

## OUTDOOR 1996

### BENJAMINES FILLES

60 m		RC : 9.2			
1	Huybrechts Isabelle	87	9.82	27/10	rsc
2	De Buyl Myriam	87	10.47	20/10	resc
3	De Buyl Salima	88	10.53	20/10	resc
4	De Meyer Laurence	88	10.64	27/09	resc
5	Verhoeven Aurelie	88	10.98	20/10	resc
6	Graftiaux Chloe	87	11.04	17/08	resc
7	Sonon Aurore	88	11.34	27/09	resc
8	De Cree Ella	88	11.64	17/08	resc
9	Van De Zande Florence	87	11.93	27/05	rsc
10	Carola Anais	88	12.10	20/10	resc
11	Vandenheede Charlotte	88	12.44	27/04	ws

1000 m		RC : 4.05.1			
1	Huybrechts Isabelle	87	<b>3.54.29</b>	06/10	resc
2	Graftiaux Chloe	87	3.58.97	15/09	rsc
3	De Buyl Salima	88	4.13.63	20/10	resc
4	Bodart Marie	87	4.18.63	06/10	resc
5	De Buyl Myriam	87	4.29.75	06/10	resc
6	Verhoeven Aurelie	88	4.34.76	06/10	resc
7	Carola Anais	88	5.14.72	20/10	resc

Hauteur		RC : 1m17			
1	Huybrechts Isabelle	87	1m10	21/06	resc
2	Graftiaux Chloe	87	1m05	15/09	rsc
3	Bodart Marie	87	1m00	15/09	rsc
4	Van De Zande Florence	87	0m80	13/09	resc

Longueur		RC : 3m56			
1	Huybrechts Isabelle	87	<b>3m57</b>	26/10	rcb
2	Graftiaux Chloe	87	2m81	25/05	resc
3	De Meyer Laurence	88	2m76	27/09	resc
4	Verhoeven Aurelie	88	2m60	06/10	resc
5	Sonon Aurore	88	2m54	27/09	resc
6	Bodart Marie	87	2m41	06/10	resc
7	Van De Zande Florence	87	2m31	27/05	rsc
8	De Cree Ella	88	2m27	27/09	resc
9	Vandenheede Charlotte	88	2m24	27/05	rsc
10	Carola Anais	88	2m08	27/09	resc

Poids (1 kg)		RC : 8m10			
1	Huybrechts Isabelle	87	<b>8m46</b>	25/08	rsc
2	Van De Zande Florence	87	6m30	27/05	rsc
3	Graftiaux Chloe	87	4m71	20/04	resc
4	De Meyer Laurence	88	4m31	31/08	rcas
5	De Cree Ella	88	4m12	03/05	resc
6	Vandenheede Charlotte	88	3m98	27/04	ws
7	Bodart Marie	87	3m54	15/09	rsc

Balle de hockey		RC : 28m96			
1	Huybrechts Isabelle	87	24m72	28/09	csf
2	Carola Anais	88	17m84	25/05	resc
3	Van De Zande Florence	87	15m30	13/09	resc
4	Graftiaux Chloe	87	13m64	08/06	resc
5	Verhoeven Aurelie	88	13m04	13/09	resc
6	De Meyer Laurence	88	12m78	13/09	resc
7	Vandenheede Charlotte	88	9m84	25/05	resc
8	Bodart Marie	87	9m44	21/06	resc
9	De Cree Ella	88	7m66	17/08	resc

Triathlon		RC : -			
1	Huybrechts Isabelle	87	921 p	31/08	rcas
2	De Meyer Laurence	88	503 p	31/08	rcas
3	Van De Zande Florence	87	436 p	27/05	rsc
4	Graftiaux Chloe	87	272 p	25/05	resc
5	Carola Anais	88	150 p	25/05	resc
6	Vandenheede Charlotte	88	69 p	25/05	resc

4 x 60 m		RC : 41.1			
De Cree, Graftiaux, De Meyer, Huybrechts		42.41		15/09	rsc

### PUPILLES FILLES

60 m		RC : 8.5			
1	Brion Sophie	85	9.44	30/06	rsc
2	Marnef Aline	85	9.54	08/06	resc
3	Degives Emily	85	9.63	30/06	rsc
4	Hallems Julie	85	10.12	17/04	lebb
5	Vervloet Virginie	85	10.23	15/09	rsc
6	Gilson Anais	86	10.63	07/09	vs

7	Bertrand Aude	86	11.44	25/05	resc
8	Laghar Saida	85	12.10	20/10	resc

1000 m		RC : 3.36.89			
1	Brion Sophie	85	3.50.80	16/05	dac
2	Gilson Anais	86	3.56.38	20/10	resc
3	Degives Emily	85	4.05.68	06/10	resc
4	Marnef Aline	85	4.07.40	16/05	dac
5	Bertrand Aude	86	4.08.90	06/10	resc
6	Hallems Julie	85	4.27.70	17/08	resc
7	Laghar Saida	85	5.22.73	06/10	resc

60 m haies (76 cm)		RC : 10.8			
1	Marnef Aline	85	12.47	06/10	resc
2	Brion Sophie	85	13.04	16/06	mac
3	Degives Emily	85	13.96	06/10	resc
4	Gilson Anais	86	14.42	15/09	rsc
5	De Soete Marie Celine	85	15.52	06/10	resc

Hauteur		RC : 1m33			
1	Marnef Aline	85	1m30	21/09	dacm
2	Hallems Julie	85	1m24	01/09	rsc
3	Brion Sophie	85	1m15	05/04	resc
4	Gilson Anais	86	0m95	05/04	resc
5	Laghar Saida	85	0m80	05/04	resc

Longueur		RC : 4m48			
1	Marnef Aline	85	3m95	17/08	resc
2	Brion Sophie	85	3m80	17/08	resc
3	Degives Emily	85	3m54	17/08	resc
4	Hallems Julie	85	3m47	18/08	csf
5	Gilson Anais	86	3m24	18/08	csf
6	Vervloet Virginie	85	2m98	27/05	rsc
7	Bertrand Aude	86	2m64	25/05	resc
8	Laghar Saida	85	2m40	13/09	resc

Poids (2 kg)		RC : 8m27			
1	Hallems Julie	85	7m92	06/10	resc
2	Marnef Aline	85	7m11	27/05	rsc
3	Laghar Saida	85	6m61	15/09	rsc
4	Degives Emily	85	5m88	06/10	resc
5	Brion Sophie	85	5m63	27/05	rsc
6	De Soete Marie Celine	85	5m42	06/10	resc
7	Vervloet Virginie	85	4m68	15/09	rsc
8	Gilson Anais	86	4m42	25/08	rsc
9	Bertrand Aude	86	4m38	06/10	resc

Balle de hockey		RC : 33m26			
1	Hallems Julie	85	<b>33m74</b>	15/09	rsc
2	Marnef Aline	85	27m00	15/09	rsc
3	Brion Sophie	85	24m10	27/04	ws
4	Laghar Saida	85	19m24	26/10	rcb
5	Gilson Anais	86	15m24	18/08	csf
6	Degives Emily	85	11m76	08/06	resc
7	Vervloet Virginie	85	11m14	21/06	resc

Triathlon		RC : -			
1	Marnef Aline	85	1085 p	27/05	rsc
2	Hallems Julie	85	1068 p	15/06	spvi
3	Brion Sophie	85	937 p	27/05	rsc
4	Degives Emily	85	913 p	31/08	rcas
5	Vervloet Virginie	85	640 p	27/05	rsc
6	Gilson Anais	86	503 p	18/08	csf
7	Laghar Saida	85	208 p	04/05	mac

4 x 60 m		RC : 35.0			
Hallems, Degives, Brion, Marnef		37.40		15/09	rsc

### MINIMES FILLES

80 m		RC : 10.4			
1	Kompany Christel	84	11.64	15/06	ws
	Pauly Benedicte	83	11.64	25/05	resc
3	Kill Françoise	83	11.74	25/05	resc
4	Gouverneur Julie	84	12.04	25/05	resc
5	Brabant Aurelie	83	12.13	28/09	csf
6	Gilson Adeline	84	12.30	07/09	vs
7	Ruyssinck Kelly	83	12.54	25/05	resc
8	Denis Sarah	83	13.44	08/06	resc

150 m		RC : 20.2			
1	Kompany Christel	84	20.94	27/10	rsc
2	Pauly Benedicte	83	21.52	20/10	resc

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3	Kill Françoise	83	21.74	20/10	resc
4	Gilson Adeline	84	21.94	27/10	rsca
5	Ruyssinck Kelly	83	23.19	20/10	resc
6	Gouverneur Julie	84	23.54	27/04	ws
7	El Boubssi Maryan	84	23.74	27/09	resc
8	Meeus Valerie	84	24.91	15/09	rsca

### 1000 m RC : 3.33.3

1	Pauly Benedicte	83	<b>3.25.05</b>	15/09	rsca
2	Meeus Valerie	84	3.28.13	06/10	resc
3	El Boubssi Maryan	84	3.38.09	15/06	resc
4	Ruyssinck Kelly	83	3.38.48	06/10	resc
5	Kompany Christel	84	3.42.20	06/10	resc
6	Kill Françoise	83	3.43.79	06/10	resc
7	Brabant Aurelie	83	4.13.48	06/10	resc
8	Gilson Adeline	84	4.23.70	11/10	rcas

### 60 m haies (76 cm) RC : 10.05

1	Kompany Christel	84	11.16	26/10	rcb
2	Kill Françoise	83	11.26	26/10	rcb
3	Pauly Benedicte	83	11.48	06/10	resc
4	Gilson Adeline	84	11.76	06/10	resc
5	Brabant Aurelie	83	11.84	27/09	resc
6	Gouverneur Julie	84	12.36	06/10	resc
7	Meeus Valerie	84	13.12	06/10	resc
8	Ruyssinck Kelly	83	14.14	25/05	resc

### Hauteur RC : 1m57

1	Kompany Christel	84	1m37	01/09	rcas
2	Pauly Benedicte	83	1m29	15/09	rsca
3	Kill Françoise	83	1m25	01/09	rcas
4	Ruyssinck Kelly	83	1m12	04/05	mac
5	El Boubssi Maryan	84	1m11	15/09	rsca
6	Gilson Adeline	84	1m10	05/04	resc
7	Meeus Valerie	84	1m05	05/04	resc
8	Booghmans Sarah	84	1m00	05/04	resc

### Longueur RC : 4m90

1	Kompany Christel	84	4m45	26/06	csf
2	Pauly Benedicte	83	4m27	08/06	resc
3	Gilson Adeline	84	4m18	15/09	rsca
4	Kill Françoise	83	4m16	13/09	resc
5	Brabant Aurelie	83	3m77	2/09	csf
6	Ruyssinck Kelly	83	3m65	27/05	rsca
7	Meeus Valerie	84	3m54	20/04	resc
8	El Boubssi Maryan	84	3m50	16/06	mac
9	Denis Sarah	83	3m24	08/06	resc

### Poids (2 kg) RC : 10m38

1	Kompany Christel	84	<b>10m42</b>	15/09	rsca
2	Pauly Benedicte	83	9m92	06/10	resc
3	Ruyssinck Kelly	83	9m24	06/10	resc
4	Kill Françoise	83	8m61	06/10	resc
5	El Boubssi Maryan	84	7m64	17/08	resc
6	Meeus Valerie	84	7m01	13/09	resc
7	Gilson Adeline	84	6m93	06/10	resc
8	Gouverneur Julie	84	6m67	25/05	resc
9	Brabant Aurelie	83	6m63	13/09	resc
10	Booghmans Sarah	84	4m72	05/04	resc

### Disque (600 gr) RC : 29m24

1	Kill Françoise	83	31m80	15/09	rsca
2	Kompany Christel	84	26m86	21/06	resc
3	El Boubssi Maryan	84	19m26	16/06	mac
4	Ruyssinck Kelly	83	17m74	03/05	resc
5	Meeus Valerie	84	17m40	15/09	rsca
6	Pauly Benedicte	83	16m90	21/06	resc
7	Gilson Adeline	84	16m60	27/10	rsca
8	Gouverneur Julie	84	14m80	03/05	resc
9	Booghmans Sarah	84	12m30	03/05	resc

### Javelot (400 gr) RC : 28m02

1	Pauly Benedicte	83	19m76	03/05	resc
2	Ruyssinck Kelly	83	19m36	26/06	csf
3	Kill Françoise	83	17m94	27/05	rsca
4	Kompany Christel	84	17m70	21/06	resc
5	Gouverneur Julie	84	14m88	03/05	resc
6	Meeus Valerie	84	13m40	03/05	resc
7	Booghmans Sarah	84	11m62	03/05	resc
8	El Boubssi Maryan	84	10m36	03/05	resc
9	Gilson Adeline	84	10m24	18/08	csf

### Tetralon RC : -

1	Kompany Christel	84	2054 p	01/09	rcas
2	Kill Françoise	83	1813 p	27/10	rsca
3	Ruyssinck Kelly	83	1359 p	27/05	rsca
4	Gilson Adeline	84	1335 p	27/10	rsca
5	El Boubssi Maryan	84	1119 p	17/08	resc

### 4 x 80 m RC : 42.87

Ruyssinck, Pauly, Kill, Kompany	45.56	20/10	resc
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## CADETTES FILLES

### 100 m RC : 12.64

1	Keita Aissa	81	12.83	31/08	cabw
2	Leplat Severine	81	12.86	31/08	cabw
3	Leplat Anabelle	81	13.13	25/05	damp
4	Gilson Aurore	81	13.47	03/08	cabw
5	Vandenbrande Nathalie	81	13.58	26/04	resc
6	La Rou Cecile	82	13.76	18/05	csf
7	Giuliani Alexandra	82	13.84	18/08	csf
8	Cherpion Fiona	82	14.24	18/05	csf
9	Legrand Julie	81	14.48	18/05	csf
10	De Cock Aline	82	14.61	18/05	csf
11	Revael Cindy	81	15.08	14/09	rfcl

### 200 m RC : 26.40

1	Leplat Anabelle	81	<b>26.14</b>	14/09	rfcl
2	Leplat Severine	81	26.63	14/07	vita
3	Keita Aissa	81	27.02	07/09	dcla
4	Gilson Aurore	81	27.43	06/10	resc
5	La Rou Cecile	82	28.00	06/10	resc
6	Giuliani Alexandra	82	28.62	01/09	csf
7	De Cock Aline	82	29.47	06/10	resc

### 300 m RC : 42.84

1	Leplat Severine	81	<b>42.65</b>	01/05	rsca
2	Leplat Anabelle	81	44.16	01/05	rsca
3	La Rou Cecile	82	44.68	01/05	rsca
4	Gilson Aurore	81	44.62	15/05	csf
5	Keita Aissa	81	45.05	01/05	rsca
6	Giuliani Alexandra	82	48.58	01/05	rsca

### 400 m RC : 58.9

1	Leplat Severine	81	<b>57.61</b>	08/09	dcla
2	Gilson Aurore	81	64.45	18/05	csf
3	La Rou Cecile	82	64.92	06/09	resc
4	Leplat Anabelle	81	64.94	18/05	csf
5	Keita Aissa	81	67.53	16/06	ws
6	Boutaourout Karima	81	70.43	31/08	cabw

### 800 m RC : 2.22.8

1	Leplat Severine	81	2.32.36	14/09	rfcl
2	Dewitte Caroline	82	2.39.71	28/08	resc
3	Boutaourout Karima	81	2.47.00	28/08	resc

### 1000 m RC : 3.12.94

1	Dewitte Caroline	82	3.26.42	20/10	resc
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### 1500 m RC : 5.02.54

1	Dewitte Caroline	82	5.32.41	06/09	resc
2	Boutaourout Karima	81	5.33.68	06/09	resc
3	Booghmans Katarina	81	6.22.77	11/05	cabw

### 80 m haies (76 cm) RC : 11.95

1	Leplat Anabelle	81	12.44	14/09	rfcl
2	Vandenbrande Nathalie	81	13.47	18/09	resc
3	De Cock Aline	82	13.82	18/09	resc
4	Giuliani Alexandra	82	13.85	18/09	resc

### 300 m haies (76 cm) RC : 45.51

1	Leplat Severine	81	48.21	06/10	resc
2	La Rou Cecile	82	50.56	19/05	csf
3	Giuliani Alexandra	82	53.42	19/05	csf
4	Leplat Anabelle	81	53.67	06/10	resc
5	Legrand Julie	81	53.91	19/05	csf
6	Cherpion Fiona	82	54.00	19/05	csf

### Hauteur RC : 1m68

1	Vandenbrande Nathalie	81	1m50	15/05	vita
2	De Cock Aline	82	1m30	11/05	cabw
	Giuliani Alexandra	82	1m30	14/09	rfcl

### Longueur RC : 5m74

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1	Leplat Severine	81	4m84	14/09	rfcl
2	Vandenbrande Nathalie	81	4m83	06/10	resc
3	Keita Aissa	81	4m76	18/08	ea
4	Giuliani Alexandra	82	4m59	18/05	csf
5	De Cock Aline	82	4m57	21/06	resc
6	Leplat Anabelle	81	4m39	06/10	resc
7	Cherpion Fiona	82	4m31	18/05	csf
8	Legrand Julie	81	4m29	18/05	csf

Triple saut		RC : 10m07			
1	Vandenbrande Nathalie	81	<b>10m84</b>	20/10	resc
2	La Rou Cecile	82	9m60	14/09	rfcl
3	De Cock Aline	82	9m59	20/10	resc
4	Giuliani Alexandra	82	9m03	28/08	resc

Poids (3 kg)		RC : 11m74			
1	Vandenbrande Nathalie	81	10m98	26/06	csf
2	Revael Cindy	81	6m39	28/09	csf

Disque (1 kg)		RC : 37m60			
1	Vandenbrande Nathalie	81	36m48	28/09	csf

Javelot (500 gr)		RC : 35m00			
1	De Cock Aline	82	21m80	14/09	rfcl
2	Revael Cindy	81	16m94	06/09	resc

Marteau (3 kg)		RC : 26m14			
1	Vandenbrande Nathalie	81	<b>32m60</b>	20/10	resc

4 x 100 m		RC : 50.59			
Gilson, Leplat A, Leplat S, Vandenbrande		50.90	22/09	cabw	

**SCOLAIRES FEMMES**

100 m		RC : 12.41			
1	Bonvin Draps Nathalie	80	12.96	17/08	vs
2	Guillet Laurence	80	13.43	18/05	csf
3	Sacre Laetitia	80	13.63	28/09	csf
4	Platteau Gwenaelle	80	14.29	18/05	csf
5	Van Zeebroeck Griet	80	14.34	26/04	resc
6	Reynaerts Stephanie	80	15.47	26/04	resc

200 m		RC : 25.1			
1	Bonvin Draps Nathalie	80	27.08	01/09	csf
2	Sacre Laetitia	80	28.13	14/09	rfcl
3	Guillet Laurence	80	28.36	27/06	vita
4	Fonteyn Astrid	79	29.18	26/06	dcla
5	Platteau Gwenaelle	80	30.04	19/05	csf

300 m		RC : 41.29			
1	Bonvin Draps Nathalie	80	44.38	01/05	rsca
2	Guillet Laurence	80	46.92	15/05	csf

400 m		RC : 57.2			
1	Delbecque Laure	80	63.82	18/05	csf
2	Platteau Gwenaelle	80	68.54	14/09	rfcl
3	Bonvin Draps Nathalie	80	69.54	21/07	dac

800 m		RC : 2.15.6			
1	Cawet Daphne	80	2.23.35	17/08	cabw
2	Delbecque Laure	80	2.27.66	06/10	resc
3	Dewitte Valerie	80	2.35.36	14/09	rfcl

1000 m		RC : 3.13.00			
1	Delbecque Laure	80	<b>3.10.60</b>	20/10	resc
2	Cawet Daphne	80	3.12.59	26/04	resc

1500 m		RC : 4.54.3			
1	Cawet Daphne	80	5.04.77	03/08	vita
2	Dewitte Valerie	80	5.36.56	25/08	rsca

3000 m		RC : 10.48.1			
1	Delbecque Laure	80	12.19.62	14/09	rfcl
2	Dewitte Valerie	80	13.09.65	28/08	resc

100 m haies (76 cm)		RC : 13.92			
1	Guillet Laurence	80	15.31	11/05	cabw

300 m haies (76 cm)		RC : 43.97			
1	Van Zeebroeck Griet	80	50.07	11/05	cabw
2	Fonteyn Astrid	79	53.63	14/09	rfcl

Hauteur		RC : 1m68			
1	Van Zeebroeck Griet	80	1m40	11/05	cabw
2	Delbecque Laure	80	1m35	14/09	rfcl

Longueur		RC : 6m08			
1	Bonvin Draps Nathalie	80	5m07	18/08	ea
2	Van Zeebroeck Griet	80	4m98	21/06	resc
3	Guillet Laurence	80	4m61	11/05	cabw

Triple saut		RC : 10m84			
1	Fonteyn Astrid	79	9m79	14/09	rfcl

Perche		RC : 3m26			
1	Van Zeebroeck Griet	80	<b>3m36</b>	26/06	dcla
2	Fonteyn Astrid	79	3m00	07/07	csf

Poids (3 kg)		RC : 11m95			
1	Reynaerts Stephanie	80	<b>12m20</b>	26/04	resc

Poids (4 kg)		RC : 10m30			
1	Reynaerts Stephanie	80	9m98	07/07	csf

Disque (1 kg)		RC : 38m44			
1	Van Remoortel Anouchka	80	22m54	11/05	cabw
2	Reynaerts Stephanie	80	21m34	26/06	csf

Javelot (600 gr)		RC : 37m36			
1	Reynaerts Stephanie	80	32m76	11/05	cabw

Marteau (3 kg)		RC : 42m60			
1	Van Remoortel Anouchka	80	21m56	25/05	damp

4 x 100 m		RC : 49.65			
Van Zeebroeck, Sacre, Bonvin Draps, Guillet		52.29	11/05	cabw	

4 x 800 m		RC : 10.17.08			
Fonteyn, Delbecque, Dewitte, Cawet		10.31.03	22/09	cabw	

**JUNIORS FEMMES**

100 m		RC : 12.11			
1	Adam Benedicte	78	12.78	29/06	dac
2	La Rou Jennifer	78	13.32	18/05	csf
3	Nkumu Bakuba Nancy	77	13.54	18/05	csf

200 m		RC : 24.65			
1	Adam Benedicte	78	25.89	18/09	resc
2	Nkumu Bakuba Nancy	77	26.61	19/05	csf
3	Mangold Nadia	78	30.73	18/09	resc

300 m		RC : 41.29			
1	Adam Benedicte	78	41.42	15/05	csf
2	La Rou Jennifer	78	42.44	01/05	rsca

400 m		RC : 57.2			
1	Adam Benedicte	78	58.48	18/05	csf
2	La Rou Jennifer	78	60.76	18/05	csf

400 m haies (76 cm)		RC : 65.29			
1	La Rou Jennifer	78	67.58	26/04	resc
2	Mangold Nadia	78	73.50	19/05	csf

5000 m marche		RC : -			
1	Delbecque Maud	77	36.30.1	15/05	csf

Triple saut		RC : 10m84			
1	Delbecque Maud	77	10m11	14/04	burcht

Poids (4 kg)		RC : 13m12			
1	Vandenbroeck Elke	78	7m54	07/05	olse

Javelot (600 gr)		RC : 41m94			
1	Adam Benedicte	78	34m24	01/05	rsca

4 x 100 m		RC : 48.00			
Nkumu Bakuba, Adam, La Rou, Bonvin Draps		50.23	22/09	cabw	

**SENIORS FEMMES**

## OUTDOOR 1996

Hauteur		RC : 1m95			
1	Jonckheere Natalja	70	1m86	15/06	ws
Longueur		RC : 6m28			
1	Carpentier Nathalie	71	5m05	08/06	spvi
Triple saut		RC : 12m66			
1	Van Collie Heidi	69	11m88		
Poids (4 kg)		RC : 13m12			
1	De Buyst Nadia	73	8m85	18/05	csf
Disque (1 kg)		RC : 46m94			
1	De Buyst Nadia	73	31m10	28/09	acme
Javelot (600 gr)		RC : 49m48			
1	De Buyst Nadia	73	25m60	06/09	resc
Marteau (4 kg)		RC : 40m46			
1	De Buyst Nadia	73	29m90	20/10	resc
4 x 100 m		RC : 1.40.73			
	Nkumu, Bonvin Draps, La Rou, Adam		1.45.59	22/09	cabw

### BENJAMINS GARCONS

60 m		RC : 9.20			
1	Sonon Lionel	87	9.54	27/09	resc
2	Guarneri Renato	87	10.34	13/07	grim
	Van Nieuwenburgh Vincent	87	10.34	27/09	resc
	Wouters Maxime	87	10.34	13/07	grim
5	Van De Weerde Sebastien	87	10.49	20/10	resc
6	Gerard Benjamin	88	10.61	20/10	resc
7	Kompany François	89	10.77	27/10	rsca
8	Gerard Jeremy	87	11.04	27/09	resc
	Leyman Jeremy	87	11.04	27/09	resc
10	Bienfait Julien	87	11.14	17/08	resc
11	Gouverneur Yannick	88	11.34	25/05	resc
12	Leclercq Damien	87	11.44	27/09	resc
13	Pauly Cedric	89	11.74	25/05	resc
1000 m		RC : 3.32.4			
1	Wouters Maxime	87	3.43.56	15/09	rsca
2	Fromont David	87	3.52.55	06/10	resc
3	Van De Weerde Sebastien	87	4.06.55	28/09	csf
4	Leyman Jeremy	87	4.16.21	06/10	resc
5	Guarneri Renato	87	4.17.24	06/10	resc
6	Bienfait Julien	87	4.20.05	20/10	resc
7	Pauly Cedric	89	4.23.45	06/10	resc
8	Gerard Jeremy	87	4.31.10	20/10	resc
9	Gerard Benjamin	88	4.32.19	20/10	resc
10	Kompany François	89	4.40.00	15/06	ws
11	Lepage Alexandre	88	4.45.86	06/10	resc
12	Heymans Arnaud	88	4.49.50	20/10	resc
13	Leclercq Damien	87	5.00.20	08/06	resc

Hauteur		RC : 1m23			
1	Wouters Maxime	87	1m05	13/09	resc
2	Gerard Jeremy	87	1m00	13/09	resc
	Van De Weerde Sebastien	87	1m00	28/09	csf
4	Foucart Adrien	88	0m95	13/09	resc
	Gouverneur Yannick	88	0m95	15/09	rsca
	Guarneri Renato	87	0m95	03/05	resc
7	Leyman Jeremy	87	0m90	03/05	resc
8	Leclercq Damien	87	0m85	03/05	resc
9	Bienfait Julien	87	0m83	25/05	resc
10	Gerard Benjamin	88	0m80	25/05	resc

Longueur		RC : 3m80			
1	Guarneri Renato	87	3m37	28/09	csf
2	Van De Weerde Sebastien	87	3m20	05/04	resc
3	Van Nieuwenburgh Vincent	87	3m17	21/06	resc
4	Foucart Adrien	88	2m98	05/04	resc
	Gerard Benjamin	88	2m98	01/09	rcas
6	Leyman Jeremy	87	2m97	03/05	resc
7	Gerard Jeremy	87	2m90	01/09	rcas
8	Kompany François	89	2m85	21/06	resc
9	Gouverneur Yannick	88	2m80	08/04	rsca
10	Bienfait Julien	87	2m76	21/06	resc
11	Fromont David	87	2m69	06/10	resc
12	Leclercq Damien	87	2m57	21/06	resc
13	Pauly Cedric	89	2m30	06/10	resc

14	Heymans Arnaud	88	1m99	06/10	resc
15	Amary Samir	88	1m48	03/05	resc

Poids (1 kg)		RC : 9m90			
1	Guarneri Renato	87	10m42	21/06	resc
2	Gerard Jeremy	87	9m62	01/09	rcas
3	Van De Weerde Sebastien	87	7m71	25/05	resc
4	Gerard Benjamin	88	7m16	01/09	rcas
5	Wouters Maxime	87	6m20	25/05	resc
6	Gouverneur Yannick	88	5m90	25/05	resc
7	Leyman Jeremy	87	5m55	25/05	resc
8	Kompany François	89	4m81	21/06	resc
9	Bienfait Julien	87	4m63	25/05	resc
10	Leclercq Damien	87	4m17	21/06	resc
11	Pauly Cedric	89	4m13	25/05	resc

Balle de hockey		RC : 36m22			
1	Guarneri Renato	87	33m18	28/09	csf
2	Gerard Jeremy	87	24m72	08/06	resc
3	Pauly Cedric	89	22m68	05/04	resc
4	Foucart Adrien	88	22m14	05/04	resc
5	Van De Weerde Sebastien	87	21m98	05/04	resc
6	Leyman Jeremy	87	21m88	04/05	mac
7	Wouters Maxime	87	21m00	13/09	resc
8	Gerard Jeremy	87	18m62	13/09	resc
9	Gerard Benjamin	88	18m46	08/06	resc
10	Kompany François	89	18m34	27/10	rsca
11	Bienfait Julien	87	15m30	08/06	resc
12	Leclercq Damien	87	15m02	13/09	resc
13	De Ro Gilles	87	14m48	13/09	resc

Triathlon		RC : -			
1	Guarneri Renato	87	1022 p	20/07	mac
2	Gerard Jeremy	87	795 p	01/09	rcas
3	Van De Weerde Sebastien	87	736 p	25/05	resc
4	Wouters Maxime	87	734 p	25/05	resc
5	Gerard Benjamin	88	675 p	01/09	rcas
6	Leyman Jeremy	87	606 p	04/05	mac
7	Gouverneur Yannick	88	579 p	25/05	resc
8	Bienfait Julien	87	402 p	25/05	resc
9	Leclercq Damien	87	311 p	25/05	resc
10	Pauly Cedric	89	284 p	25/05	resc

4 x 60 m		RC : 37.73			
	Bienfait, Guarneri, Kompany, Wouters		41.61	15/09	rsca

### PUPILLES GARCONS

60 m		RC : 8.44			
1	Kompany Vincent	86	8.85	27/10	rsca
2	Coomans Werner	86	9.14	20/10	resc
3	Leyman David	85	9.34	20/10	resc
4	Haymans Thomas	85	9.67	26/10	rcb
5	Fabre Xavier	85	9.74	20/10	resc
6	Bontemps Richard	86	9.84	27/04	rfcl
	Mertens Tom	86	9.84	15/08	vs
8	Browaey David	86	9.85	26/06	csf
9	Dewitte Sebastien	85	9.94	26/06	csf
10	Droesbeke Sebastien	85	10.04	27/04	ws
11	Pauly Gauthier	86	10.14	20/10	resc
12	Huybrechts Xavier	85	10.24	15/06	ws
	Verstraeten Cedric	86	10.24	31/08	rcas
14	Miny Gaetan	86	10.34	20/04	resc
15	Auria Ludovic	86	10.44	08/06	resc
16	De Ruyver Julien	86	10.64	08/06	resc
17	Franco Marc	86	10.83	28/09	csf
18	Lepage Nicolas	86	10.94	20/10	resc
19	Deprez Jerome	86	11.44	25/05	resc
20	Vandersande Jonathan	86	11.64	25/05	resc

1000 m		RC : 3.19.7			
1	Dewitte Sebastien	85	3.19.32	26/10	rcb
2	Haymans Thomas	85	3.28.13	06/10	resc
3	Mertens Tom	86	3.33.57	15/09	rsca
4	Leyman David	85	3.35.59	06/10	resc
5	Bontemps Richard	86	3.36.11	22/08	rfcl
6	Kompany Vincent	86	3.40.56	26/06	csf
7	Fabre Xavier	85	3.45.66	20/10	resc
8	Pauly Gauthier	86	3.46.42	06/10	resc
9	Huybrechts Xavier	85	3.49.50	15/06	ws
10	Verstraeten Cedric	86	3.53.39	26/10	rcb
11	De Ruyver Julien	86	3.58.30	06/10	resc
12	Franco Marc	86	3.03.00	13/07	grim

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13	Miny Gaetan	86	4.05.30	17/08	resc
14	El Jaouani Anouar	85	4.06.62	20/10	resc
15	Droesbeke Sebastien	85	4.09.90	17/08	resc
16	Browaey David	86	4.23.58	20/10	resc
17	Lepage Nicolas	86	4.24.20	16/06	mac

<b>60 m haies (76 cm)</b>		<b>RC : 10.0</b>			
1	Haymans Thomas	85	12.14	16/06	mac
2	Leyman David	85	12.47	15/09	rsca
3	Huybrechts Xavier	85	12.78	26/10	rcb
4	Dewitte Sebastien	85	12.84	27/09	resc
5	Coomans Werner	86	13.44	16/06	mac
6	Miny Gaetan	86	13.80	04/05	mac
7	De Ruyver Julien	86	13.84	27/09	resc
8	Fabre Xavier	85	14.34	27/09	resc
9	Pauly Gauthier	86	14.57	06/10	resc
10	Browaey David	86	14.64	27/09	resc
11	Mertens Tom	86	14.84	27/09	resc
12	Dalli Faki	85	15.04	06/10	resc
13	Vandersande Jonathan	86	15.84	25/05	resc
14	Franco Marc	86	16.94	20/07	mac
15	Stas Bruno	86	17.44	27/09	resc

<b>Hauteur</b>		<b>RC : 1m48</b>			
1	Haymans Thomas	85	1m29	08/06	resc
2	Fabre Xavier	85	1m25	15/09	rsca
3	Kompany Vincent	86	1m25	21/09	spvi
4	Coomans Werner	86	1m23	08/06	resc
5	Bontemps Richard	86	1m20	08/09	spbo
6	De Ruyver Julien	86	1m20	08/06	resc
7	Huybrechts Xavier	85	1m20	15/06	ws
8	Mertens Tom	86	1m20	21/06	resc
9	Dewitte Sebastien	85	1m15	21/06	resc
10	Leyman David	85	1m15	21/06	resc
11	Miny Gaetan	86	1m10	25/05	resc
12	Franco Marc	86	1m07	18/08	csf
13	Browaey David	86	1m05	21/06	resc
14	Auria Ludovic	86	0m96	08/06	resc
15	Deprez Jerome	86	0m90	25/05	resc

<b>Longueur</b>		<b>RC : 4m66</b>			
1	Coomans Werner	86	4m04	21/06	resc
2	Fabre Xavier	85	4m00	15/09	rsca
3	Kompany Vincent	86	3m97	21/06	resc
4	Leyman David	85	3m88	13/09	resc
5	Haymans Thomas	85	3m79	21/06	resc
6	Stas Bruno	86	3m73	27/09	resc
7	Dewitte Sebastien	85	3m70	21/06	resc
8	Bontemps Richard	86	3m66	21/06	resc
9	Mertens Tom	86	3m66	15/08	vs
10	Browaey David	86	3m60	13/09	resc
11	Huybrechts Xavier	85	3m52	13/09	resc
12	Droesbeke Sebastien	85	3m49	21/06	resc
13	De Ruyver Julien	86	3m38	13/09	resc
14	Miny Gaetan	86	3m31	27/04	ws
15	Franco Marc	86	3m22	13/09	resc
16	Auria Ludovic	86	3m11	21/06	resc
17	Verstraeten Cedric	86	3m10	31/08	rcas
18	Dalli Faki	85	3m03	13/09	resc
19	Pauly Gauthier	86	2m67	20/04	resc
20	Deprez Jerome	86	2m55	21/06	resc

<b>Poids (2 kg)</b>		<b>RC : 10m14</b>			
1	Mertens Tom	86	8m31	17/08	resc
2	Bontemps Richard	86	8m00	08/09	spbo
3	Huybrechts Xavier	85	7m72	08/06	resc
4	Kompany Vincent	86	7m55	08/06	resc
5	Droesbeke Sebastien	85	7m22	06/10	resc
6	Leyman David	85	7m17	17/08	resc
7	Haymans Thomas	85	6m95	08/06	resc
8	Coomans Werner	86	6m69	13/07	grim
9	Verstraeten Cedric	86	6m65	31/08	rcas
10	Miny Gaetan	86	6m41	10/05	resc
11	Dewitte Sebastien	85	6m36	25/08	rsca
12	Browaey David	86	6m34	08/06	resc
13	De Ruyver Julien	86	6m30	08/06	resc
14	Lepage Nicolas	86	6m20	06/10	resc
15	Franco Marc	86	6m18	18/08	csf
16	Auria Ludovic	86	5m28	08/06	resc
17	Klass Gwenael	86	4m90	10/05	resc
18	Deprez Jerome	86	4m85	10/05	resc
19	Vandenbroucke Alexis	86	4m78	05/04	resc
20	Pauly Gauthier	86	4m62	08/06	resc
21	Vandersande Jonathan	86	4m29	10/05	resc

<b>Balle de hockey</b>		<b>RC : 44m86</b>			
1	Kompany Vincent	86	42m38	27/10	rsca
2	Browaey David	86	37m70	15/09	rsca
3	Leyman David	85	32m14	15/09	rsca
4	Huybrechts Xavier	85	29m30	05/04	resc
5	Mertens Tom	86	28m90	10/05	resc
6	Dewitte Sebastien	85	28m82	13/09	resc
7	Droesbeke Sebastien	85	25m38	13/09	resc
8	Vandenbroucke Alexis	86	25m16	05/04	resc
9	Franco Marc	86	24m64	27/10	rsca
10	Bontemps Richard	86	24m48	03/08	arch
11	Dalli Faki	85	24m46	13/09	resc
12	De Ruyver Julien	86	23m48	13/09	resc
13	Klass Gwenael	86	23m12	10/05	resc
14	Auria Ludovic	86	22m02	05/04	resc
15	Fabre Xavier	85	21m94	13/09	resc
16	Miny Gaetan	86	20m90	10/05	resc
17	Pauly Gauthier	86	20m28	10/05	resc
18	Deprez Jerome	86	18m80	10/05	resc
19	Vandersande Jonathan	86	10m68	10/05	resc

<b>Triathlon</b>		<b>RC : -</b>			
1	Kompany Vincent	86	1506 p	27/10	rsca
2	Haymans Thomas	85	1281 p	08/06	resc
3	Coomans Werner	86	1275 p	08/06	resc
4	Leyman David	85	1131 p	08/06	resc
5	Mertens Tom	86	1098 p	31/08	rcas
6	Bontemps Richard	86	1041 p	08/06	resc
7	Huybrechts Xavier	85	1031 p	08/06	resc
8	De Ruyver Julien	86	965 p	08/06	resc
9	Dewitte Sebastien	85	956 p	08/06	resc
10	Droesbeke Sebastien	85	953 p	31/08	rcas
11	Verstraeten Cedric	86	857 p	31/08	rcas
12	Browaey David	86	815 p	08/06	resc
13	Franco Marc	86	770 p	18/08	csf
14	Miny Gaetan	86	762 p	08/06	resc
15	Auria Ludovic	86	730 p	08/06	resc
16	Pauly Gauthier	86	433 p	08/06	resc
17	Deprez Jerome	86	253 p	04/05	mac

<b>4 x 60 m</b>		<b>RC : 33.25</b>			
Mertens, Dewitte, Kompany, Wauters		41.61	15/09	rsca	

**MINIMES GARCONS**

<b>80 m</b>		<b>RC : 9.96</b>			
1	Broothaerts Damien	83	11.32	15/09	rsca
2	Vervloet Gregory	83	11.39	26/10	rcb
3	Naif Jerome	83	11.44	27/09	resc
4	Xhonneux Frederic	83	11.54	15/06	ws
5	Cawet Cedric	83	11.84	27/09	resc
6	Vaessen Fabian	84	11.94	08/06	resc
7	Kill Michel	84	12.00	27/05	rsca
8	Degives Jean-Baptiste	83	12.04	18/06	resc
9	Mertens Ken	84	12.19	15/08	vs
10	Guarneri Salvatore	84	12.24	15/06	ws
11	Brolet Benjamin	84	12.44	27/09	resc
12	Moreau Manuel	84	12.65	15/08	vs
13	Sorel Renaud	84	12.83	26/06	csf
14	Sputael Baudine Benoit	83	12.84	08/06	resc
15	Mahoungou Gregory	84	12.89	26/06	csf
16	Closset Christophe	84	13.14	20/04	resc
17	Brolet Mathieu	84	13.34	27/09	resc
18	Bontemps Reno	84	13.39	20/04	damp

<b>150 m</b>		<b>RC : 18.3</b>			
1	Broothaerts Damien	83	20.92	20/10	resc
2	Vervloet Gregory	83	21.03	27/10	rsca
3	Xhonneux Frederic	83	21.36	27/10	rsca
4	Naif Jerome	83	21.41	21/09	spvi
5	Degives Jean-Baptiste	83	21.88	30/06	rsca
6	Cawet Cedric	83	21.94	30/06	rsca
7	Kill Michel	84	22.53	20/10	resc
8	Vaessen Fabian	84	22.54	17/08	resc
9	Mertens Ken	84	23.03	20/10	resc
10	Moreau Manuel	84	23.24	27/04	ws
11	Guarneri Salvatore	84	23.74	15/06	ws
12	Sorel Renaud	84	24.44	27/04	ws
13	Bontemps Reno	84	25.73	07/09	dein

<b>1000 m</b>		<b>RC : 3.09.3</b>			
1	Xhonneux Frederic	83	3.10.08	20/10	resc

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2 Naif Jerome	83	3.10.50	06/10	resc
3 Degives Jean-Baptiste	83	3.14.30	06/10	resc
4 Vaessen Fabian	84	3.16.56	06/10	resc
5 Broothaerts Damien	83	3.22.95	06/10	resc
6 Vervloet Gregory	83	3.25.22	20/10	resc
7 Mertens Ken	84	3.29.24	20/10	resc
8 Sorel Renaud	84	3.34.30	06/10	resc
9 Kill Michel	84	3.34.40	20/10	resc
10 Brolet Benjamin	84	3.38.98	20/10	resc
11 Cawet Cedric	83	3.39.06	20/10	resc
12 Brolet Mathieu	84	3.53.34	20/10	resc
13 Guarneri Salvatore	84	3.54.27	20/10	resc
14 Moreau Manuel	84	3.55.21	06/10	resc
15 Sputael Baudine Benoit	83	3.57.38	06/10	resc
16 Bontemps Reno	84	4.10.96	20/04	damp

**80 m haies (84 cm) RC : 12.00**

1 Broothaerts Damien	83	13.75	26/10	rcb
2 Xhonneux Frederic	83	13.90	26/10	rcb
3 Naif Jerome	83	14.00	06/10	resc
4 Vervloet Gregory	83	14.14	26/10	rcb
5 Cawet Cedric	83	15.44	01/05	rsca
6 Kill Michel	84	16.33	06/10	resc
7 Guarneri Salvatore	84	17.34	27/09	resc
8 Brolet Benjamin	84	17.64	27/09	resc
Sorel Renaud	84	17.64	16/06	mac
10 Sputael Baudine Benoit	83	18.03	06/10	resc
11 Degives Jean-Baptiste	83	18.23	25/08	rsca
12 Mahoungou Gregory	84	19.34	25/05	resc
13 Mertens Ken	84	20.04	25/05	resc
14 Brolet Mathieu	84	25.24	27/09	resc

**Hauteur RC : 1m70**

1 Xhonneux Frederic	83	1m50	10/05	resc
2 Naif Jerome	83	1m47	13/09	resc
3 Cawet Cedric	83	1m45	16/05	dac
4 Broothaerts Damien	83	1m36	18/08	csf
5 Mahoungou Gregory	84	1m35	26/06	csf
6 Kill Michel	84	1m33	15/09	rsca
7 Degives Jean-Baptiste	83	1m30	01/09	rcas
8 Sorel Renaud	84	1m25	16/06	mac
9 Guarneri Salvatore	84	1m21	04/05	mac
10 Vaessen Fabian	84	1m20	15/08	resc
Vervloet Gregory	83	1m20	13/09	resc
12 Bontemps Reno	84	1m15	30/06	bbs
Brolet Benjamin	84	1m15	13/09	resc
Mertens Ken	84	1m15	01/09	rcas
15 Brolet Mathieu	84	1m10	13/09	resc
Moreau Manuel	84	1m10	13/09	resc

**Longueur RC : 5m73**

1 Xhonneux Frederic	83	4m68	25/05	resc
2 Naif Jerome	83	4m66	25/08	rsca
3 Broothaerts Damien	83	4m46	18/08	csf
4 Vaessen Fabian	84	4m36	08/06	resc
5 Kill Michel	84	4m33	15/09	rsca
6 Vervloet Gregory	83	4m24	01/09	rcas
7 Degives Jean-Baptiste	83	4m21	08/06	resc
8 Cawet Cedric	83	4m12	18/08	csf
9 Guarneri Salvatore	84	4m02	28/09	csf
10 Mahoungou Gregory	84	3m96	08/06	resc
11 Mertens Ken	84	3m92	01/09	rcas
12 Sputael Baudine Benoit	83	3m91	08/06	resc
13 Sorel Renaud	84	3m82	20/04	resc
14 Closset Christophe	84	3m80	20/04	resc
15 Bontemps Reno	84	3m50	27/04	damp
16 Moreau Manuel	84	3m49	27/04	ws
17 Brolet Mathieu	84	3m32	08/06	resc

**Perche RC : 2m75**

1 Xhonneux Frederic	83	2m40	15/06	ws
2 Vervloet Gregory	83	2m00	20/04	resc
3 Kill Michel	84	1m95	15/06	ws
4 Cawet Cedric	83	1m90	06/10	resc
Guarneri Salvatore	84	1m90	20/04	resc
6 Mahoungou Gregory	84	1m70	20/04	resc
7 Naif Jerome	83	1m60	21/06	resc
Sorel Renaud	84	1m60	20/04	resc

**Poids (3 kg) RC : 13m18**

1 Xhonneux Frederic	83	10m34	27/10	rsca
2 Cawet Cedric	83	9m45	13/09	resc
3 Naif Jerome	83	8m82	27/09	resc
4 Broothaerts Damien	83	8m63	01/09	rcas

5 Guarneri Salvatore	84	7m82	15/09	rsca
6 Degives Jean-Baptiste	83	7m64	25/08	rsca
7 Kill Michel	84	7m12	13/09	resc
8 Vervloet Gregory	83	6m96	01/09	rcas
9 Moreau Manuel	84	6m88	13/09	resc
10 Bontemps Reno	84	6m66	03/08	arch
11 Mahoungou Gregory	84	6m40	15/08	vs
12 Sputael Baudine Benoit	83	6m24	13/09	resc
13 Mertens Ken	84	6m22	01/09	rcas
14 Sorel Renaud	84	5m82	13/09	resc
15 Brolet Mathieu	84	5m77	13/09	resc
16 Brolet Benjamin	84	4m96	27/09	resc

**Disque (1 kg) RC : 31m60**

1 Xhonneux Frederic	83	25m36	01/05	rsca
2 Cawet Cedric	83	24m06	27/10	rsca
3 Broothaerts Damien	83	18m56	17/08	resc
4 Guarneri Salvatore	84	18m42	15/09	rsca
5 Naif Jerome	83	17m52	05/04	resc
6 Vervloet Gregory	83	17m34	27/10	rsca
7 Kill Michel	84	16m76	05/04	resc
8 Degives Jean-Baptiste	83	14m02	05/04	resc
9 Sorel Renaud	84	13m84	05/04	resc
10 Bontemps Reno	84	13m42	08/09	spbo
11 Brolet Mathieu	84	12m84	05/04	resc
12 Moreau Manuel	84	12m80	17/08	resc
13 Brolet Benjamin	84	11m82	05/04	resc

**Javelot (400 gr) RC : 36m94**

1 Cawet Cedric	83	36m36	12/10	riwa
2 Xhonneux Frederic	83	31m92	16/05	dac
3 Broothaerts Damien	83	29m30	13/07	grim
4 Guarneri Salvatore	84	27m90	16/06	mac
5 Degives Jean-Baptiste	83	26m08	05/04	resc
6 Kill Michel	84	25m82	16/06	mac
7 Naif Jerome	83	24m98	05/04	resc
8 Sorel Renaud	84	23m56	26/06	csf
9 Vaessen Fabian	84	21m36	17/08	resc
10 Mahoungou Gregory	84	21m14	05/04	resc
11 Vervloet Gregory	83	19m96	26/06	csf
12 Mertens Ken	84	19m58	26/10	rcb
13 Brolet Benjamin	84	16m36	05/04	resc
14 Moreau Manuel	84	14m30	17/08	resc
15 Bontemps Reno	84	12m18	22/08	rfcl
16 Brolet Mathieu	84	12m04	05/04	resc

**Tetrathlon RC : -**

1 Naif Jerome	83	2363 p	27/09	resc
2 Xhonneux Frederic	83	2341 p	27/09	resc
3 Cawet Cedric	83	2112 p	12/10	riwa
4 Broothaerts Damien	83	2063 p	27/09	resc
5 Vervloet Gregory	83	1741 p	01/09	rcas
6 Degives Jean-Baptiste	83	1726 p	01/09	rcas
7 Kill Michel	84	1720 p	27/05	rsca
8 Guarneri Salvatore	84	1456 p	27/09	resc
9 Mertens Ken	84	1428 p	01/09	rcas
10 Brolet Benjamin	84	1302 p	27/09	resc
11 Sorel Renaud	84	1240 p	27/09	resc
12 Bontemps Reno	84	957 p	27/04	damp
13 Sputael Baudine Benoit	83	908 p	27/09	rsca
14 Brolet Mathieu	84	833 p	05/04	resc

**4 x 80 m RC : 41.24**

Naif, Xhonneux, Broothaerts, Vervloet	44.41	15/09	rsca
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**CADETS GARCONS**

**100 m RC : 11.39**

1 Delhayé Jeremy	81	11.98	27/04	ws
2 Moral Miguel	81	11.99	26/04	resc
3 Thiry Stephane	81	12.99	15/06	ws
4 Schepens Cedric	82	13.02	26/04	resc
5 Mangold Dimitri	81	13.58	26/08	resc
6 Guillet Lionel	82	13.81	26/04	resc
7 De Ruyver Laurent	82	14.14	08/04	rsca
8 Foucart François	82	14.46	26/04	resc
9 Franco Christian	82	14.61	28/08	resc

**200 m RC : 23.14**

1 Moral Miguel	81	24.20	14/09	rfcl
2 Bentheim Ronald	81	25.44	18/09	resc
3 Schepens Cedric	82	26.56	08/06	spvi
4 Mangold Dimitri	81	26.94	06/10	resc

**OUTDOOR 1996**

5	Deltour Antoon	82	28.97	26/06	dcla
6	Franco Christian	82	30.26	18/09	resc
7	Van Zeebroeck Bert	82	30.95	26/06	dcla

300 m						RC : 36.94
1	Levacq Corentin	81	<b>36.86</b>	20/10	resc	
2	Denutte David	81	40.12	20/10	resc	
3	Mangold Dimitri	81	41.64	20/10	resc	
4	Foucart François	82	46.22	15/05	csf	
5	Guillet Lionel	82	46.52	15/05	csf	

400 m						RC : 52.24
1	Levacq Corentin	81	52.34	28/09	csf	
2	Thys Alain	81	55.52	16/06	ws	
3	Bentheim Ronald	81	57.37	18/05	csf	
4	Brolet Bertrand	81	57.84	14/09	rfcl	
5	Vaillant Jean Baptiste	82	59.51	31/08	cabw	
6	Schepens Cedric	82	59.54	06/09	resc	
7	Foucart François	82	62.13	11/07	spvi	

800 m						RC : 2.02.7
1	Levacq Corentin	81	<b>1.59.30</b>	06/10	resc	
2	Bentheim Ronald	81	2.05.77	08/09	dcla	
3	Brolet Bertrand	81	2.14.09	06/10	resc	
4	Vaillant Jean Baptiste	82	2.26.33	28/08	resc	
5	Vandenbroucke Nicolas	82	2.34.56	06/10	resc	

1000 m						RC : 2.48.00
1	Levacq Corentin	81	<b>2.43.18</b>	26/04	resc	
2	Brolet Bertrand	81	2.49.36	20/10	resc	
3	Bentheim Ronald	81	2.54.48	26/04	resc	
4	Vaillant Jean Baptiste	82	3.12.31	26/04	resc	

1500 m						RC : 4.10.9
1	Levacq Corentin	81	4.18.31	16/06	ws	
2	Bentheim Ronald	81	4.35.69	08/06	spvi	
3	Vaillant Jean Baptiste	82	4.57.04	06/09	resc	

100 m haies (91 cm)						RC : 14.23
1	Thys Alain	81	15.52	18/05	csf	
2	Schepens Cedric	82	21.84	14/09	rfcl	

300 m haies (76 cm)						RC : 40.07
1	Levacq Corentin	81	41.50	14/09	rfcl	
2	Thys Alain	81	43.34	07/09	dcla	
3	Vaillant Jean Baptiste	82	46.09	06/10	resc	
4	Mangold Dimitri	81	47.18	06/10	resc	

Hauteur						RC : 1m91
1	Thys Alain	81	1m73	25/05	damp	
2	Moral Miguel	81	1m60	08/06	spvi	
3	Mangold Dimitri	81	1m55	14/09	rfcl	
4	Guillet Lionel	82	1m50	20/10	resc	
5	De Ruyver Laurent	82	1m35	08/04	rsca	
	Foucart François	82	1m35	15/05	csf	

Longueur						RC : 6m70
1	Thys Alain	81	5m52	06/09	resc	
2	Thiry Stephane	81	5m35	19/05	csf	
3	Schepens Cedric	82	5m32	19/05	csf	
4	Moral Miguel	81	4m60	29/06	dac	
5	Guillet Lionel	82	4m53	06/09	resc	
6	Franco Christian	82	4m00	10/05	resc	

Triple saut						RC : 13m52
1	Denutte David	81	11m16	04/05	ws	

Perche						RC : 3m71
1	Thys Alain	81	3m60	08/06	resc	
2	Van Zeebroeck Bert	82	2m80	08/06	resc	
3	Foucart François	82	2m50	08/06	resc	

Poids (4 kg)						RC : 13m52
1	Hallems Yannick	81	10m94	20/10	resc	
2	Levacq Corentin	81	10m60	16/06	ws	
3	Thys Alain	81	10m34	16/06	ws	
4	Schepens Cedric	82	8m89	04/05	ws	
5	Ben Taha Evan	81	8m41	06/09	resc	
6	Franco Christian	82	7m14	20/10	resc	

Disque (1 kg)						RC : 37m32
1	Hallems Yannick	81	<b>37m64</b>	05/10	ws	

2	De Ruyver Laurent	82	26m00	06/10	resc
3	Franco Christian	82	16m62	06/10	resc

Javelot (600 gr)						RC : 53m46
1	Hallems Yannick	81	37m52	18/09	resc	
2	Van Zeebroeck Bert	82	33m90	26/06	dcla	

Marteau (4 kg)						RC : 40m44
1	Hallems Yannick	81	30m10	14/09	rfcl	

4 x 100 m						RC : 45.63
Denutte, Levacq, Moral, Schepens						47.27 22/09 cabw

**SCOLAIRES HOMMES**

100 m						RC : 11.08
1	Van De Velde Frank	79	11.45	30/06	rfcl	
2	Gomes Bapa Marcel	80	12.01	18/05	csf	
3	Bornauw Carel	79	12.17	04/05	ws	
4	Fontenoy Serge	80	12.23	14/09	rfcl	
5	Thielens Sebastien	79	12.28	26/04	resc	
6	Van Caekenberghe Koen	79	12.49	04/05	ws	
7	Naif Nicolas	80	12.77	26/04	resc	
8	Schroeven Bruno	80	13.03	17/08	spvi	
9	Xhonneux Marc	80	13.30	15/06	ws	
10	Alexiou Efstratios	80	13.44	04/05	ws	

200 m						RC : 22.02
1	Van De Velde Frank	79	23.20	25/05	damp	
2	Gomes Bapa Marcel	80	24.36	19/05	csf	
3	Thielens Sebastien	79	24.83	26/04	resc	
4	Bornauw Carel	79	24.89	29/06	dac	
5	Fontenoy Serge	80	25.16	06/10	resc	
6	Schroeven Bruno	80	25.54	19/05	csf	
7	Van Caekenberghe Koen	79	26.07	06/10	resc	
8	Xhonneux Marc	80	26.73	18/09	resc	

300 m						RC : 36.24
1	Xhonneux Marc	80	40.90	20/10	resc	
2	Fontenoy Serge	80	41.02	15/05	csf	

400 m						RC : 49.92
1	Gomes Bapa Marcel	80	53.91	16/06	ws	
2	Van De Velde Frank	79	54.20	16/06	ws	
3	Schroeven Bruno	80	54.80	16/06	ws	
4	Thielens Sebastien	79	54.96	06/09	resc	
5	Bornauw Carel	79	56.03	06/09	resc	
6	Van Caekenberghe Koen	79	56.22	04/05	ws	
7	Xhonneux Marc	80	60.43	28/09	csf	
8	Fontenoy Serge	80	60.83	06/09	resc	

800 m						RC : 1.58.47
1	Metian Marc	79	<b>1.56.95</b>	06/10	resc	
2	Schroeven Bruno	80	1.59.25	06/10	resc	
3	Zaanan Nordin	79	2.02.04	06/10	resc	
4	Mezouari Oussama	79	2.25.64	14/09	rfcl	

1000 m						RC : 2.33.52
1	Zaanan Nordin	79	2.38.64	20/10	resc	
2	Schroeven Bruno	80	2.44.94	26/04	resc	
3	Naif Nicolas	80	2.50.13	20/10	resc	
4	Mezouari Oussama	79	3.07.41	26/04	resc	

1500 m						RC : 4.00.79
1	Metian Marc	79	4.02.62	18/09	resc	
2	Zaanan Nordin	79	4.08.82	12/05	olse	
3	Schroeven Bruno	80	4.22.06	06/09	resc	

3000 m						RC : 8.33.14
1	Zaanan Nordin	79	9.06.53	27/06	vita	
2	Metian Marc	79	9.20.63	04/05	ws	
3	Schroeven Bruno	80	9.31.54	28/08	resc	

110 m haies (100 cm)						RC : 14.94
1	Van De Velde Frank	79	<b>14.68</b>	08/09	dcla	
2	Naif Nicolas	80	16.61	14/09	rfcl	
3	Fontenoy Serge	80	17.01	18/05	csf	

110 m haies (106 cm)						RC : 14.2
1	Van De Velde Frank	79	15.18	10/08	vs	

300 m haies (84 cm)						RC : 38.03
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## OUTDOOR 1996

1	Van De Velde Frank	79	40.39	19/05	csf
2	Naif Nicolas	80	41.58	14/09	rfcl
3	Xhonneux Marc	80	46.40	16/10	resc

2000 m steeple		RC : 6.10.2			
1	Duchatel Baptiste	80	7.21.56	14/09	rfcl

Hauteur		RC : 2m05			
1	Van De Velde Frank	79	1m86	26/04	resc
2	Delay Benoit	79	1m71	14/09	rfcl
3	Naif Nicolas	80	1m60	18/09	resc
4	Xhonneux Marc	80	1m45	18/09	resc

Longueur		RC : 7m59			
1	Van De Velde Frank	79	6m18	01/05	rsca
2	Gomes Bapa Marcel	80	5m99	14/09	rfcl
3	Schroeven Bruno	80	5m53	19/05	csf
4	Fontenoy Serge	80	5m31	18/08	ea
5	Xhonneux Marc	80	5m14	19/05	csf

Triple saut		RC : 15m64			
1	Bouali Younes	80	11m50	06/09	resc
2	Delay Benoit	79	11m23	14/09	rfcl
3	Thielens Sebastien	79	10m92	26/04	resc

Poids (5 kg)		RC : 14m19			
1	Gomes Bapa Marcel	80	12m99	16/06	ws
2	Van De Velde Frank	79	11m74	26/06	csf
3	Fontenoy Serge	80	10m77	06/09	resc

Disque (1,5 kg)		RC : 43m08			
1	Fontenoy Serge	80	27m34	31/08	cabw

Javelot (700 gr)		RC : 60m46			
1	Bornauw Carel	79	10m56	27/06	vita

Marteau (5 kg)		RC : 51m72			
1	Alexiou Efstratios	80	37m96	14/09	rfcl

4 x 100 m		RC : 43.01			
Thielens, Bornauw, Gomes Bapa, Van De Velde 46.11 26/04 resc					

4 x 800 m		RC : -			
Naif, Zaanan, Schroeven, Metian 8.11.01 22/09 cabw					

### JUNIORS HOMMES

100 m		RC : 10.71			
1	Schoonjans Patrick	77	11.27	25/08	avt
2	Kabuya Serge	77	11.47	15/08	vs
3	Rombaut Wesley	77	11.64	13/10	atac
4	Vanderhaeghen Olivier	77	11.98	18/08	ea

200 m		RC : 21.0			
1	Schoonjans Patrick	77	22.92	18/09	resc
2	Kabuya Serge	77	23.31	15/08	vs
3	Rombaut Wesley	77	23.40	13/07	ws
4	Vanderhaeghen Olivier	77	24.20	19/05	csf

300 m		RC : 35.89			
1	Schoonjans Patrick	77	36.36	20/10	resc
2	Rombaut Wesley	77	37.75	14/04	zwat

400 m		RC : 47.8			
1	Kabuya Serge	77	51.85	06/09	resc
2	Schoonjans Patrick	77	52.42	03/08	vita
3	Vanderhaeghen Olivier	77	53.32	16/06	ws

800 m		RC : 1.52.66			
1	Ouamari Aabid	77	1.55.82	26/04	resc
2	Hovelacque Benoit	77	1.59.58	12/05	olse
3	Fonteyne Brendan	77	2.04.97	26/04	resc

1000 m		RC : 2.26.76			
1	Vanderhaeghen Olivier	77	2.41.25	20/10	resc

1500 m		RC : 3.48.9			
1	Hovelacque Benoit	77	4.04.29	06/09	resc

Mile		RC : -			
1	Hovelacque Benoit	77	4.29.4	05/10	dac

3000 m		RC : 8.14.64			
1	Ouamari Aabid	77	8.56.54	28/08	resc

5000 m		RC : 14.35.11			
1	Ouamari Aabid	77	15.19.58		

400 m haies (91 cm)		RC : 51.36			
1	Schoonjans Patrick	77	57.55	12/05	olse

Longueur		RC : 7m86			
1	Vanderhaeghen Olivier	77	6m64	18/05	csf

Triple saut		RC : 15m79			
1	Vanderhaeghen Olivier	77	12m99	19/05	csf
2	Schoonjans Patrick	77	12m92	19/05	csf

Perche		RC : 4m85			
1	Rombaut Wesley	77	5m00	20/08	tess

Poids (6 kg)		RC : 15m27			
1	Rombauts Wesley	77	12m03	13/10	atac

Disque (1,5 kg)		RC : 43m08			
1	Rombauts Wesley	77	30m88	14/04	zwat

Disque (2 kg)		RC : -			
1	Rombauts Wesley	77	31m62	13/07	ws

Marteau (6 kg)		RC : 38m86			
1	Marbais Michael	78	51m82	28/09	acme

4 x 100 m		RC : 42.37			
Rombauts, Schoonjans, Vanderhaeghen, Kabuya 43.55 08/09 dclia					

4 x 400 m		RC : 3.17.65			
Schoonjans, Rombaut, Ouamari, Hovelacque 3.28.28 08/09 dclia					

### SENIORS HOMMES

100 m		RC : 10.02			
1	Eyenga Lokilo Jean Claude	63	10.65	16/06	ws
2	Sekanyambo Olivier	71	10.80	11/08	vs
3	Elengesa Salama Claude	?	11.20	27/04	zwat
	Malungu Michael	?	11.20	27/04	zwat
5	Van Lancker Rudi	71	11.24	26/06	csf
6	Asselman Frank	72	11.30	18/05	csf
7	Canvat Thibaut	?	11.47	26/04	resc
8	Nimy Djo	?	11.82	21/07	dac
9	Jacobs David	76	12.12	13/10	atac
10	Franco Luc	?	13.82	28/09	csf

200 m		RC : 20.66			
1	Eyenga Lokilo Jean Claude	63	21.79	10/08	vs
2	Asselman Frank	72	21.98	01/06	dac
3	Guellet Yassin	74	22.08	12/05	olse
4	Sekanyambo Olivier	71	22.14	18/08	ea
5	Elengesa Salama Claude	?	22.85	18/08	ea
6	Canvat Thibaut	?	23.39	14/07	vita
7	Malungu Michael	?	24.54	01/09	csf
8	Franco Luc	?	27.99	28/09	csf

300 m		RC : 34.01			
1	Amery Ronald	69	35.42	01/05	rsca
2	Elengesa Salama Claude	?	36.44	15/09	riwa
3	Malungu Michael	?	36.97	14/04	zwat

400 m		RC : 46.47			
1	Dollendorf Marc	66	47.16		
2	Canvat Thibaut	?	50.25	21/07	dac
3	Sekanyambo Olivier	71	51.13	16/06	ws
4	Amery Ronald	69	51.25	12/05	olse
5	Elengesa Salama Claude	?	52.92	21/07	dac

800 m		RC : 1.48.3			
1	Heremans Nick	72	1.54.50		
2	Vandenbroek Wouter	?	1.58.87	12/05	olse
3	Minet Sebastien	?	2.02.77	16/06	ws
4	Bakach Lanrji Rachid	?	2.08.18	26/04	resc

1500 m		RC : 3.36.96			
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OUTDOOR 1996

1	Heremans Nick	72	3.48.50		
2	Vandenbroek Wouter	?	3.58.45	06/09	resc
3	Minet Sebastien	?	4.03.17	18/09	resc
2000 m		RC : 5.35.45			
1	Heremans Nick	72	5.33.90	16/06	ws
2	Minet Sebastien	?	5.51.61	18/08	smac
3000 m		RC : 7.47.22			
1	Heremans Nick	72	8.19.26	12/05	olse
2	De Smet Franck	70	8.32.69	26/04	resc
3	Meziani Rachid	?	8.32.83	26/04	resc
4	Jordens Stephane	65	8.41.75	28/08	resc
5	Minet Sebastien	?	8.42.90	31/08	tess
6	Stroobants Jean Marie	63	8.51.13	26/04	resc
7	Liegeois Laurent	71	9.32.58	26/04	resc
5000 m		RC : 13.22.81			
1	De Smet Franck	70	14.20.83	27/06	vita
2	Heremans Nick	72	14.26.32		
3	Rousseau Stephane	67	14.28.63	12/05	olse
4	Vanderstraeten Marc	?	14.34.95	12/05	olse
5	Minet Sebastien	?	15.39.21		
6	Liegeois Laurent	71	16.31.07	06/09	resc
10000 m		RC : 28.24.95			
1	Tillieux Guy	58	36.31.2	05/10	dac
110 m haies (106 cm)		RC : 13.82			
1	Asselman Franck	72	13.48	16/06	ws
2	Sanglier Olivier	72	16.32	01/05	smac
400 m haies (91cm)		RC : 49.05			
1	Dollendorf Marc	66	48.91	01/08	USA
2	Asselman Franck	72	52.20		
3000 m steeple		RC : 8.24.90			
1	Meziani Rachid	?	9.28.37	12/05	olse
2	Muyldermans Stephane	?	9.45.88	01/05	smac
5 km marche		RC : -			
1	Leroy Benjamin	73	22.43.94	20/07	cabw
20 km marche		RC : 1h28.35			
1	Leroy Benjamin	73	1h34:57		
50 km marche		RC : 4h23.29			
1	Leroy Benjamin	73	4h11:46		
Hauteur		RC : 2m21			
1	Sandron Dominique	69	1m96	16/06	ws
Longueur		RC : 7m94			
1	Van Lancker Rudi	71	7m42	11/08	vs
2	Guellet Yassin	74	6m56	12/05	olse
3	Sanglier Olivier	72	5m88	01/05	smac
4	Franco Luc	?	4m14	31/08	rcas
Triple saut		RC : 16m86			
1	Cincinatis Yves	59	14m26	11/07	spvi
2	Dotreng Alexandre	?	13m63	12/05	olse
3	Malungu Michael	74	13m17	28/09	csf
Perche		RC : 5m25			
1	Biot Olivier	72	5m02	07/07	csf
2	Jacobs David	76	4m40	20/08	tess
3	Dewil Ben	?	4m03	21/07	dac
4	Dewil Jef	49	4m00		
Poids (7,26kg)		RC : 15m08			
1	Rogers Vincent	75	13m23	21/09	usbw
2	Van Schoor Robert	46	12m66	12/05	olse
3	Jacobs David	76	11m22	13/10	atac
4	Franco Luc	?	6m79	31/08	rcas
Disque (2 kg)		RC : 51m56			
1	Van Schoor Robert	46	48m52	04/06	crac
2	Rogers Vincent	75	39m96	21/09	usbw
3	Metens Armand	67	35m96	12/05	olse
4	Jacobs David	76	30m40	27/06	vita
Javelot (800 gr)		RC : 70m78			

1	Stockmans Franck	63	60m30	12/05	olse
Marteau (7,26 kg)		RC : 61m66			
1	Metens Armand	67	57m82		
2	Marbais Michael	78	38m46	14/05	aart
3	Bontemps Rene	55	36m16	05/06	tess
4 x 100 m		RC : 40.72			
Eyenga, Guellet, Elengesa, Sekanyambo		42.53		12/05	olse