

## RESC TOP 20 INDOOR

### BENJAMINS GARÇONS – U10

#### BEN 40 m

|    |                   |      |      |
|----|-------------------|------|------|
| 1  | Ben Ahmed Yanis   | 7.01 | 2019 |
| 2  | Arifi Rayane      | 7.04 | 2016 |
| 3  | Poortman Matheo   | 7.16 | 2016 |
| 4  | Vrebos Stephane   | 7.24 | 1992 |
| 5  | Chekem Amon Re    | 7.26 | 2019 |
| 6  | Huyghe Gauthier   | 7.37 | 2016 |
| 7  | Montilla Alexis   | 7.42 | 2011 |
| 8  | Arifi Reda        | 7.46 | 2014 |
| 9  | Meguellati Younes | 7.57 | 2016 |
| 10 | Theys Norick      | 7.67 | 2014 |
| 11 | Huybrechts Xavier | 7.74 | 1994 |
|    | Kehl Nicolas      | 7.74 | 2019 |
| 13 | Boot Nathan       | 7.83 | 2009 |
| 14 | Van Elsuwe Alexis | 8.04 | 2013 |
| 15 | Dakir Anis        | 8.05 | 2014 |

#### BEN 50 m

|   |                   |      |      |
|---|-------------------|------|------|
| 1 | Guarneri Renato   | 9.34 | 1994 |
| 2 | Foucart Adrien    | 9.64 | 1996 |
| 3 | Huybrechts Xavier | 9.84 | 1993 |

#### BEN 60 m

|    |                   |       |      |
|----|-------------------|-------|------|
| 1  | Montilla Dimitri  | 9.56  | 2006 |
| 2  | Kompany Vincent   | 9.63  | 1995 |
| 3  | Elsen Daan        | 9.70  | 2003 |
| 4  | Ouattara Reda     | 9.73  | 2017 |
| 5  | Potemans Anton    | 9.84  | 2005 |
| 6  | Ben Ahmed Yanis   | 9.85  | 2019 |
| 7  | Cuypers Florian   | 9.86  | 2012 |
|    | Kubiak Joachim    | 9.86  | 2018 |
| 9  | Poortman Matheo   | 9.88  | 2016 |
| 10 | Stodolski Michael | 9.90  | 2009 |
| 11 | Guellet Elijah    | 9.99  | 2019 |
| 12 | Arifi Rayane      | 10.03 | 2016 |
| 13 | Matassi Lucas     | 10.04 | 2016 |
| 14 | Ouattara Noham    | 10.05 | 2019 |
| 15 | Honore Geoffrey   | 10.14 | 1998 |

#### BEN 600 m

|   |                    |         |      |
|---|--------------------|---------|------|
| 1 | Obrijanu Vadim     | 2.21.01 | 2022 |
| 2 | Draoui Amine       | 2.23.75 | 2022 |
| 3 | Mievis Axel        | 2.35.53 | 2022 |
| 4 | De Heug Elliot     | 2.39.56 | 2022 |
| 5 | Cioaca Mario Louis | 2.49.43 | 2022 |

#### BEN 1000 m

|    |                     |         |      |
|----|---------------------|---------|------|
| 1  | Kompany Vincent     | 3.38.74 | 1995 |
| 2  | Montilla Dimitri    | 3.39.69 | 2006 |
| 3  | Potemans Anton      | 3.45.39 | 2005 |
| 4  | Honore Mallory      | 4.12.91 | 2003 |
| 5  | De Ruyver Julien    | 4.14.29 | 1995 |
| 6  | Nicodeme Romain     | 4.16.64 | 2003 |
| 7  | Van De Sype Vincent | 4.17.45 | 2002 |
| 8  | Decoster Alexis     | 4.18.33 | 2003 |
| 9  | Gonzalez Nicolas    | 4.25.73 | 2006 |
| 10 | Croiselet Nicolas   | 4.44.88 | 1995 |
| 11 | Van De Sype Arnaud  | 4.59.29 | 2003 |

#### BEN Hauteur

|    |                     |      |      |
|----|---------------------|------|------|
| 1  | Xhonneux Frederic   | 1m16 | 1992 |
|    | Van De Sype Vincent | 1m16 | 2002 |
| 3  | Montilla Dimitri    | 1m10 | 2007 |
| 4  | Vrebos Stephane     | 1m07 | 1992 |
| 5  | Potemans Anton      | 1m05 | 2005 |
|    | Montilla Alexis     | 1m05 | 2011 |
|    | Cuypers Florian     | 1m05 | 2012 |
|    | Theys Norick        | 1m05 | 2015 |
| 9  | Hasselmans Jérôme   | 1m01 | 1997 |
| 10 | Elsen Daan          | 1m00 | 2003 |
|    | Nicodeme Romain     | 1m00 | 2004 |

|    |                    |      |      |
|----|--------------------|------|------|
|    | Beyaert Corentin   | 1m00 | 2011 |
|    | Huyghe Gauthier    | 1m00 | 2016 |
| 14 | Guarneri Salvatore | 0m98 | 1993 |
|    | Hautot Quentin     | 0m98 | 1998 |

#### BEN Longueur

|    |                     |      |      |
|----|---------------------|------|------|
| 1  | Elsen Daan          | 3m67 | 2003 |
| 2  | Montilla Dimitri    | 3m57 | 2007 |
| 3  | Potemans Anton      | 3m46 | 2005 |
| 4  | Hautot Quentin      | 3m40 | 1998 |
|    | Stodolski Michael   | 3m40 | 2009 |
| 6  | Gerard Benjamin     | 3m34 | 1997 |
| 7  | Ben Ahmed Yanis     | 3m33 | 2019 |
| 8  | Cuypers Florian     | 3m32 | 2012 |
| 9  | Nicodeme Romain     | 3m26 | 2004 |
| 10 | Honore Geoffrey     | 3m24 | 1998 |
| 11 | Montilla Alexis     | 3m14 | 2011 |
| 12 | Baiwir Julien       | 3m12 | 1998 |
|    | Ouattara Noham      | 3m12 | 2019 |
| 14 | Van De Sype Vincent | 3m11 | 2002 |
|    | Kropek Nicolas      | 3m09 | 1999 |

#### BEN Poids (1 kg)

|    |                     |      |      |
|----|---------------------|------|------|
| 1  | Elsen Daan          | 9m08 | 2003 |
| 2  | Xhonneux Frederic   | 8m60 | 1992 |
| 3  | Arifi Rayane        | 8m38 | 2017 |
| 4  | Van De Sype Vincent | 8m33 | 2002 |
| 5  | Baiwir Julien       | 8m19 | 1998 |
| 6  | Montilla Alexis     | 8m05 | 2011 |
| 7  | Cigri Ephrem        | 8m00 | 2014 |
| 8  | Taieb Rayan         | 7m99 | 2012 |
| 9  | Vrebos Stephane     | 7m95 | 1992 |
|    | Cuypers Florian     | 7m95 | 2012 |
| 11 | Potemans Anton      | 7m93 | 2005 |
| 12 | Wavreil Cedric      | 7m77 | 2000 |
| 13 | Guarneri Renato     | 7m64 | 1996 |
| 14 | Gerard Valery       | 7m64 | 2000 |
| 15 | Beyaert Corentin    | 7m60 | 2011 |

#### BEN Triathlon

|   |                 |       |      |
|---|-----------------|-------|------|
| 1 | Montilla Alexis | 570 p | 2010 |
|---|-----------------|-------|------|

#### BEN Tetrathlon

|   |                    |        |      |
|---|--------------------|--------|------|
| 1 | Cuypers Florian    | 1172 p | 2012 |
| 2 | Beyaert Corentin   | 1070 p | 2011 |
| 3 | Montilla Alexis    | 955 p  | 2011 |
| 4 | Huyghe Gauthier    | 904 p  | 2016 |
| 5 | Van De Sype Arnaud | 525 p  | 2003 |
| 6 | Theys Norick       | 400 p  | 2014 |

### PUPILLES GARÇONS – U12

#### PUP 40 m

|    |                       |      |      |
|----|-----------------------|------|------|
| 1  | Thiry Stephane        | 6.44 | 1992 |
| 2  | Blondiau Fabian       | 6.64 | 1992 |
| 3  | Monsieur Julien       | 6.73 | 2018 |
| 4  | Moral Miguel          | 6.74 | 1992 |
|    | Naif Jerome           | 6.74 | 1994 |
| 6  | Belghiti Alaoui Ayman | 6.81 | 2016 |
| 7  | Kubiak Joachim        | 6.82 | 2019 |
| 8  | Guillet Lionel        | 6.84 | 1992 |
|    | Schepens Cedric       | 6.84 | 1992 |
|    | Coomans Werner        | 6.84 | 1996 |
| 11 | Boniver Evan          | 6.85 | 2014 |
| 12 | Gonzalez Antoine      | 6.87 | 2016 |
| 13 | Balcaen Oscar         | 6.93 | 2019 |
| 14 | Thys Alain            | 6.94 | 1992 |
|    | Haymans Thomas        | 6.94 | 1996 |
|    | Boukria Jawad         | 6.94 | 2016 |
| 17 | Ben Ahmed Yanis       | 7.01 | 2019 |
| 18 | Arifi Rayane          | 7.04 | 2016 |
| 19 | Poortman Matheo       | 7.16 | 2016 |
| 20 | Vrebos Stephane       | 7.24 | 1992 |

## RESC TOP 20 INDOOR

### PUP 50 m

|   |                       |      |      |
|---|-----------------------|------|------|
| 1 | Naif Jerome           | 8.04 | 1993 |
| 2 | Xhonneux Frederic     | 8.24 | 1993 |
| 3 | Degives Jean Baptiste | 8.54 | 1993 |
| 4 | Van De Zande Chris    | 8.64 | 1993 |
| 5 | Huybrechts Xavier     | 8.84 | 1996 |
| 6 | De Ruyver Julien      | 9.24 | 1996 |
| 7 | Guarneri Renato       | 9.34 | 1994 |
| 8 | Foucart Adrien        | 9.64 | 1996 |
| 9 | Franco Marc           | 9.74 | 1996 |

### PUP 60 m

|    |                     |      |      |
|----|---------------------|------|------|
| 1  | Ouattara Reda       | 8.70 | 2019 |
| 2  | Montilla Dimitri    | 8.79 | 2009 |
| 3  | Medan Marko         | 8.81 | 2014 |
| 4  | Kubiak Joachim      | 8.88 | 2020 |
| 5  | Coomans Werner      | 8.92 | 1997 |
| 6  | Baiwir Julien       | 9.04 | 1999 |
| 7  | Elsen Daan          | 9.07 | 2005 |
| 8  | Serfiotis Nicolas   | 9.08 | 2001 |
| 9  | Winderickx Ingmar   | 9.11 | 2002 |
| 10 | Hoorens Christopher | 9.17 | 2007 |
| 11 | Frenay Kevin        | 9.19 | 2006 |
| 12 | De Decker Mathieu   | 9.20 | 1998 |
|    | Stodolski Michael   | 9.20 | 2010 |
| 14 | Demagnet Lounis     | 9.22 | 2014 |
| 15 | Soudon Jules        | 9.25 | 2019 |
| 16 | Kompany Vincent     | 9.63 | 1995 |
| 17 | Potemans Anton      | 9.84 | 2005 |
| 18 | Ben Ahmed Yanis     | 9.85 | 2019 |
| 19 | Cuypers Florian     | 9.86 | 2012 |
| 20 | Poortman Matheo     | 9.88 | 2016 |

### PUP 600 m

|   |                    |         |      |
|---|--------------------|---------|------|
| 1 | Obrijanu Vadim     | 2.21.01 | 2022 |
| 2 | Draoui Amine       | 2.23.75 | 2022 |
| 3 | Mievis Axel        | 2.35.53 | 2022 |
| 4 | De Heug Elliot     | 2.39.56 | 2022 |
| 5 | Cioaca Mario Louis | 2.49.43 | 2022 |

### PUP 1000 m

|    |                     |         |      |
|----|---------------------|---------|------|
| 1  | Montilla Dimitri    | 3.18.11 | 2009 |
| 2  | Winderickx Ingmar   | 3.26.17 | 2002 |
| 3  | Nicodeme Romain     | 3.31.19 | 2006 |
| 4  | Montilla Alexis     | 3.32.60 | 2012 |
| 5  | Srifi Kanfaoui Reda | 3.33.08 | 2012 |
| 6  | Nicodeme Thibault   | 3.33.33 | 2003 |
| 7  | Pholien Lionel      | 3.33.45 | 2002 |
| 8  | Elsen Daan          | 3.33.73 | 2005 |
| 9  | Dewitte Sebastien   | 3.34.63 | 1996 |
| 10 | Kamara Sanael       | 3.35.24 | 2015 |
| 11 | Taghret Badr        | 3.37.51 | 2014 |
| 12 | Maertens Christophe | 3.37.63 | 1999 |
| 13 | Potemans Anton      | 3.38.20 | 2006 |
| 14 | Housiaux Julien     | 3.38.61 | 2022 |
| 15 | Kompany Vincent     | 3.38.74 | 1995 |
| 16 | Honore Mallory      | 4.12.91 | 2003 |
| 17 | De Ruyver Julien    | 4.14.29 | 1995 |
| 18 | Van De Sype Vincent | 4.17.45 | 2002 |
| 19 | Decoster Alexis     | 4.18.33 | 2003 |
| 20 | Gonzalez Nicolas    | 4.25.73 | 2006 |

### PUP 40 m haies (76 cm)

|   |                |       |      |
|---|----------------|-------|------|
| 1 | Taieb Rayane   | 10.18 | 2013 |
| 2 | Kubiak Joachim | 11.01 | 2019 |

### PUP 60 m haies (76 cm)

|   |                     |       |      |
|---|---------------------|-------|------|
| 1 | Montilla Dimitri    | 10.33 | 2008 |
| 2 | Elsen Daan          | 11.24 | 2005 |
| 3 | Potemans Anton      | 11.94 | 2007 |
| 4 | Srifi Kanfaoui Reda | 12.34 | 2012 |
| 5 | Baiwir Julien       | 12.44 | 2000 |

|    |                     |       |      |
|----|---------------------|-------|------|
| 6  | Beyaert Corentin    | 12.48 | 2012 |
| 7  | Hoorens Anthony     | 12.58 | 2008 |
| 8  | Gonzalez Antoine    | 12.64 | 2017 |
| 9  | Nicodeme Romain     | 12.70 | 2006 |
| 10 | Diallo Oumar        | 12.72 | 2005 |
| 11 | Verburgt Tom        | 12.76 | 2007 |
| 12 | Delatte Lionel      | 12.81 | 2006 |
| 13 | Boniver Evan        | 12.86 | 2014 |
| 14 | Maertens Christophe | 12.92 | 1999 |
| 15 | Englebert Timothee  | 12.94 | 2015 |
|    | Camps Sebastien     | 12.94 | 2017 |

### PUP Hauteur

|    |                     |      |      |
|----|---------------------|------|------|
| 1  | Montilla Dimitri    | 1m44 | 2008 |
| 2  | Elsen Daan          | 1m37 | 2005 |
| 3  | Mertens Tom         | 1m30 | 1997 |
|    | Hoorens Anthony     | 1m30 | 2008 |
|    | Englebert Timothee  | 1m30 | 2015 |
| 6  | Clais Marc          | 1m29 | 1992 |
| 7  | Thiry Stephane      | 1m26 | 1992 |
|    | Xhonneux Frederic   | 1m26 | 1993 |
| 9  | Baiwir Julien       | 1m25 | 2000 |
|    | Mahoungou Gregory   | 1m25 | 1995 |
|    | Van De Sype Vincent | 1m25 | 2003 |
|    | Potemans Anton      | 1m25 | 2007 |
| 13 | Haymans Thomas      | 1m23 | 1996 |
|    | Nicodeme Romain     | 1m23 | 2006 |
| 15 | Van De Sype Arnaud  | 1m20 | 2005 |
|    | Frenay Kevin        | 1m20 | 2006 |
|    | Petitjean Nicolas   | 1m20 | 2010 |
|    | Badji Toumane       | 1m20 | 2012 |
|    | Montilla Alexis     | 1m20 | 2013 |
|    | Medan Marko         | 1m20 | 2014 |
|    | Monsieur Julien     | 1m20 | 2018 |

### PUP Longueur

|    |                   |      |      |
|----|-------------------|------|------|
| 1  | Montilla Dimitri  | 4m33 | 2009 |
| 2  | Elsen Daan        | 4m18 | 2005 |
| 3  | Diallo Oumar      | 4m08 | 2005 |
|    | Medan Marko       | 4m08 | 2014 |
| 5  | Winderickx Ingmar | 3m96 | 2002 |
| 6  | Potemans Anton    | 3m92 | 2007 |
| 7  | Delatte Lionel    | 3m90 | 2006 |
| 8  | Nicodeme Romain   | 3m87 | 2006 |
| 9  | Verburgt Tom      | 3m86 | 2007 |
| 10 | Baiwir Julien     | 3m85 | 2000 |
| 11 | De Gendt Lucien   | 3m73 | 2018 |
| 12 | Monsieur Julien   | 3m69 | 2018 |
| 13 | Serfiotis Nicolas | 3m65 | 2001 |
| 14 | Hoorens Anthony   | 3m64 | 2008 |
| 15 | Stodolski Michael | 3m62 | 2010 |
| 16 | Hautot Quentin    | 3m40 | 1998 |
| 17 | Gerard Benjamin   | 3m34 | 1997 |
| 18 | Ben Ahmed Yanis   | 3m33 | 2019 |
| 19 | Cuypers Florian   | 3m32 | 2012 |
| 20 | Honore Geoffrey   | 3m24 | 1998 |

### PUP Poids (1 kg)

|    |                     |      |      |
|----|---------------------|------|------|
| 1  | Elsen Daan          | 9m08 | 2003 |
| 2  | Xhonneux Frederic   | 8m60 | 1992 |
| 3  | Arifi Rayane        | 8m38 | 2017 |
| 4  | Van De Sype Vincent | 8m33 | 2002 |
| 5  | Baiwir Julien       | 8m19 | 1998 |
| 6  | Montilla Alexis     | 8m05 | 2011 |
| 7  | Cigri Ephrem        | 8m00 | 2014 |
| 8  | Taieb Rayan         | 7m99 | 2012 |
| 9  | Vrebos Stephane     | 7m95 | 1992 |
|    | Cuypers Florian     | 7m95 | 2012 |
| 11 | Potemans Anton      | 7m93 | 2005 |
| 12 | Wavreil Cedric      | 7m77 | 2000 |
| 13 | Guarneri Renato     | 7m64 | 1996 |
| 14 | Gerard Valery       | 7m64 | 2000 |
| 15 | Beyaert Corentin    | 7m60 | 2011 |

## RESC TOP 20 INDOOR

### PUP Poids (2 kg)

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Montilla Dimitri   | 10m01 | 2009 |
| 2  | Baiwir Julien      | 9m75  | 2000 |
| 3  | Elsen Daan         | 9m47  | 2005 |
| 4  | Diallo Oumar       | 9m39  | 2005 |
| 5  | Mertens Tom        | 8m91  | 1997 |
| 6  | Guarneri Salvatore | 8m79  | 1995 |
| 7  | Potemans Anton     | 8m75  | 2007 |
| 8  | Englebert Timothee | 8m67  | 2015 |
| 9  | Guarneri Renato    | 8m60  | 1997 |
| 10 | Xhonneux Frederic  | 8m58  | 1993 |
| 11 | Monsieur Julien    | 8m38  | 2018 |
| 12 | Gerard Benjamin    | 8m36  | 1999 |
| 13 | Nicodeme Romain    | 8m18  | 2006 |
| 14 | Arifi Rayane       | 8m16  | 2019 |
| 15 | Montilla Alexis    | 8m12  | 2013 |

### PUP Triathlon

|   |                    |        |      |
|---|--------------------|--------|------|
| 1 | Haymans Thomas     | 1250 p | 1996 |
| 2 | Coomans Werner     | 1155 p | 1996 |
| 3 | Mertens Tom        | 1055 p | 1996 |
| 4 | Verstraeten Cedric | 1019 p | 1996 |
| 5 | Browaays David     | 905 p  | 1996 |
| 6 | Franco Marc        | 768 p  | 1996 |
| 7 | Deprez Jerome      | 742 p  | 1996 |
| 8 | Taieb Rayane       | 564 p  | 2013 |

### PUP Tetrathlon

|   |                     |        |      |
|---|---------------------|--------|------|
| 1 | Montilla Dimitri    | 1683 p | 2008 |
| 2 | Potemans Anton      | 1637 p | 2007 |
| 3 | Nicodeme Romain     | 1626 p | 2006 |
| 4 | Delatte Lionel      | 1472 p | 2006 |
| 5 | Van De Sype Arnaud  | 1311 p | 2005 |
| 6 | Montilla Alexis     | 1287 p | 2013 |
| 7 | Denys Gregory       | 1112 p | 2004 |
| 8 | Van De Sype Vincent | 1062 p | 2003 |
| 9 | Teklal Liam         | 602 p  | 2011 |

### MINIMES GARÇONS – U14

#### MIN 40 m

|    |                           |      |      |
|----|---------------------------|------|------|
| 1  | Mbuyi Tshinyongolo Tresor | 6.12 | 2019 |
| 2  | Ben Mohamed Younes        | 6.34 | 1994 |
|    | Moral Miguel              | 6.34 | 1994 |
|    | Thiry Stephane            | 6.34 | 1994 |
| 5  | Englebert Timothee        | 6.37 | 2016 |
| 6  | Delatte Lionel            | 6.41 | 2008 |
| 7  | Nicodeme Romain           | 6.42 | 2008 |
| 8  | Delay Benoit              | 6.44 | 1992 |
|    | Van Cutsem Chris          | 6.44 | 1992 |
|    | Schepens Cedric           | 6.44 | 1994 |
|    | Vervloet Gregory          | 6.44 | 1996 |
| 12 | Demagnet Lounis           | 6.45 | 2015 |
| 13 | Guilmain Benoit           | 6.54 | 1992 |
|    | Guillet Lionel            | 6.54 | 1994 |
|    | Naif Jerome               | 6.54 | 1996 |
| 16 | Blondiau Fabian           | 6.64 | 1992 |
| 17 | Monsieur Julien           | 6.73 | 2018 |
| 18 | Belghiti Alaoui Ayman     | 6.81 | 2016 |
| 19 | Kubiak Joachim            | 6.82 | 2019 |
| 20 | Guillet Lionel            | 6.84 | 1992 |
|    | Coomans Werner            | 6.84 | 1996 |

#### MIN 50 m

|   |                       |      |      |
|---|-----------------------|------|------|
| 1 | Vervloet Gregory      | 7.64 | 1996 |
| 2 | Schepens Cedric       | 7.74 | 1993 |
|   | Naif Jerome           | 7.74 | 1996 |
| 4 | Xhonneux Frederic     | 7.84 | 1996 |
| 5 | Guillet Lionel        | 8.04 | 1993 |
|   | Cawet Cedric          | 8.04 | 1996 |
| 7 | Kill Michel           | 8.24 | 1996 |
| 8 | Foucart François      | 8.44 | 1993 |
| 9 | Degives Jean Baptiste | 8.54 | 1993 |

|    |                     |      |      |
|----|---------------------|------|------|
| 10 | Van De Zande Chris  | 8.64 | 1993 |
| 11 | Huybrechts Xavier   | 8.84 | 1996 |
| 12 | Moya Julien         | 8.74 | 1993 |
| 13 | Guarneri Salvatore  | 8.74 | 1996 |
| 14 | Van Oudenhoven Karl | 9.14 | 1993 |
| 15 | De Ruyver Julien    | 9.24 | 1996 |
| 16 | Guarneri Renato     | 9.34 | 1994 |
| 17 | Franco Marc         | 9.74 | 1996 |

#### MIN 60 m

|    |                           |      |      |
|----|---------------------------|------|------|
| 1  | Diallo Oumar              | 7.88 | 2007 |
| 2  | Taiwo Eniola              | 8.06 | 2012 |
| 3  | Sergeef Martin            | 8.09 | 2011 |
| 4  | Paulus Gary               | 8.20 | 2005 |
| 5  | Okeowo Peredjo            | 8.27 | 2012 |
| 6  | Montilla Dimitri          | 8.31 | 2010 |
| 7  | Englebert Timothee        | 8.32 | 2017 |
| 8  | Dogan Mervan              | 8.41 | 2003 |
| 9  | Medan Marko               | 8.42 | 2015 |
| 10 | Mbuyi Tshinyongolo Tresor | 8.43 | 2019 |
| 11 | Diallo Mamadou            | 8.49 | 2001 |
|    | Stodolski Michael         | 8.49 | 2013 |
| 13 | Mertens Raphael           | 8.51 | 2020 |
| 14 | Guellet Shadi             | 8.52 | 2020 |
|    | Quattara Reda             | 8.52 | 2020 |
| 16 | Kubiak Joachim            | 8.88 | 2020 |
| 17 | Coomans Werner            | 8.92 | 1997 |
| 18 | Baiwir Julien             | 9.04 | 1999 |
| 19 | Elsen Daan                | 9.07 | 2005 |
| 20 | Serfiotis Nicolas         | 9.08 | 2001 |

#### MIN 150 m

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Sergeef Martin     | 19.59 | 2011 |
| 2  | Diallo Oumar       | 19.71 | 2007 |
| 3  | Montilla Dimitri   | 19.94 | 2011 |
| 4  | Taiwo Eniola       | 19.99 | 2012 |
| 5  | Paulus Gary        | 20.08 | 2005 |
| 6  | Englebert Timothee | 20.23 | 2017 |
| 7  | Lebailly Kevin     | 20.32 | 2005 |
| 8  | Diallo Mamadou     | 20.46 | 2001 |
|    | Okeowo Peredjo     | 20.46 | 2012 |
| 10 | Medan Marko        | 20.67 | 2015 |
| 11 | Dogan Mervan       | 20.76 | 2003 |
| 12 | Lins Sebastien     | 20.87 | 2005 |
| 13 | Sonon Lionel       | 20.92 | 2000 |
| 14 | Vandenhoeke Arthur | 20.99 | 2009 |
| 15 | Guellet Shadi      | 21.38 | 2019 |

#### MIN 600 m

|   |                    |         |      |
|---|--------------------|---------|------|
| 1 | Obrijanu Vadim     | 2.21.01 | 2022 |
| 2 | Draoui Amine       | 2.23.75 | 2022 |
| 3 | Mievis Axel        | 2.35.53 | 2022 |
| 4 | De Heug Elliot     | 2.39.56 | 2022 |
| 5 | Cioaca Mario Louis | 2.49.43 | 2022 |

#### MIN 1000 m

|    |                     |         |      |
|----|---------------------|---------|------|
| 1  | Honore Geoffrey     | 3.07.08 | 2003 |
| 2  | Montilla Dimitri    | 3.07.79 | 2011 |
| 3  | Demeester Thys      | 3.12.37 | 2002 |
| 4  | Kebdani Samir       | 3.14.94 | 2001 |
| 5  | Crevecoeur Ambroise | 3.15.75 | 1999 |
| 6  | Bontemps Richard    | 3.15.86 | 1999 |
| 7  | Sonon Lionel        | 3.16.95 | 2000 |
| 8  | Dewitte Sebastien   | 3.18.40 | 1998 |
|    | Haymans Thomas      | 3.18.40 | 1998 |
| 10 | Foucart François    | 3.19.25 | 1995 |
| 11 | Lins Sebastien      | 3.22.37 | 2005 |
| 12 | Guellet Shadi       | 3.22.53 | 2019 |
| 13 | Nicodeme Romain     | 3.26.09 | 2008 |
| 14 | Winderickx Ingmar   | 3.26.17 | 2002 |
| 15 | Beyaert Corentin    | 3.26.23 | 2014 |
| 16 | Montilla Alexis     | 3.32.60 | 2012 |
| 17 | Srifi Kanfaoui Reda | 3.33.08 | 2012 |

## RESC TOP 20 INDOOR

|    |                   |         |      |
|----|-------------------|---------|------|
| 18 | Nicodeme Thibault | 3.33.33 | 2003 |
| 19 | Pholien Lionel    | 3.33.45 | 2002 |
| 20 | Elsen Daan        | 3.33.73 | 2005 |

### MIN 40 m haies (76 cm)

|   |                |       |      |
|---|----------------|-------|------|
| 1 | Taieb Rayane   | 10.18 | 2013 |
| 2 | Kubiak Joachim | 11.01 | 2019 |

### MIN 40 m haies (84 cm)

|    |                           |      |      |
|----|---------------------------|------|------|
| 1  | Demanet Lounis            | 7.38 | 2016 |
| 2  | Xhonneux Frederic         | 7.54 | 1996 |
| 3  | Naif Jerome               | 8.04 | 1996 |
| 4  | Mbuyi Tshinyongolo Tresor | 8.09 | 2019 |
| 5  | Thiry Stephane            | 8.14 | 1994 |
| 6  | De Tollenaere Tom         | 8.23 | 2016 |
| 7  | Cawet Cedric              | 8.24 | 1996 |
| 8  | Moral Miguel              | 8.44 | 1994 |
|    | Vervloet Gregory          | 8.44 | 1996 |
| 10 | Guillet Lionel            | 8.64 | 1994 |
| 11 | Clais Marc                | 8.74 | 1994 |
| 12 | Ben Mohamed Younes        | 8.84 | 1994 |
| 13 | Guarneri Salvatore        | 8.94 | 1996 |
| 14 | Vaessen Fabien            | 8.94 | 1996 |
| 15 | Blondiau Fabian           | 9.04 | 1994 |

### MIN 60 m haies (76 cm)

|    |                     |       |      |
|----|---------------------|-------|------|
| 1  | Mertens Raphael     | 10.20 | 2020 |
| 2  | Montilla Dimitri    | 10.33 | 2008 |
| 3  | Elsen Daan          | 11.24 | 2005 |
| 4  | Kubiak Joachim      | 11.34 | 2022 |
| 5  | Potemans Anton      | 11.94 | 2007 |
| 6  | Srifi Kanfaoui Reda | 12.34 | 2012 |
| 7  | Baiwir Julien       | 12.44 | 2000 |
| 8  | Beyaert Corentin    | 12.48 | 2012 |
| 9  | Hoorens Anthony     | 12.58 | 2008 |
| 10 | Gonzalez Antoine    | 12.64 | 2017 |
| 11 | Nicodeme Romain     | 12.70 | 2006 |
| 12 | Diallo Oumar        | 12.72 | 2005 |
| 13 | Verburgt Tom        | 12.76 | 2007 |
| 14 | Delatte Lionel      | 12.81 | 2006 |
| 15 | Boniver Evan        | 12.86 | 2014 |
| 16 | Maertens Christophe | 12.92 | 1999 |
| 17 | Englebert Timothee  | 12.94 | 2015 |
|    | Camps Sebastien     | 12.94 | 2017 |

### MIN 60 m haies (84 cm)

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Montilla Dimitri   | 9.68  | 2011 |
| 2  | Diallo Oumar       | 9.99  | 2007 |
| 3  | Okeowo Peredjo     | 10.40 | 2012 |
| 4  | Potemans Anton     | 10.68 | 2009 |
| 5  | Nicodeme Romain    | 10.96 | 2008 |
| 6  | Lebailly Kevin     | 10.98 | 2005 |
| 7  | Demanet Lounis     | 11.13 | 2016 |
| 8  | Englebert Timothee | 11.14 | 2017 |
| 9  | De Wilde Julien    | 11.21 | 1999 |
| 10 | Coomans Werner     | 11.24 | 1999 |
| 11 | Nees Ghislain      | 11.31 | 2006 |
| 12 | Lins Sebastien     | 11.32 | 2005 |
| 13 | Taiwo Eniola       | 11.34 | 2012 |
| 14 | Elsen Daan         | 11.35 | 2006 |
| 15 | Nicodeme Thibault  | 11.32 | 2005 |

### MIN Hauteur

|   |                    |      |      |
|---|--------------------|------|------|
| 1 | Montilla Dimitri   | 1m62 | 2011 |
| 2 | Englebert Timothee | 1m60 | 2017 |
| 3 | Delay Benoit       | 1m54 | 1992 |
| 4 | Diallo Oumar       | 1m51 | 2007 |
| 5 | Clais Marc         | 1m50 | 1994 |
| 6 | Cawet Cedric       | 1m45 | 1996 |
|   | Englebert Timothee | 1m45 | 2016 |
| 8 | Dogan Mervan       | 1m44 | 2003 |
| 9 | Schepens Patrick   | 1m43 | 1988 |
|   | Nicodeme Romain    | 1m43 | 2008 |

|    |                       |      |      |
|----|-----------------------|------|------|
| 11 | Xhonneux Frederic     | 1m42 | 1996 |
|    | De Wilde Julien       | 1m42 | 1999 |
|    | Van De Sype Vincent   | 1m42 | 2006 |
| 14 | Nicodeme Thibault     | 1m40 | 2005 |
|    | Potemans Anton        | 1m40 | 2009 |
| 16 | Elsen Daan            | 1m37 | 2005 |
| 17 | Capper Patrick        | 1m35 | 1990 |
|    | Vanderhaeghen Olivier | 1m35 | 1990 |
| 19 | Mertens Tom           | 1m30 | 1997 |
|    | Hoorens Anthony       | 1m30 | 2008 |

### MIN Longueur

|    |                   |      |      |
|----|-------------------|------|------|
| 1  | Montilla Dimitri  | 5m14 | 2011 |
| 2  | Nicodeme Romain   | 4m86 | 2008 |
| 3  | Diallo Oumar      | 4m61 | 2007 |
| 4  | De Wilde Julien   | 4m50 | 1999 |
|    | Nees Ghislain     | 4m50 | 2006 |
| 6  | Coomans Werner    | 4m47 | 1999 |
| 7  | Baiwir Julien     | 4m37 | 2002 |
|    | Diallo Mamadou    | 4m37 | 2001 |
| 9  | Lebailly Kevin    | 4m32 | 2005 |
| 10 | Potemans Anton    | 4m31 | 2009 |
| 11 | Medan Marko       | 4m28 | 2015 |
| 12 | Caluwe Arnaud     | 4m27 | 2004 |
| 13 | Paulus Gary       | 4m26 | 2005 |
| 14 | Guellet Shadi     | 4m23 | 2019 |
| 15 | Elsen Daan        | 4m18 | 2005 |
| 16 | Winderickx Ingmar | 3m96 | 2002 |
| 17 | Delatte Lionel    | 3m90 | 2006 |
| 18 | Verburgt Tom      | 3m86 | 2007 |
| 19 | De Gendt Lucien   | 3m73 | 2018 |
| 20 | Monsieur Julien   | 3m69 | 2018 |

### MIN Perche

|    |                     |      |      |
|----|---------------------|------|------|
| 1  | Montilla Dimitri    | 2m60 | 2011 |
| 2  | Verburgt Tom        | 2m50 | 2008 |
| 3  | Elsen Daan          | 2m40 | 2006 |
| 4  | Nicodeme Thibault   | 2m31 | 2005 |
| 5  | Van Zeebroeck Bert  | 2m30 | 1995 |
| 6  | Montilla Alexis     | 2m21 | 2015 |
| 7  | Wavreil Cedric      | 2m10 | 2004 |
| 8  | Beyaert Corentin    | 2m06 | 2015 |
| 9  | Van De Sype Vincent | 1m92 | 2005 |
| 10 | Hasselmans Jérôme   | 1m90 | 2000 |
|    | Sleewaegen Jerome   | 1m90 | 2014 |
| 12 | Gabriel Laurent     | 1m80 | 2003 |
|    | Nicodeme Romain     | 1m80 | 2007 |
|    | Potemans Anton      | 1m80 | 2007 |
| 15 | Van De Sype Arnaud  | 1m60 | 2007 |

### MIN Poids (1 kg)

|    |                     |      |      |
|----|---------------------|------|------|
| 1  | Elsen Daan          | 9m08 | 2003 |
| 2  | Xhonneux Frederic   | 8m60 | 1992 |
| 3  | Arifi Rayane        | 8m38 | 2017 |
| 4  | Van De Sype Vincent | 8m33 | 2002 |
| 5  | Baiwir Julien       | 8m19 | 1998 |
| 6  | Montilla Alexis     | 8m05 | 2011 |
| 7  | Cigri Ephrem        | 8m00 | 2014 |
| 8  | Taieb Rayan         | 7m99 | 2012 |
| 9  | Vrebos Stephane     | 7m95 | 1992 |
|    | Cuyppers Florian    | 7m95 | 2012 |
| 11 | Potemans Anton      | 7m93 | 2005 |
| 12 | Wavreil Cedric      | 7m77 | 2000 |
| 13 | Guarneri Renato     | 7m64 | 1996 |
| 14 | Gerard Valery       | 7m64 | 2000 |
| 15 | Beyaert Corentin    | 7m60 | 2011 |

### MIN Poids (2 kg)

|   |                  |       |      |
|---|------------------|-------|------|
| 1 | Montilla Dimitri | 10m01 | 2009 |
| 2 | Baiwir Julien    | 9m75  | 2000 |
| 3 | Elsen Daan       | 9m47  | 2005 |
| 4 | Diallo Oumar     | 9m39  | 2005 |
| 5 | Mertens Tom      | 8m91  | 1997 |

## RESC TOP 20 INDOOR

|    |                    |      |      |
|----|--------------------|------|------|
| 6  | Guarneri Salvatore | 8m79 | 1995 |
| 7  | Potemans Anton     | 8m75 | 2007 |
| 8  | Englebert Timothee | 8m67 | 2015 |
| 9  | Guarneri Renato    | 8m60 | 1997 |
| 10 | Xhonneux Frederic  | 8m58 | 1993 |
| 11 | Monsieur Julien    | 8m38 | 2018 |
| 12 | Gerard Benjamin    | 8m36 | 1999 |
| 13 | Nicodeme Romain    | 8m18 | 2006 |
| 14 | Arifi Rayane       | 8m16 | 2019 |
| 15 | Montilla Alexis    | 8m12 | 2013 |

### MIN Poids (3 kg)

|    |                       |       |      |
|----|-----------------------|-------|------|
| 1  | Montilla Dimitri      | 13m94 | 2011 |
| 2  | Diallo Oumar          | 13m47 | 2007 |
| 3  | Nees Ghislain         | 11m01 | 2006 |
| 4  | Englebert Timothee    | 10m69 | 2017 |
| 5  | Guarneri Renato       | 10m19 | 1999 |
| 6  | Chekem Ramses         | 10m15 | 2016 |
| 7  | Gerard Jeremy         | 9m85  | 2000 |
| 8  | Xhonneux Frederic     | 9m38  | 1996 |
| 9  | Diallo Mamadou        | 9m14  | 2001 |
| 10 | Baiwir Julien         | 9m06  | 2001 |
| 11 | Van De Sype Vincent   | 9m04  | 2006 |
| 12 | De Tollenaere Tom     | 8m97  | 2016 |
| 13 | Elsen Daan            | 8m96  | 2006 |
| 14 | Gerard Benjamin       | 8m93  | 2000 |
| 15 | Hendrickx Wim         | 8m91  | 1995 |
| 16 | Van Cutsem Christophe | 8m85  | 1992 |

### MIN Tetrathlon

|   |                    |        |      |
|---|--------------------|--------|------|
| 1 | Xhonneux Frederic  | 2107 p | 1996 |
| 2 | Naif Jerome        | 1894 p | 1996 |
| 3 | Cawet Cedric       | 1835 p | 1996 |
| 4 | Vervloet Gregory   | 1753 p | 1996 |
| 5 | Vaessen Fabien     | 1643 p | 1996 |
| 6 | Kill Michel        | 1619 p | 1996 |
| 7 | Guarneri Salvatore | 1575 p | 1996 |
| 8 | Sorel Renaud       | 1286 p | 1996 |

### MIN Pentathlon

|    |                     |        |      |
|----|---------------------|--------|------|
| 1  | Montilla Dimitri    | 3647 p | 2011 |
| 2  | Diallo Oumar        | 3114 p | 2007 |
| 3  | Van De Sype Vincent | 2172 p | 2006 |
| 4  | Soudon Jules        | 2154 p | 2020 |
| 5  | Nicodeme Romain     | 2150 p | 2007 |
| 6  | Van De Sype Arnaud  | 1975 p | 2007 |
| 7  | Beyaert Corentin    | 1828 p | 2014 |
| 8  | Denys Gregory       | 1565 p | 2006 |
| 9  | Theys Nicolas       | 1469 p | 2014 |
| 10 | Diallo Zakarya      | 387 p  | 2011 |

## CADETS GARÇONS – U16

### CAD 40 m

|    |                           |      |      |
|----|---------------------------|------|------|
| 1  | Mbuyi Tshinyongolo Tresor | 6.12 | 2019 |
| 2  | Ben Mohamed Younes        | 6.34 | 1994 |
|    | Moral Miguel              | 6.34 | 1994 |
|    | Thiry Stephane            | 6.34 | 1994 |
| 5  | Englebert Timothee        | 6.37 | 2016 |
| 6  | Delatte Lionel            | 6.41 | 2008 |
| 7  | Nicodeme Romain           | 6.42 | 2008 |
| 8  | Delay Benoit              | 6.44 | 1992 |
|    | Van Cutsem Chris          | 6.44 | 1992 |
|    | Schepens Cedric           | 6.44 | 1994 |
|    | Vervloet Gregory          | 6.44 | 1996 |
| 12 | Demanet Lounis            | 6.45 | 2015 |
| 13 | Guilmain Benoit           | 6.54 | 1992 |
|    | Guillet Lionel            | 6.54 | 1994 |
|    | Naif Jerome               | 6.54 | 1996 |
| 16 | Blondiau Fabian           | 6.64 | 1992 |
| 17 | Monsieur Julien           | 6.73 | 2018 |
| 18 | Belghiti Alaoui Ayman     | 6.81 | 2016 |
| 19 | Kubiak Joachim            | 6.82 | 2019 |

|    |                |      |      |
|----|----------------|------|------|
| 20 | Guillet Lionel | 6.84 | 1992 |
|    | Coomans Werner | 6.84 | 1996 |

### CAD 50 m

|    |                       |      |      |
|----|-----------------------|------|------|
| 1  | Vervloet Gregory      | 7.64 | 1996 |
| 2  | Schepens Cedric       | 7.74 | 1993 |
|    | Naif Jerome           | 7.74 | 1996 |
| 4  | Xhonneux Frederic     | 7.84 | 1996 |
| 5  | Guillet Lionel        | 8.04 | 1993 |
|    | Cawet Cedric          | 8.04 | 1996 |
| 7  | Kill Michel           | 8.24 | 1996 |
| 8  | Foucart François      | 8.44 | 1993 |
| 9  | Degives Jean Baptiste | 8.54 | 1993 |
| 10 | Van De Zande Chris    | 8.64 | 1993 |
| 11 | Huybrechts Xavier     | 8.84 | 1996 |
| 12 | Moya Julien           | 8.74 | 1993 |
| 13 | Guarneri Salvatore    | 8.74 | 1996 |
| 14 | Van Oudenhoven Karl   | 9.14 | 1993 |
| 15 | De Ruyver Julien      | 9.24 | 1996 |
| 16 | Guarneri Renato       | 9.34 | 1994 |
| 17 | Franco Marc           | 9.74 | 1996 |

### CAD 60 m

|    |                       |      |      |
|----|-----------------------|------|------|
| 1  | Taiwo Eniola          | 7.20 | 2015 |
| 2  | Kasmi Amine           | 7.31 | 2015 |
| 3  | Diallo Oumar          | 7.43 | 2009 |
| 4  | Tshitwenu Florian     | 7.45 | 2012 |
| 5  | Leyman David          | 7.54 | 2000 |
| 6  | Mambo Djeke           | 7.57 | 1992 |
| 7  | Dogan Mervan          | 7.60 | 2005 |
|    | Paulus Gary           | 7.60 | 2007 |
|    | Nkiere Danfuname Rene | 7.60 | 2014 |
|    | Doudouhi Reda         | 7.60 | 2017 |
| 11 | Simon Philippe        | 7.63 | 2002 |
|    | Okeowo Peredjo        | 7.63 | 2013 |
| 13 | Gruson Augustin       | 7.65 | 2019 |
| 14 | Squiflet Pierre       | 7.66 | 1994 |
|    | Winderickx Ingmar     | 7.66 | 2006 |
|    | Medan Marko           | 7.66 | 2018 |
|    | Sibourg Valentin      | 7.66 | 2019 |
| 18 | Probst Gregor         | 7.79 | 1990 |
| 19 | Lecompte David        | 7.82 | 1990 |
|    | Gentile Raphael       | 7.82 | 1991 |

### CAD 150 m

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Sergeef Martin     | 19.59 | 2011 |
| 2  | Diallo Oumar       | 19.71 | 2007 |
| 3  | Montilla Dimitri   | 19.94 | 2011 |
| 4  | Taiwo Eniola       | 19.99 | 2012 |
| 5  | Paulus Gary        | 20.08 | 2005 |
| 6  | Englebert Timothee | 20.23 | 2017 |
| 7  | Lebailly Kevin     | 20.32 | 2005 |
| 8  | Diallo Mamadou     | 20.46 | 2001 |
|    | Okeowo Peredjo     | 20.46 | 2012 |
| 10 | Medan Marko        | 20.67 | 2015 |
| 11 | Dogan Mervan       | 20.76 | 2003 |
| 12 | Lins Sebastien     | 20.87 | 2005 |
| 13 | Sonon Lionel       | 20.92 | 2000 |
| 14 | Vandenhoeke Arthur | 20.99 | 2009 |
| 15 | Guellet Shadi      | 21.38 | 2019 |

### CAD 200 m

|    |                       |       |      |
|----|-----------------------|-------|------|
| 1  | Kasmi Amine           | 23.68 | 2015 |
| 2  | Mambo Djeke           | 23.82 | 1992 |
| 3  | Diallo Oumar          | 23.99 | 2008 |
| 4  | Tshitwenu Florian     | 24.23 | 2012 |
| 5  | Nkiere Danfuname Rene | 24.39 | 2014 |
| 6  | Dogan Mervan          | 24.48 | 2005 |
| 7  | Leyman David          | 24.50 | 2000 |
| 8  | Montilla Dimitri      | 24.59 | 2012 |
| 9  | Doudouhi Reda         | 24.70 | 2017 |
| 10 | Moral Miguel          | 24.77 | 1996 |
| 11 | Smeyers Julien        | 24.83 | 1998 |

## RESC TOP 20 INDOOR

|    |                      |       |      |
|----|----------------------|-------|------|
| 12 | Biala Kenny          | 24.88 | 2020 |
| 13 | Sergeef Martin       | 24.90 | 2013 |
|    | Medan Marko          | 24.90 | 2018 |
| 15 | Levacq Corentin      | 24.91 | 1996 |
|    | Mbuyi Bodika William | 24.91 | 2019 |
| 17 | Canvat Thibault      | 25.04 | 1991 |
| 18 | Probst Gregor        | 25.60 | 1990 |
| 19 | Thielemans Eric      | 26.38 | 1988 |

### CAD 300 m

|    |                           |       |      |
|----|---------------------------|-------|------|
| 1  | Nkiere Danfuname Rene     | 39.29 | 2014 |
| 2  | Montilla Dimitri          | 39.48 | 2012 |
| 3  | Biala Kenny               | 40.16 | 2020 |
| 4  | Mbuyi Bodika William      | 41.16 | 2018 |
| 5  | Mbuyi Tshinyongolo Tresor | 42.26 | 2020 |
| 6  | Sergeef Martin            | 42.31 | 2012 |
| 7  | Tshanga Diumba John Ross  | 42.36 | 2022 |
| 8  | Petitjean Nicolas         | 42.53 | 2014 |
| 9  | Badji Asamti              | 42.67 | 2010 |
| 0  | Lins Sebastien            | 42.84 | 2006 |
| 11 | Okeowo Peredjo            | 42.88 | 2012 |
| 12 | Hanrion Gaspar            | 43.06 | 2022 |
| 13 | Demagnet Lounis           | 44.06 | 2018 |
| 14 | Tabbakh Yassine           | 44.11 | 2014 |
| 15 | Kasmi Amine               | 44.68 | 2014 |

### CAD 400 m

|    |                      |       |      |
|----|----------------------|-------|------|
| 1  | Madoughri Sabri      | 54.61 | 2016 |
| 2  | Vandenhoeke Arthur   | 54.74 | 2011 |
| 3  | Lins Sebastien       | 55.08 | 2007 |
| 4  | Montilla Dimitri     | 55.27 | 2012 |
| 6  | Diallo Mamadou       | 56.88 | 2003 |
| 7  | Diallo Oumar         | 57.33 | 2008 |
| 8  | Petitjean Nicolas    | 58.05 | 2014 |
| 9  | Beyaert Corentin     | 58.42 | 2016 |
| 10 | Broothaerts Damien   | 59.90 | 1997 |
| 11 | Gharroudi Soulaymane | 59.95 | 2016 |
| 12 | Nijs Gaston          | 60.18 | 2011 |
| 13 | Verleyen Jakob       | 61.67 | 2022 |
| 14 | Beerens Gregory      | 61.74 | 1993 |
| 15 | Iazzag Nathan        | 62.29 | 2016 |

### CAD 600 m

|   |                    |         |      |
|---|--------------------|---------|------|
| 1 | Obrijanu Vadim     | 2.21.01 | 2022 |
| 2 | Draoui Amine       | 2.23.75 | 2022 |
| 3 | Mievis Axel        | 2.35.53 | 2022 |
| 4 | De Heug Elliot     | 2.39.56 | 2022 |
| 5 | Cioaca Mario Louis | 2.49.43 | 2022 |

### CAD 800 m

|    |                      |         |      |
|----|----------------------|---------|------|
| 1  | Azaoum Najib         | 2.04.20 | 2004 |
| 2  | Levacq Corentin      | 2.05.26 | 1996 |
| 3  | Daif Marwane         | 2.06.48 | 2004 |
| 4  | Bentheim Ronald      | 2.11.22 | 1996 |
| 5  | Madoughri Sabri      | 2.11.98 | 2016 |
| 6  | Echaara Souhail      | 2.12.00 | 2011 |
| 7  | Gharroudi Soulaymane | 2.12.13 | 2016 |
| 8  | Haymans Thomas       | 2.13.97 | 2000 |
| 9  | Tabbakh Yassine      | 2.14.20 | 2015 |
| 10 | Huppez Jonathan      | 2.14.27 | 2003 |
| 11 | Schroeven Bruno      | 2.15.17 | 1995 |
| 12 | Maingain Francois    | 2.16.28 | 2004 |
| 13 | Beyaert Corentin     | 2.17.36 | 2017 |
| 14 | Tiaz Younes          | 2.18.11 | 2001 |
| 15 | Kebdani Samir        | 2.18.79 | 2002 |

### CAD 1000 m

|   |                    |         |      |
|---|--------------------|---------|------|
| 1 | Kebdani Samir      | 2.52.82 | 2003 |
| 2 | Gruson Augustin    | 2.56.03 | 2019 |
| 3 | Arifi Ilias        | 2.58.40 | 2019 |
| 4 | Leyman Jeremy      | 2.59.86 | 2002 |
| 5 | Azaoum Najib       | 3.00.00 | 2003 |
| 6 | Englebert Timothee | 3.00.39 | 2019 |

|    |                     |         |      |
|----|---------------------|---------|------|
| 7  | Winderickx Ingmar   | 3.00.75 | 2006 |
| 8  | Huppez Jonathan     | 3.02.23 | 2003 |
|    | Montilla Dimitri    | 3.02.23 | 2012 |
| 10 | Lins Sebastien      | 3.02.70 | 2007 |
| 11 | Potemans Anton      | 3.05.34 | 2011 |
| 12 | Honore Geoffrey     | 3.07.08 | 2003 |
| 13 | Leyman David        | 3.07.41 | 2000 |
| 14 | Nicodeme Romain     | 3.08.06 | 2010 |
| 15 | Beyaert Corentin    | 3.11.21 | 2016 |
| 16 | Demeester Thys      | 3.12.37 | 2002 |
| 17 | Crevecoeur Ambroise | 3.15.75 | 1999 |
| 18 | Bontemps Richard    | 3.15.86 | 1999 |
| 19 | Sonon Lionel        | 3.16.95 | 2000 |
| 20 | Dewitte Sebastien   | 3.18.40 | 1998 |
|    | Haymans Thomas      | 3.18.40 | 1998 |

### CAD 1500 m

|    |                       |         |      |
|----|-----------------------|---------|------|
| 1  | Demeester Thys        | 4.34.54 | 2004 |
| 2  | Kebdani Samir         | 4.37.55 | 2003 |
| 3  | Petitjean Simon       | 4.42.37 | 2011 |
| 4  | Errouchi Ayoub        | 4.43.38 | 2005 |
| 5  | Massaad Michael       | 4.43.72 | 2006 |
| 6  | Vaillant Thibaud      | 4.46.83 | 2002 |
| 7  | Bentheim Ronald       | 4.50.91 | 1996 |
| 8  | Schroeven Bruno       | 4.51.91 | 1994 |
| 9  | Lafnachi Reda Mohamed | 4.52.56 | 2017 |
| 10 | Zaanan Nordin         | 5.09.21 | 1993 |
| 11 | Castellana Bryan      | 5.22.08 | 2006 |
| 12 | Denys Jonathan        | 5.24.64 | 2005 |
| 13 | De Veirman Didier     | 5.31.48 | 1994 |
| 14 | Van Elsuwe Alexis     | 5.39.53 | 2018 |

### CAD 40 m haies (76 cm)

|   |                |       |      |
|---|----------------|-------|------|
| 1 | Taieb Rayane   | 10.18 | 2013 |
| 2 | Kubiak Joachim | 11.01 | 2019 |

### CAD 40 m haies (84 cm)

|    |                           |      |      |
|----|---------------------------|------|------|
| 1  | Demagnet Lounis           | 7.38 | 2016 |
| 2  | Xhonneux Frederic         | 7.54 | 1996 |
| 3  | Naif Jerome               | 8.04 | 1996 |
| 4  | Mbuyi Tshinyongolo Tresor | 8.09 | 2019 |
| 5  | Thiry Stephane            | 8.14 | 1994 |
| 6  | De Tollenaere Tom         | 8.23 | 2016 |
| 7  | Cawet Cedric              | 8.24 | 1996 |
| 8  | Moral Miguel              | 8.44 | 1994 |
|    | Vervloet Gregory          | 8.44 | 1996 |
| 10 | Guillet Lionel            | 8.64 | 1994 |
| 11 | Clais Marc                | 8.74 | 1994 |
| 12 | Ben Mohamed Younes        | 8.84 | 1994 |
| 13 | Guarneri Salvatore        | 8.94 | 1996 |
| 14 | Vaessen Fabien            | 8.94 | 1996 |
| 15 | Blondiau Fabian           | 9.04 | 1994 |

### CAD 60 m haies (76 cm)

|    |                     |       |      |
|----|---------------------|-------|------|
| 1  | Mertens Raphael     | 10.20 | 2020 |
| 2  | Montilla Dimitri    | 10.33 | 2008 |
| 3  | Elsen Daan          | 11.24 | 2005 |
| 4  | Kubiak Joachim      | 11.34 | 2022 |
| 5  | Potemans Anton      | 11.94 | 2007 |
| 6  | Srifi Kanfaoui Reda | 12.34 | 2012 |
| 7  | Baiwir Julien       | 12.44 | 2000 |
| 8  | Beyaert Corentin    | 12.48 | 2012 |
| 9  | Hoorens Anthony     | 12.58 | 2008 |
| 10 | Gonzalez Antoine    | 12.64 | 2017 |
| 11 | Nicodeme Romain     | 12.70 | 2006 |
| 12 | Diallo Oumar        | 12.72 | 2005 |
| 13 | Verburgt Tom        | 12.76 | 2007 |
| 14 | Delatte Lionel      | 12.81 | 2006 |
| 15 | Boniver Evan        | 12.86 | 2014 |
| 16 | Maertens Christophe | 12.92 | 1999 |
| 17 | Englebert Timothee  | 12.94 | 2015 |
|    | Camps Sebastien     | 12.94 | 2017 |

## RESC TOP 20 INDOOR

### CAD 60 m haies (84 cm)

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Montilla Dimitri   | 9.68  | 2011 |
| 2  | Diallo Oumar       | 9.99  | 2007 |
| 3  | Okeowo Peredjo     | 10.40 | 2012 |
| 4  | Potemans Anton     | 10.68 | 2009 |
| 5  | Nicodeme Romain    | 10.96 | 2008 |
| 6  | Lebailly Kevin     | 10.98 | 2005 |
| 7  | Demagnet Lounis    | 11.13 | 2016 |
| 8  | Englebert Timothee | 11.14 | 2017 |
| 9  | De Wilde Julien    | 11.21 | 1999 |
| 10 | Coomans Werner     | 11.24 | 1999 |
| 11 | Nees Ghislain      | 11.31 | 2006 |
| 12 | Lins Sebastien     | 11.32 | 2005 |
| 13 | Taiwo Eniola       | 11.34 | 2012 |
| 14 | Elsen Daan         | 11.35 | 2006 |
| 15 | Nicodeme Thibault  | 11.32 | 2005 |

### CAD 60 m haies (91 cm)

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Okeowo Peredjo     | 8.62  | 2014 |
| 2  | Broothaerts Damien | 8.79  | 1998 |
| 3  | Squiflet Pierre    | 8.87  | 1994 |
| 4  | Mambo Djeke        | 8.93  | 1992 |
| 5  | Diallo Oumar       | 8.97  | 2008 |
| 6  | Montilla Dimitri   | 9.01  | 2013 |
| 7  | Potemans Anton     | 9.20  | 2011 |
| 8  | Leyman David       | 9.31  | 2000 |
| 9  | Hinne Benoit       | 9.38  | 1988 |
| 10 | Arifi Ilias        | 9.39  | 2019 |
| 11 | Demagnet Lounis    | 9.50  | 2018 |
| 12 | Naif Jérôme        | 9.53  | 1998 |
|    | Xhonneux Frederic  | 9.53  | 1998 |
| 14 | Sibourg Valentin   | 9.55  | 2019 |
| 15 | Lins Sebastien     | 9.64  | 2007 |
| 16 | Vanden Eede Hugues | 10.05 | 1992 |
| 17 | Schoonjans Patrick | 10.54 | 1992 |

### CAD Hauteur

|    |                       |      |      |
|----|-----------------------|------|------|
| 1  | Vanlancker Rudi       | 1m81 | 1986 |
| 2  | Montilla Dimitri      | 1m77 | 2012 |
|    | Englebert Timothee    | 1m77 | 2019 |
| 4  | Van Eeckhoudt Nicolas | 1m70 | 1988 |
| 5  | Vanden Eede Hugues    | 1m65 | 1992 |
| 6  | Beerens Gregory       | 1m60 | 1993 |
|    | Mangold Dimitri       | 1m60 | 1995 |
|    | De Wilde Julien       | 1m60 | 2001 |
|    | Okeowo Peredjo        | 1m60 | 2014 |
| 10 | Castellana Bryan      | 1m56 | 2006 |
|    | Van De Sype Vincent   | 1m56 | 2008 |
| 12 | Xhonneux Frederic     | 1m55 | 1998 |
|    | Diallo Mamadou        | 1m55 | 2002 |
|    | Nicodeme Thibault     | 1m55 | 2007 |
|    | Potemans Anton        | 1m55 | 2011 |
|    | Loens Sam             | 1m55 | 2012 |
|    | Okeowo Peredjo        | 1m55 | 2013 |
|    | Arifi Ilias           | 1m55 | 2019 |
| 19 | Delay Benoit          | 1m54 | 1992 |
| 20 | Diallo Oumar          | 1m51 | 2007 |

### CAD Longueur

|    |                     |      |      |
|----|---------------------|------|------|
| 1  | Englebert Timothee  | 6m19 | 2019 |
| 2  | Okeowo Peredjo      | 6m10 | 2014 |
| 3  | Gruson Augustin     | 6m01 | 2019 |
| 4  | Winderickx Ingmar   | 5m92 | 2006 |
| 5  | Diallo Oumar        | 5m85 | 2009 |
| 6  | Roefmans Lucas      | 5m81 | 2016 |
| 7  | Montilla Dimitri    | 5m80 | 2012 |
| 8  | Chekem Ramses       | 5m66 | 2018 |
| 9  | Leyman David        | 5m65 | 2000 |
| 10 | Broothaerts Damien  | 5m61 | 1998 |
|    | Van De Sype Vincent | 5m61 | 2008 |
|    | Potemans Anton      | 5m61 | 2011 |
| 13 | Gentile Raphael     | 5m56 | 1991 |
| 14 | Canvat Thibaut      | 5m54 | 1991 |

|    |                 |      |      |
|----|-----------------|------|------|
|    | Medan Marko     | 5m54 | 2018 |
| 16 | Nicodeme Romain | 4m86 | 2008 |
| 17 | De Wilde Julien | 4m50 | 1999 |
|    | Nees Ghislain   | 4m50 | 2006 |
| 19 | Coomans Werner  | 4m47 | 1999 |
| 20 | Baiwir Julien   | 4m37 | 2002 |
|    | Diallo Mamadou  | 4m37 | 2001 |

### CAD Triple saut

|    |                       |       |      |
|----|-----------------------|-------|------|
| 1  | Mambo Djeke           | 12m66 | 1992 |
| 2  | Broothaerts Damien    | 12m11 | 1998 |
| 3  | Diallo Oumar          | 12m08 | 2009 |
| 4  | Hoorens Christopher   | 11m84 | 2012 |
| 5  | Xhonneux Frederic     | 11m68 | 1998 |
| 6  | Smeyers Julien        | 11m47 | 1998 |
| 7  | Chekem Ramses         | 11m12 | 2018 |
| 8  | Loens Sam             | 11m01 | 2012 |
| 9  | Schoonjans Patrick    | 10m97 | 1992 |
| 10 | De Tollenaere Tom     | 10m73 | 2018 |
| 11 | Nkiere Danfuname Rene | 10m65 | 2014 |
| 12 | Geerts Gregory        | 10m47 | 2014 |
| 13 | Vanderhaeghen Olivier | 10m41 | 1992 |
| 14 | Cawet Cedric          | 10m33 | 1997 |
| 15 | Naif Jérôme           | 10m28 | 1997 |

### CAD Perche

|    |                       |      |      |
|----|-----------------------|------|------|
| 1  | Leyman David          | 3m36 | 2000 |
| 2  | Montilla Dimitri      | 3m30 | 2012 |
| 3  | Thys Alain            | 3m20 | 1996 |
|    | Loens Sam             | 3m20 | 2012 |
| 5  | Lecompte David        | 3m00 | 1990 |
|    | Englebert Timothee    | 3m00 | 2019 |
| 7  | Nicodeme Romain       | 2m82 | 2010 |
| 8  | Moens Cyprien         | 2m81 | 2015 |
| 9  | Nicodeme Thibault     | 2m80 | 2006 |
| 10 | Van Elsuwe Alexis     | 2m65 | 2019 |
| 11 | Wavreil Cedric        | 2m62 | 2006 |
| 12 | Vanderhaeghen Olivier | 2m60 | 1992 |
|    | Xhonneux Frederic     | 2m60 | 1998 |
|    | Winderickx Ingmar     | 2m60 | 2006 |
|    | Beeckman Amaury       | 2m60 | 2010 |
|    | Potemans Anton        | 2m60 | 2011 |
|    | Chekem Ramses         | 2m60 | 2018 |
|    | Arifi Ilias           | 2m60 | 2019 |
| 19 | Verburgt Tom          | 2m50 | 2008 |
| 20 | Elsen Daan            | 2m40 | 2006 |

### CAD Poids (1 kg)

|    |                     |      |      |
|----|---------------------|------|------|
| 1  | Elsen Daan          | 9m08 | 2003 |
| 2  | Xhonneux Frederic   | 8m60 | 1992 |
| 3  | Arifi Rayane        | 8m38 | 2017 |
| 4  | Van De Sype Vincent | 8m33 | 2002 |
| 5  | Baiwir Julien       | 8m19 | 1998 |
| 6  | Montilla Alexis     | 8m05 | 2011 |
| 7  | Cigri Ephrem        | 8m00 | 2014 |
| 8  | Taieb Rayan         | 7m99 | 2012 |
| 9  | Vrebos Stephane     | 7m95 | 1992 |
|    | Cuyppers Florian    | 7m95 | 2012 |
| 11 | Potemans Anton      | 7m93 | 2005 |
| 12 | Wavreil Cedric      | 7m77 | 2000 |
| 13 | Guarneri Renato     | 7m64 | 1996 |
| 14 | Gerard Valery       | 7m64 | 2000 |
| 15 | Beyaert Corentin    | 7m60 | 2011 |

### CAD Poids (2 kg)

|   |                    |       |      |
|---|--------------------|-------|------|
| 1 | Montilla Dimitri   | 10m01 | 2009 |
| 2 | Baiwir Julien      | 9m75  | 2000 |
| 3 | Elsen Daan         | 9m47  | 2005 |
| 4 | Diallo Oumar       | 9m39  | 2005 |
| 5 | Mertens Tom        | 8m91  | 1997 |
| 6 | Guarneri Salvatore | 8m79  | 1995 |
| 7 | Potemans Anton     | 8m75  | 2007 |
| 8 | Englebert Timothee | 8m67  | 2015 |

## RESC TOP 20 INDOOR

|    |                   |      |      |
|----|-------------------|------|------|
| 9  | Guarneri Renato   | 8m60 | 1997 |
| 10 | Xhonneux Frederic | 8m58 | 1993 |
| 11 | Monsieur Julien   | 8m38 | 2018 |
| 12 | Gerard Benjamin   | 8m36 | 1999 |
| 13 | Nicodeme Romain   | 8m18 | 2006 |
| 14 | Arifi Rayane      | 8m16 | 2019 |
| 15 | Montilla Alexis   | 8m12 | 2013 |

### CAD Poids (3 kg)

|    |                       |       |      |
|----|-----------------------|-------|------|
| 1  | Montilla Dimitri      | 13m94 | 2011 |
| 2  | Diallo Oumar          | 13m47 | 2007 |
| 3  | Nees Ghislain         | 11m01 | 2006 |
| 4  | Englebert Timothee    | 10m69 | 2017 |
| 5  | Guarneri Renato       | 10m19 | 1999 |
| 6  | Chekem Ramses         | 10m15 | 2016 |
| 7  | Gerard Jeremy         | 9m85  | 2000 |
| 8  | Xhonneux Frederic     | 9m38  | 1996 |
| 9  | Diallo Mamadou        | 9m14  | 2001 |
| 10 | Baiwir Julien         | 9m06  | 2001 |
| 11 | Van De Sype Vincent   | 9m04  | 2006 |
| 12 | De Tollenaere Tom     | 8m97  | 2016 |
| 13 | Elsen Daan            | 8m96  | 2006 |
| 14 | Gerard Benjamin       | 8m93  | 2000 |
| 15 | Hendrickx Wim         | 8m91  | 1995 |
| 16 | Van Cutsem Christophe | 8m85  | 1992 |

### CAD Poids (4 kg)

|    |                           |       |      |
|----|---------------------------|-------|------|
| 1  | Diallo Oumar              | 14m30 | 2007 |
| 2  | Diallo Mamadou            | 13m64 | 2003 |
| 3  | Beeckman Amaury           | 13m04 | 2010 |
| 4  | Squiflet Pierre           | 13m56 | 1994 |
| 5  | Englebert Timothee        | 13m25 | 2019 |
| 6  | Xhonneux Frederic         | 12m07 | 1998 |
| 7  | Leyman David              | 11m97 | 2000 |
| 8  | Potemans Anton            | 11m93 | 2011 |
| 9  | Montilla Dimitri          | 11m77 | 2012 |
| 10 | Petitjean Nicolas         | 11m48 | 2014 |
| 11 | De Tollenaere Tom         | 11m30 | 2018 |
| 12 | Gentile Raphael           | 10m72 | 1991 |
| 13 | Oliveira Da Silva Raphael | 10m63 | 2007 |
| 14 | Okeowo Peredjo            | 10m60 | 2013 |
| 15 | Chekem Ramses             | 10m55 | 2018 |
| 16 | Verschoren Quentin        | 10m35 | 1992 |

### CAD Hexathlon

|    |                     |        |      |
|----|---------------------|--------|------|
| 1  | Montilla Dimitri    | 3374 p | 2012 |
| 2  | Leyman David        | 3171 p | 2000 |
| 3  | Englebert Timothee  | 3145 p | 2019 |
| 4  | Potemans Anton      | 3074 p | 2011 |
| 5  | Okeowo Peredjo      | 2886 p | 2013 |
| 6  | Xhonneux Frederic   | 2828 p | 1998 |
| 7  | Loens Sam           | 2767 p | 2012 |
| 8  | Diallo Oumar        | 2756 p | 2009 |
| 9  | Winderickx Ingmar   | 2716 p | 2006 |
| 10 | Gruson Augustin     | 2639 p | 2019 |
| 11 | Nicodeme Romain     | 2556 p | 2010 |
| 12 | Lins Sebastien      | 2491 p | 2007 |
| 13 | Van De Sype Vincent | 2469 p | 2008 |
| 14 | Diallo Mamadou      | 2416 p | 2002 |
| 15 | Arifi Ilias         | 2167 p | 2019 |

## SCOLAIRES HOMMES – U18

### SCO 40 m

|   |                           |      |      |
|---|---------------------------|------|------|
| 1 | Mbuyi Tshinyongolo Tresor | 6.12 | 2019 |
| 2 | Ben Mohamed Younes        | 6.34 | 1994 |
|   | Moral Miguel              | 6.34 | 1994 |
|   | Thiry Stephane            | 6.34 | 1994 |
| 5 | Englebert Timothee        | 6.37 | 2016 |
| 6 | Delatte Lionel            | 6.41 | 2008 |
| 7 | Nicodeme Romain           | 6.42 | 2008 |
| 8 | Delay Benoit              | 6.44 | 1992 |
|   | Van Cutsem Chris          | 6.44 | 1992 |

|    |                       |      |      |
|----|-----------------------|------|------|
|    | Schepens Cedric       | 6.44 | 1994 |
|    | Vervloet Gregory      | 6.44 | 1996 |
| 12 | Demagnet Lounis       | 6.45 | 2015 |
| 13 | Guilmain Benoit       | 6.54 | 1992 |
|    | Guillet Lionel        | 6.54 | 1994 |
|    | Naif Jerome           | 6.54 | 1996 |
| 16 | Blondiau Fabian       | 6.64 | 1992 |
| 17 | Monsieur Julien       | 6.73 | 2018 |
| 18 | Belghiti Alaoui Ayman | 6.81 | 2016 |
| 19 | Kubiak Joachim        | 6.82 | 2019 |
| 20 | Guillet Lionel        | 6.84 | 1992 |
|    | Coomans Werner        | 6.84 | 1996 |

### SCO 50 m

|    |                       |      |      |
|----|-----------------------|------|------|
| 1  | Vervloet Gregory      | 7.64 | 1996 |
| 2  | Schepens Cedric       | 7.74 | 1993 |
|    | Naif Jerome           | 7.74 | 1996 |
| 4  | Xhonneux Frederic     | 7.84 | 1996 |
| 5  | Guillet Lionel        | 8.04 | 1993 |
|    | Cawet Cedric          | 8.04 | 1996 |
| 7  | Kill Michel           | 8.24 | 1996 |
| 8  | Foucart François      | 8.44 | 1993 |
| 9  | Degives Jean Baptiste | 8.54 | 1993 |
| 10 | Van De Zande Chris    | 8.64 | 1993 |
| 11 | Huybrechts Xavier     | 8.84 | 1996 |
| 12 | Moya Julien           | 8.74 | 1993 |
| 13 | Guarneri Salvatore    | 8.74 | 1996 |
| 14 | Van Oudenhoven Karl   | 9.14 | 1993 |
| 15 | De Ruyver Julien      | 9.24 | 1996 |
| 16 | Guarneri Renato       | 9.34 | 1994 |
| 17 | Franco Marc           | 9.74 | 1996 |

### SCO 60 m

|    |                       |      |      |
|----|-----------------------|------|------|
| 1  | Kasmi Amine           | 6.99 | 2017 |
| 2  | Vanhamme Arno         | 7.04 | 2014 |
| 3  | Diallo Oumar          | 7.10 | 2010 |
| 4  | Broothaerts Damien    | 7.14 | 2000 |
| 5  | Tshitwenu Florian     | 7.18 | 2014 |
| 6  | Mambo Kedjeloba       | 7.20 | 1990 |
|    | Guellet Yassin        | 7.20 | 1991 |
|    | Taiwo Eniola          | 7.20 | 2015 |
|    | Medan Marko           | 7.20 | 2020 |
| 10 | Mambo Djeke           | 7.23 | 1994 |
| 11 | Hermann Gilles        | 7.34 | 2005 |
| 12 | Jokic Kosta           | 7.36 | 2014 |
| 13 | Kabuya Harold         | 7.37 | 2009 |
| 14 | Schepens Cedric       | 7.39 | 1999 |
|    | Yech Chou Mehdi       | 7.39 | 2015 |
|    | Okeowo Peredjo        | 7.39 | 2016 |
| 17 | Vanderhaeghen David   | 7.44 | 1991 |
| 18 | Leyman David          | 7.54 | 2000 |
| 19 | Mambo Djeke           | 7.57 | 1992 |
| 20 | Canvat Thibault       | 7.58 | 1992 |
| 21 | Dogan Mervan          | 7.60 | 2005 |
|    | Paulus Gary           | 7.60 | 2007 |
|    | Nkiere Danfuname Rene | 7.60 | 2014 |
|    | Doudouhi Reda         | 7.60 | 2017 |

### SCO 150 m

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Sergeef Martin     | 19.59 | 2011 |
| 2  | Diallo Oumar       | 19.71 | 2007 |
| 3  | Montilla Dimitri   | 19.94 | 2011 |
| 4  | Taiwo Eniola       | 19.99 | 2012 |
| 5  | Paulus Gary        | 20.08 | 2005 |
| 6  | Englebert Timothee | 20.23 | 2017 |
| 7  | Lebailly Kevin     | 20.32 | 2005 |
| 8  | Diallo Mamadou     | 20.46 | 2001 |
|    | Okeowo Peredjo     | 20.46 | 2012 |
| 10 | Medan Marko        | 20.67 | 2015 |
| 11 | Dogan Mervan       | 20.76 | 2003 |
| 12 | Lins Sebastien     | 20.87 | 2005 |
| 13 | Sonon Lionel       | 20.92 | 2000 |
| 14 | Vandenhoeke Arthur | 20.99 | 2009 |
| 15 | Guellet Shadi      | 21.38 | 2019 |



## RESC TOP 20 INDOOR

### SCO 200 m

|    |                       |       |      |
|----|-----------------------|-------|------|
| 1  | Kasmi Amine           | 22.33 | 2017 |
| 2  | Vanhamme Arno         | 22.53 | 2014 |
| 3  | Tshitwenu Florian     | 22.68 | 2014 |
| 4  | Moral Miguel          | 22.91 | 1998 |
| 5  | Medan Marko           | 23.06 | 2020 |
| 6  | Guellet Yassin        | 23.19 | 1990 |
|    | Broothaerts Damien    | 23.19 | 2000 |
|    | Ettetuani Adil        | 23.19 | 2003 |
| 9  | Canvat Thibaut        | 23.21 | 1992 |
| 10 | Mambo Djeke           | 23.26 | 1993 |
| 11 | Diallo Saliou         | 23.36 | 2002 |
| 12 | Diallo Oumar          | 23.37 | 2011 |
| 13 | Lins Sebastien        | 23.38 | 2009 |
| 14 | Taiwo Eniola          | 23.53 | 2016 |
| 15 | Nkiere Danfuname Rene | 23.55 | 2016 |
| 16 | Vanderhaeghen David   | 23.63 | 1991 |
| 17 | Mambo Kedjeloba       | 23.70 | 1991 |
| 17 | Mambo Djeke           | 23.82 | 1992 |
| 18 | Dogan Mervan          | 24.48 | 2005 |
| 19 | Leyman David          | 24.50 | 2000 |
| 20 | Montilla Dimitri      | 24.59 | 2012 |

### SCO 300 m

|    |                           |       |      |
|----|---------------------------|-------|------|
| 1  | Vanhamme Arno             | 36.97 | 2014 |
| 2  | Tshitwenu Florian         | 37.34 | 2014 |
| 3  | Vandenhoeke Arthur        | 37.50 | 2012 |
| 4  | Nijs Gaston               | 38.78 | 2013 |
| 5  | Mbuyi Bodika William      | 39.02 | 2020 |
| 6  | Nkiere Danfuname Rene     | 39.29 | 2014 |
| 7  | Beyaert Corentin          | 39.45 | 2018 |
| 8  | Montilla Dimitri          | 39.48 | 2012 |
| 9  | Puku Toku Christian       | 39.55 | 2012 |
| 10 | Hendrick Quentin          | 39.77 | 2012 |
| 11 | Biala Kenny               | 40.16 | 2020 |
| 12 | Labruyere Maxime          | 40.87 | 2022 |
| 13 | Sibourg Valentin          | 40.99 | 2020 |
| 14 | Assina Kevin              | 41.20 | 2014 |
| 15 | Sergeef Martin            | 41.25 | 2014 |
| 16 | Mbuyi Tshinyongolo Tresor | 42.26 | 2020 |
| 17 | Tshanga Diumba John Ross  | 42.36 | 2022 |
| 18 | Petitjean Nicolas         | 42.53 | 2014 |
| 19 | Badji Asamti              | 42.67 | 2010 |
| 20 | Lins Sebastien            | 42.84 | 2006 |

### SCO 400 m

|    |                       |       |      |
|----|-----------------------|-------|------|
| 1  | Lins Sebastien        | 51.41 | 2009 |
| 2  | Badji Asamti          | 51.46 | 2012 |
| 3  | Vandenhoeke Arthur    | 51.80 | 2013 |
| 4  | Levacq Corentin       | 51.82 | 1997 |
| 5  | Vanderhaeghen David   | 51.86 | 1991 |
| 6  | Guellet Yassin        | 51.92 | 1991 |
| 7  | Nkiere Danfuname Rene | 52.03 | 2016 |
| 8  | Biala Kenny Felder    | 52.15 | 2022 |
| 9  | Madoughri Sabri       | 52.24 | 2018 |
| 10 | Ettetuani Adil        | 52.55 | 2003 |
| 11 | Beyaert Corentin      | 53.76 | 2018 |
| 12 | Castermane Julien     | 53.85 | 2005 |
| 13 | Nijs Gaston           | 53.97 | 2013 |
| 14 | Van Assche David      | 54.05 | 1991 |
| 15 | De Mars Steven        | 54.68 | 1990 |
| 16 | Montilla Dimitri      | 55.27 | 2012 |
| 17 | Gentile Raphael       | 55.29 | 1992 |
| 18 | Kenaiti Fouad         | 55.64 | 1988 |
| 19 | Huylebroeck Pascal    | 56.31 | 1985 |
| 20 | Diallo Mamadou        | 56.88 | 2003 |

### SCO 600 m

|   |                |         |      |
|---|----------------|---------|------|
| 1 | Obrijanu Vadim | 2.21.01 | 2022 |
| 2 | Draoui Amine   | 2.23.75 | 2022 |
| 3 | Mievis Axel    | 2.35.53 | 2022 |
| 4 | De Heug Elliot | 2.39.56 | 2022 |

5 Cioaca Mario Louis 2.49.43 2022

### SCO 800 m

|    |                      |         |      |
|----|----------------------|---------|------|
| 1  | Levacq Corentin      | 1.56.95 | 1998 |
| 2  | Haymans Thomas       | 1.57.76 | 2002 |
| 3  | Benouar Otman        | 2.00.64 | 2017 |
| 4  | De Mars Steven       | 2.01.14 | 1990 |
| 5  | Lelion Achille       | 2.00.46 | 2022 |
| 6  | Aouragh Reda         | 2.01.26 | 2022 |
| 7  | El Yattouti Younes   | 2.01.75 | 2003 |
| 8  | Schroeven Bruno      | 2.03.88 | 1997 |
| 9  | Bentheim Ronald      | 2.03.89 | 1998 |
| 10 | Azaoum Najib         | 2.04.20 | 2004 |
| 11 | Karraz Loqmane       | 2.04.56 | 2018 |
| 12 | Kanfouh Mohamed      | 2.05.28 | 2015 |
| 13 | Petitjean Simon      | 2.05.52 | 2012 |
| 14 | Kebdani Samir        | 2.05.57 | 2005 |
| 15 | Azaoum Rachid        | 2.06.22 | 2003 |
| 16 | Daif Marwane         | 2.06.48 | 2004 |
| 17 | Madoughri Sabri      | 2.11.98 | 2016 |
| 18 | Echaara Souhail      | 2.12.00 | 2011 |
| 19 | Gharroudi Soulaymane | 2.12.13 | 2016 |
| 20 | Tabbakh Yassine      | 2.14.20 | 2015 |

### SCO 1000 m

|    |                      |         |      |
|----|----------------------|---------|------|
| 1  | El Yattouti Younes   | 2.39.78 | 2003 |
| 2  | Tiaz Younes          | 2.44.47 | 2003 |
| 3  | Xhonneux Frederic    | 2.47.75 | 2000 |
| 4  | Azaoum Rachid        | 2.48.85 | 2003 |
| 5  | Kebdani Samir        | 2.52.82 | 2003 |
| 6  | Lins Sebastien       | 2.52.89 | 2009 |
| 7  | Potemans Anton       | 2.53.59 | 2013 |
| 8  | Leyman Jeremy        | 2.55.98 | 2003 |
| 9  | Gruson Augustin      | 2.56.03 | 2019 |
| 10 | Hostyn Laurent-David | 2.56.98 | 2004 |
| 11 | Arifi Ilias          | 2.58.40 | 2019 |
| 12 | Azaoum Najib         | 3.00.00 | 2003 |
| 13 | Englebert Timothee   | 3.00.39 | 2019 |
| 14 | Winderickx Ingmar    | 3.00.75 | 2006 |
| 15 | Huppez Jonathan      | 3.02.23 | 2003 |
|    | Montilla Dimitri     | 3.02.23 | 2012 |
| 17 | Honore Geoffrey      | 3.07.08 | 2003 |
| 18 | Leyman David         | 3.07.41 | 2000 |
| 19 | Nicodeme Romain      | 3.08.06 | 2010 |
| 20 | Beyaert Corentin     | 3.11.21 | 2016 |

### SCO 1500 m

|    |                       |         |      |
|----|-----------------------|---------|------|
| 1  | Aouragh Reda          | 4.05.28 | 2022 |
| 2  | Kebdani Samir         | 4.10.45 | 2005 |
| 3  | Miller Benoit         | 4.17.91 | 2004 |
| 4  | Massaad Michael       | 4.26.62 | 2008 |
| 5  | Demeester Thys        | 4.27.45 | 2005 |
| 6  | Tiaz Younes           | 4.28.28 | 2003 |
| 7  | Leyman Jeremy         | 4.28.50 | 2004 |
| 8  | Willems Dorian        | 4.35.79 | 2019 |
| 9  | Petitjean Simon       | 4.42.37 | 2011 |
| 10 | Errouchi Ayoub        | 4.43.38 | 2005 |
| 11 | Jamli Tarek           | 4.44.91 | 2003 |
| 12 | Lafnachi Reda Mohamed | 4.46.11 | 2018 |
| 13 | Vaillant Thibaud      | 4.46.83 | 2002 |
| 14 | Bentheim Ronald       | 4.50.91 | 1996 |
| 15 | Schroeven Bruno       | 4.51.91 | 1994 |
| 16 | Zaanan Nordin         | 5.09.21 | 1993 |
| 17 | Castellana Bryan      | 5.22.08 | 2006 |
| 18 | Denys Jonathan        | 5.24.64 | 2005 |
| 19 | De Veirman Didier     | 5.31.48 | 1994 |
| 20 | Van Elsuwe Alexis     | 5.39.53 | 2018 |

### SCO 40 m haies (76 cm)

|   |                |       |      |
|---|----------------|-------|------|
| 1 | Taieb Rayane   | 10.18 | 2013 |
| 2 | Kubiak Joachim | 11.01 | 2019 |

### SCO 40 m haies (84 cm)

## RESC TOP 20 INDOOR

|    |                           |      |      |
|----|---------------------------|------|------|
| 1  | Demagnet Lounis           | 7.38 | 2016 |
| 2  | Xhonneux Frederic         | 7.54 | 1996 |
| 3  | Naif Jerome               | 8.04 | 1996 |
| 4  | Mbuyi Tshinyongolo Tresor | 8.09 | 2019 |
| 5  | Thiry Stephane            | 8.14 | 1994 |
| 6  | De Tollenaere Tom         | 8.23 | 2016 |
| 7  | Cawet Cedric              | 8.24 | 1996 |
| 8  | Moral Miguel              | 8.44 | 1994 |
|    | Vervloet Gregory          | 8.44 | 1996 |
| 10 | Guillet Lionel            | 8.64 | 1994 |
| 11 | Clais Marc                | 8.74 | 1994 |
| 12 | Ben Mohamed Younes        | 8.84 | 1994 |
| 13 | Guarneri Salvatore        | 8.94 | 1996 |
| 14 | Vaessen Fabien            | 8.94 | 1996 |
| 15 | Blondiau Fabian           | 9.04 | 1994 |

### SCO 60 m haies (76 cm)

|    |                     |       |      |
|----|---------------------|-------|------|
| 1  | Mertens Raphael     | 10.20 | 2020 |
| 2  | Montilla Dimitri    | 10.33 | 2008 |
| 3  | Elsen Daan          | 11.24 | 2005 |
| 4  | Kubiak Joachim      | 11.34 | 2022 |
| 5  | Potemans Anton      | 11.94 | 2007 |
| 6  | Srifi Kanfaoui Reda | 12.34 | 2012 |
| 7  | Baiwir Julien       | 12.44 | 2000 |
| 8  | Beyaert Corentin    | 12.48 | 2012 |
| 9  | Hoorens Anthony     | 12.58 | 2008 |
| 10 | Gonzalez Antoine    | 12.64 | 2017 |
| 11 | Nicodeme Romain     | 12.70 | 2006 |
| 12 | Diallo Oumar        | 12.72 | 2005 |
| 13 | Verburgt Tom        | 12.76 | 2007 |
| 14 | Delatte Lionel      | 12.81 | 2006 |
| 15 | Boniver Evan        | 12.86 | 2014 |
| 16 | Maertens Christophe | 12.92 | 1999 |
| 17 | Englebert Timothee  | 12.94 | 2015 |
|    | Camps Sebastien     | 12.94 | 2017 |

### SCO 60 m haies (84 cm)

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Montilla Dimitri   | 9.68  | 2011 |
| 2  | Diallo Oumar       | 9.99  | 2007 |
| 3  | Okeowo Peredjo     | 10.40 | 2012 |
| 4  | Potemans Anton     | 10.68 | 2009 |
| 5  | Nicodeme Romain    | 10.96 | 2008 |
| 6  | Lebailly Kevin     | 10.98 | 2005 |
| 7  | Demagnet Lounis    | 11.13 | 2016 |
| 8  | Englebert Timothee | 11.14 | 2017 |
| 9  | De Wilde Julien    | 11.21 | 1999 |
| 10 | Coomans Werner     | 11.24 | 1999 |
| 11 | Nees Ghislain      | 11.31 | 2006 |
| 12 | Lins Sebastien     | 11.32 | 2005 |
| 13 | Taiwo Eniola       | 11.34 | 2012 |
| 14 | Elsen Daan         | 11.35 | 2006 |
| 15 | Nicodeme Thibault  | 11.32 | 2005 |

### SCO 60 m haies (91 cm)

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Broothaerts Damien | 7.78  | 2000 |
| 2  | Elsen Daan         | 8.11  | 2011 |
| 3  | Van de Velde Frank | 8.48  | 1996 |
| 4  | Xhonneux Frederic  | 8.55  | 2000 |
| 5  | Potemans Anton     | 8.60  | 2013 |
| 6  | Okeowo Peredjo     | 8.64  | 2015 |
| 7  | Mambo Djeke        | 8.68  | 1993 |
| 8  | Lins Sebastien     | 8.69  | 2009 |
| 9  | Squiflet Pierre    | 8.71  | 1995 |
| 10 | Diallo Oumar       | 8.82  | 2011 |
| 11 | Loens Sam          | 8.83  | 2014 |
| 12 | Mambo Djeke        | 8.93  | 1992 |
| 13 | Montilla Dimitri   | 9.01  | 2013 |
| 14 | Leyman David       | 9.31  | 2000 |
| 15 | Hinne Benoit       | 9.38  | 1988 |
| 16 | Arifi Ilias        | 9.39  | 2019 |
| 17 | Demagnet Lounis    | 9.50  | 2018 |
| 18 | Vanden Eede Hugues | 10.05 | 1992 |
| 19 | Schoonjans Patrick | 10.54 | 1992 |

### SCO 60 m haies (99 cm)

|   |                     |       |      |
|---|---------------------|-------|------|
| 1 | Vanderhaeghen David | 8.53  | 1991 |
| 2 | Mambo Kedjeloba     | 8.62  | 1990 |
| 3 | Guillet Yassin      | 8.75  | 1990 |
| 4 | Pinchart Alain      | 8.84  | 1990 |
| 5 | Vanden Berghen Yves | 8.94  | 1990 |
| 6 | Gentile Raphael     | 9.43  | 1992 |
| 7 | Steppe Tom          | 10.03 | 1990 |
| 8 | Rudman David        | 10.04 | 1992 |

### SCO 60 m haies (106 cm)

|   |                     |      |      |
|---|---------------------|------|------|
| 1 | Vanderhaeghen David | 8.94 | 1991 |
| 2 | Adorna François     | 9.87 | 1985 |

### SCO Hauteur

|    |                       |      |      |
|----|-----------------------|------|------|
| 1  | Vanlancker Rudi       | 1m99 | 1988 |
| 2  | Guillet Yassin        | 1m95 | 1991 |
|    | Van de Velde Frank    | 1m95 | 1996 |
| 4  | Pinchart Alain        | 1m90 | 1990 |
| 5  | Xhonneux Frederic     | 1m89 | 2000 |
| 6  | Elsen Daan            | 1m88 | 2011 |
| 7  | Hostyn Laurent David  | 1m80 | 2004 |
| 8  | Montilla Dimitri      | 1m77 | 2012 |
| 9  | Englebert Timothee    | 1m77 | 2019 |
| 10 | Beerens Gregory       | 1m75 | 1994 |
|    | De Wilde Julien       | 1m75 | 2003 |
| 12 | Mertol Denis          | 1m74 | 2002 |
| 13 | Massaad Jean          | 1m73 | 2006 |
| 14 | Englebert Hadrien     | 1m72 | 2016 |
| 15 | Geerts Gregory        | 1m71 | 2016 |
|    | Roefmans Lucas        | 1m71 | 2018 |
| 17 | Yuma M'Bayo Eric      | 1m70 | 1985 |
|    | Van Eeckhoudt Nicolas | 1m70 | 1988 |
|    | Vanderhaeghen David   | 1m70 | 1990 |
|    | Steppe Tom            | 1m70 | 1991 |

### SCO Longueur

|    |                        |      |      |
|----|------------------------|------|------|
| 1  | Guillet Yassin         | 7m18 | 1991 |
| 2  | Vanlancker Rudi        | 7m04 | 1988 |
| 3  | Marloye Roland         | 6m69 | 1979 |
| 4  | Diallo Oumar           | 6m69 | 2011 |
| 5  | Vanderhaeghen David    | 6m63 | 1990 |
| 6  | Elsen Daan             | 6m48 | 2011 |
| 7  | Yuma M'Bayo Eric       | 6m36 | 1986 |
| 8  | Gruson Augustin        | 6m34 | 2020 |
| 9  | Gentile Raphaël        | 6m29 | 1992 |
| 10 | Xhonneux Frederic      | 6m26 | 2000 |
| 11 | Roefmans Lucas         | 6m23 | 2018 |
| 12 | Mambo Kedjeloba        | 6m22 | 1990 |
| 13 | Englebert Timothee     | 6m19 | 2019 |
| 14 | Chekem Ramses          | 6m16 | 2020 |
| 15 | Canvat Thibaut         | 6m12 | 1992 |
| 16 | Okeowo Peredjo         | 6m10 | 2014 |
| 17 | Van Haesendonck Didier | 6m00 | 1988 |
| 18 | Winderickx Ingmar      | 5m92 | 2006 |
| 19 | Montilla Dimitri       | 5m80 | 2012 |
| 20 | Leyman David           | 5m65 | 2000 |

### SCO Triple saut

|    |                     |       |      |
|----|---------------------|-------|------|
| 1  | Guillet Yassin      | 15m04 | 1991 |
| 2  | Mambo Djeke         | 14m88 | 1994 |
| 3  | Mambo Kedjeloba     | 14m81 | 1991 |
| 4  | Xhonneux Frederic   | 14m26 | 2000 |
| 5  | Vanderhaeghen David | 14m19 | 1991 |
| 6  | Yuma M'Bayo Eric    | 14m08 | 1986 |
| 7  | Marloye Roland      | 13m68 | 1979 |
| 8  | Hoorens Christopher | 13m42 | 2014 |
| 9  | Geerts Gregory      | 13m18 | 2016 |
| 10 | Caluwe Arnaud       | 12m92 | 2008 |
| 11 | Adorna François     | 12m71 | 1985 |
| 12 | Mambo Djeke         | 12m66 | 1992 |
| 13 | Naif Jérôme         | 12m64 | 1999 |
| 14 | Broothaerts Damien  | 12m11 | 1998 |

## RESC TOP 20 INDOOR

|    |                    |       |      |
|----|--------------------|-------|------|
| 15 | Diallo Oumar       | 12m08 | 2009 |
| 16 | Naga Djihed        | 11m89 | 2005 |
| 17 | Loens Sam          | 11m56 | 2013 |
| 18 | Chekem Ramses      | 11m12 | 2018 |
| 19 | Smeyers Julien     | 11m47 | 1998 |
| 20 | Schoonjans Patrick | 10m97 | 1992 |
| 21 | De Tollenaere Tom  | 10m73 | 2018 |

### SCO Perche

|    |                       |      |      |
|----|-----------------------|------|------|
| 1  | Rombaut Wesley        | 4m40 | 1994 |
| 2  | Elsen Daan            | 4m10 | 2011 |
| 3  | Sintichiakis Nikolaos | 3m90 | 2000 |
| 4  | Loens Sam             | 3m80 | 2014 |
| 5  | Xhonneux Frederic     | 3m60 | 2000 |
| 6  | Potemans Anton        | 3m50 | 2013 |
| 7  | Naga Djihed           | 3m40 | 2005 |
| 8  | Leyman David          | 3m36 | 2000 |
| 9  | Montilla Dimitri      | 3m30 | 2012 |
| 10 | Lecompte David        | 3m25 | 1991 |
|    | Moens Cyprien         | 3m25 | 2017 |
| 12 | Vanderhaeghen David   | 3m20 | 1991 |
|    | Thys Alain            | 3m20 | 1996 |
| 14 | Montilla Alexis       | 3m16 | 2018 |
| 15 | Van Elsuwe Alexis     | 3m13 | 2020 |
| 16 | Guellet Yassin        | 3m10 | 1990 |
| 17 | Englebert Timothee    | 3m00 | 2019 |
| 18 | Nicodeme Romain       | 2m82 | 2010 |
| 19 | Steppe Tom            | 2m80 | 1990 |
| 20 | Nicodeme Thibault     | 2m80 | 2006 |

### SCO Poids (1 kg)

|    |                     |      |      |
|----|---------------------|------|------|
| 1  | Elsen Daan          | 9m08 | 2003 |
| 2  | Xhonneux Frederic   | 8m60 | 1992 |
| 3  | Arifi Rayane        | 8m38 | 2017 |
| 4  | Van De Sype Vincent | 8m33 | 2002 |
| 5  | Baiwir Julien       | 8m19 | 1998 |
| 6  | Montilla Alexis     | 8m05 | 2011 |
| 7  | Cigri Ephrem        | 8m00 | 2014 |
| 8  | Taieb Rayan         | 7m99 | 2012 |
| 9  | Vrebos Stephane     | 7m95 | 1992 |
|    | Cuypers Florian     | 7m95 | 2012 |
| 11 | Potemans Anton      | 7m93 | 2005 |
| 12 | Wavreil Cedric      | 7m77 | 2000 |
| 13 | Guarneri Renato     | 7m64 | 1996 |
| 14 | Gerard Valery       | 7m64 | 2000 |
| 15 | Beyaert Corentin    | 7m60 | 2011 |

### SCO Poids (2 kg)

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Montilla Dimitri   | 10m01 | 2009 |
| 2  | Baiwir Julien      | 9m75  | 2000 |
| 3  | Elsen Daan         | 9m47  | 2005 |
| 4  | Diallo Oumar       | 9m39  | 2005 |
| 5  | Mertens Tom        | 8m91  | 1997 |
| 6  | Guarneri Salvatore | 8m79  | 1995 |
| 7  | Potemans Anton     | 8m75  | 2007 |
| 8  | Englebert Timothee | 8m67  | 2015 |
| 9  | Guarneri Renato    | 8m60  | 1997 |
| 10 | Xhonneux Frederic  | 8m58  | 1993 |
| 11 | Monsieur Julien    | 8m38  | 2018 |
| 12 | Gerard Benjamin    | 8m36  | 1999 |
| 13 | Nicodeme Romain    | 8m18  | 2006 |
| 14 | Arifi Rayane       | 8m16  | 2019 |
| 15 | Montilla Alexis    | 8m12  | 2013 |

### SCO Poids (3 kg)

|   |                    |       |      |
|---|--------------------|-------|------|
| 1 | Montilla Dimitri   | 13m94 | 2011 |
| 2 | Diallo Oumar       | 13m47 | 2007 |
| 3 | Nees Ghislain      | 11m01 | 2006 |
| 4 | Englebert Timothee | 10m69 | 2017 |
| 5 | Guarneri Renato    | 10m19 | 1999 |
| 6 | Chekem Ramses      | 10m15 | 2016 |
| 7 | Gerard Jeremy      | 9m85  | 2000 |
| 8 | Xhonneux Frederic  | 9m38  | 1996 |

|    |                       |      |      |
|----|-----------------------|------|------|
| 9  | Diallo Mamadou        | 9m14 | 2001 |
| 10 | Baiwir Julien         | 9m06 | 2001 |
| 11 | Van De Sype Vincent   | 9m04 | 2006 |
| 12 | De Tollenaere Tom     | 8m97 | 2016 |
| 13 | Elsen Daan            | 8m96 | 2006 |
| 14 | Gerard Benjamin       | 8m93 | 2000 |
| 15 | Hendrickx Wim         | 8m91 | 1995 |
| 16 | Van Cutsem Christophe | 8m85 | 1992 |

### SCO Poids (4 kg)

|    |                           |       |      |
|----|---------------------------|-------|------|
| 1  | Diallo Oumar              | 14m30 | 2007 |
| 2  | Diallo Mamadou            | 13m64 | 2003 |
| 3  | Beeckman Amaury           | 13m04 | 2010 |
| 4  | Squiflet Pierre           | 13m56 | 1994 |
| 5  | Englebert Timothee        | 13m25 | 2019 |
| 6  | Xhonneux Frederic         | 12m07 | 1998 |
| 7  | Leyman David              | 11m97 | 2000 |
| 8  | Potemans Anton            | 11m93 | 2011 |
| 9  | Montilla Dimitri          | 11m77 | 2012 |
| 10 | Petitjean Nicolas         | 11m48 | 2014 |
| 11 | De Tollenaere Tom         | 11m30 | 2018 |
| 12 | Gentile Raphael           | 10m72 | 1991 |
| 13 | Oliveira Da Silva Raphael | 10m63 | 2007 |
| 14 | Okeowo Peredjo            | 10m60 | 2013 |
| 15 | Chekem Ramses             | 10m55 | 2018 |
| 16 | Verschoren Quentin        | 10m35 | 1992 |

### SCO Poids (5 kg)

|    |                     |       |      |
|----|---------------------|-------|------|
| 1  | Elsen Daan          | 14m55 | 2011 |
| 2  | Diallo Oumar        | 14m01 | 2011 |
| 3  | Xhonneux Frederic   | 13m02 | 2000 |
| 4  | Steppe Tom          | 12m97 | 1991 |
| 5  | Beeckman Amaury     | 12m91 | 2012 |
| 6  | Guellet Yassin      | 12m36 | 1991 |
| 7  | Potemans Anton      | 12m35 | 2013 |
|    | De Tollenaere Tom   | 12m35 | 2020 |
| 9  | Squiflet Pierre     | 12m33 | 1995 |
| 10 | Gomes Marcel        | 12m04 | 1995 |
| 11 | Montilla Alexis     | 11m89 | 2019 |
| 12 | Chekem Ramses       | 11m61 | 2020 |
| 13 | Sustelo Antonio     | 11m52 | 2004 |
| 14 | Vanderhaeghen David | 11m44 | 1991 |
| 15 | Denys Jonathan      | 11m34 | 2007 |
| 16 | Gentile Raphael     | 9m89  | 1992 |

### SCO Poids (6 kg)

|   |                    |      |      |
|---|--------------------|------|------|
| 1 | Huylebroeck Pascal | 9m41 | 1985 |
|---|--------------------|------|------|

### SCO Hexathlon

|   |                     |        |      |
|---|---------------------|--------|------|
| 1 | Guellet Yassin      | 4028 p | 1991 |
| 2 | Vanderhaeghen David | 3745 p | 1991 |
| 3 | Gentile Raphael     | 2956 p | 1992 |
| 4 | Steppe Tom          | 2911 p | 1990 |

### SCO Heptathlon

|   |                      |        |      |
|---|----------------------|--------|------|
| 1 | Elsen Daan           | 5073 p | 2011 |
| 2 | Xhonneux Frederic    | 4771 p | 2000 |
| 3 | Potemans Anton       | 4414 p | 2013 |
| 4 | Lins Sebastien       | 4094 p | 2009 |
| 5 | Squiflet Pierre      | 4028 p | 1995 |
| 6 | Diallo Oumar         | 3926 p | 2011 |
| 7 | Hostyn Laurent-David | 3802 p | 2004 |
| 8 | Beeckman Amaury      | 3674 p | 2011 |
| 9 | Van De Sype Vincent  | 3443 p | 2009 |

## JUNIORS HOMMES – U20

### JUN 40 m

|   |                           |      |      |
|---|---------------------------|------|------|
| 1 | Mbuyi Tshinyongolo Tresor | 6.12 | 2019 |
| 2 | Ben Mohamed Younes        | 6.34 | 1994 |
|   | Moral Miguel              | 6.34 | 1994 |
|   | Thiry Stephane            | 6.34 | 1994 |
| 5 | Englebert Timothee        | 6.37 | 2016 |

## RESC TOP 20 INDOOR

|    |                       |      |      |
|----|-----------------------|------|------|
| 6  | Delatte Lionel        | 6.41 | 2008 |
| 7  | Nicodeme Romain       | 6.42 | 2008 |
| 8  | Delay Benoit          | 6.44 | 1992 |
|    | Van Cutsem Chris      | 6.44 | 1992 |
|    | Schepens Cedric       | 6.44 | 1994 |
|    | Vervloet Gregory      | 6.44 | 1996 |
| 12 | Demanet Lounis        | 6.45 | 2015 |
| 13 | Guilmain Benoit       | 6.54 | 1992 |
|    | Guillet Lionel        | 6.54 | 1994 |
|    | Naif Jerome           | 6.54 | 1996 |
| 16 | Blondiau Fabian       | 6.64 | 1992 |
| 17 | Monsieur Julien       | 6.73 | 2018 |
| 18 | Belghiti Alaoui Ayman | 6.81 | 2016 |
| 19 | Kubiak Joachim        | 6.82 | 2019 |
| 20 | Guillet Lionel        | 6.84 | 1992 |
|    | Coomans Werner        | 6.84 | 1996 |

### JUN 50 m

|    |                       |      |      |
|----|-----------------------|------|------|
| 1  | Vervloet Gregory      | 7.64 | 1996 |
| 2  | Schepens Cedric       | 7.74 | 1993 |
|    | Naif Jerome           | 7.74 | 1996 |
| 4  | Xhonneux Frederic     | 7.84 | 1996 |
| 5  | Guillet Lionel        | 8.04 | 1993 |
|    | Cawet Cedric          | 8.04 | 1996 |
| 7  | Kill Michel           | 8.24 | 1996 |
| 8  | Foucart François      | 8.44 | 1993 |
| 9  | Degives Jean Baptiste | 8.54 | 1993 |
| 10 | Van De Zande Chris    | 8.64 | 1993 |
| 11 | Huybrechts Xavier     | 8.84 | 1996 |
| 12 | Moya Julien           | 8.74 | 1993 |
| 13 | Guarneri Salvatore    | 8.74 | 1996 |
| 14 | Van Oudenhoven Karl   | 9.14 | 1993 |
| 15 | De Ruyver Julien      | 9.24 | 1996 |
| 16 | Guarneri Renato       | 9.34 | 1994 |
| 17 | Franco Marc           | 9.74 | 1996 |

### JUN 60 m

|    |                     |      |      |
|----|---------------------|------|------|
| 1  | Kasmi Amine         | 6.91 | 2019 |
| 2  | Mambo Kedjeloba     | 6.94 | 1993 |
| 3  | Vanhamme Arno       | 6.95 | 2016 |
| 4  | Gueulette Arnaud    | 6.98 | 2017 |
| 5  | Tshitwenu Florian   | 6.99 | 2016 |
|    | Kalmen Adam         | 6.99 | 2017 |
| 7  | Guillet Yassin      | 7.04 | 1993 |
| 8  | Okeowo Peredjo      | 7.06 | 2018 |
| 9  | Guillet Yassin      | 7.07 | 1992 |
| 10 | Broothaerts Damien  | 7.08 | 2002 |
|    | Caty Dylan          | 7.08 | 2016 |
| 12 | Medan Marko         | 7.09 | 2022 |
| 13 | Diallo Oumar        | 7.10 | 2010 |
| 14 | Vervloet Gregory    | 7.12 | 2002 |
| 15 | Vanderhaeghen David | 7.15 | 1993 |
| 16 | Vanlancker Rudi     | 7.16 | 1990 |
| 17 | Mambo Kedjeloba     | 7.20 | 1990 |
| 18 | Taiwo Eniola        | 7.20 | 2015 |
| 19 | Thomas Samy         | 7.21 | 1990 |
| 20 | Mambo Djeke         | 7.23 | 1994 |
| 21 | De Keyzer Pascal    | 7.33 | 1990 |
| 22 | Steppe Eric         | 7.34 | 1990 |
|    | Hermann Gilles      | 7.34 | 2005 |

### JUN 150 m

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Sergeef Martin     | 19.59 | 2011 |
| 2  | Diallo Oumar       | 19.71 | 2007 |
| 3  | Montilla Dimitri   | 19.94 | 2011 |
| 4  | Taiwo Eniola       | 19.99 | 2012 |
| 5  | Paulus Gary        | 20.08 | 2005 |
| 6  | Englebert Timothee | 20.23 | 2017 |
| 7  | Lebailly Kevin     | 20.32 | 2005 |
| 8  | Diallo Mamadou     | 20.46 | 2001 |
|    | Okeowo Peredjo     | 20.46 | 2012 |
| 10 | Medan Marko        | 20.67 | 2015 |
| 11 | Dogan Mervan       | 20.76 | 2003 |
| 12 | Lins Sebastien     | 20.87 | 2005 |

|    |                    |       |      |
|----|--------------------|-------|------|
| 13 | Sonon Lionel       | 20.92 | 2000 |
| 14 | Vandenhoeke Arthur | 20.99 | 2009 |
| 15 | Guellet Shadi      | 21.38 | 2019 |

### JUN 200 m

|    |                     |       |      |
|----|---------------------|-------|------|
| 1  | Kalmen Adam         | 21.74 | 2017 |
|    | Kasmi Amine         | 21.74 | 2019 |
| 3  | Vanhamme Arno       | 21.78 | 2016 |
| 4  | Medan Marko         | 22.09 | 2022 |
| 5  | Tshitwenu Florian   | 22.34 | 2016 |
| 6  | Caty Dylan          | 22.43 | 2016 |
| 7  | Guillet Yassin      | 22.44 | 1993 |
| 8  | Mambo Kedjeloba     | 22.57 | 1993 |
| 9  | Amery Ronald        | 22.62 | 1987 |
| 10 | Broothaerts Damien  | 22.63 | 2001 |
| 11 | Moral Miguel        | 22.69 | 2000 |
| 12 | Niesen Charles      | 22.76 | 2013 |
| 13 | Lins Sebastien      | 22.77 | 2011 |
| 14 | Schepens Cedric     | 22.80 | 2001 |
| 15 | Szerman Melvin      | 22.83 | 2016 |
| 16 | Vanderhaeghen David | 22.87 | 1993 |
|    | Vervloet Gregory    | 22.87 | 2002 |
| 18 | Mambo Kedjeloba     | 22.95 | 1992 |
| 19 | Guillet Yassin      | 23.07 | 1992 |
| 20 | Ettetuani Adil      | 23.19 | 2003 |
| 21 | Canvat Thibaut      | 23.21 | 1992 |
| 22 | Mambo Djeke         | 23.26 | 1993 |

### JUN 300 m

|    |                           |       |      |
|----|---------------------------|-------|------|
| 1  | Lins Sebastien            | 36.08 | 2010 |
| 2  | Nijs Gaston               | 36.45 | 2014 |
| 3  | Nkiere Danfuname Rene     | 36.75 | 2017 |
| 4  | Vanhamme Arno             | 36.98 | 2014 |
| 5  | Castermane Julien         | 37.19 | 2006 |
| 6  | Tshitwenu Florian         | 37.34 | 2014 |
| 7  | Vandenhoeke Arthur        | 37.50 | 2012 |
| 8  | Mbuyi Bodika William      | 39.02 | 2020 |
| 9  | Beyaert Corentin          | 39.45 | 2018 |
| 10 | Montilla Dimitri          | 39.48 | 2012 |
| 11 | Puku Toku Christian       | 39.55 | 2012 |
| 12 | Hendrick Quentin          | 39.77 | 2012 |
| 13 | Biala Kenny               | 40.16 | 2020 |
| 14 | Labruyere Maxime          | 40.87 | 2022 |
| 15 | Sibourg Valentin          | 40.99 | 2020 |
| 16 | Assina Kevin              | 41.20 | 2014 |
| 17 | Sergeef Martin            | 41.25 | 2014 |
| 18 | Mbuyi Tshinyongolo Tresor | 42.26 | 2020 |
| 19 | Tshanga Diumba John Ross  | 42.36 | 2022 |
| 20 | Petitjean Nicolas         | 42.53 | 2014 |

### JUN 400 m

|    |                       |       |      |
|----|-----------------------|-------|------|
| 1  | Vanhamme Stefan       | 49.63 | 1980 |
| 2  | Nijs Gaston           | 50.37 | 2015 |
| 3  | Lins Sebastien        | 50.40 | 2010 |
| 4  | Asselman Frank        | 50.86 | 1991 |
| 5  | Vervloet Gregory      | 50.93 | 2002 |
| 6  | Castermane Julien     | 51.31 | 2007 |
| 7  | Badji Asanti          | 51.46 | 2012 |
| 8  | Vandenhoeke Arthur    | 51.80 | 2013 |
| 9  | Levacq Corentin       | 51.82 | 1997 |
| 10 | Vanderhaeghen David   | 51.86 | 1991 |
|    | Naif Nicolas          | 51.86 | 1998 |
| 12 | Guillet Yassin        | 51.92 | 1991 |
| 13 | Borlee Rayane         | 51.96 | 2017 |
| 14 | Nkiere Danfuname Rene | 52.03 | 2016 |
| 15 | Biala Kenny Felder    | 52.15 | 2022 |
| 16 | Madoughri Sabri       | 52.24 | 2018 |
| 17 | Ettetuani Adil        | 52.55 | 2003 |
| 18 | Mambo Djeke           | 52.84 | 1992 |
| 19 | Beyaert Corentin      | 53.76 | 2018 |
| 20 | Van Assche David      | 54.05 | 1991 |

### JUN 600 m

## RESC TOP 20 INDOOR

|   |                    |         |      |
|---|--------------------|---------|------|
| 1 | Obrijanu Vadim     | 2.21.01 | 2022 |
| 2 | Draoui Amine       | 2.23.75 | 2022 |
| 3 | Mievis Axel        | 2.35.53 | 2022 |
| 4 | De Heug Elliot     | 2.39.56 | 2022 |
| 5 | Cioaca Mario Louis | 2.49.43 | 2022 |

### JUN 800 m

|    |                    |         |      |
|----|--------------------|---------|------|
| 1  | Levacq Corentin    | 1.56.95 | 1998 |
| 2  | Haymans Thomas     | 1.57.76 | 2002 |
| 3  | Metian Marc        | 1.58.05 | 1998 |
| 4  | Vandenhoeke Arthur | 1.58.71 | 2014 |
| 5  | Azaoum Rachid      | 1.58.87 | 2004 |
| 6  | Tiaz Younes        | 1.59.15 | 2004 |
| 7  | Schroeven Bruno    | 1.59.32 | 1999 |
| 8  | Bentheim Ronald    | 1.59.38 | 2000 |
| 9  | Kanfouh Mohamed    | 2.00.28 | 2017 |
| 10 | Lelion Achille     | 2.00.46 | 2022 |
| 11 | Benouar Otman      | 2.00.64 | 2017 |
| 12 | Vaillant Thibaud   | 2.01.00 | 2005 |
| 13 | De Mars Steven     | 2.01.14 | 1990 |
| 14 | Aouragh Reda       | 2.01.26 | 2022 |
| 15 | El Yattouti Tounes | 2.01.56 | 2004 |
| 16 | Azaoum Najib       | 2.04.20 | 2004 |
| 17 | Karraz Loqmane     | 2.04.56 | 2018 |
| 18 | Petitjean Simon    | 2.05.52 | 2012 |
| 19 | Kebdani Samir      | 2.05.57 | 2005 |
| 20 | Daif Marwane       | 2.06.48 | 2004 |

### JUN 1000 m

|    |                      |         |      |
|----|----------------------|---------|------|
| 1  | Bentheim Ronald      | 2.35.90 | 2000 |
| 2  | Haymans Thomas       | 2.38.21 | 2003 |
| 3  | El Yattouti Younes   | 2.39.78 | 2003 |
| 4  | Xhonneux Frederic    | 2.39.80 | 2002 |
| 5  | Schroeven Bruno      | 2.40.64 | 1997 |
| 6  | Tiaz Younes          | 2.44.47 | 2003 |
| 7  | Nicodeme Romain      | 2.46.82 | 2014 |
| 8  | Arifi Ilias          | 2.48.69 | 2022 |
| 9  | Azaoum Rachid        | 2.48.85 | 2003 |
| 10 | Kebdani Samir        | 2.52.82 | 2003 |
| 11 | Lins Sebastien       | 2.52.89 | 2009 |
| 12 | Potemans Anton       | 2.53.59 | 2013 |
| 13 | Guellet Yassin       | 2.54.49 | 1992 |
| 14 | Vandervorst Jonathan | 2.55.05 | 2003 |
| 15 | Leyman David         | 2.55.98 | 2003 |
| 16 | Gruson Augustin      | 2.56.03 | 2019 |
| 17 | Hostyn Laurent-David | 2.56.98 | 2004 |
| 18 | Azaoum Najib         | 3.00.00 | 2003 |
| 19 | Englebert Timothee   | 3.00.39 | 2019 |
| 20 | Winderickx Ingmar    | 3.00.75 | 2006 |

### JUN 1500 m

|    |                       |         |      |
|----|-----------------------|---------|------|
| 1  | Petitjean Simon       | 4.03.61 | 2015 |
| 2  | Aouragh Reda          | 4.05.28 | 2022 |
| 3  | Kebdani Samir         | 4.10.45 | 2005 |
| 4  | Ouamari Aabid         | 4.12.53 | 1995 |
| 5  | Miller Benoit         | 4.17.91 | 2004 |
| 6  | El Yattouti Younes    | 4.20.38 | 2004 |
| 7  | Maingain François     | 4.24.73 | 2007 |
| 8  | Tiaz Younes           | 4.25.65 | 2004 |
| 9  | Massaad Michael       | 4.26.62 | 2008 |
| 10 | Demeester Thys        | 4.27.45 | 2005 |
| 11 | Leyman Jeremy         | 4.28.50 | 2004 |
| 12 | Azaoum Rachid         | 4.29.93 | 2004 |
| 13 | Govaert Thomas        | 4.34.02 | 2012 |
| 14 | Jamli Tarek           | 4.34.41 | 2004 |
| 15 | Willems Dorian        | 4.35.79 | 2019 |
| 16 | Errouchi Ayoub        | 4.43.38 | 2005 |
| 17 | Lafnachi Reda Mohamed | 4.46.11 | 2018 |
| 18 | Vaillant Thibaud      | 4.46.83 | 2002 |
| 19 | Bentheim Ronald       | 4.50.91 | 1996 |
| 20 | Schroeven Bruno       | 4.51.91 | 1994 |

### JUN 3000 m

|   |                   |         |      |
|---|-------------------|---------|------|
| 1 | Dewitte Sebastien | 8.37.86 | 2004 |
| 2 | Kebdani Samir     | 9.05.91 | 2006 |

### JUN 40 m haies (76 cm)

|   |                |       |      |
|---|----------------|-------|------|
| 1 | Taieb Rayane   | 10.18 | 2013 |
| 2 | Kubiak Joachim | 11.01 | 2019 |

### JUN 40 m haies (84 cm)

|    |                           |      |      |
|----|---------------------------|------|------|
| 1  | Demagnet Lounis           | 7.38 | 2016 |
| 2  | Xhonneux Frederic         | 7.54 | 1996 |
| 3  | Naif Jerome               | 8.04 | 1996 |
| 4  | Mbuyi Tshinyongolo Tresor | 8.09 | 2019 |
| 5  | Thiry Stephane            | 8.14 | 1994 |
| 6  | De Tollenaere Tom         | 8.23 | 2016 |
| 7  | Cawet Cedric              | 8.24 | 1996 |
| 8  | Moral Miguel              | 8.44 | 1994 |
|    | Vervloet Gregory          | 8.44 | 1996 |
| 10 | Guillet Lionel            | 8.64 | 1994 |
| 11 | Clais Marc                | 8.74 | 1994 |
| 12 | Ben Mohamed Younes        | 8.84 | 1994 |
| 13 | Guarneri Salvatore        | 8.94 | 1996 |
| 14 | Vaessen Fabien            | 8.94 | 1996 |
| 15 | Blondiau Fabian           | 9.04 | 1994 |

### JUN 60 m haies (76 cm)

|    |                     |       |      |
|----|---------------------|-------|------|
| 1  | Mertens Raphael     | 10.20 | 2020 |
| 2  | Montilla Dimitri    | 10.33 | 2008 |
| 3  | Elsen Daan          | 11.24 | 2005 |
| 4  | Kubiak Joachim      | 11.34 | 2022 |
| 5  | Potemans Anton      | 11.94 | 2007 |
| 6  | Srifi Kanfaoui Reda | 12.34 | 2012 |
| 7  | Baiwir Julien       | 12.44 | 2000 |
| 8  | Beyaert Corentin    | 12.48 | 2012 |
| 9  | Hoorens Anthony     | 12.58 | 2008 |
| 10 | Gonzalez Antoine    | 12.64 | 2017 |
| 11 | Nicodeme Romain     | 12.70 | 2006 |
| 12 | Diallo Oumar        | 12.72 | 2005 |
| 13 | Verburgt Tom        | 12.76 | 2007 |
| 14 | Delatte Lionel      | 12.81 | 2006 |
| 15 | Boniver Evan        | 12.86 | 2014 |
| 16 | Maertens Christophe | 12.92 | 1999 |
| 17 | Englebert Timothee  | 12.94 | 2015 |
|    | Camps Sebastien     | 12.94 | 2017 |

### JUN 60 m haies (84 cm)

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Montilla Dimitri   | 9.68  | 2011 |
| 2  | Diallo Oumar       | 9.99  | 2007 |
| 3  | Okeowo Peredjo     | 10.40 | 2012 |
| 4  | Potemans Anton     | 10.68 | 2009 |
| 5  | Nicodeme Romain    | 10.96 | 2008 |
| 6  | Lebailly Kevin     | 10.98 | 2005 |
| 7  | Demagnet Lounis    | 11.13 | 2016 |
| 8  | Englebert Timothee | 11.14 | 2017 |
| 9  | De Wilde Julien    | 11.21 | 1999 |
| 10 | Coomans Werner     | 11.24 | 1999 |
| 11 | Nees Ghislain      | 11.31 | 2006 |
| 12 | Lins Sebastien     | 11.32 | 2005 |
| 13 | Taiwo Eniola       | 11.34 | 2012 |
| 14 | Elsen Daan         | 11.35 | 2006 |
| 15 | Nicodeme Thibault  | 11.32 | 2005 |

### JUN 60 m haies (91 cm)

|    |                    |      |      |
|----|--------------------|------|------|
| 1  | Broothaerts Damien | 7.78 | 2000 |
| 2  | Elsen Daan         | 8.11 | 2011 |
| 3  | Van de Velde Frank | 8.48 | 1996 |
| 4  | Xhonneux Frederic  | 8.55 | 2000 |
| 5  | Potemans Anton     | 8.60 | 2013 |
| 6  | Okeowo Peredjo     | 8.64 | 2015 |
| 7  | Mambo Djeke        | 8.68 | 1993 |
| 8  | Lins Sebastien     | 8.69 | 2009 |
| 9  | Squiflet Pierre    | 8.71 | 1995 |
| 10 | Diallo Oumar       | 8.82 | 2011 |
| 11 | Loens Sam          | 8.83 | 2014 |

## RESC TOP 20 INDOOR

|    |                    |       |      |
|----|--------------------|-------|------|
| 12 | Mambo Djeke        | 8.93  | 1992 |
| 13 | Montilla Dimitri   | 9.01  | 2013 |
| 14 | Leyman David       | 9.31  | 2000 |
| 15 | Hinne Benoit       | 9.38  | 1988 |
| 16 | Arifi Ilias        | 9.39  | 2019 |
| 17 | Demagnet Lounis    | 9.50  | 2018 |
| 18 | Vanden Eede Hugues | 10.05 | 1992 |
| 19 | Schoonjans Patrick | 10.54 | 1992 |

### JUN 60 m haies (99 cm)

|    |                     |       |      |
|----|---------------------|-------|------|
| 1  | Caty Dylan          | 7.83  | 2016 |
| 2  | Elsen Daan          | 8.01  | 2012 |
| 3  | Segers Daniel       | 8.14  | 2020 |
| 4  | Okeowo Peredjo      | 8.25  | 2017 |
| 5  | Vanderhaeghen David | 8.53  | 1991 |
| 6  | Arifi Ilias         | 8.55  | 2022 |
| 7  | Mambo Kedjeloba     | 8.62  | 1990 |
| 8  | Lins Sebastien      | 8.73  | 2010 |
| 9  | Guillet Yassin      | 8.75  | 1990 |
| 10 | Nicodeme Romain     | 8.79  | 2014 |
| 11 | Pinchart Alain      | 8.84  | 1990 |
| 12 | Vanden Berghen Yves | 8.94  | 1990 |
| 13 | Loens Sam           | 8.98  | 2015 |
| 14 | Van De Sype Vincent | 9.26  | 2011 |
| 15 | Gentile Raphael     | 9.43  | 1992 |
| 16 | Denys Jonathan      | 9.57  | 2009 |
| 17 | Caluwe Arnaud       | 9.65  | 2010 |
| 18 | Beeckman Amaury     | 10.02 | 2013 |
| 19 | Steppe Tom          | 10.03 | 1990 |
| 20 | Rudman David        | 10.04 | 1992 |

### JUN 60 m haies (106 cm)

|    |                      |      |      |
|----|----------------------|------|------|
| 1  | Caty Dylan           | 8.05 | 2016 |
| 2  | Broothaerts Damien   | 8.11 | 2001 |
| 3  | Mambo Kedjeloba      | 8.13 | 1993 |
| 4  | Van de Velde Frank   | 8.26 | 1998 |
| 5  | Asselman Frank       | 8.40 | 1991 |
| 6  | Dotrenghe Sacha      | 8.43 | 1989 |
| 7  | Mambo Djeke          | 8.49 | 1994 |
| 8  | Vanlancker Rudi      | 8.53 | 1990 |
| 9  | Xhonneux Frederic    | 8.62 | 2002 |
| 10 | Vanderhaeghen David  | 8.66 | 1993 |
| 11 | Marloye Roland       | 8.67 | 1980 |
| 12 | Guillet Yassin       | 8.71 | 1992 |
| 13 | Steppe Eric          | 8.74 | 1990 |
| 14 | Sanglier Olivier     | 8.79 | 1991 |
| 15 | Letellier Eric       | 8.83 | 1985 |
|    | Pinchart Alain       | 8.83 | 1992 |
| 17 | Vanderhaeghen David  | 8.94 | 1991 |
| 18 | Vervloet Gregory     | 9.21 | 2002 |
| 19 | Hostyn Laurent David | 9.62 | 2005 |
| 20 | Leyman David         | 9.82 | 2003 |

### JUN Hauteur

|    |                          |      |      |
|----|--------------------------|------|------|
| 1  | Sandron Dominique        | 2m03 | 1988 |
| 2  | Guillet Yassin           | 2m01 | 1992 |
| 3  | Vanlancker Rudi          | 1m99 | 1988 |
|    | Xhonneux Frederic        | 1m99 | 2002 |
| 5  | Kalandula Fabiano        | 1m98 | 2015 |
| 6  | Van de Velde Frank       | 1m95 | 1996 |
| 7  | Pinchart Alain           | 1m90 | 1990 |
|    | Gamuella Ngamunguela Jos | 1m90 | 2017 |
| 9  | Elsen Daan               | 1m88 | 2011 |
| 10 | Arifi Ilias              | 1m85 | 2022 |
| 11 | Hostyn Laurent David     | 1m80 | 2004 |
| 12 | Nicodeme Romain          | 1m78 | 2014 |
| 13 | Montilla Dimitri         | 1m77 | 2012 |
|    | Englebert Timothee       | 1m77 | 2019 |
| 15 | Beerens Gregory          | 1m75 | 1994 |
|    | De Wilde Julien          | 1m75 | 2003 |
| 17 | Mertol Denis             | 1m74 | 2002 |
| 18 | Massaad Jean             | 1m73 | 2006 |
| 19 | Englebert Hadrien        | 1m72 | 2016 |

### JUN Longueur

|    |                     |      |      |
|----|---------------------|------|------|
| 1  | Vanlancker Rudi     | 7m60 | 1990 |
| 2  | Guillet Yassin      | 7m46 | 1993 |
| 3  | Guillet Yassin      | 7m30 | 1992 |
| 4  | Yuma M'Bayo Eric    | 7m27 | 1988 |
| 5  | Segers Daniel       | 7m02 | 2020 |
| 6  | Marloye Roland      | 6m98 | 1980 |
| 7  | Delporte Luc        | 6m82 | 1985 |
| 8  | Gruson Augustin     | 6m81 | 2022 |
| 9  | Elsen Daan          | 6m75 | 2012 |
| 10 | Diallo Oumar        | 6m69 | 2011 |
| 11 | Vanderhaeghen David | 6m63 | 1990 |
| 12 | Xhonneux Frederic   | 6m55 | 2002 |
| 13 | Naga Djihed         | 6m45 | 2007 |
| 14 | Nicodeme Romain     | 6m41 | 2014 |
| 15 | Hoorens Christopher | 6m36 | 2015 |
| 16 | Geerts Gregory      | 6m32 | 2017 |
| 17 | Gentile Raphaël     | 6m29 | 1992 |
| 18 | Pinchart Alain      | 6m23 | 1992 |
|    | Roefmans Lucas      | 6m23 | 2018 |
| 20 | Mambo Kedjeloba     | 6m22 | 1989 |
| 21 | Englebert Timothee  | 6m19 | 2019 |

### JUN Triple saut

|    |                     |       |      |
|----|---------------------|-------|------|
| 1  | Guillet Yassin      | 15m45 | 1993 |
| 2  | Mambo Kedjeloba     | 15m35 | 1992 |
| 3  | Guillet Yassin      | 15m04 | 1991 |
| 4  | Vanderhaeghen David | 14m95 | 1993 |
| 5  | Mambo Djeke         | 14m88 | 1994 |
| 6  | Delporte Luc        | 14m72 | 1985 |
| 7  | Yuma M'Bayo Eric    | 14m64 | 1988 |
| 8  | Vanderhaeghen David | 14m39 | 1992 |
| 9  | Xhonneux Frederic   | 14m26 | 2000 |
| 10 | Geerts Gregory      | 14m03 | 2017 |
| 11 | Marloye Roland      | 13m68 | 1979 |
| 12 | Hoorens Christopher | 13m42 | 2014 |
| 13 | Naga Djihed         | 13m30 | 2007 |
| 14 | Bolsee David        | 13m28 | 1985 |
| 15 | Caluwe Arnaud       | 13m12 | 2009 |
| 16 | Kalandula Fabiano   | 12m84 | 2015 |
| 17 | Adorna François     | 12m71 | 1985 |
| 18 | Mambo Djeke         | 12m66 | 1992 |
| 19 | Naif Jérôme         | 12m64 | 1999 |
| 20 | Broothaerts Damien  | 12m11 | 1998 |
| 21 | Vervloet Gregory    | 12m48 | 2001 |
| 22 | Diallo Oumar        | 12m08 | 2009 |
| 23 | Schoonjans Patrick  | 10m97 | 1992 |

### JUN Perche

|    |                       |      |      |
|----|-----------------------|------|------|
| 1  | Rombaut Wesley        | 4m70 | 1996 |
| 2  | Elsen Daan            | 4m50 | 2012 |
| 3  | Xhonneux Frederic     | 4m20 | 2002 |
|    | Arifi Ilias           | 4m20 | 2022 |
| 5  | Jacobs David          | 4m10 | 1994 |
| 6  | Sintichiakis Nicolaos | 3m90 | 2000 |
|    | Nicodeme Romain       | 3m90 | 2014 |
| 8  | Loens Sam             | 3m80 | 2014 |
| 9  | De Tollenaere Tom     | 3m60 | 2022 |
| 10 | Moens Cyprien         | 3m52 | 2018 |
| 11 | Potemans Anton        | 3m50 | 2013 |
| 12 | Naga Djihed           | 3m40 | 2005 |
|    | Van De Sype Vincent   | 3m40 | 2012 |
| 14 | Leyman David          | 3m36 | 2000 |
| 15 | Montilla Dimitri      | 3m30 | 2012 |
| 16 | Lecompte David        | 3m25 | 1991 |
| 17 | Vanderhaeghen David   | 3m20 | 1991 |
|    | Guillet Yassin        | 3m20 | 1992 |
|    | Thys Alain            | 3m20 | 1996 |
| 20 | Montilla Alexis       | 3m16 | 2018 |

### JUN Poids (1 kg)

|   |                   |      |      |
|---|-------------------|------|------|
| 1 | Elsen Daan        | 9m08 | 2003 |
| 2 | Xhonneux Frederic | 8m60 | 1992 |

## RESC TOP 20 INDOOR

|    |                     |      |      |
|----|---------------------|------|------|
| 3  | Arifi Rayane        | 8m38 | 2017 |
| 4  | Van De Sype Vincent | 8m33 | 2002 |
| 5  | Baiwir Julien       | 8m19 | 1998 |
| 6  | Montilla Alexis     | 8m05 | 2011 |
| 7  | Cigri Ephrem        | 8m00 | 2014 |
| 8  | Taieb Rayan         | 7m99 | 2012 |
| 9  | Vrebos Stephane     | 7m95 | 1992 |
|    | Cuypers Florian     | 7m95 | 2012 |
| 11 | Potemans Anton      | 7m93 | 2005 |
| 12 | Wavreil Cedric      | 7m77 | 2000 |
| 13 | Guarneri Renato     | 7m64 | 1996 |
| 14 | Gerard Valery       | 7m64 | 2000 |
| 15 | Beyaert Corentin    | 7m60 | 2011 |

### JUN Poids (2 kg)

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Montilla Dimitri   | 10m01 | 2009 |
| 2  | Baiwir Julien      | 9m75  | 2000 |
| 3  | Elsen Daan         | 9m47  | 2005 |
| 4  | Diallo Oumar       | 9m39  | 2005 |
| 5  | Mertens Tom        | 8m91  | 1997 |
| 6  | Guarneri Salvatore | 8m79  | 1995 |
| 7  | Potemans Anton     | 8m75  | 2007 |
| 8  | Englebert Timothee | 8m67  | 2015 |
| 9  | Guarneri Renato    | 8m60  | 1997 |
| 10 | Xhonneux Frederic  | 8m58  | 1993 |
| 11 | Monsieur Julien    | 8m38  | 2018 |
| 12 | Gerard Benjamin    | 8m36  | 1999 |
| 13 | Nicodeme Romain    | 8m18  | 2006 |
| 14 | Arifi Rayane       | 8m16  | 2019 |
| 15 | Montilla Alexis    | 8m12  | 2013 |

### JUN Poids (3 kg)

|    |                       |       |      |
|----|-----------------------|-------|------|
| 1  | Montilla Dimitri      | 13m94 | 2011 |
| 2  | Diallo Oumar          | 13m47 | 2007 |
| 3  | Nees Ghislain         | 11m01 | 2006 |
| 4  | Englebert Timothee    | 10m69 | 2017 |
| 5  | Guarneri Renato       | 10m19 | 1999 |
| 6  | Chekem Ramses         | 10m15 | 2016 |
| 7  | Gerard Jeremy         | 9m85  | 2000 |
| 8  | Xhonneux Frederic     | 9m38  | 1996 |
| 9  | Diallo Mamadou        | 9m14  | 2001 |
| 10 | Baiwir Julien         | 9m06  | 2001 |
| 11 | Van De Sype Vincent   | 9m04  | 2006 |
| 12 | De Tollenaere Tom     | 8m97  | 2016 |
| 13 | Elsen Daan            | 8m96  | 2006 |
| 14 | Gerard Benjamin       | 8m93  | 2000 |
| 15 | Hendrickx Wim         | 8m91  | 1995 |
| 16 | Van Cutsem Christophe | 8m85  | 1992 |

### JUN Poids (4 kg)

|    |                           |       |      |
|----|---------------------------|-------|------|
| 1  | Diallo Oumar              | 14m30 | 2007 |
| 2  | Diallo Mamadou            | 13m64 | 2003 |
| 3  | Beeckman Amaury           | 13m04 | 2010 |
| 4  | Squiflet Pierre           | 13m56 | 1994 |
| 5  | Englebert Timothee        | 13m25 | 2019 |
| 6  | Xhonneux Frederic         | 12m07 | 1998 |
| 7  | Leyman David              | 11m97 | 2000 |
| 8  | Potemans Anton            | 11m93 | 2011 |
| 9  | Montilla Dimitri          | 11m77 | 2012 |
| 10 | Petitjean Nicolas         | 11m48 | 2014 |
| 11 | De Tollenaere Tom         | 11m30 | 2018 |
| 12 | Gentile Raphael           | 10m72 | 1991 |
| 13 | Oliveira Da Silva Raphael | 10m63 | 2007 |
| 14 | Okeowo Peredjo            | 10m60 | 2013 |
| 15 | Chekem Ramses             | 10m55 | 2018 |
| 16 | Verschoren Quentin        | 10m35 | 1992 |

### JUN Poids (5 kg)

|   |                   |       |      |
|---|-------------------|-------|------|
| 1 | Elsen Daan        | 14m55 | 2011 |
| 2 | Diallo Oumar      | 14m01 | 2011 |
| 3 | Xhonneux Frederic | 13m02 | 2000 |
| 4 | Steppe Tom        | 12m97 | 1991 |
| 5 | Beeckman Amaury   | 12m91 | 2012 |

|    |                     |       |      |
|----|---------------------|-------|------|
| 6  | Guellet Yassin      | 12m36 | 1991 |
| 7  | Potemans Anton      | 12m35 | 2013 |
|    | De Tollenaere Tom   | 12m35 | 2020 |
| 9  | Squiflet Pierre     | 12m33 | 1995 |
| 10 | Gomes Marcel        | 12m04 | 1995 |
| 11 | Montilla Alexis     | 11m89 | 2019 |
| 12 | Chekem Ramses       | 11m61 | 2020 |
| 13 | Sustelo Antonio     | 11m52 | 2004 |
| 14 | Vanderhaeghen David | 11m44 | 1991 |
| 15 | Denys Jonathan      | 11m34 | 2007 |
| 16 | Gentile Raphael     | 9m89  | 1992 |

### JUN Poids (6 kg)

|    |                      |       |      |
|----|----------------------|-------|------|
| 1  | Guillaume Jonathan   | 16m23 | 2011 |
| 2  | Elsen Daan           | 12m85 | 2012 |
| 3  | Jacobs David         | 12m73 | 1993 |
| 4  | Xhonneux Frederic    | 12m30 | 2001 |
| 5  | Bernard Tom          | 11m99 | 2012 |
| 6  | Beeckman Amaury      | 11m98 | 2013 |
| 7  | De Tollenaere Tom    | 11m88 | 2022 |
| 8  | Arifi Ilias          | 11m52 | 2022 |
| 9  | Hostyn Laurent-David | 11m40 | 2005 |
| 10 | Montilla Alexis      | 11m15 | 2020 |
| 11 | Van De Sype Vincent  | 11m10 | 2012 |
| 12 | Nicodeme Romain      | 11m06 | 2014 |
| 13 | Leyman David         | 11m00 | 2003 |
| 14 | Loens Sam            | 10m93 | 2016 |
| 15 | Denys Jonathan       | 10m91 | 2008 |
| 16 | Huylebroeck Pascal   | 9m41  | 1985 |
| 17 | Pinchart Alain       | 8m73  | 1991 |

### JUN Triathlon

|   |                   |        |      |
|---|-------------------|--------|------|
| 1 | Arifi Ilias       | 1738 p | 2022 |
| 2 | De Tollenaere Tom | 1667 p | 2022 |

### JUN Heptathlon

|    |                      |        |      |
|----|----------------------|--------|------|
| 1  | Xhonneux Frederic    | 5177 p | 2002 |
| 2  | Elsen Daan           | 5097 p | 2012 |
| 3  | Guellet Yassin       | 4835 p | 1992 |
| 4  | Nicodeme Romain      | 4683 p | 2014 |
| 5  | Arifi Ilias          | 4673 p | 2022 |
| 6  | Hostyn Laurent-David | 4060 p | 2005 |
| 7  | Vervloet Gregory     | 3955 p | 2002 |
| 8  | Van De Sype Vincent  | 3900 p | 2012 |
| 9  | Leyman David         | 3763 p | 2003 |
| 10 | Moens Cyprien        | 3936 p | 2018 |
| 11 | De Tollenaere Tom    | 3315 p | 2022 |
| 12 | Denys Jonathan       | 3048 p | 2008 |

## ESPOIRS HOMMES – U23

### ESP 40 m

|    |                           |      |      |
|----|---------------------------|------|------|
| 1  | Mbuyi Tshinyongolo Tresor | 6.12 | 2019 |
| 2  | Ben Mohamed Younes        | 6.34 | 1994 |
|    | Moral Miguel              | 6.34 | 1994 |
|    | Thiry Stephane            | 6.34 | 1994 |
| 5  | Englebert Timothee        | 6.37 | 2016 |
| 6  | Delatte Lionel            | 6.41 | 2008 |
| 7  | Nicodeme Romain           | 6.42 | 2008 |
| 8  | Delay Benoit              | 6.44 | 1992 |
|    | Van Cutsem Chris          | 6.44 | 1992 |
|    | Schepens Cedric           | 6.44 | 1994 |
|    | Vervloet Gregory          | 6.44 | 1996 |
| 12 | Demagnet Lounis           | 6.45 | 2015 |
| 13 | Guilmain Benoit           | 6.54 | 1992 |
|    | Guillet Lionel            | 6.54 | 1994 |
|    | Naif Jerome               | 6.54 | 1996 |
| 16 | Blondiau Fabian           | 6.64 | 1992 |
| 17 | Monsieur Julien           | 6.73 | 2018 |
| 18 | Belghiti Alaoui Ayman     | 6.81 | 2016 |
| 19 | Kubiak Joachim            | 6.82 | 2019 |
| 20 | Guillet Lionel            | 6.84 | 1992 |
|    | Coomans Werner            | 6.84 | 1996 |

## RESC TOP 20 INDOOR

|                  |                       |       |      |                  |                           |         |      |
|------------------|-----------------------|-------|------|------------------|---------------------------|---------|------|
| <b>ESP 50 m</b>  |                       |       |      | <b>ESP 300 m</b> |                           |         |      |
| 1                | Vervloet Gregory      | 7.64  | 1996 | 1                | Lins Sebastien            | 36.08   | 2010 |
| 2                | Schepens Cedric       | 7.74  | 1993 | 2                | Nijs Gaston               | 36.45   | 2014 |
|                  | Naif Jerome           | 7.74  | 1996 | 3                | Nkiere Danfuname Rene     | 36.75   | 2017 |
| 4                | Xhonneux Frederic     | 7.84  | 1996 | 4                | Vanhamme Arno             | 36.98   | 2014 |
| 5                | Guillet Lionel        | 8.04  | 1993 | 5                | Castermane Julien         | 37.19   | 2006 |
|                  | Cawet Cedric          | 8.04  | 1996 | 6                | Tshitwenu Florian         | 37.34   | 2014 |
| 7                | Kill Michel           | 8.24  | 1996 | 7                | Vandenhoeke Arthur        | 37.50   | 2012 |
| 8                | Foucart François      | 8.44  | 1993 | 8                | Mbuyi Bodika William      | 39.02   | 2020 |
| 9                | Degives Jean Baptiste | 8.54  | 1993 | 9                | Beyaert Corentin          | 39.45   | 2018 |
| 10               | Van De Zande Chris    | 8.64  | 1993 | 10               | Montilla Dimitri          | 39.48   | 2012 |
| 11               | Huybrechts Xavier     | 8.84  | 1996 | 11               | Puku Toku Christian       | 39.55   | 2012 |
| 12               | Moya Julien           | 8.74  | 1993 | 12               | Hendrick Quentin          | 39.77   | 2012 |
| 13               | Guarneri Salvatore    | 8.74  | 1996 | 13               | Biala Kenny               | 40.16   | 2020 |
| 14               | Van Oudenhoven Karl   | 9.14  | 1993 | 14               | Labruyere Maxime          | 40.87   | 2022 |
| 15               | De Ruyver Julien      | 9.24  | 1996 | 15               | Sibourg Valentin          | 40.99   | 2020 |
| 16               | Guarneri Renato       | 9.34  | 1994 | 16               | Assina Kevin              | 41.20   | 2014 |
| 17               | Franco Marc           | 9.74  | 1996 | 17               | Sergeef Martin            | 41.25   | 2014 |
|                  |                       |       |      | 18               | Mbuyi Tshinyongolo Tresor | 42.26   | 2020 |
|                  |                       |       |      | 19               | Tshanga Diumba John Ross  | 42.36   | 2022 |
|                  |                       |       |      | 20               | Petitjean Nicolas         | 42.53   | 2014 |
| <b>ESP 60 m</b>  |                       |       |      | <b>ESP 400 m</b> |                           |         |      |
| 1                | Amery Ronald          | 6.84  | 1991 | 1                | Vanhamme Stefan           | 49.63   | 1980 |
| 2                | Thomas Samy           | 6.89  | 1992 | 2                | Nijs Gaston               | 50.37   | 2015 |
| 2                | Kasmi Amine           | 6.91  | 2019 | 3                | Lins Sebastien            | 50.40   | 2010 |
| 3                | Mambo Kedjeloba       | 6.94  | 1993 | 4                | Asselman Frank            | 50.86   | 1991 |
|                  | Vanhamme Arno         | 6.95  | 2016 | 5                | Vervloet Gregory          | 50.93   | 2002 |
| 6                | Gueulette Arnaud      | 6.98  | 2017 | 6                | Castermane Julien         | 51.31   | 2007 |
| 7                | Tshitwenu Florian     | 6.99  | 2016 | 7                | Badji Asamti              | 51.46   | 2012 |
|                  | Kalmen Adam           | 6.99  | 2017 | 8                | Vandenhoeke Arthur        | 51.80   | 2013 |
| 9                | Vanlancker Rudi       | 7.04  | 1992 | 9                | Levacq Corentin           | 51.82   | 1997 |
| 10               | Guellet Yassin        | 7.04  | 1993 | 10               | Vanderhaeghen David       | 51.86   | 1991 |
| 11               | Okeowo Peredjo        | 7.06  | 2018 |                  | Naif Nicolas              | 51.86   | 1998 |
| 12               | Guellet Yassin        | 7.07  | 1992 | 12               | Guillet Yassin            | 51.92   | 1991 |
| 13               | Debeir Olivier        | 7.08  | 1991 | 13               | Borlee Rayane             | 51.96   | 2017 |
|                  | Broothaerts Damien    | 7.08  | 2002 | 14               | Nkiere Danfuname Rene     | 52.03   | 2016 |
|                  | Caty Dylan            | 7.08  | 2016 | 15               | Biala Kenny Felder        | 52.15   | 2022 |
| 16               | Medan Marko           | 7.09  | 2022 | 16               | Madoughri Sabri           | 52.24   | 2018 |
| 17               | Diallo Oumar          | 7.10  | 2010 | 17               | Ettetuani Adil            | 52.55   | 2003 |
| 18               | Vervloet Gregory      | 7.12  | 2002 | 18               | Mambo Djeke               | 52.84   | 1992 |
| 19               | Vanderhaeghen David   | 7.15  | 1993 | 19               | Beyaert Corentin          | 53.76   | 2018 |
| 20               | Yuma M'Bayo Eric      | 7.18  | 1990 | 20               | Van Assche David          | 54.05   | 1991 |
| 21               | Mambo Kedjeloba       | 7.20  | 1990 |                  |                           |         |      |
|                  | Dotrengre Alexandre   | 7.20  | 1992 | <b>ESP 600 m</b> |                           |         |      |
|                  | Taiwo Eniola          | 7.20  | 2015 | 1                | Obrijanu Vadim            | 2.21.01 | 2022 |
|                  |                       |       |      | 2                | Draoui Amine              | 2.23.75 | 2022 |
|                  |                       |       |      | 3                | Mievis Axel               | 2.35.53 | 2022 |
|                  |                       |       |      | 4                | De Heug Elliot            | 2.39.56 | 2022 |
|                  |                       |       |      | 5                | Cioaca Mario Louis        | 2.49.43 | 2022 |
| <b>ESP 150 m</b> |                       |       |      | <b>ESP 800 m</b> |                           |         |      |
| 1                | Sergeef Martin        | 19.59 | 2011 | 1                | Desmedt Frederic          | 1.54.12 | 1992 |
| 2                | Diallo Oumar          | 19.71 | 2007 | 2                | Levacq Corentin           | 1.56.95 | 1998 |
| 3                | Montilla Dimitri      | 19.94 | 2011 | 3                | Haymans Thomas            | 1.57.76 | 2002 |
| 4                | Taiwo Eniola          | 19.99 | 2012 | 4                | Metian Marc               | 1.58.05 | 1998 |
| 5                | Paulus Gary           | 20.08 | 2005 | 5                | Vandenhoeke Arthur        | 1.58.71 | 2014 |
| 6                | Englebert Timothee    | 20.23 | 2017 | 6                | Azaoum Rachid             | 1.58.87 | 2004 |
| 7                | Lebailly Kevin        | 20.32 | 2005 | 7                | Tiaz Younes               | 1.59.15 | 2004 |
| 8                | Diallo Mamadou        | 20.46 | 2001 | 8                | Schroeven Bruno           | 1.59.32 | 1999 |
|                  | Okeowo Peredjo        | 20.46 | 2012 | 9                | Bentheim Ronald           | 1.59.38 | 2000 |
| 10               | Medan Marko           | 20.67 | 2015 | 10               | Kanfouh Mohamed           | 2.00.28 | 2017 |
| 11               | Dogan Mervan          | 20.76 | 2003 |                  |                           |         |      |
| 12               | Lins Sebastien        | 20.87 | 2005 |                  |                           |         |      |
| 13               | Sonon Lionel          | 20.92 | 2000 |                  |                           |         |      |
| 14               | Vandenhoeke Arthur    | 20.99 | 2009 |                  |                           |         |      |
| 15               | Guillet Shadi         | 21.38 | 2019 |                  |                           |         |      |
| <b>ESP 200 m</b> |                       |       |      |                  |                           |         |      |
| 1                | Amery Ronald          | 21.50 | 1991 |                  |                           |         |      |
| 2                | Kalmen Adam           | 21.74 | 2017 |                  |                           |         |      |
|                  | Kasmi Amine           | 21.74 | 2019 |                  |                           |         |      |
| 4                | Vanhamme Arno         | 21.78 | 2016 |                  |                           |         |      |
| 5                | Vanhamme Stephan      | 21.96 | 1982 |                  |                           |         |      |
| 6                | Medan Marko           | 22.09 | 2022 |                  |                           |         |      |
| 7                | Tshitwenu Florian     | 22.34 | 2016 |                  |                           |         |      |
| 8                | Caty Dylan            | 22.43 | 2016 |                  |                           |         |      |
| 9                | Guillet Yassin        | 22.44 | 1993 |                  |                           |         |      |
| 10               | Thomas Samy           | 22.45 | 1991 |                  |                           |         |      |



## RESC TOP 20 INDOOR

|    |                    |         |      |
|----|--------------------|---------|------|
| 11 | Lelion Achille     | 2.00.46 | 2022 |
| 12 | Benouar Otman      | 2.00.64 | 2017 |
| 13 | Vaillant Thibaud   | 2.01.00 | 2005 |
| 14 | De Mars Steven     | 2.01.14 | 1990 |
| 15 | Aouragh Reda       | 2.01.26 | 2022 |
| 16 | El Yattouti Tounes | 2.01.56 | 2004 |
| 17 | Azaoum Najib       | 2.04.20 | 2004 |
| 18 | Karraz Loqmane     | 2.04.56 | 2018 |
| 19 | Petitjean Simon    | 2.05.52 | 2012 |
| 20 | Kebdani Samir      | 2.05.57 | 2005 |

### ESP 1000 m

|    |                      |         |      |
|----|----------------------|---------|------|
| 1  | Bentheim Ronald      | 2.35.90 | 2000 |
| 2  | Haymans Thomas       | 2.38.21 | 2003 |
| 3  | El Yattouti Younes   | 2.39.78 | 2003 |
| 4  | Xhonneux Frederic    | 2.39.80 | 2002 |
| 5  | Schroeven Bruno      | 2.40.64 | 1997 |
| 6  | Tiaz Younes          | 2.44.47 | 2003 |
| 7  | Nicodeme Romain      | 2.46.82 | 2014 |
| 8  | Arifi Ilias          | 2.48.69 | 2022 |
| 9  | Azaoum Rachid        | 2.48.85 | 2003 |
| 10 | Kebdani Samir        | 2.52.82 | 2003 |
| 11 | Lins Sebastien       | 2.52.89 | 2009 |
| 12 | Potemans Anton       | 2.53.59 | 2013 |
| 13 | Guellet Yassin       | 2.54.49 | 1992 |
| 14 | Vandervorst Jonathan | 2.55.05 | 2003 |
| 15 | Leyman David         | 2.55.98 | 2003 |
| 16 | Gruson Augustin      | 2.56.03 | 2019 |
| 17 | Hostyn Laurent-David | 2.56.98 | 2004 |
| 18 | Azaoum Najib         | 3.00.00 | 2003 |
| 19 | Englebert Timothee   | 3.00.39 | 2019 |
| 20 | Winderickx Ingmar    | 3.00.75 | 2006 |

### ESP 1500 m

|    |                       |         |      |
|----|-----------------------|---------|------|
| 1  | Desmedt Frederic      | 3.51.59 | 1992 |
| 2  | Petitjean Simon       | 4.03.61 | 2015 |
| 3  | Aouragh Reda          | 4.05.28 | 2022 |
| 4  | Kebdani Samir         | 4.10.45 | 2005 |
| 5  | Ouamari Aabid         | 4.12.53 | 1995 |
| 6  | Miller Benoit         | 4.17.91 | 2004 |
| 7  | El Yattouti Younes    | 4.20.38 | 2004 |
| 8  | Maingain François     | 4.24.73 | 2007 |
| 9  | Tiaz Younes           | 4.25.65 | 2004 |
| 10 | Massaad Michael       | 4.26.62 | 2008 |
| 11 | Demeester Thys        | 4.27.45 | 2005 |
| 12 | Leyman Jeremy         | 4.28.50 | 2004 |
| 13 | Azaoum Rachid         | 4.29.93 | 2004 |
| 14 | Govaert Thomas        | 4.34.02 | 2012 |
| 15 | Jamli Tarek           | 4.34.41 | 2004 |
| 16 | Willems Dorian        | 4.35.79 | 2019 |
| 17 | Errouchi Ayoub        | 4.43.38 | 2005 |
| 18 | Lafnachi Reda Mohamed | 4.46.11 | 2018 |
| 19 | Vaillant Thibaud      | 4.46.83 | 2002 |
| 20 | Bentheim Ronald       | 4.50.91 | 1996 |

### ESP 3000 m

|   |                    |         |      |
|---|--------------------|---------|------|
| 1 | Heremans Nick      | 8.08.53 | 1992 |
| 2 | Ben Mohamed Rachid | 8.13.74 | 1992 |
| 3 | Dewitte Sebastien  | 8.37.86 | 2004 |
| 4 | Kebdani Samir      | 9.05.91 | 2006 |

### ESP 40 m haies (76 cm)

|   |                |       |      |
|---|----------------|-------|------|
| 1 | Taieb Rayane   | 10.18 | 2013 |
| 2 | Kubiak Joachim | 11.01 | 2019 |

### ESP 40 m haies (84 cm)

|   |                           |      |      |
|---|---------------------------|------|------|
| 1 | Demagnet Lounis           | 7.38 | 2016 |
| 2 | Xhonneux Frederic         | 7.54 | 1996 |
| 3 | Naif Jerome               | 8.04 | 1996 |
| 4 | Mbuyi Tshinyongolo Tresor | 8.09 | 2019 |
| 5 | Thiry Stephane            | 8.14 | 1994 |
| 6 | De Tollenaere Tom         | 8.23 | 2016 |
| 7 | Cawet Cedric              | 8.24 | 1996 |

|    |                    |      |      |
|----|--------------------|------|------|
| 8  | Moral Miguel       | 8.44 | 1994 |
|    | Vervloet Gregory   | 8.44 | 1996 |
| 10 | Guillet Lionel     | 8.64 | 1994 |
| 11 | Clais Marc         | 8.74 | 1994 |
| 12 | Ben Mohamed Younes | 8.84 | 1994 |
| 13 | Guarneri Salvatore | 8.94 | 1996 |
| 14 | Vaessen Fabien     | 8.94 | 1996 |
| 15 | Blondiau Fabian    | 9.04 | 1994 |

### ESP 60 m haies (76 cm)

|    |                     |       |      |
|----|---------------------|-------|------|
| 1  | Mertens Raphael     | 10.20 | 2020 |
| 2  | Montilla Dimitri    | 10.33 | 2008 |
| 3  | Elsen Daan          | 11.24 | 2005 |
| 4  | Kubiak Joachim      | 11.34 | 2022 |
| 5  | Potemans Anton      | 11.94 | 2007 |
| 6  | Srifi Kanfaoui Reda | 12.34 | 2012 |
| 7  | Baiwir Julien       | 12.44 | 2000 |
| 8  | Beyaert Corentin    | 12.48 | 2012 |
| 9  | Hoorens Anthony     | 12.58 | 2008 |
| 10 | Gonzalez Antoine    | 12.64 | 2017 |
| 11 | Nicodeme Romain     | 12.70 | 2006 |
| 12 | Diallo Oumar        | 12.72 | 2005 |
| 13 | Verburgt Tom        | 12.76 | 2007 |
| 14 | Delatte Lionel      | 12.81 | 2006 |
| 15 | Boniver Evan        | 12.86 | 2014 |
| 16 | Maertens Christophe | 12.92 | 1999 |
| 17 | Englebert Timothee  | 12.94 | 2015 |
|    | Camps Sebastien     | 12.94 | 2017 |

### ESP 60 m haies (84 cm)

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Montilla Dimitri   | 9.68  | 2011 |
| 2  | Diallo Oumar       | 9.99  | 2007 |
| 3  | Okeowo Peredjo     | 10.40 | 2012 |
| 4  | Potemans Anton     | 10.68 | 2009 |
| 5  | Nicodeme Romain    | 10.96 | 2008 |
| 6  | Lebailly Kevin     | 10.98 | 2005 |
| 7  | Demagnet Lounis    | 11.13 | 2016 |
| 8  | Englebert Timothee | 11.14 | 2017 |
| 9  | De Wilde Julien    | 11.21 | 1999 |
| 10 | Coomans Werner     | 11.24 | 1999 |
| 11 | Nees Ghislain      | 11.31 | 2006 |
| 12 | Lins Sebastien     | 11.32 | 2005 |
| 13 | Taiwo Eniola       | 11.34 | 2012 |
| 14 | Elsen Daan         | 11.35 | 2006 |
| 15 | Nicodeme Thibault  | 11.32 | 2005 |

### ESP 60 m haies (91 cm)

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Broothaerts Damien | 7.78  | 2000 |
| 2  | Elsen Daan         | 8.11  | 2011 |
| 3  | Van de Velde Frank | 8.48  | 1996 |
| 4  | Xhonneux Frederic  | 8.55  | 2000 |
| 5  | Potemans Anton     | 8.60  | 2013 |
| 6  | Okeowo Peredjo     | 8.64  | 2015 |
| 7  | Mambo Djeke        | 8.68  | 1993 |
| 8  | Lins Sebastien     | 8.69  | 2009 |
| 9  | Squifflet Pierre   | 8.71  | 1995 |
| 10 | Diallo Oumar       | 8.82  | 2011 |
| 11 | Loens Sam          | 8.83  | 2014 |
| 12 | Mambo Djeke        | 8.93  | 1992 |
| 13 | Montilla Dimitri   | 9.01  | 2013 |
| 14 | Leyman David       | 9.31  | 2000 |
| 15 | Hinne Benoit       | 9.38  | 1988 |
| 16 | Arifi Ilias        | 9.39  | 2019 |
| 17 | Demagnet Lounis    | 9.50  | 2018 |
| 18 | Vanden Eede Hugues | 10.05 | 1992 |
| 19 | Schoonjans Patrick | 10.54 | 1992 |

### ESP 60 m haies (99 cm)

|   |                     |      |      |
|---|---------------------|------|------|
| 1 | Caty Dylan          | 7.83 | 2016 |
| 2 | Elsen Daan          | 8.01 | 2012 |
| 3 | Segers Daniel       | 8.14 | 2020 |
| 4 | Okeowo Peredjo      | 8.25 | 2017 |
| 5 | Vanderhaeghen David | 8.53 | 1991 |

## RESC TOP 20 INDOOR

|    |                     |       |      |
|----|---------------------|-------|------|
| 6  | Arifi Ilias         | 8.55  | 2022 |
| 7  | Mambo Kedjeloba     | 8.62  | 1990 |
| 8  | Lins Sebastien      | 8.73  | 2010 |
| 9  | Guellet Yassin      | 8.75  | 1990 |
| 10 | Nicodeme Romain     | 8.79  | 2014 |
| 11 | Pinchart Alain      | 8.84  | 1990 |
| 12 | Vanden Berghen Yves | 8.94  | 1990 |
| 13 | Loens Sam           | 8.98  | 2015 |
| 14 | Van De Sype Vincent | 9.26  | 2011 |
| 15 | Gentile Raphael     | 9.43  | 1992 |
| 16 | Denys Jonathan      | 9.57  | 2009 |
| 17 | Caluwe Arnaud       | 9.65  | 2010 |
| 18 | Beeckman Amaury     | 10.02 | 2013 |
| 19 | Steppe Tom          | 10.03 | 1990 |
| 20 | Rudman David        | 10.04 | 1992 |

### ESP 60 m haies (106 cm)

|    |                      |      |      |
|----|----------------------|------|------|
| 1  | Marloye Roland       | 8.05 | 1984 |
| 2  | Caty Dylan           | 8.05 | 2016 |
| 3  | Broothaerts Damien   | 8.11 | 2001 |
| 4  | Mambo Kedjeloba      | 8.13 | 1993 |
| 5  | Dotrenghe Sacha      | 8.25 | 1992 |
| 6  | Van de Velde Frank   | 8.26 | 1998 |
| 7  | Asselman Frank       | 8.32 | 1992 |
| 8  | Mambo Djeke          | 8.49 | 1994 |
| 9  | Vanlancker Rudi      | 8.53 | 1990 |
| 10 | Xhonneux Frederic    | 8.62 | 2002 |
| 11 | Sanglier Olivier     | 8.63 | 1992 |
| 12 | Vanderhaeghen David  | 8.66 | 1993 |
| 13 | Guellet Yassin       | 8.71 | 1992 |
| 14 | Steppe Eric          | 8.74 | 1990 |
| 15 | Letellier Eric       | 8.83 | 1985 |
|    | Pinchart Alain       | 8.83 | 1992 |
| 17 | De Landsheere Pierre | 8.89 | 1989 |
| 18 | Vanderhaeghen David  | 8.94 | 1991 |
| 19 | Vervloet Gregory     | 9.21 | 2002 |
| 20 | Hostyn Laurent David | 9.62 | 2005 |
| 21 | Leyman David         | 9.82 | 2003 |

### ESP Hauteur

|    |                         |      |      |
|----|-------------------------|------|------|
| 1  | Sandron Dominique       | 2m20 | 1991 |
| 2  | Moreau Guy              | 2m08 | 1975 |
| 3  | Guellet Yassin          | 2m01 | 1992 |
| 4  | Vanlancker Rudi         | 1m99 | 1988 |
|    | Xhonneux Frederic       | 1m99 | 2002 |
| 6  | Kalandula Fabiano       | 1m98 | 2015 |
| 7  | Beaumont Christian      | 1m95 | 1983 |
|    | Van de Velde Frank      | 1m95 | 1996 |
| 9  | Pinchart Alain          | 1m90 | 1990 |
|    | Gamuela Ngamunguela Jos | 1m90 | 2017 |
| 11 | Elsen Daan              | 1m88 | 2011 |
| 12 | Arifi Ilias             | 1m85 | 2022 |
| 13 | Dotrenghe Alexandre     | 1m83 | 1992 |
| 14 | Hostyn Laurent-David    | 1m80 | 2004 |
| 15 | Nicodeme Romain         | 1m78 | 2014 |
| 16 | Montilla Dimitri        | 1m77 | 2012 |
|    | Englebert Timothee      | 1m77 | 2019 |
| 18 | Beerens Gregory         | 1m75 | 1994 |
|    | De Wilde Julien         | 1m75 | 2003 |
| 20 | Mertol Denis            | 1m74 | 2002 |

### ESP Longueur

|    |                  |      |      |
|----|------------------|------|------|
| 1  | Vanlancker Rudi  | 7m63 | 1991 |
| 2  | Guellet Yassin   | 7m46 | 1993 |
| 3  | Yuma M'Bayo Eric | 7m34 | 1989 |
| 4  | Marloye Roland   | 7m32 | 1984 |
| 5  | Guellet Yassin   | 7m30 | 1992 |
| 6  | Segers Daniel    | 7m02 | 2020 |
| 7  | Delporte Luc     | 6m82 | 1985 |
| 8  | Gruson Augustin  | 6m81 | 2022 |
| 9  | Elsen Daan       | 6m75 | 2012 |
| 10 | Diallo Oumar     | 6m69 | 2011 |
| 11 | Herman Eric      | 6m65 | 1990 |
|    | Bayens Joachim   | 6m65 | 1992 |

|    |                     |      |      |
|----|---------------------|------|------|
| 13 | Vanderhaeghen David | 6m63 | 1990 |
| 14 | Xhonneux Frederic   | 6m55 | 2002 |
| 15 | Naga Djihed         | 6m45 | 2007 |
| 16 | Nicodeme Romain     | 6m41 | 2014 |
| 17 | Hoorens Christopher | 6m36 | 2015 |
| 18 | Geerts Gregory      | 6m32 | 2017 |
| 19 | Gentile Raphaël     | 6m29 | 1992 |
| 20 | Pinchart Alain      | 6m23 | 1992 |
|    | Roefmans Lucas      | 6m23 | 2018 |

### ESP Triple saut

|    |                     |       |      |
|----|---------------------|-------|------|
| 1  | Falise Didier       | 15m96 | 1983 |
| 2  | Guellet Yassin      | 15m45 | 1993 |
| 3  | Mambo Kedjeloba     | 15m35 | 1992 |
| 4  | Guellet Yassin      | 15m04 | 1991 |
| 5  | Delporte Luc        | 15m01 | 1987 |
| 6  | Yuma M'Bayo Eric    | 14m97 | 1990 |
| 7  | Vanderhaeghen David | 14m95 | 1993 |
| 8  | Mambo Djeke         | 14m88 | 1994 |
| 9  | Vanderhaeghen David | 14m39 | 1992 |
| 10 | Bolsee David        | 14m26 | 1987 |
|    | Xhonneux Frederic   | 14m26 | 2000 |
| 12 | Geerts Gregory      | 14m03 | 2017 |
| 13 | Rolland Dominique   | 13m95 | 1978 |
| 14 | Alvarez Guy         | 13m81 | 1982 |
| 15 | Marloye Roland      | 13m68 | 1979 |
| 16 | Hoorens Christopher | 13m42 | 2014 |
| 17 | Naga Djihed         | 13m30 | 2007 |
| 18 | Bolsee David        | 13m28 | 1985 |
| 19 | Caluwe Arnaud       | 13m12 | 2009 |
| 20 | Kalandula Fabiano   | 12m84 | 2015 |
| 21 | Adorna François     | 12m71 | 1985 |
| 22 | Mambo Djeke         | 12m66 | 1992 |
| 23 | Haerynck Philippe   | 12m56 | 1992 |

### ESP Perche

|    |                       |      |      |
|----|-----------------------|------|------|
| 1  | Jacques Jean Marc     | 5m00 | 1979 |
| 2  | Rombaut Wesley        | 4m70 | 1996 |
| 3  | Elsen Daan            | 4m50 | 2012 |
| 4  | Biot Olivier          | 4m40 | 1992 |
| 6  | Xhonneux Frederic     | 4m20 | 2002 |
|    | Arifi Ilias           | 4m20 | 2022 |
| 7  | Jacobs David          | 4m10 | 1994 |
| 8  | Sintichiakis Nicolaos | 3m90 | 2000 |
|    | Nicodeme Romain       | 3m90 | 2014 |
| 10 | Loens Sam             | 3m80 | 2014 |
| 11 | De Tollenaere Tom     | 3m60 | 2022 |
| 12 | Moens Cyprien         | 3m52 | 2018 |
| 13 | Potemans Anton        | 3m50 | 2013 |
| 14 | Naga Djihed           | 3m40 | 2005 |
|    | Van De Sype Vincent   | 3m40 | 2012 |
| 16 | Leyman David          | 3m36 | 2000 |
| 17 | Montilla Dimitri      | 3m30 | 2012 |
| 18 | Lecompte David        | 3m25 | 1991 |
| 19 | Vanderhaeghen David   | 3m20 | 1991 |
|    | Guellet Yassin        | 3m20 | 1992 |
|    | Thys Alain            | 3m20 | 1996 |

### ESP Poids (1 kg)

|    |                     |      |      |
|----|---------------------|------|------|
| 1  | Elsen Daan          | 9m08 | 2003 |
| 2  | Xhonneux Frederic   | 8m60 | 1992 |
| 3  | Arifi Rayane        | 8m38 | 2017 |
| 4  | Van De Sype Vincent | 8m33 | 2002 |
| 5  | Baiwir Julien       | 8m19 | 1998 |
| 6  | Montilla Alexis     | 8m05 | 2011 |
| 7  | Cigri Ephrem        | 8m00 | 2014 |
| 8  | Taieb Rayan         | 7m99 | 2012 |
| 9  | Vrebos Stephane     | 7m95 | 1992 |
|    | Cuypers Florian     | 7m95 | 2012 |
| 11 | Potemans Anton      | 7m93 | 2005 |
| 12 | Wavreil Cedric      | 7m77 | 2000 |
| 13 | Guarneri Renato     | 7m64 | 1996 |
| 14 | Gerard Valery       | 7m64 | 2000 |
| 15 | Beyaert Corentin    | 7m60 | 2011 |

## RESC TOP 20 INDOOR

### ESP Poids (2 kg)

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Montilla Dimitri   | 10m01 | 2009 |
| 2  | Baiwir Julien      | 9m75  | 2000 |
| 3  | Elsen Daan         | 9m47  | 2005 |
| 4  | Diallo Oumar       | 9m39  | 2005 |
| 5  | Mertens Tom        | 8m91  | 1997 |
| 6  | Guarneri Salvatore | 8m79  | 1995 |
| 7  | Potemans Anton     | 8m75  | 2007 |
| 8  | Englebert Timothee | 8m67  | 2015 |
| 9  | Guarneri Renato    | 8m60  | 1997 |
| 10 | Xhonneux Frederic  | 8m58  | 1993 |
| 11 | Monsieur Julien    | 8m38  | 2018 |
| 12 | Gerard Benjamin    | 8m36  | 1999 |
| 13 | Nicodeme Romain    | 8m18  | 2006 |
| 14 | Arifi Rayane       | 8m16  | 2019 |
| 15 | Montilla Alexis    | 8m12  | 2013 |

### ESP Poids (3 kg)

|    |                       |       |      |
|----|-----------------------|-------|------|
| 1  | Montilla Dimitri      | 13m94 | 2011 |
| 2  | Diallo Oumar          | 13m47 | 2007 |
| 3  | Nees Ghislain         | 11m01 | 2006 |
| 4  | Englebert Timothee    | 10m69 | 2017 |
| 5  | Guarneri Renato       | 10m19 | 1999 |
| 6  | Chekem Ramses         | 10m15 | 2016 |
| 7  | Gerard Jeremy         | 9m85  | 2000 |
| 8  | Xhonneux Frederic     | 9m38  | 1996 |
| 9  | Diallo Mamadou        | 9m14  | 2001 |
| 10 | Baiwir Julien         | 9m06  | 2001 |
| 11 | Van De Sype Vincent   | 9m04  | 2006 |
| 12 | De Tollenaere Tom     | 8m97  | 2016 |
| 13 | Elsen Daan            | 8m96  | 2006 |
| 14 | Gerard Benjamin       | 8m93  | 2000 |
| 15 | Hendrickx Wim         | 8m91  | 1995 |
| 16 | Van Cutsem Christophe | 8m85  | 1992 |

### ESP Poids (4 kg)

|    |                           |       |      |
|----|---------------------------|-------|------|
| 1  | Diallo Oumar              | 14m30 | 2007 |
| 2  | Diallo Mamadou            | 13m64 | 2003 |
| 3  | Beeckman Amaury           | 13m04 | 2010 |
| 4  | Squiflet Pierre           | 13m56 | 1994 |
| 5  | Englebert Timothee        | 13m25 | 2019 |
| 6  | Xhonneux Frederic         | 12m07 | 1998 |
| 7  | Leyman David              | 11m97 | 2000 |
| 8  | Potemans Anton            | 11m93 | 2011 |
| 9  | Montilla Dimitri          | 11m77 | 2012 |
| 10 | Petitjean Nicolas         | 11m48 | 2014 |
| 11 | De Tollenaere Tom         | 11m30 | 2018 |
| 12 | Gentile Raphael           | 10m72 | 1991 |
| 13 | Oliveira Da Silva Raphael | 10m63 | 2007 |
| 14 | Okeowo Peredjo            | 10m60 | 2013 |
| 15 | Chekem Ramses             | 10m55 | 2018 |
| 16 | Verschoren Quentin        | 10m35 | 1992 |

### ESP Poids (5 kg)

|    |                     |       |      |
|----|---------------------|-------|------|
| 1  | Elsen Daan          | 14m55 | 2011 |
| 2  | Diallo Oumar        | 14m01 | 2011 |
| 3  | Xhonneux Frederic   | 13m02 | 2000 |
| 4  | Steppe Tom          | 12m97 | 1991 |
| 5  | Beeckman Amaury     | 12m91 | 2012 |
| 6  | Guellet Yassin      | 12m36 | 1991 |
| 7  | Potemans Anton      | 12m35 | 2013 |
|    | De Tollenaere Tom   | 12m35 | 2020 |
| 9  | Squiflet Pierre     | 12m33 | 1995 |
| 10 | Gomes Marcel        | 12m04 | 1995 |
| 11 | Montilla Alexis     | 11m89 | 2019 |
| 12 | Chekem Ramses       | 11m61 | 2020 |
| 13 | Sustelo Antonio     | 11m52 | 2004 |
| 14 | Vanderhaeghen David | 11m44 | 1991 |
| 15 | Denys Jonathan      | 11m34 | 2007 |
| 16 | Gentile Raphael     | 9m89  | 1992 |

### ESP Poids (6 kg)

|  |  |  |  |
|--|--|--|--|
|  |  |  |  |
|--|--|--|--|

|    |                      |       |      |
|----|----------------------|-------|------|
| 1  | Guillaume Jonathan   | 16m23 | 2011 |
| 2  | Elsen Daan           | 12m85 | 2012 |
| 3  | Jacobs David         | 12m73 | 1993 |
| 4  | Xhonneux Frederic    | 12m30 | 2001 |
| 5  | Bernard Tom          | 11m99 | 2012 |
| 6  | Beeckman Amaury      | 11m98 | 2013 |
| 7  | De Tollenaere Tom    | 11m88 | 2022 |
| 8  | Arifi Ilias          | 11m52 | 2022 |
| 9  | Hostyn Laurent-David | 11m40 | 2005 |
| 10 | Montilla Alexis      | 11m15 | 2020 |
| 11 | Van De Sype Vincent  | 11m10 | 2012 |
| 12 | Nicodeme Romain      | 11m06 | 2014 |
| 13 | Leyman David         | 11m00 | 2003 |
| 14 | Loens Sam            | 10m93 | 2016 |
| 15 | Denys Jonathan       | 10m91 | 2008 |
| 16 | Huylebroeck Pascal   | 9m41  | 1985 |
| 17 | Pinchart Alain       | 8m73  | 1991 |

### ESP Poids (7,26 kg)

|   |                     |       |      |
|---|---------------------|-------|------|
| 1 | Dotrengre Alexandre | 12m14 | 1992 |
|---|---------------------|-------|------|

## TOUTES CATEGORIES HOMMES

### TC 40 m

|    |                           |      |      |
|----|---------------------------|------|------|
| 1  | Mbuyi Tshinyongolo Tresor | 6.12 | 2019 |
| 2  | Ben Mohamed Younes        | 6.34 | 1994 |
|    | Moral Miguel              | 6.34 | 1994 |
|    | Thiry Stephane            | 6.34 | 1994 |
| 5  | Englebert Timothee        | 6.37 | 2016 |
| 6  | Delatte Lionel            | 6.41 | 2008 |
| 7  | Nicodeme Romain           | 6.42 | 2008 |
| 8  | Delay Benoit              | 6.44 | 1992 |
|    | Van Cutsem Chris          | 6.44 | 1992 |
|    | Schepens Cedric           | 6.44 | 1994 |
|    | Vervloet Gregory          | 6.44 | 1996 |
| 12 | Demagnet Lounis           | 6.45 | 2015 |
| 13 | Guilmain Benoit           | 6.54 | 1992 |
|    | Guillet Lionel            | 6.54 | 1994 |
|    | Naif Jerome               | 6.54 | 1996 |
| 16 | Blondiau Fabian           | 6.64 | 1992 |
| 17 | Monsieur Julien           | 6.73 | 2018 |
| 18 | Belghiti Alaoui Ayman     | 6.81 | 2016 |
| 19 | Kubiak Joachim            | 6.82 | 2019 |
| 20 | Guillet Lionel            | 6.84 | 1992 |
|    | Coomans Werner            | 6.84 | 1996 |

### TC 50 m

|    |                       |      |      |
|----|-----------------------|------|------|
| 1  | Vervloet Gregory      | 7.64 | 1996 |
| 2  | Schepens Cedric       | 7.74 | 1993 |
|    | Naif Jerome           | 7.74 | 1996 |
| 4  | Xhonneux Frederic     | 7.84 | 1996 |
| 5  | Guillet Lionel        | 8.04 | 1993 |
|    | Cawet Cedric          | 8.04 | 1996 |
| 7  | Kill Michel           | 8.24 | 1996 |
| 8  | Foucart François      | 8.44 | 1993 |
| 9  | Degives Jean Baptiste | 8.54 | 1993 |
| 10 | Van De Zande Chris    | 8.64 | 1993 |
| 11 | Huybrechts Xavier     | 8.84 | 1996 |
| 12 | Moya Julien           | 8.74 | 1993 |
| 13 | Guarneri Salvatore    | 8.74 | 1996 |
| 14 | Van Oudenhoven Karl   | 9.14 | 1993 |
| 15 | De Ruyver Julien      | 9.24 | 1996 |
| 16 | Guarneri Renato       | 9.34 | 1994 |
| 17 | Franco Marc           | 9.74 | 1996 |

### TC 60 m

|   |                           |      |      |
|---|---------------------------|------|------|
| 1 | Desruelles Ronald         | 6.56 | 1985 |
| 2 | Ferro Anthony             | 6.69 | 2005 |
| 3 | Sekanyambo Ilunga Olivier | 6.73 | 2002 |
| 4 | Thomas Samy               | 6.76 | 1993 |
|   | Broothaerts Damien        | 6.76 | 2009 |
| 6 | Reets Andrew              | 6.79 | 1999 |
| 7 | Niesen Charles            | 6.83 | 2018 |

## RESC TOP 20 INDOOR

|    |                    |      |      |
|----|--------------------|------|------|
| 8  | Amery Ronald       | 6.84 | 1991 |
| 9  | Guellet Yassin     | 6.85 | 1996 |
|    | Kola Biasu Guelord | 6.85 | 2022 |
| 11 | Tshitwenu Florian  | 6.86 | 2019 |
| 12 | Kabuya Serge       | 6.87 | 2001 |
| 13 | Kasmi Amine        | 6.88 | 2020 |
| 14 | Thomas Samy        | 6.89 | 1992 |
| 15 | Gillet Antoine     | 6.90 | 2015 |
| 16 | Mambo Kedjeloba    | 6.94 | 1993 |
|    | Kalmen Adam        | 6.94 | 2018 |
| 18 | Cincinatis Yves    | 6.95 | 1984 |
| 19 | Vanhamme Arno      | 6.95 | 2016 |
| 20 | Gueulette Arnaud   | 6.98 | 2017 |
| 21 | Vanlancker Rudi    | 7.04 | 1992 |

### TC 150 m

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Niesen Charles     | 16.79 | 2022 |
| 2  | Sergeef Martin     | 19.59 | 2011 |
| 3  | Diallo Oumar       | 19.71 | 2007 |
| 4  | Montilla Dimitri   | 19.94 | 2011 |
| 5  | Taiwo Eniola       | 19.99 | 2012 |
| 6  | Paulus Gary        | 20.08 | 2005 |
| 7  | Englebert Timothee | 20.23 | 2017 |
| 8  | Lebailly Kevin     | 20.32 | 2005 |
| 9  | Diallo Mamadou     | 20.46 | 2001 |
|    | Okeowo Peredjo     | 20.46 | 2012 |
| 11 | Medan Marko        | 20.67 | 2015 |
| 12 | Dogan Mervan       | 20.76 | 2003 |
| 13 | Lins Sebastien     | 20.87 | 2005 |
| 14 | Sonon Lionel       | 20.92 | 2000 |
| 15 | Vandenhoeke Arthur | 20.99 | 2009 |
| 16 | Guellet Shadi      | 21.38 | 2019 |

### TC 200 m

|    |                           |       |      |
|----|---------------------------|-------|------|
| 1  | Gillet Antoine            | 21.14 | 2015 |
| 2  | Amery Ronald              | 21.50 | 1991 |
|    | Ghislain Arnaud           | 21.50 | 2016 |
| 4  | Kasmi Amine               | 21.51 | 2022 |
| 5  | Niesen Charles            | 21.66 | 2018 |
| 6  | Broothaerts Damien        | 21.70 | 2014 |
| 7  | Kalmen Adam               | 21.74 | 2017 |
| 8  | Vanhamme Arno             | 21.78 | 2016 |
| 9  | Sekanyambo Ilunga Olivier | 21.90 | 1999 |
| 10 | Eyenga Lokilo Jean-Claude | 21.92 | 1996 |
| 11 | Vanhamme Stephan          | 21.96 | 1982 |
| 12 | Guellet Yassin            | 21.98 | 1996 |
|    | Moral Miguel              | 21.98 | 2010 |
| 14 | Vervloet Gregory          | 22.05 | 2007 |
| 15 | Medan Marko               | 22.09 | 2022 |
| 16 | Zimmerman Michel          | 22.26 | 1987 |
| 17 | Tshitwenu Florian         | 22.34 | 2016 |
| 18 | Caty Dylan                | 22.43 | 2016 |
| 19 | Thomas Samy               | 22.45 | 1991 |
| 20 | Cincinatis Yves           | 22.50 | 1987 |

### TC 300 m

|    |                        |       |      |
|----|------------------------|-------|------|
| 1  | Gillet Antoine         | 33.52 | 2015 |
| 2  | Ghislain Arnaud        | 34.38 | 2014 |
| 3  | Vervloet Gregory       | 35.65 | 2010 |
| 4  | Lins Sebastien         | 36.08 | 2010 |
| 5  | Nijs Gaston            | 36.45 | 2014 |
| 6  | Kabuya Hugues          | 36.49 | 2018 |
| 7  | Nkierre Danfuname Rene | 36.75 | 2017 |
| 8  | Vanhamme Arno          | 36.97 | 2014 |
| 9  | Castermane Julien      | 37.19 | 2006 |
| 10 | Tshitwenu Florian      | 37.34 | 2014 |
| 11 | Vandenhoeke Arthur     | 37.50 | 2012 |
| 12 | Maingain François      | 37.89 | 2010 |
| 13 | Balsen Julien          | 38.44 | 2017 |
| 14 | Mbuyi Bodika William   | 39.02 | 2020 |
| 15 | Ilunga Carl            | 39.39 | 2014 |
| 16 | Beyaert Corentin       | 39.45 | 2018 |
| 17 | Montilla Dimitri       | 39.48 | 2012 |
| 18 | Puku Toku Christian    | 39.55 | 2012 |

|    |                  |       |      |
|----|------------------|-------|------|
| 19 | Hendrick Quentin | 39.77 | 2012 |
| 20 | Biala Kenny      | 40.16 | 2020 |

### TC 400 m

|    |                       |       |      |
|----|-----------------------|-------|------|
| 1  | Gillet Antoine        | 46.95 | 2011 |
| 2  | Ghislain Arnaud       | 47.41 | 2011 |
| 3  | Badji Asamti          | 47.84 | 2019 |
| 4  | Lins Sebastien        | 48.48 | 2020 |
| 5  | Mazebo Simon          | 48.49 | 2022 |
| 6  | Mabille Florent       | 48.57 | 2022 |
| 7  | Vervloet Gregory      | 48.79 | 2005 |
| 8  | Nicodeme Romain       | 48.90 | 2017 |
| 9  | Destatte Arnaud       | 48.94 | 2009 |
| 10 | Asselman Frank        | 48.95 | 1994 |
| 11 | Ammar Khodja Brahim   | 48.97 | 2015 |
| 12 | D'Hondt Jacky         | 49.15 | 1990 |
|    | Amery Ronald          | 49.15 | 1995 |
| 14 | Balhan Pierre Antoine | 49.24 | 2014 |
| 15 | Vanhamme Stefan       | 49.30 | 1987 |
| 16 | De Vrye Yves          | 49.87 | 1983 |
| 17 | Nijs Gaston           | 50.37 | 2015 |
| 18 | Gelise Jacques        | 50.55 | 1985 |
| 19 | Asselman Frank        | 50.86 | 1991 |
| 19 | Castermane Julien     | 51.31 | 2007 |
| 21 | Maniquet Rudi         | 51.77 | 1988 |

### TC 500 m

|   |                  |       |      |
|---|------------------|-------|------|
| 1 | Froidmont Arnaud | 64.64 | 2015 |
|---|------------------|-------|------|

### TC 600 m

|   |                    |         |      |
|---|--------------------|---------|------|
| 1 | Obrijanu Vadim     | 2.21.01 | 2022 |
| 2 | Draoui Amine       | 2.23.75 | 2022 |
| 3 | Mievis Axel        | 2.35.53 | 2022 |
| 4 | De Heug Elliot     | 2.39.56 | 2022 |
| 5 | Cioaca Mario Louis | 2.49.43 | 2022 |

### TC 800 m

|    |                       |         |      |
|----|-----------------------|---------|------|
| 1  | Balhan Pierre-Antoine | 1.48.65 | 2015 |
| 2  | Ghislain Arnaud       | 1.50.04 | 2015 |
| 3  | Froidmont Arnaud      | 1.50.86 | 2015 |
| 4  | Van Den Broeck Wout   | 1.52.34 | 1998 |
| 5  | Maingain François     | 1.53.47 | 2011 |
| 6  | Desmedt Frederic      | 1.54.12 | 1992 |
| 7  | Balhan Robin          | 1.56.03 | 2020 |
| 8  | Labruyere Jaques      | 1.56.20 | 1980 |
| 9  | Petitjean Simon       | 1.56.86 | 2020 |
| 10 | Levacq Corentin       | 1.56.95 | 1998 |
| 11 | Payen Serge           | 1.57.65 | 1999 |
| 12 | Haymans Thomas        | 1.57.76 | 2002 |
| 13 | Schroeven Bruno       | 1.58.02 | 2003 |
| 14 | Metian Marc           | 1.58.05 | 1998 |
| 15 | Azami Halille         | 1.58.27 | 1992 |
| 16 | Vandenhoeke Arthur    | 1.58.71 | 2014 |
| 17 | Azaoum Rachid         | 1.58.87 | 2004 |
| 18 | Tiaz Younes           | 1.59.15 | 2004 |
| 19 | Bentheim Ronald       | 1.59.38 | 2000 |
| 20 | Kanfouh Mohamed       | 2.00.28 | 2017 |

### TC 1000 m

|    |                       |         |      |
|----|-----------------------|---------|------|
| 2  | Hernould Franky       | 2.30.02 | 2010 |
| 3  | Levacq Corentin       | 2.32.86 | 2003 |
| 4  | Schroeven Bruno       | 2.32.91 | 2003 |
| 5  | Xhonneux Frederic     | 2.33.57 | 2005 |
| 6  | Bentheim Ronald       | 2.35.90 | 2000 |
| 7  | Vandamme Bram         | 2.37.41 | 2018 |
| 8  | Haymans Thomas        | 2.38.21 | 2003 |
| 9  | Vanderhaeghen Olivier | 2.38.54 | 1997 |
| 10 | Vandecapelle Mattijs  | 2.38.92 | 2014 |
| 11 | El Yattouti Younes    | 2.39.78 | 2003 |
| 12 | Tiaz Younes           | 2.44.47 | 2002 |
| 13 | Guellet Yassin        | 2.46.30 | 1996 |
| 14 | Nicodeme Romain       | 2.46.82 | 2014 |
| 15 | Gets Florent          | 2.47.61 | 2016 |

## RESC TOP 20 INDOOR

|    |                |         |      |
|----|----------------|---------|------|
| 16 | Arifi Ilias    | 2.48.69 | 2022 |
| 17 | Azaoum Rachid  | 2.48.85 | 2003 |
| 18 | Kebdani Samir  | 2.52.82 | 2003 |
| 19 | Lins Sebastien | 2.52.89 | 2009 |
| 20 | Potemans Anton | 2.53.59 | 2013 |

### TC 1500 m

|    |                       |         |      |
|----|-----------------------|---------|------|
| 1  | Moukrime Tarik        | 3.40.73 | 2018 |
| 2  | Callahan Peter        | 3.41.08 | 2020 |
| 3  | Van Den Broeck Wout   | 3.45.68 | 1998 |
| 4  | Desmedt Frederic      | 3.45.77 | 1994 |
| 5  | Ruell Kim             | 3.50.25 | 2013 |
| 6  | Desmedt Frederic      | 3.51.59 | 1992 |
| 6  | Dewitte Sebastien     | 3.54.22 | 2007 |
| 7  | Heremans Nick         | 3.56.17 | 1996 |
| 8  | Chahbi Youness        | 3.56.37 | 2011 |
| 9  | Lauwers Ronald        | 3.57.70 | 1984 |
| 10 | Balhan Pierre Antoine | 3.59.18 | 2012 |
| 11 | Hernould Franky       | 4.01.68 | 2010 |
| 12 | Levacq Corentin       | 4.02.99 | 2004 |
| 13 | Boisco Maxime         | 4.03.31 | 2016 |
| 14 | Petitjean Simon       | 4.03.61 | 2015 |
| 15 | Aouragh Reda          | 4.05.28 | 2022 |
| 16 | Kebdani Samir         | 4.10.45 | 2005 |
| 17 | Ouamari Aabid         | 4.12.53 | 1995 |
| 18 | Miller Benoit         | 4.17.91 | 2004 |
| 19 | El Yattouti Younes    | 4.20.38 | 2004 |
| 20 | Maingain François     | 4.24.73 | 2007 |

### TC Mile

|   |                |         |      |
|---|----------------|---------|------|
| 1 | Callahan Peter | 3.55.77 | 2018 |
| 2 | Verbeeck Bob   | 3.57.81 | 1985 |

### TC 3000 m

|    |                      |         |      |
|----|----------------------|---------|------|
| 1  | Ruell Kim            | 8.01.58 | 2013 |
| 2  | Heremans Nick        | 8.08.53 | 1992 |
| 3  | Desmedt Frederic     | 8.10.83 | 1999 |
| 4  | Ben Mohamed Rachid   | 8.13.74 | 1992 |
| 5  | Dewitte Sebastien    | 8.14.92 | 2009 |
| 6  | Ouamari Aabid        | 8.18.00 | 1998 |
| 7  | Dulieu Christian     | 8.19.90 | 1979 |
| 8  | Lejeune Emmanuel     | 8.24.58 | 2014 |
| 9  | Van Den Boeck Wout   | 8.31.07 | 1997 |
| 10 | Hernould Franky      | 8.31.13 | 2009 |
| 11 | Sihamane Abdeljebbar | 8.36.40 | 2011 |
| 12 | Petitjean Simon      | 8.36.85 | 2016 |
| 13 | Levacq Corentin      | 8.42.45 | 2008 |
| 14 | Kebdani Samir        | 9.05.91 | 2006 |

### TC 40 m haies (76 cm)

|   |                |       |      |
|---|----------------|-------|------|
| 1 | Taieb Rayane   | 10.18 | 2013 |
| 2 | Kubiak Joachim | 11.01 | 2019 |

### TC 40 m haies (84 cm)

|    |                           |      |      |
|----|---------------------------|------|------|
| 1  | Demanet Lounis            | 7.38 | 2016 |
| 2  | Xhonneux Frederic         | 7.54 | 1996 |
| 3  | Naif Jerome               | 8.04 | 1996 |
| 4  | Mbuyi Tshinyongolo Tresor | 8.09 | 2019 |
| 5  | Thiry Stephane            | 8.14 | 1994 |
| 6  | De Tollenaere Tom         | 8.23 | 2016 |
| 7  | Cawet Cedric              | 8.24 | 1996 |
| 8  | Moral Miguel              | 8.44 | 1994 |
|    | Vervloet Gregory          | 8.44 | 1996 |
| 10 | Guillet Lionel            | 8.64 | 1994 |
| 11 | Clais Marc                | 8.74 | 1994 |
| 12 | Ben Mohamed Younes        | 8.84 | 1994 |
| 13 | Guarneri Salvatore        | 8.94 | 1996 |
| 14 | Vaessen Fabien            | 8.94 | 1996 |
| 15 | Blondiau Fabian           | 9.04 | 1994 |

### TC 50 m haies (106 cm)

|   |              |      |      |
|---|--------------|------|------|
| 1 | Raspe Claude | 6.66 | 1980 |
|---|--------------|------|------|

### TC 60 m haies (76 cm)

|    |                     |       |      |
|----|---------------------|-------|------|
| 1  | Mertens Raphael     | 10.20 | 2020 |
| 2  | Montilla Dimitri    | 10.33 | 2008 |
| 3  | Elsen Daan          | 11.24 | 2005 |
| 4  | Kubiak Joachim      | 11.34 | 2022 |
| 5  | Potemans Anton      | 11.94 | 2007 |
| 6  | Srifi Kanfaoui Reda | 12.34 | 2012 |
| 7  | Baiwir Julien       | 12.44 | 2000 |
| 8  | Beyaert Corentin    | 12.48 | 2012 |
| 9  | Hoorens Anthony     | 12.58 | 2008 |
| 10 | Gonzalez Antoine    | 12.64 | 2017 |
| 11 | Nicodeme Romain     | 12.70 | 2006 |
| 12 | Diallo Oumar        | 12.72 | 2005 |
| 13 | Verburgt Tom        | 12.76 | 2007 |
| 14 | Delatte Lionel      | 12.81 | 2006 |
| 15 | Boniver Evan        | 12.86 | 2014 |
| 16 | Maertens Christophe | 12.92 | 1999 |
| 17 | Englebert Timothee  | 12.94 | 2015 |
|    | Camps Sebastien     | 12.94 | 2017 |

### TC 60 m haies (84 cm)

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Montilla Dimitri   | 9.68  | 2011 |
| 2  | Diallo Oumar       | 9.99  | 2007 |
| 3  | Okeowo Peredjo     | 10.40 | 2012 |
| 4  | Potemans Anton     | 10.68 | 2009 |
| 5  | Nicodeme Romain    | 10.96 | 2008 |
| 6  | Lebailly Kevin     | 10.98 | 2005 |
| 7  | Demanet Lounis     | 11.13 | 2016 |
| 8  | Englebert Timothee | 11.14 | 2017 |
| 9  | De Wilde Julien    | 11.21 | 1999 |
| 10 | Coomans Werner     | 11.24 | 1999 |
| 11 | Nees Ghislain      | 11.31 | 2006 |
| 12 | Lins Sebastien     | 11.32 | 2005 |
| 13 | Taiwo Eniola       | 11.34 | 2012 |
| 14 | Elsen Daan         | 11.35 | 2006 |
| 15 | Nicodeme Thibault  | 11.32 | 2005 |

### TC 60 m haies (91 cm)

|    |                    |       |      |
|----|--------------------|-------|------|
| 1  | Broothaerts Damien | 7.78  | 2000 |
| 2  | Elsen Daan         | 8.11  | 2011 |
| 3  | Van de Velde Frank | 8.48  | 1996 |
| 4  | Xhonneux Frederic  | 8.55  | 2000 |
| 5  | Potemans Anton     | 8.60  | 2013 |
| 6  | Okeowo Peredjo     | 8.64  | 2015 |
| 7  | Mambo Djeke        | 8.68  | 1993 |
| 8  | Lins Sebastien     | 8.69  | 2009 |
| 9  | Squiflet Pierre    | 8.71  | 1995 |
| 10 | Diallo Oumar       | 8.82  | 2011 |
| 11 | Loens Sam          | 8.83  | 2014 |
| 12 | Mambo Djeke        | 8.93  | 1992 |
| 13 | Montilla Dimitri   | 9.01  | 2013 |
| 14 | Leyman David       | 9.31  | 2000 |
| 15 | Hinne Benoit       | 9.38  | 1988 |
| 16 | Arifi Ilias        | 9.39  | 2019 |
| 17 | Demanet Lounis     | 9.50  | 2018 |
| 18 | Vanden Eede Hugues | 10.05 | 1992 |
| 19 | Schoonjans Patrick | 10.54 | 1992 |

### TC 60 m haies (99 cm)

|    |                     |      |      |
|----|---------------------|------|------|
| 1  | Caty Dylan          | 7.83 | 2016 |
| 2  | Elsen Daan          | 8.01 | 2012 |
| 3  | Segers Daniel       | 8.14 | 2020 |
| 4  | Okeowo Peredjo      | 8.25 | 2017 |
| 5  | Arifi Ilias         | 8.55 | 2022 |
| 6  | Vanderhaeghen David | 8.53 | 1991 |
| 7  | Mambo Kedjeloba     | 8.62 | 1990 |
| 8  | Lins Sebastien      | 8.73 | 2010 |
| 9  | Guillet Yassin      | 8.75 | 1990 |
| 10 | Nicodeme Romain     | 8.79 | 2014 |
| 11 | Pinchart Alain      | 8.84 | 1990 |
| 12 | Vanden Berghen Yves | 8.94 | 1990 |
| 13 | Loens Sam           | 8.98 | 2015 |
| 14 | Van De Sype Vincent | 9.26 | 2011 |

## RESC TOP 20 INDOOR

|    |                 |       |      |
|----|-----------------|-------|------|
| 15 | Gentile Raphael | 9.43  | 1992 |
| 16 | Denys Jonathan  | 9.57  | 2009 |
| 17 | Caluwe Arnaud   | 9.65  | 2010 |
| 18 | Steppe Tom      | 10.03 | 1990 |
| 19 | Beeckman Amaury | 10.02 | 2013 |
| 20 | Rudman David    | 10.04 | 1992 |

### TC 60 m haies (106 cm)

|    |                      |      |      |
|----|----------------------|------|------|
| 1  | Broothaerts Damien   | 7.68 | 2015 |
| 2  | Caty Dylan           | 7.81 | 2017 |
| 3  | Asselman Frank       | 7.83 | 1996 |
| 4  | Ruffacq Quentin      | 7.84 | 2015 |
| 5  | Marloye Roland       | 8.02 | 1985 |
| 6  | Elsen Daan           | 8.11 | 2016 |
| 7  | Mambo Kedjeloba      | 8.13 | 1993 |
| 8  | Dotrenghe Sacha      | 8.25 | 1992 |
|    | Van de Velde Frank   | 8.25 | 1999 |
| 10 | Da Silva Juan        | 8.31 | 1986 |
| 12 | Asselman Frank       | 8.32 | 1992 |
| 13 | Xhonneux Frederic    | 8.36 | 2006 |
| 14 | Sanglier Olivier     | 8.40 | 1994 |
| 15 | Guellet Yassin       | 8.41 | 1996 |
|    | Montilla Dimitri     | 8.41 | 2018 |
| 17 | Vandecapelle Mattijs | 8.48 | 2014 |
| 18 | De Landsheere Pierre | 8.49 | 1991 |
|    | Mambo Djeke          | 8.49 | 1994 |
| 20 | Vanlancker Rudi      | 8.53 | 1990 |
| 21 | Dotrenghe Sacha      | 8.57 | 1990 |
| 22 | Sanglier Olivier     | 8.63 | 1992 |

### TC Hauteur

|    |                          |      |      |
|----|--------------------------|------|------|
| 1  | Moreau Guy               | 2m21 | 1977 |
| 2  | Sandron Dominique        | 2m20 | 1991 |
| 3  | Maenhoudt Dimitri        | 2m18 | 1992 |
| 4  | Kalandula Fabiano        | 2m15 | 2016 |
| 5  | Gamuella Ngamunguela Jos | 2m06 | 2019 |
| 6  | Xhonneux Frederic        | 2m04 | 2005 |
| 7  | Elsen Daan               | 2m02 | 2014 |
| 8  | Guellet Yassin           | 2m01 | 1992 |
| 9  | Vanlancker Rudi          | 1m99 | 1988 |
|    | Montilla Dimitri         | 1m99 | 2018 |
| 11 | Campener Corentin        | 1m98 | 2011 |
| 12 | Beaumont Christian       | 1m95 | 1984 |
|    | Borsos Daniel            | 1m95 | 1987 |
|    | Van de Velde Frank       | 1m95 | 1995 |
|    | Vaissiere Cyril          | 1m95 | 2006 |
| 16 | Pinchart Alain           | 1m90 | 1990 |
| 17 | Elsen Daan               | 1m88 | 2011 |
| 18 | Arifi Ilias              | 1m85 | 2022 |
| 19 | Dotrenghe Alexandre      | 1m83 | 1992 |
| 20 | Hostyn Laurent-David     | 1m80 | 2004 |

### TC Longueur

|    |                      |      |      |
|----|----------------------|------|------|
| 1  | Campener Corentin    | 7m79 | 2020 |
| 2  | Housiaux Philippe    | 7m70 | 1971 |
| 3  | Vanlancker Rudi      | 7m63 | 1991 |
| 4  | Guellet Yassin       | 7m53 | 1995 |
| 5  | Yuma M'Bayo Eric     | 7m34 | 1989 |
| 6  | Marloye Roland       | 7m32 | 1984 |
| 7  | Guellet Yassin       | 7m30 | 1992 |
| 8  | Xhonneux Frederic    | 7m21 | 2007 |
| 9  | Elsen Daan           | 7m18 | 2014 |
| 10 | Caluwe Arnaud        | 7m14 | 2019 |
| 11 | Vanderhaeghen David  | 7m11 | 1994 |
| 12 | Segers Daniel        | 7m05 | 2021 |
| 13 | Vandecapelle Mattijs | 6m94 | 2014 |
| 14 | Naga Djihed          | 6m90 | 2009 |
| 15 | Delporte Luc         | 6m82 | 1985 |
|    | Montilla Dimitri     | 6m82 | 2019 |
| 17 | Gruson Augustin      | 6m81 | 2022 |
| 18 | Costello Denis       | 6m80 | 1984 |
| 19 | Sandron Dominique    | 6m72 | 1992 |
| 20 | Diallo Oumar         | 6m69 | 2011 |
| 21 | Herman Eric          | 6m65 | 1990 |

|                |      |      |
|----------------|------|------|
| Bayens Joachim | 6m65 | 1992 |
|----------------|------|------|

### TC Triple saut

|    |                     |       |      |
|----|---------------------|-------|------|
| 1  | Falise Didier       | 16m57 | 1987 |
| 2  | Mambo Kedjeloba     | 16m21 | 1996 |
| 3  | Guellet Yassin      | 15m45 | 1993 |
| 4  | Mambo Kedjeloba     | 15m35 | 1992 |
| 5  | Vanderhaeghen David | 15m30 | 1994 |
| 6  | Xhonneux Frederic   | 15m07 | 2005 |
| 7  | Guellet Yassin      | 15m04 | 1991 |
| 8  | Delporte Luc        | 15m01 | 1987 |
| 9  | Yuma M'Bayo Eric    | 14m97 | 1990 |
| 10 | Mambo Djeke         | 14m88 | 1994 |
| 11 | Castello Denis      | 14m71 | 1984 |
| 12 | Geerts Gregory      | 14m67 | 2022 |
| 13 | Vanderhaeghen David | 14m39 | 1992 |
| 14 | Campener Corentin   | 14m27 | 2011 |
| 15 | Bolsee David        | 14m26 | 1987 |
| 16 | Henry Paul          | 14m15 | 1975 |
| 17 | Rolland Dominique   | 13m95 | 1978 |
| 18 | Sandron Dominique   | 13m85 | 1992 |
| 19 | Alvarez Guy         | 13m81 | 1982 |
| 20 | Marloye Roland      | 13m68 | 1979 |
| 21 | Hoorens Christopher | 13m42 | 2014 |
| 22 | Naga Djihed         | 13m30 | 2007 |
| 23 | Mambo Djeke         | 12m66 | 1992 |
| 24 | Haerynck Philippe   | 12m53 | 1992 |

### TC Perche

|    |                       |      |      |
|----|-----------------------|------|------|
| 1  | Jacques Jean-Marc     | 5m10 | 1982 |
| 2  | De Water Timo         | 5m00 | 2020 |
| 3  | Biot Olivier          | 4m90 | 1994 |
| 4  | Xhonneux Frederic     | 4m80 | 2007 |
|    | Elsen Daan            | 4m80 | 2015 |
| 6  | Dewil Jef             | 4m75 | 1991 |
| 7  | Ons Bart              | 4m70 | 1993 |
|    | Rombaut Wesley        | 4m70 | 1996 |
|    | Stevens Alain         | 4m70 | 1983 |
| 10 | Montilla Dimitri      | 4m50 | 2018 |
| 11 | Biot Olivier          | 4m40 | 1992 |
| 11 | Vandecapelle Mattijs  | 4m40 | 2014 |
| 12 | Jacobs David          | 4m20 | 1997 |
|    | Arifi Ilias           | 4m20 | 2022 |
| 14 | Van Den Bedem Miguel  | 4m00 | 2014 |
|    | Gets Florent          | 4m00 | 2015 |
| 16 | Sintichiakis Nicolaos | 3m90 | 2000 |
|    | Nicodeme Romain       | 3m90 | 2014 |
| 18 | Loens Sam             | 3m80 | 2014 |
| 19 | De Tollenaere Tom     | 3m60 | 2022 |
| 20 | Lecompte David        | 3m25 | 1991 |

### TC Poids (1 kg)

|    |                     |      |      |
|----|---------------------|------|------|
| 1  | Elsen Daan          | 9m08 | 2003 |
| 2  | Xhonneux Frederic   | 8m60 | 1992 |
| 3  | Arifi Rayane        | 8m38 | 2017 |
| 4  | Van De Sype Vincent | 8m33 | 2002 |
| 5  | Baiwir Julien       | 8m19 | 1998 |
| 6  | Montilla Alexis     | 8m05 | 2011 |
| 7  | Cigri Ephrem        | 8m00 | 2014 |
| 8  | Taieb Rayan         | 7m99 | 2012 |
| 9  | Vrebos Stephane     | 7m95 | 1992 |
|    | Cuypers Florian     | 7m95 | 2012 |
| 11 | Potemans Anton      | 7m93 | 2005 |
| 12 | Wavreil Cedric      | 7m77 | 2000 |
| 13 | Guarneri Renato     | 7m64 | 1996 |
| 14 | Gerard Valery       | 7m64 | 2000 |
| 15 | Beyaert Corentin    | 7m60 | 2011 |

### TC Poids (2 kg)

|   |                  |       |      |
|---|------------------|-------|------|
| 1 | Montilla Dimitri | 10m01 | 2009 |
| 2 | Baiwir Julien    | 9m75  | 2000 |
| 3 | Elsen Daan       | 9m47  | 2005 |
| 4 | Diallo Oumar     | 9m39  | 2005 |

## RESC TOP 20 INDOOR

|    |                    |      |      |
|----|--------------------|------|------|
| 5  | Mertens Tom        | 8m91 | 1997 |
| 6  | Guarneri Salvatore | 8m79 | 1995 |
| 7  | Potemans Anton     | 8m75 | 2007 |
| 8  | Englebert Timothee | 8m67 | 2015 |
| 9  | Guarneri Renato    | 8m60 | 1997 |
| 10 | Xhonneux Frederic  | 8m58 | 1993 |
| 11 | Monsieur Julien    | 8m38 | 2018 |
| 12 | Gerard Benjamin    | 8m36 | 1999 |
| 13 | Nicodeme Romain    | 8m18 | 2006 |
| 14 | Arifi Rayane       | 8m16 | 2019 |
| 15 | Montilla Alexis    | 8m12 | 2013 |

### TC Poids (3 kg)

|    |                       |       |      |
|----|-----------------------|-------|------|
| 1  | Montilla Dimitri      | 13m94 | 2011 |
| 2  | Diallo Oumar          | 13m47 | 2007 |
| 3  | Nees Ghislain         | 11m01 | 2006 |
| 4  | Englebert Timothee    | 10m69 | 2017 |
| 5  | Guarneri Renato       | 10m19 | 1999 |
| 6  | Chekem Ramses         | 10m15 | 2016 |
| 7  | Gerard Jeremy         | 9m85  | 2000 |
| 8  | Xhonneux Frederic     | 9m38  | 1996 |
| 9  | Diallo Mamadou        | 9m14  | 2001 |
| 10 | Baiwir Julien         | 9m06  | 2001 |
| 11 | Van De Sype Vincent   | 9m04  | 2006 |
| 12 | De Tollenaere Tom     | 8m97  | 2016 |
| 13 | Elsen Daan            | 8m96  | 2006 |
| 14 | Gerard Benjamin       | 8m93  | 2000 |
| 15 | Hendrickx Wim         | 8m91  | 1995 |
| 16 | Van Cutsem Christophe | 8m85  | 1992 |

### TC Poids (4 kg)

|    |                           |       |      |
|----|---------------------------|-------|------|
| 1  | Diallo Oumar              | 14m30 | 2007 |
| 2  | Diallo Mamadou            | 13m64 | 2003 |
| 3  | Beeckman Amaury           | 13m04 | 2010 |
| 4  | Squiflet Pierre           | 13m56 | 1994 |
| 5  | Englebert Timothee        | 13m25 | 2019 |
| 6  | Xhonneux Frederic         | 12m07 | 1998 |
| 7  | Leyman David              | 11m97 | 2000 |
| 8  | Potemans Anton            | 11m93 | 2011 |
| 9  | Montilla Dimitri          | 11m77 | 2012 |
| 10 | Petitjean Nicolas         | 11m48 | 2014 |
| 11 | De Tollenaere Tom         | 11m30 | 2018 |
| 12 | Gentile Raphael           | 10m72 | 1991 |
| 13 | Oliveira Da Silva Raphael | 10m63 | 2007 |
| 14 | Okeowo Peredjo            | 10m60 | 2013 |
| 15 | Chekem Ramses             | 10m55 | 2018 |
| 16 | Verschoren Quentin        | 10m35 | 1992 |

### TC Poids (5 kg)

|    |                     |       |      |
|----|---------------------|-------|------|
| 1  | Elsen Daan          | 14m55 | 2011 |
| 2  | Diallo Oumar        | 14m01 | 2011 |
| 3  | Xhonneux Frederic   | 13m02 | 2000 |
| 4  | Steppe Tom          | 12m97 | 1991 |
| 5  | Beeckman Amaury     | 12m91 | 2012 |
| 6  | Guellet Yassin      | 12m36 | 1991 |
| 7  | Potemans Anton      | 12m35 | 2013 |
|    | De Tollenaere Tom   | 12m35 | 2020 |
| 9  | Squiflet Pierre     | 12m33 | 1995 |
| 10 | Gomes Marcel        | 12m04 | 1995 |
| 11 | Montilla Alexis     | 11m89 | 2019 |
| 12 | Chekem Ramses       | 11m61 | 2020 |
| 13 | Sustelo Antonio     | 11m52 | 2004 |
| 14 | Vanderhaeghen David | 11m44 | 1991 |
| 15 | Denys Jonathan      | 11m34 | 2007 |
| 16 | Gentile Raphael     | 9m89  | 1992 |

### TC Poids (6 kg)

|   |                    |       |      |
|---|--------------------|-------|------|
| 1 | Guillaume Jonathan | 16m23 | 2011 |
| 2 | Elsen Daan         | 12m85 | 2012 |
| 3 | Jacobs David       | 12m73 | 1993 |
| 4 | Xhonneux Frederic  | 12m30 | 2001 |
| 5 | Bernard Tom        | 11m99 | 2012 |
| 6 | Beeckman Amaury    | 11m98 | 2013 |

|    |                      |       |      |
|----|----------------------|-------|------|
| 7  | De Tollenaere Tom    | 11m88 | 2022 |
| 8  | Arifi Ilias          | 11m52 | 2022 |
| 9  | Hostyn Laurent-David | 11m40 | 2005 |
| 10 | Montilla Alexis      | 11m15 | 2020 |
| 11 | Van De Sype Vincent  | 11m10 | 2012 |
| 12 | Nicodeme Romain      | 11m06 | 2014 |
| 13 | Leyman David         | 11m00 | 2003 |
| 14 | Loens Sam            | 10m93 | 2016 |
| 15 | Denys Jonathan       | 10m91 | 2008 |
| 16 | Huylebroeck Pascal   | 9m41  | 1985 |
| 17 | Pinchart Alain       | 8m73  | 1991 |

### TC Poids (7,26 kg)

|    |                      |       |      |
|----|----------------------|-------|------|
| 1  | Guillaume Jonathan   | 15m87 | 2019 |
| 2  | Hocq Fabrice         | 14m82 | 1999 |
| 3  | Xhonneux Frederic    | 14m31 | 2008 |
| 4  | Gets Florent         | 13m86 | 2019 |
| 5  | Chevalier Claude     | 13m70 | 1986 |
| 6  | Montilla Dimitri     | 13m40 | 2020 |
| 7  | Van Vaerenbergh Piet | 13m20 | 1984 |
| 8  | Rogers Vincent       | 13m12 | 1996 |
| 9  | Guellet Yassin       | 13m02 | 2003 |
| 10 | Vandecapelle Mattijs | 12m87 | 2014 |
| 11 | Stockmans Franck     | 12m80 | 1993 |
| 12 | Elsen Daan           | 12m31 | 2014 |
| 13 | Dotrenghe Sacha      | 12m14 | 1992 |
| 14 | Hoffman Nils         | 11m99 | 2011 |
| 15 | Metens Armand        | 11m71 | 2004 |

### TC Triathlon

|   |                 |        |      |
|---|-----------------|--------|------|
| 1 | Gets Florent    | 1854 p | 2015 |
| 2 | Montilla Alexis | 1454 p | 2022 |

### TC Heptathlon

|   |                      |        |      |
|---|----------------------|--------|------|
| 1 | Xhonneux Frederic    | 5720 p | 2007 |
| 2 | Guellet Yassin       | 5386 p | 1996 |
| 3 | Montilla Dimitri     | 5315 p | 2018 |
| 4 | Vandecapelle Mattijs | 5285 p | 2014 |
| 5 | Gets Florent         | 4856 p | 2016 |
| 6 | Leyman David         | 3763 p | 2003 |

### TC 5000 m marche

|   |                |          |      |
|---|----------------|----------|------|
| 1 | Leroy Benjamin | 20.13.88 | 1993 |
| 2 | Foulon Didier  | 28.57.61 | 2007 |

### MASTERS HOMMES 35

### MAS 35 - Poids (7,26 kg)

|   |                  |       |      |
|---|------------------|-------|------|
| 1 | Chevalier Claude | 13m70 | 1986 |
|---|------------------|-------|------|

### MASTERS HOMMES 40

### MAS 40 - Perche

|   |           |      |      |
|---|-----------|------|------|
| 1 | Dewil Jef | 4m75 | 1991 |
|---|-----------|------|------|

### MASTERS HOMMES 45

### MASTERS HOMMES 50

### MASTERS HOMMES 55

### MASTERS HOMMES 60

### MASTERS HOMMES 65

## MASTERS HOMMES HANDISPORT

60 m

|   |               |       |      |
|---|---------------|-------|------|
| 1 | Denys Jacques | 20.12 | 2020 |
|---|---------------|-------|------|

Poids (5 kg)

|   |               |      |      |
|---|---------------|------|------|
| 1 | Denys Jacques | 7m03 | 2020 |
|---|---------------|------|------|

Poids (6 kg)

|   |               |      |      |
|---|---------------|------|------|
| 1 | Denys Jacques | 6m57 | 2019 |
|---|---------------|------|------|