

RESC TOP 20 OUTDOOR DAMES

KANGOUROUS FILLES – U8

KAN 60 m

1	Hallems Julie	10.54	1992
2	Gilson Adeline	10.94	1991
3	La Rou Cecile	11.54	1989
4	Janssens Laurence	12.05	1988
5	Bertrand Aline	12.44	1991
6	Lievrouw Melanie	12.64	1990
7	Cuvelier Natacha	13.24	1990
8	Cumps Cathy	13.54	1990
9	Soto Moral Celia	13.64	1990
10	Roesems Binke	14.04	1990

KAN Hauteur

1	Gilson Adeline	0m75	1991
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KAN Longueur

1	Hallems Julie	2m97	1992
2	La Rou Cecile	2m31	1989
3	Gilson Adeline	2m15	1991
4	Roesems Binke	1m93	1990
5	Janssens Laurence	1m92	1988
6	Lievrouw Melanie	1m82	1990
7	Soto Moral Celia	1m67	1991
8	Bertrand Aline	1m52	1991
9	Cumps Cathy	1m38	1990

KAN Poids (1 kg)

1	Hallems Julie	5m00	1992
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KAN Balle de hockey

1	Hallems Julie	13m16	1992
2	Gilson Adeline	10m96	1991
3	Cumps Cathy	10m08	1990
4	Roesems Binke	8m48	1990
5	Lievrouw Melanie	6m46	1990

KAN Triathlon

1	Hallems Julie	577 p	1992
2	Gilson Adeline	259 p	1990
3	Roesems Binke	25 p	1990

BENJAMINES FILLES – U10

BEN 60 m

1	Squiflet Emelynn	9.35	2019
2	Dzou Steffy Ann	9.38	2022
3	Godefroid Maud	9.44	1988
	Meys Jessica	9.44	2000
5	Lambert Kylie	9.48	2013
6	Dolianitis Dina	9.50	2000
7	Medan Ivana	9.54	2021
8	Englebert Yolaine	9.56	2005
	Dzou Lesly Kayla	9.56	2019
10	Soenen Stephanie	9.64	1994
	Murray Shirley	9.64	2000
12	Ngandeu Tchambia Brenda	9.71	2016
	Schroeven Camille	9.71	2020
14	Cincinatis Lucie	9.74	1999
	Mouzon Emmanuelle	9.74	2000
16	Vanderhaeghen Jessica	9.95	1992
17	M'Rabet Salima	10.04	1981
	Soto Moral Helene	10.04	1991
19	De Buyst Nadia	10.14	1982
	Urbain Julie	10.14	1988

BEN 200 m

1	M'Rabet Salima	33.94	1981
2	Godefroid Maud	34.84	1988
3	Ghayati Anissa	35.74	1988
4	Ghayati Nadia	36.44	1988

5	De Buyst Nadia	37.14	1982
6	Delferriere Catherine	39.94	1985
7	Malengreaux Sylvie	42.64	1985

BEN 600 m

1	Strypstein Solena	1.57.65	2022
2	Lambert Kylie	2.00.94	2013
3	Strypstein Solena	2.03.24	2021
4	Squiflet Emelynn	2.07.24	2019
5	Beghin Joyce	2.09.21	2019
6	Popescu Raisa Gabriela	2.10.56	2020
7	Ngandeu Tchambia Brenda	2.10.62	2016
8	Schroeven Camille	2.10.70	2020
9	Huygens Cloe	2.11.73	2012
10	Radermacher Sarah	2.11.96	2018
11	Merino Noemie	2.12.95	2013
12	Dzou Steffy Ann	2.13.95	2022
13	Dennison Chrystal	2.16.08	2014
14	Sibourg Celya	2.16.68	2018
15	Boone Tya	2.17.39	2015

BEN 800 m

1	Godefroid Maud	3.01.30	1988
2	Lecompte Ellen	3.07.10	1988
3	La Rou Jennifer	3.08.70	1987
4	Ghayati Nadia	3.10.28	1988
5	Urbain Julie	3.11.11	1988
6	Delbecque Laure	3.14.90	1988
7	Ghayati Anissa	3.17.48	1988
8	Delfosse Pascale	3.18.90	1982
9	M'Rabet Salima	3.19.30	1981
10	De Buyst Nadia	3.21.00	1982
11	La Rou Emilie	3.35.00	1988
12	Muyls Tania	3.36.50	1980
13	Lecompte Ellen	3.38.30	1987
14	Malengreaux Sylvie	3.42.70	1985
15	Peeters Christelle	4.22.50	1982

BEN 1000 m

1	De Grootte Estelle	3.48.40	2002
2	Lecomte Christina	3.53.95	2007
3	Mouzon Emmanuelle	3.54.06	2000
4	Huybrechts Isabelle	3.54.29	1996
5	Vanderhaeghen Caroline	3.54.41	2007
6	Murray Shirley	3.54.66	2000
7	Van De Sype Chloe	3.54.72	2006
8	Sonon Aurore	3.58.54	1997
9	Graftiaux Chloe	3.58.97	1996
10	De Buyl Salima	3.59.40	1997
11	Castrop Sara	4.00.97	2005
12	Van Der Perren Jessica	4.01.93	2003
13	Meys Jessica	4.02.00	2000
14	Robert Laura	4.02.58	2002
15	Halewyck Marie	4.03.33	2003

BEN 60 m haies (76 cm)

1	M'Rabet Salima	13.84	1981
1	Urbain Julie	14.50	1988
2	Ghayati Anissa	14.55	1988

BEN Hauteur

1	Strypstein Solena	1m21	2022
2	Van De Sype Chloe	1m18	2006
3	Hallems Julie	1m17	1994
4	Hostyn Priscilla	1m12	1999
5	M'Rabet Salima	1m10	1981
	Soto Moral Helene	1m10	1991
	Huybrechts Isabelle	1m10	1996
	Beghin Joyce	1m10	2019
	Squiflet Emelynn	1m10	2019
10	Schroeven Camille	1m07	2020
11	Merino Noemie	1m06	2013
	Dzou Steffy Ann	1m06	2022

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13	Vanderhaeghen Jessica	1m05	1992
	Graftiaux Chloe	1m05	1996
	De Buyl Salima	1m05	1997
	Dolianitis Dina	1m05	1999
	Yazghi Sabrina	1m05	2005
	Dzou Lesly Kayla	1m05	2018
	Radermacher Sarah	1m05	2018
20	Godefroid Maud	0m95	1988
	Urbain Julie	0m95	1988

BEN Longueur

1	Cincinatis Lucie	3m88	1999
2	Meys Jessica	3m85	2000
3	Van De Sype Chloe	3m80	2006
4	Englebert Yolaine	3m72	2005
5	Dolianitis Dina	3m70	2000
6	Squiflet Emelynn	3m67	2019
7	Lecomte Christina	3m65	2007
	Lambert Kylie	3m65	2013
9	Mouzon Emmanuelle	3m61	2000
10	Huybrechts Isabelle	3m57	1996
11	Godefroid Maud	3m56	1988
	Yazghi Sabrina	3m56	2005
13	Dzou Steffy Ann	3m53	2022
14	Strypstein Solena	3m46	2022
15	Maidane Yasmine	3m43	2004
16	Vanderhaeghen Jessica	3m40	1992
17	La Rou Jennifer	3m37	1987
18	Urbain Julie	3m20	1988
19	Soto Moral Helene	3m15	1991
20	Ghayati Nadia	3m13	1988

BEN Poids (1 kg)

1	Goutte Alexandra	8m63	2000
2	Montilla Morgane	8m53	2007
3	Huybrechts Isabelle	8m46	1996
4	Van De Sype Chloe	8m39	2006
5	Paulus Jessie	8m30	2005
6	Squiflet Emelynn	8m23	2019
7	Englebert Yolaine	8m15	2005
8	Hallems Julie	8m10	1994
9	Meys Jessica	7m98	2000
10	Lambert Kylie	7m81	2013
11	Dolianitis Dina	7m78	2000
12	Beghin Joyce	8m23	2019
13	Kompany Christel	7m74	1993
14	Maidane Yasmine	7m67	2004
15	Ngandeu Tchambia Brenda	7m59	2016
16	Vanderhaeghen Jessica	7m28	1992
17	François Isabelle	5m67	1992
18	Hallems Julie	5m00	1992
19	Gilbert Lucienne	3m88	1992
20	Gilson Adeline	3m60	1992
21	Soto Moral Celia	3m22	1992

BEN Poids (2 kg)

1	Ghayati Anissa	5m04	1988
2	M'Rabet Salima	4m78	1981
3	Godefroid Maud	4m67	1988
4	De Buyst Nadia	4m55	1982
5	Urbain Julie	4m32	1988
6	La Rou Emilie	4m10	1988
7	Delbecque Maud	4m09	1986
8	Delbecque Laure	4m06	1988
9	Ghayati Nadia	3m81	1988
10	La Rou Jennifer	3m74	1987
11	Lecomte Ellen	3m48	1987
12	Culot Sandrine	3m34	1981
13	Delferriere Catherine	3m23	1985
14	Delfosse Joelle	3m22	1982
15	De Crom Evelyne	2m95	1987
16	Malengreaux Sylvie	2m73	1985
17	Muyls Tania	2m68	1980
18	Blum Sandrine	1m63	1982

BEN Balle de hockey

1	Strypstein Solena	29m60	2022
2	Hallems Julie	28m96	1994
3	Van De Sype Chloe	27m79	2006
4	Dzou Lesly Kayla	25m76	2019
5	Huybrechts Isabelle	24m72	1996
6	Mouzon Emmanuelle	24m50	2000
7	Squiflet Emelynn	24m05	2019
8	Meys Jessica	23m87	2000
9	De Meyer Laurence	22m78	1997
10	Sibourg Celya	22m35	2018
11	Arys Josephine	22m25	2022
12	Goutte Alexandra	21m83	2000
13	Huygens Cloe	21m71	2012
14	Vermeir Jade	21m12	2022
15	Paulus Jessie	21m09	2005
	Beghin Joyce	21m09	2019
17	Vanderhaeghen Jessica	20m72	1992
18	François Isabelle	19m36	1992
19	Delbecque Laure	17m40	1989
20	Soto Moral Helene	16m48	1991

BEN Triathlon > 1979 à

1	Cincinatis Lucie	1113 p	1999
2	Hallems Julie	1058 p	1994
3	Vanderhaeghen Jessica	983 p	1992
4	Huybrechts Isabelle	817 p	1995
5	Gilson Adeline	800 p	1993
6	Soto Moral Helene	776 p	1991
7	Meys Jessica	738 p	1999
8	Meeus Valerie	716 p	1993
9	Mostmans Lien	714 p	1994
10	François Isabelle	702 p	1992
11	Kompany Christel	645 p	1993
12	Gilson Aurore	644 p	1990
13	Godefroid Maud	628 p	1988
14	M'Rabet Salima	608 p	1981
15	Dolianitis Dina	593 p	1999
16	Emmery Gaelle	565 p	1999
17	Evertz Virginie	550 p	1990
18	La Rou Cecile	510 p	1991
19	De Buyst Nadia	500 p	1982
20	Ghayati Nadia	455 p	1988

BEN Tetrathlon

1	Squiflet Emelynn	1652 p	2019
2	Strypstein Solena	1602 p	2022
3	Lambert Kylie	1601 p	2013
4	Lecomte Christina	1505 p	2007
5	Radermacher Sarah	1337 p	2018
6	Van De Sype Chloe	1335 p	2006
	Schroeven Camille	1335 p	2020
8	Halewyck Marie	1332 p	2003
9	Popescu Raisa Gabriela	1287 p	2020
10	Merino Noemie	1275 p	2013
11	Robert Laura	1245 p	2002
12	Englebert Yolaine	1221 p	2005
13	Dzou Steffy Ann	1220 p	2022
14	Dolianitis Dina	1184 p	2000
15	Van Der Perren Jessica	1175 p	2003

BEN 4 x 60 m

1	Glottz, Evertz, Gilson, La Rou	42.10	1990
2	Ruiz Tello, Gilson, François, Vanderhaeghen	43.92	1992
3	Baude, Soto Moral, Gilson, La Rou	44.92	1991

PUPILLES FILLES – U12

BEN 60 m

1	Lambert Kylie	8.55	2015
2	Squiflet Emelynn	8.61	2021
3	Popescu Raisa Gabriela	8.66	2022

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4	Kohl Olivia	8.74	1984
5	Schroeven Camille	8.85	2022
6	Dzou Lesly Kayla	8.90	2021
7	Carlot Sarah	8.97	2002
8	Godefroid Maud	9.05	1990
	Van Der Veken Cindy	9.05	2008
	Lecomte Christina	9.05	2009
11	Itoe Elisabeth	9.08	2014
12	Strypstein Maeva	9.09	2022
13	Tramoni Svenia	9.10	2016
14	Mouzon Emmanuelle	9.11	2002
15	Henderickx Fabienne	9.14	1970
	Carpentier Nathalie	9.14	1982
	M'Rabet Salima	9.14	1983
18	Smith Cindi	9.23	1986
	Mokassa Madeleine	9.23	1991
20	Muyls Tania	9.24	1982
	Frenay Anne	9.24	1986

PUP 200 m

1	Carpentier Nathalie	31.14	1982
2	Muyls Tania	32.24	1982
3	Uytterhaegen Isabelle	32.64	1981
4	Verhaegen Barbara	32.84	1985
5	M'Rabet Salima	33.14	1982
6	Ibanez Nadia	33.74	1987
	Frenay Anne	33.94	1986
	De Buyst Nadia	34.02	1984
9	Van Osselt Nathalie	34.14	1981
10	Vandermeulen Nathalie	34.64	1985
11	Wittevrongel Anne	34.84	1982
	Godefroid Maud	34.84	1988
13	Stevens Lien	35.14	1985
14	La Rou Jennifer	35.24	1988
15	Ghayati Anissa	35.74	1988
	Lecompte Ellen	35.74	1988
17	Ghayati Nadia	36.44	1988
18	Mattelaer Laurence	36.54	1982
19	Cacciatore Nathalie	36.64	1986
20	Lambrighs Sophie	36.74	1982

PUP 600 m

1	Strypstein Solena	1.57.65	2022
2	Lambert Kylie	2.00.94	2013
3	Strypstein Solena	2.03.24	2021
4	Squiflet Emelynn	2.07.24	2019
5	Beghin Joyce	2.09.21	2019
6	Popescu Raisa Gabriela	2.10.56	2020
7	Ngandeu Tchambia Brenda	2.10.62	2016
8	Schroeven Camille	2.10.70	2020
9	Huygens Cloe	2.11.73	2012
10	Radermacher Sarah	2.11.96	2018
11	Merino Noemie	2.12.95	2013
12	Dzou Steffy Ann	2.13.95	2022
13	Dennison Chrystal	2.16.08	2014
14	Sibourg Celya	2.16.68	2018
15	Boone Tya	2.17.39	2015

PUP 800 m

1	Frenay Anne	2.43.17	1986
2	Smith Cindi	2.45.00	1986
3	Potvlieghe Ann	2.46.50	1986
4	Vandermeulen Nathalie	2.46.70	1985
5	La Rou Jennifer	2.48.55	1989
6	Troisfontaines Valerie	2.50.98	1987
7	Stevens Lien	2.55.10	1985
8	Delbecque Laure	2.56.27	1990
9	M'Rabet Salima	2.56.40	1982
10	Fayt Laurence	2.56.50	1988
11	Verhaegen Barbara	2.57.30	1985
12	Van Collie Heidi	2.57.50	1980
13	Noben Christelle	2.58.30	1979
14	Schoos Nathalie	3.00.05	1989
15	Godefroid Maud	3.01.30	1988

16	Debaillie Isabelle	3.02.50	1985
17	Dewit Fabienne	3.03.70	1989
18	Urbain Julie	3.06.24	1989
19	Ghayati Nadia	3.06.30	1989
20	Lecompte Ellen	3.07.10	1988

PUP 1000 m

1	Popescu Raisa Gabriela	3.25.71	2022
2	Lambert Kylie	3.26.31	2015
3	Tshiasuma Jessie	3.27.87	2007
4	De Groote Estelle	3.29.00	2004
5	Inconstant Elisa	3.34.76	2017
6	Mouzon Emmanuelle	3.34.90	2002
7	Iven Kayla	3.35.05	2013
8	Gingreau Virginie	3.35.93	1999
9	Pauly Benedicte	3.36.89	1994
10	Schroeven Camille	3.37.42	2022
11	De Groote Florence	3.38.97	1999
	Van Der Perren Jessica	3.38.97	2005
13	Barry Diariou	3.39.18	2019
14	Lecomte Christina	3.40.68	2009
15	Dewaele Laura	3.40.86	2016
16	Delbecque Laure	3.50.00	1991
17	Huybrechts Isabelle	3.54.29	1996
18	Vanderhaeghen Caroline	3.54.41	2007
19	Murray Shirley	3.54.66	2000
20	Van De Sype Chloe	3.54.72	2006

PUP 60 m haies (68 cm)

1	Squiflet Emelynn	10.35	2021
2	Schroeven Camille	10.98	2022
3	Strypstein Maeva	10.99	2022
4	Dzou Lesly Kayla	11.13	2021
5	Popescu Raisa Gabriela	11.24	2022
6	De Cooman Lea	11.46	2022

PUP 60 m haies (76 cm)

1	Lambert Kylie	10.74	2015
2	Kohl Olivia	11.04	1984
3	M'Rabet Salima	11.14	1983
4	Frenay Anne	11.44	1986
	Huybrechts Isabelle	11.44	1998
6	De Cock Aline	11.74	1993
7	Van De Sype Chloe	11.81	2008
8	Kompany Christel	11.84	1995
9	Van Der Veken Noemie	11.88	2008
10	Sweetlove Celine	11.94	2019
11	De Groote Florence	11.96	1999
12	Carpentier Nathalie	12.04	1982
13	Smith Cindi	12.17	1986
14	Brouwers Cindy	12.24	1990
15	Hostyn Priscilla	12.26	2001
16	La Rou Jennifer	12.64	1989
17	Ibanez Nadia	12.74	1987
18	Kelecom Joelle	12.94	1980
19	Urbain Julie	13.03	1990
20	Van Collie Heidi	13.04	1980
	Gilson Aurore	13.04	1992

PUP Hauteur

1	Popescu Raisa Gabriela	1m37	2022
2	Strypstein Maeva	1m34	2022
3	Huybrechts Isabelle	1m31	1998
	Van Der Veken Noemie	1m31	2008
5	Marnef Aline	1m30	1996
	Lecomte Christina	1m30	2009
	Montilla Morgane	1m30	2009
	Lambert Kylie	1m30	2015
	Radermacher Sarah	1m30	2020
10	Carpentier Nathalie	1m29	1982
	Smith Cindi	1m29	1986
	Mouzon Emmanuelle	1m29	2002
13	Kohl Olivia	1m28	1984

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Hostyn Priscilla	1m28	2001
Schroeven Camille	1m28	2022
16 M'Rabet Salima	1m27	1983
17 Frenay Anne	1m26	1986
18 Vandermeulen Nathalie	1m25	1985
Ghayati Nadia	1m25	1990
20 Strypstein Solena	1m21	2022

PUP Longueur

1 Popescu Raisa Gabriela	4m57	2022
2 Smith Cindi	4m48	1986
3 Frenay Anne	4m36	1986
4 Kohl Olivia	4m32	1984
5 Hostyn Priscilla	4m24	2001
6 Van De Sype Chloe	4m18	2008
Squiflet Emelynn	4m18	2021
8 M'Rabet Salima	4m15	1983
Kompany Christel	4m15	1995
10 Tramoni Svenia	4m13	2016
11 Carpentier Nathalie	4m12	1982
12 Lambert Kylie	4m11	2015
13 Cincinatis Lucie	4m07	2000
14 Hasani Geraldina	4m05	2006
15 Huybrechts Isabelle	4m03	1998
16 Van Collie Heidi	3m90	1980
17 Muyls Tania	3m88	1982
18 De Buyst Nadia	3m87	1984
19 Meys Jessica	3m85	2000
20 La Rou Jennifer	3m83	1989

PUP Poids (1 kg)

1 Goutte Alexandra	8m63	2000
2 Montilla Morgane	8m53	2007
3 Huybrechts Isabelle	8m46	1996
4 Van De Sype Chloe	8m39	2006
5 Paulus Jessie	8m30	2005
6 Squiflet Emelynn	8m23	2019
7 Englebert Yolaine	8m15	2005
8 Hallemans Julie	8m10	1994
9 Meys Jessica	7m98	2000
10 Lambert Kylie	7m81	2013
11 Dolianitis Dina	7m78	2000
12 Beghin Joyce	8m23	2019
13 Kompany Christel	7m74	1993
14 Maidane Yasmine	7m67	2004
15 Ngandeu Tchambia Brenda	7m59	2016
16 Vanderhaeghen Jessica	7m28	1992
17 François Isabelle	5m67	1992
18 Hallemans Julie	5m00	1992
19 Gilbert Lucienne	3m88	1992
20 Gilson Adeline	3m60	1992
21 Soto Moral Celia	3m22	1992

PUP Poids (2 kg)

1 Hasani Geraldina	9m75	2006
2 Popescu Raisa Gabriela	9m67	2022
3 Goutte Alexandra	9m41	2002
4 Mouzon Emmanuelle	8m57	2002
5 Van De Sype Chloe	8m54	2008
6 Tong Aline	8m43	2004
7 Iven Kayla	8m37	2013
8 De Cooman Lea	8m35	2022
9 Dzou Lesly Kayla	8m28	2021
10 Kompany Christel	8m27	1995
11 Squiflet Emelynn	8m18	2021
12 Hallemans Julie	7m92	1996
13 Wanyu Naomie Belle	7m87	2021
14 Portzenheim Virginie	7m67	1989
15 Maidane Yasmine	7m67	2004
16 Frenay Anne	7m11	1986
17 Ghayati Anissa	6m92	1990
18 Uytterhaegen Isabelle	6m88	1981
19 Lenaerts Fanny	6m77	1992
20 Carpentier Nathalie	6m75	1982

PUP Poids (3 kg)

1 Padilla Louise	6m82	1977
2 Landerloo Françoise	5m45	1979
3 Noben Christelle	5m33	1979
4 Hulshagen V	4m32	1977
5 Nys G	3m15	1977

PUP Disque (600 gr)

1 Popescu Raisa Gabriela	26m15	2022
2 Squiflet Emelynn	24m96	2021
3 De Cooman Lea	23m71	2022
4 Huybrechts Isabelle	23m00	1998
5 Van De Sype Chloe	21m41	2008
6 Montilla Morgane	20m41	2009
7 Iven Kayla	19m47	2013
8 Radermacher Sarah	19m07	2020
9 De Meyer Laurence	18m45	1999
10 Van Der Veken Noemie	18m26	2008
Strypstein Maeva	18m26	2022
12 Dzou Lesly Kayla	18m15	2021
13 Mouzon Emmanuelle	17m31	2002
14 Huygens Cloe	17m04	2014
15 Van Der Veken Cindy	16m98	2008

PUP Disque (1 kg)

1 Padilla Louise	11m05	1977
2 Hulshagen V	10m21	1977
3 Weemaels N	6m89	1977
4 Schots L	6m69	1977
5 De Langhe	5m08	1977

PUP Balle de hockey

1 Iven Kayla	41m50	2013
2 Van De Sype Chloe	40m58	2008
3 Tong Aline	35m47	2004
4 Squiflet Emelynn	35m24	2021
5 Huybrechts Isabelle	35m15	1998
6 Dzou Lesly Kayla	34m75	2021
7 Hallemans Julie	33m74	1996
8 Hasani Geraldina	33m73	2006
9 Meys Jessica	32m36	2002
10 Popescu Raisa Gabriela	32m06	2022
11 De Cooman Lea	32m04	2022
12 De Meyer Laurence	31m94	1999
13 Pauly Benedicte	31m22	1994
14 Goutte Alexandra	30m81	2002
15 Strypstein Solena	29m60	2022
16 Mouzon Emmanuelle	24m50	2000
17 Adam Benedicte	24m12	1989
18 Vandenbrande Nathalie	23m24	1992
19 Sibourg Celya	22m35	2018
20 Arys Josephine	22m25	2022

PUP Javelot (600 gr) > avant 1986

1 Padilla Louise	12m22	1977
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PUP Triathlon > avant 1979

1 Henderickx Fabienne	2408 p	1970
2 Padilla Louise	1557 p	1977
4 Schots L	1383 p	1977

PUP Triathlon > 1979 à 1988

1 Smith Cindi	847 p	1986
2 Carpentier Nathalie	839 p	1982
3 Frenay Anne	830 p	1986
4 Kohl Olivia	820 p	1984
5 M'Rabet Salima	780 p	1983
6 Van Collie Heidi	740 p	1980
7 Kelecom Joelle	715 p	1980
8 Ibanez Nadia	710 p	1987
9 Muyls Tania	688 p	1982
10 Vandermeulen Nathalie	675 p	1985

RESC TOP 20 OUTDOOR DAMES

11	Debaillie Isabelle	663 p	1985
	Ibanez Nadia	663 p	1986
13	Van Osselt Nathalie	660 p	1981
14	Wittevrongel Anne	653 p	1982
15	De Buyst Nadia	643 p	1984
16	Troisfontaine Valerie	640 p	1987
	La Rou Jennifer	640 p	1988
18	Delbecque Maud	635 p	1988
19	Verhaegen Barbara	623 p	1985
20	Massart Alexandra	613 p	1986

PUP Triathlon > 1989 à

1	Kompany Christel	1321 p	1995
2	La Rou Jennifer	1107 p	1989
3	Vanderhaeghen Jessica	1080 p	1993
4	Hallems Julie	1056 p	1995
5	Gilson Adeline	1053 p	1995
6	Kill Françoise	981 p	1994
7	Maridor Julie	960 p	1995
8	Marnef Aline	956 p	1995
9	El Boubsi Maryam	941 p	1995
10	Ruysinck Kelly	874 p	1993
11	Mokassa Madeleine	866 p	1990
12	Brion Sophie	853 p	1995
13	Godefroid Maud	847 p	1989
14	Meeus Valerie	841 p	1994
15	Brouwers Cindy	833 p	1989
16	Adam Benedicte	831 p	1989
17	Delbecque Laure	817 p	1991
18	Soto Moral Helene	806 p	1992
19	Ghayati Nadia	794 p	1989
20	Delannoy Nathalie	746 p	1989

PUP Tetrathlon

1	Popescu Raisa Gabriela	2127 p	2022
2	Lambert Kylie	2077 p	2015
3	Squiflet Emelynn	1941 p	2021
4	Mouzon Emmanuelle	1935 p	2002
5	Lecomte Christina	1837 p	2009
6	Schroeven Camille	1813 p	2022
7	Meys Jessica	1811 p	2002
8	Carlot Sarah	1801 p	2002
9	Iven Kayla	1728 p	2013
10	Van De Sype Chloe	1702 p	2008
11	Montilla Morgane	1699 p	2009
12	Nijs Juliette	1626 p	2014
13	Huybrechts Isabelle	1621 p	1998
14	Tong Aline	1612 p	2004
15	Strypstein Maeva	1609 p	2022

PUP 1000 m marche

1	Iven Kayla	6.20.58	2013
2	Gerard Zoe	6.50.97	2022
3	Delbecque Laure	6.53.70	1991
4	Schroeven Camille	6.55.37	2022
5	Strypstein Maeva	7.02.31	2022
6	Gilson Aurore	7.44.30	1991

PUP 4 x 60 m

1	Delfosse P, Vandermeulen, De Buyst, Kohl	35.70	1984
2	Wittevrongel, M'Rabet, Muyls, Carpentier	35.84	1982
3	Cacciatore, Ibanez, Frenay, Smith	35.92	1986
4	La Rou, Urbain, Van Beckhoven, Godefroid	36.10	1989
5	Girasa, Kohl, De Buyst, M'Rabet	37.12	1983
6	Ghayati N, Brouwers, Godefroid, Urbain	37.34	1990
7	La Rou, Delbecque, Delannoy, Godefroid	37.42	1988
8	Frenay, Vandermeulen, Verhaegen, Debaillie	38.02	1985
9	Kelecom, Muyls, Van Collie, Belleghem	38.44	1980
10	M'Rabet, M'Rabet, Van Osselt, Muyls	38.92	1981
11	Mokassa, Delbecque, Gilson, Karemera	39.24	1991
12	Ruiz Tello, Gilson, François, Vanderhaeghen	43.92	1992

MIN 50 m

1	Squiflet Emelynn	7.20	2022
2	Lambert Kylie	7.30	2016

MIN 60 m

1	Lambert Kylie	8.55	2015
2	Squiflet Emelynn	8.61	2021
3	Popescu Raisa Gabriela	8.66	2022
4	Vandendael Alice	8.74	1966
	Nollet Viviane	8.74	1968
	Kohl Olivia	8.74	1984
7	Henderickx Dominique	8.84	1969
8	Schroeven Camille	8.85	2022
9	Dzou Lesly Kayla	8.90	2021
10	Carlot Sarah	8.97	2002
11	Godefroid Maud	9.05	1990
	Van Der Veken Cindy	9.05	2008
	Lecomte Christina	9.05	2009
14	Itoe Elisabeth	9.08	2014
15	Strypstein Maeva	9.09	2022
16	Tramoni Svenia	9.10	2016
17	Mouzon Emmanuelle	9.11	2002
18	Smith Cindi	9.13	1986
19	Henderickx Fabienne	9.14	1969
	Carpentier Nathalie	9.14	1982
	M'Rabet Salima	9.14	1983

MIN 80 m

1	Mpinga Mulowayi Alexia	10.64	2017
2	Kohl Olivia	10.64	1986
	Clermont Nathalie	10.64	1989
4	Squiflet Emelynn	10.68	2022
5	Carlot Sarah	10.73	2004
6	Carpentier Nathalie	10.74	1983
	Giuliani Alexandra	10.74	1995
8	Yech Chou Safia	10.85	2014
9	Lambert Kylie	10.86	2017
	Leonard Elise	10.86	2018
11	Van Der Veken Cindy	10.90	2010
12	Callebaut Muriel	10.91	1985
13	Van Collie Heidi	10.94	1982
	Smith Cindi	10.94	1988
	Bonvin Draps Nathalie	10.94	1993
16	Ramos Daphne	11.02	1988
17	Muyls Jacqueline	11.14	1978
	Malfait Maritza	11.14	1982
19	Frenay Anne	11.17	1988
20	Massart Alexandra	11.21	1988

MIN 150 m

1	Squiflet Emelynn	20.08	2022
2	Carlot Sarah	20.13	2004
3	Mpinga Mulowayi Alexia	20.15	2017
4	Lambert Kylie	20.31	2017
5	Briand Celine	20.42	2010
6	Guillet Laurence	20.44	1993
7	Mouzon Emmanuelle	20.54	2004
8	Bonvin Draps Nathalie	20.64	1993
9	Hostyn Priscilla	20.72	2003
10	Pontara Lisa	20.75	2016
11	Van Der Veken Cindy	20.81	2010
12	Merino Nohemi	20.84	2017
13	Kompany Christel	20.92	1997
14	Sacre Laetitia	20.94	1993
	Meys Jessica	20.94	2004
16	Nollet Viviane	21.14	1968
17	Guillet Laurence	21.29	1992
18	Bonvin Draps Nathalie	21.38	1992
19	Mokassa Madeleine	21.71	1992
20	Sacre Laetitia	21.84	1992
21	Urbain Julie	21.96	1992
22	Chamberod Anne	22.44	1992

RESC TOP 20 OUTDOOR DAMES

23	Ghayati Nadia	22.55	1992
MIN 200 m			
1	Callebaut Muriel	27.54	1985
2	Clermont Nathalie	28.32	1989
3	Nollet Viviane	28.44	1968
	Van Collie Heidi	28.44	1982
	Smith Cindi	28.44	1988
6	Henderickx Fabienne	28.54	1972
7	Ramos Daphne	28.60	1988
8	Carpentier Nathalie	28.64	1984
	Frenay Anne	28.64	1988
10	Muyls Tania	28.74	1984
11	Malfait Maritza	28.94	1982
12	Muyls Jacqueline	29.14	1978
13	Henderickx Dominique	29.24	1970
14	Portzenheim Virginie	29.33	1991
15	Brouwers Sandrine	29.66	1987
16	De Buyst Nadia	29.70	1986
17	Gilbert Fernanda	29.74	1991
18	M'Rabet Salima	30.04	1985
	Dewavre Laurence	30.04	1989
	La Rou Jennifer	30.04	1991
MIN 300 m			
1	Lambert Kylie	43.85	2017
2	Carlot Sarah	44.36	2004
3	Hostyn Priscilla	44.97	2003
4	Merino Nohemi	45.50	2017
5	Mouzon Emmanuelle	45.92	2004
6	Cincinatis Lucie	46.21	2003
7	Lecomte Christina	46.34	2011
8	Montilla Morgane	46.38	2011
9	Huybrechts Isabelle	46.44	2000
10	Van Der Veken Cindy	46.52	2010
11	Van Der Veken Noemie	46.92	2010
12	Kubiak Joanna	46.97	2019
13	Klai Anissa	47.00	2009
14	Perrini Stephanie	47.07	2005
15	Urbain Fanny	47.14	2000
16	Gyselincx Ingrid	50.92	1965
MIN 600 m			
1	De Rijcke Dominique	1.44.70	1974
2	Henderickx Suzy	1.46.00	1974
3	Gyselincx Ingrid	1.57.20	1965
4	Strypstein Solena	1.57.65	2022
5	Lambert Kylie	2.00.94	2013
6	Strypstein Solena	2.03.24	2021
7	Squiflet Emelynn	2.07.24	2019
8	Beghin Joyce	2.09.21	2019
9	Popescu Raisa Gabriela	2.10.56	2020
10	Ngandeu Tchambia Brenda	2.10.62	2016
11	Schroeven Camille	2.10.70	2020
12	Huygens Cloe	2.11.73	2012
13	Radermacher Sarah	2.11.96	2018
14	Merino Noemie	2.12.95	2013
15	Dzou Steffy Ann	2.13.95	2022
16	Dennison Chrystal	2.16.08	2014
17	Sibourg Celya	2.16.68	2018
18	Boone Tya	2.17.39	2015

MIN 800 m			
1	Frenay Anne	2.34.68	1988
2	Schraff Celine	2.35.10	1986
	Vandermeulen Nathalie	2.35.10	1987
4	Callebaut Muriel	2.35.40	1985
5	Van Collie Heidi	2.35.90	1982
6	Delferriere Laurence	2.40.17	1985
7	Brouwers Sandrine	2.40.20	1987
8	Adam Benedicte	2.40.62	1990
9	Malfait Maritza	2.43.50	1982
10	Ibanez Nadia	2.44.09	1988

11	Potvlieghe Ann	2.44.50	1987
12	Smith Cindi	2.45.00	1986
13	Fayt Laurence	2.46.06	1990
14	Dewavre Laurence	2.48.00	1989
15	La Rou Jennifer	2.48.55	1989
16	Troisfontaines Valerie	2.50.98	1987
17	Delfosse Pascale	2.51.10	1985
18	Vanden Eede Isabelle	2.51.40	1987
19	Kohl Olivia	2.51.70	1986
20	De Buyst Nadia	2.51.80	1986

MIN 1000 m			
1	De Groote Estelle	3.14.33	2006
2	Lambert Kylie	3.17.03	2017
3	Tshiasuma Jessie	3.17.91	2009
4	Mouzon Emmanuelle	3.19.90	2004
5	Klai Anissa	3.20.76	2009
6	Boussar Hanan	3.22.48	2000
7	Codrea Beatrix	3.23.42	2005
8	Iven Kayla	3.23.95	2014
9	Merino Nohemi	3.24.29	2017
10	Pauly Benedicte	3.25.05	1996
11	Muls Camille	3.25.54	2012
12	Popescu Raisa Gabriela	3.25.71	2022
13	Meeus Valerie	3.28.13	1996
14	Lecomte Christina	3.30.68	2011
15	Montilla Morgane	3.30.90	2010
16	Inconstant Elisa	3.34.76	2017
17	Gingreau Virginie	3.35.93	1999
18	Schroeven Camille	3.37.42	2022
19	De Groote Florence	3.38.97	1999
	Van Der Perren Jessica	3.38.97	2005
00		3.40.62	1991

MIN 1500 m			
1	De Rijcke Dominique	5.12.90	1974
MIN 50 m haies (65 cm)			
1	Lambert Kylie	8.04	2017
2	Squiflet Emelynn	8.33	2022
3	Dzou Lesly Kayla	8.92	2022

MIN 50 m haies (76 cm)			
1	Ouali Sirine	9.97	2013
2	Lecomte Christina	9.99	2011

MIN 60 m haies (68 cm)			
1	Squiflet Emelynn	10.22	2022
2	Dzou Lesly Kayla	10.60	2022
3	Schroeven Camille	10.98	2022
4	Strypstein Maeva	10.99	2022
5	Radermacher Sarah	11.05	2022
6	Sibourg Celya	11.23	2022
7	Popescu Raisa Gabriela	11.24	2022
8	De Cooman Lea	11.46	2022
9	Wanyu Diane Kylie	13.87	2021

MIN 60 m haies (76 cm)			
1	Lambert Kylie	9.96	2017
2	Smith Cindi	10.05	1988
3	Huybrechts Isabelle	10.07	2000
4	Van Collie Heidi	10.14	1982
5	M'Rabet Salima	10.22	1985
6	Cincinatis Lucie	10.24	2003
7	Kohl Olivia	10.34	1986
	Mouzon Emmanuelle	10.34	2004
9	Guillet Laurence	10.36	1993
10	Van Der Veken Cindy	10.37	2010
11	Lecomte Christina	10.41	2011
12	Van Der Veken Noemie	10.42	2010
13	Marloye Nadine	10.44	1971
	Uytterhaeghen Isabelle	10.44	1983

RESC TOP 20 OUTDOOR DAMES

15	Kompany Christel	10.51	1997
16	Yech Chou Safia	10.62	2014
17	Frenay Anne	10.64	1988
18	Vanden Eede Isabelle	10.70	1988
19	Gilbert Fernanda	10.94	1991
20	Muyls Jacqueline	11.14	1977
	M'Rabet Salima	11.14	1983

MIN 150 m haies (68 cm)

1	Squiflet Emelynn	21.91	2022
2	Radermacher Sarah	22.51	2022
3	Sibourg Celya	23.92	2022

MIN 150 m haies (76 cm)

1	Lambert Kylie	21.56	2017
2	Yech Chou Safia	22.49	2014
3	Van Der Veken Cindy	22.78	2010
4	Yech Chou Safia	23.10	2013
5	Badji Jalika	23.25	2009
6	Merino Nohemi	23.45	2017
7	Sandon Lisa	23.60	2014
8	Montilla Morgane	23.74	2011
9	Ngandeu Tchambia Brenda	23.79	2019
10	Mpinga Mulowayi Alexia	23.84	2016
11	Mayot Coiffard Hermine	23.91	2018
12	Henry Morgane	24.00	2012
13	Lecomte Christina	24.23	2011
14	Pontara Lisa	24.31	2015
15	Itoe Elisabeth	24.53	2015

MIN Hauteur

1	Van Collie Heidi	1m57	1982
2	De Rijcke Dominique	1m50	1974
3	Smith Cindi	1m45	1988
	Clermont Nathalie	1m45	1989
	Kompany Christel	1m45	1997
	Huybrechts Isabelle	1m45	2000
	Hostyn Priscilla	1m45	2003
	Mouzon Emmanuelle	1m45	2004
9	Lecomte Christina	1m43	2011
	Montilla Morgane	1m43	2011
	Lambert Kylie	1m43	2017
	Merino Nohemi	1m43	2017
13	Guillet Laurence	1m42	1993
	Archambeau Aline	1m42	2003
	Van Der Veken Cindy	1m42	2010
16	Kohl Olivia	1m41	1986
17	Frenay Anne	1m40	1988
	Bonvin Draps Nathalie	1m40	1992
	Guillet Laurence	1m40	1992
20	Popescu Raisa Gabriela	1m37	2022

MIN Longueur

1	Kompany Christel	5m00	1997
2	Van Collie Heidi	4m90	1982
3	Cincinatis Lucie	4m87	2003
	Hostyn Priscilla	4m87	2003
5	Carpentier Nathalie	4m86	1984
6	Carlot Sarah	4m78	2004
7	Squiflet Emelynn	4m76	2022
8	Uytterhaeghen Isabelle	4m74	1983
9	Guillet Laurence	4m73	1993
	Huybrechts Isabelle	4m73	2000
11	Meys Jessica	4m71	2004
12	Smith Cindi	4m70	1988
13	Yech Chou Safia	4m69	2014
14	Lecomte Christina	4m68	2011
15	Frenay Anne	4m66	1988
16	Gilbert Fernanda	4m57	1991
17	Popescu Raisa Gabriela	4m57	2022
18	M'Rabet Salima	4m49	1985
19	Noben Christelle	4m48	1981
20	Nollet Viviane	4m46	1968

MIN Perche

1	Van De Sype Chloe	2m43	2010
2	Mouzon Emmanuelle	2m40	2004
3	Hostyn Priscilla	2m25	2003
4	Archambeau Aline	2m20	2003
	Imbo Kristel	2m20	2009
6	Huybrechts Isabelle	2m10	2000
	Tong Aline	2m10	2005
8	Fomenko Lisa	2m03	2005
9	Klai Anissa	2m02	2009
10	Van Der Veken Noemie	2m00	2010
	Lambert Kylie	2m00	2016
12	Van Zeebroeck Griet	1m90	1993
13	Montilla Morgane	1m84	2011
14	Van Der Perren Jessica	1m75	2007
15	Tshiasuma Jessie	1m72	2009
16	Reylandt Audrey	1m50	1991

MIN Poids (1 kg)

1	Goutte Alexandra	8m63	2000
2	Montilla Morgane	8m53	2007
3	Huybrechts Isabelle	8m46	1996
4	Van De Sype Chloe	8m39	2006
5	Paulus Jessie	8m30	2005
6	Squiflet Emelynn	8m23	2019
7	Englebert Yolaine	8m15	2005
8	Hallemsans Julie	8m10	1994
9	Meys Jessica	7m98	2000
10	Lambert Kylie	7m81	2013
11	Dolianitis Dina	7m78	2000
12	Beghin Joyce	8m23	2019
13	Kompany Christel	7m74	1993
14	Maidane Yasmine	7m67	2004
15	Ngandeu Tchambia Brenda	7m59	2016
16	Vanderhaeghen Jessica	7m28	1992
17	François Isabelle	5m67	1992
18	Hallemsans Julie	5m00	1992
19	Gilbert Lucienne	3m88	1992
20	Gilson Adeline	3m60	1992
21	Soto Moral Celia	3m22	1992

MIN Poids (2 kg)

1	Waegemans Aurore	13m12	2003
2	Iven Kayla	12m89	2015
3	Kompany Christel	11m79	1997
	Van De Sype Chloe	11m79	2010
5	Mouzon Emmanuelle	10m80	2004
6	Hallemsans Julie	10m78	1998
7	Huybrechts Isabelle	10m69	2000
8	Mayuma Marie	10m62	2021
9	Montilla Morgane	10m40	2011
10	Vandenbrande Nathalie	10m38	1994
	Goutte Alexandra	10m38	2003
	Dzou Lesly Kayla	10m38	2022
13	Squiflet Emelynn	10m06	2022
14	Mjahed Maya	9m94	2020
15	Pauly Benedicte	9m92	1996
16	Hasani Geraldina	9m75	2006
17	Popescu Raisa Gabriela	9m67	2022
18	Adam Benedicte	9m21	1991
19	Vandenbroek Elke	8m96	1991
20	Paternoster Vanessa	8m94	1991

MIN Poids (3 kg)

1	Uytterhaegen Isabelle	8m43	1983
2	Debaillie Isabelle	8m17	1987
3	Clermont Nathalie	8m01	1989
4	Delheusy Veronique	7m96	1980
5	Hoste Corinne	7m81	1973
6	Carpentier Nathalie	7m78	1984
7	De Buyst Nadia	7m75	1986
8	Dewavre Laurence	7m58	1989

RESC TOP 20 OUTDOOR DAMES

9	Lebois Valerie	7m51	1981
10	Frenay Anne	7m29	1988
11	Smith Cindi	7m25	1988
12	Massart Alexandra	7m18	1988
13	Padilla Louise	7m10	1979
14	Schraff Celine	7m05	1986
15	Dewavre Laurence	7m03	1988
16	Vandermeulen Nathalie	7m00	1987
17	Van Collie Heidi	6m80	1982
18	M'Rabet Salima	6m61	1985
19	Kohl Olivia	6m60	1986
20	Muyls Jacqueline	6m51	1978

MIN Disque (600 gr)

1	Waegemans Aurore	32m53	2003
2	Kill Françoise	31m80	1996
3	Kompany Christel	31m36	1997
4	Van Der Veken Noemie	30m28	2010
5	De Buyst Nadia	29m24	1986
6	Huybrechts Isabelle	27m96	2000
7	Montilla Morgane	27m01	2010
8	Popescu Raisa Gabriela	26m15	2022
9	Gilson Aurore	25m74	1994
10	Van De Sype Chloe	25m24	2009
11	Squiflet Emelynn	24m96	2021
12	Hostyn Priscilla	24m76	2003
13	De Grootte Florence	24m41	2001
14	Vanden Berghen Sylvie	24m40	1984
15	Gilbert Fernanda	23m92	1991
16	Dewavre Laurence	23m80	1989
17	De Cooman Lea	23m71	2022
18	Van Collie Heidi	23m00	1982
19	Duysens Tania	22m32	1986
20	Smith Cindi	22m18	1988

MIN Disque (750 gr)

1	Iven Kayla	27m29	2015
2	Mayuma Marie	26m13	2021
3	Montilla Morgane	25m78	2011
4	Huygens Cloe	25m56	2016
5	Radermacher Sarah	24m93	2022
6	Merino Nohemi	24m54	2017
7	Mjahed Maya	24m00	2020
8	Van Der Veken Noemie	23m66	2010
9	Van De Sype Chloe	23m51	2010
10	Squiflet Emelynn	22m91	2022
11	Imbo Kristel	21m65	2009
12	Tshiasuma Jessie	20m04	2009
13	Van Der Veken Cindy	19m76	2010
14	Badji Jalika	19m45	2009
15	Mpinga Mulowayi Alexia	19m40	2017

MIN Disque (1 kg)

1	Padilla Louise	17m86	1978
2	Loris C	15m04	1977
3	Muyls Jacqueline	13m40	1978
4	Wouters S	12m52	1978
5	Verbeke S	11m62	1977
6	Peyskens Bernadette	11m35	1977
7	Beeckman N	11m12	1978
8	Vuylsteke S	10m42	1978
9	Hulshagen V	10m21	1977
10	Baeten P	10m00	1978
11	Verhaeghen Ilse	7m70	1977
12	Weemaels N	6m89	1977
13	Schots L	6m69	1977
14	De Langhe	5m08	1977

MIN Balle de hockey

1	Iven Kayla	41m50	2013
2	Van De Sype Chloe	40m58	2008
3	Tong Aline	35m47	2004
4	Squiflet Emelynn	35m24	2021

5	Huybrechts Isabelle	35m15	1998
6	Dzou Lesly Kayla	34m75	2021
7	Hallems Julie	33m74	1996
8	Hasani Geraldina	33m73	2006
9	Meys Jessica	32m36	2002
10	Popescu Raisa Gabriela	32m06	2022
11	De Cooman Lea	32m04	2022
12	De Meyer Laurence	31m94	1999
13	Pauly Benedicte	31m22	1994
14	Goutte Alexandra	30m81	2002
15	Strypstein Solena	29m60	2022
16	Mouzon Emmanuelle	24m50	2000
17	Adam Benedicte	24m12	1989
18	Vandenbrande Nathalie	23m24	1992
19	Sibourg Celya	22m35	2018
20	Arys Josephine	22m25	2022

MIN Javelot (400 gr) > avant 1999

1	Hallems Julie	31m01	1998
2	Adam Benedicte	24m88	1991
3	De Cock Aline	22m24	1995
4	La Rou Cecile	21m54	1995
5	Binon Christelle	20m94	1992
6	El Hammouti Soraya	18m20	1994
7	Van Zeebroek Griet	17m96	1993
8	Delbecque Laure	17m92	1993
9	Gilbert Fernanda	16m94	1991
10	La Rou Jennifer	16m00	1991
11	Vandenbroek Elke	15m72	1991
12	Reylandt Audrey	14m66	1991
13	Delbecque Laure	14m08	1992
14	Schoos Nathalie	14m04	1991
15	Guillet Laurence	13m98	1992
16	Urbain Julie	13m74	1992
17	Ghayati Anissa	12m46	1991
18	Godefroid Maud	12m42	1991
19	Ghayati Nadia	11m62	1991
20	Portzenheim Virginie	11m56	1991

MIN Javelot (400 gr) > 1999 à

1	Iven Kayla	34m63	2015
2	Radermacher Sarah	30m78	2022
3	Montilla Morgane	30m13	2011
4	Mouzon Emmanuelle	29m98	2004
5	Huybrechts Isabelle	29m28	2000
6	Mjahed Maya	28m12	2020
7	Van De Sype Chloe	26m45	2010
8	Huygens Cloe	25m88	2016
9	Montilla Morgane	25m38	2010
10	Mayuma Marie	24m77	2021
11	Codrea Beatrix	24m59	2005
12	Imbo Kristel	24m35	2009
13	Lecomte Christina	24m11	2010
14	De Meyer Laurence	23m48	2001
15	Badji Jalika	23m47	2009

MIN Javelot (500 gr) > avant 1999

1	Uytterhaegen Isabelle	28m02	1983
2	De Buyst Nadia	22m42	1986
3	Troisfontaine Valerie	18m72	1989
4	Carpentier Nathalie	18m61	1984
5	Dewavre Laurence	18m02	1989
6	Debaillie Isabelle	17m80	1987
7	Duysens Tania	17m04	1986
8	Vanden Eede Isabelle	16m44	1988
9	Frenay Anne	16m42	1987
10	Clermont Nathalie	16m18	1989
11	Potvlieghe An	16m00	1988
12	Ramos Daphne	15m14	1988
13	M'Rabet Salima	15m06	1985
14	Van Belleghem Annick	14m28	1981
15	Van Collie Heidi	13m74	1982
16	Kersten Michele	13m50	1979
17	Collavo Caroline	13m40	1980

RESC TOP 20 OUTDOOR DAMES

18	Noben Christelle	13m38	1981
	Schraff Celine	13m38	1986
20	Byl Leticia	13m14	1981

MIN Javelot (600 gr) > avant 1979

1	Padilla Louise	13m28	1978
2	Muyls Jacqueline	10m60	1978
3	Stautemas V	9m88	1978
4	Beeckmans N	9m74	1978
5	Loris C	9m18	1977
6	Vuylsteke S	9m16	1978
7	Wouters S	8m08	1978

MIN Triathlon > avant 1979

1	Muyls Jacqueline	1955 p	1978
	Padilla Louise	1955 p	1978
3	Peyskens Bernadette	1645 p	1977
4	Loris C	1501 p	1977
5	Nollet Viviane	1468 p	1968
6	Vandendael Alice	1430 p	1966
7	Verhaeghen Ilse	1347 p	1978
8	Van Den Abbeele N	1335 p	1977
9	Hulshagen V	745 p	1978

MIN Triathlon > 1979 à 1988

1	Van Collie Heidi	889 p	1982
2	Smith Cindi	880 p	1988
3	Kohl Olivia	855 p	1986
4	Uytterhaegen Isabelle	843 p	1983
5	Carpentier Nathalie	838 p	1983
6	Debaillie Isabelle	797 p	1987
7	M'Rabet Salima	795 p	1985
	De Buyst Nadia	795 p	1986
9	Malfait Maritza	793 p	1982
10	Frenay Anne	792 p	1988
11	Lebois Valerie	770 p	1981
12	Duysens Tania	767 p	1986
13	Vanden Eede Isabelle	745 p	1988
14	Kelecom Joelle	732 p	1982
15	Byl Leticia	729 p	1981
16	Dewavre Laurence	712 p	1988
17	Noben Christelle	702 p	1980
18	Van Osselt Nathalie	684 p	1982
19	Vandermeulen Nathalie	683 p	1986
20	Schraff Celine	682 p	1986

MIN Triathlon > 1989

1	Clermont Nathalie	1684 p	1989
2	Dewavre Laurence	1341 p	1989
3	Schroeven Valerie	841 p	1989

MIN Tetrathlon > 1990 à 1999

1	Bonvin Draps Nathalie	2167 p	1993
2	Brion Sophie	2053 p	1998
3	Giuliani Alexandra	2013 p	1995
4	Guillet Laurence	2008 p	1993
5	Gilbert Feranda	1824 p	1991
6	Bonvin Draps Nathalie	1821 p	1992
7	De Cock Aline	1798 p	1995
8	Leplat Anabelle	1792 p	1994
9	Sacre Laetitia	1786 p	1993
10	Martinez Belen	1759 p	1998
11	Vandenbrande Nathalie	1746 p	1993
12	Van Remoortel Anouchka	1720 p	1993
13	Van Zeebroek Griet	1715 p	1993
14	Mokassa Madeleine	1701 p	1992
15	Ghayati Anissa	1587 p	1992
16	Adam Benedicte	1482 p	1991
17	Guillet Laurence	1421 p	1992
18	Fayt Laurence	1415 p	1990
19	Schoos Nathalie	1319 p	1991
20	Reynaerts Stephanie	1256 p	1992
21	Fernandez Sylvia	1217 p	1990

22	Delbecque Laure	1206 p	1992
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MIN Pentathlon

1	Kompany Christel	2898 p	1997
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MIN Pentathlon

1	Mouzon Emmanuelle	3021 p	2004
2	Lecomte Christina	2966 p	2011
3	Hostyn Priscilla	2904 p	2003
4	Iven Kayla	2839 p	2015
5	Montilla Morgane	2804 p	2011
6	Huybrechts Isabelle	2770 p	2000
7	Squiflet Emelynn	2693 p	2022
8	Merino Nohemi	2673 p	2017
9	Lambert Kylie	2662 p	2017
10	Yech Chou Safia	2620 p	2014
11	Van De Sype Chloe	2576 p	2010
12	Van Der Veken Cindy	2556 p	2010
13	Radermacher Sarah	2506 p	2021
14	Carlot Sarah	2476 p	2004

MIN 1000 m marche

1	Iven Kayla	6.20.58	2013
2	Gerard Zoe	6.50.97	2022
3	Delbecque Laure	6.53.70	1991
4	Schroeven Camille	6.55.37	2022
5	Strypstein Maeva	7.02.31	2022
6	Gilson Aurore	7.44.30	1991

MIN 2000 m marche

1	Van Der Veken Noemie	13.51.98	2009
2	Kersten Michele	14.07.50	1979
3	Gilson Aurore	14.23.20	1992

MIN 4 x 60 m

1	?	35.70	1984
2	Wittevrongel, M'Rabet, Muyls, Carpentier	35.84	1982
3	Cacciatore, Ibanez, Frenay, Smith	35.92	1986
4	La Rou, Urbain, Van Beckhoven, Godefroid	36.10	1989
5	?	36.22	1968
6	Girasa, Kohl, De Buyst, M'Rabet	37.12	1983
7	Ghayati N, Brouwers, Godefroid, Urbain	37.34	1990
8	La Rou, Delbecque, Delannoy, Godefroid	37.42	1988
9	Frenay, Vandermeulen, Verhaegen, Debaillie	38.02	1985
10	Houben, Lefevre, Bastin, Nollet	38.32	1967
11	Kelecom, Muyls, Van Collie, Van Belleghem	38.44	1980
12	M'Rabet, M'Rabet, Van Osselt, Muyls	38.92	1981
13	Mokassa, Delbecque, Gilson, Karemera	39.24	1991
14	Ruiz Tello, Gilson, François, Vanderhaeghen	43.92	1992

MIN 4 x 80 m

1	Massart, Ramos, Frenay, Smith	42.87	1988
2	?	43.64	1984
3	Antoine, Duysens, De Buyst, Kohl	44.54	1986
4	M'Rabet, De Buyst, Kohl, Callebaut	44.62	1985
5	?	44.72	1983
6	Troisfontaine, Ibanez, Dewavre, Clermont	44.78	1989
7	Uytterhaegen, Kelecom, Van Collie, Malfait	44.92	1982
8	Debaillie, Brouwers, Frenay, Smith	44.94	1987
9	Schoos, Reylandt, Urbain, Gilbert	45.02	1991
10	Sacre, Guillet, Bonvin Draps, Mokassa	45.20	1992
11	?	46.12	1973
12	Meyskens, Timmermans, De Rijcke, Henderickx	46.52	1974
13	Lebois, Byl, Van Belleghem, Van Collie	46.82	1980
14	Adam, Fernandez, La Rou, Gilbert	47.66	1990
15	Byl, Collavo, Noben, Delheusy	49.52	1980

MIN 4 x 200 m

1	Schraff, Duysens, De Buyst, Kohl	2.01.50	1986
2	Delfosse P, M'Rabet, De Buyst, Kohl	2.02.40	1985

RESC TOP 20 OUTDOOR DAMES

CAD 50 m

1	Squiflet Emelynn	7.20	2022
2	Lambert Kylie	7.30	2016

CAD 60 m

1	Henderickx Dominique	8.24	1971
2	Lambert Kylie	8.55	2015
3	Squiflet Emelynn	8.61	2021
4	Popescu Raisa Gabriela	8.66	2022
5	Vandendael Alice	8.74	1966
	Nollet Viviane	8.74	1968
	Kohl Olivia	8.74	1984
8	Henderickx Dominique	8.84	1969
9	Schroeven Camille	8.85	2022
10	Dzou Lesly Kayla	8.90	2021
11	Carlot Sarah	8.97	2002
12	Godefroid Maud	9.05	1990
	Van Der Veken Cindy	9.05	2008
	Lecomte Christina	9.05	2009
15	Itoe Elisabeth	9.08	2014
16	Strypstein Maeva	9.09	2022
17	Tramoni Svenia	9.10	2016
18	Mouzon Emmanuelle	9.11	2002
19	Smith Cindi	9.13	1986
20	Henderickx Fabienne	9.14	1970
	Carpentier Nathalie	9.14	1982
	M'Rabet Salima	9.14	1983

CAD 80 m

1	Nollet Viviane	10.44	1970
2	Mpinga Mulowayi Alexia	10.64	2017
3	Kohl Olivia	10.64	1986
	Clermont Nathalie	10.64	1989
5	Squiflet Emelynn	10.68	2022
6	Carlot Sarah	10.73	2004
7	Vandendael Alice	10.74	1968
	Henderickx Dominique	10.74	1970
	Carpentier Nathalie	10.74	1983
	Giuliani Alexandra	10.74	1995
11	Yech Chou Safia	10.85	2014
12	Lambert Kylie	10.86	2017
	Leonard Elise	10.86	2018
14	Van Der Veken Cindy	10.90	2010
15	Callebaut Muriel	10.91	1985
16	Housiaux Colette	10.94	1964
	Van Collie Heidi	10.94	1982
	Smith Cindi	10.94	1988
	Bonvin Draps Nathalie	10.94	1993
20	Ramos Daphne	11.02	1988
	Sanchez Elisa	11.02	2022

CAD 100 m

1	Kohl Olivia	12.64	1988
2	Clermont Nathalie	12.67	1991
3	Van Der Veken Cindy	12.72	2012
4	Sielinou Lisa	12.78	2018
5	Keita Aïssa	12.83	1996
6	Minga Mulowayi Alexia	12.78	2018
7	Leplat Severine	12.86	1996
8	Van Collie Heidi	12.87	1984
9	Schauwers Manon	12.89	2014
10	Mouzon Emmanuelle	12.93	2006
11	Malfait Maritza	12.94	1984
12	Yech Chou Safia	12.95	2016
13	Klai Anissa	13.01	2011
14	Carlot Sarah	13.05	2006
15	Bonvin Draps Nathalie	13.10	1995
	Leonard Elise	13.10	2019
17	Marloye Nadine	13.14	1973
	Wauters Marijke	13.14	1973
19	Gilbert Fernanda	13.20	1992
20	La Rou Jennifer	13.23	1992

CAD 120 m

1	Sanchez Elisa	16.41	2022
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CAD 150 m

1	Nollet Viviane	19.94	1969
2	Vandendael Alice	20.04	1968
3	Squiflet Emelynn	20.08	2022
4	Carlot Sarah	20.13	2004
5	Henderickx Dominique	20.14	1970
6	Mpinga Mulowayi Alexia	20.15	2017
7	Lambert Kylie	20.31	2017
8	Briand Celine	20.42	2010
9	Guillet Laurence	20.44	1993
10	Mouzon Emmanuelle	20.54	2004
11	Dierick Nadine	20.64	1966
	Bonvin Draps Nathalie	20.64	1993
13	Hostyn Priscilla	20.72	2003
14	Housiaux Colette	20.74	1964
15	Pontara Lisa	20.75	2016
16	Van Der Veken Cindy	20.81	2010
	Merino Nohemi	20.84	2017
18	Kompany Christel	20.92	1997
19	Sacre Laetitia	20.94	1993
	Meys Jessica	20.94	2004
21	Guillet Laurence	21.29	1992
22	Bonvin Draps Nathalie	21.38	1992

CAD 200 m

1	Leplat Anabelle	26.14	1996
2	Clermont Nathalie	26.40	1991
3	Muyls Tania	26.44	1986
4	Van Collie Heidi	26.50	1984
5	Kohl Olivia	26.56	1988
6	La Rou Jennifer	26.58	1993
7	Leplat Severine	26.63	1996
	Klai Anissa	26.63	2011
9	Wauters Marijke	26.74	1973
	Smith Cindi	26.74	1990
11	Van Der Veken Cindy	26.77	2012
12	Giuliani Alexandra	26.86	1997
13	Henderickx Fabienne	26.94	1973
14	Schauwers Manon	27.00	2014
15	Sielinou Lisa	27.08	2018
16	Malfait Maritza	27.13	1984
17	Marloye Nadine	27.24	1973
18	Callebaut Muriel	27.54	1985
19	Gilbert Fernanda	27.68	1992
20	De Buyst Nadia	27.82	1988

CAD 300 m

1	Schauwers Manon	42.36	2014
2	Leplat Severine	42.65	1996
3	La Rou Jennifer	42.84	1992
4	Nollet Viviane	43.12	1970
5	Gilbert Fernanda	43.15	1992
6	Lambert Kylie	43.85	2017
7	Leplat Anabelle	44.16	1996
8	Carlot Sarah	44.28	2005
9	Bonvin Draps Nathalie	44.32	1996
10	Giuliani Alexandra	44.34	1997
11	La Rou Cecile	44.68	1996
12	Hostyn Priscilla	44.74	2004
13	Vandendael Alice	45.22	1968
14	Vlerick Ophelia	45.44	2008
15	Merino Nohemi	45.50	2017
16	Mouzon Emmanuelle	45.92	2004
17	Adam Benedicte	46.10	1992
18	Cincinatis Lucie	46.21	2003
19	Housiaux Colette	46.32	1964
	De Wandeleer Danielle	46.32	1970

CAD 400 m

1	Leplat Severine	57.61	1996
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RESC TOP 20 OUTDOOR DAMES

2	Klai Anissa	58.92	2011
3	Wauters Marijke	59.02	1973
4	Henderickx Fabienne	59.82	1973
5	La Rou Jennifer	59.84	1993
6	Malfait Maritza	61.22	1984
7	Maron Nicole	63.42	1971
	Gilbert Fernanda	63.42	1992
9	De Buyst Nadia	63.52	1988
10	Badji Jalika	63.75	2010
11	Dikoume Jaelle	63.89	2004
	Iven Kayla	63.89	2017
13	Adam Benedicte	64.05	1993
14	Kohl Olivia	64.08	1988
15	Boussar Hanan	64.10	2002
16	De Rijcke Dominique	64.12	1976
	Smith Cindi	64.12	1989
18	Marloye Nadine	64.42	1972
19	Frenay Anne	64.52	1989
20	Dewavre Laurence	64.92	1990

CAD 600 m

1	De Rijcke Dominique	1.44.70	1974
2	Nollet Viviane	1.44.90	1970
3	Henderickx Suzy	1.46.00	1974
4	Maron Nicole	1.46.50	1970
5	Gyselinck Ingrid	1.47.70	1966
6	Meersseman Geertje	1.49.50	1968
7	Strypstein Solena	1.57.65	2022
8	Lambert Kylie	2.00.94	2013
9	Squiflet Emelynn	2.07.24	2019
10	Beghin Joyce	2.09.21	2019
11	Popescu Raisa Gabriela	2.10.56	2020
12	Ngandeu Tchambia Brenda	2.10.62	2016
13	Schroeven Camille	2.10.70	2020
14	Huygens Cloe	2.11.73	2012
15	Radermacher Sarah	2.11.96	2018
16	Merino Noemie	2.12.95	2013
17	Dzou Steffy Ann	2.13.95	2022
18	Dennison Chrystal	2.16.08	2014
19	Sibourg Celya	2.16.68	2018
20	Boone Tya	2.17.39	2015

CAD 800 m

1	Tshiasuma Jessie	2.21.88	2011
2	Wauters Marijke	2.22.80	1973
3	Inconstant Elisa	2.23.09	2022
4	Arnauts Els	2.24.30	1975
5	Schauwers Manon	2.24.47	2014
6	Cawet Daphne	2.25.42	1995
7	Boussar Hanan	2.25.57	2002
8	Mouzon Emmanuelle	2.26.19	2005
9	Winckelmans Reinhilde	2.26.30	1972
10	Maron Nicole	2.27.50	1971
11	Adam Benedicte	2.27.70	1993
12	Muls Camille	2.27.86	2014
13	Delbecque Laure	2.27.98	1995
14	Henderickx Fabienne	2.28.40	1973
15	Adam Benedicte	2.28.92	1992
16	Iven Kayla	2.30.05	2017
17	Vandermeulen Nathalie	2.30.53	1988
18	Schraff Celine	2.31.07	1987
19	Frenay Anne	2.31.54	1989
20	Van Eeckhoudt Martine	2.34.00	1972
21	Mattelaer Laurence	2.34.55	1987

CAD 1000 m

1	Tshiasuma Jessie	3.01.95	2011
2	Inconstant Elisa	3.09.04	2022
3	Dewitte Caroline	3.12.93	1997
4	Cawet Daphne	3.12.94	1995
5	De Grootte Estelle	3.14.33	2006
6	Adam Benedicte	3.17.00	1992
7	Lambert Kylie	3.17.03	2017
8	Potvlieghe An	3.17.90	1990

9	Boussar Hanan	3.18.85	2001
10	Schraff Celine	3.19.50	1987
11	Mouzon Emmanuelle	3.19.90	2004
12	Klai Anissa	3.20.76	2009
13	Vandermeulen Nathalie	3.21.70	1989
14	Codrea Beatrix	3.23.42	2005
15	Iven Kayla	3.23.95	2014
16	Merino Nohemi	3.24.29	2017
17	Pauly Benedicte	3.25.05	1996
18	Muls Camille	3.25.54	2012
19	Popescu Raisa Gabriela	3.25.71	2022
20	Meeus Valerie	3.28.13	1996

CAD 1500 m

1	Tshiasuma Jessie	4.53.37	2011
2	Cawet Daphne	5.02.54	1995
3	Potvlieghe An	5.06.80	1990
4	Boussar Hanan	5.07.19	2002
5	Schraff Celine	5.12.80	1987
6	De Rijcke Dominique	5.12.90	1974
7	Inconstant Elisa	5.17.63	2022
8	Codrea Beatrix	5.17.66	2006
9	Vandermeulen Nathalie	5.18.87	1988
10	Vanden Broeck Nolwen	5.19.89	2006
11	Dewitte Caroline	5.21.13	1997
12	Adam Benedicte	5.23.19	1992
13	Mattelaer Laurence	5.24.30	1987
14	Delbecque Laure	5.25.28	1994
15	Henderickx Fabienne	5.27.00	1974
16	Massot Marianne	5.34.80	1986
17	Schoos Nathalie	5.43.08	1992
18	Cornez Muriel	5.51.00	1980
19	Fayt Laurence	6.05.94	1991
20	Ringoot Sophie	6.18.50	1992

CAD Mile

1	Tshiasuma Jessie	5.37.33	2011
2	Muls Camille	5.48.60	2014
3	Vanden Broeck Nolwen	5.56.70	2006
4	Verriez Laura	6.13.72	2015
5	El Kamlichi Widad	6.27.41	2012
6	Imbo Kristel	6.53.87	2010

CAD 2000 m

1	Tshiasuma Jessie	7.02.18	2011
2	Codrea Beatrix	7.28.37	2006
3	Vanden Broeck Nolwen	7.30.59	2006

CAD 50 m haies (65 cm)

1	Lambert Kylie	8.04	2017
2	Squiflet Emelynn	8.33	2022
3	Dzou Lesly Kayla	8.92	2022

CAD 50 m haies (76 cm)

1	Ouali Sirine	9.97	2013
2	Lecomte Christina	9.99	2011

CAD 60 m haies (68 cm)

1	Squiflet Emelynn	10.22	2022
2	Dzou Lesly Kayla	10.60	2022
3	Schroeven Camille	10.98	2022
4	Strypstein Maeve	10.99	2022
5	Radermacher Sarah	11.05	2022
6	Sibourg Celya	11.23	2022
7	Popescu Raisa Gabriela	11.24	2022
8	De Cooman Lea	11.46	2022
9	Wanyu Diane Kylie	13.87	2021

CAD 60 m haies (76 cm)

1	Vandendael Alice	9.64	1968
2	Lambert Kylie	9.96	2017
3	Smith Cindi	10.05	1988
4	Huybrechts Isabelle	10.07	2000

RESC TOP 20 OUTDOOR DAMES

5	Van Collie Heidi	10.14	1982
6	M'Rabet Salima	10.22	1985
7	Cincinatis Lucie	10.24	2003
8	Kohl Olivia	10.34	1986
	Mouzon Emmanuelle	10.34	2004
10	Guillet Laurence	10.36	1993
11	Van Der Veken Cindy	10.37	2010
13	Lecomte Christina	10.41	2011
13	Van Der Veken Noemie	10.42	2010
14	Vidts Linda	10.44	1968
	Marloye Nadine	10.44	1971
	Uytterhaeghen Isabelle	10.44	1983
17	Kompany Christel	10.51	1997
18	Drieghe Maureen	10.54	1968
19	Yech Chou Safia	10.62	2014
20	Frenay Anne	10.64	1988

CAD 80 m haies (76 cm)

1	Schauwers Manon	11.88	2014
2	Kohl Olivia	11.95	1988
3	Clermont Nathalie	11.96	1991
4	Van Collie Heidi	12.18	1984
5	Smith Cindi	12.19	1990
	Guillet Laurence	12.19	1995
7	Gaeremynck Evelyne	12.26	1985
	Huybrechts Isabelle	12.26	2002
9	Van Der Veken Noemie	12.39	2012
10	Leplat Anabelle	12.44	1996
11	Giuliani Alexandra	12.54	1997
12	Mouzon Emmanuelle	12.56	2006
13	Marloye Nadine	12.64	1972
14	Badji Jalika	12.82	2011
15	La Rou Jennifer	12.83	1993
16	La Rou Jennifer	12.84	1992
16	Nollet Viviane	12.84	1970
17	M'Rabet Salima	12.88	1987
18	Muyls Jacqueline	12.90	1980
19	Vanden Eede Isabelle	12.94	1990
20	Uytterhaegen Isabelle	13.18	1985

CAD 150 m haies (68 cm)

1	Squiflet Emelynn	21.91	2022
2	Radermacher Sarah	22.51	2022
3	Sibourg Celya	23.92	2022

CAD 150 m haies (76 cm)

1	Lambert Kylie	21.56	2017
2	Yech Chou Safia	22.49	2014
3	Van Der Veken Cindy	22.78	2010
4	Yech Chou Safia	23.10	2013
5	Badji Jalika	23.25	2009
6	Merino Nohemi	23.45	2017
7	Sandon Lisa	23.60	2014
8	Montilla Morgane	23.74	2011
9	Ngandeu Tchambia Brenda	23.79	2019
10	Mpinga Mulowayi Alexia	23.84	2016
11	Mayot Coiffard Hermine	23.91	2018
12	Henry Morgane	24.00	2012
13	Lecomte Christina	24.23	2011
14	Pontara Lisa	24.31	2015
15	Itoe Elisabeth	24.53	2015

CAD 200 m haies (76 cm)

1	Ouali Sirine	37.39	2015
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CAD 300 m haies (76 cm)

1	La Rou Jennifer	45.51	1993
2	Schauwers Manon	45.77	2014
3	De Decker Annelies	46.42	1993
4	Van Collie Heidi	46.50	1984
5	Mouzon Emmanuelle	46.52	2006
6	Kohl Olivia	46.66	1988
7	Smith Cindi	46.90	1990

8	Gilbert Fernanda	47.04	1992
9	La Rou Jennifer	47.94	1992
10	Badji Jalika	48.02	2011
11	Leplat Severine	48.21	1996
12	Frenay Anne	48.26	1989
13	Van Zeebroeck Griet	48.53	1995
14	Martins Junior Magaly	48.67	2019
15	M'Rabet Salima	48.89	1986
16	Vanden Eede Isabelle	49.22	1990
17	Gaeremynck Evelyne	49.72	1985
18	M'Rabet Salima	50.16	1987
19	Overloop An	50.42	1979
20	Muyls Jacqueline	50.62	1980
21	Vandendriessche Maja	51.42	1985

CAD 1500 m steeple (76 cm)

1	Van Der Perren Jessica	6.17.24	2009
2	Archambeau Aline	6.22.37	2004
3	Huygens Cloe	6.31.12	2017
4	Badji Jalika	6.31.72	2010
5	Van Der Perren Jessica	6.36.40	2008
6	Imbo Kristel	6.37.08	2011
7	Hostyn Priscilla	6.55.99	2004

CAD Hauteur

1	Van Collie Heidi	1m68	1984
2	Schauwers Manon	1m66	2014
3	De Rijcke Dominique	1m63	1976
	Golfa Sambay Clara	1m63	2017
5	Van Der Veken Cindy	1m61	2012
6	Smith Cindi	1m59	1990
7	Marloye Nadine	1m58	1973
8	Hoste Corinne	1m55	1975
	Kohl Olivia	1m55	1988
10	Kompany Christel	1m53	1999
	Viaene Luna	1m53	2018
12	Vlerick Ophelia	1m52	2009
13	Vandenbrande Nathalie	1m50	1996
	Hostyn Priscilla	1m50	2005
	Van Rossem Nicky	1m50	2007
	Merino Nohemi	1m50	2018
17	Vidts Linda	1m46	1968
	Carpentier Nathalie	1m46	1986
19	Hintjens Ria	1m45	1974
	Overloop An	1m45	1979
	Muyls Jacqueline	1m45	1980
	Van Collie Heidi	1m45	1981
	Clermont Nathalie	1m45	1989
	Huybrechts Isabelle	1m45	2000
	Mouzon Emmanuelle	1m45	2004

CAD Longueur

1	Van Collie Heidi	5m74	1984
2	Marloye Nadine	5m72	1973
3	Dossey Jennifer Stefania	5m45	2019
4	Kompany Christel	5m40	1999
5	Henderickx Dominique	5m39	1971
6	Schauwers Manon	5m37	2014
7	Malfait Maritza	5m34	1984
8	Hostyn Priscilla	5m27	2005
9	Carpentier Nathalie	5m21	1986
10	Smith Cindi	5m10	1989
11	Housiaux Colette	5m06	1964
	Muyls Jacqueline	5m06	1980
13	Clermont Nathalie	5m03	1990
14	Yech Chou Safia	5m00	2015
15	Mouzon Emmanuelle	4m98	2006
16	Vandendael Alice	4m95	1968
17	Kohl Olivia	4m93	1988
18	Frenay Anne	4m92	1989
19	Cincinatis Lucie	4m87	2003
20	Henderickx Fabienne	4m83	1973

RESC TOP 20 OUTDOOR DAMES

CAD Triple saut

1	Kompany Christel	11m71	1999
2	Dossey Jennifer Stefania	11m49	2019
3	Naji Afaf	11m05	2004
4	Hostyn Priscilla	10m98	2005
5	Fomenko Lisa	10m92	2007
6	Vandenbrande Nathalie	10m88	1996
7	Yech Chou Safia	10m73	2015
8	Guisse Saliyya	10m55	2011
9	Archambeau Aline	10m50	2005
10	Van De Sype Chloe	10m20	2012
11	Vanden Bergh Joy	10m14	2015
12	Van Zeebroeck Griet	10m07	1995
13	Boswell Audrey	10m03	2003
14	Sandon Lisa	10m01	2016
15	Lecomte Christina	9m98	2013

CAD Perche

1	Van Zeebroeck Griet	3m26	1995
2	Van De Sype Chloe	3m20	2012
3	Imbo Kristel	2m86	2011
4	Van Remoortel Anouchka	2m80	1995
5	Mouzon Emmanuelle	2m75	2006
6	Huybrechts Isabelle	2m60	2002
7	Hostyn Priscilla	2m30	2004
	Fomenko Lisa	2m30	2007
9	Archameau Aline	2m20	2003
	Kaluza Isabelle	2m20	2013
11	Tong Aline	2m10	2005
12	Klai Anissa	2m02	2009
13	De Gunsch Marie	2m00	2008
	Van Der Veken Noemie	2m00	2010
	Nachtergal Marine	2m00	2017
	Lambert Kylie	2m00	2016
17	Montilla Morgane	1m84	2011
18	Van Der Perren Jessica	1m75	2007
19	Tshiasuma Jessie	1m72	2009
20	Reylandt Audrey	1m50	1991

CAD Poids (1 kg)

1	Goutte Alexandra	8m63	2000
2	Montilla Morgane	8m53	2007
3	Huybrechts Isabelle	8m46	1996
4	Van De Sype Chloe	8m39	2006
5	Paulus Jessie	8m30	2005
6	Squiflet Emelynn	8m23	2019
7	Englebert Yolaine	8m15	2005
8	Hallems Julie	8m10	1994
9	Meys Jessica	7m98	2000
10	Lambert Kylie	7m81	2013
11	Dolianitis Dina	7m78	2000
12	Beghin Joyce	8m23	2019
13	Kompany Christel	7m74	1993
14	Maidane Yasmine	7m67	2004
15	Ngandeu Tchambia Brenda	7m59	2016
16	Vanderhaeghen Jessica	7m28	1992
17	François Isabelle	5m67	1992
18	Hallems Julie	5m00	1992
19	Gilbert Lucienne	3m88	1992
20	Gilson Adeline	3m60	1992
21	Soto Moral Celia	3m22	1992

CAD Poids (2 kg)

1	Waegemans Aurore	13m12	2003
2	Iven Kayla	12m89	2015
3	Kompany Christel	11m79	1997
	Van De Sype Chloe	11m79	2010
5	Mouzon Emmanuelle	10m80	2004
6	Hallems Julie	10m78	1998
7	Huybrechts Isabelle	10m69	2000
8	Mayuma Marie	10m62	2021
9	Montilla Morgane	10m40	2011
10	Vandenbrande Nathalie	10m38	1994

	Goutte Alexandra	10m38	2003
	Dzou Lesly Kayla	10m38	2022
13	Squiflet Emelynn	10m06	2022
14	Mjahed Maya	9m94	2020
15	Pauly Benedicte	9m92	1996
16	Hasani Geraldina	9m75	2006
17	Popescu Raisa Gabriela	9m67	2022
18	Adam Benedicte	9m21	1991
19	Vandenbroeck Elke	8m96	1991
20	Paternoster Vanessa	8m94	1991

CAD Poids (3 kg)

1	Mathieu Julia	13m85	2019
2	Kompany Christel	12m10	1999
3	Marloye Nadine	11m74	1973
4	Declerck Anne	11m18	1978
5	Mouzon Emmanuelle	11m42	2006
6	Iven Kayla	11m41	2017
7	Archambeau Aline	11m05	2005
8	Van De Sype Chloe	11m02	2012
9	Vandenbrande Nathalie	10m98	1996
10	Mjahed Maya	10m86	2022
11	De Meyer Laurence	10m82	2003
12	Hoste Corinne	10m79	1975
13	Reynaerts Stephanie	10m69	1995
14	Huybrechts Isabelle	10m62	2002
15	Uytterhaeghen Isabelle	10m49	1985
16	De Buyst Nadia	9m68	1988
17	Van Israel Joelle	9m45	1972
18	Padilla Louise	9m42	1980
19	Vanden Berghen Sylvie	9m40	1985
20	Maes Chantal	9m36	1978

CAD Poids (4 kg)

1	Housiaux Norine	6m64	1966
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CAD Disque (600 gr)

1	Waegemans Aurore	32m53	2003
2	Kill Françoise	31m80	1996
3	Kompany Christel	31m36	1997
4	Van Der Veken Noemie	30m28	2010
5	De Buyst Nadia	29m24	1986
6	Huybrechts Isabelle	27m96	2000
7	Montilla Morgane	27m01	2010
8	Popescu Raisa Gabriela	26m15	2022
9	Gilson Aurore	25m74	1994
10	Van De Sype Chloe	25m24	2009
11	Squiflet Emelynn	24m96	2021
12	Hostyn Priscilla	24m76	2003
13	De Groote Florence	24m41	2001
14	Vanden Berghen Sylvie	24m40	1984
15	Gilbert Fernanda	23m92	1991
16	Dewavre Laurence	23m80	1989
17	De Cooman Lea	23m71	2022
18	Van Collie Heidi	23m00	1982
19	Duysens Tania	22m32	1986
20	Smith Cindi	22m18	1988

CAD Disque (750 gr)

1	Iven Kayla	27m29	2015
2	Mayuma Marie	26m13	2021
3	Montilla Morgane	25m78	2011
4	Huygens Cloe	25m56	2016
5	Radermacher Sarah	24m93	2022
6	Merino Nohemi	24m54	2017
7	Mjahed Maya	24m00	2020
8	Van Der Veken Noemie	23m66	2010
9	Van De Sype Chloe	23m51	2010
10	Squiflet Emelynn	22m91	2022
11	Imbo Kristel	21m65	2009
12	Tshiasuma Jessie	20m04	2009
13	Van Der Veken Cindy	19m76	2010
14	Badji Jalika	19m45	2009

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15 Mpinga Mulowayi Alexia 19m40 2017

CAD Disque (800 gr)

1 Van Der Veken Noemie 22m26 2011

CAD Disque (1 kg)

1	Marloye Nadine	37m60	1973
2	Vandenbrande Nathalie	36m48	1996
3	Mathieu Julia	31m59	2019
4	Hallemsans Julie	31m15	2000
5	Iven Kayla	30m81	2017
6	Kill Françoise	30m33	1998
7	Van Der Veken Noemie	30m03	2012
8	Vanden Berghen Sylvie	29m92	1985
9	Kompany Christel	29m33	1999
10	De Buyst Nadia	28m90	1988
11	Van De Sype Chloe	28m58	2012
12	Declerck Anne	28m08	1978
13	Mjahed Maya	27m72	2022
14	Mayuma Marie	27m25	2022
15	Hoste Corinne	26m34	1975
16	Van Israel Joelle	25m86	1972
17	Bastin Beatrice	25m52	1968
18	Housiaux Norine	25m38	1966
19	Hoolans Annie	24m12	1969
20	Dewavre Laurence	23m30	1991

CAD Balle de hockey

1	Iven Kayla	41m50	2013
2	Van De Sype Chloe	40m58	2008
3	Tong Aline	35m47	2004
4	Squiflet Emelynn	35m24	2021
5	Huybrechts Isabelle	35m15	1998
6	Dzou Lesly Kayla	34m75	2021
7	Hallemsans Julie	33m74	1996
8	Hasani Geraldina	33m73	2006
9	Meys Jessica	32m36	2002
10	Popescu Raisa Gabriela	32m06	2022
11	De Cooman Lea	32m04	2022
12	De Meyer Laurence	31m94	1999
13	Pauly Benedicte	31m22	1994
14	Goutte Alexandra	30m81	2002
15	Strypstein Solena	29m60	2022
16	Mouzon Emmanuelle	24m50	2000
17	Adam Benedicte	24m12	1989
18	Vandenbrande Nathalie	23m24	1992
19	Sibourg Celya	22m35	2018
20	Arys Josephine	22m25	2022

CAD Javelot (400 gr) > avant 1999

1	Hallemsans Julie	31m01	1998
2	Adam Benedicte	24m88	1991
3	De Cock Aline	22m24	1995
4	La Rou Cecile	21m54	1995
5	Binon Christelle	20m94	1992
6	El Hammouti Soraya	18m20	1994
7	Van Zeebroek Griet	17m96	1993
8	Delbecque Laure	17m92	1993
9	Gilbert Fernanda	16m94	1991
10	La Rou Jennifer	16m00	1991
11	Vandenbroeck Elke	15m72	1991
12	Reylandt Audrey	14m66	1991
13	Delbecque Laure	14m08	1992
14	Schoos Nathalie	14m04	1991
15	Guillet Laurence	13m98	1992
16	Urbain Julie	13m74	1992
17	Ghayati Anissa	12m46	1991
18	Godefroid Maud	12m42	1991
19	Ghayati Nadia	11m62	1991
20	Portzenheim Virginie	11m56	1991
21	Paternoster Vanessa Schroeven Valerie	11m48	1990

CAD Javelot (400 gr) > 1999 à

1	Iven Kayla	34m63	2015
2	Radermacher Sarah	30m78	2022
3	Montilla Morgane	30m13	2011
4	Mouzon Emmanuelle	29m98	2004
5	Huybrechts Isabelle	29m28	2000
6	Mjahed Maya	28m12	2020
7	Van De Sype Chloe	26m45	2010
8	Huygens Cloe	25m88	2016
9	Montilla Morgane	25m38	2010
10	Mayuma Marie	24m77	2021
11	Codrea Beatrix	24m59	2005
12	Imbo Kristel	24m35	2009
13	Lecomte Christina	24m11	2010
14	De Meyer Laurence	23m48	2001
15	Badji Jalika	23m47	2009

CAD Javelot (500 gr) > avant 1999

1	Reynaerts Stephanie	32m82	1995
2	Adam Benedicte	30m66	1993
3	Uytterhaeghen Isabelle	30m48	1984
4	Pauly Benedicte	27m29	1998
5	Gilbert Lucy	26m78	1991
6	Carpentier Nathalie	26m26	1986
7	Adam Benedicte	26m16	1992
7	De Buyst Nadia	26m06	1988
8	Padilla Louise	24m60	1980
10	Vandenbroeck Elke	24m58	1993
11	Vandenbroeck Elke	23m54	1992
12	Smith Cindi	23m72	1989
13	Van Collie Heidi Vandendriessche Maja	23m64	1984
15	Ramos Daphne	23m48	1990
16	Gilbert Fernanda	22m68	1992
17	Debaille Isabelle	20m00	1988
18	Fayt Laurence	18m88	1991
19	Troisfontaine Valerie	18m72	1989
20	Dewavre Laurence	18m02	1989
21	Gaeremynck Evelyne	17m96	1985
22	Ringoot Sophie	17m24	1992

CAD Javelot (500 gr) > 1999 à

1	Iven Kayla	41m46	2017
2	Hallemsans Julie	36m86	2000
3	Huybrechts Isabelle	36m67	2002
4	Montilla Morgane	34m38	2013
5	Mayuma Marie	32m39	2022
6	Mouzon Emmanuelle	32m37	2006
7	Huygens Cloe	28m50	2018
8	Kompany Christel	27m62	1999
9	Mjahed Maya	27m55	2022
10	Van De Sype Chloe	27m02	2011
11	Imbo Kristel	25m97	2011
12	De Meyer Laurence	25m93	2003
13	Hostyn Priscilla	25m27	2005
14	Codrea Beatrix	24m65	2006
15	Merino Nohemi	23m92	2018

CAD Javelot (600 gr) > avant 1999

1	Declerck Anne	35m00	1978
2	Hoste Corinne	31m18	1974
3	Bastin Chantal	30m00	1969
4	Meskens Muriel	27m72	1976
5	Gilbert Lucy	26m06	1991
6	Marloye Nadine	23m56	1973
7	Vandendael Alice	22m96	1968
8	Callebaut Claudine	21m50	1974
9	Mayenez Catherine	21m20	1978
10	Van Millis Paula	19m50	1965
11	Wilmotte Marie Jeanne	19m17	1971
12	Hoolans Annie	17m46	1969
13	Nollet Viviane	16m58	1969
14	Vandendael Marie Jeanne	16m55	1965

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15	Padilla Louise	12m22	1977
16	Muyls Jacqueline	10m18	1977
17	Loris C	9m18	1977

CAD Marteau (3 kg)

1	Huygens Cloe	34m60	2018
2	Vandenbrande Nathalie	32m60	1996
3	Van Remoortel Anouchka	26m14	1995
4	Hallemaans Julie	24m28	1999
5	Adam Benedicte	20m70	1993
6	Fomenko Lisa	22m05	2007
7	Imbo Kristel	20m31	2011
8	Van De Sype Chloe	19m22	2011
9	Van Zeebroeck Griet	18m66	1994
10	Montilla Morgane	18m38	2012
11	Guisse Saliyya	16m90	2011

CAD Triathlon > avant 1979

1	Marloye Nadine	2034 p	1973
2	Vandendael Alice	1985 p	1968
3	Vidts Linda	1946 p	1968
4	Nollet Viviane	1883 p	1970
5	Hoste Corine	1767 p	1975
6	Drieghe Maureen	1524 p	1968
7	Hoolans Annie	1480 p	1969
8	De Wandeleer Danielle	1453 p	1970
9	Housiaux Norine	1446 p	1966
10	Bortels Anne Marie	1425 p	1966
11	Moreau Martine	1386 p	1966
12	Bastin Chantal	1198 p	1968

CAD Triathlon > 1979 à

1	Van Collie Heidi	2112 p	1984
2	Uytterhaegen Isabelle	1815 p	1984
3	Girasa Deborah	1553 p	1984
4	Overloop An	1398 p	1979
5	Noben Christelle	1372 p	1983
6	Delheusy Veronique	1151 p	1981
7	Lambert Viviane	905 p	1981

CAD Pentathlon > avant 1999

1	Van Collie Heidi	3384 p	1984
2	Uytterhaegen Isabelle	2784 p	1984
3	Carpentier Nathalie	2577 p	1986
4	Kohl Olivia	2407 p	1988
5	De Buyst Nadia	2402 p	1988
6	Fayt Laurence	2206 p	1991
7	Girasa Deborah	2165 p	1984
8	Vandendriessche Maja	2150 p	1985
9	M'Rabet Salima	2064 p	1986
10	Gaeremynck Evelyne	2056 p	1985
11	Gilbert Fernanda	2021 p	1992
12	Vandenbroeck Elke	1646 p	1992

CAD Pentathlon > 1999 à

1	Iven Kayla	2855 p	2017
2	Huybrechts Isabelle	2502 p	2001
3	Montilla Morgane	2285 p	2012

CAD Hexathlon

1	Schauwers Manon	3901 p	2014
2	Kompany Christel	3625 p	1999
3	Mouzon Emmanuelle	3482 p	2006
4	Huybrechts Isabelle	3426 p	2002
5	Hostyn Priscilla	3188 p	2005
6	Van De Sype Chloe	3077 p	2012
7	Archambeau Aline	3030 p	2005
8	Vlerick Ophelia	2967 p	2009
9	Iven Kayla	2924 p	2016
10	Van Der Veken Noemie	2913 p	2012
11	Montilla Morgane	2896 p	2013
12	Lucas Clara	2832 p	2019
13	Lins Noemie	2768 p	2009

14	Badji Jalika	2739 p	2011
15	Merino Nohemi	2643 p	2018

CAD 1000 m marche

1	Iven Kayla	6.20.58	2013
2	Gerard Zoe	6.50.97	2022
3	Delbecque Laure	6.53.70	1991
4	Schroeven Camille	6.55.37	2022
5	Strypstein Maeva	7.02.31	2022
6	Gilson Aurore	7.44.30	1991

CAD 2000 m marche

1	Kersten Michele	14.07.5	1979
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CAD 3000 m marche

1	Cuvelier Maela	21.19.14	2015
2	El Ouahmi Sirine	21.58.95	2015
3	Kersten Michele	22.06.90	1980
4	Biese Helena	24.09.94	2018

CAD 4 x 60 m

1	?	35.70	1984
2	Wittevrongel, M'Rabet, Muyls, Carpentier	35.84	1982
3	Cacciatore, Ibanez, Frenay, Smith	35.92	1986
4	La Rou, Urbain, Van Beckhoven, Godefroid	36.10	1989
5	?	36.22	1968
6	Girasa, Kohl, De Buyst, M'Rabet	37.12	1983
7	Ghayati N, Brouwers, Godefroid, Urbain	37.34	1990
8	La Rou, Delbecque, Delannoy, Godefroid	37.42	1988
9	Frenay, Vandermeulen, Verhaegen, Debaille	38.02	1985
10	Houben, Lefevre, Bastin, Nollet	38.32	1967
11	Kelecom, Muyls, Van Collie, Van Belleghem	38.44	1980
12	M'Rabet, M'Rabet, Van Osselt, Muyls	38.92	1981
13	Mokassa, Delbecque, Gilson, Karemera	39.24	1991
14	Ruiz Tello, Gilson, François, Vanderhaeghen	43.92	1992

CAD 4 x 80 m

1	?	42.62	1970
2	Massart, Ramos, Frenay, Smith	42.87	1988
3	Stevens, Bortels, Servaes, Vandendael	43.22	1967
4	?	43.62	1966
5	?	43.64	1984
6	?	43.82	1968
7	Antoine, Duysens, De Buyst, Kohl	44.54	1986
8	M'Rabet, De Buyst, Kohl, Callebaut	44.62	1985
9	?	44.72	1983
10	Troisfontaine, Ibanez, Dewavre, Clermont	44.78	1989
11	Uytterhaegen, Kelecom, Van Collie, Malfait	44.92	1982
12	Debaille, Brouwers, Frenay, Smith	44.94	1987
13	Schoos, Reylandt, Urbain, Gilbert	45.02	1991
14	Sacre, Guillet, Bonvin Draps, Mokassa	45.20	1992
15	Hoolans, Lefevre, De Wandeleer, Nollet	45.62	1969
16	?	46.12	1973
17	Meyskens, Timmermans, De Rijcke, Henderickx	46.52	1974
18	?	46.72	1971
19	Lebois, Byl, Van Belleghem, Van Collie	46.82	1980
20	Vandendael, Depaepe, Van De Voorde, Gyselincx	46.92	1965

CAD 4 x 100 m

1	Wauters, Gyselincx, Henderickx, Marloye	51.12	1973
2	Ramos, Costa, Clermont, Smith	51.50	1990
3	Gaeremynck, Van Collie, Malfait, Uytterhaeghen	52.12	1984
4	Van Laethem, De Buyst, Gauditiaubois, Kohl	52.14	1988
5	Lecompte, Vandenbroeck, La Rou, Gilbert	52.17	1992
6	M'Rabet, Carpentier, Muyls, Callebaut	52.35	1985
7	Gaeremynck, Carpentier, Muyls, Van Osselt	52.43	1985
8	Ramos, Brouwers, Frenay, Smith	52.89	1989
9	Vanderheyde, Dewavre, Costa, Clermont	52.93	1991
10	Van Den Hout, Eynikel, Henderickx, Neesen	53.12	1974
11	Ellebaut, Van Collie, Malfait, Noben	53.38	1983
12	Antoine, De Buyst, M'Rabet, Kohl	53.64	1987
13	Maron, Masson, Bruggemans, Henderickx	54.12	1971
14	?	55.22	1972

RESC TOP 20 OUTDOOR DAMES

15	Meskens, Henderickx, Hoste, Vandenbroeck	55.33	1975
16	Houba, Reddman, Ligocki, Muyls	55.73	1979
17	Muyls, Remy, Peyskens, Padilla	56.72	1980
18	Delheusy, Chantren, Lambert, M'Khihk	62.02	1980

CAD 4 x 200 m

1	Schraff, Duysens, De Buyst, Kohl	2.01.50	1986
2	Delfosse P, M'Rabet, De Buyst, Kohl	2.02.40	1985

CAD 4 x 800 m

1	Denti, Houba, Ligocki, Cornez	12.57.60	1979
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SCOLAIRES DAMES – U18

SCO 50 m

1	Squifflet Emelynn	7.20	2022
2	Lambert Kylie	7.30	2016

SCO 60 m

1	Nollet Viviane	8.04	1971
2	Van Eerdewegh Nicole	8.14	1971
3	Vandendael Alice	8.24	1970
	Henderickx Dominique	8.24	1971
5	Lambert Kylie	8.55	2015
6	Squifflet Emelynn	8.61	2021
7	Popescu Raisa Gabriela	8.66	2022
	Kohl Olivia	8.74	1984
9	Schroeven Camille	8.85	2022
10	Dzou Lesly Kayla	8.90	2021
11	Carlot Sarah	8.97	2002
12	Godefroid Maud	9.05	1990
	Van Der Veken Cindy	9.05	2008
	Lecomte Christina	9.05	2009
15	Itoe Elisabeth	9.08	2014
16	Strypstein Maeva	9.09	2022
17	Tramoni Svenia	9.10	2016
18	Mouzon Emmanuelle	9.11	2002
19	Smith Cindi	9.13	1986
20	Henderickx Fabienne	9.14	1970
	Carpentier Nathalie	9.14	1982
	M'Rabet Salima	9.14	1983

SCO 80 m

1	Nollet Viviane	10.44	1970
2	Mpinga Mulowayi Alexia	10.64	2017
3	Kohl Olivia	10.64	1986
	Clermont Nathalie	10.64	1989
5	Squifflet Emelynn	10.68	2022
6	Carlot Sarah	10.73	2004
7	Vandendael Alice	10.74	1968
	Henderickx Dominique	10.74	1970
	Carpentier Nathalie	10.74	1983
	Giuliani Alexandra	10.74	1995
11	Yech Chou Safia	10.85	2014
12	Lambert Kylie	10.86	2017
	Leonard Elise	10.86	2018
14	Van Der Veken Cindy	10.90	2010
15	Callebaut Muriel	10.91	1985
16	Housiaux Colette	10.94	1964
	Van Collie Heidi	10.94	1982
	Smith Cindi	10.94	1988
	Bonvin Draps Nathalie	10.94	1993
20	Ramos Daphne	11.02	1988
	Sanchez Elisa	11.02	2022

SCO 100 m

1	Van Der Veken Cindy	12.33	2014
2	Vandendriessche Nadine	12.41	1982
3	Leplat Severine	12.43	1998
4	Malfait Maritza	12.48	1986
5	Kohl Olivia	12.57	1989
6	Leonard Elise	12.61	2022
7	Mouzon Emmanuelle	12.65	2008

8	Clermont Nathalie	12.67	1991
9	Noel Nehemie Keysha	12.70	2015
10	Nollet Viviane	12.74	1971
	Henderickx Dominique	12.74	1972
	Naples Michele	12.74	1981
13	La Rou Jennifer	12.77	1995
	Schauwers Manon	12.77	2016
15	Sielinou Lisa	12.78	2018
	Minga Mulowayi Alexia	12.78	2018
17	De Coster Alexandra	12.80	1982
18	Keita Aissa	12.83	1996
19	Vandendael Alice	12.84	1970
20	Van Collie Heidi	12.87	1984

SCO 120 m

1	Sanchez Elisa	16.41	2022
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SCO 150 m

1	Nollet Viviane	19.94	1969
2	Vandendael Alice	20.04	1968
3	Squifflet Emelynn	20.08	2022
4	Carlot Sarah	20.13	2004
5	Henderickx Dominique	20.14	1970
6	Mpinga Mulowayi Alexia	20.15	2017
7	Lambert Kylie	20.31	2017
8	Briand Celine	20.42	2010
9	Guillet Laurence	20.44	1993
10	Mouzon Emmanuelle	20.54	2004
11	Dierick Nadine	20.64	1966
	Bonvin Draps Nathalie	20.64	1993
13	Hostyn Priscilla	20.72	2003
14	Housiaux Colette	20.74	1964
15	Pontara Lisa	20.75	2016
16	Van Der Veken Cindy	20.81	2010
17	Vandendael Marie Jeanne	20.84	1967
	Merino Nohemi	20.84	2017
19	Kompany Christel	20.92	1997
20	Sacre Laetitia	20.94	1993
	Meys Jessica	20.94	2004

SCO 200 m

1	Vandendriessche Nadine	25.34	1981
2	Leplat Severine	25.38	1998
3	Van Der Veken Cindy	25.42	2014
4	Kohl Olivia	25.53	1990
5	Schauwers Manon	25.65	2016
6	Mouzon Emmanuelle	25.73	2008
7	Naples Michele	25.78	1982
8	La Rou Jennifer	25.82	1995
9	Leplat Anabelle	25.84	1997
10	De Coster Alexandra	25.94	1982
	Van Collie Heidi	25.94	1986
12	Malfait Maritza	25.98	1986
13	Henderickx Dominique	26.04	1973
14	Giuliani Alexandra	26.24	1998
15	Van Laethem Sandra	26.25	1989
16	Van Eerdewegh Nicole	26.34	1971
	De Vrye Corine	26.34	1977
18	Clermont Nathalie	26.40	1991
19	Muyls Tania	26.44	1986
20	Brouwers Sandrine	26.63	1990
	Klai Anissa	26.63	2011

SCO 300 m

1	Leplat Severine	39.65	1998
2	La Rou Jennifer	41.29	1995
3	Schauwers Manon	41.68	2016
4	Klai Anissa	42.20	2013
5	Leplat Anabelle	42.37	1998
6	Kompany Christel	42.48	2000
7	Van Der Veken Cindy	42.74	2014
8	La Rou Jennifer	42.84	1992
9	Nollet Viviane	43.12	1970

RESC TOP 20 OUTDOOR DAMES

10	Gilbert Fernanda	43.15	1992
11	Vanden Eede Isabelle	43.61	1992
12	Giuliani Alexandra	43.84	1998
13	Lambert Kylie	43.85	2017
14	Carlot Sarah	44.28	2005
15	Bonvin Draps Nathalie	44.32	1995
16	La Rou Cecile	44.68	1996
17	Hostyn Priscilla	44.74	2004
18	Vandendael Alice	45.22	1968
19	Vlerick Ophelia	45.44	2008
20	Adam Benedicte	46.10	1992
21	De Wandeleer Danielle	46.32	1970

SCO 400 m

1	Leplat Severine	56.03	1998
2	Klai Anissa	57.07	2013
3	Van Collie Heidi	57.32	1986
4	La Rou Jennifer	58.29	1995
5	Malfait Maritza	58.58	1986
6	Schauwers Manon	58.90	2016
7	Wauters Marijke	59.02	1973
8	Adam Benedicte	59.31	1995
9	Miri Yasmina	59.76	2011
10	Henderickx Fabienne	59.82	1973
11	Vandendriessche Nadine	60.02	1981
12	Collard Florence	60.71	1983
13	Meersseman Geertje	60.82	1970
14	Mortier Pascale	61.52	1972
	Vanden Eede Isabelle	61.52	1992
16	Gauditiaubois Christine	61.82	1989
	De Buyst Nadia	61.82	1990
18	Goessens Carine	61.92	1980
19	De Wandeleer Danielle	62.02	1972
20	Kohl Olivia	62.22	1990

SCO 600 m

1	De Rijcke Dominique	1.44.70	1974
2	Nollet Viviane	1.44.90	1970
3	Henderickx Suzy	1.46.00	1974
4	Maron Nicole	1.46.50	1970
5	Gyselincx Ingrid	1.47.70	1966
6	Meersseman Geertje	1.49.10	1968
7	Strypstein Solena	1.57.65	2022
8	Lambert Kylie	2.00.94	2013
9	Squiflet Emelynn	2.07.24	2019
10	Beghin Joyce	2.09.21	2019
11	Popescu Raisa Gabriela	2.10.56	2020
12	Ngandeu Tchambia Brenda	2.10.62	2016
13	Schroeven Camille	2.10.70	2020
14	Huygens Cloe	2.11.73	2012
15	Radermacher Sarah	2.11.96	2018
16	Merino Noemie	2.12.95	2013
17	Dzou Steffy Ann	2.13.95	2022
18	Dennison Chrystal	2.16.08	2014
19	Sibourg Celya	2.16.68	2018
20	Boone Tya	2.17.39	2015

SCO 800 m

1	Muls Camille	2.14.88	2016
2	Meersseman Geertje	2.15.60	1970
3	Collard Florence	2.16.12	1983
4	Joblin Marine	2.16.41	2019
5	Van Den Bossche Inga	2.18.99	2017
6	Cawet Daphne	2.20.30	1997
7	Wauters Marijke	2.20.60	1974
8	Mortier Pascale	2.21.20	1973
9	Tshiasuma Jessie	2.21.88	2011
10	Boeren Michele	2.22.80	1974
11	Winckelmans Reinhilde	2.22.90	1974
	Van Collie Heidi	2.22.90	1986
13	Inconstant Elisa	2.23.09	2022
14	Schauwers Manon	2.24.07	2015
15	Arnauts Els	2.24.30	1975
16	Boussar Hanan	2.25.57	2002

17	Mouzon Emmanuelle	2.26.19	2005
18	Maron Nicole	2.27.50	1971
19	De Buyst Nadia	2.27.63	1990
20	Adam Benedicte	2.27.70	1993
21	Adam Benedicte	2.28.92	1992

SCO 1000 m

1	Joblin Marine	3.01.01	2019
2	Tshiasuma Jessie	3.01.95	2011
3	Muls Camille	3.05.34	2016
4	Cawet Daphne	3.05.42	1997
5	Haouari Farrah	3.08.82	2020
6	Inconstant Elisa	3.09.04	2022
7	Delbecque Laure	3.10.60	1996
8	Van Den Bossche Inga	3.12.17	2017
9	Dewitte Caroline	3.12.93	1997
10	Potvlieghe An	3.13.00	1992
11	De Groote Estelle	3.14.33	2006
12	Mattelaer Laurence	3.15.50	1989
13	Vandermeulen Nathalie	3.16.70	1989
14	Adam Benedicte	3.17.00	1992
15	Lambert Kylie	3.17.03	2017
16	Boussar Hanan	3.18.85	2001
17	Byl Leticia	3.18.90	1984
18	Schraff Celine	3.19.50	1987
19	Mouzon Emmanuelle	3.19.90	2004
20	Klai Anissa	3.20.76	2009

SCO 1500 m

1	Van Den Bossche Inga	4.41.18	2017
2	Muls Camille	4.47.63	2016
3	Cawet Daphne	4.50.73	1997
4	Tshiasuma Jessie	4.53.37	2011
5	Winckelmans Reinhilde	4.54.30	1974
6	Collard Florence	4.55.00	1983
7	Mortier Pascale	4.57.00	1973
8	Wauters Marijke	4.59.90	1974
9	Boeren Michele	5.00.80	1973
10	Haouari Farrah	5.02.17	2020
11	Potvlieghe An	5.04.03	1991
12	Boussar Hanan	5.07.19	2002
13	Schraff Celine	5.12.80	1987
14	De Rijcke Dominique	5.12.90	1974
15	Gyselincx Ingrid	5.13.00	1968
16	Colls Martine	5.17.20	1973
17	Inconstant Elisa	5.17.63	2022
18	Codrea Beatrix	5.17.66	2006
19	Coutteau Katia	5.18.40	1978
20	Vandermeulen Nathalie	5.18.87	1988

SCO Mile

1	Tshiasuma Jessie	5.22.27	2012
2	Muls Camille	5.30.02	2015
3	Barhdadi Lina	5.48.48	2014
4	Vanden Broeck Nolwen	5.56.70	2006
5	Verriez Laura	6.13.72	2015
6	El Kamlichi Widad	6.27.41	2012
7	Imbo Kristel	6.28.31	2011

SCO 2000 m

1	Muls Camille	6.38.49	2016
2	Van Den Bossche Inga	6.38.60	2016
3	Tshiasuma Jessie	7.02.18	2011
4	Vanden Broeck Nolwen	7.24.32	2007
5	Codrea Beatrix	7.28.37	2006

SCO 3000 m

1	Van Den Bossche Inga	10.41.31	2017
2	Cawet Daphne	10.43.20	1997
3	Potvlieghe An	10.48.10	1992
4	Massot Marianne	11.22.17	1987
5	Tshiasuma Jessie	11.28.04	2013
6	Haouari Farrah	11.30.81	2019

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7	Dewitte Valerie	11.42.07	1997
8	Vlaminck Karin	11.42.60	1982
9	Byl Laetitia	11.47.00	1984
10	Schraff Celine	11.53.07	1990
11	Boussar Hanan	11.55.64	2003
12	Delbecque Laure	12.19.62	1996
13	Goethals Lutgard	12.22.54	2018
14	Vanden Muysenberg Sabine	12.31.15	1992
15	Dewitte Caroline	12.31.52	1999
16	Van Handenhoven Nadine	12.39.60	1980
17	Vandendriessche Maja	14.51.33	1986
18	Maes Chantal	16.40.00	1979

SCO 50 m haies (65 cm)

1	Lambert Kylie	8.04	2017
2	Squiflet Emelynn	8.33	2022
3	Dzou Lesly Kayla	8.92	2022

SCO 50 m haies (76 cm)

1	Ouali Sirine	9.97	2013
2	Lecomte Christina	9.99	2011

SCO 60 m haies (68 cm)

1	Squiflet Emelynn	10.22	2022
2	Dzou Lesly Kayla	10.60	2022
3	Schroeven Camille	10.98	2022
4	Strypstein Maeva	10.99	2022
5	Radermacher Sarah	11.05	2022
6	Sibourg Celya	11.23	2022
7	Popescu Raisa Gabriela	11.24	2022
8	De Cooman Lea	11.46	2022
9	Wanyu Diane Kylie	13.87	2021

SCO 60 m haies (76 cm)

1	Vandendael Alice	9.64	1968
2	Lambert Kylie	9.96	2017
3	Smith Cindi	10.05	1988
4	Huybrechts Isabelle	10.07	2000
5	Van Collie Heidi	10.14	1982
6	M'Rabet Salima	10.22	1985
7	Cincinatus Lucie	10.24	2003
8	Kohl Olivia	10.34	1986
	Mouzon Emmanuelle	10.34	2004
10	Guillet Laurence	10.36	1993
11	Van Der Veken Cindy	10.37	2010
12	Lecomte Christina	10.41	2011
13	Van Der Veken Noemie	10.42	2010
14	Vidts Linda	10.44	1968
	Marloye Nadine	10.44	1970
16	Uytterhaeghen Isabelle	10.44	1983
17	Kompany Christel	10.51	1997
18	Drieghe Maureen	10.54	1968
19	Yech Chou Safia	10.62	2014
20	Frenay Anne	10.64	1988

SCO 80 m haies (76 cm)

1	Vandendael Alice	11.84	1969
2	Schauwers Manon	11.88	2014
3	Kohl Olivia	11.95	1988
4	Clermont Nathalie	11.96	1991
5	Van Collie Heidi	12.18	1984
6	Smith Cindi	12.19	1990
	Guillet Laurence	12.19	1995
8	Gaeremynck Evelyne	12.26	1985
	Huybrechts Isabelle	12.26	2002
10	Van Der Veken Noemie	12.39	2012
11	Leplat Anabelle	12.44	1996
12	Giuliani Alexandra	12.54	1997
13	Mouzon Emmanuelle	12.56	2006
14	Marloye Nadine	12.64	1972
15	Badji Jalika	12.82	2011
16	La Rou Jennifer	12.83	1993
17	La Rou Jennifer	12.84	1992

17	Nollet Viviane	12.84	1970
18	M'Rabet Salima	12.88	1987
19	Muyls Jacqueline	12.90	1980
20	Vanden Eede Isabelle	12.94	1990

SCO 100 m haies (76 cm)

1	Kohl Olivia	13.92	1990
2	Clermont Nathalie	14.14	1993
3	Mouzon Emmanuelle	14.30	2008
	Schauwers Manon	14.38	2016
5	Van Collie Heidi	14.47	1986
6	Vanden Eede Isabelle	14.84	1991
7	Clermont Nathalie	14.87	1992
8	Guillet Laurence	14.90	1997
9	Gaeremynck Evelyne	15.19	1986
10	Ruell Natacha	15.45	1988
11	Leplat Anabelle	15.46	1997
12	De Decker Annelies	15.70	1994
13	Huybrechts Isabelle	15.73	2004
14	Caty Emeline	15.78	2015
15	Carpentier Nathalie	18.14	1987

SCO 100 m haies (84 cm)

1	Kohl Olivia	14.16	1990
2	Gaeremynck Evelyne	15.22	1987
3	Van Eerdewegh Nicole	15.44	1971
4	Vanden Eede Isabelle	15.49	1991
5	Marloye Nadine	15.54	1974
6	Vandendael Alice	16.04	1970
7	Muyls Jacqueline	16.64	1981
8	Ruell Natacha	16.70	1988
9	Goessens Carine	17.44	1981
10	Riffart Dominique	17.52	1980
11	Naples Michele	17.66	1982
12	Nollet Viviane	18.34	1971
13	Meersseman Geertje	18.54	1970
14	Wilmotte Marie Jeanne	18.94	1973
15	De Vrye Corine	19.14	1977
16	De Rijcke Dominique	19.44	1977
17	Winckelmann Reinhilde	19.84	1974
18	Overloop An	20.24	1980
19	De Wandeleer Daniëlle	20.44	1971
20	Declerck Anne	20.54	1979

SCO 150 m haies (68 cm)

1	Squiflet Emelynn	21.91	2022
2	Radermacher Sarah	22.51	2022
3	Sibourg Celya	23.92	2022

SCO 150 m haies (76 cm)

1	Lambert Kylie	21.56	2017
2	Yech Chou Safia	22.49	2014
3	Van Der Veken Cindy	22.78	2010
4	Yech Chou Safia	23.10	2013
5	Badji Jalika	23.25	2009
6	Merino Nohemi	23.45	2017
7	Sandon Lisa	23.60	2014
8	Montilla Morgane	23.74	2011
9	Ngandeu Tchambia Brenda	23.79	2019
10	Mpinga Mulowayi Alexia	23.84	2016
11	Mayot Coiffard Hermine	23.91	2018
12	Henry Morgane	24.00	2012
13	Lecomte Christina	24.23	2011
14	Pontara Lisa	24.31	2015
15	Itoe Elisabeth	24.53	2015

SCO 200 m haies (76 cm)

1	Ouali Sirine	37.39	2015
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SCO 300 m haies (76 cm)

1	La Rou Jennifer	43.97	1995
2	Kohl Olivia	45.42	1990
3	Goessens Carine	45.43	1980

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4	Schauwers Manon	45.77	2014
5	Vanden Eede Isabelle	46.02	1992
6	De Decker Annelies	46.42	1993
7	Van Collie Heidi	46.50	1984
8	Mouzon Emmanuelle	46.52	2006
9	Smith Cindi	46.90	1990
10	Gilbert Fernanda	47.04	1992
11	Leplat Severine	47.26	1998
12	La Rou Jennifer	47.94	1992
13	Badji Jalika	48.02	2011
14	Frenay Anne	48.26	1989
15	Van Zeebroeck Griet	48.53	1995
16	Antipina Anastasia	48.60	1993
17	Martins Junior Magaly	48.67	2019
18	M'Rabet Salima	48.89	1986
19	Gaeremynck Evelyne	49.06	1987
20	Van Assche Nancy	49.82	1989
21	M'Rabet Salima	50.16	1987

SCO 400 m haies (76 cm)

1	Schauwers Manon	62.36	2016
2	Goessens Carine	68.18	1981
3	Badji Jalika	68.52	2012
4	Kasianoff Sylvie	70.70	2012
5	Brion Sophie	70.78	2002
6	Silberfeld Sophie	72.43	2004
7	De Grootte Florence	75.73	2005
8	Urbain Fanny	76.18	2003
9	Murerwa Larissa	76.38	2011
10	Henry Morgane	76.50	2016
11	Bah Yaye Binta	76.73	2014
12	Van Rossem Nicky	76.80	2008
13	Caty Emeline	77.86	2015
14	Jebari Ouassila	78.78	2000
15	Suročaj Loreta	81.21	2021
16	Koci Franceska	83.43	2017

SCO 1500 m steeple (76 cm)

1	Van Der Perren Jessica	6.17.24	2009
2	Archambeau Aline	6.22.37	2004
3	Huygens Cloe	6.31.12	2017
4	Badji Jalika	6.31.72	2010
5	Van Der Perren Jessica	6.36.40	2008
6	Imbo Kristel	6.37.08	2011
7	Hostyn Priscilla	6.55.99	2004

SCO 2000 m steeple (76 cm)

1	Haouari Farrah	8.05.35	2019
2	Vanden Broeck Nolwen	8.45.82	2008
3	Kagu Gerta	8.48.32	2021
4	Van Der Perren Jessica	9.04.76	2010

SCO Hauteur

1	Van Collie Heidi	1m68	1984
2	Schauwers Manon	1m67	2015
3	Marloye Nadine	1m66	1975
4	Ruell Natacha	1m65	1988
	Golfa Sambay Clara	1m65	2018
6	De Rijcke Dominique	1m63	1976
7	Van Der Veken Cindy	1m61	2012
8	Smith Cindi	1m59	1990
	Viaene Luna	1m59	2019
10	Kizito Prisca	1m58	2017
11	Hoste Corinne	1m57	1976
	Archambeau Aline	1m57	2006
13	Kompany Christel	1m56	2000
14	Vidts Linda	1m55	1970
	Winckelmans Reinhilde	1m55	1974
	Naples Michele	1m55	1981
	Kohl Olivia	1m55	1988
18	Vlerick Ophelia	1m52	2009
19	Michel Martine	1m51	1966
20	Riffart Dominique	1m50	1980

	Muyls Jacqueline	1m50	1981
	Vandenbrande Nathalie	1m50	1996
	Hostyn Priscilla	1m50	2005
	Van Rossem Nicky	1m50	2007
	Golfa Sambay Clara	1m50	2016
	Merino Nohemi	1m50	2018

SCO Longueur

1	Marloye Nadine	6m08	1975
2	Van Collie Heidi	5m90	1986
3	Henderickx Dominique	5m68	1973
4	Malfait Maritza	5m60	1986
5	Housiaux Colette	5m56	1966
6	De Vrye Corine	5m49	1977
	Kompany Christel	5m49	2000
8	Dossey Jennifer Stefania	5m45	2019
9	Vandendael Alice	5m44	1969
10	Muyls Jacqueline	5m42	1982
	Mouzon Emmanuelle	5m42	2008
	Schauwers Manon	5m42	2015
13	Kizito Prisca	5m39	2018
14	Muyls Jacqueline	5m37	1981
15	Guisse Saliyya	5m34	2012
16	Ruell Natacha	5m33	1988
17	Vidts Linda	5m32	1970
	Naples Michele	5m32	1981
19	Hostyn Priscilla	5m27	2005
20	Carpentier Nathalie	5m21	1986

SCO Triple saut

1	Kompany Christel	12m15	2000
2	De Cock Aline	11m85	1999
3	Dossey Jennifer Stefania	11m50	2020
4	Guisse Saliyya	11m14	2012
5	Naji Afaf	11m05	2004
6	Hostyn Priscilla	10m98	2005
7	Fomenko Lisa	10m92	2007
8	Caty Emeline	10m91	2015
9	Vandenbrande Nathalie	10m88	1996
10	Madani Sarah	10m73	2015
	Yech Chou Safia	10m73	2015
12	Golfa Sambay Clara	10m71	2018
13	Van De Sype Chloe	10m62	2014
14	Archambeau Aline	10m53	2006
15	Vandenbroeck Elke	10m28	1994
16	Vanden Bergh Joy	10m14	2015
17	Van Zeebroeck Griet	10m07	1995
18	Boswell Audrey	10m03	2003
19	Sandon Lisa	10m01	2016
20	Lecomte Christina	9m98	2013
20	Ramos Daphne	9m05	1991

SCO Perche

1	Van Zeebroeck Griet	3m36	1996
2	Van De Sype Chloe	3m21	2014
3	Fonteyn Astrid	2m90	1996
	Mouzon Emmanuelle	2m90	2007
5	Imbo Kristel	2m86	2011
6	Van Remoortel Anouchka	2m80	1995
7	Huybrechts Isabelle	2m60	2002
8	Vlerick Ophelia	2m40	2011
9	Lacasse Camille	2m31	2015
10	Hostyn Priscilla	2m30	2004
	Fomenko Lisa	2m30	2007
12	Archambeau Aline	2m20	2003
	Kaluza Isabelle	2m20	2013
	Cole Anne Ramon	2m20	2021
15	Luypaert Naomy	2m12	2012
16	Tong Aline	2m10	2005
17	Klai Anissa	2m02	2009
18	Chovanova Helena	2m00	1992
	De Gunsch Marie	2m00	2008
	Van Der Veken Noemie	2m00	2010
	Nachtergal Marine	2m00	2017

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Lambert Kylie	2m00	2016
SCO Poids (1 kg)		
1 Goutte Alexandra	8m63	2000
2 Montilla Morgane	8m53	2007
3 Huybrechts Isabelle	8m46	1996
4 Van De Sype Chloe	8m39	2006
5 Paulus Jessie	8m30	2005
6 Squiflet Emelynn	8m23	2019
7 Englebert Yolaine	8m15	2005
8 Hallemans Julie	8m10	1994
9 Meys Jessica	7m98	2000
10 Lambert Kylie	7m81	2013
11 Dolianitis Dina	7m78	2000
12 Beghin Joyce	8m23	2019
13 Kompany Christel	7m74	1993
14 Maidane Yasmine	7m67	2004
15 Ngandeu Tchambia Brenda	7m59	2016
16 Vanderhaeghen Jessica	7m28	1992
17 François Isabelle	5m67	1992
18 Hallemans Julie	5m00	1992
19 Gilbert Lucienne	3m88	1992
20 Gilson Adeline	3m60	1992
21 Soto Moral Celia	3m22	1992
SCO Poids (2 kg)		
1 Waegemans Aurore	13m12	2003
2 Iven Kayla	12m89	2015
3 Kompany Christel	11m79	1997
Van De Sype Chloe	11m79	2010
5 Mouzon Emmanuelle	10m80	2004
6 Hallemans Julie	10m78	1998
7 Huybrechts Isabelle	10m69	2000
8 Mayuma Marie	10m62	2021
9 Montilla Morgane	10m40	2011
10 Vandenbrande Nathalie	10m38	1994
Goutte Alexandra	10m38	2003
Dzou Lesly Kayla	10m38	2022
13 Squiflet Emelynn	10m06	2022
14 Mjahed Maya	9m94	2020
15 Pauly Benedicte	9m92	1996
16 Hasani Geraldina	9m75	2006
17 Popescu Raisa Gabriela	9m67	2022
18 Adam Benedicte	9m21	1991
19 Vandenbroek Elke	8m96	1991
20 Paternoster Vanessa	8m94	1991
SCO Poids (3 kg)		
1 Mathieu Julia	14m76	2022
2 Kompany Christel	12m10	1999
3 Vandenbrande Nathalie	11m96	1998
4 Adam Benedicte	11m95	1994
5 Marloye Nadine	11m74	1973
6 Iven Kayla	11m49	2018
7 Mouzon Emmanuelle	11m42	2006
8 Van De Sype Chloe	11m34	2014
9 Madani Sarah	10m30	2015
10 Declerck Anne	11m18	1978
11 Archambeau Aline	11m05	2005
12 Schauwers Manon	10m95	2015
13 Mjahed Maya	10m86	2022
14 De Meyer Laurence	10m82	2003
15 Hoste Corinne	10m79	1975
16 Reynaerts Stephanie	10m69	1995
17 Huybrechts Isabelle	10m62	2002
18 Uytterhaeghen Isabelle	10m49	1985
19 Dewavre Laurence	9m76	1992
20 De Buyst Nadia	9m68	1988
SCO Poids (4 kg)		
1 Mathieu Julia	12m84	2022
2 Sustelo Irina	12m19	2000
3 Marloye Nadine	11m25	1974

4 Hoste Corinne	10m54	1977
5 Mouzon Emmanuelle	10m43	2008
6 Hallemans Julie	10m40	2001
7 Van Camp Nicole	10m30	1981
8 Archambeau Aline	10m36	2007
9 Declerck Anne	10m20	1980
10 De Meyer Laurence	9m45	2004
11 Rochette Christine	9m18	1969
12 Waegemans Aurore	9m06	2006
13 Michel Martine	8m82	1966
14 Vandenberghen Sylvie	8m75	1987
15 De Groote Florence	8m67	2004
16 Uytterhaegen Isabelle	8m61	1986
17 Ruell Natacha	8m53	1988
18 Van Collie Heidi	8m44	1986
19 De Buyst Nadia	8m35	1989
20 Kompany Christel	8m21	2000

SCO Disque (600 gr)

1 Waegemans Aurore	32m53	2003
2 Kill Françoise	31m80	1996
3 Kompany Christel	31m36	1997
4 Van Der Veken Noemie	30m28	2010
5 De Buyst Nadia	29m24	1986
6 Huybrechts Isabelle	27m96	2000
7 Montilla Morgane	27m01	2010
8 Popescu Raisa Gabriela	26m15	2022
9 Gilson Aurore	25m74	1994
10 Van De Sype Chloe	25m24	2009
11 Squiflet Emelynn	24m96	2021
12 Hostyn Priscilla	24m76	2003
13 De Groote Florence	24m41	2001
14 Vanden Berghen Sylvie	24m40	1984
15 Gilbert Fernanda	23m92	1991
16 Dewavre Laurence	23m80	1989
17 De Cooman Lea	23m71	2022
18 Van Collie Heidi	23m00	1982
19 Duysens Tania	22m32	1986
20 Smith Cindi	22m18	1988

SCO Disque (750 gr)

1 Iven Kayla	27m29	2015
2 Mayuma Marie	26m13	2021
3 Montilla Morgane	25m78	2011
4 Huygens Cloe	25m56	2016
5 Radermacher Sarah	24m93	2022
6 Merino Nohemi	24m54	2017
7 Mjahed Maya	24m00	2020
8 Van Der Veken Noemie	23m66	2010
9 Van De Sype Chloe	23m51	2010
10 Squiflet Emelynn	22m91	2022
11 Imbo Kristel	21m65	2009
12 Tshiasuma Jessie	20m04	2009
13 Van Der Veken Cindy	19m76	2010
14 Badji Jalika	19m45	2009
15 Mpinga Mulowayi Alexia	19m40	2017

SCO Disque (800 gr)

1 Van Der Veken Noemie	22m26	2011
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SCO Disque (1 kg)

1 Sustelo Irina	47m99	2000
2 Vandenbrande Nathalie	40m45	1998
3 Marloye Nadine	38m44	1975
4 Hallemans Julie	35m26	2001
5 Van Camp Nicole	32m40	1981
6 De Buyst Nadia	32m38	1990
7 Mathieu Julia	31m59	2019
8 Vanden Berghen Sylvie	31m04	1987
9 Iven Kayla	30m81	2017
10 Van Der Veken Noemie	30m39	2013
11 Kill Françoise	30m33	1998
12 Kompany Christel	29m33	1999

RESC TOP 20 OUTDOOR DAMES

13	Van De Sype Chloe	29m05	2014
14	Bastin Beatrice	28m44	1968
15	Declerck Anne	28m08	1978
16	Mjahed Maya	27m72	2022
17	Housiaux Norine	27m42	1967
18	Hoste Corinne	27m26	1976
19	Mayuma Marie	27m25	2022
20	Rochette Christine	27m14	1969

SCO Balle de hockey

1	Iven Kayla	41m50	2013
2	Van De Sype Chloe	40m58	2008
3	Tong Aline	35m47	2004
4	Squiflet Emelynn	35m24	2021
5	Huybrechts Isabelle	35m15	1998
6	Dzou Lesly Kayla	34m75	2021
7	Hallems Julie	33m74	1996
8	Hasani Geraldina	33m73	2006
9	Meys Jessica	32m36	2002
10	Popescu Raisa Gabriela	32m06	2022
11	De Cooman Lea	32m04	2022
12	De Meyer Laurence	31m94	1999
13	Pauly Benedicte	31m22	1994
14	Goutte Alexandra	30m81	2002
15	Strypstein Solena	29m60	2022
16	Mouzon Emmanuelle	24m50	2000
17	Adam Benedicte	24m12	1989
18	Vandenbrande Nathalie	23m24	1992
19	Sibourg Celya	22m35	2018
20	Arys Josephine	22m25	2022

SCO Javelot (400 gr) > avant 1999

1	Hallems Julie	31m01	1998
2	Adam Benedicte	24m88	1991
3	De Cock Aline	22m24	1995
4	La Rou Cecile	21m54	1995
5	Binon Christelle	20m94	1992
6	El Hammouti Soraya	18m20	1994
7	Van Zeebroek Griet	17m96	1993
8	Delbecque Laure	17m92	1993
9	Gilbert Fernanda	16m94	1991
10	La Rou Jennifer	16m00	1991
11	Vandenbroeck Elke	15m72	1991
12	Reylandt Audrey	14m66	1991
13	Delbecque Laure	14m08	1992
14	Schoos Nathalie	14m04	1991
15	Guillet Laurence	13m98	1992
16	Urbain Julie	13m74	1992
17	Ghayati Anissa	12m46	1991
18	Godefroid Maud	12m42	1991
19	Ghayati Nadia	11m62	1991
20	Portzenheim Virginie	11m56	1991
21	Paternoster Vanessa Schroeven Valerie	11m48	1990

SCO Javelot (400 gr) > 1999 à

1	Iven Kayla	34m63	2015
2	Radermacher Sarah	30m78	2022
3	Montilla Morgane	30m13	2011
4	Mouzon Emmanuelle	29m98	2004
5	Huybrechts Isabelle	29m28	2000
6	Mjahed Maya	28m12	2020
7	Van De Sype Chloe	26m45	2010
8	Huygens Cloe	25m88	2016
9	Montilla Morgane	25m38	2010
10	Mayuma Marie	24m77	2021
11	Codrea Beatrix	24m59	2005
12	Imbo Kristel	24m35	2009
13	Lecomte Christina	24m11	2010
14	De Meyer Laurence	23m48	2001
15	Badji Jalika	23m47	2009

SCO Javelot (500 gr) > avant 1999

1	Reynaerts Stephanie	32m82	1995
2	Adam Benedicte	30m66	1993
3	Uytterhaeghen Isabelle	30m48	1984
4	Pauly Benedicte	27m29	1998
5	Gilbert Lucy	26m78	1991
6	Carpentier Nathalie	26m26	1986
7	De Buyst Nadia	26m06	1988
8	Padilla Louise	24m60	1980
9	Vandenbroeck Elke	24m58	1993
10	Smith Cindi	23m72	1989
11	Van Collie Heidi Vandendriessche Maja	23m64	1984
13	Vandenbroeck Elke	23m64	1985
14	Ramos Daphne	23m54	1992
15	Adam Benedicte	23m48	1990
16	Gilbert Fernanda	23m16	1992
17	Debaillie Isabelle	22m68	1992
18	Fayt Laurence	20m00	1988
19	Troisfontaine Valerie	18m88	1991
20	Dewavre Laurence	18m72	1989
21	Gaeremyck Evelyne	18m02	1989
22	Ringoot Sophie	17m96	1985
		17m24	1992

SCO Javelot (500 gr) > 1999 à

1	Iven Kayla	41m95	2019
2	Montilla Morgane	37m30	2014
3	Hallems Julie	36m86	2000
4	Huybrechts Isabelle	36m67	2002
5	Mayuma Marie	32m39	2022
6	Mouzon Emmanuelle	32m37	2006
7	Dennison Chrystal	31m22	2021
8	Van De Sype Chloe	31m14	2013
9	Huygens Cloe	28m50	2018
10	Kompany Christel	27m62	1999
11	Mjahed Maya	27m55	2022
12	Imbo Kristel	25m97	2011
13	De Meyer Laurence	25m93	2003
14	Hostyn Priscilla	25m27	2005
15	Majhed Maya	24m91	2021
16	Codrea Beatrix	24m65	2006
17	Merino Nohemi	23m92	2018

SCO Javelot (600 gr) > avant 1999

1	Declerck Anne	37m36	1979
2	Hoste Corinne	36m96	1977
3	Ruell Natacha	34m72	1989
4	Adam Benedicte	33m28	1994
5	Gilbert Lucy	33m08	1992
6	Bastin Chantal	31m78	1971
7	Meskens Muriel	28m30	1978
8	Uytterhaegen Isabelle	28m10	1986
9	Muyls Jacqueline	27m72	1982
10	Michel Martine	27m36	1966
11	Schoeters Karine	26m78	1975
12	Mayenez Katrien	26m22	1980
13	Werck Maggy	26m17	1968
14	Vandendael Alice	25m80	1969
15	Vandendael Marie Jeanne	25m27	1967
16	Binart Carinne	24m80	1985
17	Van Collie Heidi	24m62	1986
18	De Buyst Nadia	24m06	1989
19	Ramos Daphne	23m80	1991
20	Marloye Nadine	23m56	1973

SCO Javelot (600 gr) > 1999 à

1	Iven Kayla	39m06	2019
2	Hallems Julie	36m78	2001
3	Sustelo Irina	34m26	2000
4	Huybrechts Isabelle	32m54	2004
5	Mouzon Emmanuelle	32m23	2008
6	Pauly Benedicte	28m60	1999
7	Archambeau Aline	25m18	2006
8	Vlerick Ophelia	24m00	2011
9	De Groote Florence	22m15	2004

RESC TOP 20 OUTDOOR DAMES

10	Kebdani Nadia	21m31	2005
11	Guisse Shaena	21m21	2011
12	Van Rossem Nicky	20m50	2009
13	Lins Noemie	18m23	2010
14	Martinez Belen	14m73	2002
15	Tikent Hajar	14m12	2003

SCO Marteau (3 kg)

1	Ramos Daphne	43m80	1992
2	Huygens Cloe	34m60	2018
3	Vandenbrande Nathalie	32m60	1996
4	Van Remoortel Anouchka	26m14	1995
5	Hallemaans Julie	24m28	1999
6	Guisse Shaena	22m79	2011
7	Fomenko Lisa	22m05	2007
8	Van De Sype Chloe	21m57	2014
9	Adam Benedicte	20m70	1993
10	Imbo Kristel	20m31	2011
11	Khader Firdaous	20m09	2019
12	Van Zeebroeck Griet	18m66	1994
13	Montilla Morgane	18m38	2012
14	Guisse Saliyya	16m90	2011

SCO Marteau (4 kg)

1	Sustelo Irina	50m43	2000
2	Ramos Daphne	33m70	1992
3	De Meyer Laurence	26m03	2004
4	Adank Olivia	23m77	2002
5	Guisse Shaena	22m79	2011

SCO Triathlon > avant 1970

1	Michel Martine	2035 p	1966
2	Housiaux Colette	1943 p	1966
3	Rochette Christine	1925 p	1969
4	Vandendael Alice	1924 p	1969
5	Vandendael Marie Jeanne	1657 p	1967
6	Moreau Martine	1569 p	1968
7	Drieghe Maureen	1551 p	1969
8	Stevens Rita	1548 p	1968
9	Housiaux Norine	1515 p	1967
10	Deckers Anne	1396 p	1966
11	Bastin Beatrice	1340 p	1968

SCO Pentathlon > 1970 à 1980

1	Marloye Nadine	3756 p	1975
2	Vandendael Alice	3506 p	1970
3	Riffart Dominique	2731 p	1980
4	De Rijcke Dominique	2625 p	1977
5	De Wandeleer Danielle	2555 p	1971
6	Winckelmans Reinhilde	2378 p	1974
7	Overloop An	2241 p	1980

SCO Heptathlon > 1981 à 1999

1	Van Collie Heidi	4695 p	1986
2	Ruell Natacha	4152 p	1988
3	Muyls Jacqueline	3986 p	1982
4	Naples Michele	3871 p	1982
5	Goessens Carine	3827 p	1981
6	Carpentier Nathalie	3245 p	1987

SCO Heptathlon > 1999 à

1	Mouzon Emmanuelle	4701 p	2008
2	Schauwers Manon	4591 p	2015
3	Kizito Prisca	4069 p	2018
4	Archambeau Aline	3528 p	2006
5	Guisse Saliyya	3496 p	2012
6	Kassianoff Sylvie	3482 p	2013
7	Van De Sype Chloe	3437 p	2013
8	Van Rossem Nicky	3341 p	2009
9	Vlerick Ophelia	3259 p	2011
10	Montilla Morgane	3217 p	2014
11	Dennison Chrystal	3135 p	2021
12	Ralembert Fleurine	3117 p	2013

SCO 1000 m marche

1	Iven Kayla	6.20.58	2013
2	Gerard Zoe	6.50.97	2022
3	Delbecque Laure	6.53.70	1991
4	Schroeven Camille	6.55.37	2022
5	Strypstein Maeva	7.02.31	2022
6	Gilson Aureore	7.44.30	1991

SCO 2000 m marche

1	Kersten Michele	14.07.50	1979
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SCO 3000 m marche

1	El Ouahmi Sirine	20.08.91	2016
2	Cuvelier Maela	21.19.14	2016
3	Kersten Michele	22.06.90	1980
4	Merino Noelia	22.14.38	2015
5	Biese Helena	24.09.94	2018
6	Boulaich Kawtar	24.32.64	2018

SCO 4 x 60 m

1	?	35.70	1984
2	Wittevrongel, M'Rabet, Muyls, Carpentier	35.84	1982
3	Cacciatore, Ibanez, Frenay, Smith	35.92	1986
4	La Rou, Urbain, Van Beckhoven, Godefroid	36.10	1989
5	?	36.22	1968
6	Girasa, Kohl, De Buyst, M'Rabet	37.12	1983
7	Ghayati N, Brouwers, Godefroid, Urbain	37.34	1990
8	La Rou, Delbecque, Delannoy, Godefroid	37.42	1988
9	Frenay, Vandermeulen, Verhaegen, Debaille	38.02	1985
10	Houben, Lefevre, Bastin, Nollet	38.32	1967
11	Kelecom, Muyls, Van Collie, Van Belleghem	38.44	1980
12	M'Rabet, M'Rabet, Van Osselt, Muyls	38.92	1981
13	Mokassa, Delbecque, Gilson, Karemera	39.24	1991
14	Ruiz Tello, Gilson, François, Vanderhaeghen	43.92	1992

SCO 4 x 80 m

1	?	42.62	1970
2	Massart, Ramos, Frenay, Smith	42.87	1988
3	Stevens, Bortels, Servaes, Vandendael	43.22	1967
4	?	43.62	1966
5	?	43.64	1984
6	?	43.82	1968
7	Antoine, Duysens, De Buyst, Kohl	44.54	1986
8	M'Rabet, De Buyst, Kohl, Callebaut	44.62	1985
9	?	44.72	1983
10	Troisfontaine, Ibanez, Dewavre, Clermont	44.78	1989
11	Uytterhaegen, Kelecom, Van Collie, Malfait	44.92	1982
12	Debaille, Brouwers, Frenay, Smith	44.94	1987
13	Schoos, Reylandt, Urbain, Gilbert	45.02	1991
14	Sacre, Guillet, Bonvin Draps, Mokassa	45.20	1992
15	Hoolans, Lefevre, De Wandeleer, Nollet	45.62	1969
16	?	46.12	1973
17	Meyskens, Timmermans, De Rijcke, Henderickx	46.52	1974
18	?	46.72	1971
19	Lebois, Byl, Van Belleghem, Van Collie	46.82	1980
20	Adam, Fernandez, La Rou, Gilbert	47.66	1990

SCO 4 x 100 m

1	?	48.97	1997
2	Muyls, Naples, De Coster, Vandendriessche	49.65	1981
3	Herman, Gaeremynck, Malfait, Van Collie	50.12	1986
4	Van Laethem, De Buyst, Brouwers, Kohl	50.46	1990
5	Wauters, Gyselinck, Henderickx, Marloye	51.12	1973
6	Van Laethem, De Buyst, Gauditiaubois, Kohl	51.14	1989
7	Byl, Van Collie, Malfait, Noben	51.15	1985
8	?	51.17	1988
9	Dierickx, Van Den Hoeck, De Rijcke, De Vrye	51.72	1977
10	Rochette, Vidts, Stevens, Vandendael	51.82	1969
11	Gaeremynck, Van Collie, Malfait, Uytterhaeghen	52.12	1984
12	Lecompte, Vandenbroeck, La Rou, Gilbert	52.17	1992
	Ramos, Vanden Eede, Costa, Clermont	52.17	1992
13	Murtier, Masson, De Wandeleer, Henderickx	52.22	1972

RESC TOP 20 OUTDOOR DAMES

14	?	52.52	1971
	Wauters, Winckelmans, Gyselinck, Marloye	52.52	1974
16	Vanderheyde, Dewavre, Costa, Clermont	52.93	1991
17	Ellebaut, Van Collie, Malfait, Noben	53.38	1983
18	Antoine, De Buyst, M'Rabet, Kohl	53.64	1987
19	Vandendael, De Wandeleer, Henderickx, Meersseman	53.82	1970

SCO 4 x 200 m

1	Schraff, Duysens, De Buyst, Kohl	2.01.50	1986
2	Delfosse P, M'Rabet, De Buyst, Kohl	2.02.40	1985

SCO 4 x 800 m

1	Frenay, Smith, Vandenmuysenberg, Potvlieghe	10.24.44	1992
2	Van Handenhoven, Houba F, Declerck, Rigaux	11.49.50	1980
3	Denti, Houba, Ligocki, Cornez	12.57.60	1979

JUNIORS DAMES – U20

JUN 50 m

1	Squiflet Emelynn	7.20	2022
2	Lambert Kylie	7.30	2016

JUN 60 m

1	Nollet Viviane	8.04	1971
	Marloye Nadine	8.04	1977
3	Van Eerdewegh Nicole	8.14	1971
4	Rochette Christine	8.24	1970
	Vandendael Alice	8.24	1970
	Henderickx Dominique	8.24	1971
7	Vidts Linda	8.44	1971
8	Lambert Kylie	8.55	2015
9	Squiflet Eemlynn	8.61	2021
10	Popescu Raisa Gabriela	8.66	2022
	Kohl Olivia	8.74	1984
12	Schroeven Camille	8.85	2022
13	Dzou Lesly Kayla	8.90	2021
14	Carlot Sarah	8.97	2002
15	Godefroid Maud	9.05	1990
	Van Der Veken Cindy	9.05	2008
	Lecomte Christina	9.05	2009
18	Itoe Elisabeth	9.08	2014
19	Strypstein Maeva	9.09	2022
20	Tramoni Svenia	9.10	2016

JUN 80 m

1	Nollet Viviane	10.44	1970
2	Mpinga Mulowayi Alexia	10.64	2017
3	Kohl Olivia	10.64	1986
	Clermont Nathalie	10.64	1989
5	Squiflet Emelynn	10.68	2022
6	Carlot Sarah	10.73	2004
7	Vandendael Alice	10.74	1968
	Henderickx Dominique	10.74	1970
9	Carpentier Nathalie	10.74	1983
	Giuliani Alexandra	10.74	1995
11	Yech Chou Safia	10.85	2014
12	Lambert Kylie	10.86	2017
	Leonard Elise	10.86	2018
14	Van Der Veken Cindy	10.90	2010
15	Callebaut Muriel	10.91	1985
16	Housiaux Colette	10.94	1964
	Van Collie Heidi	10.94	1982
	Smith Cindi	10.94	1988
	Bonvin Draps Nathalie	10.94	1993
20	Ramos Daphne	11.02	1988
	Sanchez Elisa	11.02	2022

JUN 100 m

1	Van Der Veken Cindy	12.03	2016
2	Vandendriessche Nadine	12.11	1984
3	Housiaux Colette	12.14	1968
4	De Vrye Corine	12.42	1979

5	Leplat Severine	12.43	1998
6	Muyls Jacqueline	12.48	1984
	Malfait Maritza	12.48	1986
8	Kohl Olivia	12.56	1992
9	Leonard Elise	12.61	2022
10	Diwani Alison	12.64	2012
11	Mouzon Emmanuelle	12.65	2008
12	Clermont Nathalie	12.67	1991
13	Mwamine Robine	12.69	2015
14	Noel Nehemie Keysha	12.70	2015
15	Guillet Laurence	12.71	1999
16	Nollet Viviane	12.74	1971
	Henderickx Dominique	12.74	1972
	Naples Michele	12.74	1981
	Klai Anissa	12.74	2015
20	La Rou Jennifer	12.77	1995
	Schauwers Manon	12.77	2016

JUN 120 m

1	Sanchez Elisa	16.41	2022
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JUN 150 m

1	Nollet Viviane	19.94	1969
2	Vandendael Alice	20.04	1968
3	Squiflet Emelynn	20.08	2022
4	Carlot Sarah	20.13	2004
5	Henderickx Dominique	20.14	1970
6	Mpinga Mulowayi Alexia	20.15	2017
7	Lambert Kylie	20.31	2017
8	Briand Celine	20.42	2010
9	Guillet Laurence	20.44	1993
10	Mouzon Emmanuelle	20.54	2004
11	Dierick Nadine	20.64	1966
	Bonvin Draps Nathalie	20.64	1993
13	Hostyn Priscilla	20.72	2003
14	Housiaux Colette	20.74	1964
15	Pontara Lisa	20.75	2016
16	Van Der Veken Cindy	20.81	2010
17	Merino Nohemi	20.84	2017
18	Kompany Christel	20.92	1997
19	Sacre Laetitia	20.94	1993
	Meys Jessica	20.94	2004

JUN 200 m

1	Vandendriessche Nadine	24.65	1984
2	Van Der Veken Cindy	24.82	2016
3	Leplat Severine	25.38	1998
4	Klai Anissa	25.52	2015
5	Kohl Olivia	25.53	1990
6	Naples Michele	25.54	1983
7	Schauwers Manon	25.65	2016
8	Mouzon Emmanuelle	25.73	2008
9	Le Rou Jennifer	25.82	1995
10	Leplat Anabelle	25.84	1997
11	Adam Benedicte	25.89	1996
12	De Coster Alexandra	26.04	1984
	Van Collie Heidi	25.94	1986
14	Malfait Maritza	25.98	1986
15	Badji Jalika	26.00	2015
16	Henderickx Dominique	26.04	1973
	De Vrye Corine	26.04	1979
18	Giuliani Alexandra	26.24	1998
19	Van Laethem Sandra	26.25	1989
20	Van Eerdewegh Nicole	26.34	1971

JUN 300 m

1	Leplat Severine	39.65	1998
2	Klai Anissa	40.49	2015
3	La Rou Jennifer	41.29	1995
4	Adam Benedicte	41.54	1996
	Schauwers Manon	41.54	2018
6	Van Der Veken Cindy	41.82	2015
7	Leplat Anabelle	42.37	1998

RESC TOP 20 OUTDOOR DAMES

8	Kompany Christel	42.48	2000	15	Winckelmans Reinhilde	2.22.90	1974
9	Badji Jalika	42.55	2014		Van Collie Heidi	2.22.90	1986
10	Guillet Laurence	42.66	1999	17	Inconstant Elisa	2.23.09	2022
11	La Rou Jennifer	42.84	1992	18	De Valck Ingrid	2.24.30	1982
12	Nollet Viviane	43.12	1970	19	Boussar Hanan	2.25.57	2002
13	Gilbert Fernanda	43.15	1992	20	Mattelaere Laurence	2.25.85	1990
14	Kassianoff Sylvie	43.55	2014				
15	Vanden Eede Isabelle	43.61	1992	JUN 1000 m			
16	Giuliani Alexandra	43.84	1998	1	Collard Veronique	2.52.74	1982
17	Lambert Kylie	43.85	2017	2	De Wachter Didi	2.53.10	1982
18	Carlot Sarah	44.28	2005	3	Muls Camille	2.55.79	2017
19	Bonvin Draps Nathalie	44.32	1995	4	Joblin Marine	3.01.01	2019
20	La Rou Cecile	44.68	1996	5	Cawet Daphne	3.01.18	1998
21	De Buyst Nadia	44.96	1991	6	Tshiasuma Jessie	3.01.95	2011
JUN 400 m				7	Haouari Farrah	3.08.82	2020
1	Leplat Severine	56.03	1998	8	Inconstant Elisa	3.09.04	2022
2	Klai Anissa	56.64	2015	9	Delbecque Laure	3.10.60	1996
3	Van Collie Heidi	57.32	1986	10	Mattelaere Laurence	3.10.70	1991
4	Muls Camille	57.81	2018	11	Vanden Muysenberg Sabine	3.11.60	1993
5	Adam Benedicte	57.94	1997	12	Van Den Bossche Inga	3.12.17	2017
6	Tshanga Diomi Roline	58.07	2022	13	Dewitte Caroline	3.12.93	1997
7	La Rou Jennifer	58.29	1995	14	Potvlieghe An	3.13.00	1992
8	Schauwers Manon	58.30	2018	15	De Groote Estelle	3.14.33	2006
9	Malfait Maritza	58.42	1988	16	Adam Benedicte	3.17.00	1992
10	Wauters Marijke	59.02	1973	17	Lambert Kylie	3.17.03	2017
11	Meersseman Geertje	59.12	1972	18	Boussar Hanan	3.18.85	2001
12	Joblin Marine	59.70	2020	19	Byl Leticia	3.18.90	1984
13	Miri Yasmina	59.76	2011	JUN 1500 m			
14	Henderickx Fabienne	59.82	1973	1	Muls Camille	4.29.50	2018
15	Badji Jalika	59.85	2015	2	Collard Veronique	4.30.09	1982
16	Vandendriessche Nadine	59.92	1983	3	Meersseman Geertje	4.33.50	1972
17	De Wachter Didi	60.02	1982	4	De Wachter Didi	4.33.80	1982
18	Beckers Mireille	60.19	1984	5	Van Den Bossche Inga	4.41.18	2017
19	Collard Florence	60.71	1983	6	Cawet Daphne	4.50.73	1997
20	Daems Denise	60.92	1978	7	Bex Maria	4.52.20	1970
JUN 600 m				8	Tshiasuma Jessie	4.53.37	2011
1	De Rijcke Dominique	1.44.70	1974	9	De Valck Ingrid	4.53.90	1982
2	Nollet Viviane	1.44.90	1970	10	Winckelmans Reinhilde	4.54.30	1974
3	Henderickx Suzy	1.46.00	1974	11	Collard Florence	4.55.00	1983
4	Maron Nicole	1.46.50	1970	12	Mortier Pascale	4.57.00	1973
5	Gyselinck Ingrid	1.47.70	1966	13	Wauters Marijke	4.59.90	1974
6	Meersseman Geertje	1.49.10	1968	14	Boeren Michele	5.00.80	1973
7	Strypstein Solena	1.57.65	2022	15	Haouari Farrah	5.02.17	2020
8	Lambert Kylie	2.00.94	2013	16	Potvlieghe An	5.04.03	1991
9	Strypstein Solena	2.03.24	2021	18	Boussar Hanan	5.07.19	2002
10	Squiflet Emelynn	2.07.24	2019	19	Schraff Celine	5.12.80	1987
11	Beghin Joyce	2.09.21	2019	20	De Rijcke Dominique	5.12.90	1974
12	Popescu Raisa Gabriela	2.10.56	2020	21	Mattelaere Laurence	5.15.80	1990
13	Ngandeu Tchambia Brenda	2.10.62	2016	JUN Mile			
14	Schroeven Camille	2.10.70	2020	1	Muls Camille	5.07.58	2017
15	Huygens Cloe	2.11.73	2012	2	De Valck Ingrid	5.15.10	1982
16	Radermacher Sarah	2.11.96	2018	3	Cawet Daphne	5.21.54	1999
17	Merino Noemie	2.12.95	2013	4	Tshiasuma Jessie	5.22.27	2012
18	Dzou Steffy Ann	2.13.95	2022	5	Barhdadi Lina	5.48.48	2014
19	Dennison Chrystal	2.16.08	2014	6	Vanden Broeck Nolwen	5.56.70	2006
20	Sibourg Celya	2.16.68	2018	7	Verriez Laura	6.13.72	2015
JUN 800 m				8	El Kamlichi Widad	6.27.41	2012
1	Muls Camille	2.05.49	2018	9	Imbo Kristel	6.28.31	2011
2	Collard Veronique	2.11.36	1982	JUN 2000 m			
3	Schauwers Manon	2.13.16	2018	1	Muls Camille	6.38.49	2016
4	Meersseman Geertje	2.13.40	1972	2	Van Den Bossche Inga	6.38.60	2016
5	Joblin Marine	2.13.80	2021	3	Tshiasuma Jessie	7.02.18	2011
6	De Wachter Didi	2.14.79	1982	4	Vanden Broeck Nolwen	7.24.32	2007
7	Collard Florence	2.16.12	1983	5	Codrea Beatrix	7.28.37	2006
8	Cawet Daphne	2.16.21	1999	JUN 3000 m			
9	Van Den Bossche Inga	2.18.99	2017	1	Collard Veronique	9.36.90	1982
10	Wauters Marijke	2.20.60	1974	2	De Wachter Didi	10.01.10	1982
11	Mortier Pascale	2.21.20	1973	3	De Valck Ingrid	10.15.05	1982
12	Tshiasuma Jessie	2.21.88	2011	4	Van Den Bossche Inga	10.41.31	2017
13	Bex Maria	2.22.60	1970				
14	Boeren Michele	2.22.80	1974				

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5	Meersseman Geertje	10.42.80	1972	8	Gaeremynck Evelyne	12.26	1985
6	Cawet Daphne	10.43.20	1997		Huybrechts Isabelle	12.26	2002
7	Potvlieghe An	10.48.10	1992	10	Van Der Veken Noemie	12.39	2012
8	Imbo Kristel	11.14.33	2015	11	Leplat Anabelle	12.44	1996
9	Massot Marianne	11.22.17	1987	12	Housiaux Colette	12.54	1967
10	Tshiasuma Jessie	11.28.04	2013	13	Giuliani Alexandra	12.54	1997
11	Haouari Farrah	11.30.81	2019	14	Mouzon Emmanuelle	12.56	2006
12	Van Damme Joelle	11.38.45	2011	15	Marloye Nadine	12.64	1972
13	Dewitte Valerie	11.42.07	1997	16	Badji Jalika	12.82	2011
14	Vlaminck Karin	11.42.60	1982	17	La Rou Jennifer	12.83	1993
15	Coutteau Katia	11.46.00	1979	18	La Rou Jennifer	12.84	1992
16	Byl Laetitia	11.47.00	1984	18	Nollet Viviane	12.84	1970
17	Schraff Celine	11.53.07	1990	19	M'Rabet Salima	12.88	1987
18	Boussar Hanan	11.55.64	2003	20	Muyls Jacqueline	12.90	1980
19	Delbecque Laure	12.19.62	1996				
20	Goethals Lutgard	12.22.54	2018				
JUN 5000 m				JUN 100 m haies (76 cm)			
1	De Valck Ingrid	18.09.70	1982	1	Kohl Olivia	13.92	1990
2	Coutteau Katia	20.08.30	1979	2	Clermont Nathalie	14.14	1993
3	Potvlieghe An	20.14.00	1994	3	Mouzon Emmanuelle	14.30	2008
4	Impatient Chantal	23.15.30	1980		Schauwers Manon	14.38	2016
JUN 50 m haies (65 cm)				5	Van Collie Heidi	14.47	1986
1	Lambert Kylie	8.04	2017	6	Vanden Eede Isabelle	14.84	1991
2	Squifflet Emelynn	8.33	2022	7	Clermont Nathalie	14.87	1992
3	Dzou Lesly Kayla	8.92	2022	7	Guillet Laurence	14.90	1997
JUN 50 m haies (76 cm)				8	Gaeremynck Evelyne	15.19	1986
1	Ouali Sirine	9.97	2013	9	Ruell Natacha	15.45	1988
2	Lecomte Christina	9.99	2011	10	Leplat Anabelle	15.46	1997
JUN 60 m haies (68 cm)				11	De Decker Annelies	15.70	1994
1	Squifflet Emelynn	10.22	2022	12	Huybrechts Isabelle	15.73	2004
2	Dzou Lesly Kayla	10.60	2022	13	Caty Emeline	15.78	2015
3	Schroeven Camille	10.98	2022	14	Carpentier Nathalie	18.14	1987
4	Strypstein Maeva	10.99	2022				
5	Radermacher Sarah	11.05	2022	JUN 100 m haies (84 cm)			
6	Sibourg Celya	11.23	2022	1	Kohl Olivia	13.99	1992
7	Popescu Raisa Gabriela	11.24	2022	2	Clermont Nathalie	14.58	1993
8	De Cooman Lea	11.46	2022	3	Van Eerdewegh Nicole	14.94	1973
9	Wanyu Diane Kylie	13.87	2021	4	Guillet Laurence	15.02	1999
JUN 60 m haies (76 cm)				5	Gaeremynck Evelyne	15.22	1987
1	Vandendael Alice	9.64	1968	6	Mouzon Emmanuelle	15.23	2009
2	Lambert Kylie	9.96	2017	7	Marloye Nadine	15.24	1977
3	Smith Cindi	10.05	1988	8	Ruell Natacha	15.45	1988
4	Huybrechts Isabelle	10.07	2000	9	Vanden Eede Isabelle	15.49	1991
5	Van Collie Heidi	10.14	1982	10	Guisse Saliyya	15.65	2015
6	M'Rabet Salima	10.22	1985	11	De Vrye Corine	15.94	1979
7	Cincinatis Lucie	10.24	2003	12	Vandendael Alice	16.04	1970
8	Kohl Olivia	10.34	1986	13	Binart Nathalie	16.07	1985
	Mouzon Emmanuelle	10.34	2004	14	Brion Sophie	16.16	2003
10	Guillet Laurence	10.36	1993	15	Muyls Jacqueline	16.28	1983
11	Van Der Veken Cindy	10.37	2010	16	Goessens Carine	17.44	1981
12	Lecomte Christina	10.41	2011	17	Riffart Dominique	17.52	1980
13	Van Der Veken Noemie	10.42	2010	18	Naples Michele	17.66	1982
14	Vidts Linda	10.44	1968	19	Rochette Christine	17.84	1971
	Marloye Nadine	10.44	1971				
	Uytterhaeghen Isabelle	10.44	1983	JUN 150 m haies (68 cm)			
17	Kompany Christel	10.51	1997	1	Squifflet Emelynn	21.91	2022
18	Drieghe Maureen	10.54	1968	2	Radermacher Sarah	22.51	2022
19	Yech Chou Safia	10.62	2014	3	Sibourg Celya	23.92	2022
20	Frenay Anne	10.64	1988				
JUN 80 m haies (76 cm)				JUN 150 m haies (76 cm)			
1	Vandendael Alice	11.84	1969	1	Lambert Kylie	21.56	2017
2	Schauwers Manon	11.88	2014	2	Yech Chou Safia	22.49	2014
3	Kohl Olivia	11.95	1988	3	Van Der Veken Cindy	22.78	2010
4	Clermont Nathalie	11.96	1991	4	Yech Chou Safia	23.10	2013
5	Van Collie Heidi	12.18	1984	5	Badji Jalika	23.25	2009
6	Smith Cindi	12.19	1990	6	Merino Nohemi	23.45	2017
	Guillet Laurence	12.19	1995	7	Sandon Lisa	23.60	2014
				8	Montilla Morgane	23.74	2011
				9	Ngandeu Tchambia Brenda	23.79	2019
				10	Mpinga Mulowayi Alexia	23.84	2016
				11	Mayot Coiffard Hermine	23.91	2018
				12	Henry Morgane	24.00	2012
				13	Lecomte Christina	24.23	2011
				14	Pontara Lisa	24.31	2015

RESC TOP 20 OUTDOOR DAMES

15 Itoe Elisabeth 24.53 2015

JUN 200 m haies (76 cm)

1	Van Eerdewegh Nicole	30.04	1972
2	Vandendaele Alice	30.74	1971
3	Rochette Christine	31.04	1971
4	Nollet Viviane	31.74	1973
5	Meersseman Geertje	31.94	1972
6	De Wandeleer Danielle	33.94	1973
7	Vandendael Marie Jeanne	35.74	1969
8	Ouali Sirine	37.39	2015

JUN 300 m haies (76 cm)

1	La Rou Jennifer	43.97	1995
2	Kohl Olivia	45.42	1990
3	Goessens Carine	45.43	1980
4	Schauwers Manon	45.77	2014
5	Vanden Eede Isabelle	46.02	1992
6	De Decker Annelies	46.42	1993
7	Van Collie Heidi	46.50	1984
8	Mouzon Emmanuelle	46.52	2006
9	Smith Cindi	46.90	1990
10	Gilbert Fernanda	47.04	1992
11	Leplat Severine	47.26	1998
12	La Rou Jennifer	47.94	1992
12	Badji Jalika	48.02	2011
13	Frenay Anne	48.26	1989
14	Van Zeebroeck Griet	48.53	1995
15	Antipina Anastasia	48.60	1993
16	Martins Junior Magaly	48.67	2019
17	M'Rabet Salima	48.89	1986
18	Gaeremynck Evelyne	49.06	1987
20	Van Assche Nancy	49.82	1989
21	M'Rabet Salima	50.16	1987

JUN 400 m haies (76 cm)

1	Schauwers Manon	62.13	2018
2	Badji Jalika	64.85	2015
3	Van Collie Heidi	65.29	1987
4	Daems Denise	66.82	1978
5	Kasianoff Sylvie	67.07	2014
6	La Rou Jennifer	67.58	1996
7	Goessens Carine	68.18	1981
8	Smith Cindi	69.87	1993
9	Debaillie Isabelle	69.98	1993
10	Vanden Eede Isabelle	70.04	1993
11	De Pauw Margot	70.40	1993
12	Kisir Ikbal	70.45	1999
13	Brion Sophie	70.78	2002
14	Abid Fatima	71.31	1987
15	Tilmans Mireille	71.77	1986
16	Silberfeld Sophie	72.43	2004
17	Goessens Carine	72.64	1982
18	De Buyst Nadia	72.71	1991
19	Debaillie Isabelle	73.91	1992
19	De Grootte Florence	75.73	2005
20	Urbain Fanny	76.18	2003

JUN 1500 m steeple (76 cm)

1	Van Der Perren Jessica	6.17.24	2009
2	Archambeau Aline	6.22.37	2004
3	Huygens Cloe	6.31.12	2017
4	Badji Jalika	6.31.72	2010
5	Van Der Perren Jessica	6.36.40	2008
6	Imbo Kristel	6.37.08	2011
7	Hostyn Priscilla	6.55.99	2004

JUN 2000 m steeple (76 cm)

1	Haouari Farrah	8.05.35	2019
2	Vanden Broeck Nolwen	8.45.82	2008
3	Kagu Gerta	8.48.32	2021
4	Van Der Perren Jessica	9.04.76	2010

JUN Hauteur

1	Marloye Nadine	1m81	1977
2	Van Collie Heidi	1m68	1984
3	Schauwers Manon	1m67	2015
4	Ruell Natacha	1m65	1988
	Golfa Sambay Clara	1m65	2018
6	De Rijcke Dominique	1m63	1976
7	De Vrye Corine	1m62	1979
8	Locrel Anne Julie	1m61	2004
	Van Der Veken Cindy	1m61	2012
10	Smith Cindi	1m59	1990
	Viaene Luna	1m59	2019
12	Kizito Prisca	1m58	2017
13	Hoste Corinne	1m57	1976
	Archambeau Aline	1m57	2006
15	Kompany Christel	1m56	2000
16	Vidts Linda	1m55	1970
	Winckelmans Reinhilde	1m55	1974
	Naples Michele	1m55	1981
	Kohl Olivia	1m55	1988
20	Muyls Jacqueline	1m54	1984

JUN Longueur

1	Marloye Nadine	6m08	1975
2	Van Collie Heidi	5m90	1986
3	Muyls Jacqueline	5m72	1983
4	De Vrye Corine	5m70	1979
5	Henderickx Dominique	5m68	1973
	Malfait Maritza	5m68	1988
7	Housiaux Colette	5m61	1967
8	Van Der Veken Cindy	5m53	2016
9	Kompany Christel	5m49	2000
10	Guisse Saliyya	5m48	2015
	Caty Emeline	5m48	2017
12	Dossey Jenifer Stefania	5m45	2019
13	Vandendael Alice	5m44	1969
	Vidts Linda	5m44	1971
15	Mouzon Emmanuelle	5m42	2007
	Schauwers Manon	5m42	2015
	Kizito Prisca	5m39	2018
18	Ruell Natacha	5m33	1988
19	Naples Michele	5m29	1983
20	Rochette Christine	5m28	1970
	Carpentier Nathalie	5m28	1990

JUN Triple saut

1	Kompany Christel	12m15	2000
2	Guisse Saliyya	12m11	2014
3	De Cock Aline	11m85	1999
4	Ombeni Rachel	11m81	2019
5	Dossey Jennifer Stefania	11m50	2020
6	Lucas Clara	11m23	2022
7	Naji Afaf	11m05	2004
8	Hostyn Priscilla	10m98	2005
9	Fomenko Lisa	10m92	2007
10	Caty Emeline	10m91	2015
11	Vandenbrande Nathalie	10m88	1996
12	Madani Sarah	10m73	2015
	Yech Chou Safia	10m73	2015
14	Golfa Sambay Clara	10m71	2018
15	Van De Sype Chloe	10m62	2014
16	Archambeau Aline	10m53	2006
17	Vandenbroeck Elke	10m28	1994
18	Vanden Bergh Joy	10m14	2015
19	Van Zeebroeck Griet	10m07	1995
20	Boswell Audrey	10m03	2003
20	Ramos Daphne	9m05	1991

JUN Perche

1	Quirin Margaux	3m90	2014
2	Van Zeebroeck Griet	3m54	1998
3	Van De Sype Chloe	3m21	2014
4	Fonteyn Astrid	2m90	1996

RESC TOP 20 OUTDOOR DAMES

Mouzon Emmanuelle	2m90	2007
6 Van Remoortel Anouchka	2m80	1995
7 Imbo Kristel	2m86	2011
8 Huybrechts Isabelle	2m60	2002
9 Vlerick Ophelia	2m40	2011
10 Lacasse Camille	2m31	2015
11 Hostyn Priscilla	2m30	2004
Fomenko Lisa	2m30	2007
13 Archambeau Aline	2m20	2003
Kaluza Isabelle	2m20	2013
Luypaert Naomi	2m20	2014
Cole Anne Ramon	2m20	2021
17 Tong Aline	2m10	2005
18 Klai Anissa	2m02	2009
19 Chovanova Helena	2m00	1992
De Gunsch Marie	2m00	2008
Van Der Veken Noemie	2m00	2010
Nachtergal Marine	2m00	2017
Lambert Kylie	2m00	2016

JUN Poids (1 kg)

1 Goutte Alexandra	8m63	2000
2 Montilla Morgane	8m53	2007
3 Huybrechts Isabelle	8m46	1996
4 Van De Sype Chloe	8m39	2006
5 Paulus Jessie	8m30	2005
6 Squiflet Emelynn	8m23	2019
7 Englebert Yolaine	8m15	2005
8 Hallemans Julie	8m10	1994
9 Meys Jessica	7m98	2000
10 Lambert Kylie	7m81	2013
11 Dolianitis Dina	7m78	2000
12 Beghin Joyce	8m23	2019
13 Kompany Christel	7m74	1993
14 Maidane Yasmine	7m67	2004
15 Ngandeu Tchambia Brenda	7m59	2016

JUN Poids (2 kg)

1 Waegemans Aurore	13m12	2003
2 Iven Kayla	12m89	2015
3 Kompany Christel	11m79	1997
Van De Sype Chloe	11m79	2010
5 Mouzon Emmanuelle	10m80	2004
6 Hallemans Julie	10m78	1998
7 Huybrechts Isabelle	10m69	2000
8 Mayuma Marie	10m62	2021
9 Montilla Morgane	10m40	2011
10 Vandenbrande Nathalie	10m38	1994
Goutte Alexandra	10m38	2003
Dzou Lesly Kayla	10m38	2022
13 Squiflet Emelynn	10m06	2022
14 Mjahed Maya	9m94	2020
15 Pauly Benedicte	9m92	1996
16 Hasani Geraldina	9m75	2006
17 Popescu Raisa Gabriela	9m67	2022
18 Adam Benedicte	9m21	1991
19 Vandenbroek Elke	8m96	1991
20 Paternoster Vanessa	8m94	1991

JUN Poids (3 kg)

1 Mathieu Julia	14m76	2022
2 Kompany Christel	12m10	1999
3 Vandenbrande Nathalie	11m96	1998
4 Adam Benedicte	11m95	1994
5 Marloye Nadine	11m74	1973
6 Iven Kayla	11m49	2018
7 Mouzon Emmanuelle	11m42	2006
8 Van De Sype Chloe	11m34	2014
9 Madani Sarah	10m30	2015
10 Declerck Anne	11m18	1978
11 Archambeau Aline	11m05	2005
12 Schauwers Manon	10m95	2015
13 Mjahed Maya	10m86	2022
14 De Meyer Laurence	10m82	2003

15 Hoste Corinne	10m79	1975
16 Reynaerts Stephanie	10m69	1995
17 Huybrechts Isabelle	10m62	2002
18 Uytterhaeghen Isabelle	10m49	1985
19 Dewavre Laurence	9m76	1992
20 De Buyst Nadia	9m68	1988

JUN Poids (4 kg)

1 Devos An	13m12	1987
2 Sustelo Irina	12m98	2001
3 Mathieu Julia	12m84	2022
4 Reynaerts Stephanie	11m36	1999
5 Marloye Nadine	11m25	1974
6 Van Camp Nicole	11m24	1983
7 Declerck Anne	11m00	1981
8 Hoste Corinne	10m54	1977
9 Mouzon Emmanuelle	10m43	2008
10 Hallemans Julie	10m40	2001
11 Archambeau Aline	10m36	2007
12 Van De Sype Chloe	9m74	2015
13 De Meyer Laurence	9m45	2004
14 Michel Martine	9m39	1968
15 Rochette Christine	9m18	1969
16 Waegemans Aurore	9m06	2006
17 Adam Benedicte	9m03	1994
18 De Buyst Nadia	8m88	1991
19 Vanden Berghen Sylvie	8m75	1987
20 De Grootte Florence	8m67	2004

JUN Disque (600 gr)

1 Waegemans Aurore	32m53	2003
2 Kill Françoise	31m80	1996
3 Kompany Christel	31m36	1997
4 Van Der Veken Noemie	30m28	2010
5 De Buyst Nadia	29m24	1986
6 Huybrechts Isabelle	27m96	2000
7 Montilla Morgane	27m01	2010
8 Popescu Raisa Gabriela	26m15	2022
9 Gilson Aurore	25m74	1994
10 Van De Sype Chloe	25m24	2009
11 Squiflet Emelynn	24m96	2021
12 Hostyn Priscilla	24m76	2003
13 De Grootte Florence	24m41	2001
14 Vanden Berghen Sylvie	24m40	1984
15 Gilbert Fernanda	23m92	1991
16 Dewavre Laurence	23m80	1989
17 De Cooman Lea	23m71	2022
18 Van Collie Heidi	23m00	1982
19 Duysens Tania	22m32	1986
20 Smith Cindi	22m18	1988

JUN Disque (750 gr)

1 Iven Kayla	27m29	2015
2 Mayuma Marie	26m13	2021
3 Montilla Morgane	25m78	2011
4 Huygens Cloe	25m56	2016
5 Radermacher Sarah	24m93	2022
6 Merino Nohemi	24m54	2017
7 Mjahed Maya	24m00	2020
8 Van Der Veken Noemie	23m66	2010
9 Van De Sype Chloe	23m51	2010
10 Squiflet Emelynn	22m91	2022
11 Imbo Kristel	21m65	2009
12 Tshiasuma Jessie	20m04	2009
13 Van Der Veken Cindy	19m76	2010
14 Badji Jalika	19m45	2009
15 Mpinga Mulowayi Alexia	19m40	2017

JUN Disque (800 gr)

1 Van Der Veken Noemie	22m26	2011
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JUN Disque (1 kg)

1 Sustelo Irina	47m99	2000
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2	Devos An	45m60	1987
3	Vandenbrande Nathalie	42m84	1999
4	Marloye Nadine	39m96	1977
5	Hallems Julie	35m26	2001
6	Van Camp Nicole	34m04	1983
7	De Buyst Nadia	34m02	1991
8	Vanden Berghen Sylvie	32m80	1989
9	Kertsen Michele	32m14	1985
10	Mathieu Julia	31m59	2019
11	Mouzon Emmanuelle	31m58	2009
12	Iven Kayla	30m81	2017
13	Bastin Beatrice	30m42	1970
14	Van Der Veken Noemie	30m39	2013
15	Kill Françoise	30m33	1998
16	Declerck Anne	29m84	1982
17	Kompany Christel	29m33	1999
18	Van De Sype Chloe	29m05	2014
19	Housiaux Norine	28m42	1970
20	Carpentier Nathalie	16m14	1989

JUN Balle de hockey

1	Iven Kayla	41m50	2013
2	Van De Sype Chloe	40m58	2008
3	Tong Aline	35m47	2004
4	Squiflet Emelynn	35m24	2021
5	Huybrechts Isabelle	35m15	1998
6	Dzou Lesly Kayla	34m75	2021
7	Hallems Julie	33m74	1996
8	Hasani Geraldina	33m73	2006
9	Meys Jessica	32m36	2002
10	Popescu Raisa Gabriela	32m06	2022
11	De Cooman Lea	32m04	2022
12	De Meyer Laurence	31m94	1999
13	Pauly Benedicte	31m22	1994
14	Goutte Alexandra	30m81	2002
15	Strypstein Solena	29m60	2022
16	Mouzon Emmanuelle	24m50	2000
17	Adam Benedicte	24m12	1989
18	Vandenbrande Nathalie	23m24	1992
19	Sibourg Celya	22m35	2018
20	Arys Josephine	22m25	2022

JUN Javelot (400 gr) > avant 1999

1	Hallems Julie	31m01	1998
2	Adam Benedicte	24m88	1991
3	De Cock Aline	22m24	1995
4	La Rou Cecile	21m54	1995
5	Binon Christelle	20m94	1992
6	El Hammouti Soraya	18m20	1994
7	Van Zeebroek Griet	17m96	1993
8	Delbecque Laure	17m92	1993
9	Gilbert Fernanda	16m94	1991
10	La Rou Jennifer	16m00	1991
11	Vandenbroek Elke	15m72	1991
12	Reylandt Audrey	14m66	1991
13	Delbecque Laure	14m08	1992
14	Schoos Nathalie	14m04	1991
15	Guillet Laurence	13m98	1992
16	Urbain Julie	13m74	1992
17	Ghayati Anissa	12m46	1991
18	Godefroid Maud	12m42	1991
19	Ghayati Nadia	11m62	1991
20	Portzenheim Virginie	11m56	1991
21	Paternoster Vanessa	11m48	1990
	Schroeven Valerie	11m48	1990

JUN Javelot (400 gr) > 1999 à

1	Iven Kayla	34m63	2015
2	Radermacher Sarah	30m78	2022
3	Montilla Morgane	30m13	2011
4	Mouzon Emmanuelle	29m98	2004
5	Huybrechts Isabelle	29m28	2000
6	Mjahed Maya	28m12	2020
7	Van De Sype Chloe	26m45	2010

8	Huygens Cloe	25m88	2016
9	Montilla Morgane	25m38	2010
10	Mayuma Marie	24m77	2021
11	Codrea Beatrix	24m59	2005
12	Imbo Kristel	24m35	2009
13	Lecomte Christina	24m11	2010
14	De Meyer Laurence	23m48	2001
15	Badji Jalika	23m47	2009

JUN Javelot (500 gr) > avant 1999

1	Reynaerts Stephanie	32m82	1995
2	Adam Benedicte	30m66	1993
3	Uytterhaeghen Isabelle	30m48	1984
4	Pauly Benedicte	27m29	1998
5	Gilbert Lucy	26m78	1991
6	Carpentier Nathalie	26m26	1986
8	Adam Benedicte	26m16	1992
7	De Buyst Nadia	26m06	1988
8	Padilla Louise	24m60	1980
10	Vandenbroeck Elke	24m58	1993
11	Smith Cindi	23m72	1989
12	Van Collie Heidi	23m64	1984
13	Vandenbroeck Elke	23m54	1992
14	Ramos Daphne	23m48	1990
15	Gilbert Fernanda	22m68	1992
16	Vandendriessche Maja	22m42	1986
17	Debaillie Isabelle	20m00	1988
18	Fayt Laurence	18m88	1991
19	Troisfontaine Valerie	18m72	1989
20	Dewavre Laurence	18m02	1989
21	Gaeremynck Evelyne	17m96	1985
22	Ringoot Sophie	17m24	1992

JUN Javelot (500 gr) > 1999 à

1	Iven Kayla	41m95	2019
2	Montilla Morgane	37m30	2014
3	Hallems Julie	36m86	2000
4	Huybrechts Isabelle	36m67	2002
5	Mayuma Marie	32m39	2022
6	Mouzon Emmanuelle	32m37	2006
7	Dennison Chrystal	31m22	2021
8	Van De Sype Chloe	31m14	2013
9	Huygens Cloe	28m50	2018
10	Kompany Christel	27m62	1999
11	Mjahed Maya	27m55	2022
12	Imbo Kristel	25m97	2011
13	De Meyer Laurence	25m93	2003
14	Hostyn Priscilla	25m27	2005
15	Majhed Maya	24m91	2021
16	Codrea Beatrix	24m65	2006
17	Merino Nohemi	23m92	2018

JUN Javelot (600 gr) > avant 1999

1	Declerck Anne	41m94	1981
2	Reynaerts Stephanie	37m83	1998
3	Hoste Corinne	36m96	1977
4	Ruell Natacha	34m72	1989
5	Adam Benedicte	33m28	1994
6	Gilbert Lucy	33m08	1992
7	Bastin Chantal	31m78	1971
8	Schoeters Karine	31m62	1976
9	Vandendael Marie Jeanne	31m42	1969
10	Michele Martine	31m20	1967
11	Mertens Martine	29m94	1973
12	Meskens Muriel	29m92	1979
13	Mayenez Catherine	29m76	1981
14	Schoeters Karine	28m40	1977
15	Uytterhaeghen Isabelle	28m10	1986
16	Muyls Jacqueline	27m72	1982
17	Werck Maggy	26m17	1968
18	Vandendael Alice	25m80	1969
19	De Buyst Nadia	25m78	1991
20	Binart Carinne	24m80	1985

RESC TOP 20 OUTDOOR DAMES

JUN Javelot (600 gr)

1	Iven Kayla	42m80	2021
2	Sustelo Irina	38m45	2001
3	Hallemaans Julie	36m78	2001
4	Reynaerts Stephanie	36m59	1999
5	Montilla Morgane	34m35	2017
6	Huybrechts Isabelle	32m54	2004
7	Mouzon Emmanuelle	32m23	2008
8	Locrel Anne Julie	30m59	2004
9	Pauly Benedicte	28m60	1999
10	Archambeau Aline	25m18	2006
11	Vlerick Ophelia	24m00	2011
12	Van De Sype Cloe	23m70	2015
13	De Groote Florence	22m15	2004
14	Kebdani Nadia	21m31	2005
15	Guisse Shaena	21m21	2011
16	Van Rossem Nicky	20m50	2009
17	Lins Noemie	18m23	2010
18	Martinez Belen	14m73	2002
19	Tikent Hajar	14m12	2003

JUN Marteau (3 kg)

1	Ramos Daphne	43m80	1992
2	Huygens Cloe	34m60	2018
3	Vandenbrande Nathalie	32m60	1996
4	Van Remoortel Anouchka	26m14	1995
5	Hallemaans Julie	24m28	1999
6	Guisse Shaena	22m79	2011
7	Fomenko Lisa	22m05	2007
8	Van De Sype Chloe	21m57	2014
9	Adam Benedicte	20m70	1993
10	Imbo Kristel	20m31	2011
11	Khader Firdaous	20m09	2019
12	Van Zeebroeck Griet	18m66	1994
13	Montilla Morgane	18m38	2012
14	Guisse Saliyya	16m90	2011

JUN Marteau (4 kg)

1	Sustelo Irina	56m30	2001
2	Ramos Daphne	40m46	1993
3	Ramos Daphne	33m70	1992
4	Guisse Shaena	27m55	2013
5	Reynaerts Stephanie	26m57	1999
6	De Meyer Laurence	26m03	2004
7	Adank Olivia	23m77	2002
8	De Buyst Nadia	16m82	1991
9	Guisse Saliyya	12m29	2014

JUN Pentathlon

1	Marloye Nadine	3814 p	1977
2	Housiaux Colette	3569 p	1968
3	Michel Martine	3562 p	1968
4	Rochette Christine	3452 p	1971
5	De Vrye Corine	3284 p	1979
6	Vandendael Alice	3240 p	1971
7	Van Eerdewegh Nicole	2919 p	1972

JUN Heptathlon

1	Muyls Jacqueline	4448 p	1984
2	Declerck Anne	3537 p	1981

JUN Heptathlon

1	Guisse Saliyya	3743 p	2015
2	Van Rossem Nicky	3405 p	2011
3	Archambeau Aline	3155 p	2008
4	Van De Sype Chloe	2995 p	2015
5	Reynaerts Stephanie	2684 p	1999
6	Archambeau Aline	2597 p	2009
7	Guisse Shaena	2462 p	2012
8	Luybaert Naomy	1835 p	2013
9	El Holouany Hiba	923 p	2017

JUN Decathlon

1	Mouzon Emmanuelle	4863 p	2009
2	Van De Sype Chloe	3920 p	2015
3	Lins Noemie	3587 p	2012
4	Guisse Shaena	2737 p	2012

JUN 1000 m marche

1	Iven Kayla	6.20.58	2013
2	Gerard Zoe	6.50.97	2022
3	Delbecque Laure	6.53.70	1991
4	Schroeven Camille	6.55.37	2022
5	Strypstein Maeva	7.02.31	2022
6	Gilson Aureore	7.44.30	1991

JUN 2000 m marche

1	Kersten Michele	14.07.50	1979
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JUN 3000 m marche

1	El Ouahmi Sirine	20.08.91	2016
2	Cuvelier Maela	21.19.14	2016
3	Kersten Michele	22.06.90	1980
4	Merino Noelia	22.14.38	2015
5	Biese Helena	24.09.94	2018
6	Boulaich Kawtar	24.32.64	2018

JUN 5000 m marche

1	Delbecque Maud	36.30.10	1996
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JUN 4 x 60 m

1	?	35.70	1984
2	Wittevrongel, M'Rabet, Muyls, Carpentier	35.84	1982
3	Cacciatore, Ibanez, Frenay, Smith	35.92	1986
4	La Rou, Urbain, Van Beckhoven, Godefroid	36.10	1989
5	?	36.22	1968
6	Girasa, Kohl, De Buyst, M'Rabet	37.12	1983
7	Ghayati N, Brouwers, Godefroid, Urbain	37.34	1990
8	La Rou, Delbecque, Delannoy, Godefroid	37.42	1988
9	Frenay, Vandermeulen, Verhaegen, Debaille	38.02	1985
10	Houben, Lefevre, Bastin, Nollet	38.32	1967
11	Kelecom, Muyls, Van Collie, Van Belleghem	38.44	1980
12	M'Rabet, M'Rabet, Van Osselt, Muyls	38.92	1980
13	Mokassa, Delbecque, Gilson, Karemera	39.24	1991
14	Ruiz Tello, Gilson, François, Vanderhaeghen	43.92	1992

JUN 4 x 80 m

1	?	42.62	1970
2	Massart, Ramos, Frenay, Smith	42.87	1988
3	Stevens, Bortels, Servaes, Vandendael	43.22	1967
4	?	43.62	1966
5	?	43.64	1984
6	?	43.82	1968
7	Antoine, Duysens, De Buyst, Kohl	44.54	1986
8	M'Rabet, De Buyst, Kohl, Callebaut	44.62	1985
9	?	44.72	1983
10	Troisfontaine, Ibanez, Dewavre, Clermont	44.78	1989
11	Uytterhaegen, Kelecom, Van Collie, Malfait	44.92	1982
12	Debaille, Brouwers, Frenay, Smith	44.94	1987
13	Schoos, Reylandt, Urbain, Gilbert	45.02	1991
14	Sacre, Guillet, Bonvin Draps, Mokassa	45.20	1992
15	Hoolans, Lefevre, De Wandeleer, Nollet	45.62	1969
16	?	46.12	1973
17	Meyskens, Timmermans, De Rijcke, Henderickx	46.52	1974
18	?	46.72	1971
19	Lebois, Byl, Van Belleghem, Van Collie	46.82	1981
20	Vandendael, Depaepe, Van De Voorde, Gyselinck	46.92	1965

JUN 4 x 100 m

1	Muyls, Naples, De Coster, Vandendriessche	48.00	1984
2	?	48.97	1997
3	Muyls, Naples, De Coster, Vandendriessche	49.65	1981
4	Herman, Gaeremynck, Malfait, Van Collie	50.12	1986
5	Van Laethem, De Buyst, Brouwers, Kohl	50.46	1990
6	Cornez, Naples, Muyls, Vandendriessche	50.78	1983
7	Wauters, Gyselinck, Henderickx, Marloye	51.12	1973

RESC TOP 20 OUTDOOR DAMES

8	Van Laethem, De Buyst, Gauditiaubois, Kohl	51.14	1989
9	Byl, Van Collie, Malfait, Noben	51.15	1985
10	?	51.17	1988
11	Dierickx, Van Den Hoeck, De Rijcke, De Vrye	51.72	1977
12	Rochette, Vidts, Stevens, Vandendael	51.82	1969
13	Lecompte, Vandenbroeck, La Rou, Gilbert	52.17	1992
	Ramos, Vanden Eede, Costa, Clermont	52.17	1992
15	Murtier, Masson, De Wandeleer, Henderickx	52.22	1972
16	?	52.52	1970
17	Mattelaer, De Buyst, Gauditiaubois, Kohl	52.57	1991
18	Vandendael, Michel, Housiaux N, Housiaux C	53.22	1968
19	Wauters, Winckelmans, Gyselinck, Marloye	52.52	1974
20	Antoine, De Buyst, M'Rabet, Kohl	53.64	1987

JUN 4 x 200 m

1	Vandendael, Meersseman, Vidts, Rochette	1.48.00	1971
2	Schraff, Duysens, De Buyst, Kohl	2.01.50	1986
3	Delfosse P, M'Rabet, De Buyst, Kohl	2.02.40	1985

JUN 4 x 800 m

1	Frenay, Smith, Vandenmuysenberg, Potvlieghe	10.24.44	1992
2	Van Handenhoven, Houba F, Declerck, Rigaux	11.49.50	1980
3	Denti, Houba, Ligocki, Cornez	12.57.60	1979

ESPOIRS DAMES – U23

ESP 50 m

1	Squiflet Emelynn	7.20	2022
2	Lambert Kylie	7.30	2016

ESP 60 m

1	Nollet Viviane	8.04	1971
	Marloye Nadine	8.04	1977
3	Van Eerdewegh Nicole	8.14	1971
4	Rochette Christine	8.24	1970
	Vandendael Alice	8.24	1970
	Henderickx Dominique	8.24	1971
	Vandendael Marie Jeanne	8.24	1972
8	Vidts Linda	8.44	1971
9	Lambert Kylie	8.55	2015
10	Squiflet Emelynn	8.61	2021
11	Popescu Raisa Gabriela	8.66	2022
	Kohl Olivia	8.74	1984
13	Schroeven Camille	8.85	2022
14	Dzou Lesly Kayla	8.90	2021
15	Carlot Sarah	8.97	2002
16	Godefroid Maud	9.05	1990
	Van Der Veken Cindy	9.05	2008
	Lecomte Christina	9.05	2009
19	Itoe Elisabeth	9.08	2014
20	Strypstein Maeva	9.09	2022

ESP 80 m

1	Nollet Viviane	10.44	1970
2	Mpinga Mulowayi Alexia	10.64	2017
3	Kohl Olivia	10.64	1986
	Clermont Nathalie	10.64	1989
5	Squiflet Emelynn	10.68	2022
6	Carlot Sarah	10.73	2004
7	Vandendael Alice	10.74	1968
	Henderickx Dominique	10.74	1970
	Carpentier Nathalie	10.74	1983
	Giuliani Alexandra	10.74	1995
11	Yech Chou Safia	10.85	2014
12	Lambert Kylie	10.86	2017
	Leonard Elise	10.86	2018
14	Van Der Veken Cindy	10.90	2010
15	Callebaut Muriel	10.91	1985
16	Housiaux Colette	10.94	1964
	Van Collie Heidi	10.94	1982
	Smith Cindi	10.94	1988
	Bonvin Draps Nathalie	10.94	1993
20	Ramos Daphne	11.02	1988

Sanchez Elisa	11.02	2022
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ESP 100 m

1	Zagre Anne	11.42	2012
2	Oulare Maryam	11.56	2022
3	Rani Nagels	11.88	2015
4	Van Der Veken Cindy	12.03	2016
5	Vandendriessche Nadine	12.11	1984
6	Housiaux Colette	12.14	1968
7	De Vrye Corine	12.36	1980
8	Leplat Severine	12.43	1998
9	Muyls Jacqueline	12.48	1984
	Malfait Maritza	12.48	1986
11	Kohl Olivia	12.56	1992
12	Leonard Elise	12.61	2022
13	Diwani Alison	12.64	2012
14	Mouzon Emmanuelle	12.65	2008
15	Clermont Nathalie	12.67	1991
16	Mwamine Robine	12.69	2015
17	Noel Nehemie Keysha	12.70	2015
18	Guillet Laurence	12.71	1999
19	Nollet Viviane	12.74	1971
	Henderickx Dominique	12.74	1972
	Naples Michele	12.74	1981
	Klai Anissa	12.74	2015

ESP 120 m

1	Sanchez Elisa	16.41	2022
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ESP 150 m

1	Nollet Viviane	19.94	1969
2	Vandendael Alice	20.04	1968
3	Squiflet Emelynn	20.08	2022
4	Carlot Sarah	20.13	2004
5	Henderickx Dominique	20.14	1970
6	Mpinga Mulowayi Alexia	20.15	2017
7	Lambert Kylie	20.31	2017
8	Briand Celine	20.42	2010
9	Guillet Laurence	20.44	1993
10	Mouzon Emmanuelle	20.54	2004
11	Dierick Nadine	20.64	1966
	Bonvin Draps Nathalie	20.64	1993
13	Hostyn Priscilla	20.72	2003
14	Housiaux Colette	20.74	1964
15	Pontara Lisa	20.75	2016
16	Van Der Veken Cindy	20.81	2010
	Merino Nohemi	20.84	2017
18	Kompany Christel	20.92	1997
19	Sacre Laetitia	20.94	1993
	Meys Jessica	20.94	2004

ESP 200 m

1	Vandendriessche Nadine	24.65	1984
2	Van Der Veken Cindy	24.82	2016
3	Leplat Severine	25.38	1998
4	Klai Anissa	25.52	2015
5	Kohl Olivia	25.53	1990
6	Naples Michele	25.54	1983
7	Schauwers Manon	25.65	2016
8	Mouzon Emmanuelle	25.73	2008
9	Le Rou Jennifer	25.82	1995
10	De Vrye Corine	25.84	1981
11	Leplat Anabelle	25.84	1997
12	Adam Benedicte	25.89	1996
13	Van Collie Heidi	25.94	1986
14	Malfait Maritza	25.96	1989
15	Badji Jalika	26.00	2015
16	Henderickx Dominique	26.04	1973
	De Coster Alexandra	26.04	1984
18	Van Eerdewegh Nicole	26.24	1976
	Giuliani Alexandra	26.24	1998
20	Van Laethem Sandra	26.25	1989

RESC TOP 20 OUTDOOR DAMES

ESP 300 m

1	Nagels Rani	38.04	2015
2	Leplat Severine	39.65	1998
3	Klai Anissa	40.49	2015
4	Van Collie Heidi	41.09	1991
5	La Rou Jennifer	41.29	1995
6	Adam Benedicte	41.54	1996
	Schauwers Manon	41.54	2018
8	Van Der Veken Cindy	41.82	2015
9	Leplat Anabelle	42.37	1998
10	Kompany Christel	42.48	2000
11	Badji Jalika	42.55	2014
12	Guillet Laurence	42.66	1999
13	La Rou Jennifer	42.84	1992
14	Nollet Viviane	43.12	1970
15	Gilbert Fernanda	43.15	1992
16	Kassianoff Sylvie	43.55	2014
17	Vanden Eede Isabelle	43.61	1992
18	Giuliani Alexandra	43.84	1998
19	Lambert Kylie	43.85	2017
20	Carlot Sarah	44.28	2005
21	Bonvin Draps Nathalie	44.32	1995

ESP 400 m

1	Rani Nagels	53.51	2015
2	Leplat Severine	56.03	1998
3	Klai Anissa	56.64	2015
4	Van Collie Heidi	57.32	1986
5	Muls Camille	57.81	2018
6	Adam Benedicte	57.94	1997
7	Tshanga Diomi Roline	58.07	2022
8	La Rou Jennifer	58.29	1995
9	Schauwers Manon	58.30	2018
10	Malfait Maritza	58.42	1988
11	Meersseman Geertje	58.52	1973
12	Wauters Marijke	59.02	1973
13	Joblin Marine	59.70	2020
14	Daems Denise	59.72	1979
15	Miri Yasmina	59.76	2011
16	Henderickx Fabienne	59.82	1973
17	Badji Jalika	59.85	2015
18	Vandendriessche Nadine	59.92	1983
19	De Wachter Didi	60.02	1982
20	Beckers Mireille	60.19	1984

ESP 600 m

1	De Rijcke Dominique	1.44.70	1974
2	Nollet Viviane	1.44.90	1970
3	Henderickx Suzy	1.46.00	1974
4	Maron Nicole	1.46.50	1970
5	Gyselinx Ingrid	1.47.70	1966
6	Meersseman Geertje	1.49.10	1968
7	Strypstein Solena	1.57.65	2022
8	Lambert Kylie	2.00.94	2013
9	Strypstein Solena	2.03.24	2021
10	Squiflet Emelynn	2.07.24	2019
11	Beghin Joyce	2.09.21	2019
12	Popescu Raisa Gabriela	2.10.56	2020
13	Ngandeu Tchambia Brenda	2.10.62	2016
14	Schroeven Camille	2.10.70	2020
15	Huygens Cloe	2.11.73	2012
16	Radermacher Sarah	2.11.96	2018
17	Merino Noemie	2.12.95	2013
18	Dzou Steffy Ann	2.13.95	2022
19	Dennison Chrystal	2.16.08	2014
20	Sibourg Celya	2.16.68	2018

ESP 800 m

1	Muls Camille	2.03.72	2019
2	Collard Veronique	2.11.36	1982
3	Meersseman Geertje	2.08.90	1974
4	Schauwers Manon	2.13.16	2018
5	Joblin Marine	2.13.80	2021

6	De Wachter Didi	2.14.79	1982
7	Collard Florence	2.16.12	1983
8	Cawet Daphne	2.16.21	1999
9	Van Den Bossche Inga	2.18.99	2017
10	Wauters Marijke	2.20.60	1974
11	Van Collie Heidi	2.21.04	1991
12	Mortier Pascale	2.21.20	1973
13	Tshiasuma Jessie	2.21.88	2011
14	Van Haver Kris	2.21.94	1981
15	Bex Maria	2.22.60	1970
16	Boeren Michele	2.22.80	1974
17	Winckelmans Reinhilde	2.22.90	1974
18	Inconstant Elisa	2.23.09	2022
19	Arnauts Els	2.24.30	1975
	De Valck Ingrid	2.24.30	1982

ESP 1000 m

1	Collard Veronique	2.52.74	1982
2	De Wachter Didi	2.53.10	1982
3	Muls Camille	2.55.79	2017
4	Joblin Marine	3.01.01	2019
5	Cawet Daphne	3.01.18	1998
6	Tshiasuma Jessie	3.01.95	2011
7	De Wachter Didi	3.05.30	1981
8	Haouari Farrah	3.08.82	2020
9	Inconstant Elisa	3.09.04	2022
10	Van Haver Kris	3.09.84	1981
11	Delbecque Laure	3.10.60	1996
12	Mattelaere Laurence	3.10.70	1991
13	Vanden Muysenberg Sabine	3.11.60	1993
14	Van Den Bossche Inga	3.12.17	2017
15	Dewitte Caroline	3.12.93	1997
16	Potvlieghe An	3.13.00	1992
17	De Groote Estelle	3.14.33	2006
18	Adam Benedicte	3.17.00	1992
19	Lambert Kylie	3.17.03	2017

ESP 1500 m

1	Muls Camille	4.12.35	2021
2	Collard Veronique	4.29.00	1983
3	Meersseman Geertje	4.32.30	1973
4	De Wachter Didi	4.33.80	1982
5	Van Den Bossche Inga	4.41.18	2017
6	Cawet Daphne	4.50.73	1997
7	Bex Maria	4.52.20	1970
8	Tshiasuma Jessie	4.53.37	2011
9	De Valck Ingrid	4.53.90	1982
10	Winckelmans Reinhilde	4.54.30	1974
11	Collard Florence	4.55.00	1983
12	Mortier Pascale	4.57.00	1973
13	Wauters Marijke	4.59.90	1974
14	Boeren Michele	5.00.80	1973
15	Haouari Farrah	5.02.17	2020
16	Demol Christina	5.03.40	1973
	Van Haver Kris	5.03.40	1981
18	Potvlieghe An	5.04.03	1991
19	Boussar Hanan	5.07.19	2002

ESP Mile

1	Collard Veronique	4.44.36	1985
1	Collard Veronique	5.00.80	1983
2	Muls Camille	5.07.58	2017
3	De Valck Ingrid	5.15.10	1982
4	Cawet Daphne	5.21.54	1999
5	Tshiasuma Jessie	5.22.27	2012
6	Barhdadi Lina	5.48.48	2014
7	Vanden Broeck Nolwen	5.56.70	2006
8	Verriez Laura	6.13.72	2015
9	El Kamlihi Widad	6.27.41	2012
10	Imbo Kristel	6.28.31	2011

ESP 2000 m

1	Muls Camille	6.38.49	2016
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2	Van Den Bossche Inga	6.38.60	2016
3	Tshiasuma Jessie	7.02.18	2011
4	Vanden Broeck Nolwen	7.24.32	2007
5	Codrea Beatrix	7.28.37	2006

ESP 3000 m

1	Collard Veronique	9.36.90	1982
2	De Wachter Didi	10.01.10	1982
3	Meersseman Geertje	10.10.00	1973
4	De Valck Ingrid	10.15.05	1982
5	Van Den Bossche Inga	10.41.31	2017
6	Cawet Daphne	10.43.20	1997
7	Potvlieghe An	10.48.10	1992
8	Demol Christina	11.04.00	1973
9	Bourgeois Anne	11.12.04	1987
10	Imbo Kristel	11.14.33	2015
11	Massot Marianne	11.22.17	1987
12	Coutteau Katia	11.26.60	1981
13	Tshiasuma Jessie	11.28.04	2013
14	Haouari Farrah	11.30.81	2019
15	Van Damme Joelle	11.38.45	2011
16	Dewitte Valerie	11.42.07	1997
17	Vlaminck Karin	11.42.60	1982
18	Byl Laetitia	11.47.00	1984
19	Schraff Celine	11.53.07	1990
20	Boussar Hanan	11.55.64	2003

ESP 5000 m

1	Van Lent Jana	16.38.87	2022
2	De Valck Ingrid	18.09.70	1982
3	Coutteau Katia	20.08.30	1979
4	Potvlieghe An	20.14.00	1994
5	Impatient Chantal	22.17.80	1982

ESP 10 000 m

1	Van Lent Jana	34.54.07	2022
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ESP 50 m haies (65 cm)

1	Lambert Kylie	8.04	2017
2	Squiflet Emelynn	8.33	2022
3	Dzou Lesly Kayla	8.92	2022

ESP 50 m haies (76 cm)

1	Ouali Sirine	9.97	2013
2	Lecomte Christina	9.99	2011

ESP 60 m haies (68 cm)

1	Squiflet Emelynn	10.22	2022
2	Dzou Lesly Kayla	10.60	2022
3	Schroeven Camille	10.98	2022
4	Strypstein Maeva	10.99	2022
5	Radermacher Sarah	11.05	2022
6	Sibourg Celya	11.23	2022
7	Popescu Raisa Gabriela	11.24	2022
8	De Cooman Lea	11.46	2022
9	Wanyu Diane Kylie	13.87	2021

ESP 60 m haies (76 cm)

1	Vandendael Alice	9.64	1968
2	Lambert Kylie	9.96	2017
3	Smith Cindi	10.05	1988
4	Huybrechts Isabelle	10.07	2000
5	Van Collie Heidi	10.14	1982
6	M'Rabet Salima	10.22	1985
7	Cincinatis Lucie	10.24	2003
8	Kohl Olivia	10.34	1986
	Mouzon Emmanuelle	10.34	2004
10	Guillet Laurence	10.36	1993
11	Van Der Veken Cindy	10.37	2010
12	Lecomte Christina	10.41	2011
13	Van Der Veken Noemie	10.42	2010
14	Vidts Linda	10.44	1968
	Marloye Nadine	10.44	1971

	Uytterhaeghen Isabelle	10.44	1983
17	Kompany Christel	10.51	1997
18	Drieghe Maureen	10.54	1968
19	Yech Chou Safia	10.62	2014
20	Frenay Anne	10.64	1988

ESP 80 m haies (76 cm)

1	Vandendael Alice	11.84	1969
2	Schauwers Manon	11.88	2014
3	Kohl Olivia	11.95	1988
4	Clermont Nathalie	11.96	1991
5	Van Collie Heidi	12.18	1984
6	Smith Cindi	12.19	1990
	Guillet Laurence	12.19	1995
8	Gaeremynck Evelyne	12.26	1985
	Huybrechts Isabelle	12.26	2002
10	Van Der Veken Noemie	12.39	2012
11	Leplat Anabelle	12.44	1996
12	Housiaux Colette	12.54	1967
13	Giuliani Alexandra	12.54	1997
14	Mouzon Emmanuelle	12.56	2006
15	Marloye Nadine	12.64	1972
16	Badji Jalika	12.82	2011
17	La Rou Jennifer	12.83	1993
18	La Rou Jennifer	12.84	1992
18	Nollet Viviane	12.84	1970
19	M'Rabet Salima	12.88	1987
20	Muyls Jacqueline	12.90	1980

ESP 100 m haies (76 cm)

1	Kohl Olivia	13.92	1990
2	Clermont Nathalie	14.14	1993
3	Mouzon Emmanuelle	14.30	2008
4	Schauwers Manon	14.38	2016
5	Van Collie Heidi	14.47	1986
6	Vanden Eede Isabelle	14.84	1991
7	Clermont Nathalie	14.87	1992
7	Guillet Laurence	14.90	1997
8	Gaeremynck Evelyne	15.19	1986
9	Ruell Natacha	15.45	1988
10	Leplat Anabelle	15.46	1997
11	De Decker Annelies	15.70	1994
12	Huybrechts Isabelle	15.73	2004
13	Caty Emeline	15.78	2015
14	Carpentier Nathalie	18.14	1987

ESP 100 m haies (84 cm)

1	Zagre Anne	12.79	2012
2	Kohl Olivia	13.99	1992
3	Van Eerdewegh Nicole	14.34	1976
4	Clermont Nathalie	14.58	1993
5	De Vrye Corine	14.74	1981
6	Van Collie Heidi	14.78	1991
7	Guillet Laurence	15.02	1999
8	Gaeremynck Evelyne	15.22	1987
9	Mouzon Emmanuelle	15.23	2009
10	Marloye Nadine	15.24	1977
11	Jaime Suzanne	15.29	1988
12	Vanden Eede Isabelle	15.49	1991
13	Glowacki Anne	15.57	1986
14	Guisse Saliyya	15.65	2015
15	Vandendael Alice	16.04	1970
16	Binart Nathalie	16.07	1985
17	Brion Sophie	16.16	2003
18	Muyls Jacqueline	16.28	1983
19	Ruell Natacha	16.70	1988
20	Daems Denise	17.24	1980

ESP 150 m haies (68 cm)

1	Squiflet Emelynn	21.91	2022
2	Radermacher Sarah	22.51	2022
3	Sibourg Celya	23.92	2022

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ESP 150 m haies (76 cm)

1	Lambert Kylie	21.56	2017
2	Yech Chou Safia	22.49	2014
3	Van Der Veken Cindy	22.78	2010
4	Yech Chou Safia	23.10	2013
5	Badji Jalika	23.25	2009
6	Merino Nohemi	23.45	2017
7	Sandon Lisa	23.60	2014
8	Montilla Morgane	23.74	2011
9	Ngandeu Tchambia Brenda	23.79	2019
10	Mpinga Mulowayi Alexia	23.84	2016
11	Mayot Coiffard Hermine	23.91	2018
12	Henry Morgane	24.00	2012
13	Lecomte Christina	24.23	2011
14	Pontara Lisa	24.31	2015
15	Itoe Elisabeth	24.53	2015

ESP 200 m haies (76 cm)

1	Van Eerdewegh Nicole	29.04	1974
2	Vandendaele Alice	30.74	1971
3	Rochette Christine	31.04	1971
4	Meersseman Geertje	31.54	1974
5	Nollet Viviane	31.74	1973
6	Vandendael Marie Jeanne	33.64	1972
7	De Wandeleer Danielle	33.94	1973
8	Ouali Sirine	37.39	2015

ESP 300 m haies (76 cm)

1	La Rou Jennifer	43.97	1995
2	Kohl Olivia	45.42	1990
3	Goessens Carine	45.43	1980
4	Schauwers Manon	45.77	2014
5	Vanden Eede Isabelle	46.02	1992
6	De Decker Annelies	46.42	1993
7	Van Collie Heidi	46.50	1984
8	Mouzon Emmanuelle	46.52	2006
9	Smith Cindi	46.90	1990
10	Gilbert Fernanda	47.04	1992
11	Leplat Severine	47.26	1998
12	La Rou Jennifer	47.94	1992
13	Badji Jalika	48.02	2011
14	Frenay Anne	48.26	1989
15	Van Zeebroeck Griet	48.53	1995
16	Antipina Anastasia	48.60	1993
17	Martins Junior Magaly	48.67	2019
18	M'Rabet Salima	48.89	1986
19	Gaeremynck Evelyne	49.06	1987
20	Van Assche Nancy	49.82	1989

ESP 400 m haies (76 cm)

1	Badji Jalika	59.80	2018
	Schauwers Manon	59.80	2019
3	Meersseman Geertje	64.12	1974
4	Van Collie Heidi	64.39	1990
5	Daems Denise	64.71	1979
6	Kasianoff Sylvie	67.07	2014
7	La Rou Jennifer	67.58	1996
8	Abid Fatima	67.82	1988
9	Goessens Carine	68.18	1981
10	Smith Cindi	69.87	1993
11	Debaillie Isabelle	69.98	1993
12	Vanden Eede Isabelle	70.04	1993
13	De Pauw Margot	70.40	1993
14	Kisir Ikbal	70.45	1999
15	Brion Sophie	70.78	2002
16	Tilmans Mireille	71.77	1986
17	Cauwelier Ghislaine	71.84	1972
18	Silberfeld Sophie	72.43	2004
19	De Buyst Nadia	72.71	1991
20	Debaillie Isabelle	73.91	1992
20	De Groote Florence	75.73	2005

ESP 1500 m steeple (76 cm)

1	Van Der Perren Jessica	6.17.24	2009
2	Archambeau Aline	6.22.37	2004
3	Huygens Cloe	6.31.12	2017
4	Badji Jalika	6.31.72	2010
5	Van Der Perren Jessica	6.36.40	2008
6	Imbo Kristel	6.37.08	2011
7	Hostyn Priscilla	6.55.99	2004

ESP 2000 m steeple (76 cm)

1	Haouari Farrah	8.05.35	2019
2	Vanden Broeck Nolwen	8.45.82	2008
3	Kagu Gerta	8.48.32	2021
4	Van Der Perren Jessica	9.04.76	2010

ESP Hauteur

1	Jonckheere Natalja	1m90	1993
1	Jonckheere Natalja	1m88	1992
2	Marloye Nadine	1m81	1977
3	Glowacki Anne	1m69	1986
4	Van Collie Heidi	1m68	1984
5	Schauwers Manon	1m67	2015
6	Cloetens Sabine	1m65	1986
	Ruell Natacha	1m65	1988
	Golfa Sambay Clara	1m65	2018
9	De Rijcke Dominique	1m63	1976
10	De Vrye Corine	1m62	1979
11	Locrel Anne Julie	1m61	2004
	Van Der Veken Cindy	1m61	2012
13	Smith Cindi	1m59	1990
	Viaene Luna	1m59	2019
15	Jaime Suzanne	1m58	1987
	Kizito Prisca	1m58	2017
17	Hoste Corinne	1m57	1976
	Archambeau Aline	1m57	2006
19	Kompany Christel	1m56	2000
20	Vidts Linda	1m55	1970
	Winckelmans Reinhilde	1m55	1974
	Naples Michele	1m55	1981
	Kohl Olivia	1m55	1988

ESP Longueur

1	Marloye Nadine	6m08	1975
2	Van Collie Heidi	5m98	1991
3	De Vrye Corine	5m85	1982
4	Malfait Maritza	5m76	1989
5	Glowacki Anne	5m73	1986
6	Muyls Jacqueline	5m72	1983
7	Henderickx Dominique	5m68	1973
8	Housiaux Colette	5m61	1967
9	Van Der Veken Cindy	5m53	2016
10	Kompany Christel	5m49	2000
11	Guisse Saliyya	5m48	2015
	Caty Emeline	5m48	2017
13	Dossey Jenifer Stefania	5m45	2019
14	Vandendael Alice	5m44	1969
	Vidts Linda	5m44	1971
16	Mouzon Emmanuelle	5m42	2007
	Schauwers Manon	5m42	2015
18	Kizito Prisca	5m39	2018
19	Nollet Viviane	5m38	1975
	Jaime Suzanne	5m38	1988

ESP Triple saut

1	Guisse Saliyya	12m92	2018
2	Van Collie Heidi	12m52	1991
3	Kompany Christel	12m15	2000
4	De Cock Aline	11m85	1999
5	Ombeni Rachel	11m81	2019
6	Dossey Jennifer Stefania	11m50	2020
7	Kalonji Angele	11m32	1992
8	Lucas Clara	11m23	2022
9	Naji Afaf	11m05	2004
10	Hostyn Priscilla	10m98	2005

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11	Fomenko Lisa	10m92	2007
12	Caty Emeline	10m91	2015
13	Vandenbrande Nathalie	10m88	1996
14	Madani Sarah	10m73	2015
	Yech Chou Safia	10m73	2015
16	Golfa Sambey Clara	10m71	2018
17	Van De Sype Chloe	10m62	2014
18	Marx Inge	10m56	1991
19	Archambeau Aline	10m53	2006
20	Vandenbroeck Elke	10m28	1994

ESP Perche

1	Quirin Margaux	4m05	2015
2	Van Zeebroeck Griet	3m54	1998
3	Marx Inge	3m50	1991
4	Van De Sype Chloe	3m21	2014
5	Fonteyn Astrid	2m90	1996
	Mouzon Emmanuelle	2m90	2007
7	Van Remoortel Anouchka	2m80	1995
8	Imbo Kristel	2m86	2011
9	Huybrechts Isabelle	2m60	2002
10	Vlerick Ophelia	2m40	2011
11	Lacasse Camille	2m31	2015
12	Hostyn Priscilla	2m30	2004
	Fomenko Lisa	2m30	2007
14	Archambeau Aline	2m20	2003
	Kaluza Isabelle	2m20	2013
	Luybaert Naomy	2m20	2014
	Cole Anne Ramon	2m20	2021
18	Tong Aline	2m10	2005
19	Klai Anissa	2m02	2009
20	Chovanova Helena	2m00	1992
	De Gunsch Marie	2m00	2008
	Van Der Veken Noemie	2m00	2010
	Nachtergal Marine	2m00	2017
	Lambert Kylie	2m00	2016

ESP Poids (1 kg)

1	Goutte Alexandra	8m63	2000
2	Montilla Morgane	8m53	2007
3	Huybrechts Isabelle	8m46	1996
4	Van De Sype Chloe	8m39	2006
5	Paulus Jessie	8m30	2005
6	Squiflet Emelynn	8m23	2019
7	Englebert Yolaine	8m15	2005
8	Hallems Julie	8m10	1994
9	Meys Jessica	7m98	2000
10	Lambert Kylie	7m81	2013
11	Dolianitis Dina	7m78	2000
12	Beghin Joyce	8m23	2019
13	Kompany Christel	7m74	1993
14	Maidane Yasmine	7m67	2004
15	Ngandeu Tchambia Brenda	7m59	2016
16	Vanderhaeghen Jessica	7m28	1992
17	François Isabelle	5m67	1992
18	Hallems Julie	5m00	1992
19	Gilbert Lucienne	3m88	1992
20	Gilson Adeline	3m60	1992
21	Soto Moral Celia	3m22	1992

ESP Poids (2 kg)

1	Waegemans Aurore	13m12	2003
	Iven Kayla	12m89	2015
3	Kompany Christel	11m79	1997
	Van De Sype Chloe	11m79	2010
5	Mouzon Emmanuelle	10m80	2004
6	Hallems Julie	10m78	1998
7	Huybrechts Isabelle	10m69	2000
8	Mayuma Marie	10m62	2021
9	Montilla Morgane	10m40	2011
10	Vandenbrande Nathalie	10m38	1994
	Goutte Alexandra	10m38	2003
	Dzou Lesly Kayla	10m38	2022
13	Squiflet Emelynn	10m06	2022

14	Mjahed Maya	9m94	2020
15	Pauly Benedicte	9m92	1996
16	Hasani Geraldina	9m75	2006
17	Popescu Raisa Gabriela	9m67	2022
18	Adam Benedicte	9m21	1991
19	Vandenbroek Elke	8m96	1991
20	Paternoster Vanessa	8m94	1991

ESP Poids (3 kg)

1	Mathieu Julia	14m76	2022
2	Kompany Christel	12m10	1999
3	Vandenbrande Nathalie	11m96	1998
4	Adam Benedicte	11m95	1994
5	Marloye Nadine	11m74	1973
6	Iven Kayla	11m49	2018
7	Mouzon Emmanuelle	11m42	2006
8	Van De Sype Chloe	11m34	2014
9	Madani Sarah	10m30	2015
10	Declerck Anne	11m18	1978
11	Archambeau Aline	11m05	2005
12	Schauwers Manon	10m95	2015
13	Mjahed Maya	10m86	2022
14	De Meyer Laurence	10m82	2003
15	Hoste Corinne	10m79	1975
16	Reynaerts Stephanie	10m69	1995
17	Huybrechts Isabelle	10m62	2002
18	Uytterhaeghen Isabelle	10m49	1985
19	Dewavre Laurence	9m76	1992
20	De Buyst Nadia	9m68	1988

ESP Poids (4 kg)

1	Devos An	13m12	1987
2	Sustelo Irina	12m98	2001
3	Mathieu Julia	12m84	2022
4	Glowacki Anne	12m45	1986
5	Van Camp Nicole	11m98	1984
6	Reynaerts Stephanie	11m36	1999
7	Marloye Nadine	11m25	1974
8	Declerck Anne	11m00	1981
9	Jaime Suzanne	10m55	1988
10	Hoste Corinne	10m54	1977
11	Mouzon Emmanuelle	10m43	2008
12	Hallems Julie	10m40	2001
13	Archambeau Aline	10m36	2007
14	Marx Inge	10m33	1992
15	Michel Martine	9m85	1970
16	Van De Sype Chloe	9m74	2015
17	De Meyer Laurence	9m45	2004
18	Kersten Michele	9m38	1987
19	Rochette Christine	9m18	1969
20	Waegemans Aurore	9m06	2006

ESP Disque (600 gr)

1	Waegemans Aurore	32m53	2003
2	Kill Françoise	31m80	1996
3	Kompany Christel	31m36	1997
4	Van Der Veken Noemie	30m28	2010
5	De Buyst Nadia	29m24	1986
6	Huybrechts Isabelle	27m96	2000
7	Montilla Morgane	27m01	2010
8	Popescu Raisa Gabriela	26m15	2022
9	Gilson Aurore	25m74	1994
10	Van De Sype Chloe	25m24	2009
11	Squiflet Emelynn	24m96	2021
12	Hostyn Priscilla	24m76	2003
13	De Groote Florence	24m41	2001
14	Vanden Berghen Sylvie	24m40	1984
15	Gilbert Fernanda	23m92	1991
16	Dewavre Laurence	23m80	1989
17	De Cooman Lea	23m71	2022
18	Van Collie Heidi	23m00	1982
19	Duysens Tania	22m32	1986
20	Smith Cindi	22m18	1988

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ESP Disque (750 gr)

1	Iven Kayla	27m29	2015
2	Mayuma Marie	26m13	2021
3	Montilla Morgane	25m78	2011
4	Huygens Cloe	25m56	2016
5	Radermacher Sarah	24m93	2022
6	Merino Nohemi	24m54	2017
7	Mjahed Maya	24m00	2020
8	Van Der Veken Noemie	23m66	2010
9	Van De Sype Chloe	23m51	2010
10	Squiflet Emelynn	22m91	2022
11	Imbo Kristel	21m65	2009
12	Tshiasuma Jessie	20m04	2009
13	Van Der Veken Cindy	19m76	2010
14	Badji Jalika	19m45	2009
15	Mpinga Mulowayi Alexia	19m40	2017

ESP Disque (800 gr)

1	Van Der Veken Noemie	22m26	2011
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ESP Disque (1 kg)

1	Sustelo Irina	47m99	2000
2	Glowacki Anne	46m94	1986
3	Devos An	46m24	1988
4	Vandenbrande Nathalie	42m84	1999
5	Marloye Nadine	39m96	1977
6	Van Camp Nicole	39m46	1984
7	Hallems Julie	35m26	2001
8	De Buyst Nadia	34m02	1991
9	Vanden Berghen Sylvie	32m80	1989
10	Werck Liliane	32m18	1968
11	Kertsen Michele	32m14	1985
12	Bastin Beatrice	31m64	1971
13	Mathieu Julia	31m59	2019
14	Mouzon Emmanuelle	31m58	2009
15	Kersten Michele	31m04	1986
16	Iven Kayla	30m81	2017
17	Van Der Veken Noemie	30m39	2013
18	Kill Françoise	30m33	1998
19	Declerck Anne	29m84	1982
20	Quicke Evelyne	29m52	1979

ESP Balle de hockey

1	Iven Kayla	41m50	2013
2	Van De Sype Chloe	40m58	2008
3	Tong Aline	35m47	2004
4	Squiflet Emelynn	35m24	2021
5	Huybrechts Isabelle	35m15	1998
6	Dzou Lesly Kayla	34m75	2021
7	Hallems Julie	33m74	1996
8	Hasani Geraldina	33m73	2006
9	Meys Jessica	32m36	2002
10	Popescu Raisa Gabriela	32m06	2022
11	De Cooman Lea	32m04	2022
12	De Meyer Laurence	31m94	1999
13	Pauly Benedicte	31m22	1994
14	Goutte Alexandra	30m81	2002
15	Strypstein Solena	29m60	2022
16	Mouzon Emmanuelle	24m50	2000
17	Adam Benedicte	24m12	1989
18	Vandenbrande Nathalie	23m24	1992
19	Sibourg Celya	22m35	2018
20	Arys Josephine	22m25	2022

ESP Javelot (400 gr) > avant 1999

1	Hallems Julie	31m01	1998
2	Adam Benedicte	24m88	1991
3	De Cock Aline	22m24	1995
4	La Rou Cecile	21m54	1995
5	Binon Christelle	20m94	1992
6	El Hammouti Soraya	18m20	1994
7	Van Zeebroek Griet	17m96	1993
8	Delbecque Laure	17m92	1993

9	Gilbert Fernanda	16m94	1991
10	La Rou Jennifer	16m00	1991
11	Vandenbroeck Elke	15m72	1991
12	Reylandt Audrey	14m66	1991
13	Delbecque Laure	14m08	1992
14	Schoos Nathalie	14m04	1991
15	Guillet Laurence	13m98	1992
16	Urbain Julie	13m74	1992
17	Ghayati Anissa	12m46	1991
18	Godefroid Maud	12m42	1991
19	Ghayati Nadia	11m62	1991
20	Portzenheim Virginie	11m56	1991
21	Paternoster Vanessa	11m48	1990
	Schroeven Valerie	11m48	1990

ESP Javelot (400 gr) > 1999 à

1	Iven Kayla	34m63	2015
2	Radermacher Sarah	30m78	2022
3	Montilla Morgane	30m13	2011
4	Mouzon Emmanuelle	29m98	2004
5	Huybrechts Isabelle	29m28	2000
6	Mjahed Maya	28m12	2020
7	Van De Sype Chloe	26m45	2010
8	Huygens Cloe	25m88	2016
9	Montilla Morgane	25m38	2010
10	Mayuma Marie	24m77	2021
11	Codrea Beatrix	24m59	2005
12	Imbo Kristel	24m35	2009
13	Lecomte Christina	24m11	2010
14	De Meyer Laurence	23m48	2001
15	Badji Jalika	23m47	2009

ESP Javelot (500 gr) > avant 1999

1	Reynaerts Stephanie	32m82	1995
2	Adam Benedicte	30m66	1993
3	Uytterhaeghen Isabelle	30m48	1984
4	Pauly Benedicte	27m29	1998
5	Gilbert Lucy	26m78	1991
6	Carpentier Nathalie	26m26	1986
7	Adam Benedicte	26m16	1992
8	De Buyst Nadia	26m06	1988
9	Padilla Louise	24m60	1980
10	Vandenbroeck Elke	24m58	1993
11	Smith Cindi	23m72	1989
12	Van Collie Heidi	23m64	1984
	Vandendriessche Maja	23m64	1985
14	Vandenbroeck Elke	23m54	1992
15	Ramos Daphne	23m48	1990
16	Gilbert Fernanda	22m68	1992
17	Debaillie Isabelle	20m00	1988
18	Fayt Laurence	18m88	1991
19	Troisfontaine Valerie	18m72	1989
20	Dewavre Laurence	18m02	1989
21	Gaeremynck Evelyne	17m96	1985
22	Ringoot Sophie	17m24	1992

ESP Javelot (500 gr) > 1999 à

1	Iven Kayla	41m95	2019
2	Montilla Morgane	37m30	2014
3	Hallems Julie	36m86	2000
4	Huybrechts Isabelle	36m67	2002
5	Mayuma Marie	32m39	2022
6	Mouzon Emmanuelle	32m37	2006
7	Dennison Chrystal	31m22	2021
8	Van De Sype Chloe	31m14	2013
9	Huygens Cloe	28m50	2018
10	Kompany Christel	27m62	1999
11	Mjahed Maya	27m55	2022
12	Imbo Kristel	25m97	2011
13	De Meyer Laurence	25m93	2003
14	Hostyn Priscilla	25m27	2005
15	Majhed Maya	24m91	2021
16	Codrea Beatrix	24m65	2006
17	Merino Nohemi	23m92	2018

RESC TOP 20 OUTDOOR DAMES

ESP Javelot (600 gr) > avant 1999

1	Glowacki Anne	43m52	1986
2	Declerck Anne	41m94	1981
3	Reynaerts Stephanie	37m83	1998
4	Vandendael Marie Jeanne	37m22	1972
5	Hoste Corinne	36m96	1977
6	Ruell Natacha	34m72	1989
7	Marx Inge	34m20	1992
8	Adam Benedicte	33m28	1994
9	Gilbert Lucy	33m08	1992
10	Mertens Martine	32m26	1975
11	Bastin Chantal	31m78	1971
12	Schoeters Karine	31m62	1976
13	Michele Martine	31m60	1971
14	Meskens Muriel	29m92	1979
15	Mayenez Catherine	29m76	1981
16	Uytterhaeghen Isabelle	28m10	1986
17	Quicke Evelyne	28m30	1979
18	Muyls Jacqueline	27m72	1982
19	Bourgeois Anne	26m20	1987
20	Werck Maggy	26m17	1968

ESP Javelot (600 gr) > 1999 à

1	Iven Kayla	45m14	2022
2	Sustelo Irina	38m45	2001
3	Hallemaans Julie	36m78	2001
4	Reynaerts Stephanie	36m59	1999
5	Montilla Morgane	34m35	2017
6	Huybrechts Isabelle	32m54	2004
7	Mouzon Emmanuelle	32m23	2008
8	Locrel Anne Julie	30m59	2004
9	Pauly Benedicte	28m60	1999
10	Archambeau Aline	25m18	2006
11	Vlerick Ophelia	24m00	2011
12	Van De Sype Cloe	23m70	2015
13	De Groote Florence	22m15	2004
14	Kebdani Nadia	21m31	2005
15	Guisse Shaena	21m21	2011
16	Van Rossem Nicky	20m50	2009
17	Lins Noemie	18m23	2010
18	Martinez Belen	14m73	2002
19	Tikent Hajar	14m12	2003

ESP Marteau (3 kg)

1	Ramos Daphne	43m80	1992
2	Huygens Cloe	34m60	2018
3	Vandenbrande Nathalie	32m60	1996
4	Van Remoortel Anouchka	26m14	1995
5	Hallemaans Julie	24m28	1999
6	Guisse Shaena	22m79	2011
7	Fomenko Lisa	22m05	2007
8	Van De Sype Chloe	21m57	2014
9	Adam Benedicte	20m70	1993
10	Imbo Kristel	20m31	2011
11	Khader Firdaous	20m09	2019
12	Van Zeebroeck Griet	18m66	1994
13	Montilla Morgane	18m38	2012
14	Guisse Saliyya	16m90	2011

ESP Marteau (4 kg)

1	Sutelo Irina	51m72	2005
2	Ramos Daphne	40m46	1993
0	Ramos Daphne	33m70	1992
3	Guisse Shaena	27m55	2013
4	Reynaerts Stephanie	26m57	1999
5	De Meyer Laurence	26m03	2004
6	Adank Olivia	23m77	2002
7	De Buyst Nadia	16m82	1991
8	Guisse Saliyya	12m29	2014

ESP Pentathlon > avant 1980

1	Michel Martine	2995 p	1969
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2	Vandendael Alice	2823 p	1975
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ESP Heptathlon > 1980 à 1999

1	Glowacki Anne	4822 p	1986
2	Van Collie Heidi	4769 p	1991
3	Jaime Suzanne	3998 p	1988
4	Cloetens Sabine	3050 p	1986

ESP 1000 m marche

1	Iven Kayla	6.20.58	2013
2	Gerard Zoe	6.50.97	2022
3	Delbecque Laure	6.53.70	1991
4	Schroeven Camille	6.55.37	2022
5	Strypstein Maeva	7.02.31	2022
6	Gilson Aurore	7.44.30	1991

ESP 2000 m marche

1	Kersten Michele	14.07.50	1979
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ESP 3000 m marche

1	El Ouahmi Sirine	20.08.91	2016
2	Cuvelier Maela	21.19.14	2016
3	Kersten Michele	22.06.90	1980
4	Merino Noelia	22.14.38	2015
5	Biese Helena	24.09.94	2018
6	Boulaich Kawtar	24.32.64	2018

ESP 5000 m marche

1	Delbecque Maud	36.30.10	1996
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ESP 4 x 60 m

1	?	35.70	1984
2	Wittevrongel, M'Rabet, Muyls, Carpentier	35.84	1982
3	Cacciatore, Ibanez, Frenay, Smith	35.92	1986
4	La Rou, Urbain, Van Beckhoven, Godefroid	36.10	1989
5	?	36.22	1968
6	Girasa, Kohl, De Buyst, M'Rabet	37.12	1983
7	Ghayati N, Brouwers, Godefroid, Urbain	37.34	1990
8	La Rou, Delbecque, Delannoy, Godefroid	37.42	1988
9	Frenay, Vandermeulen, Verhaegen, Debaille	38.02	1985
10	Houben, Lefevre, Bastin, Nollet	38.32	1967
12	Kelecom, Muyls, Van Collie, Van Belleghem	38.44	1980
13	M'Rabet, M'Rabet, Van Osselt, Muyls	38.92	1981
14	Mokassa, Delbecque, Gilson, Karemera	39.24	1991
15	Ruiz Tello, Gilson, François, Vanderhaeghen	43.92	1992

ESP 4 x 80 m

1	?	42.62	1970
2	Massart, Ramos, Frenay, Smith	42.87	1988
3	Stevens, Bortels, Servaes, Vandendael	43.22	1967
4	?	43.62	1966
5	?	43.64	1984
6	?	43.82	1968
7	Antoine, Duysens, De Buyst, Kohl	44.54	1986
8	M'Rabet, De Buyst, Kohl, Callebaut	44.62	1985
9	?	44.72	1983
10	Troisfontaine, Ibanez, Dewavre, Clermont	44.78	1989
11	Uytterhaeghen, Kelecom, Van Collie, Malfait	44.92	1982
12	Debaille, Brouwers, Frenay, Smith	44.94	1987
13	Schoos, Reylandt, Urbain, Gilbert	45.02	1991
14	Sacre, Guillet, Bonvin Draps, Mokassa	45.20	1992
15	Hoolans, Lefevre, De Wandeleer, Nollet	45.62	1969
16	?	46.12	1973
17	Meyskens, Timmermans, De Rijcke, Henderickx	46.52	1974
18	?	46.72	1971
19	Lebois, Byl, Van Belleghem, Van Collie	46.82	1981
20	Vandendael, Depaepe, Van De Voorde, Gyselinck	46.92	1965

ESP 4 x 100 m

1	Muyls, Naples, De Coster, Vandendriessche	48.00	1984
2	?	48.97	1997
3	Kalonji, Van Collie, Clermont, Kohl	49.31	1991
4	Muyls, Naples, De Coster, Vandendriessche	49.65	1981

RESC TOP 20 OUTDOOR DAMES

5	Herman, Gaeremynck, Malfait, Van Collie	50.12	1986
6	Van Laethem, De Buyst, Brouwers, Kohl	50.46	1990
7	Cornez, Naples, Muyls, Vandendriessche	50.78	1983
8	Wauters, Gyselinck, Henderickx, Marloye	51.12	1973
9	Van Laethem, De Buyst, Gauditiaubois, Kohl	51.14	1989
10	Byl, Van Collie, Malfait, Noben	51.15	1985
11	?	51.17	1988
12	Rochette, Vidts, Stevens, Vandendael	51.82	1969
13	Lecompte, Vandebroeck, La Rou, Gilbert	52.17	1992
	Ramos, Vanden Eede, Costa, Clermont	52.17	1992
15	Murtier, Masson, De Wandeleer, Henderickx	52.22	1972
16	?	52.52	1970
	Wauters, Winckelmans, Gyselinck, Marloye	52.52	1974
18	Vandendael, Michel, Housiaux N, Housiaux C	53.22	1968
19	Antoine, De Buyst, M'Rabet, Kohl	53.64	1987
20	Vandendael, De Wandeleer, Henderickx, Meersseman	53.82	1970

ESP 4 x 400 m

1	Kalonji, Kohl, De Buyst, Van Collie	4.11.50	1991
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ESP 4 x 200 m

1	Vandendael, Meersseman, Vidts, Rochette	1.48.00	1971
2	Schraff, Duysens, De Buyst, Kohl	2.01.50	1986
3	Delfosse P, M'Rabet, De Buyst, Kohl	2.02.40	1985

ESP 4 x 800 m

1	Frenay, Smith, Vandenmuysenberg, Potvlieghe	10.24.44	1992
2	Van Handenhoven, Houba F, Declerck, Rigaux	11.49.50	1980
3	Denti, Houba, Ligocki, Cornez	12.57.60	1979

TOUTES CATEGORIES DAMES

TC 50 m

1	Squiflet Emelynn	7.20	2022
2	Lambert Kylie	7.30	2016

TC 60 m

1	Nollet Viviane	8.04	1971
	Marloye Nadine	8.04	1977
3	Van Eerdewegh Nicole	8.14	1971
	Vandendael Marie Jeanne	8.14	1973
5	Rochette Christine	8.24	1970
	Vandendael Alice	8.24	1970
	Henderickx Dominique	8.24	1971
8	Vidts Linda	8.44	1971
9	Lambert Kylie	8.55	2015
10	Squiflet Eemlynn	8.61	2021
11	Popescu Raisa Gabriela	8.66	2022
	Kohl Olivia	8.74	1984
13	Schroeven Camille	8.85	2022
14	Dzou Lesly Kayla	8.90	2021
15	Carlot Sarah	8.97	2002
16	Godefroid Maud	9.05	1990
	Van Der Veken Cindy	9.05	2008
	Lecomte Christina	9.05	2009
19	Itoe Elisabeth	9.08	2014
20	Strypstein Maeva	9.09	2022

TC 80 m

1	Nollet Viviane	10.44	1970
2	Mpinga Mulowayi Alexia	10.64	2017
3	Kohl Olivia	10.64	1986
	Clermont Nathalie	10.64	1989
5	Squiflet Emelynn	10.68	2022
6	Carlot Sarah	10.73	2004
7	Vandendael Alice	10.74	1968
	Henderickx Dominique	10.74	1970
	Carpentier Nathalie	10.74	1983
	Giuliani Alexandra	10.74	1995
11	Yech Chou Safia	10.85	2014
12	Lambert Kylie	10.86	2017
	Leonard Elise	10.86	2018

14	Van Der Veken Cindy	10.90	2010
15	Callebaut Muriel	10.91	1985
16	Housiaux Colette	10.94	1964
	Van Collie Heidi	10.94	1982
	Smith Cindi	10.94	1988
	Bonvin Draps Nathalie	10.94	1993
20	Ramos Daphne	11.02	1988
	Sanchez Elisa	11.02	2022

TC 100 m

1	Nkansa Delphine	11.26	2022
2	Zagre Anne	11.42	2012
3	Oulare Mariam	11.56	2022
4	Morency Poilvache Alizee	11.71	2021
5	Carette Anne	11.84	1993
6	De Vrye Corine	11.85	1985
7	Nagels Rani	11.88	2015
8	Carette Anne	11.95	1992
9	Gharafi Yasmine	11.95	2015
10	Van Der Veken Cindy	12.03	2016
11	Vandendriessche Nadine	12.11	1984
12	Housiaux Colette	12.14	1968
13	Guillet Laurence	12.20	2006
14	Badji Jalika	12.25	2022
15	Guisse Saliyya	12.32	2017
16	Diwani Alison	12.37	2013
17	Leplat Severine	12.43	1998
18	Muyls Jacqueline	12.48	1984
	Malfait Maritza	12.48	1986
20	Kohl Olivia	12.56	1992

TC 120 m

1	Sanchez Elisa	16.41	2022
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TC 150 m

1	Nollet Viviane	19.94	1969
2	Vandendael Alice	20.04	1968
3	Squiflet Emelynn	20.08	2022
4	Carlot Sarah	20.13	2004
5	Henderickx Dominique	20.14	1970
6	Mpinga Mulowayi Alexia	20.15	2017
7	Lambert Kylie	20.31	2017
8	Briand Celine	20.42	2010
9	Guillet Laurence	20.44	1993
10	Mouzon Emmanuelle	20.54	2004
11	Dierick Nadine	20.64	1966
	Bonvin Draps Nathalie	20.64	1993
13	Hostyn Priscilla	20.72	2003
14	Housiaux Colette	20.74	1964
15	Pontara Lisa	20.75	2016
16	Van Der Veken Cindy	20.81	2010
17	Merino Nohemi	20.84	2017
18	Dewitte Valerie	20.85	2021
19	Kompany Christel	20.92	1997
20	Sacre Laetitia	20.94	1993
	Meys Jessica	20.94	2004

TC 200 m

1	Nkansa Delphine	23.03	2022
2	Oulare Mariam	23.35	2022
3	Claes Hanne	23.46	2018
4	Zagre Anne	23.56	2017
5	Carette Anne	24.03	1993
6	Morency Poilvache Alizee	24.13	2021
7	Gharafi Yasmine	24.34	2015
8	Badji Jalika	24.59	2022
9	Vandendriessche Nadine	24.65	1984
10	Nagels Rani	24.59	2015
11	Van Der Veken Cindy	24.82	2016
12	Carette Anne	24.88	1992
12	De Vrye Corine	25.04	1988
13	Leplat Severine	25.38	1998
14	Klai Anissa	25.52	2015

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15	Kohl Olivia	25.53	1990
16	Naples Michele	25.54	1983
17	Schauwers Manon	25.65	2016
18	Mouzon Emmanuelle	25.73	2008
19	Le Rou Jennifer	25.82	1995
	Leplat Anabelle	25.84	1997

TC 200 m en ligne droite

1	Gharafi Yasmine	26.88	2016
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TC 300 m

1	Nagels Rani	38.04	2015
2	Claes Hanne	38.34	2017
3	Morency Poilvache Alizee	39.10	2021
4	Badji Jalika	39.62	2019
5	Leplat Severine	39.65	1998
6	Verheecke Hanna	40.41	2021
7	Klai Anissa	40.49	2015
8	Dewitte Valerie	40.71	2006
9	Gillet Delphine	41.00	2017
10	Van Collie Heidi	41.09	1991
11	Elsought Sylvie	41.17	2000
12	La Rou Jennifer	41.29	1995
13	Adam Benedicte	41.36	1998
14	Schauwers Manon	41.54	2018
15	Casimir Amida	41.71	1997
16	Van Der Veken Cindy	41.82	2015
17	Leplat Anabelle	42.37	1998
18	Kompany Christel	42.48	2000
19	Guillet Laurence	42.66	1999
20	La Rou Jennifer	42.84	1992
20	Nollet Viviane	43.12	1970

TC 400 m

1	Nagels Rani	53.51	2015
2	Badji Jalika	55.52	2019
3	Leplat Severine	56.03	1998
4	Muls Camille	56.31	2019
5	Gillet Delphine	56.49	2018
6	Klai Anissa	56.64	2015
7	Vereecke Hanna	56.85	2021
8	Adam Benedicte	56.95	1997
9	De Vrye Corine	57.02	1985
10	Daems Denise	57.32	1985
	Van Collie Heidi	57.32	1986
12	Dewitte Valerie	57.51	2005
13	Elsought Sylvie	57.84	2000
	Schauwers Manon	57.84	2019
15	Guillet Laurence	58.02	2010
16	Tshanga Diomi Roline	58.07	2022
17	La Rou Jennifer	58.29	1995
18	Malfait Maritza	58.42	1988
19	Meersseman Geertje	58.52	1973
20	Van Collie Heidi	58.92	1990

TC 600 m

1	De Rijcke Dominique	1.44.70	1974
2	Nollet Viviane	1.44.90	1970
3	Henderickx Suzy	1.46.00	1974
4	Maron Nicole	1.46.50	1970
5	Gyselinck Ingrid	1.47.70	1966
6	Meersseman Geertje	1.49.10	1968
7	Strypstein Solena	1.57.65	2022
8	Lambert Kylie	2.00.94	2013
9	Squiflet Emelynn	2.07.24	2019
10	Beghin Joyce	2.09.21	2019
11	Popescu Raisa Gabriela	2.10.56	2020
12	Ngandeu Tchambia Brenda	2.10.62	2016
13	Schroeven Camille	2.10.70	2020
14	Huygens Cloe	2.11.73	2012
15	Radermacher Sarah	2.11.96	2018
16	Merino Noemie	2.12.95	2013
17	Dzou Steffy Ann	2.13.95	2022

18	Dennison Chrystal	2.16.08	2014
19	Sibourg Celya	2.16.68	2018
20	Boone Tya	2.17.39	2015

TC 800 m

1	Muls Camille	2.03.72	2019
2	Meersseman Geertje	2.05.85	1977
3	Steels Mimi	2.08.30	1980
4	Collard Veronique	2.09.50	1986
5	Nagels Rani	2.09.69	2016
6	Gillet Delphine	2.09.98	2019
7	Laurent Agnes	2.10.17	2017
8	Joblin Marine	2.11.71	2022
9	Pinter Eline	2.12.09	2022
10	Chylinski Marta	2.12.37	2022
11	Schauwers Manon	2.13.16	2018
12	Delauw Patricia	2.13.42	1986
13	De Wachter Didi	2.14.79	1982
14	Mortier Pascale	2.15.70	1982
15	Collard Florence	2.16.12	1983
16	Cawet Daphne	2.16.21	1999
17	Boes Odette	2.16.50	1979
18	Van Den Bossche Inga	2.18.99	2017
19	Wauters Marijke	2.20.60	1974
20	Van Collie Heidi	2.21.04	1991

TC 1000 m

1	Collard Veronique	2.43.67	1986
2	Chylinski Marta	2.51.21	2022
3	Delauw Patricia	2.52.40	1986
4	De Wachter Didi	2.53.10	1982
5	Muls Camille	2.55.79	2017
6	Mortier Pascale	2.59.04	1982
7	Joblin Marine	3.01.01	2019
8	Cawet Daphne	3.01.18	1998
9	Tshiasuma Jessie	3.01.95	2011
10	De Wachter Didi	3.05.30	1981
11	Haouari Farrah	3.08.82	2020
12	Inconstant Elisa	3.09.04	2022
13	Van Haver Kris	3.09.84	1981
14	Delbecque Laure	3.10.60	1996
15	Mattelaere Laurence	3.10.70	1991
16	Vanden Muysenberg Sabine	3.11.60	1993
17	Van Den Bossche Inga	3.12.17	2017
18	Dewitte Caroline	3.12.93	1997
19	Potvlieghe An	3.13.00	1992
20	De Grootte Estelle	3.14.33	2006

TC 1500 m

1	Muls Camille	4.12.35	2021
2	Collard Veronique	4.12.85	1987
3	Meersseman Geertje	4.16.20	1977
4	Laurent Agnes	4.19.68	2014
5	Steels Mimi	4.23.90	1980
6	Delauw Patricia	4.27.66	1986
7	Chylinski Marta	4.29.37	2021
8	Pinter Eline	4.30.18	2022
9	De Wachter Didi	4.33.80	1982
10	Boes Odette	4.34.10	1979
11	Cauwelier Ghislaine	4.34.30	1979
12	Van Lent Jana	4.34.73	2022
13	Van Den Bossche Inga	4.41.18	2017
14	Mortier Pascale	4.46.70	1982
15	Vienne Dorothee	4.50.22	1998
16	Cawet Daphne	4.50.73	1997
17	Bex Maria	4.52.20	1970
18	Tshiasuma Jessie	4.53.37	2011
19	De Valck Ingrid	4.53.90	1982
20	Collard Florence	4.55.00	1983

TC Mile

1	Collard Veronique	4.44.36	1985
2	Chylinski Marta	4.57.75	2022

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3	Pinter Eline	4.58.17	2022
4	Muls Camille	5.07.58	2017
5	De Valck Ingrid	5.15.10	1982
6	Cawet Daphne	5.21.54	1999
7	Tshiasuma Jessie	5.22.27	2012
8	Barhdadi Lina	5.48.48	2014
9	Vanden Broeck Nolwen	5.56.70	2006
10	Covens Benedicte	6.05.79	2015
11	Verriez Laura	6.13.72	2015
12	El Kamlichi Widad	6.27.41	2012
13	Imbo Kristel	6.28.31	2011
14	Debaillie Isabelle	6.56.75	2014
15	Cardoso Da Rocha Maria Joao	7.11.40	2012

TC 2000 m

1	Collard Veronique	5.55.66	1988
2	Chylinski Marta	6.22.26	2022
3	Muls Camille	6.38.49	2016
4	Van Den Bossche Inga	6.38.60	2016
5	Tshiasuma Jessie	7.02.18	2011
6	Vanden Broeck Nolwen	7.24.32	2007
7	Codrea Beatrix	7.28.37	2006
8	Cardenas Ojito Janet	7.32.72	2012
9	Castellana Corinne	7.58.97	2005
10	Stalins Philippine	8.35.15	2016
11	Cardoso Da Rocha Maria Joao	9.38.54	2012

TC 3000 m

1	Collard Veronique	8.49.85	1989
2	Meersseman Geertje	9.11.30	1977
3	Steels Mimi	9.15.80	1980
4	Laurent Agnes	9.38.06	2014
5	Chylinski Marta	9.44.78	2022
6	Delauw Patricia	9.45.00	1986
7	Van Lent Jana	9.59.86	2022
8	De Wachter Didi	10.01.10	1982
9	Aboulahcen Mounia	10.12.14	2010
10	De Valck Ingrid	10.15.05	1982
11	Goethals Lutgard	10.33.50	2022
12	Collard Florence	10.34.47	2006
13	Van Den Bossche Inga	10.41.31	2017
14	Cawet Daphne	10.43.20	1997
15	Boes Odette	10.45.00	1977
16	Potvlieghe An	10.48.10	1992
17	Mortier Pascale	10.48.70	1981
18	Demol Christina	10.53.80	1974
19	Bourgeois Anne	11.12.04	1987
20	Imbo Kristel	11.14.33	2015

TC 5000 m

1	Collard Veronique	15.41.24	1989
2	Van Lent Jana	16.38.87	2022
3	Steels Mimi	16.48.60	1981
4	Chylinski Marta	17.12.99	2020
5	De Valck Ingrid	18.09.70	1982
6	Imbo Kristel	19.19.21	2019
7	Tshiasuma Jessie	19.55.25	2017
8	Coutteau Katia	20.08.30	1979
9	Potvlieghe An	20.11.30	1995
10	Ertveldt Jacqueline	20.35.20	1982
11	Castellana Corinne	21.15.49	2005
12	Impatient Chantal	22.17.80	1982
13	Coukard Deborah	23.59.09	2008

TC 10 000 m

1	Collard Veronique	32.23.39	1989
2	Van Lent Jana	34.54.07	2022
3	Chylinski Marta	36.35.14	2020
4	Covens Benedicte	42.05.27	2012
5	Castellana Corinne	46.43.03	2004
6	De Buyst Nadia	48.02.88	2005
7	Debaillie Isabelle	50.16.31	2017

TC 1 heure

1	Castellana Corine	12.936 m	2004
2	De Buyst Nadia	12.418 m	2005
3	Coukard Deborah	11.218 m	2009

TC Semi marathon

1	Goethals Lutgard	1h20.34	2022
2	Covens Benedicte	1h43.29	2018
3	Norris Josephine	1h44.23	2019
4	De Buyst Nadia	1h45.40	2005
5	Lion Annick	1h53.56	2019
6	Gillis Caroline	2h06.24	2022
7	Nkandali Nkazabwa Marie	2h13.52	2018
8	Cardoso Da Rocha Maria Joao	2h30.16	2018
9	Becquevort Joelle	2h39.49	2017

TC Marathon

1	Covens Benedicte	3h17.15	2012
2	Castellana Corine	3h39.25	2009
3	Norris Josephine	3h42.16	2022
4	De Buyst Nadia	3h45.39	2006
5	De Smet Sara	3h50.32	2004
6	Nizet Adrienne	3h55.46	2022
7	Gillis Caroline	3h59.39	2018
8	Atkins Lisa	4h02.51	2006
9	Aaron Sabine	4h07.22	2009
10	Debaillie Isabelle	4h17.13	2018
11	Watson Michele	4h19.09	2004
12	Cardoso Da Rocha Maria Joao	4h30.05	2014
	Lion Annick	4h30.05	2022

TC 50 m haies (65 cm)

1	Lambert Kylie	8.04	2017
2	Squiflet Emelynn	8.33	2022
3	Dzou Lesly Kayla	8.92	2022

TC 50 m haies (76 cm)

1	Ouali Sirine	9.97	2013
2	Lecomte Christina	9.99	2011

TC 60 m haies (68 cm)

1	Squiflet Emelynn	10.22	2022
2	Dzou Lesly Kayla	10.60	2022
3	Schroeven Camille	10.98	2022
4	Strypstein Maeva	10.99	2022
5	Radermacher Sarah	11.05	2022
6	Sibourg Celya	11.23	2022
7	Popescu Raisa Gabriela	11.24	2022
8	De Cooman Lea	11.46	2022
9	Wanyu Diane Kylie	13.87	2021

TC 60 m haies (76 cm)

1	Vandendael Alice	9.64	1968
2	Lambert Kylie	9.96	2017
3	Smith Cindi	10.05	1988
4	Huybrechts Isabelle	10.07	2000
5	Van Collie Heidi	10.14	1982
6	M'Rabet Salima	10.22	1985
7	Cincinatis Lucie	10.24	2003
8	Kohl Olivia	10.34	1986
	Mouzon Emmanuelle	10.34	2004
10	Guillet Laurence	10.36	1993
11	Van Der Veken Cindy	10.37	2010
12	Lecomte Christina	10.41	2011
13	Van Der Veken Noemie	10.42	2010
14	Vidts Linda	10.44	1968
	Marloye Nadine	10.44	1971
	Uytterhaeghen Isabelle	10.44	1983
17	Kompany Christel	10.51	1997
18	Drieghe Maureen	10.54	1968
19	Yech Chou Safia	10.62	2014
20	Frenay Anne	10.64	1988

RESC TOP 20 OUTDOOR DAMES

TC 80 m haies (76 cm)

1	Vandendael Alice	11.84	1969
2	Schauwers Manon	11.88	2014
3	Kohl Olivia	11.95	1988
4	Clermont Nathalie	11.96	1991
5	Van Collie Heidi	12.18	1984
6	Smith Cindi	12.19	1990
	Guillet Laurence	12.19	1995
8	Gaeremynck Evelyne	12.26	1985
	Huybrechts Isabelle	12.26	2002
10	Van Der Veken Noemie	12.39	2012
11	Leplat Anabelle	12.44	1996
12	Housiaux Colette	12.54	1967
	Giuliani Alexandra	12.54	1997
14	Mouzon Emmanuelle	12.56	2006
15	Marloye Nadine	12.64	1972
16	Badji Jalika	12.82	2011
17	La Rou Jennifer	12.83	1993
17	La Rou Jennifer	12.84	1992
18	Nollet Viviane	12.84	1970
19	M'Rabet Salima	12.88	1987
20	Muyls Jacqueline	12.90	1980

TC 100 m haies (76 cm)

1	Kohl Olivia	13.92	1990
2	Clermont Nathalie	14.14	1993
3	Mouzon Emmanuelle	14.30	2008
	Schauwers Manon	14.38	2016
5	Van Collie Heidi	14.47	1986
6	Vanden Eede Isabelle	14.84	1991
7	Clermont Nathalie	14.87	1992
7	Guillet Laurence	14.90	1997
8	Gaeremynck Evelyne	15.19	1986
9	Ruell Natacha	15.45	1988
10	Leplat Anabelle	15.46	1997
11	De Decker Annelies	15.70	1994
12	Huybrechts Isabelle	15.73	2004
13	Caty Emeline	15.78	2015
14	Carpentier Nathalie	18.14	1987

TC 100 m haies (84 cm)

1	Zagre Anne	12.71	2015
2	Kohl Olivia	13.82	1993
3	De Vrye Corine	13.83	1993
5	De Vrye Corine	13.90	1992
6	Kohl Olivia	13.99	1992
4	Guillet Laurence	14.02	2005
7	Van Eerdewegh Nicole	14.34	1976
8	Clermont Nathalie	14.58	1993
9	Van Collie Heidi	14.78	1991
10	Hautenhauve Jacqueline	14.94	1985
11	Hostyn Priscilla	14.99	2012
12	Gaeremynck Evelyne	15.22	1987
13	Glowacki Anne	15.23	1985
	Mouzon Emmanuelle	15.23	2009
15	Marloye Nadine	15.24	1977
16	Jaime Suzanne	15.29	1988
17	Vanden Eede Isabelle	15.49	1991
18	Guisse Saliyya	15.65	2015
19	Daems Denise	15.83	1985
20	Vandendael Alice	16.04	1970
21	Binart Nathalie	16.07	1985

TC 150 m haies (68 cm)

1	Squiflet Emelynn	21.91	2022
2	Radermacher Sarah	22.51	2022
3	Sibourg Celya	23.92	2022

TC 150 m haies (76 cm)

1	Lambert Kylie	21.56	2017
2	Yech Chou Safia	22.49	2014
3	Van Der Veken Cindy	22.78	2010
4	Yech Chou Safia	23.10	2013

5	Badji Jalika	23.25	2009
6	Merino Nohemi	23.45	2017
7	Sandon Lisa	23.60	2014
8	Montilla Morgane	23.74	2011
9	Ngandeu Tchambia Brenda	23.79	2019
10	Mpinga Mulowayi Alexia	23.84	2016
11	Mayot Coiffard Hermine	23.91	2018
12	Henry Morgane	24.00	2012
13	Lecomte Christina	24.23	2011
14	Pontara Lisa	24.31	2015
15	Itoe Elisabeth	24.53	2015

TC 200 m haies (76 cm)

1	Van Eerdewegh Nicole	29.04	1974
2	Guillet Laurence	30.11	2011
3	Vandendaele Alice	30.74	1971
4	Rochette Christine	31.04	1971
5	Meersseman Geertje	31.54	1974
6	Nollet Viviane	31.74	1973
7	Vandendael Marie Jeanne	33.64	1972
8	De Wandeleer Danielle	33.94	1973
9	Ouali Sirine	37.39	2015

TC 200 m haies (76 cm) en ligne droite

1	Zagre Anne	28.28	2016
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TC 300 m haies (76 cm)

1	La Rou Jennifer	43.97	1995
2	Kohl Olivia	45.42	1990
3	Goessens Carine	45.43	1980
4	Schauwers Manon	45.77	2014
5	Vanden Eede Isabelle	46.02	1992
6	De Decker Annelies	46.42	1993
7	Van Collie Heidi	46.50	1984
8	Mouzon Emmanuelle	46.52	2006
10	Smith Cindi	46.90	1990
11	Gilbert Fernanda	47.04	1992
12	Leplat Severine	47.26	1998
13	La Rou Jennifer	47.94	1992
13	Badji Jalika	48.02	2011
14	Frenay Anne	48.26	1989
15	Van Zeebroeck Griet	48.53	1995
16	Antipina Anastasia	48.60	1993
17	Martins Junior Magaly	48.67	2019
18	M'Rabet Salima	48.89	1986
19	Gaeremynck Evelyne	49.06	1987
20	Van Assche Nancy	49.82	1989
21	Overloop An	50.42	1979

TC 400 m haies (76 cm)

1	Claes Hanne	55.20	2018
2	Badji Jalika	59.53	2022
3	Schauwers Manon	59.80	2019
4	De Vrye Corine	60.08	1989
5	Guillet Laurence	61.44	2010
6	Daems Denise	62.44	1985
7	Meert Cynthia	63.56	2015
8	Meersseman Geertje	64.12	1974
9	Van Collie Heidi	64.39	1990
10	Dewitte Valerie	64.45	2008
11	Kassianoff Sylvie	67.07	2014
12	La Rou Jennifer	67.58	1996
13	Abid Fatima	67.82	1988
14	Goessens Carine	68.18	1981
15	Smith Cindi	69.87	1993
16	Debaillie Isabelle	69.98	1993
17	Vanden Eede Isabelle	70.04	1993
18	De Pauw Margot	70.40	1993
19	Kisir Ikbal	70.45	1999
20	Winckelmans Reinhilde	70.62	1981

TC 1500 m steeple (76 cm)

1	Van Der Perren Jessica	6.17.24	2009
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RESC TOP 20 OUTDOOR DAMES

2	Archambeau Aline	6.22.37	2004
3	Huygens Cloe	6.31.12	2017
4	Badji Jalika	6.31.72	2010
5	Van Der Perren Jessica	6.36.40	2008
6	Imbo Kristel	6.37.08	2011
7	Hostyn Priscilla	6.55.99	2004

TC 2000 m steeple (76 cm)

1	Haouari Farrah	8.05.35	2019
2	Vanden Broeck Nolwen	8.45.82	2008
3	Kagu Gerta	8.48.32	2021
4	Van Der Perren Jessica	9.04.76	2010

TC 3000 m steeple (76 cm)

1	Laurent Agnes	10.36.98	2014
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TC Hauteur

1	Jonckheere Natalja	1m95	1995
2	Soetewey Chris	1m92	1982
3	Jonckheere Natalja	1m88	1992
3	Marloye Nadine	1m81	1977
4	Glowacki Anne	1m69	1986
5	Van Collie Heidi	1m68	1984
6	Schauwers Manon	1m67	2015
7	Archambeau Aline	1m66	2013
8	Cloetens Sabine	1m65	1986
	Ruell Natacha	1m65	1988
	Jaime Suzanne	1m65	1989
	Hostyn Priscilla	1m65	2012
	Golfa Sambay Clara	1m65	2018
	Thiebot Oceane	1m65	2022
14	Winckelmans Reinhilde	1m64	1982
15	De Rijcke Dominique	1m63	1976
	Thiebot Oceane	1m63	2020
17	De Vrye Corine	1m62	1979
18	Hautenaue Jacqueline	1m61	1985
	Locrel Anne Julie	1m61	2004
	Van Der Veken Cindy	1m61	2012

TC Longueur

1	De Vrye Corine	6m28	1985
2	Guisse Saliyya	6m09	2022
3	Marloye Nadine	6m08	1975
4	Van Collie Heidi	5m98	1991
5	Hostyn Priscilla	5m77	2012
6	Malfait Maritza	5m76	1989
7	Glowacki Anne	5m73	1986
8	Muyls Jacqueline	5m72	1983
9	Ombeni Rachel	5m70	2022
10	Henderickx Dominique	5m68	1973
11	Housiaux Colette	5m61	1967
12	Kizito Prisca	5m58	2021
13	Van Der Veken Cindy	5m53	2016
14	Kompany Christel	5m49	2000
15	Caty Emeline	5m48	2017
16	Hautenaue Jacqueline	5m47	1985
17	Dossey Jenifer Stefania	5m45	2019
18	Vandendael Alice	5m44	1969
	Vidts Linda	5m44	1971
20	Mouzon Emmanuelle	5m42	2007
	Schauwers Manon	5m42	2015

TC Triple saut

1	Guisse Saliyya	13m38	2019
2	Ombeni Rachel	13m00	2022
3	Van Collie Heidi	12m66	1995
4	Van Collie Heidi	12m52	1991
5	Kompany Christel	12m15	2000
6	De Vrye Corine	12m13	1990
7	De Cock Aline	11m85	1999
8	Muyls Jacqueline	11m84	1992
9	Dossey Jennifer Stefania	11m50	2020
10	Kalonji Angele	11m32	1992

11	Lucas Clara	11m23	2022
12	Hostyn Priscilla	11m19	2012
13	Archambeau Aline	11m06	2013
14	Naji Afaf	11m05	2004
15	Fomenko Lisa	10m92	2007
16	Caty Emeline	10m91	2015
17	Vandenbrande Nathalie	10m88	1996
18	Madani Sarah	10m73	2015
	Yech Chou Safia	10m73	2015
20	Golfa Sambey Clara	10m71	2018
21	Van De Sype Chloe	10m62	2014

TC Perche

1	Henry Chloe	4m30	2021
2	Quirin Margaux	4m05	2015
3	Van Zeebroeck Griet	3m54	1998
4	Marx Inge	3m50	1991
5	Van De Sype Chloe	3m40	2020
6	Lilien Anouk	3m00	2009
7	Fonteyn Astrid	2m90	1996
	Mouzon Emmanuelle	2m90	2007
9	Imbo Kristel	2m86	2011
10	Van Remoortel Anouchka	2m80	1995
11	Huybrechts Isabelle	2m60	2002
12	Vlerick Ophelia	2m40	2011
13	Guillet Laurence	2m39	2009
14	Lacasse Camille	2m31	2015
15	Hostyn Priscilla	2m30	2004
	Fomenko Lisa	2m30	2007
17	Archambeau Aline	2m20	2003
	Kaluza Isabelle	2m20	2013
	Luypaert Naomy	2m20	2014
	Cole Anne Ramon	2m20	2021

TC Poids (1 kg)

1	Goutte Alexandra	8m63	2000
2	Montilla Morgane	8m53	2007
3	Huybrechts Isabelle	8m46	1996
4	Van De Sype Chloe	8m39	2006
5	Paulus Jessie	8m30	2005
6	Squiflet Emelynn	8m23	2019
7	Englebert Yolaine	8m15	2005
8	Hallems Julie	8m10	1994
9	Meys Jessica	7m98	2000
10	Lambert Kylie	7m81	2013
11	Dolianitis Dina	7m78	2000
12	Beghin Joyce	8m23	2019
13	Kompany Christel	7m74	1993
14	Maidane Yasmine	7m67	2004
15	Ngandeu Tchambia Brenda	7m59	2016
16	Vanderhaeghen Jessica	7m28	1992
17	François Isabelle	5m67	1992
18	Hallems Julie	5m00	1992
19	Gilbert Lucienne	3m88	1992
20	Gilson Adeline	3m60	1992
21	Soto Moral Celia	3m22	1992

TC Poids (2 kg)

1	Waegemans Aurore	13m12	2003
2	Iven Kayla	12m89	2015
3	Kompany Christel	11m79	1997
	Van De Sype Chloe	11m79	2010
5	Mouzon Emmanuelle	10m80	2004
6	Hallems Julie	10m78	1998
7	Huybrechts Isabelle	10m69	2000
8	Mayuma Marie	10m62	2021
9	Montilla Morgane	10m40	2011
10	Vandenbrande Nathalie	10m38	1994
	Goutte Alexandra	10m38	2003
	Dzou Lesly Kayla	10m38	2022
13	Squiflet Emelynn	10m06	2022
14	Mjahed Maya	9m94	2020
15	Pauly Benedicte	9m92	1996
16	Hasani Geraldina	9m75	2006

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17	Popescu Raisa Gabriela	9m67	2022
18	Adam Benedicte	9m21	1991
19	Vandenbroek Elke	8m96	1991
20	Paternoster Vanessa	8m94	1991

TC Poids (3 kg)

1	Mathieu Julia	14m76	2022
2	Kompany Christel	12m10	1999
3	Vandenbrande Nathalie	11m96	1998
4	Adam Benedicte	11m95	1994
5	Marloye Nadine	11m74	1973
6	Iven Kayla	11m49	2018
7	Mouzon Emmanuelle	11m42	2006
8	Van De Sype Chloe	11m34	2014
9	Madani Sarah	10m30	2015
10	Declerck Anne	11m18	1978
11	Archambeau Aline	11m05	2005
12	Schauwers Manon	10m95	2015
13	Mjahed Maya	10m86	2022
14	De Meyer Laurence	10m82	2003
15	Hoste Corinne	10m79	1975
16	Reynaerts Stephanie	10m69	1995
17	Huybrechts Isabelle	10m62	2002
18	Uytterhaeghen Isabelle	10m49	1985
19	Dewavre Laurence	9m76	1992
20	De Buyst Nadia	9m68	1988

TC Poids (4 kg)

1	Boumkwo Jolien	14m84	2018
2	Devos An	13m12	1987
3	Sustelo Irina	12m98	2001
4	Mathieu Julia	12m84	2022
5	Glowacki Anne	12m60	1985
6	Kandi Masakadi Amandine	12m52	2017
7	Van Camp Nicole	11m98	1984
8	Reynaerts Stephanie	11m36	1999
9	Marloye Nadine	11m25	1974
10	Adam Benedicte	11m20	2022
11	Hautenaue Jacqueline	11m11	1985
12	Declerck Anne	11m00	1981
13	Iven Kayla	10m78	2022
14	Jaime Suzanne	10m55	1988
15	Hoste Corinne	10m54	1977
16	Archambeau Aline	10m45	2013
17	Mouzon Emmanuelle	10m43	2008
18	Hallemsans Julie	10m40	2001
19	Marx Inge	10m33	1992
20	Quicke Evelyne	10m02	1981

TC Disque (600 gr)

1	Waegemans Aurore	32m53	2003
2	Kill Françoise	31m80	1996
3	Kompany Christel	31m36	1997
4	Van Der Veken Noemie	30m28	2010
5	De Buyst Nadia	29m24	1986
6	Huybrechts Isabelle	27m96	2000
7	Montilla Morgane	27m01	2010
8	Popescu Raisa Gabriela	26m15	2022
9	Gilson Aurore	25m74	1994
10	Van De Sype Chloe	25m24	2009
11	Squiflet Emelynn	24m96	2021
12	Hostyn Priscilla	24m76	2003
13	De Grootte Florence	24m41	2001
14	Vanden Berghen Sylvie	24m40	1984
15	Gilbert Fernanda	23m92	1991
16	Dewavre Laurence	23m80	1989
17	De Cooman Lea	23m71	2022
18	Van Collie Heidi	23m00	1982
19	Duysens Tania	22m32	1986
20	Smith Cindi	22m18	1988

TC Disque (750 gr)

1	Iven Kayla	27m29	2015
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2	Mayuma Marie	26m13	2021
3	Montilla Morgane	25m78	2011
4	Huygens Cloe	25m56	2016
5	Radermacher Sarah	24m93	2022
6	Merino Nohemi	24m54	2017
7	Mjahed Maya	24m00	2020
8	Van Der Veken Noemie	23m66	2010
9	Van De Sype Chloe	23m51	2010
10	Squiflet Emelynn	22m91	2022
11	Imbo Kristel	21m65	2009
12	Tshiasuma Jessie	20m04	2009
13	Van Der Veken Cindy	19m76	2010
14	Badji Jalika	19m45	2009
15	Mpinga Mulowayi Alexia	19m40	2017

TC Disque (800 gr)

1	Van Der Veken Noemie	22m26	2011
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TC Disque (1 kg)

1	Pheulpin Anne	48m52	2022
2	Sustelo Irina	47m99	2000
3	Glowacki Anne	46m94	1986
4	Devos An	46m24	1988
5	Vandenbrande Nathalie	42m84	1999
6	Boumkwo Jolien	42m25	2019
7	Marloye Nadine	39m96	1977
8	Van Camp Nicole	39m46	1984
9	Hallemsans Julie	35m26	1999
10	Reynaerts Stephanie	34m41	2014
11	De Buyst Nadia	34m02	1991
12	Vanden Berghen Sylvie	32m80	1989
13	Quicke Evelyne	32m62	1980
14	Werck Liliane	32m18	1968
15	Kersten Michele	32m14	1985
16	Adam Benedicte	32m12	2020
17	Bastin Beatrice	31m64	1971
18	Mathieu Julia	31m59	2019
19	Mouzon Emmanuelle	31m58	2009
20	Iven Kayla	30m81	2017

TC Balle de hockey

1	Iven Kayla	41m50	2013
2	Van De Sype Chloe	40m58	2008
3	Tong Aline	35m47	2004
4	Squiflet Emelynn	35m24	2021
5	Huybrechts Isabelle	35m15	1998
6	Dzou Lesly Kayla	34m75	2021
7	Hallemsans Julie	33m74	1996
8	Hasani Geraldina	33m73	2006
9	Meys Jessica	32m36	2002
10	Popescu Raisa Gabriela	32m06	2022
11	De Cooman Lea	32m04	2022
12	De Meyer Laurence	31m94	1999
13	Pauly Benedicte	31m22	1994
14	Goutte Alexandra	30m81	2002
15	Strypstein Solena	29m60	2022
16	Mouzon Emmanuelle	24m50	2000
17	Adam Benedicte	24m12	1989
18	Vandenbrande Nathalie	23m24	1992
19	Sibourg Celya	22m35	2018
20	Arys Josephine	22m25	2022

TC Javelot (400 gr) > avant 1999

1	Hallemsans Julie	31m01	1998
2	Adam Benedicte	24m88	1991
3	De Cock Aline	22m24	1995
4	La Rou Cecile	21m54	1995
5	Binon Christelle	20m94	1992
6	El Hammouti Soraya	18m20	1994
7	Van Zeebroek Griet	17m96	1993
8	Delbecque Laure	17m92	1993
9	Gilbert Fernanda	16m94	1991
10	La Rou Jennifer	16m00	1991

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11	Vandenbroek Elke	15m72	1991
12	Reylandt Audrey	14m66	1991
13	Delbecque Laure	14m08	1992
14	Schoos Nathalie	14m04	1991
15	Guillet Laurence	13m98	1992
16	Urbain Julie	13m74	1992
17	Ghayati Anissa	12m46	1991
18	Godefroid Maud	12m42	1991
19	Ghayati Nadia	11m62	1991
20	Portzenheim Virginie	11m56	1991
21	Paternoster Vanessa	11m48	1990
	Schroeven Valerie	11m48	1990

TC Javelot (400 gr) > 1999 à

1	Iven Kayla	34m63	2015
2	Radermacher Sarah	30m78	2022
3	Montilla Morgane	30m13	2011
4	Mouzon Emmanuelle	29m98	2004
5	Huybrechts Isabelle	29m28	2000
6	Mjahed Maya	28m12	2020
7	Van De Sype Chloe	26m45	2010
8	Huygens Cloe	25m88	2016
9	Montilla Morgane	25m38	2010
10	Mayuma Marie	24m77	2021
11	Codrea Beatrix	24m59	2005
12	Imbo Kristel	24m35	2009
13	Lecomte Christina	24m11	2010
14	De Meyer Laurence	23m48	2001
15	Badji Jalika	23m47	2009

TC Javelot (500 gr) > avant 1999

1	Reynaerts Stephanie	32m82	1995
2	Adam Benedicte	30m66	1993
3	Uytterhaeghen Isabelle	30m48	1984
4	Pauly Benedicte	27m29	1998
5	Gilbert Lucy	26m78	1991
6	Carpentier Nathalie	26m26	1986
7	Adam Benedicte	26m16	1992
8	De Buyst Nadia	26m06	1988
9	Padilla Louise	24m60	1980
10	Vandenbroeck Elke	24m58	1993
11	Smith Cindi	23m72	1989
12	Van Collie Heidi	23m64	1984
	Vandendriessche Maja	23m64	1985
14	Vandenbroeck Elke	23m54	1992
15	Ramos Daphne	23m48	1990
16	Gilbert Fernanda	22m68	1992
17	Debaillie Isabelle	20m00	1988
18	Fayt Laurence	18m88	1991
19	Troisfontaine Valerie	18m72	1989
20	Dewavre Laurence	18m02	1989
21	Gaeremynck Evelyne	17m96	1985
22	Ringoot Sophie	17m24	1992

TC Javelot (500 gr) > 1999 à

1	Iven Kayla	41m95	2019
2	Montilla Morgane	37m30	2014
3	Hallems Julie	36m86	2000
4	Huybrechts Isabelle	36m67	2002
5	Mayuma Marie	32m39	2022
6	Mouzon Emmanuelle	32m37	2006
7	Dennison Chrystal	31m22	2021
8	Van De Sype Chloe	31m14	2013
9	Huygens Cloe	28m50	2018
10	Kompany Christel	27m62	1999
11	Mjahed Maya	27m55	2022
12	Imbo Kristel	25m97	2011
13	De Meyer Laurence	25m93	2003
14	Hostyn Priscilla	25m27	2005
15	Majhed Maya	24m91	2021
16	Codrea Beatrix	24m65	2006
17	Merino Nohemi	23m92	2018

TC Javelot (600 gr) > avant 1999

1	Glowacki Anne	43m52	1986
2	Declerck Anne	41m94	1981
3	Reynaerts Stephanie	37m83	1998
4	Vandendael Marie Jeanne	37m22	1972
5	Adam Benedicte	37m28	1998
6	Hoste Corinne	36m96	1977
7	Hautenaue Jacqueline	36m16	1985
8	Ruell Natacha	34m72	1989
9	Mertens Martine	34m42	1978
10	Marx Inge	34m20	1992
11	Gilbert Lucy	33m08	1992
12	Bastin Chantal	31m78	1971
13	Schoeters Karine	31m62	1976
14	Michel Martine	31m60	1971
15	Quicke Evelyne	31m40	1981
16	Meskens Muriel	29m92	1979
17	Mayenez Katrien	29m76	1981
18	Uytterhaeghen Isabelle	28m10	1986
19	Muyls Jacqueline	27m72	1982
20	Bourgeois Anne	26m20	1987

TC Javelot (600 gr) > 1999 à

1	Smal Pauline	49m58	2022
2	Iven Kayla	45m14	2022
3	Sustelo Irina	38m45	2001
4	Adam Benedicte	38m01	2000
5	Montilla Morgane	37m01	2018
6	Hallems Julie	36m78	2001
7	Reynaerts Stephanie	36m59	1999
8	Hostyn Priscilla	33m44	2012
9	Huybrechts Isabelle	32m54	2004
10	Mouzon Emmanuelle	32m23	2008
11	Locrel Anne Julie	30m59	2004
12	Pauly Benedicte	28m60	1999
13	Guillet Laurence	28m46	2009
14	Archambeau Aline	26m61	2013
15	De Buyst Nadia	25m13	2000
16	Vlerick Ophelia	24m00	2011
17	Van De Sype Cloe	23m70	2015
18	Quicke Evelyne	23m46	2007
19	Cardenas Ojito Janet	22m33	2014
20	De Groote Florence	22m15	2004

TC Marteau (3 kg)

1	Ramos Daphne	43m80	1992
2	Huygens Cloe	34m60	2018
3	Vandenbrande Nathalie	32m60	1996
4	Van Remoortel Anouchka	26m14	1995
5	Hallems Julie	24m28	1999
6	Guisse Shaena	22m79	2011
7	Fomenko Lisa	22m05	2007
8	Van De Sype Chloe	21m57	2014
9	Adam Benedicte	20m70	1993
10	Imbo Kristel	20m31	2011
11	Khader Firdaous	20m09	2019
12	Van Zeebroeck Griet	18m66	1994
13	Montilla Morgane	18m38	2012
14	Guisse Saliyya	16m90	2011

TC Marteau (4 kg)

1	Sustelo Irina	56m30	2001
2	Boumkwo Jolien	55m39	2018
3	Pheulpin Anne	41m67	2022
4	Ramos Daphne	40m46	1993
5	Reynaerts Stephanie	34m28	2012
0	Ramos Daphne	33m70	1992
6	De Buyst Nadia	29m90	1996
7	Adam Benedicte	27m95	2016
8	Colle Magali	27m69	2011
9	Guisse Shaena	27m55	2013
10	De Meyer Laurence	26m03	2004
11	Adank Olivia	23m77	2002

RESC TOP 20 OUTDOOR DAMES

12	Mouzon Emmanuelle	22m71	2014
13	De Buyst Nadia	16m82	1991
13	Milant Marilyn	12m85	2014
14	Guisse Saliyya	12m29	2014

TC Grand poids (9,08 kg)

1	Reynaerts Stephanie	9m51	2018
2	Adam Benedicte	8m80	2015

TC Pentathlon de lancers

1	Reynaerts Stephanie	2498 p	2022
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TC Pentathlon

1	De Vrye Corine	3220 p	1980
2	Michel Martine	2995 p	1969
3	Vandendael Alice	2823 p	1975
4	Vandendael Marie Jeanne	2766 p	1973
5	Bogaerts Chantal	2152 p	1981

TC Heptathlon > avant 1999

1	Glowacki Anne	4949 p	1985
2	Hautenaue Jacqueline	4894 p	1985
3	Van Collie Heidi	4769 p	1991
4	De Vrye Corine	4651 p	1983
5	Jaime Suzanne	3998 p	1988
6	Quicke Evelyne	3642 p	1981
7	Cloetens Sabine	3050 p	1986

TC Heptathlon

1	Hostyn Priscilla	4804 p	2012
2	Guillet Laurence	4418 p	2005
3	Archambeau Aline	4194 p	2012
4	Guisa Saliyya	3511 p	2017
5	Van Rossem Nicky	3405 p	2011
6	Cardenas Ojito Janet	3291 p	2012
7	Reynaerts Stephanie	2937 p	2003
	Brion Sophie	2937 p	2008
9	Luypaert Naomy	2750 p	2015
10	Cok Evelyn	2692 p	2016
11	Cawet Daphne	2666 p	2003

TC Decathlon

1	Guillet Laurence	5847 p	2009
2	Mouzon Emmanuelle	4863 p	2009
3	Brion Sophie	3563 p	2008
4	Reynaerts Stephanie	3218 p	2011
5	Guisse Shaena	2887 p	2015
6	Lilien Anouk	2849 p	2006
7	Silberfeld Sophie	2433 p	2011

TC 1000 m marche

1	Iven Kayla	6.20.58	2013
2	Gerard Zoe	6.50.97	2022
3	Delbecque Laure	6.53.70	1991
4	Schroeven Camille	6.55.37	2022
5	Strypstein Maeva	7.02.31	2022
6	Gilson Aurore	7.44.30	1991

TC 2000 m marche

1	Kersten Michele	14.07.50	1979
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TC 3000 m marche

1	El Ouahmi Sirine	20.08.91	2016
2	Cuvelier Maela	21.19.14	2016
3	Kersten Michele	22.06.90	1980
4	Merino Noelia	22.14.38	2015
5	Biese Helena	24.09.94	2018
6	Boulaich Kawtar	24.32.64	2018

TC 5000 m marche

1	Delbecque Maud	36.30.10	1996
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TC 4 x 60 m

1	?	35.70	1984
2	Wittevrongel, M'Rabet, Muyls, Carpentier	35.84	1982
3	Cacciatore, Ibanez, Frenay, Smith	35.92	1986
4	La Rou, Urbain, Van Beckhoven, Godefroid	36.10	1989
5	?	36.22	1968
6	Girasa, Kohl, De Buyst, M'Rabet	37.12	1983
7	Ghayati N, Brouwers, Godefroid, Urbain	37.34	1990
8	La Rou, Delbecque, Delannoy, Godefroid	37.42	1988
9	Frenay, Vandermeulen, Verhaegen, Debaille	38.02	1985
10	Houben, Lefevre, Bastin, Nollet	38.32	1967
11	Kelecom, Muyls, Van Collie, Van Belleghem	38.44	1980
12	M'Rabet, M'Rabet, Van Osselt, Muyls	38.92	1981
13	Mokassa, Delbecque, Gilson, Karemera	39.24	1991
14	Ruiz Tello, Gilson, François, Vanderhaeghen	43.92	1992

TC 4 x 80 m

1	?	42.62	1970
2	Massart, Ramos, Frenay, Smith	42.87	1988
3	Stevens, Bortels, Servaes, Vandendael	43.22	1967
4	?	43.62	1966
5	?	43.64	1984
6	?	43.82	1968
7	Antoine, Duysens, De Buyst, Kohl	44.54	1986
8	M'Rabet, De Buyst, Kohl, Callebaut	44.62	1985
9	?	44.72	1983
10	Troisfontaine, Ibanez, Dewavre, Clermont	44.78	1989
11	Uytterhaegen, Kelecom, Van Collie, Malfait	44.92	1982
12	Debaille, Brouwers, Frenay, Smith	44.94	1987
13	Schoos, Reylandt, Urbain, Gilbert	45.02	1991
14	Sacre, Guillet, Bonvin Draps, Mokassa	45.20	1992
15	Hoolans, Lefevre, De Wandeleer, Nollet	45.62	1969
16	?	46.12	1973
17	Meyskens, Timmermans, De Rijcke, Henderickx	46.52	1974
18	?	46.72	1971
19	Lebois, Byl, Van Belleghem, Van Collie	46.82	1981
20	Vandendael, Depaepe, Van De Voorde, Gyselinck	46.92	1965

TC 4 x 100 m

1	?	46.60	2017
2	Muyls, Vandendriessche, Naples, De Vrye	47.61	1984
3	Muysl, Naples, De Vrye, Vandendriessche	47.69	1983
4	Muyls, Vandendriessche, Naples, De Vrye	48.72	1982
5	Kalonji, Van Collie, Clermont, Kohl	49.31	1991
6	Muyls, Naples, De Coster, Vandendriessche	49.65	1981
7	Van Laethem, De Vrye, Muyls, Kohl	49.82	1990
8	Carpentier, De Vrye, Kohl, Kalonji	50.03	1992
9	Van Den Hoeck, Van Eerdewegh, Bogaerts, De Vrye	50.12	1979
	Glowacki, Vandendriessche, Naples, De Vrye	50.12	1986
	Muyls, Carpentier, Malfait, De Vrye	50.12	1989
12	Muyls, De Vrye, Bogaerts, Langenscheid	50.13	1980
13	?	50.32	1985
14	Bounameaux, Henderickx, De Wandeleer, Vandendael	50.62	1973
	?	50.62	1974
16	Vandendael M, Vandendael A, Vidts, Rochette	50.72	1971
17	Van Den Hoeck, Daems, Van Eerdewegh, De Vrye	50.72	1978
18	Vandendael M, Rochette, Vidts, Van Eerdewegh	50.92	1972
19	Muyls, Carpentier, Gaeremynck, De Vrye	51.02	1988
20	Muyls, Gaeremynck, Malfait, De Vrye	51.30	1987

TC 4 x 200 m

1	?	1.39.68	2016
2	Daems, Vandendriessche, Naples, De Vrye	1.40.73	1984
3	De Coster, Naples, De Vrye, Vandendriessche	1.43.30	1982
4	Langenscheid, Daems, Goessens, De Vrye	1.44.10	1980
5	Van Den Hoeck, Bogaerts, De Vrye, Van Eerdewegh	1.46.00	1979
6	Van Den Hoeck, Daems, Van Eerdewegh, De Vrye	1.47.90	1978
7	Vandendael, Meersseman, Vidts, Rochette	1.48.00	1971
8	Vandendael M, Rochette, Meersseman, Van Eerdewegh	1.49.50	1972

RESC TOP 20 OUTDOOR DAMES

9	Langenscheid, Bogaerts, Daems, De Vrye	1.50.82	1981
10	?	1.51.00	1974
11	?	1.55.10	1991
12	Schraff, Duysens, De Buyst, Kohl	2.01.50	1986
13	Delfosse P, M'Rabet, De Buyst, Kohl	2.02.40	1985

TC 4 x 400 m

1	?	3.48.08	2018
2	Vandendriessche, Collard, De Vrye, Daems	3.54.68	1985
3	Van Collie, Collard, Collard, Malfait	3.59.50	1987
4	?	4.00.30	1983
5	Abid, Collard, Malfait, De Vrye	4.05.10	1989
6	Boes, Watticant, Meersseman, Daems	4.05.40	1979
7	Boes, Daems, Steels, Meersseman	4.05.80	1980
8	Cauwelier, Henderickx, Arnauts, Meersseman	4.08.50	1974
9	Abid, Collard, Collard, Malfait	4.08.70	1988
10	?	4.08.82	1992
11	Watticant, Cauwelier, Van Eerdewegh, Meersseman	4.10.20	1977
12	Watticant, De Rijcke, Vervliet, Meersseman	4.10.30	1976
13	?	4.10.60	1984
14	Tilmans, Collard, Collard, Delauw	4.10.91	1986
15	Kalonji, Kohl, De Buyst, Van Collie	4.11.50	1991
16	Watticant, De Wachter, Van Haver, Daems	4.12.70	1981
17	Maron, Winkelmanns, Boeren, Mortier	4.14.80	1973
18	?	4.17.30	1978
19	Watticant, Winkelmanns, Boeren, Meersseman	4.20.20	1975
20	Muysl, Cornez, De Valck, Daems	4.21.62	1982

TC 3 x 800 m

1	Dries, Werck, Bex	9.11.60	1969
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TC 4 x 800 m

1	Dewachter, Steels, Mortier, Collard	9.14.89	1982
2	Collard F, Daems, Mortier, Collard V	9.20.83	1983
3	Collard F, Daems, Beckers, Collard V	9.25.13	1984
4	Van Haver, Mortier, De Wachter, Steels	9.36.99	1981
5	Daems, Van Audenhove, Watticant, Steels	9.52.00	1980
6	Arnauts, De Rijcke, Boeren, Meersseman	9.57.00	1975
7	Wauters, Demol, Winkelmanns, Meersseman	9.57.70	1974
8	Winkelmanns, Arnauts, Debuel, Meersseman	10.07.20	1976
9	Frenay, Smith, Vandenmuysenberg, Potvlieghe	10.24.44	1992
10	Werck, Dries, De Mol, Vandendael	11.43.80	1970
11	Denti, Houba, Ligocki, Cornez	12.57.60	1979

MASTERS DAMES 35

MAS 35 - 100 m

1	Rousseau Marie Claire	14.74	1978
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MAS 35 - 400 m

1	Rousseau Marie Claire	65.52	1978
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MAS 35 - 800 m

1	Steels Mimi	2.14.21	1982
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MAS 35 - 1000 m

1	Steels Mimi	2.55.49	1981
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MAS 35 - 1500 m

1	Steels Mimi	4.36.30	1981
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MAS 35 - 3000 m

1	Steels Mimi	9.29.60	1982
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MAS 35 - 5000 m

1	Steels Mimi	16.48.60	1981
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MASTERS DAMES 40

MASTERS DAMES 45

MASTERS DAMES 50

MASTERS DAMES 55

MASTERS DAMES 60

MASTERS DAMES 65