

Palmares 2021 outdoor

BENJAMINES FILLES

60 m		RC : 9.35			
1	Medan Ivana	12	9.54	21/08	smac
2	Strypstein Solena	13	9.96	09/10	rcb
3	Zitouni Ilhem	12	10.01	09/10	rcb
4	Gerard Zoe	12	10.24	09/10	rcb
5	Dzou Steffy Ann	13	10.46	02/10	rcb
6	D'Hallewin Olivia	12	10.86	22/08	ws
7	Delneufcourt Marion	13	11.11	22/08	ws
8	Paques Rose	12	11.21	02/10	rcb
9	El Youssoufi Asmae	12	11.32	16/05	resc
10	Arys Josephine	13	11.38	25/09	rcas
11	Ettetuani Janna	12	11.41	16/05	resc
12	Van Wynendaele Joy	13	11.58	16/05	resc
13	Neili Alya	12	12.64	16/05	resc
14	Segers Lea	13	14.08	16/05	resc

600 m		RC : 2.00.94			
1	Strypstein Solena	13	2.04.85	25/09	rcas
2	Medan Ivana	12	2.22.57	16/05	resc
3	Paques Rose	12	2.29.71	02/10	rcb
4	Gerard Zoe	12	2.30.20	02/10	rcb
5	Arys Josephine	13	2.32.07	02/10	rcb
6	El Youssoufi Asmae	12	2.34.91	16/05	resc
7	Dzou Steffy Ann	13	2.35.06	16/05	resc
8	Ettetuani Janna	12	2.44.55	16/05	resc
9	Van Wynendaele Joy	13	2.52.57	16/05	resc
10	Neili Alya	12	3.18.59	16/05	resc
11	Segers Lea	13	3.32.91	16/05	resc

Hauteur		RC : 1m18			
1	Strypstein Solena	13	1m10	16/05	resc
2	Arys Josephine	13	0m90	16/05	resc
	Dzou Steffy Ann	13	0m90	16/05	resc
	El Youssoufi Asmae	12	0m90	16/05	resc
5	Neili Alya	12	0m80	16/05	resc
	Van Wynendaele Joy	13	0m80	16/05	resc
7	Ettetuani Janna	12	0m75	16/05	resc

Longueur		RC : 3m88			
1	Strypstein Solena	13	3m26	18/06	resc
2	Medan Ivana	12	3m08	21/08	smac
3	Gerard Zoe	12	2m90	02/10	rcb
4	Dzou Steffy Ann	13	2m79	09/10	rcb
5	El Youssoufi Asmae	12	2m59	18/06	resc
6	Arys Josephine	13	2m53	02/10	rcb
7	Van Wynendaele Joy	13	2m30	18/06	resc
8	Paques Rose	12	2m25	02/10	rcb
9	Segers Lea	13	1m81	18/06	resc
10	Neili Alya	12	1m69	18/06	resc

Poids (1 kg)		RC : 8m63			
1	Strypstein Solena	13	6m87	09/10	rcb
2	Arys Josephine	13	5m62	09/10	rcb
3	Artunoff Mara	12	4m73	09/10	rcb

Balle de hockey		RC : 28m96			
1	Strypstein Solena	13	22m37	25/09	rcas
2	Arys Josephine	13	15m80	25/09	rcas
3	Dzou Steffy Ann	13	12m82	18/06	resc
4	Gerard Zoe	12	12m50	25/09	rcas
5	D'Hallewin Olivia	12	12m06	22/08	ws
6	Neili Alya	12	11m68	18/06	resc
7	Delneufcourt Marion	13	11m13	22/08	ws
8	Segers Lea	13	8m39	18/06	resc
9	El Youssoufi Asmae	12	6m00	18/06	resc

Tetrathlon		RC : 1652 p			
1	Strypstein Solena	13	1225 p	25/09	rcas
2	Gerard Zoe	12	662 p	25/09	rcas
3	Arys Josephine	13	452 p	25/09	rcas

4 x 60 m		RC : 37.58			
Dzou, Gerard, Paques, Strypstein			41.10	02/10	rcb

PUPILLES FILLES

60 m		RC : 8.55			
1	Squiflet Emelynn	10	8.64	12/06	resc
2	Dzou Lesly Kayla	10	9.19	02/10	rcb
3	Popescu Raisa Gabriela	11	9.36	02/10	rcb

4	Strypstein Maeva	11	9.41	16/05	resc
5	Schroeven Camille	11	9.48	02/10	rcb
6	De Cooman Lea	11	9.64	16/05	resc
7	Ngandeu Tchambia Alexandra	10	9.85	16/05	resc
8	El Hajouti Yasmine	10	10.06	16/05	resc
9	Wanyu Naomie Belle	10	10.11	29/08	vita
10	Desager Eleanor	10	10.22	16/05	resc
11	Restrepo Clara	11	10.80	16/05	resc

1000 m		RC : 3.26.31			
1	Popescu Raisa Gabriela	11	3.37.36	09/10	rcb
2	Schroeven Camille	11	3.40.95	25/09	rcas
3	Strypstein Maeva	11	3.45.00	09/10	rcb
4	El Hajouti Yasmine	10	3.53.24	16/05	resc
5	Squiflet Emelynn	10	3.56.27	25/09	rcas
6	Wanyu Naomie Belle	10	4.09.30	16/05	resc
7	Ngandeu Tchambia Alexandra	10	4.13.41	16/05	resc
8	De Cooman Lea	11	4.22.58	25/09	rcas
9	Desager Eleanor	10	4.25.62	16/05	resc
10	Dzou Lesly Kayla	10	4.27.05	16/05	resc
11	Restrepo Clara	11	4.31.54	16/05	resc

60 m haies (68 cm)		RC : 11.49			
1	Squiflet Emelynn	10	10.35	29/08	vita
2	Dzou Lesly Kayla	10	11.13	01/08	vita
3	Strypstein Maeva	11	11.91	01/08	vita
4	Schroeven Camille	11	13.01	29/08	vita

Hauteur		RC : 1m33			
1	Popescu Raisa Gabriela	11	1m26	09/10	rcb
2	Squiflet Emelynn	10	1m25	18/06	resc
3	De Cooman Lea	11	1m20	18/06	resc
	Strypstein Maeva	11	1m20	18/06	resc
5	Dzou Lesly Kayla	10	1m15	18/06	resc
	Ngandeu Tchambia Alexandra	10	1m15	18/06	resc
	Schroeven Camille	11	1m15	18/06	resc
8	Louis Ines	10	1m00	18/06	resc

Longueur		RC : 4m48			
1	Squiflet Emelynn	10	4m13	25/09	rcas
2	Popescu Raisa Gabriela	11	3m72	02/10	rcb
3	Dzou Lesly Kayla	10	3m69	16/05	resc
4	Strypstein Maeva	11	3m67	25/09	rcas
5	De Cooman Lea	11	3m56	25/09	rcas
6	Schroeven Camille	11	3m47	25/09	rcas
7	Wanyu Naomie Belle	10	3m14	22/08	ws
8	Ngandeu Tchambia Alexandra	10	3m02	16/05	resc
9	Restrepo Clara	11	2m79	16/05	resc
10	El Hajouti Yasmine	10	2m57	16/05	resc

Poids (2 kg)		RC : 9m75			
1	Squiflet Emelynn	10	8m18	18/06	resc
2	Dzou Lesly Kayla	10	8m00	01/08	vita
3	De Cooman Lea	11	6m54	18/06	resc
4	Popescu Raisa Gabriela	11	6m43	18/06	resc
5	Strypstein Maeva	11	6m42	01/08	vita
6	Besri Medyouni Shems-Doha	10	6m40	18/06	resc
7	Wanyu Naomie Belle	10	6m23	18/06	resc
8	Ngandeu Tchambia Alexandra	10	6m22	18/06	resc
9	Schroeven Camille	11	5m59	18/06	resc
10	Louis Ines	10	5m10	18/06	resc

Disque (600 gr)		RC : 23m00			
1	Squiflet Emelynn	10	24m96	02/10	rcb
2	Dzou Lesly Kayla	10	18m15	10/07	aca
3	De Cooman Lea	11	12m88	25/09	rcas
4	Strypstein Maeva	11	12m54	25/09	rcas
5	Schroeven Camille	11	11m11	25/09	rcas
6	Popescu Raisa Gabriela	11	7m62	25/09	rcas

Balle de hockey		RC : 41m50			
1	Squiflet Emelynn	10	34m83	09/10	rcb
2	Dzou Lesly Kayla	10	27m94	09/10	rcb
3	Strypstein Maeva	11	26m97	09/10	rcb

Tetrathlon		RC : 2077 p			
1	Squiflet Emelynn	10	1824 p	25/09	rcas
2	Schroeven Camille	11	1420 p	25/09	rcas
3	Popescu Raisa Gabriela	11	1418 p	25/09	rcas
4	Strypstein Maeva	11	1398 p	25/09	rcas
5	De Cooman Lea	11	1029 p	25/09	rcas

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4 x 60 m	RC : 33.97
Squifflet, Schroeven, Strypstein, Dzou	35.76 02/10 rcb

MINIMES FILLES

80 m	RC : 10.64
1 Khrauph Aya	08 11.59 16/05 resc
2 Barry Diariou	08 11.61 09/10 rcb
3 Radermacher Sarah	09 11.63 25/09 rcas
4 Sibourg Celya	09 11.93 16/05 resc
5 Mayuma Marie	10 12.01 09/10 rcb
6 Palalic Lena	08 12.14 16/05 resc
7 Wanyu Diane Kylie	08 12.37 16/05 resc
8 Gerard Emma	08 12.46 25/09 rcas
9 Agacseven Lina	08 12.58 16/05 resc
10 Picula Petra	09 12.91 16/05 resc
11 Mubarik Inaya	08 13.03 16/05 resc
12 Sandron Elise	08 13.49 16/05 resc

150 m	RC : 20.13
1 Cornali Nora	08 21.18 09/10 rcb
2 Sibourg Celya	09 22.50 02/10 rcb
3 Mayuma Marie	10 22.82 09/10 rcb
4 Agacseven Lina	08 23.50 09/10 rcb

1000 m	RC : 3.14.33
1 Agacseven Lina	08 3.35.93 16/05 resc
2 Gerard Emma	08 3.38.57 12/06 resc
3 Radermacher Sarah	09 3.45.00 25/09 rcas
4 Wanyu Diane Kylie	08 3.50.94 12/06 resc
5 Khrauph Aya	08 4.04.20 25/09 rcas
6 Hunt Anna Emilie	08 4.13.80 16/05 resc
7 Sibourg Celya	09 4.16.41 25/09 rcas
8 Palalic Lena	08 4.32.20 16/05 resc
9 Sandron Elise	08 4.37.51 16/05 resc
10 Mubarik Inaya	08 5.11.50 16/05 resc

60 m haies (68 cm)	RC : 11.49
1 Sibourg Celya	09 12.58 05/09 ea
2 Wanyu Diane Kylie	08 13.87 29/08 vita

Hauteur	RC : 1m57
1 Radermacher Sarah	09 1m31 09/10 rcb
2 Sibourg Celya	09 1m26 09/10 rcb
3 Cornali Nora	08 1m11 09/10 rcb

Longueur	RC : 5m00
1 Radermacher Sarah	09 4m14 18/06 resc
2 Palalic Lena	08 4m13 18/06 resc
3 Khrauph Aya	08 4m00 25/09 rcas
4 Gerard Emma	08 3m99 25/09 rcas
5 Wanyu Diane Kylie	08 3m92 16/05 resc
6 Sibourg Celya	09 3m86 16/05 resc
7 Minne Charline	09 3m67 18/06 resc
8 Agacseven Lina	08 3m52 16/05 resc
9 Sandron Elise	08 3m22 16/05 resc
10 Hunt Anna Emilie	08 2m93 18/06 resc
11 Picula Petra	09 2m87 16/05 resc
12 Mubarik Inaya	08 2m59 16/05 resc

Poids (2 kg)	RC : 13m12
1 Wanyu Diane Kylie	08 8m53 22/08 ws
2 Radermacher Sarah	09 8m50 18/06 resc
3 Sibourg Celya	09 6m92 18/06 resc
4 Minne Charline	09 6m91 18/06 resc
5 Gerard Emma	08 6m09 18/06 resc
6 Hunt Anna Emilie	08 5m45 18/06 resc
7 Picula Petra	09 4m91 18/06 resc
8 Palalic Lena	08 4m89 18/06 resc

Disque (750 gr)	RC : 27m29
1 Radermacher Sarah	09 19m11 25/09 rcas
2 Sibourg Celya	09 16m88 02/10 rcb
3 Wanyu Diane Kylie	08 16m34 25/09 rcas
4 Agacseven Lina	08 14m32 25/09 rcas
5 Khrauph Aya	08 14m19 25/09 rcas
6 Gerard Emma	08 13m68 25/09 rcas

Javelot (400 gr)	RC : 34m63
1 Radermacher Sarah	09 26m55 09/10 rcb
2 Mayuma Marie	10 24m77 09/10 rcb
3 Wanyu Diane Kylie	08 18m89 09/10 rcb

4 Sibourg Celya	09 16m52 25/09 rcas
5 Khrauph Aya	08 15m46 25/09 rcas
6 Gerard Emma	08 14m06 25/09 rcas
7 Agacseven Lina	08 10m15 25/09 rcas

CADETTES FILLES

100 m	RC : 12.64
1 Kubiak Joanna	06 13.65 16/05 resc
2 Aguza Viera Olivia	06 13.75 16/05 resc
3 Sanchez Elisa	07 13.84 19/09 hf
4 Biala Judikaelle	06 14.19 20/06 csf
5 Mjahed Maya	07 14.22 18/07 fcha
6 Ngandeu Tchambia Brenda	07 14.79 16/05 resc
7 Vanneste Blum	06 15.20 16/05 resc
8 Bajjadi Lina	06 16.06 16/05 resc
9 Bilivogui Dina	06 16.42 10/10 csf
10 Verleyen Marthe	06 16.60 19/09 hf
11 Rousseau Amina	06 18.78 16/05 resc

200 m	RC : 26.14
1 Kubiak Joanna	06 29.32 16/05 resc
2 Aguza Viera Olivia	06 29.66 19/09 hf
3 Biala Judikaelle	06 31.28 20/06 csf
4 Bajjadi Lina	06 34.40 16/05 resc

300 m	RC : 42.36
1 Biala Judikaelle	06 52.96 16/05 resc

400 m	RC : 57.61
1 Sanchez Elisa	07 67.42 19/09 hf

800 m	RC : 2.21.88
1 Mjahed Maya	07 2.58.02 01/08 bbs
2 Sivis Mulongo Juliana	07 3.11.88 26/09 rcas
3 Vanneste Blum	06 3.15.52 19/09 hf

1500 m	RC : 4.53.37
1 Degrez Lisa	06 7.03.68 19/09 hf

80 m haies (76 cm)	RC : 11.88
1 Ngandeu Tchambia Brenda	07 15.75 19/09 hf
2 Mjahed Maya	07 15.96 31/07 bbs
3 Sivis Mulongo Juliana	07 18.12 25/09 rcas

300 m haies (76 cm)	RC : 45.51
1 Ngandeu Tchambia Brenda	07 54.89 19/09 hf

Hauteur	RC : 1m68
1 Mjahed Maya	07 1m25 31/07 bbs
Ngandeu Tchambia Brenda	07 1m25 16/05 resc
Sivis Mulongo Juliana	07 1m25 25/09 rcas
4 Vanneste Blum	06 1m15 19/09 hf

Longueur	RC : 5m74
1 Aguza Viera Olivia	06 4m88 16/05 resc
2 Mjahed Maya	07 4m58 16/05 resc
3 Ngandeu Tchambia Brenda	07 3m36 16/05 resc
Sivis Mulongo Juliana	07 3m36 26/09 rcas
5 Delforge Pauline	06 3m24 16/05 resc

Perche	RC : 3m26
1 Biala Judikaelle	06 1m80 19/09 hf
2 Delforge Pauline	06 1m40 16/05 resc

Poids (3 kg)	RC : 13m85
1 Mjahed Maya	07 10m58 31/07 bbs
2 Ngandeu Tchambia Brenda	07 8m67 22/08 ws
3 Sivis Mulongo Juliana	07 6m10 25/09 rcas

Disque (1 kg)	RC : 37m60
1 Mjahed Maya	07 26m11 19/09 hf

Javelot (500 gr)	RC : 41m46
1 Mjahed Maya	07 24m91 01/08 bbs
2 Ngandeu Tchambia Brenda	07 18m97 22/08 ws

Hexathlon	RC : 3901 p
1 Mjahed Maya	07 2512 p 01/08 bbs
2 Sivis Mulongo Juliana	07 1319 p 26/09 rcas

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4 x 100 m		RC : 50.59		
?		54.50	19/09	hf
SCOLAIRES FEMMES				
100 m		RC : 12.33		
1	Leonard Elise	05	12.82	03/07 moha
2	Tshanga Diomi Roline	04	13.06	16/05 resc
3	Van Ex Coelmont Alexia	04	13.49	16/05 resc
4	Martins Junior Magaly	04	13.50	16/05 resc
5	Bahaid Salma	05	13.71	16/05 resc
6	Hasnaoui Saloua	04	13.73	16/05 resc
7	Cole Anne Ramon	04	13.82	10/10 csf
8	De Gendt Oriane	05	14.06	16/05 resc
9	Surocaj Loreta	04	14.94	16/05 resc
10	Kallouch Bouchra	05	15.69	16/05 resc
200 m		RC : 25.1		
1	Tshanga Diomi Roline	04	26.85	16/05 resc
2	Bahaid Salma	05	27.36	12/06 resc
3	Leonard Elise	05	27.65	31/07 bbs
4	Hasnaoui Saloua	04	28.39	16/05 resc
5	Martins Junior Magaly	04	28.51	16/05 resc
6	Dennison Chrystal	05	28.81	31/07 bbs
7	Surocaj Loreta	04	31.40	16/05 resc
300 m		RC : 39.65		
1	Kagu Gerta	05	47.25	16/05 resc
2	Kallouch Bouchra	05	51.75	16/05 resc
400 m		RC : 56.03		
1	Tshanga Diomi Roline	04	62.51	19/09 hf
800 m		RC : 2.14.88		
1	Kagu Gerta	05	2.35.69	16/05 resc
2	Dennison Chrystal	05	2.53.65	01/08 bbs
3	Kallouch Bouchra	05	3.02.07	19/09 hf
4	Leonard Elise	05	3.04.60	01/08 bbs
1500 m		RC : 4.00.79		
1	Kagu Gerta	05	5.45.12	19/09 hf
3000 m		RC : 10.41.31		
1	Andouh Hssane	04	13.59.15	19/09 hf
100 m haies (76 cm)		RC : 13.92		
1	Lucas Clara	04	16.26	16/05 resc
2	Leonard Elise	05	16.92	31/07 bbs
3	Dennison Chrystal	05	18.35	31/07 bbs
400 m haies (76 cm)		RC : 62.36		
1	Surocaj Loreta	04	81.21	19/09 hf
2000 m steeple (76 cm)		RC : 8.05.35		
1	Kagu Gerta	05	8.48.32	19/09 hf
Hauteur		RC : 1m68		
1	Dennison Chrystal	05	1m35	31/07 bbs
Longueur		RC : 6m08		
1	Lucas Clara	04	5m23	16/05 resc
2	Leonard Elise	05	4m69	18/07 fcha
3	De Gendt Oriane	05	4m44	16/05 resc
4	Surocaj Loreta	04	4m37	16/05 resc
5	Van Ex Coelmont Alexia	04	4m34	16/05 resc
Triple saut		RC : 12m15		
1	Surocaj Loreta	04	9m06	19/09 hf
Perche		RC : 3m36		
1	Cole Anne Ramon	04	2m20	19/09 hf
Poids (3 kg)		RC : 13m85		
1	Mathieu Julia	05	13m51	11/09 lyra
2	Dennison Chrystal	05	9m46	31/07 bbs
3	Leonard Elise	05	7m70	31/07 bbs
4	Martins Junior Magaly	04	7m29	19/09 hf
Disque (1 kg)		RC : 47m99		
1	Mathieu Julia	05	30m63	11/09 lyra
2	Martins Junior Magaly	04	13m35	19/09 hf

Javelot (500 gr)		RC : 41m95		
1	Dennison Chrystal	05	31m22	28/08 cabw
2	Leonard Elise	05	19m71	01/08 bbs
3	Frifra Kheira	07	12m78	19/09 hf
Heptathlon		RC : 4701 p		
1	Dennison Chrystal	05	3135 p	01/08 bbs
2	Leonard Elise	05	2669 p	01/08 bbs
4 x 100 m		RC : 48.97		
Bahaid, Tshanga Diomi, Martins Junior, Leonard		51.22	05/09	smac
JUNIORS FEMMES				
100 m		RC : 12.03		
1	Demets Olivia	03	16.53	16/05 resc
200 m		RC : 24.65		
1	Demets Olivia	03	33.72	16/05 resc
400 m		RC : 56.03		
1	Joblin Marine	02	59.87	14/08 oeh
800 m		RC : 2.05.49		
1	Joblin Marine	02	2.13.80	26/06 resc
2	Nachtergal Marine	02	2.27.15	12/06 resc
3	Kurza Klaudia	02	2.36.09	16/05 resc
Javelot (600 gr)		RC : 41m58		
1	Iven Kayla	02	42m80	06/06 FRA
SENIORS FEMMES				
100 m		RC : 11.42		
1	Morency Poilvache Alizee	98	11.71	27/06 resc
2	Zagre Anne	90	11.73	03/07 avt
3	Badji Jalika	96	12.47	16/05 resc
4	Cok Evelyn	91	13.81	16/05 resc
5	Simons Lina	96	14.06	20/06 csf
200 m		RC : 23.46		
1	Morency Poilvache Alizee	98	24.13	26/06 resc
2	Badji Jalika	96	25.50	24/07 lyra
3	Verheecke Hanna	00	25.73	07/07 vita
4	Simons Lina	96	28.57	07/08 dcla
5	Cok Evelyn	91	29.30	16/05 resc
300 m		RC : 38.04		
1	Morency Poilvache Alizee	98	39.10	11/07 avlo
2	Badji Jalika	96	40.13	16/05 resc
3	Verheecke Hanna	00	40.41	11/07 avlo
4	Simons Lina	96	45.38	16/05 resc
400 m		RC : 53.51		
1	Badji Jalika	96	56.79	12/06 resc
2	Verheecke Hanna	00	56.85	12/06 resc
3	Simons Lina	96	64.10	24/07 lyra
800 m		RC : 2.03.72		
1	Muls Camille	99	2.04.70	14/08 olse
2	Chylinski Marta	86	2.13.19	01/08 NED
3	Pinter Eline	96	2.21.70	27/03 USA
4	Archambeau Aline	90	2.28.92	12/06 resc
1500 m		RC : 4.12.85		
1	Muls Camille	99	4.12.35	03/07 avt
2	Chylinski Marta	86	4.29.37	01/09 FRA
3	Pinter Eline	96	4.55.34	10/07 kor
3000 m		RC : 8.49.85		
1	Chylinski Marta	86	9.50.60	04/09 dein
5.000 m		RC : 15.41.24		
1	Van Lent Jana	01	17.08.23	29/05 NED
10.000 m		RC : 32.23.39		
1	Van Lent Jana	01	35.29.05	15/05 LUX
2	Chylinski Marta	86	36.38.48	12/06 rcg
100 m haies (84 cm)		RC : 12.71		

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1 Zagre Anne	90	12.78	01/08	JAP
400 m haies (76 cm)		RC : 55.20		
1 Badji Jalika	96	60.63	27/06	resc
Hauteur		RC : 1m95		
1 Thiebot Oceane	01	1m60	16/05	resc
Longueur		RC : 6m28		
1 Kizito Prisca	01	5m58	26/06	resc
Perche		RC : 4m20		
1 Henry Chloe	87	4m30	12/06	SUI
Poids (4 kg)		RC : 14m84		
1 Van De Sype Chloe	97	9m49	22/08	csdy
Disque (1 kg)		RC : 47m99		
1 Van De Sype Chloe	97	27m24	22/08	csdy
Javelot (600 gr)		RC : 44m36		
1 Smal Pauline	98	46m23	27/06	resc
4 x 400 m		RC : 3.48.08		
Badji, Muls, Tshanga Diomi, Vereecke		3.51.26	05/09	smac

MASTERS FEMMES

100 m		RC : 12.73		
1 Dewitte Valerie	80	13.62	12/06	SUI
2 Boonaert Caroline	64	14.53	19/09	vita
150 m		-		
1 Dewitte Valerie	80	20.85	08/05	SUI
200 m		RC : 26.58		
1 Dewitte Valerie	80	28.59	22/05	SUI
2 Boonaert Caroline	64	31.76	19/09	vita
300 m		RC : 60.23		
1 Dewitte Valerie	80	63.81	12/06	SUI
400 m		RC : 43.89		
1 Dewitte Valerie	80	44.10	08/05	SUI
Poids (4 kg)		RC : 11m09		
1 Adam Benedicte	78	10m80	19/09	vita
Disque (1 kg)		RC : 34m32		
1 Adam Benedicte	78	31m31	19/09	vita

BENJAMINS GARCONS

60 m		RC : 9.17		
1 Dogru Ilian	12	10.22	09/10	rcb
2 Housiaux Julien	12	10.14	09/10	rcb
3 Neerscholten Amos	12	10.43	26/09	rcas
4 Gysen Romain	12	10.86	09/10	rcb
5 Ruhangira Nathan	12	10.91	16/05	resc
6 Djijemo Tchankoue Florian	12	11.26	16/05	resc
7 Marchal Noam	13	11.59	02/10	rcb
8 Touiger Yanis	12	12.22	16/05	resc
9 Mievis Axel	13	13.42	16/05	resc
600 m		RC : 1.57.80		
1 Housiaux Julien	12	2.06.69	02/10	rcb
2 Neerscholten Amos	12	2.12.03	26/09	rcas
3 Dogru Ilian	12	2.16.97	02/10	rcb
4 Gysen Romain	12	2.27.10	16/05	resc
5 Ruhangira Nathan	12	2.31.05	16/05	resc
6 Marchal Noam	13	2.37.97	16/05	resc
7 Mievis Axel	13	2.41.66	16/05	resc
8 Djijemo Tchankoue Florian	12	2.50.92	16/05	resc
9 Touiger Yanis	12	2.54.55	16/05	resc
Hauteur		RC : 1m25		
1 Housiaux Julien	12	1m06	02/10	rcb
2 Dogru Ilian	12	1m05	16/05	resc
3 Djijemo Tchankoue Florian	12	1m00	16/05	resc
4 Ruhangira Nathan	12	0m95	16/05	resc
5 Gysen Romain	12	0m90	16/05	resc

6 Marchal Noam	13	0m85	16/05	resc
Touiger Yanis	12	0m85	16/05	resc
8 Mievis Axel	13	0m80	16/05	resc

Longueur		RC : 4m19		
1 Neerscholten Amos	12	3m43	18/06	resc
2 Housiaux Julien	12	3m38	18/06	resc
3 Dogru Ilian	12	3m22	09/10	rcb
4 Ruhangira Nathan	12	2m90	18/06	resc
5 Touiger Yanis	12	2m61	18/06	resc
6 Hendrichs Arthur	13	2m55	18/06	resc
7 Marchal Noam	13	2m44	18/06	resc

Poids (1 kg)		RC : 11m68		
1 Dogru Ilian	12	6m79	09/10	rcb
2 Neerscholten Amos	12	6m69	09/10	rcb
3 Housiaux Julien	12	6m66	09/10	rcb

Balle de hockey		RC : 40m13		
1 Housiaux Julien	12	29m00	18/06	resc
2 Neerscholten Amos	12	21m97	26/09	rcas
3 Ruhangira Nathan	12	19m72	18/06	resc
4 Hendrichs Arthur	13	16m48	18/06	resc
5 Marchal Noam	13	12m89	18/06	resc
6 Touiger Yanis	12	10m75	18/06	resc

Tetrathlon		RC : 2099 p		
1 Neerscholten Amos	12	1040 p	26/09	rcas

PUPILLES GARCONS

60 m		RC : 8.09		
1 Ben Ahmed Yanis	10	9.35	16/05	resc
2 Guellet Elijah	10	9.77	16/05	resc
3 Theyskens Alexis	10	9.94	02/10	rcb
4 Xhonneux Raphael	10	10.16	16/05	resc
5 Marchal Mathys	11	10.19	02/10	rcb
6 Mievis Lionel	11	10.34	16/05	resc
7 Detre Antonin	11	10.39	16/05	resc
8 Neili Fares	10	10.59	16/05	resc
9 Ghesquiere Alexandre	11	10.60	16/05	resc
10 Leyman Logan	11	10.65	16/05	resc
11 Ven Wynendaele Lenny	11	10.84	16/05	resc
12 Bellaari Nawfel	11	10.89	16/05	resc
13 Arys Luca	10	10.11	26/09	rcas
14 Coppy Yannic	11	11.25	16/05	resc
15 Rozzi Arthur	11	11.48	02/10	rcb

1000 m		RC : 3.14.18		
1 Ben Ahmed Yanis	10	3.18.53	09/10	rcb
2 Theyskens Alexis	10	3.36.11	09/10	rcb
3 Mievis Lionel	11	3.47.74	09/10	rcb
4 Marchal Mathys	11	3.53.46	02/10	rcb
5 Arys Luca	10	3.58.07	26/09	rcas
6 Van Wynendaele Lenny	11	4.05.76	16/05	resc
7 Ghesquiere Alexandre	11	4.10.11	16/05	resc
8 Bellaari Nawfel	11	4.10.36	16/05	resc
9 Xhonneux Raphael	10	4.14.54	16/05	resc
10 Guellet Elijah	10	4.16.29	16/05	resc
11 Detre Antonin	11	4.32.72	16/05	resc
12 Neili Fares	10	4.50.57	16/05	resc

Hauteur		RC : 1m49		
1 Aztout Haron	10	1m25	18/06	resc
2 Hendrichs Hadrien	10	1m20	18/06	resc
3 Xhonneux Raphael	10	1m16	02/10	rcb
4 Dermoen Raphael	11	1m15	18/06	resc
Michels Antoine	10	1m15	18/06	resc
Quattara Noham	10	1m15	18/06	resc
7 Arys Luca	10	1m14	26/09	rcas
8 Hendrichs Victor	10	1m10	18/06	resc
9 Theyskens Alexis	10	1m08	26/09	rcas
10 Ghesquiere Alexandre	11	1m05	18/06	resc
Marchal Mathys	11	1m05	18/06	resc
Sielinou Fomo Samory	10	1m05	18/06	resc
Thonon Gaston	10	1m05	18/06	resc
14 Neili Fares	10	1m00	18/06	resc
Philips Raphael	11	1m00	18/06	resc
Verbandert Cesar	10	1m00	18/06	resc

Longueur		RC : 4m75		
1 Guellet Elijah	10	3m52	16/05	resc
2 Ben Ahmed Yanis	10	3m52	16/05	resc

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3	Theyskens Alexis	10	3m35	16/05	resc
4	Detre Antonin	11	3m33	16/05	resc
5	Marchal Mathys	11	3m16	16/05	resc
6	Mievis Lionel	11	3m09	16/05	resc
7	Xhonneux Raphael	10	3m08	16/05	resc
8	Eugeni Giosue	11	3m02	16/05	resc
9	Ghesquiere Alexandre	11	2m91	16/05	resc
10	Coppy Yannic	11	2m84	16/05	resc
11	Van Wynendaele Lenny	11	2m73	16/05	resc
12	Leyman Logan	11	2m68	16/05	resc
13	Neili Fares	10	2m68	16/05	resc

Poids (2 kg)		RC : 11m71			
1	Neili Fares	10	7m73	18/06	resc
2	Ouattara Noham	10	6m75	18/06	resc
3	Michels Antoine	10	6m72	18/06	resc
4	Arys Luca	10	6m48	26/09	rcas
5	Philips Raphael	11	6m26	18/06	resc
6	Aztout Haron	10	6m11	18/06	resc
7	Theyskens Alexis	10	6m03	26/09	rcas
8	Hendrichs Hadrien	10	5m84	18/06	resc
9	Marchal Mathys	11	5m56	18/06	resc
10	Xhonneux Raphael	10	5m42	29/08	riwa
11	Hendrichs Victor	10	5m13	18/06	resc
12	Thonon Gaston	10	5m09	18/06	resc
13	Verbandert Cesar	10	4m66	18/06	resc
14	Demoen Raphael	11	4m56	18/06	resc
15	Bellaari Nawfel	11	4m32	18/06	resc
16	Ghesquiere Alexandre	11	3m90	18/06	resc

Disque (600 gr)		RC : 31m14			
1	Arys Luca	10	14m80	02/10	rcb
2	Theyskens Alexis	10	12m11	02/10	rcb
3	Xhonneux Raphael	10	11m90	02/10	rcb

Balle de hockey		RC : 46m50			
1	Ben Ahmed Yanis	10	39m29	09/10	rcb
2	Arys Luca	10	28m80	09/10	rcb
3	Lacroix Arthur	10	25m52	09/10	rcb

Tetathlon		RC : 2516 p			
1	Theyskens Alexis	10	1441 p	26/09	rcas
2	Arys Luca	10	1264 p	26/09	rcas

4 x 60 m		RC : 33.25			
Arys, Xhonneux, Rozzi, Theyskens		40.96	02/10	rcb	

MINIMES GARCONS

80 m		RC : 9.66			
1	Ouattara Reda	08	10.74	09/10	rcb
2	Kubiak Joachim	09	11.06	16/05	resc
3	Verleyen Jakob	08	11.09	09/10	rcb
4	Soudon Jules	08	11.47	16/05	resc
5	Bouchfira Camille	08	11.60	16/05	resc
6	Coppy Kenneth	08	11.64	16/05	resc
7	Elengesa Leopold	08	11.66	16/05	resc
8	Delneufcourt Hugo	09	12.34	22/08	ws
9	Delneufcourt Noah	09	12.43	22/08	ws
10	El Youssoufi Sami	09	13.13	16/05	resc

150 m		RC : 18.43			
1	Kubiak Joachim	09	21.48	02/10	rcb

300 m		RC : 40.86			
1	Verleyen Jakob	08	43.37	02/10	rcb

1000 m		RC : 3.01.77			
1	Verleyen Jakob	08	3.03.45	12/09	avlo
2	Bouchfira Camille	08	3.28.31	16/05	resc
3	Soudon Jules	08	3.33.46	16/05	resc
4	El Youssoufi Sami	09	3.52.63	16/05	resc
5	Kubiak Joachim	09	3.57.47	16/05	resc

150 m haies (76 cm)		RC : 20.54			
1	Kubiak Joachim	09	22.98	09/10	rcb
2	Delneufcourt Noah	09	24.15	09/10	rcb
3	Soudon Jules	08	25.83	09/10	rcb

Hauteur		RC : 1m73			
1	Kubiak Joachim	09	1m31	02/10	rcb

Longueur		RC : 5m73			
1	Ouattara Reda	08	4m74	09/10	rcb
2	Soudon Jules	08	4m49	18/06	resc
3	Verleyen Jakob	08	4m24	18/06	resc
4	Coppy Kenneth	08	4m27	16/05	resc
5	Kubiak Joachim	09	4m17	16/05	resc
6	Delneufcourt Noah	09	4m14	18/06	resc
7	Bouchfira Camille	08	4m07	16/05	resc
8	Delneufcourt Hugo	09	3m70	18/06	resc
9	Philips Bastien	09	3m56	18/06	resc
10	Elengesa Leopold	08	3m26	16/05	resc
11	El Youssoufi Sami	09	3m11	16/05	resc
12	Sielinou Bamou Neto	09	1m61	18/06	resc

Poids (3 kg)		RC : 14m71			
1	Soudon Jules	08	7m98	18/06	resc
2	Verleyen Jakob	08	7m69	18/06	resc
3	Ouattara Reda	08	7m40	18/06	resc
4	Philips Bastien	09	7m08	18/06	resc
5	Delneufcourt Noah	09	6m82	18/06	resc
6	Kubiak Joachim	09	6m31	18/06	resc
7	Soeiro Moreno Alexandre	09	5m89	18/06	resc
8	Delneufcourt Hugo	09	5m64	18/06	resc
9	El Youssoufi Sami	09	4m72	18/06	resc
10	Sielinou Bamou Neto	09	3m45	18/06	resc

Disque (750 gr)		RC : 45m01			
1	Coppy Kenneth	08	21m78	09/10	rcb
2	Philips Bastien	09	19m49	09/10	rcb
3	Kubiak Joachim	09	16m78	02/10	rcb
4	Delneufcourt Hugo	09	15m04	09/10	rcb

Javelot (400 gr)		RC : 45m91			
1	Delneufcourt Noah	09	21m92	22/08	ws
2	Delneufcourt Hugo	09	19m95	22/08	ws
3	Kubiak Joachim	09	17m46	22/08	ws

CADETS GARCONS

100 m		RC : 11.31			
1	Verheeke Amory	06	12.75	19/09	hf
2	Mertens Raphael	07	12.76	16/05	resc
3	Soeiro Moreno Joaquim	06	12.87	16/05	resc
4	Guellet Shadi	07	13.03	16/05	resc
5	Desmecht Isaiah	06	13.47	10/10	csf
6	Labruyere Maxime	06	13.50	16/05	resc
7	Mvulu Kimana Steve	07	13.69	02/10	rcb
8	Kemlo Zyad	07	13.91	16/05	resc
9	Fadoul Barry	06	14.90	16/05	resc

200 m		RC : 23.14			
1	Verheeke Amory	06	26.36	19/09	hf
2	Guellet Shadi	07	27.12	16/05	resc
3	Labruyere Maxime	06	27.37	16/05	resc
4	Kemlo Zyad	07	29.03	16/05	resc
	Mvulu Kimana Steve	07	29.03	22/08	ws
6	Fadoul Barry	06	33.42	16/05	resc

400 m		RC : 52.24			
1	Labruyere Maxime	06	59.41	19/09	hf

800 m		RC : 1.59.30			
1	Van Mossevelde Sami	07	2.32.18	22/08	ws
2	Charlier Luca	07	2.54.62	19/09	hf

1500 m		RC : 4.10.9			
1	Chara Naim	06	5.07.60	19/09	hf
2	El Banoudi Rayane	07	5.28.98	02/10	rcb

100 m haies (91 cm)		RC : 14.02			
1	Fadoul Barry	06	21.07	19/09	hf

300 m haies (76 cm)		RC : 40.07			
1	Fadoul Barry	06	53.69	19/09	hf

Hauteur		RC : 1m91			
1	Van Mossevelde Sami	07	1m20	16/05	resc
2	Labruyere Maxime	06	1m20	19/09	hf

Longueur		RC : 6m70			
1	Guellet Shadi	07	5m18	16/05	resc

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2	Mertens Raphael	07	4m92	16/05	resc
3	De Greef Guillaume	07	4m35	19/09	hf
4	Van Mossevelde Sami	07	3m81	16/05	resc

Perche		RC : 3m76			
1	Van Mossevelde Sami	07	2m00	19/09	hf

Poids (4 kg)		RC : 14m42			
1	Mertens de Willmars Raphael	07	9m67	19/09	hf
2	Van Mossevelde Sami	07	7m10	22/08	ws

Disque (1 kg)		RC : 48m77			
1	Mertens de Willmars Raphael	07	22m28	19/09	hf

Javelot (600 gr)		RC : 44m54			
1	Van Mossevelde Sami	07	26m18	28/08	cabw

4 x 100 m		RC : 44.36			
?	hf			51.76	19/09

SCOLAIRES HOMMES

100 m		RC : 10.83			
1	Gruson Augustin	04	11.49	16/05	resc
2	Biala Kenny-Felder	05	11.63	07/07	vita
3	Arifi Ilias	04	11.86	21/08	herv
	Domine Guillaume	04	11.86	10/10	csf
5	Guillaume Clement	04	12.08	16/05	resc
6	Ivens Filip	04	12.52	16/05	resc
7	Manzano Enzo	05	12.54	16/05	resc
8	Elengesa Gaspard	04	13.00	16/05	resc
9	Geerts Thibaut	05	13.13	16/05	resc

200 m		RC : 21.97			
1	Biala Kenny-Felder	05	23.43	24/07	lyra
2	Gruson Augustin	04	23.55	19/09	hf
3	Guillaume Clement	04	24.34	16/05	resc
4	Elengesa Gaspard	04	27.01	02/07	ws

300 m		RC : 35.89			
1	Biala Kenny-Felder	05	36.20	11/07	avlo
2	Manzano Enzo	05	41.57	16/05	resc

400 m		RC : 49.48			
1	Biala Kenny-Felder	05	50.85	28/08	cabw
2	Arifi Ilias	04	52.24	21/08	herv
3	Nehme Ziad	05	57.09	22/08	ws

800 m		RC : 1.55.41			
1	Nehme Ziad	05	2.23.87	10/10	csf
2	Manzano Enzo	05	2.32.00	19/09	hf

1500 m		RC : 4.00.79			
1	Arifi Ilias	04	4.34.69	01/08	bbs
2	Nehme Ziad	05	5.14.19	19/09	hf

3000 m		RC : 8.33.14			
1	Guillaume Clement	04	11.51.46	19/09	hf

110 m haies (91 cm)		RC : 13.65			
1	Arifi Ilias	04	14.69	03/07	moha

400 m haies (84 cm)		RC : 56.13			
1	Arifi Ilias	04	58.65	11/09	lyra
2	Manzano Enzo	05	66.04	19/09	hf

2000 m steeple (91 cm)		RC : 6.10.2			
1	Nehme Ziad	05	7.25.79	19/09	hf

Hauteur		RC : 2m05			
1	Arifi Ilias	04	1m87	25/09	rcas
2	Suetens Loic	05	1m68	19/09	hf

Longueur		RC : 7m59			
1	Gruson Augustin	04	7m03	27/06	resc
2	Arifi Ilias	04	6m04	12/06	resc
3	Domine Guillaume	04	5m49	19/09	hf
4	Manzano Enzo	05	4m81	16/05	resc

Triple saut		RC : 15m64			
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1	Domine Guillaume	04	10m86	19/09	hf
2	Geerts Thibaut	05	10m20	16/05	resc

Perche		RC : 4m36			
1	Arifi Ilias	04	4m10	16/07	rcas

Poids (5 kg)		RC : 14m35			
1	Arifi Ilias	04	11m16	25/09	rcas
2	Corneli Keziah	05	8m81	19/09	hf

Disque (1,5 kg)		RC : 44m44			
1	Arifi Ilias	04	30m85	22/08	herv
2	Ivens Filip	04	28m41	19/09	hf

Javelot (700 gr)		RC : 52m73			
1	Ivens Filip	04	35m09	19/09	hf
2	Arifi Ilias	04	32m57	20/06	csf

Decathlon		RC : 5708 p			
1	Arifi Ilias	04	5248 p	01/08	bbs

4 x 100 m		RC : 42.91			
?	hf			44.73	19/09

JUNIORS HOMMES

100 m		RC : 10.71			
1	Medan Marko	03	11.06	18/09	herv
2	De Tollenaere Tom	03	11.92	16/05	resc
3	Montilla Alexis	02	12.11	21/08	herv
4	Chekem Ramses	03	12.15	16/05	resc
5	Dobrzynski Damian	03	14.49	16/05	resc

200 m		RC : 21.0			
1	Medan Marko	03	22.43	18/09	herv
2	Dobrzynski Damian	03	30.53	16/05	resc

400 m		RC : 47.8			
1	Latinne Mathys	03	50.26	04/07	damp
2	Montilla Alexis	02	56.28	31/07	bbs

800 m		RC : 1.52.66			
1	Latinne Mathys	03	1.55.30	26/06	resc

1500 m		RC : 3.48.9			
1	Montilla Alexis	02	5.03.16	22/08	herv

110 m haies (99 cm)		RC : 13.67			
1	Montilla Alexis	02	19.02	01/08	bbs

Hauteur		RC : 2m14			
1	Montilla Alexis	02	1m70	21/08	herv

Longueur		RC : 7m89			
1	Montilla Alexis	02	5m76	16/05	resc

Perche		RC : 5m00			
1	Montilla Alexis	02	3m40	01/08	bbs
2	De Tollenaere Tom	03	3m00	16/05	resc

Poids (6 kg)		RC : 15m79			
1	Montilla Alexis	02	11m71	31/07	bbs

Disque (1,75 kg)		RC : 43m08			
1	Montilla Alexis	02	33m17	22/08	herv

Javelot (800 gr)		RC : 53m14			
1	Montilla Alexis	02	46m12	15/05	jsmc

Decathlon		RC : 7196 p			
1	Montilla Alexis	02	5193 p	22/08	herv

SENIORS HOMMES

100 m		RC : 10.02			
1	Tshitwenu Florian	97	10.69	19/06	cabw
2	Niesen Charles	94	10.81	26/09	usbw
3	Segers Daniel	01	10.90	03/08	asvo
4	Kalmen Adam	98	10.93	26/09	usbw
5	Kasmi Amine	00	10.98	11/08	vita

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6	Badji Asamti	95	11.13	11/08	vita
7	Taiwo Eniola	00	11.14	12/06	resc
8	Caluwe Arnaud	91	11.22	31/07	acw
9	Montilla Dimitri	98	11.36	29/05	FRA
10	Tourtois Charles	01	11.40	16/05	resc
11	Caty Dylan	97	11.43	30/05	FRA
12	Geerts Gregory	99	11.49	14/08	oeh
13	Montilla Dimitri	98	11.51	16/05	resc
14	Ilunga Carl	93	11.57	03/07	moha
15	Ghislain Arnaud	88	11.62	20/06	csf
16	Fassil Aboubaker	91	12.02	20/06	csf

200 m						RC : 20.66
1	Kasmi Amine	00	21.11	27/06	resc	
2	Segers Daniel	01	21.74	07/08	rcg	
3	Niesen Charles	94	21.98	11/08	vita	
4	Nicodeme Romain	95	21.98	21/07	riem	
5	Badji Asamti	95	22.08	07-08	dcla	
6	Kalmen Adam	98	22.46	16/05	resc	
7	Mazebo Simon	00	22.32	29/08	vs	
8	Caty Dylan	97	22.89	06/06	FRA	
9	Ghislain Arnaud	88	22.94	20/06	csf	
10	Ilunga Carl	93	23.59	07/08	dcla	
11	Fassil Aboubaker	91	24.70	12/06	resc	

300 m						RC : 33.10
1	Segers Daniel	01	33.84	03/08	asvo	
2	Badji Asamti	95	34.06	11/07	avlo	
3	Mazebo Simon	00	35.31	11/07	avlo	
4	Ilunga Carl	93	37.55	11/07	avlo	

400 m						RC : 45.98
1	Badji Asamti	95	47.26	24/07	lyra	
2	Mabille Florent	96	47.83	14/08	olse	
3	Nicodeme Romain	95	48.29	12/06	resc	
4	Lins Sebastien	92	48.95	12/06	resc	
5	Ghislain Arnaud	88	51.08	21/08	FRA	
6	Montilla Dimitri	98	51.21	29/05	FRA	
7	Tourtois Charles	01	51.34	21/08	herv	
8	Ilunga Carl	93	51.52	14/08	oeh	
9	Marin Sanchez Sergio	98	54.92	22/08	ws	
10	Ringoet Romain	01	56.18	02/07	ws	

800 m						RC : 1.46.60
1	Callahan Peter	91	1.47.92	17/07	vita	
2	Balhan Robin	94	1.51.02	19/06	cabw	
3	Ghislain Arnaud	88	2.02.49	21/08	FRA	
4	Petitjean Simon	96	2.03.64	16/05	resc	
5	Marin Sanchez Sergio	98	2.07.97	02/07	ws	

1500 m						RC : 3.36.96
1	Callahan Peter	91	3.38.41	15/05	USA	
2	Balhan Pierre Antoine	92	3.42.58	12/06	resc	
3	Petitjean Simon	96	3.54.56	12/06	resc	
4	Bouissane Youssef	94	3.56.62	19/06	cabw	
5	Balhan Robin	94	4.01.31	16/05	resc	
6	Tourtois Charles	01	4.24.29	22/08	herv	
7	Petitjean Simon	96	4.35.96	15/05	jsmc	
8	Ghislain Arnaud	88	4.53.32	22/08	FRA	
9	Montilla Dimitri	98	4.55.06	30/05	FRA	
10	Vereertbrugghen Nicolas	92	4.56.20	16/05	resc	

3000 m						RC : 7.47.22
1	Ghislain Arnaud	88	10.50.14	22/08	FRA	

5000 m						RC : 13.22.81
1	Bouckikhi Lahsene	93	13.49.08	03/07	avt	
2	Ruell Kim	87	15.03.37	12/06	resc	
3	Bouissane Youssef	94	15.09.23	12/06	resc	
4	Jazaeri Amir	99	17.00.74	02/10	rcb	
5	Ghislain Arnaud	88	18.40.43	21/08	FRA	

10.000 m						RC : 28.24.95
1	Bouchikhi Lahsene	93	28.45.30	05/06	GBR	
2	Ghislain Arnaud	88	40.57.16	22/08	FRA	

Semi-marathon						RC : 1h01.42
1	Naert Koen	89	1h01.38	21/03	GER	

Marathon						RC : 2h07:39
1	Naert Koen	89	2h12.13	08/08	JAP	
2	Bouissane Youssef	94	2h22:23	19/09	rfcl	

110 m haies (106 cm)						RC : 13.48
1	Caty Dylan	97	14.48	06/06	FRA	
2	Montilla Dimitri	98	14.70	30/05	FRA	
3	Tourtois Charles	01	16.21	22/08	herv	
4	Ghislain Arnaud	88	16.28	11/07	flac	

200 m haies (91 cm)						RC : 27.04
1	Ghislain Arnaud	88	25.01	21/08	FRA	

400 m haies (91 cm)						RC : 48.91
1	Mazebo Simon	00	50.79	19/06	cabw	
2	Ghislain Arnaud	88	57.42	22/08	FRA	

3000 steeple (91 cm)						RC : 8.24.90
1	Bouissane Youssef	94	9.21.20	27/06	resc	
2	Ghislain Arnaud	88	11.30.70	21/08	FRA	

Hauteur						RC : 2m21
1	Gamuala Jos	98	2m00	16/05	resc	
2	Montilla Dimitri	98	1m98	29/05	FRA	
3	Tourtois Charles	01	1m78	21/08	herv	
4	Ghislain Arnaud	88	1m62	21/08	FRA	

Longueur						RC : 7m98
1	Caluwe Arnaud	91	7m28	22/08	csdy	
2	Segers Daniel	01	7m15	31/7	acw	
3	Campener Corentin	90	7m04	27/06	resc	
4	Montilla Dimitri	98	6m94	16/05	resc	
5	Geerts Gregroy	99	6m71	14/08	olse	
6	Ghislain Arnaud	88	6m21	11/07	flac	
7	Tourtois Charles	01	6m06	21/08	herv	

Triple saut						RC : 16m86
1	Geerts Gregroy	99	14m72	24/05	NED	
2	Ghislain Arnaud	88	11m88	20/06	csf	

Perche						RC : 5m25
1	Montilla Dimitri	98	4m75	30/05	FRA	
2	Tourtois Charles	01	3m70	16/05	resc	
3	Ghislain Arnaud	88	2m50	22/08	FRA	

Poids (7,26 kg)						RC : 15m64
1	Guillaume Jonathan	92	15m57	30/05	FRA	
2	Hadj Faraji Ridwan	98	12m86	21/08	csf	
3	Montilla Dimitri	98	12m61	31/07	bbs	
4	Dekker Stephan	87	12m79	10/07	zwat	
5	Tourtois Charles	01	11m50	21/08	herv	
6	Ghislain Arnaud	88	10m37	21/08	FRA	

Disque (2 kg)						RC : 56m67
1	Dekker Stephan	87	55m48	12/06	NED	
2	Salvaggio Claudio	92	44m36	12/06	resc	
3	Montilla Dimitri	98	43m41	30/05	FRA	
4	Guillaume Jonathan	92	41m37	27/06	resc	
5	Gets Florent	91	40m18	15/05	jsmc	
6	Hadj Faraji Ridwan	98	32m34	02/10	rcb	
7	Tourtois Charles	01	31m42	22/08	herv	
8	Ghislain Arnaud	88	27m70	11/07	flac	

Javelot (800 gr)						RC : 56m67
1	Gets Florent	91	55m28	27/06	resc	
2	Montilla Dimitri	98	44m63	30/05	FRA	
3	Tourtois Charles	01	38m41	22/08	herv	
4	Ghislain Arnaud	88	32m82	22/08	FRA	

Marteau (7,26 kg)						RC : 63m56
1	Salvaggio Claudio	92	61m71	04/07	damp	
2	Ghislain Arnaud	88	28m33	21/08	FRA	

Decathlon						RC : 8142 p
1	Montilla Dimitri	98	7287 p	30/05	FRA	
2	Tourtois Charles	01	6196 p	22/08	herv	

Icosathlon						RC : 13.099 p
1	Ghislain Arnaud	88	11.342 p	22/08	FRA	

4 x 100 m						RC : 40.60
Kalmen, Niesen, Kasmi, Tshitwenu			40.79	05/09	smac	

4 x 200 m						RC : 1.24.15
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Palmares 2021 outdoor

Segers, Tshitwenu, Badji, Medan	1.26.10	05/09	smac
4 x 400 m	RC : 3.10.2		
Mazebo, Lins, Nicodeme, Badji	3.14.58	05/09	smac
MASTERS HOMMES			
100 m	RC : 11.07		
1 Maniquet Rudi	61 13.61	20/06	csf
2 Schoonen Laurent	65 14.78	25/09	rcas
200 m	RC : 22.55		
1 Balsen Julien	86 24.02	11/08	vita
2 Maniquet Rudi	61 28.26	16/05	resc
300 m	RC : 37.95		
1 Balsen Julien	86 37.38	11/07	avlo
400 m	RC : 52.31		
1 Balsen Julien	86 52.91	07/08	dcla
2 Schoonen Laurent	65 73.88	22/08	ws
1500 m	RC : 3.36.96		
1 Schoonen Laurent	65 7.08.11	21/08	csf
Marathon	RC : 2h32:05		
1 Delneufcourt Olivier	76 3h18:15	26/09	GER
100 m haies (91 cm)	RC : 20.06		
1 Schoonen Laurent	65 23.06	26/09	rcas
Hauteur	RC : 1m90		
1 Schoonen Laurent	65 1m35	25/09	rcas
Longueur	RC : 6m65		
1 Schoonen Laurent	65 3m87	25/09	rcas
Triple saut	RC : 14m09		
1 Maniquet Rudi	61 9m09	19/09	vita
Perche	RC : 4m71		
1 Schoonen Laurent	65 2m32	26/09	rcas
Poids (6 kg)	RC : 12m01		
1 Schoonen Laurent	65 6m98	21/08	csf
Poids (7,26 kg)	RC : 15m08		
1 Schoonen Laurent	65 7m45	25/09	rcas
Disque (1,5 kg)	RC : 35m64		
1 Schoonen Laurent	65 22m85	26/09	rcas
Javelot (700 gr)	RC : 37m29		
1 Schoonen Laurent	65 22m09	02/10	volh
Javelot (800 gr)	RC : 62m75		
1 Schoonen Laurent	65 24m41	21/08	csf
Marteau (6 kg)	RC : 23m65		
1 Schoonen Laurent	65 19m88	02-10	volh
Grand poids (11,34 kg)	RC : 9m66		
1 Schoonen Laurent	65 8m21	02/10	volh
Pentathlon de lancers M55	RC : -		
1 Schoonen Laurent	65 1752 p	02/10	volh
Decathlon M55	RC : 2735 p		
1 Schoonen Laurent	65 3699 p	26/09	rcas

MASTERS HOMMES HANDISPORT

Disque (1,5 kg)	RC : 17m80		
1 Denys Jacques	59 15m05	27/06	resc
Javelot (800 gr)	RC : 13m05		
1 Denys Jacques	59 11m61	27/06	resc