Schoonen Laurent	65	74.42	08-08	moha

M50 - Hauteur		RC : 1m60			
1	Schoonen Laurent	65	1m39	26-09	rcas

M50 - Longueur		RC : 5m11			
1	Schoonen Laurent	65	4m55	26-09	rcas

M50 - Perche		RC : -			
1	Schoonen Laurent	65	2m42	18-10	csf

M50 - Poids (6 kg)		RC : 13m44			
1	Segers Philippe	65	8m33	07-06	rcas
2	Schoonen Laurent	65	8m24	06-09	rcas

M50 - Disque (1,5 kg)		RC : 50m86			
1	Schoonen Laurent	65	25m88	31-10	rcas

M50 - Javelot (700 gr)		RC : 22m73			
1	Schoonen Laurent	65	29m33	12-07	flac

M50 - Javelot (800 gr)		RC : 28m67			
1	Segers Philippe	65	23m75	07-06	rcas

M50 - Marteau (6 kg)		RC : -			
1	Schoonen Laurent	65	22m97	11-10	rsca

M50 - Marteau (7,26 kg)		RC : -			
1	Schoonen Laurent	65	19m92	08-08	moha

M50 - Grand poids (11,34 kg)		RC : -			
1	Schoonen Laurent	65	8m61	04-10	moha

M50 - Pentathlon		RC : -			
1	Schoonen Laurent	65	2252 p	12-07	flac

M50 - Decathlon		RC : -			
1	Schoonen Laurent	65	4332 p	27-09	rcas



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MASTERS HOMMES 55

M55 - 1500 m		RC : -			
1	Tillieux Guy	58	5.20.00	07-06	rcas

M55 - 3000 m		RC : 10.30.60			
1	Tillieux Guy	58	11.27.86	18-04	ws

MASTERS HOMMES 65

M65 - 3000 m		RC : -			
1	Levacq Guy	46	12.29.10	18-04	ws