

## RESC OUTDOOR 2000

### BENJAMINES FILLES

60 m		RC : 9.2			
1	Meys Jessica	91	9.2	14-10	resc
2	Dolianitis Dina	91	9.50	07-10	resc
3	Murray Shirley	91	9.64	07-10	resc
4	Mouzon Emmanuelle	91	9.74	14-10	resc
5	Borremans Nancy	91	10.15	17-09	rsca
6	Goutte Alexandra	91	10.24	25-06	dacm
7	Bonsir Audrey	91	10.34	19-08	resc
8	Dutry Carole	91	11.34	22-04	resc
9	Vanden Broeck Nolwen	91	11.89	31-05	wrc
10	Putmans Laurence	92	12.04	15-04	resc
11	Pirlotte Audrey	91	12.14	16-04	rsca
12	Fontis Chirine	92	12.24	22-04	resc
	Meunier Cassandre	93	12.24	09-09	resc

1000 m		RC : 3.54.29			
1	Mouzon Emmanuelle	91	3.54.06	17-09	rsca
2	Murray Shirley	91	3.54.66	17-09	rsca
3	Meys Jessica	91	4.02.00	28-10	rcb
4	Dolianitis Dina	91	4.08.60	28-10	rcb
5	Bonsir Audrey	91	4.12.70	09-09	resc
	Goutte Alexandra	91	4.12.70	09-09	resc
7	Vanden Broeck Nolwen	91	4.18.28	17-09	rsca
8	Pirlotte Audrey	91	4.51.50	07-10	resc
9	Putmans Laurence	92	4.59.00	15-04	resc
10	Dutry Carole	91	5.06.70	22-04	resc
11	Meunier Cassandre	93	5.25.70	09-09	resc

Hauteur		RC : 1m17			
1	Dolianitis Dina	91	1m05	01-09	resc
2	Goutte Alexandra	91	1m02	17-09	rsca
3	Meys Jessica	91	1m00	16-04	rsca
	Mouzon Emmanuelle	91	1m00	16-04	rsca
5	Bonsir Audrey	91	0m95	01-09	resc
	Murray Shirley	91	0m95	01-09	resc
7	Pirlotte Audrey	91	0m85	16-04	rsca

Longueur		RC : 3m88			
1	Meys Jessica	91	3m85	28-10	rcb
2	Dolianitis Dina	91	3m70	28-10	rcb
3	Mouzon Emmanuelle	91	3m61	26-08	csf
4	Borremans Nancy	91	3m41	17-09	rsca
5	Goutte Alexandra	91	3m34	14-10	resc
6	Murray Shirley	91	3m27	17-09	rsca
7	Bonsir Audrey	91	3m20	15-04	resc
8	Dutry Carole	91	2m97	22-04	resc
9	Putmans Laurence	92	2m67	07-04	resc
10	Vanden Broeck Nolwen	91	2m59	15-09	resc
11	Pirlotte Audrey	91	2m54	07-04	resc
12	Fontis Chirine	92	2m20	15-09	resc

Poids (1 kg)		RC : 8m46			
1	Goutte Alexandra	91	8m63	15-09	resc
2	Meys Jessica	91	7m98	07-04	resc
3	Dolianitis Dina	91	7m78	22-10	csf
4	Mouzon Emmanuelle	91	7m00	01-07	vita
6	Bonsir Audrey	91	6m04	15-09	resc
7	Murray Shirley	91	5m22	03-06	mac
8	Borremans Nancy	91	5m14	15-09	resc
9	Fontis Chirine	92	4m84	15-09	resc
10	Putmans Laurence	92	4m51	01-10	rsca
11	Pirlotte Audrey	91	3m95	07-04	resc
12	Vanden Broeck Nolwen	91	3m82	01-09	resc
13	Van Der Perren Jessica	94	2m77	01-09	resc
14	Meunier Cassandre	93	2m45	01-09	resc

Balle de hockey		RC : 28m96			
1	Mouzon Emmanuelle	91	24m50	20-05	ws
2	Meys Jessica	91	23m87	07-10	resc
3	Goutte Alexandra	91	21m83	07-10	resc

4	Dolianitis Dina	91	19m36	07-10	resc
5	Bonsir Audrey	91	18m69	09-09	resc
6	Murray Shirley	91	16m37	17-09	rsca
7	Putmans Laurence	92	13m04	01-10	rsca
8	Vanden Broeck Nolwen	91	10m24	17-09	rsca
9	Pirlotte Audrey	91	9m07	07-10	resc
10	Fontis Chirine	92	8m19	22-04	resc
11	Meunier Cassandre	93	5m76	09-09	resc

Tetrathlon		RC : 1113 p			
1	Dolianitis Dina	91	1184 p	22-10	csf
2	Meys Jessica	91	1080 p	22-10	csf
3	Mouzon Emmanuelle	91	1002 p	21-07	vita
4	Murray Shirley	91	667 p	03-06	mac
5	Goutte Alexandra	91	664 p	19-08	resc
6	Bonsir Audrey	91	626 p	19-08	resc
7	Pirlotte Audrey	91	322 p	16-04	rsca
8	Vanden Broeck Nolwen	91	263 p	22-10	csf

4 x 60 m		RC : 41.14			
	Murray, Dolinitis, Mouzon, Meys		37.58	07-10	resc

### PUPILLES FILLES

60 m		RC : 8.5			
1	Cincinatis Lucie	90	9.44	22-04	resc
2	Hostyn Priscilla	90	9.64	03-06	mac
3	Devrye Florence	89	9.74	22-04	resc
4	Archambeau Aline	90	9.84	06-06	resc
5	Kebdani Nadia	89	9.94	15-04	resc
6	Cambier Elodie	90	10.24	31-05	wrc
7	Hmyed Jehane	89	10.34	22-04	resc
8	Van Noyen Christelle	90	10.64	15-04	resc
9	Mjoti Chaimaa	90	10.74	22-04	resc
10	Scanu Sofia	89	11.05	07-10	resc
11	Kihut Romy	89	11.16	07-10	resc
12	Declerck Catherine	90	11.46	22-10	csf
13	Siberdt Melanie	89	11.54	22-04	resc

1000 m		RC : 3.35.93			
1	Kebdani Nadia	89	3.46.30	16-04	rsca
2	Hmyed Jehane	89	3.53.20	03-06	mac
3	Hostyn Priscilla	90	4.02.00	13-05	ws
4	Cambier Elodie	90	4.09.70	07-10	resc
5	Archambeau Aline	90	4.10.38	17-09	rsca
6	Scanu Sofia	89	4.14.88	07-10	resc
7	Mjoti Chaimaa	90	4.28.60	09-09	resc
8	Declerck Catherine	90	4.32.93	22-10	csf
9	Van Noyen Christelle	90	5.35.30	03-06	mac

60 m haies (76 cm)		RC : 10.8			
1	Cambier Elodie	90	13.44	14-10	resc
2	Hostyn Priscilla	90	14.27	07-10	resc
3	Archambeau Aline	90	14.33	07-10	resc
4	Mjoti Chaimaa	90	14.84	14-10	resc

Hauteur		RC : 1m33			
1	Hostyn Priscilla	90	1m23	15-09	resc
2	Archambeau Aline	90	1m20	01-09	resc
3	Cincinatis Lucie	90	1m05	17-09	rsca
4	Hmyed Jehane	89	1m00	16-04	rsca
5	Kebdani Nadia	89	1m00	01-09	resc

Longueur		RC : 4m48			
1	Cincinatis Lucie	90	4m07	23-09	cabw
2	Hostyn Priscilla	90	3m82	07-04	resc
3	Devrye Florence	89	3m50	22-04	resc
4	Kebdani Nadia	89	3m16	07-04	resc
5	Archambeau Aline	90	3m13	19-08	resc
6	Cambier Elodie	90	3m10	07-04	resc
7	Siberdt Melanie	89	2m98	07-04	resc
8	Van Noyen Christelle	90	2m90	31-05	wrc

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9	Nevens Audrey	89	2m86	07-04	resc
10	Scanu Sofia	89	2m69	17-09	rsca
11	Hmyed Jehane	89	2m68	22-04	resc
12	Declerck Catherine	90	2m42	22-10	csf

Poids (2 kg)		RC : 8m27			
1	Kebdani Nadia	89	6m30	14-10	resc
2	Gharbi Samira	89	6m17	15-09	resc
3	Archambeau Aline	90	5m97	07-10	resc
4	Hostyn Priscilla	90	5m80	15-09	resc
5	Vertommen Nathalie	89	5m49	15-09	resc
6	Van Noyen Christelle	90	5m28	15-04	resc
7	Kihut Romy	89	4m77	07-10	resc
8	Scanu Sofia	89	4m58	15-09	resc
9	Cambier Elodie	90	4m51	07-10	resc
10	Hmyed Jehane	89	4m33	16-04	rsca
11	Mjoti Chaimaa	90	4m26	14-10	resc
12	Declerck Catherine	90	3m76	07-10	resc

Disque (600 gr)		RC : 23m00			
1	Hostyn Priscilla	90	11m16	03-06	mac
2	Van Noyen Christelle	90	10m13	03-06	mac
3	Hmyed Jehane	89	8m44	03-06	mac

Balle de hockey		RC : 35m15			
1	Kihut Romy	89	21m40	01-10	rsca
2	Cincinatis Lucie	90	21m28	22-04	resc
3	Archambeau Aline	90	19m95	09-09	resc
4	Kebdani Nadia	89	16m56	22-04	resc
5	Hostyn Priscilla	90	16m31	09-09	resc
6	Siberdt Melanie	89	15m80	07-04	resc
7	Cambier Elodie	90	15m51	07-04	resc
8	Mjoti Chaimaa	90	15m44	22-04	resc
9	Nevens Audrey	89	11m14	07-04	resc

Tetrathlon		RC : 1621 p			
1	Kebdani Nadia	89	1325 p	16-04	rsca
2	Hostyn Priscilla	90	1251 p	03-06	mac
3	Archambeau Aline	90	1036 p	19-08	resc
4	Hmyed Jehane	89	1003 p	16-04	rsca
5	Scanu Sofia	89	751 p	22-10	csf
6	Declerck Catherine	90	521 p	22-10	csf
7	Van Noyen Christelle	90	195 p	03-06	mac

4 x 60 m		RC : 35.0		
Mjoti, Kebdani, Archambeau, Hostyn		38.79	07-10	resc

### MINIMES FILLES

80 m		RC : 10.4			
1	Levy Daphne	87	11.24	28-10	rcb
2	Huybrechts Isabelle	87	11.31	31-05	wrc
3	Urbain Fanny	87	11.74	28-10	rcb
4	Klein Françoise	87	11.76	20-05	ws
5	Daoudi Amira	87	11.93	22-10	csf
6	Keteleers Jeanine	88	11.94	16-04	rsca
7	Duffaut Lauranne	87	12.21	20-05	ws
8	Silberfeld Sophie	87	12.24	29-10	rsca
9	Xhayeteux Christel	88	12.33	07-10	resc
10	De Groote Florence	88	12.44	14-10	resc
11	Boussar Hanan	87	12.54	28-10	rcb
12	De Meyer Laurence	88	12.64	19-08	resc
	Gingreau Virginie	88	12.64	16-04	rsca
14	De Cree Ella	88	13.04	19-08	resc

150 m		RC : 20.2			
1	Huybrechts Isabelle	87	21.74	15-04	resc
2	Urbain Fanny	87	21.91	17-09	rsca
3	Levy Daphne	87	21.99	17-09	rsca
4	Klein Françoise	87	22.34	20-05	ws
5	Daoudi Amira	87	22.74	28-10	rcb
6	Kabuya Andrea	88	22.94	15-04	resc

7	Keteleers Jeanine	88	23.24	15-04	resc
8	Boussar Hanan	87	23.52	17-09	rsca
9	De Groote Florence	88	23.87	20-05	ws
10	Xhayeteux Christel	88	25.18	17-09	rsca
11	De Meyer Laurence	88	25.34	15-04	resc

300 m		RC : 51.83			
1	Huybrechts Isabelle	87	46.2	09-09	resc
2	Urbain Fanny	87	47.14	15-10	resc
3	Levy Daphne	87	50.0	09-09	resc
4	Klein Françoise	87	50.2	09-09	resc
5	Duffaut Lauranne	87	50.3	25-06	dacm
6	De Groote Florence	88	50.91	07-10	resc
7	Boussar Hanan	87	51.1	09-09	resc
8	Daoudi Amira	87	51.3	09-09	resc
9	Xhayeteux Christel	88	53.1	09-09	resc
10	De Meyer Laurence	88	54.3	09-09	resc

1000 m		RC : 3.25.05			
1	Boussar Hanan	87	3.22.48	20-05	ws
2	Huybrechts Isabelle	87	3.32.64	20-05	ws
3	De Groote Florence	88	3.36.70	26-08	vita
4	Duffaut Lauranne	87	3.41.30	13-05	ws
5	Gingreau Virginie	88	3.41.60	16-04	rsca
6	Urbain Fanny	87	3.45.00	28-10	rcb
7	Daoudi Amira	87	3.45.80	28-10	rcb
8	Klein Françoise	87	3.45.83	22-10	csf
9	Silberfeld Sophie	87	3.46.30	28-10	rcb
10	Xhayeteux Christel	88	3.55.60	26-08	vita
11	Van Strydonck Alizee	87	3.56.30	13-05	ws
12	Keteleers Jeanine	88	4.07.5	16-04	rsca
13	De Meyer Laurence	88	4.10.90	19-08	resc
14	De Cree Ella	88	4.11.40	19-08	resc
15	Levy Daphne	87	4.12.80	09-09	resc

60 m haies (76 cm)		RC : 10.05			
1	Huybrechts Isabelle	87	10.07	23-09	cabw
2	De Groote Florence	88	11.00	17-09	rsca
3	Levy Daphne	87	11.54	14-10	resc
4	Urbain Fanny	87	11.64	03-06	mac
5	Boussar Hanan	87	12.20	31-05	wrc
6	Klein Françoise	87	12.40	12-08	vita
7	Daoudi Amira	87	12.64	14-10	resc
8	Silberfeld Sophie	87	12.74	14-10	resc
9	Keteleers Jeanine	88	13.34	03-06	mac
	Ryckaert Deborah	88	13.34	14-10	resc
10	Xhayeteux Christel	88	14.01	20-05	ws
11	Sonon Aurore	88	14.64	13-05	ws
12	De Meyer Laurence	88	15.04	15-04	resc

Hauteur		RC : 1m57			
1	Huybrechts Isabelle	87	1m45	16-04	rsca
2	Klein Françoise	87	1m30	17-09	rsca
3	De Groote Florence	88	1m25	31-05	wrc
4	Daoudi Amira	87	1m20	21-07	vita
	Levy Daphne	87	1m20	21-07	vita
5	Silberfeld Sophie	87	1m20	17-09	rsca
6	Boussar Hanan	87	1m15	17-09	rsca
	De Meyer Laurence	88	1m15	19-08	resc
	Gingreau Virginie	88	1m15	16-04	rsca
	Urbain Fanny	87	1m15	16-04	rsca
11	Xhayeteux Christel	88	1m05	16-04	rsca
12	Keteleers Jeanine	88	1m00	16-04	rsca

Longueur		RC : 5m00			
1	Huybrechts Isabelle	87	4m73	07-10	resc
2	Daoudi Amira	87	4m31	01-09	resc
3	Klein Françoise	87	4m20	07-10	resc
4	Urbain Fanny	87	4m13	07-10	resc
5	Levy Daphne	87	4m09	14-10	resc
6	De Meyer Laurence	88	3m90	09-09	resc
7	Boussar Hanan	87	3m74	14-10	resc
8	De Groote Florence	88	3m68	07-04	resc

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9	Silberfeld Sophie	87	3m56	29-10	rsca
10	Gingreau Virginie	88	3m53	07-04	resc
11	Keteleers Jeanine	88	3m50	07-04	resc
12	Duffaut Lauranne	87	3m45	20-05	ws
13	De Cree Ella	88	3m36	19-08	resc
14	Xhayeteux Christel	88	3m32	22-10	csf

Perche		RC : -			
1	Huybrechts Isabelle	87	2m10	01-09	resc

Poids (2 kg)		RC : 11m79			
1	Huybrechts Isabelle	87	10m69	17-09	rsca
2	Urbain Fanny	87	9m30	07-10	resc
3	Levy Daphne	87	8m83	21-07	vita
4	Daoudi Amira	87	8m33	07-10	resc
5	De Groote Florence	88	8m23	03-06	mac
6	Xhayeteux Christel	88	8m00	15-09	resc
7	De Meyer Laurence	88	7m86	01-10	rsca
8	Klein Françoise	87	7m57	01-09	resc
9	Boussar Hanan	87	7m46	22-10	csf
10	Keteleers Jeanine	88	6m95	03-06	mac
11	Duffaut Lauranne	87	6m90	13-05	ws
12	Silberfeld Sophie	87	6m56	28-10	rbc
13	Gingreau Virginie	88	6m50	16-04	rsca
14	De Cree Ella	88	6m47	19-08	resc
15	Van Strydonck Alizee	87	6m14	13-05	ws
16	Amelynck Elodie	88	5m70	15-09	resc
17	Kabuya Andrea	88	5m51	15-04	resc
18	Sonon Aurore	88	5m31	13-05	ws

Disque (600 gr)		RC : 31m80			
1	Huybrechts Isabelle	87	27m96	01-10	rsca
2	Daoudi Amira	87	22m82	29-10	rsca
3	Boussar Hanan	87	19m04	01-10	rsca
4	Klein Françoise	87	17m12	01-10	rsca
5	De Meyer Laurence	88	16m47	01-10	rsca
6	Xhayeteux Christel	88	16m16	01-10	rsca
7	De Groote Florence	88	16m01	01-10	rsca
8	Urbain Fanny	87	15m03	01-10	rsca
9	Silberfeld Sophie	87	10m77	29-10	rsca
10	Levy Daphne	87	8m48	22-10	csf

Javelot (400 gr)		RC : 31m01			
1	Huybrechts Isabelle	87	29m28	15-09	resc
2	Daoudi Amira	87	21m04	01-10	rsca
3	Boussar Hanan	87	17m75	15-09	resc
4	De Meyer Laurence	88	17m33	01-10	rsca
5	De Groote Florence	88	16m68	15-09	resc
6	Keteleers Jeanine	88	16m28	03-06	mac
7	Xhayeteux Christel	88	15m74	01-10	rsca
8	Klein Françoise	87	14m99	01-10	rsca
9	Urbain Fanny	87	14m48	07-04	resc
10	Gingreau Virginie	88	12m18	16-04	rsca
11	Levy Daphne	87	12m12	15-09	resc
12	Amelynck Elodie	88	7m92	15-09	resc
13	Silberfeld Sophie	87	6m21	15-09	resc

Pentathlon		RC : 2898 p			
1	Huybrechts Isabelle	87	2770 p	16-04	rsca
2	Klein Françoise	87	2006 p	22-10	csf
3	Urbain Fanny	87	1981 p	03-06	mac
4	De Groote Florence	88	1904 p	19-08	resc
5	Daoudi Amira	87	1858 p	22-10	csf
6	Boussar Hanan	87	1837 p	22-10	csf
7	De Meyer Laurence	88	1762 p	19-08	resc
8	Gingreau Virginie	88	1742 p	16-04	rsca
9	Levy Daphne	87	1717 p	22-10	csf
10	Keteleers Jeanine	88	1551 p	16-04	rsca
11	Silberfeld Sophie	87	1535 p	29-10	rsca
12	Xhayeteux Christel	88	1473 p	22-10	csf
13	De Cree Ella	88	1190 p	19-08	resc

4 x 80 m		RC : 42.87			
Klein, Daoudi, Urbain, Huybrechts		44.93	07-10	resc	

### CADETTES FILLES

100 m		RC : 12.64			
1	Martinez Belen	85	13.76	27-05	spa
2	Brion Sophie	85	14.08	24-09	resc
3	Hallemsans Julie	85	15.05	24-09	resc
4	Nzitunga Sandra	85	15.14	24-09	resc
5	Gilson Anais	86	15.43	24-09	resc
6	Benja Nora	86	15.57	24-09	resc
	Jans Alice	85	15.57	24-09	resc
8	Van Noyen Nathalie	86	15.79	31-05	wrc
9	Athanassiu Aliko	85	15.98	24-09	resc
10	De Paeuw Caroline	86	16.52	24-09	resc

200 m		RC : 26.14			
1	Martinez Belen	85	28.71	13-05	ws

400 m		RC : 57.61			
1	Benja Nora	86	70.69	13-05	ws

800 m		RC : 2.22.8			
1	De Paeuw Caroline	86	2.44.75	13-05	ws
2	Gilson Anais	86	2.52.02	27-05	spa
3	Van Noyen Nathalie	86	3.15.43	31-05	wrc

1500 m		RC : 5.02.54			
1	Gilson Anais	86	6.00.67	13-05	ws

80 m haies (76 cm)		RC : 11.95			
1	Brion Sophie	85	13.31	13-05	ws

300 m haies (76 cm)		RC : 45.51			
1	Brion Sophie	85	49.33	13-05	ws

Hauteur		RC : 1m68			
1	Marnef Aline	85	1m35	15-10	
2	Van Noyen Nathalie	86	1m20	13-05	ws

Longueur		RC : 5m74			
1	Marnef Aline	85	4m86	15-10	
2	Brion Sophie	85	4m46	30-04	csdy
3	Van Noyen Nathalie	86	3m87	24-09	resc

Poids (3 kg)		RC : 12m10			
1	Hallemsans Julie	85	10m27	14-10	
2	Adank Olivia	85	8m38	14-10	
3	Van Noyen Nathalie	86	4m61	20-05	ws

Disque (1 kg)		RC : 37m60			
1	Hallemsans Julie	85	31m15	26-08	rscs

Javelot (500 gr)		RC : 35m00			
1	Hallemsans Julie	85	36m86	27-05	spa

4 x 100 m		RC : 50.59			
Van Noyen, Benja, Brion, Martinez		57.46	13-05	ws	

### SCOLAIRES FEMMES

100 m		RC : 12.41			
1	Kompany Christel	84	13.44	30-04	csdy
2	Sustelo Irina	83	13.87	01-07	herv
3	Gilson Adeline	84	14.49	27-05	spa
4	Draoui Jasmine	83	15.29	13-05	ws
5	Jebari Ouassila	83	15.94	30-04	csdy

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200 m	RC : 25.1			
1 Jebari Ouassila	83	29.99	30-04	csdy
2 El Gourari Wafa	84	31.80	13-05	ws

300 m	RC : 39.65			
1 Kompany Christel	84	42.48	14-10	ws

400 m	RC : 56.03			
1 Dhondt Helene	84	68.02	13-05	ws
2 El Gourari Wafa	84	72.83	27-05	spa

800 m	RC : 2.15.6			
1 Pauly Benedicte	83	2.33.64	13-05	ws

1500 m	RC : 4.50.73			
1 Dhondt Helene	84	5.30.94	13-05	ws

100 m haies (76 cm)	RC : 13.92			
1 Jebari Ouassila	83	18.72	27-05	spa

400 m haies (76 cm)	RC : -			
1 Jebari Ouassila	83	78.78	13-05	ws

Hauteur	RC : 1m68			
1 Kompany Christel	84	1m56	13-05	ws

Longueur	RC : 6m06			
1 Kompany Christel	84	5m49	09-09	vita
2 Sustelo Irina	83	4m75	03-06	ciney
3 Gilson Adeline	84	4m43	13-05	ws

Triple saut	RC : 11m85			
1 Kompany Christel	84	12m15	10-09	vita

Poids (4 kg)	RC : -			
1 Sustelo Irina	83	12m19	03-03	ciney
2 Halleman Julie	85	9m00	26-08	rcsc
3 Kompany Christel	84	8m21	07-05	csf

Disque (1 kg)	RC : 40m45			
1 Sustelo Irina	83	47m99	18-06	smac
2 Kompany Christel	84	21m93	24-09	resc

Javelot (600 gr)	RC : 29m91			
1 Sustelo Irina	83	34m26	12-06	rfcl
2 Pauly Benedicte	83	25m29	07-05	csf

Marteau (4 kg)	RC : -			
1 Sustelo Irina	83	50m43	20-08	cabw

4 x 100 m	RC : 48.97			
Kompany, Draoui, Sustelo, Gilson	54.32		13-05	ws

### JUNIORS FEMMES

100 m	RC : 12.11			
1 Giuliani Alexandra	82	12.94	16-07	smac

200 m	RC : 24.65			
1 Giuliani Alexandra	82	26.1	07-05	csf

400 m	RC : 56.03			
1 Giuliani Alexandra	82	65.89	21-05	ws

1500 m	RC : 4.30.09			
1 Dewitte Caroline	82	5.32.4	07-05	csf

3000 m	RC : 9.36.9			
1 Dewitte Caroline	82	13.52.0	07-05	csf

Triple saut	RC : 12m15			
1 De Cock Aline	82	11m03	02-09	rfcl

### SENIORS FEMMES

100 m	RC : 11.84			
1 Bonvin-Draps Nathalie	80	12.95	01-09	spvi
2 Guillet Laurence	80	13.24	20-08	cabw
3 Kisir Ikkal	80	14.14	01-05	vita
4 Fontenelle Vinciane	78	14.29	01-05	vita

200 m	RC : 24.03			
1 Bonvin-Draps Nathalie	80	26.58	01-09	spvi
2 Guillet Laurence	80	27.2	07-05	csf
3 Kisir Ikkal	80	28.08	01-05	vita
4 Fontenelle Vinciane	78	28.84	01-05	vita

300 m	RC : 39.65			
1 Elsought Sylvie	78	41.17	06-06	spvi

400 m	RC : 56.03			
1 Elsought Sylvie	78	57.6	07-05	csf
2 Adam Benedicte	78	58.58	29-07	resc
3 Dewitte Valerie	80	62.85	21-05	ws
4 Bonvin-Draps Nathalie	80	63.40	21-05	ws
5 Kisir Ikkal	80	66.01	21-05	ws

800 m	RC : 2.05.9			
1 Dewitte Valerie	80	2.34.5	07-05	csf

1500 m	RC : 4.12.85			
1 Cawet Daphne	80	4.59.9	07-05	csf
2 De Buyst Nadia	73	5.44.46	30-04	cabw

3000 m	RC : 8.49.85			
1 De Buyst Nadia	73	12.24.4	16-04	rsca

100 m haies (84 cm)	RC : 13.82			
1 Guillet Laurence	80	15.87	12-08	vita
2 Kisir Ikkal	80	19.74	07-05	csf

Longueur	RC : 6m28			
1 Bonvin-Draps Nathalie	80	5m18	23-07	vita
2 Guillet Laurence	80	4m99	23-07	vita
3 Devrye Corinne	60	4m96	07-05	csf
4 De Buyst Nadia	73	4m44	29-04	cabw
5 Fontenelle Vinciane	78	4m43	29-04	cabw

Poids (4 kg)	RC : 13m12			
1 De Buyst Nadia	73	8m40	07-05	csf

Disque (1 kg)	RC : 47m99			
1 De Buyst Nadia	73	32m83	07-05	csf

Javelot (600 gr)	RC : 36m59			
1 Adam Benedicte	78	38m01	07-05	csf
2 De Buyst Nadia	73	25m13	29-04	cabw

4 x 100 m	RC : 46.95			
Bonvin-Draps, Guillet, Giuliani, Kompany	49.33		17-09	smac

4 x 400 m	RC : 3.54.68			
Dewitte, Adam, Kisir, Elsought	4.03.0		07-05	csf

## RESC OUTDOOR 2000

### BENJAMINS GARCONS

60 m		RC : 9.20			
1	Winderickx Ingmar	91	9.57	23-09	cabw
2	Wavreil Cedric	91	9.81	31-05	wrc
3	Caluwe Arnaud	91	9.84	25-06	dacm
	Louf Valentin	91	9.84	09-09	resc
5	Fransen Laurent	91	10.14	14-10	resc
6	Deglain Simon	91	10.22	22-10	csf
7	Jbiloul Oussama	92	10.44	09-09	resc
8	Tahtah Ilias	91	10.64	28-10	rcb
9	Gerard Valery	91	10.74	03-06	mac
10	Serfiotis Olivier	92	10.94	28-10	rcb
11	Desadeleer Geoffrey	91	11.14	09-09	resc
	Siberdt Jean Michel	92	11.14	22-04	resc
13	Van De Sype Vincent	93	11.44	09-09	resc
14	Lemaigre Nicolas	92	11.53	20-05	ws
15	Christolucan Didier	92	11.54	25-06	dacm
16	Lozet Nathan	92	11.61	07-10	resc
17	Krebi Bilal	91	11.64	28-10	rcb
18	Antoun Alexandre	93	11.90	17-09	rsca
19	De Lombaert Quentin	93	12.14	19-08	resc
20	Pirlotte Benoit	93	12.55	07-10	resc
21	Soto Moral Fabian	93	12.80	07-10	resc

1000 m		RC : 3.32.4			
1	Winderickx Ingmar	91	3.40.43	17-09	rsca
2	Louf Valentin	91	3.40.58	17-09	rsca
3	Jbiloul Oussama	92	3.46.92	17-09	rsca
4	Wavreil Cedric	91	3.47.23	07-10	resc
5	Caluwe Arnaud	91	4.03.80	13-05	ws
6	Krebi Bilal	91	4.17.10	28-10	rcb
7	Serfiotis Olivier	92	4.19.80	28-10	rcb
8	Tahtah Ilias	91	4.32.80	28-10	rcb
9	De Lombaert Quentin	93	4.34.55	17-09	rsca
10	Lozet Nathan	92	4.34.71	07-10	resc
11	Van De Sype Vincent	93	4.36.64	07-10	resc
12	Pirlotte Benoit	93	4.36.82	07-10	resc
13	Molter Geoffrey	93	5.02.42	07-10	resc
14	Gerard Valery	91	5.14.10	03-06	mac
15	Soto Moral Fabian	93	5.16.54	07-10	resc

Hauteur		RC : 1m23			
1	Wavreil Cedric	91	1m14	09-09	resc
2	Caluwe Arnaud	91	1m05	07-04	resc
	Gerard Valery	91	1m05	07-04	resc
	Winderickx Ingmar	91	1m05	09-09	resc
5	Louf Valentin	91	1m02	09-09	resc
6	Desadeleer Geoffrey	91	0m99	09-09	resc
	Jbiloul Oussama	92	0m99	09-09	resc
8	Fransen Laurent	91	0m95	29-10	rsca
9	Van De Sype Vincent	93	0m90	26-08	vs
10	Elleboudt Guillaume	91	0m85	17-09	rsca

Longueur		RC : 3m94			
1	Wavreil Cedric	91	3m88	22-10	csf
2	Louf Valentin	91	3m56	01-09	resc
3	Caluwe Arnaud	91	3m40	01-09	resc
4	Gerard Valery	91	3m16	03-06	mac
5	Winderickx Ingmar	91	3m12	03-06	mac
6	Fransen Laurent	91	3m11	22-10	csf
7	Antoun Alexandre	93	3m02	15-09	resc
8	Jbiloul Oussama	92	2m94	15-09	resc
9	Tahtah Ilias	91	2m85	28-10	rcb
10	Van De Sype Vincent	93	2m72	01-09	resc
11	Krebi Bilal	91	2m65	28-10	rcb
12	Pirlotte Benoit	93	2m60	16-04	rsca
13	Amelynck Sylvain	93	2m53	15-09	resc
14	De Lombaert Quentin	93	2m52	01-09	resc
15	Alaoui Nadir	93	2m45	01-09	resc

Poids (1 kg)		RC : 10m42			
1	Wavreil Cedric	91	9m82	01-10	rsca
2	Lozet Nathan	92	8m69	07-10	resc
3	Gerard Valery	91	8m25	03-06	mac
4	Louf Valentin	91	7m59	01-09	resc
5	Fransen Laurent	91	7m14	29-10	rsca
6	Winderickx Ingmar	91	6m83	09-09	resc
7	Krebi Bilal	91	6m78	17-09	rsca
8	Caluwe Arnaud	91	6m45	22-10	csf
9	Jbiloul Oussama	92	6m28	09-09	resc
10	Soto Moral Fabian	93	5m91	07-10	resc
11	Siberdt Jean Michel	92	5m66	07-04	resc
12	Tahtah Ilias	91	5m35	17-09	rsca
13	Antoun Alexandre	93	5m19	09-09	resc
14	Pirlotte Benoit	93	5m12	01-10	rsca
15	Christolucan Didier	92	5m05	25-06	dacm
16	Van De Sype Vincent	93	4m96	21-07	vs
17	Alaoui Nadir	93	4m01	01-09	resc
18	De Lombaert Quentin	93	3m63	01-09	resc
19	Molter Geoffrey	93	3m08	07-10	resc

Balle de hockey		RC : 36m22			
1	Wavreil Cedric	91	29m76	15-09	resc
2	Winderickx Ingmar	91	27m88	14-10	resc
3	Louf Valentin	91	26m51	17-09	rsca
4	Lozet Nathan	92	24m37	14-10	resc
5	Krebi Bilal	91	23m78	17-09	rsca
	Fransen Laurent	91	23m78	14-10	resc
7	Deglain Simon	91	22m89	14-10	resc
8	Gerard Valery	91	22m41	26/08	vs
9	Jbiloul Oussama	92	22m08	15-09	resc
10	Caluwe Arnaud	91	20m68	14-10	resc
11	Lemaigre Nicolas	91	19m54	20-05	ws
12	Pirlotte Benoit	93	18m90	01-10	rsca
13	De Lombaert Quentin	93	18m57	01-10	rsca
14	Amelynck Sylvain	93	16m85	15-09	resc
15	Elleboudt Guillaume	91	16m81	17-09	rsca
16	Desadeleer Geoffrey	91	16m53	14-10	resc
17	Tahtah Ilias	91	15m87	17-09	rsca
18	Van De Sype Vincent	93	15m33	14-10	resc
19	Antoun Alexandre	93	15m30	15-09	resc
20	Siberdt Jean Michel	92	13m86	22-04	resc

Tetrathlon		RC : 891 p			
1	Wavreil Cedric	91	1297 p	09-09	resc
2	Winderickx Ingmar	91	1076 p	09-09	resc
3	Louf Valentin	91	967 p	09-09	resc
4	Caluwe Arnaud	91	951 p	09-09	resc
5	Gerard Valery	91	878 p	03-06	mac
6	Fransen Laurent	91	820 p	29-10	rsca
7	Jbiloul Oussama	92	819 p	09-09	resc
8	Van De Sype Vincent	93	360 p	09-09	resc
9	Antoun Alexandre	93	328 p	09-09	resc
10	Pirlotte Benoit	93	304 p	16-04	rsca
11	De Lombaert Quentin	93	100 p	08-07	dacm

4 x 60 m		RC : 37.79			
Caluwe, Louf, Wavreil, Winderickx		39.3		17-09	rsca

### PUPILLES GARCONS

60 m		RC : 8.44			
1	Baiwir Julien	89	8.84	26-08	csf
2	Serfiotis Nicolas	90	9.14	28-10	rcb
3	Dogan Mervan	90	9.44	14-10	resc
4	Demeester Thijs	89	9.54	24-06	humb
5	Maertens Nicolas	90	9.63	17-09	rsca
6	Kremer Julien	89	9.94	09-09	resc
	Portillo Eros	89	9.94	14-10	resc
8	Houthuis David	89	10.04	28-10	rcb
9	Abou Messaoud Marwane	90	10.14	09-09	resc
10	Crappe Nicolas	90	10.54	09-09	resc

## RESC OUTDOOR 2000

11	Martin Maxime	89	10.84	14-10	resc
12	De Raikem Thibaut	90	11.14	09-09	resc
13	Karrouch Mohamed	89	11.65	07-10	resc
14	Desadeleer Jeremy	89	12.44	14-10	resc

1000 m		RC : 3.19.32			
1	Demeester Thijs	89	3.21.00	28-10	rcb
2	Baiwir Julien	89	3.33.13	21-07	vs
3	Kremer Julien	89	3.48.60	13-05	ws
4	Abou Messaoud Marwane	90	3.50.60	09-09	resc
5	Dogan Mervan	90	3.50.70	09-09	resc
6	Maertens Nicolas	90	3.53.50	09-09	resc
7	Serfiotis Nicolas	90	4.00.00	22-04	resc
8	Houthuis David	89	4.20.50	28-10	rcb
9	Crappe Nicolas	90	4.44.70	15-04	resc
10	Karrouch Mohamed	89	5.19.69	07-10	resc

60 m haies (76 cm)		RC : 10.0			
1	Baiwir Julien	89	11.04	14-10	resc
2	Dogan Mervan	90	12.84	14-10	resc
3	Serfiotis Nicolas	90	12.96	07-10	resc
4	Abou Messaoud Marwane	90	14.34	15-04	resc
5	Maertens Nicolas	90	14.49	07-10	resc
6	Kremer Julien	89	14.93	31-05	wrc
7	Demeester Thijs	89	18.80	07-10	resc

Hauteur		RC : 1m48			
1	Baiwir Julien	89	1m30	28-05	flem
2	Dogan Mervan	90	1m18	09-09	resc
3	Pauly Cedric	89	1m15	07-04	resc
4	Abou Messaoud Marwane	90	1m12	09-09	resc
5	Maertens Nicolas	90	1m10	07-10	resc
	Serfiotis Nicolas	90	1m10	07-10	resc
7	Demeester Thijs	89	1m08	03-06	mac
8	De Raikem Thibaut	90	1m00	09-09	resc
	Karrouch Mohamed	89	1m00	07-10	resc

Longueur		RC : 4m66			
1	Baiwir Julien	89	4m41	01-09	resc
2	Dogan Mervan	90	3m70	15-09	resc
3	Abou Messaoud Marwane	90	3m48	15-09	resc
4	Demeester Thijs	89	3m41	15-09	resc
5	Kremer Julien	89	3m27	17-09	rsca
6	Maertens Nicolas	90	3m21	01-09	resc

Poids (2 kg)		RC : 10m28			
1	Baiwir Julien	89	10m58	22-08	cabw
2	Pauly Cedric	89	8m98	07-04	resc
3	Dogan Mervan	90	6m64	17-09	rsca
4	Abou Messaoud Marwane	90	6m47	09-09	resc
5	Demeester Thijs	89	6m15	03-06	humb
6	Serfiotis Nicolas	90	6m06	01-09	resc
7	Maertens Nicolas	90	5m99	01-09	resc
8	Karrouch Mohamed	89	5m43	01-10	rsca
9	De Raikem Thibaut	90	5m27	09-09	resc
10	Kremer Julien	89	5m14	15-05	ws
11	Crappe Nicolas	90	5m12	09-09	resc

Disque (600 gr)		RC : 29m21			
1	Baiwir Julien	89	21m44	02-07	rfcl
2	Demeester Thijs	89	17m34	02-09	spvi
3	Karrouch Mohamed	89	11m93	01-10	rsca

Balle de hockey		RC : 46m12			
1	Baiwir Julien	89	43m17	24-04	stnk
2	Dogan Mervan	90	33m30	15-09	resc
3	Abou Messaoud Marwane	90	31m75	15-09	resc
4	Martin Maxime	89	28m70	14-10	resc
5	Demeester Thijs	89	28m53	15-09	resc
6	Portillo Eros	89	25m00	14-10	resc
7	Serfiotis Nicolas	90	24m08	01-10	rsca
8	Karrouch Mohamed	89	21m30	14-10	resc

9	Desadeleer Jeremy	89	19m62	14-10	resc
10	Maertens Nicolas	90	19m58	15-09	resc
11	Kremer Julien	89	19m36	17-09	rsca
12	Crappe Nicolas	90	14m84	15-04	resc

Tetrathlon		RC : 2027 p			
1	Baiwir Julien	89	2222 p	09-09	resc
2	Dogan Mervan	90	1542 p	09-09	resc
3	Demeester Thijs	89	1515 p	03-06	mac
4	Abou Messaoud Marwane	90	1464 p	09-09	resc
5	Maertens Nicolas	90	1441 p	09-09	resc
6	Kremer Julien	89	1294 p	09-09	resc
4 x 60 m		RC : 33.25			
Baiwir, Maertens, Serfiotis, Dogan		36.51	07-10	resc	

### MINIMES GARCONS

80 m		RC : 9.96			
1	Simon Philippe	87	10.38	15-10	ixel
2	Guarneri Renato	87	10.74	25-06	dacm
3	Vaillant Thibaud	87	10.94	14-10	resc
4	Leyman Jeremy	87	11.23	17-09	rsca
5	Sonon Lionel	87	11.34	09-09	resc
	Starck Jonathan	87	11.34	19-08	resc
7	Gerard Jeremy	87	11.66	22-10	csf
8	Miller Benoit	87	11.74	25-06	dacm
9	Hermann Gilles	88	11.94	14-10	resc
	Hostyn Laurent David	87	11.94	09-09	resc
	Maertens Christophe	88	11.94	25-06	dacm
12	Kebdani Samir	88	12.12	17-09	rsca
13	Huppez Jonathan	88	12.15	20-05	ws
14	Hasselmans Jerome	88	12.24	16-04	rsca
	Simon Benoit	87	12.24	25-06	dacm
16	Fransen Alexandre	88	12.28	15-08	vs
	Sustelo Antonio	88	12.28	12-06	rfcl
18	Broeckeaert Nicolas	88	12.74	09-09	resc
	De Schrijvere Simon	88	12.74	19-08	resc
20	Murgia Laurent	87	12.84	09-09	resc
21	Heymans Arnaud	88	13.14	22-04	resc
	Keteleers Patrick	88	13.14	16-04	rsca
	Van Noyen Michael	88	13.14	31-05	wrc
24	Olbrechts Murphy	88	13.24	22-04	resc
25	Lorenzetti Andrea	88	14.19	17-09	rsca

150 m		RC : 18.3			
1	Simon Philippe	87	18.7	28-10	rcb
2	Guarneri Renato	87	19.7	15-04	resc
3	Vaillant Thibaud	87	20.0	28-10	rcb
4	Leyman Jeremy	87	20.7	28-10	rcb
5	Starck Jonathan	87	20.8	15-04	resc
6	Sonon Lionel	88	21.06	17-09	rsca
7	Maertens Christophe	88	21.7	15-04	resc
8	Hostyn Laurent David	87	22.52	17-09	rsca
9	Hermann Gilles	88	22.4	28-10	rcb
10	Kebdani Samir	88	22.8	15-04	resc
11	Miller Benoit	87	23.19	20-05	ws
12	Hasselmans Jerome	88	23.0	15-04	resc
13	Simon Benoit	87	23.60	17-09	rsca
14	Gerard Jeremy	87	23.76	20-05	ws
15	Keteleers Patrick	88	23.9	15-04	resc
16	De Schrijvere Simon	88	24.0	22-04	resc
17	Lorenzetti Andrea	88	24.54	17-09	rsca
18	Sustelo Antonio	88	24.61	01-07	herv
19	Van Noyen Michael	88	24.7	15-04	resc
20	Fransen Alexandre	88	24.9	22-04	resc
21	Murgia Laurent	87	25.3	22-04	resc
22	Heymans Arnaud	88	25.4	22-04	resc
23	Olbrechts Murphy	88	26.0	15-04	resc



## RESC OUTDOOR 2000

300 m		RC : 43.4			
1	Simon Philippe	87	42.19	07-10	resc
2	Leyman Jeremy	87	44.39	07-10	resc
3	Guarneri Renato	87	44.44	25-06	dacm
4	Vaillant Thibaud	87	45.54	25-06	dacm
5	Maertens Christophe	88	51.34	25-06	dacm
6	Hermann Gilles	88	53.37	07-10	resc
7	De Schrijvere Simon	88	54.44	25-06	dacm

1000 m		RC : 3.05.80			
1	Vaillant Thibaud	87	3.05.70	22-04	resc
2	Leyman Jeremy	87	3.07.20	28-10	rcb
3	Sonon Lionel	87	3.11.00	13-05	ws
4	Maertens Christophe	88	3.22.80	09-09	resc
5	Kebdani Samir	88	3.26.77	17-09	rsca
6	Hasselmans Jerome	88	3.31.00	13-05	ws
7	Hostyn Laurent David	87	3.32.50	16-04	rsca
8	Simon Philippe	87	3.33.90	09-09	resc
9	Huppez Jonathan	88	3.35.42	17-06	vs
10	Guarneri Renato	87	3.38.40	03-06	mac
11	De Schrijvere Simon	88	3.42.80	13-05	ws
12	Gerard Jeremy	87	3.49.59	22-10	csf
13	Keteleers Patrick	88	3.57.60	16-04	rsca
14	Starck Jonathan	87	4.00.00	22-04	rsca
15	Sustelo Antonio	88	4.00.78	29-10	rsca
16	Van Noyen Michael	88	4.04.60	03-06	mac
17	Simon Benoit	87	4.07.00	09-09	resc
18	Fransen Alexandre	88	4.11.20	09-09	resc
19	Murgia Laurent	87	4.34.20	09-09	resc

80 m haies (84 cm)		RC : 12.00			
1	Guarneri Renato	87	13.94	15-04	resc
2	Simon Philippe	87	14.27	31-05	wrc
3	Vaillant Thibaud	87	14.44	14-10	resc
4	Sonon Lionel	87	15.04	14-10	resc
5	Maertens Christophe	88	16.51	07-10	resc
6	Leyman Jeremy	87	16.54	03-06	mac
7	Hasselmans Jerome	88	16.64	03-06	mac
8	De Schrijvere Simon	88	16.74	14-10	resc
9	Kebdani Samir	88	16.80	31-05	wrc
10	Simon Benoit	87	17.06	31-05	wrc
11	Hostyn Laurent David	87	17.64	15-04	resc
12	Keteleers Patrick	88	18.64	03-06	mac
13	Gerard Jeremy	87	18.84	03-06	mac
14	Sustelo Antonio	88	18.89	03-09	moha
15	Van Noyen Michael	88	19.04	15-04	resc

Hauteur		RC : 1m70			
1	Huppez Jonathan	88	1m47	22-04	resc
2	Guarneri Renato	87	1m43	07-04	resc
3	Gerard Jeremy	87	1m40	15-09	resc
	Hostyn Laurent David	87	1m40	09-09	resc
	Vaillant Thibaud	87	1m40	15-09	resc
6	Leyman Jeremy	87	1m35	07-04	resc
	Simon Philippe	87	1m35	15-09	resc
8	Kebdani Samir	88	1m34	09-09	resc
	Maertens Christophe	88	1m34	09-09	resc
10	Diallo Mamadou	88	1m30	15-09	resc
	Sonon Lionel	87	1m30	26-08	csf
12	Fransen Alexandre	88	1m25	15-09	resc
	Hasselmans Jerome	88	1m25	07-04	resc
	Miller Benoit	87	1m25	15-09	resc
15	Gerard Benjamin	88	1m20	07-04	resc
	Simon Benoit	87	1m20	07-10	resc
17	Murgia Laurent	87	1m19	09-09	resc
	Starck Jonathan	87	1m19	09-09	resc
19	De Schrijvere Simon	88	1m15	21-07	vs
20	Broeckeaert Nicolas	88	1m10	09-09	resc
	Sustelo Antonio	88	1m10	29-10	rsca

Longueur		RC : 5m73			
1	Guarneri Renato	87	5m02	31-05	wrc
2	Vaillant Thibaud	87	4m70	03-06	mac

3	Kebdani Samir	88	4m37	09-09	resc
4	Hostyn Laurent David	87	4m31	15-04	resc
5	Gerard Jeremy	87	4m30	22-10	csf
	Leyman Jeremy	87	4m30	12-08	vita
7	Huppez Jonathan	88	4m25	20-05	ws
8	Starck Jonathan	87	4m23	09-09	resc
9	Maertens Christophe	88	4m21	01-09	resc
10	Fransen Alexandre	88	4m11	14-10	resc
11	Miller Benoit	87	4m09	14-10	resc
12	Sonon Lionel	87	4m08	14-10	resc
13	Hasselmans Jerome	88	3m96	31-05	wrc
14	Sustelo Antonio	88	3m82	03-09	moha
15	Van Noyen Michael	88	3m78	15-04	resc
16	Simon Benoit	87	3m60	31-05	wrc
17	Broeckeaert Nicolas	88	3m54	09-09	resc
18	Simon Philippe	87	3m45	15-04	resc
19	Keteleers Patrick	88	3m44	16-04	rsca
	Murgia Laurent	87	3m44	01-09	resc
21	De Schrijvere Simon	88	3m34	07-10	resc
22	Lorenzetti Andrea	88	3m33	17-09	rsca
23	Olbrechts Murphy	88	3m32	01-09	resc

Perche		RC : 2m75			
1	Kebdani Samir	88	2m10	14-10	resc
2	Guarneri Renato	87	2m00	01-09	resc
3	Maertens Christophe	88	1m88	15-08	vs
4	Hasselmans Jerome	88	1m80	20-05	ws
5	Huppez Jonathan	88	1m60	22-04	resc
6	Leyman Jeremy	87	1m50	01-09	resc

Poids (3 kg)		RC : 13m18			
1	Guarneri Renato	87	12m30	15-10	ixel
2	Gerard Jeremy	87	11m66	28-10	rcb
3	Simon Philippe	87	11m31	28-10	rcb
4	Leyman Jeremy	87	9m54	03-06	mac
5	Olbrechts Murphy	88	8m96	12-08	vita
6	Hostyn Laurent David	87	8m66	09-09	resc
7	Vaillant Thibaud	87	8m49	22-04	resc
8	Sustelo Antonio	88	8m08	25-06	dacm
9	Kebdani Samir	88	7m88	17-09	rsca
10	Gerard Benjamin	88	7m78	19-08	resc
11	Hermann Gilles	88	7m77	28-10	rcb
12	Broeckeaert Nicolas	88	7m65	09-09	resc
13	Maertens Christophe	88	7m02	03-06	mac
14	Fransen Alexandre	88	6m86	01-09	resc
15	Starck Jonathan	87	6m77	09-09	resc
16	Sonon Lionel	87	6m55	09-09	resc
17	Huppez Jonathan	88	6m54	17-06	vs
18	Miller Benoit	87	6m53	01-09	resc
19	De Schrijvere Simon	88	6m43	28-10	rcb
20	Hasselmans Jerome	88	6m22	03-06	mac
21	Keteleers Patrick	88	6m07	22-04	resc
22	Murgia Laurent	87	5m55	01-09	resc
23	Simon Benoit	87	5m54	17-09	rsca
24	Van Noyen Michael	88	5m33	03-06	mac

Disque (1 kg)		RC : 31m60			
1	Leyman Jeremy	87	25m94	23-09	rsca
2	Sustelo Antonio	88	25m90	03-09	moha
3	Gerard Jeremy	87	23m86	01-10	rsca
4	Guarneri Renato	87	23m83	23-06	rcas
5	Fransen Alexandre	88	14m82	22-10	csf
6	Maertens Christophe	88	13m76	23-06	rcas
7	Sonon Lionel	87	13m06	22-10	csf

Javelot (400 gr)		RC : 36m25			
1	Gerard Jeremy	87	33m10	01-10	rsca
2	Leyman Jeremy	87	29m89	01-10	rsca
3	Miller Benoit	87	28m72	15-09	resc
4	Vaillant Thibaud	87	26m86	07-04	resc
5	Olbrechts Murphy	88	26m43	12-08	vita
6	Murgia Laurent	87	25m42	15-09	resc
7	Guarneri Renato	87	25m22	07-04	resc

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8	Sonon Lionel	87	24m61	15-08	vs
9	Sustelo Antonio	88	24m28	15-09	resc
10	Hostyn Laurent David	87	22m85	15-09	resc
11	Hasselmanns Jerome	88	22m70	07-04	resc
12	Kebdani Samir	88	22m21	15-09	resc
13	Maertens Christophe	88	21m73	04-06	grim
14	Hermann Gilles	88	19m99	12-08	vita
15	Gerard Benjamin	88	19m26	07-04	resc
16	Fransen Alexandre	88	19m02	07-04	resc
17	Huppez Jonathan	88	17m94	15-09	resc
18	Van Noyen Michael	88	16m97	03-06	mac
19	Diallo Mamadou	88	15m65	15-09	resc
20	De Schrijvere Simon	88	15m46	07-04	resc
21	Keteleers Patrick	88	14m99	16-04	rsca

<b>Pentathlon</b>		<b>RC : 3107 p</b>			
1	Leyman Jeremy	87	2782 p	09-09	resc
2	Guarneri Renato	87	2682 p	16-04	rsca
3	Simon Philippe	87	2625 p	09-09	resc
4	Vaillant Thibaud	87	2620 p	03-06	mac
5	Sonon Lionel	87	2477 p	09-09	resc
6	Gerard Jeremy	87	2471 p	22-10	csf
7	Hostyn Laurent David	87	2449 p	09-09	resc
8	Kebdani Samir	88	2431 p	09-09	resc
9	Maertens Christophe	88	2424 p	09-09	resc
10	Huppez Jonathan	88	2007 p	09-09	resc
11	Starck Jonathan	87	1980 p	09-09	resc
12	Hasselmanns Jerome	88	1911 p	03-06	mac
13	Sustelo Antonio	88	1801 p	29-10	rsca
14	Fransen Alexandre	88	1668 p	22-10	csf
15	Simon Benoit	87	1528 p	09-09	resc
16	De Schrijvere Simon	88	1477 p	21-07	vs
17	Keteleers Patrick	88	1418 p	16-04	rsca
19	Murgia Laurent	87	1361 p	09-09	resc
20	Broeckaert Nicolas	88	1328 p	09-09	resc
21	Van Noyen Michael	88	1238 p	03-06	mac

<b>4 x 80 m</b>		<b>RC : 41.24</b>			
Leyman, Simon, Guarneri, Sonon		42.84		07-10	resc

### CADETS GARCONS

<b>100 m</b>		<b>RC : 11.39</b>			
1	Leyman David	85	11.80	01-10	rcl
2	Diallo Saliou	85	12.35	24-09	resc
3	Droesbeke Sebastien	85	13.16	16-04	hev
4	Browaews David	86	13.67	29-10	rsca
5	De Wilde Julien	86	13.71	24-09	resc
6	Goffinet Philippe	85	14.08	06-05	rfcl
7	Athanassiou Pablos	86	15.15	24-09	resc

<b>200 m</b>		<b>RC : 23.14</b>			
1	Leyman David	85	24.38	15-10	ixel
2	Coomans Werner	85	28.54	29-04	cabw

<b>300 m</b>		<b>RC : 36.86</b>			
1	Leyman David	85	40.54	25-04	vita

<b>400 m</b>		<b>RC : 52.24</b>			
1	Haymans Thomas	85	57.78	06-05	rfcl

<b>800 m</b>		<b>RC : 1.59.30</b>			
1	Haymans Thomas	85	2.09.20	24-09	resc
2	Dewitte Sebastien	85	2.10.78	27-05	spa

<b>1000 m</b>		<b>RC : 2.43.18</b>			
1	Leyman David	85	3.12.13	27-08	her

<b>100 m haies (91 cm)</b>		<b>RC : 14.04</b>			
1	Leyman David	85	15.21	27-05	spa
2	Fabre Xavier	85	17.15	27-05	spa
3	Huybrechts Xavier	85	17.39	24-09	resc

4	De Wilde Julien	86	19.47	20-05	ws
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<b>300 m haies (76 cm)</b>		<b>RC : 40.07</b>			
1	Leyman David	85	43.26	29-04	cabw
2	Fabre Xavier	85	48.54	27-05	spa
3	Coomans Werner	86	50.58	29-04	cabw
4	De Wilde Julien	86	52.62	06-05	rfcl

<b>Hauteur</b>		<b>RC : 1m91</b>			
1	Haymans Thomas	85	1m60	26-08	her
2	Leyman David	85	1m53	08-07	dacm
3	Browaews David	86	1m38	08-07	dacm

<b>Longueur</b>		<b>RC : 6m70</b>			
1	Brame Lucas	85	5m74	06-05	rfcl
2	Leyman David	85	5m45	01-05	vs
3	Huybrechts Xavier	85	4m69	24-09	resc
4	De Wilde Julien	86	4m31	16-04	rsca

<b>Triple saut</b>		<b>RC : 13m52</b>			
1	Brame Lucas	85	12m01	06-05	rfcl

<b>Perche</b>		<b>RC : 3m71</b>			
1	Leyman David	85	3m62	01-10	rfcl
2	De Wilde Julien	86	2m43	24-09	resc
3	Huybrechts Xavier	85	2m20	20-05	ws

<b>Poids (4 kg)</b>		<b>RC : 13m52</b>			
1	Leyman David	85	12m51	26-08	her
2	Browaews David	86	10m37	06-05	rfcl

<b>Disque (1 kg)</b>		<b>RC : 39m12</b>			
1	Droesbeke Sebastien	85	36m44	30-09	spvi
2	Browaews David	86	30m85	29-10	rsca
3	Leyman David	85	29m47	01-09	spvi

<b>Javelot (600 gr)</b>		<b>RC : -</b>			
1	Droesbeke Sebastien	85	42m83	10-09	vs
2	Leyman David	85	37m26	26-08	her
3	Browaews David	86	35m22	24-09	resc

<b>Marteau (4 kg)</b>		<b>RC : 40m44</b>			
1	Browaews David	86	22m11	06-05	rfcl

<b>Octathlon</b>		<b>RC : 4139 p</b>			
1	Leyman David	85	4312 p	26-08	her

<b>4 x 100 m</b>		<b>RC : 45.63</b>			
Browaews, Droesbeke, Brame, Leyman		48.88		06-05	rfcl

### SCOLAIRES HOMMES

<b>100 m</b>		<b>RC : 11.08</b>			
1	Broothaerts Damien	83	11.14	24-09	resc
2	Vervloet Gregory	83	11.75	24-09	resc
3	Curatolo Nicolas	83	12.14	24-09	resc
4	Xhonneux Frederic	83	12.16	03-06	moha
5	Ba Gabriel	84	12.26	24-09	resc
6	Harram Soufian	84	12.74	24-09	resc
7	Jguirim Karim	84	12.83	24-09	resc

<b>200 m</b>		<b>RC : 22.02</b>			
1	Broothaerts Damien	83	22.75	27-05	spa
2	Smeyers Julien	83	23.55	16-07	smac
3	Vervloet Gregory	83	23.88	23-07	vita
4	Wachrine Mehdi	84	24.94	29-04	cabw
5	Curatolo Nicolas	83	25.06	06-05	rfcl

<b>400 m</b>		<b>RC : 49.92</b>			
1	Xhonneux Frederic	83	52.44	01-09	spvi
2	Vervloet Gregory	83	52.95	20-05	ws



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3	Van Keerberghen Mikael	84	57.06	06-05	rfcl
4	El Haddad Jbilou	84	58.64	20-05	ws
5	Harram Soufian	84	73.88	24-09	resc

800 m		RC : 1.55.41			
1	El Haddad Jbilou	84	2.16.26	06-05	rfcl

1500 m		RC : 4.00.9			
1	Xhonneux Frederic	83	4.23.95	04-06	moha
2	Wachrine Mehdi	84	4.49.27	06-05	rfcl
3	Vervloet Gregory	83	5.11.78	27-08	her

110 m haies (91 cm)		RC : 14.20			
1	Broothaerts Damien	83	13.65	10-09	vs
2	Xhonneux Frederic	83	15.20	20-05	ws
3	Vervloet Gregory	83	16.40	27-08	her

400 m haies (84 cm)		RC : 58.78			
1	Vervloet Gregory	83	56.69	10-09	vs
2	Xhonneux Frederic	83	57.18	29-04	cabw

2000 m steeple (91 cm)		RC : 6.10.2			
1	Van Keerberghen Mikael	84	7.27.71	06-05	rfcl

Hauteur		RC : 2m05			
1	Xhonneux Frederic	83	1m86	04-06	moha
2	Sintichakis Nicolaos	83	1m65	06-05	rfcl
	Vervloet Gregory	83	1m65	17-07	vs

Longueur		RC : 7m59			
1	Xhonneux Frederic	83	6m50	03-06	moha
2	Curatolo Nicolas	83	6m00	06-05	rfcl
3	Vervloet Gregory	83	5m71	26-08	her

Triple saut		RC : 15m64			
1	Xhonneux Frederic	83	14m63	29-07	resc
2	Vervloet Gregory	83	12m04	06-05	rfcl

Perche		RC : 4m36			
1	Sintichakis Nicolaos	83	4m00	21-05	ws
2	Xhonneux Frederic	83	3m73	24-09	resc
3	Vervloet Gregory	83	3m03	24-09	resc

Poids (5 kg)		RC : 14m19			
1	Xhonneux Frederic	83	13m02	03-06	moha
2	Broothaerts Damien	83	11m85	06-05	rfcl
3	Vervloet Gregory	83	9m19	26-08	her

Disque (1,5 kg)		RC : 43m08			
1	Xhonneux Frederic	83	36m81	04-06	moha
2	Vervloet Gregory	83	24m03	27-08	her

Javelot (700 gr)		RC : -			
1	Xhonneux Frederic	83	48m43	27-05	spa
2	Vervloet Gregory	83	35m96	27-08	her

Enneathlon		RC : 5289 p			
1	Xhonneux Frederic	83	5828 p	04-06	moha
2	Vervloet Gregory	83	4302 p	27-08	her

4 x 100 m		RC : 43.01			
Curtolo, Vervloet, Xhonneux, Broothaerts		45.38		06-05	rfcl

### JUNIORS HOMMES

100 m		RC : 10.71			
1	Schepens Cedric	82	11.12	26-08	vs
2	Moral Miguel	81	11.50	19-08	spvi
5	Malherbe Didier	82	12.74	16-04	dcla

200 m		RC : 21.0			
1	Schepens Cedric	82	22.20	02-09	rfcl
2	Moral Miguel	81	22.78	19-08	spvi

800 m		RC : 1.52.66			
1	Levacq Corentin	81	1.55.30	14-05	hev

1500 m		RC : 3.48.9			
1	Bentheim Ronald	81	4.12.05	05-09	smac

110 m haies (106 cm)		RC : 14.44			
1	Broothaerts Damien	83	14.51	20-08	cabw

Poids (6 kg)		RC : 15m27			
1	Hallems Yannick	81	12m70	29-04	cabw
2	Malherbe Didier	82	8m41	29-04	cabw

Disque (1,75 kg)		RC : 43m08			
1	Hallems Yannick	81	41m36	14-10	ws

Javelot (800 gr)		RC : 32m67			
1	Malherbe Didier	82	36m40	29-04	cabw

### SENIORS HOMMES

100 m		RC : 10.02			
1	Reets Andrew	68	10.47	12-06	rfcl
2	Sekanyambo Olivier	71	10.59	16-07	smac
3	Kabuya Serge	77	10.69	29-07	resc
4	Schoonjans Patrick	77	11.19	31-05	wrc
5	Guellet Yassin	74	11.32	25-04	vita
6	Strypstein Olivier	75	11.34	12-06	rfcl
7	Xhonneux Marc	80	12.19	31-05	wrc

200 m		RC : 20.66			
1	Reets Andrew	68	21.65	12-06	rfcl
2	Sekanyambo Olivier	71	21.84	14-05	hev
3	Kabuya Serge	77	22.29	16-07	smac
4	Strypstein Olivier	75	22.57	12-06	rfcl
5	Xhonneux Marc	80	24.55	09-07	dac

300 m		RC : 34.01			
1	Mandour El Idrissi Abdou	73	35.54	06-06	spvi

400 m		RC : 46.47			
1	Strypstein Olivier	75	48.58	29-07	resc
2	Mandour El Idrissi Abdou	73	49.05	21-05	ws
2	Schroeven Bruno	80	54.60	21-05	ws

800 m		RC : 1.48.3			
1	Cordier Nicolas	80	2.04.71	21-05	ws
2	Larcon Damien	?	2.17.57	14-10	ws

1500 m		RC : 3.36.96			
1	Ouamari Aabid	77	3.43.86	19-07	rcg
2	Cowlshaw David	67	3.50.94	12-08	vita
3	Vanneste Benny	75	3.58.21	20-08	cabw
4	Hasselmans Jean Luc	59	4.33.1	16-04	rsca
5	Demol Guy	53	4.49.9	16-04	rsca

3000 m		RC : 7.47.22			
1	Ouamari Aabid	77	8.01.01	20-08	cabw

5000 m		RC : 13.22.81			
1	Ouamari Aabid	77	14.15.65	23-06	and
2	Vanderstraeten Marc	69	14.51.5	14-05	hev
3	Demol Guy	53	16.09.0	05-05	rcas

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1 heure		RC : 19m500			
1	Demol Guy	53	17m309	16-04	rsca
2	Hasselmanns Jean Luc	59	16m343	16-04	rsca
3	Van Der Perren Marc	65	14m959	16-04	rsca
110 m haies (106 cm)		RC : 13.48			
1	Van de Velde Frank	79	14.64	20-08	cabw
400 m haies (91 cm)		RC : 48.91			
1	Asselman Frank	72	52.6	14-05	hev
2	Xhonneux Marc	80	62.49	29-04	cabw
3000 m steeple (91 cm)		RC : 8.24.90			
1	Metian Marc	79	10.13.5	14-05	hev
Hauteur		RC : 2m21			
1	Van de Velde Frank	79	1m90	14-05	hev
Longueur		RC : 7m94			
1	Van Lancker Rudi	71	7m05	12-08	vita
2	Guellet Yassin	74	6m96	25-04	vita
3	Schoonjans Patrick	71	6m35	01-05	vs
4	Xhonneux Marc	80	5m73	30-04	cabw
Triple saut		RC : 16m86			
1	Cincinatis Yves	59	13m73	16-07	smac
2	Xhonneux Marc	80	12m37	29-04	cabw
Perche		RC : 5m25			
1	Biot Olivier	72	4m60	14-05	hev
Poids (7,26 kg)		RC : 15m08			
1	Hocq Fabrice	72	13m94	14-05	hev
2	Van Schoor Robert	46	12m80	26-08	rcsc
3	Hallemanns Yannick	81	11m57	16-09	dac
4	Van de Velde Frank	79	9m37	29-04	cabw
5	Sustelo Antonio	58	7m76	16-09	dac
Disque (2 kg)		RC : 51m56			
1	Van Schoor Robert	46	47m04	26-08	rcsc
2	Hallemanns Yannick	81	34m65	26-08	rcsc
3	Sustelo Antonio	58	21m79	16-09	dac
Javelot (800 gr)		RC : 58m15			
1	Metens Armand	67	38m07	14-05	hev
2	Sustelo Antonio	58	24m27	16-09	dac
Marteau (7,26 kg)		RC : 61m66			
1	Metens Armand	67	55m58	14-05	hev
4 x 100 m		RC : 40.69			
Reets, Kabuya, Broothaerts, Sekanyambo		41.28		17-09	smac
4 x 200 m		RC : 1.25.09			
Kabuya, Schepens, Strypstein, Sekanyambo		1.27.45		17-09	smac
4 x 400 m		RC : 3.10.2			
Schroeve, Mandour, Asselman, Strypstein		3.21.9		14-05	hev
4 x 800 m		RC : 7.38.0			
Cowlshaw, Ouamari, Levacq, Schroeven		7.41.62		17-09	smac