

## RESC TOP 15 INDOOR

### BENJAMINES FILLES

#### 40 m

1	Huybrechts Isabelle	7.34	1996
2	Delplace Aurore	7.74	1996
3	Varela Carla	7.98	2019
4	Wanyu Naomie	8.08	2019
5	Sabbar Leila	8.54	1994
6	Gilson Anais	8.84	1994

#### 50 m

1	Huybrechts Isabelle	9.04	1996
2	Delplace Aurore	9.34	1996

#### 60 m

1	Squiflet Emelynn	9.59	2019
2	Lambert Kylie	9.64	2013
3	Dolianitis Dina	9.71	2000
4	Schroeven Camille	9.74	2020
5	Dzou Lesly Kayla	9.75	2019
6	Strypstein Solena	9.98	2022
7	Dzou Steffy Ann	9.98	2022
8	Lecomte Christina	10.04	2007
9	Boone Maya	10.06	2018
10	Popescu Raissa	10.10	2020
11	Mouzon Emmanuelle	10.13	2000
12	Boone Tya	10.18	2015
13	Huybrechts Isabelle	10.23	1996
14	Merino Noemie	10.35	2012
15	Bongwele Wula Jade	10.42	2015

#### 600 m

1	Strypstein Solena	2.11.01	2022
2	Schroeven Camille	2.20.25	2020
3	Arys Josephine	2.28.55	2022
4	Housiaux Lucie	2.36.12	2022
5	Cordier Guillick Maia	2.40.25	2022
6	Lolos Melina	2.42.13	2022
7	Ghesquiere Sophie	2.47.56	2022
8	Desager Alexandra	3.01.39	2022

#### 1000 m

1	Van De Sype Chloe	4.10.75	2006
2	Lecomte Christina	4.14.75	2007
3	Van Der Perren Jessica	4.18.03	2003
4	De Groote Estelle	4.32.92	2001
5	Montilla Morgane	4.34.94	2007
6	Van De Sype Chloe	4.36.25	2005
7	Huybrechts Isabelle	4.37.21	1995
8	Huybrechts Catherine	5.03.09	1995
9	Nicodeme Maelle	5.10.98	2005
10	Potemans Charlotte	5.13.59	2005

#### Hauteur

1	Van De Sype Chloe	1m10	2006
	Schroeven Camille	1m10	2020
3	Lambert Kylie	1m00	2013
4	Dolianitis Dina	1m09	1999
5	De Cooman Lea	1m05	2020
	Popescu Raissa	1m05	2020
7	Huybrechts Isabelle	1m04	1996
8	Van Der Perren Jessica	1m00	2003
	Dzou Lesly Kayla	1m00	2019
10	Mouzon Emmanuelle	0m95	2000
	Radermacher Sarah	0m95	2018
	Sibourg Celya	0m95	2018
13	Delplace Aurore	0m90	1995
	Huybrechts Catherine	0m90	1995
	Huygens Cloe	0m90	2012
	De Moulin Chloe	0m90	2020
	Medan Ivana	0m90	2020

#### Longueur

1	Van De Sype Chloe	3m51	2006
2	Lambert Kylie	3m40	2013
3	Lecomte Christina	3m39	2007
4	Dolianitis Dina	3m30	2000
5	Strypstein Solen	3m27	2022
6	Squiflet Emelynn	3m25	2019
7	Schroeven Camille	3m20	2020
8	Goutte Alexandra	2m94	2000
9	Van Der Perren Jessica	2m88	2003
10	Nicodeme Maelle	2m87	2006
	Popescu Raissa	2m87	2020
12	Potemans Charlotte	2m85	2005
13	Dzou Steffy Ann	2m83	2022
14	De Meyer Laurence	2m82	1997
15	Huybrechts Isabelle	2m80	1996
	Waegemans Ariane	2m80	2001

#### Poids (1 kg)

1	Dzou Lesly Kayla	7m71	2019
2	Squiflet Emmelynn	7m11	2019
3	Strypstein Solena	7m05	2022
4	Huybrechts Isabelle	7m04	1996
5	Lambert Kylie	6m86	2013
6	Van De Sype Chloe	6m85	2006
7	Hallems Julie	6m38	1993
8	Dolianitis Dina	6m13	2000
9	Sibourg Celya	6m05	2018
10	Taraft Romane	5m97	2012
11	Van Der Perren Jessica	5m92	2003
12	Merino Noemie	5m89	2012
	Wanyu Naomie	5m89	2019
14	Verhoeven Aurelie	5m80	1997
15	Montilla Morgane	5m69	2007

#### Triathlon

1	Huybrechts Isabelle	1092 p	1996
2	Delplace Aurore	752 p	1996
3	Sabbar Leila	486 p	1994
4	Gilson Anais	399 p	1994

#### Tetrathlon

1	Schroeven Camille	1174 p	2020
2	Lambert Kylie	1128 p	2013
3	Van De Sype Chloe	1066 p	2006
4	Nicodeme Maelle	548 p	2006
5	Beyaert Marine	114 p	2011

### PUPILLES FILLES

#### 40 m

1	Lambert Kylie	6.44	2014
2	Dewaele Laura	6.58	2016
3	Van Der Veken Cindy	6.70	2007
4	Tramoni Svenia	6.71	2016
5	Van Der Veken Noemie	6.75	2007
6	Dakir Maria	7.04	2014
7	Harifi Houda	7.18	2014
8	Ben Mohamed Lisa	7.24	1994
9	Huygens Cloe	7.32	2014
10	Hallems Julie	7.34	1996
11	Chraibi Sara	7.39	2016
	Huybrechts Isabelle	8.34	1996
13	Gilson Adeline	7.44	1994
14	Van Ex Elvira	7.52	2016
15	Taraft Elsa	7.57	2013

#### 50 m

1	Huybrechts Isabelle	9.04	1996
2	Delplace Aurore	9.34	1996
3	Gilson Anais	9.64	1996

#### 60 m

1	Lambert Kylie	8.89	2015
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## RESC TOP 15 INDOOR

2	Squiflet Emelynn	8.90	2020
3	Popescu Raisa Gabriela	9.07	2022
4	Kubiak Joanna	9.14	2017
5	Strypstein Maeva	9.18	2022
6	Dolianitis Dina	9.21	2001
7	Tshanga Diomi Roline	9.27	2015
8	Schroeven Camille	9.32	2022
9	Lecomte Christina	9.33	2009
10	Radermacher Sarah	9.36	2020
11	Van Der Veken Cindy	9.38	2007
12	Robert Emma	9.39	2009
13	Sweetlove Celine	9.40	2019
14	Medan Ivana	9.41	2022
15	Mouzon Emmanuelle	9.42	2002

### 1000 m

1	Iven Kayla	3.39.11	2013
2	Popescu Raisa Gabriela	3.41.84	2022
3	Mouzon Emmanuelle	3.42.05	2002
4	Lambert Kylie	3.42.11	2015
5	De Groote Estelle	3.48.45	2003
6	Schroeven Camille	3.48.93	2022
7	Montilla Morgane	3.50.16	2009
8	Kebdani Nadia	3.51.46	2000
9	Van Der Perren Jessica	3.52.59	2005
10	Nijs Juliette	3.52.68	2013
11	Gelabert Hulya	3.55.83	2009
12	Gilson Anaïs	3.55.97	1997
13	Strypstein Maeva	3.57.21	2022
14	Radermacher Sarah	3.57.38	2020
15	Sonon Aurore	3.58.70	1999

### 40 m haies (76 cm)

1	Lambert Kylie	7.81	2015
2	Wanyu Diane	10.88	2019

### 60 m haies (68 cm)

1	Strypstein Maeva	11.12	2022
2	Schroeven Camille	11.80	2022
3	Dzou Lesly Kayla	12.95	2020
4	Gerard Zoe	14.12	2022
5	Ngandeu Tchambia Alexandra	15.69	2020

### 60 m haies (76 cm)

1	Lambert Kylie	11.48	2015
2	Tshanga Diomi Roline	11.57	2015
3	Huybrechts Isabelle	12.14	1998
4	Lecomte Christina	12.47	2007
5	Van Der Veken Noemie	12.49	2008
6	Dolianitis Dina	12.69	2001
7	Van De Sype Chloe	12.83	2008
8	Meys Jessica	12.95	2001
9	Van Der Veken Cindy	13.04	2008
10	Robert Emma	13.08	2009
11	Potemans Charlotte	13.12	2006
12	Sibourg Celya	13.22	2020
13	Radermacher Sarah	13.37	2019
14	Sonon Aurore	13.49	1999
	Halewyck Marie	13.49	2005

### Hauteur

1	Van Der Veken Cindy	1m25	2008
	Tshanga Diomi Roline	1m25	2015
	Schroeven Camille	1m25	2022
	Strypstein Maeva	1m25	2022
5	Dolianitis Dina	1m23	2001
6	Dewaele Laura	1m21	2016
7	Hallems Julie	1m20	1995
	Huybrechts Isabelle	1m20	1997
	Van De Sype Chloe	1m20	2007
	Van Der Veken Noemie	1m20	2007
	Lecomte Christina	1m20	2009
	Radermacher Sarah	1m20	2020

13	Lambert Kylie	1m18	2015
14	Maridor Julie	1m15	1994
15	Gilson Adeline	1m10	1995
	Meys Jessica	1m10	2000
	Montilla Morgane	1m10	2009
	Dakir Maria	1m10	2014
	Huygens Cloe	1m10	2014
	Schroeven Camille	1m10	2020
	Sibourg Celya	1m10	2020

### Longueur

1	Popescu Raisa Gabriela	4m24	2022
2	Lecomte Christina	3m81	2007
	Van De Sype Chloe	3m81	2008
4	Schroeven Camille	3m80	2022
5	Radermacher Sarah	3m78	2020
6	Lambert Kylie	3m77	2015
7	Van Der Veken Noemie	3m76	2008
8	Dolianitis Dina	3m60	2001
9	Strypstein Maeva	3m59	2022
10	Kompany Christel	3m57	1995
11	Huybrechts Isabelle	3m55	1998
12	Medan Ivana	3m54	2022
13	Van Der Veken Cindy	3m52	2008
14	Meys Jessica	3m50	2001
15	Halewyck Marie	3m48	2005
	Mouzon Emmanuelle	3m48	2002

### Poids (2 kg)

1	Hasani Geraldina	9m87	2006
2	Popescu Raisa Gabriela	9m02	2022
3	Iven Kayla	7m83	2013
4	Mouzon Emmanuelle	7m54	2002
5	Van De Sype Chloe	7m53	2008
6	Huybrechts Isabelle	7m43	1998
7	Strypstein Maeva	7m17	2022
8	Hallems Julie	7m06	1996
9	Maridor Julie	6m98	1995
10	Lambert Kylie	6m90	2015
11	Huygens Cloe	6m86	2014
12	Sibourg Celya	6m56	2020
13	Radermacher Sarah	6m27	2020
14	De Meyer Laurence	6m21	1999
	Waegemans Ariane	6m21	2004

### Triathlon

1	Lambert Kylie	1303 p	2015
2	Hallems Julie	1188 p	1996
3	Gilson Adeline	919 p	1994
4	Huygens Cloe	917 p	2014
5	Ben Mohamed Lisa	881 p	1994

### Tetrathlon

1	Lambert Kylie	1666 p	2014
2	Strypstein Maeva	1608 p	2022
3	Radermacher Sarah	1513 p	2020
4	Schroeven Camille	1474 p	2022
5	Van De Sype Chloe	1379 p	2008
6	Van Der Veken Cindy	1376 p	2008
7	Van Der Veken Noemie	1295 p	2008
8	Iven Kayla	1262 p	2013
9	Huygens Cloe	1249 p	2014
10	Dzou Lesly Kayla	1096 p	2020
11	Gerard Zoe	1032 p	2022
12	Potemans Charlotte	1026 p	2007
13	Montilla Morgane	853 p	2008
14	Wanyu Naomie Belle	612 p	2020

### Pentathlon

1	Sibourg Celya	2379 p	2020
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MINIMES FILLES

## RESC TOP 15 INDOOR

### 40 m

1	Lambert Kylie	6.10	2017
2	Pontara Lisa	6.18	2016
3	Leonard Elise	6.21	2018
4	Taraft Ines	6.37	2012
5	Kubiak Joanna	6.40	2019
6	Vandenbrande Nathalie	6.44	1994
7	Leplat Anabelle	6.54	1994
8	Dewaele Laura	6.58	2016
9	Iven Kayla	6.59	2015
10	Aguza Vieira Olivia	6.66	2019
11	Van Der Veken Cindy	6.70	2007
12	Tramoni Svenia	6.71	2016
13	Montilla Morgane	6.73	2011
14	Gilson Aurore	6.74	1994
15	Van Der Veken Noemie	6.75	2007

### 50 m

1	Lambert Kylie	7.34	2017
2	Kill Françoise	8.04	1996
3	Kompany Christel	8.24	1996
4	Huybrechts Isabelle	9.04	1996
5	Delplace Aurore	9.34	1996
6	Gilson Anais	9.64	1996

### 60 m

1	Mpinga Mulowayi Alexia	8.29	2017
2	Lambert Kylie	8.34	2017
3	Squiflet Emelynn	8.37	2022
4	Carlot Sarah	8.43	2004
5	Pontara Lisa	8.51	2016
6	Yech Chou Safia	8.53	2014
	Leonard Elise	8.53	2018
8	Van Der Veken Cindy	8.55	2010
9	Taraft Ines	8.69	2012
0	Hostyn Priscilla	8.73	2003
11	Kompany Christel	8.81	1997
	Dzou Lesly Kayla	8.81	2022
13	Van Der Veken Noemie	8.87	2010
14	Lins Noemie	8.88	2007
15	Nijs Juliette	8.90	2016

### 150 m

1	Lambert Kylie	20.48	2017
2	Carlot Sarah	20.82	2004
3	Pontara Lisa	20.99	2016
4	Hostyn Priscilla	21.51	2003
5	Van Der Veken Cindy	21.66	2010
6	Mpinga Mulowayi Alexia	21.69	2017
7	Montilla Morgane	21.92	2011
8	Huybrechts Isabelle	22.03	2000
9	Lins Noemie	22.21	2007
10	Fomenko Lisa	22.29	2005
11	Van Der Veken Noemie	22.34	2010
12	Verick Ophelia	22.35	2007
13	Tshanga Diumba Robiane	22.35	2014
14	Badji Jalika	22.44	2009
15	Martinez Belen	22.49	1998

### 300 m

1	Lambert Kylie	45.41	2017
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### 1000 m

1	Iven Kayla	3.22.63	2015
2	De Groote Estelle	3.26.74	2006
3	Tshiasuma Jessie	3.27.25	2009
4	Montilla Morgane	3.28.13	2011
5	Kompany Christel	3.34.67	1997
6	De Groote Florence	3.35.94	2001
7	Carlot Sarah	3.36.00	2004
8	Huygens Cloe	3.40.17	2016
9	Popescu Raisa Gabriela	3.41.84	2022
10	Mouzon Emmanuelle	3.42.05	2002

11	Lambert Kylie	3.42.11	2015
12	Duffaut Lauranne	3.42.62	2000
13	Van Der Perren Jessica	3.42.80	2006
14	Gingreau Virginie	3.44.01	2000
15	Ruyssinck Kelly	3.45.16	1995

### 40 m haies (76 cm)

1	Lambert Kylie	7.06	2017
2	Gilson Aurore	8.14	1994
	Leplat Anabelle	8.14	1994
4	Vandenbrande Nathalie	8.34	1994
	Kompany Christel	8.34	1996
6	Leplat Severine	8.54	1994
	Kill Françoise	8.54	1996
8	Taraft Ines	8.55	2012
9	Aguza Vieira Olivia	8.68	2019
10	La Rou Cecile	9.04	1994
11	Legrand Julie	9.54	1994
12	Huygens Cloe	9.72	2015
13	El Boubsi Maryam	9.94	1996

### 50 m haies (65 cm)

1	Lambert Kylie	7.99	2017
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### 60 m haies (68 cm)

1	Squiflet Emelynn	10.06	2022
2	Sibourg Celya	10.90	2022
3	Mjahed Maya	10.96	2020
4	Strypstein Maeva	11.12	2022
5	Schroeven Camille	11.80	2022
6	Dzou Lesly Kayla	12.00	2022
7	Ngandeu Tchambia Brenda	12.02	2020
8	Gerard Emma	13.03	2020
9	Barry Diariou	13.28	2020
10	Gerard Zoe	14.12	2022
11	Frifra Kheira	14.35	2020
12	Ngandeu Tchambia Alexandra	15.69	2020

### 60 m haies (76 cm)

1	Lambert Kylie	9.70	2017
2	Van Der Veken Cindy	10.41	2010
3	Cincinatis Lucie	10.49	2003
4	Badji Jalika	10.64	2009
5	Huybrechts Isabelle	10.72	2000
6	Montilla Morgane	10.90	2011
7	De Groote Florence	10.93	2001
8	Carlot Sarah	10.98	2004
9	Van De Sype Chloe	11.02	2010
10	Henry Morgane	11.23	2012
11	Yech Chou Safia	11.26	2014
12	Van Der Veken Noemie	11.31	2009
13	Briand Celine	11.33	2010
14	Bonvin-Draps Nathalie	11.34	1993
	Hostyn Priscilla	11.34	2003

### Hauteur

1	Van Collie Heidi	1m55	1982
2	Huybrechts Isabelle	1m45	2000
3	Smith Cindi	1m40	1988
	Benachem Nisrine	1m40	2009
	Van Der Veken Cindy	1m40	2010
6	Hostyn Priscilla	1m37	2003
7	Frenay Anne	1m35	1988
	Vandenbrande Nathalie	1m35	1994
	Van Der Veken Noemie	1m35	2009
	Montilla Morgane	1m35	2011
	Henry Morgane	1m35	2012
	Squiflet Emelynn	1m35	2022
13	Archambeau Aline	1m31	2003
14	Mouzon Emmanuelle	1m30	2004
	Benachem Majdouline	1m30	2009
	Lambert Kylie	1m30	2016
	Pontara Lisa	1m30	2016

## RESC TOP 15 INDOOR

Leonard Elise	1m30	2018
Mjahed Maya	1m30	2020

### Longueur

1 Lambert Kylie	4m48	2017
Aguza Vieira Olivia	4m48	2019
3 Cincinatis Lucie	4m43	2003
4 Van Der Veken Cindy	4m41	2010
Pontara Lisa	4m41	2016
6 Hostyn Priscilla	4m40	2003
<b>7 Popescu Raisa Gabriela</b>	<b>4m24</b>	<b>2022</b>
<b>8 Squiflet Emelynn</b>	<b>4m22</b>	<b>2022</b>
9 Van De Sype Chloe	4m19	2010
10 Montilla Morgane	4m17	2011
11 Huybrechts Isabelle	4m15	2000
12 Gilson Adeline	4m04	1996
13 Ndiaye Marie Christine	3m99	2005
14 Mjahed Maya	3m98	2020
15 Kompany Christel	3m96	1997

### Perche

1 Van De Sype Chloe	2m02	2010
2 Lambert Kylie	1m82	2016
3 Huybrechts Isabelle	1m80	2000

### Poids (2 kg)

1 Iven Kayla	10m50	2015
2 Van De Sype Chloe	10m41	2010
3 Huybrechts Isabelle	10m35	2000
4 Mjahed Maya	10m14	2020
5 Hasani Geraldina	9m87	2006
6 Montilla Morgane	9m24	2011
7 Vandenbranden Nathalie	9m14	1994
8 Lins Noemie	9m02	2007
<b>Popescu Raisa Gabriela</b>	<b>9m02</b>	<b>2022</b>
10 Kompany Christel	8m76	1995
Carlot Sarah	8m76	2004
<b>12 Squiflet Emelynn</b>	<b>8m75</b>	<b>2022</b>
13 Kill Françoise	8m49	1996
Huygens Cloe	8m49	2016
15 Lambert Kylie	8m37	2017

### Triathlon

1 Kompany Christel	1729 p	1996
2 Lambert Kylie	1721 p	2017
3 Kill Françoise	1674 p	1996
4 El Bousby Mariam	1319 p	1996
5 Huygens Cloe	1309 p	2016

### Tetrathlon

1 Vandenbrande Nathalie	1941 p	1994
2 Leplat Anabelle	1725 p	1994
3 Gilson Aurore	1711 p	1994
4 Leplat Severine	1595 p	1994
5 Legrand Julie	1206 p	1994

### Pentathlon

1 Van Der Veken Cindy	2879 p	2010
2 Mjahed Maya	2641 p	2020
3 Van De Sype Chloe	2468 p	2010
4 Montilla Morgane	2385 p	2011
5 Khrauph Aya	1919 p	2020
6 Wanyu Diane Kylie	1859 p	2020
7 Cuypers Estelle	1113 p	2012

## CADETTES FILLES

### 60 m

1 Mpinga Mulowayi Alexia	8.02	2018
2 Carlot Sarah	8.15	2006
3 Clermont Nathalie	8.19	1991
4 Yech Chou Safia	8.21	2015
5 Leonard Elise	8.22	2020

6 Keita Aïssa	8.23	1996
7 Van Der Veken Cindy	8.26	2012
8 Dossey Jennifer Stefania	8.27	2019
9 Meys Jessica	8.28	2006
10 Sielinou Lisa	8.29	2018
11 Bonvin-Draps Nathalie	8.32	1995
Lins Noemie	8.32	2009
13 Kylie Lambert	8.34	2017
<b>14 Squiflet Emelynn</b>	<b>8.37</b>	<b>2022</b>
15 Mouzon Emmanuelle	8.39	2006

### 200 m

1 Carlot Sarah	26.72	2006
2 Smith Cindi	26.84	1990
3 Mpinga Mulowayi Alexia	27.08	2018
4 Sielinou Lisa	27.14	2018
5 Klai Abissa	27.25	2011
6 Leplat Anabelle	27.29	1996
7 Meys Jessica	27.44	2006
8 Camps Naomie	27.47	2017
9 Kohl Olivia	27.53	1988
10 Mouzon Emmanuelle	27.54	2006
11 La Rou Jennifer	27.58	1993
12 Fenay Anne	27.64	1990
Keita Aïssa	27.64	1996
14 Giuliani Alexandra	27.80	1997
15 Ciulla Debora	27.91	2003

### 300 m

1 Lambert Kylie	45.41	2017
2 Badji Jalika	46.21	2010
3 Mpinga Mulowayi Alexia	46.49	2018
4 Meys Jessica	47.04	2006
5 Van De Sype Chloe	47.14	2011
6 Taraft Ines	47.43	2013
7 Moons Margaux	47.59	2014
8 Bollie Laetitia	48.74	2006
9 Montilla Morgane	48.76	2013
10 Kubiak Joanna	48.82	2020
11 Cherkaoui Zineb	48.97	2018
12 Huygens Cloe	49.26	2017
13 Guisse Saliyya	49.56	2010
14 Mugerin Elisabeth	51.66	2016
15 Imbo Kristel	52.31	2010

### 400 m

1 Klai Anissa	60.92	2011
2 Dewavre Laurence	62.98	1991
3 Badji Jalika	63.03	2011
4 Dikoume Jaelle	64.57	2004
5 Sacre Laetitia	64.67	1995
6 Leplat Severine	64.95	1995
7 De Buyst Nadia	65.34	1988
8 Urbain Fanny	65.36	2001
<b>9 Lopez Gonzalez Chrystal</b>	<b>65.68</b>	<b>2022</b>
0 Montilla Morgane	66.09	2013
11 Hellemans Julie	66.19	2004
12 Daoudi Amira	66.38	2002
13 Merino Nohemi	66.82	2019
14 Silberfeld Sophie	66.93	2001
<b>15 Agacseven Lina</b>	<b>67.49</b>	<b>2022</b>

### 800 m

1 Tshiasuma Jessie	2.23.33	2011
2 Mouzon Emmanuelle	2.26.29	2005
3 Muls Camille	2.29.19	2014
4 Iven Kayla	2.30.34	2017
5 Adam Benedicte	2.30.90	1993
6 Dewitte Caroline	2.33.11	1997
7 Boussar Hanan	2.34.91	2001
8 Verriez Laura	2.36.36	2016
9 Codrea Beatrix	2.38.23	2006
10 Dardari Yasmine	2.39.01	2016

## RESC TOP 15 INDOOR

11	Van Der Perren Jessica	2.39.88	2009
12	Kompany Christel	2.39.91	1999
13	Huybrechts Isabelle	2.40.67	2002
14	Silberfeld Sophie	2.40.72	2001
15	Montilla Morgane	2.42.59	2013

### 1000 m

1	Iven Kayla	3.22.63	2015
2	Tshiasuma Jessie	3.23.34	2010
3	De Groote Estelle	3.26.74	2006
4	Montilla Morgane	3.28.13	2011
5	Codrea Beatrix	3.29.48	2006
6	Iven Kayla	3.30.50	2014
7	Vanden Broeck Nolwen	3.33.78	2006
8	Kompany Christel	3.34.67	1997
9	De Groote Florence	3.35.94	2001
10	Carlot Sarah	3.36.00	2004
11	Huygens Cloe	3.40.17	2016
12	Imbo Kristel	3.40.88	2010
13	Popescu Raisa Gabriela	3.41.84	2022
14	Mouzon Emmanuelle	3.42.05	2002
15	Huygens Cloe	3.42.11	2017

### 1500 m

1	Adam Benedicte	5.16.67	1993
2	Iven Kayla	5.19.20	2016
3	Codrea Beatrix	5.19.60	2006
4	Vanden Broeck Nolwen	5.25.52	2006
5	Boussar Hanan	5.38.71	2001
6	Van Der Perren Jessica	5.39.91	2008
7	Arnoeyts Sarah	5.42.77	1994
8	Imbo Kristel	5.57.11	2011

### 60 m haies (76 cm)

1	Kohl Olivia	9.13	1988
2	Mouzon Emmanuelle	9.25	2006
3	Smith Cindi	9.27	1990
4	Huybrechts Isabelle	9.40	2002
5	Kompany Christel	9.43	1999
6	Guillet Laurence	9.50	1995
7	Lambert Kylie	9.70	2017
8	Kill Françoise	9.72	1998
	Van Der Veken Noemie	9.72	2012
10	Frenay Anne	9.77	1990
11	Vlerick Ophelia	9.85	2009
12	Van Rossem Nicky	9.89	2007
13	Brion Sophie	9.90	2000
14	Vandenbrande Nathalie	9.92	1996
15	La Rou Jennifer	9.95	1993

### Hauteur

1	Van Collie Heidi	1m63	1983
2	Van Der Veken Cindy	1m56	2012
3	Golfa Sambay Clara	1m53	2017
4	Kompany Christel	1m48	1999
	Huybrechts Isabelle	1m48	2002
6	Vandenbranden Nathalie	1m45	1996
	Hostyn Priscilla	1m45	2004
	Archambeau Aline	1m45	2005
	Van Der Veken Noemie	1m45	2012
	Golfa Sambay Clara	1m45	2016
11	Mouzon Emmanuelle	1m41	2006
12	Vandenbroeck Elke	1m40	1993
	Benachem Nisrine	1m40	2009
	Lecomte Christina	1m40	2012
	Montilla Morgane	1m40	2012

### Longueur

1	Dossey Jennifer Stefania	5m41	2019
2	Hostyn Priscilla	5m23	2005
3	Van Collie Heidi	5m16	1984
4	Yech Chou Safia	5m14	2015
5	Kompany Christel	5m13	1999

6	Lecomte Christina	4m97	2012
7	Mouzon Emmanuelle	4m95	2006
	Lucas Clara	4m95	2019
9	Smith Cindi	4m84	1990
10	Carlot Sarah	4m83	2005
11	Lins Noemie	4m82	2007
12	Pontara Lisa	4m71	2017
13	Iven Kayla	4m69	2017
14	Mjahed Maya	4m64	2022
15	Brion Sophie	4m60	2000
	Archambeau Aline	4m60	2005

### Triple saut

1	Dossey Jennifer Stefania	11m64	2019
2	Kompany Christel	11m24	1999
3	Vandenbranden Nathalie	10m54	1996
4	Van Zeebroek Griet	10m06	1995
5	Yech Chou Safia	10m05	2016
6	Van De Sype Chloe	9m99	2011
7	Antipina Anastasia	9m95	1992
8	Sacre Laetitia	9m80	1995
9	Huybrechts Isabelle	9m55	2002
10	La Rou Jennifer	9m34	1992
11	Sudi Sauda Daniella	9m31	2014
12	Vanden Bergh Joy	9m06	2015
13	Van Der Veken Noemie	8m24	2011
14	Van Remoortel Anouchka	8m08	1995
15	Imbo Kristel	8m03	2010

### Perche

1	Van Zeebroek Griet	3m15	1995
2	Van De Sype Chloe	3m05	2012
3	Imbo Kristel	2m60	2011
4	Huybrechts Isabelle	2m40	2002
	Mouzon Emmanuelle	2m40	2005
6	Van Remoortel Anouchka	2m20	1995
7	Archambeau Aline	2m00	2005
8	Lambert Kylie	1m82	2016

### Poids (3 kg)

1	Mathieu Julia	14m62	2020
2	Kompany Christel	12m16	1999
3	Iven Kayla	11m27	2017
4	Mouzon Emmanuelle	10m98	2006
5	Waegemans Aurore	10m90	2004
6	Van De Sype Chloe	10m52	2012
	Mjahed Maya	10m52	2022
8	Huybrechts Isabelle	10m17	2002
9	Vandenbranden Nathalie	9m84	1996
10	Reynaerts Stephanie	9m78	1995
11	Madani Sarah	9m02	2012
12	Mayuma Marie	9m01	2022
13	Dewavre Laurence	8m95	1991
14	Montilla Morgane	8m67	2012
15	Merino Nohemi	8m65	2019
	Lucas Clara	8m65	2019

### Pentathlon

1	Mouzon Emmanuelle	3168 p	2006
2	Kompany Christel	3116 p	1999
3	Huybrechts Isabelle	2825 p	2002
4	Hostyn Priscilla	2703 p	2004
5	Archambeau Aline	2547 p	2005
6	Van De Sype Chloe	2502 p	2012
7	Montilla Morgane	2394 p	2013
8	Lucas Clara	2384 p	2019
9	Lins Noemie	1673 p	2008

## SCOLAIRES FEMMES

### 60 m

1	Van Der Veken Cindy	7.92	2014
2	La Rou Jennifer	7.94	1995

## RESC TOP 15 INDOOR

3	Kohl Olivia	7.96	1990
4	Leplat Severine	7.97	1998
	<b>Leonard Elise</b>	<b>7.97</b>	<b>2022</b>
6	Mpinga Mulowayi Alexia	8.02	2018
7	Clermont Nathalie	8.03	1992
8	Mouzon Emmanuelle	8.08	2008
9	Noel Nehemie Keysha	8.10	2015
10	Giuliani Alexandra	8.11	1999
11	Leplat Anabelle	8.14	1998
12	Keita Aïssa	8.15	1997
	Carlot Sarah	8.15	2006
14	Sende Patricia	8.19	2003
15	Yech Chou Safia	8.21	2015
	Schauwers Manon	8.21	2016

### 200 m

1	Van Der Veken Cindy	25.61	2014
2	La Rou Jennifer	25.76	1995
3	Leplat Severine	25.83	1998
4	Leplat Anabelle	25.88	1998
5	Schauwers Manon	26.17	2016
6	Noel Nehemie Keysha	26.18	2015
7	Mouzon Emmanuelle	26.27	2007
8	Giuliani Alexandra	26.61	1999
9	Sielinou Lisa	26.67	2019
10	Kohl Olivia	26.69	1990
11	Carlot Sarah	26.72	2006
12	Klai Anissa	26.79	2013
13	Smith Cindi	26.84	1990
14	Mpinga Mulowayi Alexia	27.08	2018
15	Sende Patricia	27.13	2003

### 300 m

1	Schauwers Manon	42.74	2015
2	Van Der Veken Cindy	43.14	2014
3	Martins Junior Magaly	44.25	2020
4	Badji Jalika	45.08	2012
5	Ralembert Fleurine	45.28	2012
6	Lambert Kylie	45.41	2017
7	Sielinou Lisa	46.32	2020
8	Mpinga Mulowayi Alexia	46.49	2018
9	Meys Jessica	47.04	2006
	Kassianoff Sylvie	47.04	2013
11	Van De Sype Chloe	47.14	2011
12	Taraft Ines	47.43	2012
13	Van Der Veken Noemie	47.46	2014
14	Lins Noemie	47.50	2010
15	Moons Margaux	47.59	2014

### 400 m

1	Leplat Severine	58.05	1997
2	Klai Anissa	59.78	2012
3	Leplat Anabelle	60.85	1998
4	Badji Jalika	62.70	2012
5	Van Damme Joelle	62.89	2009
6	Dewavre Laurence	62.98	1991
7	Adam Benedicte	64.57	1994
8	Dikoume Jaelle	64.57	2004
9	Kassianoff Sylvie	64.62	2012
10	Sacre Laetitia	64.67	1995
11	De Buyst Nadia	65.34	1988
12	Urbain Fanny	65.36	2001
13	Silberfeld Sophie	65.38	2004
14	<b>Lopez Gonzalez Chrystal</b>	<b>65.68</b>	<b>2022</b>
15	Montilla Morgane	66.09	2013

### 800 m

1	Muls Camille	2.17.13	2016
2	Joblin Marine	2.18.78	2019
3	Tshiasuma Jessie	2.19.97	2012
4	Van Den Bossche Inga	2.19.98	2017
5	Schauwers Manon	2.21.19	2015
6	Cawet Daphne	2.22.09	1997

7	Delbecque Laure	2.26.27	1997
8	Mouzon Emmanuelle	2.26.29	2005
9	<b>Kagu Gerta</b>	<b>2.28.00</b>	<b>2022</b>
10	Dewitte Caroline	2.29.67	1998
11	Hadj Faraji Soraya	2.30.31	2016
12	Iven Kayla	2.30.34	2017
13	Adam Benedicte	2.30.90	1993
14	Murerwa Larissa	2.33.10	2011
15	Kizito Prisca	2.34.70	2018

### 1000 m

1	Tshiasuma Jessie	3.16.82	2012
2	Muls Camille	3.17.44	2016
3	Boussar Hanan	3.18.74	2002
4	Iven Kayla	3.22.63	2015
5	De Groote Estelle	3.26.74	2006
6	Montilla Morgane	3.28.13	2011
7	Codrea Beatrix	3.29.48	2006
8	Vanden Broeck Nolwen	3.33.78	2006
9	Kompany Christel	3.34.67	1997
10	De Groote Florence	3.35.94	2001
11	Carlot Sarah	3.36.00	2004
12	Huygens Cloe	3.40.17	2016
13	Imbo Kristel	3.40.88	2010
14	<b>Popescu Raisa Gabriela</b>	<b>3.41.84</b>	<b>2022</b>
15	Mouzon Emmanuelle	3.42.05	2002

### 1500 m

1	Van Den Bossche Inga	4.51.47	2017
2	Tshiasuma Jessie	5.01.40	2013
3	Haouari Farrah	5.15.87	2020
4	Adam Benedicte	5.16.67	1993
5	Boussar Hanan	5.17.08	2004
6	Iven Kayla	5.19.20	2016
7	Codrea Beatrix	5.19.60	2006
8	Cawet Daphne	5.22.84	1996
9	Vanden Broeck Nolwen	5.22.89	2007
10	Nachtergal Marine	5.25.03	2019
11	Van Der Perren Jessica	5.39.91	2008
12	Arnoeyts Sarah	5.42.77	1994
13	Kurza Klaudia	5.44.13	2019
14	Imbo Kristel	5.57.11	2011
15	Badibanga Betelu Natale	6.14.94	2014

### 60 m haies (76 cm)

1	Mouzon Emmanuelle	8.78	2008
2	Kohl Olivia	8.83	1990
3	Clermont Nathalie	8.87	1992
4	Schauwers Manon	8.93	2016
5	Guillet Laurence	9.24	1997
6	La Rou Jennifer	9.33	1993
7	Huybrechts Isabelle	9.37	2004
8	Van Den Eede Isabelle	9.46	1992
9	Guisse Saliyya	9.47	2012
10	Caty Emeline	9.52	2015
11	Brion Sophie	9.61	2002
12	Van Rossem Nicky	9.65	2008
13	Ralembert Fleurine	9.68	2013
14	Lambert Kylie	9.70	2017
15	Kill Françoise	9.72	1998
	Kompany Chistel	9.72	2000
	Van Der Veken Noemie	9.72	2012

### Hauteur

1	Ruell Natascha	1m65	1988
	Schauwers Manon	1m65	2015
3	Van Collie Heidi	1m63	1983
	Golfa Sambay Clara	1m63	2019
	Viaene Luna	1m63	2019
6	Kompany Christel	1m60	2000
7	Archambeau Aline	1m57	2007
8	Van Der Veken Cindy	1m56	2012
	Kizito Prisca	1m56	2018

## RESC TOP 15 INDOOR

10	Vlerick Ophelia	1m50	2010
11	Huybrechts Isabelle	1m48	2002
12	Vandenbranden Nathalie	1m45	1996
	Van Zeebroeck Griet	1m45	1996
	Hostyn Priscilla	1m45	2004
	Mouzon Emmanuelle	1m45	2007
	Van Rossem Nicky	1m45	2007
	Van Der Veken Noemie	1m45	2012

### Longueur

1	Van Collie Heidi	5m66	1985
2	Kompany Christel	5m55	2000
3	Schauwers Manon	5m47	2016
4	Dossey Jennifer Stefania	5m41	2019
5	Mouzon Emmanuelle	5m36	2008
6	Lucas Clara	5m25	2020
7	De Cock Aline	5m23	1999
	Hostyn Priscilla	5m23	2005
	Ralembert Fleurine	5m23	2014
10	Yech Chou Safia	5m14	2015
11	Lins Noemie	5m11	2011
12	Malfait Maritza	5m06	1985
13	Kassianoff Sylvie	4m99	2012
14	Lecomte Christina	4m97	2012
15	Archambeau Aline	4m95	2007

### Triple saut

1	Dossey Jennifer Stefania	11m90	2020
2	Kompany Christel	11m75	2000
3	De Cock Aline	11m19	1999
4	Van De Sype Chloe	10m92	2014
5	Guisse Saliyya	10m62	2012
6	Vandenbranden Nathalie	10m54	1996
7	Fomenko Lisa	10m42	2008
8	Van Zeebroeck Griet	10m09	1996
9	Yech Chou Safia	10m05	2016
10	Lecomte Christina	10m02	2014
11	Antipina Anastasia	9m95	1992
12	Vandenbroeck Elke	9m84	1994
13	Sacre Laetitia	9m80	1995
14	Huybrechts Isabelle	9m55	2002
15	Sudi Sauda Daniella	9m51	2016

### Perche

1	Van Zeebroeck Griet	3m30	1995
2	Van De Sype Chloe	3m20	2014
3	Fonteyn Astrid	2m80	1996
	Imbo Kristel	2m80	2012
5	Mouzon Emmanuelle	2m75	2006
6	Huybrechts Isabelle	2m40	2002
7	Lacasse Camille	2m30	2016
8	Kizito Prisca	2m25	2018
9	Van Remoortel Anouchka	2m20	1995
10	Archambeau Aline	2m00	2005
11	Lambert Kylie	1m82	2016
12	Delforge Pauline	1m81	2022
13	Boulaich Kawtar	1m77	2018

### Poids (3 kg)

1	Mathieu Julia	14m62	2020
2	Iven Kayla	12m22	2019
3	Kompany Christel	12m16	1999
4	Reynaerts Stephanie	11m98	1996
5	Schauwers Manon	11m08	2015
6	Mouzon Emmanuelle	10m98	2006
7	Waegemans Aurore	10m90	2004
8	Van De Sype Chloe	10m63	2014
9	Mjahed Maya	10m52	2022
10	Madani Sarah	10m45	2015
11	Huybrechts Isabelle	10m17	2002
12	Adam Benedicte	10m12	1994
13	Vandenbranden Nathalie	9m84	1996
14	Kizito Prisca	9m42	2018

15	Montilla Morgane	9m08	2014
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### Poids (4 kg)

1	Hallems Julie	11m08	2002
2	Mouzon Emmanuelle	10m76	2008
3	Archambeau Aline	10m15	2007
4	Kompany Christel	9m70	2000
5	Huybrechts Isabelle	9m59	2004
6	De Meyer Laurence	9m21	2004
7	Lins Noemie	7m90	2010
8	De Groote Florence	7m72	2005
9	Adank Olivia	7m59	2001
10	Vlerick Ophelia	7m28	2010
11	Olivier Amandine	7m12	2002
12	Guisse Shaena	7m10	2010
13	Spironello Helene	5m29	2007

### Pentathlon

1	Schauwers Manon	3629 p	2016
2	Mouzon Emmanuelle	3189 p	2008
3	Kompany Christel	3145 p	2000
4	Archambeau Aline	2981 p	2007
5	Huybrechts Isabelle	2786 p	2004
6	Vandenbranden Nathalie	2759 p	1997
7	Kizito Prisca	2699 p	2018
8	Vlerick Ophelia	2489 p	2010
9	Lins Noemie	2287 p	2010
10	Guisse Saliyya	2275 p	2012
11	De Groote Florence	2257 p	2005

## JUNIORS FEMMES

### 60 m

1	Van Der Veken Cindy	7.73	2015
2	Politi Eirini Tara	7.89	2020
3	La Rou Jennifer	7.94	1995
4	Kohl Olivia	7.96	1990
5	Leplat Severine	7.97	1998
	<b>Leonard Elise</b>	<b>7.97</b>	<b>2022</b>
7	Guisse Saliyya	8.01	2015
8	Klai Anissa	8.02	2014
	Mpinga Mulowayi Alexia	8.02	2018
0	Clermont Nathalie	8.03	1992
11	Mouzon Emmanuelle	8.08	2008
12	Noel Nehemie Keysha	8.10	2015
13	Adam Benedicte	8.11	1997
	Giuliani Alexandra	8.11	1999
15	Diwani Alison	8.12	2011

### 200 m

1	Van Der Veken Cindy	24.80	2015
2	La Rou Jennifer	25.76	1995
3	Leplat Severine	25.83	1998
4	Politi Eirini Tara	25.87	2020
5	Leplat Anabelle	25.88	1998
	Klai Anissa	25.88	2014
7	Schauwers Manon	26.00	2017
8	Noel Nehemie Keysha	26.18	2015
9	Vandendriessche Nadine	26.25	1983
10	Mouzon Emmanuelle	26.27	2007
11	Adam Benedicte	26.31	1996
12	Van Der Veken Noemie	26.58	2015
13	Giuliani Alexandra	26.59	2000
14	Sielinou Lisa	26.67	2019
15	Kohl Olivia	26.69	1990

### 300 m

1	Schauwers Manon	41.76	2018
2	Van Der Veken Cindy	43.14	2014
3	Martins Junior Magaly	44.25	2020
4	Kassianoff Sylvie	44.89	2014
5	Badji Jalika	45.08	2012
6	Ralembert Fleurine	45.28	2013

## RESC TOP 15 INDOOR

7	Lambert Kylie	45.41	2017
8	Sielinou Lisa	46.32	2020
9	Mpinga Mulowayi Alexia	46.49	2018
10	Meys Jessica	47.04	2006
11	Van De Sype Chloe	47.14	2011
12	Taraft Ines	47.43	2012
13	Van Der Veken Noemie	47.46	2014
14	Lins Noemie	47.50	2010
15	Moons Margaux	47.59	2014

### 400 m

1	Adam Benedicte	57.60	1997
2	Leplat Severine	58.05	1997
3	Schauwers Manon	58.21	2018
4	Klai Anissa	58.55	2014
5	La Rou Jennifer	59.18	1996
6	Malfait Maritza	60.26	1988
7	Miri Yasmina	60.30	2012
8	Leplat Anabelle	60.85	1998
9	Kassianoff Sylvie	61.58	2014
10	Beckers Myriam	61.91	1985
11	Badji Jalika	62.70	2012
12	Van Damme Joelle	62.89	2009
13	Dewavre Laurence	62.98	1991
14	De Buyst Nadia	64.54	1991
15	Dikoume Jaelle	64.57	2004

### 800 m

1	Muls Camille	2.09.93	2018
2	Joblin Marine	2.16.27	2020
3	Cawet Daphne	2.16.78	1998
4	Tshiasuma Jessie	2.19.97	2012
5	Van Den Bossche Inga	2.19.98	2017
6	Schauwers Manon	2.21.19	2015
7	Delbecque Laure	2.26.27	1997
8	Mouzon Emmanuelle	2.26.29	2005
9	Barhdadi Lina	2.27.23	2016
10	Kagu Gerta	2.28.00	2022
11	Nachtergal Marine	2.29.08	2020
12	Dewitte Caroline	2.29.67	1998
13	Hadj Faraji Soraya	2.30.31	2016
14	Iven Kayla	2.30.34	2017
15	Adam Benedicte	2.30.90	1993

### 1000 m

1	Tshiasuma Jessie	3.16.82	2013
2	Muls Camille	3.17.44	2016
3	Boussar Hanan	3.18.74	2002
4	Iven Kayla	3.22.63	2015
5	De Grootte Estelle	3.26.74	2006
6	Montilla Morgane	3.28.13	2011
7	Codrea Beatrix	3.29.48	2006
8	Vanden Broeck Nolwen	3.33.78	2006
9	Kompany Christel	3.34.67	1997
10	De Grootte Florence	3.35.94	2001
11	Carlot Sarah	3.36.00	2004
12	Huygens Cloe	3.40.17	2016
13	Imbo Kristel	3.40.88	2010
14	Popescu Raisa Gabriela	3.41.84	2022
15	Mouzon Emmanuelle	3.42.05	2002

### 1500 m

1	Muls Camille	4.32.85	2018
2	Tshiasuma Jessie	4.56.86	2015
3	Barhdadi Lina	5.12.46	2016
4	Goethals Lutgard	5.14.94	2020
5	Haouari Farrah	5.15.87	2020
6	Adam Benedicte	5.16.67	1993
7	Boussar Hanan	5.17.08	2004
8	Iven Kayla	5.19.20	2016
9	Codrea Beatrix	5.19.60	2006
10	Cawet Daphne	5.22.84	1996
11	Vanden Broeck Nolwen	5.22.89	2007

12	Nachtergal Marine	5.25.03	2019
13	Van Der Perren Jessica	5.39.91	2008
14	Arnoeyts Sarah	5.42.77	1994
15	Kurza Klaudia	5.44.13	2019

### Mile

1	Vanden Broeck Nolwen	6.09.23	2008
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### 3000 m

1	Collard Veronique	9.58.56	1982
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### 60 m haies (84 cm)

1	Kohl Olivia	8.82	1991
2	Mouzon Emmanuelle	9.05	2009
3	Guillet Laurence	9.17	1999
4	Schauwers Manon	9.22	2017
5	Clermont Nathalie	9.31	1994
6	Van Den Eede Isabelle	9.43	1992
7	Caty Emeline	9.72	2016
8	Locrel Anne-Julie	9.74	2004
9	Brion Sophie	9.82	2003
10	Kompany Christel	10.16	1999
11	Montilla Morgane	11.66	2016
12	Suročaj Loreta	11.94	2022

### Hauteur

1	Marloye Nadine	1m65	1977
	Ruell Natascha	1m65	1988
	Schauwers Manon	1m65	2015
4	Van Collie Heidi	1m63	1983
	Golfa Sambay Clara	1m63	2019
	Viaene Luna	1m63	2019
7	Kompany Christel	1m60	2000
8	Golfa Sambay Clara	1m59	2018
9	Archambeau Aline	1m57	2007
0	Van Der Veken Cindy	1m56	2012
	Kizito Prisca	1m56	2018
12	Locrel Anne-Julie	1m55	2004
13	Sustelo Irina	1m50	2002
	Mouzon Emmanuelle	1m50	2008
	Vlerick Ophelia	1m50	2010

### Longueur

1	Van Collie Heidi	5m73	1987
2	Guisse Saliyya	5m63	2015
3	Kompany Christel	5m55	2000
4	Schauwers Manon	5m47	2016
5	Mouzon Emmanuelle	5m46	2009
6	Dossey Jennifer Stefania	5m41	2019
	Golfa Sambay Clara	5m41	2019
8	Malfait Maritza	5m37	1987
9	Lucas Clara	5m34	2022
10	De Cock Aline	5m23	1999
	Hostyn Priscilla	5m23	2005
	Ralembert Fleurine	5m23	2014
13	Sustelo Irina	5m21	2001
14	Yech Chou Safia	5m14	2015
	Kizito Julia	5m14	2019

### Triple saut

1	Dossey Jennifer Stefania	11m90	2020
2	Kompany Christel	11m75	2000
3	Ombeni Rachel	11m69	2020
4	Guisse Saliyya	11m66	2015
5	De Cock Aline	11m30	2000
6	Caty Emeline	11m15	2016
7	Van De Sype Chloe	10m92	2014
8	Lucas Clara	10m80	2022
9	Vandenbranden Nathalie	10m54	1996
10	Fomenko Lisa	10m42	2008
11	Van Zeeboeck Griet	10m09	1996
12	Yech Chou Safia	10m05	2016
13	Lecomte Christina	10m02	2014

## RESC TOP 15 INDOOR

14	Antipina Anastasia	9m95	1992
	Vanden Bergh Joy	9m95	2019

### Perche

1	Quirin Margaux	4m10	2014
2	Van Zeebroeck Griet	3m30	1996
3	Van De Sype Chloe	3m20	2014
4	Fonteyn Astrid	2m80	1996
	Imbo Kristel	2m80	2012
6	Mouzon Emmanuelle	2m75	2006
7	Vlerick Ophelia	2m42	2013
8	Huybrechts Isabelle	2m40	2002
9	Lacasse Camille	2m30	2016
10	Kizito Prisca	2m25	2018
11	Van Remoortel Anouchka	2m20	1995
12	Beyaert Amelie	2m05	2018
13	Archambeau Aline	2m00	2005
14	Lambert Kylie	1m82	2016
15	Delforge Pauline	1m81	2022

### Poids (4 kg)

1	Sustelo Irina	13m16	2002
2	Reynaerts Stephanie	11m57	1999
3	Hallemaans Julie	11m08	2002
4	Mouzon Emmanuelle	10m76	2008
5	Iven Kayla	10m56	2020
6	Archambeau Aline	10m15	2007
7	Madani Sarah	10m09	2016
8	Adam Benedicte	9m89	1996
9	Kompany Christel	9m70	2000
10	Huybrechts Isabelle	9m59	2004
11	Locrel Anne-Julie	9m30	2004
12	De Meyer Laurence	9m21	2004
13	Guisse Shaena	9m04	2013
14	Van De Sype Cloe	8m94	2016
15	Montilla Morgane	8m79	2016

### Triathlon

1	Guisse Saliyya	1914 p	2015
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### Pentathlon

1	Mouzon Emmanuelle	3426 p	2009
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### SENIORS FEMMES

#### 60 m

1	Zagre Anne	7.47	2022
2	Oulare Mariam	7.51	2022
3	Carette Anne	7.57	1993
4	Morency Poilvache Alizee	7.63	2022
5	Nagels Rani	7.65	2016
6	Van Der Veken Cindy	7.70	2017
7	Devrye Corine	7.71	1993
8	Gharafi Yasmine	7.82	2017
9	Guisse Saliyya	7.84	2018
10	Politi Eirini Tara	7.89	2020
11	La Rou Jennifer	7.94	1995
12	Kohl Olivia	7.95	1993
13	Guillet Laurence	7.96	2006
14	Leplat Severine	7.97	1998
	Badji Jalika	7.97	2018
	Leonard Elise	7.97	2022

#### 200 m

1	Morency Poilvache Alizee	24.16	2022
2	Nagels Rani	24.35	2016
3	Oulare Mariam	24.44	2022
4	Claes Hanne	24.61	2018
5	Van Der Veken Cindy	24.80	2015
6	Badji Jalika	25.15	2022
7	La Rou Jennifer	25.76	1995
8	Leplat Severine	25.83	1998
9	Politi Eirini Tara	25.87	2020

10	Leplat Anabelle	25.88	1998
	Klai Anissa	25.88	2014
12	Vereecke Hanna	25.92	2020
13	Schauwers Manon	26.00	2017
14	Guillet Laurence	26.13	2006
15	Noel Nehemie Keysha	26.18	2015

#### 300 m

1	Claes Hanne	38.28	2018
2	Nagels Rani	38.73	2016
3	Schauwers Manon	41.76	2018
4	Dewitte Valerie	42.61	2006
5	Gillet Delphine	42.79	2015
6	Van Der Veken Cindy	43.14	2014
7	Adam Benedicte	43.76	2006
8	Martins Junior Magaly	44.25	2020
9	Kassianoff Sylvie	44.89	2014
10	Badji Jalika	45.08	2012
11	Ralembert Fleurine	45.28	2013
12	Lambert Kylie	45.41	2017
13	Simons Lina	45.78	2018
14	Sielinou Lisa	46.32	2020
15	Mpinga Mulowayi Alexia	46.49	2018

#### 400 m

1	Claes Hanne	53.66	2019
2	Vereecke Hanna	56.72	2020
3	Badji Jalika	56.75	2019
4	Gillet Delphine	57.08	2018
5	Adam Benedicte	57.60	1997
6	Leplat Severine	58.05	1997
7	Schauwers Manon	58.21	2018
8	Klai Anissa	58.55	2014
9	La Rou Jennifer	59.18	1996
10	Dewitte Valerie	59.28	2008
11	Guillet Laurence	59.39	2010
12	Malfait Maritza	60.26	1988
13	Miri Yasmina	60.30	2012
14	Nkumu Bakuba Nancy	60.73	2018
15	Leplat Anabelle	60.85	1998

#### 600 m

1	Nagels Rani	1.30.44	2016
2	Strypstein Solena	2.11.01	2022
3	Schroeven Camille	2.20.25	2020
4	Arys Josephine	2.28.55	2022
5	Housiaux Lucie	2.36.12	2022
6	Cordier Guillick Maia	2.40.25	2022
7	Lolos Melina	2.42.13	2022
8	Ghesquiere Sophie	2.47.56	2022
9	Desager Alexandra	3.01.39	2022

#### 800 m

1	Muls Camille	2.05.42	2020
2	Nagels Rani	2.09.60	2016
3	Gillet Delphine	2.10.53	2018
4	Joblin Marine	2.14.41	2022
5	Cawet Daphne	2.16.78	1998
6	Pinter Eline	2.17.54	2022
7	Adam Benedicte	2.18.99	2008
8	Tshiasuma Jessie	2.19.85	2016
9	Van Den Bossche Inga	2.19.98	2017
10	Schauwers Manon	2.21.19	2015
11	Cardenas Ojito Janet	2.26.12	2013
12	Delbecque Laure	2.26.27	1997
13	Mouzon Emmanuelle	2.26.29	2005
14	Barhdadi Lina	2.27.23	2016
15	Kagu Gerta	2.28.00	2022

#### 1000 m

1	Laurent Agnes	2.48.97	2017
2	Chylinski Marta	2.59.95	2020
3	Tshiasuma Jessie	3.11.51	2016

## RESC TOP 15 INDOOR

4	Muls Camille	3.17.44	2016
5	Boussar Hanan	3.18.74	2002
6	Cardenas Ojito Janet	3.22.16	2014
7	Iven Kayla	3.22.63	2015
8	De Grootte Estelle	3.26.74	2006
9	Montilla Morgane	3.28.13	2011
10	Codrea Beatrix	3.29.48	2006
11	Vanden Broeck Nolwen	3.33.78	2006
12	Kompany Christel	3.34.67	1997
13	De Grootte Florence	3.35.94	2001
14	Carlot Sarah	3.36.00	2004
15	Huygens Cloe	3.40.17	2016

### 1500 m

1	Meersseman Geertje	4.18.2	1977
2	Muls Camille	4.27.28	2019
3	Steels Mimi	4.29.27	1981
4	Laurent Agnes	4.30.08	2014
5	Chylinski Marta	4.40.68	2020
6	Delauw Patricia	4.44.46	1986
7	Van Den Bossche Inga	4.51.47	2017
8	Tshiasuma Jessie	4.56.86	2015
9	Cawet Daphne	5.09.35	2003
10	Barhdadi Lina	5.12.46	2016
11	Goethals Lutgard	5.14.94	2020
12	Haouari Farrah	5.15.87	2020
13	Adam Benedicte	5.16.67	1993
14	Boussar Hanan	5.17.08	2004
15	Iven Kayla	5.19.20	2016

### Mile

1	Pinter Eline	4.59.94	2022
2	Laurent Agnes	5.06.51	2016
3	Tshiasuma Jessie	5.26.00	2016
4	Vanden Broeck Nolwen	6.09.23	2009

### 3000 m

1	Steels Mimi	9.51.3	1980
2	Meersseman Geertje	9.57.3	1980
3	Collard Veronique	9.58.56	1982
4	Pinter Eline	9.59.92	2022
5	Collard Florence	10.49.31	2004

### 60 m haies (84 cm)

1	Zagre Anne	7.98	2017
2	Devrye Corine	8.39	1991
3	Kohl Olivia	8.57	1993
4	Guillet Laurence	8.74	2006
5	Schauwers Manon	8.86	2019
6	Van Eerdewegh Nicole	9.04	1979
	Jaime Suzanne	9.04	1988
8	Mouzon Emmanuelle	9.05	2009
9	Guisse Saliyya	9.19	2016
10	Hostyn Priscilla	9.81	2011
11	Clermont Nathalie	9.31	1994
12	Hautenove Jacqueline	9.43	1985
	Van Den Eede Isabelle	9.43	1992
14	Locrel Anne-Julie	9.74	2004
15	Brion Sophie	9.82	2003

### Hauteur

1	Jonckheer Natalja	1m95	1995
2	Soetewey Chris	1m90	1982
3	Marloye Nadine	1m70	1978
4	Ruell Natascha	1m65	1988
	Schauwers Manon	1m65	2015
	Thiebot Oceane	1m65	2022
7	Van Collie Heidi	1m63	1983
	Archambeau Aline	1m63	2013
	Golfa Sambay Clara	1m63	2019
	Viaene Luna	1m63	2019
11	Kompany Christel	1m60	2000
12	Van Der Veken Cindy	1m56	2012

	Kizito Prisca	1m56	2018
14	Devrye Corine	1m55	1990
	Locrel Anne Julie	1m55	2004

### Longueur

1	Devrye Corine	6m08	1990
2	Guisse Saliyya	6m01	2019
3	Van Collie Heidi	5m90	1990
4	Hostyn Priscilla	5m60	2012
5	Hautenove Jacqueline	5m58	1985
6	Malfait Maritza	5m56	1989
7	Kompany Christel	5m55	2000
8	Schauwers Manon	5m47	2016
9	Mouzon Emmanuelle	5m46	2009
10	Jaime Suzanne	5m45	1988
11	Dossey Jennifer Stefania	5m41	2019
12	Kizito Prisca	5m38	2022
13	Bonvin-Draps Nathalie	5m35	2006
14	Lucas Clara	5m34	2022
15	Marloye Nadine	5m28	1978
	Muyls Jacqueline	5m28	1984

### Triple saut

1	Guisse Saliyya	13m17	2019
2	Ombeni Rachel	12m61	2022
3	Van Collie Heidi	12m50	1990
4	Dossey Jennifer Stefania	11m90	2020
5	Kompany Christel	11m75	2000
6	Muyls Jacqueline	11m41	1992
7	De Cock Aline	11m30	2000
8	Caty Emeline	11m15	2016
9	Van De Sype Chloe	10m92	2014
10	Lucas Clara	10m80	2022
11	Vandenbranden Nathalie	10m54	1996
12	Fomenko Lisa	10m42	2008
13	Adam Benedicte	10m39	2014
14	Van Zeebroeck Griet	10m09	1996
15	Yech Chou Safia	10m05	2016

### Perche

1	Henry Chloe	4m33	2021
2	Quirin Margaux	4m10	2014
3	Marx Inge	3m62	1991
4	Van De Sype Chloe	3m38	2020
5	Van Zeebroeck Griet	3m30	1995
6	Lilien Anouk	3m03	2009
7	Fonteyn Astrid	2m80	1996
	Imbo Kristel	2m80	2012
9	Mouzon Emmanuelle	2m75	2006
10	Poli Irene	2m42	2013
	Vlerick Ophelia	2m42	2013
12	Huybrechts Isabelle	2m40	2002
13	Lacasse Camille	2m30	2016
14	Kizito Prisca	2m25	2018
15	Van Remoortel Anouchka	2m20	1995

### Poids (4 kg)

1	Boumkwo Jolien	14m60	2019
2	Sustelo Irina	13m16	2002
3	Devos An	12m43	1987
4	Reynaerts Stephanie	11m57	1999
5	Kandi Masakidi Amandine	11m44	2017
6	Adam Benedicte	11m10	2016
7	Hallems Julie	11m08	2002
8	Iven Kayla	10m81	2022
9	Mouzon Emmanuelle	10m76	2008
10	Bee Delphine	10m59	2020
11	Archambeau Aline	10m15	2007
12	Madani Sarah	10m09	2016
13	Marx Inge	9m84	1991
14	Kompany Christel	9m70	2000
15	Huybrechts Isabelle	9m59	2004

## RESC TOP 15 INDOOR

Triathlon		
1	Guillet Laurence	1549 p 2017
2	Guisse Shaena	1289 p 2015

  

Pentathlon		
1	Devrye Corine	3558 p 1990
2	Mouzon Emmanuelle	3426 p 2009
3	Guillet Laurence	3081 p 2005
4	Archambeau Aline	3039 p 2013
5	Brion Sophie	1582 p 2006

  

3 km marche		
1	Coukard Deborah	21.06.57 2014

### MASTERS FEMMES

60 m		
1	Devrye Corine	7.91 1995
2	Guillet Laurence	8.15 2016
3	Cardenas Ojito Janet	8.76 2012
4	Boonaert Caroline	8.85 2015
5	Bonvin Draps Nathalie	8.95 2019
6	Debaillie Isabelle	9.48 2012
7	De Buyst Nadia	9.77 2012
8	Antoine Cecile	10.46 2012

  

200 m		
1	Guillet Laurence	27.08 2016
2	Nkumu Bakuba Nancy	27.88 2018
3	Cardenas Ojito Janet	28.79 2012
4	Bonvin Draps Nathalie	29.14 2017
5	Boonaert Caroline	29.94 2017

  

300 m		
1	Cardenas Ojito Janet	47.32 2014
2	Bonvin Draps Nathalie	47.50 2017

  

400 m		
1	Nkumu Bakuba Nancy	60.73 2018
2	Cardenas Ojito Janet	63.46 2015
3	Debaillie Isabelle	73.32 2013

  

800 m		
1	Cardenas Ojito Janet	2.26.12 2013
2	Debaillie Isabelle	2.58.78 2012

  

1000 m		
1	Cardenas Ojito Janet	3.22.16 2014

  

1500 m		
1	Collard Florence	4.55.67 2007
2	Cardenas Ojito Janet	5.29.06 2014

  

3000 m		
1	Collard Florence	10.49.31 2004

  

60 m haies (76 cm)		
1	Cardenas Ojito Janet	12.40 2015

  

60 m haies (84 cm)		
1	Guillet Laurence	9.03 2016
2	Zrelli Darsaf	11.44 2022
3	Cardenas Ojito Janet	11.56 2013
4	Debaillie Isabelle	11.72 2012

  

Hauteur		
1	Cardenas Ojito Janet	1m45 2012
2	Debaillie Isabelle	1m25 2012

  

Longueur		
1	Devrye Corine	5m82 1995

2	Guillet Laurence	4m72 2017
3	Bonvin Draps Nathalie	4m67 2017
4	Nkumu Bakuba Nancy	4m58 2014
5	Cardenas Ojito Janet	3m96 2012
6	Debaillie Isabelle	3m14 2012

### Triple saut

1	Zrelli Darsaf	8m82 2022
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### Poids (4 kg)

1	Adam Benedicte	11m10 2016
2	Bee Delphine	10m59 2020
3	Reynaerts Stephanie	10m10 2018
4	Debaillie Isabelle	7m76 2012
5	De Buyst Nadia	7m55 2012
6	Guillet Laurence	7m35 2017
7	Cardenas Ojito Janet	7m32 2015
8	Karin Bosson	5m73 2006
9	Milants Marilyn	5m31 2012

### Triathlon W35

1	Guillet Laurence	1549 p 2017
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### Pentathlon W35

1	Cardenas Ojito Janet	2346 p 2012
2	Debaillie Isabelle	1822 p 2012

### Pentathlon W40

1	Cardenas Ojito Janet	2508 p 2015
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### BENJAMINS GARÇONS

#### 40 m

1	Ben Ahmed Yanis	7.01 2019
2	Arifi Rayane	7.04 2016
3	Poortman Matheo	7.16 2016
4	Vrebos Stephane	7.24 1992
5	Chekem Amon Re	7.26 2019
6	Huyghe Gauthier	7.37 2016
7	Montilla Alexis	7.42 2011
8	Arifi Reda	7.46 2014
9	Meguellati Younes	7.57 2016
10	Theys Norick	7.67 2014
11	Huybrechts Xavier	7.74 1994
	Kehl Nicolas	7.74 2019
13	Boot Nathan	7.83 2009
14	Van Elsuwe Alexis	8.04 2013
15	Dakir Anis	8.05 2014

#### 50 m

1	Guarneri Renato	9.34 1994
2	Foucart Adrien	9.64 1996
3	Huybrechts Xavier	9.84 1993

#### 60 m

1	Montilla Dimitri	9.56 2006
2	Kompany Vincent	9.63 1995
3	Elsen Daan	9.70 2003
4	Ouattara Reda	9.73 2017
5	Potemans Anton	9.84 2005
6	Ben Ahmed Yanis	9.85 2019
7	Cuypers Florian	9.86 2012
	Kubiak Joachim	9.86 2018
9	Poortman Matheo	9.88 2016
10	Stodolski Michael	9.90 2009
11	Guillet Elijah	9.99 2019
12	Arifi Rayane	10.03 2016
13	Matassi Lucas	10.04 2016
14	Ouattara Noham	10.05 2019
15	Honore Geoffrey	10.14 1998

#### 600 m

## RESC TOP 15 INDOOR

1	Obrijanu Vadim	2.21.01	2022
2	Draoui Amine	2.23.75	2022
3	Mievis Axel	2.35.53	2022
4	De Heug Elliot	2.39.56	2022
5	Cioaca Mario Louis	2.49.43	2022

### 1000 m

1	Kompany Vincent	3.38.74	1995
2	Montilla Dimitri	3.39.69	2006
3	Potemans Anton	3.45.39	2005
4	Honore Mallory	4.12.91	2003
5	De Ruyver Julien	4.14.29	1995
6	Nicodeme Romain	4.16.64	2003
7	Van De Sype Vincent	4.17.45	2002
8	Decoster Alexis	4.18.33	2003
9	Gonzalez Nicolas	4.25.73	2006
10	Croiselet Nicolas	4.44.88	1995
11	Van De Sype Arnaud	4.59.29	2003

### Hauteur

1	Xhonneux Frederic	1m16	1992
	Van De Sype Vincent	1m16	2002
3	Montilla Dimitri	1m10	2007
4	Vrebos Stephane	1m07	1992
5	Potemans Anton	1m05	2005
	Montilla Alexis	1m05	2011
	Cuypers Florian	1m05	2012
	Theys Norick	1m05	2015
9	Hasselmans Jérôme	1m01	1997
10	Elsen Daan	1m00	2003
	Nicodeme Romain	1m00	2004
	Beyaert Corentin	1m00	2011
	Huyghe Gauthier	1m00	2016
14	Guarneri Salvatore	0m98	1993
	Hautot Quentin	0m98	1998

### Longueur

1	Elsen Daan	3m67	2003
2	Montilla Dimitri	3m57	2007
3	Potemans Anton	3m46	2005
4	Hautot Quentin	3m40	1998
	Stodolski Michael	3m40	2009
6	Gerard Benjamin	3m34	1997
7	Ben Ahmed Yanis	3m33	2019
8	Cuypers Florian	3m32	2012
9	Nicodeme Romain	3m26	2004
10	Honore Geoffrey	3m24	1998
11	Montilla Alexis	3m14	2011
12	Baiwir Julien	3m12	1998
	Ouattara Noham	3m12	2019
14	Van De Sype Vincent	3m11	2002
	Kropek Nicolas	3m09	1999

### Poids (1 kg)

1	Elsen Daan	9m08	2003
2	Xhonneux Frederic	8m60	1992
3	Arifi Rayane	8m38	2017
4	Van De Sype Vincent	8m33	2002
5	Baiwir Julien	8m19	1998
6	Montilla Alexis	8m05	2011
7	Cigri Ephrem	8m00	2014
8	Taieb Rayan	7m99	2012
9	Vrebos Stephane	7m95	1992
	Cuypers Florian	7m95	2012
11	Potemans Anton	7m93	2005
12	Wavreil Cedric	7m77	2000
13	Guarneri Renato	7m64	1996
14	Gerard Valery	7m64	2000
15	Beyaert Corentin	7m60	2011

### Triathlon

1	Montilla Alexis	570 p	2010
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### Tetrathlon

1	Cuypers Florian	1172 p	2012
2	Beyaert Corentin	1070 p	2011
3	Montilla Alexis	955 p	2011
4	Huyghe Gauthier	904 p	2016
5	Van De Sype Arnaud	525 p	2003
6	Theys Norick	400 p	2014

### PUPILLES GARÇONS

#### 40 m

1	Thiry Stephane	6.44	1992
2	Blondiau Fabian	6.64	1992
3	Monsieur Julien	6.73	2018
4	Moral Miguel	6.74	1992
	Naif Jerome	6.74	1994
6	Belghiti Alaoui Ayman	6.81	2016
7	Kubiak Joachim	6.82	2019
8	Guillet Lionel	6.84	1992
	Schepens Cedric	6.84	1992
	Coomans Werner	6.84	1996
11	Boniver Evan	6.85	2014
12	Gonzalez Antoine	6.87	2016
13	Balcaen Oscar	6.93	2019
14	Thys Alain	6.94	1992
	Haymans Thomas	6.94	1996
	Boukria Jawad	6.94	2016

#### 50 m

1	Naif Jerome	8.04	1993
2	Xhonneux Frederic	8.24	1993
3	Degives Jean Baptiste	8.54	1993
4	Van De Zande Chris	8.64	1993
5	Huybrechts Xavier	8.84	1996
6	De Ruyver Julien	9.24	1996
7	Guarneri Renato	9.34	1994
8	Foucart Adrien	9.64	1996
9	Franco Marc	9.74	1996

#### 60 m

1	Ouattara Reda	8.70	2019
2	Montilla Dimitri	8.79	2009
3	Medan Marko	8.81	2014
4	Kubiak Joachim	8.88	2020
5	Coomans Werner	8.92	1997
6	Baiwir Julien	9.04	1999
7	Elsen Daan	9.07	2005
8	Serfiotis Nicolas	9.08	2001
9	Winderickx Ingmar	9.11	2002
10	Hoorens Christopher	9.17	2007
11	Frenay Kevin	9.19	2006
12	De Decker Mathieu	9.20	1998
	Stodolski Michael	9.20	2010
14	Demagnet Lounis	9.22	2014
15	Soudon Jules	9.25	2019

#### 1000 m

1	Montilla Dimitri	3.18.11	2009
2	Winderickx Ingmar	3.26.17	2002
3	Nicodeme Romain	3.31.19	2006
4	Montilla Alexis	3.32.60	2012
5	Srifi Kanfaoui Reda	3.33.08	2012
6	Nicodeme Thibault	3.33.33	2003
7	Pholien Lionel	3.33.45	2002
8	Elsen Daan	3.33.73	2005
9	Dewitte Sebastien	3.34.63	1996
10	Kamara Sanael	3.35.24	2015
11	Taghret Badr	3.37.51	2014
12	Maertens Christophe	3.37.63	1999
13	Potemans Anton	3.38.20	2006
14	Housiaux Julien	3.38.61	2022
15	Kompany Vincent	3.38.74	1995

## RESC TOP 15 INDOOR

### 40 m haies (76 cm)

1	Taieb Rayane	10.18	2013
2	Kubiak Joachim	11.01	2019

### 60 m haies (76 cm)

1	Montilla Dimitri	10.33	2008
2	Elsen Daan	11.24	2005
3	Potemans Anton	11.94	2007
4	Srifi Kanfaoui Reda	12.34	2012
5	Baiwir Julien	12.44	2000
6	Beyaert Corentin	12.48	2012
7	Hoorens Anthony	12.58	2008
8	Gonzalez Antoine	12.64	2017
9	Nicodeme Romain	12.70	2006
10	Diallo Oumar	12.72	2005
11	Verburgt Tom	12.76	2007
12	Delatte Lionel	12.81	2006
13	Boniwer Evan	12.86	2014
14	Maertens Christophe	12.92	1999
15	Englebert Timothee Camps Sebastien	12.94	2015 2017

### Hauteur

1	Montilla Dimitri	1m44	2008
2	Elsen Daan	1m37	2005
3	Mertens Tom	1m30	1997
	Hoorens Anthony	1m30	2008
	Englebert Timothee	1m30	2015
6	Clais Marc	1m29	1992
7	Thiry Stephane	1m26	1992
	Xhonneux Frederic	1m26	1993
9	Baiwir Julien	1m25	2000
	Mahoungou Gregory	1m25	1995
	Van De Sype Vincent	1m25	2003
	Potemans Anton	1m25	2007
13	Haymans Thomas	1m23	1996
	Nicodeme Romain	1m23	2006
15	Van De Sype Arnaud	1m20	2005
	Frenay Kevin	1m20	2006
	Petitjean Nicolas	1m20	2010
	Badji Toumane	1m20	2012
	Montilla Alexis	1m20	2013
	Medan Marko	1m20	2014
	Monsieur Julien	1m20	2018

### Longueur

1	Montilla Dimitri	4m33	2009
2	Elsen Daan	4m18	2005
3	Diallo Oumar	4m08	2005
	Medan Marko	4m08	2014
5	Winderickx Ingmar	3m96	2002
6	Potemans Anton	3m92	2007
7	Delatte Lionel	3m90	2006
8	Nicodeme Romain	3m87	2006
9	Verburgt Tom	3m86	2007
10	Baiwir Julien	3m85	2000
11	De Gendt Lucien	3m73	2018
12	Monsieur Julien	3m69	2018
13	Serfiotis Nicolas	3m65	2001
14	Hoorens Anthony	3m64	2008
15	Stodolski Michael	3m62	2010

### Poids (2 kg)

1	Montilla Dimitri	10m01	2009
2	Baiwir Julien	9m75	2000
3	Elsen Daan	9m47	2005
4	Diallo Oumar	9m39	2005
5	Mertens Tom	8m91	1997
6	Guarneri Salvatore	8m79	1995
7	Potemans Anton	8m75	2007
8	Englebert Timothee	8m67	2015
9	Guarneri Renato	8m60	1997
10	Xhonneux Frederic	8m58	1993

11	Monsieur Julien	8m38	2018
12	Gerard Benjamin	8m36	1999
13	Nicodeme Romain	8m18	2006
14	Arifi Rayane	8m16	2019
15	Montilla Alexis	8m12	2013

### Triathlon

1	Haymans Thomas	1250 p	1996
2	Coomans Werner	1155 p	1996
3	Mertens Tom	1055 p	1996
4	Verstraeten Cedric	1019 p	1996
5	Browaays David	905 p	1996
6	Franco Marc	768 p	1996
7	Deprez Jerome	742 p	1996
8	Taieb Rayane	564 p	2013

### Tetrathlon

1	Montilla Dimitri	1683 p	2008
2	Potemans Anton	1637 p	2007
3	Nicodeme Romain	1626 p	2006
4	Delatte Lionel	1472 p	2006
5	Van De Sype Arnaud	1311 p	2005
6	Montilla Alexis	1287 p	2013
7	Denys Gregory	1112 p	2004
8	Van De Sype Vincent	1062 p	2003
9	Teklal Liam	602 p	2011

## MINIMES GARÇONS

### 40 m

1	Mbuyi Tshinyongolo Tresor	6.12	2019
2	Ben Mohamed Younes	6.34	1994
	Moral Miguel	6.34	1994
	Thiry Stephane	6.34	1994
5	Englebert Timothee	6.37	2016
6	Delatte Lionel	6.41	2008
7	Nicodeme Romain	6.42	2008
8	Delay Benoit	6.44	1992
	Van Cutsem Chris	6.44	1992
	Schepens Cedric	6.44	1994
	Vervloet Gregory	6.44	1996
12	Demagnet Lounis	6.45	2015
13	Guilmain Benoit	6.54	1992
	Guillet Lionel	6.54	1994
	Naif Jerome	6.54	1996

### 50 m

1	Vervloet Gregory	7.64	1996
2	Schepens Cedric	7.74	1993
	Naif Jerome	7.74	1996
4	Xhonneux Frederic	7.84	1996
5	Guillet Lionel	8.04	1993
	Cawet Cedric	8.04	1996
7	Kill Michel	8.24	1996
8	Foucart François	8.44	1993
9	Degives Jean Baptiste	8.54	1993
10	Van De Zande Chris	8.64	1993
11	Huybrechts Xavier	8.84	1996
12	Moya Julien	8.74	1993
13	Guarneri Salvatore	8.74	1996
14	Van Oudenhoven Karl	9.14	1993
15	De Ruyver Julien	9.24	1996

### 60 m

1	Diallo Oumar	7.88	2007
2	Taiwo Eniola	8.06	2012
3	Sergeef Martin	8.09	2011
4	Paulus Gary	8.20	2005
5	Okeowo Peredjo	8.27	2012
6	Montilla Dimitri	8.31	2010
7	Englebert Timothee	8.32	2017
8	Dogan Mervan	8.41	2003
9	Medan Marko	8.42	2015

## RESC TOP 15 INDOOR

10	Mbuyi Tshinyongolo Tresor	8.43	2019
11	Diallo Mamadou	8.49	2001
	Stodolski Michael	8.49	2013
13	Mertens Raphael	8.51	2020
14	Guellet Shadi	8.52	2020
	Ouattara Reda	8.52	2020

### 150 m

1	Sergeef Martin	19.59	2011
2	Diallo Oumar	19.71	2007
3	Montilla Dimitri	19.94	2011
4	Taiwo Eniola	19.99	2012
5	Paulus Gary	20.08	2005
6	Englebert Timothee	20.23	2017
7	Lebailly Kevin	20.32	2005
8	Diallo Mamadou	20.46	2001
	Okeowo Peredjo	20.46	2012
10	Medan Marko	20.67	2015
11	Dogan Mervan	20.76	2003
12	Lins Sebastien	20.87	2005
13	Sonon Lionel	20.92	2000
14	Vanderhoeke Arthur	20.99	2009
15	Guellet Shadi	21.38	2019

### 1000 m

1	Honore Geoffrey	3.07.08	2003
2	Montilla Dimitri	3.07.79	2011
3	Demeester Thys	3.12.37	2002
4	Kebdani Samir	3.14.94	2001
5	Crevecoeur Ambroise	3.15.75	1999
6	Bontemps Richard	3.15.86	1999
7	Sonon Lionel	3.16.95	2000
8	Dewitte Sebastien	3.18.40	1998
	Haymans Thomas	3.18.40	1998
10	Foucart François	3.19.25	1995
11	Lins Sebastien	3.22.37	2005
12	Guellet Shadi	3.22.53	2019
13	Nicodeme Romain	3.26.09	2008
14	Winderickx Ingmar	3.26.17	2002
15	Beyaert Corentin	3.26.23	2014

### 40 m haies (84 cm)

1	Demanet Lounis	7.38	2016
2	Xhonneux Frederic	7.54	1996
3	Naif Jerome	8.04	1996
4	Mbuyi Tshinyongolo Tresor	8.09	2019
5	Thiry Stephane	8.14	1994
6	De Tollenaere Tom	8.23	2016
7	Cawet Cedric	8.24	1996
8	Moral Miguel	8.44	1994
	Vervloet Gregory	8.44	1996
10	Guillet Lionel	8.64	1994
11	Clais Marc	8.74	1994
12	Ben Mohamed Younes	8.84	1994
13	Guarneri Salvatore	8.94	1996
14	Vaessen Fabien	8.94	1996
15	Blondiau Fabian	9.04	1994

### 60 m haies (76 cm)

1	Mertens Raphael	10.20	2020
2	Kubiak Joachim	11.34	2022

### 60 m haies (84 cm)

1	Montilla Dimitri	9.68	2011
2	Diallo Oumar	9.99	2007
3	Okeowo Peredjo	10.40	2012
4	Potemans Anton	10.68	2009
5	Nicodeme Romain	10.96	2008
6	Lebailly Kevin	10.98	2005
7	Demanet Lounis	11.13	2016
8	Englebert Timothee	11.14	2017
9	De Wilde Julien	11.21	1999
10	Coomans Werner	11.24	1999

11	Nees Ghislain	11.31	2006
12	Lins Sebastien	11.32	2005
13	Taiwo Eniola	11.34	2012
14	Elsen Daan	11.35	2006
15	Nicodeme Thibault	11.32	2005

### Hauteur

1	Montilla Dimitri	1m62	2011
2	Englebert Timothee	1m60	2017
3	Delay Benoit	1m54	1992
4	Diallo Oumar	1m51	2007
5	Clais Marc	1m50	1994
6	Cawet Cedric	1m45	1996
	Englebert Timothee	1m45	2016
8	Dogan Mervan	1m44	2003
9	Schepens Patrick	1m43	1988
	Nicodeme Romain	1m43	2008
11	Xhonneux Frederic	1m42	1996
	De Wilde Julien	1m42	1999
	Van De Sype Vincent	1m42	2006
14	Nicodeme Thibault	1m40	2005
	Potemans Anton	1m40	2009

### Longueur

1	Montilla Dimitri	5m14	2011
2	Nicodeme Romain	4m86	2008
3	Diallo Oumar	4m61	2007
4	De Wilde Julien	4m50	1999
	Nees Ghislain	4m50	2006
6	Coomans Werner	4m47	1999
7	Baiwir Julien	4m37	2002
	Diallo Mamadou	4m37	2001
9	Lebailly Kevin	4m32	2005
10	Potemans Anton	4m31	2009
11	Medan Marko	4m28	2015
12	Caluwe Arnaud	4m27	2004
13	Paulus Gary	4m26	2005
14	Guellet Shadi	4m23	2019
15	Elsen Daan	4m18	2005

### Perche

1	Montilla Dimitri	2m60	2011
2	Verburgt Tom	2m50	2008
3	Elsen Daan	2m40	2006
4	Nicodeme Thibault	2m31	2005
5	Van Zeebroeck Bert	2m30	1995
6	Montilla Alexis	2m21	2015
7	Wavreil Cedric	2m10	2004
8	Beyaert Corentin	2m06	2015
9	Van De Sype Vincent	1m92	2005
10	Hasselmans Jérôme	1m90	2000
	Sleewaegen Jerome	1m90	2014
12	Gabriel Laurent	1m80	2003
	Nicodeme Romain	1m80	2007
	Potemans Anton	1m80	2007
15	Van De Sype Arnaud	1m60	2007

### Poids (3 kg)

1	Montilla Dimitri	13m94	2011
2	Diallo Oumar	13m47	2007
3	Nees Ghislain	11m01	2006
4	Englebert Timothee	10m69	2017
5	Guarneri Renato	10m19	1999
6	Chekem Ramses	10m15	2016
7	Gerard Jeremy	9m85	2000
8	Xhonneux Frederic	9m38	1996
9	Diallo Mamadou	9m14	2001
10	Baiwir Julien	9m06	2001
11	Van De Sype Vincent	9m04	2006
12	De Tollenaere Tom	8m97	2016
13	Elsen Daan	8m96	2006
14	Gerard Benjamin	8m93	2000
15	Hendrickx Wim	8m91	1995

## RESC TOP 15 INDOOR

### Tetrathlon

1	Xhonneux Frederic	2107 p	1996
2	Naif Jerome	1894 p	1996
3	Cawet Cedric	1835 p	1996
4	Vervloet Gregory	1753 p	1996
5	Vaessen Fabien	1643 p	1996
6	Kill Michel	1619 p	1996
7	Guarneri Salvatore	1575 p	1996
8	Sorel Renaud	1286 p	1996

### Pentathlon

1	Montilla Dimitri	3647 p	2011
2	Diallo Oumar	3114 p	2007
3	Van De Sype Vincent	2172 p	2006
4	Soudon Jules	2154 p	2020
5	Nicodeme Romain	2150 p	2007
6	Van De Sype Arnaud	1975 p	2007
7	Beyaert Corentin	1828 p	2014
8	Denys Gregory	1565 p	2006
9	Theys Nicolas	1469 p	2014
10	Diallo Zakarya	387 p	2011

### CADETS GARÇONS

#### 60 m

1	Taiwo Eniola	7.20	2015
2	Kasmi Amine	7.31	2015
3	Diallo Oumar	7.43	2009
4	Tshitwenu Florian	7.45	2012
5	Leyman David	7.54	2000
6	Mambo Djeke	7.57	1992
7	Dogan Mervan	7.60	2005
	Paulus Gary	7.60	2007
	Nkierre Danfuname Rene	7.60	2014
	Doudouhi Reda	7.60	2017
11	Simon Philippe	7.63	2002
	Okeowo Peredjo	7.63	2013
13	Gruson Augustin	7.65	2019
14	Squiflet Pierre	7.66	1994
	Winderickx Ingmar	7.66	2006
	Medan Marko	7.66	2018
	Sibourg Valentin	7.66	2019

#### 200 m

1	Kasmi Amine	23.68	2015
2	Mambo Djeke	23.82	1992
3	Diallo Oumar	23.99	2008
4	Tshitwenu Florian	24.23	2012
5	Nkierre Danfuname Rene	24.39	2014
6	Dogan Mervan	24.48	2005
7	Leyman David	24.50	2000
8	Montilla Dimitri	24.59	2012
9	Doudouhi Reda	24.70	2017
10	Moral Miguel	24.77	1996
11	Smeyers Julien	24.83	1998
12	Biala Kenny	24.88	2020
13	Sergeef Martin	24.90	2013
	Medan Marko	24.90	2018
15	Levacq Corentin	24.91	1996
	Mbuyi Bodika William	24.91	2019

#### 300 m

1	Nkierre Danfuname Rene	39.29	2014
2	Montilla Dimitri	39.48	2012
3	Biala Kenny	40.16	2020
4	Mbuyi Bodika William	41.16	2018
5	Mbuyi Tshinyongolo Tresor	42.26	2020
6	Sergeef Martin	42.31	2012
7	Tshanga Diumba John Ross	42.36	2022
8	Petitjean Nicolas	42.53	2014
9	Badji Asamti	42.67	2010
0	Lins Sebastien	42.84	2006

11	Okeowo Peredjo	42.88	2012
12	Hanrion Gaspar	43.06	2022
13	Demagnet Lounis	44.06	2018
14	Tabbakh Yassine	44.11	2014
15	Kasmi Amine	44.68	2014

#### 400 m

1	Madoughri Sabri	54.61	2016
2	Vandenhoeke Arthur	54.74	2011
3	Lins Sebastien	55.08	2007
4	Montilla Dimitri	55.27	2012
5	Levacq Corentin	55.60	1996
6	Diallo Mamadou	56.88	2003
7	Diallo Oumar	57.33	2008
8	Petitjean Nicolas	58.05	2014
9	Beyaert Corentin	58.42	2016
10	Broothaerts Damien	59.90	1997
11	Gharroudi Soulaymane	59.95	2016
12	Nijs Gaston	60.18	2011
13	Verleyen Jakob	61.67	2022
14	Beerens Gregory	61.74	1993
15	Iazzag Nathan	62.29	2016

#### 800 m

1	Azaoum Najib	2.04.20	2004
2	Levacq Corentin	2.05.26	1996
3	Daif Marwane	2.06.48	2004
4	Bentheim Ronald	2.11.22	1996
5	Madoughri Sabri	2.11.98	2016
6	Echaara Souhail	2.12.00	2011
7	Gharroudi Soulaymane	2.12.13	2016
8	Haymans Thomas	2.13.97	2000
9	Tabbakh Yassine	2.14.20	2015
10	Huppez Jonathan	2.14.27	2003
11	Schroeven Bruno	2.15.17	1995
12	Maingain François	2.16.28	2004
13	Beyaert Corentin	2.17.36	2017
14	Tiaz Younes	2.18.11	2001
15	Kebdani Samir	2.18.79	2002

#### 1000 m

1	Kebdani Samir	2.52.82	2003
2	Gruson Augustin	2.56.03	2019
3	Arifi Ilias	2.58.40	2019
4	Leyman Jeremy	2.59.86	2002
5	Azaoum Najib	3.00.00	2003
6	Englebert Timothee	3.00.39	2019
7	Winderickx Ingmar	3.00.75	2006
8	Huppez Jonathan	3.02.23	2003
	Montilla Dimitri	3.02.23	2012
10	Lins Sebastien	3.02.70	2007
11	Potemans Anton	3.05.34	2011
12	Honore Geoffrey	3.07.08	2003
13	Leyman David	3.07.41	2000
14	Nicodeme Romain	3.08.06	2010
15	Beyaert Corentin	3.11.21	2016

#### 1500 m

1	Demeester Thys	4.34.54	2004
2	Kebdani Samir	4.37.55	2003
3	Petitjean Simon	4.42.37	2011
4	Errouchi Ayoub	4.43.38	2005
5	Massaad Michael	4.43.72	2006
6	Vaillant Thibaud	4.46.83	2002
7	Bentheim Ronald	4.50.91	1996
8	Schroeven Bruno	4.51.91	1994
9	Lafnachi Reda Mohamed	4.52.56	2017
10	Zaanan Nordin	5.09.21	1993
11	Castellana Bryan	5.22.08	2006
12	Denys Jonathan	5.24.64	2005
13	De Veirman Didier	5.31.48	1994
14	Van Elsuwe Alexis	5.39.53	2018

## RESC TOP 15 INDOOR

### 60 m haies (91 cm)

1	Okeowo Peredjo	8.62	2014
2	Broothaerts Damien	8.79	1998
3	Squiflet Pierre	8.87	1994
4	Mambo Djeke	8.93	1992
5	Diallo Oumar	8.97	2008
6	Montilla Dimitri	9.01	2013
7	Potemans Anton	9.20	2011
8	Leyman David	9.31	2000
9	Hinne Benoit	9.38	1988
10	Arifi Ilias	9.39	2019
11	Demagnet Lounis	9.50	2018
12	Naif Jérôme	9.53	1998
	Xhonneux Frederic	9.53	1998
14	Sibourg Valentin	9.55	2019
15	Lins Sebastien	9.64	2007

### Hauteur

1	Van Lancker Rudi	1m81	1986
2	Montilla Dimitri	1m77	2012
	Englebert Timothee	1m77	2019
4	Van Eeckhoudt Nicolas	1m70	1988
5	Van Den Eede Hugues	1m65	1992
6	Beerens Gregory	1m60	1993
	Mangold Dimitri	1m60	1995
	De Wilde Julien	1m60	2001
	Okeowo Peredjo	1m60	2014
10	Castellana Bryan	1m56	2006
	Van De Sype Vincent	1m56	2008
12	Xhonneux Frederic	1m55	1998
	Diallo Mamadou	1m55	2002
	Nicodeme Thibault	1m55	2007
	Potemans Anton	1m55	2011
	Loens Sam	1m55	2012
	Okeowo Peredjo	1m55	2013
	Arifi Ilias	1m55	2019

### Longueur

1	Englebert Timothee	6m19	2019
2	Okeowo Peredjo	6m10	2014
3	Gruson Augustin	6m01	2019
4	Winderickx Ingmar	5m92	2006
5	Diallo Oumar	5m85	2009
6	Roefmans Lucas	5m81	2016
7	Montilla Dimitri	5m80	2012
8	Chekem Ramses	5m66	2018
9	Leyman David	5m65	2000
10	Broothaerts Damien	5m61	1998
	Van De Sype Vincent	5m61	2008
	Potemans Anton	5m61	2011
13	Gentile Raphaël	5m56	1991
14	Canvat Thibaut	5m54	1991
	Medan Marko	5m54	2018

### Triple saut

1	Mambo Djeke	12m66	1992
2	Broothaerts Damien	12m11	1998
3	Diallo Oumar	12m08	2009
4	Hoorens Christopher	11m84	2012
5	Xhonneux Frederic	11m68	1998
6	Smeyers Julien	11m47	1998
7	Chekem Ramses	11m12	2018
8	Loens Sam	11m01	2012
9	Schoonjans Patrick	10m97	1992
10	De Tollenaere Tom	10m73	2018
11	Nkierre Danfuname Rene	10m65	2014
12	Geerts Gregory	10m47	2014
13	Vanderhaeghen Olivier	10m41	1992
14	Cawet Cedric	10m33	1997
15	Naif Jérôme	10m28	1997

### Perche

1	Leyman David	3m36	2000
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2	Montilla Dimitri	3m30	2012
3	Thys Alain	3m20	1996
	Loens Sam	3m20	2012
5	Lecompte David	3m00	1990
	Englebert Timothee	3m00	2019
7	Nicodeme Romain	2m82	2010
8	Moens Cyprien	2m81	2015
9	Nicodeme Thibault	2m80	2006
10	Van Elsuwe Alexis	2m65	2019
11	Wavreil Cedric	2m62	2006
12	Vanderhaeghen Olivier	2m60	1992
	Xhonneux Frederic	2m60	1998
	Winderickx Ingmar	2m60	2006
	Beeckman Amaury	2m60	2010
	Potemans Anton	2m60	2011
	Chekem Ramses	2m60	2018
	Arifi Ilias	2m60	2019

### Poids (4 kg)

1	Diallo Oumar	14m30	2007
2	Diallo Mamadou	13m64	2003
3	Beeckman Amaury	13m04	2010
4	Squiflet Pierre	13m56	1994
5	Englebert Timothee	13m25	2019
6	Xhonneux Frederic	12m07	1998
7	Leyman David	11m97	2000
8	Potemans Anton	11m93	2011
9	Montilla Dimitri	11m77	2012
10	Petitjean Nicolas	11m48	2014
11	De Tollenaere Tom	11m30	2018
12	Gentile Raphaël	10m72	1991
13	Oliveira Da Silva Raphael	10m63	2007
14	Okeowo Peredjo	10m60	2013
15	Chekem Ramses	10m55	2018

### Hexathlon

1	Montilla Dimitri	3374 p	2012
2	Leyman David	3171 p	2000
3	Englebert Timothee	3145 p	2019
4	Potemans Anton	3074 p	2011
5	Okeowo Peredjo	2886 p	2013
6	Xhonneux Frederic	2828 p	1998
7	Loens Sam	2767 p	2012
8	Diallo Oumar	2756 p	2009
9	Winderickx Ingmar	2716 p	2006
10	Gruson Augustin	2639 p	2019
11	Nicodeme Romain	2556 p	2010
12	Lins Sebastien	2491 p	2007
13	Van De Sype Vincent	2469 p	2008
14	Diallo Mamadou	2416 p	2002
15	Arifi Ilias	2167 p	2019

### SCOLAIRES HOMMES

### 60 m

1	Kasmi Amine	6.99	2017
2	Vanhamme Arno	7.04	2014
3	Diallo Oumar	7.10	2010
4	Broothaerts Damien	7.14	2000
5	Tshitwenu Florian	7.18	2014
6	Mambo Kedjeloba	7.20	1990
	Guellet Yassin	7.20	1991
	Taiwo Eniola	7.20	2015
	Medan Marko	7.20	2020
10	Mambo Djeke	7.23	1994
11	Hermann Gilles	7.34	2005
12	Jokic Kosta	7.36	2014
13	Kabuya Harold	7.37	2009
14	Schepens Cedric	7.39	1999
	Yech Chou Mehdi	7.39	2015
	Okeowo Peredjo	7.39	2016

### 200 m

## RESC TOP 15 INDOOR

1	Kasmi Amine	22.33	2017
2	Vanhamme Arno	22.53	2014
3	Tshitwenu Florian	22.68	2014
4	Moral Miguel	22.91	1998
5	Medan Marko	23.06	2020
6	Guellet Yassin	23.19	1990
	Broothaerts Damien	23.19	2000
	Ettetuani Adil	23.19	2003
9	Canvat Thibaut	23.21	1992
10	Mambo Djeke	23.26	1993
11	Diallo Saliou	23.36	2002
12	Diallo Oumar	23.37	2011
13	Lins Sebastien	23.38	2009
14	Taiwo Eniola	23.53	2016
15	Nkiere Danfuname Rene	23.55	2016

### 300 m

1	Vanhamme Arno	36.97	2014
2	Tshitwenu Florian	37.34	2014
3	Vanderhoeke Arthur	37.50	2012
4	Nijs Gaston	38.78	2013
5	Mbuyi Bodika William	39.02	2020
6	Nkiere Danfuname Rene	39.29	2014
7	Beyaert Corentin	39.45	2018
8	Montilla Dimitri	39.48	2012
9	Puku Toku Christian	39.55	2012
10	Hendrick Quentin	39.77	2012
11	Biala Kenny	40.16	2020
12	Labruyere Maxime	40.87	2022
13	Sibourg Valentin	40.99	2020
14	Assina Kevin	41.20	2014
15	Sergeef Martin	41.25	2014

### 400 m

1	Lins Sebastien	51.41	2009
2	Badji Asanti	51.46	2012
3	Vanderhoeke Arthur	51.80	2013
4	Levacq Corentin	51.82	1997
5	Vanderhaeghen David	51.86	1991
6	Nkiere Danfuname Rene	52.03	2016
7	Guellet Yassin	52.04	1991
8	Biala Kenny Felder	52.15	2022
9	Madoughri Sabri	52.24	2018
10	Ettetuani Adil	52.55	2003
11	Mambo Djeke	52.84	1992
12	Beyaert Corentin	53.76	2018
13	Castermane Julien	53.85	2005
14	Nijs Gaston	53.97	2013
15	Van Assche David	54.05	1991

### 800 m

1	Levacq Corentin	1.56.95	1998
2	Haymans Thomas	1.57.76	2002
3	Benouar Otman	2.00.64	2017
4	De Mars Steven	2.01.14	1990
5	Lelion Achille	2.00.46	2022
6	Aouragh Reda	2.01.26	2022
7	El Yattouti Younes	2.01.75	2003
8	Schroeven Bruno	2.03.88	1997
9	Bentheim Ronald	2.03.89	1998
10	Azaoum Najib	2.04.20	2004
11	Karraz Loqmane	2.04.56	2018
12	Kanfouh Mohamed	2.05.28	2015
13	Petitjean Simon	2.05.52	2012
14	Kebdani Samir	2.05.57	2005
15	Azaoum Rachid	2.06.22	2003

### 1000 m

1	El Yattouti Younes	2.39.78	2003
2	Tiaz Younes	2.44.47	2003
3	Xhonneux Frederic	2.47.75	2000
4	Azaoum Rachid	2.48.85	2003
5	Kebdani Samir	2.52.82	2003

6	Lins Sebastien	2.52.89	2009
7	Potemans Anton	2.53.59	2013
8	Leyman Jeremy	2.55.98	2003
9	Gruson Augustin	2.56.03	2019
10	Hostyn Laurent-David	2.56.98	2004
11	Arifi Ilias	2.58.40	2019
12	Azaoum Najib	3.00.00	2003
13	Englebert Timothee	3.00.39	2019
14	Winderickx Ingmar	3.00.75	2006
15	Huppez Jonathan	3.02.23	2003
	Montilla Dimitri	3.02.23	2012

### 1500 m

1	Aouragh Reda	4.05.28	2022
2	Kebdani Samir	4.10.45	2005
3	Miller Benoit	4.17.91	2004
4	Massaad Michael	4.26.62	2008
5	Demeester Thys	4.27.45	2005
6	Tiaz Younes	4.28.28	2003
7	Leyman Jeremy	4.28.50	2004
8	Willems Dorian	4.35.79	2019
9	Petitjean Simon	4.42.37	2011
10	Errouchi Ayoub	4.43.38	2005
11	Jamli Tarek	4.44.91	2003
12	Lafnachi Reda Mohamed	4.46.11	2018
13	Vaillant Thibaud	4.46.83	2002
14	Lafnachi Reda	4.47.49	2019
15	Bentheim Ronald	4.50.91	1996

### 60 m haies (91 cm)

1	Broothaerts Damien	7.78	2000
2	Elsen Daan	8.11	2011
3	Van de Velde Frank	8.48	1996
4	Vanderhaeghen David	8.53	1991
5	Xhonneux Frederic	8.55	2000
6	Potemans Anton	8.60	2013
7	Mambo Kedjeloba	8.62	1990
8	Okeowo Peredjo	8.64	2015
9	Mambo Djeke	8.68	1993
10	Lins Sebastien	8.69	2009
11	Squifflet Pierre	8.71	1995
12	Guellet Yassin	8.75	1990
13	Diallo Oumar	8.82	2011
14	Loens Sam	8.83	2014
15	Pinchart Alain	8.84	1990

### Hauteur

1	Van Lancker Rudi	1m99	1988
2	Guellet Yassin	1m95	1991
	Van de Velde Frank	1m95	1996
4	Pinchart Alain	1m90	1990
5	Xhonneux Frederic	1m89	2000
6	Elsen Daan	1m88	2011
7	Hostyn Laurent-David	1m80	2004
8	Montilla Dimitri	1m77	2012
9	Englebert Timothee	1m77	2019
10	Beerens Gregory	1m75	1994
	De Wilde Julien	1m75	2003
12	Mertol Denis	1m74	2002
13	Massaad Jean	1m73	2006
14	Englebert Hadrien	1m72	2016
15	Geerts Gregory	1m71	2016
	Roefmans Lucas	1m71	2018

### Longueur

1	Guellet Yassin	7m18	1991
2	Van Lancker Rudi	7m04	1988
3	Yuma M'Bayo Eric	6m91	1986
4	Diallo Oumar	6m69	2011
5	Vanderhaeghen David	6m63	1990
6	Elsen Daan	6m48	2011
7	Gruson Augustin	6m34	2020
8	Gentile Raphaël	6m29	1992

## RESC TOP 15 INDOOR

9	Xhonneux Frederic	6m26	2000
10	Roefmans Lucas	6m23	2018
11	Mambo Kedjeloba	6m22	1989
12	Englebert Timothee	6m19	2019
13	Chekem Ramses	6m16	2020
14	Canvat Thibaut	6m12	1992
15	Okeowo Peredjo	6m10	2014

### Triple saut

1	Guillet Yassin	15m04	1991
2	Mambo Djeke	14m88	1994
3	Mambo Kedjeloba	14m81	1991
4	Xhonneux Frederic	14m26	2000
5	Vanderhaeghen David	14m19	1991
6	Hoorens Christopher	13m42	2014
7	Geerts Gregory	13m18	2016
8	Caluwe Arnaud	12m92	2008
9	Naif Jérôme	12m64	1999
10	Broothaerts Damien	12m11	1998
11	Diallo Oumar	12m08	2009
12	Naga Djihed	11m89	2005
13	Geerts Gregory	11m57	2015
14	Loens Sam	11m56	2013
15	Chekem Ramses	11m12	2018

### Perche

1	Rombaut Wesley	4m40	1994
2	Elsen Daan	4m10	2011
3	Sintichiakis Nikolaos	3m90	2000
4	Loens Sam	3m80	2014
5	Xhonneux Frederic	3m60	2000
6	Potemans Anton	3m50	2013
7	Naga Djihed	3m40	2005
8	Leyman David	3m36	2000
9	Montilla Dimitri	3m30	2012
10	Lecompte David	3m25	1991
	Moens Cyprien	3m25	2017
12	Vanderhaeghen David	3m20	1991
	Thys Alain	3m20	1996
14	Montilla Alexis	3m16	2018
15	Van Elsuwe Alexis	3m13	2020

### Poids (5 kg)

1	Elsen Daan	14m55	2011
2	Diallo Oumar	14m01	2011
3	Xhonneux Frederic	13m02	2000
4	Steppe Tom	12m97	1991
5	Beeckman Amaury	12m91	2012
6	Guillet Yassin	12m36	1991
7	Potemans Anton	12m35	2013
	De Tollenaere Tom	12m35	2020
9	Squiflet Pierre	12m33	1995
10	Gomes Marcel	12m04	1995
11	Montilla Alexis	11m89	2019
12	Chekem Ramses	11m61	2020
13	Sustelo Antonio	11m52	2004
14	Vanderhaeghen David	11m44	1991
15	Denys Jonathan	11m34	2007

### Hexathlon

1	Guillet Yassin	4028 p	1991
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### Heptathlon

1	Elsen Daan	5073 p	2011
2	Xhonneux Frederic	4771 p	2000
3	Potemans Anton	4414 p	2013
4	Lins Sebastien	4094 p	2009
5	Squiflet Pierre	4028 p	1995
6	Diallo Oumar	3926 p	2011
7	Hostyn Laurent-David	3802 p	2004
8	Beeckman Amaury	3674 p	2011
9	Van De Sype Vincent	3443 p	2009

## JUNIORS HOMMES

### 60 m

1	Kasmi Amine	6.91	2019
2	Mambo Kedjeloba	6.94	1993
3	Vanhamme Arno	6.95	2016
4	Gueulette Arnaud	6.98	2017
5	Tshitwenu Florian	6.99	2016
	Kalmen Adam	6.99	2017
7	Guillet Yassin	7.04	1993
8	Okeowo Peredjo	7.06	2018
9	Broothaerts Damien	7.08	2002
	Caty Dylan	7.08	2016
11	Medan Marko	7.09	2022
12	Diallo Oumar	7.10	2010
13	Vervloet Gregory	7.12	2002
14	Vanhamme Stefan	7.14	1980
15	Vanderhaeghen David	7.15	1993

### 200 m

1	Kalmen Adam	21.74	2017
	Kasmi Amine	21.74	2019
3	Vanhamme Arno	21.78	2016
4	Medan Marko	22.09	2022
5	Tshitwenu Florian	22.34	2016
6	Caty Dylan	22.43	2016
7	Guillet Yassin	22.44	1993
8	Mambo Kedjeloba	22.57	1993
9	Broothaerts Damien	22.63	2001
0	Moral Miguel	22.69	2000
11	Niesen Charles	22.76	2013
12	Lins Sebastien	22.77	2011
13	Schepens Cedric	22.80	2001
14	Szerman Melvin	22.83	2016
15	Vanderhaeghen David	22.87	1993
	Vervloet Gregory	22.87	2002

### 300 m

1	Lins Sebastien	36.08	2010
2	Nijs Gaston	36.45	2014
3	Nkiere Danfuname Rene	36.75	2017
4	Vanhamme Arno	36.98	2014
5	Castermane Julien	37.19	2006
6	Tshitwenu Florian	37.34	2014
7	Vandenhoeke Arthur	37.50	2012
8	Mbuyi Bodika William	39.02	2020
9	Beyaert Corentin	39.45	2018
10	Montilla Dimitri	39.48	2012
11	Puku Toku Christian	39.55	2012
12	Hendrick Quentin	39.77	2012
13	Biala Kenny	40.16	2020
14	Labruyere Maxime	40.87	2022
15	Sibourg Valentin	40.99	2020

### 400 m

1	Vanhamme Stefan	49.63	1980
2	Nijs Gaston	50.37	2015
3	Lins Sebastien	50.40	2010
4	Asselman Frank	50.86	1991
5	Vervloet Gregory	50.93	2002
6	Castermane Julien	51.31	2007
7	Badji Asamti	51.46	2012
8	Vandenhoeke Arthur	51.80	2013
9	Levacq Corentin	51.82	1997
10	Vanderhaeghen David	51.86	1991
	Naif Nicolas	51.86	1998
12	Borlee Rayane	51.96	2017
13	Nkiere Danfuname Rene	52.03	2016
14	Guillet Yassin	52.04	1991
15	Biala Kenny Felder	52.15	2022

### 800 m

1	Levacq Corentin	1.56.95	1998
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## RESC TOP 15 INDOOR

2	Haymans Thomas	1.57.76	2002
3	Metian Marc	1.58.05	1998
4	Vandenhoeke Arthur	1.58.71	2014
5	Azaoum Rachid	1.58.87	2004
6	Tiaz Younes	1.59.15	2004
7	Schroeven Bruno	1.59.32	1999
8	Benheim Ronald	1.59.38	2000
9	Kanfouh Mohamed	2.00.28	2017
10	Lelion Achille	2.00.46	2022
11	Benouar Otman	2.00.64	2017
12	Vaillant Thibaud	2.01.00	2005
13	De Mars Steven	2.01.14	1990
14	Aouragh Reda	2.01.26	2022
15	El Yattouti Tounes	2.01.56	2004

### 1000 m

1	Bentheim Ronald	2.35.90	2000
2	Haymans Thomas	2.38.21	2003
3	El Yattouti Younes	2.39.78	2003
4	Xhonneux Frederic	2.39.80	2002
5	Schroeven Bruno	2.40.64	1997
6	Tiaz Younes	2.44.47	2003
7	Nicodeme Romain	2.46.82	2014
8	Arifi Ilias	2.48.69	2022
9	Azaoum Rachid	2.48.85	2003
10	Kebdani Samir	2.52.82	2003
11	Lins Sebastien	2.52.89	2009
12	Potemans Anton	2.53.59	2013
13	Guellet Yassin	2.54.49	1992
14	Vandervorst Jonathan	2.55.05	2003
15	Leyman David	2.55.98	2003

### 1500 m

1	Petitjean Simon	4.03.61	2015
2	Aouragh Reda	4.05.28	2022
3	Kebdani Samir	4.10.45	2005
4	Ouamari Aabid	4.12.53	1995
5	Miller Benoit	4.17.91	2004
6	El Yattouti Younes	4.20.38	2004
7	Maingain François	4.24.73	2007
8	Tiaz Younes	4.25.65	2004
9	Massaad Michael	4.26.62	2008
10	Demeester Thys	4.27.45	2005
11	Leyman Jeremy	4.28.50	2004
12	Azaoum Rachid	4.29.93	2004
13	Govaert Thomas	4.34.02	2012
14	Jamli Tarek	4.34.41	2004
15	Willems Dorian	4.35.79	2019

### 3000 m

1	Dewitte Sebastien	8.37.86	2004
2	Kebdani Samir	9.05.91	2006

### 60 m haies (99 cm)

1	Caty Dylan	7.83	2016
2	Elsen Daan	8.01	2012
3	Segers Daniel	8.14	2020
4	Okeowo Peredjo	8.25	2017
5	Arifi Ilias	8.55	2022
6	Lins Sebastien	8.73	2010
7	Nicodeme Romain	8.79	2014
8	Loens Sam	8.98	2015
9	Van De Sype Vincent	9.26	2011
10	Denys Jonathan	9.57	2009
11	Caluwe Arnaud	9.65	2010
12	Beeckman Amaury	10.02	2013
13	De Tollenaere Tom	10.24	2022
14	Moens Cyprien	10.62	2018

### 60 m haies (106 cm)

1	Caty Dylan	8.05	2016
2	Broothaerts Damien	8.11	2001
3	Mambo Kedjeloba	8.13	1993

4	Van de Velde Frank	8.26	1998
5	Marloye Roland	8.38	1981
6	Asselman Frank	8.40	1991
7	Mambo Djeke	8.49	1994
8	Van Lancker Rudi	8.53	1990
9	Xhonneux Frederic	8.62	2002
10	Vanderhaeghen David	8.66	1993
11	Dotrange Alexandre	8.68	1988
12	Vervloet Gregory	9.21	2002
13	Hostyn Laurent David	9.62	2005
14	Leyman David	9.82	2003

### Hauteur

1	Moreau Guy	2m07	1973
2	Sandron Dominique	2m06	1987
3	Guellet Yassin	2m01	1992
4	Van Lancker Rudi	1m99	1988
	Xhonneux Frederic	1m99	2002
6	Kalandula Fabiano	1m98	2015
7	Van de Velde Frank	1m95	1996
8	Pinchart Alain	1m90	1990
	Gamuella Ngamunguela Jos	1m90	2017
10	Elsen Daan	1m88	2011
11	Arifi Ilias	1m85	2022
12	Hostyn Laurent-David	1m80	2004
13	Nicodeme Romain	1m78	2014
14	Montilla Dimitri	1m77	2012
	Englebert Timothee	1m77	2019

### Longueur

1	Van Lancker Rudi	7m60	1990
2	Yuma M'Bayo Eric	7m48	1988
3	Guellet Yassin	7m46	1993
4	Marloye Roland	7m15	1981
5	Segers Daniel	7m02	2020
6	Delporte Luc	6m82	1985
7	Gruson Augustin	6m81	2022
8	Elsen Daan	6m75	2012
9	Diallo Oumar	6m69	2011
10	Vanderhaeghen David	6m63	1990
11	Xhonneux Frederic	6m55	2002
12	Naga Djihed	6m45	2007
13	Nicodeme Romain	6m41	2014
14	Hoorens Christopher	6m36	2015
15	Geerts Gregory	6m32	2017

### Triple saut

1	Guellet Yassin	15m45	1993
2	Mambo Kedjeloba	15m35	1992
3	Vanderhaeghen David	14m95	1993
4	Mambo Djeke	14m88	1994
5	Yuma M'Bayo Eric	14m76	1988
6	Delporte Luc	14m63	1985
7	Xhonneux Frederic	14m26	2000
8	Geerts Gregory	14m03	2017
9	Marloye Roland	13m68	1979
10	Hoorens Christopher	13m42	2014
11	Naga Djihed	13m30	2007
12	Bolsee David	13m28	1985
13	Caluwe Arnaud	13m12	2009
14	Kalandula Fabiano	12m84	2015
15	Vervloet Gregory	12m48	2001

### Perche

1	Rombaut Wesley	4m70	1996
2	Elsen Daan	4m50	2012
3	Xhonneux Frederic	4m20	2002
	Arifi Ilias	4m20	2022
5	Jacobs David	4m10	1994
6	Vandenhoeck Patrick	4m00	1980
7	Sintichiakis Nicolaos	3m90	2000
	Nicodeme Romain	3m90	2014
9	Loens Sam	3m80	2014

## RESC TOP 15 INDOOR

10	De Tollenaere Tom	3m60	2022
11	Moens Cyprien	3m52	2018
12	Potemans Anton	3m50	2013
13	Naga Djihed	3m40	2005
	Van De Sype Vincent	3m40	2012
15	Leyman David	3m36	2000

### Poids (6 kg)

1	Guillaume Jonathan	16m23	2011
2	Elsen Daan	12m85	2012
3	Jacobs David	12m73	1993
4	Xhonneux Frederic	12m30	2001
5	Bernard Tom	11m99	2012
6	Beeckman Amaury	11m98	2013
7	De Tollenaere Tom	11m88	2022
8	Arifi Ilias	11m52	2022
9	Hostyn Laurent-David	11m40	2005
10	Montilla Alexis	11m15	2020
11	Van De Sype Vincent	11m10	2012
12	Nicodeme Romain	11m06	2014
13	Leyman David	11m00	2003
14	Loens Sam	10m93	2016
15	Denys Jonathan	10m91	2008

### Triathlon

1	Arifi Ilias	1738 p	2022
2	De Tollenaere Tom	1667 p	2022

### Heptathlon

1	Xhonneux Frederic	5177 p	2002
2	Elsen Daan	5097 p	2012
3	Guellet Yassin	4835 p	1992
4	Nicodeme Romain	4683 p	2014
5	Arifi Ilias	4673 p	2022
6	Hostyn Laurent-David	4060 p	2005
7	Vervloet Gregory	3955 p	2002
8	Van De Sype Vincent	3900 p	2012
9	Leyman David	3763 p	2003
10	Moens Cyprien	3936 p	2018
11	De Tollenaere Tom	3315 p	2022
12	Denys Jonathan	3048 p	2008

## SENIORS HOMMES

### 60 m

1	Desruelles Ronald	6.56	1985
2	Ferro Anthony	6.69	2005
3	Sekanyambo Ilunga Olivier	6.73	2002
4	Thomas Samy	6.76	1993
	Broothaerts Damien	6.76	2009
6	Reets Andrew	6.79	1999
7	Niesen Charles	6.83	2018
8	Amery Ronald	6.84	1991
9	Guellet Yassin	6.85	1996
	Kola Biasu Guelord	6.85	2022
10	Tshitwenu Florian	6.86	2019
11	Kabuya Serge	6.87	2001
12	Kasmi Amine	6.88	2020
13	Gillet Antoine	6.90	2015
14	Mambo Kedjeloba	6.94	1993
	Kalmen Adam	6.94	2018

### 150 m

1	Niesen Charles	16.79	2022
2	Sergeef Martin	19.59	2011
3	Diallo Oumar	19.71	2007
4	Montilla Dimitri	19.94	2011
5	Taiwo Eniola	19.99	2012
6	Paulus Gary	20.08	2005
7	Englebert Timothee	20.23	2017
8	Lebailly Kevin	20.32	2005
9	Diallo Mamadou	20.46	2001
	Okeowo Peredjo	20.46	2012

11	Medan Marko	20.67	2015
12	Dogan Mervan	20.76	2003
13	Lins Sebastien	20.87	2005
14	Sonon Lionel	20.92	2000
15	Vandenhoeke Arthur	20.99	2009

### 200 m

1	Desruelles Ronald	20.92	1986
2	Gillet Antoine	21.14	2015
3	Amery Ronald	21.50	1991
	Ghislain Arnaud	21.50	2016
5	Kasmi Amine	21.51	2022
6	Niesen Charles	21.66	2018
7	Broothaerts Damien	21.70	2014
8	Kalmen Adam	21.74	2017
9	Vanhamme Arno	21.78	2016
10	Sekanyambo Ilunga Olivier	21.90	1999
11	Eyenga Lokilo Jean-Claude	21.92	1996
12	Guellet Yassin	21.98	1996
	Moral Miguel	21.98	2010
14	Vanhamme Stefan	22.01	1981
15	Vervloet Gregory	22.05	2007

### 300 m

1	Gillet Antoine	33.52	2015
2	Ghislain Arnaud	34.38	2014
3	Vervloet Gregory	35.65	2010
4	Lins Sebastien	36.08	2010
5	Nijs Gaston	36.45	2014
6	Kabuya Hugues	36.49	2018
7	Nkierre Danfuname Rene	36.75	2017
8	Vanhamme Arno	36.97	2014
9	Castermane Julien	37.19	2006
10	Tshitwenu Florian	37.34	2014
11	Vandenhoeke Arthur	37.50	2012
12	Maingain François	37.89	2010
13	Balsen Julien	38.44	2017
14	Mbuyi Bodika William	39.02	2020
15	Ilunga Carl	39.39	2014

### 400 m

1	Gillet Antoine	46.95	2011
2	Ghislain Arnaud	47.41	2011
3	Badji Asamti	47.84	2019
4	Lins Sebastien	48.48	2020
5	Mazebo Simon	48.49	2022
6	Mabille Florent	48.57	2022
7	D'Hondt Jacky	48.64	1981
8	Vervloet Gregory	48.79	2005
9	Vanhamme Stefan	48.84	1981
10	Nicodeme Romain	48.90	2017
11	Destatte Arnaud	48.94	2009
12	Asselman Frank	48.95	1994
13	Ammar Khodja Brahim	48.97	2015
14	Amery Ronald	49.15	1995
15	Balhan Pierre Antoine	49.24	2014

### 500 m

1	Froidmont Arnaud	64.64	2015
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### 800 m

1	Balhan Pierre-Antoine	1.48.65	2015
2	Ghislain Arnaud	1.50.04	2015
3	Froidmont Arnaud	1.50.86	2015
4	Labryere Jaques	1.51.20	1980
5	Van Den Broeck Wout	1.52.34	1998
6	Maingain François	1.53.47	2011
7	Desmedt Frederic	1.54.12	1992
8	Balhan Robin	1.56.03	2020
9	Petitjean Simon	1.56.86	2020
10	Levacq Corentin	1.56.95	1998
11	Payen Serge	1.57.65	1999

## RESC TOP 15 INDOOR

12	Haymans Thomas	1.57.76	2002
13	Schroeven Bruno	1.58.02	2003
14	Metian Marc	1.58.05	1998
15	Azami Halille	1.58.27	1992

### 1000 m

1	Labruyere Jacques	2.28.2	1981
2	Hernould Franky	2.30.02	2010
3	Levacq Corentin	2.32.86	2003
4	Schroeven Bruno	2.32.91	2003
5	Xhonneux Frederic	2.33.57	2005
6	Bentheim Ronald	2.35.90	2000
7	Vandamme Bram	2.37.41	2018
8	Haymans Thomas	2.38.21	2003
9	Vanderhaeghen Olivier	2.38.54	1997
10	Vandecapelle Mattijs	2.38.92	2014
11	El Yattouti Younes	2.39.78	2003
12	Tiaz Younes	2.44.47	2002
13	Guellet Yassin	2.46.30	1996
14	Nicodeme Romain	2.46.82	2014
15	Gets Florent	2.47.61	2016

### 1500 m

1	Moukrime Tarik	3.40.73	2018
2	Callahan Peter	3.41.08	2020
3	Van Den Broeck Wout	3.45.68	1998
4	Desmedt Frederic	3.45.77	1994
5	Ruell Kim	3.50.25	2013
6	Dewitte Sebastien	3.54.22	2007
7	Heremans Nick	3.56.17	1996
8	Chahbi Youness	3.56.37	2011
9	Lauwers Rony	3.57.70	1984
10	Balhan Pierre Antoine	3.59.18	2012
11	Hernould Franky	4.01.68	2010
12	Levacq Corentin	4.02.99	2004
13	Boisco Maxime	4.03.31	2016
14	Petitjean Simon	4.03.61	2015
15	Aouragh Reda	4.05.28	2022

### Mile

1	Callahan Peter	3.55.77	2018
2	Verbeeck Bob	3.57.81	1985

### 3000 m

1	Verbeeck Bob	7.55.94	1985
2	Ruell Kim	8.01.58	2013
3	De Vogel Roger	8.08.06	1981
4	Heremans Nick	8.08.53	1992
5	Desmedt Frederic	8.10.83	1999
6	Ben Mohamed Rachid	8.13.74	1992
7	Dewitte Sebastien	8.14.92	2009
8	Dulieu Christian	8.15.10	1979
9	Ouamari Aabid	8.18.00	1998
10	Lejeune Emmanuel	8.24.58	2014
11	Van Den Boeck Wout	8.31.07	1997
12	Hernould Franky	8.31.13	2009
13	Sihamane Abdeljebbar	8.36.40	2011
14	Petitjean Simon	8.36.85	2016
15	Levacq Corentin	8.42.45	2008

### 60 m haies (106 cm)

1	Broothaerts Damien	7.68	2015
2	Caty Dylan	7.81	2017
3	Asselman Frank	7.83	1996
4	Ruffacq Quentin	7.84	2015
5	Marloye Roland	8.02	1985
6	Elsen Daan	8.11	2016
7	Mambo Kedjeloba	8.13	1993
8	Dotrange Alexandre	8.25	1992
	Van de Velde Frank	8.25	1999
10	Da Silva Juan	8.31	1986
11	Xhonneux Frederic	8.36	2006
12	Sanglier Olivier	8.40	1994

13	Guellet Yassin	8.41	1996
	Montilla Dimitri	8.41	2018
15	Vandecapelle Mattijs	8.48	2014

### Hauteur

1	Sandron Dominique	2m20	1991
2	Maenhoudt Dimitri	2m18	1992
3	Kalandula Fabiano	2m15	2016
4	Moreau Guy	2m07	1973
5	Gamuela Ngamunguela Jos	2m06	2019
6	Xhonneux Frederic	2m04	2005
7	Elsen Daan	2m02	2014
8	Guellet Yassin	2m01	1992
9	Van Lancker Rudi	1m99	1988
	Montilla Dimitri	1m99	2018
11	Campener Corentin	1m98	2011
12	Halbardier Vincent	1m95	1979
	Beaumont Christian	1m95	1984
	Borsos Daniel	1m95	1987
	Van de Velde Frank	1m95	1995
	Vaissiere Cyril	1m95	2006

### Longueur

1	Campener Corentin	7m79	2020
2	Housiaux Philippe	7m70	1971
3	Van Lancker Rudi	7m63	1991
4	Guellet Yassin	7m53	1995
5	Yuma M'Bayo Eric	7m34	1989
6	Marloye Roland	7m32	1984
7	Xhonneux Frederic	7m21	2007
8	Elsen Daan	7m18	2014
9	Caluwe Arnaud	7m14	2019
10	Vanderhaeghen David	7m11	1994
11	Segers Daniel	7m05	2021
12	Vandecapelle Mattijs	6m94	2014
13	Naga Djihed	6m90	2009
14	Delporte Luc	6m82	1985
	Montilla Dimitri	6m82	2019

### Triple saut

1	Falise Didier	16m57	1987
2	Mambo Kedjeloba	16m21	1996
3	Guellet Yassin	15m45	1993
4	Vanderhaeghen David	15m30	1994
5	Xhonneux Frederic	15m07	2005
6	Yuma M'Bayo Eric	14m97	1990
7	Mambo Djeke	14m88	1994
8	Delporte Luc	14m72	1985
9	Castello Denis	14m71	1984
10	Geerts Gregory	14m67	2022
11	Rolland Dominique	14m38	1978
12	Campener Corentin	14m27	2011
13	Bolsee David	14m26	1987
14	Henry Paul	14m15	1975
15	Sandron Dominique	13m85	1992

### Perche

1	Jacques Jean-Marc	5m20	1983
2	De Water Timo	5m00	2020
3	Biot Olivier	4m90	1994
4	Xhonneux Frederic	4m80	2007
	Elsen Daan	4m80	2015
6	Dewil Jef	4m75	1991
7	Ons Bart	4m70	1993
	Rombaut Wesley	4m70	1996
	Stevens Alain	4m70	1983
10	Montilla Dimitri	4m50	2018
11	Vandecapelle Mattijs	4m40	2014
12	Jacobs David	4m20	1997
	Arifi Ilias	4m20	2022
14	Elsen Daan	4m10	2011
15	Vandenhoeck Patrick	4m00	1980
	Van Den Bedem Miguel	4m00	2014

## RESC TOP 15 INDOOR

Gets Florent	4m00	2015
<b>Poids (7,26 kg)</b>		
1 Guillaume Jonathan	15m87	2019
2 Hocq Fabrice	14m82	1999
3 Xhonneux Frederic	14m31	2008
4 Gets Florent	13m86	2019
5 Chevalier Claude	13m70	1986
6 Montilla Dimitri	13m40	2020
7 Van Vaerenbergh Piet	13m20	1984
8 Rogers Vincent	13m12	1996
9 Guellet Yassin	13m02	2003
10 Vandecapelle Mattijs	12m87	2014
11 Stockmans Franck	12m80	1993
12 Elsen Daan	12m31	2014
13 Dotrange Alexandre	12m14	1992
14 Hoffman Nils	11m99	2011
15 Metens Armand	11m71	2004

### Triathlon

1 Gets Florent	1854 p	2015
2 Montilla Alexis	1454 p	2022

### Heptathlon

1 Xhonneux Frederic	5720 p	2007
2 Guellet Yassin	5386 p	1996
3 Montilla Dimitri	5315 p	2018
4 Vandecapelle Mattijs	5285 p	2014
5 Gets Florent	4856 p	2016
6 Leyman David	3763 p	2003

### 5 km marche

1 Leroy Benjamin	20.13.88	1993
2 Foulon Didier	28.57.61	2007

## MASTERS HOMMES

### 60 m

1 Vanderbiest Joel	7.54	2015
2 Lambert John	7.55	2016
3 Callegari Nando	7.61	1983
4 Sakow Nicolas	7.62	2016
5 Fellemans Emmanuel	7.87	2015
6 Bouziane Abdelhakim	7.89	2007
7 Maniquet Rudi	8.31	2017
8 Verriez Stephane	8.47	2015
9 Louis Philippe	8.54	2017
10 Schoonen Laurent	8.62	2012
11 Pieters Serge	8.67	2012
12 Gilson Benoit	8.87	2011
13 Lemonnier Thierry	9.01	2010
14 Verheistraeten Johnny	10.17	2013

### 200 m

1 Broothaerts Damien	22.13	2019
2 Callegari Nando	24.45	1983
3 Vanderbiest Joel	24.52	2015
4 Bouziane Abdelhakim	25.26	2007
5 Sakow Nicolas	25.30	2015
6 Van de Velde Frank	25.40	2016
7 Fellemans Emmanuel	25.44	2017
8 Maniquet Rudi	27.28	2016
9 Verriez Stephane	27.65	2015
10 De Groote Jacques	28.14	2005
11 Schoonen Laurent	28.22	2016
12 Louis Philippe	29.28	2019
13 Lemonnier Thierry	29.86	2011

### 300 m

1 Vanderbiest Joel	39.76	2015
2 Schoonen Laurent	44.56	2014
3 Lemonnier Thierry	50.21	2012

### 400 m

1 Bouziane Abdelhakim	53.37	2006
2 Schoonen Laurent	65.10	2015

### 800 m

1 Vandamme Bram	2.05.66	2018
2 Xhonneux Marc	2.25.75	2020
3 Schoonen Laurent	2.47.31	2019

### 1000 m

1 Vandamme Bram	2.37.41	2018
2 Vanderbiest Joel	3.07.51	2015
3 Sakow Nicolas	3.13.10	2016
4 Van Elsuwe Cedric	3.19.03	2012
5 Schoonen Laurent	3.30.49	2019
6 Lemonnier Thierry	3.41.67	2013

### 1500 m

1 Vandamme Bram	4.11.35	2018
2 Dahchour Ahmed	4.25.22	2020
3 Njema Imed	4.34.06	2015
4 Ceux Benoit	4.40.36	2015
5 Lemonnier Thierry	4.57.55	2010
6 Schoonen Laurent	5.39.94	2019

### 60 m haies (91 cm)

1 Schoonen Laurent	11.63	2018
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### 60 m haies (99 cm)

1 Broothaerts Damien	7.97	2019
2 Lambert John	9.46	2016
3 Van de Velde Frank	9.76	2015
4 Schoonen Laurent	11.89	2015
5 Sakow Nicolas	11.99	2016
6 Lemonnier Thierry	13.01	2011

### 60 m haies (106 cm)

1 Schoonen Laurent	11.96	2018
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### Hauteur

1 Van de Velde Frank	1m84	2016
2 Sakow Nicolas	1m64	2016
3 Schoonen Laurent	1m46	2016
4 Van Elsuwe Cedric	1m40	2012
5 Vanderbiest Joel	1m40	2015
6 Lemonnier Thierry	1m33	2011
7 Hastrais Marc	1m15	2017

### Longueur

1 Vanderbiest Joel	5m80	2015
2 Sakow Nicolas	4m95	2016
3 De Groote Jacques	4m72	2005
4 Schoonen Laurent	4m69	2014
5 Lemonnier Thierry	4m36	2010
6 Van Elsuwe Cedric	4m22	2012
7 Pieters Serge	4m20	2013
8 Verriez Stephanie	3m85	2015

### Triple saut

1 Cincinatis Yves	13m75	2000
2 Schoonen Laurent	8m63	2015

### Perche

1 Dewil Jef	4m75	1991
2 Schoonen Laurent	2m67	2018

### Poids (5 kg)

1 Hastrais Marc	6m93	2017
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### Poids (6 kg)

1 Denys Jacques	9m57	2010
2 Schoonen Laurent	8m12	2016

## RESC TOP 15 INDOOR

### Poids (7,26 kg)

1	Lambert John	11m86	2016
2	Denys Jacques	9m45	2007
3	Pieters Serge	8m59	2012
4	Sakow Nicolas	7m94	2016
5	Lemonnier Thierry	7m46	2012
6	Schoonen Laurent	6m83	2014
7	Van Der Perren Marc	6m46	2005

### Pentathlon M35

1	Sakow Nicolas	2116 p	2016
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### Pentathlon M50

1	Schoonen Laurent	2425 p	2016
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### 5 km marche

1	Foulon Didier	28.29.75	2008
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## MASTERS HOMMES HANDISPORT

### 60 m

1	Denys Jacques	20.12	2020
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### Poids (5 kg)

1	Denys Jacques	7m03	2020
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### Poids (6 kg)

1	Denys Jacques	6m57	2019
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