



**ROYAL EXCELSIOR SPORTS CLUB BRUXELLES
OUTDOOR 2014**

KANGOUROUS FILLES (2008 - 2007)

60 m					RC : 10.28
1	Bongwele Jade	07	10.45	04-10	resc
2	Purusi Emma Grace	07	11.15	17-08	resc
600 m					RC : 2.16.12
1	Purusi Emma Grace	07	2.41.23	17-08	resc
2	Bongwele Jade	07	2.47.67	17-08	resc
3	Hannani Salma	07	2.50.60	04-05	resc
Longueur					RC : 3m64
1	Purusi Emma Grace	07	2m06	18-10	ws
2	Hannani Salma	07	1m49	04-05	resc
Poids (1 kg)					RC : 5m63
1	Purusi Emma Grace	07	3m16	18-10	ws
Tetrathlon					RC : 965 p
1	Purusi Emma Grace	07	340 p	18-10	ws

BENJAMINES FILLES (2006 -2005)

60 m					RC : 9.30
1	Dennison Chrystal	05	10.36	07-06	csf
2	Moens Clarisse	05	10.99	27-09	rcas
3	Habib Rania	05	11.20	30-03	resc
4	Van Ex Elvira	06	11.40	30-03	resc
600 m					RC : 2.00.94
1	Dennison Chrystal	05	2.16.08	07-06	csf
2	Moens Clarisse	05	2.26.10	27-09	rcas
3	Van Ex Elvira	06	2.26.59	27-09	rcas
4	Hannani Ines	05	2.31.87	04-05	resc
5	Van Vooren Lucie	06	2.34.80	04-05	resc
6	Arboretto Chiara	05	2.36.36	04-05	resc
Longueur					RC : 3m88
1	Dennison Chrystal	05	2m73	04-05	resc
2	Moens Clarisse	05	2m58	27-09	rcas
3	Van Ex Elvira	06	2m54	27-09	rcas
4	Arboretto Chiara	05	2m13	04-05	resc
5	Hannani Ines	05	2m08	04-05	resc
6	Van Vooren Lucie	06	1m99	04-05	resc
7	Habib Rania	05	1m89	30-03	resc
Poids (1 kg)					RC : 8m63
1	Dennison Chrystal	05	6m62	17-08	resc
2	Moens Clarisse	05	4m63	27-09	rcas
3	Van Ex Elvira	06	4m15	27-09	rcas
Balle de hockey					RC : 28m96
1	Dennison Chrystal	05	19m01	30-03	resc
2	Moens Clarisse	05	15m80	01-05	ws
3	Van Ex Elvira	06	10m22	30-03	resc
Tetrathlon					RC : 1601 p
1	Dennison Chrystal	05	895 p	07-06	csf
2	Moens Clarisse	05	734 p	27-09	rcas
3	Van Ex Elvira	06	602 p	27-09	rcas

PUPILLES FILLES (2004 - 2003)

60 m					RC : 8.74
1	Itoe Elisabeth	03	9.08	18-10	ws
2	Lambert Kylie	04	9.10	04-10	resc
3	Godfrinne Christelle	04	9.42	17-08	resc
4	Nijs Juliette	03	9.47	18-05	vita
5	Tshanga Diomi Roline	04	9.57	30-03	resc

6	Merino Nohemi	04	9.64	18-05	vita
7	Dakir Maria	03	9.71	30-03	resc
8	Venant Lea	03	9.94	30-03	resc
9	Arifi Houda	03	9.97	18-10	ws
	Huygens Cloe	03	9.97	27-09	acw
11	Van Ex Alexia	04	10.25	30-03	resc
12	Habib Chaima	04	10.58	30-03	resc
13	Van Ex Emilie	03	10.61	30-03	resc
14	Hayoun Roba	04	10.74	30-03	resc
15	Beyaert Marine	04	11.50	29-08	ws

1000 m					RC : 3.27.87
1	Lambert Kylie	04	3.36.66	28-09	usbw
2	Nijs Juliette	03	3.40.97	01-05	ws
3	Itoe Elisabeth	03	3.48.30	01-05	ws
4	Huygens Cloe	03	3.50.30	06-07	resc
5	Dakir Maria	03	3.57.55	30-03	resc
6	Merino Nohemi	04	3.58.99	07-06	csf
7	Tshanga Diomi Roline	04	4.06.63	18-10	ws
8	Van Ex Alexia	04	4.14.63	27-09	rcas
9	Venant Lea	03	4.20.83	04-05	resc
10	Godfrinne Christelle	04	4.24.27	07-06	csf
11	Van Ex Emilie	03	4.29.18	30-03	resc
12	Beyaert Marine	04	4.35.27	17-08	resc
13	Hayoun Roba	04	4.50.52	30-03	resc

60 m haies (76 cm)					RC : 11.04
1	Tshanga Diomi Roline	04	13.34	04-05	resc
2	Huygens Cloe	03	13.47	21-09	ea
3	Nijs Juliette	03	13.94	04-05	resc
4	Lambert Kylie	04	14.35	31-08	volh
5	Merino Nohemi	04	14.94	04-05	resc

Hauteur					RC : 1m31
1	Dakir Maria	03	1m20	01-05	ws
2	Itoe Elisabeth	03	1m16	15-06	rcas
3	Tshanga Diomi Roline	04	1m15	01-05	ws
4	Huygens Cloe	03	1m10	27-04	arac
	Lambert Kylie	04	1m10	04-05	resc
6	Merino Nohemi	04	1m05	04-05	resc
	Nijs Juliette	03	1m05	04-05	resc
	Venant Lea	03	1m05	31-05	dacm
9	Beyaert Marine	04	0m85	31-05	dacm

Longueur					RC : 4m48
1	Itoe Elisabeth	03	3m98	06-09	rcas
2	Nijs Juliette	03	3m96	18-05	vita
3	Merino Nohemi	04	3m74	20-09	vita
4	Huygens Cloe	03	3m69	21-09	ea
5	Lambert Kylie	04	3m52	18-10	ws
6	Godfrinne Christelle	04	3m28	14-06	csf
7	Tshanga Diomi Roline	04	3m27	30-03	resc
8	Arifi Houda	03	3m25	18-10	ws
9	Dakir Maria	03	3m16	30-03	resc
10	Venant Lea	03	3m03	30-03	resc
11	Van Ex Alexia	04	3m02	30-03	resc
12	Van Ex Emilie	03	2m42	30-03	resc
13	Hayoun Roba	04	2m37	30-03	resc
14	Habib Chaima	04	2m33	30-03	resc
15	Beyaert Marine	04	2m25	29-08	ws

Poids (2 kg)					RC : 9m75
1	Huygens Cloe	03	6m88	18-05	vita
2	Nijs Juliette	03	6m28	30-08	spvi
3	Itoe Elisabeth	03	5m97	25-04	csf
4	Lambert Kylie	04	5m85	31-05	vac
5	Merino Nohemi	04	5m73	17-08	resc
6	Venant Lea	03	4m48	31-05	dacm
7	Van Ex Alexia	04	4m33	27-09	rcas
8	Beyaert Marine	04	3m83	29-08	ws



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Disque (600 gr)		RC : 23m00			
1	Huygens Cloe	03	17m04	12-10	rsca
2	Dakir Maria	03	12m59	01-05	ws
3	Itoe Elisabeth	03	11m49	19-10	rcas
4	Nijs Juliette	03	11m32	01-05	ws

Balle de hockey		RC : 41m50			
1	Huygens Chloe	03	29m00	04-10	resc
2	Nijs Juliette	03	27m30	13-09	usbw
3	Godfrinne Christelle	04	26m80	07-06	csf
4	Lambert Kylie	04	24m36	04-10	resc
5	Itoe Elisabeth	03	21m08	18-10	ws
6	Tshanga Diomi Roline	04	20m36	18-10	ws
7	Merino Nohemi	04	19m84	26-10	rsca
8	Dakir Maria	03	19m40	30-03	resc
9	Hayoun Roba	04	13m71	30-03	resc
10	Arifi Houda	03	13m27	18-10	ws
11	Van Ex Alexia	04	12m85	30-03	resc
12	Habib Chaima	04	11m88	30-03	resc
13	Beyaert Marine	04	11m68	18-10	ws
14	Venant Lea	03	11m58	30-03	resc
15	Van Ex Emilie	03	8m54	30-03	resc

Tetrathlon		RC : 1935 p			
1	Nijs Juliette	03	1626 p	18-05	vita
2	Lambert Kylie	04	1513 p	18-10	ws
3	Itoe Elisabeth	03	1498 p	18-10	ws
4	Huygens Cloe	03	1387 p	18-05	vita
5	Merino Nohemi	04	1232 p	18-05	vita
6	Dakir Maria	03	1211 p	30-03	resc
7	Godfrinne Christelle	04	1117 p	07-06	csf
8	Tshanga Diomi Roline	04	1183 p	18-10	ws
9	Venant Lea	03	1086 p	31-05	dacm
10	Van Ex Alexia	04	867 p	30-03	resc
11	Arifi Houda	03	687 p	18-10	ws
12	Van Ex Emilie	03	583 p	30-03	resc
13	Hayoun Roba	04	504 p	30-03	resc
14	Beyaert Marine	04	503 p	31-05	dacm
15	Habib Chaima	04	393 p	30-03	resc

4 x 60 m		RC : 35.44		
Nijs, Huygens, Merino, Lambert		35.84	07-09	rfcl

MINIMES FILLES (2002 - 2001)

80 m		RC : 10.64			
1	Yech Chou Safia	01	10.85	07-06	csf
2	Tshanga Diumba Robiane	01	11.38	26-10	rsca
3	Sandon Lisa	02	11.57	04-10	resc
4	Vanlaer Leila	02	11.73	30-03	resc
5	Itoe Cecile	01	11.94	07-06	csf
6	Iven Kayla	02	11.97	21-06	smac
7	Derdari Yasmine	01	12.08	30-03	resc
8	Verriez Laura	01	12.32	18-10	ws
9	Denis Elise	02	12.48	18-10	ws
10	Saadi Marwa	01	12.60	30-03	resc
11	Ajerrar Dalia	02	12.66	04-10	resc
12	Becker Violette	02	12.78	04-10	resc
13	Kassianoff Grace	01	12.90	04-10	resc
14	Pieters Coralie	02	13.27	30-03	resc
15	Hayoun Nadha	02	14.74	30-03	resc

150 m		RC : 20.13			
1	Tshanga Diumba Robiane	01	21.44	05-10	rcas
2	Itoe Cecile	01	22.43	29-08	ws
3	Iven Kayla	02	22.67	17-05	riem
4	Derdari Yasmine	01	22.80	04-05	resc
5	Saadi Marwa	01	24.37	04-05	resc
6	Kassianoff Grace	01	24.42	04-05	resc
	Verriez Laura	01	24.42	29-08	ws
8	Becker Violette	02	24.98	04-05	resc

9	Njema Noemi	02	26.35	04-05	resc
10	Pieters Coralie	02	26.43	04-05	resc

300 m		RC : 44.36			
1	Yech Chou Safia	01	47.27	09-08	vs
2	Iven Kayla	02	49.09	25-10	csf
3	Kassianoff Grace	01	54.59	17-08	resc

1000 m		RC : 3.14.33			
1	Iven Kayla	02	3.23.95	21-06	smac
2	Verriez Laura	01	3.33.77	26-10	rsca
3	Itoe Cecile	01	3.38.24	22-06	rsca
4	Yech Chou Safia	01	3.38.45	07-06	csf
5	Derdari Yasmine	01	3.42.80	04-05	resc
6	Sandon Lisa	02	3.43.98	04-05	resc
7	Pieters Coralie	02	3.59.62	30-03	resc
8	Vanlaer Leila	02	4.00.97	30-03	resc
9	Denis Elise	02	4.02.17	30-03	resc
10	Becker Violette	02	4.03.30	30-03	resc
11	Tshanga Diumba Robiane	01	4.08.73	30-03	resc
12	Kassianoff Grace	01	4.10.11	30-03	resc
13	Saadi Marwa	01	4.16.56	04-05	resc
14	Ajerrar Dalia	02	4.23.65	31-05	dacm
15	Njema Noemi	02	5.01.88	04-05	resc
16	Hayoun Nadha	02	5.11.97	30-03	resc

60 m haies (76 cm)		RC : 10.05			
1	Yech Chou Safia	01	10.62	23-08	vita
2	Itoe Cecile	01	12.17	11-10	rcb
3	Iven Kayla	02	13.84	11-10	rcb
4	Becker Violette	02	14.40	04-05	resc

150 m haies (76 cm)		RC : 22.78			
1	Yech Chou Safia	01	22.49	01-05	ws
2	Sandon Lisa	02	23.60	04-10	resc
3	Itoe Cecile	01	25.41	01-05	ws
4	Iven Kayla	02	26.20	04-10	resc
5	Derdari Yasmine	01	28.66	01-05	ws

Hauteur		RC : 1m57			
1	Yech Chou Safia	01	1m33	18-10	ws
2	Itoe Cecile	01	1m30	05-10	rcas
3	Verriez Laura	01	1m25	05-10	rcas
4	Tshanga Diumba Robiane	01	1m20	04-05	resc
5	Denis Elise	02	1m18	18-10	ws
6	Becker Violette	02	1m15	04-10	resc
7	Iven Kayla	02	1m10	04-10	resc
8	Ajerrar Dalia	02	1m05	04-10	resc
	Pieters Coralie	02	1m05	04-05	resc
10	Kassianoff Grace	01	1m00	04-10	resc
	Njema Noemi	02	1m00	04-05	resc

Longueur		RC : 5m00			
1	Yech Chou Safia	01	4m69	09-08	vs
2	Iven Kayla	02	4m19	09-08	vs
3	Itoe Cecile	01	4m06	22-06	rsca
4	Derdari Yasmine	01	4m03	30-03	resc
5	Verriez Laura	01	3m89	18-10	ws
6	Vanlaer Leila	02	3m63	30-03	resc
7	Becker Violette	02	3m59	18-10	ws
8	Sandon Lisa	02	3m50	30-03	resc
9	Denis Elise	02	3m41	18-10	ws
10	Tshanga Diumba Robiane	01	3m30	30-03	resc
11	Kassianoff Grace	01	3m06	30-03	resc
12	Saadi Marwa	01	3m02	30-03	resc
13	Ajerrar Dalia	02	2m97	31-05	dacm
14	Pieters Coralie	02	2m48	30-03	resc



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Poids (2 kg)		RC : 13m12			
1	Iven Kayla	02	10m44	05-10	rcas
2	Yech Chou Safia	01	8m65	07-06	csf
3	Itoe Cecile	01	7m84	18-10	ws
4	Tshanga Diumba Robiane	01	7m67	26-10	rsca
5	Denis Elise	02	6m51	30-03	resc
6	Verriez Laura	01	6m39	25-10	csf
7	Vanlaer Leila	02	6m35	30-03	resc
8	Kassianoff Grace	01	6m19	30-03	resc
9	Saadi Marwa	01	5m82	30-03	resc
10	Ajerrar Dalia	02	5m62	31-05	dacm
11	Pieters Coralie	02	4m84	30-03	resc
12	Sandon Lisa	02	4m72	30-03	resc
13	Becker Violette	02	4m59	18-10	ws
14	Hayoun Nadha	02	4m53	30-03	resc
15	Derdari Yasmine	01	3m71	30-03	resc

Disque (750 gr)		RC : 25m78			
1	Iven Kayla	02	23m84	13-09	usbw
2	Yech Chou Safia	01	17m76	13-09	usbw
3	Itoe Cecile	01	11m72	07-06	csf
4	Verriez Laura	01	9m48	07-06	csf

Javelot (400 gr)		RC : 30m13			
1	Iven Kayla	02	30m47	11-10	rcb
2	Yech Chou Safia	01	17m22	30-03	resc
3	Vanlaer Leila	02	14m06	30-03	resc
4	Itoe Cecile	01	11m49	11-10	rcb
5	Tshanga Diumba Robiane	01	11m24	30-03	resc
6	Sandon Lisa	02	10m18	30-03	resc
7	Denis Elise	02	9m26	30-03	resc
8	Hayoun Nadha	02	8m76	30-03	resc
9	Ajerrar Dalia	02	7m64	31-05	dacm
10	Becker Violette	02	7m31	30-03	resc
11	Kassianoff Grace	01	7m22	30-03	resc
12	Pieters Coralie	02	5m73	30-03	resc

Pentathlon		RC : 3021 p			
1	Yech Chou Safia	01	2620 p	18-10	ws
2	Iven Kayla	02	2514 p	03-08	vmol
3	Itoe Cecile	01	2092 p	18-10	ws
4	Verriez Laura	01	2049 p	18-10	ws
5	Vanlaer Leila	02	1743 p	30-03	resc
6	Denis Elise	02	1606 p	18-10	ws
7	Tshanga Diumba Robiane	01	1493 p	30-03	resc
8	Sandon Lisa	02	1488 p	30-03	resc
9	Derdari Yasmine	01	1461 p	30-03	resc
10	Becker Violette	02	1397 p	18-10	ws
11	Kassianoff Grace	01	1141 p	30-03	resc
12	Saadi Marwa	01	1099 p	30-03	resc
13	Ajerrar Dalia	02	1074 p	31-05	dacm
14	Pieters Coralie	02	1002 p	30-03	resc
15	Hayoun Nadha	02	442 p	30-03	resc

4 x 80 m		RC : 42.69			
Iven, Itoe, Verriez, Tshanga		47.09		26-10	rsca

CADETTES FILLES (2000 - 1999)

100 m		RC : 12.64			
1	Schauwers Manon	99	12.89	31-07	rfcl
2	Henry Morgane	99	14.01	04-10	resc
3	Vanden Bergh Joy	00	14.31	03-05	cabw
4	Ouali Sirine	00	14.62	21-04	csf
5	Micheli Dimitra	00	15.14	28-04	smac
6	Merino Noelia	99	15.22	06-07	resc
7	Beyaert Amelie	00	15.23	04-10	resc
8	El Khamlichi Oumaima	99	15.53	21-04	csf
9	Aragones Elena	00	16.02	21-04	csf

200 m		RC : 26.14			
1	Schauwers Manon	99	27.00	28-09	huy
2	Micheli Dimitra	00	31.26	03-05	cabw
3	Beyaert Amelie	00	33.88	21-04	csf

300 m		RC : 42.65			
1	Schauwers Manon	99	42.36	12-07	sacn
2	Henry Morgane	99	50.31	24-08	aclo
3	Beyaert Amelie	00	55.48	24-06	spvi

400 m		RC : 57.61			
1	Moons Margaux	00	66.27	03-05	cabw
2	Ouali Sirine	00	69.81	21-04	csf
3	El Khamlichi Oumaima	99	74.44	21-04	csf
4	Beyaert Amelie	00	86.90	17-08	resc

800 m		RC : 2.21.88			
1	Schauwers Manon	99	2.24.47	29-06	resc
2	Muls Camille	99	2.27.86	24-05	usbw
3	Henry Morgane	99	2.55.82	28-09	rcas
4	Merino Noelia	99	2.56.92	21-04	csf
5	Ouali Sirine	00	2.59.12	28-09	rcas
6	Camara Fiona	00	3.03.21	28-09	rcas
7	Micheli Dimitra	00	3.07.03	28-09	rcas

1500 m		RC : 4.53.37			
1	Aragones Elena	00	6.31.11	03-05	cabw
2	Beyaert Amelie	00	7.48.78	29-08	ws

Mile		RC : 5.37.33			
1	Muls Camille	99	5.48.60	04-10	resc

80 m haies (76 cm)		RC : 11.95			
1	Schauwers Manon	99	11.88	28-06	resc
2	Henry Morgane	99	15.36	24-05	usbw
3	Ouali Sirine	00	15.43	21-04	csf
4	Micheli Dimitra	00	17.01	27-09	rcas
5	Merino Noelia	99	17.22	21-04	csf
6	Camara Fiona	00	21.86	27-09	rcas

300 m haies (76 cm)		RC : 45.51			
1	Schauwers Manon	99	45.77	31-08	vs
2	Ouali Sirine	00	54.78	21-04	csf
3	Micheli Dimitra	00	60.05	27-04	smac

Hauteur		RC : 1m68			
1	Schauwers Manon	99	1m66	28-06	resc
2	Henry Morgane	99	1m40	25-04	csf
3	Ouali Sirine	00	1m25	25-04	csf
4	Micheli Dimitra	00	1m24	27-09	rcas
5	Camara Fiona	00	1m21	27-09	rcas

Longueur		RC : 5m74			
1	Schauwers Manon	99	5m37	22-06	olse
2	Sudi Sauda Daniella	99	4m09	21-04	csf
3	Merino Noelia	99	4m02	21-04	csf
4	Micheli Dimitra	00	3m87	28-09	rcas
5	Henry Morgane	99	3m77	28-09	rcas
	Ouali Sirine	00	3m77	28-09	rcas
7	Vanden Bergh Joy	00	3m53	21-04	csf
8	Camara Fiona	00	3m48	28-09	rcas
9	Beyaert Amelie	00	3m20	06-07	resc

Triple saut		RC : 11m71			
1	Vanden Bergh Joy	00	9m36	04-10	resc
2	Sudi Sauda Daniella	99	9m12	21-04	csf



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Poids (3 kg)		RC : 12m10			
1	Schauwers Manon	99	9m96	25-07	rflc
2	Beyaert Amelie	00	7m83	13-07	dacm
3	Camara Fiona	00	7m58	27-09	rcas
4	Ouali Sirine	00	7m04	27-09	rcas
5	Micheli Dimitra	00	5m72	27-09	rcas
6	Henry Morgane	99	5m61	27-09	rcas
7	Aragones Elena	00	5m10	21-04	csf

Disque (1 kg)		RC : 37m60			
1	Beyaert Amelie	00	11m25	03-05	cabw

Javelot (500 gr)		RC : 36m86			
1	Schauwers Manon	99	22m50	29-06	resc
2	Ouali Sirine	00	16m04	03-05	cabw
3	Beyaert Amelie	00	12m85	05-10	rcas
4	Henry Morgane	99	12m66	28-09	rcas
5	Micheli Dimitra	00	12m61	28-09	rcas
6	Aragones Elena	00	12m20	05-10	rcas
7	Camara Fiona	00	11m48	28-09	rcas

Hexathlon		RC : 3625 p			
1	Schauwers Manon	99	3901 p	29-06	resc
2	Ouali Sirine	00	1989 p	28-09	rcas
3	Micheli Dimitra	00	1672 p	28-09	rcas
4	Henry Morgane	99	1502 p	28-09	rcas
5	Camara Fiona	00	1405 p	28-09	rcas

4 x 100 m		RC : 50.59		
Micheli, Henry, Vanden Bergh, Sudi Sauda	56.29	21-09	smac	

SCOLAIRES FEMMES (1998 - 1997)

100 m		RC : 12.41			
1	Van Der Veken Cindy	97	12.33	17-05	aclo
2	Noel Nehemie Keysha	98	12.90	26-07	resc
3	Van Der Veken Noemie	97	12.94	24-05	usbw
4	Gelbgras Moisa	97	13.30	04-10	resc
5	Cocozza Olivia	98	13.61	04-05	resc
6	Ralembert Fleurine	97	13.82	27-04	smac
7	Madani Sarah	98	14.11	20-07	avka
8	Van De Sype Chloe	97	14.16	21-08	vs
9	Bah Yaye Binta	97	14.57	20-08	riwa
10	Assina Madeleine	97	14.59	29-08	ws
11	Vanlaer Jessica	97	14.70	21-04	csf
12	Montilla Morgane	98	14.88	25-05	kape
13	Zikokola Mosa Ruth	98	16.18	20-09	csf

200 m		RC : 25.34			
1	Van Der Veken Cindy	97	25.42	17-05	aclo
2	Van Der Veken Noemie	97	26.98	23-08	csf
3	Noel Nehemie Keysha	98	27.05	04-10	resc
4	Cocozza Olivia	98	28.61	04-05	resc
	Gelbgras Moisa	97	28.61	21-04	csf
6	Bah Yaye Binta	97	29.55	06-09	volh
7	Van De Sype Chloe	97	29.71	27-09	rcas
8	Madani Sarah	98	30.27	20-07	avka
9	Salmon Charlotte	98	30.51	21-04	csf
10	Montilla Morgane	98	30.67	26-04	rcas
11	Zikokola Mosa Ruth	98	33.87	20-09	csf

300 m		RC : 39.65			
1	Van Der Veken Cindy	97	42.74	24-06	spvi
2	Van Der Veken Noemie	97	45.15	24-06	spvi

400 m		RC : 56.03			
1	Gelbgras Moisa	97	68.33	26-05	usbw
2	Salmon Charlotte	98	69.16	27-04	smac
3	Montilla Morgane	98	71.28	21-04	csf
4	Assina Madeleine	97	75.73	22-06	rsca

800 m		RC : 2.15.60			
1	Badibanga Betelu Natale	98	2.40.69	24-05	usbw
2	Montilla Morgane	98	2.43.74	27-04	rcas
3	Van De Sype Chloe	97	2.56.34	28-09	rcas

1000 m		RC : 3.01.95			
1	Badibanga Betelu Natale	98	3.33.57	25-04	csf
2	Barhdadi Lina	97	3.34.27	25-04	csf
3	El Zoljami Imane	98	3.58.05	25-04	csf

1500 m		RC : 4.50.73			
1	Barhdadi Lina	97	5.33.79	24-05	usbw
2	El Zoljami Imane	98	6.16.11	21-04	csf

Mile		RC : 5.22.27			
1	Barhdadi Lina	97	5.48.48	04-10	resc

3000 m		RC : 10.43.20			
1	El Zoljami Imane	98	13.57.35	03-05	cabw

100 m haies (76cm)		RC : 13.92			
1	Van De Sype Chloe	97	17.23	27-09	rcas
2	Montilla Morgane	98	18.96	27-09	rcas
3	Ralembert Fleurine	97	18.98	27-04	smac

400 m haies (76 cm)		RC : 68.18			
1	Bah Yaye Binta	97	76.73	21-04	csf

Hauteur		RC : 1m68			
1	Van Der Veken Noemie	97	1m45	03-05	cabw
2	Van De Sype Chloe	97	1m39	27-09	rcas
3	Montilla Morgane	98	1m35	26-04	rcas

Longueur		RC : 6m08			
1	Ralembert Fleurine	97	4m94	24-05	usbw
2	Van De Sype Chloe	97	4m64	28-09	rcas
3	Van Der Veken Noemie	97	4m59	13-09	jsmc
4	Vanlaer Jessica	97	4m38	21-04	csf
5	Montilla Morgane	98	4m04	27-04	rcas

Triple saut		RC : 12m15			
1	Van De Sype Chloe	97	10m62	30-08	vs
2	Lecomte Christina	98	9m85	03-05	cabw
3	Noel Nehemie Keysha	98	9m27	04-10	resc

Perche		RC : 3m36			
1	Van De Sype Chloe	97	3m21	17-05	aclo

Poids (3 kg)		RC : 12m64			
1	Van De Sype Chloe	97	11m34	03-05	cabw
2	Montilla Morgane	98	9m50	17-08	resc
3	Badibanga Betelu Natale	98	7m29	21-04	csf

Disque (1 kg)		RC : 47m99			
1	Van Der Veken Noemie	97	30m20	24-05	usbw
2	Van De Sype Chloe	97	29m05	12-10	rsca
3	Montilla Morgane	98	21m58	21-04	csf

Javelot (500 gr)		RC : 36m86			
1	Montilla Morgane	98	37m30	25-05	kape
2	Van De Sype Chloe	97	28m41	28-09	rcas

Marteau (3 kg)		RC : 43m80			
1	Van De Sype Chloe	97	21m57	01-07	bbs

Heptathlon		RC : 4701 p			
1	Van De Sype Chloe	97	3430 p	28-09	rcas
2	Montilla Morgane	98	3217 p	27-04	rcas



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4 x 100 m	RC : 48.97			
Ralembert, Noel, Van Der Veken, Van Der Veken	49.32	05-09	bxl	

JUNIORS FEMMES (1996 - 1995)

100 m	RC : 12.11			
1 Badji Jalika	96	12.90	23-08	csf
Mwamine Robine	96	12.90	13-07	dacm
2 Klai Anissa	96	12.97	23-08	csf
3 Guisse Saliyya	96	13.15	21-04	csf
5 Kassianoff Sylvie	96	13.59	04-05	resc
6 Quirin Margaux	95	13.92	05-08	vs
7 Luypaert Naomy	95	14.28	21-04	csf

200 m	RC : 24.65			
1 Badji Jalika	96	26.48	21-06	lier
2 Klai Anissa	96	26.66	23-08	csf
3 Kassianoff Sylvie	96	27.31	01-05	rfcl
4 Luypaert Naomy	95	29.73	04-05	resc
5 Guisse Saliyya	96	29.96	27-09	rcas

300 m	RC : 39.65			
1 Klai Anissa	96	41.97	09-08	dcla
2 Badji Jalika	96	42.55	24-06	spvi
3 Kassianoff Sylvie	96	43.55	24-06	spvi

400 m	RC : 56.03			
1 Klai Anissa	96	58.31	26-07	resc
2 Kassianoff Sylvie	96	61.61	17-08	resc
3 Badji Jalika	96	61.74	04-05	resc

800 m	RC : 2.11.36			
1 Tshiasuma Jessie	96	2.24.70	04-05	resc
2 Guisse Saliyya	96	3.37.87	28-09	rcas

1500 m	RC : 4.30.09			
1 Tshiasuma Jessie	96	5.01.47	26-07	resc

Mile	RC : 5.15.10			
1 Tshiasuma Jessie	96	5.37.11	04-10	resc

400 m haies (76 cm)	RC : 65.29			
1 Badji Jalika	96	66.57	17-05	aclo
2 Kassianoff Sylvie	96	67.07	17-05	aclo

Longueur	RC : 6m08			
1 Guisse Saliyya	96	5m33	21-04	csf

Triple saut	RC : 12m15			
1 Guisse Saliyya	96	12m11	21-04	csf

Perche	RC : 3m54			
1 Quirin Margaux	95	3m90	12-07	kks
2 Luypaert Naomy	95	2m20	21-04	csf

Poids (4 kg)	RC : 13m12			
1 Guisse Saliyya	96	7m01	27-09	rcas

Disque (1 kg)	RC : 47m99			
1 Guisse Saliyya	96	17m51	15-06	rcas

Javelot (600 gr)	RC : 38m45			
1 Guisse Saliyya	96	19m17	14-06	csf

Marteau (4 kg)	RC : 56m30			
1 Guisse Saliyya	96	12m29	12-10	rsca

Heptathlon	RC : 3405 p			
1 Guisse Saliyya	96	1449 p	28-09	rcas

4 x 100 m	RC : 48.00			
Kassianoff, Klai, Badji, Mwamine	49.86	31-08	vs	

ESPOIRS FEMMES (1994 - 1993 - 1992)

100 m	RC : 11.42			
1 Lins Noemie	94	13.19	14-06	csf
2 Passagez Anne Miriam	94	15.44	02-08	vita

200 m	RC : 24.65			
1 Lins Noemie	94	28.24	21-04	csf
2 Passagez Anne Miriam	94	32.00	30-08	lebb
3 Guisse Shaena	94	33.53	27-09	rcas

300 m	RC : 39.65			
1 Cok Evelyn	91	50.32	15-06	rcas

400 m	RC : 56.03			
1 Cok Evelyn	91	74.63	07-06	duff

800 m	RC : 2.11.36			
1 Guisse Shaena	94	3.33.17	28-09	rcas

100 m haies (84 cm)	RC : 12.79			
1 Guisse Shaena	94	22.22	27-09	rcas

Hauteur	RC : 1m88			
1 Vlerick Ophelia	94	1m45	21-04	csf
2 Guisse Shaena	94	1m27	27-09	rcas

Longueur	RC : 6m08			
1 Lins Noemie	94	5m05	21-04	csf
2 Guisse Shaena	94	4m07	21-04	csf

Poids (4 kg)	RC : 13m12			
1 Guisse Shaena	94	8m99	01-05	rfcl

Disque (1 kg)	RC : 47m99			
1 Guisse Shaena	94	32m03	14-09	jsmc

Javelot (600 gr)	RC : 38m45			
1 Vlerick Ophelia	94	20m07	21-04	csf
2 Guisse Shaena	94	18m78	21-04	csf

Marteau (4 kg)	RC : 56m30			
1 Guisse Shaena	94	24m68	12-10	rsca

Heptathlon	RC : 4804 p			
1 Guisse Shaena	94	1806 p	28-09	rcas

4 x 100 m	RC : 48.00			
Lins, Klai, Badji, Mwamine	49.92	07-09	rfcl	

4 x 200 m	RC : 1.41.96			
Badji, Kassianoff, Lins, Mwamine	1.48.16	21-09	smac	

SENIORS FEMMES (1994 - 1980)

100 m	RC : 11.42			
1 Zagre Anne	90	11.44	09-05	USA
2 Lins Noemie	94	13.19	14-06	csf
3 Cok Evelyn	91	14.43	06-09	volh
4 Passagez Anne Miriam	94	15.44	02-08	vita



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200 m					RC : 24.03
1	Zagre Anne	90	23.80	17-04	USA
2	Lins Noemie	94	28.24	21-04	csf
3	Cok Evelyn	91	29.72	23-08	csf
4	Passagez Anne Miriam	94	32.00	30-08	lebb
5	Guisse Shaena	94	33.53	27-09	rcas
300 m					RC : 39.65
1	Gillet Delphine	86	43.27	21-07	rcg
2	Cok Evelyn	91	50.32	15-06	rcas
400 m					RC : 56.03
1	Gillet Delphine	86	59.25	31-05	ea
2	Cok Evelyn	91	74.63	07-06	duff
800 m					RC : 2.05.85
1	Laurent Agnes	88	2.11.92	24-05	avlo
2	Guisse Shaena	94	3.33.17	28-09	rcas
1500 m					RC : 4.12.85
1	Laurent Agnes	88	4.19.68	19-07	avt
2	Coukard Deborah	80	6.27.98	14-06	csf
3000 m					RC : 8.49.85
1	Laurent Agnes	88	9.38.06	21-06	EST
100 m haies (84 cm)					RC : 12.79
1	Zagre Anne	90	12.83	12-08	SUI
2	Hostyn Priscilla	90	15.68	10-05	damp
3	Guisse Shaena	94	22.22	27-09	rcas
3000 m steeple (76 cm)					RC : -
1	Laurent Agnes	88	10.36.98	09-08	dcla
Hauteur					RC : 1m95
1	Vlerick Ophelia	94	1m45	21-04	csf
2	Guisse Shaena	94	1m27	27-09	rcas
Longueur					RC : 6m28
1	Lins Noemie	94	5m05	21-04	csf
2	Guisse Shaena	94	4m07	21-04	csf
Poids (4 kg)					RC : 13m12
1	Reynaerts Stephanie	80	9m89	22-05	ws
2	Guisse Shaena	94	8m99	01-05	rfcl
3	Laurent Agnes	88	5m89	15-08	dacm
Disque (1 kg)					RC : 47m99
1	Reynaerts Stephanie	80	34m41	06-07	resc
2	Guisse Shaena	94	32m03	14-09	jsmc
3	Laurent Agnes	88	13m92	15-08	dacm
Javelot (600 gr)					RC : 38m45
1	Mouzon Emmanuelle	91	30m94	10-05	damp
2	Reynaerts Stephanie	80	29m02	21-04	csf
3	Zagre Anne	90	20m71	04-10	resc
4	Vlerick Ophelia	94	20m07	21-04	csf
5	Guisse Shaena	94	18m78	21-04	csf
Marteau (4 kg)					RC : 56m30
1	Reynaerts Stephanie	80	29m64	25-04	csf
2	Guisse Shaena	94	24m68	12-10	rsca
3	Mouzon Emmanuelle	91	22m71	12-10	rsca
Heptathlon					RC : 4804 p
1	Guisse Shaena	94	1806 p	28-09	rcas
4 x 400 m					RC : 3.54.68
Kassianoff, Gillet, Badji, Klai					4.05.46 10-05 damp

MASTERS FEMMES 35

100 m					RC : 13.37
1	Debaillie Isabelle	74	15.72	17-08	resc
200 m					RC : 27.44
1	Nkumu Bakuba Nancy	77	28.43	14-06	lebb
400 m					RC : 62.45
1	Nkumu Bakuba Nancy	77	62.44	15-06	lebb
1000 m					RC : 2.55.49
1	Debaillie Isabelle	74	3.53.00	13-07	dacm
1500 m					RC : 4.36.30
1	Debaillie Isabelle	74	6.12.53	15-06	lebb
Mile					RC : -
1	Debaillie Isabelle	74	6.56.75	04-10	resc
3000 m					RC : 9.29.60
1	Debaillie Isabelle	74	14.36.11	21-04	csf
Longueur					RC : 5m26
1	Nkumu Bakuba Nancy	77	4m55	15-06	lebb
Poids (4 kg)					RC : 10m10
1	Adam Benedicte	78	10m50	10-05	damp
2	Debaillie Isabelle	74	7m80	13-07	dacm
Disque (1 kg)					RC : 27m77
1	Adam Benedicte	78	29m85	06-07	resc
Javelot (600 gr)					RC : 21m57
1	Adam Benedicte	78	25m00	21-04	csf
2	Debaillie Isabelle	74	18m13	15-06	lebb
Marteau (4 kg)					RC : 22m25
1	Adam Benedicte	78	22m02	12-10	rsca
4 x 100 m					RC : 57.63
Boonaert, Cardenas, Debaillie, Nkumu Bakuba					56.38 08-06 csf
4 x 800 m					RC : -
Adam, Dujardin, Nkumu Bakuba, Cardenas Ojito					10.51.30 21-09 smac
Ekiden					RC : -
Nkumu Bakuba, Adam, Boonaert, Cardoso Da Rocha, Cardenas Ojito, Debaillie					3h40.52 18-10 bxl

MASTERS FEMMES 40

100 m					RC : 14.33
1	Cardenas Ojito Janet	73	14.09	17-08	resc
200 m					RC : 29.22
1	Cardenas Ojito Janet	73	28.93	22-08	TUR
300 m					RC : 50.11
1	Cardenas Ojito Janet	73	46.10	13-07	?
400 m					RC : 62.09
1	Cardenas Ojito Janet	73	63.67	27-08	TUR
800 m					RC : 2.24.29
1	Cardenas Ojito Janet	73	2.27.04	30-08	TUR



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80 m haies (76 cm)	RC : 16.00			
1 Cardenas Ojito Janet	73	16.62	22-08	TUR

Hauteur	RC : 1m35			
1 Cardenas Ojito Janet	73	1m34	22-08	TUR

Longueur	RC : 4m96			
1 Cardenas Ojito Janet	73	4m02	23-08	TUR

Poids (4 kg)	RC : 7m21			
1 De Buyst Nadia	73	7m52	21-04	csf
2 Cardenas Ojito Janet	73	7m50	21-04	csf

Disque (1 kg)	RC : 26m81			
1 De Buyst Nadia	73	25m10	15-08	dacm
2 Cardenas Ojito Janet	73	18m23	21-04	csf

Javelot (600 gr)	RC : 21m57			
1 Cardenas Ojito Janet	73	22m33	21-04	csf
2 De Buyst Nadia	73	18m81	19-10	rcas

Marteau (4 kg)	RC : -			
1 Milants Marilyn	74	12m85	12-10	rsca

Heptathlon	RC : 2959 p			
1 Cardenas Ojito Janet	73	3572 p	23-08	TUR

MASTERS FEMMES 45

100 m	RC : 14.01			
1 Boonaert Caroline	64	14.26	08-06	csf

200 m	RC : 30.74			
1 Boonaert Caroline	64	29.93	21-04	csf

MASTERS FEMMES 50

100 m	RC : 16.87			
1 Boonaert Caroline	64	14.24	04-10	resc

200 m	RC : -			
1 Boonaert Caroline	64	29.97	04-10	resc

3000 m	RC : -			
1 Cardoso Da Rocha Maria Joao	64	14.08.13	08-06	csf

Marathon	RC : -			
1 Cardoso Da Rocha Maria Joao	64	4h30.05	09-09	FRA

KANGOUROUS GARÇONS (2008 - 2007)

60 m	RC : 10.31			
1 Purusi Arno	07	10.53	04-10	resc
2 Mrekeche Reda	07	11.56	30-03	resc

600 m	RC : 2.24.17			
1 Mrekeche Reda	07	2.21.17	30-03	resc
2 Purusi Arno	07	2.25.34	18-10	ws

Longueur	RC : 3m24			
1 Purusi Arno	07	2m53	18-10	ws
2 Mrekeche Reda	07	2m00	30-03	resc

Poids (1 kg)	RC : 7m40			
1 Mrekeche Reda	07	4m03	30-03	resc

Tetrathlon	RC : 1055 p			
1 Mrekeche Reda	07	594 p	30-03	resc
2 Purusi Arno	07	530 p	18-10	ws

BENJAMINS GARÇONS (2006 - 2005)

60 m	RC : 9.17			
1 Arifi Reda	05	10.05	18-10	ws
2 Boukria Jawad	05	10.06	18-10	ws
3 Ayat Ramy	05	10.10	18-10	ws
4 Theys Norick	06	10.33	01-05	ws
5 Saadi Mohamed	05	10.50	30-03	resc
6 Declercq Jonas	05	10.51	30-03	resc
7 Youla Blaise	06	10.64	30-03	resc
8 Cornelis Darwin	06	10.91	30-03	resc
Rivero Hortal Mateo	05	10.91	30-03	resc
10 Verriez Ludovic	06	11.07	28-09	rcas
11 Pieters Nicolas	05	11.13	30-03	resc
12 Dakir Anis	06	11.37	31-05	dacm
13 El Mrabet Nawfel	06	12.64	31-05	dacm

600 m	RC : 1.58.56			
1 Arifi Reda	05	1.58.80	06-07	resc
2 Boukria Jawad	05	2.09.00	18-10	ws
3 Ayat Ramy	05	2.11.71	18-10	ws
4 Chekem Harold	06	2.13.61	06-07	resc
5 Cornelis Darwin	06	2.15.85	04-05	resc
6 Saadi Mohamed	05	2.15.98	04-05	resc
7 Theys Norick	06	2.16.37	31-05	dacm
8 Rivero Hortal Mateo	05	2.20.92	30-03	resc
9 Verriez Ludovic	06	2.23.16	28-09	rcas
10 Youla Blaise	06	2.25.10	30-03	resc
11 Declercq Jonas	05	2.25.25	30-03	resc
12 Pieters Nicolas	05	2.26.70	30-03	resc
13 Dakir Anis	06	2.30.46	04-05	resc
14 El Mrabet Nawfel	06	2.41.13	30-03	resc

Hauteur	RC : 1m25			
1 Theys Norick	06	1m00	11-10	rcb

Longueur	RC : 4m19			
1 Boukria Jawad	05	3m19	18-10	ws
2 Ayat Ramy	05	3m07	18-10	ws
3 Arifi Reda	05	2m91	31-05	dacm
4 Theys Norick	06	2m87	20-09	vita
5 Saadi Mohamed	05	2m75	30-03	resc
6 Rivero Hortal Mateo	05	2m58	31-05	dacm
7 Cornelis Darwin	06	2m52	30-03	resc
8 Pieters Nicolas	05	2m39	30-03	resc
9 Verriez Ludovic	06	2m32	18-10	ws
10 Dakir Anis	06	2m27	31-05	dacm
11 El Mrabet Nawfel	06	2m00	31-05	dacm
12 Declercq Jonas	05	1m98	30-03	resc

Poids (1 kg)	RC : 11m68			
1 Arifi Reda	05	7m92	18-10	ws
2 Ayat Ramy	05	6m92	18-10	ws
3 Boukria Jawad	05	6m68	07-06	csf
4 Rivero Hortal Mateo	05	6m57	30-03	resc
5 Theys Norick	06	6m05	13-07	add
6 Pieters Nicolas	05	5m87	30-03	resc
7 Saadi Mohamed	05	5m34	30-03	resc
8 Declercq Jonas	05	4m79	30-03	resc
9 Cornelis Darwin	06	4m32	30-03	resc
10 Dakir Anis	06	4m01	30-03	resc
11 El Mrabet Nawfel	06	3m99	30-03	resc
12 Youla Blaise	06	3m93	30-03	resc
13 Verriez Ludovic	06	3m36	18-10	ws



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Balle de hockey		RC : 40m13			
1	Arifi Reda	05	28m55	28-09	rcas
2	Boukria Jawad	05	22m93	01-05	ws
3	Pieters Nicolas	05	17m86	04-05	resc
4	Cornelis Darwin	06	17m60	04-05	resc
5	Theys Norick	06	16m93	23-08	vita
6	Rivero Hortal Mateo	05	13m21	31-05	dacm
7	Dakir Anis	06	11m78	31-05	dacm
8	El Mrabet Nawfel	06	11m18	31-05	dacm
9	Verriez Ludovic	06	10m15	04-10	resc

Tetrathlon		RC : 2099 p			
1	Arifi Reda	05	1489 p	18-10	ws
2	Boukria Jawad	05	1330 p	18-10	ws
3	Ayat Ramy	05	1300 p	18-10	ws
4	Theys Norick	06	976 p	28-04	herv
5	Rivero Hortal Mateo	05	913 p	30-03	resc
6	Saadi Mohamed	05	891 p	30-03	resc
7	Cornelis Darwin	06	815 p	30-03	resc
8	Declercq Jonas	05	769 p	30-03	resc
9	Pieters Nicolas	05	758 p	30-03	resc
10	Youla Blaise	06	689 p	30-03	resc
11	Verriez Ludovic	06	546 p	28-09	rcas
12	Dakir Anis	06	513 p	30-03	resc
13	El Mrabet Nawfel	06	286 p	30-03	resc

PUPILLES GARÇONS (2004 - 2003)

60 m		RC : 8.42			
1	Medan Marko	03	8.55	27-09	cabw
2	Demagnet Lounis	03	9.15	18-10	ws
3	Arifi Ilias	04	9.37	18-10	ws
4	Chekem Ramses	03	9.40	03-08	dac
5	Purusi Arthur	04	9.47	18-10	ws
6	Derome Julien	04	9.50	18-10	ws
7	Codutti Axel	03	9.57	30-03	resc
8	Boniver Evan	03	9.63	26-04	herv
9	Ivens Filip	04	9.75	18-10	ws
10	De Tollenaere Tom	03	9.79	04-10	resc
11	Sibourg Valentin	04	9.90	19-10	caf
12	Kamara Sanael	04	9.94	30-03	resc
13	Taghret Badr	03	10.00	25-10	csf
14	Taieb Rayane	03	10.13	22-06	rsca
15	Deblauwe Rodrigue	03	10.25	30-03	resc
	Talha Zakaria	03	10.25	30-03	resc
17	Kassianoff Yvan	03	10.29	30-03	resc
18	Van Elsuwe Alexis	04	10.32	07-06	csf
19	Jamart Loic	04	10.68	25-04	csf
20	Petrov Victor	04	10.90	30-03	resc
21	Jamart Bastien	04	11.19	30-03	resc
22	Lafkir Zakaria	03	11.26	30-03	resc

1000 m		RC : 3.14.18			
1	Demagnet Lounis	03	3.16.29	06-07	resc
2	Medan Marko	03	3.30.59	18-10	ws
3	Kamara Sanael	04	3.30.92	15-06	rcas
4	Boniver Evan	03	3.35.55	31-05	dacm
5	Taghret Badr	03	3.37.22	30-03	resc
6	Arifi Ilias	04	3.39.34	04-05	resc
7	De Tollenaere Tom	03	3.41.16	31-05	dacm
8	Derome Julien	04	3.42.75	26-10	rsca
9	Van Elsuwe Alexis	04	3.43.43	18-10	ws
10	Codutti Axel	03	3.44.15	31-05	dacm
11	Chekem Ramses	03	3.44.64	26-10	rsca
12	Sibourg Valentin	04	3.51.52	26-10	rsca
13	Taieb Rayane	03	3.53.73	22-06	rsca
14	Kassianoff Yvan	03	3.54.73	30-03	resc
15	Talha Zakaria	03	3.56.74	30-03	resc
16	Ivens Filip	04	4.00.84	04-05	resc
17	Purusi Arthur	04	4.07.69	17-08	resc
18	Deblauwe Rodrigue	03	4.08.20	04-05	resc

19	Petrov Victor	04	4.32.85	30-03	resc
20	Jamart Loic	04	4.46.70	04-05	resc
21	Jamart Bastien	04	5.42.81	30-03	resc

60 m haies (76 cm)		RC : 10.24			
1	Demagnet Lounis	03	12.40	04-05	resc
2	Taghret Badr	03	14.77	14-06	csf

Hauteur		RC : 1m49			
1	Medan Marko	03	1m20	07-06	csf
	Taghret Badr	03	1m20	07-06	csf
3	Demagnet Lounis	03	1m17	11-10	rcb
4	De Tollenaere Tom	03	1m10	30-03	resc
5	Derome Julien	04	1m05	07-06	csf
6	Talha Zakaria	03	1m04	30-03	resc
7	Boniver Evan	03	1m01	30-03	resc
	Deblauwe Rodrigue	03	1m01	30-03	resc
	Kamara Sanael	04	1m01	30-03	resc
10	Codutti Axel	03	0m95	30-03	resc
	Kassianoff Yvan	03	0m95	30-03	resc
	Sibourg Valentin	04	0m95	30-03	resc
13	Arifi Ilias	04	0m90	11-10	rcb
	Van Elsuwe Alexis	04	0m90	07-06	csf

Longueur		RC : 4m75			
1	Medan Marko	03	4m42	18-10	ws
2	Demagnet Lounis	03	3m73	15-06	rcas
3	Boniver Evan	03	3m69	17-08	resc
	Codutti Axel	03	3m69	31-05	dacm
5	Taieb Rayane	03	3m62	22-06	rsca
6	Chekem Ramses	03	3m61	26-10	rsca
7	Purusi Arthur	04	3m48	18-10	ws
8	Kamara Sanael	04	3m46	22-06	rsca
9	De Tollenaere Tom	03	3m42	17-08	resc
10	Sibourg Valentin	04	3m34	18-10	ws
11	Ivens Filip	04	3m27	18-10	ws
12	Arifi Ilias	04	3m19	15-06	rcas
13	Derome Julien	04	3m18	18-10	ws
14	Van Elsuwe Alexis	04	3m07	06-09	rcas

Poids (2 kg)		RC : 11m71			
1	Chekem Ramses	03	8m61	03-08	dac
2	Medan Marko	03	7m72	07-06	csf
3	Taieb Rayane	03	7m55	22-06	rsca
4	Kamara Sanael	04	6m84	07-06	csf
5	De Tollenaere Tom	03	6m74	31-05	dacm
6	Demagnet Lounis	03	6m54	13-09	usbw
7	Boniver Evan	03	6m36	26-04	herv
8	Taghret Badr	03	6m24	25-10	csf
9	Codutti Axel	03	6m13	31-05	dacm
10	Van Elsuwe Alexis	04	5m30	12-10	rsca
11	Arifi Ilias	04	5m12	31-05	dacm
	Deblauwe Rodrigue	03	5m12	30-03	resc
13	Sibourg Valentin	04	4m76	31-05	dacm
14	Lafkir Zakaria	03	4m37	30-03	resc
15	Jamart Loic	04	4m28	30-03	resc
16	Kassianoff Yvan	03	4m25	30-03	resc
17	Ivens Filip	04	3m99	30-03	resc
18	Derome Julien	04	3m92	07-06	csf
	Jamart Bastien	04	3m92	30-03	resc

Disque (600 gr)		RC : 31m14			
1	De Tollenaere Tom	03	16m40	01-05	ws
2	Boniver Evan	03	15m63	01-05	ws
3	Codutti Axel	03	15m37	01-05	ws
4	Van Elsuwe Alexis	04	10m06	12-10	rsca



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Balle de hockey		RC : 46m50			
1	Medan Marko	03	38m48	18-10	ws
2	De Tollenaere Tom	03	35m77	04-10	resc
3	Demanet Lounis	03	34m97	11-10	rcb
4	Chekem Ramses	03	32m50	04-05	resc
5	Taieb Rayan	03	32m14	04-05	resc
6	Boniver Evan	03	31m76	04-10	resc
7	Sibourg Valentin	04	31m35	18-10	ws
8	Taghret Badr	03	29m54	11-10	rcb
9	Codutti Axel	03	28m30	15-06	rcas
10	Kamara Sanael	04	25m02	04-05	resc
11	Arifi Ilias	04	24m13	11-10	rcb
12	Van Elsuwe Alexis	04	24m01	18-10	ws
13	Ivens Filip	04	23m91	04-10	resc
14	Purusi Arthur	04	23m18	18-10	ws
15	Deblauwe Rodrigue	03	22m71	04-05	resc
16	Jamart Bastien	04	21m70	04-05	resc
17	Kassianoff Yvan	03	18m15	04-10	resc
18	Jamart Loic	04	14m90	25-04	csf
19	Derome Julien	04	14m84	18-10	ws

Tetrathlon		RC : 2516 p			
1	Medan Marko	03	2225 p	18-10	ws
2	Demanet Lounis	03	1893 p	18-10	ws
3	Chekem Ramses	03	1608 p	03-08	dac
4	Boniver Evan	03	1588 p	31-05	dacm
5	Codutti Axel	03	1524 p	31-05	dacm
6	Kamara Sanael	04	1499 p	07-06	csf
7	De Tollenaere Tom	03	1483 p	30-03	resc
8	Taghret Badr	03	1446 p	30-03	resc
9	Arifi Ilias	04	1420 p	18-10	ws
10	Derome Julien	04	1358 p	07-06	csf
11	Sibourg Valentin	04	1357 p	18-10	ws
12	Purusi Arthur	04	1307 p	18-10	ws
13	Ivens Filip	04	1204 p	18-10	ws
14	Van Elsuwe Alexis	04	1150 p	07-06	csf
15	Deblauwe Rodrigue	03	1126 p	30-03	resc
16	Kassianoff Yvan	03	1114 p	30-03	resc
17	Talha Zakaria	03	1012 p	30-03	resc
18	Petrov Victor	04	442 p	30-03	resc
19	Jamart Loic	04	368 p	30-03	resc
20	Jamart Bastien	04	347 p	30-03	resc

4 x 60 m		RC : 33.25		
Medan, Chekem, De Tollenaere, Demanet	35.86	26-10	rsca	

MINIMES GARÇONS (2002 - 2001)

80 m		RC : 9.66			
1	Doudouhi Reda	02	11.14	05-10	rcas
2	Teklal Liam	01	11.75	18-10	ws
3	Sleewaegen Jerome	01	11.77	30-03	resc
4	D'Hautcourt Martin	02	12.03	30-03	resc
5	Abou El Fadle Adel	01	12.08	30-03	resc
6	Beyaert Corentin	02	12.10	30-03	resc
7	Srifi Kanfaoui Reda	01	12.26	30-03	resc
8	Theys Nicolas	02	12.27	04-10	resc
9	Cornelis Orson	02	12.29	30-03	resc
10	Matayron Pierre	02	12.33	30-03	resc
11	Schoonen Maximilien	01	12.34	18-10	ws
12	Degreffe Esteban	01	12.39	30-03	resc
13	Liessens Dujardin Milan	02	12.47	04-10	resc
14	Dakir Adnan	02	12.49	30-03	resc
15	Schoonen Alexandre	01	12.50	04-10	resc
16	Mrekeche Ishak	02	12.53	30-03	resc
17	Wilhelmsson Malte	02	12.55	04-10	resc
18	Boukria Ayoub	02	12.57	30-03	resc
	lazzag Nathan	02	12.57	30-03	resc
	Mullender Sebastien	02	12.57	04-10	resc
21	Laruelle Gauthier	02	12.90	30-03	resc
22	Montilla Alexis	02	12.96	30-03	resc

23	Demeere Xander	02	12.99	30-03	resc
24	Balcaen Max	02	13.70	30-03	resc
25	Berghmans Alexandre	02	13.72	30-03	resc

150 m		RC : 18.43			
1	Doudouhi Reda	02	21.30	05-10	rcas
2	Beyaert Corentin	02	22.23	04-05	resc
3	Teklal Liam	01	22.62	04-05	resc
4	Cornelis Orson	02	22.91	04-05	resc
5	lazzag Nathan	02	23.05	12-09	csf
6	Abou El Fadle Adel	01	23.33	04-05	resc
7	Srifi Kanfaoui Reda	01	23.60	04-05	resc
	Theys Nicolas	02	23.60	20-09	vita
9	Laruelle Gauthier	02	23.98	04-05	resc
10	Sleewaegen Jerome	01	24.08	04-05	resc
11	Dakir Adnan	02	24.25	04-05	resc
12	Schoonen Alexandre	01	24.36	29-08	ws
13	Degreffe Esteban	01	24.44	04-05	resc
14	Wilhelmsson Malte	02	24.56	12-09	csf
15	Boukria Ayoub	02	24.72	04-05	resc
16	Montilla Alexis	02	24.81	04-05	resc
17	Schoonen Maximilien	01	24.90	29-08	ws
18	Demeere Xander	02	25.77	04-05	resc

300 m		RC : 40.86			
1	Teklal Liam	01	46.31	20-09	dcla
2	Beyaert Corentin	02	48.65	17-08	resc
3	Sleewaegen Jerome	01	50.16	17-08	resc
4	Theys Nicolas	02	50.77	17-08	resc
5	Montilla Alexis	02	52.94	17-08	resc

1000 m		RC : 3.01.77			
1	Teklal Liam	01	3.16.98	05-10	rcas
2	Beyaert Corentin	02	3.17.08	05-10	rcas
3	Dakir Adnan	02	3.21.00	06-07	resc
4	Montilla Alexis	02	3.32.94	31-05	dacm
5	Matayron Pierre	02	3.33.88	30-03	resc
6	Laruelle Gauthier	02	3.33.91	30-03	resc
7	Theys Nicolas	02	3.36.51	31-05	dacm
8	Doudouhi Reda	02	3.38.00	31-05	dacm
9	Sleewaegen Jerome	01	3.39.55	07-06	csf
10	Mrekeche Ishak	02	3.39.63	30-03	resc
11	D'Hautcourt Martin	02	3.45.14	30-03	resc
12	Mullender Sebastien	02	3.46.68	04-05	resc
13	Liessens Dujardin Milan	02	3.48.83	31-05	dacm
14	Srifi Kanfaoui Reda	01	3.50.30	30-03	resc
15	Abou El Fadle Adel	01	3.50.53	31-05	dacm
16	Cornelis Orson	02	3.55.99	30-03	resc
17	Schoonen Alexandre	01	3.56.60	18-10	ws
18	Boukria Ayoub	02	3.58.42	31-05	dacm
19	Schoonen Maximilien	01	4.00.37	30-03	resc
20	Balcaen Max	02	4.10.47	31-05	dacm
21	Degreffe Esteban	01	4.10.65	30-03	resc
22	Wilhelmsson Malte	02	4.11.52	15-06	rcas
23	Demeere Xander	02	4.28.05	30-03	resc
24	Berghmans Alexandre	02	4.29.01	30-03	resc

80 m haies (84 cm)		RC : 12.00			
1	Sleewaegen Jerome	01	15.84	20-09	dcla
2	Teklal Liam	01	16.50	28-09	rcas
3	Beyaert Corentin	02	16.59	06-09	rcas
4	Montilla Alexis	02	17.48	28-09	rcas
5	Schoonen Maximilien	01	17.83	11-10	rcb
6	Schoonen Alexandre	01	17.91	11-10	rcb
7	Theys Nicolas	02	18.40	30-08	spvi

150 m haies (76 cm)		RC : 20.54			
1	Beyaert Corentin	02	22.68	01-05	ws
2	Sleewaegen Jerome	01	24.02	01-05	ws
3	Teklal Liam	01	24.12	04-10	resc
4	Schoonen Alexandre	01	25.53	04-10	resc



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5	Schoonen Maximilien	01	25.85	04-10	resc
6	Srifi Kanfaoui Reda	01	25.97	01-05	ws
7	Montilla Alexis	02	26.38	04-10	resc
8	Wilhelmsson Malte	02	27.67	04-10	resc

Hauteur		RC : 1m68			
1	Theys Nicolas	02	1m35	30-08	spvi
2	Schoonen Alexandre	01	1m32	18-10	ws
3	Sleewaegen Jerome	01	1m29	18-10	ws
4	Srifi Kanfaoui Reda	01	1m27	30-03	resc
5	Schoonen Maximilien	01	1m25	07-06	csf
6	Teklal Liam	01	1m24	30-03	resc
7	Beyaert Corentin	02	1m21	30-03	resc
8	D'Hautcourt Martin	02	1m18	30-03	resc
	Matayron Pierre	02	1m18	30-03	resc
10	Montilla Alexis	02	1m16	11-10	rcb
11	Abou El Fadle Adel	01	1m15	30-03	resc
	Liessens Dujardin Milan	02	1m15	30-03	resc
13	Doudouhi Reda	02	1m12	30-03	resc
	Mrekeche Ishak	02	1m12	30-03	resc
15	Dakir Adnan	02	1m10	31-05	dacm
16	Cornelis Orson	02	1m09	30-03	resc
	Degreffe Esteban	01	1m09	30-03	resc
	Iazzag Nathan	02	1m09	30-03	resc
	Laruelle Gauthier	02	1m09	30-03	resc
	Wilhelmsson Malte	02	1m09	30-03	resc
21	Balcaen Max	02	1m05	31-05	dacm
	Boukria Ayoub	02	1m05	31-05	dacm
23	Berghmans Alexandre	02	1m00	30-03	resc

Longueur		RC : 5m73			
1	Sleewaegen Jerome	01	4m34	05-10	rcas
2	Theys Nicolas	02	4m03	04-10	resc
3	Beyaert Corentin	02	3m98	18-10	ws
4	Mullender Sebastien	02	3m80	04-10	resc
5	Montilla Alexis	02	3m73	04-05	resc
6	Laruelle Gauthier	02	3m69	04-05	resc
7	Doudouhi Reda	02	3m66	04-05	resc
8	Schoonen Maximilien	01	3m64	18-10	ws
9	Schoonen Alexandre	01	3m63	18-10	ws
10	Teklal Liam	01	3m60	18-10	ws
11	Wilhelmsson Malte	02	3m56	04-10	resc
12	Liessens Dujardin Milan	02	3m53	04-10	resc
13	Boukria Ayoub	02	3m50	18-10	ws
14	Abou El Fadle Adel	01	3m46	04-05	resc
15	Degreffe Esteban	01	3m45	04-05	resc
16	Cornelis Orson	02	3m44	04-05	resc
17	Dakir Adnan	02	3m42	04-05	resc
18	Demeere Xander	02	3m19	04-05	resc

Perche		RC : 3m21			
1	Montilla Alexis	02	2m14	25-10	csf
2	Beyaert Corentin	02	1m91	29-08	ws
3	Sleewaegen Jerome	01	1m90	20-09	dcla
4	Theys Nicolas	02	1m35	17-08	resc

Poids (3 kg)		RC : 14m71			
1	Montilla Alexis	02	8m05	25-10	csf
2	Matayron Pierre	02	7m57	01-05	ws
3	Beyaert Corentin	02	7m41	01-05	ws
4	Srifi Kanfaoui Reda	01	6m86	30-03	resc
5	Abou El Fadle Adel	01	6m70	30-03	resc
6	Sleewaegen Jerome	01	6m69	07-06	csf
7	Teklal Liam	01	6m67	18-10	ws
8	Theys Nicolas	02	6m37	18-10	ws
9	Mrekeche Ishak	02	6m20	30-03	resc
10	Doudouhi Reda	02	6m05	31-05	dacm
11	Schoonen Alexandre	01	5m86	18-10	ws
12	Schoonen Maximilien	01	5m68	18-10	ws
13	Boukria Ayoub	02	5m39	07-06	csf
14	D'Hautcourt Martin	02	5m15	30-03	resc
15	Dakir Adnan	02	5m13	31-05	dacm

16	Berghmans Alexandre	02	5m12	30-03	resc
17	Demeere Xander	02	4m77	30-03	resc
18	Liessens Dujardin Milan	02	4m71	31-05	dacm
19	Cornelis Orson	02	4m55	30-03	resc
20	Laruelle Gauthier	02	4m53	30-03	resc
21	Balcaen Max	02	4m52	31-05	dacm
22	Wilhelmsson Malte	02	4m11	31-05	dacm
23	Degreffe Esteban	01	3m29	30-03	resc

Disque (750 gr)		RC : 45m01			
1	Montilla Alexis	02	20m84	13-09	lebb
2	Theys Nicolas	02	19m31	24-05	damp
3	Sleewaegen Jerome	01	16m83	07-06	csf
4	Schoonen Maximilien	01	15m03	11-10	rcb
5	Schoonen Alexandre	01	14m31	07-06	csf
6	Balcaen Max	02	11m22	07-06	csf
7	Beyaert Corentin	02	11m03	07-06	csf
8	Wilhelmsson Malte	02	10m93	07-06	csf
9	Boukria Ayoub	02	10m51	07-06	csf

Javelot (400 gr)		RC : 45m91			
1	Montilla Alexis	02	29m18	03-08	dac
2	Beyaert Corentin	02	21m56	29-08	ws
3	Teklal Liam	01	21m31	28-09	rcas
4	Balcaen Max	02	19m79	31-05	dacm
5	Mrekeche Ishak	02	19m56	30-03	resc
6	Liessens Dujardin Milan	02	17m80	31-05	dacm
7	Theys Nicolas	02	17m59	28-09	rcas
8	Sleewaegen Jerome	01	17m11	28-09	rcas
9	Schoonen Maximilien	01	16m12	11-10	rcb
10	Abou El Fadle Adel	01	15m18	31-05	dacm
11	Laruelle Gauthier	02	14m78	30-03	resc
12	Boukria Ayoub	02	13m19	31-05	dacm
13	D'Hautcourt Martin	02	12m56	30-03	resc
14	Cornelis Orson	02	11m87	30-03	resc
15	Doudouhi Reda	02	11m73	31-05	dacm
16	Wilhelmsson Malte	02	11m65	15-06	rcas
17	Schoonen Alexandre	01	11m38	29-08	ws
18	Demeere Xander	02	10m75	30-03	resc
19	Degreffe Esteban	01	10m50	30-03	resc
20	Dakir Adnan	02	10m39	31-05	dacm
21	Matayron Pierre	02	9m88	30-03	resc
22	Berghmans Alexandre	02	9m27	30-03	resc

Pentathlon		RC : 4135 p			
1	Teklal Liam	01	2260 p	18-10	ws
2	Beyaert Corentin	02	2231 p	18-10	ws
3	Sleewaegen Jerome	01	2161 p	18-10	ws
4	Theys Nicolas	02	2077 p	18-10	ws
5	Montilla Alexis	02	1992 p	31-05	dacm
6	Doudouhi Reda	02	1976 p	31-05	dacm
7	Matayron Pierre	02	1892 p	30-03	resc
8	Schoonen Alexandre	01	1873 p	18-10	ws
9	Mrekeche Ishak	02	1874 p	30-03	resc
10	D'Hautcourt Martin	02	1772 p	30-03	resc
11	Schoonen Maximilien	01	1763 p	18-10	ws
12	Abou El Fadle Adel	01	1761 p	31-05	dacm
13	Srifi Kanfaoui Reda	01	1725 p	30-03	resc
14	Liessens Dujardin Milan	02	1633 p	31-05	dacm
15	Laruelle Gauthier	02	1627 p	30-03	resc
16	Dakir Adnan	02	1626 p	31-05	dacm
17	Cornelis Orson	02	1508 p	30-03	resc
18	Boukria Ayoub	02	1323 p	31-05	dacm
19	Degreffe Esteban	01	1281 p	30-03	resc
20	Balcaen Max	02	1210 p	31-05	dacm
21	Wilhelmsson Malte	02	1164 p	30-03	resc
22	Berghmans Alexandre	02	977 p	30-03	resc
23	Demeere Xander	02	906 p	30-03	resc



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CADETS GARÇONS (2000 - 1999)

100 m					RC : 11.31
1	Taiwo Eniola	00	11.42	30-08	vs
2	Okeowo Peredjo	99	11.58	06-07	resc
3	Kasmi Amine	00	11.85	30-08	vs
4	Nkiere Danfuname Rene	99	11.92	17-08	resc
5	Geerts Gregory	99	12.44	29-06	resc
6	Tabbakh Yassine	00	13.30	03-05	cabw
7	Moens Cyprien	00	13.40	27-09	rcas
8	Van Ees Corentin	00	14.02	04-05	resc
9	Mambu Mpela Azor	99	14.54	21-04	csf
10	De Ro Nicolas	99	17.21	21-04	csf
200 m					RC : 23.14
1	Nkiere Danfuname Rene	99	23.76	23-08	csf
2	Kasmi Amine	00	23.88	03-05	cabw
3	Petitjean Nicolas	99	26.13	01-06	usbw
4	Van Ees Corentin	00	28.75	04-05	resc
300 m					RC : 36.86
1	Verriez Jonathan	99	43.88	13-04	rfl
400 m					RC : 52.24
1	Nkiere Danfuname Rene	99	53.07	06-07	resc
2	Petitjean Nicolas	99	56.80	05-10	rcas
3	Verriez Joanathan	99	57.89	05-10	rcas
4	Siffi Salhi Anas	99	59.57	17-08	resc
5	De Ro Nicolas	99	61.39	24-05	usbw
6	Laval Maxime	99	65.41	21-04	csf
7	Mambu Mpela Azor	99	74.42	21-04	csf
800 m					RC : 1.59.30
1	Tabbakh Yassine	00	2.13.90	03-05	cabw
2	Chergui Moushine	99	2.19.24	24-05	usbw
3	Sanchi Nicolas	00	2.34.07	03-05	cabw
4	Temsamani Ilias	99	2.43.32	21-04	csf
1000 m					RC : 2.43.18
1	Okeowo Peredjo	99	3.10.23	27-04	rcas
2	Nkiere Danfuname Rene	99	3.15.01	28-09	rcas
3	Petitjean Nicolas	99	3.19.23	29-06	resc
4	Geerts Gregory	99	3.21.36	29-06	resc
5	Moens Cyprien	00	3.40.62	28-09	rcas
1500 m					RC : 4.10.90
1	Chergui Moushine	99	4.54.07	03-05	cabw
100 m haies (91 cm)					RC : 14.04
1	Okeowo Peredjo	99	14.02	29-06	resc
2	Geerts Gregory	99	16.93	29-06	resc
3	Petitjean Nicolas	99	18.80	29-06	resc
4	Moens Cyprien	00	19.52	28-09	rcas
300 m haies (76 cm)					RC : 40.07
1	Benchorf Jona	99	45.95	03-05	cabw
2	Verriez Jonathan	99	47.33	13-09	jsmc
Hauteur					RC : 1m91
1	Okeowo Peredjo	99	1m65	27-04	rcas
2	Nkiere Danfuname Rene	99	1m60	27-09	rcas
3	Petitjean Nicolas	99	1m54	29-06	resc
4	Geerts Gregory	99	1m51	29-06	resc
5	Moens Cyprien	00	1m36	27-09	rcas
Longueur					RC : 6m70
1	Okeowo Peredjo	99	6m24	28-06	resc
2	Geerts Gregory	99	5m18	28-06	resc
3	Petitjean Nicolas	99	5m03	28-06	resc
4	Nkiere Danfuname Rene	99	4m69	27-09	rcas

5	Moens Cyprien	00	4m64	27-09	rcas
Triple saut					RC : 13m52
1	Geerts Gregory	99	11m54	21-04	csf
Perche					RC : 3m76
1	Okeowo Peredjo	99	2m95	28-06	resc
2	Moens Cyprien	00	2m62	04-10	resc
3	Petitjean Nicolas	99	2m45	28-06	resc
4	Nkiere Danfuname Rene	99	1m99	28-09	rcas
Poids (4 kg)					RC : 14m42
1	Okeowo Peredjo	99	12m47	05-10	rcas
2	Petitjean Nicolas	99	11m53	03-05	cabw
3	Nkiere Danfuname Rene	99	10m61	27-09	rcas
4	Geerts Gregory	99	9m77	28-06	resc
5	Moens Cyprien	00	7m45	27-09	rcas
Disque (1 kg)					RC : 48m77
1	Nkiere Danfuname Rene	99	35m49	10-08	oeh
Javelot (600 gr)					RC : 44m54
1	Nkiere Danfuname Rene	99	32m92	28-09	rcas
2	Okeowo Peredjo	99	29m09	27-04	rcas
3	De Ro Nicolas	99	26m82	24-05	usbw
4	Geerts Gregory	99	26m04	29-06	resc
5	Petitjean Nicolas	99	25m76	29-06	resc
6	Moens Cyprien	00	20m68	28-09	rcas
7	Laval Maxime	99	16m53	21-04	csf
8	Mambu Mpela Azor	99	13m29	21-04	csf
Marteau (4 kg)					RC : 46m37
1	Petitjean Nicolas	99	29m60	03-05	cabw
Octathlon					RC : 5037 p
1	Okeowo Peredjo	99	4374 p	29-06	resc
2	Petitjean Nicolas	99	3160 p	29-06	resc
3	Geerts Gregory	99	3099 p	29-06	resc
4	Nkiere Danfuname Rene	99	2922 p	28-09	rcas
5	Moens Cyprien	00	2339 p	28-09	rcas
4 x 100 m					RC : 45.42
Taiwo, Okeowo, Nkiere Danfuname, Kasmi	44.36	07-09	rfl		
4 x 800 m					RC : 8.43.82
Tabbakh, Chergui, Petitjean, Siffi Salhi	9.36.35	07-09	rfl		

SCOLAIRES HOMMES (1998 - 1997)

100 m					RC : 10.83
1	Tshitwenu Florian	97	10.97	04-10	resc
2	Vanhamme Arno	97	11.19	05-09	bxl
3	Szerman Melvin	97	11.63	04-10	resc
4	Jakic Kosta	97	11.72	21-04	csf
5	Yech Chou Mehdi	98	11.81	21-04	csf
6	Hoorens Christopher	97	11.96	21-04	csf
7	Kabuya Hugues	97	12.18	27-09	rcas
8	Assina Kevin	98	12.21	14-06	csf
9	Kayisu Wa Kayisu Bryan	97	12.23	21-04	csf
10	Loens Sam	97	12.47	28-09	resc
11	Zaanani Soufian	98	12.48	26-06	ws
12	Zenfour Mouad	97	12.52	21-06	lier
13	Sergeef Martin	98	12.53	04-10	resc
14	Hachlouf Amin	97	12.60	21-04	csf
	Menendez Almor Jaime	98	12.60	04-10	resc
16	Fernandez D. Sebastien	97	12.64	03-05	cabw
17	Fellemans Raphael	97	12.66	04-05	resc
18	Boistel Julien	98	12.84	03-05	cabw
19	Boussar Rayane	97	12.87	21-04	csf
20	Gaufres Remy	97	13.17	21-04	csf



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21 Bermudez Loic	97	13.35	21-04	csf
22 Tasiaux Jonathan	98	14.04	04-05	resc
23 Sohier Edouard	98	14.23	21-04	csf

200 m		RC : 22.02		
1 Tshitwenu Florian	97	22.02	31-08	vs
2 Zenfour Mouad	97	25.42	21-06	lier
3 Fraccacreta Antonio	97	25.53	21-04	csf
4 Fellemans Raphael	97	25.92	04-05	resc
5 Zaanani Soufian	98	26.17	23-08	csf
6 Sergeef Martin	98	26.27	21-04	csf
7 Allouche Samy	98	26.82	21-04	csf

300 m		RC : 36.24		
1 Tshitwenu Florian	97	37.37	24-06	spvi
2 Zenfour Mouad	97	40.20	24-06	spvi
3 Zaanani Soufian	98	41.44	09-08	dcla

400 m		RC : 49.48		
1 Vanhamme Arno	97	51.11	03-05	cabw
2 Loens Sam	97	55.93	23-08	cabw
3 Zenfour Mouad	97	56.23	02-08	vita
4 Zaanani Soufian	98	57.38	17-08	resc
5 Assina Kevin	98	58.99	22-06	rsca
6 Hachlouf Anas	97	63.25	21-04	csf

800 m		RC : 1.55.41		
1 Kanfouh Mohamed	98	2.07.60	24-05	usbw
2 Zenfour Mouad	97	2.08.98	03-05	cabw

1500 m		RC : 4.00.79		
1 Kanfouh Mohamed	98	4.50.43	03-05	cabw
2 Loens Sam	97	4.56.58	29-06	resc
3 Tasiaux Jonathan	98	5.37.74	06-07	resc
4 Malef Alexandre	97	5.43.76	21-04	csf

3000 m		RC : 8.33.14		
1 Zaanani Soufian	98	11.07.35	03-05	cabw

110 m haies (91 cm)		RC : 13.65		
1 Loens Sam	97	15.61	24-08	cabw
2 Kabuya Hugues	97	15.98	27-09	rcas

400 m haies (84 cm)		RC : 56.13		
1 Kabuya Hugues	97	61.16	13-09	jsmc

2000 m steeple (91 cm)		RC : 6.10.20		
1 Malef Alexandre	97	8.45.73	03-05	cabw

Hauteur		RC : 2m05		
1 Loens Sam	97	1m76	28-06	resc
2 Jakic Kosta	97	1m65	03-05	cabw
3 Kabuya Hugues	97	1m62	27-09	rcas
4 Kayisu Wa Kayisu Bryan	97	1m60	21-04	csf

Longueur		RC : 7m59		
1 Hoorens Christopher	97	6m33	17-08	resc
2 Loens Sam	97	5m93	23-08	cabw
3 Fernandez D. Sebastien	97	5m28	21-04	csf
4 Gaufres Remy	97	5m21	21-04	csf
5 Kabuya Hugues	97	5m17	27-09	rcas

Triple saut		RC : 15m64		
1 Hoorens Christopher	97	13m46	30-08	vs
2 Fernandez D. Sebastien	97	10m77	04-10	resc

Perche		RC : 4m36		
1 Loens Sam	97	3m70	21-04	csf

Poids (5 kg)		RC : 14m35		
1 Loens Sam	97	11m32	23-08	cabw
2 Kabuya Hugues	97	9m88	27-09	rcas
3 Buyl Boris	97	9m21	16-03	dacm
4 Fellemans Raphael	97	8m31	03-05	cabw
5 Boistel Julien	98	7m63	21-04	csf
6 Sohier Edouard	98	7m37	21-04	csf

Disque (1,5 kg)		RC : 44m44		
1 Loens Sam	97	33m76	24-08	cabw
2 Buyl Boris	97	23m81	03-05	cabw
3 Fernandez D. Sebastien	97	19m81	16-03	dacm
4 Boistel Julien	98	18m50	21-04	csf

Javelot (700 gr)		RC : 52m73		
1 Loens Sam	97	41m56	24-08	cabw
2 Sergeef Martin	98	39m08	13-09	jsmc
3 Fellemans Raphael	97	28m61	21-04	csf
4 Boistel Julien	98	27m02	21-04	csf
5 Fernandez D. Sebastien	97	22m65	21-04	csf
6 Sohier Edouard	98	15m21	21-04	csf

Marteau (5 kg)		RC : 53m41		
1 Buyl Boris	97	20m77	03-05	cabw

Decathlon		RC : -		
1 Loens Sam	97	5708 p	24-08	cabw

4 x 100 m		RC : 43.01		
Hoorens, Tshitwenu, Vanhamme, Yech Chou				
		42.91	21-09	smac

4 x 800 m		RC : 8.09.11		
Kanfouh, Zaanani, Malef, Assina		10.05.58	07-09	rflc

JUNIORS HOMMES (1996 - 1995)

100 m		RC : 10.71		
1 Badji Asamti	95	11.45	24-05	NED
2 Shutsa Kasongo Emmanuel	95	11.49	23-08	csf
3 Boa Michael	95	11.50	23-08	csf
4 Puku Toku Christian	96	11.71	21-04	csf
5 Nicodeme Romain	95	11.72	28-06	resc
6 Kalandula Fabiano	96	11.75	27-09	rcas
7 Nijs Gaston	96	11.83	21-06	lier
8 Duzgun Mikail	96	11.88	06-09	volh
9 Bah Ibrahima	96	12.00	04-05	resc
10 Liebens Jean Christophe	96	12.30	21-04	csf
11 Kalibiona Raphael	96	12.43	04-10	resc

200 m		RC : 21.24		
1 Badji Asamti	95	22.71	03-07	jsmc
2 Shutsa Kasongo Emmanuel	95	23.35	14-09	jsmc
3 Nijs Gaston	96	23.44	21-06	lier
4 Puku Toku Christian	96	23.53	21-06	lier
5 Vandenhoeke Arthur	96	23.60	03-07	jsmc
6 Bah Ibrahima	96	23.97	04-05	resc
7 Boa Michael	95	24.09	06-09	volh
8 Duzgun Mikail	96	24.14	06-07	resc
9 Liebens Jean Christophe	96	24.88	04-10	resc
10 Kalibiona Raphael	96	25.30	04-05	resc

300 m		RC : 34.67		
1 Badji Asamti	95	35.52	24-06	spvi
2 Nijs Gaston	96	37.06	24-06	spvi
3 Puku Toku Christian	96	37.23	09-08	dcla



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400 m		RC : 47.92			
1	Badji Asamti	95	49.14	28-06	cabw
2	Nicodeme Romain	95	50.52	14-09	jsmc
3	Nijs Gaston	96	50.82	14-09	jsmc
4	Vandenhoeke Arthur	96	50.93	06-07	resc
5	Puku Toku Christian	96	51.34	04-05	resc
6	Boa Michael	95	55.45	01-05	rfcl
7	Liebens Jean Christophe	96	58.18	04-05	resc
8	Kalandula Fabiano	96	62.65	27-09	rcas

800 m		RC : 1.52.66			
1	Petitjean Simon	96	1.56.58	21-04	csf
2	Vandenhoeke Arthur	96	1.56.78	21-04	csf
3	Tajaouart Hamza	95	2.07.17	04-05	resc

1500 m		RC : 3.48.90			
1	Petitjean Simon	96	3.54.30	14-09	jsmc
2	Tajaouart Hamza	95	4.33.89	17-08	resc
3	Nicodeme Romain	95	4.47.60	29-06	resc
4	Boa Michael	95	5.24.45	03-08	dac
5	Liebens Jean Christophe	96	5.39.81	06-07	resc

Mile		RC : 4.22.82			
1	Tajaouart Hamza	95	4.49.53	04-10	resc

3000 m		RC : 8.14.64			
1	Petitjean Simon	96	8.48.60	04-05	resc

110 m haies (99 cm)		RC : 14.43			
1	Nicodeme Romain	95	15.35	02-08	dac
2	Boa Michael	95	17.08	02-08	dac

3000 m steeple (91 cm)		RC : 9.08.42			
1	Petitjean Simon	96	9.47.32	24-05	NED

Hauteur		RC : 2m14			
1	Kalandula Fabiano	96	2m05	28-06	cabw
2	Nicodeme Romain	95	1m73	28-06	resc
3	Boa Michael	95	1m70	02-08	dac

Longueur		RC : 7m86			
1	Boa Michael	95	6m38	02-08	dac
	Nicodeme Romain	95	6m38	28-06	resc
3	Castanier Nathan	95	6m08	01-05	rfcl
4	Kalandula Fabiano	96	6m21	27-09	rcas

Triple saut		RC : 15m79			
1	Kalandula Fabiano	96	13m25	04-10	resc
2	Castanier Nathan	95	12m69	21-04	csf

Perche		RC : 5m00			
1	Nicodeme Romain	95	4m21	13-07	dacm
2	Boa Michael	95	3m00	03-08	dac
3	Kalandula Fabiano	96	2m77	04-10	resc

Poids (6 kg)		RC : 15m79			
1	Boa Michael	95	11m99	02-08	dac
2	Nicodeme Romain	95	11m75	28-06	resc
3	Kalandula Fabiano	96	9m46	27-09	rcas

Disque (1,75 kg)		RC : 43m08			
1	Boa Michael	95	35m72	13-07	dacm
2	Nicodeme Romain	95	30m62	03-08	dac

Javelot (800 gr)		RC : 53m14			
1	Boa Michael	95	50m00	03-08	dac
2	Beeckman Amaury	95	46m06	21-04	csf
3	Nicodeme Romain	95	39m79	29-06	resc

Decathlon		RC : 7001 p			
1	Nicodeme Romain	95	6286 p	29-06	resc
2	Boa Michael	95	5564 p	03-08	dac

4 x 100 m		RC : 42.37		
Shutsa Kasongo, Kalandula, Duzgun, Boa		44.34	31-08	vs

4 x 400 m		RC : 3.17.65		
Nicodeme, Puku Toku, Petitjean, Nijs		3.21.88	31-08	vs

ESPOIRS HOMMES (1994 - 1993 - 1992)

100 m		RC : 10.53			
1	Lins Sebastien	92	11.03	23-08	csf
2	Elsen Daan	94	11.27	02-08	dac
3	Niesen Charles	94	11.36	23-08	csf
4	Ilunga Carl	93	11.70	23-08	csf
5	Gibella Massimo	94	11.79	01-05	rfcl
6	Denys Gregory	93	12.55	21-04	csf

200 m		RC : 21.14			
1	Lins Sebastien	92	22.25	23-08	csf
2	Niesen Charles	94	22.53	06-09	volh
3	Ilunga Carl	93	24.11	23-08	csf

300 m		RC : 33.30			
1	Lins Sebastien	92	34.86	24-06	spvi
2	Ilunga Carl	93	39.44	24-06	spvi

400 m		RC : 46.28			
1	Lins Sebastien	92	48.10	26-07	resc
2	Balhan Pierre Antoine	92	50.19	15-08	spa
3	Niesen Charles	94	50.79	06-09	volh
4	Elsen Daan	94	51.63	04-05	resc
5	Ilunga Carl	93	57.38	17-08	resc

800 m		RC : 1.46.60			
1	Balhan Pierre Antoine	92	1.47.61	02-08	vita

1500 m		RC : 3.42.78			
1	Lejeune Emmanuel	92	3.51.38	12-07	kks
2	Balhan Pierre Antoine	92	3.52.93	23-08	olse
3	Bouissane Youssef	94	3.55.11	09-06	spvi
4	Vereertbrugghen Nicolas	92	4.39.47	21-04	csf
5	Elsen Daan	94	5.05.26	24-08	cabw

3000 m		RC : 8.07.66			
1	Lejeune Emmanuel	92	8.13.59	21-07	rcg
2	Bouissane Youssef	94	8.40.39	22-06	rsca
3	Govaert Thomas	93	9.35.59	21-04	csf
4	Nicodeme Thibault	92	10.08.34	21-04	csf

5000 m		RC : 13.56.92			
1	Lejeune Emmanuel	92	14.09.58	02-08	vita

110 m haies (106 cm)		RC : 13.93			
1	Elsen Daan	94	14.76	27-07	resc

3000 m steeple (91 cm)		RC : 9.08.42			
1	Bouissane Youssef	94	8.57.98	31-05	vs
2	Nicodeme Thibault	92	11.05.01	01-05	rfcl

Hauteur		RC : 2m21			
1	Elsen Daan	94	1m93	04-05	resc

Longueur		RC : 7m86			
1	Elsen Daan	94	7m13	27-07	resc
2	Denys Gregory	93	5m90	21-04	csf
3	Diallo Oumar	94	5m69	23-08	csf



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Perche		RC : 5m11			
1	Elsen Daan	94	4m55	16-07	rfcl

Poids (7,26 kg)		RC : 14m58			
1	Guillaume Jonathan	92	13m72	11-05	lier
2	Elsen Daan	94	12m94	23-08	cabw
3	Bernard Tom	93	10m44	11-07	rfcl
4	Denys Gregory	93	8m95	16-03	dacm

Disque (2 kg)		RC : 44m06			
1	Elsen Daan	94	41m35	24-08	cabw
2	Guillaume Jonathan	92	37m47	17-05	aclo
3	Denys Gregory	93	22m51	16-03	dacm

Javelot (800 gr)		RC : 58m05			
1	Elsen Daan	94	51m47	24-08	cabw
2	Niesen Charles	94	46m77	21-04	csf
3	Denys Gregory	93	36m77	04-05	resc
4	Bernard Tom	93	35m42	11-07	rfcl

Marteau (7,26 kg)		RC : 61m66			
1	Bernard Tom	93	48m10	27-07	bxl

Grand poids (15,88 kg)		RC : -			
1	Bernard Tom	93	13m85	11-07	acw

Triathlon		RC : -			
1	Elsen Daan	94	2135 p	26-07	rfcl

Decathlon		RC : 7902 p			
1	Elsen Daan	94	6997 p	24-08	cabw

SENIORS HOMMES (1994 - 1980)

100 m		RC : 10.02			
1	Broothaerts Damien	83	10.57	26-07	resc
2	Gillet Antoine	88	10.70	21-06	ESP
3	Ammar Khodja Brahim	84	10.94	06-09	volh
4	Lins Sebastien	92	11.03	23-08	csf
5	Macaulay Robert Junior	90	11.24	13-04	rfcl
6	Elsen Daan	94	11.27	02-08	dac
7	Vandecapelle Mattijs	89	11.29	02-08	dac
8	Niesen Charles	94	11.36	23-08	csf
9	De Ridder Frederic	90	11.53	04-10	resc
10	Ilunga Carl	93	11.70	23-08	csf
11	Vervloet Gregory	83	11.71	13-09	NED
12	Gibella Massimo	94	11.79	01-05	rfcl
13	Xhonneux Frederic	83	11.84	28-06	GER
14	Gets Florent	91	11.90	23-08	cabw
15	Zahedi Pouyan	88	11.99	06-09	rcas
16	Denys Gregory	93	12.55	21-04	csf

200 m		RC : 20.66			
1	Gillet Antoine	88	21.01	02-08	vita
2	Ammar Khodja Brahim	84	21.89	01-05	rfcl
3	Lins Sebastien	92	22.25	23-08	csf
4	Niesen Charles	94	22.53	06-09	volh
5	Vandecapelle Mattijs	89	22.72	04-05	resc
6	De Ridder Frederic	90	23.40	04-05	resc
7	Xhonneux Frederic	83	23.27	25-05	NED
8	Ilunga Carl	93	24.11	23-08	csf
9	Vervloet Gregory	83	24.31	14-09	NED

300 m		RC : 33.10			
1	Lins Sebastien	92	34.86	24-06	spvi
2	Ammar Khodja Brahim	84	34.87	24-06	vita
3	Xhonneux Frederic	83	36.41	07-05	lebb
4	Ilunga Carl	93	39.44	24-06	spvi
5	De Ridder Frederic	90	40.54	21-07	rcg
6	Zahedi Pouyan	88	41.80	09-06	vac

400 m		RC : 45.98			
1	Gillet Antoine	88	46.34	26-07	resc
2	Ghislain Arnaud	88	47.84	16-07	rfcl
3	Lins Sebastien	92	48.10	26-07	resc
4	Ammar Khodja Brahim	84	48.30	06-06	FRA
5	Xhonneux Frederic	83	49.60	02-08	dac
6	Vandecapelle Mattijs	89	49.91	02-08	dac
7	Balhan Pierre Antoine	92	50.19	15-08	spa
8	Niesen Charles	94	50.79	06-09	volh
9	Elsen Daan	94	51.63	04-05	resc
10	Gets Florent	91	52.08	02-08	dac
11	Vervloet Gregory	83	53.31	13-09	NED
12	Ilunga Carl	93	57.38	17-08	resc

800 m		RC : 1.46.60			
1	Balhan Pierre Antoine	92	1.47.61	02-08	vita
2	Froidmont Arnaud	89	1.50.10	31-05	ea
3	Ghislain Arnaud	88	1.52.81	28-06	cabw
4	Xhonneux Frederic	83	2.11.29	13-09	NED
5	Vervloet Gregory	83	2.32.02	13-09	NED
6	Broothaerts Damien	83	2.47.45	26-10	rsca

1000 m		RC : 2.22.26			
1	Ruell Kim	87	2.27.96	10-05	NED

1500 m		RC : 3.37.62			
1	Ruell Kim	87	3.42.04	19-07	avt
2	Lejeune Emmanuel	92	3.51.38	12-07	kks
3	Balhan Pierre Antoine	92	3.52.93	23-08	olse
4	Bouissane Youssef	94	3.55.11	09-06	spvi
5	Xhonneux Frederic	83	4.20.51	29-06	GER
6	Vereertbrugghen Nicolas	92	4.39.47	21-04	csf
7	Vandecapelle Mattijs	89	4.48.44	03-08	dac
8	Gets Florent	91	4.49.13	28-09	rcas
9	Elsen Daan	94	5.05.26	24-08	cabw
10	Vervloet Gregory	83	6.14.67	14-09	NED

3000 m		RC : 7.51.46			
1	Ruell Kim	87	8.06.61	09-08	dcla
2	Lejeune Emmanuel	92	8.13.59	21-07	rcg
3	Hernould Franky	86	8.28.74	11-05	lier
4	Bouissane Youssef	94	8.40.39	22-06	rsca
5	Govaert Thomas	93	9.35.59	21-04	csf
6	Nicodeme Thibault	92	10.08.34	21-04	csf
7	Xhonneux Frederic	83	10.18.69	14-09	NED
8	Vervloet Gregory	83	13.17.37	14-09	NED

5000 m		RC : 13.22.81			
1	Lejeune Emmanuel	92	14.09.58	02-08	vita
2	Duvivier Antoine	86	14.10.06	02-08	vita
3	Xhonneux Frederic	83	18.32.50	13-09	NED
4	Vervloet Gregory	83	22.37.78	13-09	NED

10 000 m		RC : 28.24.95			
1	Duvivier Antoine	86	30.07.50	09-07	vmol
2	Xhonneux Frederic	83	41.27.10	14-09	NED
3	Vervloet Gregory	83	50.38.52	14-09	NED

110 m haies (106 cm)		RC : 13.48			
1	Broothaerts Damien	83	13.73	16-07	resc
2	Elsen Daan	94	14.76	27-07	resc
3	Vandecapelle Mattijs	89	15.19	03-08	dac
	Xhonneux Frederic	83	15.19	04-05	resc
5	Gets Florent	91	15.82	24-08	cabw
6	Vervloet Gregory	83	19.84	14-09	NED

200 m haies (76 cm)		RC : 24.74			
1	Xhonneux Frederic	83	25.52	13-09	NED
2	Vervloet Gregory	83	27.60	13-09	NED



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400 m haies (91 cm)				
				RC : 48.91
1	Ghislain Arnaud	88	50.17	26-07 resc
2	Xhonneux Frederic	83	58.56	14-09 NED
3	Vervloet Gregory	83	76.02	14-09 NED

3000 m steeple (91 cm)				
				RC : 8.24.90
1	Bouissane Youssef	94	8.57.98	31-05 vs
2	Nicodeme Thibault	92	11.05.01	01-05 rfcl
3	Xhonneux Frederic	83	11.19.07	13-09 NED
4	Vervloet Gregory	83	14.07.80	13-09 NED

Hauteur				
				RC : 2m21
1	Elsen Daan	94	1m93	04-05 resc
	Xhonneux Frederic	83	1m93	17-05 NED
3	Gets Florent	91	1m86	06-07 resc
4	Vandecapelle Mattijs	89	1m84	02-08 dac
5	Vervloet Gregory	83	1m57	13-09 NED

Longueur				
				RC : 7m94
1	Caluwe Arnaud	91	7m37	02-08 vita
2	Campener Corentin	90	7m31	23-08 csf
3	Elsen Daan	94	7m13	27-07 resc
4	Xhonneux Frederic	83	7m05	17-05 NED
5	Vandecapelle Mattijs	89	6m70	02-08 dac
6	Gets Florent	91	6m17	28-06 resc
7	Denys Gregory	93	5m90	21-04 csf
8	Diallo Oumar	94	5m69	23-08 csf
9	Vervloet Gregory	83	5m34	13-09 NED

Triple saut				
				RC : 16m86
1	Xhonneux Frederic	83	13m93	14-09 NED
2	Vervloet Gregory	83	9m74	14-09 NED

Perche				
				RC : 5m25
1	Xhonneux Frederic	83	4m70	18-05 NED
2	Elsen Daan	94	4m55	16-07 rfcl
3	Vandecapelle Mattijs	89	4m20	11-05 lier
4	Gets Florent	91	3m89	28-09 rcas
5	Van Den Bedem Miguel	84	3m83	06-09 usbw
6	Ghislain Arnaud	88	2m71	29-08 ws
7	Vervloet Gregory	83	2m37	14-09 NED

Poids (7,26 kg)				
				RC : 15m08
1	Xhonneux Frederic	83	14m15	17-05 NED
2	Guillaume Jonathan	92	13m72	11-05 lier
3	Elsen Daan	94	12m94	23-08 cabw
4	Gets Florent	91	12m88	12-07 kks
5	Vandecapelle Mattijs	89	12m75	02-08 dac
6	Bernard Tom	93	10m44	11-07 rfcl
7	Vervloet Gregory	83	9m38	13-09 NED
8	Caluwe Arnaud	91	8m99	12-10 rsca
9	Denys Gregory	93	8m95	16-03 dacm
10	Froidmont Arnaud	89	8m16	15-08 dacm
11	Ruell Kim	87	6m71	15-08 dacm

Disque (2 kg)				
				RC : 51m56
1	Xhonneux Frederic	83	41m76	13-04 rfcl
2	Elsen Daan	94	41m35	24-08 cabw
3	Gets Florent	91	38m92	12-07 kks
4	Vandecapelle Mattijs	89	38m40	03-08 dac
5	Guillaume Jonathan	92	37m47	17-05 aclo
6	Vervloet Gregory	83	28m03	14-09 NED
7	Ruell Kim	87	23m89	11-10 rcb
8	Denys Gregory	93	22m51	16-03 dacm
9	Froidmont Arnaud	89	21m43	15-08 dacm

Javelot (800 gr)				
				RC : 70m78
1	Gets Florent	91	58m48	21-04 csf
2	Xhonneux Frederic	83	57m01	18-05 NED
3	Elsen Daan	94	51m47	24-08 cabw
4	Niesen Charles	94	46m77	21-04 csf

5	Vandecapelle Mattijs	89	44m60	03-08 dac
6	Campener Corentin	90	40m90	23-08 csf
7	Denys Gregory	93	36m77	04-05 resc
8	Bernard Tom	93	35m42	11-07 rfcl
9	Caluwe Arnaud	91	34m74	19-10 rcas
10	Vervloet Gregory	83	29m99	14-09 NED

Marteau (7,26 kg)				
				RC : 61m66
1	Bernard Tom	93	48m10	27-07 bxl
2	Xhonneux Frederic	83	31m00	13-09 NED
3	Vervloet Gregory	83	14m49	13-09 NED

Grand poids (15,88 kg)				
				RC : -
1	Bernard Tom	93	13m85	11-07 acw

Triathlon				
				RC : 2229 p
1	Elsen Daan	94	2135 p	26-07 rfcl

Decathlon				
				RC : 8142 p
1	Xhonneux Frederic	83	7546 p	18-05 NED
2	Elsen Daan	94	6997 p	24-08 cabw
3	Vandecapelle Mattijs	89	6941 p	03-08 dac
4	Gets Florent	91	6306 p	03-08 dac

Icosathlon				
				RC : -
1	Xhonneux Frederic	83	14.285 p	14-09 NED
2	Vervloet Gregory	83	7463 p	14-09 NED

4 x 100 m				
				RC : 40.60
Vanhamme, Ammar Khodja, Lins, Broothaerts				
			42.08	11-05 lier

4 x 200 m				
				RC : 1.24.15
Tshitwenu, Ghislain, Niesen, Broothaerts				
			1.27.41	21-09 smac

4 x 400 m				
				RC : 3.10.20
Badji, Lins, Ghislain, Ammar Khodja				
			3.15.43	11-05 lier

4 x 800 m				
				RC : 7.38.00
Ghislain, Ruell, Foidmont, Balhan				
			7.43.98	21-09 smac

4 x 1500 m				
				RC : 15.34.88
Lejeune, Petitjean, Balhan, Ruell				
			16.02.54	21-09 smac

Ekiden				
				RC : 2h26.28
Ruell, Hernould, Balhan, Lejeune, Petitjean, Bouissane				
			2h16.39	18-10 bxl

MASTERS HOMMES 35

100 m				
				RC : 11.74
1	Merzoug Brahim	77	12.24	25-04 csf
2	Sakow Nicolas	77	12.36	04-10 resc

200 m				
				RC : 24.35
1	Sakow Nicolas	77	25.08	04-10 resc

300 m				
				RC : 37.95
1	Merzoug Brahim	77	40.40	13-04 rfcl

400 m				
				RC : 52.31
1	Njema lmed	75	60.43	08-06 csf

800 m				
				RC : 1.59.64
1	July Denis Michael	77	2.23.29	08-06 csf

1500 m				
				RC : 3.54.39
1	Ceux Benoit	78	4.50.52	08-06 csf
2	Sakow Nicolas	77	5.26.27	28-09 rcas



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Marathon	RC : 2h21.10			
1 Sterckx Kevin	79	3h56.29	05-10	bxl

Hauteur	RC : 1m70			
1 Van de Velde Frank	79	1m76	08-06	csf

Longueur	RC : 6m65			
1 Sakow Nicolas	77	5m53	25-04	csf

Disque (2 kg)	RC : 45m72			
1 Sakow Nicolas	77	17m82	28-09	rcas

Javelot (800 gr)	RC : 62m75			
1 Sakow Nicolas	77	36m90	28-09	rcas

Pentathlon	RC : 1381 p			
1 Sakow Nicolas	77	2054 p	28-09	rcas

4 x 100 m	RC : -			
Sakow, Fellemans, Gilson, Van De Velde		49.37	21-09	smac

4 x 200 m	RC : -			
Sakow, Fellemans, Gilson, Van De Velde		1.48.90	11-10	rcb

4 x 400 m	RC : 4.01.44			
Sakow, Gilson, Ceux, July Denis		4.15.19	08-06	csf

4 x 800 m	RC : -			
July Denis, Ceux, Debrabandere, Njema		9.29.40	21-09	smac

Ekiden	RC : 3h03.07			
Tilleux, July Denis, Codutti, Derbrabandere, Ceux, Vandenbussche		2h49.20	18-10	bxl

MASTERS HOMMES 40

100 m	RC : 11.43			
1 Fellemans Emmanuel	70	12.77	04-10	resc
2 Verriez Stephane	70	13.67	08-06	csf
3 Gilson Benoit	74	13.89	22-06	rsca

200 m	RC : 23.24			
1 Fellemans Emmanuel	70	25.95	04-10	resc
2 Verriez Stephane	70	27.80	04-10	resc
3 Gilson Benoit	74	28.45	08-06	csf

300 m	RC : 42.86			
1 Verriez Stephane	70	45.10	25-10	csf
2 Gilson Benoit	74	46.57	15-06	rcas

3000 m	RC : 9.02.48			
1 Njema lmed	75	9.59.05	04-05	resc

Marathon	RC : 2h58.23			
1 Delarge Jean Yves	71	2h47.19	19-10	NED
2 Njema lmed	75	3h09.53	09-11	FRA

Longueur	RC : 5m65			
1 Gilson Benoit	74	3m96	08-06	csf

MASTERS HOMMES 45

100 m	RC : 11.64			
1 Schoonen Laurent	65	13.61	04-10	resc

200 m	RC : 23.84			
1 Schoonen Laurent	65	28.18	04-10	resc
2 Lemonnier Thierry	68	32.50	26-04	rcas

300 m	RC : 41.09			
1 Schoonen Laurent	65	45.87	25-10	csf

400 m	RC : 56.82			
1 Schoonen Laurent	65	62.22	18-10	ws

800 m	RC : 2.15.36			
1 Schoonen Laurent	65	2.48.19	26-10	rsca

1500 m	RC : 4.36.60			
1 Schoonen Laurent	65	5.53.32	28-09	rcas
2 Lemonnier Thierry	68	6.07.67	26-04	rcas

Mile	RC : 5.53.15			
1 Schoonen Laurent	65	6.27.21	04-10	resc

3000 m	RC : 8.46.40			
1 Segers Philippe	65	14.05.08	21-04	csf

5000 m	RC : 16.02.69			
1 Schoonen Laurent	65	24.22.83	11-10	rcb

10 000 m	RC : 34.24.98			
1 Schoonen Laurent	65	54.52.18	25-10	csf

Marathon	RC : 2h41.07			
1 Debrabandere Amaury	69	3h04.52	09-11	FRA
2 Codutti Marco	68	3h20.27	09-11	FRA
3 Segers Philippe	65	4h59.59	09-11	FRA

110 m haies (99 cm)	RC : -			
1 Schoonen Laurent	65	21.80	06-09	rcas

110 m haies (106 cm)	RC : -			
1 Schoonen Laurent	65	22.84	28-09	rcas

400 m haies (91 cm)	RC : 76.29			
1 Schoonen Laurent	65	72.77	20-09	hf

Hauteur	RC : 1m60			
1 Schoonen Laurent	65	1m42	27-09	rcas

Longueur	RC : 5m40			
1 Schoonen Laurent	65	4m42	11-10	rcb

Triple saut	RC : -			
1 Schoonen Laurent	65	9m17	12-07	bbs

Perche	RC : 4m30			
1 Schoonen Laurent	65	2m09	28-09	rcas

Poids (7,26 kg)	RC : 15m08			
1 Segers Philippe	65	8m52	08-06	csf
2 Schoonen Laurent	65	7m33	19-10	rcas
3 Lemonnier Thierry	68	6m84	16-03	dacm

Disque (2 kg)	RC : 50m08			
1 Schoonen Laurent	65	19m29	11-10	rcb
2 Segers Philippe	65	18m68	08-06	csf
3 Lemonnier Thierry	68	17m59	16-03	dacm

Javelot (800 gr)	RC : 30m73			
1 Schoonen Laurent	65	27m40	19-10	rcas
2 Segers Philippe	65	25m39	21-04	csf
3 Lemonnier Thierry	68	23m07	26-04	rcas

Marteau (7,26 kg)	RC : 25m48			
1 Lemonnier Thierry	68	13m03	16-03	dacm



Pentathlon		RC : 1719 p			
1	Schoonen Laurent	65	1859 p	21-09	bbs
2	Lemonnier Thierry	68	1397 p	28-04	rcas

Decathlon		RC : -			
1	Schoonen Laurent	65	3635 p	28-09	rcas

MASTERS HOMMES 50

100 m		RC : 12.84			
1	Huygens Guy	60	15.38	31-08	ob

1500 m		RC : 4.58.80			
1	Valastro Giovanni	59	6.17.61	08-06	csf

Hauteur		RC : 1m60			
1	Huygens Guy	60	1m35	31-08	ob

Poids (6 kg)		RC : 9m40			
1	Denys Jacques	59	7m85	21-04	csf

Disque (1,5 kg)		RC : 50m86			
1	Huygens Guy	60	15m24	31-08	ob

Javelot (700 gr)		RC : 22m73			
1	Huygens Guy	60	22m47	31-08	ob

MASTERS HOMMES 55

3000 m		RC : 10.30.60			
1	Tillieux Guy	58	11.21.04	08-06	csf

MASTERS HOMMES 65

Marathon		RC : -			
1	Levacq Guy	46	4h29.22	09-11	FRA