

Palmarès 2014 outdoor.

BENJAMINES FILLES

60 m		RC : 9.2			
1	Dennison Chrystal	05	10.36	07/06	csf
2	Bongwele Jade	07	10.45	04/10	resc
3	Moens Clarisse	05	10.99	27/09	rcas
4	Purusi Emma Grace	07	11.15	17/08	resc
5	Habib Rania	05	11.20	30/03	resc
6	Van Ex Elvira	06	11.40	30/03	resc

600 m		RC : 2.00.94			
1	Dennison Chrystal	05	2.16.08	07/06	csf
2	Moens Clarisse	05	2.26.10	27/09	rcas
3	Van Ex Elvira	06	2.26.59	27/09	rcas
4	Hannani Ines	05	2.31.87	04/05	resc
5	Van Vooren Lucie	06	2.34.80	04/05	resc
6	Arboretto Chiara	05	2.36.36	04/05	resc
7	Purusi Emma Grace	07	2.41.23	17/08	resc
8	Bongwele Jade	07	2.47.67	17/08	resc
9	Hannani Salma	07	2.50.60	04/05	resc

Longueur		RC : 3m88			
1	Dennison Chrystal	05	2m73	04/05	resc
2	Moens Clarisse	05	2m58	27/09	rcas
3	Van Ex Elvira	06	2m54	27/09	rcas
4	Arboretto Chiara	05	2m13	04/05	resc
5	Hannani Ines	05	2m08	04/05	resc
6	Purusi Emma Grace	07	2m06	18/10	ws
7	Van Vooren Lucie	06	1m99	04/05	resc
8	Habib Rania	05	1m89	30/03	resc
9	Hannani Salma	07	1m49	04/05	resc

Poids (1 kg)		RC : 8m63			
1	Dennison Chrystal	05	6m62	17/08	resc
2	Moens Clarisse	05	4m63	27/09	rcas
3	Van Ex Elvira	06	4m15	27/09	rcas
4	Purusi Emma Grace	07	3m16	18/10	ws

Balle de hockey		RC : 28m96			
1	Dennison Chrystal	05	19m01	30/03	resc
2	Moens Clarisse	05	15m80	01/05	ws
3	Van Ex Elvira	06	10m22	30/03	resc

Tetrathlon		RC : 1601 p			
1	Dennison Chrystal	05	895 p	07/06	csf
2	Moens Clarisse	05	734 p	27/09	rcas
3	Van Ex Elvira	06	602 p	27/09	rcas
4	Purusi Emma Grace	07	340 p	18/10	ws

PUPILLES FILLES

60 m		RC : 8.5			
1	Itoe Elisabeth	03	9.08	18/10	ws
2	Lambert Kylie	04	9.10	04/10	resc
3	Godfrinne Christelle	04	9.42	17/08	resc
4	Nijs Juliette	03	9.47	18/05	vita
5	Tshanga Diomi Roline	04	9.57	30/03	resc
6	Merino Nohemi	04	9.64	18/05	vita
7	Dakir Maria	03	9.71	30/03	resc
8	Venant Lea	03	9.94	30/03	resc
9	Arifi Houda	03	9.97	18/10	ws
	Huygens Cloe	03	9.97	27/09	acw
11	Van Ex Alexia	04	10.25	30/03	resc
12	Habib Chaima	04	10.58	30/03	resc
13	Van Ex Emilie	03	10.61	30/03	resc
14	Hayoun Roba	04	10.74	30/03	resc
15	Beyaert Marine	04	11.50	29/08	ws

1000 m		RC : 3.27.87			
1	Lambert Kylie	04	3.36.66	28/09	usbw
2	Nijs Juliette	03	3.40.97	01/05	ws
3	Itoe Elisabeth	03	3.48.30	01/05	ws

4	Huygens Cloe	03	3.50.30	06/07	resc
5	Dakir Maria	03	3.57.55	30/03	resc
6	Merino Nohemi	04	3.58.99	07/06	csf
7	Tshanga Diomi Roline	04	4.06.63	18/10	ws
8	Van Ex Alexia	04	4.14.63	27/09	rcas
9	Venant Lea	03	4.20.83	04/05	resc
10	Godfrinne Christelle	04	4.24.27	07/06	csf
11	Van Ex Emilie	03	4.29.18	30/03	resc
12	Beyaert Marine	04	4.35.27	17/08	resc
13	Hayoun Roba	04	4.50.52	30/03	resc

60 m haies (76 cm)		RC : 10.8			
1	Huygens Cloe	03	13.47	21/09	ea
2	Lambert Kylie	04	14.35	31/08	volh

Hauteur		RC : 1m33			
1	Dakir Maria	03	1m20	01/05	ws
2	Itoe Elisabeth	03	1m16	15/06	rcas
3	Tshanga Diomi Roline	04	1m15	01/05	ws
4	Huygens Cloe	03	1m10	27/04	arac
	Lambert Kylie	04	1m10	04/05	resc
6	Merino Nohemi	04	1m05	04/05	resc
	Nijs Juliette	03	1m05	04/05	resc
	Venant Lea	03	1m05	31/05	dacm
9	Beyaert Marine	04	0m85	31/05	dacm

Longueur		RC : 4m48			
1	Itoe Elisabeth	03	3m98	06/09	rcas
2	Nijs Juliette	03	3m96	18/05	vita
3	Merino Nohemi	04	3m74	20/09	vita
4	Huygens Cloe	03	3m69	21/09	ea
5	Lambert Kylie	04	3m52	18/10	ws
6	Godfrinne Christelle	04	3m28	14/06	csf
7	Tshanga Diomi Roline	04	3m27	30/03	resc
8	Arifi Houda	03	3m25	18/10	ws
9	Dakir Maria	03	3m16	30/03	resc
10	Venant Lea	03	3m03	30/03	resc
11	Van Ex Alexia	04	3m02	30/03	resc
12	Van Ex Emilie	03	2m42	30/03	resc
13	Hayoun Roba	04	2m37	30/03	resc
14	Habib Chaima	04	2m33	30/03	resc
15	Beyaert Marine	04	2m25	29/08	ws

Poids (2 kg)		RC : 9m75			
1	Huygens Cloe	03	6m88	18/05	vita
2	Nijs Juliette	03	6m28	30/08	spvi
3	Itoe Elisabeth	03	5m97	25/04	csf
4	Lambert Kylie	04	5m85	31/05	vac
5	Merino Nohemi	04	5m73	17/08	resc
6	Venant Lea	03	4m48	31/05	dacm
7	Van Ex Alexia	04	4m33	27/09	rcas
8	Beyaert Marine	04	3m83	29/08	ws

Disque (600 gr)		RC : 23m00			
1	Huygens Cloe	03	17m04	12/10	rsca
2	Dakir Maria	03	12m59	01/05	ws
3	Itoe Elisabeth	03	11m49	19/10	rcas
4	Nijs Juliette	03	11m32	01/05	ws

Balle de hockey		RC : 41m50			
1	Huygens Chloe	03	29m00	04/10	resc
2	Nijs Juliette	03	27m30	13/09	usbw
3	Godfrinne Christelle	04	26m80	07/06	csf
4	Lambert Kylie	04	24m36	04/10	resc
5	Itoe Elisabeth	03	21m08	18/10	ws
6	Tshanga Diomi Roline	04	20m36	18/10	ws
7	Merino Nohemi	04	19m84	26/10	rsca
8	Dakir Maria	03	19m40	30/03	resc
9	Hayoun Roba	04	13m71	30/03	resc
10	Arifi Houda	03	13m27	18/10	ws
11	Van Ex Alexia	04	12m85	30/03	resc
12	Habib Chaima	04	11m88	30/03	resc
13	Beyaert Marine	04	11m68	18/10	ws

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14	Venant Lea	03	11m58	30/03	resc
15	Van Ex Emilie	03	8m54	30/03	resc

Tetrathlon		RC : 1935 p			
1	Nijs Juliette	03	1626 p	18/05	vita
2	Lambert Kylie	04	1513 p	18/10	ws
3	Itoe Elisabeth	03	1498 p	18/10	ws
4	Huygens Cloe	03	1387 p	18/05	vita
5	Merino Nohemi	04	1232 p	18/05	vita
6	Dakir Maria	03	1211 p	30/03	resc
7	Godfrinne Christelle	04	1117 p	07/06	csf
8	Tshanga Diomi Roline	04	1183 p	18/10	ws
9	Venant Lea	03	1086 p	31/05	dacm
10	Van Ex Alexia	04	867 p	30/03	resc
11	Arifi Houda	03	687 p	18/10	ws
12	Van Ex Emilie	03	583 p	30/03	resc
13	Hayoun Roba	04	504 p	30/03	resc
14	Beyaert Marine	04	503 p	31/05	dacm
15	Habib Chaima	04	393 p	30/03	resc

4 x 60 m		RC : 35.0			
Nijs, Huygens, Merino, Lambert		35.84	07/09	rfcl	

MINIMES FILLES

80 m		RC : 10.4			
1	Yech Chou Safia	01	10.85	07/06	csf
2	Tshanga Diumba Robiane	01	11.38	26/10	rsca
3	Sandon Lisa	02	11.57	04/10	resc
4	Vanlaer Leila	02	11.73	30/03	resc
5	Itoe Cecile	01	11.94	07/06	csf
6	Iven Kayla	02	11.97	21/06	smac
7	Derdari Yasmine	01	12.08	30/03	resc
8	Verriez Laura	01	12.32	18/10	ws
9	Denis Elise	02	12.48	18/10	ws
10	Saadi Marwa	01	12.60	30/03	resc
11	Ajerrar Dalia	02	12.66	04/10	resc
12	Becker Violette	02	12.78	04/10	resc
13	Kassianoff Grace	01	12.90	04/10	resc
14	Pieters Coralie	02	13.27	30/03	resc
15	Hayoun Nadha	02	14.74	30/03	resc

150 m		RC : 20.13			
1	Tshanga Diumba Robiane	01	21.44	05/10	rcas
2	Itoe Cecile	01	22.43	29/08	ws
3	Iven Kayla	02	22.67	17/05	riem
4	Derdari Yasmine	01	22.80	04/05	resc
5	Saadi Marwa	01	24.37	04/05	resc
6	Kassianoff Grace	01	24.42	04/05	resc
	Verriez Laura	01	24.42	29/08	ws
8	Becker Violette	02	24.98	04/05	resc
9	Njema Noemi	02	26.35	04/05	resc
10	Pieters Coralie	02	26.43	04/05	resc

300 m		RC : 44.36			
1	Yech Chou Safia	01	47.27	09/08	vs
2	Iven Kayla	02	49.09	25/10	csf
3	Kassianoff Grace	01	54.59	17/08	resc

1000 m		RC : 3.14.33			
1	Iven Kayla	02	3.23.95	21/06	smac
2	Verriez Laura	01	3.33.77	26/10	rsca
3	Itoe Cecile	01	3.38.24	22/06	rsca
4	Yech Chou Safia	01	3.38.45	07/06	csf
5	Derdari Yasmine	01	3.42.80	04/05	resc
6	Sandon Lisa	02	3.43.98	04/05	resc
7	Pieters Coralie	02	3.59.62	30/03	resc
8	Vanlaer Leila	02	4.00.97	30/03	resc
9	Denis Elise	02	4.02.17	30/03	resc
10	Becker Violette	02	4.03.30	30/03	resc
11	Tshanga Diumba Robiane	01	4.08.73	30/03	resc
12	Kassianoff Grace	01	4.10.11	30/03	resc
13	Saadi Marwa	01	4.16.56	04/05	resc

14	Ajerrar Dalia	02	4.23.65	31/05	dacm
15	Njema Noemi	02	5.01.88	04/05	resc
16	Hayoun Nadha	02	5.11.97	30/03	resc

60 m haies (76 cm)		RC : 10.05			
1	Yech Chou Safia	01	10.62	23/08	vita
2	Itoe Cecile	01	12.17	11/10	rcb
3	Iven Kayla	02	13.84	11/10	rcb
4	Becker Violette	02	14.40	04/05	resc

150 m haies (76 cm)		RC : 22.78			
1	Yech Chou Safia	01	22.49	01/05	ws
2	Sandon Lisa	02	23.60	04/10	resc
3	Itoe Cecile	01	25.41	01/05	ws
4	Iven Kayla	02	26.20	04/10	resc
5	Derdari Yasmine	01	28.66	01/05	ws

Hauteur		RC : 1m57			
1	Yech Chou Safia	01	1m33	18/10	ws
2	Itoe Cecile	01	1m30	05/10	rcas
3	Verriez Laura	01	1m25	05/10	rcas
4	Tshanga Diumba Robiane	01	1m20	04/05	resc
5	Denis Elise	02	1m18	18/10	ws
6	Becker Violette	02	1m15	04/10	resc
7	Iven Kayla	02	1m10	04/10	resc
8	Ajerrar Dalia	02	1m05	04/10	resc
	Pieters Coralie	02	1m05	04/05	resc
10	Kassianoff Grace	01	1m00	04/10	resc
	Njema Noemi	02	1m00	04/05	resc

Longueur		RC : 5m00			
1	Yech Chou Safia	01	4m69	09/08	vs
2	Iven Kayla	02	4m19	09/08	vs
3	Itoe Cecile	01	4m06	22/06	rsca
4	Derdari Yasmine	01	4m03	30/03	resc
5	Verriez Laura	01	3m89	18/10	ws
6	Vanlaer Leila	02	3m63	30/03	resc
7	Becker Violette	02	3m59	18/10	ws
8	Sandon Lisa	02	3m50	30/03	resc
9	Denis Elise	02	3m41	18/10	ws
10	Tshanga Diumba Robiane	01	3m30	30/03	resc
11	Kassianoff Grace	01	3m06	30/03	resc
12	Saadi Marwa	01	3m02	30/03	resc
13	Ajerrar Dalia	02	2m97	31/05	dacm
14	Pieters Coralie	02	2m48	30/03	resc

Poids (2 kg)		RC : 13m12			
1	Iven Kayla	02	10m44	05/10	rcas
2	Yech Chou Safia	01	8m65	07/06	csf
3	Itoe Cecile	01	7m84	18/10	ws
4	Tshanga Diumba Robiane	01	7m67	26/10	rsca
5	Denis Elise	02	6m51	30/03	resc
6	Verriez Laura	01	6m39	25/10	csf
7	Vanlaer Leila	02	6m35	30/03	resc
8	Kassianoff Grace	01	6m19	30/03	resc
9	Saadi Marwa	01	5m82	30/03	resc
10	Ajerrar Dalia	02	5m62	31/05	dacm
11	Pieters Coralie	02	4m84	30/03	resc
12	Sandon Lisa	02	4m72	30/03	resc
13	Becker Violette	02	4m59	18/10	ws
14	Hayoun Nadha	02	4m53	30/03	resc
15	Derdari Yasmine	01	3m71	30/03	resc

Disque (750 gr)		RC : 25m78			
1	Iven Kayla	02	23m84	13/09	usbw
2	Yech Chou Safia	01	17m76	13/09	usbw
3	Itoe Cecile	01	11m72	07/06	csf
4	Verriez Laura	01	9m48	07/06	csf

Javelot (400 gr)		RC : 30m13			
1	Iven Kayla	02	30m47	11/10	rcb
2	Yech Chou Safia	01	17m22	30/03	resc
3	Vanlaer Leila	02	14m06	30/03	resc

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4	Itoe Cecile	01	11m49	11/10	rcb
5	Tshanga Diumba Robiane	01	11m24	30/03	resc
6	Sandon Lisa	02	10m18	30/03	resc
7	Denis Elise	02	9m26	30/03	resc
8	Hayoun Nadha	02	8m76	30/03	resc
9	Ajerrar Dalia	02	7m64	31/05	dacm
10	Becker Violette	02	7m31	30/03	resc
11	Kassianoff Grace	01	7m22	30/03	resc
12	Pieters Coralie	02	5m73	30/03	resc

Pentathlon		RC : 3021 p			
1	Yech Chou Safia	01	2620 p	18/10	ws
2	Iven Kayla	02	2514 p	03/08	vmol
3	Itoe Cecile	01	2092 p	18/10	ws
4	Verriez Laura	01	2049 p	18/10	ws
5	Vanlaer Leila	02	1743 p	30/03	resc
6	Denis Elise	02	1606 p	18/10	ws
7	Tshanga Diumba Robiane	01	1493 p	30/03	resc
8	Sandon Lisa	02	1488 p	30/03	resc
9	Derdari Yasmine	01	1461 p	30/03	resc
10	Becker Violette	02	1397 p	18/10	ws
11	Kassianoff Grace	01	1141 p	30/03	resc
12	Saadi Marwa	01	1099 p	30/03	resc
13	Ajerrar Dalia	02	1074 p	31/05	dacm
14	Pieters Coralie	02	1002 p	30/03	resc
15	Hayoun Nadha	02	442 p	30/03	resc

4 x 80 m		RC : 42.79			
Iven, Itoe, Verriez, Tshanga		47.09	26/10	rsca	

CADETTES FILLES

100 m		RC : 12.64			
1	Schauwers Manon	99	12.89	31/07	rfcl
2	Henry Morgane	99	14.01	04/10	resc
3	Vanden Bergh Joy	00	14.31	03/05	cabw
4	Ouali Sirine	00	14.62	21/04	csf
5	Micheli Dimitra	00	15.14	28/04	smac
6	Merino Noelia	99	15.22	06/07	resc
7	Beyaert Amelie	00	15.23	04/10	resc
8	El Khamlichi Oumaima	99	15.53	21/04	csf
9	Aragones Elena	00	16.02	21/04	csf

200 m		RC : 26.14			
1	Schauwers Manon	99	27.00	28/09	huy
2	Micheli Dimitra	00	31.26	03/05	cabw
3	Beyaert Amelie	00	33.88	21/04	csf

300 m		RC : 42.65			
1	Schauwers Manon	99	42.36	12/07	sacn
2	Henry Morgane	99	50.31	24/08	aclo
3	Beyaert Amelie	00	55.48	24/06	spvi

400 m		RC : 57.61			
1	Moons Margaux	00	66.27	03/05	cabw
2	Ouali Sirine	00	69.81	21/04	csf
3	El Khamlichi Oumaima	99	74.44	21/04	csf
4	Beyaert Amelie	00	86.90	17/08	resc

800 m		RC : 2.21.88			
1	Schauwers Manon	99	2.24.47	29/06	resc
2	Muls Camille	99	2.27.86	24/05	usbw
3	Henry Morgane	99	2.55.82	28/09	rcas
4	Merino Noelia	99	2.56.92	21/04	csf
5	Ouali Sirine	00	2.59.12	28/09	rcas
6	Camara Fiona	00	3.03.21	28/09	rcas
7	Micheli Dimitra	00	3.07.03	28/09	rcas

1500 m		RC : 4.53.37			
1	Aragones Elena	00	6.31.11	03/05	cabw
2	Beyaert Amelie	00	7.48.78	29/08	ws

Mile		RC : 5.37.33			
1	Muls Camille	99	5.48.60	04/10	resc

80 m haies (76 cm)		RC : 11.95			
1	Schauwers Manon	99	11.88	28/06	resc
2	Henry Morgane	99	15.36	24/05	usbw
3	Ouali Sirine	00	15.43	21/04	csf
4	Micheli Dimitra	00	17.01	27/09	rcas
5	Merino Noelia	99	17.22	21/04	csf
6	Camara Fiona	00	21.86	27/09	rcas

300 m haies (76 cm)		RC : 45.51			
1	Schauwers Manon	99	45.77	31/08	vs
2	Ouali Sirine	00	54.78	21/04	csf
3	Micheli Dimitra	00	60.05	27/04	smac

Hauteur		RC : 1m68			
1	Schauwers Manon	99	1m66	28/06	resc
2	Henry Morgane	99	1m40	25/04	csf
3	Ouali Sirine	00	1m25	25/04	csf
4	Micheli Dimitra	00	1m24	27/09	rcas
5	Camara Fiona	00	1m21	27/09	rcas

Longueur		RC : 5m74			
1	Schauwers Manon	99	5m37	22/06	olse
2	Sudi Sauda Daniella	99	4m09	21/04	csf
3	Merino Noelia	99	4m02	21/04	csf
4	Micheli Dimitra	00	3m87	28/09	rcas
5	Henry Morgane	99	3m77	28/09	rcas
	Ouali Sirine	00	3m77	28/09	rcas
7	Vanden Bergh Joy	00	3m53	21/04	csf
8	Camara Fiona	00	3m48	28/09	rcas
9	Beyaert Amelie	00	3m20	06/07	resc

Triple saut		RC : 11m71			
1	Vanden Bergh Joy	00	9m36	04/10	resc
2	Sudi Sauda Daniella	99	9m12	21/04	csf

Poids (3 kg)		RC : 12m10			
1	Schauwers Manon	99	9m96	25/07	rfcl
2	Beyaert Amelie	00	7m83	13/07	dacm
3	Camara Fiona	00	7m58	27/09	rcas
4	Ouali Sirine	00	7m04	27/09	rcas
5	Micheli Dimitra	00	5m72	27/09	rcas
6	Henry Morgane	99	5m61	27/09	rcas
7	Aragones Elena	00	5m10	21/04	csf

Disque (1 kg)		RC : 37m60			
1	Beyaert Amelie	00	11m25	03/05	cabw

Javelot (500 gr)		RC : 36m86			
1	Schauwers Manon	99	22m50	29/06	resc
2	Ouali Sirine	00	16m04	03/05	cabw
3	Beyaert Amelie	00	12m85	05/10	rcas
4	Henry Morgane	99	12m66	28/09	rcas
5	Micheli Dimitra	00	12m61	28/09	rcas
6	Aragones Elena	00	12m20	05/10	rcas
7	Camara Fiona	00	11m48	28/09	rcas

Hexathlon		RC : 3625 p			
1	Schauwers Manon	99	3901 p	29/06	resc
2	Ouali Sirine	00	1989 p	28/09	rcas
3	Micheli Dimitra	00	1672 p	28/09	rcas
4	Henry Morgane	99	1502 p	28/09	rcas
5	Camara Fiona	00	1405 p	28/09	rcas

4 x 100 m		RC : 50.59			
Micheli, Henry, Vanden Bergh, Sudi Sauda		56.29	21/09	smac	

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SCOLAIRES FEMMES

100 m				RC : 12.41
1	Van Der Veken Cindy	97	12.33	17/05 aclo
2	Noel Nehemie Keysha	98	12.90	26/07 resc
3	Van Der Veken Noemie	97	12.94	24/05 usbw
4	Gelbgras Moisa	97	13.30	04/10 resc
5	Cocozza Olivia	98	13.61	04/05 resc
6	Ralembert Fleurine	97	13.82	27/04 smac
7	Madani Sarah	98	14.11	20/07 avka
8	Van De Sype Chloe	97	14.16	21/08 vs
9	Bah Yaye Binta	97	14.57	20/08 riwa
10	Assina Madeleine	97	14.59	29/08 ws
11	Vanlaer Jessica	97	14.70	21/04 csf
12	Montilla Morgane	98	14.88	25/05 kape
13	Zikokola Mosa Ruth	98	16.18	20/09 csf
200 m				RC : 25.1
1	Van Der Veken Cindy	97	25.42	17/05 aclo
2	Van Der Veken Noemie	97	26.98	23/08 csf
3	Noel Nehemie Keysha	98	27.05	04/10 resc
4	Cocozza Olivia	98	28.61	04/05 resc
	Gelbgras Moisa	97	28.61	21/04 csf
6	Bah Yaye Binta	97	29.55	06/09 volh
7	Van De Sype Chloe	97	29.71	27/09 rcas
8	Madani Sarah	98	30.27	20/07 avka
9	Salmon Charlotte	98	30.51	21/04 csf
10	Montilla Morgane	98	30.67	26/04 rcas
11	Zikokola Mosa Ruth	98	33.87	20/09 csf
300 m				RC : 39.65
1	Van Der Veken Cindy	97	42.74	24/06 spvi
2	Van Der Veken Noemie	97	45.15	24/06 spvi
400 m				RC : 56.03
1	Gelbgras Moisa	97	68.33	26/05 usbw
2	Salmon Charlotte	98	69.16	27/04 smac
3	Montilla Morgane	98	71.28	21/04 csf
4	Assina Madeleine	97	75.73	22/06 rsca
800 m				RC : 2.15.6
1	Badibanga Betelu Natale	98	2.40.69	24/05 usbw
2	Montilla Morgane	98	2.43.74	27/04 rcas
3	Van De Sype Chloe	97	2.56.34	28/09 rcas
1000 m				RC : 3.01.95
1	Badibanga Betelu Natale	98	3.33.57	25/04 csf
2	Barhdadi Lina	97	3.34.27	25/04 csf
3	El Zoljami Imane	98	3.58.05	25/04 csf
1500 m				RC : 4.50.73
1	Barhdadi Lina	97	5.33.79	24/05 usbw
2	El Zoljami Imane	98	6.16.11	21/04 csf
Mile				RC : 5.22.27
1	Barhdadi Lina	97	5.48.48	04/10 resc
3000 m				RC : 10.43.20
1	El Zoljami Imane	98	13.57.35	03/05 cabw
100 m haies (76cm)				RC : 13.92
1	Van De Sype Chloe	97	17.23	27/09 rcas
2	Montilla Morgane	98	18.96	27/09 rcas
3	Ralembert Fleurine	97	18.98	27/04 smac
400 m haies (76 cm)				RC : 68.52
1	Bah Yaye Binta	97	76.73	21/04 csf
Hauteur				RC : 1m68
1	Van Der Veken Noemie	97	1m45	03/05 cabw
2	Van De Sype Chloe	97	1m39	27/09 rcas
3	Montilla Morgane	98	1m35	26/04 rcas

Longueur				RC : 6m08
1	Ralembert Fleurine	97	4m94	24/05 usbw
2	Van De Sype Chloe	97	4m64	28/09 rcas
3	Van Der Veken Noemie	97	4m59	13/09 jsmc
4	Vanlaer Jessica	97	4m38	21/04 csf
5	Montilla Morgane	98	4m04	27/04 rcas
Triple saut				RC : 12m15
1	Van De Sype Chloe	97	10m62	30/08 vs
2	Lecomte Christina	98	9m85	03/05 cabw
3	Noel Nehemie Keysha	98	9m27	04/10 resc
Perche				RC : 3m36
1	Van De Sype Chloe	97	3m21	17/05 aclo
Poids (3 kg)				RC : 12m64
1	Van De Sype Chloe	97	11m34	03/05 cabw
2	Montilla Morgane	98	9m50	17/08 resc
3	Badibanga Betelu Natale	98	7m29	21/04 csf
Disque (1 kg)				RC : 47m99
1	Van Der Veken Noemie	97	30m20	24/05 usbw
2	Van De Sype Chloe	97	29m05	12/10 rsca
3	Montilla Morgane	98	21m58	21/04 csf
Javelot (500 gr)				RC : 36m86
1	Montilla Morgane	98	37m30	25/05 kape
2	Van De Sype Chloe	97	28m41	28/09 rcas
Marteau (3 kg)				RC : 43m80
1	Van De Sype Chloe	97	21m57	01/07 bbs
Heptathlon				RC : 4701 p
1	Van De Sype Chloe	97	3430 p	28/09 rcas
2	Montilla Morgane	98	3217 p	27/04 rcas
4 x 100 m				RC : 48.97
Ralembert, Noel, VD Veken N, VD Veken C	49.32	05/09	bxl	

JUNIORS FEMMES

100 m				RC : 12.11
1	Klai Anissa	96	12.97	23/08 csf
2	Guisse Saliyya	96	13.15	21/04 csf
3	Badji Jalika	96	13.17	24/06 spvi
4	Mwamine Robine	96	13.19	06/07 resc
5	Kassianoff Sylvie	96	13.59	04/05 resc
6	Quirin Margaux	95	13.92	05/08 vs
7	Luyypaert Naomy	95	14.28	21/04 csf
200 m				RC : 24.65
1	Badji Jalika	96	26.48	21/06 lyra
2	Klai Anissa	96	26.66	23/08 csf
3	Kassianoff Sylvie	96	27.31	01/05 rfcl
4	Luyypaert Naomy	95	29.73	04/05 resc
5	Guisse Saliyya	96	29.96	27/09 rcas
300 m				RC : 39.65
1	Klai Anissa	96	41.97	09/08 dcla
2	Badji Jalika	96	42.55	24/06 spvi
3	Kassianoff Sylvie	96	43.55	24/06 spvi
400 m				RC : 56.03
1	Klai Anissa	96	58.31	26/07 resc
2	Kassianoff Sylvie	96	61.61	17/08 resc
3	Badji Jalika	96	61.74	04/05 resc
800 m				RC : 2.11.36
1	Tshiasuma Jessie	96	2.24.70	04/05 resc
2	Guisse Saliyya	96	3.37.87	28/09 rcas

Palmarès 2014 outdoor.

1500 m	RC : 4.30.09		
1 Tshiasuma Jessie	96	5.01.47	26/07 resc
Mile	RC : 5.21.54		
1 Tshiasuma Jessie	96	5.37.11	04/10 resc
400 m haies (76 cm)	RC : 65.29		
1 Badji Jalika	96	66.57	17/05 aclo
2 Kassianoff Sylvie	96	67.07	17/05 aclo
Longueur	RC : 6m08		
1 Guisse Saliyya	96	5m33	21/04 csf
Triple saut	RC : 12m15		
1 Guisse Saliyya	96	12m11	21/04 csf
Perche	RC : 3m54		
1 Quirin Margaux	95	3m90	12/07 kks
2 Luypaert Naomy	95	2m20	21/04 csf
Poids (4 kg)	RC : 13m12		
1 Guisse Saliyya	96	7m01	27/09 rcas
Disque (1 kg)	RC : 47m99		
1 Guisse Saliyya	96	17m51	15/06 rcas
Javelot (600 gr)	RC : 38m45		
1 Guisse Saliyya	96	19m17	14/06 csf
Marteau (4 kg)	RC : 56m30		
1 Guisse Saliyya	96	12m29	12/10 rsca
Heptathlon	RC : 3405 p		
1 Guisse Saliyya	96	1449 p	28/09 rcas
4 x 100 m	RC : 48.00		
Kassianoff, Klai, Badji, Mwamine	49.86	31/08	vs

SENIORS FEMMES

100 m	RC : 11.42		
1 Zagre Anne	90	11.44	09/05 USA
2 Lins Noemie	94	13.19	14/06 csf
3 Cok Evelyn	91	14.43	06/09 volh
4 Passagez Anne Miriam	94	15.44	02/08 vita
200 m	RC : 24.03		
1 Zagre Anne	90	23.80	17/04 USA
2 Lins Noemie	94	28.24	21/04 csf
3 Cok Evelyn	91	29.72	23/08 csf
4 Passagez Anne Miriam	94	32.00	30/08 lebb
5 Guisse Shaena	94	33.53	27/09 rcas
300 m	RC : 39.65		
1 Gillet Delphine	86	43.27	21/07 rcg
2 Cok Evelyn	91	50.32	15/06 rcas
400 m	RC : 56.03		
1 Gillet Delphine	86	59.25	31/05 ea
2 Cok Evelyn	91	74.63	07/06 duff
800 m	RC : 2.05.85		
1 Laurent Agnes	88	2.11.92	24/05 avlo
2 Guisse Shaena	94	3.33.17	28/09 rcas
1500 m	RC : 4.12.85		
1 Laurent Agnes	88	4.19.68	19/07 avt
2 Coukard Deborah	80	6.27.98	14/06 csf
3000 m	RC : 8.49.85		
1 Laurent Agnes	88	9.38.06	21/06 EST

100 m haies (84 cm)	RC : 12.79			
1 Zagre Anne	90	12.83	12/08 SUI	
2 Hostyn Priscilla	90	15.68	10/05 damp	
3 Guisse Shaena	94	22.22	27/09 rcas	
3000 m steeple (76 cm)	RC : -			
1 Laurent Agnes	88	10.36.98	09/08 dcla	
Hauteur	RC : 1m95			
1 Vlerick Ophelia	94	1m45	21/04 csf	
2 Guisse Shaena	94	1m27	27/09 rcas	
Longueur	RC : 6m28			
1 Lins Noemie	94	5m05	21/04 csf	
2 Guisse Shaena	94	4m07	21/04 csf	
Poids (4 kg)	RC : 13m12			
1 Reynaerts Stephanie	80	9m89	22/05 ws	
2 Guisse Shaena	94	8m99	01/05 rfcl	
3 Laurent Agnes	88	5m89	15/08 dacm	
Disque (1 kg)	RC : 47m99			
1 Reynaerts Stephanie	80	34m41	06/07 resc	
2 Guisse Shaena	94	32m03	14/09 jsmc	
3 Laurent Agnes	88	13m92	15/08 dacm	
Javelot (600 gr)	RC : 38m45			
1 Mouzon Emmanuelle	91	30m94	10/05 damp	
2 Reynaerts Stephanie	80	29m02	21/04 csf	
3 Zagre Anne	90	20m71	04/10 resc	
4 Vlerick Ophelia	94	20m07	21/04 csf	
5 Guisse Shaena	94	18m78	21/04 csf	
Marteau (4 kg)	RC : 56m30			
1 Reynaerts Stephanie	80	29m64	25/04 csf	
2 Guisse Shaena	94	24m68	12/10 rsca	
3 Mouzon Emmanuelle	91	22m71	12/10 rsca	
Heptathlon	RC : 4804 p			
1 Guisse Shaena	94	1806 p	28/09 rcas	
4 x 100 m	RC : 46.95			
Lins, Klai, Badji, Mwamine	49.92	07/09	rfcl	
4 x 200 m	RC : 1.38.53			
Badji, Kassianoff, Lins, Mwamine	1.48.16	21/09	smac	
4 x 400 m	RC : 3.54.68			
Kassianoff, Gillet, Badji, Klai	4.05.46	10/05	damp	

MASTERS FEMMES

100 m	RC : 13.37			
1 Cardenas Ojito Janet	73	14.09	17/08 resc	
2 Boonaert Caroline	64	14.24	04/10 resc	
3 Debaille Isabelle	74	15.72	17/08 resc	
200 m	RC : 27.44			
1 Nkumu Bakuba Nancy	77	28.43	14/06 lebb	
2 Cardenas Ojito Janet	73	28.93	22/08 TUR	
3 Boonaert Caroline	64	29.93	21/04 csf	
400 m	RC : 62.09			
1 Nkumu Bakuba Nancy	77	62.44	15/06 lebb	
2 Cardenas Ojito Janet	73	63.67	27/08 TUR	
800 m	RC : 2.23.91			
1 Cardenas Ojito Janet	73	2.27.04	30/08 TUR	
1000 m	RC : 2.55.49			
1 Debaille Isabelle	74	3.53.40	13/07 dacm	

Palmarès 2014 outdoor.

1500 m				RC : 4.36.3
1	Debaillie Isabelle	74	6.12.53	15/06 lebb
Mile				RC : 6.05.94
1	Debaillie Isabelle	74	6.56.75	04/10 resc
3000 m				RC : 10.12.14
1	Cardoso Da Rocha Maria Joao64	14.08.13	08/06	csf
2	Debaillie Isabelle	74	14.36.11	21/04 csf
Marathon				RC : 3h17.15
1	Cardoso Da Rocha Maria Joao64	4h30.05	09/09	FRA
80 m haies (76 cm)				RC : 17.43
1	Cardenas Ojito Janet	73	16.62	22/08 TUR
Hauteur				RC : 1m42
1	Cardenas Ojito Janet	73	1m34	22/08 TUR
Longueur				RC : 5m26
1	Nkumu Bakuba Nancy	77	4m55	15/06 lebb
2	Cardenas Ojito Janet	73	4m02	23/08 TUR
Poids (4 kg)				RC : 10m10
1	Adam Benedicte	78	10m50	10/05 damp
2	Debaillie Isabelle	74	7m80	13/07 dacm
3	De Buyst Nadia	73	7m52	21/04 csf
4	Cardenas Ojito Janet	73	7m50	21/04 csf
Disque (1 kg)				RC : 27m77
1	Adam Benedicte	78	29m85	06/07 resc
2	De Buyst Nadia	73	25m10	15/08 dacm
3	Cardenas Ojito Janet	73	18m23	21/04 csf
Javelot (600 gr)				RC : 23m46
1	Adam Benedicte	78	25m00	21/04 csf
2	Cardenas Ojito Janet	73	22m33	21/04 csf
3	De Buyst Nadia	73	18m81	19/10 rcas
4	Debaillie Isabelle	74	18m13	15/06 lebb
Marteau (4 kg)				RC : 22m25
1	Adam Benedicte	78	22m02	12/10 rsca
2	Milants Marilyn	74	12m85	12/10 rsca
Heptathlon M40				RC : -
1	Cardenas Ojito Janet	73	3572 p	23/08 TUR
4 x 100 m				RC : 57.63
Boonaert, Cardenas, Debaillie, Nkumu Bakuba				
			56.38	08/06 csf
4 x 800 m				RC : -
Adam, Dujardin, Nkumu Bakuba, Cardenas Ojito				
			10.51.30	21/09 smac
Ekiden				RC : 3h50:22
Nkumu Bakuba, Adam, Boonaert, Cardoso Da Rocha, Cardenas Ojito, Debaillie				
			3h40:52	18/10 bxl

BENJAMINS GARCONS

60 m				RC : 9.17
1	Arifi Reda	05	10.05	18/10 ws
2	Boukria Jawad	05	10.06	18/10 ws
3	Ayat Ramy	05	10.10	18/10 ws
4	Theys Norick	06	10.33	01/05 ws
5	Saadi Mohamed	05	10.50	30/03 resc
6	Declercq Jonas	05	10.51	30/03 resc
7	Purusi Arno	07	10.53	04/10 resc
8	Youla Blaise	06	10.64	30/03 resc
9	Cornelis Darwin	06	10.91	30/03 resc

Rivero Hortal Mateo	05	10.91	30/03	resc
11 Verriez Ludovic	06	11.07	28/09	rcas
12 Pieters Nicolas	05	11.13	30/03	resc
13 Dakir Anis	06	11.37	31/05	dacm
14 Mrekeche Reda	07	11.56	30/03	resc
15 El Mrabet Nawfel	06	12.64	31/05	dacm

600 m				RC : 1.58.56
1	Arifi Reda	05	1.58.80	06/07 resc
2	Boukria Jawad	05	2.09.00	18/10 ws
3	Ayat Ramy	05	2.11.71	18/10 ws
4	Chekem Harold	06	2.13.61	06/07 resc
5	Cornelis Darwin	06	2.15.85	04/05 resc
6	Saadi Mohamed	05	2.15.98	04/05 resc
7	Theys Norick	06	2.16.37	31/05 dacm
8	Rivero Hortal Mateo	05	2.20.92	30/03 resc
9	Mrekeche Reda	07	2.21.17	30/03 resc
10	Verriez Ludovic	06	2.23.16	28/09 rcas
11	Youla Blaise	06	2.25.10	30/03 resc
12	Declercq Jonas	05	2.25.25	30/03 resc
13	Purusi Arno	07	2.25.34	18/10 ws
14	Pieters Nicolas	05	2.26.70	30/03 resc
15	Dakir Anis	06	2.30.46	04/05 resc
16	El Mrabet Nawfel	06	2.41.13	30/03 resc

Hauteur				RC : 1m25
1	Theys Norick	06	1m00	11/10 rcb

Longueur				RC : 4m19
1	Boukria Jawad	05	3m19	18/10 ws
2	Ayat Ramy	05	3m07	18/10 ws
3	Arifi Reda	05	2m91	31/05 dacm
4	Theys Norick	06	2m87	20/09 vita
5	Saadi Mohamed	05	2m75	30/03 resc
6	Rivero Hortal Mateo	05	2m58	31/05 dacm
7	Purusi Arno	07	2m53	18/10 ws
8	Cornelis Darwin	06	2m52	30/03 resc
9	Pieters Nicolas	05	2m39	30/03 resc
10	Verriez Ludovic	06	2m32	18/10 ws
11	Dakir Anis	06	2m27	31/05 dacm
12	El Mrabet Nawfel	06	2m00	31/05 dacm
	Mrekeche Reda	07	2m00	30/03 resc
14	Declercq Jonas	05	1m98	30/03 resc

Poids (1 kg)				RC : 11m68
1	Arifi Reda	05	7m92	18/10 ws
2	Ayat Ramy	05	6m92	18/10 ws
3	Boukria Jawad	05	6m68	07/06 csf
4	Rivero Hortal Mateo	05	6m57	30/03 resc
5	Theys Norick	06	6m05	13/07 add
6	Pieters Nicolas	05	5m87	30/03 resc
7	Saadi Mohamed	05	5m34	30/03 resc
8	Declercq Jonas	05	4m79	30/03 resc
9	Cornelis Darwin	06	4m32	30/03 resc
10	Mrekeche Reda	07	4m03	30/03 resc
11	Dakir Anis	06	4m01	30/03 resc
12	El Mrabet Nawfel	06	3m99	30/03 resc
13	Youla Blaise	06	3m93	30/03 resc
14	Verriez Ludovic	06	3m36	18/10 ws

Balle de hockey				RC : 40m13
1	Arifi Reda	05	28m55	28/09 rcas
2	Boukria Jawad	05	22m93	01/05 ws
3	Pieters Nicolas	05	17m86	04/05 resc
4	Cornelis Darwin	06	17m60	04/05 resc
5	Theys Norick	06	16m93	23/08 vita
6	Rivero Hortal Mateo	05	13m21	31/05 dacm
7	Dakir Anis	06	11m78	31/05 dacm
8	El Mrabet Nawfel	06	11m18	31/05 dacm
9	Verriez Ludovic	06	10m15	04/10 resc

Palmarès 2014 outdoor.

Tetrathlon		RC : 2099 p			
1	Arifi Reda	05	1489 p	18/10	ws
2	Boukria Jawad	05	1330 p	18/10	ws
3	Ayat Ramy	05	1300 p	18/10	ws
4	Theys Norick	06	976 p	28/04	herv
5	Rivero Hortal Mateo	05	913 p	30/03	resc
6	Saadi Mohamed	05	891 p	30/03	resc
7	Cornelis Darwin	06	815 p	30/03	resc
8	Declercq Jonas	05	769 p	30/03	resc
9	Pieters Nicolas	05	758 p	30/03	resc
10	Youla Blaise	06	689 p	30/03	resc
11	Mrekeche Reda	07	594 p	30/03	resc
12	Verriez Ludovic	06	546 p	28/09	rcas
13	Purusi Arno	07	530 p	18/10	ws
14	Dakir Anis	06	513 p	30/03	resc
15	El Mrabet Nawfel	06	286 p	30/03	resc

PUPILLES GARCONS

60 m		RC : 8.09			
1	Medan Marko	03	8.55	27/09	cabw
2	Demanet Lounis	03	9.15	18/10	ws
3	Arifi Ilias	04	9.37	18/10	ws
4	Chekem Ramses	03	9.40	03/08	dac
5	Purusi Arthur	04	9.47	18/10	ws
6	Derome Julien	04	9.50	18/10	ws
7	Codutti Axel	03	9.57	30/03	resc
8	Boniver Evan	03	9.63	26/04	herv
9	Ivens Filip	04	9.75	18/10	ws
10	De Tollenaere Tom	03	9.79	04/10	resc
11	Sibourg Valentin	04	9.90	19/10	caf
12	Kamara Sanael	04	9.94	30/03	resc
13	Taghret Badr	03	10.00	25/10	csf
14	Taieb Rayane	03	10.13	22/06	rsca
15	Deblauwe Rodrigue	03	10.25	30/03	resc
	Talha Zakaria	03	10.25	30/03	resc
17	Kassianoff Yvan	03	10.29	30/03	resc
18	Van Elsuwe Alexis	04	10.32	07/06	csf
19	Jamart Loic	04	10.68	25/04	csf
20	Petrov Victor	04	10.90	30/03	resc
21	Jamart Bastien	04	11.19	30/03	resc
22	Lafkir Zakaria	03	11.26	30/03	resc

1000 m		RC : 3.14.18			
1	Demanet Lounis	03	3.16.29	06/07	resc
2	Medan Marko	03	3.30.59	18/10	ws
3	Kamara Sanael	04	3.30.92	15/06	rcas
4	Boniver Evan	03	3.35.55	31/05	dacm
5	Taghret Badr	03	3.37.22	30/03	resc
6	Arifi Ilias	04	3.39.34	04/05	resc
7	De Tollenaere Tom	03	3.41.16	31/05	dacm
8	Derome Julien	04	3.42.75	26/10	rsca
9	Van Elsuwe Alexis	04	3.43.43	18/10	ws
10	Codutti Axel	03	3.44.15	31/05	dacm
11	Chekem Ramses	03	3.44.64	26/10	rsca
12	Sibourg Valentin	04	3.51.52	26/10	rsca
13	Taieb Rayane	03	3.53.73	22/06	rsca
14	Kassianoff Yvan	03	3.54.73	30/03	resc
15	Talha Zakaria	03	3.56.74	30/03	resc
16	Ivens Filip	04	4.00.84	04/05	resc
17	Purusi Arthur	04	4.07.69	17/08	resc
18	Deblauwe Rodrigue	03	4.08.20	04/05	resc
19	Petrov Victor	04	4.32.85	30/03	resc
20	Jamart Loic	04	4.46.70	04/05	resc
21	Jamart Bastien	04	5.42.81	30/03	resc

60 m haies (76 cm)		RC : 10.0			
1	Taghret Badr	03	14.77	14/06	csf

Hauteur		RC : 1m49			
1	Medan Marko	03	1m20	07/06	csf
	Taghret Badr	03	1m20	07/06	csf
3	Demanet Lounis	03	1m17	11/10	rcb

4	De Tollenaere Tom	03	1m10	30/03	resc
5	Derome Julien	04	1m05	07/06	csf
6	Talha Zakaria	03	1m04	30/03	resc
7	Boniver Evan	03	1m01	30/03	resc
	Deblauwe Rodrigue	03	1m01	30/03	resc
	Kamara Sanael	04	1m01	30/03	resc
10	Codutti Axel	03	0m95	30/03	resc
	Kassianoff Yvan	03	0m95	30/03	resc
	Sibourg Valentin	04	0m95	30/03	resc
13	Arifi Ilias	04	0m90	11/10	rcb
	Van Elsuwe Alexis	04	0m90	07/06	csf

Longueur		RC : 4m75			
1	Medan Marko	03	4m42	18/10	ws
2	Demanet Lounis	03	3m73	15/06	rcas
3	Boniver Evan	03	3m69	17/08	resc
	Codutti Axel	03	3m69	31/05	dacm
5	Taieb Rayane	03	3m62	22/06	rsca
6	Chekem Ramses	03	3m61	26/10	rsca
7	Purusi Arthur	04	3m48	18/10	ws
8	Kamara Sanael	04	3m46	22/06	rsca
9	De Tollenaere Tom	03	3m42	17/08	resc
10	Sibourg Valentin	04	3m34	18/10	ws
11	Ivens Filip	04	3m27	18/10	ws
12	Arifi Ilias	04	3m19	15/06	rcas
13	Derome Julien	04	3m18	18/10	ws
14	Van Elsuwe Alexis	04	3m07	06/09	rcas

Poids (2 kg)		RC : 11m71			
1	Chekem Ramses	03	8m61	03/08	dac
2	Medan Marko	03	7m72	07/06	csf
3	Taieb Rayane	03	7m55	22/06	rsca
4	Kamara Sanael	04	6m84	07/06	csf
5	De Tollenaere Tom	03	6m74	31/05	dacm
6	Demanet Lounis	03	6m54	13/09	usbw
7	Boniver Evan	03	6m36	26/04	herv
8	Taghret Badr	03	6m24	25/10	csf
9	Codutti Axel	03	6m13	31/05	dacm
10	Van Elsuwe Alexis	04	5m30	12/10	rsca
11	Arifi Ilias	04	5m12	31/05	dacm
	Deblauwe Rodrigue	03	5m12	30/03	resc
13	Sibourg Valentin	04	4m76	31/05	dacm
14	Lafkir Zakaria	03	4m37	30/03	resc
15	Jamart Loic	04	4m28	30/03	resc
16	Kassianoff Yvan	03	4m25	30/03	resc
17	Ivens Filip	04	3m99	30/03	resc
18	Derome Julien	04	3m92	07/06	csf
	Jamart Bastien	04	3m92	30/03	resc

Disque (600 gr)		RC : 31m14			
1	De Tollenaere Tom	03	16m40	01/05	ws
2	Boniver Evan	03	15m63	01/05	ws
3	Codutti Axel	03	15m37	01/05	ws
4	Van Elsuwe Alexis	04	10m06	12/10	rsca

Balle de hockey		RC : 46m50			
1	Medan Marko	03	38m48	18/10	ws
2	De Tollenaere Tom	03	35m77	04/10	resc
3	Demanet Lounis	03	34m97	11/10	rcb
4	Chekem Ramses	03	32m50	04/05	resc
5	Taieb Rayane	03	32m14	04/05	resc
6	Boniver Evan	03	31m76	04/10	resc
7	Sibourg Valentin	04	31m35	18/10	ws
8	Taghret Badr	03	29m54	11/10	rcb
9	Codutti Axel	03	28m30	15/06	rcas
10	Kamara Sanael	04	25m02	04/05	resc
11	Arifi Ilias	04	24m13	11/10	rcb
12	Van Elsuwe Alexis	04	24m01	18/10	ws
13	Ivens Filip	04	23m91	04/10	resc
14	Purusi Arthur	04	23m18	18/10	ws
15	Deblauwe Rodrigue	03	22m71	04/05	resc
16	Jamart Bastien	04	21m70	04/05	resc
17	Kassianoff Yvan	03	18m15	04/10	resc

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18	Jamart Loic	04	14m90	25/04	csf
19	Derome Julien	04	14m84	18/10	ws

16	Montilla Alexis	02	24.81	04/05	resc
17	Schoonen Maximilien	01	24.90	29/08	ws
18	Demeere Xander	02	25.77	04/05	resc

Tetrathlon					
RC : 2516 p					
1	Medan Marko	03	2225 p	18/10	ws
2	Demanet Lounis	03	1893 p	18/10	ws
3	Chekem Ramses	03	1608 p	03/08	dac
4	Boniver Evan	03	1588 p	31/05	dacm
5	Codutti Axel	03	1524 p	31/05	dacm
6	Kamara Sanael	04	1499 p	07/06	csf
7	De Tollenaere Tom	03	1483 p	30/03	resc
8	Taghret Badr	03	1446 p	30/03	resc
9	Arifi Ilias	04	1420 p	18/10	ws
10	Derome Julien	04	1358 p	07/06	csf
11	Sibourg Valentin	04	1357 p	18/10	ws
12	Purusi Arthur	04	1307 p	18/10	ws
13	Ivens Filip	04	1204 p	18/10	ws
14	Van Elsuwe Alexis	04	1150 p	07/06	csf
15	Deblauwe Rodrigue	03	1126 p	30/03	resc
16	Kassianoff Yvan	03	1114 p	30/03	resc
17	Talha Zakaria	03	1012 p	30/03	resc
18	Petrov Victor	04	442 p	30/03	resc
19	Jamart Loic	04	368 p	30/03	resc
20	Jamart Bastien	04	347 p	30/03	resc

4 x 60 m					
RC : 33.25					
Medan, Chekem, De Tollenaere, Demanet	35.86		26/10	rsca	

MINIMES GARCONS

80 m					
RC : 9.66					
1	Doudouhi Reda	02	11.14	05/10	rcas
2	Teklal Liam	01	11.75	18/10	ws
3	Sleewaegen Jerome	01	11.77	30/03	resc
4	D'Hautcourt Martin	02	12.03	30/03	resc
5	Abou El Fadle Adel	01	12.08	30/03	resc
6	Beyaert Corentin	02	12.10	30/03	resc
7	Srifi Kanfaoui Reda	01	12.26	30/03	resc
8	Theys Nicolas	02	12.27	04/10	resc
9	Cornelis Orson	02	12.29	30/03	resc
10	Matayron Pierre	02	12.33	30/03	resc
11	Schoonen Maximilien	01	12.34	18/10	ws
12	Degreffé Esteban	01	12.39	30/03	resc
13	Liessens Dujardin Milan	02	12.47	04/10	resc
14	Dakir Adnan	02	12.49	30/03	resc
15	Schoonen Alexandre	01	12.50	04/10	resc
16	Mrekeche Ishak	02	12.53	30/03	resc
17	Wilhelmsson Malte	02	12.55	04/10	resc
18	Boukria Ayoub	02	12.57	30/03	resc
	lazzag Nathan	02	12.57	30/03	resc
	Mullender Sebastien	02	12.57	04/10	resc
21	Laruelle Gauthier	02	12.90	30/03	resc
22	Montilla Alexis	02	12.96	30/03	resc
23	Demeere Xander	02	12.99	30/03	resc
24	Balcaen Max	02	13.70	30/03	resc
25	Berghmans Alexandre	02	13.72	30/03	resc

150 m					
RC : 18.43					
1	Doudouhi Reda	02	21.30	05/10	rcas
2	Beyaert Corentin	02	22.23	04/05	resc
3	Teklal Liam	01	22.62	04/05	resc
4	Cornelis Orson	02	22.91	04/05	resc
5	lazzag Nathan	02	23.05	12/09	csf
6	Abou El Fadle Adel	01	23.33	04/05	resc
7	Srifi Kanfaoui Reda	01	23.60	04/05	resc
	Theys Nicolas	02	23.60	20/09	vita
9	Laruelle Gauthier	02	23.98	04/05	resc
10	Sleewaegen Jerome	01	24.08	04/05	resc
11	Dakir Adnan	02	24.25	04/05	resc
12	Schoonen Alexandre	01	24.36	29/08	ws
13	Degreffé Esteban	01	24.44	04/05	resc
14	Wilhelmsson Malte	02	24.56	12/09	csf
15	Boukria Ayoub	02	24.72	04/05	resc

300 m					
RC : 40.86					
1	Teklal Liam	01	46.31	20/09	dcla
2	Beyaert Corentin	02	48.65	17/08	resc
3	Sleewaegen Jerome	01	50.16	17/08	resc
4	Theys Nicolas	02	50.77	17/08	resc
5	Montilla Alexis	02	52.94	17/08	resc

1000 m					
RC : 3.01.77					
1	Teklal Liam	01	3.16.98	05/10	rcas
2	Beyaert Corentin	02	3.17.08	05/10	rcas
3	Dakir Adnan	02	3.21.00	06/07	resc
4	Montilla Alexis	02	3.32.94	31/05	dacm
5	Matayron Pierre	02	3.33.88	30/03	resc
6	Laruelle Gauthier	02	3.33.91	30/03	resc
7	Theys Nicolas	02	3.36.51	31/05	dacm
8	Doudouhi Reda	02	3.38.00	31/05	dacm
9	Sleewaegen Jerome	01	3.39.55	07/06	csf
10	Mrekeche Ishak	02	3.39.63	30/03	resc
11	D'Hautcourt Martin	02	3.45.14	30/03	resc
12	Mullender Sebastien	02	3.46.68	04/05	resc
13	Liessens Dujardin Milan	02	3.48.83	31/05	dacm
14	Srifi Kanfaoui Reda	01	3.50.30	30/03	resc
15	Abou El Fadle Adel	01	3.50.53	31/05	dacm
16	Cornelis Orson	02	3.55.99	30/03	resc
17	Schoonen Alexandre	01	3.56.60	18/10	ws
18	Boukria Ayoub	02	3.58.42	31/05	dacm
19	Schoonen Maximilien	01	4.00.37	30/03	resc
20	Balcaen Max	02	4.10.47	31/05	dacm
21	Degreffé Esteban	01	4.10.65	30/03	resc
22	Wilhelmsson Malte	02	4.11.52	15/06	rcas
23	Demeere Xander	02	4.28.05	30/03	resc
24	Berghmans Alexandre	02	4.29.01	30/03	resc

80 m haies (84 cm)					
RC : 12.00					
1	Sleewaegen Jerome	01	15.84	20/09	dcla
2	Teklal Liam	01	16.50	28/09	rcas
3	Beyaert Corentin	02	16.59	06/09	rcas
4	Montilla Alexis	02	17.48	28/09	rcas
5	Schoonen Maximilien	01	17.83	11/10	rcb
6	Schoonen Alexandre	01	17.91	11/10	rcb
7	Theys Nicolas	02	18.40	30/08	spvi

150 m haies (76 cm)					
RC : 20.54					
1	Beyaert Corentin	02	22.68	01/05	ws
2	Sleewaegen Jerome	01	24.02	01/05	ws
3	Teklal Liam	01	24.12	04/10	resc
4	Schoonen Alexandre	01	25.53	04/10	resc
5	Schoonen Maximilien	01	25.85	04/10	resc
6	Srifi Kanfaoui Reda	01	25.97	01/05	ws
7	Montilla Alexis	02	26.38	04/10	resc
8	Wilhelmsson Malte	02	27.67	04/10	resc

Hauteur					
RC : 1m70					
1	Theys Nicolas	02	1m35	30/08	spvi
2	Schoonen Alexandre	01	1m32	18/10	ws
3	Sleewaegen Jerome	01	1m29	18/10	ws
4	Srifi Kanfaoui Reda	01	1m27	30/03	resc
5	Schoonen Maximilien	01	1m25	07/06	csf
6	Teklal Liam	01	1m24	30/03	resc
7	Beyaert Corentin	02	1m21	30/03	resc
8	D'Hautcourt Martin	02	1m18	30/03	resc
	Matayron Pierre	02	1m18	30/03	resc
10	Montilla Alexis	02	1m16	11/10	rcb
11	Abou El Fadle Adel	01	1m15	30/03	resc
	Liessens Dujardin Milan	02	1m15	30/03	resc
13	Doudouhi Reda	02	1m12	30/03	resc
	Mrekeche Ishak	02	1m12	30/03	resc
15	Dakir Adnan	02	1m10	31/05	dacm
16	Cornelis Orson	02	1m09	30/03	resc

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Degreffe Esteban	01	1m09	30/03	resc
Iazzag Nathan	02	1m09	30/03	resc
Laruelle Gauthier	02	1m09	30/03	resc
Wilhelmsson Malte	02	1m09	30/03	resc
21 Balcaen Max	02	1m05	31/05	dacm
Boukria Ayoub	02	1m05	31/05	dacm
23 Berghmans Alexandre	02	1m00	30/03	resc

Longueur		RC : 5m73			
1	Sleewaegen Jerome	01	4m34	05/10	rcas
2	Theys Nicolas	02	4m03	04/10	resc
3	Beyaert Corentin	02	3m98	18/10	ws
4	Mullender Sebastien	02	3m80	04/10	resc
5	Montilla Alexis	02	3m73	04/05	resc
6	Laruelle Gauthier	02	3m69	04/05	resc
7	Doudouhi Reda	02	3m66	04/05	resc
8	Schoonen Maximilien	01	3m64	18/10	ws
9	Schoonen Alexandre	01	3m63	18/10	ws
10	Teklal Liam	01	3m60	18/10	ws
11	Wilhelmsson Malte	02	3m56	04/10	resc
12	Liessens Dujardin Milan	02	3m53	04/10	resc
13	Boukria Ayoub	02	3m50	18/10	ws
14	Abou El Fadle Adel	01	3m46	04/05	resc
15	Degreffe Esteban	01	3m45	04/05	resc
16	Cornelis Orson	02	3m44	04/05	resc
17	Dakir Adnan	02	3m42	04/05	resc
18	Demeere Xander	02	3m19	04/05	resc

Perche		RC : 3m21			
1	Montilla Alexis	02	2m14	25/10	csf
2	Beyaert Corentin	02	1m91	29/08	ws
3	Sleewaegen Jerome	01	1m90	20/09	dcla
4	Theys Nicolas	02	1m35	17/08	resc

Poids (3 kg)		RC : 14m71			
1	Montilla Alexis	02	8m05	25/10	csf
2	Matayron Pierre	02	7m57	01/05	ws
3	Beyaert Corentin	02	7m41	01/05	ws
4	Srifi Kanfaoui Reda	01	6m86	30/03	resc
5	Abou El Fadle Adel	01	6m70	30/03	resc
6	Sleewaegen Jerome	01	6m69	07/06	csf
7	Teklal Liam	01	6m67	18/10	ws
8	Theys Nicolas	02	6m37	18/10	ws
9	Mrekeche Ishak	02	6m20	30/03	resc
10	Doudouhi Reda	02	6m05	31/05	dacm
11	Schoonen Alexandre	01	5m86	18/10	ws
12	Schoonen Maximilien	01	5m68	18/10	ws
13	Boukria Ayoub	02	5m39	07/06	csf
14	D'Hautcourt Martin	02	5m15	30/03	resc
15	Dakir Adnan	02	5m13	31/05	dacm
16	Berghmans Alexandre	02	5m12	30/03	resc
17	Demeere Xander	02	4m77	30/03	resc
18	Liessens Dujardin Milan	02	4m71	31/05	dacm
19	Cornelis Orson	02	4m55	30/03	resc
20	Laruelle Gauthier	02	4m53	30/03	resc
21	Balcaen Max	02	4m52	31/05	dacm
22	Wilhelmsson Malte	02	4m11	31/05	dacm
23	Degreffe Esteban	01	3m29	30/03	resc

Disque (750 gr)		RC : 45m01			
1	Montilla Alexis	02	20m84	13/09	lebb
2	Theys Nicolas	02	19m31	24/05	damp
3	Sleewaegen Jerome	01	16m83	07/06	csf
4	Schoonen Maximilien	01	15m03	11/10	rcb
5	Schoonen Alexandre	01	14m31	07/06	csf
6	Balcaen Max	02	11m22	07/06	csf
7	Beyaert Corentin	02	11m03	07/06	csf
8	Wilhelmsson Malte	02	10m93	07/06	csf
9	Boukria Ayoub	02	10m51	07/06	csf

Javelot (400 gr)		RC : 45m91			
1	Montilla Alexis	02	29m18	03/08	dac
2	Beyaert Corentin	02	21m56	29/08	ws

3 Teklal Liam	01	21m31	28/09	rcas
4 Balcaen Max	02	19m79	31/05	dacm
5 Mrekeche Ishak	02	19m56	30/03	resc
6 Liessens Dujardin Milan	02	17m80	31/05	dacm
7 Theys Nicolas	02	17m59	28/09	rcas
8 Sleewaegen Jerome	01	17m11	28/09	rcas
9 Schoonen Maximilien	01	16m12	11/10	rcb
10 Abou El Fadle Adel	01	15m18	31/05	dacm
11 Laruelle Gauthier	02	14m78	30/03	resc
12 Boukria Ayoub	02	13m19	31/05	dacm
13 D'Hautcourt Martin	02	12m56	30/03	resc
14 Cornelis Orson	02	11m87	30/03	resc
15 Doudouhi Reda	02	11m73	31/05	dacm
16 Wilhelmsson Malte	02	11m65	15/06	rcas
17 Schoonen Alexandre	01	11m38	29/08	ws
18 Demeere Xander	02	10m75	30/03	resc
19 Degreffe Esteban	01	10m50	30/03	resc
20 Dakir Adnan	02	10m39	31/05	dacm
21 Matayron Pierre	02	9m88	30/03	resc
22 Berghmans Alexandre	02	9m27	30/03	resc

Pentathlon		RC : 4135 p			
1	Teklal Liam	01	2260 p	18/10	ws
2	Beyaert Corentin	02	2231 p	18/10	ws
3	Sleewaegen Jerome	01	2161 p	18/10	ws
4	Theys Nicolas	02	2077 p	18/10	ws
5	Montilla Alexis	02	1992 p	31/05	dacm
6	Doudouhi Reda	02	1976 p	31/05	dacm
7	Matayron Pierre	02	1892 p	30/03	resc
8	Schoonen Alexandre	01	1873 p	18/10	ws
9	Mrekeche Ishak	02	1874 p	30/03	resc
10	D'Hautcourt Martin	02	1772 p	30/03	resc
11	Schoonen Maximilien	01	1763 p	18/10	ws
12	Abou El Fadle Adel	01	1761 p	31/05	dacm
13	Srifi Kanfaoui Reda	01	1725 p	30/03	resc
14	Liessens Dujardin Milan	02	1633 p	31/05	dacm
15	Laruelle Gauthier	02	1627 p	30/03	resc
16	Dakir Adnan	02	1626 p	31/05	dacm
17	Cornelis Orson	02	1508 p	30/03	resc
18	Boukria Ayoub	02	1323 p	31/05	dacm
19	Degreffe Esteban	01	1281 p	30/03	resc
20	Balcaen Max	02	1210 p	31/05	dacm
21	Wilhelmsson Malte	02	1164 p	30/03	resc
22	Berghmans Alexandre	02	977 p	30/03	resc
23	Demeere Xander	02	906 p	30/03	resc

CADETS GARCONS

100 m		RC : 11.31			
1	Taiwo Eniola	00	11.42	30/08	vs
2	Okeowo Peredjo	99	11.58	06/07	resc
3	Kasmi Amine	00	11.85	30/08	vs
4	Nkiere Danfuname Rene	99	11.92	17/08	resc
5	Geerts Gregory	99	12.98	23/08	csf
6	Tabbakh Yassine	00	13.30	03/05	cabw
7	Moens Cyprien	00	13.40	27/09	rcas
8	Van Ees Corentin	00	14.02	04/05	resc
9	Mambu Mpela Azor	99	14.54	21/04	csf
10	De Ro Nicolas	99	17.21	21/04	csf

200 m		RC : 23.14			
1	Kasmi Amine	00	23.88	03/05	cabw
2	Nkiere Danfuname Rene	99	24.08	01/06	usbw
3	Petitjean Nicolas	99	26.13	01/06	usbw
4	Van Ees Corentin	00	28.75	04/05	resc

300 m		RC : 35.89			
1	Verriez Jonathan	99	43.88	13/04	rfcl

400 m		RC : 52.24			
1	Nkiere Danfuname Rene	99	53.07	06/07	resc
2	Petitjean Nicolas	99	56.80	05/10	rcas
3	Verriez Joathan	99	57.89	05/10	rcas

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4	Siffi Salhi Anas	99	59.57	17/08	resc
5	De Ro Nicolas	99	61.39	24/05	usbw
6	Laval Maxime	99	65.41	21/04	csf
7	Mambu Mpela Azor	99	74.42	21/04	csf
800 m		RC : 1.59.30			
1	Tabbakh Yassine	00	2.13.90	03/05	cabw
2	Chergui Moushine	99	2.19.24	24/05	usbw
3	Sanchi Nicolas	00	2.34.07	03/05	cabw
4	Temsamani Ilias	99	2.43.32	21/04	csf
1000 m		RC : 2.43.18			
1	Okeowo Peredjo	99	3.10.23	27/04	rcas
2	Nkiere Danfuname Rene	99	3.15.01	28/09	rcas
3	Petitjean Nicolas	99	3.19.23	29/06	resc
4	Geerts Gregory	99	3.21.36	29/06	resc
5	Moens Cyprien	00	3.40.62	28/09	rcas
1500 m		RC : 4.10.9			
1	Chergui Moushine	99	4.54.07	03/05	cabw
100 m haies (91 cm)		RC : 14.04			
1	Okeowo Peredjo	99	14.02	29/06	resc
2	Geerts Gregory	99	16.93	29/06	resc
3	Petitjean Nicolas	99	18.80	29/06	resc
4	Moens Cyprien	00	19.52	28/09	rcas
300 m haies (76 cm)		RC : 40.07			
1	Benchorf Jona	99	45.95	03/05	cabw
2	Verriez Jonathan	99	47.33	13/09	jsmc
Hauteur		RC : 1m91			
1	Okeowo Peredjo	99	1m65	27/04	rcas
2	Nkiere Danfuname Rene	99	1m60	27/09	rcas
3	Petitjean Nicolas	99	1m54	29/06	resc
4	Geerts Gregory	99	1m51	29/06	resc
5	Moens Cyprien	00	1m36	27/09	rcas
Longueur		RC : 6m70			
1	Okeowo Peredjo	99	6m24	28/06	resc
2	Geerts Gregory	99	5m18	28/06	resc
3	Petitjean Nicolas	99	5m03	28/06	resc
4	Nkiere Danfuname Rene	99	4m69	27/09	rcas
5	Moens Cyprien	00	4m64	27/09	rcas
Triple saut		RC : 13m52			
1	Geerts Gregory	99	11m54	21/04	csf
Perche		RC : 3m76			
1	Okeowo Peredjo	99	2m95	28/06	resc
2	Moens Cyprien	00	2m62	04/10	resc
3	Petitjean Nicolas	99	2m45	28/06	resc
4	Nkiere Danfuname Rene	99	1m99	28/09	rcas
Poids (4 kg)		RC : 14m42			
1	Okeowo Peredjo	99	12m47	05/10	rcas
2	Petitjean Nicolas	99	11m53	03/05	cabw
3	Nkiere Danfuname Rene	99	10m61	27/09	rcas
4	Geerts Gregory	99	9m77	28/06	resc
5	Moens Cyprien	00	7m45	27/09	rcas
Disque (1 kg)		RC : 48m77			
1	Nkiere Danfuname Rene	99	35m49	10/08	oeh
Javelot (600 gr)		RC : 44m54			
1	Nkiere Danfuname Rene	99	32m92	28/09	rcas
2	Okeowo Peredjo	99	29m09	27/04	rcas
3	De Ro Nicolas	99	26m82	24/05	usbw
4	Geerts Gregory	99	26m04	29/06	resc
5	Petitjean Nicolas	99	25m76	29/06	resc
6	Moens Cyprien	00	20m68	28/09	rcas
7	Laval Maxime	99	16m53	21/04	csf

8	Mambu Mpela Azor	99	13m29	21/04	csf
Marteau (4 kg)		RC : 46m37			
1	Petitjean Nicolas	99	29m60	03/05	cabw
Octathlon		RC : 5037 p			
1	Okeowo Peredjo	99	4374 p	29/06	resc
2	Petitjean Nicolas	99	3160 p	29/06	resc
3	Geerts Gregory	99	3099 p	29/06	resc
4	Nkiere Danfuname Rene	99	2922 p	28/09	rcas
5	Moens Cyprien	00	2339 p	28/09	rcas
4 x 100 m		RC : 45.42			
Taiwo, Okeowo, Nkiere Danfuname, Kasmi		44.36	07/09	rfcl	
4 x 800 m		RC : 8.43.82			
Tabbakh, Chergui, Petitjean, Siffi Salhi		9.36.35	07/09	rfcl	

SCOLAIRES HOMMES

100 m		RC : 10.83			
1	Tshitwenu Florian	97	10.97	04/10	resc
2	Vanhamme Arno	97	11.19	05/09	bxl
3	Szerman Melvin	97	11.63	04/10	resc
4	Jacic Kosta	97	11.72	21/04	csf
5	Yech Chou Mehdi	98	11.81	21/04	csf
6	Hoorens Christopher	97	11.96	21/04	csf
7	Kabuya Hugues	97	12.18	27/09	rcas
8	Assina Kevin	98	12.21	14/06	csf
9	Kayisu Wa Kayisu Bryan	97	12.23	21/04	csf
10	Loens Sam	97	12.47	28/09	resc
11	Zaanani Soufian	98	12.48	26/06	ws
12	Zenfour Mouad	97	12.52	21/06	lyra
13	Sergeef Martin	98	12.53	04/10	resc
14	Hachlouf Amin	97	12.60	21/04	csf
	Menendez Almor Jaime	98	12.60	04/10	resc
16	Fernandez D. Sebastien	97	12.64	03/05	cabw
17	Fellemans Raphael	97	12.66	04/05	resc
18	Boistel Julien	98	12.84	03/05	cabw
19	Boussar Rayane	97	12.87	21/04	csf
20	Gaufres Remy	97	13.17	21/04	csf
21	Bermudez Loic	97	13.35	21/04	csf
22	Tasiaux Jonathan	98	14.04	04/05	resc
23	Sohier Edouard	98	14.23	21/04	csf
200 m		RC : 22.02			
1	Tshitwenu Florian	97	22.02	31/08	vs
2	Zenfour Mouad	97	25.42	21/06	lyra
3	Fraccacreta Antonio	97	25.53	21/04	csf
4	Fellemans Raphael	97	25.92	04/05	resc
5	Zaanani Soufian	98	26.17	23/08	csf
6	Sergeef Martin	98	26.27	21/04	csf
7	Allouche Samy	98	26.82	21/04	csf
300 m		RC : 35.89			
1	Tshitwenu Florian	97	37.37	24/06	spvi
2	Zenfour Mouad	97	40.20	24/06	spvi
3	Zaanani Soufian	98	41.44	09/08	dcla
400 m		RC : 49.48			
1	Vanhamme Arno	97	51.11	03/05	cabw
2	Loens Sam	97	55.93	23/08	cabw
3	Zenfour Mouad	97	56.23	02/08	vita
4	Zaanani Soufian	98	57.38	17/08	resc
5	Assina Kevin	98	58.99	22/06	rsca
6	Hachlouf Anas	97	63.25	21/04	csf
800 m		RC : 1.55.41			
1	Kanfouh Mohamed	98	2.07.60	24/05	usbw
2	Zenfour Mouad	97	2.08.98	03/05	cabw

Palmarès 2014 outdoor.

1500 m		RC : 4.00.79		
1	Kanfouh Mohamed	98	4.50.43	03/05 cabw
2	Loens Sam	97	4.56.58	29/06 resc
3	Tasiaux Jonathan	98	5.37.74	06/07 resc
4	Malef Alexandre	97	5.43.76	21/04 csf

3000 m		RC : 8.33.14		
1	Zaanani Soufian	98	11.07.35	03/05 cabw

110 m haies (91 cm)		RC : 13.65		
1	Loens Sam	97	15.61	24/08 cabw
2	Kabuya Hugues	97	15.98	27/09 rcas

400 m haies (84 cm)		RC : 56.13		
1	Kabuya Hugues	97	61.16	13/09 jsmc

2000 m steeple		RC : 6.10.2		
1	Malef Alexandre	97	8.45.73	03/05 cabw

Hauteur		RC : 2m05		
1	Loens Sam	97	1m76	28/06 resc
2	Jokic Kosta	97	1m65	03/05 cabw
3	Kabuya Hugues	97	1m62	27/09 rcas
4	Kayisu Wa Kayisu Bryan	97	1m60	21/04 csf

Longueur		RC : 7m59		
1	Hoorens Christopher	97	6m33	17/08 resc
2	Loens Sam	97	5m93	23/08 cabw
3	Fernandez D. Sebastien	97	5m28	21/04 csf
4	Gaufres Remy	97	5m21	21/04 csf
5	Kabuya Hugues	97	5m17	27/09 rcas

Triple saut		RC : 15m64		
1	Hoorens Christopher	97	13m46	30/08 vs
2	Fernandez D. Sebastien	97	10m77	04/10 resc

Perche		RC : 4m36		
1	Loens Sam	97	3m70	21/04 csf

Poids (5 kg)		RC : 14m35		
1	Loens Sam	97	11m32	23/08 cabw
2	Kabuya Hugues	97	9m88	27/09 rcas
3	Buyl Boris	97	9m21	16/03 dacm
4	Fellemans Raphael	97	8m31	03/05 cabw
5	Boistel Julien	98	7m63	21/04 csf
6	Sohier Edouard	98	7m37	21/04 csf

Disque (1,5 kg)		RC : 44m44		
1	Loens Sam	97	33m76	24/08 cabw
2	Buyl Boris	97	23m81	03/05 cabw
3	Fernandez D. Sebastien	97	19m81	16/03 dacm
4	Boistel Julien	98	18m50	21/04 csf

Javelot (700 gr)		RC : 52m73		
1	Loens Sam	97	41m56	24/08 cabw
2	Sergeef Martin	98	39m08	13/09 jsmc
3	Fellemans Raphael	97	28m61	21/04 csf
4	Boistel Julien	98	27m02	21/04 csf
5	Fernandez D. Sebastien	97	22m65	21/04 csf
6	Sohier Edouard	98	15m21	21/04 csf

Marteau (5 kg)		RC : 53m41		
1	Buyl Boris	97	20m77	03/05 cabw

Decathlon		RC : -		
1	Loens Sam	97	5708 p	24/08 cabw

4 x 100 m		RC : 43.01		
Hoorens, Tshitwenu, Vanhamme, Yech Chou				
			42.91	21/09 smac

4 x 800 m		RC : 8.09.11		
Kanfouh, Zaanani, Malef, Assina		10.05.58	07/09	rfcl

JUNIORS HOMMES

100 m		RC : 10.71		
1	Badji Asamti	95	11.45	24/05 NED
2	Shutsa Kasongo Emmanuel	95	11.49	23/08 csf
3	Boa Michael	95	11.50	23/08 csf
4	Puku Toku Christian	96	11.71	21/04 csf
5	Nicodeme Romain	95	11.72	28/06 resc
6	Kalandula Fabiano	96	11.75	27/09 rcas
7	Nijs Gaston	96	11.83	21/06 lyra
8	Duzgun Mikail	96	11.88	06/09 volh
9	Bah Ibrahim	96	12.00	04/05 resc
10	Liebens Jean Christophe	96	12.30	21/04 csf
11	Kalibiona Raphael	96	12.43	04/10 resc

200 m		RC : 21.0		
1	Badji Asamti	95	22.71	03/07 jsmc
2	Shutsa Kasongo Emmanuel	95	23.35	14/09 jsmc
3	Nijs Gaston	96	23.44	21/06 lyra
4	Puku Toku Christian	96	23.53	21/06 lyra
5	Vandenhoeke Arthur	96	23.60	03/07 jsmc
6	Bah Ibrahim	96	23.97	04/05 resc
7	Boa Michael	95	24.09	06/09 volh
8	Duzgun Mikail	96	24.14	06/07 resc
9	Liebens Jean Christophe	96	24.88	04/10 resc
10	Kalibiona Raphael	96	25.30	04/05 resc

300 m		RC : 34.67		
1	Badji Asamti	95	35.52	24/06 spvi
2	Nijs Gaston	96	37.06	24/06 spvi
3	Puku Toku Christian	96	37.23	09/08 dcla

400 m		RC : 47.8		
1	Badji Asamti	95	49.14	28/06 cabw
2	Nicodeme Romain	95	50.52	14/09 jsmc
3	Nijs Gaston	96	50.82	14/09 jsmc
4	Vandenhoeke Arthur	96	50.93	06/07 resc
5	Puku Toku Christian	96	51.34	04/05 resc
6	Boa Michael	95	55.45	01/05 rfcl
7	Liebens Jean Christophe	96	58.18	04/05 resc
8	Kalandula Fabiano	96	62.65	27/09 rcas

800 m		RC : 1.52.66		
1	Petitjean Simon	96	1.56.58	21/04 csf
2	Vandenhoeke Arthur	96	1.56.78	21/04 csf
3	Tajouart Hamza	95	2.07.17	04/05 resc

1500 m		RC : 3.48.9		
1	Petitjean Simon	96	3.54.30	14/09 jsmc
2	Tajouart Hamza	95	4.33.89	17/08 resc
3	Nicodeme Romain	95	4.47.60	29/06 resc
4	Boa Michael	95	5.24.45	03/08 dac
5	Liebens Jean Christophe	96	5.39.81	06/07 resc

Mile		RC : 4.22.82		
1	Tajouart Hamza	95	4.49.53	04/10 resc

3000 m		RC : 8.14.64		
1	Petitjean Simon	96	8.48.60	04/05 resc

110 m haies (100 cm)		RC : 14.43		
1	Nicodeme Romain	95	15.35	02/08 dac
2	Boa Michael	95	17.08	02/08 dac

3000 m steeple (91 cm)		RC : 9.08.42		
1	Petitjean Simon	96	9.47.32	24/05 NED

Palmarès 2014 outdoor.

Hauteur		RC : 2m14		
1	Kalandula Fabiano	96	2m05	28/06 cabw
2	Nicodeme Romain	95	1m73	28/06 resc
3	Boa Michael	95	1m70	02/08 dac
Longueur		RC : 7m86		
1	Boa Michael	95	6m38	02/08 dac
	Nicodeme Romain	95	6m38	28/06 resc
3	Castanier Nathan	95	6m08	01/05 rfcl
4	Kalandula Fabiano	96	6m21	27/09 rcas
Triple saut		RC : 15m79		
1	Kalandula Fabiano	96	13m25	04/10 resc
2	Castanier Nathan	95	12m69	21/04 csf
Perche		RC : 5m00		
1	Nicodeme Romain	95	4m21	13/07 dacm
2	Boa Michael	95	3m00	03/08 dac
3	Kalandula Fabiano	96	2m77	04/10 resc
Poids (6 kg)		RC : 15m79		
1	Boa Michael	95	11m99	02/08 dac
2	Nicodeme Romain	95	11m75	28/06 resc
3	Kalandula Fabiano	96	9m46	27/09 rcas
Disque (1,75 kg)		RC : 43m08		
1	Boa Michael	95	35m72	13/07 dacm
2	Nicodeme Romain	95	30m62	03/08 dac
Javelot (800 gr)		RC : 53m14		
1	Boa Michael	95	50m00	03/08 dac
2	Beeckman Amaury	95	46m06	21/04 csf
3	Nicodeme Romain	95	39m79	29/06 resc
Decathlon		RC : 7001 p		
1	Nicodeme Romain	95	6286 p	29/06 resc
2	Boa Michael	95	5564 p	03/08 dac
4 x 100 m		RC : 42.37		
Shutsa Kasongo, Kalandula, Duzgun, Boa	44.34	31/08	vs	
4 x 400 m		RC : 3.17.65		
Nicodeme, Puku Toku, Petitjean, Nijs	3.21.88	31/08	vs	

SENIORS HOMMES

100 m		RC : 10.02		
1	Broothaerts Damien	83	10.57	26/07 resc
2	Gillet Antoine	88	10.70	21/06 SPA
3	Ammar Khodja Brahim	84	10.94	06/09 volh
4	Lins Sebastien	92	11.03	23/08 csf
5	Elsen Daan	94	11.15	23/08 cabw
6	Macaulay Robert	90	11.24	13/04 rfcl
7	Vandecapelle Mattijs	89	11.29	02/08 dac
8	Niesen Charles	94	11.36	23/08 csf
9	De Ridder Frederic	90	11.53	04/10 resc
10	Ilunga Carl	93	11.70	23/08 csf
11	Vervloet Gregory	83	11.71	13/09 NED
12	Gibella Massimo	94	11.79	01/05 rfcl
13	Xhonneux Frederic	83	11.84	28/06 GER
14	Gets Florent	91	11.90	23/08 cabw
15	Zahedi Pouyan	88	11.99	06/09 rcas
16	Denys Gregory	93	12.55	21/04 csf
200 m		RC : 20.66		
1	Gillet Antoine	88	21.01	02/08 vita
2	Ammar Khodja Brahim	84	21.89	01/05 rfcl
3	Lins Sebastien	92	22.25	23/08 csf
4	Niesen Charles	94	22.53	06/09 volh
5	Vandecapelle Mattijs	89	22.72	04/05 resc
6	De Ridder Frederic	90	23.40	04/05 resc
7	Xhonneux Frederic	83	23.27	25/05 NED

8	Ilunga Carl	93	24.11	23/08 csf
9	Vervloet Gregory	83	24.31	14/09 NED
300 m		RC : 33.10		
1	Lins Sebastien	92	34.86	24/06 spvi
2	Ammar Khodja Brahim	84	34.87	24/06 vita
3	Xhonneux Frederic	83	36.41	07/05 lebb
4	Ilunga Carl	93	39.44	24/06 spvi
5	De Ridder Frederic	90	40.54	21/07 rcg
6	Zahedi Pouyan	88	41.80	09/06 vac
400 m		RC : 45.98		
1	Gillet Antoine	88	46.34	26/07 resc
2	Ghislain Arnaud	88	47.84	16/07 rfcl
3	Lins Sebastien	92	48.10	26/07 resc
4	Ammar Khodja Brahim	84	48.30	06/06 FRA
5	Xhonneux Frederic	83	49.60	02/08 dac
6	Vandecapelle Mattijs	89	49.91	02/08 dac
7	Balhan Pierre Antoine	92	50.19	15/08 spa
8	Niesen Charles	94	50.79	06/09 volh
9	Elsen Daan	94	51.63	04/05 resc
10	Gets Florent	91	52.08	02/08 dac
11	Vervloet Gregory	83	53.31	13/09 NED
12	Ilunga Carl	93	57.38	17/08 resc
800 m		RC : 1.46.60		
1	Balhan Pierre Antoine	92	1.47.61	02/08 vita
2	Froidmont Arnaud	89	1.50.10	31/05 ea
3	Ghislain Arnaud	88	1.52.81	28/06 cabw
4	Xhonneux Frederic	83	2.11.29	13/09 NED
5	Vervloet Gregory	83	2.32.02	13/09 NED
6	Broothaerts Damien	83	2.47.45	26/10 rsca
1500 m		RC : 3.36.96		
1	Ruell Kim	87	3.42.04	19/07 avt
2	Lejeune Emmanuel	92	3.51.38	12/07 kks
3	Balhan Pierre Antoine	92	3.52.93	23/08 olse
4	Bouissane Youssef	94	3.55.11	09/06 spvi
5	Xhonneux Frederic	83	4.20.51	29/06 GER
6	Vereertbrugghen Nicolas	92	4.39.47	21/04 csf
7	Vandecapelle Mattijs	89	4.48.44	03/08 dac
8	Gets Florent	91	4.49.13	28/09 rcas
9	Elsen Daan	94	5.05.26	24/08 cabw
10	Vervloet Gregory	83	6.14.67	14/09 NED
3000 m		RC : 7.47.22		
1	Ruell Kim	87	8.06.61	09/08 dcla
2	Lejeune Emmanuel	92	8.13.59	21/07 rcg
3	Hernould Franky	86	8.28.74	11/05 lyra
4	Bouissane Youssef	94	8.40.39	22/06 rsca
5	Govaert Thomas	93	9.35.59	21/04 csf
6	Nicodeme Thibault	92	10.08.34	21/04 csf
7	Xhonneux Frederic	83	10.18.69	14/09 NED
8	Vervloet Gregory	83	13.17.37	14/09 NED
5000 m		RC : 13.22.81		
1	Lejeune Emmanuel	92	14.09.58	02/08 vita
2	Duvivier Antoine	86	14.10.06	02/08 vita
3	Xhonneux Frederic	83	18.32.50	13/09 NED
4	Vervloet Gregory	83	22.37.78	13/09 NED
10.000 m		RC : 28.24.95		
1	Duvivier Antoine	86	30.07.50	09/07 vmol
2	Xhonneux Frederic	83	41.27.10	14/09 NED
3	Vervloet Gregory	83	50.38.52	14/09 NED
110 m haies (106 cm)		RC : 13.48		
1	Broothaerts Damien	83	13.73	16/07 resc
2	Elsen Daan	94	14.76	27/07 resc
3	Vandecapelle Mattijs	89	15.19	03/08 dac
	Xhonneux Frederic	83	15.19	04/05 resc
5	Gets Florent	91	15.82	24/08 cabw
6	Vervloet Gregory	83	19.84	14/09 NED

Palmarès 2014 outdoor.

200 m haies (76 cm)					RC : 24.5
1	Xhonneux Frederic	83	25.52	13/09	NED
2	Vervloet Gregory	83	27.60	13/09	NED
400 m haies (91 cm)					RC : 48.91
1	Ghislain Arnaud	88	50.17	26/07	resc
2	Xhonneux Frederic	83	58.56	14/09	NED
3	Vervloet Gregory	83	76.02	14/09	NED
3000 m steeple (91 cm)					RC : 8.24.90
1	Bouissane Youssef	94	8.57.98	31/05	vs
2	Nicodeme Thibault	92	11.05.01	01/05	rfcl
3	Xhonneux Frederic	83	11.19.07	13/09	NED
4	Vervloet Gregory	83	14.07.80	13/09	NED
Hauteur					RC : 2m21
1	Elsen Daan	94	1m93	04/05	resc
	Xhonneux Frederic	83	1m93	17/05	NED
3	Gets Florent	91	1m86	06/07	resc
4	Vandecapelle Mattijs	89	1m84	02/08	dac
5	Vervloet Gregory	83	1m57	13/09	NED
Longueur					RC : 7m94
1	Caluwe Arnaud	91	7m37	02/08	vita
2	Campener Corentin	90	7m31	23/08	csf
3	Elsen Daan	94	7m13	27/07	resc
4	Xhonneux Frederic	83	7m05	17/05	NED
5	Vandecapelle Mattijs	89	6m70	02/08	dac
6	Gets Florent	91	6m17	28/06	resc
7	Denys Gregory	93	5m90	21/04	csf
8	Diallo Oumar	94	5m69	23/08	csf
9	Vervloet Gregory	83	5m34	13/09	NED
Triple saut					RC : 16m86
1	Xhonneux Frederic	83	13m93	14/09	NED
2	Vervloet Gregory	83	9m74	14/09	NED
Perche					RC : 5m25
1	Xhonneux Frederic	83	4m70	18/05	NED
2	Elsen Daan	94	4m55	16/07	rfcl
3	Vandecapelle Mattijs	89	4m20	11/05	lyra
4	Gets Florent	91	3m89	28/09	rcas
5	Van Den Bedem Miguel	84	3m83	06/09	usbw
6	Ghislain Arnaud	88	2m71	29/08	ws
7	Vervloet Gregory	83	2m37	14/09	NED
Poids (7,26 kg)					RC : 15m08
1	Xhonneux Frederic	83	14m15	17/05	NED
2	Guillaume Jonathan	92	13m72	11/05	lyra
3	Elsen Daan	94	12m94	23/08	cabw
4	Gets Florent	91	12m88	12/07	kks
5	Vandecapelle Mattijs	89	12m75	02/08	dac
6	Bernard Tom	93	10m44	11/07	rfcl
7	Vervloet Gregory	83	9m38	13/09	NED
8	Caluwe Arnaud	91	8m99	12/10	rsca
9	Denys Gregory	93	8m95	16/03	dacm
10	Froidmont Arnaud	89	8m16	15/08	dacm
11	Ruell Kim	87	6m71	15/08	dacm
Disque (2 kg)					RC : 51m56
1	Xhonneux Frederic	83	41m76	13/04	rfcl
2	Elsen Daan	94	41m35	24/08	cabw
3	Gets Florent	91	38m92	12/07	kks
4	Vandecapelle Mattijs	89	38m40	03/08	dac
5	Guillaume Jonathan	92	37m47	17/05	aclo
6	Vervloet Gregory	83	28m03	14/09	NED
7	Ruell Kim	87	23m89	11/10	rcb
8	Denys Gregory	93	22m51	16/03	dacm
9	Froidmont Arnaud	89	21m43	15/08	dacm
Javelot (800 gr)					RC : 63m56
1	Gets Florent	91	58m48	21/04	csf
2	Xhonneux Frederic	83	57m01	18/05	NED

3	Elsen Daan	94	51m47	24/08	cabw
4	Niesen Charles	94	46m77	21/04	csf
5	Vandecapelle Mattijs	89	44m60	03/08	dac
6	Campener Corentin	90	40m90	23/08	csf
7	Denys Gregory	93	36m77	04/05	resc
8	Bernard Tom	93	35m42	11/07	rfcl
9	Caluwe Arnaud	91	34m74	19/10	rcas
10	Vervloet Gregory	83	29m99	14/09	NED

Marteau (7,26 kg)					RC : 61m66
1	Bernard Tom	93	48m10	27/07	bxl
2	Xhonneux Frederic	83	31m55	13/09	NED
3	Vervloet Gregory	83	14m49	13/09	NED

Triathlon					RC : -
1	Elsen Daan	94	2135 p	26/07	rfcl

Decathlon					RC : 8142 p
1	Xhonneux Frederic	83	7546 p	18/05	NED
2	Elsen Daan	94	6997 p	24/08	cabw
3	Vandecapelle Mattijs	89	6941 p	03/08	dac
4	Gets Florent	91	6306 p	03/08	dac

Icosathlon					RC : -
1	Xhonneux Frederic	83	14.285 p	14/09	NED
2	Vervloet Gregory	83	7463 p	14/09	NED

4 x 100 m					RC : 40.60
Vanhamme, Ammar Khodja, Lins, Broothaerts					
			42.08	11/05	lyra

4 x 200 m					RC : 1.24.15
Tshitwenu, Ghislain, Niesen, Broothaerts			1.27.41	21/09	smac

4 x 400 m					RC : 3.10.2
Badji, Lins, Ghislain, Ammar Khodja			3.15.43	11/05	lyra

4 x 800 m					RC : 7.38.0
Ghislain, Ruell, Foidmont, Balhan			7.43.98	21/09	smac

4 x 1500 m					RC : 15.34.88
Lejeune, Petitjean, Balhan, Ruell			16.02.54	21/09	smac

Ekiden					RC : 2h26.28
Ruell, Hernould, Balhan, Lejeune, Petitjean, Bouissane					
			2h16.39	18/10	bxl

MASTERS HOMMES

100 m					RC : 11.74
1	Merzoug Brahim	77	12.24	25/04	csf
2	Sakow Nicolas	77	12.36	04/10	resc
3	Fellemans Emmanuel	70	12.77	04/10	resc
4	Schoonen Laurent	65	13.61	04/10	resc
5	Verriez Stephane	70	13.67	08/06	csf
6	Gilson Benoit	74	13.89	22/06	rsca
7	Huygens Guy	60	15.38	31/08	ob

200 m					RC : 24.68
1	Sakow Nicolas	77	25.08	04/10	resc
2	Fellemans Emmanuel	70	25.95	04/10	resc
3	Verriez Stephane	70	27.80	04/10	resc
4	Schoonen Laurent	65	28.18	04/10	resc
5	Gilson Benoit	74	28.45	08/06	csf
6	Lemonnier Thierry	68	32.50	26/04	rcas

300 m					RC : 37.95
1	Merzoug Brahim	77	40.40	13/04	rfcl
2	Verriez Stephane	70	45.10	25/10	csf
3	Schoonen Laurent	65	45.87	25/10	csf
4	Gilson Benoit	74	46.57	15/06	rcas

Palmarès 2014 outdoor.

400 m		RC : 52.31			
1	Njema Imed	75	60.49	08/06	csf
2	Schoonen Laurent	65	62.22	18/10	ws
800 m		RC : 1.59.64			
1	July Denis Michael	77	2.23.29	08/06	csf
2	Schoonen Laurent	65	2.48.19	26/10	rsca
1500 m		RC : 3.54.39			
1	Ceux Benoit	78	4.50.52	08/06	csf
2	Sakow Nicolas	77	5.26.27	28/09	rcas
3	Schoonen Laurent	65	5.53.32	28/09	rcas
4	Lemonnier Thierry	68	6.07.67	26/04	rcas
5	Valastro Giovanni	59	6.17.61	08/06	csf
Mile		RC : 4.46.03			
1	Schoonen Laurent	65	6.27.21	04/10	resc
3000 m		RC : 9.28.22			
1	Njema Imed	75	9.59.05	04/05	resc
2	Tillieux Guy	58	11.21.04	08/06	csf
3	Segers Philippe	65	14.05.08	21/04	csf
5000 m		RC : 15.22.50			
1	Schoonen Laurent	65	24.22.83	11/10	rcb
10.000 m		RC : 31.25.40			
1	Schoonen Laurent	65	54.52.18	25/10	csf
Marathon		RC : 2h32.05			
1	Debrabandere Amaury	69	3h04.52	09/11	FRA
2	Njema Imed	75	3h09.53	09/11	FRA
3	Codutti Marco	68	3h20.27	09/11	FRA
4	Sterckx Kevin	79	3h56.29	05/10	bxl
5	Levacq Guy	46	4h29.22	09/11	FRA
6	Segers Philippe	65	4h59.59	09/11	FRA
110 m haies (100 cm)		RC : -			
1	Schoonen Laurent	65	21.80	06/09	rcas
110 m haies (106 cm)		RC : 20.0			
1	Schoonen Laurent	65	22.84	28/09	rcas
400 m haies (91 cm)		RC : 74.91			
1	Schoonen Laurent	65	72.77	20/09	hf
Hauteur		RC : 1m75			
1	Van De Velde Frank	79	1m76	08/06	csf
2	Schoonen Laurent	65	1m42	27/09	rcas
3	Huygens Guy	60	1m35	31/08	ob
Longueur		RC : 6m65			
1	Sakow Nicolas	77	5m53	25/04	csf
2	Schoonen Laurent	65	4m42	11/10	rcb
3	Gilson Benoit	74	3m96	08/06	csf
Triple saut		RC : 14m09			
1	Schoonen Laurent	65	9m17	12/07	bbs
Perche		RC : 4m71			
1	Schoonen Laurent	65	2m09	28/09	rcas
Poids (6 kg)		RC : 9m40			
1	Denys Jacques	59	7m85	21/04	csf
Poids (7,26 kg)		RC : 15m08			
1	Segers Philippe	65	8m52	08/06	csf
2	Schoonen Laurent	65	7m33	19/10	rcas
3	Lemonnier Thierry	68	6m84	16/03	dacm

Disque (1,5 kg)		RC : 28m95			
1	Huygens Guy	60	15m24	31/08	ob
Disque (2 kg)		RC : 51m56			
1	Schoonen Laurent	65	19m29	11/10	rcb
2	Segers Philippe	65	18m68	08/06	csf
3	Sakow Nicolas	77	17m82	28/09	rcas
4	Lemonnier Thierry	68	17m59	16/03	dacm
Javelot (700 gr)		RC : 22m73			
1	Huygens Guy	60	22m47	31/08	ob
Javelot (800 gr)		RC : 62m75			
1	Sakow Nicolas	77	36m90	28/09	rcas
2	Schoonen Laurent	65	27m40	19/10	rcas
3	Segers Philippe	65	25m39	21/04	csf
4	Lemonnier Thierry	68	23m07	26/04	rcas
Marteau (7,26 kg)		RC : 51m46			
1	Lemonnier Thierry	68	13m03	16/03	dacm
Pentathlon M35 M40		RC : 1729 p			
1	Sakow Nicolas	77	2054 p	28/09	rcas
Pentathlon M45		RC : -			
1	Schoonen Laurent	65	1859 p	21/09	bbs
2	Lemonnier Thierry	68	1397 p	28/04	rcas
Decathlon M45		RC : -			
1	Schoonen Laurent	65	3635 p	28/09	rcas
4 x 100 m		RC : 52.52			
	Sakow, Fellemans, Gilson, Van De Velde	49.37	21/09	smac	
4 x 200 m		RC : 1.56.02			
	Sakow, Fellemans, Gilson, Van De Velde	1.48.90	11/10	rcb	
4 x 400 m		RC : 4.01.44			
	Sakow, Gilson, Ceux, July Denis	4.15.19	08/06	csf	
4 x 800 m		RC : 9.28.46			
	July Denis, Ceux, Debrabandere, Njema	9.29.40	21/09	smac	
Ekiden		RC : 3h03.07			
	Tilleux, July Denis, Codutti, Derbrabandere, Ceux, Vandenbussche	2h49.20	18/10	bxl	