

## RESC TOP 20 INDOOR

### BENJAMINS GARÇONS – U10

#### BEN 40 m

1	Ben Ahmed Yanis	7.01	2019
2	Arifi Rayane	7.04	2016
3	Poortman Matheo	7.16	2016
4	Vrebos Stephane	7.24	1992
5	Chekem Amon Re	7.26	2019
6	Huyghe Gauthier	7.37	2016
7	Montilla Alexis	7.42	2011
8	Arifi Reda	7.46	2014
9	Meguellati Younes	7.57	2016
10	Theys Norick	7.67	2014
11	Huybrechts Xavier	7.74	1994
	Kehl Nicolas	7.74	2019
13	Boot Nathan	7.83	2009
14	Van Elsuwe Alexis	8.04	2013
15	Dakir Anis	8.05	2014

#### BEN 50 m

1	Guarneri Renato	9.34	1994
2	Foucart Adrien	9.64	1996
3	Huybrechts Xavier	9.84	1993

#### BEN 60 m

1	Montilla Dimitri	9.56	2006
2	Kompany Vincent	9.63	1995
3	Elsen Daan	9.70	2003
4	Ouattara Reda	9.73	2017
5	Potemans Anton	9.84	2005
6	Ben Ahmed Yanis	9.85	2019
7	Cuypers Florian	9.86	2012
	Kubiak Joachim	9.86	2018
9	Poortman Matheo	9.88	2016
10	Stodolski Michael	9.90	2009
11	Guellet Elijah	9.99	2019
12	Arifi Rayane	10.03	2016
13	Matassi Lucas	10.04	2016
14	Ouattara Noham	10.05	2019
15	Honore Geoffrey	10.14	1998

#### BEN 600 m

1	Obrijanu Vadim	2.21.01	2022
2	Draoui Amine	2.23.75	2022
3	Mievis Axel	2.35.53	2022
4	De Heug Elliot	2.39.56	2022
5	Cioaca Mario Louis	2.49.43	2022

#### BEN 1000 m

1	Kompany Vincent	3.38.74	1995
2	Montilla Dimitri	3.39.69	2006
3	Potemans Anton	3.45.39	2005
4	Honore Mallory	4.12.91	2003
5	De Ruyver Julien	4.14.29	1995
6	Nicodeme Romain	4.16.64	2003
7	Van De Sype Vincent	4.17.45	2002
8	Decoster Alexis	4.18.33	2003
9	Gonzalez Nicolas	4.25.73	2006
10	Croiselet Nicolas	4.44.88	1995
11	Van De Sype Arnaud	4.59.29	2003

#### BEN Hauteur

1	Xhonneux Frederic	1m16	1992
	Van De Sype Vincent	1m16	2002
3	Montilla Dimitri	1m10	2007
4	Vrebos Stephane	1m07	1992
5	Potemans Anton	1m05	2005
	Montilla Alexis	1m05	2011
	Cuypers Florian	1m05	2012
	Theys Norick	1m05	2015
9	Hasselmans Jérôme	1m01	1997
10	Elsen Daan	1m00	2003
	Nicodeme Romain	1m00	2004

	Beyaert Corentin	1m00	2011
	Huyghe Gauthier	1m00	2016
14	Guarneri Salvatore	0m98	1993
	Hautot Quentin	0m98	1998

#### BEN Longueur

1	Elsen Daan	3m67	2003
2	Montilla Dimitri	3m57	2007
3	Potemans Anton	3m46	2005
4	Hautot Quentin	3m40	1998
	Stodolski Michael	3m40	2009
6	Gerard Benjamin	3m34	1997
7	Ben Ahmed Yanis	3m33	2019
8	Cuypers Florian	3m32	2012
9	Nicodeme Romain	3m26	2004
10	Honore Geoffrey	3m24	1998
11	Montilla Alexis	3m14	2011
12	Baiwir Julien	3m12	1998
	Ouattara Noham	3m12	2019
14	Van De Sype Vincent	3m11	2002
	Kropek Nicolas	3m09	1999

#### BEN Poids (1 kg)

1	Elsen Daan	9m08	2003
2	Xhonneux Frederic	8m60	1992
3	Arifi Rayane	8m38	2017
4	Van De Sype Vincent	8m33	2002
5	Baiwir Julien	8m19	1998
6	Montilla Alexis	8m05	2011
7	Cigri Ephrem	8m00	2014
8	Taieb Rayan	7m99	2012
9	Vrebos Stephane	7m95	1992
	Cuypers Florian	7m95	2012
11	Potemans Anton	7m93	2005
12	Wavreil Cedric	7m77	2000
13	Guarneri Renato	7m64	1996
14	Gerard Valery	7m64	2000
15	Beyaert Corentin	7m60	2011

#### BEN Triathlon

1	Montilla Alexis	570 p	2010
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#### BEN Tetrathlon

1	Cuypers Florian	1172 p	2012
2	Beyaert Corentin	1070 p	2011
3	Montilla Alexis	955 p	2011
4	Huyghe Gauthier	904 p	2016
5	Van De Sype Arnaud	525 p	2003
6	Theys Norick	400 p	2014

### PUPILLES GARÇONS – U12

#### PUP 40 m

1	Thiry Stephane	6.44	1992
2	Blondiau Fabian	6.64	1992
3	Monsieur Julien	6.73	2018
4	Moral Miguel	6.74	1992
	Naif Jerome	6.74	1994
6	Belghiti Alaoui Ayman	6.81	2016
7	Kubiak Joachim	6.82	2019
8	Guillet Lionel	6.84	1992
	Schepens Cedric	6.84	1992
	Coomans Werner	6.84	1996
11	Boniver Evan	6.85	2014
12	Gonzalez Antoine	6.87	2016
13	Balcaen Oscar	6.93	2019
14	Thys Alain	6.94	1992
	Haymans Thomas	6.94	1996
	Boukria Jawad	6.94	2016
17	Ben Ahmed Yanis	7.01	2019
18	Arifi Rayane	7.04	2016
19	Poortman Matheo	7.16	2016
20	Vrebos Stephane	7.24	1992

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### PUP 50 m

1	Naif Jerome	8.04	1993
2	Xhonneux Frederic	8.24	1993
3	Degives Jean Baptiste	8.54	1993
4	Van De Zande Chris	8.64	1993
5	Huybrechts Xavier	8.84	1996
6	De Ruyver Julien	9.24	1996
7	Guarneri Renato	9.34	1994
8	Foucart Adrien	9.64	1996
9	Franco Marc	9.74	1996

### PUP 60 m

1	Ouattara Reda	8.70	2019
2	Montilla Dimitri	8.79	2009
3	Medan Marko	8.81	2014
4	Kubiak Joachim	8.88	2020
5	Coomans Werner	8.92	1997
6	Baiwir Julien	9.04	1999
7	Elsen Daan	9.07	2005
8	Serfiotis Nicolas	9.08	2001
9	Winderickx Ingmar	9.11	2002
10	Hoorens Christopher	9.17	2007
11	Frenay Kevin	9.19	2006
12	De Decker Mathieu	9.20	1998
	Stodolski Michael	9.20	2010
14	Demagnet Lounis	9.22	2014
15	Soudon Jules	9.25	2019
16	Kompany Vincent	9.63	1995
17	Potemans Anton	9.84	2005
18	Ben Ahmed Yanis	9.85	2019
19	Cuypers Florian	9.86	2012
20	Poortman Matheo	9.88	2016

### PUP 600 m

1	Obrijanu Vadim	2.21.01	2022
2	Draoui Amine	2.23.75	2022
3	Mievis Axel	2.35.53	2022
4	De Heug Elliot	2.39.56	2022
5	Cioaca Mario Louis	2.49.43	2022

### PUP 1000 m

1	Montilla Dimitri	3.18.11	2009
2	Winderickx Ingmar	3.26.17	2002
3	Nicodeme Romain	3.31.19	2006
4	Montilla Alexis	3.32.60	2012
5	Srifi Kanfaoui Reda	3.33.08	2012
6	Nicodeme Thibault	3.33.33	2003
7	Pholien Lionel	3.33.45	2002
8	Elsen Daan	3.33.73	2005
9	Dewitte Sebastien	3.34.63	1996
10	Kamara Sanael	3.35.24	2015
11	Taghret Badr	3.37.51	2014
12	Maertens Christophe	3.37.63	1999
13	Potemans Anton	3.38.20	2006
14	Housiaux Julien	3.38.61	2022
15	Kompany Vincent	3.38.74	1995
16	Honore Mallory	4.12.91	2003
17	De Ruyver Julien	4.14.29	1995
18	Van De Sype Vincent	4.17.45	2002
19	Decoster Alexis	4.18.33	2003
20	Gonzalez Nicolas	4.25.73	2006

### PUP 40 m haies (76 cm)

1	Taieb Rayane	10.18	2013
2	Kubiak Joachim	11.01	2019

### PUP 60 m haies (76 cm)

1	Montilla Dimitri	10.33	2008
2	Elsen Daan	11.24	2005
3	Potemans Anton	11.94	2007
4	Srifi Kanfaoui Reda	12.34	2012
5	Baiwir Julien	12.44	2000

6	Beyaert Corentin	12.48	2012
7	Hoorens Anthony	12.58	2008
8	Gonzalez Antoine	12.64	2017
9	Nicodeme Romain	12.70	2006
10	Diallo Oumar	12.72	2005
11	Verburgt Tom	12.76	2007
12	Delatte Lionel	12.81	2006
13	Boniver Evan	12.86	2014
14	Maertens Christophe	12.92	1999
15	Englebert Timothee	12.94	2015
	Camps Sebastien	12.94	2017

### PUP Hauteur

1	Montilla Dimitri	1m44	2008
2	Elsen Daan	1m37	2005
3	Mertens Tom	1m30	1997
	Hoorens Anthony	1m30	2008
	Englebert Timothee	1m30	2015
6	Clais Marc	1m29	1992
7	Thiry Stephane	1m26	1992
	Xhonneux Frederic	1m26	1993
9	Baiwir Julien	1m25	2000
	Mahoungou Gregory	1m25	1995
	Van De Sype Vincent	1m25	2003
	Potemans Anton	1m25	2007
13	Haymans Thomas	1m23	1996
	Nicodeme Romain	1m23	2006
15	Van De Sype Arnaud	1m20	2005
	Frenay Kevin	1m20	2006
	Petitjean Nicolas	1m20	2010
	Badji Toumane	1m20	2012
	Montilla Alexis	1m20	2013
	Medan Marko	1m20	2014
	Monsieur Julien	1m20	2018

### PUP Longueur

1	Montilla Dimitri	4m33	2009
2	Elsen Daan	4m18	2005
3	Diallo Oumar	4m08	2005
	Medan Marko	4m08	2014
5	Winderickx Ingmar	3m96	2002
6	Potemans Anton	3m92	2007
7	Delatte Lionel	3m90	2006
8	Nicodeme Romain	3m87	2006
9	Verburgt Tom	3m86	2007
10	Baiwir Julien	3m85	2000
11	De Gendt Lucien	3m73	2018
12	Monsieur Julien	3m69	2018
13	Serfiotis Nicolas	3m65	2001
14	Hoorens Anthony	3m64	2008
15	Stodolski Michael	3m62	2010
16	Hautot Quentin	3m40	1998
17	Gerard Benjamin	3m34	1997
18	Ben Ahmed Yanis	3m33	2019
19	Cuypers Florian	3m32	2012
20	Honore Geoffrey	3m24	1998

### PUP Poids (1 kg)

1	Elsen Daan	9m08	2003
2	Xhonneux Frederic	8m60	1992
3	Arifi Rayane	8m38	2017
4	Van De Sype Vincent	8m33	2002
5	Baiwir Julien	8m19	1998
6	Montilla Alexis	8m05	2011
7	Cigri Ephrem	8m00	2014
8	Taieb Rayan	7m99	2012
9	Vrebos Stephane	7m95	1992
	Cuypers Florian	7m95	2012
11	Potemans Anton	7m93	2005
12	Wavreil Cedric	7m77	2000
13	Guarneri Renato	7m64	1996
14	Gerard Valery	7m64	2000
15	Beyaert Corentin	7m60	2011

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### PUP Poids (2 kg)

1	Montilla Dimitri	10m01	2009
2	Baiwir Julien	9m75	2000
3	Elsen Daan	9m47	2005
4	Diallo Oumar	9m39	2005
5	Mertens Tom	8m91	1997
6	Guarneri Salvatore	8m79	1995
7	Potemans Anton	8m75	2007
8	Englebert Timothee	8m67	2015
9	Guarneri Renato	8m60	1997
10	Xhonneux Frederic	8m58	1993
11	Monsieur Julien	8m38	2018
12	Gerard Benjamin	8m36	1999
13	Nicodeme Romain	8m18	2006
14	Arifi Rayane	8m16	2019
15	Montilla Alexis	8m12	2013

### PUP Triathlon

1	Haymans Thomas	1250 p	1996
2	Coomans Werner	1155 p	1996
3	Mertens Tom	1055 p	1996
4	Verstraeten Cedric	1019 p	1996
5	Browaays David	905 p	1996
6	Franco Marc	768 p	1996
7	Deprez Jerome	742 p	1996
8	Taieb Rayane	564 p	2013

### PUP Tetrathlon

1	Montilla Dimitri	1683 p	2008
2	Potemans Anton	1637 p	2007
3	Nicodeme Romain	1626 p	2006
4	Delatte Lionel	1472 p	2006
5	Van De Sype Arnaud	1311 p	2005
6	Montilla Alexis	1287 p	2013
7	Denys Gregory	1112 p	2004
8	Van De Sype Vincent	1062 p	2003
9	Teklal Liam	602 p	2011

### MINIMES GARÇONS – U14

#### MIN 40 m

1	Mbuyi Tshinyongolo Tresor	6.12	2019
2	Ben Mohamed Younes	6.34	1994
	Moral Miguel	6.34	1994
	Thiry Stephane	6.34	1994
5	Englebert Timothee	6.37	2016
6	Delatte Lionel	6.41	2008
7	Nicodeme Romain	6.42	2008
8	Delay Benoit	6.44	1992
	Van Cutsem Chris	6.44	1992
	Schepens Cedric	6.44	1994
	Vervloet Gregory	6.44	1996
12	Demagnet Lounis	6.45	2015
13	Guilmain Benoit	6.54	1992
	Guillet Lionel	6.54	1994
	Naif Jerome	6.54	1996
16	Blondiau Fabian	6.64	1992
17	Monsieur Julien	6.73	2018
18	Belghiti Alaoui Ayman	6.81	2016
19	Kubiak Joachim	6.82	2019
20	Guillet Lionel	6.84	1992
	Coomans Werner	6.84	1996

#### MIN 50 m

1	Vervloet Gregory	7.64	1996
2	Schepens Cedric	7.74	1993
	Naif Jerome	7.74	1996
4	Xhonneux Frederic	7.84	1996
5	Guillet Lionel	8.04	1993
	Cawet Cedric	8.04	1996
7	Kill Michel	8.24	1996
8	Foucart François	8.44	1993
9	Degives Jean Baptiste	8.54	1993

10	Van De Zande Chris	8.64	1993
11	Huybrechts Xavier	8.84	1996
12	Moya Julien	8.74	1993
13	Guarneri Salvatore	8.74	1996
14	Van Oudenhoven Karl	9.14	1993
15	De Ruyver Julien	9.24	1996
16	Guarneri Renato	9.34	1994
17	Franco Marc	9.74	1996

#### MIN 60 m

1	Diallo Oumar	7.88	2007
2	Taiwo Eniola	8.06	2012
3	Sergeef Martin	8.09	2011
4	Paulus Gary	8.20	2005
5	Okeowo Peredjo	8.27	2012
6	Montilla Dimitri	8.31	2010
7	Englebert Timothee	8.32	2017
8	Dogan Mervan	8.41	2003
9	Medan Marko	8.42	2015
10	Mbuyi Tshinyongolo Tresor	8.43	2019
11	Diallo Mamadou	8.49	2001
	Stodolski Michael	8.49	2013
13	Mertens Raphael	8.51	2020
14	Guellet Shadi	8.52	2020
	Quattara Reda	8.52	2020
16	Kubiak Joachim	8.88	2020
17	Coomans Werner	8.92	1997
18	Baiwir Julien	9.04	1999
19	Elsen Daan	9.07	2005
20	Serfiotis Nicolas	9.08	2001

#### MIN 150 m

1	Sergeef Martin	19.59	2011
2	Diallo Oumar	19.71	2007
3	Montilla Dimitri	19.94	2011
4	Taiwo Eniola	19.99	2012
5	Paulus Gary	20.08	2005
6	Englebert Timothee	20.23	2017
7	Lebailly Kevin	20.32	2005
8	Diallo Mamadou	20.46	2001
	Okeowo Peredjo	20.46	2012
10	Medan Marko	20.67	2015
11	Dogan Mervan	20.76	2003
12	Lins Sebastien	20.87	2005
13	Sonon Lionel	20.92	2000
14	Vandenhoeke Arthur	20.99	2009
15	Guellet Shadi	21.38	2019

#### MIN 600 m

1	Obrijanu Vadim	2.21.01	2022
2	Draoui Amine	2.23.75	2022
3	Mievis Axel	2.35.53	2022
4	De Heug Elliot	2.39.56	2022
5	Cioaca Mario Louis	2.49.43	2022

#### MIN 1000 m

1	Honore Geoffrey	3.07.08	2003
2	Montilla Dimitri	3.07.79	2011
3	Demeester Thys	3.12.37	2002
4	Kebdani Samir	3.14.94	2001
5	Crevecoeur Ambroise	3.15.75	1999
6	Bontemps Richard	3.15.86	1999
7	Sonon Lionel	3.16.95	2000
8	Dewitte Sebastien	3.18.40	1998
	Haymans Thomas	3.18.40	1998
10	Foucart François	3.19.25	1995
11	Lins Sebastien	3.22.37	2005
12	Guellet Shadi	3.22.53	2019
13	Nicodeme Romain	3.26.09	2008
14	Winderickx Ingmar	3.26.17	2002
15	Beyaert Corentin	3.26.23	2014
16	Montilla Alexis	3.32.60	2012
17	Srifi Kanfaoui Reda	3.33.08	2012

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18	Nicodeme Thibault	3.33.33	2003
19	Pholien Lionel	3.33.45	2002
20	Elsen Daan	3.33.73	2005

### MIN 40 m haies (76 cm)

1	Taieb Rayane	10.18	2013
2	Kubiak Joachim	11.01	2019

### MIN 40 m haies (84 cm)

1	Demanet Lounis	7.38	2016
2	Xhonneux Frederic	7.54	1996
3	Naif Jerome	8.04	1996
4	Mbuyi Tshinyongolo Tresor	8.09	2019
5	Thiry Stephane	8.14	1994
6	De Tollenaere Tom	8.23	2016
7	Cawet Cedric	8.24	1996
8	Moral Miguel	8.44	1994
	Vervloet Gregory	8.44	1996
10	Guillet Lionel	8.64	1994
11	Clais Marc	8.74	1994
12	Ben Mohamed Younes	8.84	1994
13	Guarneri Salvatore	8.94	1996
14	Vaessen Fabien	8.94	1996
15	Blondiau Fabian	9.04	1994

### MIN 60 m haies (76 cm)

1	Mertens Raphael	10.20	2020
2	Montilla Dimitri	10.33	2008
3	Elsen Daan	11.24	2005
4	Kubiak Joachim	11.34	2022
5	Potemans Anton	11.94	2007
6	Srifi Kanfaoui Reda	12.34	2012
7	Baiwir Julien	12.44	2000
8	Beyaert Corentin	12.48	2012
9	Hoorens Anthony	12.58	2008
10	Gonzalez Antoine	12.64	2017
11	Nicodeme Romain	12.70	2006
12	Diallo Oumar	12.72	2005
13	Verburgt Tom	12.76	2007
14	Delatte Lionel	12.81	2006
15	Boniver Evan	12.86	2014
16	Maertens Christophe	12.92	1999
17	Englebert Timothee	12.94	2015
	Camps Sebastien	12.94	2017

### MIN 60 m haies (84 cm)

1	Montilla Dimitri	9.68	2011
2	Diallo Oumar	9.99	2007
3	Okeowo Peredjo	10.40	2012
4	Potemans Anton	10.68	2009
5	Nicodeme Romain	10.96	2008
6	Lebailly Kevin	10.98	2005
7	Demanet Lounis	11.13	2016
8	Englebert Timothee	11.14	2017
9	De Wilde Julien	11.21	1999
10	Coomans Werner	11.24	1999
11	Nees Ghislain	11.31	2006
12	Lins Sebastien	11.32	2005
13	Taiwo Eniola	11.34	2012
14	Elsen Daan	11.35	2006
15	Nicodeme Thibault	11.32	2005

### MIN Hauteur

1	Montilla Dimitri	1m62	2011
2	Englebert Timothee	1m60	2017
3	Delay Benoit	1m54	1992
4	Diallo Oumar	1m51	2007
5	Clais Marc	1m50	1994
6	Cawet Cedric	1m45	1996
	Englebert Timothee	1m45	2016
8	Dogan Mervan	1m44	2003
9	Schepens Patrick	1m43	1988
	Nicodeme Romain	1m43	2008

11	Xhonneux Frederic	1m42	1996
	De Wilde Julien	1m42	1999
	Van De Sype Vincent	1m42	2006
14	Nicodeme Thibault	1m40	2005
	Potemans Anton	1m40	2009
16	Elsen Daan	1m37	2005
17	Capper Patrick	1m35	1990
	Vanderhaeghen Olivier	1m35	1990
19	Mertens Tom	1m30	1997
	Hoorens Anthony	1m30	2008

### MIN Longueur

1	Montilla Dimitri	5m14	2011
2	Nicodeme Romain	4m86	2008
3	Diallo Oumar	4m61	2007
4	De Wilde Julien	4m50	1999
	Nees Ghislain	4m50	2006
6	Coomans Werner	4m47	1999
7	Baiwir Julien	4m37	2002
	Diallo Mamadou	4m37	2001
9	Lebailly Kevin	4m32	2005
10	Potemans Anton	4m31	2009
11	Medan Marko	4m28	2015
12	Caluwe Arnaud	4m27	2004
13	Paulus Gary	4m26	2005
14	Guellet Shadi	4m23	2019
15	Elsen Daan	4m18	2005
16	Winderickx Ingmar	3m96	2002
17	Delatte Lionel	3m90	2006
18	Verburgt Tom	3m86	2007
19	De Gendt Lucien	3m73	2018
20	Monsieur Julien	3m69	2018

### MIN Perche

1	Montilla Dimitri	2m60	2011
2	Verburgt Tom	2m50	2008
3	Elsen Daan	2m40	2006
4	Nicodeme Thibault	2m31	2005
5	Van Zeebroeck Bert	2m30	1995
6	Montilla Alexis	2m21	2015
7	Wavreil Cedric	2m10	2004
8	Beyaert Corentin	2m06	2015
9	Van De Sype Vincent	1m92	2005
10	Hasselmans Jérôme	1m90	2000
	Sleewaegen Jerome	1m90	2014
12	Gabriel Laurent	1m80	2003
	Nicodeme Romain	1m80	2007
	Potemans Anton	1m80	2007
15	Van De Sype Arnaud	1m60	2007

### MIN Poids (1 kg)

1	Elsen Daan	9m08	2003
2	Xhonneux Frederic	8m60	1992
3	Arifi Rayane	8m38	2017
4	Van De Sype Vincent	8m33	2002
5	Baiwir Julien	8m19	1998
6	Montilla Alexis	8m05	2011
7	Cigri Ephrem	8m00	2014
8	Taieb Rayan	7m99	2012
9	Vrebos Stephane	7m95	1992
	Cuyppers Florian	7m95	2012
11	Potemans Anton	7m93	2005
12	Wavreil Cedric	7m77	2000
13	Guarneri Renato	7m64	1996
14	Gerard Valery	7m64	2000
15	Beyaert Corentin	7m60	2011

### MIN Poids (2 kg)

1	Montilla Dimitri	10m01	2009
2	Baiwir Julien	9m75	2000
3	Elsen Daan	9m47	2005
4	Diallo Oumar	9m39	2005
5	Mertens Tom	8m91	1997

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6	Guarneri Salvatore	8m79	1995
7	Potemans Anton	8m75	2007
8	Englebert Timothee	8m67	2015
9	Guarneri Renato	8m60	1997
10	Xhonneux Frederic	8m58	1993
11	Monsieur Julien	8m38	2018
12	Gerard Benjamin	8m36	1999
13	Nicodeme Romain	8m18	2006
14	Arifi Rayane	8m16	2019
15	Montilla Alexis	8m12	2013

### MIN Poids (3 kg)

1	Montilla Dimitri	13m94	2011
2	Diallo Oumar	13m47	2007
3	Nees Ghislain	11m01	2006
4	Englebert Timothee	10m69	2017
5	Guarneri Renato	10m19	1999
6	Chekem Ramses	10m15	2016
7	Gerard Jeremy	9m85	2000
8	Xhonneux Frederic	9m38	1996
9	Diallo Mamadou	9m14	2001
10	Baiwir Julien	9m06	2001
11	Van De Sype Vincent	9m04	2006
12	De Tollenaere Tom	8m97	2016
13	Elsen Daan	8m96	2006
14	Gerard Benjamin	8m93	2000
15	Hendrickx Wim	8m91	1995
16	Van Cutsem Christophe	8m85	1992

### MIN Tetrathlon

1	Xhonneux Frederic	2107 p	1996
2	Naif Jerome	1894 p	1996
3	Cawet Cedric	1835 p	1996
4	Vervloet Gregory	1753 p	1996
5	Vaessen Fabien	1643 p	1996
6	Kill Michel	1619 p	1996
7	Guarneri Salvatore	1575 p	1996
8	Sorel Renaud	1286 p	1996

### MIN Pentathlon

1	Montilla Dimitri	3647 p	2011
2	Diallo Oumar	3114 p	2007
3	Van De Sype Vincent	2172 p	2006
4	Soudon Jules	2154 p	2020
5	Nicodeme Romain	2150 p	2007
6	Van De Sype Arnaud	1975 p	2007
7	Beyaert Corentin	1828 p	2014
8	Denys Gregory	1565 p	2006
9	Theys Nicolas	1469 p	2014
10	Diallo Zakarya	387 p	2011

## CADETS GARÇONS – U16

### CAD 40 m

1	Mbuyi Tshinyongolo Tresor	6.12	2019
2	Ben Mohamed Younes	6.34	1994
	Moral Miguel	6.34	1994
	Thiry Stephane	6.34	1994
5	Englebert Timothee	6.37	2016
6	Delatte Lionel	6.41	2008
7	Nicodeme Romain	6.42	2008
8	Delay Benoit	6.44	1992
	Van Cutsem Chris	6.44	1992
	Schepens Cedric	6.44	1994
	Vervloet Gregory	6.44	1996
12	Demagnet Lounis	6.45	2015
13	Guilmain Benoit	6.54	1992
	Guillet Lionel	6.54	1994
	Naif Jerome	6.54	1996
16	Blondiau Fabian	6.64	1992
17	Monsieur Julien	6.73	2018
18	Belghiti Alaoui Ayman	6.81	2016
19	Kubiak Joachim	6.82	2019

20	Guillet Lionel	6.84	1992
	Coomans Werner	6.84	1996

### CAD 50 m

1	Vervloet Gregory	7.64	1996
2	Schepens Cedric	7.74	1993
	Naif Jerome	7.74	1996
4	Xhonneux Frederic	7.84	1996
5	Guillet Lionel	8.04	1993
	Cawet Cedric	8.04	1996
7	Kill Michel	8.24	1996
8	Foucart François	8.44	1993
9	Degives Jean Baptiste	8.54	1993
10	Van De Zande Chris	8.64	1993
11	Huybrechts Xavier	8.84	1996
12	Moya Julien	8.74	1993
13	Guarneri Salvatore	8.74	1996
14	Van Oudenhoven Karl	9.14	1993
15	De Ruyver Julien	9.24	1996
16	Guarneri Renato	9.34	1994
17	Franco Marc	9.74	1996

### CAD 60 m

1	Taiwo Eniola	7.20	2015
2	Kasmi Amine	7.31	2015
3	Diallo Oumar	7.43	2009
4	Tshitwenu Florian	7.45	2012
5	Leyman David	7.54	2000
6	Mambo Djeke	7.57	1992
7	Dogan Mervan	7.60	2005
	Paulus Gary	7.60	2007
	Nkiere Danfuname Rene	7.60	2014
	Doudouhi Reda	7.60	2017
11	Simon Philippe	7.63	2002
	Okeowo Peredjo	7.63	2013
13	Gruson Augustin	7.65	2019
14	Squiflet Pierre	7.66	1994
	Winderickx Ingmar	7.66	2006
	Medan Marko	7.66	2018
	Sibourg Valentin	7.66	2019
18	Probst Gregor	7.79	1990
19	Lecompte David	7.82	1990
	Gentile Raphael	7.82	1991

### CAD 150 m

1	Sergeef Martin	19.59	2011
2	Diallo Oumar	19.71	2007
3	Montilla Dimitri	19.94	2011
4	Taiwo Eniola	19.99	2012
5	Paulus Gary	20.08	2005
6	Englebert Timothee	20.23	2017
7	Lebailly Kevin	20.32	2005
8	Diallo Mamadou	20.46	2001
	Okeowo Peredjo	20.46	2012
10	Medan Marko	20.67	2015
11	Dogan Mervan	20.76	2003
12	Lins Sebastien	20.87	2005
13	Sonon Lionel	20.92	2000
14	Vandenhoeke Arthur	20.99	2009
15	Guellet Shadi	21.38	2019

### CAD 200 m

1	Kasmi Amine	23.68	2015
2	Mambo Djeke	23.82	1992
3	Diallo Oumar	23.99	2008
4	Tshitwenu Florian	24.23	2012
5	Nkiere Danfuname Rene	24.39	2014
6	Dogan Mervan	24.48	2005
7	Leyman David	24.50	2000
8	Montilla Dimitri	24.59	2012
9	Doudouhi Reda	24.70	2017
10	Moral Miguel	24.77	1996
11	Smeyers Julien	24.83	1998

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12	Biala Kenny	24.88	2020
13	Sergeef Martin	24.90	2013
	Medan Marko	24.90	2018
15	Levacq Corentin	24.91	1996
	Mbuyi Bodika William	24.91	2019
17	Canvat Thibault	25.04	1991
18	Probst Gregor	25.60	1990
19	Thielemans Eric	26.38	1988

### CAD 300 m

1	Nkiere Danfuname Rene	39.29	2014
2	Montilla Dimitri	39.48	2012
3	Biala Kenny	40.16	2020
4	Mbuyi Bodika William	41.16	2018
5	Mbuyi Tshinyongolo Tresor	42.26	2020
6	Sergeef Martin	42.31	2012
7	Tshanga Diumba John Ross	42.36	2022
8	Petitjean Nicolas	42.53	2014
9	Badji Asamti	42.67	2010
0	Lins Sebastien	42.84	2006
11	Okeowo Peredjo	42.88	2012
12	Hanrion Gaspar	43.06	2022
13	Demagnet Lounis	44.06	2018
14	Tabbakh Yassine	44.11	2014
15	Kasmi Amine	44.68	2014

### CAD 400 m

1	Madoughri Sabri	54.61	2016
2	Vandenhoeke Arthur	54.74	2011
3	Lins Sebastien	55.08	2007
4	Montilla Dimitri	55.27	2012
6	Diallo Mamadou	56.88	2003
7	Diallo Oumar	57.33	2008
8	Petitjean Nicolas	58.05	2014
9	Beyaert Corentin	58.42	2016
10	Broothaerts Damien	59.90	1997
11	Gharroudi Soulaymane	59.95	2016
12	Nijs Gaston	60.18	2011
13	Verleyen Jakob	61.67	2022
14	Beerens Gregory	61.74	1993
15	Iazzag Nathan	62.29	2016

### CAD 600 m

1	Obrijanu Vadim	2.21.01	2022
2	Draoui Amine	2.23.75	2022
3	Mievis Axel	2.35.53	2022
4	De Heug Elliot	2.39.56	2022
5	Cioaca Mario Louis	2.49.43	2022

### CAD 800 m

1	Azaoum Najib	2.04.20	2004
2	Levacq Corentin	2.05.26	1996
3	Daif Marwane	2.06.48	2004
4	Bentheim Ronald	2.11.22	1996
5	Madoughri Sabri	2.11.98	2016
6	Echaara Souhail	2.12.00	2011
7	Gharroudi Soulaymane	2.12.13	2016
8	Haymans Thomas	2.13.97	2000
9	Tabbakh Yassine	2.14.20	2015
10	Huppez Jonathan	2.14.27	2003
11	Schroeven Bruno	2.15.17	1995
12	Maingain Francois	2.16.28	2004
13	Beyaert Corentin	2.17.36	2017
14	Tiaz Younes	2.18.11	2001
15	Kebdani Samir	2.18.79	2002

### CAD 1000 m

1	Kebdani Samir	2.52.82	2003
2	Gruson Augustin	2.56.03	2019
3	Arifi Ilias	2.58.40	2019
4	Leyman Jeremy	2.59.86	2002
5	Azaoum Najib	3.00.00	2003
6	Englebert Timothee	3.00.39	2019

7	Winderickx Ingmar	3.00.75	2006
8	Huppez Jonathan	3.02.23	2003
	Montilla Dimitri	3.02.23	2012
10	Lins Sebastien	3.02.70	2007
11	Potemans Anton	3.05.34	2011
12	Honore Geoffrey	3.07.08	2003
13	Leyman David	3.07.41	2000
14	Nicodeme Romain	3.08.06	2010
15	Beyaert Corentin	3.11.21	2016
16	Demeester Thys	3.12.37	2002
17	Crevecoeur Ambroise	3.15.75	1999
18	Bontemps Richard	3.15.86	1999
19	Sonon Lionel	3.16.95	2000
20	Dewitte Sebastien	3.18.40	1998
	Haymans Thomas	3.18.40	1998

### CAD 1500 m

1	Demeester Thys	4.34.54	2004
2	Kebdani Samir	4.37.55	2003
3	Petitjean Simon	4.42.37	2011
4	Errouchi Ayoub	4.43.38	2005
5	Massaad Michael	4.43.72	2006
6	Vaillant Thibaud	4.46.83	2002
7	Bentheim Ronald	4.50.91	1996
8	Schroeven Bruno	4.51.91	1994
9	Lafnachi Reda Mohamed	4.52.56	2017
10	Zaanan Nordin	5.09.21	1993
11	Castellana Bryan	5.22.08	2006
12	Denys Jonathan	5.24.64	2005
13	De Veirman Didier	5.31.48	1994
14	Van Elsuwe Alexis	5.39.53	2018

### CAD 40 m haies (76 cm)

1	Taieb Rayane	10.18	2013
2	Kubiak Joachim	11.01	2019

### CAD 40 m haies (84 cm)

1	Demagnet Lounis	7.38	2016
2	Xhonneux Frederic	7.54	1996
3	Naif Jerome	8.04	1996
4	Mbuyi Tshinyongolo Tresor	8.09	2019
5	Thiry Stephane	8.14	1994
6	De Tollenaere Tom	8.23	2016
7	Cawet Cedric	8.24	1996
8	Moral Miguel	8.44	1994
	Vervloet Gregory	8.44	1996
10	Guillet Lionel	8.64	1994
11	Clais Marc	8.74	1994
12	Ben Mohamed Younes	8.84	1994
13	Guarneri Salvatore	8.94	1996
14	Vaessen Fabien	8.94	1996
15	Blondiau Fabian	9.04	1994

### CAD 60 m haies (76 cm)

1	Mertens Raphael	10.20	2020
2	Montilla Dimitri	10.33	2008
3	Elsen Daan	11.24	2005
4	Kubiak Joachim	11.34	2022
5	Potemans Anton	11.94	2007
6	Srifi Kanfaoui Reda	12.34	2012
7	Baiwir Julien	12.44	2000
8	Beyaert Corentin	12.48	2012
9	Hoorens Anthony	12.58	2008
10	Gonzalez Antoine	12.64	2017
11	Nicodeme Romain	12.70	2006
12	Diallo Oumar	12.72	2005
13	Verburgt Tom	12.76	2007
14	Delatte Lionel	12.81	2006
15	Boniver Evan	12.86	2014
16	Maertens Christophe	12.92	1999
17	Englebert Timothee	12.94	2015
	Camps Sebastien	12.94	2017

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### CAD 60 m haies (84 cm)

1	Montilla Dimitri	9.68	2011
2	Diallo Oumar	9.99	2007
3	Okeowo Peredjo	10.40	2012
4	Potemans Anton	10.68	2009
5	Nicodeme Romain	10.96	2008
6	Lebailly Kevin	10.98	2005
7	Demagnet Lounis	11.13	2016
8	Englebert Timothee	11.14	2017
9	De Wilde Julien	11.21	1999
10	Coomans Werner	11.24	1999
11	Nees Ghislain	11.31	2006
12	Lins Sebastien	11.32	2005
13	Taiwo Eniola	11.34	2012
14	Elsen Daan	11.35	2006
15	Nicodeme Thibault	11.32	2005

### CAD 60 m haies (91 cm)

1	Okeowo Peredjo	8.62	2014
2	Broothaerts Damien	8.79	1998
3	Squiflet Pierre	8.87	1994
4	Mambo Djeke	8.93	1992
5	Diallo Oumar	8.97	2008
6	Montilla Dimitri	9.01	2013
7	Potemans Anton	9.20	2011
8	Leyman David	9.31	2000
9	Hinne Benoit	9.38	1988
10	Arifi Ilias	9.39	2019
11	Demagnet Lounis	9.50	2018
12	Naif Jérôme	9.53	1998
	Xhonneux Frederic	9.53	1998
14	Sibourg Valentin	9.55	2019
15	Lins Sebastien	9.64	2007
16	Vanden Eede Hugues	10.05	1992
17	Schoonjans Patrick	10.54	1992

### CAD Hauteur

1	Vanlancker Rudi	1m81	1986
2	Montilla Dimitri	1m77	2012
	Englebert Timothee	1m77	2019
4	Van Eeckhoudt Nicolas	1m70	1988
5	Vanden Eede Hugues	1m65	1992
6	Beerens Gregory	1m60	1993
	Mangold Dimitri	1m60	1995
	De Wilde Julien	1m60	2001
	Okeowo Peredjo	1m60	2014
10	Castellana Bryan	1m56	2006
	Van De Sype Vincent	1m56	2008
12	Xhonneux Frederic	1m55	1998
	Diallo Mamadou	1m55	2002
	Nicodeme Thibault	1m55	2007
	Potemans Anton	1m55	2011
	Loens Sam	1m55	2012
	Okeowo Peredjo	1m55	2013
	Arifi Ilias	1m55	2019
19	Delay Benoit	1m54	1992
20	Diallo Oumar	1m51	2007

### CAD Longueur

1	Englebert Timothee	6m19	2019
2	Okeowo Peredjo	6m10	2014
3	Gruson Augustin	6m01	2019
4	Winderickx Ingmar	5m92	2006
5	Diallo Oumar	5m85	2009
6	Roefmans Lucas	5m81	2016
7	Montilla Dimitri	5m80	2012
8	Chekem Ramses	5m66	2018
9	Leyman David	5m65	2000
10	Broothaerts Damien	5m61	1998
	Van De Sype Vincent	5m61	2008
	Potemans Anton	5m61	2011
13	Gentile Raphael	5m56	1991
14	Canvat Thibaut	5m54	1991

	Medan Marko	5m54	2018
16	Nicodeme Romain	4m86	2008
17	De Wilde Julien	4m50	1999
	Nees Ghislain	4m50	2006
19	Coomans Werner	4m47	1999
20	Baiwir Julien	4m37	2002
	Diallo Mamadou	4m37	2001

### CAD Triple saut

1	Mambo Djeke	12m66	1992
2	Broothaerts Damien	12m11	1998
3	Diallo Oumar	12m08	2009
4	Hoorens Christopher	11m84	2012
5	Xhonneux Frederic	11m68	1998
6	Smeyers Julien	11m47	1998
7	Chekem Ramses	11m12	2018
8	Loens Sam	11m01	2012
9	Schoonjans Patrick	10m97	1992
10	De Tollenaere Tom	10m73	2018
11	Nkiere Danfuname Rene	10m65	2014
12	Geerts Gregory	10m47	2014
13	Vanderhaeghen Olivier	10m41	1992
14	Cawet Cedric	10m33	1997
15	Naif Jérôme	10m28	1997

### CAD Perche

1	Leyman David	3m36	2000
2	Montilla Dimitri	3m30	2012
3	Thys Alain	3m20	1996
	Loens Sam	3m20	2012
5	Lecompte David	3m00	1990
	Englebert Timothee	3m00	2019
7	Nicodeme Romain	2m82	2010
8	Moens Cyprien	2m81	2015
9	Nicodeme Thibault	2m80	2006
10	Van Elsuwe Alexis	2m65	2019
11	Wavreil Cedric	2m62	2006
12	Vanderhaeghen Olivier	2m60	1992
	Xhonneux Frederic	2m60	1998
	Winderickx Ingmar	2m60	2006
	Beeckman Amaury	2m60	2010
	Potemans Anton	2m60	2011
	Chekem Ramses	2m60	2018
	Arifi Ilias	2m60	2019
19	Verburgt Tom	2m50	2008
20	Elsen Daan	2m40	2006

### CAD Poids (1 kg)

1	Elsen Daan	9m08	2003
2	Xhonneux Frederic	8m60	1992
3	Arifi Rayane	8m38	2017
4	Van De Sype Vincent	8m33	2002
5	Baiwir Julien	8m19	1998
6	Montilla Alexis	8m05	2011
7	Cigri Ephrem	8m00	2014
8	Taieb Rayan	7m99	2012
9	Vrebos Stephane	7m95	1992
	Cuyppers Florian	7m95	2012
11	Potemans Anton	7m93	2005
12	Wavreil Cedric	7m77	2000
13	Guarneri Renato	7m64	1996
14	Gerard Valery	7m64	2000
15	Beyaert Corentin	7m60	2011

### CAD Poids (2 kg)

1	Montilla Dimitri	10m01	2009
2	Baiwir Julien	9m75	2000
3	Elsen Daan	9m47	2005
4	Diallo Oumar	9m39	2005
5	Mertens Tom	8m91	1997
6	Guarneri Salvatore	8m79	1995
7	Potemans Anton	8m75	2007
8	Englebert Timothee	8m67	2015

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9	Guarneri Renato	8m60	1997
10	Xhonneux Frederic	8m58	1993
11	Monsieur Julien	8m38	2018
12	Gerard Benjamin	8m36	1999
13	Nicodeme Romain	8m18	2006
14	Arifi Rayane	8m16	2019
15	Montilla Alexis	8m12	2013

### CAD Poids (3 kg)

1	Montilla Dimitri	13m94	2011
2	Diallo Oumar	13m47	2007
3	Nees Ghislain	11m01	2006
4	Englebert Timothee	10m69	2017
5	Guarneri Renato	10m19	1999
6	Chekem Ramses	10m15	2016
7	Gerard Jeremy	9m85	2000
8	Xhonneux Frederic	9m38	1996
9	Diallo Mamadou	9m14	2001
10	Baiwir Julien	9m06	2001
11	Van De Sype Vincent	9m04	2006
12	De Tollenaere Tom	8m97	2016
13	Elsen Daan	8m96	2006
14	Gerard Benjamin	8m93	2000
15	Hendrickx Wim	8m91	1995
16	Van Cutsem Christophe	8m85	1992

### CAD Poids (4 kg)

1	Diallo Oumar	14m30	2007
2	Diallo Mamadou	13m64	2003
3	Beeckman Amaury	13m04	2010
4	Squiflet Pierre	13m56	1994
5	Englebert Timothee	13m25	2019
6	Xhonneux Frederic	12m07	1998
7	Leyman David	11m97	2000
8	Potemans Anton	11m93	2011
9	Montilla Dimitri	11m77	2012
10	Petitjean Nicolas	11m48	2014
11	De Tollenaere Tom	11m30	2018
12	Gentile Raphael	10m72	1991
13	Oliveira Da Silva Raphael	10m63	2007
14	Okeowo Peredjo	10m60	2013
15	Chekem Ramses	10m55	2018
16	Verschoren Quentin	10m35	1992

### CAD Hexathlon

1	Montilla Dimitri	3374 p	2012
2	Leyman David	3171 p	2000
3	Englebert Timothee	3145 p	2019
4	Potemans Anton	3074 p	2011
5	Okeowo Peredjo	2886 p	2013
6	Xhonneux Frederic	2828 p	1998
7	Loens Sam	2767 p	2012
8	Diallo Oumar	2756 p	2009
9	Winderickx Ingmar	2716 p	2006
10	Gruson Augustin	2639 p	2019
11	Nicodeme Romain	2556 p	2010
12	Lins Sebastien	2491 p	2007
13	Van De Sype Vincent	2469 p	2008
14	Diallo Mamadou	2416 p	2002
15	Arifi Ilias	2167 p	2019

## SCOLAIRES HOMMES – U18

### SCO 40 m

1	Mbuyi Tshinyongolo Tresor	6.12	2019
2	Ben Mohamed Younes	6.34	1994
	Moral Miguel	6.34	1994
	Thiry Stephane	6.34	1994
5	Englebert Timothee	6.37	2016
6	Delatte Lionel	6.41	2008
7	Nicodeme Romain	6.42	2008
8	Delay Benoit	6.44	1992
	Van Cutsem Chris	6.44	1992

	Schepens Cedric	6.44	1994
	Vervloet Gregory	6.44	1996
12	Demagnet Lounis	6.45	2015
13	Guilmain Benoit	6.54	1992
	Guillet Lionel	6.54	1994
	Naif Jerome	6.54	1996
16	Blondiau Fabian	6.64	1992
17	Monsieur Julien	6.73	2018
18	Belghiti Alaoui Ayman	6.81	2016
19	Kubiak Joachim	6.82	2019
20	Guillet Lionel	6.84	1992
	Coomans Werner	6.84	1996

### SCO 50 m

1	Vervloet Gregory	7.64	1996
2	Schepens Cedric	7.74	1993
	Naif Jerome	7.74	1996
4	Xhonneux Frederic	7.84	1996
5	Guillet Lionel	8.04	1993
	Cawet Cedric	8.04	1996
7	Kill Michel	8.24	1996
8	Foucart François	8.44	1993
9	Degives Jean Baptiste	8.54	1993
10	Van De Zande Chris	8.64	1993
11	Huybrechts Xavier	8.84	1996
12	Moya Julien	8.74	1993
13	Guarneri Salvatore	8.74	1996
14	Van Oudenhoven Karl	9.14	1993
15	De Ruyver Julien	9.24	1996
16	Guarneri Renato	9.34	1994
17	Franco Marc	9.74	1996

### SCO 60 m

1	Kasmi Amine	6.99	2017
2	Vanhamme Arno	7.04	2014
3	Diallo Oumar	7.10	2010
4	Broothaerts Damien	7.14	2000
5	Tshitwenu Florian	7.18	2014
6	Mambo Kedjeloba	7.20	1990
	Guellet Yassin	7.20	1991
	Taiwo Eniola	7.20	2015
	Medan Marko	7.20	2020
10	Mambo Djeke	7.23	1994
11	Hermann Gilles	7.34	2005
12	Jokic Kosta	7.36	2014
13	Kabuya Harold	7.37	2009
14	Schepens Cedric	7.39	1999
	Yech Chou Mehdi	7.39	2015
	Okeowo Peredjo	7.39	2016
17	Vanderhaeghen David	7.44	1991
18	Leyman David	7.54	2000
19	Mambo Djeke	7.57	1992
20	Canvat Thibault	7.58	1992
21	Dogan Mervan	7.60	2005
	Paulus Gary	7.60	2007
	Nkiere Danfuname Rene	7.60	2014
	Doudouhi Reda	7.60	2017

### SCO 150 m

1	Sergeef Martin	19.59	2011
2	Diallo Oumar	19.71	2007
3	Montilla Dimitri	19.94	2011
4	Taiwo Eniola	19.99	2012
5	Paulus Gary	20.08	2005
6	Englebert Timothee	20.23	2017
7	Lebailly Kevin	20.32	2005
8	Diallo Mamadou	20.46	2001
	Okeowo Peredjo	20.46	2012
10	Medan Marko	20.67	2015
11	Dogan Mervan	20.76	2003
12	Lins Sebastien	20.87	2005
13	Sonon Lionel	20.92	2000
14	Vandenhoeke Arthur	20.99	2009
15	Guellet Shadi	21.38	2019



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### SCO 200 m

1	Kasmi Amine	22.33	2017
2	Vanhamme Arno	22.53	2014
3	Tshitwenu Florian	22.68	2014
4	Moral Miguel	22.91	1998
5	Medan Marko	23.06	2020
6	Guellet Yassin	23.19	1990
	Broothaerts Damien	23.19	2000
	Ettetuani Adil	23.19	2003
9	Canvat Thibaut	23.21	1992
10	Mambo Djeke	23.26	1993
11	Diallo Saliou	23.36	2002
12	Diallo Oumar	23.37	2011
13	Lins Sebastien	23.38	2009
14	Taiwo Eniola	23.53	2016
15	Nkiere Danfuname Rene	23.55	2016
16	Vanderhaeghen David	23.63	1991
17	Mambo Kedjeloba	23.70	1991
17	Mambo Djeke	23.82	1992
18	Dogan Mervan	24.48	2005
19	Leyman David	24.50	2000
20	Montilla Dimitri	24.59	2012

### SCO 300 m

1	Vanhamme Arno	36.97	2014
2	Tshitwenu Florian	37.34	2014
3	Vandenhoeke Arthur	37.50	2012
4	Nijs Gaston	38.78	2013
5	Mbuyi Bodika William	39.02	2020
6	Nkiere Danfuname Rene	39.29	2014
7	Beyaert Corentin	39.45	2018
8	Montilla Dimitri	39.48	2012
9	Puku Toku Christian	39.55	2012
10	Hendrick Quentin	39.77	2012
11	Biala Kenny	40.16	2020
12	Labruyere Maxime	40.87	2022
13	Sibourg Valentin	40.99	2020
14	Assina Kevin	41.20	2014
15	Sergeef Martin	41.25	2014
16	Mbuyi Tshinyongolo Tresor	42.26	2020
17	Tshanga Diumba John Ross	42.36	2022
18	Petitjean Nicolas	42.53	2014
19	Badji Asanti	42.67	2010
20	Lins Sebastien	42.84	2006

### SCO 400 m

1	Lins Sebastien	51.41	2009
2	Badji Asanti	51.46	2012
3	Vandenhoeke Arthur	51.80	2013
4	Levacq Corentin	51.82	1997
5	Vanderhaeghen David	51.86	1991
6	Guellet Yassin	51.92	1991
7	Nkiere Danfuname Rene	52.03	2016
8	Biala Kenny Felder	52.15	2022
9	Madoughri Sabri	52.24	2018
10	Ettetuani Adil	52.55	2003
11	Beyaert Corentin	53.76	2018
12	Castermane Julien	53.85	2005
13	Nijs Gaston	53.97	2013
14	Van Assche David	54.05	1991
15	De Mars Steven	54.68	1990
16	Montilla Dimitri	55.27	2012
17	Gentile Raphael	55.29	1992
18	Kenaiti Fouad	55.64	1988
19	Huylebroeck Pascal	56.31	1985
20	Diallo Mamadou	56.88	2003

### SCO 600 m

1	Obrijanu Vadim	2.21.01	2022
2	Draoui Amine	2.23.75	2022
3	Mievis Axel	2.35.53	2022
4	De Heug Elliot	2.39.56	2022

5 Cioaca Mario Louis 2.49.43 2022

### SCO 800 m

1	Levacq Corentin	1.56.95	1998
2	Haymans Thomas	1.57.76	2002
3	Benouar Otman	2.00.64	2017
4	De Mars Steven	2.01.14	1990
5	Lelion Achille	2.00.46	2022
6	Aouragh Reda	2.01.26	2022
7	El Yattouti Younes	2.01.75	2003
8	Schroeven Bruno	2.03.88	1997
9	Bentheim Ronald	2.03.89	1998
10	Azaoum Najib	2.04.20	2004
11	Karraz Loqmane	2.04.56	2018
12	Kanfouh Mohamed	2.05.28	2015
13	Petitjean Simon	2.05.52	2012
14	Kebdani Samir	2.05.57	2005
15	Azaoum Rachid	2.06.22	2003
16	Daif Marwane	2.06.48	2004
17	Madoughri Sabri	2.11.98	2016
18	Echaara Souhail	2.12.00	2011
19	Gharroudi Soulaymane	2.12.13	2016
20	Tabbakh Yassine	2.14.20	2015

### SCO 1000 m

1	El Yattouti Younes	2.39.78	2003
2	Tiaz Younes	2.44.47	2003
3	Xhonneux Frederic	2.47.75	2000
4	Azaoum Rachid	2.48.85	2003
5	Kebdani Samir	2.52.82	2003
6	Lins Sebastien	2.52.89	2009
7	Potemans Anton	2.53.59	2013
8	Leyman Jeremy	2.55.98	2003
9	Gruson Augustin	2.56.03	2019
10	Hostyn Laurent-David	2.56.98	2004
11	Arifi Ilias	2.58.40	2019
12	Azaoum Najib	3.00.00	2003
13	Englebert Timothee	3.00.39	2019
14	Winderickx Ingmar	3.00.75	2006
15	Huppez Jonathan	3.02.23	2003
	Montilla Dimitri	3.02.23	2012
17	Honore Geoffrey	3.07.08	2003
18	Leyman David	3.07.41	2000
19	Nicodeme Romain	3.08.06	2010
20	Beyaert Corentin	3.11.21	2016

### SCO 1500 m

1	Aouragh Reda	4.05.28	2022
2	Kebdani Samir	4.10.45	2005
3	Miller Benoit	4.17.91	2004
4	Massaad Michael	4.26.62	2008
5	Demeester Thys	4.27.45	2005
6	Tiaz Younes	4.28.28	2003
7	Leyman Jeremy	4.28.50	2004
8	Willems Dorian	4.35.79	2019
9	Petitjean Simon	4.42.37	2011
10	Errouchi Ayoub	4.43.38	2005
11	Jamli Tarek	4.44.91	2003
12	Lafnachi Reda Mohamed	4.46.11	2018
13	Vaillant Thibaud	4.46.83	2002
14	Bentheim Ronald	4.50.91	1996
15	Schroeven Bruno	4.51.91	1994
16	Zaanan Nordin	5.09.21	1993
17	Castellana Bryan	5.22.08	2006
18	Denys Jonathan	5.24.64	2005
19	De Veirman Didier	5.31.48	1994
20	Van Elsuwe Alexis	5.39.53	2018

### SCO 40 m haies (76 cm)

1	Taieb Rayane	10.18	2013
2	Kubiak Joachim	11.01	2019

### SCO 40 m haies (84 cm)

## RESC TOP 20 INDOOR

1	Demagnet Lounis	7.38	2016
2	Xhonneux Frederic	7.54	1996
3	Naif Jerome	8.04	1996
4	Mbuyi Tshinyongolo Tresor	8.09	2019
5	Thiry Stephane	8.14	1994
6	De Tollenaere Tom	8.23	2016
7	Cawet Cedric	8.24	1996
8	Moral Miguel	8.44	1994
	Vervloet Gregory	8.44	1996
10	Guillet Lionel	8.64	1994
11	Clais Marc	8.74	1994
12	Ben Mohamed Younes	8.84	1994
13	Guarneri Salvatore	8.94	1996
14	Vaessen Fabien	8.94	1996
15	Blondiau Fabian	9.04	1994

### SCO 60 m haies (76 cm)

1	Mertens Raphael	10.20	2020
2	Montilla Dimitri	10.33	2008
3	Elsen Daan	11.24	2005
4	Kubiak Joachim	11.34	2022
5	Potemans Anton	11.94	2007
6	Srifi Kanfaoui Reda	12.34	2012
7	Baiwir Julien	12.44	2000
8	Beyaert Corentin	12.48	2012
9	Hoorens Anthony	12.58	2008
10	Gonzalez Antoine	12.64	2017
11	Nicodeme Romain	12.70	2006
12	Diallo Oumar	12.72	2005
13	Verburgt Tom	12.76	2007
14	Delatte Lionel	12.81	2006
15	Boniver Evan	12.86	2014
16	Maertens Christophe	12.92	1999
17	Englebert Timothee	12.94	2015
	Camps Sebastien	12.94	2017

### SCO 60 m haies (84 cm)

1	Montilla Dimitri	9.68	2011
2	Diallo Oumar	9.99	2007
3	Okeowo Peredjo	10.40	2012
4	Potemans Anton	10.68	2009
5	Nicodeme Romain	10.96	2008
6	Lebailly Kevin	10.98	2005
7	Demagnet Lounis	11.13	2016
8	Englebert Timothee	11.14	2017
9	De Wilde Julien	11.21	1999
10	Coomans Werner	11.24	1999
11	Nees Ghislain	11.31	2006
12	Lins Sebastien	11.32	2005
13	Taiwo Eniola	11.34	2012
14	Elsen Daan	11.35	2006
15	Nicodeme Thibault	11.32	2005

### SCO 60 m haies (91 cm)

1	Broothaerts Damien	7.78	2000
2	Elsen Daan	8.11	2011
3	Van de Velde Frank	8.48	1996
4	Xhonneux Frederic	8.55	2000
5	Potemans Anton	8.60	2013
6	Okeowo Peredjo	8.64	2015
7	Mambo Djeke	8.68	1993
8	Lins Sebastien	8.69	2009
9	Squiflet Pierre	8.71	1995
10	Diallo Oumar	8.82	2011
11	Loens Sam	8.83	2014
12	Mambo Djeke	8.93	1992
13	Montilla Dimitri	9.01	2013
14	Leyman David	9.31	2000
15	Hinne Benoit	9.38	1988
16	Arifi Ilias	9.39	2019
17	Demagnet Lounis	9.50	2018
18	Vanden Eede Hugues	10.05	1992
19	Schoonjans Patrick	10.54	1992

### SCO 60 m haies (99 cm)

1	Vanderhaeghen David	8.53	1991
2	Mambo Kedjeloba	8.62	1990
3	Guillet Yassin	8.75	1990
4	Pinchart Alain	8.84	1990
5	Vanden Berghen Yves	8.94	1990
6	Gentile Raphael	9.43	1992
7	Steppe Tom	10.03	1990
8	Rudman David	10.04	1992

### SCO 60 m haies (106 cm)

1	Vanderhaeghen David	8.94	1991
2	Adorna François	9.87	1985

### SCO Hauteur

1	Vanlancker Rudi	1m99	1988
2	Guillet Yassin	1m95	1991
	Van de Velde Frank	1m95	1996
4	Pinchart Alain	1m90	1990
5	Xhonneux Frederic	1m89	2000
6	Elsen Daan	1m88	2011
7	Hostyn Laurent David	1m80	2004
8	Montilla Dimitri	1m77	2012
9	Englebert Timothee	1m77	2019
10	Beerens Gregory	1m75	1994
	De Wilde Julien	1m75	2003
12	Mertol Denis	1m74	2002
13	Massaad Jean	1m73	2006
14	Englebert Hadrien	1m72	2016
15	Geerts Gregory	1m71	2016
	Roefmans Lucas	1m71	2018
17	Yuma M'Bayo Eric	1m70	1985
	Van Eeckhoudt Nicolas	1m70	1988
	Vanderhaeghen David	1m70	1990
	Steppe Tom	1m70	1991

### SCO Longueur

1	Guillet Yassin	7m18	1991
2	Vanlancker Rudi	7m04	1988
3	Marloye Roland	6m69	1979
4	Diallo Oumar	6m69	2011
5	Vanderhaeghen David	6m63	1990
6	Elsen Daan	6m48	2011
7	Yuma M'Bayo Eric	6m36	1986
8	Gruson Augustin	6m34	2020
9	Gentile Raphaël	6m29	1992
10	Xhonneux Frederic	6m26	2000
11	Roefmans Lucas	6m23	2018
12	Mambo Kedjeloba	6m22	1990
13	Englebert Timothee	6m19	2019
14	Chekem Ramses	6m16	2020
15	Canvat Thibaut	6m12	1992
16	Okeowo Peredjo	6m10	2014
17	Van Haesendonck Didier	6m00	1988
18	Winderickx Ingmar	5m92	2006
19	Montilla Dimitri	5m80	2012
20	Leyman David	5m65	2000

### SCO Triple saut

1	Guillet Yassin	15m04	1991
2	Mambo Djeke	14m88	1994
3	Mambo Kedjeloba	14m81	1991
4	Xhonneux Frederic	14m26	2000
5	Vanderhaeghen David	14m19	1991
6	Yuma M'Bayo Eric	14m08	1986
7	Marloye Roland	13m68	1979
8	Hoorens Christopher	13m42	2014
9	Geerts Gregory	13m18	2016
10	Caluwe Arnaud	12m92	2008
11	Adorna François	12m71	1985
12	Mambo Djeke	12m66	1992
13	Naif Jérôme	12m64	1999
14	Broothaerts Damien	12m11	1998

## RESC TOP 20 INDOOR

15	Diallo Oumar	12m08	2009
16	Naga Djihed	11m89	2005
17	Loens Sam	11m56	2013
18	Chekem Ramses	11m12	2018
19	Smeyers Julien	11m47	1998
20	Schoonjans Patrick	10m97	1992
21	De Tollenaere Tom	10m73	2018

### SCO Perche

1	Rombaut Wesley	4m40	1994
2	Elsen Daan	4m10	2011
3	Sintichiakis Nikolaos	3m90	2000
4	Loens Sam	3m80	2014
5	Xhonneux Frederic	3m60	2000
6	Potemans Anton	3m50	2013
7	Naga Djihed	3m40	2005
8	Leyman David	3m36	2000
9	Montilla Dimitri	3m30	2012
10	Lecompte David	3m25	1991
	Moens Cyprien	3m25	2017
12	Vanderhaeghen David	3m20	1991
	Thys Alain	3m20	1996
14	Montilla Alexis	3m16	2018
15	Van Elsuwe Alexis	3m13	2020
16	Guellet Yassin	3m10	1990
17	Englebert Timothee	3m00	2019
18	Nicodeme Romain	2m82	2010
19	Steppe Tom	2m80	1990
20	Nicodeme Thibault	2m80	2006

### SCO Poids (1 kg)

1	Elsen Daan	9m08	2003
2	Xhonneux Frederic	8m60	1992
3	Arifi Rayane	8m38	2017
4	Van De Sype Vincent	8m33	2002
5	Baiwir Julien	8m19	1998
6	Montilla Alexis	8m05	2011
7	Cigri Ephrem	8m00	2014
8	Taieb Rayan	7m99	2012
9	Vrebos Stephane	7m95	1992
	Cuypers Florian	7m95	2012
11	Potemans Anton	7m93	2005
12	Wavreil Cedric	7m77	2000
13	Guarneri Renato	7m64	1996
14	Gerard Valery	7m64	2000
15	Beyaert Corentin	7m60	2011

### SCO Poids (2 kg)

1	Montilla Dimitri	10m01	2009
2	Baiwir Julien	9m75	2000
3	Elsen Daan	9m47	2005
4	Diallo Oumar	9m39	2005
5	Mertens Tom	8m91	1997
6	Guarneri Salvatore	8m79	1995
7	Potemans Anton	8m75	2007
8	Englebert Timothee	8m67	2015
9	Guarneri Renato	8m60	1997
10	Xhonneux Frederic	8m58	1993
11	Monsieur Julien	8m38	2018
12	Gerard Benjamin	8m36	1999
13	Nicodeme Romain	8m18	2006
14	Arifi Rayane	8m16	2019
15	Montilla Alexis	8m12	2013

### SCO Poids (3 kg)

1	Montilla Dimitri	13m94	2011
2	Diallo Oumar	13m47	2007
3	Nees Ghislain	11m01	2006
4	Englebert Timothee	10m69	2017
5	Guarneri Renato	10m19	1999
6	Chekem Ramses	10m15	2016
7	Gerard Jeremy	9m85	2000
8	Xhonneux Frederic	9m38	1996

9	Diallo Mamadou	9m14	2001
10	Baiwir Julien	9m06	2001
11	Van De Sype Vincent	9m04	2006
12	De Tollenaere Tom	8m97	2016
13	Elsen Daan	8m96	2006
14	Gerard Benjamin	8m93	2000
15	Hendrickx Wim	8m91	1995
16	Van Cutsem Christophe	8m85	1992

### SCO Poids (4 kg)

1	Diallo Oumar	14m30	2007
2	Diallo Mamadou	13m64	2003
3	Beeckman Amaury	13m04	2010
4	Squiflet Pierre	13m56	1994
5	Englebert Timothee	13m25	2019
6	Xhonneux Frederic	12m07	1998
7	Leyman David	11m97	2000
8	Potemans Anton	11m93	2011
9	Montilla Dimitri	11m77	2012
10	Petitjean Nicolas	11m48	2014
11	De Tollenaere Tom	11m30	2018
12	Gentile Raphael	10m72	1991
13	Oliveira Da Silva Raphael	10m63	2007
14	Okeowo Peredjo	10m60	2013
15	Chekem Ramses	10m55	2018
16	Verschoren Quentin	10m35	1992

### SCO Poids (5 kg)

1	Elsen Daan	14m55	2011
2	Diallo Oumar	14m01	2011
3	Xhonneux Frederic	13m02	2000
4	Steppe Tom	12m97	1991
5	Beeckman Amaury	12m91	2012
6	Guellet Yassin	12m36	1991
7	Potemans Anton	12m35	2013
	De Tollenaere Tom	12m35	2020
9	Squiflet Pierre	12m33	1995
10	Gomes Marcel	12m04	1995
11	Montilla Alexis	11m89	2019
12	Chekem Ramses	11m61	2020
13	Sustelo Antonio	11m52	2004
14	Vanderhaeghen David	11m44	1991
15	Denys Jonathan	11m34	2007
16	Gentile Raphael	9m89	1992

### SCO Poids (6 kg)

1	Huylebroeck Pascal	9m41	1985
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### SCO Hexathlon

1	Guellet Yassin	4028 p	1991
2	Vanderhaeghen David	3745 p	1991
3	Gentile Raphael	2956 p	1992
4	Steppe Tom	2911 p	1990

### SCO Heptathlon

1	Elsen Daan	5073 p	2011
2	Xhonneux Frederic	4771 p	2000
3	Potemans Anton	4414 p	2013
4	Lins Sebastien	4094 p	2009
5	Squiflet Pierre	4028 p	1995
6	Diallo Oumar	3926 p	2011
7	Hostyn Laurent-David	3802 p	2004
8	Beeckman Amaury	3674 p	2011
9	Van De Sype Vincent	3443 p	2009

## JUNIORS HOMMES – U20

### JUN 40 m

1	Mbuyi Tshinyongolo Tresor	6.12	2019
2	Ben Mohamed Younes	6.34	1994
	Moral Miguel	6.34	1994
	Thiry Stephane	6.34	1994
5	Englebert Timothee	6.37	2016

## RESC TOP 20 INDOOR

6	Delatte Lionel	6.41	2008
7	Nicodeme Romain	6.42	2008
8	Delay Benoit	6.44	1992
	Van Cutsem Chris	6.44	1992
	Schepens Cedric	6.44	1994
	Vervloet Gregory	6.44	1996
12	Demagnet Lounis	6.45	2015
13	Guilmain Benoit	6.54	1992
	Guillet Lionel	6.54	1994
	Naif Jerome	6.54	1996
16	Blondiau Fabian	6.64	1992
17	Monsieur Julien	6.73	2018
18	Belghiti Alaoui Ayman	6.81	2016
19	Kubiak Joachim	6.82	2019
20	Guillet Lionel	6.84	1992
	Coomans Werner	6.84	1996

### JUN 50 m

1	Vervloet Gregory	7.64	1996
2	Schepens Cedric	7.74	1993
	Naif Jerome	7.74	1996
4	Xhonneux Frederic	7.84	1996
5	Guillet Lionel	8.04	1993
	Cawet Cedric	8.04	1996
7	Kill Michel	8.24	1996
8	Foucart François	8.44	1993
9	Degives Jean Baptiste	8.54	1993
10	Van De Zande Chris	8.64	1993
11	Huybrechts Xavier	8.84	1996
12	Moya Julien	8.74	1993
13	Guarneri Salvatore	8.74	1996
14	Van Oudenhoven Karl	9.14	1993
15	De Ruyver Julien	9.24	1996
16	Guarneri Renato	9.34	1994
17	Franco Marc	9.74	1996

### JUN 60 m

1	Kasmi Amine	6.91	2019
2	Mambo Kedjeloba	6.94	1993
3	Vanhamme Arno	6.95	2016
4	Gueulette Arnaud	6.98	2017
5	Tshitwenu Florian	6.99	2016
	Kalmen Adam	6.99	2017
7	Guillet Yassin	7.04	1993
8	Okeowo Peredjo	7.06	2018
9	Guillet Yassin	7.07	1992
10	Broothaerts Damien	7.08	2002
	Caty Dylan	7.08	2016
12	Medan Marko	7.09	2022
13	Diallo Oumar	7.10	2010
14	Vervloet Gregory	7.12	2002
15	Vanderhaeghen David	7.15	1993
16	Vanlancker Rudi	7.16	1990
17	Mambo Kedjeloba	7.20	1990
18	Taiwo Eniola	7.20	2015
19	Thomas Samy	7.21	1990
20	Mambo Djeke	7.23	1994
21	De Keyzer Pascal	7.33	1990
22	Steppe Eric	7.34	1990
	Hermann Gilles	7.34	2005

### JUN 150 m

1	Sergeef Martin	19.59	2011
2	Diallo Oumar	19.71	2007
3	Montilla Dimitri	19.94	2011
4	Taiwo Eniola	19.99	2012
5	Paulus Gary	20.08	2005
6	Englebert Timothee	20.23	2017
7	Lebailly Kevin	20.32	2005
8	Diallo Mamadou	20.46	2001
	Okeowo Peredjo	20.46	2012
10	Medan Marko	20.67	2015
11	Dogan Mervan	20.76	2003
12	Lins Sebastien	20.87	2005

13	Sonon Lionel	20.92	2000
14	Vandenhoeke Arthur	20.99	2009
15	Guellet Shadi	21.38	2019

### JUN 200 m

1	Kalmen Adam	21.74	2017
	Kasmi Amine	21.74	2019
3	Vanhamme Arno	21.78	2016
4	Medan Marko	22.09	2022
5	Tshitwenu Florian	22.34	2016
6	Caty Dylan	22.43	2016
7	Guillet Yassin	22.44	1993
8	Mambo Kedjeloba	22.57	1993
9	Amery Ronald	22.62	1987
10	Broothaerts Damien	22.63	2001
11	Moral Miguel	22.69	2000
12	Niesen Charles	22.76	2013
13	Lins Sebastien	22.77	2011
14	Schepens Cedric	22.80	2001
15	Szerman Melvin	22.83	2016
16	Vanderhaeghen David	22.87	1993
	Vervloet Gregory	22.87	2002
18	Mambo Kedjeloba	22.95	1992
19	Guillet Yassin	23.07	1992
20	Ettetuani Adil	23.19	2003
21	Canvat Thibaut	23.21	1992
22	Mambo Djeke	23.26	1993

### JUN 300 m

1	Lins Sebastien	36.08	2010
2	Nijs Gaston	36.45	2014
3	Nkiere Danfuname Rene	36.75	2017
4	Vanhamme Arno	36.98	2014
5	Castermane Julien	37.19	2006
6	Tshitwenu Florian	37.34	2014
7	Vandenhoeke Arthur	37.50	2012
8	Mbuyi Bodika William	39.02	2020
9	Beyaert Corentin	39.45	2018
10	Montilla Dimitri	39.48	2012
11	Puku Toku Christian	39.55	2012
12	Hendrick Quentin	39.77	2012
13	Biala Kenny	40.16	2020
14	Labruyere Maxime	40.87	2022
15	Sibourg Valentin	40.99	2020
16	Assina Kevin	41.20	2014
17	Sergeef Martin	41.25	2014
18	Mbuyi Tshinyongolo Tresor	42.26	2020
19	Tshanga Diumba John Ross	42.36	2022
20	Petitjean Nicolas	42.53	2014

### JUN 400 m

1	Vanhamme Stefan	49.63	1980
2	Nijs Gaston	50.37	2015
3	Lins Sebastien	50.40	2010
4	Asselman Frank	50.86	1991
5	Vervloet Gregory	50.93	2002
6	Castermane Julien	51.31	2007
7	Badji Asanti	51.46	2012
8	Vandenhoeke Arthur	51.80	2013
9	Levacq Corentin	51.82	1997
10	Vanderhaeghen David	51.86	1991
	Naif Nicolas	51.86	1998
12	Guillet Yassin	51.92	1991
13	Borlee Rayane	51.96	2017
14	Nkiere Danfuname Rene	52.03	2016
15	Biala Kenny Felder	52.15	2022
16	Madoughri Sabri	52.24	2018
17	Ettetuani Adil	52.55	2003
18	Mambo Djeke	52.84	1992
19	Beyaert Corentin	53.76	2018
20	Van Assche David	54.05	1991

### JUN 600 m

## RESC TOP 20 INDOOR

1	Obrijanu Vadim	2.21.01	2022
2	Draoui Amine	2.23.75	2022
3	Mievis Axel	2.35.53	2022
4	De Heug Elliot	2.39.56	2022
5	Cioaca Mario Louis	2.49.43	2022

### JUN 800 m

1	Levacq Corentin	1.56.95	1998
2	Haymans Thomas	1.57.76	2002
3	Metian Marc	1.58.05	1998
4	Vandenhoeke Arthur	1.58.71	2014
5	Azaoum Rachid	1.58.87	2004
6	Tiaz Younes	1.59.15	2004
7	Schroeven Bruno	1.59.32	1999
8	Bentheim Ronald	1.59.38	2000
9	Kanfouh Mohamed	2.00.28	2017
10	Lelion Achille	2.00.46	2022
11	Benouar Otman	2.00.64	2017
12	Vaillant Thibaud	2.01.00	2005
13	De Mars Steven	2.01.14	1990
14	Aouragh Reda	2.01.26	2022
15	El Yattouti Tounes	2.01.56	2004
16	Azaoum Najib	2.04.20	2004
17	Karraz Loqmane	2.04.56	2018
18	Petitjean Simon	2.05.52	2012
19	Kebdani Samir	2.05.57	2005
20	Daif Marwane	2.06.48	2004

### JUN 1000 m

1	Bentheim Ronald	2.35.90	2000
2	Haymans Thomas	2.38.21	2003
3	El Yattouti Younes	2.39.78	2003
4	Xhonneux Frederic	2.39.80	2002
5	Schroeven Bruno	2.40.64	1997
6	Tiaz Younes	2.44.47	2003
7	Nicodeme Romain	2.46.82	2014
8	Arifi Ilias	2.48.69	2022
9	Azaoum Rachid	2.48.85	2003
10	Kebdani Samir	2.52.82	2003
11	Lins Sebastien	2.52.89	2009
12	Potemans Anton	2.53.59	2013
13	Guellet Yassin	2.54.49	1992
14	Vandervorst Jonathan	2.55.05	2003
15	Leyman David	2.55.98	2003
16	Gruson Augustin	2.56.03	2019
17	Hostyn Laurent-David	2.56.98	2004
18	Azaoum Najib	3.00.00	2003
19	Englebert Timothee	3.00.39	2019
20	Winderickx Ingmar	3.00.75	2006

### JUN 1500 m

1	Petitjean Simon	4.03.61	2015
2	Aouragh Reda	4.05.28	2022
3	Kebdani Samir	4.10.45	2005
4	Ouamari Aabid	4.12.53	1995
5	Miller Benoit	4.17.91	2004
6	El Yattouti Younes	4.20.38	2004
7	Maingain François	4.24.73	2007
8	Tiaz Younes	4.25.65	2004
9	Massaad Michael	4.26.62	2008
10	Demeester Thys	4.27.45	2005
11	Leyman Jeremy	4.28.50	2004
12	Azaoum Rachid	4.29.93	2004
13	Govaert Thomas	4.34.02	2012
14	Jamli Tarek	4.34.41	2004
15	Willems Dorian	4.35.79	2019
16	Errouchi Ayoub	4.43.38	2005
17	Lafnachi Reda Mohamed	4.46.11	2018
18	Vaillant Thibaud	4.46.83	2002
19	Bentheim Ronald	4.50.91	1996
20	Schroeven Bruno	4.51.91	1994

### JUN 3000 m

1	Dewitte Sebastien	8.37.86	2004
2	Kebdani Samir	9.05.91	2006

### JUN 40 m haies (76 cm)

1	Taieb Rayane	10.18	2013
2	Kubiak Joachim	11.01	2019

### JUN 40 m haies (84 cm)

1	Demagnet Lounis	7.38	2016
2	Xhonneux Frederic	7.54	1996
3	Naif Jerome	8.04	1996
4	Mbuyi Tshinyongolo Tresor	8.09	2019
5	Thiry Stephane	8.14	1994
6	De Tollenaere Tom	8.23	2016
7	Cawet Cedric	8.24	1996
8	Moral Miguel	8.44	1994
	Vervloet Gregory	8.44	1996
10	Guillet Lionel	8.64	1994
11	Clais Marc	8.74	1994
12	Ben Mohamed Younes	8.84	1994
13	Guarneri Salvatore	8.94	1996
14	Vaessen Fabien	8.94	1996
15	Blondiau Fabian	9.04	1994

### JUN 60 m haies (76 cm)

1	Mertens Raphael	10.20	2020
2	Montilla Dimitri	10.33	2008
3	Elsen Daan	11.24	2005
4	Kubiak Joachim	11.34	2022
5	Potemans Anton	11.94	2007
6	Srifi Kanfaoui Reda	12.34	2012
7	Baiwir Julien	12.44	2000
8	Beyaert Corentin	12.48	2012
9	Hoorens Anthony	12.58	2008
10	Gonzalez Antoine	12.64	2017
11	Nicodeme Romain	12.70	2006
12	Diallo Oumar	12.72	2005
13	Verburgt Tom	12.76	2007
14	Delatte Lionel	12.81	2006
15	Boniver Evan	12.86	2014
16	Maertens Christophe	12.92	1999
17	Englebert Timothee	12.94	2015
	Camps Sebastien	12.94	2017

### JUN 60 m haies (84 cm)

1	Montilla Dimitri	9.68	2011
2	Diallo Oumar	9.99	2007
3	Okeowo Peredjo	10.40	2012
4	Potemans Anton	10.68	2009
5	Nicodeme Romain	10.96	2008
6	Lebailly Kevin	10.98	2005
7	Demagnet Lounis	11.13	2016
8	Englebert Timothee	11.14	2017
9	De Wilde Julien	11.21	1999
10	Coomans Werner	11.24	1999
11	Nees Ghislain	11.31	2006
12	Lins Sebastien	11.32	2005
13	Taiwo Eniola	11.34	2012
14	Elsen Daan	11.35	2006
15	Nicodeme Thibault	11.32	2005

### JUN 60 m haies (91 cm)

1	Broothaerts Damien	7.78	2000
2	Elsen Daan	8.11	2011
3	Van de Velde Frank	8.48	1996
4	Xhonneux Frederic	8.55	2000
5	Potemans Anton	8.60	2013
6	Okeowo Peredjo	8.64	2015
7	Mambo Djeke	8.68	1993
8	Lins Sebastien	8.69	2009
9	Squiflet Pierre	8.71	1995
10	Diallo Oumar	8.82	2011
11	Loens Sam	8.83	2014

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12	Mambo Djeke	8.93	1992
13	Montilla Dimitri	9.01	2013
14	Leyman David	9.31	2000
15	Hinne Benoit	9.38	1988
16	Arifi Ilias	9.39	2019
17	Demagnet Lounis	9.50	2018
18	Vanden Eede Hugues	10.05	1992
19	Schoonjans Patrick	10.54	1992

### JUN 60 m haies (99 cm)

1	Caty Dylan	7.83	2016
2	Elsen Daan	8.01	2012
3	Segers Daniel	8.14	2020
4	Okeowo Peredjo	8.25	2017
5	Vanderhaeghen David	8.53	1991
6	Arifi Ilias	8.55	2022
7	Mambo Kedjeloba	8.62	1990
8	Lins Sebastien	8.73	2010
9	Guillet Yassin	8.75	1990
10	Nicodeme Romain	8.79	2014
11	Pinchart Alain	8.84	1990
12	Vanden Berghen Yves	8.94	1990
13	Loens Sam	8.98	2015
14	Van De Sype Vincent	9.26	2011
15	Gentile Raphael	9.43	1992
16	Denys Jonathan	9.57	2009
17	Caluwe Arnaud	9.65	2010
18	Beeckman Amaury	10.02	2013
19	Steppe Tom	10.03	1990
20	Rudman David	10.04	1992

### JUN 60 m haies (106 cm)

1	Caty Dylan	8.05	2016
2	Broothaerts Damien	8.11	2001
3	Mambo Kedjeloba	8.13	1993
4	Van de Velde Frank	8.26	1998
5	Asselman Frank	8.40	1991
6	Dotrenghe Sacha	8.43	1989
7	Mambo Djeke	8.49	1994
8	Vanlancker Rudi	8.53	1990
9	Xhonneux Frederic	8.62	2002
10	Vanderhaeghen David	8.66	1993
11	Marloye Roland	8.67	1980
12	Guillet Yassin	8.71	1992
13	Steppe Eric	8.74	1990
14	Sanglier Olivier	8.79	1991
15	Letellier Eric	8.83	1985
	Pinchart Alain	8.83	1992
17	Vanderhaeghen David	8.94	1991
18	Vervloet Gregory	9.21	2002
19	Hostyn Laurent David	9.62	2005
20	Leyman David	9.82	2003

### JUN Hauteur

1	Sandron Dominique	2m03	1988
2	Guillet Yassin	2m01	1992
3	Vanlancker Rudi	1m99	1988
	Xhonneux Frederic	1m99	2002
5	Kalandula Fabiano	1m98	2015
6	Van de Velde Frank	1m95	1996
7	Pinchart Alain	1m90	1990
	Gamuella Ngamunguela Jos	1m90	2017
9	Elsen Daan	1m88	2011
10	Arifi Ilias	1m85	2022
11	Hostyn Laurent David	1m80	2004
12	Nicodeme Romain	1m78	2014
13	Montilla Dimitri	1m77	2012
	Englebert Timothee	1m77	2019
15	Beerens Gregory	1m75	1994
	De Wilde Julien	1m75	2003
17	Mertol Denis	1m74	2002
18	Massaad Jean	1m73	2006
19	Englebert Hadrien	1m72	2016

### JUN Longueur

1	Vanlancker Rudi	7m60	1990
2	Guillet Yassin	7m46	1993
3	Guillet Yassin	7m30	1992
4	Yuma M'Bayo Eric	7m27	1988
5	Segers Daniel	7m02	2020
6	Marloye Roland	6m98	1980
7	Delporte Luc	6m82	1985
8	Gruson Augustin	6m81	2022
9	Elsen Daan	6m75	2012
10	Diallo Oumar	6m69	2011
11	Vanderhaeghen David	6m63	1990
12	Xhonneux Frederic	6m55	2002
13	Naga Djihed	6m45	2007
14	Nicodeme Romain	6m41	2014
15	Hoorens Christopher	6m36	2015
16	Geerts Gregory	6m32	2017
17	Gentile Raphaël	6m29	1992
18	Pinchart Alain	6m23	1992
	Roefmans Lucas	6m23	2018
20	Mambo Kedjeloba	6m22	1989
21	Englebert Timothee	6m19	2019

### JUN Triple saut

1	Guillet Yassin	15m45	1993
2	Mambo Kedjeloba	15m35	1992
3	Guillet Yassin	15m04	1991
4	Vanderhaeghen David	14m95	1993
5	Mambo Djeke	14m88	1994
6	Delporte Luc	14m72	1985
7	Yuma M'Bayo Eric	14m64	1988
8	Vanderhaeghen David	14m39	1992
9	Xhonneux Frederic	14m26	2000
10	Geerts Gregory	14m03	2017
11	Marloye Roland	13m68	1979
12	Hoorens Christopher	13m42	2014
13	Naga Djihed	13m30	2007
14	Bolsee David	13m28	1985
15	Caluwe Arnaud	13m12	2009
16	Kalandula Fabiano	12m84	2015
17	Adorna François	12m71	1985
18	Mambo Djeke	12m66	1992
19	Naif Jérôme	12m64	1999
20	Broothaerts Damien	12m11	1998
21	Vervloet Gregory	12m48	2001
22	Diallo Oumar	12m08	2009
23	Schoonjans Patrick	10m97	1992

### JUN Perche

1	Rombaut Wesley	4m70	1996
2	Elsen Daan	4m50	2012
3	Xhonneux Frederic	4m20	2002
	Arifi Ilias	4m20	2022
5	Jacobs David	4m10	1994
6	Sintichiakis Nicolaos	3m90	2000
	Nicodeme Romain	3m90	2014
8	Loens Sam	3m80	2014
9	De Tollenaere Tom	3m60	2022
10	Moens Cyprien	3m52	2018
11	Potemans Anton	3m50	2013
12	Naga Djihed	3m40	2005
	Van De Sype Vincent	3m40	2012
14	Leyman David	3m36	2000
15	Montilla Dimitri	3m30	2012
16	Lecompte David	3m25	1991
17	Vanderhaeghen David	3m20	1991
	Guillet Yassin	3m20	1992
	Thys Alain	3m20	1996
20	Montilla Alexis	3m16	2018

### JUN Poids (1 kg)

1	Elsen Daan	9m08	2003
2	Xhonneux Frederic	8m60	1992

## RESC TOP 20 INDOOR

3	Arifi Rayane	8m38	2017
4	Van De Sype Vincent	8m33	2002
5	Baiwir Julien	8m19	1998
6	Montilla Alexis	8m05	2011
7	Cigri Ephrem	8m00	2014
8	Taieb Rayan	7m99	2012
9	Vrebos Stephane	7m95	1992
	Cuypers Florian	7m95	2012
11	Potemans Anton	7m93	2005
12	Wavreil Cedric	7m77	2000
13	Guarneri Renato	7m64	1996
14	Gerard Valery	7m64	2000
15	Beyaert Corentin	7m60	2011

### JUN Poids (2 kg)

1	Montilla Dimitri	10m01	2009
2	Baiwir Julien	9m75	2000
3	Elsen Daan	9m47	2005
4	Diallo Oumar	9m39	2005
5	Mertens Tom	8m91	1997
6	Guarneri Salvatore	8m79	1995
7	Potemans Anton	8m75	2007
8	Englebert Timothee	8m67	2015
9	Guarneri Renato	8m60	1997
10	Xhonneux Frederic	8m58	1993
11	Monsieur Julien	8m38	2018
12	Gerard Benjamin	8m36	1999
13	Nicodeme Romain	8m18	2006
14	Arifi Rayane	8m16	2019
15	Montilla Alexis	8m12	2013

### JUN Poids (3 kg)

1	Montilla Dimitri	13m94	2011
2	Diallo Oumar	13m47	2007
3	Nees Ghislain	11m01	2006
4	Englebert Timothee	10m69	2017
5	Guarneri Renato	10m19	1999
6	Chekem Ramses	10m15	2016
7	Gerard Jeremy	9m85	2000
8	Xhonneux Frederic	9m38	1996
9	Diallo Mamadou	9m14	2001
10	Baiwir Julien	9m06	2001
11	Van De Sype Vincent	9m04	2006
12	De Tollenaere Tom	8m97	2016
13	Elsen Daan	8m96	2006
14	Gerard Benjamin	8m93	2000
15	Hendrickx Wim	8m91	1995
16	Van Cutsem Christophe	8m85	1992

### JUN Poids (4 kg)

1	Diallo Oumar	14m30	2007
2	Diallo Mamadou	13m64	2003
3	Beeckman Amaury	13m04	2010
4	Squiflet Pierre	13m56	1994
5	Englebert Timothee	13m25	2019
6	Xhonneux Frederic	12m07	1998
7	Leyman David	11m97	2000
8	Potemans Anton	11m93	2011
9	Montilla Dimitri	11m77	2012
10	Petitjean Nicolas	11m48	2014
11	De Tollenaere Tom	11m30	2018
12	Gentile Raphael	10m72	1991
13	Oliveira Da Silva Raphael	10m63	2007
14	Okeowo Peredjo	10m60	2013
15	Chekem Ramses	10m55	2018
16	Verschoren Quentin	10m35	1992

### JUN Poids (5 kg)

1	Elsen Daan	14m55	2011
2	Diallo Oumar	14m01	2011
3	Xhonneux Frederic	13m02	2000
4	Steppe Tom	12m97	1991
5	Beeckman Amaury	12m91	2012

6	Guellet Yassin	12m36	1991
7	Potemans Anton	12m35	2013
	De Tollenaere Tom	12m35	2020
9	Squiflet Pierre	12m33	1995
10	Gomes Marcel	12m04	1995
11	Montilla Alexis	11m89	2019
12	Chekem Ramses	11m61	2020
13	Sustelo Antonio	11m52	2004
14	Vanderhaeghen David	11m44	1991
15	Denys Jonathan	11m34	2007
16	Gentile Raphael	9m89	1992

### JUN Poids (6 kg)

1	Guillaume Jonathan	16m23	2011
2	Elsen Daan	12m85	2012
3	Jacobs David	12m73	1993
4	Xhonneux Frederic	12m30	2001
5	Bernard Tom	11m99	2012
6	Beeckman Amaury	11m98	2013
7	De Tollenaere Tom	11m88	2022
8	Arifi Ilias	11m52	2022
9	Hostyn Laurent-David	11m40	2005
10	Montilla Alexis	11m15	2020
11	Van De Sype Vincent	11m10	2012
12	Nicodeme Romain	11m06	2014
13	Leyman David	11m00	2003
14	Loens Sam	10m93	2016
15	Denys Jonathan	10m91	2008
16	Huylebroeck Pascal	9m41	1985
17	Pinchart Alain	8m73	1991

### JUN Triathlon

1	Arifi Ilias	1738 p	2022
2	De Tollenaere Tom	1667 p	2022

### JUN Heptathlon

1	Xhonneux Frederic	5177 p	2002
2	Elsen Daan	5097 p	2012
3	Guellet Yassin	4835 p	1992
4	Nicodeme Romain	4683 p	2014
5	Arifi Ilias	4673 p	2022
6	Hostyn Laurent-David	4060 p	2005
7	Vervloet Gregory	3955 p	2002
8	Van De Sype Vincent	3900 p	2012
9	Leyman David	3763 p	2003
10	Moens Cyprien	3936 p	2018
11	De Tollenaere Tom	3315 p	2022
12	Denys Jonathan	3048 p	2008

## ESPOIRS HOMMES – U23

### ESP 40 m

1	Mbuyi Tshinyongolo Tresor	6.12	2019
2	Ben Mohamed Younes	6.34	1994
	Moral Miguel	6.34	1994
	Thiry Stephane	6.34	1994
5	Englebert Timothee	6.37	2016
6	Delatte Lionel	6.41	2008
7	Nicodeme Romain	6.42	2008
8	Delay Benoit	6.44	1992
	Van Cutsem Chris	6.44	1992
	Schepens Cedric	6.44	1994
	Vervloet Gregory	6.44	1996
12	Demagnet Lounis	6.45	2015
13	Guilmain Benoit	6.54	1992
	Guillet Lionel	6.54	1994
	Naif Jerome	6.54	1996
16	Blondiau Fabian	6.64	1992
17	Monsieur Julien	6.73	2018
18	Belghiti Alaoui Ayman	6.81	2016
19	Kubiak Joachim	6.82	2019
20	Guillet Lionel	6.84	1992
	Coomans Werner	6.84	1996

## RESC TOP 20 INDOOR

<b>ESP 50 m</b>				<b>ESP 300 m</b>			
1	Vervloet Gregory	7.64	1996	11	Mambo Kedjeloba	22.57	1993
2	Schepens Cedric	7.74	1993	12	Broothaerts Damien	22.63	2001
	Naif Jerome	7.74	1996	13	Vanlancker Rudi	22.66	1991
4	Xhonneux Frederic	7.84	1996	14	Moral Miguel	22.69	2000
5	Guillet Lionel	8.04	1993	15	Niesen Charles	22.76	2013
	Cawet Cedric	8.04	1996	16	Lins Sebastien	22.77	2011
7	Kill Michel	8.24	1996	17	Schepens Cedric	22.80	2001
8	Foucart François	8.44	1993	18	Szerman Melvin	22.83	2016
9	Degives Jean Baptiste	8.54	1993	19	Vanderhaeghen David	22.87	1993
10	Van De Zande Chris	8.64	1993		Vervloet Gregory	22.87	2002
11	Huybrechts Xavier	8.84	1996	<b>ESP 400 m</b>			
12	Moya Julien	8.74	1993	1	Vanhamme Stefan	49.63	1980
13	Guarneri Salvatore	8.74	1996	2	Nijs Gaston	50.37	2015
14	Van Oudenhoven Karl	9.14	1993	3	Lins Sebastien	50.40	2010
15	De Ruyver Julien	9.24	1996	4	Asselman Frank	50.86	1991
16	Guarneri Renato	9.34	1994	5	Vervloet Gregory	50.93	2002
17	Franco Marc	9.74	1996	6	Castermane Julien	51.31	2007
<b>ESP 60 m</b>				7	Badji Asamti	51.46	2012
1	Amery Ronald	6.84	1991	8	Vandenhoeke Arthur	51.80	2013
2	Thomas Samy	6.89	1992	9	Levacq Corentin	51.82	1997
2	Kasmi Amine	6.91	2019	10	Vanderhaeghen David	51.86	1991
3	Mambo Kedjeloba	6.94	1993		Naif Nicolas	51.86	1998
	Vanhamme Arno	6.95	2016	12	Guillet Yassin	51.92	1991
6	Gueulette Arnaud	6.98	2017	13	Borlee Rayane	51.96	2017
7	Tshitwenu Florian	6.99	2016	14	Nkier Danfuname Rene	52.03	2016
	Kalmen Adam	6.99	2017	15	Biala Kenny Felder	52.15	2022
9	Vanlancker Rudi	7.04	1992	16	Madoughri Sabri	52.24	2018
10	Guillet Yassin	7.04	1993	17	Ettetuani Adil	52.55	2003
11	Okeowo Peredjo	7.06	2018	18	Mambo Djeke	52.84	1992
12	Guillet Yassin	7.07	1992	19	Beyaert Corentin	53.76	2018
13	Debeir Olivier	7.08	1991	20	Van Assche David	54.05	1991
	Broothaerts Damien	7.08	2002	<b>ESP 600 m</b>			
	Caty Dylan	7.08	2016	1	Obrijanu Vadim	2.21.01	2022
16	Medan Marko	7.09	2022	2	Draoui Amine	2.23.75	2022
17	Diallo Oumar	7.10	2010	3	Mievis Axel	2.35.53	2022
18	Vervloet Gregory	7.12	2002	4	De Heug Elliot	2.39.56	2022
19	Vanderhaeghen David	7.15	1993	5	Cioaca Mario Louis	2.49.43	2022
20	Yuma M'Bayo Eric	7.18	1990	<b>ESP 800 m</b>			
21	Mambo Kedjeloba	7.20	1990	1	Desmedt Frederic	1.54.12	1992
	Dotreng Alexandre	7.20	1992	2	Levacq Corentin	1.56.95	1998
	Taiwo Eniola	7.20	2015	3	Haymans Thomas	1.57.76	2002
<b>ESP 150 m</b>				4	Metian Marc	1.58.05	1998
1	Sergeef Martin	19.59	2011	5	Vandenhoeke Arthur	1.58.71	2014
2	Diallo Oumar	19.71	2007	6	Azaoum Rachid	1.58.87	2004
3	Montilla Dimitri	19.94	2011	7	Tiaz Younes	1.59.15	2004
4	Taiwo Eniola	19.99	2012	8	Schroeven Bruno	1.59.32	1999
5	Paulus Gary	20.08	2005	9	Bentheim Ronald	1.59.38	2000
6	Englebert Timothee	20.23	2017	10	Kanfouh Mohamed	2.00.28	2017
7	Lebailly Kevin	20.32	2005				
8	Diallo Mamadou	20.46	2001				
	Okeowo Peredjo	20.46	2012				
10	Medan Marko	20.67	2015				
11	Dogan Mervan	20.76	2003				
12	Lins Sebastien	20.87	2005				
13	Sonon Lionel	20.92	2000				
14	Vandenhoeke Arthur	20.99	2009				
15	Guillet Shadi	21.38	2019				
<b>ESP 200 m</b>							
1	Amery Ronald	21.50	1991				
2	Kalmen Adam	21.74	2017				
	Kasmi Amine	21.74	2019				
4	Vanhamme Arno	21.78	2016				
5	Vanhamme Stephan	21.96	1982				
6	Medan Marko	22.09	2022				
7	Tshitwenu Florian	22.34	2016				
8	Caty Dylan	22.43	2016				
9	Guillet Yassin	22.44	1993				
10	Thomas Samy	22.45	1991				



## RESC TOP 20 INDOOR

11	Lelion Achille	2.00.46	2022
12	Benouar Otman	2.00.64	2017
13	Vaillant Thibaud	2.01.00	2005
14	De Mars Steven	2.01.14	1990
15	Aouragh Reda	2.01.26	2022
16	El Yattouti Tounes	2.01.56	2004
17	Azaoum Najib	2.04.20	2004
18	Karraz Loqmane	2.04.56	2018
19	Petitjean Simon	2.05.52	2012
20	Kebdani Samir	2.05.57	2005

### ESP 1000 m

1	Bentheim Ronald	2.35.90	2000
2	Haymans Thomas	2.38.21	2003
3	El Yattouti Younes	2.39.78	2003
4	Xhonneux Frederic	2.39.80	2002
5	Schroeven Bruno	2.40.64	1997
6	Tiaz Younes	2.44.47	2003
7	Nicodeme Romain	2.46.82	2014
8	Arifi Ilias	2.48.69	2022
9	Azaoum Rachid	2.48.85	2003
10	Kebdani Samir	2.52.82	2003
11	Lins Sebastien	2.52.89	2009
12	Potemans Anton	2.53.59	2013
13	Guellet Yassin	2.54.49	1992
14	Vandervorst Jonathan	2.55.05	2003
15	Leyman David	2.55.98	2003
16	Gruson Augustin	2.56.03	2019
17	Hostyn Laurent-David	2.56.98	2004
18	Azaoum Najib	3.00.00	2003
19	Englebert Timothee	3.00.39	2019
20	Winderickx Ingmar	3.00.75	2006

### ESP 1500 m

1	Desmedt Frederic	3.51.59	1992
2	Petitjean Simon	4.03.61	2015
3	Aouragh Reda	4.05.28	2022
4	Kebdani Samir	4.10.45	2005
5	Ouamari Aabid	4.12.53	1995
6	Miller Benoit	4.17.91	2004
7	El Yattouti Younes	4.20.38	2004
8	Maingain François	4.24.73	2007
9	Tiaz Younes	4.25.65	2004
10	Massaad Michael	4.26.62	2008
11	Demeester Thys	4.27.45	2005
12	Leyman Jeremy	4.28.50	2004
13	Azaoum Rachid	4.29.93	2004
14	Govaert Thomas	4.34.02	2012
15	Jamli Tarek	4.34.41	2004
16	Willems Dorian	4.35.79	2019
17	Errouchi Ayoub	4.43.38	2005
18	Lafnachi Reda Mohamed	4.46.11	2018
19	Vaillant Thibaud	4.46.83	2002
20	Bentheim Ronald	4.50.91	1996

### ESP 3000 m

1	Heremans Nick	8.08.53	1992
2	Ben Mohamed Rachid	8.13.74	1992
3	Dewitte Sebastien	8.37.86	2004
4	Kebdani Samir	9.05.91	2006

### ESP 40 m haies (76 cm)

1	Taieb Rayane	10.18	2013
2	Kubiak Joachim	11.01	2019

### ESP 40 m haies (84 cm)

1	Demagnet Lounis	7.38	2016
2	Xhonneux Frederic	7.54	1996
3	Naif Jerome	8.04	1996
4	Mbuyi Tshinyongolo Tresor	8.09	2019
5	Thiry Stephane	8.14	1994
6	De Tollenaere Tom	8.23	2016
7	Cawet Cedric	8.24	1996

8	Moral Miguel	8.44	1994
	Vervloet Gregory	8.44	1996
10	Guillet Lionel	8.64	1994
11	Clais Marc	8.74	1994
12	Ben Mohamed Younes	8.84	1994
13	Guarneri Salvatore	8.94	1996
14	Vaessen Fabien	8.94	1996
15	Blondiau Fabian	9.04	1994

### ESP 60 m haies (76 cm)

1	Mertens Raphael	10.20	2020
2	Montilla Dimitri	10.33	2008
3	Elsen Daan	11.24	2005
4	Kubiak Joachim	11.34	2022
5	Potemans Anton	11.94	2007
6	Srifi Kanfaoui Reda	12.34	2012
7	Baiwir Julien	12.44	2000
8	Beyaert Corentin	12.48	2012
9	Hoorens Anthony	12.58	2008
10	Gonzalez Antoine	12.64	2017
11	Nicodeme Romain	12.70	2006
12	Diallo Oumar	12.72	2005
13	Verburgt Tom	12.76	2007
14	Delatte Lionel	12.81	2006
15	Boniver Evan	12.86	2014
16	Maertens Christophe	12.92	1999
17	Englebert Timothee	12.94	2015
	Camps Sebastien	12.94	2017

### ESP 60 m haies (84 cm)

1	Montilla Dimitri	9.68	2011
2	Diallo Oumar	9.99	2007
3	Okeowo Peredjo	10.40	2012
4	Potemans Anton	10.68	2009
5	Nicodeme Romain	10.96	2008
6	Lebailly Kevin	10.98	2005
7	Demagnet Lounis	11.13	2016
8	Englebert Timothee	11.14	2017
9	De Wilde Julien	11.21	1999
10	Coomans Werner	11.24	1999
11	Nees Ghislain	11.31	2006
12	Lins Sebastien	11.32	2005
13	Taiwo Eniola	11.34	2012
14	Elsen Daan	11.35	2006
15	Nicodeme Thibault	11.32	2005

### ESP 60 m haies (91 cm)

1	Broothaerts Damien	7.78	2000
2	Elsen Daan	8.11	2011
3	Van de Velde Frank	8.48	1996
4	Xhonneux Frederic	8.55	2000
5	Potemans Anton	8.60	2013
6	Okeowo Peredjo	8.64	2015
7	Mambo Djeke	8.68	1993
8	Lins Sebastien	8.69	2009
9	Squifflet Pierre	8.71	1995
10	Diallo Oumar	8.82	2011
11	Loens Sam	8.83	2014
12	Mambo Djeke	8.93	1992
13	Montilla Dimitri	9.01	2013
14	Leyman David	9.31	2000
15	Hinne Benoit	9.38	1988
16	Arifi Ilias	9.39	2019
17	Demagnet Lounis	9.50	2018
18	Vanden Eede Hugues	10.05	1992
19	Schoonjans Patrick	10.54	1992

### ESP 60 m haies (99 cm)

1	Caty Dylan	7.83	2016
2	Elsen Daan	8.01	2012
3	Segers Daniel	8.14	2020
4	Okeowo Peredjo	8.25	2017
5	Vanderhaeghen David	8.53	1991

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6	Arifi Ilias	8.55	2022
7	Mambo Kedjeloba	8.62	1990
8	Lins Sebastien	8.73	2010
9	Guellet Yassin	8.75	1990
10	Nicodeme Romain	8.79	2014
11	Pinchart Alain	8.84	1990
12	Vanden Berghen Yves	8.94	1990
13	Loens Sam	8.98	2015
14	Van De Sype Vincent	9.26	2011
15	Gentile Raphael	9.43	1992
16	Denys Jonathan	9.57	2009
17	Caluwe Arnaud	9.65	2010
18	Beeckman Amaury	10.02	2013
19	Steppe Tom	10.03	1990
20	Rudman David	10.04	1992

### ESP 60 m haies (106 cm)

1	Marloye Roland	8.05	1984
2	Caty Dylan	8.05	2016
3	Broothaerts Damien	8.11	2001
4	Mambo Kedjeloba	8.13	1993
5	Dotrenghe Sacha	8.25	1992
6	Van de Velde Frank	8.26	1998
7	Asselman Frank	8.32	1992
8	Mambo Djeke	8.49	1994
9	Vanlancker Rudi	8.53	1990
10	Xhonneux Frederic	8.62	2002
11	Sanglier Olivier	8.63	1992
12	Vanderhaeghen David	8.66	1993
13	Guellet Yassin	8.71	1992
14	Steppe Eric	8.74	1990
15	Letellier Eric	8.83	1985
	Pinchart Alain	8.83	1992
17	De Landsheere Pierre	8.89	1989
18	Vanderhaeghen David	8.94	1991
19	Vervloet Gregory	9.21	2002
20	Hostyn Laurent David	9.62	2005
21	Leyman David	9.82	2003

### ESP Hauteur

1	Sandron Dominique	2m20	1991
2	Moreau Guy	2m08	1975
3	Guellet Yassin	2m01	1992
4	Vanlancker Rudi	1m99	1988
	Xhonneux Frederic	1m99	2002
6	Kalandula Fabiano	1m98	2015
7	Beaumont Christian	1m95	1983
	Van de Velde Frank	1m95	1996
9	Pinchart Alain	1m90	1990
	Gamuela Ngamunguela Jos	1m90	2017
11	Elsen Daan	1m88	2011
12	Arifi Ilias	1m85	2022
13	Dotrenghe Alexandre	1m83	1992
14	Hostyn Laurent-David	1m80	2004
15	Nicodeme Romain	1m78	2014
16	Montilla Dimitri	1m77	2012
	Englebert Timothee	1m77	2019
18	Beerens Gregory	1m75	1994
	De Wilde Julien	1m75	2003
20	Mertol Denis	1m74	2002

### ESP Longueur

1	Vanlancker Rudi	7m63	1991
2	Guellet Yassin	7m46	1993
3	Yuma M'Bayo Eric	7m34	1989
4	Marloye Roland	7m32	1984
5	Guellet Yassin	7m30	1992
6	Segers Daniel	7m02	2020
7	Delporte Luc	6m82	1985
8	Gruson Augustin	6m81	2022
9	Elsen Daan	6m75	2012
10	Diallo Oumar	6m69	2011
11	Herman Eric	6m65	1990
	Bayens Joachim	6m65	1992

13	Vanderhaeghen David	6m63	1990
14	Xhonneux Frederic	6m55	2002
15	Naga Djihed	6m45	2007
16	Nicodeme Romain	6m41	2014
17	Hoorens Christopher	6m36	2015
18	Geerts Gregory	6m32	2017
19	Gentile Raphaël	6m29	1992
20	Pinchart Alain	6m23	1992
	Roefmans Lucas	6m23	2018

### ESP Triple saut

1	Falise Didier	15m96	1983
2	Guellet Yassin	15m45	1993
3	Mambo Kedjeloba	15m35	1992
4	Guellet Yassin	15m04	1991
5	Delporte Luc	15m01	1987
6	Yuma M'Bayo Eric	14m97	1990
7	Vanderhaeghen David	14m95	1993
8	Mambo Djeke	14m88	1994
9	Vanderhaeghen David	14m39	1992
10	Bolsee David	14m26	1987
	Xhonneux Frederic	14m26	2000
12	Geerts Gregory	14m03	2017
13	Rolland Dominique	13m95	1978
14	Alvarez Guy	13m81	1982
15	Marloye Roland	13m68	1979
16	Hoorens Christopher	13m42	2014
17	Naga Djihed	13m30	2007
18	Bolsee David	13m28	1985
19	Caluwe Arnaud	13m12	2009
20	Kalandula Fabiano	12m84	2015
21	Adorna François	12m71	1985
22	Mambo Djeke	12m66	1992
23	Haerynck Philippe	12m56	1992

### ESP Perche

1	Jacques Jean Marc	5m00	1979
2	Rombaut Wesley	4m70	1996
3	Elsen Daan	4m50	2012
4	Biot Olivier	4m40	1992
6	Xhonneux Frederic	4m20	2002
	Arifi Ilias	4m20	2022
7	Jacobs David	4m10	1994
8	Sintichiakis Nicolaos	3m90	2000
	Nicodeme Romain	3m90	2014
10	Loens Sam	3m80	2014
11	De Tollenaere Tom	3m60	2022
12	Moens Cyprien	3m52	2018
13	Potemans Anton	3m50	2013
14	Naga Djihed	3m40	2005
	Van De Sype Vincent	3m40	2012
16	Leyman David	3m36	2000
17	Montilla Dimitri	3m30	2012
18	Lecompte David	3m25	1991
19	Vanderhaeghen David	3m20	1991
	Guellet Yassin	3m20	1992
	Thys Alain	3m20	1996

### ESP Poids (1 kg)

1	Elsen Daan	9m08	2003
2	Xhonneux Frederic	8m60	1992
3	Arifi Rayane	8m38	2017
4	Van De Sype Vincent	8m33	2002
5	Baiwir Julien	8m19	1998
6	Montilla Alexis	8m05	2011
7	Cigri Ephrem	8m00	2014
8	Taieb Rayan	7m99	2012
9	Vrebos Stephane	7m95	1992
	Cuyppers Florian	7m95	2012
11	Potemans Anton	7m93	2005
12	Wavreil Cedric	7m77	2000
13	Guarneri Renato	7m64	1996
14	Gerard Valery	7m64	2000
15	Beyaert Corentin	7m60	2011

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### ESP Poids (2 kg)

1	Montilla Dimitri	10m01	2009
2	Baiwir Julien	9m75	2000
3	Elsen Daan	9m47	2005
4	Diallo Oumar	9m39	2005
5	Mertens Tom	8m91	1997
6	Guarneri Salvatore	8m79	1995
7	Potemans Anton	8m75	2007
8	Englebert Timothee	8m67	2015
9	Guarneri Renato	8m60	1997
10	Xhonneux Frederic	8m58	1993
11	Monsieur Julien	8m38	2018
12	Gerard Benjamin	8m36	1999
13	Nicodeme Romain	8m18	2006
14	Arifi Rayane	8m16	2019
15	Montilla Alexis	8m12	2013

### ESP Poids (3 kg)

1	Montilla Dimitri	13m94	2011
2	Diallo Oumar	13m47	2007
3	Nees Ghislain	11m01	2006
4	Englebert Timothee	10m69	2017
5	Guarneri Renato	10m19	1999
6	Chekem Ramses	10m15	2016
7	Gerard Jeremy	9m85	2000
8	Xhonneux Frederic	9m38	1996
9	Diallo Mamadou	9m14	2001
10	Baiwir Julien	9m06	2001
11	Van De Sype Vincent	9m04	2006
12	De Tollenaere Tom	8m97	2016
13	Elsen Daan	8m96	2006
14	Gerard Benjamin	8m93	2000
15	Hendrickx Wim	8m91	1995
16	Van Cutsem Christophe	8m85	1992

### ESP Poids (4 kg)

1	Diallo Oumar	14m30	2007
2	Diallo Mamadou	13m64	2003
3	Beeckman Amaury	13m04	2010
4	Squiflet Pierre	13m56	1994
5	Englebert Timothee	13m25	2019
6	Xhonneux Frederic	12m07	1998
7	Leyman David	11m97	2000
8	Potemans Anton	11m93	2011
9	Montilla Dimitri	11m77	2012
10	Petitjean Nicolas	11m48	2014
11	De Tollenaere Tom	11m30	2018
12	Gentile Raphael	10m72	1991
13	Oliveira Da Silva Raphael	10m63	2007
14	Okeowo Peredjo	10m60	2013
15	Chekem Ramses	10m55	2018
16	Verschoren Quentin	10m35	1992

### ESP Poids (5 kg)

1	Elsen Daan	14m55	2011
2	Diallo Oumar	14m01	2011
3	Xhonneux Frederic	13m02	2000
4	Steppe Tom	12m97	1991
5	Beeckman Amaury	12m91	2012
6	Guellet Yassin	12m36	1991
7	Potemans Anton	12m35	2013
	De Tollenaere Tom	12m35	2020
9	Squiflet Pierre	12m33	1995
10	Gomes Marcel	12m04	1995
11	Montilla Alexis	11m89	2019
12	Chekem Ramses	11m61	2020
13	Sustelo Antonio	11m52	2004
14	Vanderhaeghen David	11m44	1991
15	Denys Jonathan	11m34	2007
16	Gentile Raphael	9m89	1992

### ESP Poids (6 kg)

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1	Guillaume Jonathan	16m23	2011
2	Elsen Daan	12m85	2012
3	Jacobs David	12m73	1993
4	Xhonneux Frederic	12m30	2001
5	Bernard Tom	11m99	2012
6	Beeckman Amaury	11m98	2013
7	De Tollenaere Tom	11m88	2022
8	Arifi Ilias	11m52	2022
9	Hostyn Laurent-David	11m40	2005
10	Montilla Alexis	11m15	2020
11	Van De Sype Vincent	11m10	2012
12	Nicodeme Romain	11m06	2014
13	Leyman David	11m00	2003
14	Loens Sam	10m93	2016
15	Denys Jonathan	10m91	2008
16	Huylebroeck Pascal	9m41	1985
17	Pinchart Alain	8m73	1991

### ESP Poids (7,26 kg)

1	Dotrengre Alexandre	12m14	1992
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## TOUTES CATEGORIES HOMMES

### TC 40 m

1	Mbuyi Tshinyongolo Tresor	6.12	2019
2	Ben Mohamed Younes	6.34	1994
	Moral Miguel	6.34	1994
	Thiry Stephane	6.34	1994
5	Englebert Timothee	6.37	2016
6	Delatte Lionel	6.41	2008
7	Nicodeme Romain	6.42	2008
8	Delay Benoit	6.44	1992
	Van Cutsem Chris	6.44	1992
	Schepens Cedric	6.44	1994
	Vervloet Gregory	6.44	1996
12	Demagnet Lounis	6.45	2015
13	Guilmain Benoit	6.54	1992
	Guillet Lionel	6.54	1994
	Naif Jerome	6.54	1996
16	Blondiau Fabian	6.64	1992
17	Monsieur Julien	6.73	2018
18	Belghiti Alaoui Ayman	6.81	2016
19	Kubiak Joachim	6.82	2019
20	Guillet Lionel	6.84	1992
	Coomans Werner	6.84	1996

### TC 50 m

1	Vervloet Gregory	7.64	1996
2	Schepens Cedric	7.74	1993
	Naif Jerome	7.74	1996
4	Xhonneux Frederic	7.84	1996
5	Guillet Lionel	8.04	1993
	Cawet Cedric	8.04	1996
7	Kill Michel	8.24	1996
8	Foucart François	8.44	1993
9	Degives Jean Baptiste	8.54	1993
10	Van De Zande Chris	8.64	1993
11	Huybrechts Xavier	8.84	1996
12	Moya Julien	8.74	1993
13	Guarneri Salvatore	8.74	1996
14	Van Oudenhoven Karl	9.14	1993
15	De Ruyver Julien	9.24	1996
16	Guarneri Renato	9.34	1994
17	Franco Marc	9.74	1996

### TC 60 m

1	Desruelles Ronald	6.56	1985
2	Ferro Anthony	6.69	2005
3	Sekanyambo Ilunga Olivier	6.73	2002
4	Thomas Samy	6.76	1993
	Broothaerts Damien	6.76	2009
6	Reets Andrew	6.79	1999
7	Niesen Charles	6.83	2018

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8	Amery Ronald	6.84	1991
9	Guellet Yassin	6.85	1996
	Kola Biasu Guelord	6.85	2022
11	Tshitwenu Florian	6.86	2019
12	Kabuya Serge	6.87	2001
13	Kasmi Amine	6.88	2020
14	Thomas Samy	6.89	1992
15	Gillet Antoine	6.90	2015
16	Mambo Kedjeloba	6.94	1993
	Kalmen Adam	6.94	2018
18	Cincinatis Yves	6.95	1984
19	Vanhamme Arno	6.95	2016
20	Gueulette Arnaud	6.98	2017
21	Vanlancker Rudi	7.04	1992

### TC 150 m

1	Niesen Charles	16.79	2022
2	Sergeef Martin	19.59	2011
3	Diallo Oumar	19.71	2007
4	Montilla Dimitri	19.94	2011
5	Taiwo Eniola	19.99	2012
6	Paulus Gary	20.08	2005
7	Englebert Timothee	20.23	2017
8	Lebailly Kevin	20.32	2005
9	Diallo Mamadou	20.46	2001
	Okeowo Peredjo	20.46	2012
11	Medan Marko	20.67	2015
12	Dogan Mervan	20.76	2003
13	Lins Sebastien	20.87	2005
14	Sonon Lionel	20.92	2000
15	Vandenhoeke Arthur	20.99	2009
16	Guellet Shadi	21.38	2019

### TC 200 m

1	Gillet Antoine	21.14	2015
2	Amery Ronald	21.50	1991
	Ghislain Arnaud	21.50	2016
4	Kasmi Amine	21.51	2022
5	Niesen Charles	21.66	2018
6	Broothaerts Damien	21.70	2014
7	Kalmen Adam	21.74	2017
8	Vanhamme Arno	21.78	2016
9	Sekanyambo Ilunga Olivier	21.90	1999
10	Eyenga Lokilo Jean-Claude	21.92	1996
11	Vanhamme Stephan	21.96	1982
12	Guellet Yassin	21.98	1996
	Moral Miguel	21.98	2010
14	Vervloet Gregory	22.05	2007
15	Medan Marko	22.09	2022
16	Zimmerman Michel	22.26	1987
17	Tshitwenu Florian	22.34	2016
18	Caty Dylan	22.43	2016
19	Thomas Samy	22.45	1991
20	Cincinatis Yves	22.50	1987

### TC 300 m

1	Gillet Antoine	33.52	2015
2	Ghislain Arnaud	34.38	2014
3	Vervloet Gregory	35.65	2010
4	Lins Sebastien	36.08	2010
5	Nijs Gaston	36.45	2014
6	Kabuya Hugues	36.49	2018
7	Nkierre Danfuname Rene	36.75	2017
8	Vanhamme Arno	36.97	2014
9	Castermane Julien	37.19	2006
10	Tshitwenu Florian	37.34	2014
11	Vandenhoeke Arthur	37.50	2012
12	Maingain François	37.89	2010
13	Balsen Julien	38.44	2017
14	Mbuyi Bodika William	39.02	2020
15	Ilunga Carl	39.39	2014
16	Beyaert Corentin	39.45	2018
17	Montilla Dimitri	39.48	2012
18	Puku Toku Christian	39.55	2012

19	Hendrick Quentin	39.77	2012
20	Biala Kenny	40.16	2020

### TC 400 m

1	Gillet Antoine	46.95	2011
2	Ghislain Arnaud	47.41	2011
3	Badji Asamti	47.84	2019
4	Lins Sebastien	48.48	2020
5	Mazebo Simon	48.49	2022
6	Mabille Florent	48.57	2022
7	Vervloet Gregory	48.79	2005
8	Nicodeme Romain	48.90	2017
9	Destatte Arnaud	48.94	2009
10	Asselman Frank	48.95	1994
11	Ammar Khodja Brahim	48.97	2015
12	D'Hondt Jacky	49.15	1990
	Amery Ronald	49.15	1995
14	Balhan Pierre Antoine	49.24	2014
15	Vanhamme Stefan	49.30	1987
16	De Vrye Yves	49.87	1983
17	Nijs Gaston	50.37	2015
18	Gelise Jacques	50.55	1985
19	Asselman Frank	50.86	1991
19	Castermane Julien	51.31	2007
21	Maniquet Rudi	51.77	1988

### TC 500 m

1	Froidmont Arnaud	64.64	2015
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### TC 600 m

1	Obrijanu Vadim	2.21.01	2022
2	Draoui Amine	2.23.75	2022
3	Mievis Axel	2.35.53	2022
4	De Heug Elliot	2.39.56	2022
5	Cioaca Mario Louis	2.49.43	2022

### TC 800 m

1	Balhan Pierre-Antoine	1.48.65	2015
2	Ghislain Arnaud	1.50.04	2015
3	Froidmont Arnaud	1.50.86	2015
4	Van Den Broeck Wout	1.52.34	1998
5	Maingain François	1.53.47	2011
6	Desmedt Frederic	1.54.12	1992
7	Balhan Robin	1.56.03	2020
8	Labruyere Jaques	1.56.20	1980
9	Petitjean Simon	1.56.86	2020
10	Levacq Corentin	1.56.95	1998
11	Payen Serge	1.57.65	1999
12	Haymans Thomas	1.57.76	2002
13	Schroeven Bruno	1.58.02	2003
14	Metian Marc	1.58.05	1998
15	Azami Halille	1.58.27	1992
16	Vandenhoeke Arthur	1.58.71	2014
17	Azaoum Rachid	1.58.87	2004
18	Tiaz Younes	1.59.15	2004
19	Bentheim Ronald	1.59.38	2000
20	Kanfouh Mohamed	2.00.28	2017

### TC 1000 m

2	Hernould Franky	2.30.02	2010
3	Levacq Corentin	2.32.86	2003
4	Schroeven Bruno	2.32.91	2003
5	Xhonneux Frederic	2.33.57	2005
6	Bentheim Ronald	2.35.90	2000
7	Vandamme Bram	2.37.41	2018
8	Haymans Thomas	2.38.21	2003
9	Vanderhaeghen Olivier	2.38.54	1997
10	Vandecapelle Mattijs	2.38.92	2014
11	El Yattouti Younes	2.39.78	2003
12	Tiaz Younes	2.44.47	2002
13	Guellet Yassin	2.46.30	1996
14	Nicodeme Romain	2.46.82	2014
15	Gets Florent	2.47.61	2016

## RESC TOP 20 INDOOR

16	Arifi Ilias	2.48.69	2022
17	Azaoum Rachid	2.48.85	2003
18	Kebdani Samir	2.52.82	2003
19	Lins Sebastien	2.52.89	2009
20	Potemans Anton	2.53.59	2013

### TC 1500 m

1	Moukrime Tarik	3.40.73	2018
2	Callahan Peter	3.41.08	2020
3	Van Den Broeck Wout	3.45.68	1998
4	Desmedt Frederic	3.45.77	1994
5	Ruell Kim	3.50.25	2013
6	Desmedt Frederic	3.51.59	1992
6	Dewitte Sebastien	3.54.22	2007
7	Heremans Nick	3.56.17	1996
8	Chahbi Youness	3.56.37	2011
9	Lauwers Ronald	3.57.70	1984
10	Balhan Pierre Antoine	3.59.18	2012
11	Hernould Franky	4.01.68	2010
12	Levacq Corentin	4.02.99	2004
13	Boisco Maxime	4.03.31	2016
14	Petitjean Simon	4.03.61	2015
15	Aouragh Reda	4.05.28	2022
16	Kebdani Samir	4.10.45	2005
17	Ouamari Aabid	4.12.53	1995
18	Miller Benoit	4.17.91	2004
19	El Yattouti Younes	4.20.38	2004
20	Maingain François	4.24.73	2007

### TC Mile

1	Callahan Peter	3.55.77	2018
2	Verbeeck Bob	3.57.81	1985

### TC 3000 m

1	Ruell Kim	8.01.58	2013
2	Heremans Nick	8.08.53	1992
3	Desmedt Frederic	8.10.83	1999
4	Ben Mohamed Rachid	8.13.74	1992
5	Dewitte Sebastien	8.14.92	2009
6	Ouamari Aabid	8.18.00	1998
7	Dulieu Christian	8.19.90	1979
8	Lejeune Emmanuel	8.24.58	2014
9	Van Den Boeck Wout	8.31.07	1997
10	Hernould Franky	8.31.13	2009
11	Sihamane Abdeljelbar	8.36.40	2011
12	Petitjean Simon	8.36.85	2016
13	Levacq Corentin	8.42.45	2008
14	Kebdani Samir	9.05.91	2006

### TC 40 m haies (76 cm)

1	Taieb Rayane	10.18	2013
2	Kubiak Joachim	11.01	2019

### TC 40 m haies (84 cm)

1	Demanet Lounis	7.38	2016
2	Xhonneux Frederic	7.54	1996
3	Naif Jerome	8.04	1996
4	Mbuyi Tshinyongolo Tresor	8.09	2019
5	Thiry Stephane	8.14	1994
6	De Tollenaere Tom	8.23	2016
7	Cawet Cedric	8.24	1996
8	Moral Miguel	8.44	1994
	Vervloet Gregory	8.44	1996
10	Guillet Lionel	8.64	1994
11	Clais Marc	8.74	1994
12	Ben Mohamed Younes	8.84	1994
13	Guarneri Salvatore	8.94	1996
14	Vaessen Fabien	8.94	1996
15	Blondiau Fabian	9.04	1994

### TC 50 m haies (106 cm)

1	Raspe Claude	6.66	1980
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### TC 60 m haies (76 cm)

1	Mertens Raphael	10.20	2020
2	Montilla Dimitri	10.33	2008
3	Elsen Daan	11.24	2005
4	Kubiak Joachim	11.34	2022
5	Potemans Anton	11.94	2007
6	Srifi Kanfaoui Reda	12.34	2012
7	Baiwir Julien	12.44	2000
8	Beyaert Corentin	12.48	2012
9	Hoorens Anthony	12.58	2008
10	Gonzalez Antoine	12.64	2017
11	Nicodeme Romain	12.70	2006
12	Diallo Oumar	12.72	2005
13	Verburgt Tom	12.76	2007
14	Delatte Lionel	12.81	2006
15	Boniver Evan	12.86	2014
16	Maertens Christophe	12.92	1999
17	Englebert Timothee	12.94	2015
	Camps Sebastien	12.94	2017

### TC 60 m haies (84 cm)

1	Montilla Dimitri	9.68	2011
2	Diallo Oumar	9.99	2007
3	Okeowo Peredjo	10.40	2012
4	Potemans Anton	10.68	2009
5	Nicodeme Romain	10.96	2008
6	Lebailly Kevin	10.98	2005
7	Demanet Lounis	11.13	2016
8	Englebert Timothee	11.14	2017
9	De Wilde Julien	11.21	1999
10	Coomans Werner	11.24	1999
11	Nees Ghislain	11.31	2006
12	Lins Sebastien	11.32	2005
13	Taiwo Eniola	11.34	2012
14	Elsen Daan	11.35	2006
15	Nicodeme Thibault	11.32	2005

### TC 60 m haies (91 cm)

1	Broothaerts Damien	7.78	2000
2	Elsen Daan	8.11	2011
3	Van de Velde Frank	8.48	1996
4	Xhonneux Frederic	8.55	2000
5	Potemans Anton	8.60	2013
6	Okeowo Peredjo	8.64	2015
7	Mambo Djeke	8.68	1993
8	Lins Sebastien	8.69	2009
9	Squiflet Pierre	8.71	1995
10	Diallo Oumar	8.82	2011
11	Loens Sam	8.83	2014
12	Mambo Djeke	8.93	1992
13	Montilla Dimitri	9.01	2013
14	Leyman David	9.31	2000
15	Hinne Benoit	9.38	1988
16	Arifi Ilias	9.39	2019
17	Demanet Lounis	9.50	2018
18	Vanden Eede Hugues	10.05	1992
19	Schoonjans Patrick	10.54	1992

### TC 60 m haies (99 cm)

1	Caty Dylan	7.83	2016
2	Elsen Daan	8.01	2012
3	Segers Daniel	8.14	2020
4	Okeowo Peredjo	8.25	2017
5	Arifi Ilias	8.55	2022
6	Vanderhaeghen David	8.53	1991
7	Mambo Kedjeloba	8.62	1990
8	Lins Sebastien	8.73	2010
9	Guillet Yassin	8.75	1990
10	Nicodeme Romain	8.79	2014
11	Pinchart Alain	8.84	1990
12	Vanden Berghen Yves	8.94	1990
13	Loens Sam	8.98	2015
14	Van De Sype Vincent	9.26	2011

## RESC TOP 20 INDOOR

15	Gentile Raphael	9.43	1992
16	Denys Jonathan	9.57	2009
17	Caluwe Arnaud	9.65	2010
18	Steppe Tom	10.03	1990
19	Beeckman Amaury	10.02	2013
20	Rudman David	10.04	1992

### TC 60 m haies (106 cm)

1	Broothaerts Damien	7.68	2015
2	Caty Dylan	7.81	2017
3	Asselman Frank	7.83	1996
4	Ruffacq Quentin	7.84	2015
5	Marloye Roland	8.02	1985
6	Elsen Daan	8.11	2016
7	Mambo Kedjeloba	8.13	1993
8	Dotrenghe Sacha	8.25	1992
	Van de Velde Frank	8.25	1999
10	Da Silva Juan	8.31	1986
12	Asselman Frank	8.32	1992
13	Xhonneux Frederic	8.36	2006
14	Sanglier Olivier	8.40	1994
15	Guellet Yassin	8.41	1996
	Montilla Dimitri	8.41	2018
17	Vandecapelle Mattijs	8.48	2014
18	De Landsheere Pierre	8.49	1991
	Mambo Djeke	8.49	1994
20	Vanlancker Rudi	8.53	1990
21	Dotrenghe Sacha	8.57	1990
22	Sanglier Olivier	8.63	1992

### TC Hauteur

1	Moreau Guy	2m21	1977
2	Sandron Dominique	2m20	1991
3	Maenhoudt Dimitri	2m18	1992
4	Kalandula Fabiano	2m15	2016
5	Gamuella Ngamunguela Jos	2m06	2019
6	Xhonneux Frederic	2m04	2005
7	Elsen Daan	2m02	2014
8	Guellet Yassin	2m01	1992
9	Vanlancker Rudi	1m99	1988
	Montilla Dimitri	1m99	2018
11	Campener Corentin	1m98	2011
12	Beaumont Christian	1m95	1984
	Borsos Daniel	1m95	1987
	Van de Velde Frank	1m95	1995
	Vaissiere Cyril	1m95	2006
16	Pinchart Alain	1m90	1990
17	Elsen Daan	1m88	2011
18	Arifi Ilias	1m85	2022
19	Dotrenghe Alexandre	1m83	1992
20	Hostyn Laurent-David	1m80	2004

### TC Longueur

1	Campener Corentin	7m79	2020
2	Housiaux Philippe	7m70	1971
3	Vanlancker Rudi	7m63	1991
4	Guellet Yassin	7m53	1995
5	Yuma M'Bayo Eric	7m34	1989
6	Marloye Roland	7m32	1984
7	Guellet Yassin	7m30	1992
8	Xhonneux Frederic	7m21	2007
9	Elsen Daan	7m18	2014
10	Caluwe Arnaud	7m14	2019
11	Vanderhaeghen David	7m11	1994
12	Segers Daniel	7m05	2021
13	Vandecapelle Mattijs	6m94	2014
14	Naga Djihed	6m90	2009
15	Delporte Luc	6m82	1985
	Montilla Dimitri	6m82	2019
17	Gruson Augustin	6m81	2022
18	Costello Denis	6m80	1984
19	Sandron Dominique	6m72	1992
20	Diallo Oumar	6m69	2011
21	Herman Eric	6m65	1990

Bayens Joachim	6m65	1992
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### TC Triple saut

1	Falise Didier	16m57	1987
2	Mambo Kedjeloba	16m21	1996
3	Guellet Yassin	15m45	1993
4	Mambo Kedjeloba	15m35	1992
5	Vanderhaeghen David	15m30	1994
6	Xhonneux Frederic	15m07	2005
7	Guellet Yassin	15m04	1991
8	Delporte Luc	15m01	1987
9	Yuma M'Bayo Eric	14m97	1990
10	Mambo Djeke	14m88	1994
11	Castello Denis	14m71	1984
12	Geerts Gregory	14m67	2022
13	Vanderhaeghen David	14m39	1992
14	Campener Corentin	14m27	2011
15	Bolsee David	14m26	1987
16	Henry Paul	14m15	1975
17	Rolland Dominique	13m95	1978
18	Sandron Dominique	13m85	1992
19	Alvarez Guy	13m81	1982
20	Marloye Roland	13m68	1979
21	Hoorens Christopher	13m42	2014
22	Naga Djihed	13m30	2007
23	Mambo Djeke	12m66	1992
24	Haerynck Philippe	12m53	1992

### TC Perche

1	Jacques Jean-Marc	5m10	1982
2	De Water Timo	5m00	2020
3	Biot Olivier	4m90	1994
4	Xhonneux Frederic	4m80	2007
	Elsen Daan	4m80	2015
6	Dewil Jef	4m75	1991
7	Ons Bart	4m70	1993
	Rombaut Wesley	4m70	1996
	Stevens Alain	4m70	1983
10	Montilla Dimitri	4m50	2018
11	Biot Olivier	4m40	1992
11	Vandecapelle Mattijs	4m40	2014
12	Jacobs David	4m20	1997
	Arifi Ilias	4m20	2022
14	Van Den Bedem Miguel	4m00	2014
	Gets Florent	4m00	2015
16	Sintichiakis Nicolaos	3m90	2000
	Nicodeme Romain	3m90	2014
18	Loens Sam	3m80	2014
19	De Tollenaere Tom	3m60	2022
20	Lecompte David	3m25	1991

### TC Poids (1 kg)

1	Elsen Daan	9m08	2003
2	Xhonneux Frederic	8m60	1992
3	Arifi Rayane	8m38	2017
4	Van De Sype Vincent	8m33	2002
5	Baiwir Julien	8m19	1998
6	Montilla Alexis	8m05	2011
7	Cigri Ephrem	8m00	2014
8	Taieb Rayan	7m99	2012
9	Vrebos Stephane	7m95	1992
	Cuypers Florian	7m95	2012
11	Potemans Anton	7m93	2005
12	Wavreil Cedric	7m77	2000
13	Guarneri Renato	7m64	1996
14	Gerard Valery	7m64	2000
15	Beyaert Corentin	7m60	2011

### TC Poids (2 kg)

1	Montilla Dimitri	10m01	2009
2	Baiwir Julien	9m75	2000
3	Elsen Daan	9m47	2005
4	Diallo Oumar	9m39	2005

## RESC TOP 20 INDOOR

5	Mertens Tom	8m91	1997
6	Guarneri Salvatore	8m79	1995
7	Potemans Anton	8m75	2007
8	Englebert Timothee	8m67	2015
9	Guarneri Renato	8m60	1997
10	Xhonneux Frederic	8m58	1993
11	Monsieur Julien	8m38	2018
12	Gerard Benjamin	8m36	1999
13	Nicodeme Romain	8m18	2006
14	Arifi Rayane	8m16	2019
15	Montilla Alexis	8m12	2013

### TC Poids (3 kg)

1	Montilla Dimitri	13m94	2011
2	Diallo Oumar	13m47	2007
3	Nees Ghislain	11m01	2006
4	Englebert Timothee	10m69	2017
5	Guarneri Renato	10m19	1999
6	Chekem Ramses	10m15	2016
7	Gerard Jeremy	9m85	2000
8	Xhonneux Frederic	9m38	1996
9	Diallo Mamadou	9m14	2001
10	Baiwir Julien	9m06	2001
11	Van De Sype Vincent	9m04	2006
12	De Tollenaere Tom	8m97	2016
13	Elsen Daan	8m96	2006
14	Gerard Benjamin	8m93	2000
15	Hendrickx Wim	8m91	1995
16	Van Cutsem Christophe	8m85	1992

### TC Poids (4 kg)

1	Diallo Oumar	14m30	2007
2	Diallo Mamadou	13m64	2003
3	Beeckman Amaury	13m04	2010
4	Squiflet Pierre	13m56	1994
5	Englebert Timothee	13m25	2019
6	Xhonneux Frederic	12m07	1998
7	Leyman David	11m97	2000
8	Potemans Anton	11m93	2011
9	Montilla Dimitri	11m77	2012
10	Petitjean Nicolas	11m48	2014
11	De Tollenaere Tom	11m30	2018
12	Gentile Raphael	10m72	1991
13	Oliveira Da Silva Raphael	10m63	2007
14	Okeowo Peredjo	10m60	2013
15	Chekem Ramses	10m55	2018
16	Verschoren Quentin	10m35	1992

### TC Poids (5 kg)

1	Elsen Daan	14m55	2011
2	Diallo Oumar	14m01	2011
3	Xhonneux Frederic	13m02	2000
4	Steppe Tom	12m97	1991
5	Beeckman Amaury	12m91	2012
6	Guellet Yassin	12m36	1991
7	Potemans Anton	12m35	2013
	De Tollenaere Tom	12m35	2020
9	Squiflet Pierre	12m33	1995
10	Gomes Marcel	12m04	1995
11	Montilla Alexis	11m89	2019
12	Chekem Ramses	11m61	2020
13	Sustelo Antonio	11m52	2004
14	Vanderhaeghen David	11m44	1991
15	Denys Jonathan	11m34	2007
16	Gentile Raphael	9m89	1992

### TC Poids (6 kg)

1	Guillaume Jonathan	16m23	2011
2	Elsen Daan	12m85	2012
3	Jacobs David	12m73	1993
4	Xhonneux Frederic	12m30	2001
5	Bernard Tom	11m99	2012
6	Beeckman Amaury	11m98	2013

7	De Tollenaere Tom	11m88	2022
8	Arifi Ilias	11m52	2022
9	Hostyn Laurent-David	11m40	2005
10	Montilla Alexis	11m15	2020
11	Van De Sype Vincent	11m10	2012
12	Nicodeme Romain	11m06	2014
13	Leyman David	11m00	2003
14	Loens Sam	10m93	2016
15	Denys Jonathan	10m91	2008
16	Huylebroeck Pascal	9m41	1985
17	Pinchart Alain	8m73	1991

### TC Poids (7,26 kg)

1	Guillaume Jonathan	15m87	2019
2	Hocq Fabrice	14m82	1999
3	Xhonneux Frederic	14m31	2008
4	Gets Florent	13m86	2019
5	Chevalier Claude	13m70	1986
6	Montilla Dimitri	13m40	2020
7	Van Vaerenbergh Piet	13m20	1984
8	Rogers Vincent	13m12	1996
9	Guellet Yassin	13m02	2003
10	Vandecapelle Mattijs	12m87	2014
11	Stockmans Franck	12m80	1993
12	Elsen Daan	12m31	2014
13	Dotrenghe Sacha	12m14	1992
14	Hoffman Nils	11m99	2011
15	Metens Armand	11m71	2004

### TC Triathlon

1	Gets Florent	1854 p	2015
2	Montilla Alexis	1454 p	2022

### TC Heptathlon

1	Xhonneux Frederic	5720 p	2007
2	Guellet Yassin	5386 p	1996
3	Montilla Dimitri	5315 p	2018
4	Vandecapelle Mattijs	5285 p	2014
5	Gets Florent	4856 p	2016
6	Leyman David	3763 p	2003

### TC 5000 m marche

1	Leroy Benjamin	20.13.88	1993
2	Foulon Didier	28.57.61	2007

### MASTERS HOMMES 35

### MAS 35 - Poids (7,26 kg)

1	Chevalier Claude	13m70	1986
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### MASTERS HOMMES 40

### MAS 40 - Perche

1	Dewil Jef	4m75	1991
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### MASTERS HOMMES 45

### MASTERS HOMMES 50

### MASTERS HOMMES 55

### MASTERS HOMMES 60

### MASTERS HOMMES 65

## MASTERS HOMMES HANDISPORT

60 m

1	Denys Jacques	20.12	2020
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Poids (5 kg)

1	Denys Jacques	7m03	2020
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Poids (6 kg)

1	Denys Jacques	6m57	2019
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