

Palmares 2019 outdoor.

BENJAMINES FILLES

60 m		RC : 9.44			
1	Squiflet Emelynn	10	9.38	26/05	rsca
2	Dzou Lesly Kayla	10	9.56	02/06	vita
3	Schroeven Camille	11	10.36	05/05	resc
4	Ngandeu Tchambia Alexandra	10	10.41	20/04	csf
5	Bourgeois-Jacquet Lily	11	10.61	06/04	ws
6	Varela Gonzalez Carla	10	10.92	07/04	resc
7	Beghin Joyce	10	11.04	01/05	rcas
8	Wanyu Naomie	10	11.16	25/05	csf
9	Kabamba Ebondo Julia	10	11.23	05/05	resc
10	Demeyere Taissi	11	11.71	05/05	resc
11	Delarge Anais	11	11.74	27/04	caf
12	Huyghe Jeanne	11	12.22	07/04	resc
13	Demanet Zadie	11	13.19	05/05	resc

600 m		RC : 2.00.94			
1	Beghin Joyce	10	2.09.21	05/05	resc
2	Schroeven Camille	11	2.11.63	01/05	rcas
3	Wanyu Naomie	10	2.20.11	02/06	vita
4	Squiflet Emelynn	10	2.20.16	05/05	resc
5	Ngandeu Tchambia Alexandra	10	2.21.36	20/04	csf
6	Bourgeois-Jacquet Lily	11	2.21.58	06/04	ws
7	Dzou Lesly Kayla	10	2.26.64	05/05	resc
8	Varela Gonzalez Carla	10	2.31.77	20/04	csf
9	Demeyere Taissi	11	2.45.26	05/05	resc
10	Delarge Anais	11	2.56.84	27/04	caf
11	Kabamba Ebondo Julia	10	2.53.27	05/05	resc

Hauteur		RC : 1m18			
1	Squiflet Emelynn	10	1m10	26/05	rsca
2	Dzou Lesly Kayla	10	1m05	01/05	rcas
3	Ngandeu Tchambia Alexandra	10	1m00	01/05	rcas

Longueur		RC : 3m88			
1	Squiflet Emelynn	10	3m36	02/06	vita
2	Dzou Lesly Kayla	10	3m30	02/06	vita
3	Wanyu Naomie	10	2m75	02/06	vita
4	Ngandeu Tchambia Alexandra	10	2m63	20/04	csf
5	Schroeven Camille	11	2m51	05/05	resc
6	Varela Gonzalez Carla	10	2m48	20/04	csf
7	Demeyere Taissi	11	1m69	05/05	resc
8	Demanet Zadie	11	1m66	05/05	resc

Poids (1 kg)		RC : 8m63			
1	Ngandeu Tchambia Alexandra	10	6m55	20/04	csf
2	Varela Gonzalez Carla	10	5m06	20/04	csf

Balle de hockey		RC : 28m96			
1	Dzou Lesly Kayla	10	25m76	02/06	vita
2	Squiflet Emelynn	10	24m05	02/06	vita
3	Beghin Joyce	10	21m09	07/04	resc
4	Ngandeu Tchambia Alexandra	10	11m73	07/04	resc
5	Wanyu Naomie	10	10m57	02/06	vita
6	Demanet Zadie	11	9m49	07/04	resc
7	Schroeven Camille	11	9m02	07/04	resc
8	Huyghe Jeanne	11	8m28	07/04	resc
9	Delarge Anais	11	8m33	27/04	caf
10	Varela Gonzalez Carla	10	8m23	07/04	resc

Tetrathlon		RC : 1601 p			
1	Ngandeu Tchambia Alexandra	10	1021 p	20/04	csf
2	Varela Gonzalez Carla	10	704 p	20/04	csf

4 x 60 m		RC : 37.58			
Dzou, Schroeven, Ngandeu Tchambia, Squiflet			39.97	07/04	resc

PUPILLES FILLES

60 m		RC : 8.55			
1	Sweetlove Celine	08	9.24	01/05	rcas
2	Khrauph Aya	08	9.40	07/04	resc
3	Wanyu Diane	08	9.66	02/06	vita
4	Radermacher Sarah	08	9.80	02/06	vita
5	Gerard Emma	08	10.05	08/06	csf
6	Agacseven Lina	08	10.08	07/04	resc
7	Barry Diariou	08	10.12	05/05	resc
8	Sibourg Celya	09	10.31	20/04	csf
9	Krautli Charlotte	09	10.38	05/05	resc
10	Asakerh Maissa	09	10.44	02/06	vita
11	Mubarik Inaya	08	10.49	20/04	csf
12	Minne Charline	09	10.62	07/04	resc

13	Sandron Elise	08	11.13	05/05	resc
14	Bersis Maissa	08	11.56	05/05	resc
15	Makhoukh Lilya	09	12.03	05/05	resc

1000 m		RC : 3.26.31			
1	Bakrim Amelle	08	3.43.36	02/06	vita
2	Wanyu Diane	08	3.46.12	06/04	ws
3	Agacseven Lina	08	3.47.76	07/04	resc
4	Gerard Emma	08	4.00.31	08/06	csf
5	Radermacher Sarah	09	4.04.36	07/04	resc
6	Minne Charline	09	4.07.54	07/04	resc
7	Sibourg Celya	09	4.14.64	07/04	resc
8	Mayuma Marie	08	4.23.34	05/05	resc
9	Vanhemelen Jade	08	4.29.94	05/05	resc
10	Makhoukh Lilya	09	5.31.86	05/05	resc
11	Mubarik Inaya	08	5.17.79	20/04	csf

60 m haies (76 cm)		RC : 10.74			
1	Sweetlove Celine	08	11.94	05/05	resc
2	Radermacher Sarah	09	13.52	02/06	vita
3	Sibourg Celya	09	13.79	02/06	vita
4	Barry Diariou	08	14.09	05/05	resc
5	Gerard Emma	08	14.31	02/06	vita

Hauteur		RC : 1m33			
1	Wanyu Diane	08	1m16	05/05	resc
2	Sweetlove Celine	08	1m11	05/05	resc
3	Radermacher Sarah	09	1m10	20/04	csf
4	Gerard Emma	08	1m01	05/05	resc
	Sandron Elise	08	1m01	05/05	resc
	Sibourg Celya	09	1m01	05/05	resc
7	Mubarik Inaya	08	0m90	20/04	csf

Longueur		RC : 4m48			
1	Wanyu Diane	08	3m54	06/04	ws
2	Gerard Emma	08	3m48	25/05	csf
	Radermacher Sarah	09	3m48	01/05	rcas
3	Sibourg Celya	09	3m27	02/06	vita

Poids (2 kg)		RC : 9m75			
1	Wanyu Diane	08	6m80	01/05	rcas
2	Tollenaire Tia	08	6m08	01/05	rcas
3	Khrauph Aya	08	6m00	01/05	rcas
4	Radermacher Sarah	09	4m81	07/04	resc
5	Sibourg Celya	09	4m61	20/04	csf
6	Mubarik Inaya	08	4m52	20/04	csf
7	Agacseven Lina	08	4m44	07/04	resc
8	Minne Charline	09	3m62	07/04	resc

Balle de hockey		RC : 41m50			
1	Sibourg Celya	09	21m48	02/06	vita
2	Wanyu Diane	08	21m18	02/06	vita

Tetrathlon		RC : 2077 p			
1	Wanyu Diane	08	1380 p	20/04	csf
2	Radermacher Sarah	09	1222 p	20/04	csf
3	Sibourg Celya	09	1003 p	20/04	csf
4	Mubarik Inaya	08	657 p	20/04	csf

4 x 60 m		RC : 33.97			
Wanyu, Khrauph, Sweetlove, Radermacher			36.74	07/04	resc

MINIMES FILLES

80 m		RC : 10.64			
1	Kubiak Joanna	06	11.92	05/05	resc
2	Ngandeu Tchambia Brenda	07	12.20	20/04	csf
3	Sanchez Elisa	07	12.41	01/05	rcas
4	Hellebaut Nour	06	12.78	05/05	resc
5	Van Ex Elvira	06	13.11	05/05	resc
6	Vanneste Blum	06	13.46	20/04	csf

150 m		RC : 20.13			
1	Kubiak Joanna	06	21.61	01/05	rcas
2	Agua Viera Olivia	07	21.85	01/05	rcas
3	Ngandeu Tchambia Brenda	07	22.11	07/04	resc
4	Mjahed Maya	07	22.86	07/04	resc
5	Sanchez Elisa	07	23.45	07/04	resc
6	El Gorfty Wassila	07	23.69	07/04	resc
7	Van Ex Elvira	06	23.74	07/04	resc
8	Hellebaut Nour	06	23.88	07/04	resc
9	El Hassani Sarah*	06	24.28	07/04	resc
10	Noblesse Pauline	07	25.38	07/04	resc

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11 Verleyen Marthe	06	25.91	07/04	resc
1000 m RC : 3.14.33				
1 Aguza Vieira Olivia	06	3.47.64	07/04	resc
2 Sivis Mulongo Juliana	07	3.50.74	07/04	resc
3 Khader Samia	07	3.51.29	07/04	resc
4 El Hassani Sarah*	06	3.51.72	07/04	resc
5 Ngandeu Tchambia Brenda	07	3.55.48	20/04	csf
6 Redouane Tasnim	06	4.26.49	05/05	resc
7 Verleyen Marthe	06	4.33.65	07/04	resc
60 m haies (76 cm) RC : 9.96				
1 Ngandeu Tchambia Brenda	07	12.77	05/05	resc
2 Noblesse Pauline	07	14.89	05/05	resc
Hauteur RC : 1m57				
1 Ngandeu Tchambia Brenda	07	1m25	01/05	rcas
2 Sivis Juliana	07	1m20	01/05	rcas
3 El Gorffy Wassila	07	1m15	07/04	resc
Kubiak Joanna	06	1m15	07/04	resc
5 Mjehed Maya	07	1m10	07/04	resc
Sanchez Elisa	07	1m10	07/04	resc
Vanneste Blum	06	1m10	20/04	csf
8 Verleyen Marthe	06	1m05	07/04	resc
Longueur RC : 5m00				
1 Mjehed Maya	07	3m73	02/06	vita
Poids (2 kg) RC : 13m12				
1 Ngandeu Tchambia Brenda	07	7m69	20/04	csf
2 Vanneste Blum	06	5m92	20/04	csf
Disque (750 gr) RC : 27m29				
1 Mjehed Maya	07	20m00	01/05	rcas
2 Kubiak Joanna	06	14m47	01/05	rcas
3 Sivis Juliana	07	13m40	01/05	rcas
Javelot (400 gr) RC : 34m63				
1 Mjehed Maya	07	17m23	05/05	resc
2 Kubiak Joanna	06	13m04	05/05	resc
3 Ngandeu Tchambia Brenda	07	12m09	20/04	csf
4 Vanneste Blum	06	11m97	20/04	csf
5 Van Ex Elvira	06	10m65	05/05	resc
Pentathlon RC : 3021 p				
1 Ngandeu Tchambia Brenda	07	1791 p	20/04	csf
2 Verleyen Marthe	06	993 p	20/04	csf
4 x 80 m RC : 41.33				
Ngandeu Tchambia, Aguza Oliveira, Mjehed, Kubiak				
		45.08	07/04	resc
CADETTES FILLES				
100 m RC : 12.64				
1 Mpinga Mulowayi Alexia	04	13.04	31/05	cabw
2 Leonard Elise	05	13.10	04/05	cabw
3 Dossey Jennifer Stefania	04	13.38	01/06	rcb
4 Tshanga Diomi Roline	04	13.60	05/05	resc
5 Martins Junior Magaly	04	13.79	07/04	resc
6 Dennison Chrystal	05	14.21	07/04	resc
7 Molamba Aloti Medine	05	14.23	07/04	resc
8 Van Ex Alexia	04	14.39	07/04	resc
9 Hasnaoui Saloua	04	14.46	07/04	resc
10 Franssen Melissa	04	15.89	07/04	resc
11 Shutsha Atakete Clara	04	17.09	07/04	resc
12 Aghbal Doha	04	17.27	07/04	resc
200 m RC : 26.14				
1 Leonard Elise	05	27.37	05/05	resc
2 Tshanga Diomi Roline	04	27.92	05/05	resc
3 Mpinga Mulowayi Alexia	04	28.64	28/04	csf
4 Dennison Chrystal	05	30.10	28/04	csf
400 m RC : 57.61				
1 Merino Nohemi	04	65.49	27/04	csf
2 Aghbal Doha	04	82.16	05/05	resc
800 m RC : 2.21.88				
1 Lucas Clara	04	2.47.02	12/05	rcas
2 Martins Magaly Junior	04	2.51.70	07/04	resc
3 Sleewaegen Eline	04	2.53.93	07/04	resc

1500 m RC : 4.53.37				
1 Dennison Chrystal	05	6.27.15	04/05	cabw
80 m haies (76 cm) RC : 11.88				
1 Lucas Clara	04	13.18	11/05	rcas
300 m haies (76 cm) RC : 45.51				
1 Martins Junior Magaly	04	48.67	04/05	cabw
2 Mayot Coiffard Hermine	05	56.60	28/04	csf
Hauteur RC : 1m68				
1 Leonard Elise	05	1m40	04/05	cabw
2 Dennison Chrystal	05	1m36	05/05	resc
3 Lucas Clara	04	1m35	11/05	rcas
4 Martins Junior Magaly	04	1m31	05/05	resc
Longueur RC : 5m74				
1 Dossey Jennifer Stefania	04	5m45	31/05	cabw
2 Lucas Clara	04	4m95	28/04	csf
3 Leonard Elise	05	4m44	07/04	resc
4 Van Ex Alexia	04	4m33	28/04	csf
5 Mayot Coiffard Hermine	05	4m10	28/04	csf
6 De Gendt Oriane	05	3m93	26/05	rsca
7 Dennison Chrystal	05	3m82	28/04	csf
8 Khader Houda	05	2m68	05/05	resc
Triple saut RC : 11m71				
1 Dossey Jennifer Stefani	04	11m49	27/04	csf
Perche RC : 3m26				
1 Vanden Avont Camille	04	1m60	04/05	cabw
Poids (3 kg) RC : 12m10				
1 Dennison Chrystal	05	8m17	04/05	cabw
2 Lucas Clara	04	8m04	11/05	rcas
Disque (1 kg) RC : 37m60				
1 Lucas Clara	04	19m20	01/06	rcb
2 Molamba Aloti Medine	05	9m60	04/05	cabw
Javelot (500 gr) RC : 41m46				
1 Merino Nohemi	04	20m55	04/05	cabw
2 Lucas Clara	04	17m44	12/05	rcas
Hexathlon RC : 3901 p				
1 Lucas Clara	04	2832 p	12/05	rcas
4 x 100 m RC : 50.59				
Mpinga, Tshanga, Leonard, Dossey				
		51.72	28/04	csf
SCOLAIRE FEMMES				
100 m RC : 12.33				
1 Sielinou Lisa	03	13.01	04/05	cabw
2 Pontara Lisa	03	13.49	07/04	resc
3 Kodomalo Nadia	03	14.89	07/04	resc
4 Perez Montero Ariadna	03	17.00	07/04	resc
200 m RC : 25.1				
1 Sielinou Lisa	03	26.96	31/05	cabw
2 Kodomalo Nadia	03	31.68	05/05	resc
400 m RC : 56.03				
1 Viaene Luna	03	71.23	04/05	cabw
800 m RC : 2.14.88				
1 Joblin Marine	02	2.18.50	31/05	cabw
2 Nachtergal Marine	02	2.33.16	07/04	resc
3 Kurza Klaudia	02	2.44.16	07/04	resc
1500 m RC : 4.41.18				
1 Haouari Farrah	03	5.17.84	27/04	csf
2 Nachtergal Marine	02	5.32.98	04/05	cabw
3 Kurza Klaudia	02	5.45.95	19/05	csf
3000 m RC : 10.41.31				
1 Haouari Farrah	03	11.30.81	06/04	ws
2 Kurza Klaudia	02	12.51.07	04/05	cabw
400 m haies (76 cm) RC : 62.36				

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1 Cuvelier Maela	02	113.51	04/05	cabw
2000 m steeple		RC : 8.45.82		
1 Haouari Farrah	03	8.05.35	04/05	cabw
Hauteur		RC : 1m68		
1 Golfa Sambay Clara	02	1m60	18/05	rcg
2 Viaene Luna	03	1m59	27/04	csf
Longueur		RC : 6m08		
1 Pontara Lisa	03	4m79	04/05	cabw
2 Kazadi Muanangabu Prescillia	03	3m67	05/05	resc
Triple saut		RC : 12m15		
1 Golfa Sambay Clara	02	10m14	04/05	cabw
Perche		RC : 3m36		
1 Nachtergal Marine	02	2m00	04/05	cabw
Poids (3 kg)		RC : 12m64		
1 Iven Kayla	02	11m20	28/04	csf
Disque (1 kg)		RC : 37m60		
1 Iven Kayla	02	29m04	28/04	csf
Javelot (500 gr)		RC : 41m46		
1 Iven Kayla	02	40m75	27/04	csf
Javelot (600 gr)		RC : 36m78		
1 Iven Kayla	02	38m18	31/05	cabw
Marteau (3 kg)		RC : 43m80		
1 Khader Firdaous	03	20m09	04/05	cabw
4 x 100 m		RC : 48.97		
Pontara, Sielinou, Sidibe, Viaene		52.34	07/04	resc

JUNIORS FEMMES

100 m		RC : 12.03		
1 Ikolopemda Ekila	01	29.83	05/05	resc
2 Van Noppen Madeleine	01	31.47	05/05	resc
800 m		RC : 2.05.49		
1 Tcacenco Dumitrita	01	2.37.93	05/05	resc
1500 m		RC : 4.29.50		
1 Tcacenco Dumitrita	01	5.24.27	27/04	csf
Triple saut		RC : 12m15		
1 Vanden Bergh Joy	00	10m22	27/04	csf

SENIORS FEMMES

100 m		RC : 11.42		
1 Zagre Anne	90	11.91	25/05	FIN
2 Morency Poilvache Alizee	98	12.02	31/05	cabw
3 Cok Evelyn	91	13.15	01/06	vs
4 Simons Lina	96	13.45	01/06	vs
5 Van De Sype Chloe	97	14.60	05/05	resc
6 Bouvy Naomi	99	20.20	08/06	csf
200 m		RC : 23.46		
1 Claes Hanne	91	24.00	18/05	rcg
2 Morency Poilvache Alizee	98	25.06	01/06	vs
3 Simons Lina	96	27.20	01/06	vs
4 Joblin Odile	97	27.55	01/05	vs
5 Cok Evelyn	91	27.67	01/06	vs
400 m		RC : 53.51		
1 Badji Jalika	96	55.52	01/05	vs
2 Muls Camille	99	57.48	27/04	csf
3 Schauwers Manon	99	57.93	21/04	rfcl
4 Gillet Delphine	86	57.94	01/05	vs
5 Simons Lina	96	62.40	31/05	cabw
800 m		RC : 2.05.47		
1 Muls Camille	99	2.03.72	01/06	vs
2 Gillet Delphine	86	2.09.98	25/05	vs
1500 m		RC : 4.12.85		

1 Muls Camille	99	4.21.08	18/05	rcg
3000 m		RC : 8.49.85		
1 Laurent Agnes	88	10.15.71	18/05	rcg
5000 m		RC : 15.41.24		
1 Imbo Kristel	96	19.19.21	25/05	FIN
100 m haies (84 cm)		RC : 12.71		
1 Zagre Anne	90	13.12	18/05	rcg
400 m haies (76 cm)		RC : 55.20		
1 Claes Hanne	91	56.37	01/06	vs
2 Schauwers Manon	99	60.17	31/05	cabw
3 Badji Jalika	96	60.41	31/05	cabw
3000 m steeple		RC : 10.36.98		
1 Laurent Agnes	88	11.24.51	25/05	FIN
Hauteur		RC : 1m95		
1 De Bruecker Lisaline	98	1m25	27/04	csf
Longueur		RC : 6m28		
1 Guisse Saliyya	96	5m91	25/05	FIN
2 Kana Sephora	98	4m68	28/04	csf
3 De Bruecker Lisaline	98	4m32	05/05	resc
4 Bouvy Naomi	99	3m56	05/05	resc
Triple saut		RC : 12m92		
1 Guisse Saliyya	96	13m38	31/05	cabw
2 Kana Sephora	98	9m98	05/05	resc
3 De Bruecker Lisaline	98	9m79	05/05	resc
Perche		RC : 4m20		
1 Henry Chloe	87	4m15	05/01	POR
2 Van De Sype Chloe	97	3m20	01/05	vs
Poids (4 kg)		RC : 14m84		
1 Boumkwo Jolien	93	14m53	01/05	achl
Disque (1 kg)		RC : 47m99		
1 Boumkwo Jolien	93	42m25	01/05	achl
2 Van De Sype Chloe	97	25m84	01/05	vs
Javelot (600 gr)		RC : 38m45		
1 Montilla Morgane	98	33m25	25/05	FIN
4 x 100 m		RC : 46.60		
Morency Poilvache, Guisse, Badji, Zagre		46.95	18/05	rcg
4 x 400 m		RC : 3.48.08		
Schauwers, Gillet, Muls, Badji		3.50.28	18/05	rcg
<u>MASTERS FEMMES</u>				
100 m		RC : 12.73		
1 Dewitte Valérie	80	14.31	11/05	SUI
2 Boonaert Caroline	64	14.68	02/06	csf
300 m		RC : 43.89		
1 Dewitte Valérie	80	45.13	11/05	SUI
400 m		RC : 60.23		
1 Bonvin Draps Nathalie	80	72.39	02/06	csf
800 m		RC : 2.23.91		
1 Debaille Isabelle	74	2.52.94	02/06	csf
3000 m		RC : 10.12.14		
1 Cardoso Da Rocha Maria Joao	64	16.26.05	02/06	csf
Hauteur		RC : 1m42		
1 Reynaerts Stephanie	80	1m30	02/06	csf
Longueur		RC : 5m26		
1 Adam Benedicte	78	2m36	02/06	csf
Poids (4 kg)		RC : 11m09		
1 Adam Benedicte	78	10m72	28/04	csf
2 Reynaerts Stephanie	80	8m72	05/05	resc

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Disque (1 kg)		RC : 34m32			
1	Reynaerts Stephanie	80	31m03	31/05	cabw
2	Adam Benedicte	78	25m68	16/03	crac
3	De Buyst Nadia	73	24m49	02/06	csf

Javelot (600 gr)		RC : 29m63			
1	Adam Benedicte	78	26m68	16/03	crac
2	Reynaerts Stephanie	80	25m95	02/06	csf

Marteau (4 kg)		RC : 33m35			
1	Reynaerts Stephanie	80	29m42	18/05	rcg

4 x 100 m		RC : 52.98			
Bonvin-Draps, Reynaerts, Debaillie, Boonaert		58.95		02/06	csf

BENJAMINS GARCONS

60 m		RC : 9.17			
1	Ben Ahmed Yanis	10	9.53	07/04	resc
2	Mbuyi Kalonda Benjamin	10	10.04	07/04	resc
3	Ouattara Noham	10	10.34	01/05	rcas
4	Guellet Elijah	10	10.39	05/05	resc
5	Chekem Amon Re	11	10.45	07/04	resc
6	Sanchez Diego	10	10.49	01/05	rcas
7	Theyskens Alexis	10	10.69	05/05	resc
8	Mievis Lionel	11	10.76	20/04	csf
9	Xhonneux Rafael	10	11.00	06/04	ws
10	Michels Antoine	10	11.16	07/04	resc
11	Ghesquiere Alexandre	11	11.39	07/04	resc
12	Arys Luca	10	11.32	12/05	csdy
13	Hendrichs Hadrien	10	11.46	07/04	resc
14	Philips Raphael	11	11.52	20/04	csf
15	Segers Lucas	11	11.59	05/05	resc
16	Oulhaj Milan	11	11.74	05/05	resc
17	Coppy Yannic	11	11.81	05/05	resc
18	Kamara Noa	10	12.21	07/04	resc
19	Rozzi Arthur	11	12.32	05/05	resc
20	Hendrichs Victor	10	12.78	01/05	rcas

600 m		RC : 1.57.80			
1	Ben Ahmed Yanis	10	1.59.00	07/04	resc
2	Chekem Amon-Re	11	2.09.46	01/05	rcas
3	Ouattara Noham	10	2.13.78	02/06	vita
4	Mievis Lionel	11	2.15.72	20/04	csf
5	Theyskens Alexis	10	2.16.16	05/05	resc
6	Arys Luca	10	2.21.61	20/04	csf
7	Michels Antoine	10	2.22.14	07/04	resc
8	Hendrichs Hadrien	10	2.23.44	07/04	resc
9	Oulhaj Milan	11	2.30.04	05/05	resc
10	Xhonneux Rafael	10	2.30.16	06/04	ws
11	Guellet Elijah	10	2.31.12	05/05	resc
12	Hendrichs Victor	10	2.35.76	07/04	resc
13	Rozzi Arthur	11	2.35.20	05/05	resc
14	Coppy Yannic	11	2.35.89	07/04	resc
15	Segers Lucas	11	2.37.60	05/05	resc
16	Ghesquiere Alexandre	11	2.40.71	07/04	resc
17	Philips Raphael	11	2.41.42	20/04	csf

Hauteur		RC : 1m25			
1	Arys Luca	10	0m95	26/05	rsca
	Xhonneux Rafael	10	0m95	06/04	ws
3	Hendrichs Hadrien	10	0m90	01/05	rcas
4	Guellet Elijah	10	0m80	26/05	rsca

Longueur		RC : 4m19			
1	Ouattara Noham	10	3m05	02/06	vita
2	Theyskens Alexis	10	2m84	05/05	resc
3	Guellet Elijah	10	2m73	05/05	resc
4	Xhonneux Rafael	10	2m69	05/05	resc
5	Arys Luca	10	2m64	20/04	csf
6	Mievis Lionel	11	2m58	20/04	csf
7	Chekem Amon-Re	11	2m55	20/04	csf
8	Coppy Yannic	11	2m49	02/06	vita
9	Hendrichs Hadrien	10	2m38	05/05	resc
10	Philips Raphael	11	2m13	20/04	csf
11	Kamara Noa	10	2m08	05/05	resc
12	Hendrichs Victor	10	2m01	05/05	resc

Poids (1 kg)		RC : 11m68			
1	Coppy Yannic	11	5m87	02/06	vita

Balle de hockey		RC : 40m13			
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1	Arys Luca	10	24m39	20/04	csf
2	Hendrichs Hadrien	10	20m79	07/04	resc
3	Hendrichs Victor	10	19m05	07/04	resc
4	Michels Antoine	10	17m53	07/04	resc
5	Chekem Amon-Re	11	16m84	07/04	resc
6	Kamara Noa	10	15m83	07/04	resc
7	Mievis Lionel	11	15m51	20/04	csf
8	Philips Raphael	11	12m93	20/04	csf
9	Xhonneux Rafael	10	12m17	20/04	csf

Tetrathlon		RC : 2099 p			
1	Chekem Amon-Re	11	863 p	20/04	csf
2	Mievis Lionel	11	791 p	20/04	csf
3	Arys Luca	10	733 p	20/04	csf
4	Xhonneux Rafael	10	503 p	20/04	csf
5	Philips Raphael	11	337 p	20/04	csf

4 x 60 m		RC : 37.73			
Ouattara, Mbuyi Kalonda, Coppy, Ben Ahmed		41.01		07/04	resc

PUPILLES GARCONS

60 m		RC : 8.09			
1	Ouattara Reda	08	8.62	02/06	vita
2	Kubiak Joachim	09	9.20	01/05	rcas
	Soudon Jules	08	9.20	07/04	resc
4	Arifi Rayane	08	9.46	20/04	csf
5	Oulhaj Hugo	08	9.67	20/04	csf
6	Dekeyser Arthur	08	9.74	20/04	csf
7	Balcaen Max	08	9.76	07/04	resc
8	De Gendt Lucien	08	9.84	02/06	vita
9	Coppy Kenneth	08	9.94	05/05	resc
10	Guerron Sebastian	09	10.01	07/04	resc
11	Philips Bastien	09	10.05	20/04	csf
12	Delneufcourt Noah	09	10.06	26/05	rsca
13	Delneufcourt Hugo	09	10.09	20/04	csf
14	Arifi Sohaib	08	10.10	02/06	vita
15	Uzcatogui Rodriguez Leon	09	10.33	07/04	resc
16	Haub Tobias	09	10.53	05/05	resc
17	Verleyen Jakob	08	10.57	07/04	resc
18	Abdellaoui Ismael	09	10.64	02/06	vita

1000 m		RC : 3.14.18			
1	Kenaiti Yanis	08	3.20.07	02/06	vita
2	Oulhaj Hugo	08	3.45.56	05/05	resc
3	Delneufcourt Hugo	09	3.45.76	20/04	csf
4	Dekeyser Arthur	08	3.47.94	02/06	vita
5	Arifi Rayane	08	3.50.50	20/04	csf
6	Delneufcourt Noah	09	3.52.94	20/04	csf
7	Haub Tobias	09	4.02.39	05/05	resc
8	Verleyen Jakob	08	4.02.67	07/04	resc
9	Balcaen Max	08	4.04.88	05/05	resc
10	Abdellaoui Ismael	09	4.08.07	02/06	vita
11	Coppy Kenneth	08	4.11.54	05/05	resc
12	Bouchfira Camille	08	4.14.87	07/04	resc
13	Uzcatogui Rodriguez Leon	09	4.31.83	07/04	resc
14	Philips Bastien	09	4.35.33	20/04	csf

60 m haies (76 cm)		RC : 10.0			
1	Ouattara Reda	08	11.53	02/06	vita
2	Haub Tobias	09	14.19	05/05	resc

Hauteur		RC : 1m49			
1	De Gendt Lucien	08	1m20	26/05	rsca
2	Dekeyser Arthur	08	1m15	02/06	vita
	Soudon Jules	08	1m15	26/05	rsca
4	Delneufcourt Hugo	09	1m05	26/05	rsca
	Haub Tobias	09	1m05	26/05	rsca
6	Delneufcourt Noah	09	0m95	26/05	rsca

Longueur		RC : 4m75			
1	Ouattara Reda	08	4m15	02/06	vita
2	De Gendt Lucien	08	3m96	02/06	vita
3	Dekeyser Arthur	08	3m69	02/06	vita
4	Arifi Rayane	08	3m63	20/04	csf
5	Oulhaj Hugo	08	3m56	20/04	csf
6	Kubiak Joachim	09	3m49	07/04	resc
7	Philips Bastien	09	3m32	20/04	csf
8	Coppy Kenneth	08	3m27	02/06	vita
9	Arifi Sohaib	08	3m26	02/06	vita
10	Delneufcourt Hugo	09	3m25	20/04	csf
11	Abdellaoui Ismael	09	3m17	02/06	vita
12	Guerron Sebastian	09	3m12	07/04	resc
13	Uzcatogui Rodriguez Leon	09	3m11	07/04	resc

Palmares 2019 outdoor.

14	Balcaen Oscar	08	3m02	07/04	resc
	Delneufcourt Noah	09	3m02	20/04	csf
16	Verleyen Jacob	08	3m01	07/04	resc

4	Verriez Ludovic	06	1m15	26/05	rsca
	Vilain Nicolas	07	1m15	02/06	vita
6	Lair Adrien	06	1m11	05/05	resc

Poids (2 kg)		RC : 11m71			
1	Arifi Rayane	08	8m22	01/05	rcas
2	Soudon Jules	08	6m61	01/05	rcas
3	Kubiak Joachim	09	5m93	01/05	rcas

Longueur		RC : 5m73			
1	Mbuyi Tshinyongolo Tresor	06	4m88	02/06	vita
2	Poortman Matheo	07	4m05	07/04	resc
3	Tshanga Diumba John Ross	07	4m03	20/04	csf
4	Van Den Brempt Mathis	07	3m84	01/05	rcas
5	Labruyere Maxime	06	3m73	07/04	resc
6	Lair Adrien	06	3m68	07/04	resc
7	Huyghe Gauthier	07	3m64	07/04	resc
8	Dakir Anis	06	3m45	07/04	resc
9	Mvulu Kimana Steve	07	3m42	07/04	resc
10	Van Mossevelde Sami	07	3m39	07/04	resc
11	Verriez Ludovic	06	3m30	07/04	resc
12	Ezzeddine Adam	07	3m28	20/04	csf
13	Vilain Nicolas	07	3m08	20/04	csf

Balle de hockey		RC : 46m50			
1	Ouattara Reda	08	43m89	02/06	vita
2	Coppy Kenneth	08	35m31	02/06	vita
3	Dekeyser Arthur	08	32m07	20/04	csf
4	Arifi Sohaib	08	30m09	02/06	vita
5	Arifi Rayane	08	29m60	20/04	csf
6	Balcaen Oscar	08	26m80	05/05	resc
7	Delneufcourt Noah	09	26m39	20/04	csf
8	Philips Bastien	09	26m38	20/04	csf
9	Guerron Sebastian	09	23m38	05/05	resc
10	Delneufcourt Hugo	09	22m90	20/04	csf
11	Kubiak Joachim	09	22m80	05/05	resc
12	Haub Tobias	09	22m03	05/05	resc
13	Oulhaj Hugo	08	17m67	20/04	csf

Poids (3 kg)		RC : 14m71			
1	Mbuyi Tshinyongolo Tresor	06	9m09	02/06	vita
2	Huyghe Gauthier	07	6m78	25/05	csf
3	Poortman Matheo	07	6m38	20/04	csf
4	Tshanga Diumba John Ross	07	6m13	20/04	csf
5	Van Den Brempt Mathis	07	5m15	20/04	csf
6	Ezzeddine Adam	07	4m81	20/04	csf
7	Vilain Nicolas	07	4m71	20/04	csf
8	Verriez Ludovic	06	4m27	20/04	csf

Tetathlon		RC : 2516 p			
1	Arifi Rayane	08	1551 p	20/04	csf
2	Oulhaj Hugo	08	1361 p	20/04	csf
3	Delneufcourt Hugo	09	1277 p	20/04	csf
4	Delneufcourt Noah	09	1219 p	20/04	csf
5	Philips Bastien	09	1029 p	20/04	csf
6	Dekeyser Arthur	08	1018 p	20/04	csf

Disque (750 gr)		RC : 45m01			
1	Tshanga Diumba John Ross	07	19m29	01/05	rcas
2	Huyghe Gauthier	07	17m26	01/05	rcas
3	Cornelis Darwin	06	14m23	01/05	rcas

4 x 60 m		RC : 33.25			
Soudon, Kubiak, Balcaen, Ouattara		35.13	07/04	resc	

Javelot (400 gr)		RC : 45.91			
1	Huyghe Gauthier	07	24m58	02/06	vita
2	Poortman Matheo	07	18m86	20/04	csf
3	Tshanga Diumba John Ross	07	18m20	20/04	csf
4	Ezzeddine Adam	07	16m97	20/04	csf
5	Vilain Nicolas	07	16m27	02/06	vita
6	Van Den Brempt Mathis	07	14m21	20/04	csf
7	Verriez Ludovic	06	14m06	20/04	csf

MINIMES GARCONS

80 m		RC : 9.66			
1	Guellet Shadi	07	11.55	26/05	rsca
2	Labruyere Maxime	06	11.84	01/05	rcas
3	Ezzeddine Adam	07	11.92	01/05	rcas
4	Tshanga Diumba John Ross	07	11.95	20/04	csf
5	Mertens de Wilmars Raphael	07	12.07	05/05	resc
6	Poortman Matheo	07	12.14	05/05	resc
7	Van Den Brempt Mathis	07	12.35	20/04	csf
8	Vilain Nicolas	07	12.43	20/04	csf
9	Lair Adrien	06	12.74	05/05	resc
10	Verriez Ludovic	06	12.82	26/05	rsca
11	De Greef Guillaume	07	12.92	05/05	resc
12	Vanden Avont Gauthier	06	14.43	05/05	resc

Pentathlon		RC : 4135 p			
1	Poortman Matheo	07	2006 p	20/04	csf
2	Tshanga Diumba John Ross	07	1969 p	20/04	csf
3	Van Den Brempt Mathis	07	1697 p	20/04	csf
4	Ezzeddine Adam	07	1311 p	20/04	csf
5	Verriez Ludovic	06	1293 p	20/04	csf
6	Vilain Nicolas	07	1289 p	20/04	csf

150 m		RC : 18.43			
1	Mbuyi Tshinyongolo Tresor	06	19.49	02/06	vita
2	Labruyere Maxime	06	21.75	01/05	rcas
3	Dakir Anis	06	22.23	07/04	resc
4	Tshanga Diumba John Ross	07	22.34	07/04	resc
5	Poortman Matheo	07	22.57	07/04	resc
6	Van Den Brempt Mathis	07	23.37	07/04	resc
7	Mvulu Kimana Steve	07	23.57	07/04	resc
8	Huyghe Gauthier	07	23.59	07/04	resc
9	Verriez Ludovic	06	23.67	07/04	resc
10	Vilain Nicolas	07	24.25	02/06	vita
11	Lair Adrien	06	24.32	07/04	resc
12	Ezzeddine Adam	07	24.80	07/04	resc
13	Van Mossevelde Sami	07	25.23	07/04	resc

4 x 80 m		RC : 41.08			
Ezzeddine, Tshnaga, Labruyere, Mbuyi		45.39	11/05	rcas	

CADETS GARCONS

1000 m		RC : 3.01.77			
1	Guellet Shadi	07	3.26.67	05/05	resc
2	Poortman Matheo	07	3.27.91	05/05	resc
3	Van Den Brempt Mathis	07	3.28.05	05/05	resc
4	Van Mossevelde Sami	07	3.42.19	07/04	resc
5	Tshanga Diumba John Ross	07	3.45.74	20/04	csf
6	Labruyere Maxime	06	3.55.05	05/05	resc
7	Verriez Ludovic	06	3.55.61	20/04	csf
8	De Greef Guillaume	07	4.09.29	05/05	resc
9	Vilain Nicolas	07	4.10.45	20/04	csf
10	Ezzeddine Adam	07	4.23.59	20/04	csf

100 m		RC : 11.31			
1	Mbuyi Bodika William	04	11.90	07/04	resc
2	Gruson Augustin	04	12.00	11/05	rcas
3	Sibourg Valentin	04	12.17	07/04	resc
4	Englebert Timothee	04	12.41	11/05	rcas
5	Biala Kenny Felder	05	12.62	28/04	csf
6	Arifi Ilias	04	12.63	11/05	rcas
7	Derome Julien	04	12.86	06/04	ws
8	Harroud Ayman	05	13.08	28/04	csf
9	Ruelle Arthur	04	13.22	28/04	csf
10	Ben Ali Salim	04	14.37	07/04	resc
11	Kamara Sanael	04	15.33	05/05	resc

Hauteur		RC : 1m73			
1	Guellet Shadi	07	1m30	26/05	rsca
	Mbuyi Tshinyongolo Tresor	06	1m30	02/06	vita
2	Poortman Matheo	07	1m21	05/05	resc
3	Van Den Brempt Mathis	07	1m16	05/05	resc

200 m		RC : 23.14			
1	Mbuyi Bodika William	04	24.69	28/04	csf
2	Biala Kenny Felder	05	25.22	28/04	csf
3	Derome Julien	04	26.59	05/05	resc
4	Ruelle Arthur	04	26.66	05/05	resc

400 m		RC : 52.24			
1	Sibourg Valentin	04	59.98	04/05	cabw

800 m		RC : 1.59.30			
1	Derome Julien	04	2.28.64	07/04	resc
2	Arifi Reda	05	2.29.73	04/05	cabw
3	Mohsine Anass	05	2.29.99	07/04	resc
4	Ben Ali Salim	04	2.34.10	28/04	csf

Palmares 2019 outdoor.

1000 m		RC : 2.43.18			
1	Gruson Augustin	04	2.59.14	12/05	rcas
2	Derome Julien	04	3.04.25	01/06	rcb
3	Arifi Ilias	04	3.04.81	12/05	rcas
4	Englebert Timothee	04	3.06.54	12/05	rcas

1500 m		RC : 4.10.9			
1	Biala Kenny Felder	02	4.56.53	04/05	cabw
2	Mohsine Anass	05	5.12.71	27/04	csf
3	Derome Julien	04	5.12.84	27/04	csf

100 m haies (91 cm)		RC : 14.02			
1	Arifi Ilias	04	15.66	12/05	rcas
2	Sibourg Valentin	04	16.13	01/06	rcb
3	Gruson Augustin	04	16.25	12/05	rcas
4	Ivens Filip	04	19.28	27/04	csf

300 m haies (76 cm)		RC : 40.07			
1	Arifi Ilias	04	44.00	04/05	cabw

Hauteur		RC : 1m91			
1	Englebert Timothee	04	1m75	01/06	rcb
2	Arifi Ilias	04	1m65	01/06	rcb
3	Sibourg Valentin	04	1m50	25/05	csf
4	Gruson Augustin	04	1m45	12/05	rcas
5	Poortman Lucas	05	1m00	06/04	ws

Longueur		RC : 6m70			
1	Gruson Augustin	04	6m52	01/06	rcb
2	Englebert Timothee	04	6m16	11/05	rcas
3	Arifi Ilias	04	5m41	11/05	rcas
4	Ivens Filip	04	5m10	07/04	resc
5	Sibourg Valentin	04	5m07	07/04	resc
6	Derome Julien	04	4m67	05/05	resc

Perche		RC : 3m76			
1	Englebert Timothee	04	2m90	11/05	rcas
2	Gruson Augustin	04	2m60	11/05	rcas
	Van Elsuwe Alexis	04	2m60	27/04	csf

Poids (4 kg)		RC : 14m42			
1	Englebert Timothee	04	13m09	11/05	rcas
2	Gruson Augustin	04	11m29	11/05	rcas
3	Van Elsuwe Alexis	04	9m46	28/04	csf
4	Sibourg Valentin	04	9m45	25/05	csf
5	Arifi Ilias	04	9m44	11/05	rcas
6	Derome Julien	04	6m95	07/04	resc

Disque (1 kg)		RC : 48m77			
1	Englebert Timothee	04	33m35	28/04	csf
2	Arifi Ilias	04	28m62	28/04	csf
3	Ivens Filip	04	27m45	04/05	cabw

Javelot (600 gr)		RC : 44m54			
1	Englebert Timothee	04	32m36	12/05	rcas
2	Ivens Filip	04	30m62	04/05	cabw
3	Gruson Augustin	04	30m02	12/05	rcas
4	Sibourg Valentin	04	25m37	12/05	rcas
5	Arifi Ilias	04	24m18	27/04	csf

Octathlon		RC : 5037 p			
1	Gruson Augustin	04	4079 p	12/05	rcas
2	Englebert Timothee	04	3687 p	12/05	rcas
3	Arifi Ilias	04	3377 p	12/05	rcas

4 x 100 m		RC : 44.36			
Gruson, Englebert, Sibourg, Mbuyi			47.28	04/05	cabw

SCOLAIRES HOMMES

100 m		RC : 10.83			
1	Medan Marko	03	11.71	28/04	csf
2	Manuel Duarte Ivan	02	11.75	28/04	csf
3	Doudouhi Reda	02	11.79	28/04	csf
4	Yahni Sayat	02	11.98	28/04	csf
5	Beyaert Corentin	02	12.21	06/04	ws
6	Liley Kevin	02	12.31	04/05	cabw
7	De Tollenaere Tom	03	12.61	11/05	rcas
8	Montilla Alexis	02	12.62	25/05	csf
9	Chekem Ramses	03	12.64	11/05	rcas
10	M'Rabet Tamsamani Soufiane	03	13.49	07/04	resc

200 m		RC : 21.97			
1	Medan Marko	03	23.72	05/05	resc
2	Doudouhi Reda	02	24.15	28/04	csf
3	Yahni Sayat	02	24.28	05/05	resc
4	Beyaert Corentin	02	25.20	28/04	csf

400 m		RC : 49.48			
1	Beyaert Corentin	02	54.05	11/05	rcas
2	De Tollenaere Tom	03	59.42	11/05	rcas
3	Chekem Ramses	03	58.41	11/05	rcas
4	Vanden Avont Olivier	02	66.28	04/05	cabw

800 m		RC : 1.55.41			
1	Dakir Adnan	02	2.11.48	07/04	resc
2	Willems Dorian	02	2.15.23	07/04	resc
3	Gouda Farag	03	2.15.86	05/05	resc
	Mullender Sebastien	02	2.15.86	05/05	resc
5	M'Rabet Tamsamani Soufiane	02	2.21.92	07/04	resc
6	Poortman Romain	03	2.32.94	05/05	resc

1500 m		RC : 4.00.79			
1	Beyaert Corentin	02	4.36.77	12/05	rcas
2	Willems Dorian	02	4.41.82	04/05	cabw
3	Chekem Ramses	03	5.20.41	12/05	rcas
3	De Tollenaere Tom	03	5.22.40	12/05	rcas

3000 m		RC : 8.33.14			
1	Lafnachi Reda	02	9.52.59	04/05	cabw

110 m haies (91 cm)		RC : 13.65			
1	Beyaert Corentin	02	15.72	27/04	csf
2	Chekem Ramses	03	18.41	12/05	rcas
3	De Tollenaere Tom	03	20.93	12/05	rcas

400 m haies (84 cm)		RC : 56.13			
1	Beyaert Corentin	02	58.53	04/05	cabw

2000 m steeple		RC : 6.10.2			
1	Mullender Sebastien	02	7.13.14	04/05	cabw

Hauteur		RC : 2m05			
1	Beyaert Corentin	02	1m65	11/05	rcas
	Montilla Alexis	02	1m65	29/05	csf
3	Chekem Ramses	03	1m55	11/05	rcas
4	De Tollenaere Tom	03	1m50	11/05	rcas

Longueur		RC : 7m59			
1	Chekem Ramses	03	5m57	11/05	rcas
2	Montilla Alexis	02	5m46	28/04	csf
3	De Tollenaere Tom	03	5m43	11/05	rcas
4	Beyaert Corentin	02	5m26	11/05	rcas

Triple saut		RC : 15m64			
1	Liley Kevin	02	11m76	04/05	cabw

Perche		RC : 4m36			
1	De Tollenaere Tom	03	3m40	19/05	cabw
2	Beyaert Corentin	02	3m03	05/05	resc
3	Chekem Ramses	03	2m80	12/05	rcas

Poids (5 kg)		RC : 14m35			
1	Montilla Alexis	02	12m35	25/05	csf
2	De Tollenaere Tom	03	11m35	11/05	rcas
3	Chekem Ramses	03	10m73	25/05	csf
4	Beyaert Corentin	02	10m05	11/05	rcas

Disque (1,5 kg)		RC : 44m44			
1	Montilla Alexis	02	31m48	28/04	csf
2	De Tollenaere Tom	03	25m46	12/05	rcas
3	Beyaert Corentin	02	24m75	12/05	rcas
4	Chekem Ramses	03	23m52	12/05	rcas

Javelot (700 gr)		RC : 52m73			
1	Montilla Alexis	02	47m50	27/04	csf
2	De Tollenaere Tom	03	38m91	12/05	rcas
3	Beyaert Corentin	02	32m36	06/04	ws
4	Chekem Ramses	03	27m17	27/04	csf

Marteau (5 kg)		RC : 53m41			
1	Chekem Ramses	03	23m61	04/05	cabw

Palmares 2019 outdoor.

Decathlon					RC : 5708 p
1	Beyaert Corentin	02	4872 p	12/05	rcas
2	De Tollenaere Tom	03	4268 p	12/05	rcas
3	Chekem Ramses	03	4252 p	12/05	rcas

4 x 100 m					RC : 42.91
Yahni, Medan, Manuel Duarte, Doudouhi					45.05 28/04 csf

JUNIORS HOMMES

100 m					RC : 10.71
1	Kasmi Amine	00	10.74	01/06	vs

200 m					RC : 21.0
1	Kasmi Amine	00	21.41	05/05	resc

1500 m					RC : 3.48.9
1	Tabbakh Yassine	00	4.53.31	27/04	csf

SENIORS HOMMES

100 m					RC : 10.02
1	Niesen Charles	94	10.56	10/06	NED
2	Tshitwenu Florian	97	10.71	05/05	resc
3	Okeowo Perdejo	99	11.03	25/05	FIN
4	Kalmen Adam	98	11.06	05/05	resc
5	Szerman Melvin	97	11.31	31/05	cabw
6	Montilla Dimitri	98	11.42	25/05	FIN
7	Geerts Gregory	99	11.61	28/04	csf
8	Ramiandrisoa Raphael	99	12.31	05/05	resc
9	Temsamani Ilias	99	12.35	01/05	vs

200 m					RC : 20.66
1	Niesen Charles	94	21.36	01/06	vs
2	Lins Sebastien	92	21.77	01/06	vs
3	Kalmen Adam	98	21.84	01/06	vs
4	Badji Asamti	95	21.99	01/05	vs
5	Borlee Rayane	99	22.46	13/04	USA
6	Ramiandrisoa Raphael	99	24.95	05/05	resc

400 m					RC : 45.98
1	Badji Asamti	95	47.26	01/06	vs
2	Hanne Mamadou Elimane	88	47.50	10/06	FRA
3	Lins Sebastien	92	48.03	31/05	cabw
4	Montilla Dimitri	98	50.95	27/04	ITA
5	Vandenhoeke Arthur	96	51.40	01/05	vs

800 m					RC : 1.46.60
1	Moukrime Tarik	92	1.51.48	19/05	cabw
2	Petitjean Simon	96	1.52.84	05/05	resc
3	Chergui Mouhsine	99	2.06.83	05/05	resc

1500 m					RC : 3.36.96
1	Petitjean Simon	96	3.48.08	01/06	vs
2	Ruell Kim	87	3.54.00	08/06	lyra
3	Montilla Dimitri	98	4.38.67	28/04	ITA

3000 m					RC : 7.47.22
1	Balhan Pierre Antoine	92	8.28.26	19/05	cabw

5000 m					RC : 13.22.81
1	Naert Koen	89	14.07.20	25/05	FIN
2	Ruell Kim	87	14.45.75	19/05	cabw

110 m haies (106 cm)					RC : 13.48
1	Caty Dylan	97	14.02	01/06	vs
2	Ruffacq Quentin	89	14.45	19/05	cabw
3	Montilla Dimitri	98	14.76	05/05	FRA
4	Okeowo Perdejo	99	15.12	05/05	resc

400 m haies (91 cm)					RC : 48.91
1	Nicodeme Romain	95	51.27	02/06	FRA

3000 m steeple					RC : 8.24.90
1	Bouissane Youssef	94	8.54.22	25/05	vs
2	Petitjean Simon	96	9.28.16	25/05	FIN

Marathon					RC : 2h09.51
1	Naert Koen	89	2h07.39	07/04	NED

Hauteur					RC : 2m21
1	Gamuala Ngamunguela Jos	98	2m00	05/05	resc

2	Montilla Dimitri	98	1m96	08/06	ESP
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Longueur					RC : 7m98
1	Campener Corentin	90	7m72	19/05	cabw
2	Caluwe Arnaud	91	7m13	09/06	FRA
3	Montilla Dimitri	98	6m94	27/04	ITA
4	Gets Florent	91	6m21	05/05	resc
5	Fassil Aboubaker	91	5m85	28/04	csf

Triple saut					RC : 16m86
1	Geerts Gregory	99	14m23	31/05	cabw

Perche					RC : 5m25
1	Montilla Dimitri	98	4m70	09/06	ESP

Poids (7,26 kg)					RC : 15m28
1	Guillaume Jonathan	92	14m99	31/05	cabw
2	Montilla Dimitri	98	13m28	19/04	aclo
3	Gets Florent	91	12m96	28/04	csf

Disque (2 kg)					RC : 51m56
1	Salvaggio Claudio	92	43m49	31/05	cabw
2	Gets Florent	91	42m58	28/04	csf
3	Montilla Dimitri	98	40m11	31/05	cabw
4	Guillaume Jonathan	92	38m34	22/04	bbs
5	Brocart Florent	87	33m09	28/04	csf

Javelot (800 gr)					RC : 63m56
1	Gets Florent	91	57m13	05/05	resc
2	Bernard Tom	93	51m26	27/04	damp
3	Montilla Dimitri	98	46m45	28/04	ITA

Marteau (7,26 kg)					RC : 61m66
1	Salvaggio Claudio	92	59m45	31/05	cabw
2	Bernard Tom	93	57m89	27/04	damp

Decathlon					RC : 8142 p
1	Montilla Dimitri	98	7213 p	28/04	ITA

4 x 100 m					RC : 40.60
Kalmen, Niesen, Kasmi, Brothoarts					41.12 25/05 FIN

4 x 400 m					RC : 3.10.2
Lins, Froidmont, Nicodeme, Badji					3.15.62 25/05 FIN

MASTERS HOMMES

100 m					RC : 11.74
1	Kabuya Serge	77	12.28	02/06	csf
2	Fellemans Emmanuel	70	13.02	05/05	resc
3	Schoonen Laurent	65	13.98	11/05	achl

100 m *					RC : -
1	Denys Jacques	59	35.53	06/04	ws

200 m					RC : 24.61
1	Brothoarts Damien	83	22.55	19/05	FRA
2	Kabuya Serge	77	25.17	02/06	csf

400 m					RC : 52.31
1	Vervloet Gregory	83	55.64	02/06	csf
2	Schoonen Laurent	65	66.25	11/05	achl
3	Louis Philippe	65	67.16	06/04	ws

800 m					RC : 1.59.63
1	Poortman Yvan	73	2.14.88	02/06	csf

1500 m					RC : 3.54.39
1	Xhonneux Marc	80	5.05.99	02/06	csf
2	Schoonen Laurent	65	6.06.99	12/05	achl

3000 m					RC : 9.28.22
1	Minne Corentin	81	10.03.19	02/06	csf

100 m haies (91 cm)					RC : 20.06
1	Schoonen Laurent	65	20.65	12/05	achl

110 m haies (106 cm)					RC : 14.12
1	Brothoarts Damien	83	14.48	25/05	FIN

Hauteur					RC : 1m90
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Palmares 2019 outdoor.

1	Xhonneux Frederic	83	1m81	02/06	csf
2	Schoonen Laurent	65	1m41	11/05	achl
Longueur		RC : 6m65			
1	Schoonen Laurent	65	4m22	11/05	achl
2	Vanderhaeghen Olivier	77	4m21	02/06	csf
Triple saut		RC : 14m09			
1	Xhonneux Frederic	83	13m33	05/05	resc
Perche		RC : 4m71			
1	Schoonen Laurent	65	2m20	12/05	achl
Poids *					
1	Denys Jacques	59	6m53	25/05	csf
Poids (6 kg)		RC : 12m01			
1	Schoonen Laurent	65	7m52	11/05	achl
Poids (7,26 kg)		RC : 15m08			
1	Schroeven Bruno	80	8m46	02/06	csf
Disque (1,5 kg)		RC : 35m64			
1	Schoonen Laurent	65	24m12	12/05	achl
Disque (2 kg)		RC : 51m56			
1	Xhonneux Frederic	83	34m12	02/06	csf
Javelot (700 gr)		RC : 37m29			
1	Schoonen Laurent	65	26m75	12/05	achl
Javelot (700 gr) *		RC : -			
1	Denys Jacques	59	11m62	27/04	csf
Javelot (800 gr)		RC : 62m75			
1	Vervloet Gregory	83	38m78	02/06	csf
Décathlon M50		RC : 4436 p			
1	Schoonen Laurent	65	4271 p	12/05	achl
4 x 400 m		RC : 3.59.32			
Kabuya, Xhonneux F, Vervloet, Broothaerts		3.45.40		02/06	csf

*handisport