

RESC OUTDOOR 2022

BENJAMINES FILLES

60 m		RC : 9.35			
1	Dzou Steffy Ann	13	9.38	24/09	cabw
2	Strypstein Solena	13	9.82	30/04	resc
3	Delneufcourt Marion	13	10.52	08/10	rcb
4	Arys Josephine	13	10.72	16/10	ws
5	Vermeir Jade	13	10.73	08/10	rcb
6	Snackaert Laya	13	11.22	18/06	rcb
7	Housiaux Lucie	14	11.48	16/10	ws
8	Lolos Melina	14	11.51	02/04	resc
9	Shehi Enza	13	11.52	16/10	ws
10	Desager Alexandra	13	11.88	16/10	ws
	Ghesquiere Sophie	14	11.88	16/10	ws
12	Di Prima Nizet Colette	14	12.16	24/09	rcas
13	Pouansi Louise	14	12.35	02/04	resc

600 m		RC : 2.00.94			
1	Strypstein Solena	13	1.57.65	16/10	ws
2	Dzou Steffy Ann	13	2.13.95	18/06	rcb
3	Vermeir Jade	13	2.22.98	16/10	ws
4	Arys Josephine	13	2.23.67	16/04	smac
5	Housiaux Lucie	14	2.23.68	16/10	ws
6	Delneufcourt Marion	13	2.32.62	18/06	rcb
7	Ghesquiere Sophie	14	2.37.13	16/10	ws
8	Di Prima Nizet Colette	14	2.39.22	16/10	ws
9	Snackaert Laya	13	2.40.69	18/06	rcb
10	Desager Alexandra	13	2.41.19	16/10	ws
11	Lolos Melina	14	2.41.92	02/04	resc
12	Shehi Enza	13	2.42.94	16/10	ws
13	Pouansi Louise	14	3.25.87	02/04	resc

Hauteur		RC : 1m18			
1	Strypstein Solena	13	1m21	02/10	csdy
2	Dzou Steffy Ann	13	1m06	04/06	rcas
3	Arys Josephine	13	1m04	28/08	riwa
4	Vermeir Jade	13	1m00	01/07	resc
5	Delneufcourt Marion	13	0m85	01/07	resc
	Di Prima Nizet Colette	14	0m85	01/07	resc
7	Housiaux Lucie	14	0m80	01/07	resc
8	Ghesquiere Sophie	14	0m75	01/07	resc
9	Pouansi Louise	14	0m70	01/07	resc

Longueur		RC : 3m88			
1	Dzou Steffy Ann	13	3m53	18/06	rcb
2	Strypstein Solena	13	3m46	15/05	csdy
3	Arys Josephine	13	2m95	10/09	lace
4	Vermeir Jade	13	2m69	18/06	rcb
5	Delneufcourt Marion	13	2m65	30/04	resc
6	Housiaux Lucie	14	2m61	16/10	ws
7	Ghesquiere Sophie	14	2m44	16/10	ws
8	Di Prima Nizet Colette	14	2m38	16/10	ws
9	Shehi Enza	13	2m21	16/10	ws
10	Desager Alexandra	13	2m17	16/10	ws

Poids (1 kg)		RC : 8m63			
1	Arys Josephine	13	7m58	16/04	smac
2	Strypstein Solena	13	7m06	16/10	ws
3	Dzou Steffy Anne	13	7m02	01/05	ws
4	Vermeir Jade	13	6m68	16/10	ws
5	Shehi Enza	13	5m95	16/10	ws
6	Desager Alexandra	13	5m02	16/10	ws
7	Housiaux Lucie	14	4m59	16/10	ws
8	Lolos Melina	14	4m41	02/04	resc
9	Ghesquiere Sophie	14	4m40	16/10	ws
10	Di Prima Nizet Colette	14	3m34	16/10	ws
11	Pouansi Louise	14	2m96	02/04	resc

Balle de hockey		RC : 28m96			
1	Strypstein Solena	13	29m60	10/09	lace
2	Arys Josephine	13	22m25	23/10	rcas
3	Vermeir Jade	13	21m12	23/10	rcas
4	Dzou Steffy Ann	13	19m45	10/09	lace

5	Housiaux Lucie	14	17m42	18/06	rcb
6	Delneufcourt Marion	13	12m30	18/06	rcb
7	Ghesquiere Sophie	14	11m42	01/07	resc
8	Pouansi Louise	14	8m44	01/07	resc
9	Di Prima Nizet Colette	14	8m41	01/07	resc
10	Snackaert Laya	13	7m34	18/06	rcb

Tetrathlon		RC : 1652 p			
1	Strypstein Solena	13	1602 p	16/10	ws
2	Dzou Steffy Ann	13	1220 p	18/06	rcb
3	Arys Josephine	13	934 p	16/10	ws
4	Vermeir Jade	13	928 p	16/10	ws
5	Housiaux Lucie	14	758 p	16/10	ws
6	Delneufcourt Marion	13	579 p	18/06	rcb
7	Shehi Enza	13	550 p	16/10	ws
8	Ghesquiere Sophie	14	474 p	16/10	ws
9	Desager Alexandra	13	451 p	16/10	ws
10	Di Prima Nizet Colette	14	398 p	16/10	ws
11	Snackaert Laya	13	309 p	18/06	rcb

4 x 60 m		RC : 37.58		
Arys, Delneufcourt, Dzou, Strypstein	38.89	08/10	rcb	

PUPILLES FILLES

60 m		RC : 8.55			
1	Popescu Raisa Gabriela	11	8.66	16/10	ws
2	Schroeven Camille	11	8.85	16/10	ws
3	Strypstein Maeva	11	9.09	02/10	csdy
4	Medan Ivana	12	9.22	16/10	ws
5	De Cooman Lea	11	9.29	08/10	rcb
6	D'Hallewin Olivia	12	9.67	16/10	ws
7	Gerard Zoe	12	9.76	16/10	ws
8	Prevost Salome	11	10.07	30/04	resc
9	Zitouni Ilhem	12	10.28	02/04	resc
10	Paques Rose	12	10.52	16/10	ws
11	El Youssofi Asmae	12	10.63	20/08	ws
12	Shehi Serena	11	10.86	16/10	ws
13	Ndeze Giulia	12	10.94	16/10	ws
14	Kanyarwanda Thalia Marthe	12	11.07	02/04	resc
15	Saddiqe Aya	12	11.11	30/04	resc
16	Neili Alya	12	11.17	02/04	resc
17	El Hmam Nour	11	12.44	30/04	resc

1000 m		RC : 3.26.31			
1	Popescu Raisa Gabriela	11	3.25.71	01/05	ws
2	Schroeven Camille	11	3.37.42	02/07	ws
3	De Cooman Lea	11	3.44.12	01/05	ws
4	Strypstein Maeva	11	3.48.33	15/05	csdy
5	Paques Rose	12	4.01.43	16/10	ws
6	Medan Ivana	12	4.05.37	16/10	ws
7	D'Hallewin Olivia	12	4.06.77	16/10	ws
8	Gerard Zoe	12	4.08.37	08/10	rcb
9	Ndeze Giulia	12	4.44.67	16/10	ws
10	El Hmam Nour	11	5.06.74	02/04	resc

60 m haies (68 cm)		RC : 10.35			
1	Schroeven Camille	11	10.98	24/09	cabw
2	Strypstein Maeva	11	10.99	24/09	cabw
3	Popescu Raisa Gabriela	11	11.24	30/04	resc
4	De Cooman Lea	11	11.46	14/05	vs

1 km marche		RC : 6.20.58			
1	Gerard Zoe	12	6.50.97	04/06	rcas
2	Schroeven Camille	11	6.55.37	04/06	rcas
3	Strypstein Maeva	11	7.02.31	04/06	rcas

Hauteur		RC : 1m33			
1	Popescu Raisa Gabriela	11	1m37	02/04	resc
2	Strypstein Maeva	11	1m34	02/04	resc
3	Schroeven Camille	11	1m28	15/08	vs
4	De Cooman Lea	11	1m27	01/07	resc
5	El Youssofi Asmae	12	1m14	20/08	ws

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6	Gerard Zoe	12	1m07	01/07	resc
7	Zitouni Ilhem	12	1m06	02/04	resc
8	Paques Rose	12	0m87	01/07	resc

Longueur RC : 4m48

1	Popescu Raisa Gabriela	11	4m57	16/10	ws
2	De Cooman Lea	11	4m02	28/08	vac
3	Medan Ivana	12	3m82	08/10	rcb
4	Schroeven Camille	11	3m80	08/10	rcb
5	Strypstein Maeva	11	3m65	16/10	ws
6	D'Hallewin Olivia	12	3m31	16/10	ws
7	Gerard Zoe	12	3m18	16/10	ws
8	Ndeze Giulia	12	2m77	16/10	ws
9	Paques Rose	12	2m74	16/10	ws
10	Shehi Serena	11	2m53	16/10	ws

Poids (2 kg) RC : 9m75

1	Popescu Raisa Gabriela	11	9m67	31/07	vita
2	De Cooman Lea	11	8m35	28/08	vac
3	Strypstein Maeva	11	7m30	10/09	lace
4	Schroeven Camille	11	6m53	10/09	lace
5	Gerard Zoe	12	4m70	10/09	lace

Disque (600 gr) RC : 24m96

1	Popescu Raisa Gabriela	11	26m15	08/10	rcb
2	De Cooman Lea	11	23m71	08/10	rcb
3	Strypstein Maeva	11	18m26	08/10	rcb
4	Medan Ivana	12	16m34	28/08	rcg
5	Schroeven Camille	11	15m90	30/04	resc
6	Gerard Zoe	12	11m75	08/10	rcb
7	El Hmam Nour	11	9m94	30/04	resc
8	D'Hallewin Olivia	12	8m02	08/10	rcb
9	Neili Alya	12	8m01	30/04	resc

Balle de hockey RC : 41m50

1	Popescu Raisa Gabriela	11	32m06	17/09	herv
2	De Cooman Lea	11	32m04	31/07	vita
3	Strypstein Maeva	11	27m39	15/05	csdy
4	Schroeven Camille	11	24m65	21/08	vita
5	Gerard Zoe	12	21m70	16/10	ws
6	Paques Rose	12	20m47	16/10	ws
7	Ndeze Giulia	12	20m04	16/10	ws
8	Medan Ivana	12	19m86	16/10	ws
9	D'Hallewin Olivia	12	15m15	16/10	ws
10	Neili Alya	12	14m90	01/07	resc
11	Shehi Serena	11	12m70	16/10	ws

Tetralhlon RC : 2077 p

1	Popescu Raisa Gabriela	11	2127 p	10/09	lace
2	Schroeven Camille	11	1813 p	16/10	ws
3	Strypstein Maeva	11	1609 p	10/09	lace
4	De Cooman Lea	11	1419 p	10/09	lace
5	Medan Ivana	12	1405 p	16/10	ws
6	Gerard Zoe	12	1140 p	16/10	ws
7	D'Hallewin Olivia	12	1133 p	16/10	ws
8	Paques Rose	12	952 p	16/10	ws
9	Ndeze Giulia	12	632 p	16/10	ws

4 x 60 m RC : 33.97

Schroeven, Strypstein, Medan, Popescu	34.54	08/10	rcb
De Cooman, D'Hallewin, Gerard, Prevost	36.73	08/10	rcb

MINIMES FILLES

50 m RC : 7.30

1	Squiflet Emelynn	10	7.20	09/10	FRA
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80 m RC : 10.64

1	Squiflet Emelynn	10	10.68	15/05	csdy
2	Radermacher Sarah	09	11.40	10/09	lace
3	Dzou Lesly Kayla	10	11.61	18/06	rcb
4	Sibourg Celya	09	11.78	16/04	smac
5	Biasino Laureline	09	12.36	01/05	ws

Mayuma Maeva	10	12.36	16/10	ws
7 Zouaoui Inaya	10	12.73	16/10	ws
8 Desager Eleanor	10	13.07	16/10	ws
9 Di Prima Maggie	09	13.34	30/04	resc
10 Saddiqe Fatima Zohra	10	14.53	30/04	resc

150 m RC : 20.13

1	Squiflet Emelynn	10	20.08	04/06	rcas
2	Dzou Lesly Kayla	10	21.10	04/06	rcas
3	Radermacher Sarah	09	22.23	02/04	resc
4	Sibourg Celya	09	22.81	02/04	resc
5	Biasino Laureline	09	23.86	02/04	resc
6	Olemans Maia	10	27.02	02/04	resc

1000 m RC : 3.14.33

1	Squiflet Emelynn	10	3.46.53	15/05	csdy
2	Mayuma Maeva	10	3.49.77	16/10	ws
3	Radermacher Sarah	09	3.53.21	10/09	lace
4	Zouaoui Inaya	10	4.12.95	16/10	ws
5	Desager Eleanor	10	4.19.83	16/10	ws
6	Dzou Lesly Kayla	10	4.23.88	10/09	lace

50 m haies (65 cm) RC : 8.04

1	Squiflet Emelynn	10	8.33	09/10	FRA
2	Dzou Lesly Kayla	10	8.92	09/10	FRA

60 m haies (68 cm) RC : 10.35

1	Squiflet Emelynn	10	10.22	03/04	ws
2	Dzou Lesly Kayla	10	10.60	30/04	resc
3	Radermacher Sarah	09	11.05	31/07	vita
4	Sibourg Celya	09	11.23	30/04	resc

150 m haies (68 cm) RC : -

1	Squiflet Emelynn	10	21.91	01/05	ws
2	Radermacher Sarah	09	22.51	01/05	ws
3	Sibourg Celya	09	23.92	01/05	ws

Hauteur RC : 1m57

1	Radermacher Sarah	09	1m35	10/09	lace
2	Sibourg Celya	09	1m27	30/04	resc
3	Dzou Lesly Kayla	10	1m26	04/06	rcas
4	Mayuma Maeva	10	1m25	16/10	ws
	Squiflet Emelynn	10	1m25	09/06	cabw
6	Desager Eleanor	10	1m10	16/10	ws
	Zouaoui Inaya	10	1m10	16/10	ws

Longueur RC : 5m00

1	Squiflet Emelynn	10	4m76	01/07	resc
2	Radermacher Sarah	09	4m64	01/07	resc
3	Dzou Lesly Kayla	10	4m18	01/07	resc
4	Sibourg Celya	09	3m96	01/07	resc
5	Di Prima Maggie	09	3m57	01/07	resc
6	Mayuma Maeva	10	3m54	01/05	ws
7	Desager Eleanor	10	3m12	16/10	ws
8	Zouaoui Inaya	10	3m07	16/10	ws

Poids (2 kg) RC : 13m12

1	Dzou Lesly Kayla	10	10m38	24/09	cabw
2	Squiflet Emelynn	10	10m06	15/05	csdy
3	Radermacher Sarah	09	9m69	01/07	resc
4	Sibourg Celya	09	7m96	31/07	vita
5	Mayuma Maeva	10	7m85	16/10	ws
6	Zouaoui Inaya	10	5m89	16/10	ws
7	Desager Eleanor	10	5m88	16/10	ws
8	Di Prima Maggie	09	4m25	01/07	resc

Disque (750 gr) RC : 27m29

1	Radermacher Sarah	09	24m93	23/10	rcas
2	Squiflet Emelynn	10	22m91	15/05	csdy
3	Mayuma Maeva	10	18m14	23/10	rcas
4	Dzou Lesly Kayla	10	18m05	18/06	rcb

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Javelot (400 gr)		RC : 34m63			
1	Radermacher Sarah	09	30m78	31/07	vita
2	Dzou Lesly Kayla	10	20m35	04/06	rcas
3	Squiflet Emelynn	10	20m21	01/05	ws
4	Sibourg Celya	09	15m51	31/07	vita
5	Biasino Laureline	09	12m31	02/04	resc
6	Mayuma Maeva	10	11m77	23/10	rcas

Pentathlon		RC : 3021 p			
1	Squiflet Emelynn	10	2693 p	15/05	csdy
2	Radermacher Sarah	09	2453 p	10/09	lace
3	Dzou Lesly Kayla	10	2051 p	10/09	lace
4	Mayuma Maeva	10	2003 p	16/10	ws
5	Zouaoui Inaya	10	1415 p	16/10	ws
6	Desager Eleanor	10	1325 p	16/10	ws

4 x 80 m		RC : 41.33		
Dzou, Radermacher, Sibourg, Squiflet		44.04	31/07	vita

CADETTES FILLES

80 m		RC : -		
1	Sanchez Elisa	07	11.02	09/10 FRA

100 m		RC : 12.64			
1	Sanchez Elisa	07	13.22	30/04	resc
2	Cornali Nora	08	13.60	30/04	resc
3	Palalic Lena	08	14.01	30/04	resc
4	Barry Diariou	08	14.12	15/05	csf
5	Gerard Emma	08	14.25	04/06	rcas
6	Sivis Mulongo Juliana	07	14.61	15/05	csf
7	Khrauph Aaya	08	14.76	02/04	resc
8	Wanyu Diane Kylie	08	15.51	30/04	resc
9	Sandron Elise	08	16.10	02/04	resc
10	Bouadi Nour	08	19.27	02/04	resc

120 m		RC : -		
1	Sanchez Elisa	07	16.41	09/10 FRA

200 m		RC : 26.14			
1	Sanchez Elisa	07	27.44	18/04	rcb
2	Cornali Nora	08	29.02	30/04	resc
3	Barry Diariou	08	29.24	18/04	rcb
4	Palalic Lena	08	29.42	30/04	resc
5	Khrauph Aaya	08	29.78	18/04	rcb
6	Gerard Emma	08	30.79	02/10	csf

300 m		RC : 42.36		
1	Gerard Emma	08	49.23	16/10 ws

400 m		RC : 57.61			
1	Lopez Gonzalez Chrystal	08	65.54	28/05	rcb
2	Sivis Mulongo Juliana	07	69.55	18/04	rcb
3	Sanchez Elisa	07	70.04	02/04	resc
4	Agacseven Lina	08	71.70	02/04	resc

800 m		RC : 2.21.88			
1	Inconstant Elisa	07	2.23.09	28/05	rcb
2	Agacseven Lina	08	2.52.39	22/05	rcas

1000 m		RC : 3.01.95		
1	Inconstant Elisa	07	3.09.04	09/10 FRA

1500 m		RC : 4.53.37		
1	Inconstant Elisa	07	5.17.63	28/05 rcb

80 m haies (76 cm)		RC : 11.88		
1	Sivis Mulongo Juliana	07	15.62	21/05 rcas
2	Agacseven Lina	08	16.54	21/05 rcas

300 m haies (76 cm)		RC : 45.51		
1	Gerard Emma	08	54.44	13/07 riem

2	Agacseven Lina	08	58.81	17/07	avt
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Hauteur		RC : 1m68			
1	Cornali Nora	08	1m35	28/05	rcb
2	Sivis Mulongo Juliana	07	1m27	18/04	rcb
3	Agacseven Lina	08	1m20	21/05	rcas
	Wanyu Diane Kylie	08	1m20	18/04	rcb

Longueur		RC : 5m74			
1	Mjahed Maya	07	4m42	30/04	resc
2	Palalic Lena	08	4m35	18/04	rcb
3	Khrauph Aya	08	4m29	15/05	csf
4	Gerard Emma	08	4m09	18/04	rcb
5	Sivis Mulongo Juliana	07	3m85	22/05	rcas
6	Wanyu Diane Kylie	08	3m83	30/04	resc
7	Agacseven Lina	08	3m44	22/05	rcas

Poids (3 kg)		RC : 13m85			
1	Mjahed Maya	07	10m86	07/09	vita
2	Mayuma Marie	08	10m07	23/10	rcas
3	Wanyu Diane	08	8m14	02/07	moha
4	Mubarik Inaya	08	8m12	03/04	ws
5	Agacseven Lina	08	5m19	21/05	rcas
6	Sivis Mulongo Juliana	07	4m58	21/05	rcas

Disque (1 kg)		RC : 37m60			
1	Mjahed Maya	07	27m72	30/04	resc
2	Mayuma Marie	08	27m25	21/08	csf
3	Mubarik Inaya	08	24m01	27/08	rfcl
4	Gerard Emma	08	17m74	10/07	dacm
5	Frifra Kheira	07	16m50	18/04	rcb

Javelot (500 gr)		RC : 41m46			
1	Mayuma Marie	08	32m39	09/10	FRA
2	Mjahed Maya	07	27m55	23/10	rcas
3	Mubarik Inaya	08	19m94	02/04	resc
4	Gerard Emma	08	16m49	10/07	dacm
5	Wanyu Diane Kylie	08	15m89	02/04	resc
6	Agacseven Lina	08	14m05	22/05	rcas
7	Frifra Kheira	07	13m50	11/05	looi
8	Sivis Mulongo Juliana	07	10m79	02/04	resc

Hexathlon		RC : 3901 p		
1	Agacseven Lina	08	1711 p	22/05 rcas
2	Sivis Mulongo Juliana	07	1386 p	22/05 rcas

4 x 100 m		RC : 50.59		
Khraup, Cornali, Gerard, Sanchez		53.66	21/05	rcas

SCOLAIRES FEMMES

100 m		RC : 12.33			
1	Leonard Elise	05	12.61	30/04	resc
2	Bahaid Salma	05	13.24	28/05	rcb
3	Cole Almond Hadasha	06	14.04	03/07	bbs
4	Kubiak Joanna	06	14.16	18/04	rcb
5	Biala Judikaelle	06	14.39	18/04	rcb
6	Kallouch Bouchra	05	15.57	02/04	resc
7	El Hasnaoui Amel	06	16.50	02/10	csf

200 m		RC : 25.10			
1	Bahaid Salma	05	27.63	06/05	grim
2	Kubiak Joanna	06	29.84	28/05	rcb
3	Van Der Essen Ines	05	31.82	02/07	ws

400 m		RC : 56.03			
1	Bahaid Salma	05	64.74	28/05	rcb
2	Vanneste Blum	06	73.46	30/04	resc

800 m		RC : 2.14.88		
1	Kagu Gerta	05	2.27.98	02/07 ws

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1500 m		RC : 4.41.18			
1	Kagu Gerta	05	5.45.30	28/05	rcb
3000 m		RC : 10.41.31			
1	Van Der Essen Ines	05	13.32.96	28/05	rcb
400 haies (76 cm)		RC : 62.36			
1	Degrez Lisa	06	96.10	28/05	rcb
Hauteur		RC : 1m68			
1	Sandron Charline	05	1m25	28/05	rcb
Longueur		RC : 6m08			
1	Aguza Vieira Olivia	06	4m76	28/05	rcb
Poids (3 kg)		RC : 14m06			
1	Mathieu Julia	05	13m76	28/05	rcb
2	Cole Almond Hadasha	06	8m13	15/05	csf
Javelot (500 gr)		RC : 41m95			
1	Cole Almond Hadasha	06	13m92	28/05	rcb
2	Van Der Essen Ines	05	13m47	18/04	rcb
4 x 100 m		RC : 48.97			
Bahaid, Cole, Kubiak, Leonard			52.56	18/04	rcb

JUNIORS FEMMES

100 m		RC : 12.03			
1	Tshanga Diomi Roline	04	12.94	30/04	resc
2	Lucas Clara	04	13.23	30/04	resc
3	Ngindu Imani Marianne	03	13.41	30/04	resc
4	Martins Junior Magaly	04	13.53	30/04	resc
5	Cole Anne Ramon	04	13.59	21/08	csf
6	Suroçaj Loreta	04	15.08	30/04	resc
200 m		RC : 24.65			
1	Tshanga Diomi Roline	04	26.08	16/07	vita
2	Martins Junior Magaly	04	27.53	18/06	cabw
3	Cole Anne Ramon	04	28.21	06/08	dcla
4	Ngindu Imani Marianne	03	29.05	30/04	resc
400 m		RC : 56.03			
1	Tshanga Diomi Roline	04	58.07	23/07	oeh
Longueur		RC : 6m08			
1	Lucas Clara	04	5m29	14/05	ws
Triple saut		RC : 12m15			
1	Lucas Clara	04	11m23	14/05	ws
2	Suroçaj Loreta	04	9m08	30/04	resc
Javelot (600 gr)		RC : 42m80			
1	Van Ex Colemont Alexia	04	17m13	18/04	rcb

SENIORS FEMMES

100 m		RC : 11.42			
1	Nkansa Delphine	01	11.26	09/07	FRA
2	Oulare Maryam	02	11.56	31/07	LUX
3	Zagre Anne	90	11.77	10/08	CH
4	Badji Jalika	96	12.25	04/06	vs
5	Ombeni Rachel	01	12.60	26/08	NOR
200 m		RC : 23.46			
1	Nkansa Delphine	01	23.03	10/07	FRA
2	Oulare Mariam	02	23.35	10/07	FRA
3	Badji Jalika	96	24.59	04/06	vs
4	Vereecke Hanna	00	26.31	30/04	resc

300 m		RC : 38.04			
1	Badji Jalika	96	39.65	06/08	dcla
400 m		RC : 53.51			
1	Badji Jalika	96	55.95	02/07	ws
2	Vereecke Hanna	00	56.85	28/05	ea
3	Joblin Marine	02	58.45	18/05	cabw
4	Simons Lina	96	64.29	30/04	resc
800 m		RC : 2.03.72			
1	Muls Camille	99	2.09.53	30/04	resc
2	Joblin Marine	02	2.11.71	14/05	ws
3	Pinter Eline	96	2.12.09	28/05	ea
4	Kurza Claudia	02	2.36.96	03/04	ws
1500 m		RC : 4.12.35			
1	Muls Camille	99	4.12.35	02/07	avt
2	Pinter Eline	96	4.30.18	03/07	olse
3	Van Lent Jana	01	4.34.73	08/07	NED
Mile		RC : 4.44.36			
1	Pinter Eline	96	4.58.17	11/02	USA
3000 m		RC : 8.49.85			
1	Van Lent Jana	01	9.59.86	03/07	bbs
2	Goethals Lutgard	02	10.33.50	12/06	usbw
5000 m		RC : 15.41.24			
1	Van Lent Jana	01	16.38.87	21/05	GER
10.000 m		RC : 32.23.39			
1	Van Lent Jana	01	34.54.07	30/04	malm
Semi marathon		RC : -			
1	Goethals Lutgard	02	1h20.34	24/04	AUT
100 m haies (84 cm)		RC : 12.71			
1	Zagre Anne	90	12.95	03/07	CH
400 m haies (76 cm)		RC : 55.20			
1	Badji Jalika	96	59.53	26/06	rcg
Hauteur		RC : 1m95			
1	Thiebot Oceane	01	1m65	21/05	FRA
Longueur		RC : 6m28			
1	Guisse Saliyya	96	6m09	18/06	cabw
2	Ombeni Rachel	01	5m70	27/08	NOR
3	Kizito Prisca	01	5m34	14/05	ws
Triple saut		RC : 13m38			
1	Ombeni Rachel	01	13m00	04/06	NOR
2	Guisse Saliyya	96	12m95	26/06	rcg
3	Kana Sephora	98	9m99	30/04	resc
Perche		RC : 4m30			
1	Henry Chloe	87	3m80	07/05	damp
2	Van De Sype Chloe	97	3m00	04/06	rcas
Poids (4 kg)		RC : 14m84			
1	Iven Kayla	02	10m78	14/05	ws
Disque (1 kg)		RC : 47m99			
1	Pheulpin Anne	99	48m52	04/06	FRA
2	Van De Sype Chloe	97	30m50	30/04	resc
Javelot (600 gr)		RC : 46m23			
1	Smal Pauline	98	49m58	12/06	usbw
2	Iven Kayla	02	45m14	14/05	ws

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Marteau (4 kg)		RC : 56m30			
1	Pheulpin Anne	99	41m67	07/05	damp
4 x 100 m		RC : 46.60			
Leonard, Oulare, Badji, Zagre		48.08		07/05	damp
4 x 400 m		RC : 3.48.08			
Vereecke, Muls, Tshanga, Badji		3.53.93		07/05	damp
Ekiden		RC : 2h46.15			
Lins, Van Lent, Joblin, Goethals, Chylinski, Muls		2h41.43		22/10	resc

MASTERS FEMMES

100 m		RC : 12.73			
1	Dewitte Valerie	80	14.11	22/05	CH
2	Boonaert Caroline	64	14.54	14/06	ob
200 m		RC : 26.58			
1	Dewitte Valerie	80	28.04	09/07	CH
2	Boonaert Caroline	64	31.85	05/06	usta
300 m		RC : 43.89			
1	Dewitte Valerie	80	44.76	22/05	CH
400 m		RC : 43.89			
1	Dewitte Valerie	80	63.28	11/06	CH
800 m		RC : 2.23.91			
1	Chylinski Marta	86	2.12.37	20/08	vmol
1000 m		RC : 2.55.49			
1	Chylinski Marta	86	2.51.21	28/08	abes
1500 m		RC : 4.36.3			
1	Chylinski Marta	86	4.50.08	07/05	damp
Mile		RC : 6.05.79			
1	Chylinski Marta	86	4.57.75	11/09	dalo
2000 m		RC : 7.32.72			
1	Chylinski Marta	86	6.22.26	07/09	vita
3000 m		RC : 10.12.14			
1	Chylinski Marta	86	9.44.78	13/08	riem
Semi marathon		RC : 1h43.29			
1	Gillis Caroline	78	2h06.24	02/10	bxl
Marathon		RC : 3h17.15			
1	Norris Josephine	83	3h42.16	24/04	AUT
2	Nizet Adrienne	84	3h55.46	02/10	bxl
3	Lion Annick	74	4h30.05	02/10	bxl
Hauteur		RC : 1m42			
1	Reynaerts Stephanie	80	1m20	05/06	usta
Longueur		RC : 5m26			
1	Nkumu Bakuba Nancy	77	3m97	05/06	usta
Poids (4 kg)		RC : 11m09			
1	Adam Benedicte	78	11m20	18/04	riwa
2	Reynaerts Stephanie	80	8m89	23/10	rcas
3	Cardenas Ojito Janet	73	6m97	30/04	resc
4	De Buyst Nadia	73	6m56	10/07	dacm
Disque (1 kg)		RC : 34m32			
1	Adam Benedicte	78	30m90	11/06	ob
2	Reynaerts Stephanie	80	29m57	18/04	rcb
3	De Buyst Nadia	73	23m30	30/04	resc

4	Cardenas Ojito Janet	73	16m38	18/04	rcb
Javelot (600 gr)		RC : 29m63			
1	Reynaerts Stephanie	80	24m92	17/07	acw
2	Cardenas Ojito Janet	73	17m50	18/04	rcb
Marteau (4 kg)		RC : 33m35			
1	Reynaerts Stephanie	80	26m43	17/07	acw
Grand poids (9,08 kg)		RC : 9m51			
1	Reynaerts Stephanie	80	8m64	17/07	acw
Pentathlon de lancer W40		RC : -			
1	Reynaerts Stephanie	80	2498 p	17/07	acw

BENJAMINS GARCONS

60 m		RC : 9.17			
1	Obrijianu Vadim	13	9.75	08/10	rcb
2	Cioaca Mario Louis	13	10.40	02/07	ws
3	De Maeyer Ky-Mani	14	10.41	30/04	resc
4	Ndeze Anthony	14	10.52	16/10	ws
5	Draoui Amine	14	10.75	18/06	rcb
6	Marchal Noam	13	10.96	18/06	rcb
7	Vanderschelden Teo	14	11.23	10/09	lace
8	De Heug Elliot	13	11.41	10/09	lace
9	Hendrichs Arthur	13	11.42	16/10	ws
10	Kurel Pars	14	11.69	02/04	resc
11	Sulon Mathieu	14	12.11	08/10	rcb
12	Mievis Axel	13	12.18	25/09	rcas
13	Naif Chevalier Hugo	14	12.30	10/09	lace
14	Mjihdi Wassim	14	12.42	30/04	resc
15	Laroussi Fares	14	13.67	30/04	resc
600 m		RC : 1.57.80			
1	Obrijianu Vadim	13	2.04.83	18/06	rcb
2	Ndeze Anthony	14	2.14.00	16/10	ws
3	Draoui Amine	14	2.15.54	12/06	usbw
4	De Maeyer Ky-Mani	14	2.18.31	18/06	rcb
5	Hendrichs Arthur	13	2.19.00	16/10	ws
6	Vanderschelden Teo	14	2.20.27	10/09	lace
7	Naif Chevalier Hugo	14	2.23.62	10/09	lace
8	Mievis Axel	13	2.26.44	16/10	ws
9	Marchal Noam	13	2.27.98	08/10	rcb
10	Cioaca Mario Louis	13	2.29.12	15/05	csdy
11	De Heug Elliot	13	2.30.74	10/09	lace
12	Sulon Mathieu	14	2.51.82	02/04	resc
Hauteur		RC : 1m25			
1	Marchal Noam	13	0m96	08/10	rcb
2	Cioaca Mario Louis	13	0m90	01/07	resc
	De Maeyer Ky-Mani	14	0m90	01/07	resc
4	Mievis Axel	13	0m85	01/07	resc
5	De Heug Elliot	13	0m80	01/07	resc
	Naif Chevalier Hugo	14	0m80	01/07	resc
	Sulon Mathieu	14	0m80	01/07	resc
Longueur		RC : 4m19			
1	Obrijianu Vadim	13	3m26	18/06	rcb
2	Draoui Amine	14	3m00	18/06	rcb
3	Ndeze Anthony	14	2m97	16/10	ws
4	Cioaca Mario Louis	13	2m77	15/05	csdy
5	Hendrichs Arthur	13	2m71	16/10	ws
6	De Heug Elliot	13	2m69	10/09	lace
7	Marchal Noam	13	2m64	25/09	rcas
8	De Maeyer Ky-Mani	14	2m63	01/05	ws
9	Kurel Pars	14	2m59	30/04	resc
10	Vanderschelden Teo	14	2m54	10/09	lace
11	Naif Chevalier Hugo	14	2m30	10/09	lace
12	Mievis Axel	13	2m27	25/09	rcas
13	Sulon Mathieu	14	2m09	10/09	lace
14	Laroussi Fares	14	2m05	30/04	resc
15	Mjihdi Wassim	14	1m68	30/04	resc

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Poids (1 kg)		RC : 11m68			
1	Hendrichs Arthur	13	8m21	23/10	rcas
2	Ndeze Anthony	14	7m14	16/10	ws
3	Obrijianu Vadim	13	6m75	02/04	resc
4	Marchal Noam	13	6m17	25/09	rcas
5	Kurel Pars	14	6m04	02/04	resc
6	Draoui Amine	14	5m56	18/06	rcb
7	De Maeyer Ky-Mani	14	5m48	18/06	rcb
8	De Heug Elliot	13	5m33	01/05	ws
9	Mievis Axel	13	4m72	16/10	ws
10	Cioaca Mario Louis	13	3m80	15/05	csdy
11	Sulon Mathieu	14	3m36	02/04	resc

Balle de hockey		RC : 40m13			
1	Hendrichs Arthur	13	24m92	23/10	rcas
2	De Heug Elliot	13	22m79	01/07	resc
3	Obrijianu Vadim	13	17m86	10/09	lace
4	Marchal Noam	13	17m46	10/09	lace
5	Naif Chevalier Hugo	14	14m19	01/07	resc
6	De Maeyer Ky-Mani	14	13m79	01/07	resc
7	Vanderschelden Teo	14	13m76	10/09	lace
8	Mievis Axel	13	13m24	01/07	resc
9	Sulon Mathieu	14	11m27	10/09	lace
10	Cioaca Mario Louis	13	9m86	01/07	resc

Tetrathlon		RC : 2099 p			
1	Obrijianu Vadim	13	1472 p	18/06	rcb
2	Ndeze Anthony	14	1182 p	16/10	ws
3	Draoui Amine	14	946 p	18/06	rcb
4	De Maeyer Ky-Mani	14	929 p	18/06	rcb
5	Hendrichs Arthur	13	904 p	16/10	ws
6	Marchal Noam	13	810 p	25/09	rcas
7	Cioaca Mario Louis	13	760 p	15/05	csdy
8	Vanderschelden Teo	14	633 p	10/09	lace
9	De Heug Elliot	13	585 p	10/09	lace
10	Mievis Axel	13	497 p	25/09	rcas
11	Naif Chevalier Hugo	14	411 p	10/09	lace
12	Sulon Mathieu	14	119 p	10/09	lace

PUPILLES GARCONS

60 m		RC : 8.09			
1	Chekem Amon Re	11	9.15	14/05	vs
2	Dogru Ilian	12	9.24	01/05	ws
3	Bouzekraoui Walid	12	9.30	01/05	ws
4	Mievis Lionel	11	9.70	16/10	ws
5	Ghesquiere Alexandre	11	9.77	20/08	ws
6	Juvyns Benjamin	11	9.82	10/09	lace
7	Marchal Mathys	11	10.03	18/06	rcb
8	Neerscholten Amos	12	10.16	02/04	resc
9	Housiaux Julien	12	10.21	02/04	resc
10	Ruhangira Nathan	12	10.22	10/09	lace
11	Bellaari Nawfel	11	10.34	16/10	ws
12	Philips Raphael	11	10.35	10/09	lace
13	Gysen Romain	12	10.51	16/10	ws
14	Rozzi Arthur	11	11.04	01/05	ws

1000 m		RC : 3.14.18			
1	Chekem Amon Re	11	3.29.90	14/05	vs
2	Housiaux Julien	12	3.32.29	16/10	ws
3	Abouabdallah Yassir	12	3.39.46	01/05	ws
4	Dogru Ilian	12	3.41.53	16/10	ws
5	Mievis Lionel	11	3.41.68	25/09	rcas
6	Ghesquiere Alexandre	11	3.43.29	16/10	ws
7	Gysen Romain	12	3.50.57	16/10	ws
8	Philips Raphael	11	3.51.80	10/09	lace
9	Juvyns Benjamin	11	3.54.04	08/10	rcb
10	Neerscholten Amos	12	4.00.07	16/10	ws
11	Bouzekraoui Walid	12	4.03.73	16/10	ws
12	Ruhangira Nathan	12	4.03.80	10/09	lace
13	Bellaari Nawfel	11	4.06.29	16/10	ws
14	Marchal Mathys	11	4.06.60	25/09	rcas

60 m haies (68 cm)		RC : 13.29			
1	Mievis Lionel	12	13.33	30/04	resc
2	Housiaux Julien	12	13.75	30/04	resc
3	Philips Raphael	11	13.78	30/04	resc
5	Marchal Mathys	11	13.83	30/04	resc
6	Neerscholten Amos	12	14.11	30/04	resc
7	Bellaari Nawfel	11	14.20	30/04	resc

Hauteur		RC : 1m49			
1	Silva Valdebenito Matheo	11	1m23	01/05	ws
2	Marchal Mathys	11	1m17	25/09	rcas
3	Mievis Lionel	11	1m11	02/04	resc
	Philips Raphael	11	1m11	08/10	rcb
5	Neerscholten Amos	12	1m07	25/09	rcas
6	Chekem Amon Re	11	1m06	08/10	rcb
7	Dogru Ilian	12	1m01	02/04	resc
	Housiaux Julien	12	1m01	01/05	ws

Longueur		RC : 4m75			
1	Ghesquiere Alexandre	11	3m81	20/08	ws
2	Ruhangira Nathan	12	3m69	01/07	resc
3	Juvyns Benjamin	11	3m58	01/07	resc
4	Dogru Ilian	12	3m54	16/10	ws
5	Neerscholten Amos	12	3m50	01/07	resc
6	Housiaux Julien	12	3m47	16/10	ws
7	Chekem Amon Re	11	3m45	10/09	lace
8	Mievis Lionel	11	3m42	01/07	resc
9	Marchal Mathys	11	3m38	01/07	resc
10	Bellaari Nawfel	11	3m30	01/07	resc
	Philips Raphael	11	3m30	10/09	lace
12	Gysen Romain	12	3m17	16/10	ws
13	Bouzekraoui Walid	12	2m91	16/10	ws

Poids (2 kg)		RC : 11m71			
1	Chekem Amon Re	11	7m22	10/09	lace
2	Philips Raphael	11	7m04	10/09	lace
3	Mievis Lionel	11	6m70	10/09	lace
4	Marchal Mathys	11	6m62	18/06	rcb
5	Housiaux Julien	12	6m60	18/06	rcb
6	Dogru Ilian	12	6m43	01/07	resc
7	Juvyns Benjamin	11	6m14	01/07	resc
8	Neerscholten Amos	12	5m49	25/09	rcas
9	Ruhangira Nathan	12	4m98	10/09	lace

Disque (600 gr)		RC : 31m14			
1	Chekem Amon Re	11	19m40	08/10	rcb
2	Philips Raphael	11	14m94	08/10	rcb
3	Bellaari Nawfel	11	14m24	30/04	resc
4	Housiaux Julien	12	14m13	30/04	resc
5	Marchal Mathys	11	13m99	30/04	resc
6	Ghesquiere Alexandre	11	11m73	30/04	resc
7	Neerscholten Amos	12	11m55	30/04	resc
8	Rozzi Arthur	11	11m44	30/04	resc
9	Mievis Lionel	11	11m38	08/10	rcb
10	Bouzekraoui Walid	12	9m48	30/04	resc

Balle de hockey		RC : 46m50			
1	Housiaux Julien	12	35m65	16/10	ws
2	Dogru Ilian	12	28m82	16/10	ws
3	Mievis Lionel	11	26m18	16/10	ws
4	Gysen Romain	12	26m09	16/10	ws
5	Bellaari Nawfel	11	25m50	16/10	ws
6	Bouzekraoui Walid	12	24m97	16/10	ws
7	Neerscholten Amos	12	21m76	16/10	ws
8	Ghesquiere Alexandre	11	21m36	16/10	ws

Tetrathlon		RC : 2516 p			
1	Chekem Amon Re	11	1667 p	10/09	lace
2	Housiaux Julien	12	1544 p	18/06	rcb
3	Mievis Lionel	11	1516 p	25/09	rcas
4	Dogru Ilian	12	1459 p	16/10	ws
5	Marchal Mathys	11	1389 p	25/09	rcas
6	Philips Raphael	11	1350 p	10/09	lace

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7	Juvyns Benjamin	11	1305 p	10/09	lace
8	Ghesquiere Alexandre	11	1292 p	16/10	ws
9	Gysen Romain	12	1180 p	16/10	ws
10	Neerscholten Amos	12	1171 p	25/09	rcas
11	Ruhangira Nathan	12	1123 p	10/09	lace
12	Bellaari Nawfel	11	1052 p	16/10	ws
13	Bouzekraoui Walid	12	1036 p	16/10	ws

4 x 60 m		RC : 33.25			
Chekem, Mievis, Marchal, Juvyns		37.16	08/10	rcb	

MINIMES GARCONS

80 m		RC : 9.66			
1	Ben Ahmed Yanis	10	11.38	01/05	ws
2	Kubiak Joachim	09	11.47	01/05	ws
3	Delneufcourt Noah	09	11.56	18/06	rcb
4	Delneufcourt Hugo	09	11.59	18/06	rcb
5	Philips Bastien	09	12.06	30/04	resc
6	Theyskens Alexis	10	12.51	16/10	ws
7	El Youssefi Sami	09	12.61	20/08	ws
8	Lacroix Arthur	10	12.67	10/09	lace
9	Hendrichs Hadrien	10	12.99	16/10	ws
10	Benachou Samy	09	13.07	01/05	ws
11	Xhonneux Raphael	10	13.15	16/10	ws
12	Neili Fares	10	13.37	30/04	resc
13	Arys Luca	10	13.41	16/10	ws
14	Hendrichs Victor	10	15.08	16/10	ws

150 m		RC : 18.43			
1	Kubiak Joachim	09	21.51	02/04	resc
2	Philips Bastien	09	22.01	08/10	rcb
3	Abouabdallah Anass	10	23.02	02/04	resc
4	Theyskens Alexis	10	23.21	08/10	rcb
5	Ouattara Noham	10	23.26	02/04	resc
6	Charles Timon	09	24.19	02/04	resc
7	Haub Tobias Frederik	09	24.27	02/04	resc
8	Arys Luca	10	24.91	08/10	rcb
9	Neili Fares	10	26.07	02/04	resc
10	Xhonneux Raphael	10	26.15	04/06	rcas

300 m		RC : 40.86			
1	Delneufcourt Hugo	09	49.40	08/10	rcb
2	Theyskens Alexis	10	52.57	08/10	rcb
3	Arys Luca	10	57.12	08/10	rcb

1000 m		RC : 3.01.77			
1	Delneufcourt Noah	09	3.25.01	18/06	rcb
2	Delneufcourt Hugo	09	3.28.71	18/06	rcb
3	Haub Tobias Frederik	09	3.32.52	02/04	resc
4	Theyskens Alexis	10	3.34.94	16/10	ws
5	Arys Luca	10	3.39.64	16/10	ws
6	Hendrichs Hadrien	10	3.42.83	16/10	ws
7	Sanchez Diego	10	3.44.18	02/04	resc
8	Abouabdallah Anass	10	3.49.01	02/04	resc
9	Soeiro Moreno Alexandre	09	3.52.93	25/09	rcas
10	Lacroix Arthur	10	3.53.76	10/09	lace
11	Ouattara Noham	10	3.55.80	02/04	resc
12	Charles Timon	09	4.01.93	02/04	resc
13	Philips Bastien	09	4.02.42	10/09	lace
14	Hendrichs Victor	10	4.15.98	16/10	ws
15	Xhonneux Raphael	10	4.17.18	10/09	lace

80 m haies (76 cm)		RC : 13.81			
1	Soeiro Moreno Alexandre	09	15.64	25/09	rcas
2	Haub Tobias Frederik	09	16.11	30/04	resc
3	Theyskens Alexis	10	16.58	25/09	rcas
4	Arys Luca	10	17.57	25/09	rcas

150 m haies (76 cm)		RC : 20.54			
1	Ben Ahmed Yanis	10	22.51	01/05	ws
2	Kubiak Joachim	09	24.19	01/05	ws

1 km marche		RC : -			
1	Arys Luca	10	7.06.82	04/06	rcas
2	Xhonneux Raphael	10	8.27.44	04/06	rcas

Hauteur		RC : 1m73			
1	Soeiro Moreno Alexandre	09	1m27	25/09	rcas
2	Delneufcourt Hugo	09	1m26	08/10	rcb
	Kubiak Joachim	09	1m26	21/08	csf
4	Delneufcourt Noah	09	1m25	18/06	rcb
	Lacroix Arthur	10	1m25	10/09	lace
6	Arys Luca	10	1m20	28/08	riwa
	Hendrichs Hadrien	10	1m20	18/06	rcb
8	Hendrichs Victor	10	1m15	16/10	ws
	Philips Bastien	09	1m15	10/09	lace
	Theyskens Alexis	10	1m15	16/10	ws
	Xhonneux Raphael	10	1m15	16/10	ws

Longueur		RC : 5m73			
1	Kubiak Joachim	09	4m45	01/07	resc
2	Delneufcourt Noah	09	4m33	01/07	resc
3	Delneufcourt Hugo	09	4m08	01/07	resc
4	Philips Bastien	09	4m00	30/04	resc
5	Theyskens Alexis	10	3m92	16/10	ws
6	Arys Luca	10	3m73	01/07	resc
7	Lacroix Arthur	10	3m61	01/07	resc
8	Hendrichs Hadrien	10	3m57	16/10	ws
9	Haub Tobias Frederik	09	3m54	30/04	resc
10	Xhonneux Raphael	10	3m50	01/07	resc
11	Neili Fares	10	3m37	01/07	resc
12	Oumokhtar Aymane	10	2m70	30/04	resc
13	Hendrichs Victor	10	2m69	16/10	ws

Perche		RC : 3m21			
1	El Youssefi Sami	09	1m60	20/08	ws

Poids (3 kg)		RC : 14m71			
1	Soeiro Moreno Alexandre	09	8m20	25/09	rcas
2	Neili Fares	10	7m95	01/07	resc
3	Delneufcourt Noah	09	7m45	18/06	rcb
4	Delneufcourt Hugo	09	7m21	18/06	rcb
5	Philips Bastien	09	6m86	10/09	lace
6	Kubiak Joachim	09	6m60	01/07	resc
7	Arys Luca	10	6m32	01/07	resc
8	Lacroix Arthur	10	6m00	10/09	lace
9	Theyskens Alexis	10	5m90	16/10	ws
10	Hendrichs Hadrien	10	5m67	10/09	lace
11	Xhonneux Raphael	10	5m06	16/10	ws
12	Hendrichs Victor	10	4m81	23/10	rcas
13	El Youssefi Sami	09	4m57	01/07	resc

Disque (750 gr)		RC : 45m01			
1	Philips Bastien	09	25m89	08/10	rcb
2	Delneufcourt Noah	09	24m15	10/09	lace
3	Delneufcourt Hugo	09	21m09	10/09	lace
4	Arys Luca	10	21m00	28/08	riwa
5	Soeiro Moreno Alexandre	09	20m32	25/09	rcas
6	Theyskens Alexis	10	16m19	08/10	rcb
7	Hendrichs Hadrien	10	15m97	23/10	rcas
8	Lacroix Arthur	10	14m42	10/09	lace
9	Xhonneux Raphael	10	10m50	10/09	lace
10	Hendrichs Victor	10	9m62	18/06	rcb

Disque (1 kg)		RC : 41m07			
1	Delneufcourt Noah	09	19m31	09/10	FRA

Javelot (400 gr)		RC : 45m91			
1	Delneufcourt Hugo	09	24m69	01/05	ws
2	Delneufcourt Noah	09	23m33	01/05	ws
3	Arys Luca	10	18m93	02/04	resc
4	Hendrichs Hadrien	10	17m95	23/10	rcas
5	Kubiak Joachim	09	16m85	02/04	resc
6	Hendrichs Victor	10	13m48	23/10	rcas
7	Theyskens Alexis	10	13m26	02/04	resc

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8	Neili Fares	10	12m59	02/04	resc
9	Haub Tobias Frederik	09	11m26	02/04	resc
10	Charles Timon	09	10m02	02/04	resc

Pentathlon RC : 4135 p

1	Delneufcourt Noah	09	2367 p	18/06	rcb
2	Delneufcourt Hugo	09	2207 p	18/06	rcb
3	Soeiro Moreno Alexandre	09	2106 p	25/09	rcas
4	Theyskens Alexis	10	1959 p	16/10	ws
5	Philips Bastien	09	1822 p	10/09	lace
6	Hendrichs Hadrien	10	1737 p	16/10	ws
7	Lacroix Arthur	10	1732 p	10/09	lace
8	Arys Luca	10	1710 p	25/09	rcas
9	Xhonneux Raphael	10	1284 p	16/10	ws
10	Hendrichs Victor	10	979 p	16/10	ws

CADETS GARCONS

100 m RC : 11.31

1	Hanrion Gaspar	07	12.45	02/10	csf
2	Tshanga Diumba John Ross	07	12.71	06/05	grim
3	Mertens de Wilmars Raphael	07	12.90	28/05	rcb
4	Verleyen Jacob	08	13.18	02/07	ws
5	Ouattara Reda	08	13.32	02/04	resc
6	Vanbelle Thomas	08	13.51	21/05	vac
7	El Banoudi Rayane	07	13.59	30/04	resc
	Soudon Jules	08	13.59	28/05	rcb
9	Mvulu Kimana Steve	07	13.61	02/04	resc
10	Monsieur Julien	07	13.74	07/07	oeh
11	Paques Jean	08	14.02	30/04	resc
12	Aliji Alban	07	14.14	30/04	resc
13	Van Gulck Birkett Julian	08	14.50	30/04	resc
14	Vandenbussche Elias	08	14.93	02/04	resc

200 m RC : 23.14

1	Hanrion Gaspar	07	24.86	25/09	usbw
2	De Wolf Thomas	08	25.28	28/05	rcb
3	Tshanga Diumba John Ross	07	25.82	06/05	grim
4	El Banoudi Rayane	07	27.31	30/04	resc
5	Van Gulck Birkett Julian	08	28.77	02/10	csf

400 m RC : 52.24

1	Verleyen Jakob	08	57.24	02/07	ws
2	Tshanga Diumba John Ross	07	58.58	28/05	rcb
3	Van Mossevelde Sami	07	58.82	02/04	resc
4	De Wolf Thomas	08	62.39	18/04	rcb
5	Soudon Jules	08	62.91	18/04	rcb
6	Chqiffa Sami	07	64.49	02/04	resc
7	Charlier Lucas	07	66.78	02/04	resc
8	Pagnard Amaury	08	83.38	02/04	resc

800 m RC : 1.59.30

1	Verleyen Jakob	08	2.15.02	28/05	rcb
2	Charlier Luca	07	2.30.98	02/10	csf

1500 m RC : 4.10.9

1	Charlier Luca	07	5.15.95	28/05	rcb
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100 haies (84 cm) RC : 21.13

1	Van Mossevelde Sami	07	15.97	18/04	rcb
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300 haies (76 cm) RC : 40.07

1	Van Mossevelde Sami	07	44.74	28/05	rcb
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Hauteur RC : 1m91

1	Van Den Brempt Mathis	07	1m62	30/04	resc
2	Vanbelle Thomas	08	1m40	21/05	vac
3	Mvulu Kimana Steve	07	1m30	02/04	resc

Longueur RC : 6m70

1	Van Den Brempt Mathis	07	5m03	30/04	resc
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2	Soudon Jules	08	4m87	18/04	rcb
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Perche RC : 3m76

1	De Greef Guillaume	07	2m31	02/04	resc
2	Soudon Jules	08	2m27	02/10	csf
3	Van Mossevelde Sami	07	2m26	02/04	resc
4	Van Gulck Birkett Julian	08	2m17	02/10	csf
5	Aliji Alban	07	2m10	18/04	rcb
6	Vandenbussche Elias	08	2m00	04/06	rcas
7	Vilain Nicolas	07	1m70	18/04	rcb

Poids (4 kg) RC : 14m42

1	Mertens de Wilmars Raphael	07	10m46	28/05	rcb
2	Huyghe Gauthier	07	7m46	02/04	resc

Disque (1 kg) RC : 48m77

1	Van Mossevelde Sami	07	30m67	21/08	lebb
2	Coppy Kenneth	08	28m42	07/09	vita
3	Huyghe Gauthier	07	26m50	28/05	rcb

Javelot (600 gr) RC : 44m54

1	Van Mossevelde Sami	07	38m75	18/04	rcb
2	Huyghe Gauthier	07	32m06	15/05	csf

SCOLAIRES HOMMES

100 m RC : 10.83

1	Niesen Gabriel	05	11.50	27/08	rfcl
2	Biala Kenny Felder	05	11.51	10/08	vita
3	Plume Andrew	05	12.04	02/10	csf
4	Labruyere Maxime	06	12.33	02/10	csf
5	Grondel Alexandre	05	12.42	18/04	rcb
6	Verheeke Amory	06	12.45	30/04	resc
7	Mejdoubi Alae Eddine	05	12.51	15/05	csf
8	Taieb Hilel	06	12.66	21/08	csf
9	Soeiro Moreno Joaquim	06	12.75	21/05	rcas

200 m RC : 21.97

1	Biala Kenny Felder	05	22.98	16/07	vita
2	Plume Andrew	05	24.27	25/09	usbw
3	Grondel Alexandre	05	24.99	30/04	resc
4	Verheeke Amaury	06	25.13	18/04	rcb
5	Labruyere Maxime	06	25.15	02/10	csf
7	Taieb Hilel	06	25.82	02/10	csf
8	Mejdoubi Alae Eddine	05	25.88	02/10	csf

400 m RC : 49.48

1	Biala Kenny Felder	05	49.89	11/09	lebb
2	Lelion Achille	05	52.24	18/05	cabw
3	Plume Andrew	05	57.50	02/04	resc
4	Labruyere Maxime	06	57.73	27/08	rfcl
5	Mensah Brice	05	58.84	18/05	cabw
6	Verheeke Amaury	06	61.80	02/04	resc

800 m RC : 1.55.41

1	Lelion Achille	05	1.57.13	18/06	cabw
2	Aouragh Reda	06	1.57.64	04/06	duff
3	Fitterer Chase	06	2.09.44	02/07	ws
4	Mensah Brice	05	2.16.65	03/04	ws
5	Le Roy Gabriel	06	2.39.89	30/04	resc

1000 m RC : 2.32.80

1	Lelion Achille	05	2.33.61	02/09	resc
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1500 m RC : 4.00.79

1	Aouragh Reda	06	3.53.17	03/07	olse
2	Lelion Achille	05	4.24.96	18/04	rcb
3	Fitterer Chase	06	4.25.66	28/05	rcb
4	Mensah Brice	05	4.44.25	20/08	ws

Mile RC : 4.39.15

1	Mensah Brice	05	5.08.67	02/07	ws
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3000 m		RC : 8.33.14			
1	Aouragh Reda	06	8.48.61	18/06	cabw
400 haies (84 cm)		RC : 46.13			
1	Nehme Ziad	05	63.50	28/05	rcb
2000 m steeple (84 cm)		RC : 6.10.2			
1	Aouragh Reda	06	6.11.58	20/05	add
Hauteur		RC : 2m05			
1	Suetens Loic	05	1m77	30/04	resc
2	Soeiro Moreno Joaquim	06	1m50	21/05	rcas
Longueur		RC : 7m59			
1	Soeiro Moreno Joaquim	06	5m05	21/05	rcas
2	Geerts Thibaut	05	4m81	30/04	resc
Perche		RC : 4m36			
1	Grondel Alexandre	05	3m50	27/08	rfcl
Poids (5 kg)		RC : 14m35			
1	Grondel Alexandre	05	9m56	28/05	rcb
2	Soeiro Moreno Joaquim	06	7m75	21/05	rcas
Javelot (700 gr)		RC : 52m73			
1	Grondel Alexandre	05	26m37	18/04	rcb
4 x 100 m		RC : 42.91			
Niesen, Grondel, Verheecke, Biala		45.85		21/05	rcas

JUNIORS HOMMES

100 m		RC : 10.71			
1	Medan Marko	03	10.95	30/04	resc
2	Domine Guillaume	04	11.44	18/04	rcb
3	Gruson Augustin	04	11.83	03/07	bbs
4	De Tollenaere Tom	03	12.09	30/04	resc
5	Chekem Ramses	03	12.44	18/04	rcb
200 m		RC : 21.0			
1	Medan Marko	03	22.38	11/09	dalo
2	Arifi Ilias	04	24.55	13/08	smac
400 m		RC : 47.8			
1	Arifi Ilias	04	53.02	20/08	avmo
2	De Tollenaere Tom	03	53.93	30/04	resc
1500 m		RC : 3.48.9			
1	Arifi Ilias	04	4.43.47	21/08	avmo
2	De Tollenaere Tom	03	5.03.00	22/05	rcas
110 m haies (99 cm)		RC : 13.67			
1	Arifi Ilias	04	15.91	21/08	avmo
2	De Tollenaere Tom	03	18.56	22/05	rcas
Hauteur		RC : 2m14			
1	Arifi Ilias	04	1m76	13/08	smac
2	De Tollenaere Tom	03	1m70	21/05	rcas
Longueur		RC : 7m89			
1	Gruson Augustin	04	6m39	30/04	resc
2	Chekem Ramses	03	6m05	30/04	resc
3	Arifi Ilias	04	5m97	20/08	avmo
4	De Tollenaere Tom	03	5m71	21/05	rcas
5	Domine Guillaume	04	5m44	20/08	ws
Triple saut		RC : 15m79			
1	Domine Guillaume	04	11m91	18/04	rcb
Perche		RC : 5m00			
1	Arifi Ilias	04	3m80	21/08	avmo
2	De Tollenaere Tom	03	3m60	22/05	rcas

Poids (6 kg)		RC : 15m79			
1	De Tollenaere Tom	03	12m30	21/05	rcas
2	Arifi Ilias	04	10m78	20/08	avmo
Disque (1,75 kg)		RC : 43m08			
1	De Tollenaere Tom	03	35m87	22/05	rcas
2	Arifi Ilias	04	24m36	21/08	avmo
Javelot (800 gr)		RC : 53m14			
1	De Tollenaere Tom	03	45m08	22/05	rcas
2	Arifi Ilias	04	41m96	21/08	avmo
Decathlon		RC : 7196 p			
1	Arifi Ilias	04	5825 p	21/08	avmo
2	De Tollenaere Tom	03	5572 p	22/05	rcas

SENIORS HOMMES

100 m		RC : 10.02			
1	Kasmi Amine	00	10.57	09/07	FRA
2	Tshitwenu Florian	97	10.66	12/06	usbw
3	Niesen Charles	94	10.71	04/06	vs
4	Kola Biasu Guelord	93	10.97	14/05	ws
5	Atitso Dalvin	97	11.04	30/04	resc
6	Badji Asanti	95	11.16	27/07	volh
	Lins Sebastien	92	11.16	20/08	herv
8	Okeowo Peredjo	99	11.23	01/05	smac
	Vanhamme Arno	97	11.23	26/06	lier
10	Ilunga Carl	93	11.26	16/07	vita
11	Mazebo Simon	00	11.35	21/08	csf
12	Caluwe Arnaud	91	11.36	07/08	ser
13	Montilla Dimitri	98	11.31	16/07	FRA
14	Tourtois Charles	01	11.56	18/04	rcb
15	Caty Dylan	97	11.59	29/05	FRA
16	Agyemang Melchizedek	99	11.76	30/04	resc
17	Fassil Aboubaker	91	11.90	21/08	csf
18	Gets Florent	91	12.14	20/08	avmo
19	Beyaert Corentin	02	12.39	30/04	resc
200 m		RC : 20.66			
1	Kasmi Amine	00	21.21	28/05	ea
2	Lins Sebastien	92	21.53	10/08	vita
3	Mabille Florent	96	21.63	10/08	vita
4	Niesen Charles	94	21.68	30/04	resc
5	Badji Asanti	95	21.73	27/07	volh
6	Mazebo Simon	00	21.97	04/06	vs
7	Atitso Dalvin	97	22.36	30/04	resc
8	Ilunga Carl	93	23.13	16/07	vita
9	Agyemang Melchizedek	99	24.19	18/04	rcb
10	Fassil Aboubaker	91	24.81	21/08	csf
300 m		RC : 33.10			
1	Badji Asanti	95	33.74	20/08	ws
2	Segers Daniel	01	34.12	07/09	vita
400 m		RC : 45.98			
1	Mabille Florent	96	46.64	03/07	CH
2	Badji Asanti	95	46.78	23/07	oeh
3	Lins Sebastien	92	47.21	29/06	rfcl
4	Mazebo Simon	00	48.48	24/06	rcg
5	Tourtois Charles	01	49.51	03/07	FRA
6	Kabuya Hugues	97	49.97	26/08	dcla
7	Ilunga Carl	93	50.96	18/06	cabw
8	Montilla Dimitri	98	51.37	16/07	FRA
9	Balhan Robin	94	52.18	02/07	spa
10	Gets Florent	91	52.94	02/07	macw
11	Beyaert Corentin	02	54.73	21/05	vac
12	Ringoet Romain	01	55.36	18/04	rcb
800 m		RC : 1.46.60			
1	Balhan Pierre Antoine	92	1.48.49	16/07	vita
2	Petitjean Simon	96	1.53.18	01/05	achl
3	Balhan Robin	94	1.54.40	18/06	cabw

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4	Lins Sebastien	92	2.04.74	20/08	herv
5	Tabbakh Yassine	00	2.11.00	02/10	csf
6	Vereertbrugghen Nicolas	92	2.18.60	03/04	ws

1500 m		RC : 3.36.96			
1	Petitjean Simon	96	3.46.27	02/07	avt
2	Balhan Pierre Antoine	92	3.49.92	02/07	spa
3	Tourtois Charles	01	4.32.64	03/07	FRA
4	Gets Florent	91	4.47.63	03/07	macw
5	Montilla Dimitri	98	4.50.73	17/07	FRA

3000 m		RC : 7.47.22			
1	Bouchikhi Lahsene	93	8.16.36	08/05	lyra
2	Delarge Mathieu	00	9.20.80	03/04	ws

5000 m		RC : 13.22.81			
1	Naert Koen	89	14.33.62	08/05	lyra
2	Delarge Mathieu	00	16.32.73	03/07	bbs
3	Jazaeri Amir	99	16.45.99	15/05	csf

10.000 m		RC : 28.24.95			
1	Bouchikhi Lahsene	93	29.09.96	30/04	malm
2	Jazaeri Amir	99	36.01.74	02/07	ws

Semi marathon		RC : 1h01.38			
1	Naert Koen	89	1h03.41	13/03	rcg
2	Bouchikhi Lahsene	93	1h04.50	15/05	LAT
3	Verhaegen Arnout	94	1h28.03	02/10	bxl

Marathon		RC : 2h07.39			
1	Naert Koen	89	2h08.40	05/12	ESP
2	Bouchiki Lahsene	93	2h10.22	20/02	ESP
3	Balhan Robin	94	2h24.39	28/11	FRA

110 m haies (106 cm)		RC : 13.48			
1	Caty Dylan	97	14.91	12/06	usbw
2	Montilla Dimitri	98	15.23	17/07	FRA
3	Tourtois Charles	01	15.57	06/06	NED
4	Gets Florent	91	19.02	03/07	macw

400 m haies (91 cm)		RC : 48.91			
1	Mazebo Simon	00	54.27	08/05	lyra
2	Beyaert Corentin	02	60.28	21/08	csf

3000 m steeple (91 cm)		RC : 8.24.90			
1	Bouissane Youssef	94	9.31.44	08/05	lyra

Hauteur		RC : 2m21			
1	Gamuela Ngamunguela Jos	98	2m09	14/05	ws
2	Montilla Dimitri	98	1m94	16/04	FRA
3	Tourtois Charles	01	1m81	18/04	rcb
4	Gets Florent	91	1m78	20/08	avmo

Longueur		RC : 7m98			
1	Segers Daniel	01	7m52	08/05	lyra
2	Caluwe Arnaud	91	7m01	19/06	acw
3	Montilla Dimitri	98	6m91	04/04	FRA
4	Campener Corentin	90	6m47	30/04	resc
5	Caty Dylan	97	6m22	29/05	FRA
6	Kasmi Amine	00	6m12	10/08	vita
7	Gets Florent	91	6m02	20/08	avmo
8	Tourtois Charles	01	5m89	14/05	FRA
9	Hadj Faraji Ridwan	98	5m46	07/07	oeh

Triple saut		RC : 16m86			
1	Geerts Gregory	99	14m79	03/07	bbs
2	Gamuela Ngamunguela Jos	98	13m15	21/08	csf

Perche		RC : 5m25			
1	Montilla Dimitri	98	4m50	17/07	FRA
2	Tourtois Charles	01	3m85	15/05	FRA
3	Gets Florent	91	3m60	03/07	macw

Poids (7,26 kg)		RC : 15m64			
1	Guillaume Jonathan	92	14m99	14/05	ws
2	Nutte Jean Baptiste	98	14m95	14/05	ws
3	Montilla Dimitri	98	13m45	16/07	FRA
4	Hadj Faraji Ridwan	98	12m97	14/05	ws
5	Gets Florent	91	12m41	02/07	macw
6	Tourtois Charles	01	11m93	14/05	FRA
7	Montilla Alexis	02	11m02	30/04	resc

Disque (2 kg)		RC : 56m67			
1	Slavaggio Claudio	92	45m92	30/04	resc
2	Gets Florent	91	41m81	03/07	macw
3	Montilla Dimitri	98	41m29	17/07	FRA
4	Guillaume Jonathan	92	40m13	14/05	ws
5	Tourtois Charles	01	35m68	03/07	FRA
6	Montilla Alexis	02	34m83	10/07	dacm
7	Nutte Jean Baptiste	98	33m04	21/08	csdy
8	Hadj Faraji Ridwan	98	31m77	30/04	resc

Javelot (800 gr)		RC : 63m56			
1	Gets Florent	91	59m17	14/05	damp
2	Montilla Alexis	02	47m07	20/03	herv
3	Tourtois Charles	01	42m19	03/07	FRA
4	Montilla Dimitri	98	41m15	17/07	FRA
5	Boistel Julien	98	35m17	18/04	rcb

Marteau (7,26 kg)		RC : 61m82			
1	Salvaggio Claudio	92	61m98	01/05	achi
2	Guillaume Jonathan	92	32m18	10/07	dacm

Decathlon		RC : 8142 p			
1	Montilla Dimitri	98	7047 p	17/07	FRA
2	Tourtois Charles	01	6319 p	03/07	FRA
3	Gets Florent	91	6003 p	03/07	macw

4 x 100 m		RC : 40.60			
Medan, Lins, Kasmi, Tshitwenu			41.41	04/09	dcla

4 x 400 m		RC : 3.10.2			
Mabille, Lins, Segers, Badji			3.11.76	04/09	dcla

4 x 1500 m		RC : 15.34.88			
Aouragh, Petitjean, Ruell, Balhan			16.14.26	04/09	dcla

Ekiden		RC : 2h08.59			
Ruell, Naert, Petitjean, Bouchikhi, Bouissane, Balhan			2h11.45	22/10	resc

MASTERS HOMMES

100 m		RC : 11.07			
1	Broothaerts Damien	83	11.89	05/06	usta

200 m		RC : 22.55			
1	Broothaerts Damien	83	23.84	05/06	usta
2	Maniquet Rudi	61	28.32	18/06	cabw
3	Schoonen Laurent	65	30.16	25/09	rcas

400 m		RC : 52.31			
1	Maniquet Rudi	61	65.04	11/06	ob

800 m		RC : 1.59.63			
1	Xhonneux Marc	80	2.26.13	05/06	usta

1500 m		RC : 3.54.39			
1	Ruell Kim	87	3.59.07	06/08	dcla
2	Schoonen Laurent	65	7.14.97	25/09	rcas

2000 m		RC : 6.06.54			
1	Ruell Kim	87	5.33.14	29/06	rcg

RESC OUTDOOR 2022

3000 m	RC : 9.28.22			
1 Boland Patrick	78	9.57.81	05/06	usta

5000 m	RC : 15.22.50			
1 Ruell Kim	87	14.52.55	13/07	oeh

Semi marathon	RC : 1h26.11			
1 Lemaire Ivan	73	1h30.31	02/10	bxl
2 Varela Anthony	81	1h38.38	02/10	bxl
3 Kamara Arafan	69	1h50.00	02/10	bxl

Marathon	RC : 2h32.05			
1 Boland Patrick	78	2h35.15	25/09	GER
2 Debrabandere Amaury	69	2h56.40	02/10	GER
3 Delneufcourt Olivier	76	3h05.21	02/10	GER
4 Xhonneux Marc	80	3h27.10	09/10	NED
5 Bodart Serge	58	3h28.10	02/10	bxl
6 Vervloet Gregory	83	4h03.08	09/10	POR

Hauteur	RC : 1m90			
1 Xhonneux Frederic	83	1m69	05/06	usta

Longueur	RC : 6m65			
1 Vervloet Gregory	83	5m00	05/06	usta
2 Schoonen Laurent	65	3m91	25/09	rcas

Triple saut	RC : 14m09			
1 Maniquet Rudi	61	9m12	11/06	ob

Poids (6 kg)	RC : 12m01			
1 Schoonen Laurent	65	7m56	23/10	rcas

Poids (7,26 kg)	RC : 15m08			
1 Dekker Stephan	87	11m39	05/06	usta

Disque (1,5 kg)	RC : 35m64			
1 Schoonen Laurent	65	20m62	23/10	rcas

Disque (2 kg)	RC : 51m56			
1 Dekker Stephan	87	53m18	04/06	duff

Javelot (700 gr)	RC : 37m29			
1 Schoonen Laurent	65	25m28	23/10	rcas

Javelot (800 gr)	RC : 62m75			
1 Xhonneux Frederic	83	44m41	05/06	usta

Pentathlon M55	RC : -			
1 Schoonen Laurent	65	1776 p	25/09	rcas

MASTERS HOMMES HANDISPORT

100 m	RC : 34.76			
1 Denys Jacques	59	29.37	03/04	ws

Poids (4 kg)	RC : -			
1 Denys Jacques	59	5m24	03/04	ws

Poids (5 kg)	RC : 6m65			
1 Denys Jacques	59	6m02	12/06	ob

Poids (6 kg)	RC : 6m53			
1 Denys Jacques	59	5m56	20/08	ws

Disque (1 kg)	RC : 20m61			
1 Denys Jacques	59	19m93	12/06	ob

Disque (1,5 kg)	RC : 17m80			
1 Denys Jacques	59	15m90	10/07	dacm

Disque (2 kg)	RC : 15m81			
1 Denys Jacques	59	13m82	21/05	vac

Javelot (600 gr)	RC : 12m34			
1 Denys Jacques	59	11m89	18/04	rcb

Javelot (800 gr)	RC : 13m05			
1 Denys Jacques	59	10m82	23/10	rcas

EQUIPES MIXTES SENIORS

4 x 400 m	RC : 3.36.74			
Mazebo, Tshanga Diomi, Badji, Badji	3.30.10	04/09	dcla	

EQUIPES MIXTES MASTERS

4 x 400 m	RC : -			
Chylinski, Ruell, Nkumu Bakuba, Broothaerts	4.05.04	05/06	usta	