

## RESC OUTDOOR 2022

### BENJAMINES FILLES

60 m		RC : 9.2			
1	Robert Laura	93	9.84	23-06	dacm
2	De Groote Estelle	93	10.64	23-03	dacm
3	Van Der Perren Jessica	94	10.94	13-04	rcas
	Waegemans Ariane	93	10.94	23-06	dacm
5	Dolianitis Alexandra	95	11.84	12-10	resc
6	Laghmiche Leila	94	13.31	14-09	resc

1000 m		RC : 3.54.06			
1	De Groote Estelle	93	3.48.40	07-09	dac
2	Robert Laura	93	4.02.58	20-05	rsca
3	Van Der Perren Jessica	94	4.22.41	20-04	resc
4	Waegemans Ariane	93	4.29.00	23-06	dacm
5	Dolianitis Alexandra	95	4.39.80	12-10	resc
6	Laghmiche Leila	94	5.12.84	14-09	resc

Hauteur		RC : 1m17			
1	Robert Laura	93	0m97	20-05	rsca
2	De Groote Estelle	93	0m94	20-05	rsca
3	Waegemans Ariane	93	0m92	08-06	rcas
4	Van Der Perren Jessica	94	0m90	23-08	resc

Longueur		RC : 3m88			
1	De Groote Estelle	93	3m23	18-05	resc
2	Waegemans Ariane	93	3m04	18-05	resc
3	Van Der Perren Jessica	94	2m89	18-05	resc
4	Robert Laura	93	2m81	18-05	resc
5	Dolianitis Alexandra	95	2m56	05-04	resc
6	Laghmiche Leila	94	2m05	14-09	resc

Poids (1 kg)		RC : 8m63			
1	Waegemans Ariane	93	7m40	12-10	resc
2	Robert Laura	93	6m00	20-05	rsca
3	De Groote Estelle	93	5m36	12-10	resc
4	Dolianitis Alexandra	95	5m13	05-04	resc
	Van Der Perren Jessica	94	5m13	11-08	mac

Balle de hockey		RC : 28m96			
1	De Groote Estelle	93	16m94	21-09	resc
2	Robert Laura	93	16m79	25-05	resc
3	Waegemans Ariane	93	15m99	18-05	resc
4	Dolianitis Alexandra	95	13m73	20-04	resc
5	Van Der Perren Jessica	94	12m00	21-09	resc

Tetrathlon		RC : 1184 p			
1	Robert Laura	93	1245 p	20-05	rsca
2	De Groote Estelle	93	1077 p	08-06	rcas
3	Waegemans Ariane	93	759 p	28-09	rcas
4	Van Der Perren Jessica	94	742 p	13-04	rcas
5	Dolianitis Alexandra	95	424 p	13-04	rcas

4 x 60 m		RC : 37.58			
Dolianitis, Van Der Perren, De Groote, Robert					
			42.48	12-10	resc

### PUPILLES FILLES

60 m		RC : 8.5			
1	Carlot Sarah	91	8.97	25-05	resc
2	Mouzon Emmanuelle	91	9.11	20-05	rsca
3	Meys Jessica	91	9.18	01-06	csf
4	Dolianitis Dina	91	9.22	13-04	rcas
5	Murray Shirley	91	9.41	18-05	resc
6	Pena Loreto Rayen	91	9.63	14-09	resc
7	Goutte Alexandra	91	9.92	12-10	resc
8	Bonsir Audrey	91	10.02	25-05	resc
9	Fontis Chirine	92	10.24	23-06	dacm
10	Legasse Alison	92	10.32	12-10	resc
11	Postiglione Deborah	92	10.42	25-05	resc
12	Verlaine Sarah	91	10.46	12-10	resc

13	Vanden Broeck Nolwen	91	10.59	20-05	rsca
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1000 m		RC : 3.35.93			
1	Mouzon Emmanuelle	91	3.34.90	12-10	resc
2	Vanden Broeck Nolwen	91	3.44.41	14-09	resc
3	Carlot Sarah	91	3.44.85	20-05	rsca
4	Meys Jessica	91	3.44.91	01-06	csf
5	Bonsir Audrey	91	3.53.83	18-05	resc
6	Murray Shirley	91	3.56.44	18-05	resc
7	Pena Loreto Rayen	91	4.03.10	12-10	resc
8	Dolianitis Dina	91	4.09.30	12-10	resc
9	Legasse Alison	92	4.20.57	14-09	resc
10	Verlaine Sarah	91	4.31.27	25-05	resc
11	Goutte Alexandra	91	4.37.29	28-09	rcas
12	Postiglione Deborah	92	4.38.87	25-05	resc
13	Fontis Chirine	92	5.00.97	14-09	resc

60 m haies (76 cm)		RC : 10.8			
1	Meys Jessica	91	12.49	14-09	resc
2	Carlot Sarah	91	12.89	15-06	ws
3	Mouzon Emmanuelle	91	13.18	15-06	ws
4	Pena Loreto Rayen	91	13.93	14-09	resc
5	Goutte Alexandra	91	14.40	14-09	resc
6	Vanden Broeck Nolwen	91	15.84	14-09	resc
7	Legasse Alison	92	22.00	14-09	resc

Hauteur		RC : 1m33			
1	Mouzon Emmanuelle	91	1m29	23-08	resc
2	Dolianitis Dina	91	1m25	31-05	resc
3	Carlot Sarah	91	1m20	31-05	resc
4	Meys Jessica	91	1m19	09-05	rcas
5	Bonsir Audrey	91	1m15	23-08	resc
	Pena Loreto Rayen	91	1m15	23-08	resc
7	Goutte Alexandra	91	1m10	23-08	resc
8	Vanden Broeck Nolwen	91	1m05	31-05	resc
9	Legasse Alison	92	1m00	04-05	resc
	Verlaine Sarah	91	1m00	31-05	resc

Longueur		RC : 4m48			
1	Meys Jessica	91	3m96	08-06	rcas
2	Dolianitis Dina	91	3m94	28-09	rcas
3	Mouzon Emmanuelle	91	3m86	05-04	resc
4	Carlot Sarah	91	3m82	23-06	dacm
5	Pena Loreto Rayen	91	3m74	21-09	resc
6	Goutte Alexandra	91	3m44	14-09	resc
7	Bonsir Audrey	91	3m40	05-04	resc
8	Vanden Broeck Nolwen	91	3m15	17-08	rcas
9	Legasse Alison	92	2m96	21-09	resc
10	Verlaine Sarah	91	2m92	23-06	dacm
11	Fontis Chirine	92	2m41	14-09	resc

Poids (2 kg)		RC : 8m27			
1	Goutte Alexandra	91	9m41	23-08	resc
2	Mouzon Emmanuelle	91	8m57	13-10	rsca
3	Dolianitis Dina	91	7m65	31-05	resc
4	Meys Jessica	91	7m28	01-06	csf
5	Bonsir Audrey	91	6m50	23-08	resc
6	Pena Loreto Rayen	91	6m28	23-08	resc
7	Carlot Sarah	91	6m14	20-04	resc
8	Fontis Chirine	92	4m95	23-06	dacm
9	Verlaine Sarah	91	4m87	31-05	resc
10	Legasse Alison	92	4m48	31-05	resc
11	Vanden Broeck Nolwen	91	4m29	23-08	resc

Disque (600 gr)		RC : 23m00			
1	Mouzon Emmanuelle	91	17m31	13-10	rsca
2	Meys Jessica	91	16m07	08-06	rcas
3	Vanden Broeck Nolwen	91	10m34	08-06	rcas

Balle de hockey		RC : 35m15			
1	Meys Jessica	91	32m36	07-09	dac
2	Goutte Alexandra	91	30m81	07-09	dac
3	Mouzon Emmanuelle	91	29m15	13-10	rsca

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4	Bonsir Audrey	91	25m89	25-05	resc
5	Pena Loreto Rayen	91	23m11	21-09	resc
6	Carlot Sarah	91	20m59	07-09	dac
7	Verlaine Sarah	91	19m29	21-09	resc
8	Murray Shirley	91	17m53	18-05	resc
9	Vanden Broeck Nolwen	91	15m80	18-05	resc
10	Legasse Alison	92	14m22	28-05	resc
11	Postiglione Deborah	92	10m93	25-05	resc

### Tetrathlon RC : 1621 p

1	Mouzon Emmanuelle	91	1935 p	20-05	rsca
2	Meys Jessica	91	1811 p	01-06	csf
3	Carlot Sarah	91	1801 p	20-05	resc
4	Dolianitis Dina	91	1552 p	28-09	rcas
5	Pena Loreto Rayen	91	1383 p	28-09	rcas
6	Goutte Alexandra	91	1165 p	28-09	rcas
7	Bonsir Audrey	91	1150 p	20-04	resc
8	Vanden Broeck Nolwen	91	1072 p	20-05	rsca
9	Verlaine Sarah	91	662 p	13-04	rcas
10	Fontis Chirine	92	528 p	20-04	resc

### 4 x 60 m RC : 35.0

Dolianitis, Meys, Mouzon, Carlot	35.44	12-10	resc
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### MINIMES FILLES

### 80 m RC : 10.4

1	Cincinatis Lucie	90	11.71	25-05	resc
2	Reard Marine	90	11.80	30-06	grim
3	Hostyn Priscilla	90	11.94	11-08	mac
4	Archambeau Aline	90	12.35	20-10	csf
5	Monsempo Mandy	90	12.46	20-05	rsca
6	Monsempo Zina	90	12.56	18-05	resc
7	Giot Stephanie	89	12.60	25-05	resc
8	Kebdani Nadia	89	12.78	25-05	resc
	Verlaine Maureen	90	12.78	07-09	dac
10	Mjoti Chaimaa	90	13.25	18-05	resc
11	Rahmouni Nora	90	13.53	14-09	resc
12	Belabbes Hafssa	89	13.61	20-04	resc

### 150 m RC : 20.2

1	Hostyn Priscilla	90	20.74	23-06	dacm
2	Waegemans Aurore	90	21.84	23-06	dacm
3	Cincinatis Lucie	90	22.48	25-05	resc
4	Archambeau Aline	90	23.43	12-10	resc
5	Verlaine Maureen	90	23.60	12-10	resc
6	Monsempo Mandy	90	24.34	04-05	resc
7	Monsempo Zina	90	24.56	04-05	resc
8	Belabbes Hafssa	89	26.01	04-05	resc
9	Mjoti Chaimaa	90	26.42	04-05	resc

### 300 m RC : 46.2

1	Waegemans Aurore	90	50.56	13-10	rcas
2	Hostyn Priscilla	90	51.14	11-08	mac
3	Monsempo Mandy	90	54.43	18-05	resc
4	Archambeau Aline	90	56.47	18-05	resc

### 1000 m RC : 3.22.48

1	Monsempo Mandy	90	3.45.55	08-06	rcas
2	Reard Marine	90	3.48.10	30-06	grim
3	Hostyn Priscilla	90	3.52.28	28-09	rcas
4	Monsempo Zina	90	3.56.20	18-05	resc
5	Archambeau Aline	90	3.57.51	20-10	csf
6	Cincinatis Lucie	90	4.01.56	17-08	rcas
7	Giot Stephanie	89	4.03.75	25-05	resc
8	Verlaine Maureen	90	4.06.74	13-04	resc
9	Kebdani Nadia	89	4.07.15	20-04	resc
10	Rahmouni Nora	90	4.08.80	14-09	resc
11	Waegemans Aurore	90	4.12.30	12-10	resc
12	Mjoti Chaimaa	90	4.18.19	18-05	resc
13	Belabbes Hafssa	89	4.46.67	20-04	resc

### 60 m haies (76 cm) RC : 10.05

1	Cincinatis Lucie	90	10.59	14-09	resc
2	Hostyn Priscilla	90	11.75	28-09	rcas
3	Waegemans Aurore	90	12.90	08-06	rcas
4	Verlaine Maureen	90	13.47	13-04	rcas
5	Monsempo Mandy	90	13.80	08-06	rcas
6	Mjoti Chaimaa	90	14.46	14-09	resc
7	Monsempo Zina	90	17.08	08-06	rcas

### Hauteur RC : 1m57

1	Hostyn Priscilla	90	1m38	28-09	rcas
2	Cincinatis Lucie	90	1m31	17-08	rcas
3	Archambeau Aline	90	1m25	23-08	resc
4	Kebdani Nadia	89	1m20	20-04	resc
	Reard Marine	90	1m20	31-05	resc
	Verlaine Maureen	90	1m20	31-05	resc
7	Waegemans Aurore	90	1m11	28-09	rcas
8	Monsempo Mandy	90	1m06	20-05	rsca
9	Mjoti Chaimaa	90	1m05	31-05	resc
	Monsempo Zina	90	1m05	31-05	resc
	Rahmouni Nora	90	1m05	31-05	resc
12	Belabbes Hafssa	89	1m02	20-04	resc

### Longueur RC : 5m00

1	Hostyn Priscilla	90	4m37	23-06	dacm
2	Cincinatis Lucie	90	4m36	31-08	dein
3	Archambeau Aline	90	3m89	20-10	csf
4	Verlaine Maureen	90	3m79	23-06	dacm
5	Mjoti Chaimaa	90	3m54	21-09	resc
6	Kebdani Nadia	89	3m40	20-04	resc
7	Rahmouni Nora	90	3m36	20-04	resc
8	Monsempo Zina	90	3m27	08-06	rcas
9	Waegemans Aurore	90	3m23	08-06	rcas
10	Monsempo Mandy	90	3m13	08-06	rcas
11	Belabbes Hafssa	89	2m38	20-04	resc

### Poids (2 kg) RC : 11m79

1	Waegemans Aurore	90	9m91	28-09	rcas
2	Kebdani Nadia	89	8m92	13-10	rcas
3	Cincinatis Lucie	90	8m48	17-08	rcas
4	Hostyn Priscilla	90	7m67	12-10	resc
5	Monsempo Mandy	90	7m54	12-10	resc
6	Archambeau Aline	90	7m43	20-10	csf
7	Monsempo Zina	90	7m15	23-08	resc
8	Verlaine Maureen	90	6m09	07-09	dac
9	Jonckers Annaik	90	5m92	05-04	resc
10	Rahmouni Nora	90	5m75	31-05	resc
11	Mjoti Chaimaa	90	5m60	04-05	resc
12	Belabbes Hafssa	89	5m39	20-04	resc

### Disque (600 gr) RC : 31m80

1	Waegemans Aurore	90	18m28	08-06	rcas
2	Hostyn Priscilla	90	17m71	04-05	resc
3	Kebdani Nadia	89	17m63	14-09	resc
4	Monsempo Mandy	90	14m69	08-06	rcas
5	Monsempo Zina	90	12m45	08-06	rcas
6	Archambeau Aline	90	11m90	20-05	rsca
7	Belabbes Hafssa	89	11m75	04-05	resc

### Javelot (400 gr) RC : 31m01

1	Kebdani Nadia	89	21m36	18-05	resc
2	Archambeau Aline	90	15m73	20-10	csf
3	Hostyn Priscilla	90	15m50	05-04	resc
4	Waegemans Aurore	90	13m32	18-05	resc
5	Jonckers Annaik	90	5m87	05-04	resc

### Pentathlon RC : 2898 p

1	Hostyn Priscilla	90	2341 p	28-09	rcas
2	Cincinatis Lucie	90	2262 p	17-08	rcas
3	Archambeau Aline	90	1807 p	20-10	csf
4	Kebdani Nadia	89	1615 p	20-04	resc
5	Waegemans Aurore	90	1573 p	08-06	rcas
6	Monsempo Mandy	90	1523 p	20-05	rsca

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7	Verlaine Maureen	90	1298 p	13-04	rcas
8	Monsempo Zina	90	1108 p	08-06	rcas
9	Rahmouni Nora	90	1100 p	20-04	resc
10	Belabbes Hafssa	89	888 p	20-04	resc

### CADETTES FILLES

100 m		RC : 12.64			
1	Ciulla Debora	88	13.60	18-08	spa
2	Kabuya Andrea	88	13.73	07-06	vac
3	Urbain Fanny	87	13.81	07-06	vac
4	Klein Françoise	87	13.96	04-05	resc
5	Daoudi Amira	87	13.97	07-06	vac
6	De Meyer Laurence	87	15.53	04-05	resc

200 m		RC : 26.14			
1	Urbain Fanny	87	28.34	04-05	resc
2	Kabuya Andrea	88	28.72	04-05	resc
3	Ciulla Debora	88	29.14	10-08	dein
4	Klein Françoise	87	29.22	04-05	resc
5	Daoudi Amira	87	29.40	21-04	rsca
6	De Meyer Laurence	87	31.64	25-08	csf

300 m		RC : 42.65			
1	Kabuya Andrea	88	46.44	07-06	vac
2	Urbain Fanny	87	46.74	07-06	vac
3	Daoudi Amira	87	47.22	07-06	vac
4	Silberfeld Sophie	87	47.67	07-06	vac

400 m		RC : 57.61			
1	Boussar Hanan	87	64.10	25-05	resc
2	Silberfeld Sophie	87	66.10	20-04	csdy
3	Kabuya Andrea	88	66.34	25-05	resc
4	Daoudi Amira	87	67.25	04-05	resc
5	De Grootte Florence	88	73.07	22-06	cabw

800 m		RC : 2.22.8			
1	Boussar Hanan	87	2.25.57	29-06	kks
2	Huybrechts Isabelle	87	2.47.47	28-09	rcas
3	De Grootte Florence	88	2.50.63	25-05	resc

1500 m		RC : 5.02.54			
1	Boussar Hanan	87	5.07.19	22-06	vac

80 m haies (76 cm)		RC : 11.95			
1	Huybrechts Isabelle	87	12.26	07-08	vs
2	De Grootte Florence	88	14.39	22-06	cabw
3	Ciulla Debora	88	15.48	22-06	cabw

300 m haies (76 cm)		RC : 45.51			
1	Urbain Fanny	87	51.38	01-05	damp

Hauteur		RC : 1m68			
1	Huybrechts Isabelle	87	1m47	29-09	rcas
2	Daoudi Amira	87	1m35	20-04	csdy
	Silberfeld Sophie	87	1m35	20-04	csdy

Longueur		RC : 5m74			
1	Huybrechts Isbaelle	87	4m88	12-10	resc
2	Ciulla Debora	88	4m48	18-08	spa
3	Klein Françoise	87	4m25	31-08	dacm
4	De Meyer Laurence	88	3m75	25-08	csf
5	Daoudi Amira	87	2m25	01-05	damp

Triple saut		RC : 11m71			
1	Huybrechts Isabelle	87	9m53	21-04	rsca
2	Daoudi Amira	87	8m45	01-05	damp

Perche		RC : 3m26			
1	Huybrechts Isabelle	87	2m60	28-04	csf

Poids (3 kg)		RC : 12m10			
1	Huybrechts Isabelle	87	10m62	13-10	rcas
2	De Meyer Laurence	88	8m83	13-10	rcas

Disque (1 kg)		RC : 37m60			
1	Huybrechts Isabelle	87	23m63	20-04	csdy
2	De Grootte Florence	88	18m55	01-05	damp

Javelot (500 gr)		RC : 36m86			
1	Huybrechts Isbaelle	87	36m67	31-08	damp
2	De Meyer Laurence	88	21m92	01-05	damp

Hexathlon		RC : 3625 p			
1	Huybrechts Isabelle	87	3426 p	29-09	rcas

4 x 100 m		RC : 50.59			
Urbain, Kabuya, Klein, Ciulla		53.06	22-09	resc	

### SCOLAIRES FEMMES

100 m		RC : 12.41			
1	Sende Patricia	85	12.98	25-08	csf
2	Brion Sophie	85	13.16	02-06	smac
3	Bruyere Julie	86	13.94	20-04	csdy
4	Martinez Belen	85	14.10	04-05	resc
5	Kiasuna Regine	85	14.65	20-04	csdy

200 m		RC : 25.1			
1	Brion Sophie	85	27.52	16-05	ws
2	Bruyere Julie	86	29.07	01-05	damp
3	Martinez Belen	85	29.43	04-05	resc
4	Hallems Julie	85	30.83	28-09	rcas

300 m		RC : 39.65			
1	Sende Patricia	85	44.64	30-07	spvi

400 m		RC : 56.03			
1	Brion Sophie	85	61.74	25-08	csf
2	Kiasuna Regine	85	68.58	04-05	resc
3	Bruyere Julie	86	70.69	20-04	csdy
4	Delree Yasmine	86	73.10	01-05	damp

800 m		RC : 2.15.6			
1	De Paeuw Caroline	85	2.52.06	01-05	damp
2	Hallems Julie	85	3.00.31	29-09	rcas

1500 m		RC : 4.50.73			
1	Kiasuna Regine	85	6.29.06	01-05	damp

100 m haies (76 cm)		RC : 13.92			
1	Hallems Julie	85	26.74	28-09	rcas

400 m haies (76 cm)		RC : 78.78			
1	Brion Sophie	85	70.78	02-06	smac

Hauteur		RC : 1m68			
1	Sende Patricia	86	1m40	01-05	damp
2	Hallems Julie	85	1m35	28-09	rcas

Longueur		RC : 6m06			
1	Hallems Julie	85	4m10	29-09	rcas
2	Bruyere Julie	86	3m89	01-05	damp

Poids (4 kg)		RC : 12m19			
1	Hallems Julie	85	10m04	28-04	csf
2	Olivier Amandine	85	7m56	01-05	damp
3	Adank Olivia	85	6m99	21-04	rsca

Disque (1 kg)		RC : 47m99			
1	Hallems Julie	85	34m93	13-09	csf
2	Olivier Amandine	85	15m18	01-05	damp

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Javelot (600 gr)		RC : 36m78			
1	Hallems Julie	85	33m00	02-06	smac
2	Martinez Belen	85	14m73	01-05	damp

Marteau (4 kg)		RC : 50m43			
1	Adank Olivia	85	23m77	21-09	acme

Heptathlon		RC : 4152 p			
1	Hallems Julie	85	2609 p	29-09	rcas

4 x 100 m		RC : 48.97			
Sende, Martinez, Brion, Bruyere		51.87		22-09	resc

### JUNIORS FEMMES

200 m		RC : 24.65			
1	El Gourari Wafa	84	29.76	21-04	rsca

400 m		RC : 56.03			
1	El Gourari Wafa	84	68.58	25-08	csf

Poids (4 kg)		RC : 13m12			
1	Sustelo Irina	83	11m42	17-10	acme

Disque (1 kg)		RC : 47m99			
1	Sustelo Irina	83	43m50	12-10	smac

Javelot (600 gr)		RC : 38m45			
1	Sustelo Irina	83	30m38	02-10	smac

Marteau (4 kg)		RC : 56m30			
1	Sustelo Irina	83	43m61	17-10	acme

### SENIORS FEMMES

100 m		RC : 11.84			
1	Guillet Laurence	80	12.93	08-05	azw
2	Adam Benedicte	78	12.95	25-08	csf
3	Bonvin-Draps Nathalie	80	13.23	04-05	resc
4	Lambert Amandine	82	13.64	25-08	csf
5	Vanhove Karolien	78	13.83	27-10	rsca

200 m		RC : 24.03			
1	Adam Benedicte	78	26.41	16-05	ws
2	Guillet Laurence	80	26.43	08-05	azw
3	Bonvin-Draps Nathalie	80	26.90	09-05	rcas
4	Dewitte Valerie	80	27.25	16-05	ws
5	De Buyst Nadia	73	31.66	28-09	rcas

300 m		RC : 39.65			
1	Adam Benedicte	78	42.18	30-07	spvi
2	Lambert Amandine	82	46.90	07-06	vac

400 m		RC : 56.03			
1	Adam Benedicte	78	58.06	02-06	smac
2	Dewitte Valerie	80	59.04	02-06	smac
3	Guillet Laurence	80	61.41	25-05	resc
4	Lambert Amandine	82	64.33	25-08	csf
5	Kisir Ikbal	80	65.23	25-05	resc

800 m		RC : 2.05.9			
1	De Buyst Nadia	73	2.57.15	29-09	rcas
2	Castellana Corine	68	3.03.71	31-07	ws

1000 m		RC : 2.43.67			
1	Cawet Daphne	80	3.09.32	04-05	resc
2	De Buyst Nadia	73	3.38.68	04-05	resc

1500 m		RC : 4.12.85			
1	Cawet Daphne	80	4.59.34	28-04	csf

2	De Buyst Nadia	73	6.04.65	20-04	csdy
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2000 m		RC : 5.55.66			
1	Castellana Corine	68	8.39.98	15-06	ws

3000 m		RC : 8.49.85			
1	De Buyst Nadia	73	12.53.54	28-04	csf
2	Castellana Corine	68	14.08.75	04-05	resc

5000 m		RC : 15.41.24			
1	Castellana Corine	68	22.45.99	13-09	csf

10.000 m		RC : 32.23.39			
1	Castellana Corine	68	50.07.26	21-07	rcas

100 m haies (84 cm)		RC : 13.82			
1	Guillet Laurence	80	14.89	07-07	resc
2	De Buyst Nadia	73	22.20	28-09	rcas

400 m haies (76 cm)		RC : 60.08			
1	Guillet Laurence	80	66.64	06-07	resc

Hauteur		RC : 1m95			
1	De Buyst Nadia	73	1m29	28-09	rcas

Longueur		RC : 6m28			
1	Bonvin-Draps Nathalie	80	5m24	02-06	smac
2	De Buyst Nadia	73	3m64	29-09	rcas

Triple saut		RC : 12m66			
1	Kisir Ikbal	80	9m97	28-04	csf

Poids (4 kg)		RC : 13m12			
1	De Buyst Nadia	73	7m50	28-09	rcas

Disque (1 kg)		RC : 47m99			
1	De Buyst Nadia	73	30m73	20-05	rsca

Javelot (600 gr)		RC : 38m45			
1	Adam Benedicte	78	33m55	28-04	csf
2	De Buyst Nadia	73	20m22	21-04	rsca

Marteau (4 kg)		RC : 56m30			
1	De Buyst Nadia	73	24m60	21-04	rsca

Heptathlon		RC : 4822 p			
1	De Buyst Nadia	73	2191 p	29-09	rcas

4 x 100 m		RC : 46.95			
Vanhove, Adam, Lambert, Guillet		50.22		22-09	resc

4 x 400 m		RC : 3.54.68			
Guillet, Adam, Cawet, Dewitte		4.06.45		28-04	csf

### BENJAMINS GARÇONS

60 m		RC : 9.20			
1	Elsen Daan	94	9.84	23-06	dacm
2	Gorski Anthony	94	10.38	18-05	resc
3	Vega Javier	93	10.59	18-05	resc
4	Soto Moral Fabian	93	10.60	30-06	grim
5	Van De Sype Vincent	93	10.74	12-10	resc
6	Caluwe Morgan	93	10.80	20-05	rsca
7	Abou Messaoud Faouzi	94	10.84	23-06	dacm
8	De Lombaert Quentin	93	10.93	25-05	resc
9	Vanden Broeck Maxance	93	11.04	23-06	dacm
	Valastro Alexandre	95	11.04	23-06	dacm
11	Nicodeme Romain	95	11.24	23-06	dacm
12	Watson Ian	94	11.55	25-05	resc
13	Huppez Kevin	94	12.44	23-06	dacm
14	Demartean Lory	93	12.58	08-06	rcas

## RESC OUTDOOR 2022

1000 m				
RC : 3.32.4				
1	Elsen Daan	94	3.42.44	09-05 rcas
2	De Lombaert Quentin	93	3.57.56	18-05 resc
3	Vanden Broeck Maxance	93	4.03.50	17-08 rcas
4	Soto Moral Fabian	93	4.07.38	25-05 resc
5	Gorski Anthony	94	4.07.99	08-06 rcas
6	Caluwe Morgan	93	4.15.50	20-05 rsca
7	Van De Sype Vincent	93	4.19.12	14-09 resc
8	Watson Ian	94	4.49.39	25-05 resc
9	Demarteau Lory	93	4.49.45	08-06 rcas
10	Vega Javier	93	4.52.06	08-06 rcas
11	Huppez Kevin	94	4.52.11	18-05 resc
12	Valastro Alexandre	95	5.02.00	12-10 resc

Hauteur				
RC : 1m23				
1	Van De Sype Vincent	93	1m13	08-06 rcas
2	Gorski Anthony	94	1m00	21-09 resc
3	Elsen Daan	94	0m99	29-09 rcas
4	Soto Moral Fabian	93	0m98	08-06 rcas
5	Abou Messaoud Faouzi	94	0m95	21-09 resc
	Vega Javier	93	0m95	08-06 rcas
7	Caluwe Morgan	93	0m92	08-06 rcas

Longueur				
RC : 3m94				
1	Elsen Daan	94	3m57	21-07 rcas
2	Van De Sype Vincent	93	3m47	18-05 resc
3	Soto Moral Fabian	93	3m16	31-05 resc
4	Gorski Anthony	94	3m13	20-05 rsca
5	Vega Javier	93	3m11	18-05 resc
6	De Lombaert Quentin	93	3m03	31-05 resc
7	Caluwe Morgan	93	2m98	18-05 resc
8	Watson Ian	94	2m87	18-05 resc
9	Vanden Broeck Maxance	93	2m78	23-08 resc
10	Nicodeme Romain	95	2m51	15-06 ws
11	Valastro Alexandre	95	2m50	18-05 resc
12	Herremans Bruno	94	2m30	23-08 resc
	Huppez Kevin	94	2m30	20-05 rsca

Poids (1 kg)				
RC : 10m42				
1	Soto Moral Fabian	93	9m62	13-10 rsca
2	Van De Sype Vincent	93	9m61	07-09 dac
3	Elsen Daan	94	9m19	09-05 rcas
4	Gorski Anthony	94	6m14	21-09 resc
5	Abou Messaoud Faouzi	94	5m98	21-09 resc
6	Vega Javier	93	5m91	18-05 resc
7	De Lombaert Quentin	93	5m49	21-09 resc
	Valastro Alexandre	95	5m49	21-09 resc
9	Caluwe Morgan	93	5m15	20-05 rsca
10	Vanden Broeck Maxance	93	5m10	08-06 rcas
11	Huppez Kevin	94	4m85	18-05 resc
12	Demarteau Lory	93	4m64	08-06 rcas
13	Watson Ian	94	3m95	18-05 resc

Balle de hockey				
RC : 36m22				
1	Elsen Daan	94	33m70	29-09 rcas
2	Van De Sype Vincent	93	30m35	23-08 resc
3	Soto Moral Fabian	93	27m58	13-10 rsca
4	Vanden Broeck Maxance	93	22m37	17-08 rcas
5	De Lombaert Quentin	93	21m38	31-05 resc
6	Gorski Anthony	94	21m35	12-10 resc
7	Nicodeme Romain	95	20m64	23-08 resc
8	Valastro Alexandre	95	19m36	12-10 resc
9	Abou Messaoud Faouzi	94	17m98	23-06 dacm
10	Caluwe Morgan	93	15m20	29-09 rcas
11	Vega Javier	93	14m52	04-05 resc
12	Huppez Kevin	94	11m43	23-06 dacm
13	Herremans Bruno	94	11m30	23-08 resc
14	Watson Ian	94	10m21	25-05 resc

Tetrathlon				
RC : 1297 p				
1	Elsen Daan	94	1697 p	09-05 rcas
2	Van De Sype Vincent	93	1180 p	08-06 rcas

3	Soto Moral Fabian	93	1099 p	08-06 rcas
4	Gorski Anthony	94	1005 p	20-05 rsca
5	Caluwe Morgan	93	910 p	20-05 rsca
6	Vanden Broeck Maxance	93	763 p	20-05 rsca
7	Vega Javier	93	756 p	08-06 rcas
8	Valastro Alexandre	95	423 p	20-05 rsca
9	Demarteau Lory	93	350 p	08-06 rcas
10	Huppez Kevin	94	337 p	20-05 rsca

4 x 60 m				
RC : 37.79				
Soto Moral, Gorski, Caluwe, Elsen		42.44	12-10	resc

### PUPILLES GARÇONS

60 m				
RC : 8.44				
1	Winderickx Ingmar	91	8.96	25-05 resc
2	Caluwe Arnaud	91	9.22	28-09 rcas
3	Louf Valentin	91	9.24	14-09 resc
	Wavreil Cedric	91	9.24	25-05 resc
5	Hinck Mathieu	91	9.34	23-06 dacm
6	Pholien Lionel	91	9.43	25-05 resc
7	Fransen Laurent	91	9.48	05-10 csf
8	Siberdt Jean Michel	92	9.60	30-06 grim
9	Van Hille Loic	91	9.68	14-09 resc
10	Dehout Charles	92	9.70	25-05 resc
11	Schils Martin	92	9.72	14-09 resc
12	Omombo Jean David	92	9.83	25-05 resc
13	Castellana Bryan	92	10.04	11-08 mac
14	Lozet Nathan	92	10.12	05-10 csf
15	Nicodeme Thibault	92	10.16	20-05 rsca
16	Giot Thomas	92	10.21	25-05 resc
17	Desadeleer Geoffrey	91	10.37	18-05 resc
18	Clouwaert Maxime	92	10.43	14-09 resc
19	Serfiotis Olivier	92	10.49	20-05 rsca
20	Kebdani Nabil	92	10.67	18-05 resc
21	Kebdani Bilal	92	11.08	18-05 resc
22	Van Ham Nicolas	92	11.50	30-06 grim
23	Laghmiche Yassine	92	11.59	14-09 resc
24	Sedki Oussama	91	11.77	20-04 resc

1000 m				
RC : 3.19.32				
1	Winderickx Ingmar	91	3.24.17	25-05 resc
2	Louf Valentin	91	3.27.64	25-05 resc
3	Pholien Lionel	91	3.30.13	25-05 resc
4	Dehout Charles	92	3.30.78	14-09 resc
5	Hinck Mathieu	91	3.31.43	29-09 rcas
6	Nicodeme Thibault	92	3.34.52	14-09 resc
	Wavreil Cedric	91	3.34.52	08-06 rcas
8	Caluwe Arnaud	91	3.39.10	20-05 rsca
9	Fransen Laurent	91	3.48.62	29-09 rcas
10	Van Hille Loic	91	3.53.81	14-09 resc
11	Castellana Bryan	92	3.55.29	16-06 ws
12	Kebdani Nabil	92	3.58.12	18-05 resc
13	Schils Martin	92	3.58.97	14-09 resc
14	Serfiotis Olivier	92	4.07.44	20-05 rsca
15	Kebdani Bilal	92	4.09.05	18-05 resc
16	Giot Thomas	92	4.10.83	04-05 resc
17	Omombo Jean David	92	4.11.50	12-10 resc
18	Desadeleer Geoffrey	91	4.12.64	25-05 resc
19	Lozet Nathan	92	4.17.87	04-05 resc
20	Clouwaert Maxime	92	4.19.83	14-09 resc
21	Siberdt Jean Michel	92	4.24.32	18-05 resc
22	Laghmiche Yassine	92	4.37.57	14-09 resc
23	Sedki Oussama	91	4.55.07	13-04 rcas
24	Van Ham Nicolas	92	4.55.30	30-06 grim

60 m haies (76 cm)				
RC : 10.0				
1	Wavreil Cedric	91	12.47	15-06 ws
2	Winderickx Ingmar	91	12.57	14-09 resc
3	Hinck Mathieu	91	12.61	14-09 resc
4	Caluwe Arnaud	91	12.66	14-09 resc
6	Fransen Laurent	91	13.72	14-09 resc
7	Schils Martin	92	13.95	14-09 resc

## RESC OUTDOOR 2022

8	Dehout Charles	92	14.18	14-09	resc
9	Nicodeme Thibault	92	14.54	23-06	dacm
10	Castellana Bryan	92	14.83	15-06	ws
11	Lozet Nathan	92	16.37	14-09	resc

9	Caluwe Arnaud	91	11m67	21-07	rcas
10	Nicodeme Thibault	92	11m37	07-09	dac
11	Castellana Bryan	92	9m44	08-06	rcas

Hauteur		RC : 1m48			
1	Wavreil Cedric	91	1m34	08-06	rcas
2	Castellana Bryan	92	1m20	07-09	dac
	Fransen Laurent	91	1m20	29-09	rcas
4	Caluwe Arnaud	91	1m19	08-06	rcas
5	Schils Martin	92	1m16	08-06	rcas
6	Omombo Jean David	92	1m15	21-09	resc
	Winderickx Ingmar	91	1m15	30-06	grim
8	Hinck Mathieu	91	1m14	29-09	rcas
9	Nicodeme Thibault	92	1m10	15-06	ws
10	Clouwaert Maxime	92	1m02	29-09	rcas
11	Lozet Nathan	92	0m95	20-04	resc
	Siberdt Jean Michel	92	0m95	30-06	grim

Longueur		RC : 4m66			
1	Wavreil Cedric	91	4m21	09-05	rcas
2	Winderickx Ingmar	91	4m18	23-08	resc
3	Hinck Mathieu	91	3m82	23-06	dacm
4	Caluwe Arnaud	91	3m80	31-05	resc
5	Nicodeme Thibault	92	3m73	31-05	resc
6	Louf Valentin	91	3m70	31-05	resc
7	Dehout Charles	92	3m52	23-08	resc
8	Desadeleer Geoffrey	91	3m37	31-05	resc
9	Schils Martin	92	3m36	31-05	resc
10	Siberdt Jean Michel	92	3m22	23-08	resc
11	Lozet Nathan	92	3m21	31-05	resc
12	Pholien Lionel	91	3m20	04-05	resc
13	Serfiotis Olivier	92	3m19	20-05	rsca
14	Castellana Bryan	92	3m17	23-08	resc
	Clouwaert Maxime	92	3m17	23-08	resc
16	Kebdani Nabil	92	3m06	18-05	resc
17	Fransen Laurent	91	2m89	18-05	resc
18	Kebdani Bilal	92	2m81	18-05	resc
19	Giot Thomas	92	2m80	04-05	resc
20	Sedki Oussama	91	2m49	31-05	resc

Poids (2 kg)		RC : 10m58			
1	Fransen Laurent	91	8m25	14-09	resc
2	Wavreil Cedric	91	7m83	20-05	rsca
3	Omombo Jean David	92	7m45	21-09	resc
4	Lozet Nathan	92	7m43	14-09	resc
5	Winderickx Ingmar	91	7m39	30-06	grim
6	Schils Martin	92	7m10	05-04	resc
7	Hinck Mathieu	91	7m05	14-09	resc
8	Clouwaert Maxime	92	7m01	07-09	dac
9	Siberdt Jean Michel	92	6m96	05-04	resc
10	Caluwe Arnaud	91	6m95	31-07	ws
11	Van Hille Loic	91	6m04	14-09	resc
12	Sedki Oussama	91	5m99	20-04	resc
13	Desadeleer Geoffrey	91	5m82	21-09	resc
14	Serfiotis Olivier	92	5m50	18-05	resc
15	Nicodeme Thibault	92	5m36	21-09	resc
16	Pholien Lionel	91	5m33	04-05	resc
17	Castellana Bryan	92	4m96	20-04	resc
18	Van Ham Nicolas	92	4m89	30-06	grim
19	Giot Thomas	92	4m78	05-04	resc
20	Kebdani Bilal	92	4m25	05-04	resc
21	Kebdani Nabil	92	3m82	05-04	resc

Disque (600 gr)		RC : 29m21			
1	Fransen Laurent	91	20m56	05-10	csf
2	Wavreil Cedric	91	17m48	21-07	rcas
3	Lozet Nathan	92	16m38	05-10	csf
4	Hinck Mathieu	91	15m67	11-08	mac
5	Siberdt Jean Michel	92	12m22	23-06	dacm
6	Desadeleer Geoffrey	91	12m19	21-07	rcas
7	Clouwaert Maxime	92	12m18	23-06	dacm
8	Schils Martin	92	12m17	08-06	rcas

Balle de hockey		RC : 46m12			
1	Lozet Nathan	92	39m41	05-10	csf
2	Clouwaert Maxime	92	39m29	07-09	dac
3	Schils Martin	92	38m40	05-04	resc
4	Winderickx Ingmar	91	34m48	25-05	resc
5	Fransen Laurent	91	34m05	29-09	rcas
6	Caluwe Arnaud	91	32m78	12-10	resc
7	Wavreil Cedric	91	32m43	12-10	resc
8	Hinck Mathieu	91	32m04	12-10	resc
9	Louf Valentin	91	30m89	31-05	resc
10	Pholien Lionel	91	26m72	25-05	resc
11	Siberdt Jean Michel	92	26m34	23-08	resc
12	Nicodeme Thibault	92	25m83	13-04	rcas
13	Serfiotis Olivier	92	25m14	25-05	resc
14	Castellana Bryan	92	24m73	23-08	resc
15	Kebdani Bilal	92	24m14	25-05	resc
16	Desadeleer Geoffrey	91	21m51	25-05	resc
17	Giot Thomas	92	21m39	05-04	resc
18	Omombo Jean David	92	18m81	12-10	resc
19	Kebdani Nabil	92	18m76	05-04	resc
20	Sedki Oussama	91	18m53	13-04	rcas
21	Dehout Charles	92	18m39	23-08	resc

Tetrathlon		RC : 2222 p			
1	Wavreil Cedric	91	1969 p	09-05	rcas
2	Hinck Mathieu	91	1799 p	29-09	rcas
3	Caluwe Arnaud	91	1726 p	29-09	rcas
4	Fransen Laurent	91	1706 p	29-09	rcas
5	Winderickx Ingmar	91	1672 p	04-05	resc
6	Pholien Lionel	91	1460 p	04-05	resc
7	Nicodeme Thibault	92	1330 p	20-05	rsca
8	Schils Martin	92	1232 p	08-06	rcas
9	Castellana Bryan	92	1156 p	13-04	rcas
10	Lozet Nathan	92	1135 p	04-05	resc
11	Clouwaert Maxime	92	1085 p	29-09	rcas
12	Serfiotis Olivier	92	1070 p	20-05	rsca
13	Giot Thomas	92	908 p	04-05	resc
14	Sedki Oussama	91	334 p	13-04	rcas

4 x 60 m		RC : 33.25			
Caluwe, Hinck, Wavreil, Winderickx		35.61	12-10	resc	

### MINIMES GARÇONS

80 m		RC : 9.96			
1	Serfiotis Nicolas	90	11.48	20-05	rsca
2	Dogan Mervan	90	11.54	20-05	rsca
3	Demeester Thijs	89	11.61	04-05	resc
4	Maingain François	89	11.99	25-05	resc
5	Gabriel Laurent	90	12.23	25-05	resc
6	Erdem Cezmi	89	12.28	18-05	resc
7	Oucharif Amir	90	12.50	30-06	grim
8	Karrouch Mohamed	89	12.54	25-05	resc
9	Dagry Julien	90	12.69	25-05	resc
10	Abou Messaoud Marwane	90	12.70	23-06	dacm
11	Kremer Julien	89	12.75	04-05	resc
12	Kebdani Smain	90	12.76	25-05	resc
13	Crappe Nicolas	90	12.88	20-04	resc
14	Najjari Faouzi	89	12.90	30-06	grim
15	Desadeleer Jeremy	89	13.04	25-05	resc
16	Olivier Raphael	89	13.07	18-05	resc

150 m		RC : 18.3			
1	Demeester Thijs	89	20.64	25-05	resc
2	Serfiotis Nicolas	90	21.24	25-05	resc
3	Dogan Mervan	90	21.34	25-05	resc
4	Maingain François	89	22.08	12-10	resc
5	Gabriel Laurent	90	23.28	25-05	resc
6	Karrouch Mohamed	89	23.49	25-05	resc

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7	Kremer Julien	89	23.81	12-10	resc
8	Kebdani Smain	90	24.52	25-05	resc
9	Crappe Nicolas	90	25.34	20-04	resc
10	Desadeleer Jeremy	89	26.12	25-05	resc

300 m		RC : 42.19			
1	Dogan Mervan	90	47.22	18-05	resc
2	Gabriel Laurent	90	49.69	18-05	resc
3	Dagry Julien	90	51.71	18-05	resc
4	Tasia Cedric	89	52.66	31-07	ws
5	Oucharif Amir	90	59.10	18-05	resc

1000 m		RC : 3.03.26			
1	Demeester Thijs	89	3.02.25	13-10	rcas
2	Gabriel Laurent	90	3.22.80	20-05	rsca
3	Dogan Mervan	90	3.24.39	25-08	csf
4	Maingain François	89	3.27.93	14-09	resc
5	Dagry Julien	90	3.36.20	18-05	resc
6	Oucharif Amir	90	3.41.49	16-06	ws
7	Abou Messaoud Marwane	90	3.41.73	14-09	resc
8	Kremer Julien	89	3.43.87	14-09	resc
9	Desadeleer Jeremy	89	3.52.14	21-07	rcas
10	Serfiotis Nicolas	90	3.54.11	20-05	resc
11	Karrouch Mohamed	89	3.54.22	29-09	rcas
12	Crappe Nicolas	90	4.04.43	09-05	rcas
13	Kebdani Smain	90	4.06.62	18-05	resc
14	Najjari Faouzi	89	4.16.12	29-09	rcas
15	Olivier Raphael	89	5.26.65	13-04	rcas

80 m haies (84 cm)		RC : 12.00			
1	Dogan Mervan	90	15.22	29-09	rcas
2	Demeester Thijs	89	15.64	14-09	resc
3	Oucharif Amir	90	18.44	15-06	ws
4	Najjari Faouzi	89	18.63	29-09	rcas
5	Maingain François	89	18.72	08-06	rcas
6	Abou Messaoud Marwane	90	19.72	14-09	resc
7	Karrouch Mohamed	89	20.73	29-09	rcas
8	Olivier Raphael	89	21.50	13-04	rcas
9	Desadeleer Jeremy	89	23.51	21-07	rcas

Hauteur		RC : 1m70			
1	Demeester Thijs	89	1m42	21-09	resc
2	Dogan Mervan	90	1m41	29-09	rcas
3	Olivier Raphael	89	1m30	21-09	resc
4	Karrouch Mohamed	89	1m26	29-09	rcas
5	Abou Messaoud Marwane	90	1m25	21-09	resc
	Gabriel Laurent	90	1m25	21-09	resc
7	Dagry Julien	90	1m20	18-05	resc
8	Najjari Faouzi	89	1m17	29-09	rcas
9	Kremer Julien	89	1m11	04-05	resc
10	Erdem Cezmi	89	1m10	18-05	resc
	Kebdani Smain	90	1m10	05-04	resc
	Maingain François	89	1m10	21-09	resc
13	Oucharif Amir	90	1m07	08-06	rcas
14	Crappe Nicolas	90	1m05	05-04	resc
15	Desadeleer Jeremy	89	1m01	08-06	rcas

Longueur		RC : 5m73			
1	Dogan Mervan	90	4m26	20-05	rsca
2	Erdem Cezmi	89	4m17	31-05	resc
3	Demeester Thijs	89	4m07	31-05	resc
4	Serfiotis Nicolas	90	3m95	20-05	rsca
5	Maingain François	89	3m94	23-08	resc
6	Karrouch Mohamed	89	3m85	31-05	resc
7	Abou Messaoud Marwane	90	3m83	23-06	dacm
8	Gabriel Laurent	90	3m53	20-05	rsca
	Oucharif Amir	90	3m53	31-05	resc
10	Kebdani Smain	90	3m51	31-05	resc
11	Dagry Julien	90	3m34	31-05	resc
12	Kremer Julien	89	3m27	04-05	resc
13	Desadeleer Jeremy	89	3m15	31-05	resc
14	Crappe Nicolas	90	3m13	09-05	rcas
15	Olivier Raphael	89	3m08	13-04	rcas

Perche		RC : 2m75			
1	Demeester Thijs	89	1m80	18-05	resc
2	Dogan Mervan	90	1m70	18-05	resc

Poids (3 kg)		RC : 13m97			
1	Stamatogiannis Ioannis	89	8m55	13-10	rsca
2	Demeester Thijs	89	8m36	21-09	resc
3	Dogan Mervan	90	8m12	29-09	rcas
4	Tasia Cedric	89	8m02	31-07	ws
5	Karrouch Mohamed	89	7m68	29-09	rcas
6	Desadeleer Jeremy	89	7m23	08-06	rcas
7	Erdem Cezmi	89	7m02	18-05	resc
8	Serfiotis Nicolas	90	6m83	20-05	rsca
9	Najjari Faouzi	89	6m73	29-09	rcas
10	Maingain François	89	6m13	21-09	resc
11	Crappe Nicolas	90	6m11	05-04	resc
12	Olivier Raphael	89	6m09	21-09	resc
13	Oucharif Amir	90	5m86	18-05	resc
14	Abou Messaoud Marwane	90	5m80	21-09	resc
15	Kebdani Smain	90	5m66	05-04	resc
16	Dagry Julien	90	5m57	21-09	resc
17	Gabriel Laurent	90	5m54	18-05	resc
18	Kremer Julien	89	4m77	04-05	resc

Disque (1 kg)		RC : 31m60			
1	Demeester Thijs	89	25m90	14-09	resc
2	Stamatogiannis Ioannis	89	19m11	14-09	resc
3	Dogan Mervan	90	15m25	25-05	resc
4	Desadeleer Jeremy	89	14m18	25-05	resc
5	Oucharif Amir	90	13m40	08-06	rcas
6	Karrouch Mohamed	89	13m24	23-06	dacm
7	Maingain François	89	13m10	08-06	rcas
8	Serfiotis Nicolas	90	12m19	20-05	rsca
9	Gabriel Laurent	90	9m70	20-05	rsca
10	Kebdani Smain	90	9m17	25-05	resc

Javelot (400 gr)		RC : 36m27			
1	Demeester Thijs	89	28m07	31-05	resc
2	Dogan Mervan	90	24m35	29-09	rcas
3	Karrouch Mohamed	89	23m59	29-09	rcas
4	Najjari Faouzi	89	19m78	29-09	rcas
5	Stamatogiannis Ioannis	89	18m74	13-10	rsca
6	Oucharif Amir	90	17m51	30-06	grim
7	Dagry Julien	90	15m83	31-05	resc
8	Maingain François	89	15m70	31-05	resc
9	Serfiotis Nicolas	90	13m75	20-04	resc
10	Desadeleer Jeremy	89	12m75	31-05	resc
11	Olivier Raphael	89	10m79	31-05	resc
12	Kebdani Smain	90	10m25	31-05	resc
13	Crappe Nicolas	90	10m14	20-04	resc

Pentathlon		RC : 3238 p			
1	Dogan Mervan	90	2573 p	29-09	rcas
2	Demeester Thijs	89	2394 p	04-05	resc
3	Serfiotis Nicolas	90	1901 p	20-05	rsca
4	Maingain François	89	1763 p	04-05	resc
5	Karrouch Mohamed	89	1731 p	29-09	rcas
6	Gabriel Laurent	90	1699 p	20-05	rsca
7	Kremer Julien	89	1565 p	04-05	resc
8	Najjari Faouzi	89	1490 p	29-09	rcas
9	Dagry Julien	90	1412 p	04-05	resc
10	Oucharif Amir	90	1307 p	08-06	rcas
11	Desadeleer Jeremy	89	1122 p	08-06	rcas
12	Crappe Nicolas	90	980 p	09-05	rcas
13	Olivier Raphael	89	679 p	13-04	rcas

4 x 80 m		RC : 41.24			
Dagry, Kremer, Maingain, Dogan		47.91		12-10	resc

## RESC OUTDOOR 2022

### CADETS GARÇONS

100 m				
RC : 11.39				
1	Simon Philippe	87	12.08	07-08 vs
2	Diallo Mamadou	88	12.28	05-10 csf
3	Preumont Maurice	88	12.61	22-06 cabw
4	Theunissen Nicolas	87	12.94	30-07 spvi
5	Hostyn Laurent David	87	13.15	13-09 csf
6	Simon Benoit	87	13.84	25-05 resc
200 m				
RC : 23.14				
1	Simon Philippe	87	24.81	20-10 csf
2	Diallo Mamadou	88	25.85	04-05 resc
3	Preumont Maurice	88	26.30	10-08 dein
300 m				
RC : 36.86				
1	Simon Philippe	87	40.25	07-06 vac
2	Preumont Maurice	88	42.27	24-08 kaag
400 m				
RC : 52.24				
1	Sonon Lionel	87	55.85	13-10 rcas
2	Diallo Mamadou	88	58.48	20-05 rsca
3	Leyman Jeremy	87	59.25	04-05 resc
4	Preumont Maurice	88	62.80	01-05 damp
5	Sustelo Antonio	88	70.25	21-07 rcas
800 m				
RC : 1.59.30				
1	Miller Benoit	87	2.07.69	07-08 vs
2	Vaillant Thibaud	87	2.08.02	25-05 resc
3	Sonon Lionel	87	2.11.46	29-06 kks
4	Leyman Jeremy	87	2.13.64	18-08 spa
5	Kebdani Samir	88	2.17.63	13-09 abes
1000 m				
RC : 2.43.18				
1	Vaillant Thibaud	87	2.48.72	04-05 resc
2	Miller Benoit	87	2.52.74	04-05 resc
3	Leyman Jeremy	87	2.54.48	21-07 dac
4	Kebdani Samir	88	2.55.67	22-06 cabw
5	Hostyn Laurent David	88	3.10.52	25-08 herv
1500 m				
RC : 4.10.9				
1	Miller Benoit	87	4.26.96	13-10 rcas
2	Kebdani Samir	88	4.36.37	13-10 rcas
3	Leyman Jeremy	87	4.45.75	31-08 lebb
4	Sonon Lionel	87	4.55.13	22-06 vac
5	Hasselmans Jerome	88	5.38.52	31-07 ws
100 m haies (91 cm)				
RC : 14.04				
1	Hostyn Laurent David	87	16.32	29-09 rcas
300 m haies (76 cm)				
RC : 40.07				
1	Diallo Mamadou	88	43.81	07-08 vs
Hauteur				
RC : 1m91				
1	Hostyn Laurent David	87	1m79	18-08 spa
2	Fransen Alexandre	88	1m50	12-10 resc
3	Preumont Maurice	88	1m45	21-04 rsca
Longueur				
RC : 6m70				
1	Preumont Maurice	88	5m51	13-10 rcas
2	Hostyn Laurent David	87	5m37	20-05 vs
3	Fransen Alexandre	88	4m66	25-05 resc
Triple saut				
RC : 13m52				
1	Hostyn Laurent David	88	10m95	13-09 csf
2	Sustelo Antonio	88	9m33	21-07 rcas
Perche				
RC : 3m71				
1	Hostyn Laurent David	88	2m51	29-09 rcas
2	Kebdani Samir	88	2m40	01-05 damp

Poids (4 kg)				
RC : 13m52				
1	Diallo Mamadou	88	12m88	18-08 spa
2	Hostyn Laurent David	87	11m76	28-09 rcas
3	Sustelo Antonio	88	10m09	06-04 rcg
Disque (1 kg)				
RC : 39m12				
1	Sustelo Antonio	88	36m61	05-10 acme
2	Kebdani Samir	88	36m36	13-10 rcas
3	Fransen Alexandre	88	21m73	05-10 csf
Javelot (600 gr)				
RC : 42m83				
1	Gerard Jeremy	87	35m95	13-04 rcas
2	Sustelo Antonio	88	34m50	14-09 add
3	Hostyn Laurent David	87	29m16	25-08 herv
Marteau (4 kg)				
RC : 40m44				
1	Sustelo Antonio	88	36m65	21-09 acme
Octathlon				
RC : 4312 p				
1	Hostyn Laurent David	87	3686 p	29-09 rcas
4 x 100 m				
RC : 45.63				
Theunissen, Preumont, Diallo, Simon	47.77	22-09	resc	
4 x 800 m				
RC : -				
Sonon, Miller, Leyman, Vaillant	8.43.82	22-09	resc	

### SCOLAIRES HOMMES

100 m				
RC : 11.08				
1	Leyman David	85	11.66	18-08 spa
2	Diallo Saliou	85	11.84	25-05 resc
3	Ettetuani Adil	86	11.89	07-06 vac
4	Weemaels Matthias	86	12.01	30-07 spvi
5	Brame Lucas	85	12.15	04-05 resc
6	De Wilde Julien	86	12.25	31-08 dacm
7	Kawsar Amin	86	12.57	20-04 csdy
8	Coomans Werner	86	12.85	04-05 resc
200 m				
RC : 22.02				
1	Ettetuani Adil	86	24.06	20-10 csf
2	Diallo Saliou	85	24.07	01-05 damp
3	Leyman David	85	24.37	27-07 vita
4	Weemaels Matthias	86	25.00	04-05 resc
5	Kawsar Amin	86	25.49	21-04 rsca
6	De Wilde Julien	86	25.71	31-08 dacm
300 m				
RC : 36.24				
1	Ettetuani Adil	86	37.41	07-06 vac
2	Weemaels Matthias	86	38.74	12-10 resc
3	Kawsar Amin	86	40.92	12-10 resc
400 m				
RC : 49.92				
1	Haymans Thomas	85	51.81	04-05 resc
2	Diallo Saliou	85	54.82	25-05 resc
3	Kawsar Amin	86	55.99	04-05 resc
4	El Yattouti Younes	86	56.12	25-05 resc
5	Leyman David	85	56.79	25-05 resc
800 m				
RC : 1.55.41				
1	Haymans Thomas	85	1.56.65	08-09 vs
2	Dewitte Sebastien	85	2.02.03	25-05 resc
3	El Yattouti Younes	86	2.02.53	25-05 resc
4	Tiaz Younes	86	2.03.63	18-08 spa
1000 m				
RC : 2.32.80				
1	Haymans Thomas	85	2.33.66	30-08 resc
2	El Yattouti Younes	86	2.41.39	04-05 resc
3	Dewitte Sebastien	85	2.42.78	04-05 resc
4	Tiaz Younes	86	2.43.70	30-07 spvi



## RESC OUTDOOR 2022

<b>1500 m</b>					RC : 4.00.79
1	Haymans Thomas	85	4.18.87	12-10	resc
2	Tiaz Younes	86	4.23.41	12-10	resc
3	El Yattouti Younes	86	4.24.28	12-10	resc
4	Leyman David	85	4.58.73	29-09	rcas
5	De Wilde Julien	86	5.30.03	29-09	rcas
<b>Mile</b>					RC : -
1	Tiaz Younes	86	4.54.70	05-10	csf
<b>3000 m</b>					RC : 8.33.14
1	Dewitte Sebastien	85	9.24.80	12-05	flac
<b>110 m haies (91 cm)</b>					RC : 13.65
1	De Wilde Julien	86	17.10	27-07	damp
2	Fabre Xavier	85	17.45	01-05	damp
3	Leyman David	85	18.04	29-09	rcas
<b>400 m haies (84 cm)</b>					RC : 56.69
1	Fabre Xavier	85	62.22	01-05	damp
2	De Wilde Julien	86	68.67	20-10	csf
<b>2000 m steeple (91 cm)</b>					RC : 6.10.2
1	El Yattouti Younes	85	7.00.71	20-10	csf
<b>Hauteur</b>					RC : 2m05
1	De Wilde Julien	86	1m70	09-05	rcas
	Leyman David	85	1m70	21-04	rsca
3	Haymans Thomas	85	1m65	21-04	rsca
<b>Longueur</b>					RC : 7m59
1	Leyman David	85	5m71	18-08	spa
2	Brame Lucas	85	5m63	04-05	resc
3	De Wilde Julien	86	5m48	24-08	herv
4	Weemaels Matthias	86	4m51	12-10	resc
<b>Triple saut</b>					RC : 15m64
1	Brame Lucas	85	12m24	25-05	resc
<b>Perche</b>					RC : 4m36
1	De Wilde Julien	86	3m41	28-09	rcas
2	Leyman David	85	3m21	28-09	rcas
<b>Poids (5 kg)</b>					RC : 14m19
1	Leyman David	85	11m93	13-09	csf
2	Browaey David	86	9m45	01-05	damp
3	De Wilde Julien	86	9m11	25-08	herv
<b>Disque (1,5 kg)</b>					RC : 43m08
1	Droesbeke Sebastien	85	33m82	18-08	spa
2	Leyman David	85	30m75	29-09	rcas
3	De Wilde Julien	86	26m11	31-08	dacm
<b>Javelot (700 gr)</b>					RC : 48m43
1	Droesbeke Sebastien	85	52m73	20-09	lebb
2	Browaey David	86	45m57	29-06	cabw
3	Leyman David	85	39m84	29-09	rcas
4	De Wilde Julien	86	30m21	25-08	herv
<b>Marteau (5 kg)</b>					RC : 51m72
1	Browaey David	86	39m91	21-09	acme
<b>Enneathlon</b>					RC : 5828 p
1	Leyman David	85	4588 p	29-09	rcas
2	De Wilde Julien	86	3917 p	25-08	herv
<b>4 x 100 m</b>					RC : 43.01
Weemaels, Ettetuani, Leyman, Diallo			44.77	22-09	resc
<b>4 x 800 m</b>					RC : 8.11.01
Tiaz, El Yattouti, Dewitte, Haymans			8.13.68	22-09	resc

### JUNIORS HOMMES

<b>100 m</b>					RC : 10.71
1	Harram Soufian	84	11.16	25-08	csf
2	Broothaerts Damien	84	11.22	16-05	rcb
3	Vervloet Gregory	83	11.27	25-05	resc
4	Etemadi Mani	84	12.03	30-07	spvi
5	Xhonneux Frederic	83	12.13	25-08	herv
6	Kisalu Roberto	83	12.47	25-08	csf
<b>200 m</b>					RC : 21.0
1	Vervloet Gregory	83	22.58	21-04	rsca
2	Harram Soufian	84	22.62	16-06	ws
3	Xhonneux Frederic	83	24.14	05-10	spvi
4	Etemadi Mani	84	27.22	20-10	csf
<b>300 m</b>					RC : 34.67
1	Vervloet Gregory	83	35.35	07-06	vac
2	Xhonneux Frederic	83	37.08	13-07	bav
3	Etemadi Mani	84	38.66	30-07	spvi
4	Harram Soufian	84	40.81	30-07	spvi
<b>400 m</b>					RC : 47.8
1	Vervloet Gregory	83	49.95	16-06	ws
2	Xhonneux Frederic	83	51.10	25-08	herv
3	Etemadi Mani	84	54.46	04-05	resc
4	Gomez Y Montes Mateo	84	55.14	25-05	resc
5	Kisalu Roberto	83	56.46	25-08	csf
<b>800 m</b>					RC : 1.52.66
1	Gomez Y Montes Mateo	84	2.02.80	18-09	cabw
2	Vervloet Gregory	83	2.17.27	20-10	csf
<b>1500 m</b>					RC : 3.48.9
1	Gomez Y Montes Mateo	84	4.15.88	31-08	lebb
2	Xhonneux Frederic	83	4.23.90	29-09	rcas
<b>110 m haies (106 cm)</b>					RC : 14.44
1	Broothaerts Damien	83	14.18	31-08	smac
2	Xhonneux Frederic	83	15.66	29-09	rcas
<b>400 m haies (91 cm)</b>					RC : 51.36
1	Vervloet Gregory	83	55.17	07-07	resc
2	Broothaerts Damien	83	56.32	11-08	ea
<b>Hauteur</b>					RC : 2m14
1	Xhonneux Frederic	83	1m95	28-09	rcas
2	Vervloet Gregory	83	1m65	13-07	bav
<b>Longueur</b>					RC : 7m86
1	Xhonneux Frederic	83	6m70	28-09	rcas
<b>Triple saut</b>					RC : 15m79
1	Xhonneux Frederic	83	14m52	14-09	rfcl
<b>Perche</b>					RC : 5m00
1	Xhonneux Frederic	83	4m31	29-09	rcas
<b>Poids (6 kg)</b>					RC : 15m27
1	Xhonneux Frederic	83	12m67	17-08	rcas
<b>Disque (1,75 kg)</b>					RC : 43m08
1	Xhonneux Frederic	83	36m52	29-09	rcas
<b>Javelot (800 gr)</b>					RC : 38m65
1	Xhonneux Frederic	83	48m41	29-09	rcas
2	Vervloet Gregory	83	36m05	20-10	csf
<b>Decathlon</b>					RC : 6580 p
1	Xhonneux Frederic	83	6936 p	29-09	rcas

## RESC OUTDOOR 2022

### SENIORS HOMMES

100 m				
RC : 10.02				
1	Sekanyambo Olivier	71	10.36	25-08 csf
2	Moral Miguel	81	10.90	24-08 azw
3	Kabuya Serge	77	10.98	25-05 resc
4	Schepens Cedric	82	11.05	24-05 resc
5	Schoonjans Patrick	77	11.22	02-06 smac
6	Lissassi Arnaud	76	11.23	29-06 kks
7	Vanlancker Rudi	71	11.36	04-05 resc
8	Xhonneux Marc	80	12.06	04-05 resc
9	Vanderbiest Joel	78	12.13	22-06 vac
10	Jguirim Karim	82	12.40	30-07 spvi
11	Malherbe Didier	82	12.88	28-09 rcas
200 m				
RC : 20.66				
1	Sekanyambo Olivier	71	21.59	06-07 resc
2	Moral Miguel	81	21.60	20-05 rfcl
3	Kabuya Serge	77	22.02	02-06 smac
4	Lissassi Arnaud	76	22.31	27-07 vita
5	Schepens Cedric	82	22.37	04-05 resc
6	Schoonjans Patrick	77	22.76	16-06 ws
7	Xhonneux Marc	80	24.17	21-04 rsca
8	Luyckx Kris	71	31.38	21-04 rsca
300 m				
RC : 34.01				
1	Lissassi Arnaud	76	35.55	21-07 dac
2	Payen Serge	76	36.72	30-07 spvi
3	Jguirim Karim	82	39.48	30-07 spvi
400 m				
RC : 46.47				
1	Schepens Cedric	82	50.49	25-05 resc
2	Payen Serge	76	50.60	13-07 vs
3	Strypstein Olivier	75	51.07	25-08 csf
4	Lissassi Arnaud	76	51.27	25-05 resc
5	Kabuya Serge	77	51.36	25-05 resc
6	Xhonneux Marc	80	52.37	04-05 resc
7	Jguirim Karim	82	55.37	31-07 ws
8	Malherbe Didier	82	59.70	28-09 rcas
800 m				
RC : 1.48.3				
1	Cowlishaw David	67	1.54.65	10-08 spvi
2	Levacq Corentin	81	1.57.63	07-06 vac
3	Cordier Nicolas	80	2.03.44	01-05 smac
4	Xhonneux Marc	80	2.08.66	20-10 csf
5	Schepens Cedric	75	2.09.14	25-05 resc
1000 m				
RC : 2.23.1				
1	Cowlishaw David	67	2.26.94	21-07 dac
2	Levacq Corentin	81	2.33.68	15-06 ws
3	Schepens Patrick	75	2.48.04	30-07 spvi
1500 m				
RC : 3.36.96				
1	Cowlishaw David	67	3.52.56	27-07 vita
2	Levacq Corentin	81	4.01.60	12-05 flac
3	Cordier Nicolas	80	4.14.70	22-06 vac
4	Schepens Patrick	75	4.31.86	08-06 rcas
5	Xhonneux Marc	80	4.40.62	29-09 rcas
6	Verheirstraeten Johnny	63	5.01.70	04-09 ws
7	Moral Miguel	81	5.10.30	05-10 spvi
8	Vanderhoeven Yves	65	5.10.99	31-07 ws
9	Malherbe Didier	82	5.44.05	29-09 rcas
2000 m				
RC : 5.13.09				
1	Mezouari Oussama	79	6.27.93	25-05 resc
3000 m				
RC : 7.47.22				
1	Cowlishaw David	67	8.42.46	29-06 kks
2	Mezouari Oussama	79	9.58.83	04-05 resc
5000 m				
RC : 13.22.81				
1	Levacq Corentin	81	16.00.57	12-05 flac

2	Vanderhoeven Yves	65	16.37.00	12-10 resc
3	Lebeau Frederic	76	17.01.60	12-10 resc
4	Vanderputten Rudi	64	18.26.27	13-09 csf
5	Verheirstraeten Johnny	63	18.52.64	13-09 csf
110 m haies (106 cm)				
RC : 13.48				
1	Xhonneux Marc	80	20.37	29-09 rcas
2	Malherbe Didier	82	21.49	29-09 rcas
400 m haies (91 cm)				
RC : 48.91				
1	Naif Nicolas	80	54.80	02-06 smac
3000 m steeple (91 cm)				
RC : 8.24.90				
1	Cordier Nicolas	80	10.59.74	12-05 flac
Hauteur				
RC : 2m21				
1	Vanlancker Rudi	71	1m80	12-05 flac
2	Xhonneux Marc	80	1m62	28-09 rcas
3	Malherbe Didier	82	1m44	28-09 rcas
Longueur				
RC : 7m94				
1	Vanlancker Rudi	71	7m31	07-07 resc
2	Moral Miguel	81	6m10	05-10 spvi
3	Vanderbiest Joel	78	5m71	22-06 vac
4	Xhonneux Marc	80	5m63	21-04 rsca
5	Malherbe Didier	82	5m11	28-09 rcas
6	Luyckx Kris	71	4m28	21-04 rsca
Perche				
RC : 5m25				
1	Biot Olivier	72	4m60	12-05 flac
2	Malherbe Didier	82	2m81	29-09 rcas
3	Xhonneux Marc	80	2m11	29-09 rcas
Poids (7,26 kg)				
RC : 15m08				
1	Metens Armand	67	12m52	12-05 flac
2	Guellet Yassin	72	11m68	30-07 spvi
3	Luyckx Kris	71	10m07	20-04 csdy
4	Malherbe Didier	82	9m15	29-06 cabw
5	Xhonneux Marc	80	9m10	28-09 rcas

Disque (2 kg)				
RC : 51m56				
1	Guellet Yassin	72	29m54	30-07 spvi
2	Malherbe Didier	82	24m36	29-09 rcas
3	Moral Miguel	81	16m35	05-10 spvi
Javelot (800 gr)				
RC : 58m15				
1	Desadeleer Christian	63	49m44	12-05 flac
2	Malherbe Didier	82	41m27	29-06 cabw
3	Xhonneux Marc	80	31m46	20-10 csf
4	Moral Miguel	81	29m19	05-10 spvi
Marteau (7,26 kg)				
RC : 61m66				
1	Metens Armand	67	52m55	12-05 flac
Decathlon				
RC : 7384 p				
1	Xhonneux Marc	80	4030 p	29-09 rcas
2	Malherbe Didier	82	3766 p	29-09 rcas
4 x 100 m				
RC : 40.69				
Moral, Schepens, Broothaerts, Sekanyambo	41.2		12-05	flac
4 x 400 m				
RC : 3.10.2				
Vervloet, Payen, Strypstein, Schepens	3.21.93		12-05	flac

### MASTERS HOMMES

100 m				
1	Maniquet Rudi	61	12.59	25-05 resc
200 m				
1	Maniquet Rudi	61	25.58	09-06 hf

## RESC OUTDOOR 2022

### 400 m

1	Maniquet Rudi	61	57.21	13-07	vs
2	Hasselmans Thierry	59	59.12	09-06	hf

### 800 m

1	Hasselmans Thierry	59	2.13.46	13-09	csf
2	Hasselmans Jean Luc	59	2.20.68	13-09	csf
3	Demol Guy	53	2.25.58	13-09	csf

### 1500 m

1	Hasselmans Jean Luc	59	4.35.45	31-07	ws
2	Demol Guy	53	4.38.40	31-07	ws
3	Hasselmans Thierry	59	4.45.93	31-07	ws
4	Bechet Jean Pierre	56	4.48.26	09-06	hf
5	Mage Alain	57	5.18.10	04-09	ws
6	Huygens Guy	60	5.28.09	27-10	rsca

### Mile

1	Hasselmans Jean Luc	59	4.59.17	21-07	rcas
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### 3000 m

1	Hasselmans Jean Luc	59	9.44.74	09-06	hf
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### 5000 m

1	Demol Guy	53	16.33.76	09-06	hf
2	Hasselmans Thierry	59	17.18.90	12-10	resc
3	Heuninck Patrick	61	18.05.20	12-10	resc
4	Hasselmans Jean Luc	59	18.48.57	13-09	csf
5	Mage Alain	57	19.12.21	13-09	csf
6	Huygens Guy	60	19.47.10	12-10	resc

### 10.000 m

1	Demol Guy	53	34.24.98	21-07	rcas
2	Bechet Jean Pierre	56	37.27.93	21-07	rcas
3	De Buyst Francis	52	43.22.26	21-07	rcas
4	Huygens Guy	60	43.22.82	21-07	rcas
5	Hasselmans Jean Luc	59	43.22.93	21-07	rcas

### Hauteur

1	Cincinatis Yves	59	1m75	09-06	hf
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### Longueur

1	Cincinatis Yves	59	5m56	09-06	hf
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### Triple saut

1	Cincinatis Yves	59	13m74	07-07	resc
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### Poids (7,26 kg)

1	Van Schoor Robert	46	11m42	21-09	usbr
2	Sustelo Antonio	38	7m64	06-04	rcg
3	De Buyst Francis	52	5m87	09-06	hf

### Disque (2 kg)

1	Van Schoor Robert	46	44m14	10-08	rscs
2	Sustelo Antonio	38	23m70	21-09	acme

### Javelot (800 gr)

1	Sustelo Antonio	38	24m82	09-06	hf
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### Marteau (7,26 kg)

1	Sustelo Antonio	38	25m44	12-10	smac
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### 4 x 100 m

Hasselmans, Hasselmans, Demol, Mage	55.76	01-09	ixel
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### 4 x 400 m

Maniquet, Huygens, Mage, Hasselmans	4.06.10	09-06	hf
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### 4 x 800 m

Hasselmans, Bechet, Huygens, Demol	9.28.46	22-09	resc
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### 4 x 1500 m

Hasselmans, Hasselmans, Demol, Mage	19.21.87	01-09	ixel
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