

## RESC INDOOR 2023

### BENJAMINES FILLES

60 m		RC : 9.59			
1	Housiaux Lucie	14	11.34	26-11	csdy
2	Ghesquiere Sophie	14	11.45	26-11	csdy
3	D'Hallewin Victoria	15	11.49	26-11	csdy
4	Di Prima Nizet Colette	14	12.26	26-11	csdy

600 m		RC : 2.11.01			
1	Housiaux Lucie	14	2.23.79	26-11	csdy
2	Ghesquiere Sophie	14	2.26.88	26-11	csdy
3	Di Prima Nizet Colette	14	2.35.78	26-11	csdy
4	D'Hallewin Victoria	15	2.45.26	26-11	csdy

Longueur		RC : 3m51			
1	Housiaux Lucie	14	2m47	26-11	csdy
2	Di Prima Nizet Colette	14	2m12	26-11	csdy
3	Ghesquiere Sophie	14	2m11	26-11	csdy
4	D'Hallewin Victoria	15	1m96	26-11	csdy

### PUPILLES FILLES

60 m		RC : 8.89			
1	Medan Ivana	12	9.14	03-12	rcgy
2	Strypstein Solena	13	9.54	26-11	csdy
3	Dzou Steffy Ann	13	9.64	26-11	csdy
4	Gerard Zoe	12	9.70	26-11	csdy
5	Vermeir Jade	13	10.52	26-11	csdy
6	Arys Josephine	13	10.53	26-11	csdy
8	Delneufcourt Marion	13	10.74	26-11	csdy
9	Pereira Da Silva Sara	13	10.90	26-11	csdy
10	Pereira Da Silva Isabelle	13	10.95	26-11	csdy
11	Desager Alexandra	13	11.44	26-11	csdy

1000 m		RC : 3.39.11			
1	Strypstein Solena	13	3.47.50	26-11	csdy
2	Pereira Da Silva Sara	13	4.07.99	26-11	csdy
3	Gerard Zoe	12	4.13.02	26-11	csdy
4	Pereira Da Silva Isabelle	13	4.15.10	26-11	csdy
5	Arys Josephine	13	4.35.31	26-11	csdy
6	Vermeir Jade	13	4.45.16	26-11	csdy
7	Desager Alexandra	13	4.59.64	26-11	csdy

Hauteur		RC : 1m25			
1	Strypstein Solena	13	1m15	03-12	rcg
2	Vermeir Jade	13	1m00	03-12	rcg

Longueur		RC : 4m24			
1	Medan Ivana	12	3m72	26-11	csdy
2	Strypstein Solena	13	3m49	26-11	csdy
3	Gerard Zoe	12	3m09	26-11	csdy
4	Dzou Steffy Ann	13	3m01	26-11	csdy
5	Arys Josephine	13	2m97	26-11	csdy
6	Pereira Da Silva Sara	13	2m69	26-11	csdy
7	Pereira Da Silva Isabelle	13	2m68	26-11	csdy
8	Vermeir Jade	13	2m57	26-11	csdy
9	Delneufcourt Marion	13	2m49	26-11	csdy
11	Desager Alexandra	13	2m21	26-11	csdy

Poids (2 kg)		RC : 9m87			
1	Strypstein Solena	13	5m84	26-11	csdy
2	Dzou Steffy Ann	13	5m80	26-11	csdy
3	Gerard Zoe	12	5m71	26-11	csdy
4	Arys Josephine	13	5m39	26-11	csdy
5	Pereira Da Silva Sara	13	5m17	26-11	csdy
6	Vermeir Jade	13	5m01	26-11	csdy
7	Pereira Da Silva Isabelle	13	4m40	26-11	csdy
8	Desager Alexandra	13	3m78	26-11	csdy

### MINIMES FILLES

60 m		RC : 8.29			
1	Squiflet Emelynn	10	8.23	26-11	csdy
2	Popescu Gabriela Raisa	11	8.84	18-12	csdy
3	Dzou Lesly Kayla	10	8.86	03-12	rcg
4	Strypstein Maeva	11	9.20	26-11	csdy
5	Vanhemelen Joy	10	9.27	26-11	csdy
6	De Cooman Lea	11	9.28	26-11	csdy
	Schroeven Camille	11	9.28	26-11	csdy
8	Mayuma Maeva	10	9.49	26-11	csdy
9	Tsasa Maelle Annelise	11	9.96	26-11	csdy
10	Desager Eleanore	10	10.02	26-11	csdy

150 m		RC : 20.48			
1	Squiflet Emelynn	10	20.55	03-12	rcg
2	Schroeven Camille	11	22.14	30-12	rcg
3	Strypstein Maeva	11	22.31	03-12	rcg
4	Dzou Lesly Kayla	10	22.80	03-12	rcg

300 m		RC : 45.41			
1	Maeva Strypstein	11	49.66	04-12	rcg
2	Schroeven Camille	11	50.84	04-12	rcg

1000 m		RC : 3.22.63			
1	Popescu Gabriela Raisa	11	3.27.96	26-11	csdy
2	Strypstein Maeva	11	3.48.91	26-11	csdy
3	Desager Eleanore	10	4.21.87	26-11	csdy

60 m haies (68 cm)		RC : 10.06			
1	Strypstein Maeva	11	10.81	04-12	rcg
2	Schroeven Camille	11	11.17	04-12	rcg

Longueur		RC : 4m48			
1	Squiflet Emelynn	10	4m69	26-11	csdy
2	Popescu Gabriela Raisa	11	4m46	26-11	csdy
3	Vanhemelen Joy	10	4m33	26-11	csdy
4	De Cooman Lea	11	3m98	26-11	csdy
5	Schroeven Camille	11	3m94	26-11	csdy
6	Strypstein Maeva	11	3m79	26-11	csdy
7	Mayuma Maeva	10	3m55	26-11	csdy
8	Desager Eleanore	10	3m43	26-11	csdy
9	Tsasa Maelle Annelise	11	2m96	26-11	csdy

Poids (2 kg)		RC : 10m50			
1	Popescu Gabriela Raisa	11	10m75	26-11	csdy
2	Squiflet Emelynn	10	9m81	26-11	csdy
3	Dzou Lesly Kayla	10	9m57	03-12	rcg
4	Mayuma Maeva	10	8m61	26-11	csdy
5	Strypstein Maeva	11	8m15	26-11	csdy
6	Desager Eleanore	10	5m90	26-11	csdy
7	Schroeven Camille	11	5m40	26-11	csdy

### CADETTES FILLES

60 m		RC : 8.02			
1	Lopez Gonzalez Chrystal	08	9.03	08-01	csdy
2	Gerard Emma	08	9.18	26-11	csdy
3	Picula Petra	09	9.50	26-11	csdy
4	Hunt Anna Emilie	08	9.58	26-11	csdy
5	El Azhari Halima	08	9.97	26-11	csdy
6	Deneuyer Delphine	08	10.02	26-11	csdy
7	El Kaabouni Chayma	09	10.04	08-01	csdy
8	Biasino Laureline	09	10.05	08-01	csdy
9	Sebbah Leila	08	10.23	08-01	csdy
10	Vande Zande Maelys	09	10.45	26-11	csdy

200 m		RC : 26.72			
1	Gerard Emma	08	30.52	26-11	csdy
2	Picula Petra	09	33.02	26-11	csdy
3	El Kaabouni Chayma	09	34.11	08-01	csdy
4	El Azhari Halima	08	34.15	26-11	csdy

## RESC INDOOR 2023

5	Hamada Rania	09	34.65	08-01	csdy
6	Vande Zande Maelys	09	36.31	26-11	csdy
400 m		RC : 60.92			
1	Gerard Emma	08	69.97	14-01	csdy
800 m		RC : 2.23.33			
1	Vande Zande Maelys	09	3.24.88	08-01	csdy
60 m haies (76 cm)		RC : 9.13			
1	Radermacher Sarah	09	10.95	08-01	csdy
Longueur		RC : 5m41			
1	Radermacher Sarah	09	4m34	08-01	csdy
2	Mayuma Marie	08	3m45	08-01	csdy
3	Biasino Laureline	09	3m05	08-01	csdy
Poids (3 kg)		RC : 14m62			
1	Mayuma Marie	08	9m41	08-01	csdy
2	Radermacher Sarah	09	7m31	08-01	csdy
3	Biasino Laureline	09	5m66	08-01	csdy

### SCOLAIRES FEMMES

60 m		RC : 7.92			
1	Sanchez Elisa	07	8.39	14-01	csdy
2	Epanya Tiki Raphaelle Lucie	06	8.99	26-11	csdy
3	Cole Almond Hadasha	06	9.11	08-01	csdy
4	Mjahed Maya	07	9.31	26-12	rcg
5	Israel Thalya	06	10.40	08-01	csdy
200 m		RC : 25.61			
1	Sanchez Elisa	07	28.09	14-01	csdy
2	Epanya Tiki Raphaelle Lucie	06	29.84	08-01	csdy
3	Hamada Dina	07	33.08	08-01	csdy
4	El Hasnaoui Amel	06	33.50	08-01	csdy
5	Israel Thalya	06	35.77	08-01	csdy
400 m		RC : 58.05			
1	Halgand Lucie	07	65.51	14-01	csdy
2	Sivis Mulongo Juliana	07	70.86	08-01	csdy
3	Lopez Gonzalez Chrystal	08	71.55	08-01	csdy
800 m		RC : 2.17.13			
1	Inconstant Elisa	07	2.24.49	14-01	csdy
60 m haies (76 cm)		RC : 8.78			
1	Mjahed Maya	07	11.22	14-01	csdy
Longueur		RC : 5m66			
1	Sivis Mulongo Juliana	07	3m81	08-01	csdy
2	Mjahed Maya	07	2m46	08-01	csdy
Poids (3 kg)		RC : 14m62			
1	Mjahed Maya	07	10m53	14-01	csdy
2	Cole Almond Hadasha	06	8m09	08-01	csdy
4 x 200 m		RC : 1.47.49			
Epanya Tiki, Hamada, Mjahed, Sanchez		1.58.15	14-01	csdy	
Lopez Gonzalez, Gerard, Hamada, Radermacher		2.01.89	14-01	csdy	

### JUNIORS FEMMES

60 m		RC : 7.73			
1	Leonard Elise	05	8.00	08-01	csdy
2	Tshanga Diumba Roline	04	8.24	08-01	csdy
3	Bahaid Salma	05	8.34	08-01	csdy
4	Cole Anne Ramon	04	8.38	08-01	csdy

200 m		RC : 24.80			
1	Leonard Elise	05	26.88	08-01	csdy
2	Cole Anne Ramon	04	27.54	08-01	csdy
3	Bahaid Salma	05	27.77	08-01	csdy
4	Dennison Chrystal	05	29.34	08-01	csdy
800 m		RC : 2.09.93			
1	Kagu Gerta	05	2.35.02	08-01	csdy
Poids (3 kg)		RC : 14m62			
1	Mathieu Julia	05	14m27	26-11	FRA
Poids (4 kg)		RC : 13m16			
1	Mathieu Julia	05	12m62	11-12	FRA
2	Dennison Chrystal	05	8m94	08-01	csdy

### SENIORS FEMMES

60 m		RC : 7.47			
1	Ndjip Nyemeck Yanla	02	7.61	30-12	rcg
2	Morency Poilvache Alizee	98	7.72	17-12	rcg
200 m		RC : 24.16			
1	Ndjip Nyemeck Yanla	02	24.21	30-12	rcg
2	Vereecke Hanna	00	26.11	08-01	csdy
3	Morency Poilvache Alizee	98	24.98	17-12	rcg
1500 m		RC : 4.18.2			
1	Goethals Lutgard	02	5.11.85	08-01	csdy
60 m haies (84 cm)		RC : 7.98			
1	Ndjip Nyemeck Yanla	02	8.17	21-01	USA
Hauteur		RC : 1m95			
1	Thiebot Oceane	01	1m61	08-01	csdy
Longueur		RC : 6m08			
1	Guisse Saliyya	96	5m49	08-01	csdy
Triple saut		RC : 13m17			
1	Guisse Saliyya	96	12m43	08-01	csdy
Perche		RC : 4m33			
1	Van De Sype Chloe	97	3m21	08-01	csdy
Poids (4 kg)		RC : 14m60			
1	Van De Sype Chloe	97	9m03	08-01	csdy
4 x 200 m		RC : 1.39.33			
Leonard, Badji, Cole, Morency Poilvache		1.43.50	14-01	csdy	
Bahaid, Bah Yaye, Halgand, Lins		1.57.72	14-01	csdy	

### MASTERS FEMMES

Poids (4 kg)		RC : 11m10			
1	Bee Delphine	78	9m40	08-01	csdy
2	Reynaerts Stephanie	80	8m44	08-01	csdy
3	De Buyst Nadia	73	6m51	08-01	csdy

### BENJAMINS GARÇONS

60 m		RC : 9.56			
1	Draoui Amine	14	10.74	26-11	csdy
2	Theyskens Clement	15	11.26	26-11	csdy
60 m		RC : 2.21.01			
1	Draoui Amine	14	2.16.72	26-11	csdy
2	Theyskens Clement	15	2.20.32	26-11	csdy

## RESC INDOOR 2023

Poids (1 kg)		RC : 9m08		
1	Draoui Amine	14	6m27	26-11 csdy
2	Theyskens Clement	15	5m30	26-11 csdy

### PUPILLES GARÇONS

60 m		RC : 8.70		
1	Ruhangira Nathan	12	9.96	26-11 csdy
2	Housiaux Julien	12	10.31	26-11 csdy
3	De Heug Elliot	13	11.10	26-11 csdy
4	Mievis Axel	13	11.95	26-11 csdy

1000 m		RC : 3.18.11		
1	Housiaux Julien	12	3.34.20	26-11 csdy
2	Ruhangira Nathan	12	3.57.81	26-11 csdy
3	Mievis Axel	13	4.12.42	26-11 csdy

Poids (2 kg)		RC : 10m01		
1	Housiaux Julien	12	6m30	26-11 csdy
2	Ruhangira Nathan	12	5m66	26-11 csdy
3	De Heug Elliot	13	3m80	26-11 csdy
4	Mievis Axel	13	2m94	26-11 csdy

### MINIMES GARÇONS

60 m		RC : 7.88		
1	El Azhari Abdelaziz	10	8.70	26-11 csdy
2	Chekem Amon Re	11	9.11	26-11 csdy
3	Boubala Eden Guy	11	9.49	26-11 csdy
4	Mievis Lionel	11	9.53	26-11 csdy
5	Theyskens Alexis	10	9.65	26-11 csdy
6	Juvyns Benjamin	11	9.71	26-11 csdy
7	Smidt Carl	11	9.99	26-11 csdy
8	Xhonneux Raphael	10	10.16	26-11 csdy
9	Arys Luca	10	10.18	26-11 csdy
10	Ghesquiere Alexandre	11	10.25	26-11 csdy

1000 m		RC : 3.07.08		
1	El Azhari Abdelaziz	10	3.32.98	26-11 csdy
2	Chekem Amon Re	11	3.34.58	26-11 csdy
3	Mievis Lionel	11	3.36.73	26-11 csdy
4	Arys Luca	10	3.37.56	26-11 csdy
5	Theyskens Alexis	10	3.38.69	26-11 csdy
6	Juvyns Benjamin	11	3.44.58	26-11 csdy
7	Ghesquiere Alexandre	11	3.52.76	26-11 csdy
8	Smidt Carl	11	3.57.82	26-11 csdy

Poids (3 kg)		RC : 13m94		
1	Chekem Amon Re	11	6m32	26-11 csdy
2	Theyskens Alexis	10	6m17	26-11 csdy
3	Arys Luca	10	5m95	26-11 csdy
4	Boubala Eden Guy	11	5m22	26-11 csdy
5	Xhonneux Raphael	10	4m37	26-11 csdy
6	Mievis Lionel	11	4m31	26-11 csdy
7	Smidt Carl	11	3m87	26-11 csdy

### CADETS GARÇONS

60 m		RC : 7.20		
1	Vanbelle Thomas	08	8.39	26-11 csdy
2	Kubiak Joachim	09	8.50	26-11 csdy
3	Van Gulck Birkett Julian	08	8.69	26-11 csdy
4	Philips Bastien	09	8.93	08-01 csdy
5	Delneufcourt Noah	09	9.02	26-11 csdy
6	Delneufcourt Hugo	09	9.10	08-01 csdy
7	Gomree Aaron	08	9.25	26-11 csdy
8	Charles Timon	09	9.54	08-01 csdy
9	Vanhamme Vincent	09	9.64	26-11 csdy

200 m		RC : 23.68		
1	Verleyen Jacob	08	26.32	26-12 rcg
2	Van Gulck Birkett Julian	08	27.94	08-01 csdy

3	Kubiak Joachim	09	28.13	26-11 csdy
4	Delneufcourt Noah	09	29.66	26-11 csdy
5	Philips Bastien	09	29.73	08-01 csdy
6	Delneufcourt Hugo	09	30.25	26-11 csdy
7	Adam Jules	09	32.54	26-11 csdy

400 m		RC : 54.61		
1	Verleyen Jacob	08	56.52	14-01 csdy
2	Delneufcourt Hugo	09	65.89	14-01 csdy

800 m		RC : 2.04.20		
1	Verleyen Jacob	08	2.26.64	26-12 rcg

60 m haies (84 cm)		RC : -		
1	Vanbelle Thomas	08	10.38	08-01 csdy
2	Gomree Aaron	08	10.53	14-01 csdy
3	Kubiak Joachim	09	10.82	17-12 csdy
4	Soeiro Moreno Alexandre	09	12.17	17-12 csdy
5	Charles Timon	09	12.85	08-01 csdy

Hauteur		RC : 1m81		
1	Gomree Aaron	08	1m73	08-01 csdy
2	Soeiro Moreno Alexandre	09	1m45	08-01 csdy
3	Kubiak Joachim	09	1m40	17-12 csdy

Perche		RC : 3m36		
1	Soudon Jules	08	2m71	08-01 csdy
2	Van Gulck Birkett Julian	08	2m36	18-12 csdy
3	Kubiak Joachim	09	2m21	08-01 csdy
	Soeiro Moreno Alexandre	09	2m21	08-01 csdy
5	Delneufcourt Hugo	09	1m81	08-01 csdy
	Delneufcourt Noah	09	1m81	08-01 csdy
	Philips Bastien	09	1m81	08-01 csdy

Poids (4 kg)		RC : 14m30		
1	Soeiro Moreno Alexandre	09	7m69	08-01 csdy
2	Kubiak Joachim	09	6m49	17-12 csdy

Triathlon		RC : -		
1	Kubiak Joachim	09	991 p	17-12 csdy
2	Soeiro Moreno Alexandre	09	762 p	17-12 csdy

4 x 200 m		RC : 1.38.87		
Delneufcourt, Philips, Delneufcourt, Kubiak		1.54.08	14-01	csdy

### SCOLAIRES HOMMES

60 m		RC : 6.99		
1	Labruyere Maxime	06	7.70	14-01 csdy
2	Hanrion Gaspar	07	7.77	08-01 csdy
3	Guellet Shadi	07	7.86	04-12 rcg
4	Soeiro Moreno Joaquim	06	8.02	08-01 csdy
5	Nzimbi Mathys	06	8.19	26-11 csdy
	Van Den Brempt Mathis	07	8.19	26-11 csdy
7	Thys Rafael	07	8.32	08-01 csdy
8	Charlier Luca	07	8.38	08-01 csdy
9	Verheeke Amory	06	8.45	26-11 csdy
10	Courtois Richard	06	8.55	26-11 csdy
	Vilain Nicolas	07	8.55	26-11 csdy
12	Aliji Alban	07	8.65	26-11 csdy
13	El Kaabouni Souleyman	06	8.66	26-11 csdy

200 m		RC : 22.33		
1	Labruyere Maxime	06	25.34	26-11 csdy
2	Hanrion Gaspar	07	25.50	26-11 csdy
3	Guellet Shadi	07	25.61	26-12 rcg
4	Tshanga Dumba John Ross	07	26.05	08-01 csdy
5	Van Den Brempt Mathis	07	26.94	26-11 csdy
6	Thys Rafael	07	27.56	08-01 csdy
7	Courtois Richard	06	28.33	26-11 csdy

## RESC INDOOR 2023

800 m		RC : 1.56.95			
1	Charlier Luca	07	2.27.52	14-01	csdy
1500 m		RC : 4.05.28			
1	Aouragh Reda	06	4.14.50	14-01	csdy
2	Fitterer Chase	06	4.27.41	08-01	csdy
60 m haies (91 cm)		RC : 7.78			
1	Van Mossevelde Sami	07	10.38	08-01	csdy
2	Bah Ibrahim	07	10.54	08-01	csdy
3	Thys Rafael	07	11.30	08-01	csdy
Longueur		RC : 7.18			
1	Soeiro Moreno Joaquim	06	4m85	08-01	csdy
Perche		RC : 4m40			
1	Desmecht Isaiah	06	2m71	08-01	csdy
2	Vilain Nicolas	07	2m21	08-01	csdy

### JUNIORS HOMMES

60 m		RC : 6.91			
1	Plume Andrew	05	7.58	08-01	csdy
2	Grondel Alexandre	05	7.73	08-01	csdy
3	Alae Eddine Mejdoubi	05	7.90	08-01	csdy
200 m		RC : 21.74			
1	Plume Andrew	05	24.40	08-01	csdy
2	Grondel Alexandre	05	24.72	08-01	csdy
3	Alae Eddine Mejdoubi	05	26.08	08-01	csdy
800 m		RC : 1.56.95			
1	Lellion Achille	05	1.59.78	08-01	csdy
2	Mensah Brice	05	2.20.85	08-01	csdy
60 m haies (99 cm)		RC : 7.83			
1	Arifi Ilias	04	8.50	08-01	csdy
Perche		RC : 4m70			
1	Arifi Ilias	04	4m21	08-01	csdy
2	Grondel Alexandre	05	3m71	08-01	csdy
4 x 200 m		RC : 1.30.67			
Plume, Labruyere, Tshanga Diumba, Alae Eddine			1.40.29	14-01	csdy

### SENIORS HOMMES

60 m		RC : 6.56			
1	Tshitwenu Florian	97	7.12	08-01	csdy
2	Medan Marko	03	7.20	08-01	csdy
3	Caty Dylan	97	7.27	21-01	FRA
4	Ilunga Carl	93	7.53	08-01	csdy
5	Mulamba Yoba Jacob	03	8.21	08-01	csdy
200 m		RC : 20.92			
1	Kabuya Hugues	97	23.34	08-01	csdy
2	Ilunga Carl	93	24.16	08-01	csdy
3	Mulamba Yoba Jacob	03	27.96	08-01	csdy
400 m		RC : 46.95			
1	Segers Daniel	01	47.99	08-01	csdy
800 m		RC : 1.48.65			
1	Delarge Mathieu	00	2.05.97	08-01	csdy
1500 m		RC : 3.40.73			
1	Celis Julien	98	3.58.68	08-01	csdy
60 m haies (106 cm)		RC : 7.68			
1	Caty Dylan	97	8.02	21-01	FRA

2	Tourtois Charles	01	8.63	08-01	csdy
Hauteur		RC : 2m20			
1	Gamuella Ngamunguela Jos	98	2m01	08-01	csdy
Triple saut		RC : 16m57			
1	Geerts Gregory	99	14m79	08-01	csdy
Perche		RC : 5m20			
1	Tourtois Charles	01	3m91	08-01	csdy
Poids (7,26 kg)		RC : 15m87			
1	Guillaume Jonathan	92	14m03	08-01	csdy
2	Gets Florent	91	11m58	08-01	csdy
3	Tourtois Charles	01	11m36	08-01	csdy
4 x 200 m		RC : 1.27.16			
Niesen, Badji, Mabilille, Kasmi			1.28.23	14-01	csdy
Tshitwenu, Biala, Ilunga, Mensah			1.36.97	14-01	csdy

### MASTERS HOMMES

60 m		RC : 7.54			
1	Maniquet Rudi	61	8.81	26-11	csdy
200 m		RC : 22.13			
1	Maniquet Rudi	61	29.06	26-11	csdy

### MASTERS HOMMES HANDISPORT

60 m		RC : 20.12			
1	Denys Jacques	59	18.12	18-12	rcg