

## RESC OUTDOOR 2013

### BENJAMINES FILLES

60 m		RC : 9.2			
1	Lambert Kylie	04	9.48	06/10	resc
2	Merino Nohemi	04	10.05	06/10	resc
3	Van Ex Alexia	04	10.35	06/10	resc
4	Havaux Lynn	05	11.24	30/03	resc
5	Taraft Romane	06	11.32	06/10	resc
6	Brahmi Dounia	04	11.33	30/08	ws
7	Van Ex Elvira	06	11.59	06/10	resc
8	Moens Clarisse	05	11.75	05/05	resc
9	Hayoun Roba	04	11.76	05/05	resc
10	Schietecatte Maite	06	12.38	30/03	resc
11	Khader Houda	05	13.23	05/05	resc
12	Khader Samia	07	13.63	05/05	resc

600 m		RC : 2.11.04			
1	Lambert Kylie	04	2.00.94	14/09	usta
2	Merino Nohemi	04	2.12.95	28/09	rcas
3	Van Ex Alexia	04	2.19.01	21/04	riaac
4	Moens Clarisse	05	2.33.42	20/10	csf
5	Van Ex Elvira	06	2.39.09	05/05	resc
6	Khader Samia	07	2.40.43	05/05	resc
7	Khader Houda	05	2.43.09	05/05	resc
8	Schietecatte Maite	06	2.49.75	30/03	resc
9	Taraft Romane	06	2.54.46	05/05	resc
10	Havaux Lynn	05	3.03.32	30/03	resc

Hauteur		RC : 1m18			
1	Merino Nohemi	04	1m06	18/08	resc
2	Lambert Kylie	04	1m00	31/08	ath

Longueur		RC : 3m88			
1	Lambert Kylie	04	3m65	24/07	dac
2	Merino Nohemi	04	3m23	27/10	rcas
3	Van Ex Alexia	04	2m91	06/10	resc
4	Brahmi Dounia	04	2m49	30/08	ws
5	Taraft Romane	06	1m94	06/10	resc
6	Khader Houda	05	1m87	30/08	ws
7	Van Ex Elvira	06	1m79	06/10	resc
8	Schietecatte Maite	06	1m71	30/03	resc
9	Khader Samia	07	1m61	30/08	ws
10	Havaux Lynn	05	1m59	30/03	resc
11	Moens Clarisse	05	1m52	30/03	resc

Poids (1 kg)		RC : 8m63			
1	Lambert Kylie	04	7m81	14/09	usta
2	Merino Nohemi	04	6m96	30/03	resc
3	Moens Clarisse	05	5m31	20/10	csf
4	Brahmi Dounia	04	5m19	30/08	ws
5	Van Ex Alexia	04	4m90	30/03	resc
6	Taraft Romane	06	4m80	06/10	resc
7	Khader Houda	05	4m53	30/08	ws
8	Havaux Lynn	05	4m02	30/03	resc
9	Van Ex Elvira	06	3m92	19/10	ws
10	Khader Samia	07	3m17	30/08	ws
11	Schietecatte Maite	06	3m15	30/03	resc

Balle de hockey		RC : 28m96			
1	Lambert Kylie	04	20m75	28/07	acw
2	Van Ex Alexia	04	13m58	28/04	rcas
3	Merino Nohemi	04	13m19	28/04	rcas
4	Taraft Romane	06	12m04	05/05	resc
5	Moens Clarisse	05	10m88	05/05	resc
6	Hayoun Roba	04	9m79	05/05	resc
7	Khader Houda	05	8m89	05/05	resc
8	Van Ex Elvira	06	7m12	05/05	resc
9	Khader Samia	07	3m65	05/05	resc

Tetrathlon		RC : 1505 p			
1	Lambert Kylie	04	1601 p	14/09	usta
2	Merino Nohemi	04	1275 p	28/09	rcas
3	Van Ex Alexia	04	882 p	21/04	riaac

4	Van Ex Elvira	06	378 p	19/10	ws
5	Havaux Lynn	05	354 p	30/03	resc
6	Moens Clarisse	05	253 p	30/03	resc
7	Schietecatte Maite	06	211 p	30/03	resc

### PUPILLES FILLES

60 m		RC : 8.5			
1	Nijs Juliette	03	9.42	26/05	csf
2	Iven Kayla	02	9.57	27/10	rsca
3	Belleflamme Nour-Adama	02	10.02	05/05	resc
4	Becker Violette	02	10.11	07/06	csf
5	Taraft Elsa	02	10.27	06/10	resc
6	Venant Lea	03	10.28	19/10	ws
7	Huygens Cloe	03	10.32	28/09	rcas
8	Van Ex Emilie	03	10.65	19/10	ws
9	Pieters Coralie	02	10.73	21/04	riaac
10	Njema Noemi	02	10.84	06/10	resc
11	Hayoun Nadha	02	11.42	30/03	resc
12	Khader Firdaous	03	12.13	05/05	resc

1000 m		RC : 3.27.87			
1	Iven Kayla	02	3.35.05	18/08	resc
2	Nijs Juliette	03	3.47.52	16/06	rsca
3	Belleflamme Nour-Adama	02	3.58.39	18/08	resc
4	Huygens Cloe	03	3.59.35	22/09	asvo
5	Pieters Coralie	02	3.59.95	30/03	resc
6	Taraft Elsa	02	4.04.79	05/05	resc
7	Becker Violette	02	4.08.70	27/10	rsca
8	Van Ex Emilie	03	4.20.75	19/10	ws
9	Venant Lea	03	4.25.05	19/10	ws
10	Khader Firdaous	03	4.47.99	05/05	resc
11	Njema Noemi	02	5.05.50	30/03	resc
12	Hayoun Nadha	02	6.07.12	30/03	resc

60 m haies (76 cm)		RC : 10.8			
1	Iven Kayla	02	13.50	31/08	spvi
2	Becker Violette	02	14.69	05/05	resc
3	Nijs Juliette	03	15.75	22/06	csf
4	Khader Firdaous	03	24.02	05/05	resc

1000 m marche		RC : 6.53.7			
1	Iven Kayla	02	6.20.58	07/09	smac

Hauteur		RC : 1m33			
1	Becker Violette	02	1m13	07/06	csf
2	Iven Kayla	02	1m07	22/06	smac
3	Huygens Cloe	03	1m05	24/08	hale
	Nijs Juliette	03	1m05	06/10	resc
	Venant Lea	03	1m05	06/10	resc
6	Belleflamme Nour-Adama	02	1m00	21/04	riaac
7	Pieters Coralie	02	0m90	30/03	resc
	Van Ex Emilie	03	0m90	30/03	resc
9	Hayoun Nadha	02	0m85	30/03	resc
	Njema Noemi	02	0m85	30/03	resc

Longueur		RC : 4m48			
1	Iven Kayla	02	3m95	16/06	rsca
2	Nijs Juliette	03	3m58	19/10	ws
3	Huygens Cloe	03	3m22	28/09	rcas
4	Becker Violette	02	3m13	28/09	rcas
5	Taraft Elsa	02	3m06	05/05	resc
6	Belleflamme Nour-Adama	02	2m97	05/05	resc
7	Venant Lea	03	2m91	05/05	resc
8	Pieters Coralie	02	2m79	05/05	resc
9	Khader Firdaous	03	2m50	30/08	ws
10	Van Ex Emilie	03	2m45	05/05	resc
11	Njema Noemi	02	2m22	28/09	rcas

Poids (2 kg)		RC : 9m75			
1	Iven Kayla	02	8m37	14/09	usta
2	Huygens Cloe	03	5m84	22/09	asvo
3	Njema Noemi	02	5m46	28/09	rcas

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4	Nijs Juliette	03	5m35	26/05	csf
5	Belleflamme Nour-Adama	02	5m01	30/03	resc
6	Becker Violette	02	4m58	28/09	rcas
7	Pieters Coralie	02	4m47	30/03	resc
8	Van Ex Emilie	03	4m35	21/04	riaac
9	Taraft Elsa	02	4m02	06/10	resc
	Venant Lea	03	4m02	06/10	resc
11	Khader Firdaous	03	3m80	30/08	ws
12	Hayoun Nadha	02	3m21	30/03	resc

Disque (600 gr)		RC : 23m00			
1	Iven Kayla	02	19m47	31/08	spvi
2	Huygens Cloe	03	11m99	28/04	rcas
3	Becker Violette	02	9m63	28/04	rcas

Balle de hockey		RC : 40m58			
1	Iven Kayla	02	41m50	19/10	ws
2	Huygens Cloe	03	27m57	18/08	resc
3	Nijs Juliette	03	27m54	19/10	ws
4	Belleflamme Nour-Adama	02	17m49	18/08	resc
5	Becker Violette	02	16m41	19/10	ws
6	Venant Lea	03	11m65	19/10	ws
7	Van Ex Emilie	03	7m51	19/10	ws

Tetrathlon		RC : 1935 p			
1	Iven Kayla	02	1728 p	28/09	rcas
2	Nijs Juliette	03	1447 p	19/10	ws
3	Huygens Cloe	03	1208 p	22/09	asvo
4	Belleflamme Nour-Adama	02	1175 p	21/04	riaac
5	Becker Violette	02	1040 p	28/09	rcas
6	Pieters Coralie	02	959 p	30/03	resc
7	Venant Lea	03	872 p	26/05	csf
8	Taraft Elsa	02	676 p	30/03	resc
9	Van Ex Emilie	03	627 p	30/03	resc
10	Njema Noemi	02	591 p	30/03	resc
11	Hayoun Nadha	02	354 p	30/03	resc

4 x 60 m		RC : 35.0			
Huygens, Becker, Iven, Nijs		38.8	27/10	rsca	

### MINIMES FILLES

80 m		RC : 10.4			
1	Yech Chou Safia	01	11.52	06/10	resc
2	Micheli Dimitra	00	11.80	19/10	ws
3	Ouali Sirine	00	12.03	30/03	resc
4	Beyaert Amelie	00	12.33	06/10	resc
5	Lombardero Clara	00	12.91	21/04	riaac
6	Aragones Elena	00	13.03	25/05	mac
	Boufrah Derraz Nawal	00	13.03	19/10	ws
8	Verriez Laura	01	13.24	06/10	resc

150 m		RC : 20.13			
1	Ouali Sirine	00	22.55	05/05	resc
2	Yech Chou Safia	01	22.96	05/05	resc
3	Lombardero Clara	00	23.74	05/05	resc
4	Beyaert Amelie	00	23.84	30/08	ws
5	Dupuis Melanie	00	25.61	30/08	ws
6	Verriez Laura	01	25.76	30/08	ws

300 m		RC : 44.36			
1	Beyaert Amelie	00	53.35	18/08	resc

1000 m		RC : 3.14.33			
1	Ouali Sirine	00	3.38.10	05/05	resc
2	Verriez Laura	01	3.43.30	27/10	rsca
3	Aragones Elena	00	3.55.87	25/05	mac
4	Micheli Dimitra	00	4.02.86	25/05	mac
5	Lombardero Clara	00	4.18.28	05/05	resc
6	Yech Chou Safia	01	4.18.97	13/07	vs
7	Beyaert Amelie	00	4.58.55	18/08	resc

50 m haies (76 cm)		RC : 9.99			
1	Ouali Sirine	00	9.97	06/10	FRA

60 m haies (76 cm)		RC : 10.05			
1	Ouali Sirine	00	11.92	28/09	rcas
2	Yech Chou Safia	01	12.33	05/05	resc
3	Beyaert Amelie	00	13.82	07/09	rcas
4	Lombardero Clara	00	14.52	05/05	resc
5	El Ouahmi Sirine	00	15.70	05/05	resc

150 m haies (76 cm)		RC : 22.78			
1	Yech Chou Safia	01	23.10	20/10	csf
2	Ouali Sirine	00	25.43	28/04	rcas
3	Beyaert Amelie	00	27.14	06/10	resc
4	Aragones Elena	00	28.74	28/04	rcas
5	Lombardero Clara	00	31.26	28/04	rcas

Hauteur		RC : 1m57			
1	Dupuis Melanie	00	1m35	06/10	FRA
2	Ouali Sirine	00	1m30	28/09	rcas
3	Yech Chou Safia	01	1m23	13/07	vs
4	Micheli Dimitra	00	1m20	25/05	mac
5	Lombardero Clara	00	1m14	21/04	riaac
6	Aragones Elena	00	1m11	21/04	riaac
7	Boufrah Derraz Nawal	00	1m09	19/10	ws
8	Verriez Laura	01	1m03	19/10	ws
9	Beyaerts Amelie	00	1m00	30/08	ws
10	Saadi Marwa	01	0m95	06/10	resc

Longueur		RC : 5m00			
1	Micheli Dimitra	00	3m95	06/10	ws
2	Ouali Sirine	00	3m79	28/04	rcas
3	Yech Chou Safia	01	3m50	13/07	vs
4	Lombardero Clara	00	3m40	05/05	resc
5	Beyaert Amelie	00	3m35	18/08	resc
6	Verriez Laura	01	3m14	19/10	ws
7	Aragones Elena	00	3m13	19/10	ws
8	El Ouahmi Sirine	00	3m02	05/05	resc
9	Boufrah Derraz Nawal	00	2m99	19/10	ws

Poids (2 kg)		RC : 13m12			
1	Ouali Sirine	00	8m29	28/09	rcas
2	Beyaert Amelie	00	8m27	18/08	resc
3	Yech Chou Safia	01	7m27	13/07	vs
4	Boufrah Derraz Nawal	00	6m93	19/10	ws
5	Micheli Dimitra	00	6m92	25/05	mac
6	Aragones Elena	00	6m66	25/05	mac
7	Verriez Laura	01	5m97	19/10	ws
8	Saadi Marwa	01	5m53	06/10	resc
9	Lombardero Clara	00	3m80	21/04	riaac

Disque (750 gr)		RC : 25m78			
1	Beyaert Amelie	00	9m01	27/10	rcas

Javelot (400 gr)		RC : 30m13			
1	Ouali Sirine	00	14m92	30/03	resc
2	Dupuis Melanie	00	12m76	30/08	ws
3	Aragones Elena	00	12m44	30/03	resc
4	Beyaert Amelie	00	9m94	30/08	ws
5	Micheli Dimitra	00	7m91	25/05	mac

Pentathlon		RC : 3021 p			
1	Ouali Sirine	00	2170 p	28/09	rcas
2	Micheli Dimitra	00	1881 p	19/10	ws
3	Yech Chou Safia	01	1827 p	13/07	vs
4	Aragones Elena	00	1412 p	21/04	riaac
5	Verriez Laura	01	1359 p	19/10	ws
6	Lombardero Clara	00	1233 p	21/04	riaac
7	Boufrah Derraz Nawal	00	1103 p	19/10	ws

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### CADETTES FILLES

100 m				
				RC : 12.64
1	Noel Nehemie Keysha	98	13.11	14/09 ob
2	Cocozza Olivia	98	13.29	04/05 cabw
3	Taraft Ines	99	14.11	27/04 csf
4	Henry Morgane	99	14.44	21/04 riaac
5	Salmon Charlotte	98	14.45	06/10 resc
6	Montilla Morgane	98	14.54	01/06 vac
7	Kaluza Isabelle	98	14.85	04/05 cabw
8	Sudi Sauda Daniella	99	14.86	21/04 riaac
9	Merino Noelia	99	15.36	06/10 resc
10	Muls Camille	99	15.52	27/04 csf
11	De Meester Nora	98	15.81	21/04 riaac
200 m				
				RC : 26.14
1	Cocozza Olivia	98	28.11	14/09 ob
2	Noel Nehemie Keysha	98	29.17	27/07 vita
3	Taraft Ines	99	29.70	04/05 cabw
4	Salmon Charlotte	98	30.21	06/10 resc
5	Merino Noelia	99	32.07	06/10 resc
300 m				
				RC : 42.65
1	Noel Nehemie Keysha	98	51.40	21/04 riaac
2	De Meester Nora	98	53.82	21/04 riaac
400 m				
				RC : 57.61
1	Montilla Morgane	98	68.34	04/05 cabw
800 m				
				RC : 2.21.88
1	Muls Camille	99	2.33.28	04/05 cabw
2	Montilla Morgane	98	2.45.57	21/04 bbs
1000 m				
				RC : 3.01.95
1	Merino Noelia	99	3.58.97	21/04 riaac
1500 m				
				RC : 4.53.37
1	Merino Noelia	99	6.50.93	04/05 cabw
2	El Zoljami Imane	98	6.55.15	27/04 csf
80 m haies (76 cm)				
				RC : 11.95
1	Montilla Morgane	98	14.55	18/08 resc
2	Henry Morgane	99	15.54	25/05 damp
300 m haies (76 cm)				
				RC : 45.51
1	Noel Nehemie Keysha	98	59.82	04/05 cabw
Hauteur				
				RC : 1m68
1	Montilla Morgane	98	1m39	29/06 resc
2	Lecomte Christina	98	1m35	06/10 FRA
	Henry Morgane	99	1m35	04/05 cabw
Longueur				
				RC : 5m74
1	Lecomte Christina	98	4m71	04/05 cabw
2	Montilla Morgane	98	4m33	30/06 resc
3	Sudi Sauda Daniella	99	4m05	27/04 csf
4	Muls Camille	99	3m78	27/04 csf
5	Taraft Ines	99	3m45	06/10 resc
Triple saut				
				RC : 11m71
1	Lecomte Christina	98	9m98	25/05 damp
2	Sudi Sauda Daniella	99	9m57	27/04 csf
Perche				
				RC : 3m26
1	Kaluza Isabelle	98	2m20	18/08 resc
Poids (3 kg)				
				RC : 12m10
1	Montilla Morgane	98	9m16	12/09 ws
2	Cocozza Olivia	98	8m40	04/05 cabw
3	Salmon Charlotte	98	6m32	27/04 csf
4	Merino Noelia	99	6m28	21/04 riaac

Disque (1 kg)				
				RC : 37m60
1	Montilla Morgane	98	24m44	12/09 ws
2	Salmon Charlotte	98	15m41	27/04 csf
3	Sudi Sauda Daniella	99	14m18	27/04 csf
Javelot (500 gr)				
				RC : 36m86
1	Montilla Morgane	98	34m38	27/10 rcas
Pentathlon				
				RC : 2720 p
1	Montilla Morgane	98	2247 p	01/06 vac
Hexathlon				
				RC : 3625 p
1	Montilla Morgane	98	2896 p	30/06 resc
4 x 100 m				
				RC : 50.59
Montilla, Noel, Lecomte, Cocozza			53.34	22/09 olse

### SCOLAIRES FEMMES

100 m				
				RC : 12.41
1	Van Der Veken Cindy	97	12.44	25/05 damp
2	Klai Anissa	96	13.00	27/07 vita
3	Van Der Veken Noemie	97	13.21	04/05 cabw
4	Guisse Saliyya	96	13.77	21/09 csf
5	Ralembert Fleurine	97	13.80	18/08 resc
6	Kassianoff Sylvie	96	13.85	06/10 resc
7	Van De Sype Chloe	97	14.44	18/08 resc
8	Vanden Berghe Fanny	97	16.01	04/05 cabw
200 m				
				RC : 25.1
1	Van Der Veken Cindy	97	25.71	25/05 damp
2	Klai Anissa	96	26.34	24/08 csf
3	Van Der Veken Noemie	97	27.60	08/05 smac
4	Kassianoff Sylvie	96	28.35	28/09 rcas
5	Van De Sype Chloe	97	29.66	28/09 rcas
6	Bah Yaye Binta	97	30.50	06/07 resc
300 m				
				RC : 39.65
1	Klai Anissa	96	42.20	21/04 riaac
2	Kassianoff Sylvie	96	46.14	21/04 riaac
3	Ralembert Fleurine	97	47.54	21/04 riaac
400 m				
				RC : 56.03
1	Klai Anissa	96	57.07	06/09 resc
2	Kassianoff Sylvie	96	63.52	18/08 resc
3	Bah Yaye Binta	97	72.96	30/08 ws
800 m				
				RC : 2.15.6
1	Tshiasuma Jessie	96	2.22.29	20/07 resc
2	Kassianoff Sylvie	96	2.38.79	29/09 rcas
3	Bah Yaye Binta	97	3.03.66	27/04 csf
	Van De Sype Chloe	97	3.03.66	29/09 rcas
5	Ralembert Fleurine	97	3.09.64	30/06 resc
1500 m				
				RC : 4.50.73
1	Tshiasuma Jessie	96	4.55.74	14/09 ob
Mile				
				RC : 5.22.27
1	Tshiasuma Jessie	96	5.32.82	06/10 resc
3000 m				
				RC : 10.43.20
1	Tshiasuma Jessie	96	11.28.04	27/04 csf
2	Lecocq Elodie	97	13.26.07	04/05 cabw
100 m haies (76 cm)				
				RC : 13.92
1	Kassianoff Sylvie	96	16.49	28/09 rcas
2	Van De Sype Chloe	97	16.63	28/09 rcas
3	Ralembert Fleurine	97	17.78	27/04 csf

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400 m haies (76 cm)				RC : 68.52
1	Badji Jalika	96	70.43	25/05 damp
2	Kassianoff Sylvie	96	72.45	18/05 herv
Hauteur				RC : 1m68
1	Van Der Veken Cindy	97	1m59	04/05 cabw
2	Van Der Veken Noemie	97	1m47	01/06 rcas
3	Ralembert Fleurine	97	1m37	29/06 resc
4	Kassianoff Sylvie	96	1m36	28/09 rcas
5	Van De Sype Chloe	97	1m35	18/08 resc
Longueur				RC : 6m06
1	Ralembert Fleurine	97	5m01	30/06 resc
2	Van Der Veken Cindy	97	4m85	17/07 dacm
3	Van De Sype Chloe	97	4m79	06/07 resc
4	Guisse Saliyya	96	4m72	29/09 usbw
	Kassianoff Sylvie	96	4m72	29/09 rcas
6	Van Der Veken Noemie	97	4m70	24/08 csf
7	Pirtynis Alicja	97	3m96	21/09 csf
Triple saut				RC : 12m15
1	Kassianoff Sylvie	96	9m39	04/05 cabw
Perche				RC : 3m36
1	Van De Sype Chloe	97	3m16	25/05 damp
Poids (3 kg)				RC : 12m64
1	Van De Sype Chloe	97	11m85	25/05 damp
2	Ralembert Fleurine	97	8m88	29/06 resc
3	Kassianoff Sylvie	96	8m62	28/09 rcas
4	Guisse Saliyya	96	8m02	12/09 ws
5	Lecocq Elodie	97	7m39	27/04 csf
6	Fanari Sibylle	97	5m71	27/04 csf
Disque (1 kg)				RC : 47m99
1	Van Der Veken Noemie	97	30m39	17/07 dacm
2	Guisse Saliyya	96	18m86	12/09 ws
Javelot (500 gr)				RC : 36m86
1	Van De Sype Chloe	97	31m14	21/09 csf
2	Klai Anissa	96	22m62	04/05 cabw
3	Lecocq Elodie	97	20m11	27/04 csf
4	Pirtynis Alicja	97	18m72	21/09 csf
5	Kassianoff Sylvie	96	17m39	29/09 rcas
6	Guisse Saliyya	96	16m97	21/09 csf
7	Ralembert Fleurine	97	16m18	30/06 resc
Heptathlon				RC : 4701 p
1	Kassianoff Sylvie	96	3482 p	29/09 rcas
2	Van De Sype Chloe	97	3437 p	29/09 rcas
3	Ralembert Fleurine	97	3117 p	30/06 resc
4 x 100 m				RC : 48.97
Ralembert, Klai, VD Veken N, VD Veken C		49.71		06/09 resc

### JUNIORS FEMMES

100 m				RC : 12.11
1	Lins Noemie	94	13.25	21/09 mac
2	Legein Emilie	95	14.41	27/04 csf
3	Passagez Anne Miriam	94	14.65	05/05 resc
4	Luypaert Naomy	95	14.99	30/08 ws
200 m				RC : 24.65
1	Lins Noemie	94	28.54	10/08 oeh
2	Legein Emilie	95	29.79	05/05 resc
3	Luypaert Naomy	95	29.93	28/09 rcas
4	Passagez Anne Miriam	94	30.32	05/05 resc
300 m				RC : 39.65
1	Lins Noemie	94	45.03	21/09 mac
2	Passagez Anne Miriam	94	49.83	21/04 riaac

800 m				RC : 2.11.36
1	Luypaert Naomy	95	3.12.78	29/09 rcas
100 m haies (84 cm)				RC : 13.99
1	Luypaert Naomy	95	21.70	28/09 rcas
Hauteur				RC : 1m81
1	Luypaert Naomy	95	1m14	28/09 rcas
Longueur				RC : 6m08
1	Lins Noemie	94	5m09	05/05 resc
2	Luypaert Naomy	95	4m03	29/09 rcas
3	Guisse Shaena	94	3m71	27/04 csf
Perche				RC : 3m54
1	Luypaert Naomy	95	2m00	27/04 csf
Poids (4 kg)				RC : 13m12
1	Guisse Shaena	94	8m88	27/04 csf
2	Luypaert Naomy	95	5m19	28/09 rcas
Disque (1 kg)				RC : 47m99
1	Guisse Shaena	94	25m31	30/06 usbw
2	Huygens Charlotte	95	14m82	20/10 caf
Javelot (600 gr)				RC : 38m45
1	Vlerick Ophelia	94	23m30	05/05 resc
2	Guisse Shaena	94	17m82	27/04 csf
3	Luypaert Naomy	95	10m82	29/09 rcas
Marteau (4 kg)				RC : 56m30
1	Guisse Shaena	94	27m55	02/06 cabw
Heptathlon				RC : 3405 p
1	Luypaert Naomy	95	1835 p	29/09 rcas

### SENIORS FEMMES

100 m				RC : 11.42
1	Zagre Anne	90	11.46	21/07 resc
2	Diwani Alison	93	12.37	21/04 riaac
3	Guillet Laurence	80	13.03	07/06 csf
4	Sende Patricia	85	13.32	09/05 acw
5	Cok Evelyne	91	14.58	21/09 mac
200 m				RC : 24.03
1	Archambeau Aline	90	27.76	01/06 achl
2	Cok Evelyne	91	30.04	05/05 resc
300 m				RC : 39.65
1	Guillet Laurence	80	45.16	08/09 cabw
2	Cok Evelyne	91	49.22	21/09 mac
400 m				RC : 56.03
1	Gillet Delphine	86	59.77	05/05 resc
2	Guenou Amelie	93	66.48	05/05 resc
3	Cok Evelyn	91	76.21	31/08 lebb
800 m				RC : 2.05.9
1	Gillet Delphine	86	2.15.53	01/06 CH
2	Archambeau Aline	90	2.38.29	02/06 achl
3	Guillet Laurence	80	2.52.04	31/08 ath
4	Cok Evelyne	91	3.10.85	29/09 rcas
100 m haies (84 cm)				RC : 12.79
1	Zagre Anne	90	12.84	20/07 resc
2	Archambeau Aline	90	16.51	05/05 resc
3	Cok Evelyne	91	22.31	28/09 rcas
400 m haies (76 cm)				RC : 60.08
1	Guillet Laurence	80	67.07	11/05 dcla

## RESC OUTDOOR 2013

Hauteur		RC : 1m95			
1	Archambeau Aline	90	1m66	05/05	resc
2	Reynaerts Stephanie	80	1m32	01/06	rcas
3	Cok Evelyne	91	1m05	28/09	rcas

Longueur		RC : 6m28			
1	Guillet Laurence	80	5m24	07/06	csf
2	Archambeau Aline	90	5m04	18/05	herv
3	Van Acker Laurance	93	3m97	05/05	resc
4	Cok Evelyne	91	3m45	29/09	rcas

Triple saut		RC : 12m66			
1	Archambeau Aline	90	11m06	11/05	dcla
2	Adam Benedicte	78	9m85	18/05	herv

Poids (4 kg)		RC : 13m12			
1	Archambeau Aline	90	10m45	01/06	achl
2	Reynaerts Stephanie	80	10m04	27/04	csf
3	Adam Benedicte	78	9m94	18/05	herv
4	Mouzon Emmanuelle	91	9m28	05/05	resc
5	Cok Evelyne	91	6m05	28/09	rcas

Disque (1 kg)		RC : 47m99			
1	Reynaerts Stephanie	80	34m04	18/05	herv
2	Adam Benedicte	78	25m91	17/07	dacm

Javelot (600 gr)		RC : 38m45			
1	Reynaerts Stephanie	80	31m78	06/07	resc
2	Mouzon Emmanuelle	91	31m34	11/05	dcla
3	Archambeau Aline	90	26m61	27/04	csf
4	Adam Benedicte	78	16m78	27/04	csf
5	Cok Evelyne	91	12m11	29/09	rcas

Marteau (4 kg)		RC : 56m30			
1	Reynaerts Stephanie	80	28m72	02/06	cabw

Heptathlon		RC : 4804 p			
1	Archambeau Aline	90	4192 p	02/06	achl
2	Cok Evelyne	91	1671 p	29/09	rcas

4 x 100 m		RC : 46.95			
Van Der Veken N, Klai, Van Der Veken C, Zagre		49.02	11/05	dcla	

4 x 200 m		RC : 1.38.53			
Lins, Luypaert, Cardenas, Cok		1.56.88	22/09	olse	

### MASTERS FEMMES

100 m		RC : 13.37			
1	Nkumu Bakuba Nancy	77	13.72	05/05	resc
2	Cardenas Ojito Janet	73	14.33	02/08	olse
3	Boonaert Caroline	64	14.68	09/06	hf

200 m		RC : 27.44			
1	Cardenas Ojito Janet	73	28.72	05/05	resc
2	Nkumu Bakuba Nancy	77	28.99	16/06	acw

400 m		RC : 62.95			
1	Cardenas Ojito Janet	73	62.09	15/06	acw
2	Nkumu Bakuba Nancy	77	62.45	15/06	acw

800 m		RC : 2.23.91			
1	Cardenas Ojito Janet	73	2.24.50	16/06	acw
2	Covens Benedicte	67	2.49.67	05/05	resc
3	Cardoso Da Rocha Maria Joao	64	3.15.56	05/05	resc

1500 m		RC : 4.36.3			
1	Cardenas Ojito Janet	73	5.15.02	27/04	csf

3000 m		RC : 10.12.14			
1	Cardenas Ojito Janet	73	11.55.61	11/05	dcla

2	Covens Benedicte	67	12.41.23	09/06	hf
3	Debaillie Isabelle	74	14.10.29	27/04	csf
4	Cardoso Da Rocha Maria Joao	64	14.21.64	27/04	csf

80 m haies (76 cm)		RC : -			
1	Cardenas Ojito Janet	73	17.43	25/08	achl

100 m haies (84 cm)		RC : 19.81			
1	Cardenas Ojito Janet	73	16.27	20/10	BRA

Hauteur		RC : 1m42			
1	Cardenas Ojito Janet	73	1m35	16/06	acw

Longueur		RC : 5m26			
1	Adam Benedicte	78	4m43	06/10	resc
2	Nkumu Bakuba Nancy	77	4m04	09/06	hf
3	Cardenas Ojito Janet	73	4m01	30/06	resc

Poids (4 kg)		RC : 8m36			
1	Adam Benedicte	78	10m10	13/10	rsca
2	Debaillie Isabelle	74	7m68	09/06	hf
3	De Buyst Nadia	73	7m30	27/04	csf
4	Cardenas Ojito Janet	73	7m21	25/08	achl

Disque (1 kg)		RC : 27m77			
1	De Buyst Nadia	73	26m81	23/08	dacm
2	Adam Benedicte	78	25m72	27/10	rcas
3	Debaillie Isabelle	74	17m16	27/10	rcas
4	Cardoso Da Rocha Maria Joao	64	13m31	27/04	csf

Javelot (600 gr)		RC : 23m46			
1	Cardenas Ojito Janet	73	21m57	20/10	BRA
2	De Buyst Nadia	73	19m39	27/04	csf
3	Debaillie Isabelle	74	17m99	05/05	csf
4	Adam Benedicte	78	17m27	27/10	rcas

Pentathlon		RC : 1903 p			
1	Cardenas Ojito Janet	73	2515 p	04/08	dac

Heptathlon		RC : 3291 p			
1	Cardenas Ojito Janet	73	3441 p	20/10	BRA

4 x 100 m		RC : 58.98			
Boonaert, Cardenas, Debaillie, Nkumu Bakuba		57.63	09/06	hf	

### BENJAMINS GARCONS

60 m		RC : 9.17			
1	Ivens Filip	04	10.09	05/05	resc
2	Kamara Sanael	04	10.34	07/06	csf
3	Sibourg Valentin	04	10.58	29/09	rcas
4	Boukria Jawad	05	10.66	06/10	resc
5	Baara Amir	04	10.76	30/03	resc
6	Arifi Reda	05	10.82	30/03	resc
7	Jamart Loic	04	10.88	07/06	csf
8	Van Elsuwe Alexis	04	11.04	01/06	rcas
9	Taieb Hilel	06	11.07	30/08	ws
10	Taheri Adil	05	11.48	30/03	resc
11	Jamart Bastien	04	11.65	06/10	resc
12	Pieters Nicolas	05	11.87	21/04	riaac
13	Serhir Wassim	05	11.97	05/05	resc

600 m		RC : 1.58.56			
1	Kamara Sanael	04	2.03.21	29/09	rcas
2	Boukria Jawad	05	2.11.82	20/10	csf
3	Arifi Reda	05	2.14.63	30/03	resc
4	Sibourg Valentin	04	2.15.41	19/10	ws
5	Van Elsuwe Alexis	04	2.16.92	10/08	oeh
6	Jamart Loic	04	2.21.72	13/07	vs
7	Serhir Wassim	05	2.23.22	05/05	resc
8	Taieb Hilel	06	2.24.17	05/05	resc

## RESC OUTDOOR 2013

9	Ivens Filip	04	2.26.21	05/05	resc
10	Pieters Nicolas	05	2.27.17	21/04	riaac
11	Baara Amir	04	2.27.57	30/03	resc
12	Taheri Adil	05	2.43.88	30/03	resc
13	Jamart Bastien	04	3.01.45	19/10	ws

Hauteur		RC : 1m25			
1	Boukria Jawad	05	0m90	18/08	resc
	Jamart Loic	04	0m90	22/06	csf
	Sibourg Valentin	04	0m90	24/08	oeh
4	Jamart Bastien	04	0m85	12/04	ws
	Kamara Sanael	04	0m85	12/04	ws
	Van Elsuwe Alexis	04	0m85	22/06	csf

Longueur		RC : 4m19			
1	Kamara Sanael	04	3m04	26/05	csf
2	Sibourg Valentin	04	2m85	19/10	ws
3	Arifi Reda	05	2m79	26/05	csf
4	Boukria Jawad	05	2m75	26/05	csf
5	Jamart Loic	04	2m74	13/07	vs
6	Taieb Hilel	06	2m73	30/08	ws
7	Van Elsuwe Alexis	04	2m70	10/08	oeh
8	Ivens Filip	04	2m62	06/10	resc
9	Jamart Bastien	04	2m48	13/07	vs
10	Verriez Ludovic	06	2m20	31/08	spvi
11	Taheri Adil	05	2m12	30/03	resc
12	Pieters Nicolas	05	1m90	30/03	resc

Poids (1 kg)		RC : 11m68			
1	Kamara Sanael	04	7m91	13/10	rsca
2	Jamart Loic	04	6m59	06/10	resc
3	Van Elsuwe Alexis	04	6m36	19/10	ws
4	Boukria Jawad	05	6m33	06/10	resc
5	Sibourg Valentin	04	6m23	24/08	oeh
6	Ivens Filip	04	5m63	06/10	resc
7	Pieters Nicolas	05	5m51	05/05	resc
8	Jamart Bastien	04	5m23	27/10	rcas
9	Taieb Hilel	06	4m20	30/08	ws
10	Verriez Ludovic	06	3m10	06/10	resc

Balle de hockey		RC : 40m13			
1	Sibourg Valentin	04	27m25	20/10	caf
2	Kamara Sanael	04	22m74	14/09	usta
3	Taheri Adil	05	22m11	30/03	resc
4	Boukria Jawad	05	20m24	13/10	rsca
5	Jamart Bastien	04	19m85	13/10	rsca
6	Arifi Reda	05	18m29	30/03	resc
7	Van Elsuwe Alexis	04	17m63	29/09	rcas
8	Baara Amir	04	13m88	30/03	resc
9	Jamart Loic	04	13m84	13/10	rsca
10	Pieters Nicolas	05	11m49	30/03	resc
11	Taieb Hilel	06	8m94	30/03	resc

Tetrathlon		RC : 2099 p			
1	Kamara Sanael	04	1118 p	21/04	riaac
2	Sibourg Valentin	04	919 p	29/09	rcas
3	Jamart Loic	04	867 p	13/07	vs
4	Boukria Jawad	05	838 p	21/04	riaac
5	Van Elsuwe Alexis	04	778 p	21/04	riaac
6	Arifi Reda	05	771 p	30/03	resc
7	Ivens Filip	04	697 p	21/04	riaac
8	Baara Amir	04	571 p	30/03	resc
9	Pieters Nicolas	05	561 p	21/04	riaac
10	Taheri Adil	05	441 p	30/03	resc
11	Jamart Bastien	04	353 p	19/10	ws
12	Taieb Hilel	06	347 p	30/03	resc

### PUPILLES GARCONS

60 m		RC : 8.44			
1	Medan Marko	03	9.03	06/10	resc
2	Beyaert Corentin	02	9.41	06/10	resc
3	D'Haucourt Martin	02	9.54	26/05	csf

4	Boukria Ayoub	02	9.58	07/06	csf
5	Cuypers Florian	03	9.63	26/05	csf
	Fasquel Neo	02	9.63	26/05	csf
	Wilhelmsson Malte	02	9.63	16/06	rsca
8	Theys Nicolas	02	9.70	08/09	cabw
9	Codutti Axel	03	9.74	26/05	csf
10	Demagnet Lounis	03	9.79	27/10	rsca
11	Boniver Evan	03	9.83	19/10	ws
	Laruelle Gauthier	02	9.83	29/09	rcas
13	De Tollenaere Tom	03	9.92	06/10	resc
14	Montilla Alexis	02	9.99	29/09	rcas
15	Taghret Badr	03	10.21	21/04	riaac
16	Demeere Xander	02	10.22	20/10	csf
17	Van Stichel Thomas	02	10.30	26/05	csf
18	Fehli Hamza	02	10.34	06/10	resc
19	Iazzag Nathan	02	10.42	30/03	resc
20	Bouclier Lukas	03	10.68	07/06	csf
21	Taieb Rayane	03	10.74	27/10	rsca

1000 m		RC : 3.14.18			
1	Beyaert Corentin	02	3.27.20	05/05	resc
2	Montilla Alexis	02	3.33.26	28/04	rcas
3	Laruelle Gauthier	02	3.33.78	29/09	rcas
4	Demagnet Lounis	03	3.37.23	27/06	csf
5	Boniver Evan	03	3.40.52	16/06	rsca
6	Taghret Badr	03	3.41.48	01/06	rcas
7	Theys Nicolas	02	3.42.05	22/06	csf
8	D'Haucourt Martin	02	3.42.36	26/05	csf
9	Medan Marko	03	3.46.01	19/10	ws
10	Codutti Axel	03	3.46.56	05/05	resc
11	De Tollenaere Tom	03	3.48.04	07/06	csf
12	Cuypers Florian	03	3.51.43	30/03	resc
13	Wilhelmsson Malte	02	3.51.69	07/06	csf
14	Boukria Ayoub	02	3.53.04	07/06	csf
15	Van Stichel Thomas	02	4.05.30	26/05	csf
16	Iazzag Nathan	02	4.10.82	30/03	resc
17	Fasquel Neo	02	4.14.50	26/05	csf
18	Bouclier Lukas	03	4.19.44	21/04	riaac
19	Fehli Hamza	02	4.29.37	04/05	resc

60 m haies (76 cm)		RC : 10.0			
1	Beyaert Corentin	02	12.42	07/09	rcas
2	Montilla Alexis	02	13.13	02/06	vita
3	Fehli Hamza	02	13.36	05/05	resc
4	Laruelle Gauthier	02	13.96	05/05	resc
5	Taghret Badr	03	14.25	05/05	resc
6	Wilhelmsson Malte	02	14.30	05/05	resc
7	Theys Nicolas	02	14.32	05/05	resc
8	Van Stichel Thomas	02	14.51	05/05	resc
9	Taieb Rayane	03	14.89	28/04	rfcl
10	De Tollenaere Tom	03	15.78	05/05	resc

Hauteur		RC : 1m49			
1	Theys Nicolas	02	1m20	08/09	cabw
2	Beyaert Corentin	02	1m15	05/05	resc
	Laruelle Gauthier	02	1m15	05/05	resc
	Montilla Alexis	02	1m15	06/10	resc
	Taghret Badr	03	1m15	06/10	resc
6	Demeere Xander	02	1m10	06/10	resc
7	Medan Marko	03	1m06	28/04	rcas
8	Demagnet Lounis	03	1m05	06/10	resc
9	Codutti Axel	03	1m02	21/04	riaac
10	Boniver Evan	03	1m00	05/05	resc
	Bouclier Lukas	03	1m00	05/05	resc
	De Tollenaere Tom	03	1m00	05/05	resc
	Van Stichel Thomas	02	1m00	05/05	resc
	Wilhelmsson Malte	02	1m00	06/10	resc
15	Boukria Ayoub	02	0m99	21/04	riaac
	Cuypers Florian	03	0m99	21/04	riaac

## RESC OUTDOOR 2013

Longueur		RC : 4m75			
1	Medan Marko	03	4m01	07/09	rcas
2	Cuypers Florian	03	3m80	26/05	csf
3	Fasquel Neo	02	3m68	07/09	rcas
4	Montilla Alexis	02	3m67	29/09	rcas
5	Theys Nicolas	02	3m64	18/08	resc
6	Codutti Axel	03	3m53	07/09	rcas
7	Beyaert Corentin	02	3m50	18/08	resc
8	Laruelle Gauthier	02	3m47	29/09	rcas
9	Taghret Badr	03	3m41	27/10	rsca
10	Demagnet Lounis	03	3m39	29/09	rcas
11	D'Haucourt Martin	02	3m37	26/05	csf
12	Van Stichel Thomas	02	3m36	26/05	csf
13	Boniver Evan	03	3m29	29/09	rcas
14	Wilhelmsson Malte	02	3m18	29/09	rcas
15	Boukria Ayoub	02	3m17	18/08	resc
	De Tollenaere Tom	03	3m17	18/08	resc
17	Taieb Rayane	03	3m04	27/10	rsca
18	Bouclier Lukas	03	2m79	29/09	rcas
19	Iazzag Nathan	02	2m76	30/03	resc

Poids (2 kg)		RC : 11m71			
1	Beyaert Corentin	02	9m25	26/10	rcas
2	Montilla Alexis	02	8m72	27/10	rcas
3	Demeere Xander	02	6m80	20/10	csf
4	Taghret Badr	03	6m65	27/10	rcas
	Taieb Rayane	03	6m65	07/06	csf
6	De Tollenaere Tom	03	6m49	20/10	csf
7	Bouclier Lukas	03	6m46	06/10	resc
8	Theys Nicolas	02	6m04	06/10	resc
9	Fasquel Neo	02	5m86	07/06	csf
10	Boniver Evan	03	5m83	06/10	resc
11	Cuypers Florian	03	5m72	21/04	riaac
12	Codutti Axel	03	5m70	30/08	ws
13	Boukria Ayoub	02	5m69	20/10	csf
14	Wilhelmsson Malte	02	5m65	30/08	ws
15	Van Stichel Thomas	02	4m47	21/04	riaac

Disque (600 gr)		RC : 31m14			
1	Montilla Alexis	02	20m39	20/10	csf
2	Beyaert Corentin	02	18m36	31/08	spvi
3	De Tollenaere Tom	03	18m20	20/10	csf
4	Boniver Evan	03	13m30	08/09	cabw
5	Theys Nicolas	02	13m28	08/09	cabw
6	Medan Marko	03	13m15	28/04	rcas
7	Boukria Ayoub	02	13m10	20/10	csf
8	Taghret Badr	03	10m35	27/10	rcas

Balle de hockey		RC : 46m50			
1	Montilla Alexis	02	36m89	15/06	vac
2	Boniver Evan	03	35m89	19/10	ws
3	Beyaert Corentin	02	34m98	19/10	ws
4	Theys Nicolas	02	34m38	19/10	ws
5	Medan Marko	03	32m59	27/07	lyra
6	Iazzag Nathan	02	29m65	30/03	resc
7	Cuypers Florian	03	28m30	26/05	csf
8	De Tollenaere Tom	03	27m80	01/06	rcas
9	D'Haucourt Martin	02	27m75	26/05	csf
10	Demagnet Lounis	03	27m28	29/09	rcas
11	Codutti Axel	03	26m20	19/10	ws
12	Laruelle Gauthier	02	26m03	29/09	rcas
13	Taghret Badr	03	25m22	29/09	rcas
14	Fasquel Neo	02	24m93	01/06	rcas
15	Boukria Ayoub	02	20m80	13/10	rsca
16	Wilhelmsson Malte	02	19m79	29/09	rcas
17	Bouclier Lukas	03	19m53	29/09	rcas
18	Van Stichel Thomas	02	14m59	26/05	csf

Tetrathlon		RC : 2516 p			
1	Beyaert Corentin	02	1742 p	19/10	ws
2	Montilla Alexis	02	1651 p	29/09	rcas
3	Medan Marko	03	1610 p	19/10	ws
4	Laruelle Gauthier	02	1518 p	29/09	rcas

5	D'Haucourt Martin	02	1516 p	26/05	csf
6	Cuypers Florian	03	1481 p	26/05	csf
7	Boniver Evan	03	1479 p	19/10	ws
8	Theys Nicolas	02	1466 p	29/09	rcas
9	Codutti Axel	03	1328 p	19/10	ws
10	Taghret Badr	03	1313 p	21/04	riaac
11	Demagnet Lounis	03	1253 p	29/09	rcas
12	Fasquel Neo	02	1239 p	26/05	csf
13	Wilhelmsson Malte	02	1202 p	29/09	rcas
14	De Tollenaere Tom	03	1200 p	01/06	rcas
15	Boukria Ayoub	02	1165 p	21/04	riaac
16	Van Stichel Thomas	02	1071 p	21/04	riaac
17	Iazzag Nathan	02	1029 p	30/03	resc
18	Bouclier Lukas	03	840 p	21/04	riaac

### MINIMES GARCONS

50 m		RC : 6.88			
1	Taiwo Eniola	00	6.66	06/10	FRA

80 m		RC : 9.66			
1	Taiwo Eniola	00	9.93	19/10	ws
2	Stodolski Michael	00	11.04	31/08	spvi
3	Moens Cyprien	00	12.12	26/05	csf
4	Dekeme Xavier	00	12.13	30/03	resc
5	Sleewaegen Jerome	01	12.16	13/07	vs
6	Sanchi Nicolas	00	12.26	06/10	resc
	Teklal Liam	01	12.38	26/05	csf
8	Abou El Fadle Adel	01	12.40	27/10	rsca
9	Srifi Kanfaoui Reda	01	12.43	21/04	riaac
10	Schoonen Maximilien	01	12.69	07/09	rcas
11	Degrefe Esteban	01	12.77	26/05	csf
12	Schoonen Alexandre	01	13.06	19/10	ws
13	Chatouani Salah Eddine	01	13.56	30/03	resc
14	Delplan Gilles	01	13.72	30/03	resc
15	Ould Kerkoub Yonas	00	13.91	30/03	resc

150 m		RC : 18.43			
1	Taiwo Eniola	00	19.17	30/08	ws
2	Stodolski Michael	00	20.54	07/06	csf
3	Tabbakh Yassine	00	22.45	05/05	resc
4	Teklal Liam	01	22.77	07/06	csf
5	Sleewaegen Jerome	01	23.00	05/05	resc
6	Srifi Kanfaoui Reda	01	23.50	07/06	csf
7	Moens Cyprien	00	23.58	05/05	resc
8	Abou El Fadle Adel	01	23.63	07/06	csf
9	Sanchi Nicolas	00	23.72	05/05	resc
10	Schoonen Maximilien	01	24.59	30/08	ws
11	Deplan Gilles	01	24.80	05/05	resc
12	Belhouari Oussama	01	25.00	05/05	resc
13	Schoonen Alexandre	01	26.09	30/08	ws

300 m		RC : 40.86			
1	Taiwo Eniola	00	41.25	18/08	resc
2	Stodolski Michael	00	47.40	27/10	rsca
3	Sleewaegen Jerome	01	49.54	20/10	csf
4	Sanchi Nicolas	00	50.77	18/08	resc
5	Moens Cyprien	00	52.65	20/10	csf
6	Abou El Fadle Adel	01	58.34	27/10	rsca

1000 m		RC : 3.01.77			
1	Tabbakh Yassine	00	3.26.33	05/05	resc
2	Teklal Liam	01	3.27.66	22/06	csf
3	Sanchi Nicolas	00	3.35.28	29/09	rcas
4	Srifi Kanfaoui Reda	01	3.37.32	05/05	resc
5	Stodolski Michael	00	3.38.74	29/09	rcas
6	Sleewaegen Jerome	01	3.39.16	13/07	vs
7	Delplan Gilles	01	3.43.08	05/05	resc
8	Taiwo Eniola	00	3.49.03	30/03	resc
9	Moens Cyprien	00	3.57.72	26/05	csf
10	Dekeme Xavier	00	3.59.42	30/03	resc
11	Belhouari Oussama	01	4.06.88	05/05	resc
12	Schoonen Maximilien	01	4.08.14	19/10	ws

## RESC OUTDOOR 2013

13	Schoonen Alexandre	01	4.12.19	19/10	ws
14	Degreffe Esteban	01	4.16.75	26/05	csf
15	Abou El Fadle Adel	01	4.18.49	29/09	rcas
16	Chatouani Salah Eddine	01	4.23.48	30/03	resc
17	Ould Kerkoub Yonas	00	4.32.89	30/03	resc

80 m haies (84 cm)		RC : 12.00			
1	Stodolski Michael	00	15.01	29/09	rcas
2	Sleewaegen Jerome	01	16.36	29/09	rcas
3	Teklal Liam	01	16.73	29/09	rcas
4	Abou El Fadle Adel	01	16.91	07/09	rcas
5	Schoonen Maximilien	01	17.44	07/09	rcas
6	Sanchi Nicolas	00	18.02	29/09	rcas
7	Srifi Kanfaoui Reda	01	18.71	29/09	rcas
8	Schoonen Alexandre	01	19.51	07/09	rcas

150 m haies (76 cm)		RC : 20.54			
1	Taiwo Eniola	00	21.18	28/04	rcas
2	Moens Cyprien	00	23.87	20/10	csf
3	Sleewaegen Jerome	01	23.90	28/04	rcas
4	Sanchi Nicolas	00	25.18	06/10	resc
5	Schoonen Maximilien	01	26.11	20/10	csf
6	Teklal Liam	01	26.14	28/04	rcas
7	Schoonen Alexandre	01	27.34	20/10	csf

Hauteur		RC : 1m70			
1	Taiwo Eniola	00	1m55	06/10	FRA
2	Stodolski Michael	00	1m40	30/08	ws
3	Sleewaegen Jerome	01	1m29	13/07	vs
4	Moens Cyprien	00	1m24	21/04	riaac
5	Teklal Liam	01	1m20	05/05	resc
6	Sanchi Nicolas	00	1m15	05/05	resc
	Schoonen Alexandre	01	1m15	30/08	ws
	Schoonen Maximilien	01	1m15	19/10	ws
	Srifi Kanfaoui Reda	01	1m15	21/04	riaac
10	Abou El Fadle Adel	01	1m05	05/05	resc

Longueur		RC : 5m73			
1	Taiwo Eniola	00	4m96	19/10	ws
2	Stodolski Michael	00	4m71	06/10	FRA
3	Moens Cyprien	00	4m13	26/05	csf
4	Sleewaegen Jerome	01	4m09	06/10	resc
5	Teklal Liam	01	3m97	26/05	csf
6	Srifi Kanfaoui Reda	01	3m73	26/05	csf
7	Sanchi Nicolas	00	3m47	29/09	rcas
	Schoonen Maximilien	01	3m47	07/09	rcas
9	Degreffe Esteban	01	3m46	26/05	csf
10	Dekeme Xavier	00	3m27	30/03	resc
11	Abou El Fadle Adel	01	3m08	07/09	rcas
12	Schoonen Alexandre	01	3m03	07/09	rcas
13	Chatouani Salah Eddine	01	2m93	30/03	resc
14	Ould Kerkoub Yonas	00	2m73	30/03	resc

Perche		RC : 3m21			
1	Sleewaegen Jerome	01	2m05	07/06	csf
2	Moens Cyprien	00	1m99	20/10	csf
3	Stodolski Michael	00	1m45	07/06	csf

Poids (3 kg)		RC : 14m71			
1	Taiwo Eniola	00	9m88	19/10	ws
2	Stodolski Michael	00	7m23	29/09	rcas
3	Srifi Kanfaoui Reda	01	7m04	06/10	resc
4	Moens Cyprien	00	6m54	26/05	csf
5	Sanchi Nicolas	00	6m49	06/10	resc
6	Dekeme Xavier	00	6m29	30/03	resc
7	Sleewaegen Jerome	01	6m13	13/07	vs
8	Abou El Fadle Adel	01	5m67	29/09	rcas
	Teklal Liam	01	5m67	29/09	rcas
10	Schoonen Alexandre	01	4m98	19/10	ws
11	Chatouani Salah Eddine	01	4m59	30/03	resc
12	Schoonen Maximilien	01	4m51	19/10	ws
13	Ould Kerkoub Yonas	00	4m27	30/03	resc
14	Degreffe Esteban	01	4m18	26/05	csf

Disque (750 gr)		RC : 45m01			
1	Sleewaegen Jerome	01	17m76	31/08	spvi
2	Moens Cyprien	00	13m13	20/10	csf

Javelot (400 gr)		RC : 45m91			
1	Moens Cyprien	00	20m95	26/05	csf
2	Stodolski Michael	00	19m58	29/09	rcas
3	Sleewaegen Jerome	01	18m55	31/08	spvi
4	Teklal Liam	01	17m86	29/09	rcas
5	Taiwo Eniola	00	17m54	18/08	resc
6	Abou El Fadle Adel	01	17m12	29/09	rcas
7	Sanchi Nicolas	00	16m88	29/09	rcas
8	Srifi Kanfaoui Reda	01	15m35	26/05	csf
9	Degreffe Esteban	01	12m89	26/05	csf
10	Dekeme Xavier	00	11m58	30/03	resc
11	Ould Kerkoub Yonas	00	11m01	30/03	resc
12	Schoonen Maximilien	01	10m93	30/08	ws

Pentathlon		RC : 4135 p			
1	Taiwo Eniola	00	3306 p	19/10	ws
2	Stodolski Michael	00	2244 p	29/09	rcas
3	Sleewaegen Jerome	01	2148 p	13/07	vs
4	Moens Cyprien	00	1951 p	26/05	csf
5	Teklal Liam	01	1915 p	26/05	csf
6	Srifi Kanfaoui Reda	01	1739 p	26/05	csf
7	Sanchi Nicolas	00	1620 p	21/04	riaac
8	Dekeme Xavier	00	1545 p	30/03	resc
9	Schoonen Maximilien	01	1447 p	19/10	ws
10	Schoonen Alexandre	01	1278 p	19/10	ws
11	Degreffe Esteban	01	1242 p	26/05	csf
12	Abou El Fadle Adel	01	869 p	30/03	resc
13	Chatouani Salah Eddine	01	831 p	30/03	resc
14	Ould Kerkoub Yonas	00	810 p	30/03	resc

4 x 80 m		RC : 41.08			
Sleewaegen, Abou El Fadle, Stodolski, Teklal		46.15	07/06	csf	

### CADETS GARCONS

100 m		RC : 11.31			
1	Yech Chou Mehdi	98	11.94	06/10	FRA
2	Okeowo Peredjo	99	12.05	28/09	rcas
3	Montilla Dimitri	98	12.21	01/06	vac
4	Sergeef Martin	98	12.37	18/08	resc
5	Nkiere Danfuname Rene	99	12.84	07/09	rcas
6	Ramiandrisoa Raphael	99	13.21	21/04	csf
7	Petitjean Nicolas	99	13.32	06/10	resc
8	Geerts Gregory	99	13.85	21/09	csf
9	Vardanyan Aren	99	14.45	27/04	csf
10	Verriez Jonathan	99	14.55	07/09	rcas
11	Pierna Dawson	99	14.86	21/04	riaac

200 m		RC : 23.14			
1	Sergeef Martin	98	24.97	25/05	damp
2	Montilla Dimitri	98	25.42	01/05	vs
3	Petitjean Nicolas	99	26.32	06/10	resc
4	Nkiere Danfuname Rene	99	26.38	27/04	csf
5	Verriez Jonathan	99	29.22	30/06	usbw

300 m		RC : 35.89			
1	Petitjean Nicolas	99	44.51	21/04	riaac
2	Verriez Jonathan	99	47.34	21/04	riaac

400 m		RC : 52.24			
1	Nkiere Danfuname Rene	99	57.87	18/08	resc
2	Sergeef Martin	98	58.76	18/08	resc
3	Petitjean Nicolas	99	59.86	21/09	csf
4	Geerts Gregory	99	67.22	21/09	csf
5	Verriez Jonathan	99	68.19	12/04	ws
6	Adkhi Ramzi	99	69.09	05/05	resc
7	Riffi Tamsamani Ayoub	99	70.14	05/05	resc

## RESC OUTDOOR 2013

800 m		RC : 1.59.30			
1	Montilla Dimitri	98	2.13.11	01/06	vac
2	Adkhi Ramzi	99	2.34.96	27/04	csf
3	Riffi Tamsamani Ayoub	99	2.38.15	04/05	cabw
4	Yech Chou Mehdi	98	2.49.44	27/04	csf
5	Jordens Kilian	99	3.02.99	05/05	resc

1000 m		RC : 2.43.18			
1	Montilla Dimitri	98	2.49.43	30/06	resc
2	Okeowo Peredjo	99	3.26.37	29/09	rcas
3	Verriez Jonathan	99	3.41.62	21/04	riaac

1500 m		RC : 4.10.9			
1	Adkhi Ramzi	99	5.25.84	04/05	cabw

2000 m		RC : 6.24.58			
1	Adkhi Ramzi	99	7.08.64	21/04	riaac
2	Riffi Tamsamani Ayoub	99	7.48.22	21/04	riaac

110 m haies (91 cm)		RC : 14.04			
1	Okeowo Peredjo	99	14.43	31/08	jsmc
2	Montilla Dimitri	98	14.99	21/04	bbs

300 m haies (76 cm)		RC : 40.07			
1	Verriez Jonathan	99	54.28	04/05	cabw

Hauteur		RC : 1m91			
1	Montilla Dimitri	98	1m81	29/06	resc
2	Okeowo Peredjo	99	1m60	28/09	rcas
3	Nkiere Danfuname Rene	99	1m40	14/09	ob

Longueur		RC : 6m70			
1	Montilla Dimitri	98	6m09	29/06	resc
2	Okeowo Peredjo	99	5m83	29/06	resc
3	Yech Chou Mehdi	98	4m70	27/04	csf
4	Geerts Gregory	99	4m64	21/09	csf
5	Nkiere Danfuname Rene	99	4m51	30/06	usbw
6	Verriez Jonathan	99	4m48	05/05	resc
7	Vardanyan Aren	99	4m41	27/04	csf
8	Ramiandrisoa Raphael	99	3m97	06/10	resc

Triple saut		RC : 13m52			
1	Nkiere Danfuname Rene	99	10m53	27/04	csf
2	Geerts Gregory	99	9m87	04/05	cabw

Perche		RC : 3m71			
1	Montilla Dimitri	98	3m76	26/06	aco
2	Okeowo Predjo	99	2m59	29/09	rcas

Poids (4 kg)		RC : 14m42			
1	Montilla Dimitri	98	14m21	29/06	resc
2	Okeowo Peredjo	99	10m75	28/09	rcas
3	Petitjean Nicolas	99	8m88	27/04	csf
4	Nkiere Danfuname Rene	99	8m67	04/05	cabw

Disque (1 kg)		RC : 48m77			
1	Montilla Dimitri	98	46m98	25/05	damp
2	Nkiere Danfuname Rene	99	26m73	04/05	cabw
3	Petitjean Nicolas	99	23m51	27/04	csf
4	Yech Chou Mehdi	98	22m39	27/04	csf
5	Vardanyan Aren	99	15m66	27/04	csf
6	Geerts Gregory	99	15m08	27/04	csf

Javelot (600 gr)		RC : 44m54			
1	Montilla Dimitri	98	44m23	30/06	resc
2	Sergeef Martin	98	36m08	14/09	ob
3	Okeowo Peredjo	99	33m07	29/09	rcas
4	Nkiere Danfuname Rene	99	32m24	11/08	ea
5	Geerts Gregory	99	18m19	27/04	csf

Marteau (4 kg)		RC : 46m37			
1	Petitjean Nicolas	99	21m80	04/05	cabw

Pentathlon		RC : 2878 p			
1	Montilla Dimitri	98	2904 p	01/06	vac

Octathlon		RC : 4868 p			
1	Montilla Dimitri	98	5037 p	30/06	resc
2	Okeowo Peredjo	99	3921 p	29/09	rcas

4 x 100 m		RC : 45.42			
Sergeef, Okeowo, Nkiere, Petitjean		48.16		22/09	olse

### SCOLAIRES HOMMES

100 m		RC : 10.83			
1	Tshitwenu Florian	97	11.24	28/09	rcas
2	Vanhamme Arno	97	11.47	06/07	resc
3	Hendrick Quentin	96	11.84	16/06	rsca
	Vandenhoeke Victor	96	11.84	27/04	csf
5	Puku Toku Christian	96	11.99	24/08	csf
6	Vandenhoeke Arthur	96	12.01	27/07	vita
7	Potemans Anton	96	12.05	03/08	dac
8	Nijs Gaston	96	12.09	28/09	rcas
9	Hoorens Christopher	97	12.26	06/10	resc
10	Kayisu Wa Kayyisu Bryan	97	12.32	04/05	cabw
11	Massamba Kazadi Floribert	97	12.35	06/10	resc
12	Thumelaire Maxime	96	12.57	27/04	csf
13	Hachlouf Amin	97	12.64	05/05	resc
14	Zenfour Mouad	97	12.67	05/05	resc
15	Kalibiona Raphael	96	12.76	21/09	csf
16	Loens Sam	97	12.78	28/09	rcas
17	Fernandez Dominguez Seb.	97	12.84	06/10	resc
18	Galtier Allan	97	12.86	21/09	csf
19	Fellemans Raphael	97	12.90	05/05	resc
20	Sanchi Theodor	97	13.10	18/08	resc
21	Tajaouart Bilal	97	14.16	27/04	csf

200 m		RC : 22.02			
1	Tshitwenu Florian	97	22.44	01/09	jsmc
2	Vanhamme Arno	97	23.00	02/06	vs
3	Vandenhoeke Victor	96	23.76	25/05	damp
4	Vandenhoeke Arthur	96	23.89	24/08	olse
5	Hendrick Quentin	96	24.09	06/08	spvi
6	Puku Toku Christian	96	24.33	24/08	csf
7	Nijs Gaston	96	25.02	08/05	smac
8	Rogowski Adrian	96	25.52	27/04	csf
9	Zenfour Mouad	97	25.58	06/10	resc
10	Kalibiona Raphael	96	26.60	06/07	resc
11	Fellemans Raphael	97	26.85	05/05	resc
12	Liebens Jean Christophe	96	28.20	22/06	spvi
13	Hachlouf Anas	97	28.57	27/04	csf

300 m		RC : 35.89			
1	Hendrick Quentin	96	40.09	21/04	riaac
2	Sanchi Theodor	97	44.05	21/04	riaac

400 m		RC : 49.48			
1	Vandenhoeke Arthur	96	51.21	06/07	resc
2	Puku Toku Christian	96	52.36	31/08	jsmc
3	Nijs Gaston	96	52.74	06/07	resc
4	Vanhamme Arno	97	53.05	18/08	resc
5	Hendrick Quentin	96	53.47	18/08	resc
6	Tshitwenu Florian	97	53.61	03/08	rcg
7	Zenfour Mouad	97	57.29	25/05	damp
8	Hachlouf Anas	97	62.46	05/05	resc

800 m		RC : 1.55.41			
1	Vandenhoeke Arthur	96	1.57.73	26/06	csdy
2	Petitjean Simon	96	1.58.22	26/06	csdy
3	Puku Toku Christian	96	2.07.45	08/09	avmo
4	Nijs Gaston	96	2.10.84	08/09	avmo
5	Guner Melih	97	2.29.82	04/05	cabw
6	Hachlouf Anas	97	2.32.72	27/04	csf

## RESC OUTDOOR 2013

1000 m		RC : 2.32.80		
1	Petitjean Simon	96	2.37.97	06/09 resc
2	Vandenhoeke Arthur	96	2.38.90	06/09 resc
3	Puku Toku Christian	96	2.57.98	21/04 riaac

1500 m		RC : 4.00.79		
1	Petitjean Simon	96	4.02.44	14/09 ob
2	Puku Toku Christian	96	4.30.05	29/09 rcas
3	Serokh Billal	97	4.47.98	27/04 csf
4	Nijs Gaston	96	4.54.32	29/09 rcas
5	Tshitwenu Florian	97	4.54.53	29/09 rcas
6	Zenfour Mouad	97	4.56.75	29/09 rcas
7	Loens Sam	97	5.12.32	29/09 rcas
8	Hendrick Quentin	96	5.13.68	27/04 csf

3000 m		RC : 8.33.14		
1	Serokh Billal	97	10.36.34	04/05 cabw

110 m haies (91 cm)		RC : 13.65		
1	Tshitwenu Florian	97	16.50	29/09 rcas
2	Nijs Gaston	96	16.57	29/09 rcas
3	Loens Sam	97	16.60	30/06 resc
4	Puku Toku Christian	96	17.97	29/09 rcas
5	Zenfour Mouad	97	19.56	29/09 rcas

400 m haies (84 cm)		RC : 56.13		
1	Nijs Gaston	96	58.77	04/07 FRA

2000 m steeple (91 cm)		RC : 6.10.2		
1	Petitjean Simon	96	6.32.75	04/05 cabw

Hauteur		RC : 2m05		
1	Kayisu Wa Kayyisu Bryan	97	1m80	04/05 cabw
2	Tshitwenu Florian	97	1m68	29/09 rcas
3	Loens Sam	97	1m67	30/06 resc
4	Nijs Gaston	96	1m56	29/09 rcas
5	Puku Toku Christian	96	1m44	29/09 rcas
6	Zenfour Mouad	97	1m35	29/09 rcas
7	Fernandez Dominguez Seb.	97	1m25	06/10 resc

Longueur		RC : 7m59		
1	Hoorens Christopher	97	6m25	06/10 resc
2	Loens Sam	97	5m92	29/06 resc
	Potemans Anton	96	5m92	21/04 bbs
4	Tshitwenu Florian	97	5m82	24/08 csf
5	Puku Toku Christian	96	5m52	28/09 rcas
6	Nijs Gaston	96	5m40	28/09 rcas
7	Kayisu Wa Kayyisu Bryan	97	5m39	27/04 csf
8	Fernandez Dominguez Seb.	97	5m23	06/10 resc
9	Kalibiona Raphael	96	4m99	24/08 csf
10	Zenfour Mouad	97	4m53	28/09 rcas
11	Sanchi Theodor	97	4m27	27/04 csf
12	Hachlouf Anas	97	4m14	27/04 csf

Triple saut		RC : 15m64		
1	Hoorens Christopher	97	12m50	04/05 cabw

Perche		RC : 4m36		
1	Loens Sam	97	3m66	15/08 ser
2	Potemans Anton	96	3m50	03/08 dac
3	Tshitwenu Florian	97	1m79	28/09 rcas

Poids (5 kg)		RC : 14m35		
1	Potemans Anton	96	13m12	25/05 damp
2	Nijs Gaston	96	10m82	21/09 csf
3	Loens Sam	97	10m38	28/09 rcas
4	Rogowski Adrian	96	10m37	27/04 csf
5	Tshitwenu Florian	97	8m08	28/09 rcas
6	Kayisu Wa Kayyisu Bryan	97	8m07	27/04 csf
7	Kalibiona Raphael	96	7m79	27/04 csf
8	Vandenhoeke Victor	96	7m34	27/04 csf
9	Puku Toku Christian	96	7m16	28/09 rcas

10	Zenfour Mouad	97	7m12	28/09 rcas
11	Hachlouf Amin	97	6m76	27/04 csf
12	Hachlouf Anas	97	6m50	27/04 csf
13	Sanchi Theodor	97	5m73	27/04 csf

Disque (1,5 kg)		RC : 44m44		
1	Potemans Anton	96	33m20	21/04 bbs
2	Loens Sam	97	28m73	30/06 resc
3	Puku Toku Christian	96	18m22	29/09 rcas
4	Nijs Gaston	96	18m12	29/09 rcas
5	Zenfour Mouad	97	17m34	29/09 rcas
6	Tshitwenu Florian	97	16m71	29/09 rcas
7	Hachlouf Anas	97	16m30	27/04 csf
8	Kayisu Wa Kayyisu Bryan	97	15m53	27/04 csf
9	Hachlouf Amin	97	13m99	27/04 csf
10	Sanchi Theodor	97	11m98	27/04 csf

Javelot (700 gr)		RC : 52m73		
1	Potemans Anton	96	50m87	04/05 cabw
2	Nijs Gaston	96	38m76	29/09 rcas
3	Loens Sam	97	36m76	30/06 resc
4	Hendrick Quentin	96	28m88	27/04 csf
5	Sanchi Theodor	97	20m75	27/04 csf
6	Puku Toku Christian	96	12m35	29/09 rcas
7	Zenfour Mouad	97	11m47	29/09 rcas
8	Tshitwenu Florian	97	10m99	29/09 rcas

Marteau (5 kg)		RC : 53m41		
1	Rogowski Adrian	96	29m01	04/05 cabw

Enneathlon		RC : 6235 p		
1	Loens Sam	97	4607 p	30/06 resc
2	Nijs Gaston	96	3959 p	29/09 rcas
3	Tshitwenu Florian	97	3744 p	29/09 rcas
4	Puku Toku Christian	96	3339 p	29/09 rcas
5	Zenfour Mouad	97	2661 p	29/09 rcas

4 x 100 m		RC : 43.01		
Vanhamme, Vandenhoeke A, Hendrick, Tshitwenu		43.45	22/09	olse

4 x 400 m		RC : 3.58.80		
Vandenhoeke A, Nijs, Puku Toku, Tshitwenu		3.31.68	17/08	aclo

Relais suédois		RC : 2.06.49		
Hendrick, Vandenhoeke A, Vanhamme, Vandenhoeke V		2.04.54	29/09	usbw

### JUNIORS HOMMES

100 m		RC : 10.71		
1	Niesen Charles	94	11.07	15/09 spvi
2	Diallo Oumar	94	11.14	15/09 spvi
3	Elsen Daan	94	11.47	01/06 achl
4	Shutsha Kasongo Emmanuel	95	11.64	06/10 resc
5	Gibella Massimo	94	11.73	06/10 resc
6	Takkal Zackaria	94	11.91	05/05 resc
7	Nunes Queiroz Pedro	95	11.92	05/05 resc
8	Valastro Alexandre	95	12.07	01/05 vs
9	Beeckman Amaury	95	12.08	28/09 rcas
10	Nicodeme Romain	95	12.10	29/06 resc
11	Dos Santos Sacha	94	12.16	27/04 csf
12	Soulemane Elias	94	12.88	06/07 resc
13	Brahmi Nassim	94	13.56	27/04 csf

200 m		RC : 21.0		
1	Niesen Charles	94	22.15	15/09 spvi
2	Diallo Oumar	94	22.70	20/07 resc
3	Shutsha Kasongo Emmanuel	95	23.66	06/10 resc
4	Valastro Alexandre	95	24.18	05/05 resc
5	Gibella Massimo	94	24.70	06/10 resc

## RESC OUTDOOR 2013

300 m		RC : 34.67			
1	Niesen Charles	94	35.17	08/09	cabw
2	Gibella Massimo	94	38.52	21/09	mac
3	Diallo Oumar	94	38.73	08/09	cabw

400 m		RC : 47.8			
1	Badji Asamti	95	50.05	02/06	vs
2	Niesen Charles	94	51.71	28/09	rcas
3	Nicodeme Romain	95	53.88	28/09	rcas
4	Elsen Daan	94	55.33	24/08	achl
5	Beeckman Amaury	95	56.42	28/09	rcas

800 m		RC : 1.52.66			
1	Segers Mathieu	94	2.07.95	05/05	resc
2	Tajaouart Hamza	95	2.09.65	05/05	resc
3	Soulemane Elias	94	2.17.99	27/04	csf

1500 m		RC : 3.48.9			
1	Bouissane Youssef	94	3.56.87	07/09	volh
2	Tajaouart Hamza	95	4.38.93	06/10	resc
3	Elsen Daan	94	4.48.84	25/08	achl
4	Nicodeme Romain	95	4.53.20	29/09	rcas
5	Beeckman Amaury	95	5.08.79	14/07	flac
6	Niesen Charles	94	5.12.79	29/09	rcas

3000 m		RC : 8.14.64			
1	Bouissane Youssef	94	8.30.42	29/06	cabw

5000 m		RC : 14.35.11			
1	Bouissane Youssef	94	15.02.19	10/08	oeh

110 m haies (100 cm)		RC : 14.43			
1	Elsen Daan	94	14.48	10/08	rcg
2	Nicodeme Romain	95	16.07	29/09	rcas
3	Niesen Charles	94	17.88	29/09	rcas
4	Beeckman Amaury	95	17.97	29/09	rcas

3000 m steeple (91 cm)		RC : 9.08.42			
1	Bouissane Youssef	94	9.26.85	08/06	dcla

Hauteur		RC : 2m14			
1	Elsen Daan	94	1m96	24/08	achl
2	Nicodeme Romain	95	1m78	28/09	rcas
3	Beeckman Amaury	95	1m75	13/07	flac
4	Dos Santos Sacha	94	1m70	05/05	resc
5	Niesen Charles	94	1m57	28/09	rcas

Longueur		RC : 7m86			
1	Elsen Daan	94	6m58	24/08	achl
2	Nicodeme Romain	95	6m26	28/09	rcas
3	Beeckman Amaury	95	5m91	13/07	flac
4	Gibella Massimo	94	5m90	06/10	resc
5	Dos Santos Sacha	94	5m87	05/05	resc
6	Niesen Charles	94	5m72	06/10	resc
7	Diallo Oumar	94	5m69	24/08	csf

Perche		RC : 5m00			
1	Elsen Daan	94	4m60	25/08	achl
2	Nicodeme Romain	95	3m80	08/09	herv
3	Beeckman Amaury	95	3m43	07/09	usbw
4	Niesen Charles	94	1m99	29/09	rcas

Poids (6 kg)		RC : 15m79			
1	Elsen Daan	94	13m79	24/08	achl
2	Beeckman Amaury	95	12m57	13/07	flac
3	Niesen Charles	94	11m20	28/09	rcas
4	Nicodeme Romain	95	10m77	25/08	vita

Disque (1,75 kg)		RC : 43m08			
1	Elsen Daan	94	41m29	18/05	herv
2	Niesen Charles	94	37m62	21/09	mac
3	Beeckman Amaury	95	33m88	14/07	flac

4	Nicodeme Romain	95	29m05	25/08	vita
5	Gibella Massimo	94	17m23	21/09	mac

Javelot (800 gr)		RC : 53m14			
1	Elsen Daan	94	48m27	25/08	achl
2	Niesen Charles	94	45m71	29/09	rcas
3	Beeckman Amaury	95	42m21	05/05	resc
4	Nicodeme Romain	95	38m27	29/09	rcas

Decathlon		RC : 6936 p			
<b>1</b>	<b>Elsen Daan</b>	<b>94</b>	<b>7001 p</b>	<b>25/08</b>	<b>achl</b>
2	Nicodeme Romain	95	5759 p	29/09	rcas
3	Beeckman Amaury	95	5349 p	14/07	flac
4	Niesen Charles	94	5273 p	29/09	rcas

### SENIORS HOMMES

100 m		RC : 10.02			
1	Broothaerts Damien	83	10.48	15/06	AUT
2	Gillet Antoine	88	10.88	23/08	jsmc
3	Lins Sebastien	92	10.95	05/05	resc
4	Ammar Khodja Brahim	84	11.01	05/05	resc
5	Macaulay Robert	90	11.26	05/05	resc
6	Vandecapelle Mattijs	89	11.30	01/06	achl
7	Campener Corentin	90	11.32	08/09	cabw
8	Moral Miguel	81	11.47	05/05	resc
9	Bassir Achraf	91	11.48	17/07	dacm
10	Vervloet Gregory	83	11.53	29/06	resc
11	Caluwe Arnaud	91	11.55	01/05	vs
12	Hubert Quentin	92	11.68	27/04	csf
13	De Ridder Frederic	90	11.74	07/06	csf
14	Xhonneux Frederic	83	11.78	24/08	achl
15	Zahedi Pouyan	88	11.79	05/05	resc
17	Diallo Saliou	85	11.91	18/08	resc
18	Ilunga Carl	93	12.03	09/05	acw
19	Freitas Branco Stephane	92	12.13	21/04	riac
20	Lahlafi Marouan	93	12.31	27/04	csf

200 m		RC : 20.66			
1	Gillet Antoine	88	21.04	27/07	vita
2	Broothaerts Damien	83	21.40	10/08	oeh
3	Ghislain Arnaud	88	21.66	30/06	usbw
4	Lins Sebastien	92	21.92	05/05	resc
5	Ammar Khodja Brahim	84	22.52	18/05	herv
6	De Ridder Frederic	90	23.63	05/05	resc
7	Zahedi Pouyan	88	23.88	05/05	resc
8	Ilunga Carl	93	24.58	09/05	acw

300 m		RC : 33.30			
<b>1</b>	<b>Gillet Antoine</b>	<b>88</b>	<b>33.10</b>	<b>07/09</b>	<b>alva</b>
2	Ghislain Arnaud	88	34.04	27/06	ws
3	Campener Corentin	90	35.99	08/09	cabw
4	Xhonneux Frederic	83	36.95	21/04	riac
5	De Ridder Frederic	90	38.29	01/06	rcas
6	Ilunga Carl	93	38.47	08/09	cabw
7	Freitas Branco Stephane	92	39.90	21/04	riac

400 m		RC : 46.03			
<b>1</b>	<b>Gillet Antoine</b>	<b>88</b>	<b>45.98</b>	<b>21/07</b>	<b>resc</b>
2	Ghislain Arnaud	88	46.80	30/06	usbw
3	Lins Sebastien	92	48.20	15/09	spvi
4	Xhonneux Frederic	83	49.55	29/06	resc
5	Vandecapelle Mattijs	89	49.75	29/06	resc
6	Ammar Khodja Brahim	84	50.34	06/07	resc
7	Vervloet Gregory	83	50.87	29/06	resc
8	Campener Corentin	90	52.83	28/09	dein
9	Maingain François	89	52.91	26/05	duff
10	De Ridder Frederic	90	53.96	07/06	csf
11	Ilunga Carl	93	55.29	30/08	ws

## RESC OUTDOOR 2013

<b>800 m</b>					<b>RC : 1.46.60</b>				
1	Balhan Pierre Antoine	92	1.47.67	12/07	FIN				
2	Ghislain Arnaud	88	1.49.58	01/05	achl				
3	Froidmont Arnaud	89	1.52.12	29/06	cabw				
4	Ruell Kim	87	1.54.10	26/05	duff				
5	Maingain François	89	1.54.48	18/05	cabw				
6	Najjari Faouzi	89	2.18.45	05/05	resc				
<b>1000 m</b>					<b>RC : 2.23.1</b>				
1	Ruell Kim	87	2.22.26	24/07	dac				
2	Najjari Faouzi	89	3.06.93	21/04	riaac				
<b>1500 m</b>					<b>RC : 3.36.96</b>				
1	Ruell Kim	87	3.37.62	13/07	avt				
2	Xhonneux Frederic	83	4.23.71	30/06	resc				
3	Nicodeme Thibault	92	4.29.83	06/07	resc				
4	Vandecapelle Mattijs	89	4.30.09	02/06	achl				
5	Vereertbrugghen Nicolas	92	4.35.65	27/04	csf				
6	Huberland François	93	4.44.34	06/10	resc				
7	Vervloet Gregory	83	5.14.50	30/06	resc				
<b>3000 m</b>					<b>RC : 7.42.22</b>				
1	Ruell Kim	87	8.20.89	05/05	resc				
2	Hernould Franky	86	8.27.38	12/05	cabw				
3	Govaert Thomas	93	9.31.87	05/05	resc				
<b>5000 m</b>					<b>RC : 13.22.81</b>				
1	Duvivier Antoine	86	14.35.53	12/05	cabw				
2	Lejeune Emmanuel	92	14.54.89	15/09	spvi				
3	Huberland François	93	17.37.36	01/05	vs				
<b>10.000 m</b>					<b>RC : 28.24.95</b>				
1	Lejeune Emmanuel	92	29.51.90	24/04	FRA				
<b>110 m haies (106 cm)</b>					<b>RC : 13.48</b>				
1	Broothaerts Damien	83	13.80	13/07	avt				
2	Xhonneux Frederic	83	14.94	21/07	resc				
3	Vandecapelle Mattijs	89	15.31	18/05	herv				
4	Vervloet Gregory	83	16.38	30/06	resc				
<b>400 m haies (91 cm)</b>					<b>RC : 48.91</b>				
1	Ghislain Arnaud	88	51.58	23/08	jsmc				
<b>3000 m steeple (91 cm)</b>					<b>RC : 8.24.90</b>				
1	Govaert Thomas	93	10.46.83	12/05	cabw				
<b>Hauteur</b>					<b>RC : 2m21</b>				
1	Xhonneux Frederic	83	1m98	21/07	resc				
2	Campener Corentin	90	1m96	28/09	dein				
3	Vandecapelle Mattijs	89	1m81	05/05	resc				
4	Vervloet Gregory	83	1m67	29/06	resc				
<b>Longueur</b>					<b>RC : 7m94</b>				
1	Campener Corentin	90	7m60	30/06	lyra				
2	Xhonneux Frederic	83	7m05	24/08	achl				
3	Broothaerts Damien	83	7m03	10/08	oeh				
4	Vandecapelle Mattijs	89	6m77	29/06	resc				
5	Caluwe Arnaud	91	6m72	01/05	vs				
6	Vervloet Gregory	83	5m85	29/06	resc				
<b>Triple saut</b>					<b>RC : 16m86</b>				
1	Campener Corentin	90	15m04	18/05	herv				
<b>Perche</b>					<b>RC : 5m25</b>				
1	Xhonneux Frederic	83	4m75	30/06	resc				
2	Vandecapelle Mattijs	89	4m40	02/06	achl				
3	Van Den Bedem Miguel	84	4m03	07/09	usbw				
4	Vervloet Gregory	83	2m85	30/06	resc				
<b>Poids (7,26 kg)</b>					<b>RC : 15m08</b>				
1	Guillaume Jonathan	92	14m58	12/05	cabw				
2	Xhonneux Frederic	83	14m10	24/08	achl				

3	Vandecapelle Mattijs	89	12m68	24/08	achl
4	Campener Corentin	90	10m47	28/09	dein
5	Bernard Tom	93	10m44	13/10	rfcl
6	Gillet Antoine	88	9m56	13/10	rsca
7	Vervloet Gregory	83	9m34	29/06	resc

<b>Disque (2 kg)</b>		<b>RC : 51m56</b>			
1	Xhonneux Frederic	83	40m78	22/06	spvi
2	Guillaume Jonathan	92	39m08	18/05	herv
3	Vandecapelle Mattijs	89	36m41	10/08	rcg
4	Vervloet Gregory	83	30m07	30/06	resc

<b>Javelot (800 gr)</b>		<b>RC : 63m56</b>			
1	Xhonneux Frederic	83	58m45	30/06	resc
2	Campener Corentin	90	50m02	23/08	jsmc
3	Vandecapelle Mattijs	89	48m66	25/08	achl
4	Bernard Tom	93	45m32	28/04	smac
5	Broothaerts Damien	83	42m20	23/08	jsmc
6	Vervloet Gregory	83	40m62	30/06	resc
7	Gillet Antoine	88	38m76	24/08	csf

<b>Marteau (7,26 kg)</b>		<b>RC : 61m66</b>			
1	Bernard Tom	93	49m81	14/04	rfcl

<b>Triathlon</b>		<b>RC : -</b>			
1	Xhonneux Fred	83	2229 p	13/07	avt

<b>Decathlon</b>		<b>RC : 8142 p</b>			
1	Xhonneux Frederic	83	7586 p	30/06	resc
2	Vandecapelle Mattijs	89	6903 p	02/06	achl
3	Vervloet Gregory	83	5449 p	30/06	resc

<b>4 x 100 m</b>		<b>RC : 40.60</b>			
Niesen, Ammar Khodja, Diallo, Broothaerts		41.49		22/09	olse

<b>4 x 200 m</b>		<b>RC : 1.24.15</b>			
Lins, Vandecapelle, Xhonneux, Ghislain		1.27.47		17/08	aclo

<b>4 x 400 m</b>		<b>RC : 3.10.2</b>			
Lins, Gillet, Xhonneux, Ghislain		3.12.47		22/09	olse

<b>4 x 800 m</b>		<b>RC : 7.38.0</b>			
Maingain, Froidmont, Ruell, Balhan		7.44.15		22/09	olse

<b>4 x 1500 m</b>		<b>RC : 15.34.88</b>			
Lejeune, Hernould, Balhan, Ruell		16.13.16		22/09	olse

### MASTERS HOMMES

<b>100 m</b>		<b>RC : 11.74</b>			
1	Maniquet Rudi	61	12.87	27/04	csf
2	Pieters Serge	71	14.03	05/05	resc
3	Gilson Benoit	74	14.05	09/06	hf
4	Schoonen Laurent	65	14.18	27/10	rsca
5	Lemonnier Thierry	68	15.03	05/05	resc

<b>200 m</b>		<b>RC : 24.68</b>			
1	Maniquet Rudi	61	26.25	27/04	csf
2	Lemonnier Thierry	68	31.08	03/08	dac

<b>300 m</b>		<b>RC : 37.95</b>			
1	Schoonen Laurent	65	46.54	20/10	csf

<b>400 m</b>		<b>RC : 52.31</b>			
1	Codutti Marco	68	63.36	19/10	ws
2	Schoonen Laurent	65	64.24	19/10	ws
3	Lemonnier Thierry	68	69.73	09/06	hf

<b>800 m</b>		<b>RC : 1.59.64</b>			
1	Schoonen Laurent	65	2.50.12	09/06	hf

## RESC OUTDOOR 2013

1000 m		RC : 2.40.38			
1	Guennoun Abderrahim	72	2.47.39	27/06	vita
2	Verheirstraeten Johnny	63	3.27.32	24/07	dac
3	Lemonnier Thierry	68	3.28.82	21/09	mac
1500 m		RC : 3.54.39			
1	Guennoun Abderrahim	72	4.25.55	30/06	usbw
2	Lemonnier Thierry	68	5.30.09	30/06	resc
3	Verheirstraeten Johnny	63	5.25.72	09/06	hf
Mile		RC : 4.52.89			
1	Guennoun Abderrahim	72	4.46.03	22/06	spvi
3000 m		RC : 9.32.92			
1	Guennoun Abderrahim	72	9.28.22	02/07	spvi
2	Tilleux Guy	58	11.23.59	27/04	csf
Marathon		RC : 2h32.05			
1	Schoonen Laurent	65	3h50.07	06/10	bxl
1 heure		RC : 17.309 m			
1	Huygens Guy	60	12.051 m	21/09	mac
400 m haies (91 cm)		RC : 74.91			
1	Schoonen Laurent	65	76.29	20/10	csf
5000 m marche		RC : -			
1	Foulon Didier	73	29.39.88	08/05	smac
Hauteur		RC : 1m75			
1	Schoonen Laurent	65	1m40	09/06	hf
Longueur		RC : 6m65			
1	Vanderhaeghen Olivier	77	4m64	06/10	resc
2	Gilson Benoit	74	4m39	09/06	hf
3	Schoonen Laurent	65	4m26	20/10	csf
4	Huygens Guy	60	4m18	05/05	resc
5	Lemonnier Thierry	68	4m04	30/06	resc
Triple saut		RC : 14m09			
1	Huygens Guy	60	8m45	01/06	rcas
Poids (7,26 kg)		RC : 15m08			
1	Pieters Serge	71	8m08	30/06	usbw
Disque (2 kg)		RC : 51m56			
1	Pieters Serge	71	21m45	30/06	usbw
2	Lemonnier Thierry	68	17m99	03/08	dac
Javelot (700 gr)		RC : 22m73			
1	Huygens Guy	60	22m55	01/06	rcas
Javelot (800 gr)		RC : 62m75			
1	Lemonnier Thierry	68	24m52	01/04	bbs
2	Huygens Guy	60	21m42	05/05	resc
Marteau (7,26 kg)		RC : 51m46			
1	Van Elsuwe Cedric	75	14m80	06/10	rsca
Pentathlon		RC : 1729 p			
1	Lemonnier Thierry	68	1719 p	30/06	resc