

**Palmares 2019 outdoor.**

**BENJAMINES FILLES**

60 m					RC : 9.44
1	Squiflet Emelynn	10	9.59	01/05	rcas
2	Dzou Lesly Kayla	10	9.69	05/05	resc
3	Schroeven Camille	11	10.36	05/05	resc
4	Ngandeu Tchambia Alexandra	10	10.41	20/04	csf
5	Bourgeois-Jacquet Lily	11	10.61	06/04	ws
6	Varela Gonzalez Carla	10	10.92	07/04	resc
7	Beghin Joyce	10	11.04	01/05	rcas
8	Kabamba Ebondo Julia	10	11.23	05/05	resc
9	Wanyu Naomie	10	11.31	05/05	resc
10	Demeyere Taissi	11	11.71	05/05	resc
11	Delarge Anais	11	11.74	27/04	caf
12	Huyghe Jeanne	11	12.22	07/04	resc
13	Demagnet Zadie	11	13.19	05/05	resc

600 m					RC : 2.00.94
1	Beghin Joyce	10	2.09.21	05/05	resc
2	Schroeven Camille	11	2.11.63	01/05	rcas
3	Squiflet Emelynn	10	2.20.16	05/05	resc
4	Ngandeu Tchambia Alexandra	10	2.21.36	20/04	csf
5	Bourgeois-Jacquet Lily	11	2.21.58	06/04	ws
6	Dzou Lesly Kayla	10	2.26.64	05/05	resc
7	Varela Gonzalez Carla	10	2.31.77	20/04	csf
8	Demeyere Taissi	11	2.45.26	05/05	resc
9	Delarge Anais	11	2.56.84	27/04	caf
10	Kabamba Ebondo Julia	10	2.53.27	05/05	resc

Hauteur					RC : 1m18
1	Dzou Lesly Kayla	10	1m05	01/05	rcas
2	Ngandeu Tchambia Alexandra	10	1m00	01/05	rcas

Longueur					RC : 3m88
1	Dzou Lesly Kayla	10	3m06	05/05	resc
2	Squiflet Emelynn	10	2m82	05/05	resc
3	Ngandeu Tchambia Alexandra	10	2m63	20/04	csf
4	Schroeven Camille	11	2m51	05/05	resc
5	Varela Gonzalez Carla	10	2m48	20/04	csf
6	Wanyu Naomie	10	2m24	05/05	resc
7	Demeyere Taissi	11	1m69	05/05	resc
8	Demagnet Zadie	11	1m66	05/05	resc

Poids (1 kg)					RC : 8m63
1	Ngandeu Tchambia Alexandra	10	6m55	20/04	csf
2	Varela Gonzalez Carla	10	5m06	20/04	csf

Balle de hockey					RC : 28m96
1	Squiflet Emelynn	10	22m57	01/05	rcas
2	Beghin Joyce	10	21m09	07/04	resc
3	Dzou Lesly Kayla	10	20m66	07/04	resc
4	Ngandeu Tchambia Alexandra	10	11m73	07/04	resc
5	Demagnet Zadie	11	9m49	07/04	resc
6	Schroeven Camille	11	9m02	07/04	resc
7	Huyghe Jeanne	11	8m28	07/04	resc
8	Delarge Anais	11	8m33	27/04	caf
9	Varela Gonzalez Carla	10	8m23	07/04	resc

Tetrathlon					RC : 1601 p
1	Ngandeu Tchambia Alexandra	10	1021 p	20/04	csf
2	Varela Gonzalez Carla	10	704 p	20/04	csf

4 x 60 m					RC : 37.58
Dzou, Schroeven, Ngandeu Tchambia, Squiflet			39.97	07/04	resc

**PUPILLES FILLES**

60 m					RC : 8.55
1	Sweetlove Celine	08	9.24	01/05	rcas
2	Khrauph Aya	08	9.40	07/04	resc
3	Wanyu Diane	08	9.81	06/04	ws
4	Radermacher Sarah	08	9.97	07/04	resc
5	Agacseven Lina	08	10.08	07/04	resc
6	Barry Diariou	08	10.12	05/05	resc
7	Gerard Emma	08	10.30	01/05	rcas
8	Sibourg Celya	09	10.31	20/04	csf
9	Krautli Charlotte	09	10.38	05/05	resc
10	Mubarik Inaya	08	10.49	20/04	csf
11	Minne Charline	09	10.62	07/04	resc
12	Sandron Elise	08	11.13	05/05	resc
13	Bersis Maissa	08	11.56	05/05	resc
14	Makhoukh Lilya	09	12.03	05/05	resc

1000 m					RC : 3.26.31
1	Wanyu Diane	08	3.46.12	06/04	ws
2	Agacseven Lina	08	3.47.76	07/04	resc
3	Radermacher Sarah	09	4.04.36	07/04	resc
4	Gerard Emma	08	4.06.38	05/05	resc
5	Minne Charline	09	4.07.54	07/04	resc
6	Sibourg Celya	09	4.14.64	07/04	resc
7	Mayuma Marie	08	4.23.34	05/05	resc
8	Vanhemelen Jade	08	4.29.94	05/05	resc
9	Makhoukh Lilya	09	5.31.86	05/05	resc
10	Mubarik Inaya	08	5.17.79	20/04	csf

60 m haies (76 cm)					RC : 10.74
1	Sweetlove Celine	08	11.94	05/05	resc
2	Sibourg Celya	09	13.97	05/05	resc
3	Barry Diariou	08	14.09	05/05	resc
4	Radermacher Sarah	09	14.17	05/05	resc
5	Gerard Emma	08	14.84	05/05	resc

Hauteur					RC : 1m33
1	Wanyu Diane	08	1m16	05/05	resc
2	Sweetlove Celine	08	1m11	05/05	resc
3	Radermacher Sarah	09	1m10	20/04	csf
4	Gerard Emma	08	1m01	05/05	resc
	Sandron Elise	08	1m01	05/05	resc
	Sibourg Celya	09	1m01	05/05	resc
7	Mubarik Inaya	08	0m90	20/04	csf

Longueur					RC : 4m48
1	Wanyu Diane	08	3m54	06/04	ws
2	Radermacher Sarah	09	3m48	01/05	rcas
3	Sibourg Celya	09	2m83	01/05	rcas

Poids (2 kg)					RC : 9m75
1	Wanyu Diane	08	6m80	01/05	rcas
2	Tollenaire Tia	08	6m08	01/05	rcas
3	Khrauph Aya	08	6m00	01/05	rcas
4	Radermacher Sarah	09	4m81	07/04	resc
5	Sibourg Celya	09	4m61	20/04	csf
6	Mubarik Inaya	08	4m52	20/04	csf
7	Agacseven Lina	08	4m44	07/04	resc
8	Minne Charline	09	3m62	07/04	resc

Tetrathlon					RC : 2077 p
1	Wanyu Diane	08	1380 p	20/04	csf
2	Radermacher Sarah	09	1222 p	20/04	csf
3	Sibourg Celya	09	1003 p	20/04	csf
4	Mubarik Inaya	08	657 p	20/04	csf

4 x 60 m					RC : 33.97
Wanyu, Khrauph, Sweetlove, Radermacher			36.74	07/04	resc

**MINIMES FILLES**

80 m					RC : 10.64
1	Kubiak Joanna	06	11.92	05/05	resc
2	Ngandeu Tchambia Brenda	07	12.20	20/04	csf
3	Sanchez Elisa	07	12.41	01/05	rcas
4	Hellebaut Nour	06	12.78	05/05	resc
5	Van Ex Elvira	06	13.11	05/05	resc
6	Vanneste Blum	06	13.46	20/04	csf

150 m					RC : 20.13
1	Kubiak Joanna	06	21.61	01/05	rcas
2	Aguzza Vieira Olivia	07	21.85	01/05	rcas
3	Ngandeu Tchambia Brenda	07	22.11	07/04	resc
4	Mjahed Maya	07	22.86	07/04	resc
5	Sanchez Elisa	07	23.45	07/04	resc
6	El Gorfty Wassila	07	23.69	07/04	resc
7	Van Ex Elvira	06	23.74	07/04	resc
8	Hellebaut Nour	06	23.88	07/04	resc
9	El Hassani Sarah*	06	24.28	07/04	resc
10	Noblesse Pauline	07	25.38	07/04	resc
11	Verleyen Marthe	06	25.91	07/04	resc

1000 m					RC : 3.14.33
1	Aguzza Vieira Olivia	06	3.47.64	07/04	resc
2	Sivis Mulongo Juliana	07	3.50.74	07/04	resc
3	Khader Samia	07	3.51.29	07/04	resc
4	El Hassani Sarah*	06	3.51.72	07/04	resc
5	Ngandeu Tchambia Brenda	07	3.55.48	20/04	csf
6	Redouane Tasnim	06	4.26.49	05/05	resc
7	Verleyen Marthe	06	4.33.65	07/04	resc

**Palmares 2019 outdoor.**

<b>60 m haies (76 cm)</b>					RC : 9.96
1	Ngandeu Tchambia Brenda	07	12.77	05/05	resc
2	Noblesse Pauline	07	14.89	05/05	resc

<b>Hauteur</b>					RC : 1m57
1	Ngandeu Tchambia Brenda	07	1m25	01/05	rcas
2	Sivis Juliana	07	1m20	01/05	rcas
3	El Gorfty Wassila	07	1m15	07/04	resc
	Kubiak Joanna	06	1m15	07/04	resc
5	Mjahed Maya	07	1m10	07/04	resc
	Sanchez Elisa	07	1m10	07/04	resc
	Vanneste Blum	06	1m10	20/04	csf
8	Verleyen Marthe	06	1m05	07/04	resc

<b>Poids (2 kg)</b>					RC : 13m12
1	Ngandeu Tchambia Brenda	07	7m69	20/04	csf
2	Vanneste Blum	06	5m92	20/04	csf

<b>Disque (750 gr)</b>					RC : 27m29
1	Mjahed Maya	07	20m00	01/05	rcas
2	Kubiak Joanna	06	14m47	01/05	rcas
3	Sivis Juliana	07	13m40	01/05	rcas

<b>Javelot (400 gr)</b>					RC : 34m63
1	Mjahed Maya	07	17m23	05/05	resc
2	Kubiak Joanna	06	13m04	05/05	resc
3	Ngandeu Tchambia Brenda	07	12m09	20/04	csf
4	Vanneste Blum	06	11m97	20/04	csf
5	Van Ex Elvira	06	10m65	05/05	resc

<b>Pentathlon</b>					RC : 3021 p
1	Ngandeu Tchambia Brenda	07	1791 p	20/04	csf
2	Verleyen Marthe	06	993 p	20/04	csf

<b>4 x 80 m</b>					RC : 41.33
Ngandeu Tchambia, Aguza Oliveira, Mjahed, Kubiak					
			45.08	07/04	resc

**CADETTES FILLES**

<b>100 m</b>					RC : 12.64
1	Leonard Elise	05	13.10	04/05	cabw
2	Mpinga Mulowayi Alexia	04	13.11	28/04	csf
3	Tshanga Diomi Roline	04	13.60	05/05	resc
4	Martins Junior Magaly	04	13.79	07/04	resc
5	Dennison Chrystal	05	14.21	07/04	resc
6	Molamba Aloti Medine	05	14.23	07/04	resc
7	Van Ex Alexia	04	14.39	07/04	resc
8	Hasnaoui Saloua	04	14.46	07/04	resc
9	Franssen Melissa	04	15.89	07/04	resc
10	Shutsha Atakete Clara	04	17.09	07/04	resc
11	Aghbal Doha	04	17.27	07/04	resc

<b>200 m</b>					RC : 26.14
1	Leonard Elise	05	27.37	05/05	resc
2	Tshanga Diomi Roline	04	27.92	05/05	resc
3	Mpinga Mulowayi Alexia	04	28.64	28/04	csf
4	Dennison Chrystal	05	30.10	28/04	csf

<b>400 m</b>					RC : 57.61
1	Merino Nohemi	04	65.49	27/04	csf
2	Aghbal Doha	04	82.16	05/05	resc

<b>800 m</b>					RC : 2.21.88
1	Lucas Clara	04	2.47.02	12/05	rcas
2	Martins Magaly Junior	04	2.51.70	07/04	resc
3	Sleewaegen Eline	04	2.53.93	07/04	resc

<b>1500 m</b>					RC : 4.53.37
1	Dennison Chrystal	05	6.27.15	04/05	cabw

<b>80 m haies (76 cm)</b>					RC : 11.88
1	Lucas Clara	04	13.18	11/05	rcas

<b>300 m haies (76 cm)</b>					RC : 45.51
1	Martins Junior Magaly	04	48.67	04/05	cabw
2	Mayot Coiffard Hermine	05	56.60	28/04	csf

<b>Hauteur</b>					RC : 1m68
1	Leonard Elise	05	1m40	04/05	cabw
2	Dennison Chrystal	05	1m36	05/05	resc

3	Lucas Clara	04	1m35	11/05	rcas
4	Martins Junior Magaly	04	1m31	05/05	resc

<b>Longueur</b>					RC : 5m74
1	Dossey Jennifer Stefania	04	5m38	04/05	cabw
2	Lucas Clara	04	4m95	28/04	csf
3	Leonard Elise	05	4m44	07/04	resc
4	Van Ex Alexia	04	4m33	28/04	csf
5	Mayot Coiffard Hermine	05	4m10	28/04	csf
6	Dennison Chrystal	05	3m82	28/04	csf
7	De Gendt Oriane	05	3m67	28/04	csf
8	Khader Houda	05	2m68	05/05	resc

<b>Triple saut</b>					RC : 11m71
1	Dossey Jennifer Stefani	04	11m49	27/04	csf

<b>Perche</b>					RC : 3m26
1	Vanden Avont Camille	04	1m60	04/05	cabw

<b>Poids (3 kg)</b>					RC : 12m10
1	Dennison Chrystal	05	8m17	04/05	cabw
2	Lucas Clara	04	8m04	11/05	rcas

<b>Disque (1 kg)</b>					RC : 37m60
1	Molamba Aloti Medine	05	9m60	04/05	cabw

<b>Javelot (500 gr)</b>					RC : 41m46
1	Merino Nohemi	04	20m55	04/05	cabw
2	Lucas Clara	04	17m44	12/05	rcas

<b>Hexathlon</b>					RC : 3901 p
1	Lucas Clara	04	2832 p	12/05	rcas

<b>4 x 100 m</b>					RC : 50.59
Mpinga, Tshanga, Leonard, Dossey					
			51.72	28/04	csf

**SCOLAIRES FEMMES**

<b>100 m</b>					RC : 12.33
1	Sielinou Lisa	03	13.01	04/05	cabw
2	Pontara Lisa	03	13.49	07/04	resc
3	Kodomalo Nadia	03	14.89	07/04	resc
4	Perez Montero Ariadna	03	17.00	07/04	resc

<b>200 m</b>					RC : 25.1
1	Sielinou Lisa	03	27.07	04/05	cabw
2	Kodomalo Nadia	03	31.68	05/05	resc

<b>400 m</b>					RC : 56.03
1	Viaene Luna	03	71.23	04/05	cabw

<b>800 m</b>					RC : 2.14.88
1	Joblin Marine	02	2.19.81	05/05	resc
2	Nachtergal Marine	02	2.33.16	07/04	resc
3	Kurza Klaudia	02	2.44.16	07/04	resc

<b>1500 m</b>					RC : 4.41.18
1	Haouari Farrah	03	5.17.84	27/04	csf
2	Nachtergal Marine	02	5.32.98	04/05	cabw
3	Kurza Klaudia	02	5.56.81	27/04	csf

<b>3000 m</b>					RC : 10.41.31
1	Haouari Farrah	03	11.30.81	06/04	ws
2	Kurza Klaudia	02	12.51.07	04/05	cabw

<b>400 m haies (76 cm)</b>					RC : 62.36
1	Cuvelier Maela	02	113.51	04/05	cabw

<b>2000 m steeple</b>					RC : 8.45.82
1	Haouari Farrah	03	8.05.35	04/05	cabw

<b>Hauteur</b>					RC : 1m68
1	Viaene Luna	03	1m59	27/04	csf
2	Golfa Sambay Clara	02	1m45	04/05	cabw

<b>Longueur</b>					RC : 6m08
1	Pontara Lisa	03	4m79	04/05	cabw
2	Kazadi Muanangabu Prescillia	03	3m67	05/05	resc

<b>Triple saut</b>					RC : 12m15
1	Golfa Sambay Clara	02	10m14	04/05	cabw

**Palmares 2019 outdoor.**

Perche		RC : 3m36			
1	Nachtergal Marine	02	2m00	04/05	cabw
Poids (3 kg)		RC : 12m64			
1	Iven Kayla	02	11m20	28/04	csf
Disque (1 kg)		RC : 37m60			
1	Iven Kayla	02	29m04	28/04	csf
Javelot (500 gr)		RC : 41m46			
1	Iven Kayla	02	40m75	27/04	csf
Javelot (600 gr)		RC : 36m78			
1	Iven Kayla	02	37m87	05/05	resc
Marteau (3 kg)		RC : 43m80			
1	Khader Firdaous	03	20m09	04/05	cabw
4 x 100 m		RC : 48.97			
Pontara, Sielinou, Sidibe, Viaene		52.34	07/04 resc		
<b><u>JUNIORS FEMMES</u></b>					
100 m		RC : 12.03			
1	Ikolopemda Ekila	01	29.83	05/05	resc
2	Van Noppen Madeleine	01	31.47	05/05	resc
800 m		RC : 2.05.49			
1	Tcenco Dumitrita	01	2.37.93	05/05	resc
1500 m		RC : 4.29.50			
1	Tcenco Dumitrita	01	5.24.27	27/04	csf
Triple saut		RC : 12m15			
1	Vanden Bergh Joy	00	10m22	27/04	csf
<b><u>SENIORS FEMMES</u></b>					
100 m		RC : 11.42			
1	Morency Poilvache Alizee	98	12.41	05/05	resc
2	Simons Lina	96	13.61	01/05	vs
3	Van De Sype Chloe	97	14.60	05/05	resc
200 m		RC : 23.46			
1	Claes Hanne	91	24.00	27/04	USA
2	Morency Poilvache Alizee	98	25.80	01/05	vs
3	Simons Lina	96	27.42	01/05	vs
4	Joblin Odile	97	27.55	01/05	vs
5	Cok Evelyn	91	28.00	05/05	resc
400 m		RC : 53.51			
1	Badji Jalika	96	55.52	01/05	vs
2	Muls Camille	99	57.48	27/04	csf
3	Schauwers Manon	99	57.93	21/04	rfcl
4	Gillet Delphine	86	57.94	01/05	vs
5	Simons Lina	96	62.83	05/05	resc
800 m		RC : 2.05.47			
1	Muls Camille	99	2.05.37	05/05	resc
2	Gillet Delphine	86	2.12.92	05/05	resc
400 m haies (76 cm)		RC : 55.20			
1	Claes Hanne	91	58.31	20/04	USA
2	Schauwers Manon	99	61.17	01/05	vs
3	Badji Jalika	96	61.75	05/05	resc
Hauteur		RC : 1m95			
1	De Bruecker Lisaline	98	1m25	27/04	csf
Longueur		RC : 6m28			
1	Kana Sephora	98	4m68	28/04	csf
2	De Bruecker Lisaline	98	4m32	05/05	resc
3	Bouvy Naomi	99	3m56	05/05	resc
Triple saut		RC : 12m92			
1	Guisse Saliyya	96	12m12	27/04	csf
2	Kana Sephora	98	9m98	05/05	resc
3	De Bruecker Lisaline	98	9m79	05/05	resc
Perche		RC : 4m20			

1	Henry Chloe	87	4m15	05/01	POR
2	Van De Sype Chloe	97	3m20	01/05	vs
Poids (4 kg)		RC : 14m84			
1	Boumkwo Jolien	93	14m53	01/05	achl
Disque (1 kg)		RC : 47m99			
1	Boumkwo Jolien	93	42m25	01/05	achl
2	Van De Sype Chloe	97	25m84	01/05	vs
Javelot (600 gr)		RC : 38m45			
1	Montilla Morgane	98	32m46	31/03	abes
<b><u>MASTERS FEMMES</u></b>					
100 m		RC : 12.73			
1	Dewitte Valérie	80	14.31	11/05	SUI
300 m		RC : 43.89			
1	Dewitte Valérie	80	45.13	11/05	SUI
Poids (4 kg)		RC : 11m09			
1	Adam Benedicte	78	10m72	28/04	csf
2	Reynaerts Stephanie	80	8m72	05/05	resc
Disque (1 kg)		RC : 34m32			
1	Reynaerts Stephanie	80	30m88	21/04	rfcl
2	Adam Benedicte	78	25m68	16/03	crac
3	De Buyst Nadia	73	21m86	06/04	ws
Javelot (600 gr)		RC : 29m63			
1	Adam Benedicte	78	26m68	16/03	crac
2	Reynaerts Stephanie	80	25m28	05/05	resc
Marteau (4 kg)		RC : 33m35			
1	Reynaerts Stephanie	80	28m62	21/04	rfcl
<b><u>BENJAMINS GARCONS</u></b>					
60 m		RC : 9.17			
1	Ben Ahmed Yanis	10	9.53	07/04	resc
2	Mbuyi Kalonda Benjamin	10	10.04	07/04	resc
3	Ouattara Noham	10	10.34	01/05	rcas
4	Guellet Elijah	10	10.39	05/05	resc
5	Chekem Amon Re	11	10.45	07/04	resc
6	Sanchez Diego	10	10.49	01/05	rcas
7	Theyskens Alexis	10	10.69	05/05	resc
8	Mievis Lionel	11	10.76	20/04	csf
9	Xhonneux Rafael	10	11.00	06/04	ws
10	Michels Antoine	10	11.16	07/04	resc
11	Ghesquiere Alexandre	11	11.39	07/04	resc
12	Arys Luca	10	11.46	20/04	csf
13	Hendrichs Hadrien	10	11.46	07/04	resc
14	Philips Raphael	11	11.52	20/04	csf
15	Segers Lucas	11	11.59	05/05	resc
16	Oulhaj Milan	11	11.74	05/05	resc
17	Coppy Yannic	11	11.81	05/05	resc
18	Kamara Noa	10	12.21	07/04	resc
19	Rozzi Arthur	11	12.32	05/05	resc
20	Hendrichs Victor	10	12.78	01/05	rcas
600 m		RC : 1.57.80			
1	Ben Ahmed Yanis	10	1.59.00	07/04	resc
2	Chekem Amon-Re	11	2.09.46	01/05	rcas
3	Mievis Lionel	11	2.15.72	20/04	csf
4	Theyskens Alexis	10	2.16.16	05/05	resc
5	Arys Luca	10	2.21.61	20/04	csf
6	Michels Antoine	10	2.22.14	07/04	resc
7	Hendrichs Hadrien	10	2.23.44	07/04	resc
8	Ouattara Noham	10	2.24.25	07/04	resc
9	Oulhaj Milan	11	2.30.04	05/05	resc
10	Xhonneux Rafael	10	2.30.16	06/04	ws
11	Guellet Elijah	10	2.31.12	05/05	resc
12	Hendrichs Victor	10	2.35.76	07/04	resc
13	Rozzi Arthur	11	2.35.20	05/05	resc
14	Coppy Yannic	11	2.35.89	07/04	resc
15	Segers Lucas	11	2.37.60	05/05	resc
16	Ghesquiere Alexandre	11	2.40.71	07/04	resc
17	Philips Raphael	11	2.41.42	20/04	csf
Hauteur		RC : 1m25			
1	Xhonneux Rafael	10	0m95	06/04	ws
2	Hendrichs Hadrien	10	0m90	01/05	rcas

**Palmares 2019 outdoor.**

Longueur		RC : 4m19			
1	Theyskens Alexis	10	2m84	05/05	resc
2	Guellet Elijah	10	2m73	05/05	resc
3	Xhonneux Rafael	10	2m69	05/05	resc
4	Arys Luca	10	2m64	20/04	csf
5	Mievis Lionel	11	2m58	20/04	csf
6	Chekem Amon-Re	11	2m55	20/04	csf
7	Hendrichs Hadrien	10	2m38	05/05	resc
8	Coppy Yannic	11	2m29	05/05	resc
9	Philips Raphael	11	2m13	20/04	csf
10	Kamara Noa	10	2m08	05/05	resc
11	Hendrichs Victor	10	2m01	05/05	resc

Balle de hockey		RC : 40m13			
1	Arys Luca	10	24m39	20/04	csf
2	Hendrichs Hadrien	10	20m79	07/04	resc
3	Hendrichs Victor	10	19m05	07/04	resc
4	Michels Antoine	10	17m53	07/04	resc
5	Chekem Amon-Re	11	16m84	07/04	resc
6	Kamara Noa	10	15m83	07/04	resc
7	Mievis Lionel	11	15m51	20/04	csf
8	Philips Raphael	11	12m93	20/04	csf
9	Xhonneux Rafael	10	12m17	20/04	csf

Tetrathlon		RC : 2099 p			
1	Chekem Amon-Re	11	863 p	20/04	csf
2	Mievis Lionel	11	791 p	20/04	csf
3	Arys Luca	10	733 p	20/04	csf
4	Xhonneux Rafael	10	503 p	20/04	csf
5	Philips Raphael	11	337 p	20/04	csf

4 x 60 m		RC : 37.73		
Quattaran, Mbuyi Kalonda, Coppy, Ben Ahmed	41.01	07/04	resc	

**PUPILLES GARCONS**

60 m		RC : 8.09			
1	Ouattara Reda	08	8.74	01/05	rcas
2	Kubiak Joachim	09	9.20	01/05	rcas
	Soudon Jules	08	9.20	07/04	resc
4	Arifi Rayane	08	9.46	20/04	csf
5	Oulhaj Hugo	08	9.67	20/04	csf
6	Dekeyser Arthur	08	9.74	20/04	csf
7	Balcaen Max	08	9.76	07/04	resc
8	Coppy Kenneth	08	9.94	05/05	resc
9	Guerron Sebastian	09	10.01	07/04	resc
10	Philips Bastien	09	10.05	20/04	csf
11	Delneufcourt Hugo	09	10.09	20/04	csf
12	Delneufcourt Noah	09	10.11	20/04	csf
13	Uzategui Rodriguez Leon	09	10.33	07/04	resc
14	Haub Tobias	09	10.53	05/05	resc
15	Verleyen Jakob	08	10.57	07/04	resc

1000 m		RC : 3.14.18			
1	Kenaiti Yanis	08	3.25.25	07/04	resc
2	Oulhaj Hugo	08	3.45.56	05/05	resc
3	Delneufcourt Hugo	09	3.45.76	20/04	csf
4	Arifi Rayane	08	3.50.50	20/04	csf
5	Delneufcourt Noah	09	3.52.94	20/04	csf
6	Haub Tobias	09	4.02.39	05/05	resc
7	Verleyen Jakob	08	4.02.67	07/04	resc
8	Balcaen Max	08	4.04.88	05/05	resc
9	Coppy Kenneth	08	4.11.54	05/05	resc
10	Bouchfira Camille	08	4.14.87	07/04	resc
11	Uzategui Rodriguez Leon	09	4.31.83	07/04	resc
12	Philips Bastien	09	4.35.33	20/04	csf

60 m haies (76 cm)		RC : 10.0			
1	Haub Tobias	09	14.19	05/05	resc

Longueur		RC : 4m75			
1	Ouattara Reda	08	4m04	07/04	resc
2	Arifi Rayane	08	3m63	20/04	csf
3	Oulhaj Hugo	08	3m56	20/04	csf
4	Kubiak Joachim	09	3m49	07/04	resc
5	Dekeyser Arthur	08	3m45	20/04	csf
6	Philips Bastien	09	3m32	20/04	csf
7	Delneufcourt Hugo	09	3m25	20/04	csf
8	Guerron Sebastian	09	3m12	07/04	resc
9	Uzategui Rodriguez Leon	09	3m11	07/04	resc
10	Balcaen Oscar	08	3m02	07/04	resc
	Delneufcourt Noah	09	3m02	20/04	csf

12	Verleyen Jacob	08	3m01	07/04	resc
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Poids (2 kg)		RC : 11m71			
1	Arifi Rayane	08	8m22	01/05	rcas
2	Soudon Jules	08	6m61	01/05	rcas
3	Kubiak Joachim	09	5m93	01/05	rcas

Balle de hockey		RC : 46m50			
1	Dekeyser Arthur	08	32m07	20/04	csf
2	Arifi Rayane	08	29m60	20/04	csf
3	Balcaen Oscar	08	26m80	05/05	resc
4	Delneufcourt Noah	09	26m39	20/04	csf
5	Philips Bastien	09	26m38	20/04	csf
6	Coppy Kenneth	08	23m68	05/05	resc
7	Guerron Sebastian	09	23m38	05/05	resc
8	Delneufcourt Hugo	09	22m90	20/04	csf
9	Kubiak Joachim	09	22m80	05/05	resc
10	Haub Tobias	09	22m03	05/05	resc
11	Oulhaj Hugo	08	17m67	20/04	csf

Tetrathlon		RC : 2516 p			
1	Arifi Rayane	08	1551 p	20/04	csf
2	Oulhaj Hugo	08	1361 p	20/04	csf
3	Delneufcourt Hugo	09	1277 p	20/04	csf
4	Delneufcourt Noah	09	1219 p	20/04	csf
5	Philips Bastien	09	1029 p	20/04	csf
6	Dekeyser Arthur	08	1018 p	20/04	csf

4 x 60 m		RC : 33.25		
Soudon, Kubiak, Balcaen, Ouattara	35.13	07/04	resc	

**MINIMES GARCONS**

80 m		RC : 9.66			
1	Guellet Shadi	07	11.62	05/05	resc
2	Labruyere Maxime	06	11.84	01/05	rcas
3	Ezzeddine Adam	07	11.92	01/05	rcas
4	Tshanga Diumba John Ross	07	11.95	20/04	csf
5	Mertens de Wilmars Raphael	07	12.07	05/05	resc
6	Poortman Matheo	07	12.14	05/05	resc
7	Van Den Brempt Mathis	07	12.35	20/04	csf
8	Vilain Nicolas	07	12.43	20/04	csf
9	Lair Adrien	06	12.74	05/05	resc
10	Verriez Ludovic	06	12.89	20/04	csf
11	De Greef Guillaume	07	12.92	05/05	resc
12	Vanden Avont Gauthier	06	14.43	05/05	resc

150 m		RC : 18.43			
1	Mbuyi Tshinyongolo Tresor	06	19.75	07/04	resc
2	Labruyere Maxime	06	21.75	01/05	rcas
3	Dakir Anis	06	22.23	07/04	resc
4	Tshanga Diumba John Ross	07	22.34	07/04	resc
5	Poortman Matheo	07	22.57	07/04	resc
6	Van Den Brempt Mathis	07	23.37	07/04	resc
7	Mvulu Kimana Steve	07	23.57	07/04	resc
8	Huyghe Gauthier	07	23.59	07/04	resc
9	Verriez Ludovic	06	23.67	07/04	resc
10	Lair Adrien	06	24.32	07/04	resc
11	Ezzeddine Adam	07	24.80	07/04	resc
12	Van Mossevelde Sami	07	25.23	07/04	resc

1000 m		RC : 3.01.77			
1	Guellet Shadi	07	3.26.67	05/05	resc
2	Poortman Matheo	07	3.27.91	05/05	resc
3	Van Den Brempt Mathis	07	3.28.05	05/05	resc
4	Van Mossevelde Sami	07	3.42.19	07/04	resc
5	Tshanga Diumba John Ross	07	3.45.74	20/04	csf
6	Labruyere Maxime	06	3.55.05	05/05	resc
7	Verriez Ludovic	06	3.55.61	20/04	csf
8	De Greef Guillaume	07	4.09.29	05/05	resc
9	Vilain Nicolas	07	4.10.45	20/04	csf
10	Ezzeddine Adam	07	4.23.59	20/04	csf

Hauteur		RC : 1m73			
1	Poortman Matheo	07	1m21	05/05	resc
2	Van Den Brempt Mathis	07	1m16	05/05	resc
3	Lair Adrien	06	1m11	05/05	resc

Longueur		RC : 5m73			
1	Mbuyi Tshinyongolo Tresor	06	4m74	01/05	rcas
2	Poortman Matheo	07	4m05	07/04	resc
3	Tshanga Diumba John Ross	07	4m03	20/04	csf
4	Van Den Brempt Mathis	07	3m84	01/05	rcas

**Palmares 2019 outdoor.**

5	Labruyere Maxime	06	3m73	07/04	resc
6	Lair Adrien	06	3m68	07/04	resc
7	Huyghe Gauthier	07	3m64	07/04	resc
8	Dakir Anis	06	3m45	07/04	resc
9	Mvulu Kimana Steve	07	3m42	07/04	resc
10	Van Mossevelde Sami	07	3m39	07/04	resc
11	Verriez Ludovic	06	3m30	07/04	resc
12	Ezzeddine Adam	07	3m28	20/04	csf
13	Vilain Nicolas	07	3m08	20/04	csf

<b>Poids (3 kg)</b>		<b>RC : 14m71</b>			
1	Poortman Matheo	07	6m38	20/04	csf
2	Tshanga Diumba John Ross	07	6m13	20/04	csf
3	Van Den Brempt Mathis	07	5m15	20/04	csf
4	Ezzeddine Adam	07	4m81	20/04	csf
5	Vilain Nicolas	07	4m71	20/04	csf
6	Verriez Ludovic	06	4m27	20/04	csf

<b>Disque (750 gr)</b>		<b>RC : 45m01</b>			
1	Tshanga Diumba John Ross	07	19m29	01/05	rcas
2	Huyghe Gauthier	07	17m26	01/05	rcas
3	Cornelis Darwin	06	14m23	01/05	rcas

<b>Javelot (400 gr)</b>		<b>RC : 45.91</b>			
1	Poortman Matheo	07	18m86	20/04	csf
2	Tshanga Diumba John Ross	07	18m20	20/04	csf
3	Ezzeddine Adam	07	16m97	20/04	csf
4	Van Den Brempt Mathis	07	14m21	20/04	csf
5	Verriez Ludovic	06	14m06	20/04	csf
6	Vilain Nicolas	07	12m29	20/04	csf

<b>Pentathlon</b>		<b>RC : 4135 p</b>			
1	Poortman Matheo	07	2006 p	20/04	csf
2	Tshanga Diumba John Ross	07	1969 p	20/04	csf
3	Van Den Brempt Mathis	07	1697 p	20/04	csf
4	Ezzeddine Adam	07	1311 p	20/04	csf
5	Verriez Ludovic	06	1293 p	20/04	csf
6	Vilain Nicolas	07	1289 p	20/04	csf

<b>4 x 80 m</b>		<b>RC : 41.08</b>			
Ezzeddine, Tshanga, Labruyere, Mbuyi		45.39	11/05	rcas	

**CADETS GARCONS**

<b>100 m</b>		<b>RC : 11.31</b>			
1	Mbuyi Bodika William	04	11.90	07/04	resc
2	Gruson Augustin	04	12.00	11/05	rcas
3	Sibourg Valentin	04	12.17	07/04	resc
4	Englebert Timothee	04	12.41	11/05	rcas
5	Biala Kenny Felder	05	12.62	28/04	csf
6	Arifi Ilias	04	12.63	11/05	rcas
7	Derome Julien	04	12.86	06/04	ws
8	Harroud Ayman	05	13.08	28/04	csf
9	Ruelle Arthur	04	13.22	28/04	csf
10	Ben Ali Salim	04	14.37	07/04	resc
11	Kamara Sanael	04	15.33	05/05	resc

<b>200 m</b>		<b>RC : 23.14</b>			
1	Mbuyi Bodika William	04	24.69	28/04	csf
2	Biala Kenny Felder	05	25.22	28/04	csf
3	Derome Julien	04	26.59	05/05	resc
4	Ruelle Arthur	04	26.66	05/05	resc

<b>400 m</b>		<b>RC : 52.24</b>			
1	Sibourg Valentin	04	59.98	04/05	cabw

<b>800 m</b>		<b>RC : 1.59.30</b>			
1	Derome Julien	04	2.28.64	07/04	resc
2	Arifi Reda	05	2.29.73	04/05	cabw
3	Mohsine Anass	05	2.29.99	07/04	resc
4	Ben Ali Salim	04	2.34.10	28/04	csf

<b>1000 m</b>		<b>RC : 2.43.18</b>			
1	Gruson Augustin	04	2.59.14	12/05	rcas
2	Arifi Ilias	04	3.04.81	12/05	rcas
3	Englebert Timothee	04	3.06.54	12/05	rcas

<b>1500 m</b>		<b>RC : 4.10.9</b>			
1	Biala Kenny Felder	02	4.56.53	04/05	cabw
2	Mohsine Anass	05	5.12.71	27/04	csf
3	Derome Julien	04	5.12.84	27/04	csf

<b>100 m haies (91 cm)</b>		<b>RC : 14.02</b>			
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1	Arifi Ilias	04	15.66	12/05	rcas
2	Gruson Augustin	04	16.25	12/05	rcas
3	Sibourg Valentin	04	16.52	27/04	csf
4	Ivens Filip	04	19.28	27/04	csf

<b>300 m haies (76 cm)</b>		<b>RC : 40.07</b>			
1	Arifi Ilias	04	44.00	04/05	cabw

<b>Hauteur</b>		<b>RC : 1m91</b>			
1	Englebert Timothee	04	1m74	04/05	cabw
2	Arifi Ilias	04	1m55	12/05	rcas
3	Gruson Augustin	04	1m45	12/05	rcas
4	Poortman Lucas	05	1m00	06/04	ws

<b>Longueur</b>		<b>RC : 6m70</b>			
1	Gruson Augustin	04	6m19	28/04	csf
2	Englebert Timothee	04	6m16	11/05	rcas
3	Arifi Ilias	04	5m41	11/05	rcas
4	Ivens Filip	04	5m10	07/04	resc
5	Sibourg Valentin	04	5m07	07/04	resc
6	Derome Julien	04	4m67	05/05	resc

<b>Perche</b>		<b>RC : 3m76</b>			
1	Englebert Timothee	04	2m90	11/05	rcas
2	Gruson Augustin	04	2m60	11/05	rcas
	Van Elsuwe Alexis	04	2m60	27/04	csf

<b>Poids (4 kg)</b>		<b>RC : 14m42</b>			
1	Englebert Timothee	04	13m09	11/05	rcas
2	Gruson Augustin	04	11m29	11/05	rcas
3	Van Elsuwe Alexis	04	9m46	28/04	csf
4	Arifi Ilias	04	9m44	11/05	rcas
5	Derome Julien	04	6m95	07/04	resc

<b>Disque (1 kg)</b>		<b>RC : 48m77</b>			
1	Englebert Timothee	04	33m35	28/04	csf
2	Arifi Ilias	04	28m62	28/04	csf
3	Ivens Filip	04	27m45	04/05	cabw

<b>Javelot (600 gr)</b>		<b>RC : 44m54</b>			
1	Englebert Timothee	04	32m36	12/05	rcas
2	Ivens Filip	04	30m62	04/05	cabw
3	Gruson Augustin	04	30m02	12/05	rcas
4	Sibourg Valentin	04	25m37	12/05	rcas
5	Arifi Ilias	04	24m18	27/04	csf

<b>Octathlon</b>		<b>RC : 5037 p</b>			
1	Gruson Augustin	04	4079 p	12/05	rcas
2	Englebert Timothee	04	3687 p	12/05	rcas
3	Arifi Ilias	04	3377 p	12/05	rcas

<b>4 x 100 m</b>		<b>RC : 44.36</b>			
Gruson, Englebert, Sibourg, Mbuyi		47.28	04/05	cabw	

**SCOLAIRES HOMMES**

<b>100 m</b>		<b>RC : 10.83</b>			
1	Medan Marko	03	11.71	28/04	csf
2	Manuel Duarte Ivan	02	11.75	28/04	csf
3	Doudouhi Reda	02	11.79	28/04	csf
4	Yahni Sayat	02	11.98	28/04	csf
5	Beyaert Corentin	02	12.21	06/04	ws
6	Liley Kevin	02	12.31	04/05	cabw
7	De Tollenaere Tom	03	12.61	11/05	rcas
8	Chekem Ramses	03	12.64	11/05	rcas
9	M'Rabet Tamsamani Soufiane	03	13.49	07/04	resc

<b>200 m</b>		<b>RC : 21.97</b>			
1	Medan Marko	03	23.72	05/05	resc
2	Doudouhi Reda	02	24.15	28/04	csf
3	Yahni Sayat	02	24.28	05/05	resc
4	Beyaert Corentin	02	25.20	28/04	csf

<b>400 m</b>		<b>RC : 49.48</b>			
1	Beyaert Corentin	02	54.05	11/05	rcas
2	De Tollenaere Tom	03	59.42	11/05	rcas
3	Chekem Ramses	03	58.41	11/05	rcas
4	Vanden Avont Olivier	02	66.28	04/05	cabw

<b>800 m</b>		<b>RC : 1.55.41</b>			
1	Dakir Adnan	02	2.11.48	07/04	resc
2	Willems Dorian	02	2.15.23	07/04	resc

**Palmares 2019 outdoor.**

3	Gouda Farag	03	2.15.86	05/05	resc
	Mullender Sebastien	02	2.15.86	05/05	resc
5	M'Rabet Tamsamani Soufiane	02	2.21.92	07/04	resc
6	Poortman Romain	03	2.32.94	05/05	resc

1500 m		RC : 4.00.79			
1	Beyaert Corentin	02	4.36.77	12/05	rcas
2	Willems Dorian	02	4.41.82	04/05	cabw
3	Chekem Ramses	03	5.20.41	12/05	rcas
3	De Tollenaere Tom	03	5.22.40	12/05	rcas

3000 m		RC : 8.33.14			
1	Lafnachi Reda	02	9.52.59	04/05	cabw

110 m haies (91 cm)		RC : 13.65			
1	Beyaert Corentin	02	15.72	27/04	csf
2	Chekem Ramses	03	18.41	12/05	rcas
3	De Tollenaere Tom	03	20.93	12/05	rcas

400 m haies (84 cm)		RC : 56.13			
1	Beyaert Corentin	02	58.53	04/05	cabw

2000 m steeple		RC : 6.10.2			
1	Mullender Sebastien	02	7.13.14	04/05	cabw

Hauteur		RC : 2m05			
1	Beyaert Corentin	02	1m65	11/05	rcas
2	Chekem Ramses	03	1m55	11/05	rcas
3	De Tollenaere Tom	03	1m50	11/05	rcas

Longueur		RC : 7m59			
1	Chekem Ramses	03	5m57	11/05	rcas
2	Montilla Alexis	02	5m46	28/04	csf
3	De Tollenaere Tom	03	5m43	11/05	rcas
4	Beyaert Corentin	02	5m26	11/05	rcas

Triple saut		RC : 15m64			
1	Liley Kevin	02	11m76	04/05	cabw

Perche		RC : 4m36			
1	De Tollenaere Tom	03	3m10	04/05	cabw
2	Beyaert Corentin	02	3m03	05/05	resc
3	Chekem Ramses	03	2m80	12/05	rcas

Poids (5 kg)		RC : 14m35			
1	Montilla Alexis	02	12m25	28/04	csf
2	De Tollenaere Tom	03	11m35	11/05	rcas
3	Chekem Ramses	03	10m45	11/05	rcas
4	Beyaert Corentin	02	10m05	11/05	rcas

Disque (1,5 kg)		RC : 44m44			
1	Montilla Alexis	02	31m48	28/04	csf
2	De Tollenaere Tom	03	25m46	12/05	rcas
3	Beyaert Corentin	02	24m75	12/05	rcas
4	Chekem Ramses	03	23m52	12/05	rcas

Javelot (700 gr)		RC : 52m73			
1	Montilla Alexis	02	47m50	27/04	csf
2	De Tollenaere Tom	03	38m91	12/05	rcas
3	Beyaert Corentin	02	32m36	06/04	ws
4	Chekem Ramses	03	27m17	27/04	csf

Marteau (5 kg)		RC : 53m41			
1	Chekem Ramses	03	23m61	04/05	cabw

Decathlon		RC : 5708 p			
1	Beyaert Corentin	02	4872 p	12/05	rcas
2	De Tollenaere Tom	03	4268 p	12/05	rcas
3	Chekem Ramses	03	4252 p	12/05	rcas

4 x 100 m		RC : 42.91			
Yahni, Medan, Manuel Duarte, Doudouhi		45.05	28/04	csf	

**JUNIORS HOMMES**

100 m		RC : 10.71			
1	Kasmi Amine	00	10.76	05/05	resc

200 m		RC : 21.0			
1	Kasmi Amine	00	21.41	05/05	resc

1500 m		RC : 3.48.9			
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1	Tabbakh Yassine	00	4.53.31	27/04	csf
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**SENIORS HOMMES**

100 m		RC : 10.02			
1	Tshitwenu Florian	97	10.71	05/05	resc
2	Niesen Charles	94	10.83	01/05	vs
3	Kalmen Adam	98	11.06	05/05	resc
4	Montilla Dimitri	98	11.53	27/04	ITA
5	Geerts Gregory	99	11.61	28/04	csf
6	Ramiandrisoa Raphael	99	12.31	05/05	resc
7	Tamsamani Ilias	99	12.35	01/05	vs

200 m		RC : 20.66			
1	Badji Asanti	95	21.99	01/05	vs
2	Lins Sebastien	92	22.10	01/05	vs
3	Borlee Rayane	99	22.65	01/05	vs
4	Ramiandrisoa Raphael	99	24.95	05/05	resc

400 m		RC : 45.98			
1	Badji Asanti	95	47.92	05/05	resc
2	Lins Sebastien	92	48.56	05/05	resc
3	Montilla Dimitri	98	50.95	27/04	ITA
4	Vandenhoeke Arthur	96	51.40	01/05	vs

800 m		RC : 1.46.60			
1	Petitjean Simon	96	1.52.84	05/05	resc
2	Chergui Mouhsine	99	2.06.83	05/05	resc

1500 m		RC :			
1	Montilla Dimitri	98	4.38.67	28/04	ITA

110 m haies (106 cm)		RC : 13.48			
1	Montilla Dimitri	98	14.84	28/04	ITA
2	Okeowo Perdejo	99	15.12	05/05	resc

Marathon		RC : 2h09.51			
1	Naert Koen	89	2h07.39	07/04	NED

Hauteur		RC : 2m21			
1	Gamuala Ngamunguela Jos	98	2m00	05/05	resc
2	Montilla Dimitri	98	1m89	27/04	ITA

Longueur		RC : 7m98			
1	Montilla Dimitri	98	6m94	27/04	ITA
2	Gets Florent	91	6m21	05/05	resc
3	Fassil Aboubaker	91	5m85	28/04	csf

Triple saut		RC : 16m86			
1	Geerts Gregory	99	13m68	05/05	resc

Perche		RC : 5m25			
1	Montilla Dimitri	98	4m65	28/04	ITA

Poids (7,26 kg)		RC : 15m28			
1	Guillaume Jonathan	92	14m54	22/04	bbs
2	Montilla Dimitri	98	13m28	19/04	aclo
3	Gets Florent	91	12m96	28/04	csf

Disque (2 kg)		RC : 51m56			
1	Gets Florent	91	42m58	28/04	csf
2	Salvaggio Claudio	92	42m34	16/03	crac
3	Montilla Dimitri	98	39m63	28/04	ITA
4	Guillaume Jonathan	92	38m34	22/04	bbs
5	Brocart Florent	87	33m09	28/04	csf

Javelot (800 gr)		RC : 63m56			
1	Gets Florent	91	57m13	05/05	resc
2	Bernard Tom	93	51m26	27/04	damp
3	Montilla Dimitri	98	46m45	28/04	ITA

Marteau (7,26 kg)		RC : 61m66			
1	Salvaggio Claudio	92	58m72	16/03	crac
2	Bernard Tom	93	57m89	27/04	damp

Decathlon		RC : 8142 p			
1	Montilla Dimitri	98	7213 p	28/04	ITA

**MASTERS HOMMES**

100 m		RC : 11.74			
1	Fellemans Emmanuel	70	13.02	05/05	resc

**Palmares 2019 outdoor.**

2	Schoonen Laurent	65	13.98	11/05	achl
<b>100 m *</b>			RC : -		
1	Denys Jacques	59	35.53	06/04	ws
<b>400 m</b>			RC : 52.31		
1	Schoonen Laurent	65	66.25	11/05	achl
2	Louis Philippe	65	67.16	06/04	ws
<b>800 m</b>			RC : 1.59.63		
1	Poortman Yvan	73	2.15.39	06/04	ws
<b>1500 m</b>			RC : 3.54.39		
1	Schoonen Laurent	65	6.06.99	12/05	achl
<b>100 m haies (91 cm)</b>			RC : 20.06		
1	Schoonen Laurent	65	20.65	12/05	achl
<b>Hauteur</b>			RC : 1m90		
1	Schoonen Laurent	65	1m41	11/05	achl
<b>Longueur</b>			RC :		
1	Schoonen Laurent	65	4m22	11/05	achl
<b>Triple saut</b>			RC : 14m09		
1	Xhonneux Frederic	83	13m33	05/05	resc
<b>Perche</b>			RC : 4m71		
1	Schoonen Laurent	65	2m20	12/05	achl
<b>Poids (6 kg)</b>			RC : 12m01		
1	Schoonen Laurent	65	7m52	11/05	achl
<b>Disque (1,5 kg)</b>			RC : 35m64		
1	Schoonen Laurent	65	24m12	12/05	achl
<b>Javelot (700 gr)</b>			RC : 37m29		
1	Schoonen Laurent	65	26m75	12/05	achl
<b>Javelot (700 gr)</b>			RC : -		
1	Denys Jacques	59	11m62	27/04	csf
<b>Décathlon M50</b>			RC : 4436 p		
1	Schoonen Laurent	65	4271 p	12/05	achl

\*handisport