

RESC OUTDOOR 2023

BENJAMINES FILLES (2015 - 2014)

60 m		RC :			
1	Squiflet Eleanna	15	12.18	01-04	ws
600 m		RC :			
1	Ghesquiere Sophie	14	2.22.87	30-04	usbw
2	Housiaux Lucie	14	2.23.03	30-04	usbw
Hauteur		RC :			
1	Housiaux Lucie	14	0m98	30-04	usbw
2	Ghesquiere Sophie	14	0m89	30-04	usbw
3	Di Prima Nizet Colette	14	0m83	16-04	rcas
Longueur		RC :			
1	Di Prima Nizet Colette	14	2m42	16-04	rcas
2	Housiaux Lucie	14	2m38	16-04	rcas
3	Ghesquiere Sophie	14	2m06	16-04	rcas
Poids (1 kg)		RC :			
1	Housiaux Lucie	14	5m28	30-04	usbw
2	Ghesquiere Sophie	14	4m44	16-04	rcas
3	Di Prima Nizet Colette	14	4m24	16-04	rcas
Balle de hockey		RC :			
1	Housiaux Lucie	14	12m44	16-04	rcas
2	Ghesquiere Sophie	14	10m82	16-04	rcas
3	Di Prima Nizet Colette	14	7m49	16-04	rcas

PUPILLES FILLES (2013 - 2012)

60 m		RC :			
1	Irinkova Lora	12	9.10	30-04	usbw
2	Medan Ivana	12	9.12	18-05	avmo
3	Gerard Zoe	12	9.50	21-05	csf
4	Dzou Steffy Ann	13	9.57	30-04	usbw
5	Chair Arwa	12	9.72	30-04	usbw
6	Camara Bintou	12	9.73	21-05	csf
7	D'Hallewin Olivia	12	9.98	18-05	avmo
8	Kanyarwanda Thalia Marthe	12	10.32	30-04	usbw
9	Arys Josephine	13	10.35	30-04	usbw
10	Pereira Da Silva Sara	13	10.41	30-04	usbw
11	Vermeir Jade	13	10.43	30-04	usbw
12	Delneufcourt Marion	13	10.56	01-04	ws
13	Pereira Da Silva Isabelle	13	11.32	01-04	ws
1000 m		RC :			
1	D'Hallewin Olivia	12	4.25.92	18-05	avmo
60 m haies (68 cm)		RC :			
1	Irinkova Lora	12	12.29	18-05	avmo
2	Gerard Zoe	12	13.62	18-05	avmo
3	Arys Josephine	13	13.73	18-05	avmo
Hauteur		RC :			
1	Strypstein Solena	13	1m28	30-04	usbw
2	Gerard Zoe	12	1m20	01-04	ws
	Irinkova Lora	12	1m20	30-04	usbw
4	Chair Arwa	12	1m15	30-04	usbw
5	Arys Josephine	13	1m08	16-04	rcas
	Dzou Steffy Ann	13	1m08	16-04	rcas
7	Kanyarwanda Thalia Marthe	12	1m05	30-04	usbw
8	Pereira Da Silva Sara	13	1m03	16-04	rcas
9	Vermeir Jade	13	1m00	30-04	usbw
10	Pereira Da Silva Isabelle	13	0m95	01-04	ws
Longueur		RC :			
1	Medan Ivana	12	3m58	18-05	avmo
2	Irinkova Lora	12	3m49	18-05	avmo
3	Gerard Zoe	12	3m36	16-04	rcas
4	Dzou Steffy Ann	13	3m26	18-05	avmo
5	D'Hallewin Olivia	12	3m17	18-05	avmo

6	Pereira Da Silva Sara	13	2m89	16-04	rcas
	Vermeir Jade	13	2m89	16-04	rcas
8	Kanyarwanda Thalia Marthe	12	2m84	16-04	rcas
9	Camara Bintou	12	2m75	21-05	csf
10	Delneufcourt Marion	13	2m64	18-05	avmo
11	Pereira Da Silva Isabelle	13	2m54	16-04	rcas

Poids (2 kg)		RC :			
1	Strypstein Solena	13	6m64	18-05	avmo
2	Gerard Zoe	12	6m59	18-05	avmo
3	Dzou Steffy Ann	13	5m99	18-05	avmo
4	Pereira Da Silva Sara	13	5m91	18-05	avmo
5	Arys Josephine	13	5m88	18-05	avmo
6	D'Hallewin Olivia	12	5m76	18-05	avmo
7	Pereira Da Silva Isabelle	13	5m03	16-04	rcas
8	Vermeir Jade	13	4m57	18-05	avmo
9	Delneufcourt Marion	13	3m10	18-05	avmo

Disque (600 gr)		RC :			
1	Strypstein Solena	13	16m26	16-04	rcas
2	Arys Josephine	13	11m28	18-05	avmo
3	Dzou Steffy Ann	13	8m93	18-05	avmo

Balle de hockey		RC :			
1	Strypstein Solena	13	27m37	16-04	rcas
2	Arys Josephine	13	25m94	30-04	usbw
3	Irinkova Lora	12	24m69	30-04	usbw
4	Vermeir Jade	13	18m86	16-04	rcas
5	Dzou Steffy Ann	13	9m71	30-04	usbw

MINIMES FILLES (2011 - 2010)

80 m		RC :			
1	Squiflet Emelynn	10	10.80	01-05	volh
2	Dzou Lesly Kayla	10	11.32	01-05	volh
3	Schroeven Camille	11	11.48	06-05	sgola
4	De Cooman Lea	11	11.77	30-04	ea
5	Strypstein Maeve	11	11.84	06-05	sgola
6	Irinkova Yoanna	10	11.90	18-05	avmo
7	Popescu Raisa Gabriela	11	12.09	18-05	avmo
8	Vanhemelen Joy	10	12.37	18-05	avmo
9	Janssen Jade	11	12.55	06-05	sgola
10	Mayuma Maeve	10	12.56	18-05	avmo

150 m		RC :			
1	Squiflet Emelynn	10	20.49	01-05	volh
2	Schroeven Camille	11	21.20	08-04	vita
3	Strypstein Maeve	11	21.88	08-04	vita
4	Irinkova Yoanna	10	22.13	01-04	ws
5	Dzou Lesly Kayla	10	22.56	01-04	ws
6	De Cooman Lea	11	23.31	01-04	ws
7	Fydanakis Christina	11	24.19	01-04	ws

300 m		RC :			
1	Schroeven Camille	11	45.56	30-04	usbw
2	De Cooman Lea	11	47.65	30-04	ea
3	Irinkova Yoanna	10	48.16	30-04	usbw
4	Strypstein Maeve	11	48.44	30-04	usbw
5	Popescu Raisa Gabriela	11	48.94	30-04	usbw
6	Van Stichel Keyla	10	50.42	30-04	usbw

60 m haies (68 cm)		RC :			
1	Squiflet Emelynn	10	9.84	18-05	avmo
2	Strypstein Maeve	11	10.44	08-04	vita
3	Dzou Lesly Kayla	10	10.57	18-05	avmo
4	Schroeven Camille	11	11.02	07-05	sgola
5	De Cooman Lea	11	11.42	07-05	sgola
6	Janssen Jade	11	12.51	07-05	sgola

150 m haies (68 cm)		RC :			
1	Schroeven Camille	11	23.17	18-05	avmo
2	Irinkova Yoanna	10	24.02	18-05	avmo
3	Strypstein Maeve	11	24.50	18-05	avmo

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Hauteur		RC :			
1	Strypstein Maeva	11	1m40	01-04	ws
2	Squiflet Emelynn	10	1m30	01-04	ws
3	De Cooman Lea	11	1m28	16-04	rcas
	Schroeven Camille	11	1m28	16-04	rcas

Longueur		RC :			
1	Squiflet Emelynn	10	4m87	01-05	vs
2	Popescu Raisa Gabriela	11	4m23	30-04	usbw
3	De Cooman Lea	11	4m16	16-04	rcas
	Strypstein Maeva	11	4m16	30-04	usbw
5	Vanhemelen Joy	10	4m08	18-05	avmo
6	Dzou Lesly Kayla	10	4m07	18-05	avmo
7	Irinkova Yoanna	10	3m81	18-05	avmo
8	Schroeven Camille	11	3m73	18-05	avmo
9	Mayuma Maeva	10	3m61	18-05	avmo
10	Van Stichel Keyla	10	3m32	30-04	usbw

Perche		RC :			
1	Strypstein Maeva	11	2m13	16-04	rcas

Poids (2 kg)		RC :			
1	Dzou Lesly Kayla	10	11m02	18-05	avmo
2	Popescu Raisa Gabriela	11	10m31	18-05	avmo
3	Mayuma Maeva	10	9m26	18-05	avmo
4	De Cooman Lea	11	9m08	07-05	sgola
5	Strypstein Maeva	11	8m46	07-05	sgola
6	Vanhemelen Joy	10	7m27	16-04	rcas
7	Schroeven Camille	11	6m30	18-05	avmo
8	Janssen Jade	11	5m36	07-05	sgola

Disque (750 gr)		RC :			
1	Mayuma Maeva	10	24m48	18-05	avmo
2	Popescu Raisa Gabriela	11	24m24	18-05	avmo
3	Squiflet Emelynn	10	22m06	18-05	avmo
4	De Cooman Lea	11	21m63	30-04	ea
5	Strypstein Maeva	11	19m42	18-05	avmo
6	Dzou Lesly Kayla	10	18m95	18-05	avmo
7	Vanhemelen Joy	10	14m62	16-04	rcas
8	Schroeven Camille	11	13m89	18-05	avmo

Javelot (400 gr)		RC :			
1	Squiflet Emelynn	10	33m58	01-05	vs
2	Popescu Raisa Gabriela	11	24m02	30-04	usbw
3	Dzou Lesly Kayla	10	21m61	01-04	ws
4	Strypstein Maeva	11	18m64	30-04	usbw
5	De Cooman Lea	11	12m99	01-04	ws
6	Schroeven Camille	11	12m30	30-04	usbw
7	Van Stichel Keyla	10	8m90	30-04	usbw

CADETTES FILLES (2009 - 2008)

100 m		RC :			
1	Radermacher Sarah	09	13.33	21-05	csf
2	Cornali Nora	08	13.38	21-05	csf
3	Palalic Lena	08	13.95	21-05	csf
4	Gerard Emma	08	14.02	21-05	csf
5	Sebbah Leila	08	15.61	01-04	ws
6	Ndoudy Nganga Liliana	09	15.79	01-04	ws
7	El Kaabouni Chayma	09	16.56	01-04	ws

200 m		RC :			
1	Radermacher Sarah	09	28.00	17-05	vita
2	Cornali Nora	08	28.58	22-04	csf
3	Palalic Lena	08	29.37	05-05	grim

800 m		RC :			
1	Radermacher Sarah	09	2.46.90	05-05	grim

1500 m		RC :			
1	Groffier Malak	09	5.50.97	21-05	csf

300 m haies (76 cm)		RC :			
1	Gerard Emma	08	52.93	16-04	tuac

Hauteur		RC :			
1	Cornali Nora	08	1m38	22-04	csf
	Radermacher Sarah	09	1m38	22-04	csf
3	Cavada Barros Bernadita	09	1m23	22-04	csf

Longueur		RC :			
1	Radermacher Sarah	09	5m00	17-05	vita
2	Gerard Emma	08	4m69	01-04	ws

Triple saut		RC :			
1	Gerard Emma	08	9m22	22-04	csf

Poids (3 kg)		RC :			
1	Mayuma Marie	08	10m37	23-04	rcas
2	Cavada Barros Bernadita	09	10m09	23-04	rcas
3	Mubarik Inaya	08	7m00	19-03	ram
4	Frifra Louisa	09	5m57	19-03	ram

Disque (1 kg)		RC :			
1	Mayuma Marie	08	31m55	23-04	rcas
2	Mubarik Inaya	08	23m81	19-03	ram

Javelot (500 gr)		RC :			
1	Mayuma Marie	08	33m74	22-04	csf
2	Radermacher Sarah	09	27m71	16-04	tuac
3	Cavada Barros Bernadita	09	24m06	22-04	csf
4	Frifra Louisa	09	17m18	19-03	ram

4 x 100 m		RC :			
Palalic, Cornali, Gerard, Radermacher			53.82	16-04	tuac

SCOLAIRES FEMMES (2007 - 2006)

100 m		RC :			
1	Sanchez Elisa	07	13.27	05-05	grim
2	Epanya Tiki Raphaëlle Lucie	06	13.67	21-05	csf
3	Aguza Viera Olivia	06	14.21	22-04	csf
4	Cole Almond Hadasha	06	14.24	22-04	csf
5	Kubiak Joanna	06	14.31	21-05	csf
6	Taybi Salima	07	15.28	01-04	ws
7	Mjahed Maya	07	15.54	01-04	ws
8	Israel Thalya	06	15.97	22-04	csf
9	El Hasnaoui Amel	06	16.01	01-04	ws

200 m		RC :			
1	Sanchez Elisa	07	28.13	22-04	csf
2	Epanya Tiki Raphaëlle Lucie	06	28.76	05-05	grim
3	Halgand Lucie	07	29.23	22-04	csf
4	Mjahed Maya	07	30.62	17-05	vita

400 m		RC :			
1	Halgand Lucie	07	63.58	05-05	grim
2	Sivis Mulongo Juliana	07	70.96	01-04	ws
3	Epanya Tiki Raphaëlle Lucie	06	71.38	01-04	ws
4	El Hasnaoui Amel	06	79.80	01-04	ws

400 m haies (76 cm)		RC :			
1	Sivis Mulongo Juliana	07	79.66	22-04	csf
2	Epanya Tiki Raphaëlle Lucie	06	84.02	16-04	tuac

Hauteur		RC :			
1	Mjahed Maya	07	1m33	22-04	csf
2	Sivis Mulongo Juliana	07	1m08	22-04	csf

Longueur		RC :			
1	Aguza Viera Olivia	06	4m87	21-05	csf
2	Mjahed Maya	07	4m37	17-05	vita

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Poids (3 kg)		RC :		
1	Mjahed Maya	07	11m29	17-05 vita
2	Cole Almond Hadasha	06	7m35	19-03 ram
Disque (1 kg)		RC :		
1	Mjahed Maya	07	29m38	19-03 ram
Javelot (500 gr)		RC :		
1	Cavada Barros Trinidad	06	27m90	19-03 ram
2	Mjahed Maya	07	27m48	22-04 csf
3	Cole Almond Hadasha	06	16m91	19-03 ram

JUNIORS FEMMES (2005 - 2004)

100 m		RC :		
1	Leonard Elise	05	12.73	18-05 ws
2	Cole Anne Ramon	04	13.40	22-04 csf
3	Bahaid Salma	05	13.49	18-05 ws
4	Kenmoe Maevea	04	14.83	01-04 ws
5	Bemba Masanga Elsa	04	16.83	01-04 ws
200 m		RC :		
1	Tshanga Diomi Roline	04	25.51	18-05 ws
2	Leonard Elise	05	26.08	18-05 ws
3	Cole Anne Ramon	04	27.22	22-04 csf
800 m		RC :		
1	Kagu Gerta	05	2.24.75	22-04 csf
2	Dennison Chrystal	05	2.50.33	01-04 ws
100 m haies (84 cm)		RC :		
1	Dennison Chrystal	05	17.30	22-04 csf
Hauteur		RC :		
1	Clippe Lana	04	1m66	07-05 rfcl
Longueur		RC :		
1	Lucas Clara	04	5m38	18-05 ws
2	Suroçaj Loreta	04	4m32	01-04 ws
Triple saut		RC :		
1	Lucas Clara	04	10m48	18-05 ws
Poids (4 kg)		RC :		
1	Mathieu Julia	05	13m10	26-02 FRA
2	Dennison Chrystal	05	9m26	01-04 ws
Javelot (600 gr)		RC :		
1	Dennison Chrystal	05	22m06	22-04 csf

ESPOIRS FEMMES (2003 - 2002 - 2001)

100 m		RC :		
1	Nkansa Delphine	01	11.26	21-05 FRA
2	Tshivuadi Nyembo Anne Z	03	14.66	01-04 ws
3	Malungu Mangani Quiency	03	14.73	01-04 ws
200 m		RC :		
1	Oulare Mariam	02	23.89	07-05 rfcl
2	Sielinou Lisa	03	28.01	22-04 csf
400 m		RC :		
1	Schoemaker Liefde	02	55.75	07-05 rfcl
800 m		RC :		
1	Joblin Marine	02	2.13.55	18-05 ws
3000 m		RC :		
1	Van Lent Jana	01	9.54.69	07-05 rfcl

5000 m		RC :		
1	Van Lent Jana	01	16.51.06	07-05 rfcl
10 000 m		RC :		
1	Van Lent Jana	01	34.14.95	29-04 oeh
Semi-marathon		RC :		
1	Van Lent Jana	01	1h17.33	12-03 rcg
100 m haies (84 cm)		RC :		
1	Ndijp Nyemeck Yanla	02	13.18	30-04 USA
2	Thiebot Oceane	01	17.36	22-04 csf

Hauteur		RC :		
1	Thiebot Oceane	01	1m68	18-05 ws
Longueur		RC :		
1	Kizito Prisca	01	5m10	01-05 vs
Poids (4 kg)		RC :		
1	Iven Kayla	02	10m54	07-05 rfcl
Javelot (600 gr)		RC :		
1	Iven Kayla	02	41m02	18-05 ws

SENIORS FEMMES (2003 - 1989)

100 m		RC :		
1	Nkansa Delphine	01	11.26	21-05 FRA
2	Morency Poilvache Alizee	98	11.66	18-05 ws
3	Zagre Anne	90	11.80	29-04 BOT
4	Badji Jalika	96	12.71	22-04 csf
5	Tshivuadi Nyembo Anne Z	03	14.66	01-04 ws
6	Malungu Mangani Quiency	03	14.73	01-04 ws
200 m		RC :		
1	Oulare Mariam	02	23.89	07-05 rfcl
2	Morency Poilvache Alizee	98	24.25	18-05 ws
3	Badji Jalika	96	25.09	20-05 avlo
4	Sielinou Lisa	03	28.01	22-04 csf
400 m		RC :		
1	Schoemaker Liefde	02	55.75	07-05 rfcl
2	Verecke Hanna	00	57.48	18-05 ws
800 m		RC :		
1	Pinter Eline	96	2.12.92	14-04 USA
2	Joblin Marine	02	2.13.55	18-05 ws
1500 m		RC :		
1	Muls Camille	99	4.25.61	07-05 rfcl
2	Pinter Eline	96	4.29.46	15-04 USA
3000 m		RC :		
1	Van Lent Jana	01	9.54.69	07-05 rfcl
5000 m		RC :		
1	Van Lent Jana	01	16.51.06	07-05 rfcl
10 000 m		RC :		
1	Van Lent Jana	01	34.14.95	29-04 oeh
Semi-marathon		RC :		
1	Van Lent Jana	01	1h17.33	12-03 rcg
100 m haies (84 cm)		RC :		
1	Ndijp Nyemeck Yanla	02	12.99	25-05 USA
2	Zagre Anne	90	13.18	07-05 rfcl
3	Thiebot Oceane	01	17.36	22-04 csf
400 m haies (76 cm)		RC :		

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1	Badji Jalika	96	60.90	07-05	rfcl
Hauteur		RC :			
1	Thiebot Oceane	01	1m68	18-05	ws
Longueur		RC :			
1	Guisse Saliyya	96	5m78	18-05	ws
2	Kizito Prisca	01	5m10	01-05	vs
Triple saut		RC :			
1	Guisse Saliyya	96	12m95	07-05	rfcl
Perche		RC :			
1	Henry Chloe	87	3m90	21-05	FRA
2	Van De Sype Chloe	97	3m15	18-05	ws
Poids (4 kg)		RC :			
1	Iven Kayla	02	10m54	07-05	rfcl
Disque (1 kg)		RC :			
1	Pheulpin Anne	99	47m24	07-05	rfcl
2	Van De Sype Chloe	97	26m66	23-04	rcas
Javelot (600 gr)		RC :			
1	Smal Pauline	98	49m93	26-02	FRA
2	Iven Kayla	02	41m02	18-05	ws
Marteau (4 kg)		RC :			
1	Pheulpin Anne	99	42m78	07-05	rfcl
4 x 100 m		RC :			
Morency Poilvache, Oulare, Badji, Zagre		45.98	07-05	rfcl	

MASTERS FEMMES 35 (1988 – 1984)

3000 m		RC :			
1	Chylinski Marta Alexandra	86	10.35.12	22-04	csf

MASTERS FEMMES 40 (1983 -1979)

3000 m		RC :			
1	Coukard Deborah	80	13.28.44	22-04	csf
Poids (4 gk)		RC :			
1	Adam Benedicte	78	8m83	23-04	rcas
2	Reynaerts Stephanie	80	8m61	23-04	rcas
Disque (1 kg)		RC :			
1	Reynaerts Stephanie	80	27m76	23-04	rcas
Marteau (4 kg)		RC :			
1	Reynaerts Stephanie	80	25m92	22-04	dacm

MASTERS FEMMES 45 (1978 -1974)

Poids (4 kg)		RC :			
1	Bee Delphine	78	9m99	18-05	ws
2	De Buyst Nadia	73	6m01	23-04	rcas
Disque (1 kg)		RC :			
1	Bee Delphine	78	23m07	23-04	rcas
2	De Buyst Nadia	73	19m42	23-04	rcas
Marteau (4 kg)		RC :			
1	De Buyst Nadia	73	19m27	22-04	dacm

BENJAMINS GARCONS (2015 - 2014)

60 m		RC :			
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1	Theykens Clement	15	11.07	01-04	ws
2	Sulon Mathieu	14	12.84	01-04	ws
600 m		RC :			
1	Naif Chevalier Hugo	14	2.13.62	30-04	usbw
2	Theykens Clement	15	2.17.93	30-04	usbw
3	Luyten Samuel	15	2.19.29	30-04	usbw
4	De Boeck Romain	15	2.19.49	30-04	usbw
Longueur		RC :			
1	Theykens Clement	15	3m07	30-04	usbw
2	Luyten Samuel	15	2m43	30-04	usbw
3	Naif Chevalier Hugo	14	2m57	30-04	usbw
4	De Boeck Romain	15	2m39	30-04	usbw
5	Sulon Mathieu	14	2m10	16-04	rcas
Poids (1 kg)		RC :			
1	Theykens Clement	15	5m36	30-04	usbw
2	De Boeck Romain	15	4m75	30-04	usbw
3	Luyten Samuel	15	4m57	30-04	usbw
4	Vanderschelden Teo	14	4m44	16-04	rcas
5	Sulon Mathieu	14	3m15	16-04	rcas
Balle de hockey		RC :			
1	Theykens Clement	15	19m78	16-04	rcas
2	Vanderschelden Teo	14	12m91	16-04	rcas
3	Naif Chevalier Hugo	14	12m61	16-04	rcas
4	Sulon Mathieu	14	11m30	01-04	ws

PUPILLES GARCONS (2013 - 2012)

60 m		RC :			
1	Dogru Iljan	12	9.55	30-04	usbw
2	Obrijanu Vadim	13	9.60	30-04	usbw
3	Housiaux Julien	12	10.08	30-04	usbw
	Ruhangira Nathan	12	10.08	18-05	avmo
5	Van Waasdijk Raphael	13	10.28	01-04	ws
6	Marchal Noam	13	10.90	01-04	ws
7	De Heug Elliot	13	11.06	18-05	avmo
8	Mievis Axel	13	12.25	01-04	ws
1000 m		RC :			
1	Housiaux Julien	12	3.31.56	18-05	avmo
2	Ruhangira Nathan	12	3.53.87	18-05	avmo
3	Obrijanu Vadim	13	3.56.08	18-05	avmo
4	Van Waasdijk Raphael	13	3.58.77	18-05	avmo
5	Hendrichs Arthur	13	3.59.21	18-05	avmo
6	Mievis Axel	13	4.11.15	18-05	avmo
7	Marchal Noam	13	4.32.22	18-05	avmo
60 m haies (68 cm)		RC :			
1	Housiaux Julien	12	12.43	18-05	avmo
2	Ruhangira Nathan	12	12.74	18-05	avmo
3	Obrijanu Vadim	13	13.01	18-05	avmo
4	Mievis Axel	13	16.98	18-05	avmo
Hauteur		RC :			
1	Housiaux Julien	12	1m26	18-05	avmo
2	Dogru Iljan	12	1m13	16-04	rcas
3	Neerscholtens Amos	12	1m08	16-04	rcas
4	Mievis Axel	13	0m91	18-05	avmo
5	Hendrichs Arthur	13	0m88	16-04	rcas
	Marchal Noam	13	0m88	16-04	rcas
Longueur		RC :			
1	Obrijanu Vadim	13	3m61	18-05	avmo
2	Housiaux Julien	12	3m43	30-04	usbw
3	Dogru Iljan	12	3m36	30-04	usbw
4	De Heug Elliot	13	2m94	30-04	usbw
5	Van Waasdijk Raphael	13	2m87	18-05	avmo
6	Ruhangira Nathan	12	2m80	18-05	avmo
7	Marchal Noam	13	2m74	16-04	rcas

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8	Hendrichs Arthur	13	2m71	18-05	avmo
9	Mievis Axel	13	2m26	16-04	rcas
Poids (2 kg)		RC :			
1	Housiaux Julien	12	7m24	16-04	rcas
2	Dogru Ilian	12	7m17	16-04	rcas
3	Hendrichs Arthur	13	5m76	16-04	rcas
4	Obrijanu Vadim	13	5m70	18-05	avmo
5	Ruhangira Nathan	12	4m94	18-05	avmo
6	Marchal Noam	13	4m78	18-05	avmo
7	Van Waasdijk Raphael	13	4m45	18-05	avmo
8	De Heug Elliot	13	4m26	18-05	avmo
9	Mievis Axel	13	3m34	18-05	avmo

Disque (600 gr)		RC :			
1	Housiaux Julien	12	19m83	18-05	avmo
2	Dogru Ilian	12	17m10	16-04	rcas
3	Hendrichs Arthur	13	16m63	18-05	avmo
4	Neerscholten Amos	12	13m22	16-04	rcas
5	Obrijanu Vadim	13	13m16	18-05	avmo
6	Ruhangira Nathan	12	11m72	18-05	avmo
7	Van Waasdijk Raphael	13	9m87	18-05	avmo
8	Mievis Axel	13	7m03	18-05	avmo

Balle de hockey		RC :			
1	Housiaux Julien	12	33m17	16-04	rcas
2	Dogru Ilian	12	32m44	16-04	rcas
3	De Heug Elliot	13	19m60	30-04	usbw
4	Obrijanu Vadim	13	19m27	30-04	usbw
5	Marchal Noam	13	17m05	01-04	ws
6	Van Waasdijk Raphael	13	14m70	30-04	usbw
7	Mievis Axel	13	13m14	01-04	ws

MINIMES GARCONS (2011 – 2010)

80 m		RC :			
1	El Azhari Abdelaziz	10	11.49	18-05	avmo
2	Lacroix Arthur	10	12.25	18-05	avmo
3	Juvyns Benjamin	11	12.67	18-05	avmo
4	Theyskens Alexis	10	12.74	18-05	avmo
5	Ghesquiere Alexandre	11	12.90	18-05	avmo
6	Mievis Lionel	11	12.99	18-05	avmo
7	Hendrichs Hadrien	10	13.18	18-05	avmo
8	Smidts Carl	11	13.21	18-05	avmo
9	Xhonneux Raphael	10	13.54	18-05	avmo
10	Bellaari Nawfel	11	13.78	18-05	avmo
11	Philips Raphael	11	13.83	18-05	avmo
12	Marchal Mathys	11	13.84	18-05	avmo

150 m		RC :			
1	El Azhari Abdelaziz	10	21.32	01-04	ws
2	Boubala Eden Guy	11	22.87	01-04	ws
3	Juvyns Benjamin	11	24.30	01-04	ws
4	Theyskens Alexis	10	24.74	01-04	ws
5	Smidts Carl	11	25.27	01-04	ws
6	Mievis Lionel	11	25.31	01-04	ws
7	Arys Luca	10	25.38	01-04	ws
8	Philips Raphael	11	25.56	01-04	ws
9	Marchal Mathys	11	25.57	01-04	ws
10	Xhonneux Raphael	10	26.67	01-04	ws

300 m		RC :			
1	Chekem Amon Re	11	47.16	30-04	usbw
2	Lacroix Arthur	10	48.19	30-04	usbw
3	Theyskens Alexis	10	50.36	30-04	usbw
4	Boubala Eden Guy	11	50.53	30-04	usbw
5	Ghesquiere Alexandre	11	50.68	30-04	usbw
6	Juvyns Benjamin	11	50.92	30-04	usbw
7	Smidts Carl	11	51.70	30-04	usbw
8	Arys Luca	10	52.52	30-04	usbw
9	Bellaari Nawfel	11	55.96	30-04	usbw

1000 m		RC :			
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1	Theyskens Alexis	10	3.15.33	18-05	avmo
2	Arys Luca	10	3.38.29	18-05	avmo
3	Ghesquiere Alexandre	11	3.40.35	18-05	avmo
4	Hendrichs Hadrien	10	3.44.41	18-05	avmo
5	Juvyns Benjamin	11	3.50.00	18-05	avmo
6	Mievis Lionel	11	3.53.69	18-05	avmo
7	Smidts Carl	11	3.56.65	18-05	avmo
8	Bellaari Nawfel	11	4.00.18	18-05	avmo
9	Marchal Mathys	11	4.04.06	18-05	avmo
10	Philips Raphael	11	4.11.42	18-05	avmo
14	Hendrichs Victor	10	4.20.98	18-05	avmo

80 m haies (76 cm)		RC :			
1	Hendrichs Hadrien	10	16.94	18-05	avmo
2	Mievis Lionel	11	17.38	18-05	avmo
3	Marchal Mathys	11	18.85	18-05	avmo
4	Hendrichs Victor	10	20.37	18-05	avmo

150 m haies (76 cm)		RC :			
1	El Azhari Abdelaziz	10	24.50	18-05	avmo
2	Theyskens Alexis	10	25.57	18-05	avmo
3	Hendrichs Hadrien	10	26.63	18-05	avmo
4	Arys Luca	10	26.93	18-05	avmo
5	Mievis Lionel	11	27.91	18-05	avmo
6	Xhonneux Raphael	10	28.32	18-05	avmo
7	Hendrichs Victor	10	33.29	18-05	avmo

Hauteur		RC :			
1	Lacroix Arthur	10	1m38	16-04	rcas
2	Juvyns Benjamin	11	24.30	01-04	ws
3	Arys Luca	10	1m20	30-04	usbw
	Boubala Eden Guy	11	1m20	30-04	usbw
5	Silva Valdebenito Matheo	11	1m18	16-04	rcas
6	Marchal Mathys	11	1m15	30-04	usbw
7	Ghesquiere Alexandre	11	1m13	16-04	rcas
	Xhonneux Raphael	10	1m13	16-04	rcas
9	Hendrichs Hadrien	10	1m08	16-04	rcas
	Hendrichs Victor	10	1m08	16-04	rcas
	Mievis Lionel	11	1m08	16-04	rcas
	Smidts Carl	11	1m08	16-04	rcas

Longueur		RC :			
1	El Azhari Abdelaziz	10	4m50	18-05	avmo
2	Lacroix Arthur	10	3m85	18-05	avmo
	Philips Raphael	11	3m85	01-04	ws
4	Theyskens Alexis	10	3m78	18-05	avmo
5	Juvyns Benjamin	11	3m68	01-04	ws
6	Ghesquiere Alexandre	11	3m62	16-04	rcas
7	Theyskens Alexis	10	3m55	01-04	ws
8	Arys Luca	10	3m53	18-05	avmo
9	Marchal Mathys	11	3m51	01-04	ws
	Smidts Carl	11	3m51	16-04	rcas
10	Mievis Lionel	11	3m41	16-04	rcas
11	Hendrichs Hadrien	10	3m38	18-05	avmo
12	Xhonneux Raphael	10	3m20	01-04	ws
13	Bellaari Nawfel	11	3m13	18-05	avmo
14	Boubala Eden Guy	11	3m10	01-04	ws
15	Hendrichs Victor	10	2m53	18-05	avmo

Perche		RC :			
1	Lacroix Arthur	10	2m03	16-04	rcas
2	Arys Luca	10	1m72	16-04	rcas

Poids (3 kg)		RC :			
1	Arys Luca	10	6m72	01-04	ws
2	Ghesquiere Alexandre	11	6m69	18-05	avmo
3	Philips Raphael	11	6m12	01-04	ws
4	Theyskens Alexis	10	5m76	01-04	ws
5	Smidts Carl	11	5m68	18-05	avmo
6	Mievis Lionel	11	5m57	18-05	avmo
7	Juvyns Benjamin	11	5m46	16-04	rcas
8	Hendrichs Hadrien	10	5m40	18-05	avmo
9	Xhonneux Raphael	10	5m32	18-05	avmo

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10	Marchal Mathys	11	5m28	01-04	ws
11	Boubala Eden Guy	11	5m26	01-04	ws
12	Hendrichs Victor	10	5m09	18-05	avmo

Disque (750 gr)		RC :			
1	El Azhari Abdelaziz	10	20m81	18-05	avmo
2	Arys Luca	10	18m04	18-05	avmo
3	Lacroix Arthur	10	17m39	18-05	avmo
4	Philips Raphael	11	14m61	18-05	avmo
5	Theyskens Alexis	10	14m45	16-04	rcas
6	Bellaari Nawfel	11	12m71	16-04	rcas
7	Mievis Lionel	11	12m45	18-05	avmo

Javelot (400 gr)		RC :			
1	Arys Luca	10	23m10	30-04	usbw
2	Artunoff Souren	10	22m87	30-04	usbw
3	Hendrichs Hadrien	10	22m53	16-04	rcas
4	Theyskens Alexis	10	19m77	30-04	usbw
5	Marchal Mathys	11	18m07	16-04	rcas
6	Chekem Amon Re	11	17m15	30-04	usbw
7	Lacroix Arthur	10	17m02	16-04	rcas
8	Hendrichs Victor	10	14m40	16-04	rcas
9	Mievis Lionel	11	13m70	16-04	rcas
10	Juvyns Benjamin	11	13m45	30-04	usbw
11	Ghesquiere Alexandre	11	12m34	30-04	usbw
12	Boubala Eden Guy	11	11m39	30-04	usbw
13	Bellaari Nawfel	11	10m76	16-04	rcas

CADETS GARCONS (2009 - 2008)

100 m		RC :			
1	De Wolf Thomas	08	12.32	26-04	csf
2	Verleyen Jakob	08	12.39	01-05	vs
3	Soudon Jules	08	12.75	17-05	vita
4	Kubiak Joachim	09	13.00	21-05	csf
5	Soeiro Moreno Alexandre	09	13.22	21-05	csf
6	Coppy Kenneth	08	13.35	17-05	vita
7	Van Gulck Birkett Julian	08	13.57	22-04	csf
8	Ntambwe Tshilumbay Oren	09	13.84	21-05	csf
9	Vandenbussche Elias	08	14.40	01-04	ws
10	Philips Bastien	09	14.86	01-04	ws

200 m		RC :			
1	Verleyen Jakob	08	24.56	01-05	vs
2	De Wolf Thomas	08	24.60	26-04	csf
3	Kubiak Joachim	09	27.27	05-05	grim
4	Delneufcourt Noah	09	28.55	22-04	csf
5	Delneufcourt Hugo	09	28.72	22-04	csf
6	Ntambwe Tshilumbay Oren	09	29.85	22-04	csf

300 m		RC :			
1	Verleyen Jakob	08	39.75	16-04	tuac

400 m		RC :			
1	Verleyen Jakob	08	54.45	23-04	rcas
2	Vandenbussche Elias	08	63.30	01-04	ws
3	Charles Timon	09	71.53	01-04	ws

800 m		RC :			
1	Longo Murit Mateo	09	2.16.85	22-04	csf
2	Delneufcourt Hugo	09	2.35.08	01-04	ws
3	Delneufcourt Noah	09	2.36.16	01-04	ws
4	Charles Timon	09	2.49.36	01-04	ws
5	Vanhamme Vincent	09	2.55.38	01-04	ws

110 m haies (84 cm)		RC :			
1	Van Gulck Birkett Julian	08	17.60	22-04	csf
2	Kubiak Joachim	09	17.71	22-04	csf

300 m haies (76 cm)		RC :			
1	Verleyen Jakob	08	44.32	16-04	tuac

2	Soudon Jules	08	44.85	22-04	csf
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Hauteur		RC :			
1	Gomree Aaron	08	1m68	22-04	csf
2	Coppy Kenneth	08	1m60	17-05	vita
3	Soeiro Moreno Alexandre	09	1m44	21-05	csf
4	Kubiak Joachim	09	1m35	15-04	smac

Longueur		RC :			
1	Coppy Kenneth	08	4m71	23-04	rcas
2	Kubiak Joachim	09	4m44	23-04	rcas

Perche		RC :			
1	Soudon Jules	08	2m81	15-04	smac
	Van Gulck Birkett Julian	08	2m81	15-04	smac
3	Soeiro Moreno Alexandre	09	2m53	23-04	rcas
4	Kubiak Joachim	09	2m41	15-04	smac

Poids (4 kg)		RC :			
1	Soeiro Moreno Alexandre	09	7m57	23-04	rcas

Disque (1,5 kg)		RC :			
1	Coppy Kenneth	08	29m50	23-04	rcas

Javelot (700 gr)		RC :			
1	Coppy Kenneth	08	40m11	17-05	vita

4 x 100 m		RC :			
Delneufcourt N, Coppy, Kubiak, De Wolf		51.46	22-04	csf	

SCOLAIRES HOMMES (2007 - 2006)

100 m		RC :			
1	Hanrion Gaspar	07	11.81	05-05	grim
2	Boutaba Achraf	06	11.91	21-05	csf
3	Labruyere Maxime	06	11.93	21-05	csf
4	Tshanga Diumba John Ross	07	11.99	21-05	csf
5	Taieb Hilel	06	12.30	21-05	csf
6	Nzimbi Mathys	06	12.54	21-05	csf
7	Soeiro Moreno Joaquim	06	12.72	21-05	csf
8	Verheeke Amory	06	12.74	05-05	grim
9	Van Den Brempt Mathis	07	13.10	01-04	ws
10	Van Mossevelde Sami	07	13.27	17-05	vita
11	Desmecht Isaiah	06	13.63	01-04	ws
12	Aliji Alban	07	13.85	01-04	ws

200 m		RC :			
1	Hanrion Gaspar	07	24.10	05-05	grim
2	Labruyere Maxime	06	24.47	22-04	csf
3	Taieb Hilel	06	25.13	22-04	csf
4	Boutaba Achraf	06	29.85	22-04	csf

400 m		RC :			
1	Tshanga Diumba John Ross	07	55.89	01-04	ws
2	Labruyere Maxime	06	57.52	01-04	ws

800 m		RC :			
1	Aouragh Reda	06	1.56.04	01-05	achl
2	Charlier Luca	07	2.24.09	22-04	csf

1500 m		RC :			
1	Aouragh Reda	06	3.53.34	20-05	avlo
2	Fitterer Chase	06	4.28.53	23-04	rcas

110 m haies (91 cm)		RC :			
1	Van Mossevelde Sami	07	18.93	22-04	csf

400 m haies (84 cm)		RC :			
1	Labruyere Maxime	06	68.71	16-04	tuac

Triple saut		RC :			
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1	Van Den Brempt Mathis	07	12m15	01-04	ws
Perche		RC :			
1	Vilain Nicolas	07	2m43	23-04	rcas
2	Aliji Alban	07	2m31	15-04	smac
Poids (5 kg)		RC :			
1	Nzimbi Mathys	06	10m19	17-05	vita
Disque (1,5 kg)		RC :			
1	Van Mossevelde Sami	07	27m71	23-04	rcas
Javelot (700 gr)		RC :			
1	Van Mossevelde Sami	07	40m17	17-05	vita
2	Soeiro Moreno Joaquim	06	26m08	21-05	csf

JUNIORS HOMMES (2005 - 2004)

100 m		RC :			
1	Domine Guillaume	04	11.52	21-05	csf
2	Plume Andrew	05	12.01	21-05	csf
3	Grondel Alexandre	05	12.47	01-04	ws
4	Alae Eddine Mejdoubi	05	12.62	01-04	ws
400 m		RC :			
1	Biala Kenny Felder	05	50.10	23-04	rcas
800 m		RC :			
1	Lelion Achille	05	1.57.96	07-05	rfcl
1500 m		RC :			
1	Lelion Achille	05	4.05.81	01-05	vs
3000 m		RC :			
1	Mensah Brice	05	10.08.70	22-04	csf
Hauteur		RC :			
1	Arifi Ilias	04	1m80	01-05	vs
Longueur		RC :			
1	Arifi Ilias	04	6m23	18-05	ws
Perche		RC :			
1	Arifi Ilias	04	4m01	01-05	vs
2	Grondel Alexandre	05	3m73	23-04	rcas
Triple saut		RC :			
1	Domine Guillaume	04	11m72	22-04	csf
2	Geerts Thibaut	05	10m90	01-04	ws
Poids (6 kg)		RC :			
1	Arifi Ilias	04	10m11	23-04	rcas
Disque (1,75 kg)		RC :			
1	Arifi Ilias	04	27m53	23-04	rcas

ESPOIRS HOMMES (2003 - 2002 - 2001)

100 m		RC :			
1	Medan Marko	03	11.16	18-05	ws
2	Azemenkie Dylan	02	12.01	22-04	csf
3	Mulamba Yoba Jakob	03	13.06	01-04	ws
200 m		RC :			
1	Segers Daniel	01	21.79	07-05	rfcl
2	Medan Marko	03	22.47	01-05	vs
3	Azemenkie Dylan	02	24.75	22-04	csf
400 m		RC :			
1	Tourtois Charles	01	50.08	07-05	FRA
2	Beyaert Corentin	02	53.72	23-04	rcas

800 m		RC :			
1	Beyaert Corentin	02	2.07.17	01-05	vs
110 m haies (106 cm)		RC :			
1	Tourtois Charles	01	15.10	21-05	FRA
400 m haies (91 cm)		RC :			
1	Segers Daniel	01	53.32	22-04	csf
Hauteur		RC :			
1	Tourtois Charles	01	1m70	01-05	vs
Poids (7,26 kg)		RC :			
1	Tourtois Charles	01	12m09	18-05	ws
Javelot (800 gr)		RC :			
1	Montilla Alexis	02	42m59	22-04	csf
2	Tourtois Charles	01	41m87	22-04	csf

SENIORS HOMMES (2003 - 1989)

100 m		RC :			
1	Tshitwenu Florian	97	11.04	07-05	rfcl
2	Kola Biasu Guelord	93	11.13	01-05	vs
3	Medan Marko	03	11.16	18-05	ws
4	Agyemang Melchizedek	99	11.98	01-05	vs
5	Azemenkie Dylan	02	12.01	22-04	csf
6	Poncet Leo	97	12.61	21-05	csf
7	Mulamba Yoba Jakob	03	13.06	01-04	ws
8	Atitso Dalvin	97	14.93	01-04	ws
200 m		RC :			
1	Segers Daniel	01	21.79	07-05	rfcl
2	Badji Asamti	95	22.07	20-05	avlo
3	Lins Sebastien	92	22.31	01-05	vs
4	Medan Marko	03	22.47	01-05	vs
5	Agyemang Melchizedek	99	24.31	01-05	vs
6	Azemenkie Dylan	02	24.75	22-04	csf
400 m		RC :			
1	Mabille Florent	96	46.65	21-05	FRAI
2	Badji Asamti	95	47.79	18-05	ws
3	Lins Sebastien	92	48.83	21-05	FRA
4	Tourtois Charles	01	50.08	07-05	FRA
5	Kabuya Hugues	97	50.13	18-05	ws
6	Beyaert Corentin	02	53.72	23-04	rcas
800 m		RC :			
1	Petitjean Simon	96	1.55.02	01-05	achl
2	Beyaert Corentin	02	2.07.17	01-05	vs
1500 m		RC :			
1	Celis Julien	98	3.58.05	18-05	ws
3000 m		RC :			
1	Celis Julien	98	8.22.89	01-05	achl
2	Bouchkhi Lahsene	93	8.25.25	13-05	NED
110 m haies (106 cm)		RC :			
1	Caty Dylan	97	14.25	18-05	ws
2	Tourtois Charles	01	15.10	21-05	FRA
400 m haies (91 cm)		RC :			
1	Badji Asamti	95	53.18	07-05	rfcl
2	Segers Daniel	01	53.32	22-04	csf
3000 m steeple (91 cm)		RC :			
1	Petitjean Simon	96	9.26.89	07-05	rfcl
Marathon		RC :			

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1	Naert Koen	89	2h06.56	16-04	NED
2	Bouchkhi Lahsene	93	2h12.01	16-04	NED

Hauteur		RC :			
1	Gamuella Ngamunguela Jos	98	2m11	01-05	vs
2	Tourtois Charles	01	1m70	01-05	vs

Longueur		RC :			
1	Geerts Gregory	99	6m79	07-05	rfcl
2	Poncet Leo	97	5m32	23-04	rcas

Triple saut		RC :			
1	Geerts Gregory	99	14m35	01-05	vs

Perche		RC :			
1	Montilla Dimitri	98	4m20	07-05	rfcl

Poids (7,26 kg)		RC :			
1	Guillaume Jonathan	92	15m33	07-05	rfcl
2	Hadj Faraji Ridwan	98	12m96	18-05	ws
3	Tourtois Charles	01	12m09	18-05	ws

Disque (2 kg)		RC :			
1	Salvaggio Claudio	92	42m64	18-05	ws
2	Guillaume Jonathan	92	42m12	18-05	ws
3	Gets Florent	91	35m56	18-05	ws

Javelot (800 gr)		RC :			
1	Gets Florent	91	56m80	07-05	rfcl
2	Montilla Alexis	02	42m59	22-04	csf
3	Tourtois Charles	01	41m87	22-04	csf
4	Poncet Leo	97	40m51	22-04	csf

Marteau (7,26 kg)		RC :			
1	Salvaggio Claudio	92	61m78	19-03	damp
2	Guillaume Jonathan	92	31m37	22-04	dacm

4 x 100 m		RC :			
Medan, Lins, Kola Biasu, Tshitwenu			41.72	07-05	rfcl

MASTERS HOMMES 35 (1988 – 87 – 86 – 85 - 1984)

1500 m		RC :			
1	Ruell Kim	87	3.59.76	20-05	avlo

5000 m		RC :			
1	Ruell Kim	87	15.19.10	07-05	rfcl

Disque (2 kg)		RC :			
1	Dekker Stephan	87	50m02	07-05	rfcl

MASTERS HOMMES 40 (1983 – 82 – 81 – 80 - 1979)

3000 m steeple (91 cm)		RC :			
1	Xhonneux Frederic	83	10.43.44	18-05	ws

MASTERS HOMMES 45 (1978 – 77 – 76 – 75 - 1974)

Marathon		RC :			
1	Bolland Patrick	78	2h39.05	16-04	USA

MASTERS HOMMES 60 (1963 – 62 – 61 – 60 – 1959)

400 m		RC :			
1	Maniquet Rudi	61	62.99	20-05	avlo

MASTERS HOMMES 60 HANDISPORT

100 m		RC :			
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1	Denys Jacques	59	29.74	01-04	ws
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Poids (6 kg)		RC :			
1	Denys Jacques	59	5m05	18-05	ws

Javelot (800 gr)		RC :			
1	Denys Jacques	59	11m31	01-04	ws

SENIORS MIXTES

4 x 400 m		RC :			
Badji, Schoemaker, Mabilie, Badji			3.29.60	07-05	rfcl